

1 Cellular iron governs the host response to malaria

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16 ABSTRACT

17 Malaria and iron deficiency are major global health problems with extensive epidemiological overlap.
18 Iron deficiency-induced anaemia can protect the host from malaria by limiting parasite growth. On the
19 other hand, iron deficiency can significantly disrupt immune cell function. However, the impact of host
20 cell iron scarcity beyond anaemia remains elusive in malaria. To address this, we employed a transgenic
21 mouse model carrying a mutation in the transferrin receptor ($Tfrc^{Y20H/Y20H}$), which limits the ability of
22 cells to internalise iron from plasma. At homeostasis $Tfrc^{Y20H/Y20H}$ mice appear healthy and are not
23 anaemic. However, $Tfrc^{Y20H/Y20H}$ mice infected with *Plasmodium chabaudi chabaudi* AS showed
24 significantly higher peak parasitaemia and body weight loss. We found that $Tfrc^{Y20H/Y20H}$ mice displayed
25 a similar trajectory of malaria-induced anaemia as wild-type mice, and elevated circulating iron did not
26 increase peak parasitaemia. Instead, *P. chabaudi* infected $Tfrc^{Y20H/Y20H}$ mice had an impaired innate and
27 adaptive immune response, marked by decreased cell proliferation and cytokine production.
28 Moreover, we demonstrated that these immune cell impairments were cell-intrinsic, as *ex vivo* iron
29 supplementation fully recovered CD4 T cell and B cell function. Despite the inhibited immune response
30 and increased parasitaemia, $Tfrc^{Y20H/Y20H}$ mice displayed mitigated liver damage, characterised by
31 decreased parasite sequestration in the liver and an attenuated hepatic immune response. Together, these
32 results show that host cell iron scarcity inhibits the immune response but prevents excessive hepatic
33 tissue damage during malaria infection. These divergent effects shed light on the role of iron in the
34 complex balance between protection and pathology in malaria.

35 INTRODUCTION

36 Malaria is a major global health problem that causes significant morbidity and mortality worldwide (1).
37 It is caused by *Plasmodium* species parasites, which have a complex life cycle and are transmitted
38 between humans by *Anopheles* mosquitos. In the human host, multiple cycles of asexual parasite
39 replication inside red blood cells (RBC) result in extensive RBC destruction, immune activation, and
40 microvascular obstruction (2). This blood stage of infection gives rise to symptoms such as fever, chills,
41 headache, and malaise. In severe cases, it can also cause life-threatening complications such as acute
42 anaemia, coma, respiratory distress, and organ failure (2).

43 There is a complex relationship between host iron status and malaria. Iron is an essential micronutrient
44 that is required by most living organisms to maintain physiological and biochemical processes, such as
45 oxygen transport and storage, cellular metabolism, and reduction-oxidation reactions (3,4). Despite the
46 importance of iron, iron deficiency is exceedingly common in humans, and iron deficiency anaemia is
47 estimated to affect a sixth of the world's population (5,6). In the context of human malaria infection,
48 iron deficiency can decrease the risk of disease, severe disease, and mortality (7–9). The protective
49 effect of iron deficiency is at least partly mediated by anaemia, as RBCs isolated from anaemic
50 individuals are less amenable to malaria parasite growth (10).

51 Meanwhile, oral iron supplementation is a risk factor for malaria in areas with limited access to
52 preventative measures and treatment (11,12). This effect can to some extent be explained by iron
53 supplementation stimulating erythropoiesis and increasing the proportion of reticulocytes and young
54 erythrocytes, which are preferred targets for invasion by *P. falciparum* parasites (10). Malaria and iron
55 deficiency also often disproportionately affect the same populations (e.g. young children in the WHO
56 African Region) (1,6), in part, because malaria causes iron deficiency (13).

57 Anaemia is the primary and most profound consequence of iron deficiency. However, iron deficiency
58 can also have other negative impacts on human health. Immune cells with high proliferative and
59 anabolic capacities appear to be particularly sensitive to iron deficiency. As such, decreased iron
60 availability can impair the proliferation and maturation of lymphocytes and neutrophils (14–16).

61 Neutrophils and macrophages also require iron for enzymes involved in microbial killing (16–19). In
62 animal models of iron deficiency, lymphocyte function is severely impaired, and the immune response
63 to immunisation and viral infection is inhibited (20,21). Similarly, iron deficiency decreases
64 inflammation and improves outcomes in mouse models of autoimmune disease (22–25). In humans,
65 associations between iron deficiency and attenuated responses to some vaccines have been observed
66 (20,21,26–28). Moreover, patients with a rare mutation in transferrin receptor-1 (TfR1), the primary
67 receptor for iron uptake in cells, present with lymphocyte dysfunction and combined immunodeficiency
68 (29,30).

69 Controlling a malaria infection requires two distinct but complementary immune responses. An early
70 cell-mediated response, primarily driven by interferon- γ (IFN- γ) producing CD4 $^{+}$ T cells, prevents
71 uncontrolled exponential parasite growth (31–35). Meanwhile, a humoral response is required to
72 prevent recrudescence and to clear the infection (36,37). Excessive production of pro-inflammatory
73 immune cells and cytokines can lead to sepsis-like complications and cause collateral damage to tissues
74 and organs (38,39). Thus, the pro-inflammatory anti-parasite response must be balanced by
75 immunoregulatory and tissue-protective responses to prevent immunopathology (40–43).

76 Although it is known that host iron deficiency influences malaria infection, the mechanisms that affect
77 host health or *Plasmodium* virulence remain largely unknown. In particular, the effects of iron
78 deficiency aside from anaemia, have scarcely been explored. Moreover, any effects on malaria
79 immunity have not been investigated beyond a few observational studies that found associations
80 between iron deficiency and attenuated antibody responses to malaria in children (7,44,45).

81 In this study, we aspired to deepen our understanding of how malaria infection is affected by host iron
82 deficiency. To this end, we employed a genetic mouse model of cellular iron deficiency based on a rare
83 mutation in TfR1 (*Tfrc*^{Y20H/Y20H}), which causes combined immunodeficiency in humans (29,30). We
84 found that decreasing host cellular iron levels increased peak malaria parasitaemia in mice infected with
85 *P. chabaudi*. While *P. chabaudi*-induced anaemia and RBC invasion remained unaffected, the immune
86 response to *P. chabaudi* was drastically inhibited. Interestingly, mice with cellular iron deficiency also
87 had attenuated *P. chabaudi*-induced liver damage, suggesting reduced immunopathology. Hence, host

88 cellular iron deficiency attenuated the immune response to malaria, leading to increased pathogen
89 burden and mitigated liver pathology.

90 **RESULTS**

91 **Decreased cellular iron uptake increases *P. chabaudi* pathogen burden**

92 To investigate the effects of cellular iron availability on the host's response to malaria, we utilised a
93 transgenic mouse with a mutation in the cellular iron transporter TfR1. The *Tfrc*^{Y20H/Y20H} mutation
94 decreases receptor internalisation by approximately 50%, resulting in decreased cellular iron uptake
95 (29). The effects of the *Tfrc*^{Y20H/Y20H} mutation in erythroid cells are minimised due to a STEAP3-
96 mediated compensatory mechanism (29). At homeostasis, adult *Tfrc*^{Y20H/Y20H} mice are healthy, normal-
97 sized, and not anaemic (Figure S1A-B). However, they have microcytic RBCs, compensated for by an
98 increase in RBCs (Figure S1C-D), and mildly suppressed liver and serum iron levels (Figure S1E-F).

99 *Tfrc*^{Y20H/Y20H} and wild-type mice were infected with a recently mosquito-transmitted rodent malaria
100 strain, *P. chabaudi chabaudi* AS, which constitutively expresses GFP (hereafter referred to as *P.*
101 *chabaudi*) (46,47) (Figure 1A). Recently mosquito-transmitted parasites were used to mimic a natural
102 infection more closely, as vector transmission is known to regulate *Plasmodium* virulence and alter the
103 host's immune response (48-50). Consequently, parasitaemia is expected to be significantly lower upon
104 infection with recently mosquito-transmitted parasites, compared to infection with serially blood-
105 passaged parasites that are more virulent (47,48).

106 Strikingly, mice with decreased cellular iron uptake had significantly higher peak parasitaemia and
107 higher peak infected red blood cell (iRBC) counts (Figure 1B-C). The higher pathogen burden coincided
108 with more severe weight loss than wild-type mice (Figure 1D). This phenotype contrasts previous
109 studies, in which nutritional iron deficiency resulted in lower parasitaemia and increased survival of
110 malaria infected mice (49,50). Hence, our findings highlight a distinct role for cellular iron in malaria
111 pathology, which acts inversely to the protective effect of anaemia. This prompted us to investigate the
112 cause of the higher parasite burden observed in our model.

113 ***Tfrc*^{Y20H/Y20H} and wild-type mice have comparable malaria-induced RBC loss and anaemia**

114 Anaemia-associated alterations of RBC physiology can affect malaria infection and have been put
115 forward as the main cause of both the protective effect of iron deficiency and the increased risk
116 associated with iron supplementation (10). We therefore monitored RBCs in wild-type and *Tfrc*^{Y20H/Y20H}
117 mice infected with *P. chabaudi*. Both genotypes displayed similar levels of malaria-induced RBC loss
118 and RBC recovery (Figure 1E). Moreover, *Tfrc*^{Y20H/Y20H} and wild-type mice were equally severely
119 anaemic at the nadir of RBC loss, eight days post infection (dpi) (Figure 1F). At the chronic stage of
120 infection (20 dpi), however, wild-type mice showed improved recovery from anaemia compared to
121 *Tfrc*^{Y20H/Y20H} mice (Figure 1G), consistent with a decreased ability of the *Tfrc*^{Y20H/Y20H} cells to incorporate
122 iron.

123 While anaemia and RBC counts were comparable between both genotypes during infection, it was
124 nevertheless possible that differences in RBC physiology could alter the course of infection.
125 Consequently, we performed an *in vitro* invasion assay to determine whether *Tfrc*^{Y20H/Y20H} RBCs were
126 more susceptible to *P. chabaudi* invasion. Fluorescently labelled wild-type or *Tfrc*^{Y20H/Y20H} RBCs were
127 incubated *in vitro* with RBCs from a *P. chabaudi* infected wild-type mouse. Upon completion of one
128 asexual replication cycle, invasion was assessed, and the susceptibility index was calculated (Figure
129 1H). The RBC susceptibility indices of both genotypes were comparable (Figure 1I), thus indicating
130 that the higher parasite burden in *Tfrc*^{Y20H/Y20H} mice was not due to a higher susceptibility of their RBCs
131 to *P. chabaudi* invasion.

132 **Hyperferremia does not substantially alter *P. chabaudi* infection**

133 In addition to anaemia, it has been suggested that variations in host iron levels could affect blood-
134 stage *Plasmodium* parasite growth (51,52). Consequently, non-haem liver iron and serum iron was
135 measured in wild-type and *Tfrc*^{Y20H/Y20H} mice upon *P. chabaudi* infection. At the peak of infection, both
136 genotypes had elevated liver and serum iron levels compared to homeostasis (Figure S1E-F & Figure
137 1J-K). Infected wild-type and *Tfrc*^{Y20H/Y20H} mice had equivalent liver iron levels (Figure 1J), but serum
138 iron levels were higher in *Tfrc*^{Y20H/Y20H} mice (Figure 1K).

139 The elevated serum iron observed in infected *Tfrc*^{Y20H/Y20H} mice was consistent with their restricted
140 capacity to take up circulating transferrin-bound iron into tissues. However, we decided to investigate
141 whether this supraphysiological serum iron (i.e., hyperferremia) could alter *P. chabaudi* parasite
142 growth. To do this, we treated wild-type mice with a recombinant monoclonal anti-BMP6 IgG antibody
143 (α BMP6) or an isotype control (Figure S2A). α BMP6 treatment suppresses hepcidin expression and
144 elevates serum iron, as a consequence of unregulated release of iron from cellular stores (53) (Figure
145 S2A). *P. chabaudi* infected mice treated with α BMP6 had higher serum iron than isotype control-treated
146 mice on days 9 and 21 after infection (Figure S2B). Nevertheless, mice treated with α BMP6 and isotype
147 had comparable peak parasitaemia and peak iRBC counts, although α BMP6 treated mice appeared to
148 clear the parasites slightly more efficiently (Figure S2C-D). In addition, α BMP6 treatment did not
149 significantly alter weight loss (Figure S2E). Taken together, this data indicates that hyperferremia, as
150 observed in infected *Tfrc*^{Y20H/Y20H} mice, does not increase peak parasitaemia. Accordingly, these findings
151 further indicate that iron uptake by non-erythropoietic cells is decisive in the host response to malaria.

152 **Decreased cellular iron uptake attenuates the immune response to *P. chabaudi***

153 The immune response to malaria exerts control of parasitaemia, and the spleen is the main site of the
154 immune response to blood-stage malaria (39,54). Therefore, we assessed the splenic immune response
155 to *P. chabaudi* during the acute stage of infection (8 dpi). Interestingly, *Tfrc*^{Y20H/Y20H} mice had attenuated
156 splenomegaly during acute *P. chabaudi* infection (Figure 2A-B), suggesting a disrupted splenic
157 response.

158 Malaria infection leads to an influx of mononuclear phagocytes (MNP) into the spleen, where they are
159 involved in cytokine production, antigen presentation, and phagocytosis of iRBCs (34,35,43). Upon *P.*
160 *chabaudi* infection, fewer MNPs were detected in the spleen of *Tfrc*^{Y20H/Y20H} mice (Figure 2C). This
161 applied both to CD11b⁺ Ly6C⁺ MNPs (resembling inflammatory monocytes and/or monocyte-derived
162 macrophages) and to CD11c⁺ MHCII⁺ MNPs (resembling dendritic cells) (Figure 2D-E & Figure S3A).
163 In malaria infection, some MNPs can produce IFN γ that facilitates naïve CD4⁺ T cell activation and
164 polarisation (34). Consequently, splenocytes from infected mice were cultured *ex vivo* with a protein
165 transport inhibitor, and intracellular cytokine staining was performed. Interestingly, fewer MNPs from

166 $Tfrc^{Y20H/Y20H}$ mice produced IFN γ compared to MNPs from wild-type mice (Figure 2F-G). Infected wild-
167 type and $Tfrc^{Y20H/Y20H}$ mice had comparable splenic neutrophil, eosinophil and NK cell numbers during
168 acute infection (8 dpi) (Figure S3B-D). Thus, mice with decreased cellular iron uptake had an attenuated
169 MNP response to *P. chabaudi* infection.

170 **Cellular iron deficiency impairs the CD4 $^{+}$ T cell response to *P. chabaudi***

171 T cells, particularly CD4 $^{+}$ T cells, are a critical component of the immune response to blood-stage
172 malaria (55). Therefore, we assessed the splenic T cell response to acute *P. chabaudi* infection. The
173 total splenic CD4 $^{+}$ T cell count was comparable in both genotypes eight days after infection (Figure
174 3A). However, mice with decreased cellular iron uptake had a decreased proportion of effector CD4 $^{+}$ T
175 cells (Figure 3B), and, consequently, fewer total splenic effector CD4 $^{+}$ T cells than wild-type mice
176 (Figure 3C). In addition, the proportion of antigen-experienced CD44 $^{+}$ and PD1 $^{+}$ CD4 $^{+}$ T cells was also
177 reduced in $Tfrc^{Y20H/Y20H}$ mice, re-enforcing their less activated state (Figure 3D-E). Moreover, fewer
178 $Tfrc^{Y20H/Y20H}$ CD4 $^{+}$ T cells were actively dividing, based on the proliferation marker KI-67 (Figure 3F).
179 This suggests a functional impairment of the CD4 $^{+}$ T cell response to *P. chabaudi* in mice with
180 decreased cellular iron uptake.

181 Similarly, the total CD8 $^{+}$ T cell count did not differ between genotypes (Figure S4A), but *P. chabaudi*
182 infected $Tfrc^{Y20H/Y20H}$ mice had fewer effector CD8 $^{+}$ T cells eight days after infection (Figure S4B-C).
183 However, there was no difference in the percentage of antigen-experienced (CD44 $^{+}$ or PD-1 $^{+}$) (Figure
184 S4D-E), proliferating (KI-67 $^{+}$) (Figure S4F) or IFN γ producing (Figure S4G) CD8 $^{+}$ T cells. Hence the
185 CD8 $^{+}$ T cell response to *P. chabaudi* infection was also attenuated, albeit to a lesser degree than CD4 $^{+}$
186 T cells.

187 T helper 1 (Th1) cells and other T helper subsets that express IFN γ are particularly important for malaria
188 immunity (55). Interestingly, the proportion of CD4 $^{+}$ T cells that expressed the Th1 transcription factor
189 T-BET was lower in mice with decreased cellular iron uptake (Figure 3G). Furthermore, fewer CD4 T
190 cells from $Tfrc^{Y20H/Y20H}$ mice produced IFN γ upon *ex vivo* restimulation (Figure 3H-I). Thus, further
191 strengthening the evidence of functional CD4 $^{+}$ T cell impairment in $Tfrc^{Y20H/Y20H}$ mice during *P.*
192 *chabaudi* infection.

193 To determine whether these impairments were T cell intrinsic and iron-dependent, we utilized naïve
194 CD4⁺ T cells isolated from uninfected wild-type and *Tfrc*^{Y20H/Y20H} mice. The cells were cultured *in vitro*
195 under Th1 polarising conditions for four days, in standard or iron-supplemented culture media (Figure
196 4A). *Tfrc*^{Y20H/Y20H} lymphocytes can acquire iron under conditions where transferrin is hyper-saturated
197 and sufficient quantities of free iron are likely to be generated (29,56). Proliferation was significantly
198 impaired in *Tfrc*^{Y20H/Y20H} CD4⁺ T cells but could be rescued in a dose-dependent manner by iron
199 supplementation (Figure 4B-C). In addition, very few *Tfrc*^{Y20H/Y20H} CD4⁺ T cells cultured in standard
200 media produced IFN γ . However, iron supplementation completely rescued IFN γ production (Figure
201 4D-F). Hence, the CD4⁺ T cell deficiencies observed in *Tfrc*^{Y20H/Y20H} mice during *P. chabaudi* infection
202 were replicated *in vitro* and could be rescued by iron supplementation. These observations confirm that
203 host cell iron scarcity disrupts CD4⁺ T cell function, leading to an inhibited CD4⁺ T cell response to *P.*
204 *chabaudi* infection.

205 **Decreased cellular iron uptake disrupts the germinal centre response to *P. chabaudi***

206 An efficient germinal centre (GC) response is required to generate high-affinity antibodies that enable
207 malaria clearance (36,37). In light of the impaired CD4⁺ T cell response to *P. chabaudi* in *Tfrc*^{Y20H/Y20H}
208 mice, we further examined the B cell supporting T follicular helper cell (Tfh) response. During the acute
209 stage of infection, a smaller proportion of CD4⁺ T cells from *Tfrc*^{Y20H/Y20H} mice expressed B cell co-
210 stimulation receptor ICOS (Figure 5A). ICOS is essential in malaria infection, as it is required to
211 maintain the Tfh cell response and sustain antibody production (57). In line with this, *Tfrc*^{Y20H/Y20H} mice
212 had fewer Tfh cells, both during the acute (8 dpi) and chronic (20 dpi) stages of infection (Figure 5B-
213 C). Tfh cells support the activation, differentiation, and selection of high-affinity GC B cells, and are
214 an essential component of the humoral immune response to malaria (37). Therefore, we next sought to
215 assess the B cell response to *P. chabaudi* infection in *Tfrc*^{Y20H/Y20H} and wild-type mice.

216 We observed no difference between genotypes in the total number of splenic B cells at the acute stage
217 of infection (8 dpi) (Figure 5D). However, mice with decreased cellular iron uptake had severely
218 impaired B cell activation and fewer antibody-secreting effector B cells (Figure 5E-F). Additionally,
219 *Tfrc*^{Y20H/Y20H} mice had fewer GC B cells during acute infection (8 dpi) (Figure 5G). This effect remained

220 in the chronic stage of infection (20 dpi) (Figure 5H-I), indicating a prolonged immune inhibition caused
221 by restricted cellular iron availability.

222 **Cellular iron deficiency impairs B cell function**

223 To determine if the *Tfrc*^{Y20H/Y20H} mutation also had cell-intrinsic and iron-dependent effects on B cells,
224 their functionality was further investigated *in vitro*. B cells were isolated from uninfected *Tfrc*^{Y20H/Y20H}
225 and wild-type mice, activated, and cultured in standard or iron-supplemented media for three days
226 (Figure 6A). Expression of the B cell activation marker LAT-1 was lower on *Tfrc*^{Y20H/Y20H} B cells than
227 wild-type (Figure 6B). However, LAT-1 expression was rescued by iron supplementation, indicating
228 improved B cell activation (Figure 6B). *Tfrc*^{Y20H/Y20H} B cell proliferation was also severely impaired
229 compared to wild-type cells, but was rescued by iron supplementation in a dose-dependent manner
230 (Figure 6C-D). Iron scarcity also inhibited the potential of *Tfrc*^{Y20H/Y20H} B cells to differentiate into
231 antibody-secreting and class-switched cells (Figure 6E-G). This impairment was fully restored upon
232 iron supplementation (Figure 6E-G). Overall, our data clearly show that the activation, proliferation,
233 and differentiation of *Tfrc*^{Y20H/Y20H} B cells were impaired, demonstrating that cellular iron deficiency
234 causes cell-intrinsic B cell dysfunction.

235 **Decreased cellular iron uptake ameliorates *P. chabaudi*-induced liver pathology**

236 *Tfrc*^{Y20H/Y20H} mice experienced higher *P. chabaudi* parasitaemia and an inhibited immune response.
237 However, the precise consequences of this disease phenotype remained unclear. Aspects of the immune
238 response, such as the cytokine profile and the balance between pro-inflammatory and
239 immunoregulatory responses, can tip the scales toward protection or pathology in malaria (39). Hence,
240 an attenuated immune response could cause hyperparasitaemia, but it may also be crucial in limiting
241 immunopathology. We therefore set out to characterise key indicators of malaria disease severity.

242 We first measured circulating levels of angiopoietin-2 (ANG-2) and alanine transferase (ALT). ANG-
243 2 is a marker of endothelial activation that correlates with malaria disease severity and mortality in
244 humans (58,59). Liver damage is also indicative of severe malaria (60), and ALT is a standard marker
245 of liver damage. There was a trend towards lower ANG-2 and significantly decreased ALT in
246 *Tfrc*^{Y20H/Y20H} mice eight days after *P. chabaudi* infection, suggesting milder pathology (Figure 7A-B).

247 Considering the substantial difference in serum ALT between genotypes, we further examined the
248 malaria induced liver pathology. *Tfrc*^{Y20H/Y20H} mice had lower expression of the tissue-damage and
249 inflammation-induced acute phase protein genes *Saa1* and *Fga* (Figure S5A-B). Furthermore, while
250 both genotypes developed malaria-induced hepatomegaly, there was a trend toward less severe
251 hepatomegaly in *Tfrc*^{Y20H/Y20H} mice (Figure S5C).

252 Histological analysis revealed hepatic pathology in all *P. chabaudi* infected mice, characterised by
253 hepatocellular necrosis, sinusoidal dilatation, glycogen depletion, and infiltration by mononuclear
254 immune cells (Figure 7C-D & Figure S5D-E). Interestingly, no polymorphonuclear immune cell
255 infiltration was observed. All infected wild-type mice developed confluent necrosis (areas of lobular
256 disarray, eosinophilia, and loss of glycogen deposits, score ≥ 3), and most individuals (8 out of 11) also
257 displayed bridging necrosis (areas of confluent necrosis extending across multiple lobules, score=4)
258 (Figure 7E & Figure S5F). In contrast, severe focal necrosis or confluent necrosis (score ≥ 3) was
259 detected in just over half (6 out of 10) infected *Tfrc*^{Y20H/Y20H} mice, and only four individuals developed
260 bridging necrosis (Figure 7E & Figure S5F). Hence, the proportion of mice that developed severe
261 hepatic necro-inflammation (score ≥ 3) upon *P. chabaudi* infection was significantly smaller in
262 *Tfrc*^{Y20H/Y20H} than in wild-type mice (Figure 7E).

263 Excess reactive liver iron and haem are known to cause liver damage in malaria (61,62). However, we
264 observed no differences in total non-haem liver iron (Figure 1I) or liver lipid peroxidation, which
265 correlates with ROS levels (Figure S5G). Hence, it is unlikely that tissue level variations in hepatic
266 reactive iron or haem can explain the difference in liver damage. In addition, we measured the
267 expression of two genes that are known to have a hepatoprotective effect in the context of iron loading
268 in malaria: *Hmox1* (encodes haemoxygenase-1 (HO-1)) and *Fth1* (encodes ferritin heavy chain). Liver
269 gene expression of *Hmox1* was higher in *Tfrc*^{Y20H/Y20H} mice, while the expression of *Fth1* did not differ
270 between genotypes, eight days after infection (Figure S5H-I). Thus, the higher expression of *Hmox1*
271 may have contributed to a hepatoprotective effect in *Tfrc*^{Y20H/Y20H} mice.

272 During malaria infection, endothelial activation leads to increased adhesion and sequestration of iRBCs,
273 resulting in hepatic vascular occlusions and hypoxia that cause damage (2,63). Fewer sequestration,

274 rosetting, and vascular occlusion events were detected in liver sections from $Tfrc^{Y20H/Y20H}$ mice eight
275 days after *P. chabaudi* infection (Figure 7F). Together with the trend toward lower ANG-2 levels in
276 $Tfrc^{Y20H/Y20H}$ mice (Figure 7A), this indicates that decreased endothelial activation and iRBC
277 sequestration contributed to the attenuated liver pathology observed in $Tfrc^{Y20H/Y20H}$ mice.

278 Inflammation also causes severe disease and liver pathology in malaria (39,61,64). Hence, hepatic
279 inflammation was approximated by measuring the expression of genes encoding pro-inflammatory
280 cytokines IFN γ , TNF α , and IL-1 β . We observed no difference in the expression of *Ifng* or *Tnf*, but *Il1b*
281 expression was lower in $Tfrc^{Y20H/Y20H}$ mice eight days after *P. chabaudi* infection (Figure S5J-L).
282 Moreover, immunohistochemistry staining showed reduced infiltration of leukocytes (CD45 $^{+}$ cells) in
283 livers of $Tfrc^{Y20H/Y20H}$ mice (Figure 7G-H). Additionally, a smaller proportion of liver leukocytes
284 (CD45 $^{+}$) were effector immune cells such as dendritic cells, CD44 $^{+}$ CD4 $^{+}$ T cells, and CD44 $^{+}$ CD8 $^{+}$ T
285 cells (Figure 7I-L). Taken together, this data shows that host cell iron scarcity leads to an attenuated
286 hepatic immune response during *P. chabaudi* infection.

287 **DISCUSSION**

288 Iron deficiency impacts malaria infection in humans (7–9), but beyond the effects of anaemia (10), little
289 is known about how host iron deficiency influences malaria infection. Here we investigated how
290 restricted cellular iron acquisition influenced *P. chabaudi* infection in mice. $Tfrc^{Y20H/Y20H}$ mice developed
291 comparable malaria-induced anaemia to wild-type mice, and RBC susceptibility to parasite invasion
292 did not differ between genotypes. This therefore allowed us to largely decouple the effects of anaemia
293 from other effects of iron on the host response to malaria. Strikingly, $Tfrc^{Y20H/Y20H}$ mice displayed an
294 attenuated *P. chabaudi* induced splenic and hepatic immune response. This immune inhibition was
295 associated with increased parasitaemia and mitigated liver pathology. Hence, for the first time, we show
296 a role for host cellular iron acquisition via TfR1 in modulating the immune response to malaria, with
297 downstream effects on both pathogen control and host fitness.

298 On first inspection, the higher parasite burden observed in $Tfrc^{Y20H/Y20H}$ mice may appear to be a severe
299 consequence of cellular iron deficiency. In humans, however, high parasitaemia is not sufficient to

300 cause severe disease (65). Moreover, the risk of severe malarial disease decreases significantly after
301 only one or two exposures, whereas anti-parasite immunity is only acquired after numerous repeated
302 exposures (2,66). It follows that mitigating immunopathology may be more important than restricting
303 parasite growth for host survival. As previously noted, the *Tfrc*^{Y20H/Y20H} mutation has relatively mild
304 consequences for erythropoietic parameters compared to other haematopoietic lineages (29,30).
305 However, in humans with normal TfR1-mediated iron uptake, iron deficiency sufficient to cause
306 immune cell iron scarcity also normally causes anaemia (67). In such circumstances, parasite growth
307 would likely be limited by anaemia, with the final result that iron deficiency may be protective overall,
308 if it also minimises aspects of immunopathology.

309 Previous work has demonstrated the importance of regulating tissue haem and iron levels to prevent
310 organ damage in malaria (61,62,68,69). For example, HO-1 plays an important role in detoxifying free
311 haem that occurs as a result of haemolysis during malaria infection, thus preventing liver damage due
312 to tissue iron overload, ROS and inflammation (61). Interestingly, infected *Tfrc*^{Y20H/Y20H} mice had higher
313 expression of *Hmox1*, but levels of liver iron and ROS comparable to that of wild-type mice.
314 Consequently, this may be indicative of increased haem processing that could have a tissue protective
315 effect. In humans, there is a correlation between transferrin saturation and ALT levels in patients with
316 symptomatic malaria (62,70), suggesting that iron status may be linked to malaria-induced liver
317 pathology in humans. However, it can be difficult to interpret measures of iron status in malaria infected
318 individuals, since those parameters can be altered by inflammation and RBC destruction. Our findings
319 reveal additional dimensions through which host iron status impacts malaria-induced tissue damage.
320 The mitigated liver damage that we observed in *P. chabaudi* infected *Tfrc*^{Y20H/Y20H} mice can likely be
321 explained by a combination of factors; increased expression of hepatoprotective HO-1, decreased
322 immune mediated endothelial activation, iRBC sequestration, and hepatic vascular occlusion, as well
323 as, inhibited hepatic inflammation.

324 The pro-inflammatory immune response to malaria has downstream effects on cytoadherence, as pro-
325 inflammatory cytokines activate endothelial cells, leading to higher expression of receptors for
326 cytoadherence (2). As a consequence, *P. chabaudi* infected mice that lack adaptive immunity or IFN γ -

327 receptor signalling, have substantially decreased sequestration of iRBCs in the liver, and no detectable
328 liver damage (as measured by ALT) (63). Endothelial cells can also be activated by direct interactions
329 with iRBCs (2), and in humans, ANG-2 correlates with estimated parasite biomass (59). However,
330 although *P. chabaudi* infected *Tfrc*^{Y20H/Y20H} mice had higher peak parasitaemia, they had fewer hepatic
331 sequestration, rosetting, and vascular occlusion events and lower ANG-2 levels. The attenuated innate
332 and adaptive immune response is the most probable cause of decreased endothelial activation and
333 hepatic microvascular obstruction in *Tfrc*^{Y20H/Y20H} mice. This, in turn, likely contributed to the clearly
334 mitigated liver pathology, in spite of the higher parasitaemia. Upon *P. chabaudi* infection, we observed
335 extensive infiltration of mononuclear leukocytes into the liver, but this response was repressed in
336 *Tfrc*^{Y20H/Y20H} mice. Specifically, infected *Tfrc*^{Y20H/Y20H} mice had fewer effector-like immune cells in the
337 liver. Hepatic immune cells can contribute to liver damage in malaria, for example, by producing pro-
338 inflammatory cytokines or through bystander killing of hepatocytes (71). Consequently, a weaker
339 hepatic pro-inflammatory immune response likely limited immunopathology and ameliorated malaria-
340 induced liver damage in mice with cellular iron deficiency.

341 We have previously shown that hepcidin mediated hypoferremia inhibits the immune response to
342 influenza infection in mice (21). In influenza, cellular iron scarcity exacerbated pulmonary tissue
343 damage, because failed adaptive immunity led to an exacerbated inflammatory response and poor
344 pathogen control (21). In contrast, we observed that decreased cellular iron acquisition inhibited both
345 the innate and adaptive immune response to malaria, ultimately mitigating malaria-induced hepatic
346 tissue damage and inflammation. This highlights the complex effects of iron deficiency on the immune
347 system and underscores the need to consider its effect on different infectious diseases in a pathogen-
348 specific manner. A better understanding of how host iron status affects immunity to infection could
349 benefit the development of improved antimicrobial therapies and increase the safety of iron deficiency
350 therapies.

351 The inhibited innate immune response to *P. chabaudi* in *Tfrc*^{Y20H/Y20H} mice likely contributed to both the
352 increased pathogen burden and the decreased liver pathology. Splenic MNPs are important for
353 controlling parasitaemia (34,35,72), but MNPs are also vital for maintaining tissue homeostasis and

354 preventing tissue damage in malaria (43,73). Although other innate cells, such as neutrophils, NK cells
355 and $\gamma\delta$ T cells are an important part of the immune response to malaria, only the MNP response was
356 distinctly impaired in $Tfrc^{Y20H/Y20H}$ mice. Notably, neutrophils are known to be sensitive to iron
357 deficiency (16,74) and to affect both immunity and pathology in malaria (75,76). However, in the
358 context of recently mosquito-transmitted *P. chabaudi* it appears that monocytes and macrophages,
359 rather than granulocytes, may be particularly important for parasite control and tissue homeostasis
360 (43,72).

361 CD4⁺ T cells and B cells become cell intrinsically dysfunctional during iron scarcity, as we have
362 demonstrated *in vitro*. However, such cell-intrinsic effects are likely further aggravated by interactions
363 with other iron-depleted cells *in vivo*. For example, CD4⁺ T cells support the B cell response to malaria
364 (37,77), and the repressed CD4⁺ T cell response to *P. chabaudi* in $Tfrc^{Y20H/Y20H}$ mice presumably further
365 constrained the B cell response. Proliferation is an aspect of immune cell function that appears to be
366 particularly sensitive to iron deficiency (14,20,21). Unsurprisingly, we also see the most significant
367 inhibitory effect on immune cell populations that expand greatly during *P. chabaudi* infection. In
368 addition, proliferation is often required for lymphocyte differentiation and effector function (78), and
369 the differentiation of Tfh and Th1 cells in malaria depends on a highly proliferative precursor CD4⁺ T
370 cell subset (79). T cells from $Tfrc^{Y20H/Y20H}$ mice also had decreased KI-67 expression, further confirming
371 impaired proliferation as a critical mechanism of immune inhibition under conditions of cellular iron
372 scarcity. CD4⁺ T cells that produce pro-inflammatory cytokine are also sensitive to iron restriction, as
373 we have shown for IFN γ , and as has been shown previously for IL-2 and IL-17 (80,81). Interestingly,
374 iron overload can also alter CD4⁺ T cell cytokine production, and excess iron can have an inhibitory
375 effect on IFN γ production (22,82). These observations underline that iron imbalance at either extreme
376 can disturb immune cell function.

377 Despite the higher peak parasitaemia in $Tfrc^{Y20H/Y20H}$ mice, both genotypes were able to clear *P. chabaudi*
378 parasites at a comparable rate and prevent recrudescence. It follows that even a weakened humoral
379 immune response appears to be sufficient to control *P. chabaudi* infection. However, our study did not
380 investigate the effects of immune cell iron deficiency on the formation of long-term immunity, which

381 may have been more severely affected. The impaired GC response, in particular, suggests that iron
382 deficiency could counteract the formation of efficient immune memory to subsequent malaria
383 infections. This is in line with human observational studies that have found a link between iron
384 deficiency and weak antibody responses to *P. falciparum* (7,44,45). In humans, anti-parasite immunity
385 forms very slowly and only after numerous repeated exposures to malaria infection (2). Some have
386 suggested that this effect could be explained by impaired immune cell function in malaria (83,84), and
387 future studies should consider whether inhibited immunity as a result of iron deficiency could contribute
388 to this phenomenon. Moreover, the extensive geographical and epidemiological overlap of iron
389 deficiency and malaria (1,6,13) makes this concept particularly relevant for further research.

390 It remains to be seen what the broader importance of cellular iron is in human malaria infection, in
391 particular within the diverse genetic context of both humans and parasites, found in malaria endemic
392 regions. Murine models of malaria are useful in providing hypothesis-generating results, but such
393 findings ultimately ought to be confirmed and developed further through studies in human populations.
394 This study revealed that decreased host cell iron acquisition inhibits the immune response to malaria
395 and ameliorates hepatic damage, despite a higher parasite load and similar degree of anaemia, in mice.
396 Altogether, our data highlight a previously underappreciated role for host cell iron in the trade-off
397 between pathogen control and immunopathology, and add to our understanding of the complex
398 interactions between iron deficiency and malaria. Hence, these findings have important implications for
399 these two widespread and urgent global health problems.

400 METHODS

401 Mice

402 *Tfrc*^{Y20H/Y20H} mice were initially provided by Professor Raif Geha, Boston Children's Hospital/Harvard
403 Medical School (29), and they were subsequently bred in-house at the University of Oxford. Control
404 wild-type C57BL/6JOlalHsd mice were purchased from Envigo and co-housed with *Tfrc*^{Y20H/Y20H} mice
405 for 2-3 weeks prior to *P. chabaudi* infection. All mice were housed in individually ventilated specific-
406 pathogen-free cages under normal light conditions (light 07.00-19.00, dark 19.00-07.00) and fed
407 standard chow containing 188 ppm iron (SDS Dietex Services, diet 801161) ad-libitum. Age-matched,

408 8-13 week-old female mice were used for experiments. Females were exclusively utilised to prevent
409 loss of animals due to fighting, and to minimise the risk of severe adverse events from *P. chabaudi*
410 infection, which is higher in males (85). Euthanasia was performed through suffocation by rising CO₂
411 concentrations, and death was confirmed by cervical dislocation.

412 **Ethics**

413 All animal experiments were approved by the University of Oxford Animal Welfare and Ethical Review
414 Board and performed following the U.K. Animals (Scientific Procedures) Act 1986, under project
415 licence P5AC0E8C9.

416 **Parasites and infection**

417 Transgenic recently mosquito-transmitted *P. chabaudi chabaudi* AS parasites expressing GFP (46,47)
418 were obtained from the European Malaria Reagent Repository at the University of Edinburgh. To
419 generate iRBCs for blood-stage *P. chabaudi* infections, frozen parasite stocks were rapidly thawed by
420 hand and injected intraperitoneally (i.p.) into a single wild-type mouse. Once ascending parasitaemia
421 reached 0.5-2%, the animal was euthanised and exsanguinated through cardiac puncture. Subsequent
422 experimental infections were immediately initiated from the collected blood, by intravenously (i.v.)
423 injecting 10⁵ iRBCs in 100 uL Alsever's solution. Uninfected control mice received Alsever's solution
424 only.

425 To monitor *P. chabaudi* infection, blood was collected through micro-sampling from the tail vein of
426 infected mice. Parasitaemia, iRBC count and RBC count was measured by flow cytometry, as
427 previously described (46). Briefly, 2 μ L of blood was diluted in 500 μ L Alsever's solution immediately
428 after collection. The solution was further diluted 1:10 in PBS before acquisition on an Attune NxT Flow
429 Cytometer (Thermo Fisher Scientific). A fixed volume of each sample was acquired, thus allowing for
430 the enumeration of total RBCs and iRBCs per μ L of blood.

431 **α BMP6 treatment**

432 In order to experimentally raise serum iron levels, an α BMP6 human IgG monoclonal blocking antibody
433 that cross-reacts with murine BMP6 (53) was administered. Control mice received a human IgG4

434 isotype control antibody. Both antibodies were diluted in 100 μ L PBS and injected i.p at a dose of
435 approximately 10 mg/kg body weight.

436 **Tissue processing**

437 Organs and tissues were harvested shortly after euthanasia and kept cold until further analysis could be
438 performed. Liver and spleen indices were calculated as the mass of the respective organs relative to
439 mouse body weight. Blood was collected into appropriate blood collection tubes (BD Microtainer
440 K2EDTA for whole blood or BD Microtainer SST/Sarstedt Microvette 100 Serum for serum), either by
441 tail vein sampling or by cardiac puncture after euthanasia. Serum was prepared by centrifugation of the
442 collection tubes at 10,000 x g for 5 min, and stored at -80° C.

443 **Blood analysis**

444 RBC count, haemoglobin, and mean cell volume was measured from whole blood using an automatic
445 KX-21N Haematology Analyser (Sysmex). Serum levels of ANG-2 and ALT were measured according
446 to the producers' instructions, using the Mouse ALT ELISA Kit (ab282882, Abcam) and the Mouse/Rat
447 Angiopoietin-2 Quantikine ELISA Kit (MANG20, R&D Systems), respectively. Serum cytokines were
448 measured using the LEGENDplex Mouse Inflammation Panel (740446, BioLegend) bead-based
449 immunoassay. The assay was performed according to the manufacturer's instructions, except that the
450 protocol was adapted to use half-volumes.

451 ***In vitro* *P. chabaudi* invasion assay**

452 To assess the susceptibility of wild-type and *Tfrc*^{Y20H/Y20H} RBCs to *P. chabaudi* invasion, blood was
453 collected from a *P. chabaudi* infected wild-type mouse during ascending parasitaemia (donor RBCs/Y),
454 and from uninfected wild-type and *Tfrc*^{Y20H/Y20H} mice (target RBCs/X). To remove leukocytes, the blood
455 was passed through a cellulose (C6288, Merck) packed column, as previously described (86). The target
456 RBCs were fluorescently labelled with 1 μ M CellTrace Far Red (C34572, Thermo Fisher Scientific) in
457 PBS, by diluting blood 1:10 with CellTrace solution and incubating in the dark for 15 min at 37° C,
458 mixing the samples every 5 min. Afterward, the cells were washed twice in R10 media (RPMI-1640
459 with 10% FBS, 2 mM glutamine (G7513, Merck), 1% penicillin-streptomycin (P0781, Merck), 50 μ M
460 2-Mercaptoethanol (31350, Thermo Fisher Scientific)) and resuspended in R10 media supplemented

461 with 0.5 mM sodium pyruvate (1136007050, Thermo Fisher Scientific). 2 x 10⁷ donor RBCs and 2 x
462 10⁷ fluorescently labelled target RBCs were plated in the same well of a 96-well plate, and incubated
463 overnight (~16 h) in a candle jar at 37° C, to allow sufficient time for schizonts to develop and release
464 merozoites. Invasion was measured as GFP⁺ RBCs and compared by calculating the susceptibility
465 index, as previously described (87).

466
$$SI = \frac{X \text{ RBC}}{\frac{X \text{ iRBC}}{Y \text{ RBC}}}$$

$$SI = \frac{X \text{ RBC}}{Y \text{ iRBC}}$$

467 X = fluorescently labelled target wild-type or *Tfrc*^{Y20H/Y20H} RBCs
468 Y = donor derived wild-type RBCs

469 **Iron measurements**

470 Serum iron measurements were performed on an Abbott Architect c16000 automated analyser by
471 Oxford University Hospitals Clinical Biochemistry staff using the MULTIGENT Iron Kit (Abbott), or
472 using a Pentra C400 automated analyser with the Iron CP ABX Pentra Kit (HORIBA Medical).

473 Non-haem liver iron measurements were performed as previously described (88). In short, pieces of
474 liver tissue were collected, snap-frozen, and stored at -80° C. The tissue was dried at 100° C for ~6 h,
475 weighed, and then digested in 10% trichloroacetic acid / 30% hydrochloric acid in water for ~20 hours
476 at 65°C. Subsequently, a chromogen reagent containing 0.1% bathophenanthrolinedisulphonic acid
477 (Sigma, 146617) / 0.8% thioglycolic acid (Sigma, 88652) / 11% sodium acetate in water was added,
478 and the absorbance at 535 nm measured. The iron content was determined by comparing the samples
479 against a standard curve of serially diluted ammonium ferric citrate (F5879, Merck).

480 **Flow cytometry**

481 Single cell suspensions for flow cytometry were prepared through mechanical and enzymatic
482 dissociation. Spleens were passed through 70 µM cell strainers, incubated with 120 Kunitz U/mL
483 deoxyribonuclease I (DN25, Merck) in R10 for 15 min with agitation, and passed through 40 µM cell
484 strainers. Livers were perfused with PBS with 10% FBS prior to harvest. To prepare single cell
485 suspensions, the livers were disrupted with scissors, incubated with 0.5 mg/mL collagenase IV (C5138,

486 Merck) and 120 Kunitz U/mL DNase I in R10 for 45 min with agitation, and passed through 70 μ M
487 cell strainers. RBC lysis was subsequently performed by resuspending pelleted cells in tris-buffered
488 ammonium chloride buffer (0.017 M Tris / 0.14 M NH₄Cl, adjusted to pH 7.2 with HCl) and incubating
489 for ~5 min on ice before washing with R10.

490 Immune cells were isolated from livers by Percoll (17-08-91, GE Healthcare) separation. Single-cell
491 suspensions were gently overlayed onto 33% Percoll and centrifuged for 25 min at 800 x g. After
492 centrifugation, the supernatant was discarded and the remaining leukocytes were washed twice with
493 R10.

494 For intracellular cytokine staining, splenocytes were cultured *ex vivo* in R10 at 5-2 x 10⁵ cells/mL, in
495 round-bottom tissue culture treated 96-well plates, with protein transport inhibitor Brefeldin A for 4-6
496 h at 37° C, 5% CO². To activate T cells, 0.5 μ g/mL anti-mouse CD3 (100201, BioLegend) was added
497 to splenocytes from *P. chabaudi* infected mice.

498 Cells were counted using a CASY Cell Counter and Analyser (BOKE), and 1-5 x 10⁶ cells were stained
499 for flow cytometry. The cells were washed in PBS, blocked with TruStain FcX (101319, BioLegend),
500 and stained with a viability dye (NIR Fixable Viability Kit (42301/5, BioLegend) or LIVE/DEAD
501 Fixable Near-IR Dead Cell Stain Kit (L34975, Thermo Fisher Scientific)) for ~10 min at 4° C in the
502 dark. Next, fluorophore-conjugated antibodies were added to the cells and incubated for ~20 min. The
503 cells were washed twice in PBS and fixed by incubating with Fixation Buffer (420801, BioLegend) for
504 ~10 min at 4° C in the dark. Alternatively, the cells were fixed and permeabilised using eBioscience
505 FOXP3/Transcription Factor Staining Buffer Set (00-5523-00, Thermo Fisher Scientific), and
506 transcription factor staining was performed, according to the manufacturer's instructions. Intracellular
507 cytokine staining was performed after permeabilization with Intracellular Staining Permeabilization
508 Wash Buffer (421002, BioLegend) for ~30 min, according to the manufacturer's protocol. The samples
509 were acquired on an Attune NxT or BD LSR Fortessa X-20 (BD) flow cytometer.

510 ***In vitro* culture of primary immune cells**

511 Naïve CD4⁺ T cells and B cells were isolated according to the manufacturer's instructions from mixed
512 splenocyte and lymph node single-cell suspensions using the EasySep Mouse Naïve CD4⁺ T Cell
513 Isolation Kit (19765, STEMCELL), or from splenocyte single-cell suspensions using the EasySep
514 Mouse B Cell Isolation Kit (19854, STEMCELL). The isolated cells were fluorescently labelled with 5
515 µM CellTrace Violet (C34571, Thermo Fisher Scientific) in PBS for 8 min at 37° C and washed twice
516 in R10 media. Cell counting was performed with a CASY Cell Counter and Analyser.

517 For CD4⁺ T cells, flat-bottom tissue culture treated 96-well plates were pre-coated with 5 µg/mL anti-
518 mouse CD3 and the cells were seeded at 5 x 10⁵ cells/mL. They were cultured in Th1-polarising media
519 consisting of R10 with 1 µg/mL anti-mouse CD28 (102101, BioLegend), 5 µg/mL anti-mouse IL-4
520 (504102, BioLegend), 10 ng/mL IL-12 (505201, BioLegend), 25 U/mL IL-2 (575404, BioLegend) and
521 50 µM 2-Mercaptoethanol. The media was replaced after 48 h of culture. To iron supplement the culture
522 medium, iron sulphate heptahydrate (F8633, Merck) was added at the previously specified
523 concentrations.

524 B cells were cultured at 7.5 x 10⁵ cells/mL in flat-bottom tissue culture treated 96-well plates, in R10
525 media with 1% MEM amino acids (11130, Thermo Fisher Scientific), 2 µg/mL LPS (tlrl-peklps,
526 InvivoGen), 10 ng/mL IL-4 (574302, BioLegend), 10 ng/mL IL-5 (581502, BioLegend) and 50 µM 2-
527 Mercaptoethanol. Ammonium ferric citrate was added at the specified concentrations to iron
528 supplement the media.

529 CD4⁺ T cells were cultured for 96 h and B cells for 72 h at 37° C, 5% CO₂, before flow cytometry
530 staining. The type of iron used to supplement the culture media was chosen to optimise cell viability.

531 **Gene expression analysis**

532 Gene expression analysis by quantitative real-time PCR, was performed on liver samples preserved in
533 RNAlater Stabilization Solution and stored at -80° C (AM7020, Thermo Fisher Scientific). The tissue
534 was homogenised with a TissueRuptor II (9002725, QIAGEN) before total RNA was extracted using
535 the RNeasy Plus Mini Kit (74136, QIAGEN), according to the manufacturer's protocols. cDNA was

536 synthesised using the High-Capacity RNA-to-cDNA Kit (4387406, Thermo Fisher Scientific) and
537 subsequent gene expression analysis was performed on 1-5 ng/mL cDNA, using TaqMan Gene
538 Expression Master Mix (4369016, Thermo Fisher Scientific) and the TaqMan Gene Expression Assays
539 (Thermo Fisher Scientific) listed in Table 1, all according to the manufacturers' instructions. An
540 Applied Biosystems 6500 Fast Real-Time PCR System (Thermo Fisher Scientific) instrument was used
541 to run the samples, and the relative gene expression was calculated through the $2^{-\Delta CT}$ method (89).

542 **Table 1. List of TaqMan Gene Expression Assays.**

Protein	Gene	Assay code
Fibrinogen alpha chain	<i>Fga</i>	Mm00802584_m1
Hypoxanthine-guanine phosphoribosyltransferase	<i>Hprt</i>	Mm01545399_m1
Interferon γ	<i>Ifng</i>	Mm01168134_m1
Interleukin 1 β	<i>Il1b</i>	Mm00434228_m1
Serum amyloid A1	<i>Saa1</i>	Mm00656927_g1
Tumour necrosis factor α	<i>Tnf</i>	Mm00443258_m1

543

544 **Liver histology**

545 Liver samples were fixed with 4% paraformaldehyde in PBS and embedded in paraffin. Following
546 deparaffinization with xylene and hydration by a passage through a grade of alcohols, 3 μ m-thick
547 sections were stained with haematoxylin-eosin, and Periodic Acid-Schiff, before and after diastase
548 digestion, at IPATIMUP Diagnostics, Portugal, using standard procedures.

549 Histopathology scores for lobular necro-inflammatory activity were assigned using the criteria of
550 Scheuer (90) for the grading of chronic hepatitis. In short, the scores were assigned as follows, 0 =
551 inflammation absent, 1 = inflammation but no hepatocellular death, 2 = focal necrosis (one or a few
552 necrotic hepatocytes/acidophil bodies), 3 = severe focal death, confluent necrosis without bridging, and
553 4 = damage includes bridging necrosis. Sections were scored independently by two investigators with
554 experience in liver histopathology who were blinded to the experimental groups. The total numbers of
555 RBC endothelial cytoadherence (sequestration), rosetting and vascular occlusion events were counted

556 blindly in random high-power ($\times 400$ magnification) fields of liver sections. Images were captured using
557 an Olympus BX50 photomicroscope.

558 For the immunohistochemical detection of CD45⁺ cells, liver sections were subjected to antigen
559 retrieval with citrate buffer, endogenous peroxidases were blocked with 0.6% H₂O₂ and non-specific
560 antigens were blocked with 5 % bovine serum albumin. Samples were incubated with goat anti-mouse
561 CD45 antibody (1:50, AF114, R&D Systems, MN, USA) followed by horseradish peroxidase-
562 conjugated rabbit anti-goat IgG (1:250, R-21459, ThermoFisher Scientific). Immunoreactivity was
563 visualized using 3,3'-diaminobenzidine. Quantification was performed by counting positive cells in 5
564 random fields per liver at 200 \times magnification using QuPath Open Software for Bioimage Analysis
565 (version 0.4.0).

566 **Thiobarbaturic acid reactive substances assay**

567 Liver ROS/lipid peroxidation was appreciated by quantifying malondialdehyde, using the TBARS
568 Assay Kit (700870, Cayman Chemical) as described by the manufacturer. Briefly, tissue homogenates
569 were prepared from snap-frozen liver tissue by adding 1 mL RIPA buffer per 100 mg of tissue, and
570 lysing using Precellys soft tissue homogenising tubes (KT03961-1-003.2, Bertin Instruments)
571 according to manufacturers instruction. The lysates were allowed to react with thiobarbaturic acid at
572 95° C for 1 h, cooled on ice, and centrifuged for 10 min at 1,600 x g at 4° C. Subsequently, the
573 absorbance of the lysates at 530 nm was measured.

574 **Software and statistical analysis**

575 All flow cytometry data analysis was performed using FlowJo analysis software (BD). Graphs were
576 generated using GraphPad Prism (GraphPad Software).

577 Statistical analysis was also performed in GraphPad Prism and differences were considered statistically
578 different when p<0.05 (* p<0.05, ** p<0.01, *** p<0.001, **** p<0.0001). The D'Agostino-Pearson
579 omnibus normality test was used to determine normality/ lognormality. Parametric statistical tests (e.g.
580 Welch's t-test) were used for normally distributed data. For lognormal distributions, the data was log-
581 transformed prior to statistical analysis. Where data did not have a normal or lognormal distribution, or

582 too few data points were available for normality testing, a nonparametric test (e.g. Mann-Whitney test)
583 was applied. A t-test (or a comparable nonparametric test) was used to compare the means of two
584 groups. As a rule, t-tests were performed with Welch's correction, as it corrects for unequal standard
585 deviations but does not introduce error when standard deviations are equal. Two-way ANOVA was
586 used for analysis with two categorical variables and one continuous variable. The applied statistical test
587 and sample size (n) is indicated in each figure legend.

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607 **CONFLICT OF INTERESTS**

608 The authors declare that they have no conflict of interest.

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845 **FIGURE LEGENDS**

846 **Figure 1: Decreased cellular iron uptake increases the *P. chabaudi* pathogen burden.**

847 **A)** C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice were infected by intravenous (i.v.) injection of 10⁵
848 recently mosquito-transmitted *P. chabaudi* infected red blood cells (iRBC).

849 **B-E)** Parasitaemia (B), iRBC count (C), body weight change (D) and RBC count (E) measured
850 throughout the course of infection. Mean \pm SEM, mixed-effects analysis (B, C, E) or repeated measures
851 two-way ANOVA (D), with Sidak's multiple comparisons test, n=7-9.

852 **F-G)** Haemoglobin measured 8 (F) and 20 (G) days after infection. Welch's t-test, n=6-9.

853 **H-I)** A mix of unlabelled WT RBC and iRBC were incubated with fluorescently labelled WT or TfR
854 RBC and the invasion susceptibility index (SI) was determined after completion of a new invasion
855 cycle. Mean, Welch's t-test, n=3.

856 **J-K)** Liver iron and serum iron levels measured 8 days after infection. Mean, Welch's t-test, n=9.

857 **Figure 2: Decreased cellular iron uptake impairs the splenic MNP response to *P. chabaudi*.** Splenic
858 immune response to *P. chabaudi* in C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice at 8 dpi.

859 **A)** Representative picture of spleens from naïve and *P. chabaudi* infected mice.

860 **B)** Spleen index of spleens from naïve and *P. chabaudi* infected mice. Mean, Welch's t-test n=9.

861 **C-E)** Absolute numbers of CD11b⁺ CD11c⁺ mononuclear phagocytes (MNPs) (C), Ly6C^{hi} CD11b⁺
862 monocytes/macrophages (D) and MHCII⁺ CD11c⁺ dendritic cells (E) in spleens from naïve and *P.*
863 *chabaudi* infected mice . Mean, Welch's t-test on untransformed (C) or log transformed data (D, E)
864 n=9-11.

865 **F)** Representative flow cytometry plot of interferon- γ (IFN γ) production of CD11b⁺ CD11c⁺ MNPs.

866 **G)** Proportion of IFN γ -producing MNPs, detected by intracellular cytokine staining. Mean, Welch's t-
867 test n=9-11.

868 Dotted line represents uninfected mice.

869 **Figure 3: Decreased cellular iron uptake disrupts the effector CD4⁺ T cell response to *P. chabaudi*.**

870 Conventional CD4⁺ T cells (FOXP3⁻) in the spleen of *P. chabaudi* infected C57BL/6 (WT) and

871 *Tfrc*^{Y20H/Y20H} (TfR) mice, 8 dpi.

872 **A)** Absolute number of CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR mice. Mean,
873 Welch's t-test, n=9-11.

874 **B)** Proportions of naïve (CD44⁻ CD62L⁺), effector (CD62L⁻ CD127⁻) and memory (CD44⁺ CD127⁺)
875 CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, two-way ANOVA with
876 Sidak's multiple comparisons test, n=9-11.

877 **C)** Absolute number of effector CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR mice.
878 Mean, Mann-Whitney test, n=9-11.

879 **D-E)** Proportions of CD4⁺ T cells expressing markers of antigen experience CD44⁺ (D) and PD-1⁺ (E)
880 in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=9-11

881 **F)** Proportion of proliferating (KI-67⁺) CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR
882 mice. Mean, Welch's t-test n=9-11

883 **G)** Proportion of T helper 1 (TBET⁺) CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR
884 mice. Mean, Welch's t-test n=9-11

885 **H)** Representative flow cytometry plot of IFN γ producing CD4⁺ T cells in the spleen of *P. chabaudi*
886 infected WT and TfR mice.

887 **I)** Proportion of IFN γ producing CD4⁺ T cells, detected by intracellular cytokine staining, in the spleen
888 of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=10-11.

889 Dotted line represents uninfected mice.

890 **Figure 4. In vitro T helper 1 (Th1) polarised *Tfrc*^{Y20H/Y20H} CD4⁺ T cells have impaired proliferation
891 and effector function, which can be rescued by iron supplementation.**

892 **A)** Naïve CD4⁺ T cells were isolated from uninfected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice, and
893 cultured for 96 h in Th1 polarising media, with varying concentrations of iron sulfate (FeSO₄).

894 **B)** Representative flow cytometry plot of CD4⁺ T cell proliferation, quantified using CellTrace Violet.

895 **C)** Proportion of CD4⁺ T cells that have divided more than two times (> 2X). Mean, two-way ANOVA,
896 Sidak's multiple comparisons test, n=3.

897 **D)** Representative flow cytometry plot of IFN γ producing CD4⁺ T cell in the absence or presence of
898 FeSO₄.

899 **E-F)** Proportion of IFN γ producing CD4 T cells (E) and IFN γ production per cell (F). Mean, two-way
900 ANOVA, Sidak's multiple comparisons test, n=3.

901 **Figure 5. Decreased cellular iron uptake disrupts the germinal centre response to *P. chabaudi*.**

902 Splenic immune response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice.

903 **A)** Proportion of CD4⁺ T cells expressing B cell co-stimulatory receptor ICOS in the spleen of *P.*
904 *chabaudi* infected WT and TfR mice, 8 dpi. Mean, Welch's t-test, n=10-11.

905 **B)** Proportion of T follicular helper (Tfh) cells in the spleen of *P. chabaudi* infected WT and TfR
906 mice, 8 dpi. Mean, Welch's t-test, n=9.

907 **C)** Proportion of Tfh cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 20 dpi. Mean,
908 Welch's t-test, n=6-7.

909 **D-F)** Absolute total number of splenic B cells (D) and proportion of activated (E) and antibody secreting
910 (F) splenic B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 8 dpi. Mean, Welch's t-
911 test, n=9.

912 **G)** Proportion of germinal centre B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 8
913 dpi. Mean, Welch's t-test, n=9.

914 **H)** Representative flow cytometry plot of germinal centre B cells in the spleen of of *P. chabaudi*
915 infected WT and TfR mice, 20 dpi.

916 **I)** Proportion of germinal centre B cells in the spleen of of *P. chabaudi* infected WT and TfR mice, 20
917 dpi. Mean, Welch's t-test on log transformed data, n=6-9.

918 Dotted line represents uninfected mice.

919 **Figure 6. In vitro cultured *Tfrc*^{Y20H/Y20H} B cells display impaired activation, proliferation and**

920 differentiation, which can be rescued by iron supplementation.

921 **A)** B cells were isolated from uninfected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice and cultured for
922 96 h in B cell activating media, with varying concentrations of ammonium ferric citrate (AFeC).

923 **B)** Large neutral amino acid transporter-1 (LAT-1/CD98) expression on divided B cells. Mean, two-
924 way ANOVA, Sidak's multiple comparisons test, n=3.

925 **C)** Representative flow cytometry plot of proliferating B cells, quantified using CellTrace Violet.

926 **D)** Proportion of proliferating B cells (CTV^{low}). Mean, two-way ANOVA, Sidak's multiple
927 comparisons test, n=3.

928 **E)** Representative flow cytometry plots of antibody secreting (CD138⁺) and class-switched (IgG⁺)
929 divided B cells.

930 **F-G)** Proportion of antibody secreting (F) and class-switched (G) divided B cells. Mean, two-way
931 ANOVA, Sidak's multiple comparisons test, n=3.

932 **Figure 7. Decreased cellular iron uptake mitigates *P. chabaudi* liver pathology.** Liver pathology of
933 *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice, 8 dpi.

934 **A-B)** Serum levels of angiopoietin-2 (A) and alanine transaminase (B). Mean, Welch's t-test, n=15-16.
935 Dotted line represents uninfected mice

936 **C-D)** Haematoxylin and eosin (C), and periodic acid-Schiff (D) staining of representative liver sections.
937 Labels indicate central veins (CV), portal triads (PT), and areas of focal (black arrows) and bridging
938 (white arrows) necrosis. Original magnification 40X, scale bar 100 μ m.

939 **E)** Quantification of severe hepatic necrosis (score ≥ 3) as measured by histological scoring. Count,
940 Fisher's exact test, n=10-11.

941 **F)** Number of hepatic red blood cell sequestration, rosetting and vascular occlusion events per randomly
942 imaged high-power field (HPF). Mean, Welch's t-test, n=10-11.

943 **G)** Immunohistochemistry staining of liver leukocytes (CD45+) in representative liver sections.
944 Original magnification 20X, scale bar 100 μ m.

945 **H)** Quantification of CD45⁺ leukocytes in liver sections identified by immunohistochemistry staining.
946 n= 9-11

947 **I-L)** Hepatic monocytes/macrophages (I), dendritic cells (J), CD44+ CD4+ T cells (K) and CD44+
948 CD8+ T cells (L). Mean, Welch's t-test, n=7-12.

949 **Figure S1: *Tfrc*^{Y20H/Y20H} mice have mild microcytosis and decreased iron levels at homeostasis.**
950 Uninfected 8–12-week-old C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice were used for characterization.

951 **A)** Body weight at homeostasis. Mean, Welch's t-test, n=9-10.

952 **B-D)** Haemoglobin (B), mean RBC volume (C) and RBC count (D) at homeostasis. Mean, Welch's t-
953 test, n=7.

954 **E-F)** Liver iron (E) and serum iron (F) **at homeostasis**. Mean, Welch's t-test, n=8-10.

955 **Figure S2. Hyperferremia does not increase *P. chabaudi* parasitaemia.**

956 **A)** C57BL/6 mice were infected by intravenous (i.v.) injection of 10^5 *P. chabaudi* infected red blood
957 cells (iRBC). A monoclonal anti-BMP-6 antibody (α BMP6) or an isotype control antibody (Iso) was
958 administered 2, 12 and 16 days after infection.

959 **B)** Serum iron measured 9 and 21 dpi in mice treated with anti-BMP6 or Iso. At day 9 post-infection,
960 serum samples, collected through tail bleeding, were pooled for each experimental group to obtain
961 sufficient sample for the quantification. At day 21 post-infection, mice were sacrificed, and serum
962 samples collected through cardiac puncture. Mean, Welch's t-test, n=6-8.

963 **C-E)** Parasitaemia (C), iRBC count (D) and relative change in body weight (E) were measured
964 throughout the course of infection. Mean \pm SEM, two-way ANOVA with Sidak's multiple comparisons
965 test, n=6-8.

966 **Figure S3: Mononuclear phagocyte gating scheme and innate immune response to *P. chabaudi***
967 **infection.** Splenic immune response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR)
968 mice, 8 dpi.

969 **A)** Gating strategy for mononuclear phagocytes (MNP), monocytes/macrophages (Mo/Mac) and
970 dendritic cells (DC).

971 **B-D)** Absolute number of splenic neutrophils (B), eosinophils (C) and NK cells (D) of WT and TfR
972 mice at 8dpi. Mean, Welch's t-test, n = 6-8.

973 **Figure S4: Decreased cellular iron uptake attenuates the effector CD8⁺ T cell response to *P.***
974 ***chabaudi.*** CD8⁺ T cells in the spleen of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR)
975 mice, 8 dpi.

976 **A)** Absolute numbers of splenic CD8⁺ T cells of *P. chabaudi* infected WT and TfR mice. Mean, Welch's
977 t-test, n=9-10.

978 **B)** Proportion of naïve (CD44⁻ CD62L⁺), effector (CD62L⁻ CD127⁻) and memory (CD44⁺ CD127⁺)
979 splenic CD8⁺ T cells of *P. chabaudi* infected WT and TfR mice. Mean, two-way ANOVA with Sidak's
980 multiple comparisons test, n=9-11.

981 **C)** Absolute number of effector CD8⁺ T cells of spleens from *P. chabaudi* infected WT and TfR mice.
982 Mean, Mann-Whitney test, n=9-11.

983 **D-E)** Proportion of splenic CD8⁺ T cells expressing markers of antigen experience CD44⁺ (D) and PD-
984 1⁺ (E) of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=10

985 **F)** Proportion of proliferating (KI-67⁺) splenic CD8⁺ T cells of *P. chabaudi* infected WT and TfR mice.
986 Mean, Welch's t-test n=9-11

987 **G)** Proportion of IFN γ producing splenic CD8⁺ T cells, detected by intracellular cytokine staining of *P.*
988 *chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=10-11.

989 Dotted line represents uninfected mice.

990 **Figure S5. Decreased cellular iron uptake attenuates *P. chabaudi* induced liver damage.** Hepatic
991 response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice, 8 dpi.

992 **A-B)** Liver gene expression of *Saa1* (A) and *Fga* (B) of *P. chabaudi* infected WT and TfR mice. Mean,
993 Welch's t-test, n=12.

994 **C)** Liver index of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=10-11.

995 **D-E)** Higher magnification depiction of H&E (D) and PAS (E) stained liver sections from a
996 representative *P. chabaudi* infected WT mouse. The arrowheads indicate areas of confluent necrosis,
997 featuring lobular disarray, lympho-histiocytic inflammation, acidophil body formation, and glycogen
998 depletion. Original magnification 200 \times , scale bar 20 μ m.

999 **F)** Blinded scoring of lobular necro-inflammatory activity. Mann-Whitney test, n=10-11.

1000 **G)** Hepatic malondialdehyde (MDA), quantified as an indirect measurement or ROS, using a
1001 thiobarbituric acid reactive substances assay in *P. chabaudi* infected WT and TfR mice. Mean, Welch's
1002 t-test, n=10-12.

1003 **H-J)** Liver gene expression of *Tnf* (H), *Ifn* (I) and *Il1b* (J). Mean, Welch's t-test on untransformed
1004 (H&J) or log transformed data (I), n=12.

1005

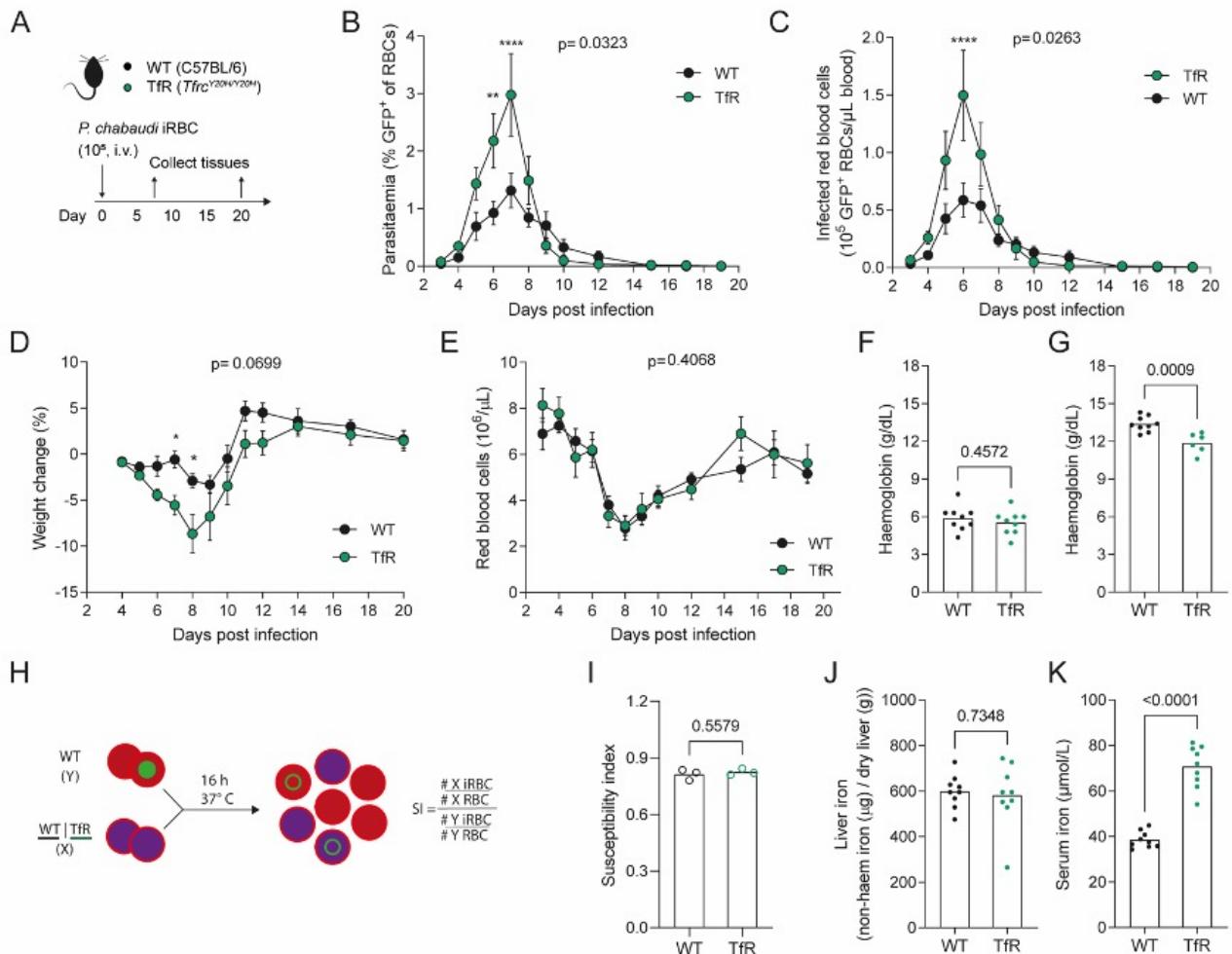


Figure 1: Decreased cellular iron uptake increases the *P. chabaudi* pathogen burden.

- A)** C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (Tfr) mice were infected by intravenous (i.v.) injection of 10⁵ recently mosquito transmitted *P. chabaudi* infected red blood cells (iRBC).
- B-E)** Parasitaemia (B), iRBC count (C), body weight change (D) and RBC count (E) measured throughout the course of infection. Mean \pm SEM, mixed-effects analysis (B, C, E) or repeated measures two-way ANOVA (D), with Sidak's multiple comparisons test, n=7-9.
- F-G)** Haemoglobin measured 8 (F) and 20 (G) days after infection. Welch's t-test, n=6-9.
- H-I)** A mix of unlabelled WT RBC and iRBC were incubated with fluorescently labelled WT or Tfr RBC and the invasion susceptibility index (SI) was determined after completion of a new invasion cycle. Mean, Welch's t-test, n=3.
- J-K)** Liver iron and serum iron levels measured 8 days after infection. Mean, Welch's t-test, n=9.

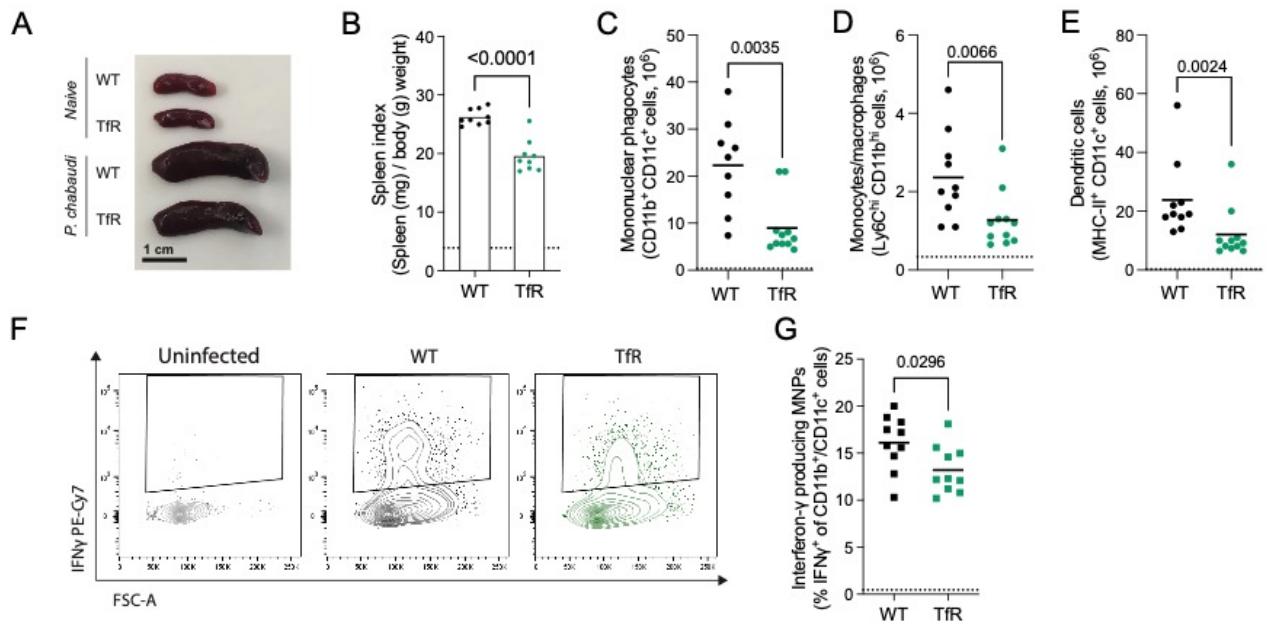


Figure 2: Decreased cellular iron uptake impairs the splenic MNP response to *P. chabaudi*. Splenic immune response to *P. chabaudi* in C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (Tfr) mice at 8 dpi.

A) Representative picture of spleens from naïve and *P. chabaudi* infected mice.

B) Spleen index of spleens from naïve and *P. chabaudi* infected mice. Mean, Welch's t-test n=9.

C-E) Absolute numbers of CD11b⁺ CD11c⁺ mononuclear phagocytes (MNPs) (C), Ly6C^{hi} CD11b⁺ monocytes/macrophages (D) and MHCII⁺ CD11c⁺ dendritic cells (E) in spleens from naïve and *P. chabaudi* infected mice. Mean, Welch's t-test on untransformed (C) or log transformed data (D, E) n=9-11.

F) Representative flow cytometry plot of interferon-γ (IFNγ) production of CD11b⁺ CD11c⁺ MNPs.

G) Proportion of IFNγ-producing MNPs, detected by intracellular cytokine staining. Mean, Welch's t-test n=9-11.

Dotted line represents uninfected mice.

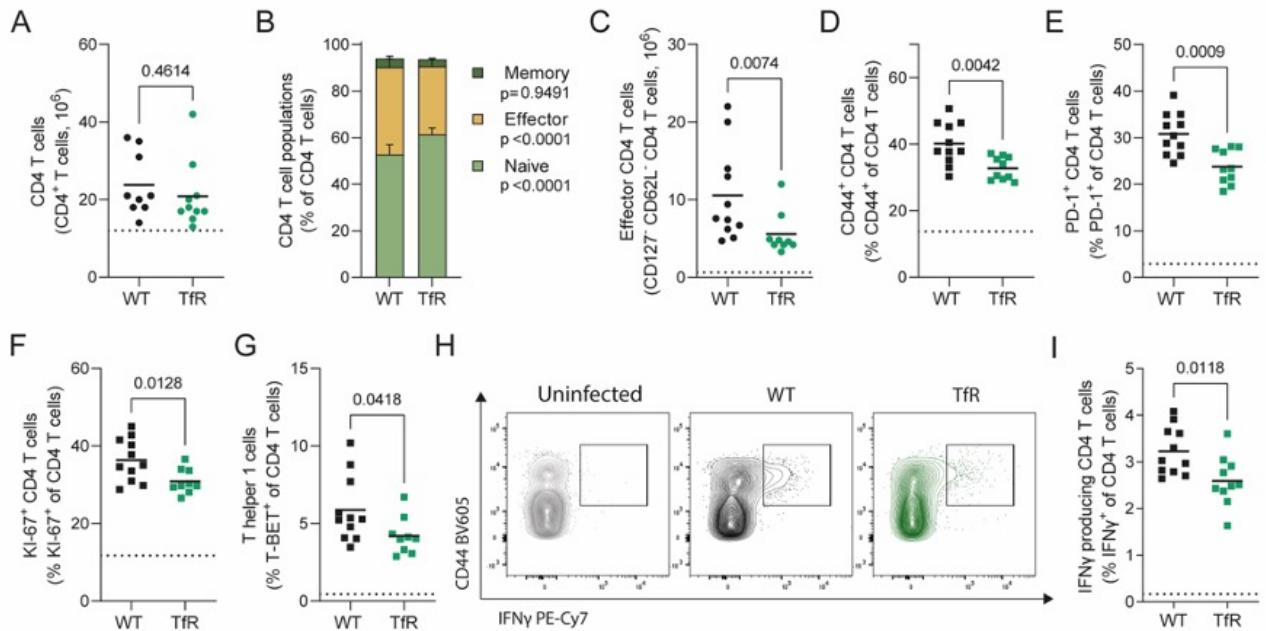


Figure 3: Decreased cellular iron uptake disrupts the effector CD4⁺ T cell response to *P. chabaudi*. Conventional CD4⁺ T cells (FOXP3⁻) in the spleen of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice, 8 dpi.

A) Absolute number of CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=9-11.

B) Proportions of naïve (CD44⁻ CD62L⁺), effector (CD62L⁻ CD127⁻) and memory (CD44⁺ CD127⁺) CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, two-way ANOVA with Sidak's multiple comparisons test, n=9-11.

C) Absolute number of effector CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, Mann-Whitney test, n=9-11.

D-E) Proportions of CD4⁺ T cells expressing markers of antigen experience CD44⁺ (D) and PD-1⁺ (E) in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=9-11

F) Proportion of proliferating (KI-67⁺) CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=9-11

G) Proportion of T helper 1 (TBET⁺) CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=9-11

H) Representative flow cytometry plot of IFNγ producing CD4⁺ T cells in the spleen of *P. chabaudi* infected WT and TfR mice.

I) Proportion of IFNγ producing CD4⁺ T cells, detected by intracellular cytokine staining, in the spleen of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test n=10-11.

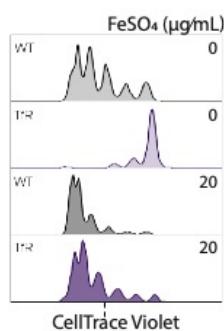
Dotted line represents uninfected mice.

A

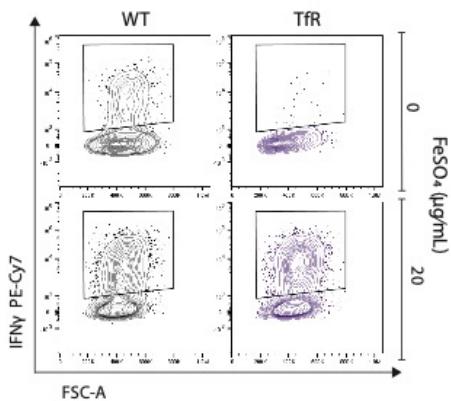
● WT (C57BL/6)
○ TfR (*Tfrc*^{Y20H/Y20H})

Naive CD4T cells \pm iron
96 h @ 37° C
 α CD3, α CD28, dIL-4, IL-2, IL-12

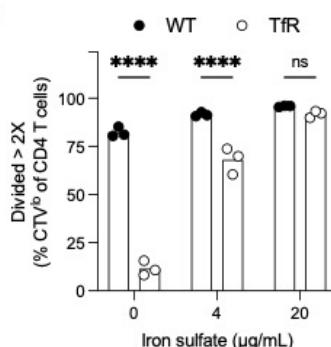
B



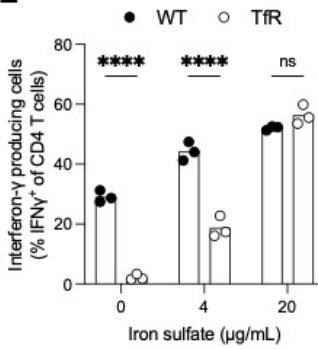
D



C



E



F

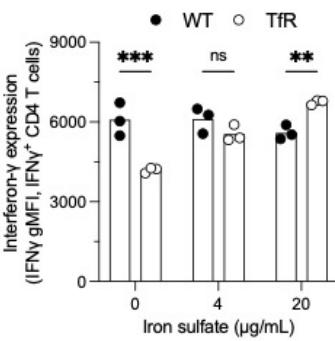


Figure 4. In vitro T helper 1 (Th1) polarised *Tfrc*^{Y20H/Y20H} CD4 $^+$ T cells have impaired proliferation and effector function, which can be rescued by iron supplementation.

A) Naïve CD4 $^+$ T cells were isolated from uninfected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice, and cultured for 96 h in Th1 polarising media, with varying concentrations of iron sulfate (FeSO₄).

B) Representative flow cytometry plot of CD4 $^+$ T cell proliferation, quantified using CellTrace Violet.

C) Proportion of CD4 $^+$ T cells that have divided more than two times ($>2X$). Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.

D) Representative flow cytometry plot of IFN γ producing CD4 $^+$ T cell in the absence or presence of FeSO₄.

E-F) Proportion of IFN γ producing CD4 T cells (E) and IFN γ production per cell (F). Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.

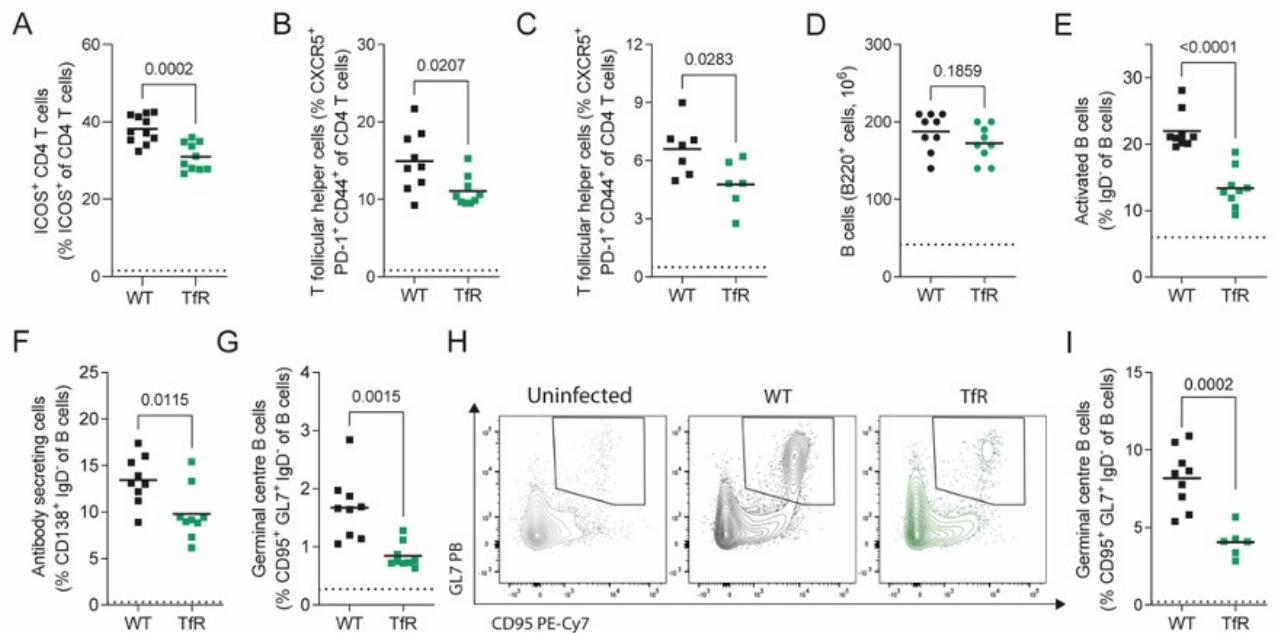


Figure 5. Decreased cellular iron uptake disrupts the germinal centre response to *P. chabaudi*. Splenic immune response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc^{Y20H/Y20H}* (Tfr) mice.

A) Proportion of CD4⁺ T cells expressing B cell co-stimulatory receptor ICOS in the spleen of *P. chabaudi* infected WT and Tfr mice, 8 dpi. Mean, Welch's t-test, n=10-11.

B) Proportion of T follicular helper (Tfh) cells in the spleen of *P. chabaudi* infected WT and Tfr mice, 8 dpi. Mean, Welch's t-test, n=9.

C) Proportion of Tfh cells in the spleen of *P. chabaudi* infected WT and Tfr mice, 20 dpi. Mean, Welch's t-test, n=6-7.

D-F) Absolute total number of splenic B cells (D) and proportion of activated (E) and antibody secreting (F) splenic B cells in the spleen of *P. chabaudi* infected WT and Tfr mice, 8 dpi. Mean, Welch's t-test, n=9.

G) Proportion of germinal centre B cells in the spleen of *P. chabaudi* infected WT and Tfr mice, 8 dpi. Mean, Welch's t-test, n=9.

H) Representative flow cytometry plot of germinal centre B cells in the spleen of *P. chabaudi* infected WT and Tfr mice, 20 dpi. Gated on GL7 PB⁺ cells.

I) Proportion of germinal centre B cells in the spleen of *P. chabaudi* infected WT and Tfr mice, 20 dpi. Mean, Welch's t-test on log transformed data, n=6-9.

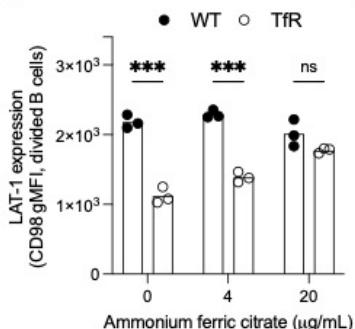
Dotted line represents uninfected mice.

A

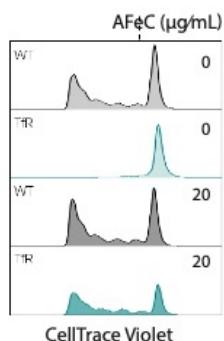
● WT (C57BL/6)
 ○ TfR (*Tfrc*^{Y20H/Y20H})

 B cells ± iron
 72 h @ 37°C
 LPS, IL-4, IL-5

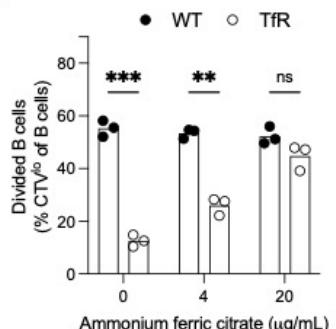
B



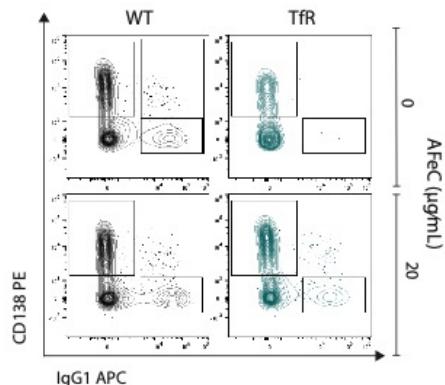
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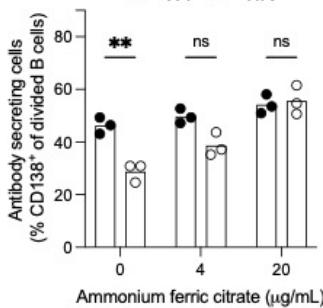
D



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G

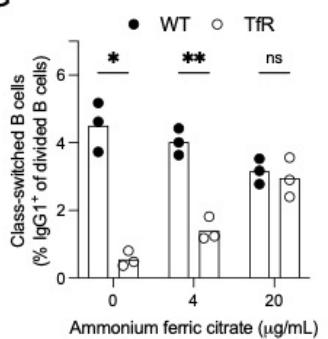


Figure 6. *In vitro* cultured *Tfrc*^{Y20H/Y20H} B cells display impaired activation, proliferation and differentiation, which can be rescued by iron supplementation.

A) B cells were isolated from uninfected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice and cultured for 96 h in B cell activating media, with varying concentrations of ammonium ferric citrate (AFeC).

B) Large neutral amino acid transporter-1 (LAT-1/CD98) expression on divided B cells. Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.

C) Representative flow cytometry plot of proliferating B cells, quantified using CellTrace Violet.

D) Proportion of proliferating B cells (CTV^{low}). Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.

E) Representative flow cytometry plots of antibody secreting (CD138⁺) and class-switched (IgG⁺) divided B cells.

F-G) Proportion of antibody secreting (F) and class-switched (G) divided B cells. Mean, two-way ANOVA, Sidak's multiple comparisons test, n=3.

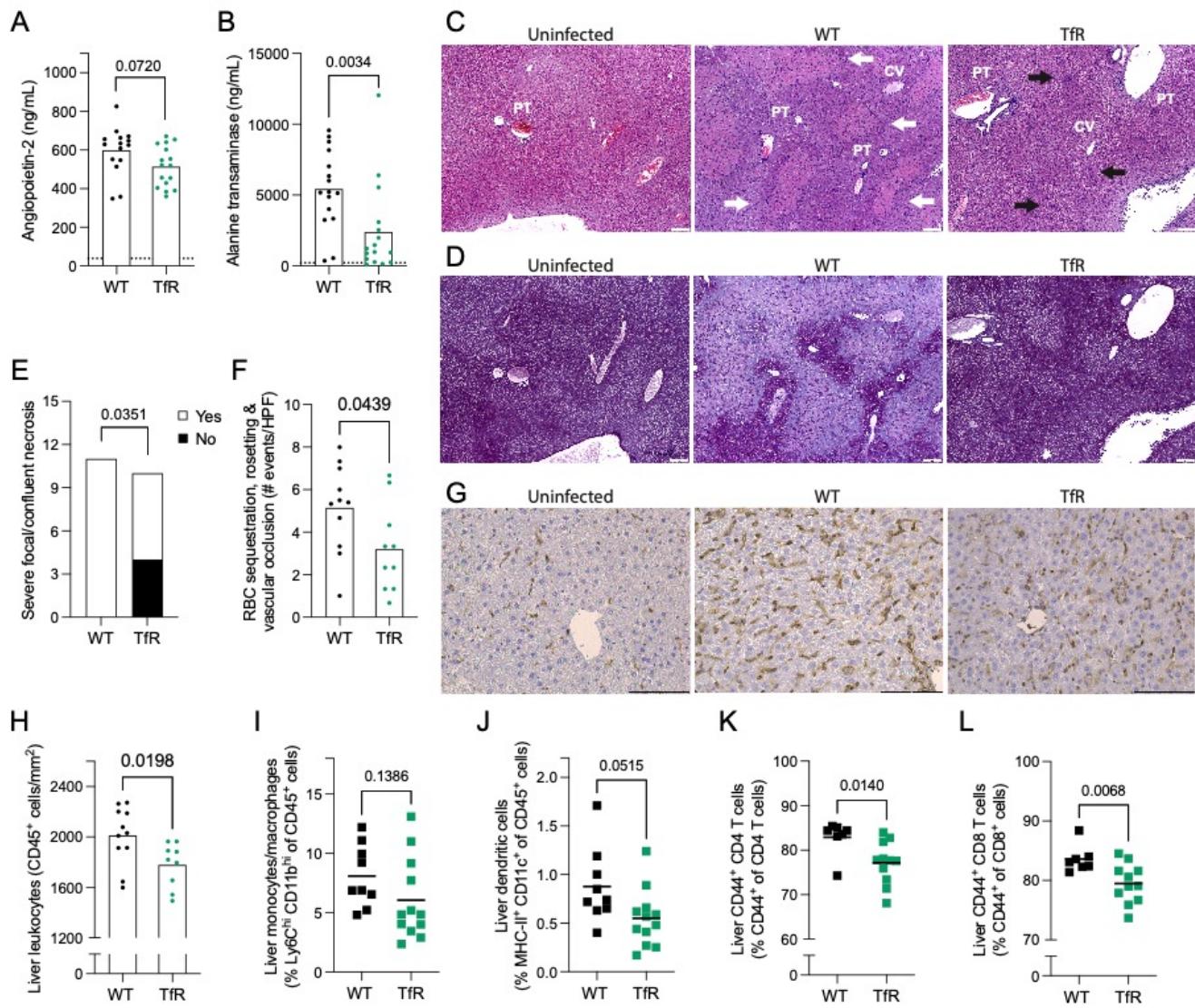


Figure 7. Decreased cellular iron uptake mitigates *P. chabaudi* liver pathology. Liver pathology of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice, 8 dpi.

A-B) Serum levels of angiopoietin-2 (A) and alanine transaminase (B). Mean, Welch's t-test, n=15-16. Dotted line represents uninfected mice

C-D) Haematoxylin and eosin (C), and periodic acid-Schiff (D) staining of representative liver sections. Labels indicate central veins (CV), portal triads (PT), and areas of focal (black arrows) and bridging (white arrows) necrosis. Original magnification 40X, scale bar 100 μ m.

E) Quantification of severe hepatic necrosis (score ≥ 3) as measured by histological scoring. Count, Fisher's exact test, n=10-11.

F) Number of hepatic red blood cell sequestration, rosetting and vascular occlusion events per randomly imaged high-power field (HPF). Mean, Welch's t-test, n=10-11.

G) Immunohistochemistry staining of liver sections for CD45+ leukocytes (CD45+). Original magnification 20X, scale bar 100 μ m.

H) Quantification of CD45+ leukocytes in liver sections identified by immunohistochemistry staining. n= 9-11

I-L) Hepatic monocytes/macrophages (I), dendritic cells (J), CD44+ CD4+ T cells (K) and CD44+ CD8+ T cells (L). Mean, Welch's t-test, n=7-12.

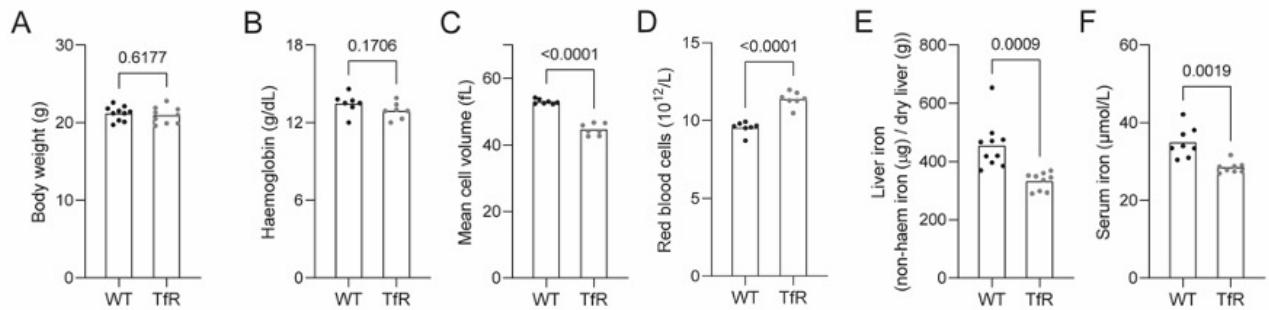


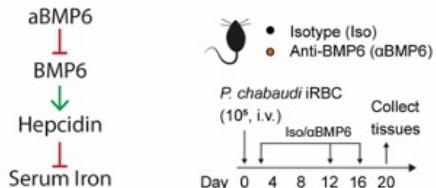
Figure S1: *Tfrc^{Y20H/Y20H}* mice have mild microcytosis and decreased iron levels at homeostasis. Uninfected 8–12-week-old C57BL/6 (WT) and *Tfrc^{Y20H/Y20H}* (TfR) mice were used for characterization.

A) Body weight at homeostasis. Mean, Welch's t-test, $n=9-10$.

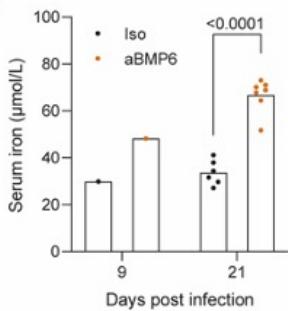
B-D) Haemoglobin (B), mean RBC volume (C) and RBC count (D) at homeostasis. Mean, Welch's t-test, $n=7$.

E-F) Liver iron (E) and serum iron (F) at homeostasis. Mean, Welch's t-test, $n=8-10$.

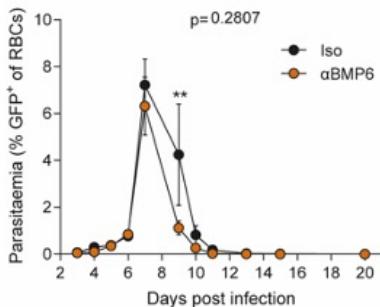
A



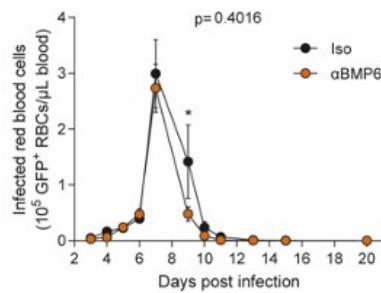
B



C



D



E

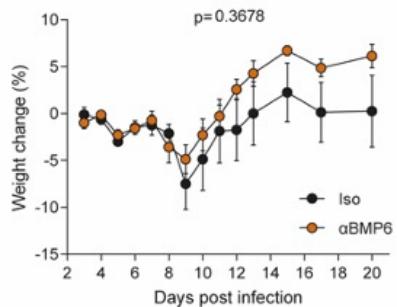


Figure S2. Hyperferremia does not increase *P. chabaudi* parasitaemia.

A) C57BL/6 mice were infected by intravenous (i.v.) injection of 10^5 *P. chabaudi* infected red blood cells (iRBC). A monoclonal anti-BMP-6 antibody (αBMP6) or an isotype control antibody (Iso) was administered 2, 12 and 16 days after infection.

B) Serum iron measured 9 and 21 dpi in mice treated with anti-BMP6 or Iso. At day 9 post-infection, serum samples, collected through tail bleeding, were pooled for each experimental group to obtain sufficient sample for the quantification. At day 21 post-infection, mice were sacrificed, and serum samples collected through cardiac puncture. Mean, Welch's t-test, $n=6-8$.

C-E) Parasitaemia (C), iRBC count (D) and relative change in body weight (E) were measured throughout the course of infection. Mean \pm SEM, two-way ANOVA with Sidak's multiple comparisons test, $n=6-8$.

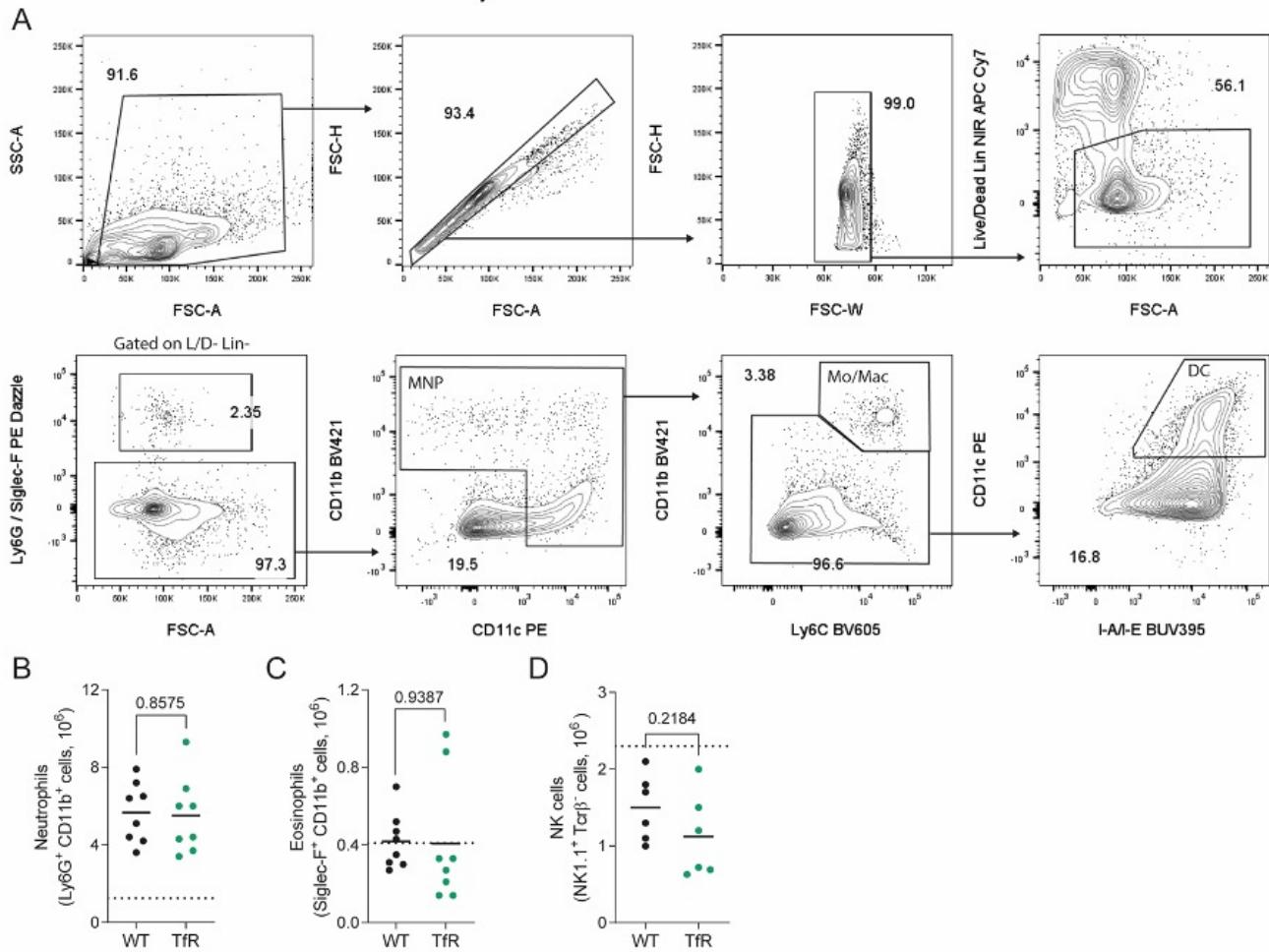


Figure S3: Mononuclear phagocyte gating scheme and innate immune response to *P. chabaudi* infection. Splenic immune response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (Tfr) mice, 8 dpi.

A) Gating strategy for mononuclear phagocytes (MNP), monocytes/macrophages (Mo/Mac) and dendritic cells (DC).

B-D) Absolute number of splenic neutrophils (B), eosinophils (C) and NK cells (D) of WT and Tfr mice at 8dpi. Mean, Welch's t-test, n = 6-8.

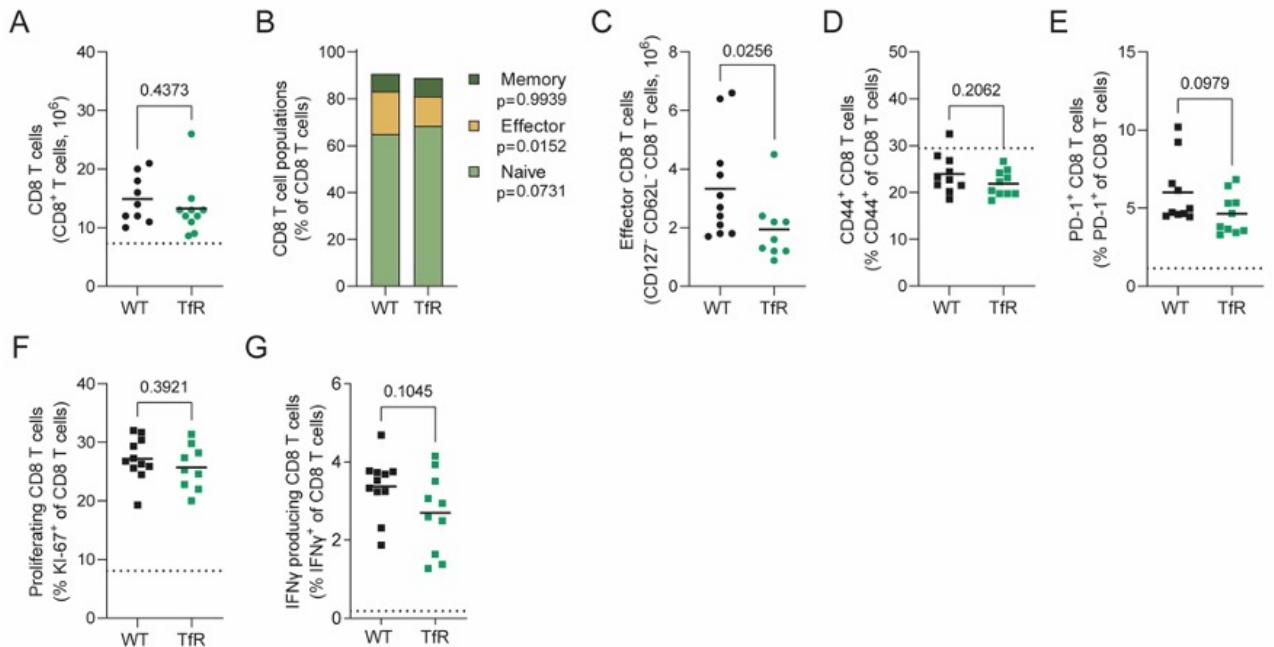


Figure S4: Decreased cellular iron uptake attenuates the effector CD8⁺ T cell response to *P. chabaudi*. CD8⁺ T cells in the spleen of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (Tfr) mice, 8 dpi.

- A)** Absolute numbers of splenic CD8⁺ T cells of *P. chabaudi* infected WT and Tfr mice. Mean, Welch's t-test, n=9-10.
- B)** Proportion of naïve (CD44⁻ CD62L⁺), effector (CD62L⁻ CD127⁺) and memory (CD44⁺ CD127⁺) splenic CD8⁺ T cells of *P. chabaudi* infected WT and Tfr mice. Mean, two-way ANOVA with Sidak's multiple comparisons test, n=9-11.
- C)** Absolute number of effector CD8⁺ T cells of spleens from *P. chabaudi* infected WT and Tfr mice. Mean, Mann-Whitney test, n=9-11.
- D-E)** Proportion of splenic CD8⁺ T cells expressing markers of antigen experience CD44⁺ (D) and PD-1⁺ (E) of *P. chabaudi* infected WT and Tfr mice. Mean, Welch's t-test n=10
- F)** Proportion of proliferating (KI-67⁺) splenic CD8⁺ T cells of *P. chabaudi* infected WT and Tfr mice. Mean, Welch's t-test n=9-11
- G)** Proportion of IFN γ producing splenic CD8⁺ T cells, detected by intracellular cytokine staining of *P. chabaudi* infected WT and Tfr mice. Mean, Welch's t-test n=10-11.
- Dotted line represents uninfected mice.

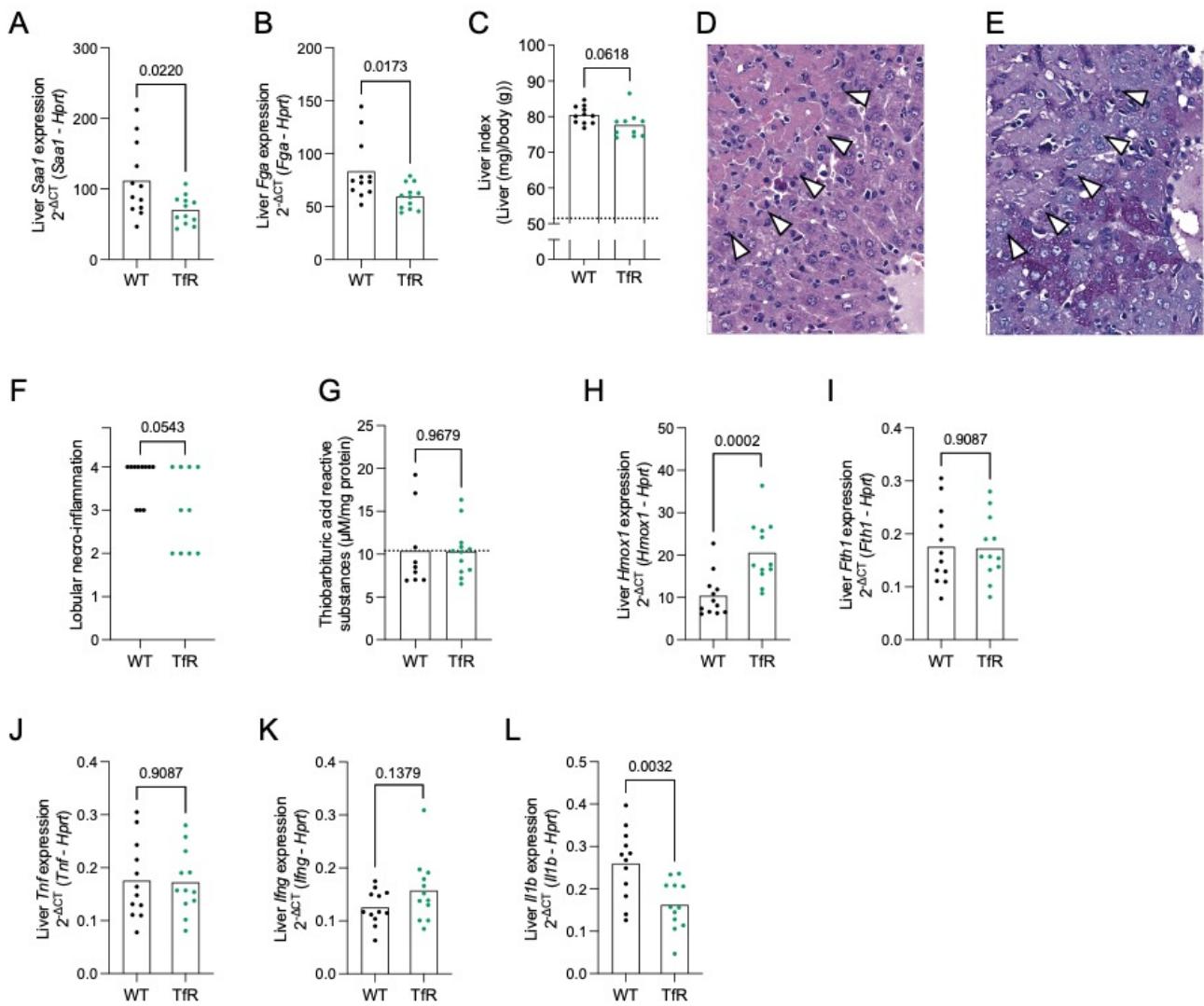


Figure S5. Decreased cellular iron uptake attenuates *P. chabaudi* induced liver damage. Hepatic response of *P. chabaudi* infected C57BL/6 (WT) and *Tfrc*^{Y20H/Y20H} (TfR) mice, 8 dpi.

A-B) Liver gene expression of *Saa1* (A) and *Fga* (B) of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=12.

C) Liver index of *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=10-11.

D-E) Higher magnification depiction of H&E (D) and PAS (E) stained liver sections from a representative *P. chabaudi* infected WT mouse. The arrowheads indicate areas of confluent necrosis, featuring lobular disarray, lympho-histiocytic inflammation, acidophil body formation, and glycogen depletion. Original magnification 200 \times , scale bar 20 μ m.

F) Blinded scoring of lobular necro-inflammatory activity. Mann-Whitney test, n=10-11.

G) Hepatic malondialdehyde (MDA), quantified as an indirect measurement of ROS, using a thiobarbituric acid reactive substances assay in *P. chabaudi* infected WT and TfR mice. Mean, Welch's t-test, n=10-12.

H-I) Liver gene expression of *Hmox1* (H) and *Fth1* (I). Mean, Welch's t-test on log transformed (H) or untransformed (I) data, n=12.

J-L) Liver gene expression of *Tnf* (H), *Ifng* (I) and *Iilb* (J). Mean, Welch's t-test on untransformed (H&J) or log transformed data (I), n=12.