

Prenatal vitamin D deficiency alters immune cell proportions of young adult offspring through alteration of long-term stem cell fates

*Koki Ueda^{1,2}, *Shu Shien Chin³, *Noriko Sato⁴, Miyu Nishikawa⁵, Kaori Yasuda⁶, Naoyuki Miyasaka⁷, Betelehem Solomon Bera⁸, Laurent Chorro³, Reanna Doña-Termine⁸, Wade R Koba⁹, David Reynolds⁸, Ulrich G. Steidl^{1,10,11,13}, Gregoire Lauvau³, John M. Greally^{8,12}, Masako Suzuki^{8,14}

1. Department of Cell Biology, Albert Einstein College of Medicine, 1300 Morris Park Ave, Bronx, NY, 10461, USA

2. Department of Blood Transfusion and Transplantation Immunology, Fukushima Medical University, 1 Hikarigaoka, Fukushima, Fukushima, 960-1295, Japan

3. Department of Microbiology & Immunology, Albert Einstein College of Medicine, 1301 Morris Park Ave, Bronx, NY, 10461, USA

4. Department of Food and Nutrition, Faculty of Human Sciences and Design, Japan Women's University, 2-8-1 Mejirodai, Bunkyo-ku, Tokyo 112-8681, Japan

5. Department of Biotechnology, Faculty of Engineering, Toyama Prefectural University, 5180 Kurokawa, Imizu, Toyama, 939-0398, Japan

6. Department of Pharmaceutical Engineering, Faculty of Engineering, Toyama Prefectural University, 5180 Kurokawa, Imizu, Toyama, 939-0398, Japan

7. Graduate School of Medical and Dental Sciences, Medical and Dental Sciences, Systemic Organ Regulation, Comprehensive Reproductive Medicine, Tokyo Medical and Dental University, Bunkyo-ku, Tokyo

8. Department of Genetics, Albert Einstein College of Medicine, 1301 Morris Park Ave, Bronx, NY, 10461, USA

9. Department of Radiology, Albert Einstein College of Medicine, 1300 Morris Park Ave, Bronx, NY, 10461, USA

- 26 10. Ruth L. and David S. Gottesman Institute for Stem Cell Research and Regenerative Medicine,
27 Albert Einstein College of Medicine, 1300 Morris Park Ave, Bronx, NY 10461, USA
- 28 11. Department of Oncology, Albert Einstein College of Medicine – Montefiore Medical Center, 1300
29 Morris Park Ave, Bronx, NY 10461, USA
- 30 12. Department of Pediatrics, Albert Einstein College of Medicine – Montefiore Medical Center, 1300
31 Morris Park Ave, Bronx, NY 10461, USA
- 32 13. Montefiore-Einstein Cancer Center, Albert Einstein College of Medicine – Montefiore Medical
33 Center, 1300 Morris Park Ave, Bronx, NY 10461, USA
- 34 14. Department of Nutrition, Texas A&M University, 2253 TAMU, College Station, TX, 77840, USA
- 35 * Equal contribution
- 36 §Corresponding author
- 37 Masako Suzuki
- 38 [Tel:+1-979-847-8714](tel:+1-979-847-8714)
- 39 E-mail: masako.suzuki@ag.tamu.edu

40 **ABSTRACT**

41 Vitamin D deficiency is a common deficiency worldwide, particularly among women of reproductive age.
 42 During pregnancy, it increases the risk of immune-related diseases in offspring later in life. However,
 43 exactly how the body remembers exposure to an adverse environment during development is poorly
 44 understood. Herein, we explore the effects of prenatal vitamin D deficiency on immune cell proportions
 45 in offspring using vitamin D deficient mice established by dietary manipulation. We found that prenatal
 46 vitamin D deficiency alters immune cell proportions in offspring by changing the transcriptional properties
 47 of genes downstream of vitamin D receptor signaling in hematopoietic stem and progenitor cells of both
 48 the fetus and adults. Our results suggest the role of cellular differentiation properties of the hematopoiesis
 49 as the long-term memories of prenatal exposure at the adult stage. Moreover, further investigations of
 50 the associations between maternal vitamin D levels and cord blood immune cell profiles from 75 healthy
 51 pregnant women and their term babies also confirm that maternal vitamin D levels in the second trimester
 52 significantly affect immune cell proportions in the babies. This highlights the importance of providing
 53 vitamin D supplementation at specific stages of pregnancy.

54

55

56 INTRODUCTION

57 Vitamin D, a micronutrient/hormone, regulates transcription by binding to its nuclear receptor, the
 58 vitamin D receptor (VDR). Humans can obtain vitamin D through photosynthesis on the skin and food
 59 intake. Approximately 50% to 90% of vitamin D is synthesized on the skin via sunlight exposure, while
 60 the remainder comes from the diet. Cutaneous vitamin D synthesis depends on environmental factors
 61 (geographic latitude, season, and amount of air pollution), skin type, clothing habits, and lifestyle¹.
 62 Despite country-level vitamin D fortification programs in many countries, the prevalence rate of vitamin
 63 D deficiency, especially in reproductive-age women²⁻⁷, is still high worldwide⁸⁻¹⁴. The most severe
 64 consequence of vitamin D deficiency is rickets or impaired bone formation (reviewed by Holick¹⁵). Besides
 65 its importance in bone formation, VDR signaling regulates gene transcription in nearly every tissue in our
 66 bodies, including the brain, heart, muscle, kidney, and immune system (reviewed in Pike et.al¹⁶). During
 67 development, the micronutrient status of offspring is entirely dependent on the status of the mother;
 68 therefore, developing embryos are vulnerable to adverse micronutrient conditions of deficient mothers¹⁷⁻
 69 ²¹. To study the adverse consequences of prenatal vitamin D exposure, animal models with maternal
 70 dietary manipulations²²⁻³⁵ and knockout mouse model studies^{18,36-42} have been utilized. Studies using
 71 knockout mice models have shown that depletion of VDR causes a rickets-like phenotype after weaning.
 72 Both maternal dietary manipulation and knockout mouse models revealed that prenatal vitamin D
 73 deficiency can lead to immune defects in offspring. Epidemiological studies in humans have
 74 demonstrated that prenatal vitamin D deficiency has been associated with susceptibility to a number of
 75 immune-related diseases affecting their children, including asthma^{43,44}, multiple sclerosis⁴⁵, and type I
 76 diabetes⁴⁶⁻⁴⁸. These findings indicate that prenatal vitamin D deficiency disturbs immune cell
 77 development. In addition, it is possible that the hematopoietic system poses a long-term memory of
 78 exposure to vitamin D deficiency during development. However, this memory mechanism has not been
 79 extensively studied.

In this work, we show that prenatal vitamin D deficiency alters immune cell proportions of offspring during adulthood, attributed to cell fate decisions influenced by transcriptional alterations of VDR signaling pathway genes. Our data also supports that changing the cell fate of stem cells is the key component of the long-term effects of maternal vitamin D deficiency on the hematopoietic system of offspring.

RESULTS:

Lack of impact of maternal vitamin D deficient diet feeding on offspring bone development

We summarized the dietary intervention strategy in **Fig. 1**. We randomly assigned six weeks old female C57BL/6J mice to a vitamin D-sufficient diet (VDsuf, 1.0 IU/g vitamin D) and a vitamin D-deficient diet (VDdef, 0.0 IU/g vitamin D) for five weeks prior to mating with control diet-fed C57BL/6J male mice. The daily food intakes of each diet were comparable between the VDsuf and VDdef. To prevent hypocalcemia, the VDdef group received 1.5% calcium gluconate in their drinking water during the VDdef diet feeding. After five weeks of feeding VDdef, serum vitamin D (25-hydroxyvitamin D₃, 25(OH)D₃) concentrations of the VDdef-fed females reached the vitamin D deficient threshold (5.1 ± 3.8 ng/mL, n=8), which is about 6.5 times lower than that of the VDsuf-fed females (33.0 ± 5.44 ng/mL, n=10) (**Supplementary Fig. 1A**). After delivery, all female mice were fed VDsuf. While the number of offspring per dam was smaller in VDdef-fed females (mean = 3.82, standard deviation (sd) = 2.8, n=16) than in VDsuf-fed females (mean=4.7, sd=1.7, n=10), the difference was not significant (p=0.32). We did not observe any obvious adverse effects of VDdef diet feeding on these female mice prior to or during their pregnancy. All offspring were fed VDsuf after weaning and maintained the diet until the sampling. The growth of VDdef-fed female offspring (VDD) and VDsuf-fed female offspring (VDS) based on their body weight were comparable for all of the time points we measured: postnatal day 1 (PD1) (n=9 VDS and n=11 VDD), 5, 9, and 13 weeks of age (n=40 VDD and n=27 VDS) (**Supplementary Fig. 1B and 1C**). While VDD males were slightly smaller than VDS males, as Seipelt et al. reported⁴⁹, the difference was not statistically significant at all time points. This discrepancy could be attributed to the differences in diet used or calcium

supplementation to VDdef-fed mothers. The serum vitamin D concentrations of VDD were lower than the detection limit (0.6 ng/ml, n=3 per group) at PD1 (**Supplementary Fig. 1A**). While the serum vitamin D concentration of VDD was still significantly lower than that of VDS (n=5 per group) at five weeks of age, their status was not deficient anymore (**Supplementary Fig. 1A**). We collected tissues and weighted liver, lung, kidney, thymus, spleen, and heart from the VDD and VDS at 16 weeks of age (16 wks) (n=4-6 for each group). The average body weight adjusted tissue weights were not significantly different between the groups, except the heart was heavier in male VDD compared to male VDS (p=0.041) (**Supplementary Fig. 1D**). We also assessed the bone and tissue mineral density of the humerus of the left arm of the offspring using an X-ray CT system at 16 wks (n=5-6 males for each group). Bone volume, bone mineral content, bone mineral density, tissue mineral content, tissue mineral density, and bone volume fraction were assessed, and no significant alterations were observed (**Supplementary Fig. 1E**).

Prenatal vitamin D deficiency decreases CD4+ and CD8+ T cell proportions of the offspring in peripheral blood and spleen

We collected peripheral blood from VDD and VDS and compared the immune cell profiles at 16 wks (n=11 per group). We observed a significant reduction of CD4+ T cells (28.2% decrease at p=0.0018) and CD8+ T cells (14.7% decrease at p=0.037) in VDD males compared to VDS males (**Fig. 2a**). This reduction was not observed in females (**Supplementary Fig. 2**). We also compared the immune cell profiles of spleen (n=6 per group) and observed the significant reduction of CD4+ T cells (18.4% decrease at p=0.0035) and CD8+ T (11.1% decrease at p=0.026) cells in VDD (**Fig. 2b**). Representative flow cytometry traces are shown in **Supplementary Fig. 3**.

The reduced proportion of lymphocytes in the periphery reflects the cellular composition changes in the bone marrow.

During hematopoiesis, hematopoietic stem cells (HSCs) undergo differentiation into three multipotent progenitor cells (MPP2, MPP3, and MPP4) in the bone marrow in adults⁵⁰. MPP2 and MPP3 are further

differentiated primarily into the myeloid lineage, while MPP4 is into the lymphoid lineage. MPP2 is biased toward producing megakaryocytes and erythrocytes, and MPP3 towards granulocytes and macrophages⁵⁰. To test if the T cell reductions in the periphery are reflected in the alterations in bone marrow, we collected mononucleated cells from bone marrow from the offspring at 16wks (n=9-10 per group). The total number of bone marrow mononucleated cells in VDD was significantly decreased compared to VDS (3,354,105±439,109 and 2,215,799±353,525 in VDS (n=10) and VDD (n=10), respectively, p=0.000013, **Fig. 3a**). We, then analyzed the proportions of HSCs, MPPs, and hematopoietic progenitor cells using the previously reported definitions^{50,51}; lineage negative (Lin-, CD3-/CD4-/CD8-/B220-/Ter119-/CD11b-/Gr-1-/CD127-), Lin-/Sca-1+/c-Kit+ (LSK), long-term hematopoietic stem cell (LT-HSC, LSK/Flk2-/CD150+/CD48-), short-term hematopoietic stem cell (ST-HSC, LSK/Flk2-/CD150-/CD48-), multipotent progenitor 2 (MPP2, LSK/Flk2-/CD150+/CD48+), multipotent progenitor 3 (MPP3, LSK/Flk2-/CD150-/CD48+), multipotent progenitor 4 (MPP4, LSK/Flk2+), common myeloid progenitor cells (CMP, Lin-/c-Kit+/CD34+/CD16/32-), common lymphoid progenitor cells (CLP, Lin-/c-Kit+/Flk2+/CD127+), granulocyte-monocyte progenitor cells (GMP, Lin-/c-Kit+/CD34+/CD16/32+), megakaryocyte-erythrocyte progenitor cells (MEP, Lin-/c-Kit+/CD34-/CD16/32-), and Lin-/CD127+ (early T cell progenitor). We observed a significant reduction (48.9% decrease) in the absolute number of LSK (565,312±153,178 and 289,052±91,984 in VDS and VDD, respectively, p=0.00023, **Fig. 3b**). While the p-value (p=0.078) didn't pass our significant threshold, the proportion (%) of LSK in the live bone marrow mononucleated cells was also decreased in VDD mice (0.19±0.04% and 0.16±0.05% in VDS (n=10) and VDD (n=9), respectively, **Supplementary Fig. 4a**). As the absolute number of LSK decreased in VDD, the absolute numbers of HSCs, MPPs, and progenitors were also decreased (**Fig. 3c and d**). Among the MPPs, MPP4 was the only MPP that significantly reduced in both absolute numbers (413,267± 127,529 and 190,922± 49,401 in VDS (n=10) and VDD (n=9), respectively, p=0.0027, **Fig. 3c**) and the proportion of the live bone marrow mononucleated cells (0.14±0.03% and 0.10±0.02% in VDS and VDD, respectively, p=0.0096, **Supplementary Fig. 4b**). Among the progenitor cells, the absolute numbers of

157 CMP, GMP, CLP, and Lin-/CD127+ were significantly reduced in VDD (n=9) compared to VDS (n=9) (**Fig.**
158 **3d**). Interestingly, while the proportional averages of Lin-/CD127+ (p=0.07) and CLP (p=0.19) were
159 decreased, the proportion of GMPs was increased in VDD compared to VDS (50.1% increase, p=0.001,
160 **Supplementary Fig. 4c**). Representative flow cytometry traces are shown in **Supplementary Fig. 5**.

161 162 Prenatal vitamin D deficiency alters gene expression profiles of MPP4 cells

163 We performed transcriptome analysis on bone marrow MPP4 from VDD and VDS to see the
164 transcriptional alterations at 16 weeks of age (n=3 per group). The sequencing status and quality of each
165 sample are summarized in **Supplementary Data 1**. All samples have passed primary quality checks. A
166 hierarchical clustering analysis showed a clear dissociation, suggesting genome-wide transcriptional
167 alterations in VDD (**Fig. 4a**). We identified 612 differentially expressed genes (DEGs) with at least 1.2-
168 fold change and a false discovery rate adjusted p-value (FDR-adj p-value) <0.05 (**Fig. 4b**,
169 **Supplementary Data 2**). Of those, 345 were upregulated, and 267 were downregulated. The Gene
170 Ontology (GO) enrichment analysis of upregulated genes revealed enrichment of genes related to
171 leukocyte migration and chemotaxis (**Fig. 4c left**), while downregulated genes showed enrichment in the
172 homeostasis of cell numbers and regulation of hemopoiesis (**Fig. 4d left, Supplementary Data 3**). The
173 Gene-Concept Network analysis revealed that hematopoietic transcription factors, including *Lmo2*, *Tal1*,
174 *Gata2*, and *Mpl*, were downregulated and were found to overlap in the top five enriched GO terms (**Fig.**
175 **4d right**). Transcription factor (TF) Perturbations Followed by Expression analysis
176 (<https://maayanlab.cloud/Enrichr/>) revealed that the detected DEGs were enriched in the genes perturbed
177 in LSK of the hematopoietic transcription factor knockout models in the same directions. The upregulated
178 genes were enriched in NFIX (GSE45492)⁵² and SRF (GSE23556)⁵³ knockouts upregulated genes
179 (adjusted p-value=3.92E-47 and 9.15E-29, respectively) and downregulated genes were enriched in
180 NFIX and SRF knockout downregulated genes (adjusted p-value=1.98E-36 and 4.55E-12, respectively)
181 (**Supplementary Fig. 6**). Gene Set Enrichment Analysis (GSEA) showed leukocyte differentiation
182 (GO:0002521, enrichment score = 0.385, q-value= 0.010), lymphocyte differentiation (GO:0030098,

enrichment score = 0.412, q-value= 0.026), T cell differentiation (GO:0030217, enrichment score =0.435, q-value=0.023) were enriched (**Supplementary Data 4**). This result suggests that prenatal vitamin D deficiency induces long-term transcriptional alterations in hematopoietic stem cells that persist into adulthood.

Prenatal vitamin D deficiency alters cellular compositions of the embryonic day 14.5 (e14.5) embryonic liver, suggesting immune cell proportion changes start during development.

To assess if the cell composition alteration started at the embryonic stage, we performed single-cell RNA-seq (scRNA-seq) on the e14.5 fetal liver of both VDS and VDD embryos using the 10x Genomics Chromium platform (n=3 per group). Multiplexing with cell hash antibodies was used to reduce the technical batch effect. The obtained sequences were aligned by the 10x Genomics software, CellRanger, and the matrix was demultiplexed and analyzed by Seurat, an R-package^{54–56}. After eliminating low-quality cells (<1000 genes/cell, <5000 reads/cell, and >10% mitochondrial reads/cell) and cells without cell hashing information, we have identified 21 different cell clusters in a total of 6947 cells. We identified the cell types of each cell cluster based on the marker gene expression status (**Fig. 5a, Supplementary Data 5**). We detected three HSC/MPP populations, lineage-specific progenitor cells, erythroid lineage cells, and hepatoblast cells in e14.5 liver. Concordant with the previous report⁵⁷, more than half of the cells were identified as erythroid lineage cells. The cellular composition analysis showed that one of the HSC/MPP populations (HSC/MPP 1) was significantly increased in VDD embryos, and two erythroid lineage cells (Early Erythroid 1 and Erythroid 3) were decreased (**Fig. 5b**), suggesting the cell composition changes started at least at the embryonic stage. A pseudo bulk RNA-seq analysis on the scRNAseq datasets showed that down-regulated genes were enriched in the genes regulated by hematopoietic system transcription factors (**Fig. 5c, Supplementary Data 6-8**). Among these transcription factors, *Tal1*, *Lmo2*, *Meis1*, and *Erg* were also identified as VDD downregulated genes in MPP4 at the adult stage (**Supplementary Data 2**). To test whether vitamin D alters the expression of these genes, we measured the expression of *Tal1*, *Lmo2*, and *Erg*, the known hematopoietic transcription

209 factors, by quantitative RT-PCR on an embryonic stem cell-derived hematopoietic progenitor cell line,
210 HPC-7⁵⁸, after treating 1-alpha-25-dihydroxyvitamin D₃, a ligand of VDR, or ethanol (solvent) for 24 hours
211 by quantitative RT-PCR (**Fig. 4d**). We observed a significant increase of *Lmo2* (p=0.034) and *Erg*
212 (p=0.005) expression. This result suggests that the gene expression alterations observed at e14.5 were
213 attributed to the dysregulation of hematopoietic transcription factors, such as *Lmo2* and *Erg*, regulated
214 by VDR signaling pathways.

215

216 Maternal serum vitamin D status in the second trimester is positively associated with the CD8+ T cell
217 proportion in the cord blood.

218 To test the associations between maternal vitamin D levels and immune cell proportions of offspring, we
219 assessed 75 pregnant Japanese women who were recruited as participants of The Birth Cohort Gene
220 and Environment Interaction Study of TMDU (BC-GENIST) project at the Tokyo Medical and Dental
221 University, Bunkyo, Tokyo, Japan^{59,60}. The study was approved by the Institutional Review Board of
222 Tokyo Medical and Dental University (No. G2000-181, 29 July 2014). We measured the concentration of
223 serum 25(OH)D₃ at two-time points: time point 1 (T1), intended to represent the second trimester from
224 week 10 to week 29, and time point 2 (T2), to represent the third trimester from week 33 to week 40 of
225 gestational age. The immune cell proportions were estimated from the bulk DNA methylation profiles of
226 the cord blood of the fetus using a Bioconductor package FlowSorted.CordBloodCombined.450k⁶¹⁻⁶⁴.
227 We excluded one participant who did not have T1 serum 25(OH)D₃ status from the analysis. The
228 demographic, clinical, and phenotypic information for the study participants is provided in **Table 1**. All
229 participants are healthy pregnant Japanese women without smoking or drinking during their pregnancy.
230 No participants had hypertension. The average maternal age at delivery was 34.2 (sd 4.0) years old, with
231 pre-pregnancy BMI 17.1-29.2 (average 20.73, sd 2.6). 70.3% of women took prenatal vitamin
232 supplements, and the average estimated daily dietary vitamin D intake was 5.1 (sd 4.4) µg/day^{65,66}. 34
233 offspring were males (45.9%), and the average gestational week of the delivery was 39.1 (sd 1.2). The

average concentration of serum 25(OH)D₃ was 25.2 (sd 11.8) ng/ml in the second trimester (average gestation week 19.0 (sd 4.5), T1) and 28.0 ng/ml (sd 14.4) in the third trimester (average gestation week 35.9 (sd 0.9), T2). 30 participants were vitamin D deficient (serum 25(OH)D₃ <20 ng/ml) at T1 (40.5%), and 23 were vitamin D deficient at T2 (31.8%). Of those, eight participants were vitamin D deficient at both T1 and T2. While we observed significant associations between the serum 25(OH)D₃ levels and sampling season (Summer and Winter) (p=0.047 and p<0.001, T1 and T2, respectively), no significant associations were observed in maternal age, pre-pregnancy BMI, sex of fetuses, prenatal vitamin supplements usage and dietary vitamin D intake. The results of the univariate model fitting are shown in **Supplementary Data 9**. To analyze the associations between maternal serum 25(OH)D₃ levels and immune cell profiles of the cord blood, we calculated principal components (PCs) of immune cell profiles and assessed the contributions of each covariate. Gestation weeks at delivery showed the most significant contributions to PC1 (p= 0.0063 and adjusted r²=0.087) and PC2 (p= 0.000027 and adjusted r²=0.208), followed by maternal serum 25(OH)D₃ at T1 to PC1 (p= 0.021 and adjusted r²=0.059) and being born in summer (p= 0.049 and adjusted r²=0.04) (**Fig. 6a**). We then assessed the associations of covariates to each cell type. We observed that the gestational weeks at delivery were negatively associated with the proportions of CD4 T cells (estimate -0.027 and p=0.00006) and B cells (estimate -1.12 and p=0.00002) and positively associated with proportions of granulocytes (estimate 0.028 and p=0.0014). Maternal serum 25(OH)D₃ at T1 was positively associated with proportions of CD8 T cells (estimate 0.0007 and p=0.0216) and monocytes (estimate 0.0005 and p=0.0349) and negatively associated with proportions of granulocytes (estimate -0.0024 and p=0.0365) (**Supplementary Fig. 7**). These associations were still significant after adjusting for the sex of the fetus and gestational weeks at delivery, season of T1, and the gestational week at T1 (**Fig. 6b, Supplementary Data 10**). These findings indicate that maternal vitamin D levels, especially in the second trimester, affect the immune cell proportions in the babies at birth.

DISCUSSION:

In this study, we found that prenatal vitamin D deficiency by maternal dietary intervention reduced peripheral T-cells in both the blood and spleen in adults and this reduction was linked to the decreased number of bone marrow cells and the proportional alterations of hematopoietic progenitor cells in the bone marrow. Our results demonstrate that cellular composition alterations could be the long-term memories of prenatal exposure at the adult stage.

Besides insufficient nutritional intake or photosynthesis on the skin, genetic mutations significantly contribute to vitamin D deficiency. In humans, mutations in genes of the vitamin D biosynthetic pathway are the most common cause of heritable vitamin D-dependent rickets (VDDR), which can be treated with active form vitamin D supplementation, whereas VDR mutation results in hereditary vitamin D-resistant rickets (HVDR), which could partially be ameliorated with Ca²⁺ supplementation^{67,68}. Animal models with gene knockout have been studied to understand the functions of genes and diseases associated with them. A VDR Knockout mouse model study revealed that VDR null mice are developed without any significant defects before birth; however, they developed a rickets-like phenotype after weaning, and most of the animals died within 15 weeks after birth⁴⁰, suggesting VDR is critical in the growth and bone formation in the post-weaning stage. Subsequent studies using the same VDR knockout mouse line feeding normal chow diet identified that while VDR knockout mice showed immune defects, no significant differences in the numbers or percentages of red and white cells compared to their wildtype littermates were observed^{36,37}. Interestingly, correcting hypocalcemia by feeding a lactose-rich or polyunsaturated fat-rich diet was able to restore the immune abnormalities observed in VDR knockout mice³⁷. Another research group independently developed another VDR knockout mouse line in C57BL/6 background and reported similar phenotypes, vitamin D-dependent rickets type II with alopecia after weaning⁴². Studies using this mouse line revealed that this line also developed immune abnormalities^{39,69}. Additionally, the nonobese diabetic (NOD) mouse line with a VDR knockout showed that although diabetes onset is not accelerated by VDR deletion, NOD VDR knockout mice develop rickets and have lower numbers of natural killer T-cells and CD4+CD25+ T-cells⁴¹.

284 These findings from independent knockout mouse studies indicate that VDR-depleted animals are
 285 phenotypically normal at birth but develop hypocalcemia within the first month of life and immune
 286 abnormalities. The active form 1- α -25-dihydroxyvitamin D [$1,25(\text{OH})_2\text{D}$] is synthesized from its precursor
 287 25 hydroxyvitamin D [$25(\text{OH})\text{D}$] via catalytic action of the 25(OH)D-1alpha-hydroxylase [$1\alpha(\text{OH})\text{ase}$]
 288 enzyme, encoded by Cyp27b1. Mice deficient in $1\alpha(\text{OH})\text{ase}$ developed hypocalcemia, skeletal
 289 abnormalities characteristics of rickets, female infertile, and a reduction in CD4 and CD8 peripheral T
 290 lymphocytes after weaning¹⁸. A zebrafish study showed that loss of Cyp27b1-mediated biosynthesis by
 291 gene knockdown significantly reduced *runx1* expression and hematopoietic stem and progenitor cell
 292 productions⁶⁷. In this study, we found that prenatal vitamin D deficiency-exposed offspring at the adult
 293 stage did not show significant alterations in bone morphology, suggesting that vitamin D depletion during
 294 development does not affect embryonic bone development and bone morphology later in life. On the
 295 other hand, the immune phenotype of prenatal vitamin D deficiency-exposed offspring we observed was
 296 much more severe than those of VDR knockout models and similar to the Cyp27b1 deletion models.
 297 Since we observed this phenotype in offspring at 16 weeks of age, while VDR knockout mice typically do
 298 not survive beyond 15 weeks⁴⁰, age might be another factor in developing this phenotype. However, our
 299 findings suggest that the immune phenotypes in offspring exposed to prenatal vitamin D deficiency may
 300 be caused by a lack of ligands rather than receptor malfunctions during the developmental phase.

301 A large biological difference between our study and the Cyp27b1 deletion models is the availability
 302 of $1,25(\text{OH})_2\text{D}$ after weaning. All offspring were fed VDS diets after weaning, and the serum vitamin D
 303 status of the VDD offspring became normal at five weeks of age. Therefore, the alterations we observed
 304 at 16 weeks of age were not associated with the vitamin D deficiency status at the time of measurement.
 305 However, it does indicate that prenatal vitamin D deficiency irreversibly alters bone marrow development
 306 in the offspring. This aligns with a previous study conducted on rats⁶⁹. The study found that the rats with
 307 prenatal vitamin D deficiency by maternal dietary manipulation showed significant reductions in the total
 308 number of nucleated bone marrow cells and in the colony-forming unit (CFU) content with a
 309 corresponding increase in cell cycle rate⁶⁹. The authors measured the CFU content by transplanting

nucleated bone marrow cells to AJ mice purchased from Jackson Laboratory (vitamin D-sufficient diet-fed mice) and found that while 1,25(OH)₂D₃- or 24,25(OH)₂D₃-treatment on vitamin D deficient rats in postnatal life corrected the serum calcium and phosphate, the treatments did not reverse the CFU content alterations. Their findings clearly demonstrate that prenatal and early-life vitamin D deficiency could cause irreversible effects on HSC development. However, we cannot fully rule out the possibility that alterations in hematopoietic stem cell niches might also be irreversibly altered. HSC niches in different developmental stages play critical roles in the maintenance and differentiation of HSCs (reviewed by Gao et al.⁷⁰). It would be beneficial to explore this possibility further in upcoming research.

As a transcriptional regulation mechanism, 1,25(OH)₂D binds to the VDR, which forms a heterodimer with the retinoid X receptor and regulates gene expression by binding to vitamin D responsive elements in genomic DNA. In this study, the transcription factor network analysis on e14.5 fetal liver scRNA-seq revealed that *Tal1*, *Lmo2*, *Runx1*, *Gata2*, and *Erg* downstream genes were significantly enriched in VDD downregulated genes. We confirmed that the expressions of *Erg* and *Lmo2* are regulated by VDR, as the treatment with 1-alpha-25-dihydroxyvitamin D₃ (1,25(OH)₂D₃) led to an increase in gene expression in fetal hematopoietic progenitor cells, HPC7. A mutant and chimeric embryo study reported that ERG is a direct upstream regulator of *Runx1* and *Gata2* in fetal livers⁷¹, suggesting prenatal vitamin D deficiency exposure perturbs the transcription profiles of the hematopoietic cells during development via modulating hematopoiesis transcription factors regulated by VDR. Interestingly, this transcription factor expression perturbation persists in the adult stage even though these mice were fed a VDsuf diet and their vitamin D was fully recovered. Using bulk RNA-seq analysis, we identified 612 DEGs between VDD and VDS MPP4. Downregulated DEGs were enriched in hematopoietic-related pathways, and many hematopoietic transcription factors, including *Tal1*, *Lmo2*, *Runx1*, *Gata1*, and *Erg*, were downregulated. Gene Enrichment Analysis showed that the identified DEGs were enriched in the DEGs of *Nfix* and *Srf* knockout mouse LSKs in the same direction. *Nfix* and *Srf* are hematopoietic transcription factors. *Nfix* is associated with hematopoietic stem and progenitor cells (HSPCs) survival, and *Srf* regulates hematopoietic stem cell adhesions. Although both *Nfix* and *Srf* were not identified as

DEGs, their expression levels were lower in VDD compared to VDS. It has been reported that loss of *Nfix* expression in HSPCs of murine adult bone marrow is concomitant with the reduced expression of genes associated with HSPCs survival, such as *Erg*, *Mecom*, and *Mpl*⁵². These same genes were also significantly downregulated in VDD MPP4. However, the authors reported no selective loss of B, T, or myeloid cells was observed in *Nfix*-depleted HSPCs⁵². On the other hand, Ragu *et al.* reported that while depleting *Srf*, increased % of the LSK in the bone marrow, *Srf* knockout mice showed a significant decline in white blood cell counts, which was primarily due to decreased numbers of circulating B and T cells⁵³. Our results suggest prenatal vitamin D deficiency modulates the *Nfix* and *Srf* pathways in the long term.

Our study also revealed that higher maternal vitamin D levels during the second trimester were associated with increased proportions of CD8+ T cells and decreased granulocytes in cord blood in humans. The associations were maintained after adjusting for the season of the second trimester, the gestational week at the maternal blood draw, the sex of the fetus, and the gestational week at birth. Hematopoietic development consists of primitive and definitive hematopoiesis⁷². In mice, the definitive hematopoiesis starts in the aorta-gonad mesonephros (AGM) region at approximately E10.5, then moves to the liver around E12.5 and the bone marrow around E17.5^{73,74}. After birth, the bone marrow is the only site where HSCs are maintained and expanded. In human development, the transition of the hematopoietic stem cell production site from the fetal liver to bone marrow occurs in the second trimester^{74,75} when we observed significant associations. Recently, Elgormus *et al.* reported that newborn serum vitamin D levels were negatively correlated with neutrophil-to-lymphocyte ratios (NLR) in newborn babies⁷⁶. The most common white blood cell is the granulocyte, composed of three distinct types: neutrophils, eosinophils, and basophils. Among them, neutrophil is the most abundant type. Our results and their finding concordantly indicate that the immune cell compositions, especially granulocyte (neutrophil) and lymphocyte, of the babies are influenced by vitamin D levels in early life. Of note, cord blood NLR has been proposed as an indicator for the diagnosis of early neonatal sepsis combined with other laboratory tests and clinical manifestations⁷⁷⁻⁷⁹. The associations between neonatal sepsis and

cord blood vitamin D levels have been well reported. A meta-analysis of 18 studies revealed that low maternal and cord blood vitamin D levels were significantly associated with the incidence of neonatal sepsis⁸⁰. Additionally, a study on 4,340 neonates appropriate for gestational age found a negative correlation between cord blood NLR and fetal malnutrition. This indicates that cord blood NLR could be utilized as a marker for fetal malnutrition⁸¹. Supplementing with Vitamin D during pregnancy may lower the risks of neonatal sepsis and other adverse outcomes.

In conclusion, this study demonstrates that prenatal vitamin D deficiency reduces the number and the proportion of MPP4 cells in the bone marrow, changing the expression status of the genes that may be directly and indirectly regulated by VDR, and this alteration results in reduced T cell proportions in peripheral blood and spleens of the offspring. The association between T cell proportion and maternal vitamin D status was also observed in our BC-GENIST mother-baby cohorts. We and others have reported that micronutrient deficiency changed the cellular compositions of adult mature organs and may contribute to the phenotypes using animal dietary manipulation models^{21,35,82}. These findings indicate that the cell fate decision alteration of stem cells could be the key component of the long-term memory of prenatal micronutrient deficiency, which links to disease risks later in life. Nevertheless, this study has several limitations. A study conducted in Greece on mother-infant pairs revealed that insufficient levels of vitamin D (<50 nmol/L) in pregnant mothers were linked to an increased occurrence of micronucleated cells in binucleated T-cells⁸³. Micronuclei are early indicators of genetic effects used to test the relationship between exposure to genotoxic substances and cancer. However, our study did not explore whether maternal VDD increases DNA damage risks in offspring. Sexual dimorphism is another covariate we must explore. Since female mice did not show significant alterations in immune cell proportions in adults, we only performed transcriptional analysis on male mice. Both males and females may have prenatal and neonatal immune cell proportional alterations. Furthermore, there could be transcriptional changes in certain genes in adult females, but these changes may not affect cell fate decisions. These possibilities should be further investigated in future studies.

388

389

390

391 **METHODS:**

392 Maternal vitamin D deficiency mouse model

393 We purchased five-week-old C57BL/6J female mice from the Jackson Laboratory. After one week of
394 acclimation, we started dietary manipulations at six weeks old. Female mice (F0) were fed vitamin D
395 deficient (VDdef) or sufficient (VDsuf) diets for five weeks before mating with the control diet-fed male
396 mice and throughout the subsequent pregnancy. To avoid the paternal VDdef treatment effects, the
397 males did not stay in the female cage for more than three days. VDdef (0.0 IU/g vitamin D) and nutrient-
398 matched VDsuf (1.0 IU/g vitamin D) diets were obtained from Research Diets Inc. (10 kcal%fat, 20
399 kcal%Protein and 70 kcal%Carbonate). The detailed ingredients of each diet are listed in
400 **Supplementary Data 11**. VDdef-fed females were supplemented with 1.5% calcium gluconate water for
401 drinking water. After delivery, all F0 mice were fed VDsuf diets. The offspring were fed VDsuf diet after
402 weaning and maintained the diet until the sampling. All animal studies were approved by the Institutional
403 Animal Care and Use Committee at the Albert Einstein College of Medicine (protocol # 20160710).

404

405 Serum vitamin D level of mouse serum samples

406 Serum vitamin D (25(OH)D) levels of mouse serum samples were assessed by commercially available
407 ELISA kits (Eagle Biosciences, Inc. Amherst NH, or Abcam, Cambridge, MA) according to the
408 manufacturer's instructions. The signal was detected with BioTek Synergy 4 Microplate reader (Agilent
409 Technologies), and the results were analyzed using a 4-parameter logistic regression algorithm
410 (<http://www.elisaanalysis.com/app>). The measurements were performed as duplicates.

411

412 Immune cell profiling on peripheral blood and spleen

413 Immune cell profiling analysis was performed using flow cytometry (FACS Aria2, BD Biosciences) after
414 fluorescent dye conjugate antibodies staining. The obtained data were analyzed with FlowJo_10.6.1_CL
415 (<https://www.flowjo.com/>). Peripheral blood samples were collected using submandibular vein bleeding
416 methods. The spleen was obtained after euthanizing the animals with carbon dioxide inhalation. The

spleen samples were dissociated on 70 μ m filters. The obtained single-cell suspensions were stained with antibodies of immune cell surface marker proteins to identify cell types. Representative flow cytometry traces are shown in **Supplementary Fig. 3**. The antibodies used in this study are listed in **Supplementary Data 12**.

Isolating multipotent progenitor cells from bone marrow

Bone marrow cells were collected by crushing bones (tibia, Femur, iliac, sternum, and vertebrae). The red cells were lysed with lysis buffer (150 mM NH_4Cl , 1 mM KHCO_3 , and 0.1 mM EDTA). HSC/MPP fractions were defined by the previously reported definition⁵⁰. MPP4, lymphoid-primed hematopoietic multipotent progenitor cells were isolated for gene expression analysis. Representative flow cytometry traces are shown in **Supplementary Fig. 5**.

Cell culture

Hematopoietic progenitor cell line HPC-7 was kindly gifted by Dr. Britta Will at Albert Einstein College of Medicine. HPC-7 cells were maintained at density of $1-10 \times 10^5/\text{ml}$ in Iscove's modified Dulbecco's medium (Invitrogen) supplemented with 50-100 ng/ml of mouse stem cell factor (Gemini Bio-Products), 1 mM Sodium Pyruvate, 6.9 ng/mL α -Monothioglycerol (SIGMA-Aldrich), 5% of bovine calf serum and Penicillin-Streptomycin. To examine the effect of vitamin D treatment on gene expression levels, the HPC-7 cells were treated with 0.1 μM of 1 α ,25-Dihydroxyvitamin D3 (SIGMA-Aldrich) or 0.1% (vol/vol) ethanol (solvent) for 24 hours.

RNA-seq library construction and sequencing

We performed RNA-seq on FACS isolate MPP4 cells (lymphoid primed-multipotent progenitor cells). Total RNA was isolated with AllPrep DNA/RNA micro kit (QIAGEN). After we depleted ribosomal RNAs from total RNA, we generated the RNA-seq libraries using KAPA RNA HyperPrep with RiboErase kit

(Roche). The generated libraries were sequenced on an Illumina NOVA-seq sequencer (Novogene Co., Ltd., USA).

RNA-seq alignment

After checking the quality of the sequencing files using FastQC⁸⁴ and trimming low-quality reads and adapter sequences using Cutadapt⁸⁵, the obtained sequences were aligned to the mouse mm10 reference genome with the gencode M15 gene annotation using STAR aligner⁸⁶. The quality of the library was assessed with RSeQC⁸⁷. The obtained transcript counts were analyzed with DESeq2. We identified significant differentially expressed genes (DEGs) that showed two times higher or lower expression with a false discovery rate-adjusted p-value less than 0.05. The detailed sequencing and alignment status are listed in **Supplementary Data 1**.

Enrichment analysis for Gene Ontology (GO)

We used the Gene Ontology (GO) enrichment analyses and Gene Set Enrichment Analyses (GSEA) of a Bioconductor package ClusterProfiler⁸⁸ to see the functional enrichment of DEGs. Q-values <0.05 were considered significant.

Quantitative RT-PCR

Total RNA samples were isolated with AllPrep DNA/RNA micro kit, and cDNA libraries were synthesized using SuperScript III transcriptase (Invitrogen) with random hexamer. The real-time PCR was performed with Roche LightCycler 480 SYBR GREEN I Master mix on a LightCycler 480 system (Roche). Relative gene expression abundance between samples was calculated using the CT method and *Gapdh* as an internal control. The sequences of primers used in this study are listed in **Supplementary Data 13**.

466 Single-cell RNA sequencing library preparation

467 We used e14.5 male mouse liver (n=3 per group) to study transcriptional alteration at single-cell
 468 resolution. The e14.5 mouse liver samples were dissociated on 70 µm filters, then each sample was
 469 stained with unique cell hashing antibodies (BioLegend). 3,000-4,000 cells per sample were targeted
 470 on the 10x Genomics Chromium platform. Single-cell mRNA libraries were built using the Chromium
 471 Next GEM Single Cell 3' Library Construction V3 Kit, libraries sequenced on an Illumina NOVA-seq.
 472 Sequencing data were aligned to mm10 mouse reference using the Cell Ranger 3.0.2 pipeline (10x
 473 Genomics). Counting cell hashing tag were performed using CITE-seq Count version 1.3.4⁸⁹.

474

475 scRNA-seq data processing, batch correction, clustering, cell-type labeling, and data visualization

476 All scRNA-seq analysis and data visualization were performed using an R package, Seurat⁵⁴⁻⁵⁶. After
 477 demultiplexing based on the cell hashing tag information, low-quality cells (<1000 genes/cell, <5000
 478 reads/cell, and >10% mitochondrial reads/cell) were eliminated from the further analyses. Data
 479 integration and identifying cell clusters were carried out after performing SCTransform⁵⁶. Cell types of
 480 each cell cluster were identified based on the expression of the marker genes⁹⁰. Proportions of assigned
 481 cell types were analyzed using Student's *t*-test. P-values <0.05 were considered significant. Differentially
 482 expressed genes of each cell type between VDD and VDS were identified as at least 25% of cells
 483 expressed the gene, the log fold change greater than 0.5, and the FDR adjusted p-value less than 0.05.
 484 GO enrichment analysis was performed using a Bioconductor package ClusterProfiler⁸⁸ with q-values
 485 <0.05 considered significant. The enrichment status of the transcription factors was assessed using the
 486 CHEA transcription factor targets dataset⁹¹ and TF Perturbations Followed by Expression functions
 487 provided by Enrichr (<http://amp.pharm.mssm.edu/Enrichr>)⁹².

488

489 Measurement of bone mineral density

Bone mineral density was measured humerus of the offspring at dissection. After the dissection, the left arms (n=5-6 animals for each group) were scanned using an X-ray CT system, Inveon Multimodality scanner (Siemens). The CT x-rays were generated by an 80kV peak voltage difference between the cathode and tungsten target at 0.5 mA current and 200 millisecond exposure time. The arm samples were placed on the 38mm width bed tandemly. The CT field of view was 5.5 cm by 8.5 cm with an overall resolution without magnification of 60 microns. A Scout View was performed before the start of the CT Acquisition to ensure the correct positioning of the subject in the field of view. Image analysis was performed using MicroView (<https://microview.parallax-innovations.com/>).

Serum vitamin D level of serum samples from pregnant women

Healthy pregnant women were recruited as participants in The Birth Cohort Gene and Environment Interaction Study of TMDU (BC-GENIST) project at the Tokyo Medical and Dental University, Bunkyo, Tokyo, Japan^{59,60}. Written informed consent was obtained from the participants, and the study was approved by the Institutional Review Board of Tokyo Medical and Dental University (No. G2000-181, 29 July 2014). In this study, all participants were healthy Japanese females aged 27-42 years old without smoking or drinking alcohol during their pregnancy. We used the following demographic information of the participants in this study; maternal age at delivery, prepregnant body mass index, prenatal vitamin supplements usage, sex of the fetus, gestation weeks, and estimated daily vitamin D intake. The daily vitamin D intake was estimated 3-day food record questionnaire. Maternal serum samples were collected twice, around 20 and 36 gestational weeks, and aliquoted samples were stored at -150 °C until use. Serum 25(OH)D₃ levels were measured using a modified LC-APCI-MS/MS method⁹³. As previously described, this method involves the use of deuterated 25(OH)D₃ (*d*₆-25(OH)D₃) as an internal standard compound and the selection of a precursor and product ion with an MS/MS multiple reaction monitoring (MRM) method. The internal standard *d*₆-25(OH)D₃ (0.5 ng/10 µL) was added to serum (40 µL) and precipitated with acetonitrile (200 µL). After evaporation of the supernatant, the precipitant was dissolved

with ethyl acetate (400 μ L) and distilled water (200 μ L) with vigorous shaking. The ethyl acetate phase was removed and evaporated. Extracted vitamin D metabolites from serum were derivatized by 4-[2-(6,7-dimethoxy-4-methyl-3-oxo-3,4-dihydroquinoxalyl)ethyl]-1,2,4-triazoline-3,5-dione (DMEQ-TAD) to obtain high sensitivity by increasing ionization efficiency⁹⁴. Separation was carried out using a reverse-phase C₁₈ analytical column (CAPCELL PAK C₁₈ UG120, 5 μ m; (4.6 I.D. \times 250 mm) (SHISEIDO, Tokyo, Japan) with a solvent system consisting of (A) acetonitrile, (B) distilled water (0–5 min A = 30%, 5–34 min (A) = 30 \rightarrow 70%, and 34–37 min (A) = 70 \rightarrow 100%) as the mobile phase and a flow rate of 1.0 mL/min. All MS data were collected in the positive ion mode, and quantitative analysis was carried out using MS/MS-MRM of the precursor/product ion for DMED-TAQ-25(OH)D₃ (m/z; 746.5/468.1) and DMED-TAQ-d₆-25(OH)D₃ (m/z; 752.5/468.1) with a dwell time of 200 ms (AB Sciex LLC., Framingham, MA, USA).

Estimation of immune cell profiles of human cord blood

We used a modified deconvolution approach to estimate the immune cell profiles of human cord blood from the bulk DNA methylation profiles⁹⁵. Bulk DNA methylation profiles of cord blood were accessed using Infinium HumanMethylation450 BeadChip, and the estimation was performed using a Bioconductor package FlowSorted.CordBloodCombined.450k⁶¹.

Statistical analysis

Mouse phenotype results were analyzed using Student's *t*-test. The associations between maternal serum vitamin D levels and immune cell profiles in human cord blood were tested using one-way ANOVA. P-values <0.05 were considered significant. Differences in gene expression between VDD-F1 and VDS-F1 in RNA-seq were analyzed using DESeq2 with FDR-adjusted p-value <0.05. R v4.0 (<https://www.r-project.org/>) was used for most of the analyses.

539 **Table 1: Demographic information of BC-GENIST cohort**

Total N (%)			74 (100.0)
	Maternal age (yr)	Mean (SD)	34.2 (4.0)
	Pre-pregnancy BMI	Mean (SD)	20.7 (2.6)
	Prenatal vitamin usage, N (%)	Yes	52 (70.3)
	Fetal sex, N (%)	Female	40 (54.1)
	Gestational age at delivery (weeks)	Mean (SD)	39.1 (1.2)
	Gestational age at T1	Mean (SD)	19.0 (4.5)
	Serum vitamin D concentration (ng/ml) at T1	Mean (SD)	25.2 (11.8)
	Gestational age at T2	Mean (SD)	35.9 (0.9)
	Serum vitamin D concentration (ng/ml) at T2	Mean (SD)	28.0 (14.4)
	Estimated dietary vitamin D intake per day	Mean (SD)	5.1 (4.4)
	Maternal serum vitamin D deficiency levels, N(%) †	Deficient	8 (10.8)
		Insufficient	20 (27.0)
		Sufficient	46 (62.2)
Estimated immune proportions from cord blood DNA methylation profiles			
	CD8 T cell	Mean (SD)	5.23(3.35)
	CD4 T cell	Mean (SD)	19.25(7.15)
	NK cell	Mean (SD)	0.71(1.24)
	B cell	Mean (SD)	6.67(2.84)
	Monocyte	Mean (SD)	3.15(2.27)
	Granulocyte	Mean (SD)	61.46(9.2)
	Nucleated red blood cell (nRBC)	Mean (SD)	4.09(3.26)

540
541
542 †: Deficient, both T1 and T2 serum vitamin D concentrations were less than 20 ng/ml; insufficient, one
543 of the measurements was less than 20 ng/ml and the other was less than 30 ng/ml
544
545

546 **FIGURE LEGENDS:**

547 **Fig.1: Study design**

548 Six-week-old female C57BL/6J mice were randomly assigned to the VDsuf or VDdef diet and fed the
549 assigned diet for five weeks before mating with a control diet-fed male. 1.5% calcium gluconate water
550 was supplemented to VDdef diet-fed group. After delivery, all F0 mice were fed VDsuf diets. The offspring
551 were fed VDsuf diet after weaning and maintained the diet until the sampling.

552

553 **Fig.2: Prenatal vitamin D deficiency reduces CD4+ and CD8+ T cells in the periphery at the adult** 554 **stage.**

555 T cell proportions in the peripheral blood (**a**) and spleen (**b**) were significantly decreased in VDD offspring.
556 Each dot on the plot represents a sample (blood, n=11 per group; spleen, n=6 per group). The box shows
557 the range between the first and third quartiles. The upper and lower whiskers represent 1.5 times the
558 interquartile range, while the black bars indicate the median. The values shown in the plot are p-values
559 calculated using Student's t-test.

560

561 **Fig.3: Prenatal vitamin D deficiency decreased the number of bone marrow cells and LSKs and** 562 **concomitantly reduced lymphoid lineage cells at the adult stage.**

563 Prenatal vitamin D deficiency reduced the total number of bone marrow cells (n=9 for VDD and n=10 for
564 VDS) (**a**) and the number of LSKs in bone marrow (n=9 per group) (**b**). The differences in total HSC,
565 long-term and short-term HSC, and three MPPs in the bone marrow (n=9 for VDD and n=10 for VDS) (**c**)
566 and hematopoietic progenitor cells in the bone marrow (n=9 per group) of VDD and VDS mice are
567 displayed in the box plots (**d**). A significant decrease in MPP4, CLP, and Lin-/CD127+ cells was observed
568 in VDD mice, indicating that prenatal vitamin D deficiency disproportionately affects the production of
569 hematopoietic lineages. Each dot on the plot represents a sample. The box shows the range between
570 the first and third quartiles. The upper and lower whiskers represent 1.5 times the interquartile range,

571 while the black bars indicate the median. The values shown in the plot are p-values calculated using
572 Student's t-test.

573

574 **Fig.4: Bulk RNA-seq analyses reveal the transcriptional alterations in MPP4.**

575 Bulk RNA-seq analysis identified significant differences in the transcriptional profiles of MPP4 between
576 VDD and VDS (n=3 per group). (a) The heatmap and dendrogram show a distinct clustering between
577 VDD and VDS. (b) The volcano plot displays the $-\log_{10}$ adjusted p-values and \log_2 fold-change
578 differences of the identified DEGs. Each dot represents a gene, and significant DEGs are indicated by
579 red dots. (c) The GO enrichment analysis reveals that the up-regulated DEGs between VDD and VDS
580 MPP4 are enriched in Leukocyte migration and chemotaxis-related genes. The dot plot shows the
581 significance and the gene ratios of the top eight GO terms (left), and the Cnet plot indicates the identified
582 DEGs of the top five GO terms (right). (d) The GO enrichment analysis reveals that the down-regulated
583 DEGs between VDD and VDS MPP4 are enriched in the regulation of hematopoiesis-related genes. The
584 dot plot shows the significance and the gene ratios of the top eight GO terms (left), and the Cnet plot
585 indicates the identified DEGs of the top five GO terms (right).

586

587 **Fig. 5: Prenatal vitamin D deficiency alters cellular compositions of the embryonic liver,**
588 **suggesting immune cell proportion changes start during development.**

589 (a) UMAP representation of single-cell RNA-seq gene expression data and cellular lineage identification
590 of E14.5 fetal liver (n=3 per group). (b) The boxplots indicate prenatal vitamin D deficiency alters cellular
591 compositions of E14.5 fetal liver. (c) Genes downregulated in VDD E14.5 fetal liver are enriched in the
592 genes regulated by hematopoietic transcription factors. (d) Treating HPC7 cells with 1- α -25-
593 dihydroxyvitamin D₃ significantly increases gene expression levels of *Erg* and *Lmo2*, suggesting these
594 genes are regulated by VDR (n=3 per treatment group).

595

Fig. 6: Maternal serum vitamin D status in the second trimester is positively associated with the CD8+ T cell proportion in the cord blood.

(a) The heatmap shows that the gestational week at the delivery has the strongest associations with immune cell composition variations assessed by the principal component (PC), followed by maternal serum vitamin D (2nd trimester) and being born in the summer season. (b) After adjusting for the sex of the fetus, gestational age, the season of T1, and the gestational week at T1, maternal serum vitamin D (2nd trimester) maintains significant associations with immune cell composition, specifically positive association with proportions of CD8+ T cell and monocytes, and negative association with granulocytes. Asterisks indicate the significance (** $p < 0.01$ and * $p < 0.05$, Student's t-test). The left panel shows $-\log_{10}(p\text{-value})$, and the right panel shows the direction of the associations.

DESCRIPTION OF SUPPLEMENTARY INFORMATION:

Supplementary Fig. 1: The effects of vitamin D deficient diet feeding on the mothers and the impacts of prenatal VDD on the growth and bone density of offspring at the adult stage.

Supplementary Fig. 2: Prenatal VDD effects on female offspring at the adult stage.

Supplementary Fig. 3: Gating and analytical strategies to assess the immune cell profiles in peripheral blood and spleen.

Supplementary Fig. 4: Prenatal vitamin D deficiency alters hematopoietic cell cellular compositions of bone marrow at the adult stage.

Supplementary Fig. 5: Gating and analytical strategies to assess hematopoietic stem cells, multipotent progenitor cells, and progenitor cells from bone marrow.

Supplementary Fig. 6: Differentially expressed genes (DEGs) in VDD MPP4 are enriched in DEGs of hematopoietic transcription factor knockout models.

Supplementary Fig. 7: The heatmaps indicate the association between known covariates and immune cell proportions.

622 DESCRIPTION OF ADDITIONAL SUPPLEMENTARY INFORMATION

623 **Supplementary Data 1:** RNA-seq sequencing stats (VDD and VDS MPP4)

624 **Supplementary Data 2:** A list of differentially expressed genes between VDD MPP4 and VDS MPP4

625 **Supplementary Data 3:** The results of GO enrichment analysis on MPP4 GEGs

626 **Supplementary Data 4:** The results of Gene Set Enrichment Analysis on MPP4 DEGs

627 **Supplementary Data 5:** A list of the marker genes of each cell cluster found in E14.5 fetal liver scRNAseq
628 analysis

629 **Supplementary Data 6:** A list of DEGs of each cell cluster found in E14.5 fetal liver scRNAseq analysis

630 **Supplementary Data 7:** A list of DEGs in pseudo bulk RNA-seq analysis of E14.5 fetal liver scRNAseq

631 **Supplementary Data 8:** The results of Enrichr analysis on differentially expressed genes identified in
632 pseudo bulk RNA-seq analysis of E14.5 fetal liver scRNAseq

633 **Supplementary Data 9:** Summary of the associations of known covariates to the maternal serum vitamin
634 D levels

635 **Supplementary Data 10:** A list of the significance of the contribution to the proportions

636 **Supplementary Data 11:** The detailed ingredients of each diet

637 **Supplementary Data 12:** A list of antibodies used in this study

638 **Supplementary Data 13:** A list of primer sequences used in this study

639 **DATA AVAILABILITY:**

640 The authors declare that all data supporting the findings of this study are available within the article and
641 its supplementary information files, except for human cord blood analyses, which may contain sensitive
642 information. All sequencing data, RNA-seq and scRNA-seq of this study, is deposited in NCBI's Gene
643 Expression Omnibus GEO database under the accession number GSE242043, and processed data
644 and code used in this study are available upon request.

645

646 **ACKNOWLEDGMENTS:**

647 The authors thank Dr. Britta Will at Albert Einstein College of Medicine for generously providing the HPC7
648 cells. Additionally, we would like to acknowledge the MicroPET Facility, supported by The M. Donald
649 Blafox Laboratory for Molecular Imaging and NIH (1S10RR029545" MicroPET/SPECT/CT Animal
650 Imaging Device"), the Flow Cytometry Core Facility, and the Genomic Core Facility at Albert Einstein
651 College of Medicine.

652

653 **FUNDING:**

654 This work was supported by the Human Genomic Pilot Grant; Department of Genetics, Albert Einstein
655 College of Medicine (M.S.), internal Texas A&M AgriLife Research (M.S.), the National Institutes of Health
656 under award number R01HL145302 (M.S.) and R01DK136989 (M.S.), Nanken-Kyoten, Tokyo Medical
657 and Dental University, under award number 2021-kokusai 02 (M.S.), and Mishima Kaiun Memorial Fund
658 (M.S.). This work was also supported by Jane A. and Myles P. Dempsey and by NIH grant R35CA253127
659 (to U.G.S.). U.G.S. holds the Edward P. Evans Endowed Professorship in Myelodysplastic Syndromes
660 at Albert Einstein College of Medicine. The Endowed Professorship was supported by a grant from the
661 Edward P. Evans Foundation.

662 The content is solely the responsibility of the authors and does not necessarily represent the official views
663 of the National Institutes of Health.

664

665 **AUTHOR INFORMATION:**

666 **Authors and Affiliations**

667 These authors contributed equally: Koki Ueda, Shu Shien Chin, Noriko Sato

668 **Department of Cell Biology, Albert Einstein College of Medicine, Bronx, NY, USA**

669 Koki Ueda, Ulrich G. Steidl

670 **Department of Blood Transfusion and Transplantation Immunology, Fukushima Medical**

671 **University, Fukushima, Fukushima, Japan**

672 Koki Ueda

673 **Department of Food and Nutrition, Faculty of Human Sciences and Design, Japan Women's**

674 **University, Bunkyo-ku, Tokyo, Japan**

675 Noriko Sato

676 **Department of Microbiology & Immunology, Albert Einstein College of Medicine, Bronx, NY, USA**

677 Shu Shien Chin, Laurent Chorro, Gregoire Lauvau

678 **Graduate School of Medical and Dental Sciences, Medical and Dental Sciences, Systemic Organ**

679 **Regulation, Comprehensive Reproductive Medicine Tokyo Medical and Dental University,**

680 **Bunkyo-ku, Tokyo**

681 Naoyuki Miyasaka

682 **Department of Genetics, Albert Einstein College of Medicine, Bronx, NY, USA**

683 Betelehem Solomon Bera, David Reynolds, Reanna Doña-Termine, John M. Greally, Masako Suzuki

684 **Department of Biotechnology, Faculty of Engineering, Toyama Prefectural University, Toyama,**

685 **Japan**

686 Miyu Nishikawa

687 **Department of Pharmaceutical Engineering, Faculty of Engineering, Toyama Prefectural**

688 **University, Toyama, Japan**

689 Kaori Yasuda

690 **Department of Radiology, Albert Einstein College of Medicine, Bronx, NY, USA**

691 Wade R Koba

692 **Ruth L. and David S. Gottesman Institute for Stem Cell Research and Regenerative Medicine,**
693 **Albert Einstein College of Medicine, Bronx, NY 10461, USA**

694 Ulrich G. Steidl

695 **Department of Oncology, Albert Einstein College of Medicine – Montefiore Medical Center,**
696 **Bronx, NY 10461, USA**

697 Ulrich G. Steidl

698 **Department of Pediatrics, Albert Einstein College of Medicine – Montefiore Medical Center,**
699 **Bronx, NY 10461, USA**

700 John M. Greally

701 **Montefiore-Einstein Cancer Center, Albert Einstein College of Medicine – Montefiore Medical**
702 **Center, Bronx, NY 10461, USA**

703 Ulrich G. Steidl

704 **Department of Nutrition, Texas A&M University, College Station, TX, USA**

705 Masako Suzuki

706

707 **Contributions**

708 Conceptualization and methodology, G.L., U.G.S, J.M.G., and M.S.; investigation, K.U., N.S.,
709 S.S.C., M.N., K.Y., B.S.B., L.C., R.D.T., W.R.K., D.R., and M.S.; formal analysis and software,
710 K.U., N.S., S.S.C., M.N., K.Y., and M.S.; resources, N.M. and N.S.; writing—original draft,
711 M.S.; writing—review and editing, all authors. Supervision, G.L., U.G.S, J.M.G., and M.S.

712

713 **Corresponding authors**

714 Correspondence to Masako Suzuki.

715

716 **ETHICS DECLARATIONS:**

717 **Competing interests**

718 The authors declare no competing interests.

719

720

721 REFERENCE

- 722 1. Mostafa, W.Z., and Hegazy, R.A. (2015). Vitamin D and the skin: Focus on a complex
723 relationship: A review. *J. Advanc. Res.* 6, 793–804. 10.1016/j.jare.2014.01.011.
- 724 2. Bodnar, L.M., Catov, J.M., Simhan, H.N., Holick, M.F., Powers, R.W., and Roberts, J.M. (2007).
725 Maternal vitamin D deficiency increases the risk of preeclampsia. *J. Clin. Endocrinol. Metab.* 92,
726 3517–3522. 10.1210/jc.2007-0718.
- 727 3. van der Pligt, P., Willcox, J., Szymlek-Gay, E.A., Murray, E., Worsley, A., and Daly, R.M. (2018).
728 Associations of Maternal Vitamin D Deficiency with Pregnancy and Neonatal Complications in
729 Developing Countries: A Systematic Review. *Nutrients* 10. 10.3390/nu10050640.
- 730 4. Zosky, G.R., Hart, P.H., Whitehouse, A.J.O., Kusel, M.M., Ang, W., Foong, R.E., Chen, L., Holt,
731 P.G., Sly, P.D., and Hall, G.L. (2014). Vitamin D deficiency at 16 to 20 weeks' gestation is
732 associated with impaired lung function and asthma at 6 years of age. *Ann. Am. Thorac. Soc.* 11,
733 571–577. 10.1513/AnnalsATS.201312-423OC.
- 734 5. Weinert, L.S., and Silveiro, S.P. (2015). Maternal-fetal impact of vitamin D deficiency: a critical
735 review. *Matern. Child Health J.* 19, 94–101. 10.1007/s10995-014-1499-7.
- 736 6. Hart, P.H., Lucas, R.M., Walsh, J.P., Zosky, G.R., Whitehouse, A.J.O., Zhu, K., Allen, K.L.,
737 Kusel, M.M., Anderson, D., and Mountain, J.A. (2015). Vitamin D in fetal development: findings
738 from a birth cohort study. *Pediatrics* 135, e167-73. 10.1542/peds.2014-1860.
- 739 7. Gilani, S., and Janssen, P. (2019). Maternal Vitamin D Levels During Pregnancy and Their
740 Effects on Maternal-Fetal Outcomes: A Systematic Review. *J. Obstet. Gynaecol. Can.*
741 10.1016/j.jogc.2019.09.013.
- 742 8. Cashman, K.D. (2018). Vitamin D Requirements for the Future-Lessons Learned and Charting a
743 Path Forward. *Nutrients* 10. 10.3390/nu10050533.
- 744 9. Roth, D.E., Morris, S.K., Zlotkin, S., Gernand, A.D., Ahmed, T., Shanta, S.S., Papp, E., Korsiak,
745 J., Shi, J., Islam, M.M., et al. (2018). Vitamin D supplementation in pregnancy and lactation and
746 infant growth. *N. Engl. J. Med.* 379, 535–546. 10.1056/NEJMoa1800927.
- 747 10. Cashman, K.D. (2020). Vitamin D deficiency: defining, prevalence, causes, and strategies of
748 addressing. *Calcif. Tissue Int.* 106, 14–29. 10.1007/s00223-019-00559-4.
- 749 11. Aspelund, T., Gröbler, M.R., Smith, A.V., Gudmundsson, E.F., Keppel, M., Cotch, M.F., Harris,
750 T.B., Jorde, R., Grimnes, G., Joakimsen, R., et al. (2019). Effect of Genetically Low 25-
751 Hydroxyvitamin D on Mortality Risk: Mendelian Randomization Analysis in 3 Large European
752 Cohorts. *Nutrients* 11. 10.3390/nu11010074.
- 753 12. Forrest, K.Y.Z., and Stuhldreher, W.L. (2011). Prevalence and correlates of vitamin D deficiency
754 in US adults. *Nutr. Res.* 31, 48–54. 10.1016/j.nutres.2010.12.001.
- 755 13. Liu, X., Baylin, A., and Levy, P.D. (2018). Vitamin D deficiency and insufficiency among US
756 adults: prevalence, predictors and clinical implications. *Br. J. Nutr.* 119, 928–936.
757 10.1017/S0007114518000491.

- 758 14. Lips, P. (2010). Worldwide status of vitamin D nutrition. *J. Steroid Biochem. Mol. Biol.* 121, 297–
759 300. 10.1016/j.jsbmb.2010.02.021.
- 760 15. Holick, M.F. (2006). Resurrection of vitamin D deficiency and rickets. *J. Clin. Invest.* 116, 2062–
761 2072. 10.1172/JCI29449.
- 762 16. Pike, J.W., Meyer, M.B., Lee, S.-M., Onal, M., and Benkusky, N.A. (2017). The vitamin D
763 receptor: contemporary genomic approaches reveal new basic and translational insights. *J. Clin.*
764 *Invest.* 127, 1146–1154. 10.1172/JCI88887.
- 765 17. Yetgin, S., and Ozsoylu, S. (1982). Myeloid metaplasia in vitamin D deficiency rickets. *Scand. J.*
766 *Haematol.* 28, 180–185. 10.1111/j.1600-0609.1982.tb00512.x.
- 767 18. Panda, D.K., Miao, D., Tremblay, M.L., Sirois, J., Farookhi, R., Hendy, G.N., and Goltzman, D.
768 (2001). Targeted ablation of the 25-hydroxyvitamin D 1alpha -hydroxylase enzyme: evidence for
769 skeletal, reproductive, and immune dysfunction. *Proc Natl Acad Sci USA* 98, 7498–7503.
770 10.1073/pnas.131029498.
- 771 19. Maka, N., Makrakis, J., Parkington, H.C., Tare, M., Morley, R., and Black, M.J. (2008). Vitamin
772 D deficiency during pregnancy and lactation stimulates nephrogenesis in rat offspring. *Pediatr.*
773 *Nephrol.* 23, 55–61. 10.1007/s00467-007-0641-9.
- 774 20. Gezmish, O., and Black, M.J. (2013). Vitamin D deficiency in early life and the potential
775 programming of cardiovascular disease in adulthood. *J. Cardiovasc. Transl. Res.* 6, 588–603.
776 10.1007/s12265-013-9475-y.
- 777 21. Foong, R.E., Bosco, A., Jones, A.C., Gout, A., Gorman, S., Hart, P.H., and Zosky, G.R. (2015).
778 The effects of in utero vitamin D deficiency on airway smooth muscle mass and lung function.
779 *Am. J. Respir. Cell Mol. Biol.* 53, 664–675. 10.1165/rcmb.2014-0356OC.
- 780 22. Hawes, J.E., Tesic, D., Whitehouse, A.J., Zosky, G.R., Smith, J.T., and Wyrwoll, C.S. (2015).
781 Maternal vitamin D deficiency alters fetal brain development in the BALB/c mouse. *Behav. Brain*
782 *Res.* 286, 192–200. 10.1016/j.bbr.2015.03.008.
- 783 23. Wu, J., Zhong, Y., Shen, X., Yang, K., and Cai, W. (2018). Maternal and early-life vitamin D
784 deficiency enhances allergic reaction in an ovalbumin-sensitized BALB/c mouse model. *Food*
785 *Nutr. Res.* 62. 10.29219/fnr.v62.1401.
- 786 24. Belenchia, A.M., Johnson, S.A., Ellersieck, M.R., Rosenfeld, C.S., and Peterson, C.A. (2017). In
787 utero vitamin D deficiency predisposes offspring to long-term adverse adipose tissue effects. *J.*
788 *Endocrinol.* 234, 301–313. 10.1530/JOE-17-0015.
- 789 25. Belenchia, A.M., Jones, K.L., Will, M., Beversdorf, D.Q., Vieira-Potter, V., Rosenfeld, C.S., and
790 Peterson, C.A. (2018). Maternal vitamin D deficiency during pregnancy affects expression of
791 adipogenic-regulating genes peroxisome proliferator-activated receptor gamma (PPARγ) and
792 vitamin D receptor (VDR) in lean male mice offspring. *Eur. J. Nutr.* 57, 723–730.
793 10.1007/s00394-016-1359-x.
- 794 26. Reichetzeder, C., Chen, H., Föller, M., Slowinski, T., Li, J., Chen, Y.-P., Lang, F., and Hocher,
795 B. (2014). Maternal vitamin D deficiency and fetal programming--lessons learned from humans
796 and mice. *Kidney Blood Press. Res.* 39, 315–329. 10.1159/000355809.

- 797 27. Nicholas, C., Davis, J., Fisher, T., Segal, T., Petti, M., Sun, Y., Wolfe, A., and Neal-Perry, G.
798 (2016). Maternal vitamin D deficiency programs reproductive dysfunction in female mice
799 offspring through adverse effects on the neuroendocrine axis. *Endocrinology* 157, 1535–1545.
800 10.1210/en.2015-1638.
- 801 28. Liu, N.Q., Ouyang, Y., Bulut, Y., Lagishetty, V., Chan, S.Y., Hollis, B.W., Wagner, C., Equils, O.,
802 and Hewison, M. (2013). Dietary vitamin D restriction in pregnant female mice is associated with
803 maternal hypertension and altered placental and fetal development. *Endocrinology* 154, 2270–
804 2280. 10.1210/en.2012-2270.
- 805 29. Xue, J., Schoenrock, S.A., Valdar, W., Tarantino, L.M., and Ideraabdullah, F.Y. (2016). Maternal
806 vitamin D depletion alters DNA methylation at imprinted loci in multiple generations. *Clin.*
807 *Epigenetics* 8, 107. 10.1186/s13148-016-0276-4.
- 808 30. Fernandes de Abreu, D.A., Landel, V., Barnett, A.G., McGrath, J., Eyles, D., and Feron, F.
809 (2012). Prenatal vitamin D deficiency induces an early and more severe experimental
810 autoimmune encephalomyelitis in the second generation. *Int. J. Mol. Sci.* 13, 10911–10919.
811 10.3390/ijms130910911.
- 812 31. Maia-Ceciliano, T.C., Barreto-Vianna, A.R.C., Barbosa-da-Silva, S., Aguila, M.B., Faria, T.S.,
813 and Mandarim-de-Lacerda, C.A. (2016). Maternal vitamin D-restricted diet has consequences in
814 the formation of pancreatic islet/insulin-signaling in the adult offspring of mice. *Endocrine* 54, 60–
815 69. 10.1007/s12020-016-0973-y.
- 816 32. Nascimento, F.A.M., Ceciliano, T.C., Aguila, M.B., and Mandarim-de-Lacerda, C.A. (2012).
817 Maternal vitamin D deficiency delays glomerular maturity in F1 and F2 offspring. *PLoS ONE* 7,
818 e41740. 10.1371/journal.pone.0041740.
- 819 33. Nascimento, F.A.M., Ceciliano, T.C., Aguila, M.B., and Mandarim-de-Lacerda, C.A. (2013).
820 Transgenerational effects on the liver and pancreas resulting from maternal vitamin D restriction
821 in mice. *J. Nutr. Sci. Vitaminol.* 59, 367–374. 10.3177/jnsv.59.367.
- 822 34. Liang, Y., Yu, H., Ke, X., Eyles, D., Sun, R., Wang, Z., Huang, S., Lin, L., McGrath, J.J., Lu, J.,
823 et al. (2020). Vitamin D deficiency worsens maternal diabetes induced neurodevelopmental
824 disorder by potentiating hyperglycemia-mediated epigenetic changes. *Ann. N. Y. Acad. Sci.*
825 10.1111/nyas.14535.
- 826 35. Lundy, K., Greally, J.F., Essilfie-Bondzie, G., Olivier, J.B., Doña-Termine, R., Greally, J.M., and
827 Suzuki, M. (2022). Vitamin D deficiency during development permanently alters liver cell
828 composition and function. *Front Endocrinol (Lausanne)* 13, 860286.
829 10.3389/fendo.2022.860286.
- 830 36. O’Kelly, J., Hisatake, J., Hisatake, Y., Bishop, J., Norman, A., and Koeffler, H.P. (2002). Normal
831 myelopoiesis but abnormal T lymphocyte responses in vitamin D receptor knockout mice. *J. Clin.*
832 *Invest.* 109, 1091–1099. 10.1172/JCI12392.
- 833 37. Mathieu, C., Van Etten, E., Gysemans, C., Decallonne, B., Kato, S., Laureys, J., Depovere, J.,
834 Valckx, D., Verstuyf, A., and Bouillon, R. (2001). In vitro and in vivo analysis of the immune
835 system of vitamin D receptor knockout mice. *J. Bone Miner. Res.* 16, 2057–2065.
836 10.1359/jbmr.2001.16.11.2057.
- 837 38. Yu, S., and Cantorna, M.T. (2011). Epigenetic reduction in invariant NKT cells following in utero
838 vitamin D deficiency in mice. *J. Immunol.* 186, 1384–1390. 10.4049/jimmunol.1002545.

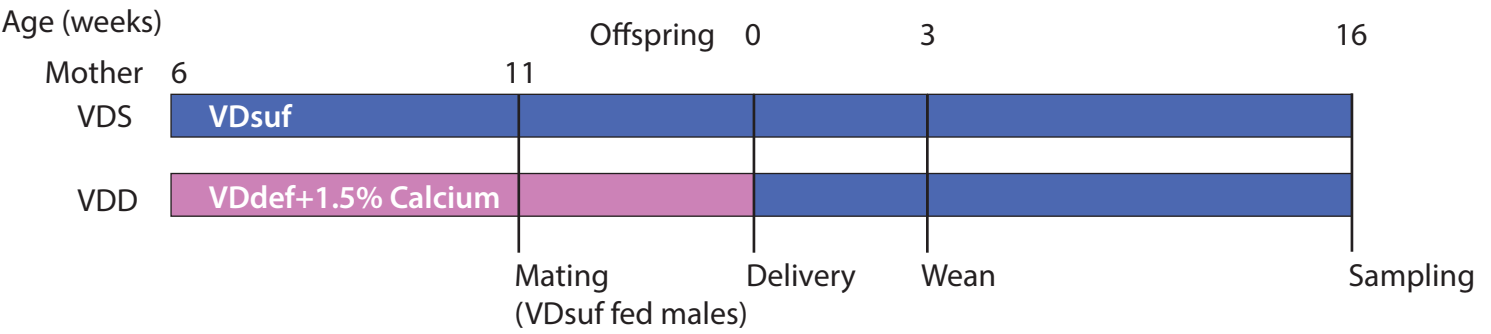
- 839 39. Yu, S., and Cantorna, M.T. (2008). The vitamin D receptor is required for iNKT cell
840 development. *Proc Natl Acad Sci USA* 105, 5207–5212. 10.1073/pnas.0711558105.
- 841 40. Yoshizawa, T., Handa, Y., Uematsu, Y., Takeda, S., Sekine, K., Yoshihara, Y., Kawakami, T.,
842 Arioka, K., Sato, H., Uchiyama, Y., et al. (1997). Mice lacking the vitamin D receptor exhibit
843 impaired bone formation, uterine hypoplasia and growth retardation after weaning. *Nat. Genet.*
844 16, 391–396. 10.1038/ng0897-391.
- 845 41. Gysemans, C., van Etten, E., Overbergh, L., Giuliatti, A., Eelen, G., Waer, M., Verstuyf, A.,
846 Bouillon, R., and Mathieu, C. (2008). Unaltered diabetes presentation in NOD mice lacking the
847 vitamin D receptor. *Diabetes* 57, 269–275. 10.2337/db07-1095.
- 848 42. Li, Y.C., Pirro, A.E., Amling, M., Dellling, G., Baron, R., Bronson, R., and Demay, M.B. (1997).
849 Targeted ablation of the vitamin D receptor: an animal model of vitamin D-dependent rickets type
850 II with alopecia. *Proc Natl Acad Sci USA* 94, 9831–9835.
- 851 43. Camargo, C.A., Rifas-Shiman, S.L., Litonjua, A.A., Rich-Edwards, J.W., Weiss, S.T., Gold, D.R.,
852 Kleinman, K., and Gillman, M.W. (2007). Maternal intake of vitamin D during pregnancy and risk
853 of recurrent wheeze in children at 3 y of age. *Am. J. Clin. Nutr.* 85, 788–795.
854 10.1093/ajcn/85.3.788.
- 855 44. Brehm, J.M., Schuemann, B., Fuhlbrigge, A.L., Hollis, B.W., Strunk, R.C., Zeiger, R.S., Weiss,
856 S.T., Litonjua, A.A., and Childhood Asthma Management Program Research Group (2010).
857 Serum vitamin D levels and severe asthma exacerbations in the Childhood Asthma Management
858 Program study. *J. Allergy Clin. Immunol.* 126, 52-8.e5. 10.1016/j.jaci.2010.03.043.
- 859 45. Mirzaei, F., Michels, K.B., Munger, K., O'Reilly, E., Chitnis, T., Forman, M.R., Giovannucci, E.,
860 Rosner, B., and Ascherio, A. (2011). Gestational vitamin D and the risk of multiple sclerosis in
861 offspring. *Ann. Neurol.* 70, 30–40. 10.1002/ana.22456.
- 862 46. Mulligan, M.L., Felton, S.K., Riek, A.E., and Bernal-Mizrachi, C. (2010). Implications of vitamin D
863 deficiency in pregnancy and lactation. *Am. J. Obstet. Gynecol.* 202, 429.e1-9.
864 10.1016/j.ajog.2009.09.002.
- 865 47. Stene, L.C., Ulriksen, J., Magnus, P., and Joner, G. (2000). Use of cod liver oil during
866 pregnancy associated with lower risk of Type I diabetes in the offspring. *Diabetologia* 43, 1093–
867 1098. 10.1007/s001250051499.
- 868 48. Vitamin D supplement in early childhood and risk for Type I (insulin-dependent) diabetes
869 mellitus. The EURODIAB Substudy 2 Study Group. (1999). *Diabetologia* 42, 51–54.
870 10.1007/s001250051112.
- 871 49. Seipelt, E.M., Tourniaire, F., Couturier, C., Astier, J., Llorid, B., Vachon, H., Pucéat, M.,
872 Mounien, L., and Landrier, J.-F. (2020). Prenatal maternal vitamin D deficiency sex-dependently
873 programs adipose tissue metabolism and energy homeostasis in offspring. *FASEB J.* 34, 14905–
874 14919. 10.1096/fj.201902924RR.
- 875 50. Pietras, E.M., Reynaud, D., Kang, Y.-A., Carlin, D., Calero-Nieto, F.J., Leavitt, A.D., Stuart, J.M.,
876 Göttgens, B., and Passegué, E. (2015). Functionally Distinct Subsets of Lineage-Biased
877 Multipotent Progenitors Control Blood Production in Normal and Regenerative Conditions. *Cell*
878 *Stem Cell* 17, 35–46. 10.1016/j.stem.2015.05.003.

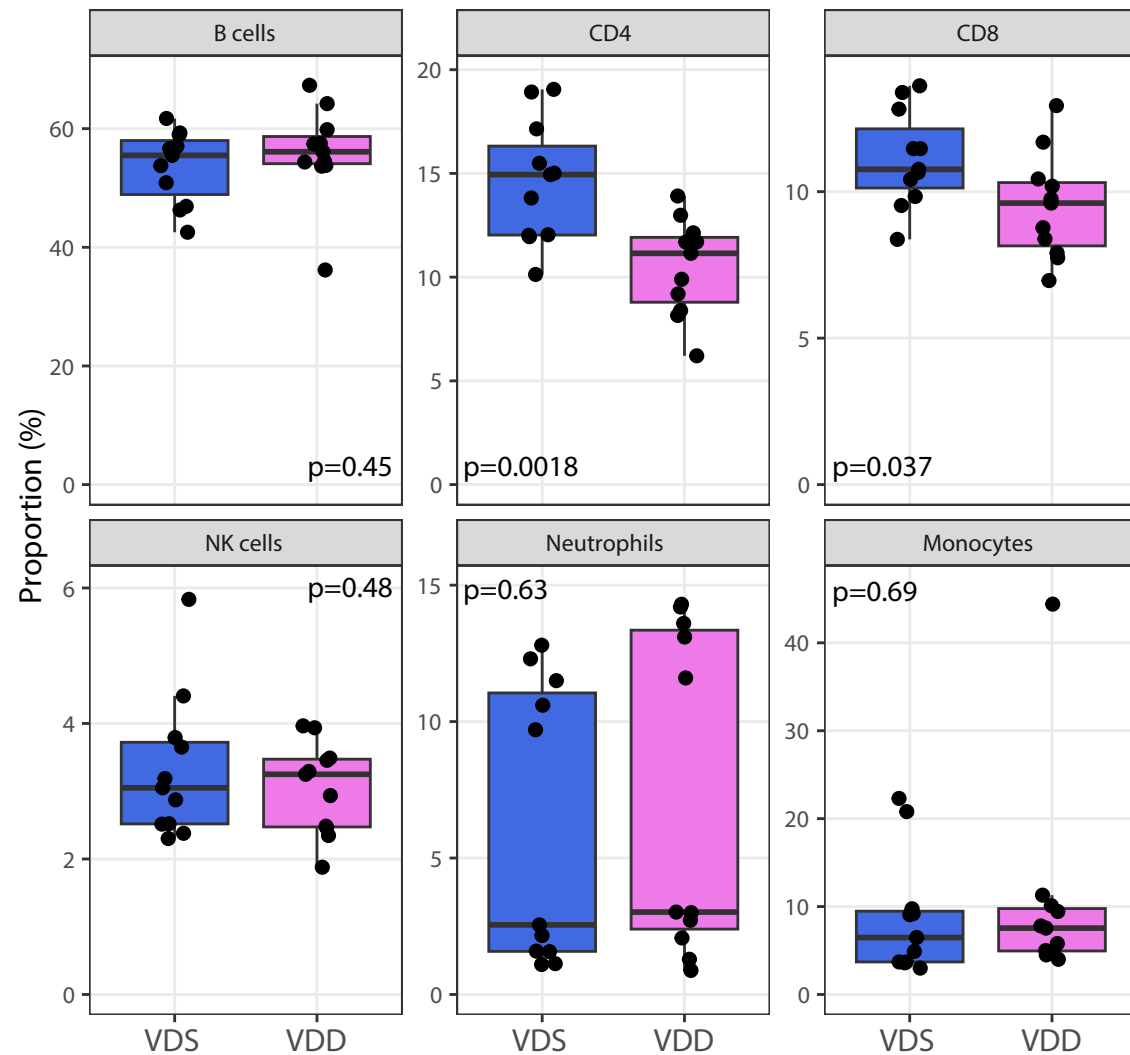
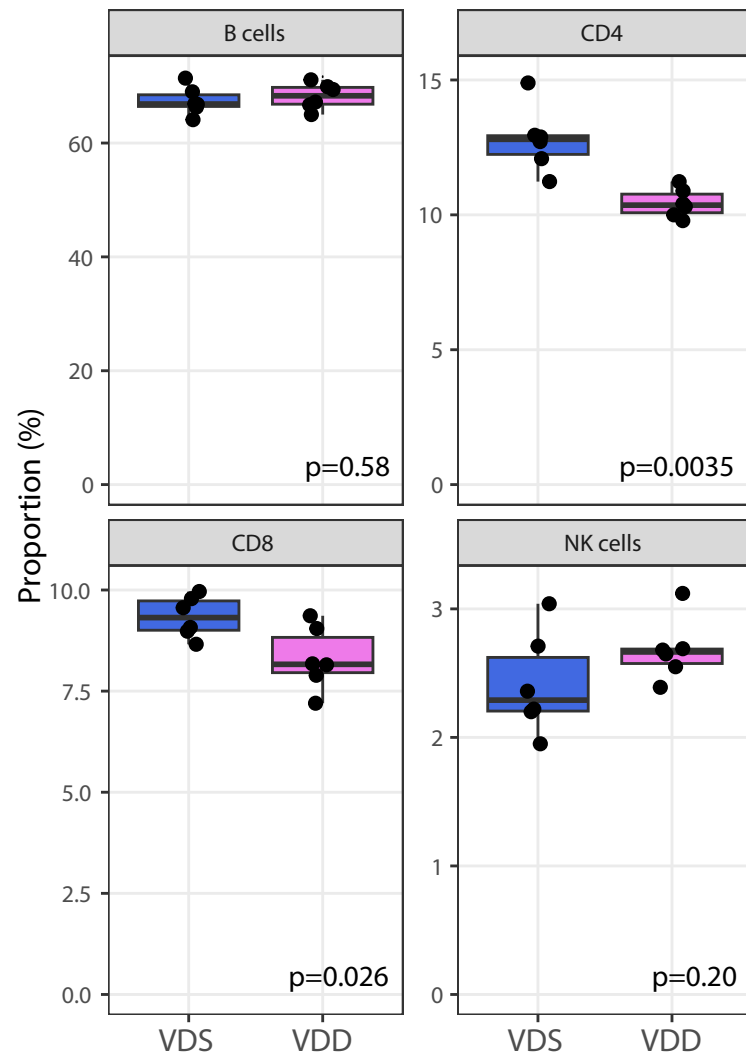
- 879 51. Challen, G.A., Boles, N., Lin, K.K.-Y., and Goodell, M.A. (2009). Mouse hematopoietic stem cell
880 identification and analysis. *Cytometry A* 75, 14–24. 10.1002/cyto.a.20674.
- 881 52. Holmfeldt, P., Pardieck, J., Saulsberry, A.C., Nandakumar, S.K., Finkelstein, D., Gray, J.T.,
882 Persons, D.A., and McKinney-Freeman, S. (2013). Nfix is a novel regulator of murine
883 hematopoietic stem and progenitor cell survival. *Blood* 122, 2987–2996. 10.1182/blood-2013-04-
884 493973.
- 885 53. Ragu, C., Elain, G., Mylonas, E., Ottolenghi, C., Cagnard, N., Daegelen, D., Passegué, E.,
886 Vainchenker, W., Bernard, O.A., and Penard-Lacronique, V. (2010). The transcription factor Srf
887 regulates hematopoietic stem cell adhesion. *Blood* 116, 4464–4473. 10.1182/blood-2009-11-
888 251587.
- 889 54. Satija, R., Farrell, J.A., Gennert, D., Schier, A.F., and Regev, A. (2015). Spatial reconstruction of
890 single-cell gene expression data. *Nat. Biotechnol.* 33, 495–502. 10.1038/nbt.3192.
- 891 55. Butler, A., Hoffman, P., Smibert, P., Papalexi, E., and Satija, R. (2018). Integrating single-cell
892 transcriptomic data across different conditions, technologies, and species. *Nat. Biotechnol.* 36,
893 411–420. 10.1038/nbt.4096.
- 894 56. Hafemeister, C., and Satija, R. (2019). Normalization and variance stabilization of single-cell
895 RNA-seq data using regularized negative binomial regression. *Genome Biol.* 20, 296.
896 10.1186/s13059-019-1874-1.
- 897 57. Wang, X., Yang, L., Wang, Y.-C., Xu, Z.-R., Feng, Y., Zhang, J., Wang, Y., and Xu, C.-R.
898 (2020). Comparative analysis of cell lineage differentiation during hepatogenesis in humans and
899 mice at the single-cell transcriptome level. *Cell Res.* 30, 1109–1126. 10.1038/s41422-020-0378-
900 6.
- 901 58. Pinto do O, P., Kolterud, A., and Carlsson, L. (1998). Expression of the LIM-homeobox gene
902 LH2 generates immortalized steel factor-dependent multipotent hematopoietic precursors.
903 *EMBO J.* 17, 5744–5756. 10.1093/emboj/17.19.5744.
- 904 59. Pavethynath, S., Imai, C., Jin, X., Hichiwa, N., Takimoto, H., Okamitsu, M., Tarui, I., Aoyama, T.,
905 Yago, S., Fudono, A., et al. (2019). Metabolic and Immunological Shifts during Mid-to-Late
906 Gestation Influence Maternal Blood Methylation of CPT1A and SREBF1. *Int. J. Mol. Sci.* 20.
907 10.3390/ijms20051066.
- 908 60. Sato, N., Fudono, A., Imai, C., Takimoto, H., Tarui, I., Aoyama, T., Yago, S., Okamitsu, M.,
909 Mizutani, S., and Miyasaka, N. (2021). Placenta mediates the effect of maternal hypertension
910 polygenic score on offspring birth weight: a study of birth cohort with fetal growth velocity data.
911 *BMC Med.* 19, 260. 10.1186/s12916-021-02131-0.
- 912 61. Lucas A., K.G., Meaghan C., Kelly M., Devin C., John K., Karl T., Robert Lyle, Brock C.,
913 Janine Felix (2019). FlowSorted.CordBloodCombined.450k. Bioconductor.
914 10.18129/b9.bioc.flowsorted.cordbloodcombined.450k.
- 915 62. Gervin, K., Salas, L.A., Bakulski, K.M., van Zelm, M.C., Koestler, D.C., Wiencke, J.K., Duijts, L.,
916 Moll, H.A., Kelsey, K.T., Kobor, M.S., et al. (2019). Systematic evaluation and validation of
917 reference and library selection methods for deconvolution of cord blood DNA methylation data.
918 *Clin. Epigenetics* 11, 125. 10.1186/s13148-019-0717-y.

63. Salas, L.A., Koestler, D.C., Butler, R.A., Hansen, H.M., Wiencke, J.K., Kelsey, K.T., and Christensen, B.C. (2018). An optimized library for reference-based deconvolution of whole-blood biospecimens assayed using the Illumina HumanMethylationEPIC BeadArray. *Genome Biol.* 19, 64. 10.1186/s13059-018-1448-7.
64. Koestler, D.C., Jones, M.J., Usset, J., Christensen, B.C., Butler, R.A., Kobor, M.S., Wiencke, J.K., and Kelsey, K.T. (2016). Improving cell mixture deconvolution by identifying optimal DNA methylation libraries (IDOL). *BMC Bioinformatics* 17, 120. 10.1186/s12859-016-0943-7.
65. Imai, C., Takimoto, H., Kurotani, K., Fudono, A., Tarui, I., Aoyama, T., Yago, S., Okamitsu, M., Miyasaka, N., and Sato, N. (2023). Diet Quality and Its Relationship with Weight Characteristics in Pregnant Japanese Women: A Single-Center Birth Cohort Study. *Nutrients* 15. 10.3390/nu15081827.
66. Imai, C., Takimoto, H., Fudono, A., Tarui, I., Aoyama, T., Yago, S., Okamitsu, M., Sasaki, S., Mizutani, S., Miyasaka, N., et al. (2021). Application of the Nutrient-Rich Food Index 9.3 and the Dietary Inflammatory Index for Assessing Maternal Dietary Quality in Japan: A Single-Center Birth Cohort Study. *Nutrients* 13. 10.3390/nu13082854.
67. Cortes, M., Chen, M.J., Stachura, D.L., Liu, S.Y., Kwan, W., Wright, F., Vo, L.T., Theodore, L.N., Esain, V., Frost, I.M., et al. (2016). Developmental vitamin D availability impacts hematopoietic stem cell production. *Cell Rep.* 17, 458–468. 10.1016/j.celrep.2016.09.012.
68. Fraser, D., Kooh, S.W., Kind, H.P., Holick, M.F., Tanaka, Y., and DeLuca, H.F. (1973). Pathogenesis of hereditary vitamin-D-dependent rickets. An inborn error of vitamin D metabolism involving defective conversion of 25-hydroxyvitamin D to 1 alpha,25-dihydroxyvitamin D. *N. Engl. J. Med.* 289, 817–822. 10.1056/NEJM197310182891601.
69. Wientroub, S., Hagan, M.P., and Reddi, A.H. (1982). Reduction of hematopoietic stem cells and adaptive increase in cell cycle rate in rickets. *Am. J. Physiol.* 243, C303-6. 10.1152/ajpcell.1982.243.5.C303.
70. Gao, X., Xu, C., Asada, N., and Frenette, P.S. (2018). The hematopoietic stem cell niche: from embryo to adult. *Development* 145. 10.1242/dev.139691.
71. Taoudi, S., Bee, T., Hilton, A., Knezevic, K., Scott, J., Willson, T.A., Collin, C., Thomas, T., Voss, A.K., Kile, B.T., et al. (2011). ERG dependence distinguishes developmental control of hematopoietic stem cell maintenance from hematopoietic specification. *Genes Dev.* 25, 251–262. 10.1101/gad.2009211.
72. Orkin, S.H., and Zon, L.I. (2008). Hematopoiesis: an evolving paradigm for stem cell biology. *Cell* 132, 631–644. 10.1016/j.cell.2008.01.025.
73. Baron, M.H., Isern, J., and Fraser, S.T. (2012). The embryonic origins of erythropoiesis in mammals. *Blood* 119, 4828–4837. 10.1182/blood-2012-01-153486.
74. Soares-da-Silva, F., Peixoto, M., Cumano, A., and Pinto-do-Ó, P. (2020). Crosstalk between the hepatic and hematopoietic systems during embryonic development. *Front. Cell Dev. Biol.* 8, 612. 10.3389/fcell.2020.00612.
75. Tavian, M., and Péault, B. (2005). Embryonic development of the human hematopoietic system. *Int. J. Dev. Biol.* 49, 243–250. 10.1387/ijdb.041957mt.

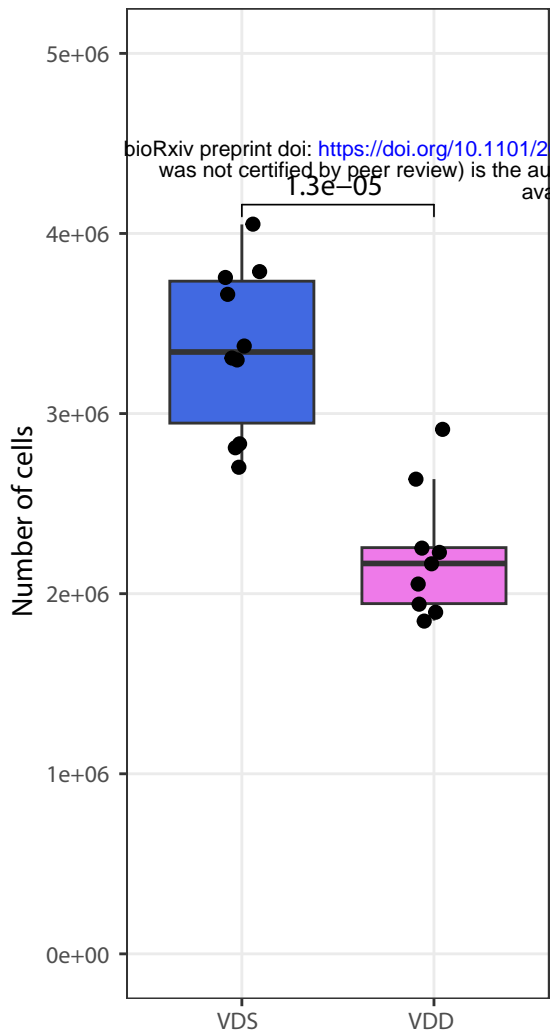
- 959 76. Elgormus, Y., Okuyan, O., and Uzun, H. (2023). The relationship between hematological indices
960 as indicators of inflammation and 25-hydroxyvitamin D3 status in newborns. *BMC Pediatr.* 23,
961 83. 10.1186/s12887-023-03903-8.
- 962 77. Xin, Y., Shao, Y., Mu, W., Li, H., Zhou, Y., and Wang, C. (2022). Accuracy of the neutrophil-to-
963 lymphocyte ratio for the diagnosis of neonatal sepsis: a systematic review and meta-analysis.
964 *BMJ Open* 12, e060391. 10.1136/bmjopen-2021-060391.
- 965 78. Sumitro, K.R., Utomo, M.T., and Widodo, A.D.W. (2021). Neutrophil-to-Lymphocyte Ratio as an
966 Alternative Marker of Neonatal Sepsis in Developing Countries. *Oman Med. J.* 36, e214.
967 10.5001/omj.2021.05.
- 968 79. Panda, S.K., Nayak, M.K., Rath, S., and Das, P. (2021). The Utility of the Neutrophil-
969 Lymphocyte Ratio as an Early Diagnostic Marker in Neonatal Sepsis. *Cureus* 13, e12891.
970 10.7759/cureus.12891.
- 971 80. Workneh Bitew, Z., Worku, T., and Alemu, A. (2021). Effects of vitamin D on neonatal sepsis: A
972 systematic review and meta-analysis. *Food Sci. Nutr.* 9, 375–388. 10.1002/fsn3.2003.
- 973 81. Can, E., and Can, C. (2019). The value of neutrophil-to-lymphocyte ratio (NLR) and platelet-to-
974 lymphocyte ratio (PLR) parameters in analysis with fetal malnutrition neonates. *J. Perinat. Med.*
975 47, 775–779. 10.1515/jpm-2019-0016.
- 976 82. Chen, F., Marquez, H., Kim, Y.-K., Qian, J., Shao, F., Fine, A., Cruikshank, W.W., Quadro, L.,
977 and Cardoso, W.V. (2014). Prenatal retinoid deficiency leads to airway hyperresponsiveness in
978 adult mice. *J. Clin. Invest.* 124, 801–811. 10.1172/JCI70291.
- 979 83. O’Callaghan-Gordo, C., Kogevinas, M., Fthenou, E., Pedersen, M., Espinosa, A., Chalkiadaki,
980 G., Daraki, V., Dermitzaki, E., Decordier, I., Georgiou, V., et al. (2017). Vitamin D insufficient
981 levels during pregnancy and micronuclei frequency in peripheral blood T lymphocytes mothers
982 and newborns (Rhea cohort, Crete). *Clin. Nutr.* 36, 1029–1035. 10.1016/j.clnu.2016.06.016.
- 983 84. Andrews/Babraham Institute, S. (2010). FastQC: A quality control tool for high throughput
984 sequence data. <https://www.bioinformatics.babraham.ac.uk/projects/fastqc/>.
- 985 85. Martin, M. (2011). Cutadapt removes adapter sequences from high-throughput sequencing
986 reads. *EMBnet j.* 17, 10. 10.14806/ej.17.1.200.
- 987 86. Dobin, A., Davis, C.A., Schlesinger, F., Drenkow, J., Zaleski, C., Jha, S., Batut, P., Chaisson,
988 M., and Gingeras, T.R. (2013). STAR: ultrafast universal RNA-seq aligner. *Bioinformatics* 29,
989 15–21. 10.1093/bioinformatics/bts635.
- 990 87. Wang, L., Wang, S., and Li, W. (2012). RSeQC: quality control of RNA-seq experiments.
991 *Bioinformatics* 28, 2184–2185. 10.1093/bioinformatics/bts356.
- 992 88. Yu, G., Wang, L.-G., Han, Y., and He, Q.-Y. (2012). clusterProfiler: an R package for comparing
993 biological themes among gene clusters. *OMICS* 16, 284–287. 10.1089/omi.2011.0118.
- 994 89. Stoeckius, M., Zheng, S., Houck-Loomis, B., Hao, S., Yeung, B.Z., Mauck, W.M., Smibert, P.,
995 and Satija, R. (2018). Cell Hashing with barcoded antibodies enables multiplexing and doublet
996 detection for single cell genomics. *Genome Biol.* 19, 224. 10.1186/s13059-018-1603-1.

- 997 90. Gao, S., Shi, Q., Zhang, Y., Liang, G., Kang, Z., Huang, B., Ma, D., Wang, L., Jiao, J., Fang, X.,
998 et al. (2022). Identification of HSC/MPP expansion units in fetal liver by single-cell
999 spatiotemporal transcriptomics. *Cell Res.* 32, 38–53. 10.1038/s41422-021-00540-7.
- 1000 91. Lachmann, A., Xu, H., Krishnan, J., Berger, S.I., Mazloom, A.R., and Ma'ayan, A. (2010). ChEA:
1001 transcription factor regulation inferred from integrating genome-wide ChIP-X experiments.
1002 *Bioinformatics* 26, 2438–2444. 10.1093/bioinformatics/btq466.
- 1003 92. Chen, E.Y., Tan, C.M., Kou, Y., Duan, Q., Wang, Z., Meirelles, G.V., Clark, N.R., and Ma'ayan,
1004 A. (2013). Enrichr: interactive and collaborative HTML5 gene list enrichment analysis tool. *BMC*
1005 *Bioinformatics* 14, 128. 10.1186/1471-2105-14-128.
- 1006 93. Nishikawa, M., Yasuda, K., Takamatsu, M., Abe, K., Nakagawa, K., Tsugawa, N., Hirota, Y.,
1007 Tanaka, K., Yamashita, S., Ikushiro, S., et al. (2019). Generation of 1,25-dihydroxyvitamin D3 in
1008 Cyp27b1 knockout mice by treatment with 25-hydroxyvitamin D3 rescued their rachitic
1009 phenotypes. *J. Steroid Biochem. Mol. Biol.* 185, 71–79. 10.1016/j.jsbmb.2018.07.012.
- 1010 94. Higashi, T., Awada, D., and Shimada, K. (2001). Simultaneous determination of 25-
1011 hydroxyvitamin D2 and 25-hydroxyvitamin D3 in human plasma by liquid chromatography-
1012 tandem mass spectrometry employing derivatization with a Cookson-type reagent. *Biol. Pharm.*
1013 *Bull.* 24, 738–743. 10.1248/bpb.24.738.
- 1014 95. Houseman, E.A., Accomando, W.P., Koestler, D.C., Christensen, B.C., Marsit, C.J., Nelson,
1015 H.H., Wiencke, J.K., and Kelsey, K.T. (2012). DNA methylation arrays as surrogate measures of
1016 cell mixture distribution. *BMC Bioinformatics* 13, 86. 10.1186/1471-2105-13-86.

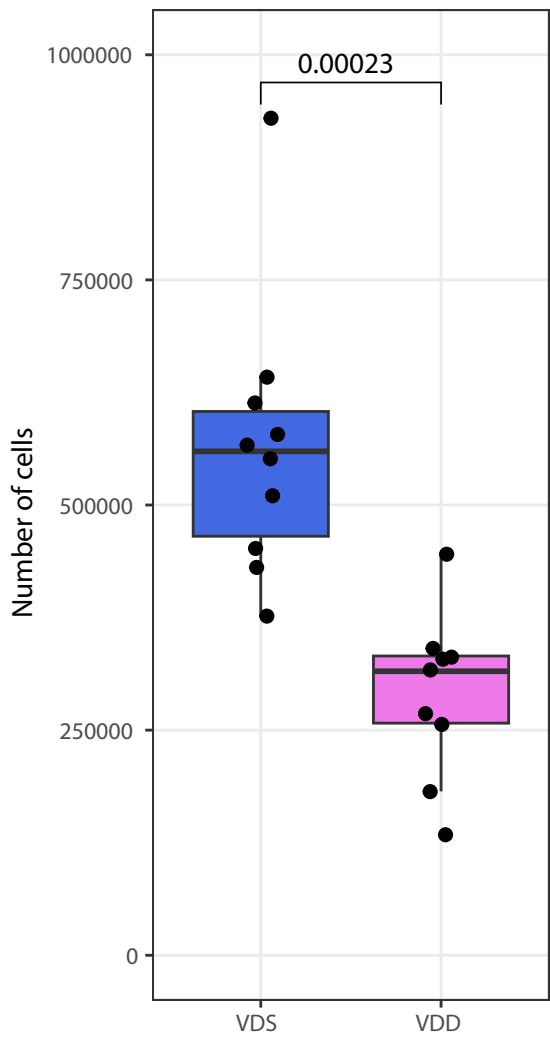


a**Peripheral blood****b****Spleen**

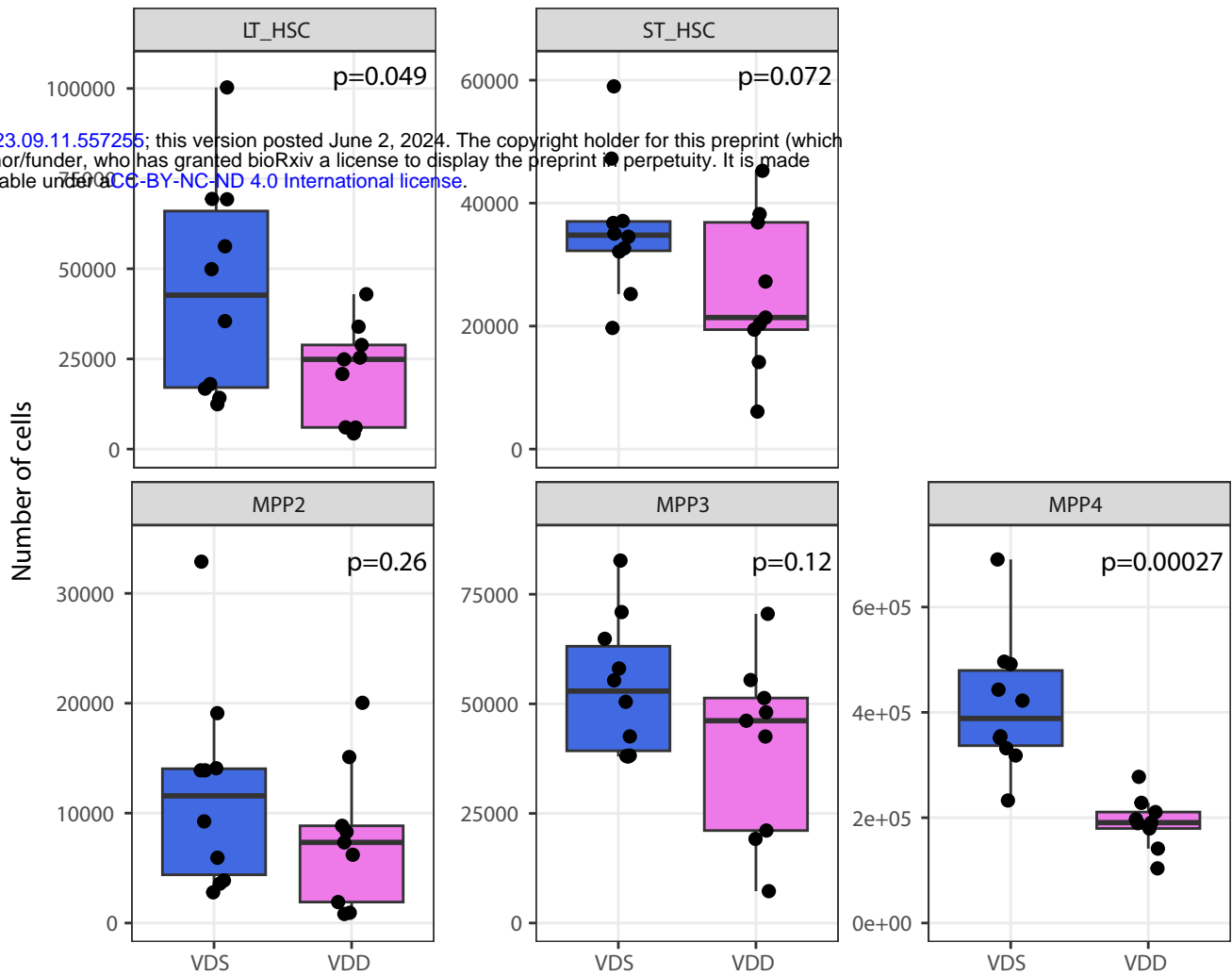
a Bone marrow cells



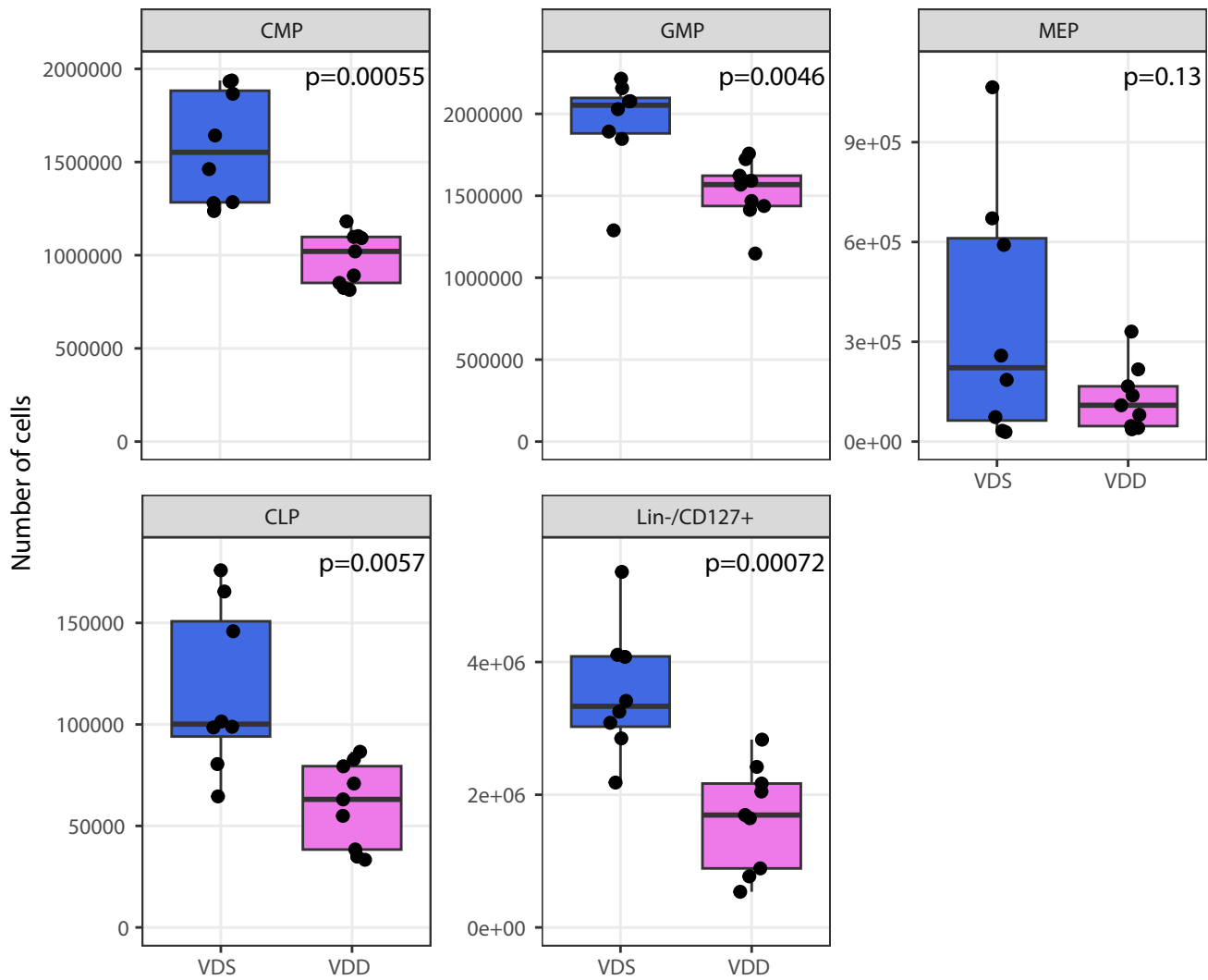
b LSK



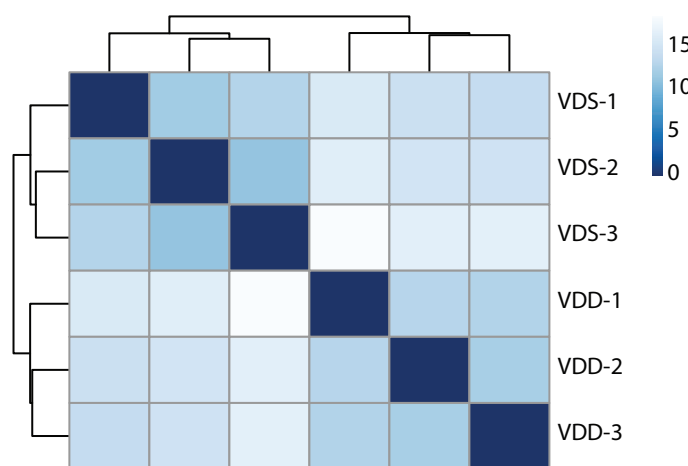
c HSC/MPPs



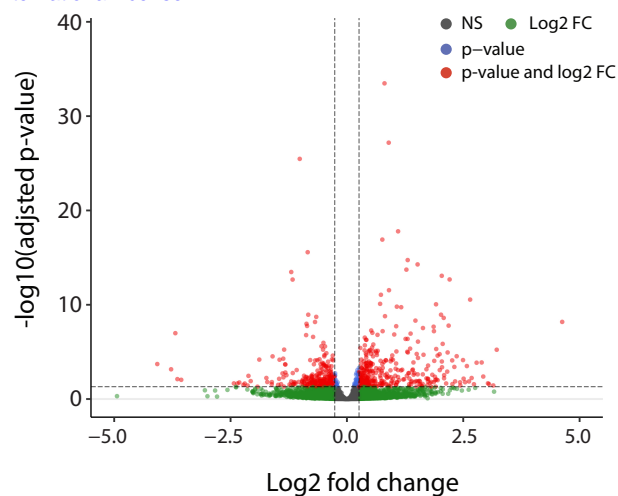
d Progenitor cells



a

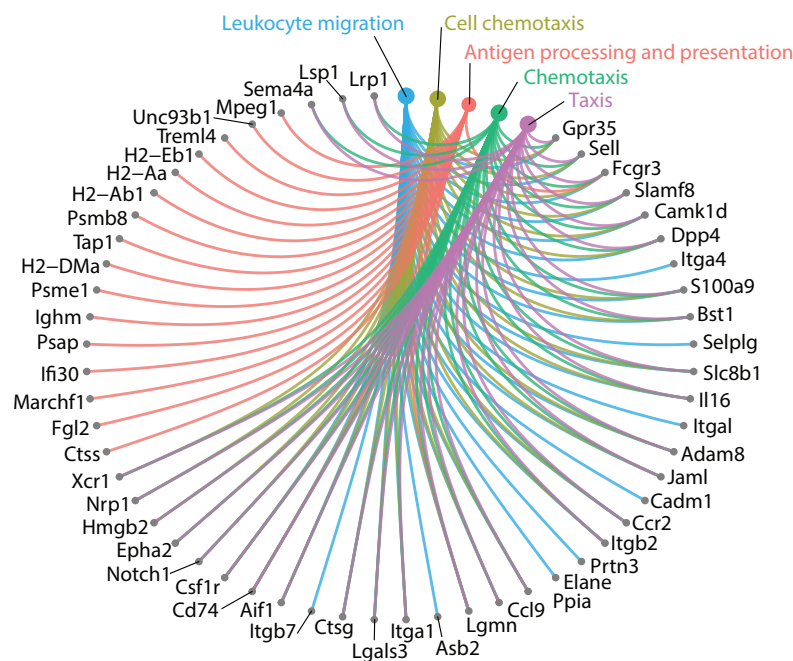
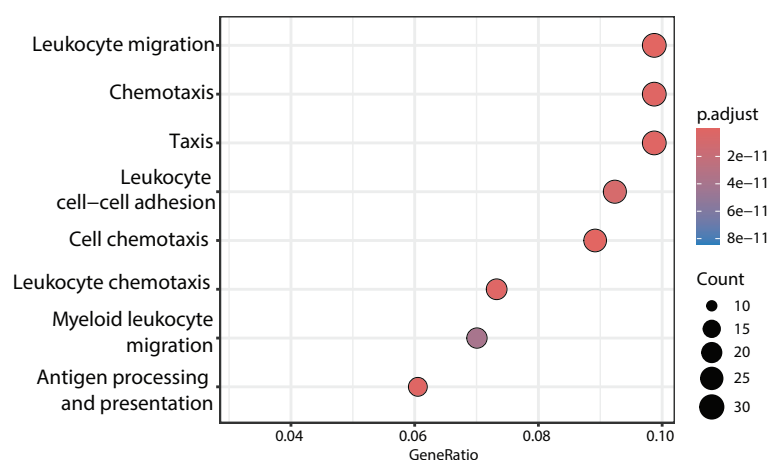


b



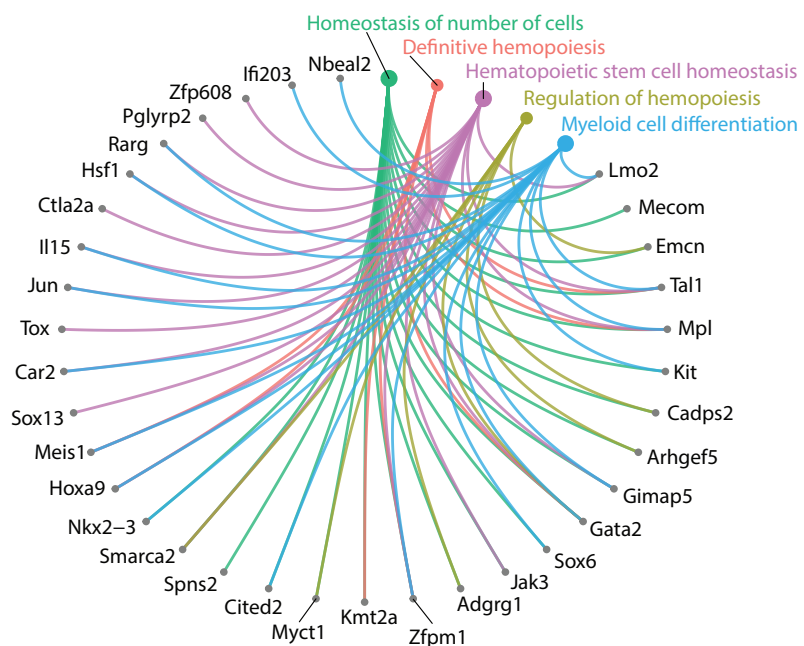
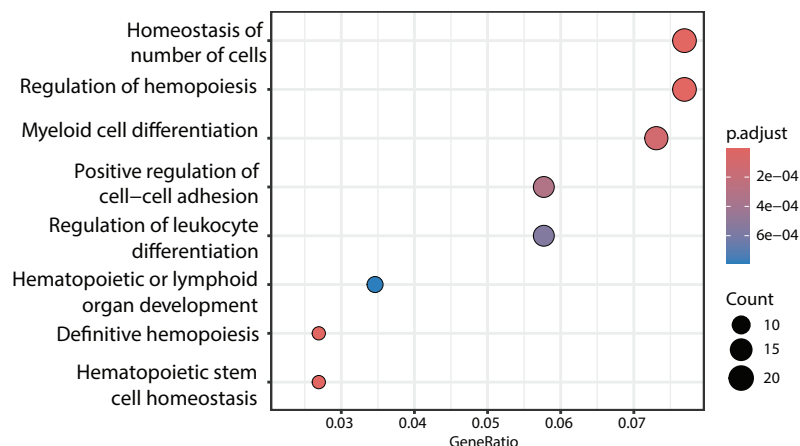
c

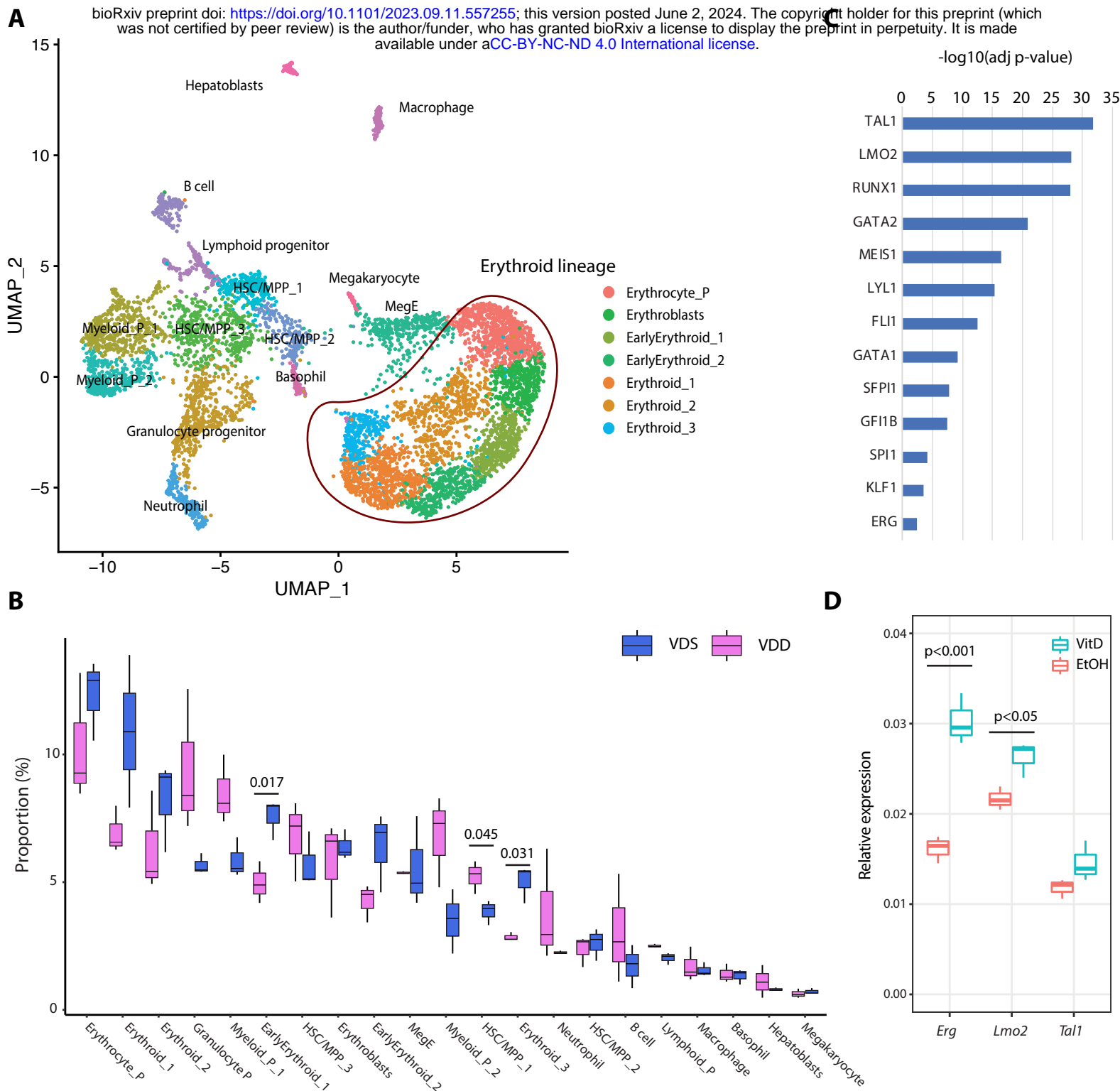
Up-regulated DEGs

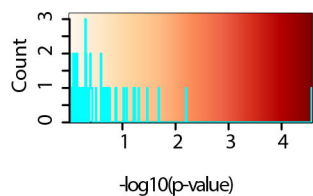


d

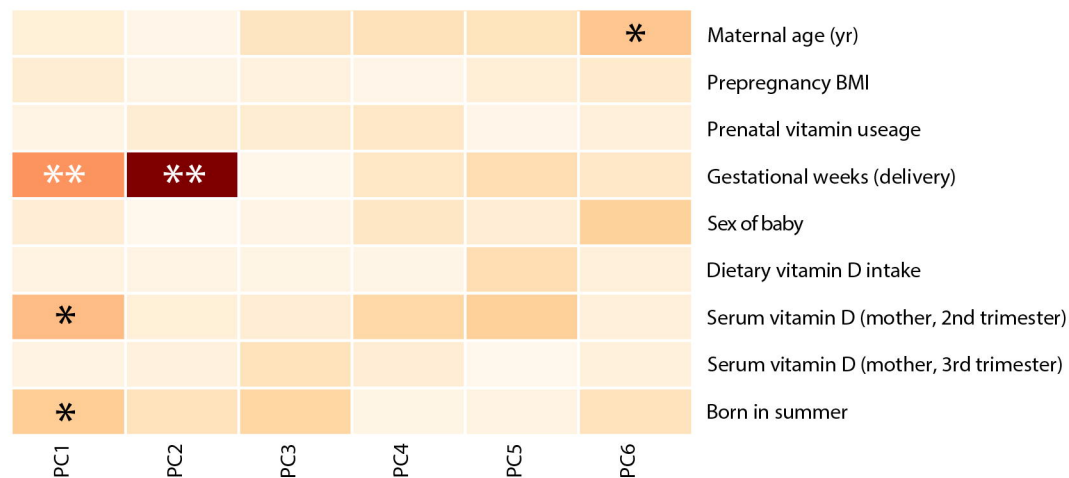
Down-regulated DEGs



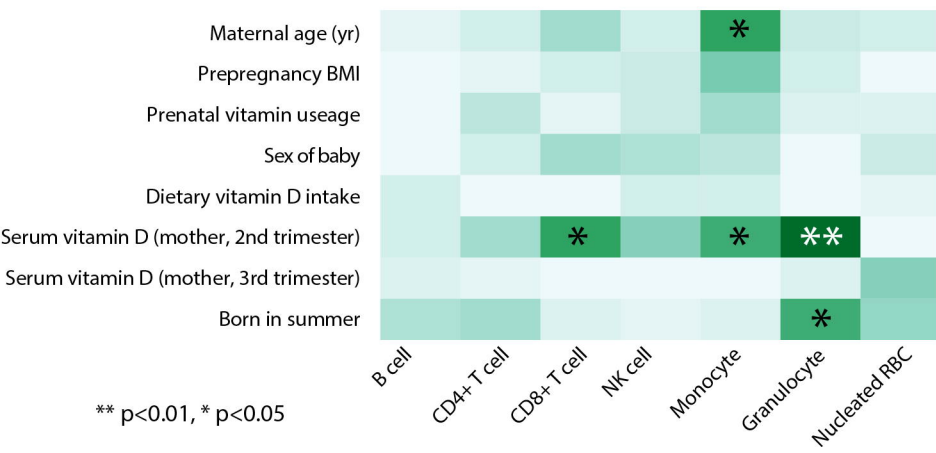
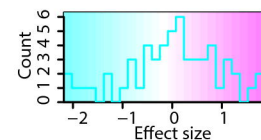
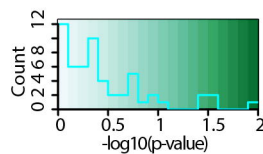


a

** p<0.01, * p<0.05



Association between PCs of immune cell proportion and Known Covariates

b

** p<0.01, * p<0.05

