

1 **Title: Admixture as a source for HLA variation in Neolithic European farming**  
2 **communities**

3

4 **Short title: HLA variation in Neolithic European farmers**

5

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28 **ABSTRACT**

29 The northern European Neolithic is characterized by two major demographic events: immigration of  
30 early farmers (EF) from Anatolia (5500 BCE) and their admixture (from ~4200 BCE) with western  
31 hunter-gatherers (WHG) forming late farmers (LF). The influence of this admixture event on  
32 variation in the immune-relevant human leukocyte antigen (HLA) region is understudied. Here, we  
33 conducted population and immunogenetic analyses on 83 individuals from six EF and LF sites  
34 located in present-day Germany. We observed significant shifts in HLA allele frequencies from EF  
35 to LF. The HLA diversity increased from EF to LF, likely due to admixture with WHG. However, it  
36 was considerably lower than in modern populations. Both EF and LF exhibited a relatively narrow  
37 HLA allele spectrum compared to today. This coincides with sparse traces of pathogen DNA,  
38 potentially indicating a lower pathogen pressure at the time. We additionally noted that LF resulted  
39 from sex-biased admixture from male WHG.

40

41 **TEASER**

42 More restricted HLA allele spectrum and lower diversity in Neolithic farmers than in modern  
43 populations

#### 44 INTRODUCTION

45 Since the Palaeolithic, central Europe had been populated by western hunter-gatherers (WHG).  
46 Around 5500 BCE, the first farmers arrived who originated from Anatolia, bringing with them  
47 agriculture as subsistence and the Neolithic lifestyle (1). Archaeologically, these early European  
48 farmers are associated with the Linear Pottery societies (Linearbandkeramik, LBK, ~5500–4900  
49 BCE). LBK and subsequent societies remained largely unadmixed with WHG, as reflected in their  
50 high genetic similarity to the Anatolian source populations (2, 3). The rate of admixture gradually  
51 increased from the Younger and Late Neolithic (4200–2800 BCE) onwards, so that the gene pool of  
52 the resulting late farmers contained a substantial WHG ancestry component (2–5). These  
53 demographic and genomic changes coincided with cultural transformations that led to the  
54 dissolution of LBK/post-LBK societies and ultimately to the emergence of many small and  
55 regionally diverse societies, such as the one affiliated with the Wartberg context (WBC, ~3500–  
56 2800 BCE) (5–7). So far, only one WBC burial community (i.e., Niedertiefenbach, 3300–3200  
57 BCE) has been comprehensively studied by ancient genomics (5). This group had a surprisingly  
58 high WHG ancestry (34–58%) and a distinct human leukocyte antigen (HLA) immune gene profile  
59 that was mainly focused on the detection of viral infections (5). However, whether these genomic  
60 characteristics of the Niedertiefenbach population were typical of the WBC in general remains to be  
61 clarified. Another question is to what extent the HLA repertoire of the WBC-associated farmers  
62 differed from that of earlier groups, for instance, the LBK and post-LBK communities.

63

64 HLA molecules play a key role in adaptive immunity and exhibit exceptional levels of  
65 polymorphism, presumably driven by pathogen-mediated selection (8–10). Improved ancient DNA  
66 (aDNA) technology has recently yielded the first prehistorical studies on HLA alleles obtained after  
67 sequencing the HLA region, providing initial glimpses into the co-evolutionary history of humans  
68 and their pathogens (5, 11).

69

70 Here, we performed population genetic analyses using newly generated genome-wide data of 83  
71 individuals from six archaeological sites covering the 2300-year transition from the Early (LBK) to  
72 the Late Neolithic (WBC) (Figs. 1A-1B, Table 1). Moreover, we sequenced 80 individuals for HLA  
73 variation (Table 1), thus significantly expanding the publicly available data (5, 11, 12). This larger  
74 sample size provided more reliable HLA allele frequencies and allowed us to perform more robust  
75 and informative comparisons between Neolithic and modern populations.

76

77 **RESULTS**

78 In this study, we generated shotgun sequencing data (providing on average 16 million reads per  
79 library) from the human remains of 175 individuals originating from the following six sites in  
80 present-day Germany: Niederpöring, Fellbach-Öffingen, Trebur, Altendorf, Warburg and Rimbeck  
81 (Table 1; Fig. 1B; Data S1). The Trebur site contained burials assigned to the Middle Neolithic  
82 Hinkelstein and Großgartach groups (13–15).

83

84 **Metagenomic screening for pathogens**

85 The shotgun sequencing data were screened for the presence of human blood-borne bacterial and  
86 viral pathogens. In two individuals from Niederpöring, reads of hepatitis B virus (NP560) and  
87 parvovirus B19 (NP543) were detected (Data S1). No evidence of pathogens was found in any of  
88 the other samples.

89

90 **Population genetic analyses**

91 When mapping the shotgun sequencing data to the human genome (summary statistics available in  
92 Data S2), 83 of the 175 datasets had at least 20,000 SNPs of the 1240K panel covered and were  
93 included in the subsequent population genetic analyses (Table 1; Data S1). Principal component  
94 analysis (PCA) showed that the six populations formed two distinct groups: individuals from  
95 Niederpöring, Fellbach-Öffingen and Trebur clustered with published Early Neolithic farmers,  
96 whereas individuals from Altendorf, Warburg and Rimbeck were placed near agriculturalists from  
97 the Late Neolithic (Fig. 1C). Therefore, we will refer to the former (Niederpöring, Fellbach-  
98 Öffingen, and Trebur; n=49) as early farmers (EF) and the latter (Altendorf, Rimbeck, and Warburg;  
99 n=34) as late farmers (LF).

100

101 Unsupervised admixture analysis revealed that both EF and LF carried two major ancestry  
102 components, one maximized in WHG and the other in Anatolian Neolithic farmers (AN) (Fig. S1).

103 EF showed higher genetic affinity with other contemporaneous groups from the LBK, Sopot and  
104 Starčevo societies (Fig. S2), while LF were more similar to WHG proxies (i.e., Loschbour  
105 Luxembourg, Bichon Switzerland, and one individual from Mont Aimé/Paris Basin).  
106 Correspondingly, two-way qpAdm models with WHG and AN as sources showed a much lower  
107 WHG component in EF (3-5%) than in LF (31-36%) (Fig S3; Data S3). We also tested three-way  
108 qpAdm models with a steppe proxy (Russia Samara EBA Yamnaya) as a third source in LF. The  
109 results suggest virtually no admixture with populations carrying the steppe-related ancestry  
110 component (Data S3). Admixture date modelling using WHG and AN as sources revealed that the  
111 WHG introgression into LF most likely occurred between the 4<sup>th</sup> and 3<sup>rd</sup> millennium BCE for  
112 Altendorf and Warburg (Fig. S4, Data S4). For the two Trebur subgroups, the unsupervised  
113 admixture and the PCA analyses suggested a difference in the amount of WHG ancestry. However,  
114 individual qpADM modelling did not support this (Fig. S5; Data S5).

115

## 116 **Kinship analysis**

117 We explored the possibility of kinship by calculating the relatedness coefficient based on pairwise  
118 mismatch rates. Mitochondrial (mt) DNA and Y-chromosome haplogroups were also considered in  
119 the analysis (Data S1). We identified a few cases of 1<sup>st</sup>- or 2<sup>nd</sup>-degree kinship in Altendorf (n=2  
120 relationships), Fellbach-Öffingen (n=1) and Trebur/Hinkelstein (n=6) (Fig. S6; Table S1).  
121 Consequently, one individual of each pair of related individuals was removed for the HLA  
122 frequency calculations (the one with the more complete HLA profile was kept).

123

## 124 **Inclusion of data from the site Niedertiefenbach**

125 In a previous study, we described the in-depth analyses (population genetics, kinship, phenotype  
126 reconstruction, pathogen screening and HLA typing) of the Niedertiefenbach community, a Late  
127 Neolithic group associated with WBC (5). The population genetic analyses performed here showed  
128 that the Niedertiefenbach individuals clustered with LF populations, including Altendorf, Warburg

129 and Rimbeck (Fig. 1C). In addition, the Niedertiefenbach collective displayed a large WHG  
130 ancestry component (34–58%) typically observed in the Late Neolithic (5). Radiocarbon dates (16)  
131 and cultural affiliation (WBC) (17) support the classification of Niedertiefenbach as an LF  
132 population. Therefore, the data generated from the Niedertiefenbach individuals were included in  
133 the LF group for subsequent analyses (sex-biased admixture, runs of homozygosity, HLA typing  
134 and frequency calculations).

135

### 136 **Sex bias in LF**

137 From EF to LF, we observed more drastic changes in the distribution of Y-chromosome haplogroups  
138 than in the mtDNA haplogroups. For instance, LF only had one Y-chromosome macro lineage (I),  
139 whereas EF had five (Fig. S7). This finding might indicate the presence of a sex-bias during the  
140 admixture that formed LF. Therefore, we tested whether this was the case. First, we explored the  
141 statistic Q which measures relative genetic drift between the X-chromosome and autosomes. Q is  
142 expected to be 0.75 if the effective population size of males and females is equal. Deviations from  
143 this value may be suggestive of a sex-biased demography. Comparing AN and LF rendered results  
144 compatible to the expected value ( $Q=0.76$ ), while the WHG–LF comparison suggested a slight  
145 deviation ( $Q=0.63$ ) (Table S2). We then computed the ancestry proportions on the X-chromosome  
146 and autosomes separately and calculated the ratio of X-chromosome to autosome WHG ancestry  
147 (which we here refer to as  $R_{X/A}$ ). An equal admixture contribution of males and females should lead  
148 to  $R_{X/A}=1$ , while deviations from this may be indicative of male or female biased admixture. We  
149 observed  $R_{X/A}<1$  in 24 out of 38 individuals (63%) that entered the analysis (mean  $R_{X/A}=0.8$ ; median  
150  $R_{X/A}=0.87$ ; right-sided binomial test,  $p=0.0717$ ; Fig. S8; Data S6). Interestingly, a few individuals  
151 ( $n=14$ ; 37%) showed drastic deviations ( $R_{X/A}<0.5$ ) from the expected value of 1. The distributions of  
152 X-chromosome and autosome WHG ancestry in LF were significantly different (median  $p = 0.01$ ,  
153 Wilcoxon signed-rank test; Fig. S9), suggestive of some WHG male-biased admixture (i.e., more  
154 WHG male ancestors).

155

156 **Runs of homozygosity**

157 We investigated the amount of runs of homozygosity (ROH) between EF and LF. It was possible to  
158 infer ROH for 6 EF and 39 LF individuals (Fig. S10, Data S7). EF individuals presented on average  
159 shorter ROH (6cM) than LF (12cM). When we included data from published LBK sites (n=24  
160 individuals) in the EF group to increase the sample size, the average ROH remained in the same  
161 range (5cM). We observed a statistically significant difference in average ROH between EF  
162 (including published LBK data) vs. LF (p=0.0075). ROH $\geq$ 20cM were found in one individual  
163 associated with LBK and two LF individuals. We also used HapROH to estimate the effective  
164 population sizes ( $N_e$ ), which showed significantly higher values for EF (including published LBK  
165 data) ( $N_e$ =7570, 95% CI=5105-11950) than for LF ( $N_e$ =3371, 95% CI=2665-4384).

166

167 **HLA genotyping and analysis**

168 For the six populations, 95 samples were subjected to in-solution DNA enrichment and sequencing  
169 of the three HLA class I (HLA-A, -B, -C) and class II loci (HLA-DPB1, -DQB1, -DRB1). Data of  
170 sufficient quality for HLA genotyping was generated for 80 unrelated individuals (Table 1).  
171 Through inclusion of data from 56 Niedertiefenbach individuals (5) to the LF group, we achieved a  
172 total of 136 HLA profiles (EF=46, LF=90) with varying levels of coverage per locus (Fig. S11G).  
173 The data was used for allele frequency calculations (genotypes available in Data S1; allele  
174 frequencies in Data S8 and Fig. S11A-F). We observed significant changes in eight HLA alleles  
175 between EF and LF (p $\leq$ 0.05, Fisher's exact test corrected for multiple testing, Fig. S12, Table S3).  
176 We additionally found major changes (>=10% frequency difference) in 17 alleles between the  
177 Neolithic groups (either EF or LF) and a representative sample of modern Germans (18) (p $\leq$ 0.05,  
178 Fisher's exact test corrected for multiple testing, Fig. S12, Table S3). The largest frequency changes  
179 (>20%) in both comparisons affected mostly the HLA class II loci. Furthermore, we noted the co-  
180 occurrence of some HLA class II alleles, indicating possible haplotypes: DRB1\*13:01-

181 DQB1\*06:03 with 19% frequency in EF and DRB1\*08:01-DQB1\*04:02 with 20% frequency in  
182 LF. Out of the 20 most common HLA alleles in modern Germans ( $\geq 10\%$ ), 7 alleles were not  
183 observed in our Neolithic samples and 6 were present only at low frequencies (<5%) (Table S4).

184

185 To compare the HLA diversity between the two Neolithic groups and modern Europeans (Germans  
186 (18) and five populations with European ancestry from the 1000 Genomes dataset (19, 20)), we  
187 applied the Shannon diversity (21) index to quantify the HLA allele diversity within each  
188 population. The diversity was consistently and significantly lower in EF compared to LF in all loci  
189 except for HLA-A and HLA-B (Fig. 2, Data S9). Similarly, both EF and LF had lower diversities  
190 relative to modern populations except for HLA-A and HLA-C. The most drastic difference was  
191 observed in HLA-DQB1 that showed a remarkably low diversity in both Neolithic groups, owing to  
192 the dominance of a few HLA-DQB1 alleles during that period. The two most common HLA-DQB1  
193 alleles in EF and LF reached cumulative frequencies of 80% and 65%, respectively, while a more  
194 even distribution of frequencies was observed in modern Germans (Fig. S11).

195 **Discussion**

196 Here, we generated genome-wide data for 83 individuals from six archaeological sites in present-  
197 day Germany that cover the Early Neolithic (Fellbach-Öffingen, Niederpöring, and Trebur) and  
198 Late Neolithic (Altendorf, Rimbeck, and Warburg) (Table 1). Given the genetic commonality  
199 among the Early Neolithic populations (Fig. 1), we referred to them here under the term early farm-  
200 ers (EF; n=49). Correspondingly, the three Late/Final Neolithic WBC communities were designated  
201 as late farmers (LF, n=34).

202

203 Our analyses showed that EF, like individuals from other published LBK sites in Germany (3, 22,  
204 23), closely resembled Anatolian farmers (95-100% Anatolian ancestry component). In addition,  
205 they carried mtDNA and Y-chromosome lineages characteristic of early farming populations (2, 24)  
206 (Fig. S7). The genetic continuity throughout the LBK indicates long-lasting intracultural mating  
207 practices. However, close-kin mating was likely prevented as the analysis of ROH and  $N_e$  suggested  
208 a large group size and a wide partner exchange network as reported previously (11, 25).

209

210 The LF studied here were characterized by a high WHG ancestry proportion (31-36%), the influx of  
211 which may also have led to changes in mtDNA and Y-chromosome lineages (Fig. S7). Our analyses  
212 in LF individuals suggested a statistically significant male-bias from WHG during their admixture  
213 with early farmers (Figs. S8 and S9). LF presented more and longer ROH than EF. One explanation  
214 for this finding could be recent admixture with WHG introducing longer ROH. Another scenario  
215 could be the mating of relatives. However, the latter is not supported by our data, as mostly  
216 unrelated individuals were detected in the four collective burials studied here (Altendorf,  
217 Niedertiefenbach, Rimbeck, Warburg) or in the gallery grave of Niedertiefenbach (5). During the  
218 EF to LF transition, farming communities appear to have changed from closed to more permeable  
219 societies that were willing and able to integrate WHG, a process that was further accompanied by  
220 the diversification and regionalization of archaeologically defined groups.

221

222 Our genetic dating of the admixture event between WHG and EF confirmed our previous results  
223 that WBC (LF) most likely emerged from a Michelsberg context (MC; 4400–3500 BCE) (5). There  
224 is evidence suggesting that the MC farmers were particularly mobile. For example, some MC  
225 groups used flint from non-local quarries, indicating that they were engaged in long-distance barter.  
226 In addition, they practised forest pasture management which can be interpreted as transhumance  
227 (26–28). This mobility may have led MC people to increasingly engage with WHG, contributing to  
228 the admixture of both groups. It is possible that the cultural characteristics of the admixed WBC  
229 groups were influenced in part by the relative contributions of each ancestral population (i.e., WHG  
230 and LBK). The admixture event represented a profound transformation with long lasting effects on  
231 demography, gene pool and culture in Europe.

232

233 Next, we investigated whether EF and LF differed in their HLA variation. For eight HLA alleles, we  
234 observed significant frequency differences (Table S3). As EF and LF varied in their proportion of  
235 WHG ancestry, the most plausible explanation for the considerable frequency shifts is admixture  
236 with WHG rather than selection on each allele. This is supported by our results showing an  
237 increased HLA diversity in LF compared to EF (Fig. 2). However, the hypothesis remains to be  
238 further tested once true HLA calls become available for WHG. Interestingly, the major frequency  
239 changes (>20%) between EF and LF mainly affect HLA class II alleles (Table S3). A recent SNP-  
240 based study (29) has shown that the HLA region, especially the DQB1 locus (HLA class II), is  
241 enriched for WHG ancestry in Neolithic individuals as a result of adaptive admixture. This process  
242 has been shown to be relevant within the HLA context, potentially driving specific alleles towards  
243 higher frequencies (30, 31). The HLA allele spectrum of WHG may have differed in part from that  
244 of EF because they had been adapted to the European environment and a hunting-gathering  
245 lifestyle. Taking these findings into account, we hypothesise that the increase in frequency of  
246 specific HLA class II alleles (such as DQB1\*04:02) observed in LF could have been affected by

247 adaptive admixture.

248

249 Interestingly, the alleles with high frequencies in EF, DRB1\*13:01 (27%) and DQB1\*06:03 (31%),  
250 whose co-occurrence indicates a haplotype, have been shown to be protective against viral hepatitis  
251 A (HAV) and B (HBV) infections today (32–34). In LF, these alleles were much rarer (6% and 10%,  
252 respectively); instead, LF had high frequencies of DRB1\*08:01 (27%) and DQB1\*04:02 (34%),  
253 which may form another haplotype that is also protective against HBV (35). It appears that the  
254 increase/decrease in the two potential haplotypes is proportional, indicating that the functional  
255 protective effect against HBV was maintained. aDNA studies have shown that HBV was already  
256 endemic in WHG and Neolithic populations (36, 37), albeit in form of phylogenetically distinct  
257 strains. The occurrence of frequent protective HLA class II alleles (though different ones) suggests  
258 that the virus may have been a strong selective pressure in both WHG and farmers.

259

260 An additional factor contributing to the HLA shifts between EF and LF may be changing pathogen  
261 landscapes throughout the Neolithic. It has been hypothesized that the adoption of the Neolithic  
262 lifestyle (e.g., sedentary groups living closely with domesticated animals) was associated with an  
263 increase in infectious diseases and epidemics (38). However, archaeological and aDNA studies have  
264 so far not provided evidence for large-scale epidemics, only sporadic infections caused by a very  
265 limited number of pathogens (36, 37, 39, 40). Based on current data, this low pathogen load did  
266 probably not change from the Early to the Late Neolithic.

267

268 With regard to the HLA allele repertoire, it is noteworthy that EF and LF had a relatively low  
269 diversity compared to modern populations. This means that a few alleles were observed at  
270 exceptionally high frequencies (>20%) (Fig. S11, Data S8). Theory predicts that the presence of  
271 such common HLA alleles over extended periods of time should increase the probability that  
272 pathogens evolve evasion mutations to reduce the likelihood of their recognition by the immune

273 system (41). The maintenance of the frequent alleles over two millennia might therefore support the  
274 observation that the low pathogen threat and load likely remained the same throughout the  
275 Neolithic.

276

277 When comparing the two Neolithic groups with modern Germans, we observed significant changes  
278 in the frequencies of 17 HLA alleles (Table S3). Fourteen alleles showed a significant decrease in  
279 frequency towards the present and three alleles followed the reverse trend. The most drastic changes  
280 affected HLA class II alleles. However, noteworthy are also the HLA class I alleles HLA\*B:27:05  
281 and HLA-B\*51:01 which are strongly associated with inflammatory diseases (ankylosing  
282 spondylitis and Behçet's disease, respectively) (42–45). Their high frequency in the Neolithic has  
283 been previously observed (5, 11).

284

285 Surprisingly, seven HLA alleles present at high frequencies ( $\geq 10\%$ ) in today's Germany were virtu-  
286 ally absent in EF and LF (Table S4). This finding suggests that these common HLA alleles were  
287 likely introduced after the Neolithic period. Their increased frequency can be due to admixture pro-  
288 cesses (e.g., with groups carrying the steppe-related ancestry), pathogen-driven selection (e.g., neg-  
289 ative frequency-dependent selection, or directional selection by novel pathogens) or a combination  
290 of both. To address these questions, more palaeogenomic studies with true HLA calls as well as a  
291 better characterization of the pathogen landscape are needed for populations before and after the  
292 Neolithic.

293 **METHODS**

294 **Sampling**

295 In total, we sampled 185 human remains from six sites within Germany ranging from the Early to  
296 the Late Neolithic (Figs. 1A-B, Table 1).

297

298 **DNA extraction and library preparation**

299 DNA was extracted from teeth and/or bones of all individuals and converted into partial Uracil-  
300 DNA Glycosylase (UDG) libraries (46) following established laboratory guidelines for aDNA work  
301 (47). Shotgun sequencing was performed on the Illumina HiSeq 6000 (2x100) platform of the  
302 Institute of Clinical Molecular Biology (IKMB) in Kiel. Additionally, UDG-treated libraries were  
303 enriched for the HLA region applying a custom bait capture (48). The targeted capture was  
304 conducted on 95 samples, of which 80 samples were successfully enriched to be analyzed.

305

306 **Metagenomic screening**

307 The sequencing reads were screened for the presence of pathogens following an in-house pipeline  
308 (49, 50) using MALT (51) v0.4.1 with a semi-global alignment mode and a minimum percent  
309 identity of 90% to align the samples against a database of 27,730 bacterial and 10,543 viral  
310 complete genomes (52, 53).

311

312 **Mapping**

313 The removal of adapter sequences as well as the merging of paired-end reads were performed with  
314 ClipAndMerge (54) v1.7.7. Mapping to both the human genome (build hg19) and human  
315 mitochondrial genome references was done with BWA (55) v0.7.15 using reduced mapping  
316 stringency settings (flag -n 0.01) to account for mismatches expected in aDNA. Duplicates were  
317 removed with DeDup (54) v0.12.1.

318

319 **Contamination estimation and genetic sex determination**

320 To evaluate the authenticity of samples as ancient, we assessed terminal damage of reads by  
321 calculating the frequency of C to T substitutions with DamageProfiler (56) v1.1. After validation,  
322 the first two positions from the 5' and 3'-ends of the reads were removed with bamUtil (57) v1.0.15.  
323 Mitochondrial DNA contamination was estimated by analysing sequence deamination patterns and  
324 fragment length distributions with Schmutzi (58) v1.5.5.5. Additionally, contamination in male  
325 samples was measured by assessing X chromosome heterozygosity with ANGSD (59) v0.935.  
326 Samples that showed more than 5% mtDNA or X chromosome contamination were excluded from  
327 further analysis. In cases where contamination estimation with Schmutzi was not possible, the  
328 placement of the individuals in the PCA plot was additionally used to further assess if the samples  
329 should be excluded. Sex was genetically determined by considering the ratio of sequences aligning  
330 to the X chromosome and autosomes (60). Only samples with more than 1,000 reads were  
331 considered for sex determination.

332

333 **Genotyping**

334 SequenceTools (<https://github.com/stschiff/sequenceTools>) v1.2.2 was used to generate pseudo-  
335 haploid genotypes on 1,233,013 SNP positions (4, 22, 61). Samples with fewer than 20,000  
336 genotyped SNPs were excluded from the analysis.

337

338 **Mitochondrial and Y chromosome haplogroups**

339 Mitochondrial haplogroups were determined with HaploGrep2 (62) and Y haplogroups with yHaplotype  
340 (63). A mapping and base quality threshold of 20 was used. For Y haplogroups, the presence of at  
341 least 10 derived alleles was used as a threshold to make a call.

342

343 **Principal component analysis**

344 The genotyped samples in this study were merged with the Allen Ancient DNA Resource (AADR)  
345 reference panel (v50.0.p1) containing previously published genotypes of 10,342 ancient and modern  
346 individuals (64). The PCA was performed with *smartpca* (65) from the EIGENSOFT package and  
347 with the “lsqproject” option. The calculation of principal components was based on a subset of 66  
348 modern populations from West-Eurasia (Human Origins samples in the AADR dataset), while the  
349 remaining individuals from the merged dataset were projected into that space.

350

### 351 **Outgroup f3 statistics**

352 Shared genetic drift was calculated with the program *qp3Pop* from the Admixtools package (66) in  
353 the format  $f_3$  (sample population; test population, Mbuti), where “sample population” refers to the 6  
354 new populations described in this study and “test population” refers to published ancient groups  
355 available in the 1240K SNP panel.

356

### 357 **Admixture analyses**

358 The merged genotype data was pruned in PLINK (67) v1.90b6.21, with an  $r^2$  threshold of 0.4, a  
359 window size of 200 and a step size of 25 (command “indep-pairwise 200 25 0.4”). An unsupervised  
360 ADMIXTURE (68) v1.3.0 analysis was performed on the resulting dataset, using a range of 4 to 12  
361 components ( $K$ ) with 100 bootstraps each. Cross-validation error was calculated for each model to  
362 identify the best  $K$  component. Two- and three-way admixture models were tested with *qpAdm* from  
363 Admixtools (66). DATES was used to estimate time of admixture, with the parameters 'binsize':  
364 0.001, 'maxdis': 1.0, 'seed': 77, 'jackknife': YES, 'qbin': 10, 'runfit': YES, 'afffit': YES, 'lovalfit': 0.45,  
365 'minparentcount': 1 (69). A generation time of 29 years was used to calculate the admixture calendar  
366 years (70). The potential sources and outgroup populations for the *qpAdm* and DATES analyses are  
367 listed in Data S3, S4 and S5.

368

### 369 **Sex-biased admixture in late farmers**

370 As a first measure to assess sex-biased admixture in LF (Altendorf, Warburg, Rimbeck and  
371 previously published Niedertiefenbach), we compared genetic differentiation on the X chromosome  
372 ( $F_{st}X$ ) and autosomes ( $F_{st}A$ ) between LF and the two source populations: WHG and Anatolian  
373 Neolithic farmers (AN). For this, we used the SNPs belonging to the 1240K panel and filtered out  
374 positions with  $r^2 > 0.4$  (plink command “indep-pairwise 200 25 0.4”). SNPs in the the  
375 pseudoautosomal regions of the X chromosome were also removed. After filtering, 560,930  
376 autosomal and 5,004 X chromosomal SNPs remained. Individuals with fewer than 1,000 SNPs  
377 covered on the X chromosome were removed from the analysis. We then used the obtained Weir  
378 and Cockerham weighted  $F_{st}$  values to calculate the statistic Q (71–73). This statistic measures  
379 relative genetic drift between the X chromosome and autosomes and is calculated as

380 
$$Q = \ln (1 - 2 F_{st}A) / \ln (1 - 2 F_{st}X)$$

381 As Q can be influenced by factors other than sex-biased admixture (71–73), we also computed the  
382 amount of WHG ancestry on the X chromosome versus autosomes using supervised ADMIXTURE  
383 analyses with WHG and AN as sources. As the number of SNPs available for the analyses on the X  
384 chromosome is low ( $n=5,004$ ) compared to autosomes ( $n=560,930$ ), we resampled autosomal SNPs  
385 1,000 times relative to the number of SNPs available for the X. For each individual, we calculated  
386 the ratio of WHG ancestry on the X chromosome versus autosomes. We used the Wilcoxon signed-  
387 rank test to assess significant differences between the means of X and autosomal WHG ancestry  
388 (71).

389

390 **Kinship analysis and runs of homozygosity (ROH)**

391 To estimate kinship, we used the method described in Fowler et al. (74). Shortly, for each pair of  
392 individuals we calculated pairwise allelic mismatch rates in autosomal sites of the 1240K panel. We  
393 then computed relatedness coefficients  $r$  for each pair using the formula

394 
$$r = 1 - (2 * (x - (b / 2)) / b)$$

395 where  $x$  is the mismatch rate of the pair of individuals and  $b$  the expected mismatch rate for two

396 unrelated individuals from the same population. To calculate the constant  $b$ , we first merged data  
397 from our six populations (n=83 individuals) with published data from 15 Neolithic populations  
398 located in present-day Germany (n=155 individuals). Then, we calculate pairwise mismatch rates  
399 for all combinations of two individuals from the merged dataset (28,203 comparisons) and used  
400 bootstrapping to calculate 95% confidence intervals. We filtered out pairwise comparisons with  
401 fewer than 100K overlapping SNPs (7,101 comparisons remained after filtering) and calculated  $b$  as  
402 the median mismatch rate of the filtered dataset ( $b=0.2593$ ), a value similar to that obtained by  
403 Fowler et al. (74) (0.2504) using Neolithic individuals from England. We then applied our obtained  
404 value of  $b$  in the formula described above to calculate the relatedness coefficient for each pair of  
405 individuals. Relationship degrees were annotated using the same cutoffs as in Fowler et al. (74).  
406 Pairwise comparisons with fewer than 2500 overlapping SNPs or with a large confidence interval  
407 leading to annotation of more than 2 possible degrees of kinship were not considered.  
408 Mitochondrial DNA and Y chromosome haplogroups, when available, were also considered in  
409 assessing kinship. We screened for ROH using HapROH (25) with the default parameters. Only  
410 samples with more than 400,000 SNPs genotyped from the 1240K panel were included. The results  
411 were merged with previously published ROH estimations (25). Due to the small sample size of EF,  
412 seven published populations were added for calculating the average sum of ROH (Data S7). The  
413 ROH results were then used to infer the effective population size ( $N_e$ ) also with HapROH, using the  
414 default parameters. A Mann-Whitney U test was performed with the python3 module scipy v1.9.1 to  
415 test for significant differences in the average sum of ROH between groups.

416

#### 417 **HLA genotyping and frequency calculations**

418 Genotyping of the HLA alleles was performed for the three class I (HLA-A, -B and -C) and three  
419 class II (HLA-DPB1, -DQB1 and -DRB1) loci using a combination of OptiType (75) and the  
420 TARGT pipeline (Targeted Analysis of sequencing Reads for GenoTyping) (76), which was  
421 designed for the analysis of low-coverage sequences such as ancient DNA data. To ensure a higher

422 reliability of the results, the manual genotyping was done by two independent scientists and HLA  
423 class I calls were additionally verified using OptiType. Only alleles consistently called by both  
424 methods were included. All analyses were done at two-field HLA allele resolution. For the allele  
425 frequency calculations, we grouped the populations according to their dates, cultural affiliation and  
426 population structure as EF (Niederpöring, Fellbach-Öffingen, and Trebur) and LF (Altendorf,  
427 Rimbeck, Warburg and Niedertiefenbach). We excluded from the allele frequency calculations  
428 seven individuals from seven kinship clusters containing 1<sup>st</sup> degree relationships (Altendorf=2,  
429 Fellbach-Öffingen=1, Trebur/Hinkelstein=4). For Niedertiefenbach, we included 56 HLA profiles in  
430 the LF group, 33 of which were generated as part of this study and 23 of which were previously  
431 published (5). This addition increased our data set to 47 individuals for EF and 90 individuals for  
432 LF (Data S1). For 22 individuals, the targeted HLA capture was successful, but no shotgun data of  
433 sufficient quality (see Methods) was available for them to allow population genetic analysis.  
434 However, both the archaeological context and aDNA damage plots, which showed distinct  
435 deamination patterns, demonstrated the ancient origin of the samples used (Data S2) and thus these  
436 were kept for the HLA frequency calculations. For comparison with modern Germans (n=3,456,066  
437 (18)), data from the Allele Frequency Net Database (77) were accessed. We used Fisher's exact test  
438 to assess whether the observed allele frequencies between groups were significantly different. The  
439 p-values were corrected for multiple testing with the two-stage Benjamini and Hochberg procedure  
440 using the python3 module statsmodels v0.13.5. Frequencies of the possible haplotypes  
441 DRB1\*13:01-DQB1\*06:03 and DRB1\*08:01-DQB1\*04:02 were calculated using the expectation-  
442 maximization algorithm implemented in the Arlequin v3.5 software (78).

443

444 Shannon's diversity index (H') was calculated by using the *diversity* function from the *vegan* R  
445 package to measure the genetic diversity of HLA alleles in Neolithic and modern populations. Five  
446 populations with European ancestry from the 1,000 Genomes Project (19, 20), namely British from  
447 England and Scotland (GBR), Finnish in Finland (FIN), Iberian populations in Spain (IBS), Toscani

448 in Italy (TSI) and Utah residents (CEPH) with Northern and Western European ancestry (CEU)  
449 were included in the analysis to obtain a better estimation of the modern HLA diversity. We used a  
450 down-sampling approach to control for differences in sample sizes between ancient and modern  
451 populations, since Shannon's diversity index uses proportions of alleles which can be affected by  
452 sample sizes. Specifically, for each locus, we first identified the population with the smallest sample  
453 size ( $n$ ), which was always EF, and calculated allele frequencies for each population. Then, we  
454 generated 100 random samples for each population with size  $n$  based on the allele frequencies of  
455 that population and calculated Shannon's diversity index. We compared the distribution of  
456 Shannon's diversity index values between populations using the Kruskal-Wallis and Dunn's tests.

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463

464 **Author contributions**

465 B.K.-K. developed the idea for this study. S. Sch.-L., J.W., C.B., M.F., I.G., K.Sch., J.P. and G.G.  
466 assembled archaeological material. B.K.-K. was responsible for generating ancient DNA data.  
467 N.A.d.S. performed population genomic analysis. M.H. generated HLA calls and performed  
468 pathogen screening. N.A.d.S., O.Ö., Y-R.Ch., T.L.L. analysed the HLA data. N.A.d.S., O.Ö., M.H.,  
469 D.K., S. Sch.-L., J.W., C.B., M.F., I.G., K.Sch., J.P., G.G., Ch.R., J.M., T.L.L., A.N., B.K.-K.  
470 interpreted the findings. N.A.d.S., A.N., B.K.-K. wrote the manuscript with major contributions  
471 from T.L.L., O.Ö. as well as input from all other authors.

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473 **Competing interests**

474 The authors declare that they have no competing interests.

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476 **Data and materials availability**

477 All data needed to evaluate the conclusions in the paper are present in the paper and/or the  
478 Supplementary Materials. Aligned sequencing reads for samples reported in this study are available  
479 from European Nucleotide Archive (ENA), accession no: PRJEB53796.

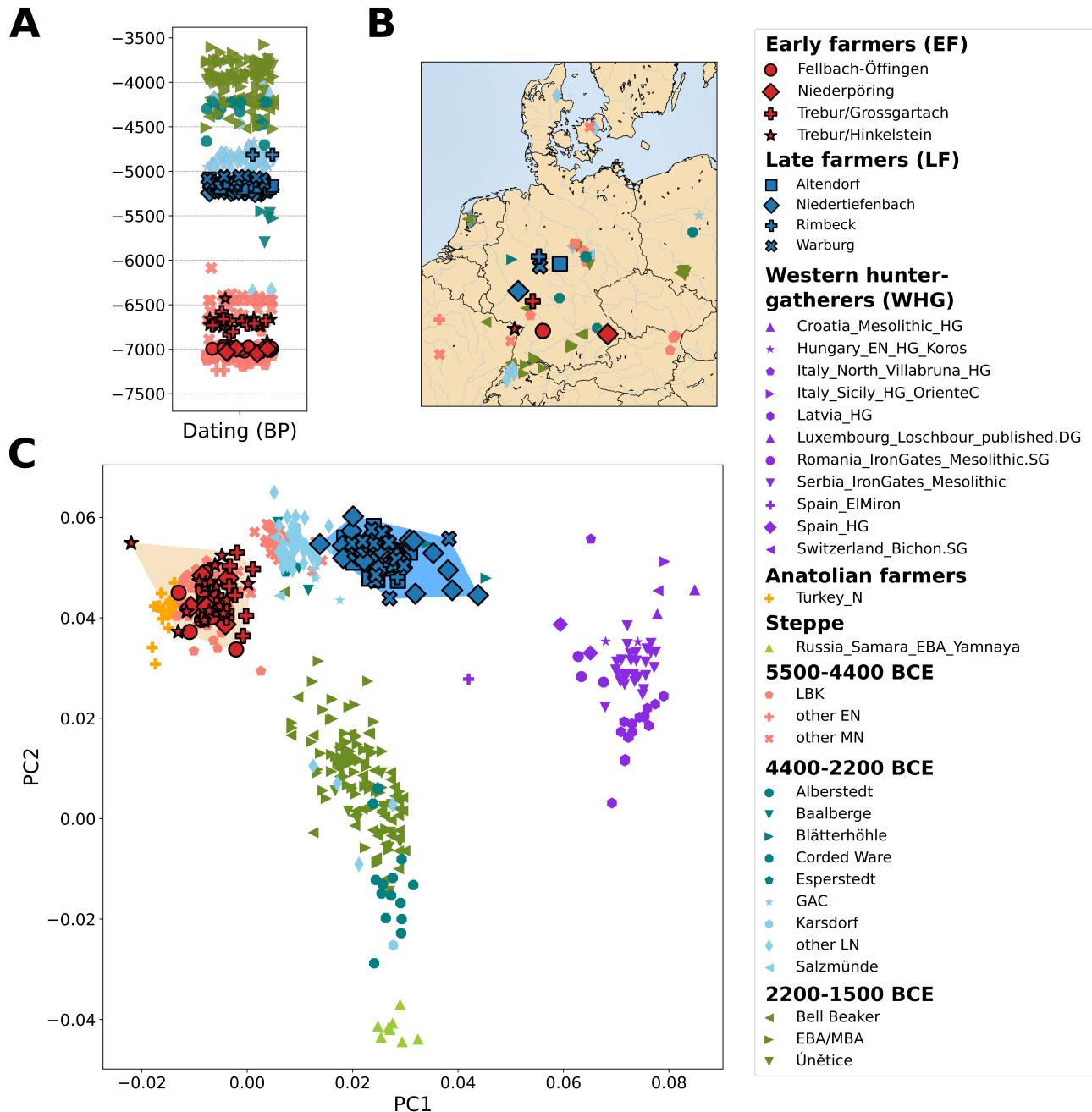
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481 **Ethics declarations**

482 This study was carried out following the principles for ethical DNA research on human remains as

483 described in (79).

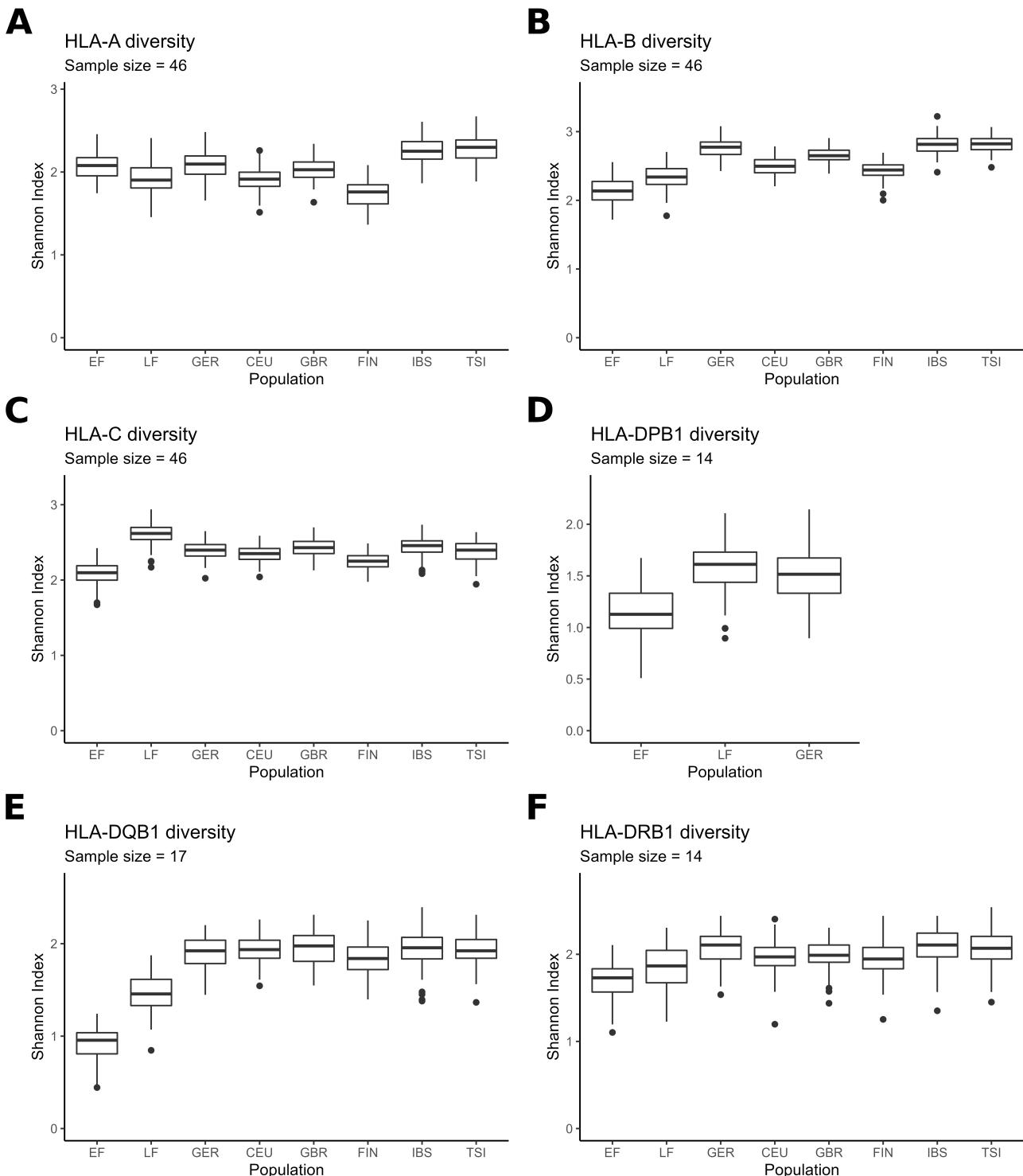
## Figures



**Fig. 1. Temporal, geographic and genetic information.** Timeline (A) and geographic map (B) of modern-day Germany showing locations of the early (EF, red) and late (LF, blue) Neolithic sites included in this study. Principal component analysis (C) of ancient individuals projected onto modern West Eurasian variation. Convex hulls highlight the space filled by EF and LF. Publicly available data from Mesolithic, Neolithic and Bronze Age populations are also included. HG = Hunter Gatherer; N = Neolithic; EN = Early Neolithic; MN = Middle Neolithic; LN = Late

Neolithic; EBA = Early Bronze Age; MBA = Middle Bronze Age; GAC = Globular Amphora culture; LBK = Linear Pottery culture.

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486 **Fig. 2. HLA diversity in the Neolithic populations presented in this study compared to modern**  
487 **populations.** HLA diversity was measured by the Shannon index ( $H'$ ) for the loci A (A), B (B), C  
488 (C), DPB1 (D), DQB1 (E) and DRB1 (F). Boxplots represent the distribution of the  $H'$  values of  
489 100 samples taken from each population with sample sizes indicated below headers. EF = early

490 farmers; LF = late farmers; GER = modern Germans; CEU = Central Europeans; GBR = British;  
491 FIN = Finnish; IBS = Iberians from Spain; TSI = Tuscans from Italy.

492 **Table 1. Dating, archaeological culture and sample size of the sites used in this study.**

Site	Dating	Culture	Sample Size Skeletal remains	Sample size Population Genetics	Sample Size HLA typing
Fellbach-Öffingen	5000 BCE (80, 81)	Linear Pottery	34	14	17
Niederpöring	5000 BCE (82)	Linear Pottery	14	6	6
Trebur	5000 – 4500 BCE (14, 83)	Hinkelstein	50	17	13
Trebur	5000 – 4500 BCE (14, 83)	Großgartach	28	12	10
Altendorf	3250 – 3100 BCE (84)	Wartberg	21	15	13
Warburg	3400 – 2900 BCE (85)	Wartberg	18	17	18
Rimbeck	2781 ± 76 calBCE (86)	Wartberg	10	2	3
			<b>175</b>	<b>83</b>	<b>80</b>