

# **Kin selection as a modulator of human handedness: sex-specific, parental and parent-of-origin effects**

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26   **Abstract** | The frequency of left-handedness in humans is ~10% worldwide and slightly  
27   higher in males than females. Twin and family studies estimate the heritability of human  
28   handedness at around 25%. The low but substantial frequency of left-handedness has been  
29   suggested to imply negative frequency-dependent selection, e.g. owing to a “surprise”  
30   advantage of left-handers in combat against opponents more used to fighting right-handers.  
31   Because such game-theoretic hypotheses involve social interaction, here, we perform an  
32   analysis of the evolution of handedness based on kin-selection, which is understood to play a  
33   major role in the evolution of social behaviour generally. We show that: (1) relatedness  
34   modulates the balance of right-handedness versus left-handedness, according to whether left-  
35   handedness is marginally selfish versus marginally altruistic; (2) sex differences in  
36   relatedness to social partners may drive sex differences in handedness; (3) differential  
37   relatedness of parents and offspring may generate parent-offspring conflict and sexual  
38   conflict leading to the evolution of maternal and paternal genetic effects in relation to  
39   handedness; and (4) differential relatedness of maternal-origin versus paternal-origin genes  
40   may generate intragenomic conflict leading to the evolution of parent-of-origin-specific gene  
41   effects—such as “genomic imprinting”—and associated maladaptation.

42

43   **Keywords** | evolution; game theory; lateralization; inclusive fitness; genomic imprinting;  
44   neurodevelopmental disorders

45

46 **1 | Introduction**

47

48 Most humans show a preference for—or a difference in proficiency of—one hand over the  
49 other for a range of tasks (McManus 2019, Papadatou-Pastou et al. 2020). The frequency of  
50 left-handedness in humans is estimated at 10.6%, fairly stably across regions and populations,  
51 and is somewhat higher in males (11.6%) than in females (9.5%) (Papadatou-Pastou et al.  
52 2020). Twin studies (Medland et al. 2009) and family studies (Lien et al. 2015) reveal that  
53 handedness is heritable, with additive genetic effects appearing to explain around 25% of the  
54 variance (Medland et al. 2009, Somers et al. 2015). Genome-wide association studies  
55 (GWAS) have identified 41 loci influencing handedness and explaining around 6% of the  
56 heritability (Cuellar-Partida et al. 2021). A recent whole exome sequencing (WES) study in  
57 the UK Biobank has suggested an association between mutations in the *TUBB4B* gene and  
58 left-handedness and estimated that the heritability of left-handedness due to rare coding  
59 variants to be 0.91% (Schijven et al. 2023). Left-handedness is linked to some psychiatric  
60 disorders, such as autism spectrum disorders (ASD) (Markou et al. 2017), schizophrenia  
61 (Hirnstein & Hugdahl 2014) and dyslexia (Abbondanza et al. 2023), and there is an overlap  
62 among genes underlying these conditions, brain asymmetries and handedness (Papadatou-  
63 Pastou et al. 2020).

64

65 Although many taxa exhibit some form of lateralization (Rogers 1980, Vallortigara &  
66 Bisazza 2002, Ocklenburg & Güntürkün 2012, Ströckens et al. 2013, Versace & Vallortigara  
67 2015), of which handedness is just one form, these typically involve roughly equal numbers  
68 of left-sided and right-sided individuals, and so the strong population bias towards right-  
69 handers is peculiarly human (Frayer et al. 2012, Ströckens et al. 2013, Caspar et al. 2022).  
70 The left hemisphere dominance for language processing may have an important role in

71 explaining the rightward bias of handedness, (Levy & Nagylaki 1972). Indeed, atypical  
72 language hemispheric lateralization is associated with the degree of left-handedness (Knecht  
73 et al. 2000, Mazoyer et al. 2014).

74

75 The stability of the ~10% incidence of left-handedness in human populations through time  
76 (Coren & Porac 1977, McManus 1991, Frayer et al. 2012) and across regions (Papadatou-  
77 Pastou et al. 2020) has given rise to the suggestion that left-handedness is maintained by  
78 negative frequency-dependent selection, and this has motivated the development of a number  
79 of evolutionary game-theoretic hypotheses to explain the phenomenon (Raymond et al. 1996,  
80 Ghirlanda et al. 2009, Abrams & Panaggio 2012, Schaafsma et al. 2012, Faurie & Raymond  
81 2013). As an illustrative example, the “combat hypothesis” suggests that left-handers suffer a  
82 basic disadvantage (Schaafsma et al. 2012, Zickert et al. 2018, Papadatou-Pastou et al.  
83 2020)—e.g. perhaps owing to disruption of typical brain lateralisation—such that natural  
84 selection has resulted in them being in the minority, yet also enjoy a compensating advantage  
85 when they are sufficiently rare, owing to the element of surprise in combat and similar  
86 competitive interactions (Gibbons 1993, Raymond et al. 1996, Faurie & Raymond 2013). The  
87 combat hypothesis is in line with the higher incidences of left-handers among elite athletes in  
88 interactive sports, such as tennis, fencing and baseball (Wood & Aggleton 1989, Raymond et  
89 al. 1996, Loffing 2017).

90

91 These game-theoretic hypotheses centre upon social interaction, and kin selection—the part  
92 of natural selection that arises when individuals have an impact on the fitness of their  
93 genetically related social partners—plays a major role in the evolution of social behaviour  
94 across the tree of life (Hamilton 1964, Frank 1998, West et al. 2007a). In addition to  
95 influencing the overall incidence of traits within and across populations (Turner & Chao

96 1999, Queller et al. 2003, Sachs et al. 2004, West et al. 2007a), patterns of genetic relatedness  
97 can explain differences in trait levels between different individuals—such as sex differences  
98 (West et al. 2007a, Leedale et al. 2018)—and also modulate evolutionary conflicts of interest  
99 within families and even within individual genomes—resulting in the evolution of parental  
100 genetic effects (Wolf et al. 1998, Richardson et al. 2004, Kuijper & Johnstone 2016, Kuijper  
101 & Johnstone 2019) and parent-of-origin effects e.g. genomic imprinting (Haig 2000, 2002,  
102 Wilkins & Úbeda 2011, Crespi 2020). However, the scope for a modulating role of kin  
103 selection in the evolution of human handedness remains to be investigated.

104

105 Here we undertake a theoretical investigation of how relatedness and kin selection shape the  
106 biology of human handedness. First, we show that, at evolutionary equilibrium, left-  
107 handedness may be classified either as a “selfish” or an “altruistic” trait, depending on its  
108 fitness consequences for the individual and for her social partners, and that the direction of  
109 the modulating effect of genetic relatedness depends on which of these two situations applies.  
110 Second, we explore how demographic processes such as dispersal modulate the population  
111 level of left-handedness at evolutionary equilibrium, via their impact on the degree of genetic  
112 relatedness between social partners. Third, we investigate the consequences of sex-biased  
113 dispersal, and associated sex differences in an individual’s relatedness to social partners, for  
114 the evolution of sex differences in left-handedness. Fourth, we determine the consequences of  
115 extending genetic control of handedness to the individual’s parents, resulting in parent-  
116 offspring conflict and sexual conflict and the evolution of parental genetic effects in relation  
117 to human handedness. Fifth, we descend to the level of individual genes and investigate the  
118 scope for intragenomic conflict between maternal-origin versus paternal-origin genes and the  
119 resulting evolution of parent-of-origin effects—including genomic imprinting—in relation to  
120 human handedness. For the purpose of illustration and concreteness, in each case we derive

121 quantitative predictions for explicit “within-group combat” and “between-group combat”  
122 game-theoretic scenarios, but more generally our analysis applies to any scenario in which an  
123 individual’s handedness has an impact upon their own reproductive success and that of  
124 genetically related social partners. Our model allows for handedness to be a highly polygenic  
125 trait and, although for ease of conceptualization we will often refer to handedness in a binary  
126 way, our analysis also readily accommodates a spectrum of handedness.

127

## 128 **2 | Results**

129

### 130 **(a) Kin selection and human handedness**

131

132 Natural selection adapts individuals as if for the purpose of passing on their alleles to future  
133 generations (Hamilton 1964, Grafen 2006, West & Gardner 2013). There are two basic routes  
134 through which individuals can accomplish this: first, by promoting their own reproductive  
135 success (direct fitness); and, second, by promoting the reproductive success of their genetic  
136 relatives, who tend to share alleles in common (indirect fitness) (Hamilton 1964). According  
137 to Hamilton’s (1963, 1964, 1970) rule, a behaviour that incurs a fitness cost ( $c$ ) for the actor  
138 can nevertheless be favoured by natural selection if it provides a sufficiently large fitness  
139 benefit ( $b$ ) to a sufficiently closely related ( $r$ ) social partner (specifically, such that  $-c + r b >$   
140 0). More generally, we can define four types of social behaviour, according to the sign of the  
141 fitness effects: traits incurring a cost for the actor and yielding a benefit for the recipient ( $c >$   
142 0 and  $b > 0$ ) are “altruistic”; traits yielding a benefit for the actor and incurring a cost for the  
143 recipient ( $c < 0$  and  $b < 0$ ) are “selfish”; traits yielding a benefit for both parties ( $c < 0$  and  
144  $b > 0$ ) are “mutually beneficial”; and traits incurring a cost for both parties ( $c > 0$  and  $b < 0$ )  
145 are “s spiteful” (Hamilton 1964, 1970, West et al. 2007b).

146

147 At evolutionary equilibrium, where natural selection favours neither an increase nor a  
148 decrease in the trait ( $b r - c = 0$ ), then so long as relatedness is positive ( $r > 0$ ) the trait must  
149 either be marginally altruistic ( $c > 0$  and  $b > 0$ ) or marginally selfish ( $c < 0$  and  $b < 0$ )  
150 (Hitchcock et al. 2019). Accordingly, if natural selection acts in a negative frequency-  
151 dependent way in relation to human handedness—as suggested by the game-theoretic models  
152 (Ghirlanda & Vallortigara 2004, Ghirlanda et al. 2009, Abrams & Panaggio 2012)—such that  
153 it favours an increase in the incidence of left-handedness when this has dropped below a  
154 threshold level and favours a decrease in left-handedness when it has exceeded the threshold,  
155 then evolutionary equilibrium is attained when the incidence of left-handedness is at the  
156 threshold, and at this point left-handedness is either marginally altruistic or marginally  
157 selfish. If left-handedness is marginally altruistic then a higher degree of genetic relatedness  
158 between actor and recipient is expected to be associated with a higher incidence of left-  
159 handedness at the evolutionary equilibrium, whereas if left-handedness is marginally selfish  
160 then a higher degree of genetic relatedness is expected to be associated with a lower  
161 incidence of left-handedness.

162

163 Taking the combat hypothesis as a purely illustrative example, if we imagine that combat  
164 occurs mainly within human groups—between somewhat-related individuals and over  
165 reproductive resources—then the indirect-fitness consequences of enjoying a surprise  
166 advantage in combat owing to left-handedness are expected to be negative (because the  
167 opponent, who loses out, is a genetic relative), and hence at equilibrium this is expected to be  
168 exactly balanced by a direct-fitness benefit (owing to improved success in combat  
169 outweighing the basic disadvantage of left-handedness), such that left-handedness is a  
170 marginally selfish trait. In this scenario, a higher level of relatedness is expected to be

171 associated with a lower incidence of left-handedness (Figure 1a). Alternatively, if combat  
172 mainly occurs between non-relatives in a group-warfare context in which success in combat  
173 is associated with a positive indirect-fitness effect owing to the benefits that accrue to the  
174 individual's genetically related group mates, then at equilibrium this is expected to be exactly  
175 balanced by a direct-fitness cost (owing to the basic disadvantage of left-handedness failing  
176 to outweigh the improved success in combat), such that left-handedness is a marginally  
177 altruistic trait. In this scenario, a higher level of relatedness is expected to be associated with  
178 a higher incidence of left-handedness (Figure 1a).

179

180 Relatedness will usually depend on the ecology and demography of the population, and so the  
181 above insights also yield predictions as to how population processes relate to the  
182 evolutionarily favoured incidence of left-handedness. As a concrete example, we consider the  
183 rate of dispersal. If individuals have a higher tendency to disperse away from their place of  
184 origin and pursue reproductive opportunities within other groups, then this is expected to  
185 result in lower relatedness between group mates. Accordingly, if left-handedness is  
186 marginally selfish—as, for example, in the within-group combat scenario—then as the rate of  
187 dispersal increases, the evolutionarily favoured level of left-handedness is expected to  
188 increase (Figure 1a). And, in contrast, if left-handedness is marginally altruistic—as, for  
189 example, in the between-group combat scenario—then as the rate of dispersal increases, the  
190 level of left-handedness is expected to decrease (Figure 1a). These predictions relate to  
191 contemporary and/or historical between-population comparisons and also, potentially, to the  
192 dynamics of handedness within a single population across evolutionary timescales in  
193 responses to demographic change (see Discussion).

194

195 **(b) Sex differences in human handedness**

196

197 Above, we have shown that the average genetic relatedness between social partners—and the  
198 population processes that modulate this—is expected to influence the evolutionarily favoured  
199 incidence of left-handedness at a population level. Similarly, inter-individual differences in  
200 relatedness to one’s social partners—and the population processes responsible for such  
201 variation—are expected to drive differences in levels of left-handedness among different  
202 subdivisions of the population. In particular, sex-specific demographic processes—such as  
203 sex-biased dispersal—may result in a sex difference in the relatedness of social partners,  
204 which may favour a sex difference in the incidence of left-handedness. For example, all else  
205 being equal, female-biased dispersal is expected to result in relatedness between social  
206 partners being lower for women than for men; hence, all else being equal, a higher level of  
207 left-handedness would be favoured among women than among men if left-handedness is  
208 marginally selfish (such as in the within-group combat scenario) and a higher level of left-  
209 handedness would be favoured among men than among women if left-handedness is  
210 marginally altruistic (such as in the between-group combat scenario) (Figure 1b). The  
211 opposite pattern is expected under male-biased dispersal (Figure 1b).

212

213 In addition to differences in relatedness, the sexes might also differ with respect to the fitness  
214 consequences—that is, the benefits and costs—associated with left-handedness. Such fitness  
215 differences would also be expected to modulate sex differences in incidence of left-  
216 handedness. For example, if the frequency-dependent advantage of left-handedness when rare  
217 applies more strongly to men than to women—as would be expected in the combat scenarios  
218 if men engage in combat more frequently than do women (Divale & Harris 1976, Micheletti  
219 et al. 2018) and/or if men have more to gain from winning in combat in terms of enhanced  
220 reproductive success (Gibbons 1993)—then, all else being equal, the incidence of left-

221 handedness is expected to be higher among men than among women. More generally, these  
222 sex-difference results concern adaptive evolution, and are based upon considerations of  
223 female versus male fitness optima. Accordingly, they neglect non-adaptive sex differences  
224 arising, for example, from a greater vulnerability of males to developmental perturbation  
225 away from a default phenotype, which has been reported in disorders including ASD (Antaki  
226 et al. 2022), and this could offer alternative explanations for the higher incidence of left-  
227 handedness among males (see Discussion).

228

229 **(c) Parental genetic effects in human handedness**

230

231 Above, we have shown how the evolutionarily favoured level of left-handedness may be  
232 modulated by the valuation that individuals place upon the reproductive success of social  
233 partners relative to their own reproductive success. This assumes that an individual's own  
234 genotype controls the handedness phenotype and if, instead, the handedness phenotypes were  
235 controlled by the parental genotype—i.e. a “parental genetic effect”; (Trivers 1972, Trivers  
236 1974, Wilson 1980, Wolf et al. 1998, Badyaev & Uller 2009, Hwang et al. 2020)—then we  
237 might expect the evolutionarily favoured incidence of left-handedness to reflect the  
238 relatedness valuations made by the individual's parents. More generally, if an individual's  
239 predisposition to left-handedness is modulated in part by the individual's own genotype and  
240 also in part by the genotypes of the individual's parents then we might expect an evolutionary  
241 conflict of interests—and associated evolutionary arms race—between parent and offspring  
242 (Trivers 1974), and between the parents themselves (Trivers 1972), as each party is favoured  
243 to move the handedness phenotype closer to their own fitness optimum.

244

245 If an individual's handedness phenotype represents a trade-off between the individual's own  
246 reproductive success and the reproductive success of the individual's group mates, then in  
247 general terms we expect the individual's parents to favour a balance that is relatively in  
248 support of the group mates' reproductive interests and the individual to favour a balance that  
249 is relatively in support of their own reproductive interests, so long as there is relatedness  
250 among group mates (see Supplementary Material §§S1.7&S2.5 for details). This owes to  
251 individuals being genetically identical to themselves and only somewhat genetically related  
252 to their offspring. Accordingly, if left-handedness is a marginally selfish trait (as in the  
253 illustrative within-group combat scenario) then we expect parents to favour a lower  
254 predisposition for left-handedness in their offspring than their offspring would themselves  
255 favour, and if left-handedness is a marginally altruistic trait (as in the illustrative between-  
256 group combat scenario) then we expect parents to favour a higher predisposition for left-  
257 handedness in their offspring than their offspring would themselves favour (Figure 1c).

258

259 Moreover, although both parents are equally related to their offspring they may be  
260 differentially related to their offspring's social partners, so that mothers and fathers may  
261 favour different dispositions for left-handedness among their offspring. For example, under  
262 female-biased dispersal, mothers are expected to be less related to their offspring's social  
263 partners than are fathers, and hence more inclined to their offspring having a disposition for  
264 left-handedness if this is a marginally selfish trait (as in the illustrative within-group combat  
265 scenario) and less inclined to their offspring having a disposition for left-handedness if this is  
266 a marginally altruistic trait (as in the illustrative between-group combat scenario) and the  
267 opposite set of outcomes is expected under male-biased dispersal (Figure S1). Accordingly,  
268 considerations of patterns of relatedness and concomitant kin selection yields predictions as  
269 to parental genetic effects—including maternal genetic effects and paternal genetic effects—

270 working at cross purposes with the individual's own genome, as well as with each other, in  
271 relation to the individual's handedness phenotype.

272

273 **(d) Parent-of-origin effects in human handedness**

274

275 Above, we have shown that sex-specific demography—such as sex-biased dispersal—may  
276 generate differences in the relatedness valuations made by mothers and fathers regarding the  
277 reproductive success of their offspring versus their offspring's social partners, resulting in the  
278 evolution of parental genetic effects in relation to handedness. Similarly, this relatedness  
279 asymmetry can also extend into the offspring's own genome and ignite an evolutionary  
280 conflict of interests between the individual's own maternal-origin versus paternal-origin  
281 genes. Such intragenomic conflict in relation to other social traits has been suggested to drive  
282 in the evolution of parent-of-origin specific genetic effects, including genomic imprinting  
283 (Haig 2002; Gardner & Úbeda 2017)—and induce vulnerability to a number of associated  
284 developmental disorders, e.g. Silver-Russell syndrome (SRS) and Beckwith-Wiedemann  
285 syndrome (BWS) (Crespi 2011, Wilkins & Úbeda 2011, Crespi 2020).

286

287 For example, if left-handedness is marginally selfish (such as in the within-group combat  
288 scenario) then under female-biased dispersal the relatedness between social partners through  
289 maternal-origin genes—all else being equal—will be lower than the relatedness through  
290 paternal-origin genes, and hence maternal-origin genes are expected to favour a higher level  
291 of left-handedness than are paternal-origin genes (Figure 2); whereas under male-biased  
292 dispersal relatedness will be higher through maternal-origin genes than through paternal-  
293 origin genes, and hence maternal-origin genes are expected to favour a lower level of left-  
294 handedness than are paternal-origin genes (Figure 2). Conversely, when left-handedness is

295 marginally altruistic (such as in the between-group combat scenario) then under female-  
296 biased dispersal maternal-origin genes are expected to favour a lower level of left-handedness  
297 than are paternal-origin genes, whereas under male-biased dispersal maternal-origin genes are  
298 expected to favour a higher level of left-handedness than are paternal-origin genes (Figure 2).

299

300 According to the kinship theory of genomic imprinting (Haig 2002), this form of  
301 intragenomic conflict will typically lead to one of the copies of the gene being silenced.  
302 Specifically, according to the “loudest voice prevails” principle (Haig 1996), the two copies  
303 of the gene at the affected locus are favoured to adjust their level of expression in opposite  
304 directions, such that the one favouring a higher level of left-handedness will act to increase  
305 the level of left-handedness while the one favouring a lower level of left-handedness will act  
306 to decrease the level of left-handedness, with perhaps no net change in the actual level of left-  
307 handedness, until the gene being favoured to decrease its expression falls silent, after which  
308 point the other gene will increase its expression to a level corresponding with its  
309 evolutionarily favoured level of left-handedness. At a locus for which an increase in gene  
310 expression results in an increase in the level of left-handedness—a “left-handedness  
311 promoter” locus—it is the gene that favours a higher level of left-handedness that is expected  
312 to remain expressed while the gene that favours a lower level of left-handedness is silenced,  
313 and at a locus for which an increase in gene expression results in a decrease in the level of  
314 left-handedness—a “left-handedness inhibitor” locus—it is the gene that favours a lower  
315 level of left-handedness that is expected to remain expressed while the gene that favours a  
316 higher level of left-handedness is silenced. Accordingly, the function of the gene product  
317 determines the direction of imprint.

318

319 For example, if left-handedness is marginally selfish (e.g. within-group combat), then under  
320 female-biased dispersal we expect left-handedness promoters to be maternally expressed and  
321 paternally silenced and left-handedness inhibitors to be maternally silenced and paternally  
322 expressed, and under male-biased dispersal left-handedness promoters are expected to be  
323 maternally silenced and paternally expressed and left-handedness inhibitors to be maternally  
324 expressed and paternally silenced; however if left-handedness is marginally altruistic (e.g.  
325 between-group combat), then under female-biased dispersal we expect left-handedness  
326 promoters to be maternally silenced and paternally expressed and left-handedness inhibitors  
327 to be maternally expressed and paternally silenced, and under male-biased dispersal left-  
328 handedness promoters are expected to be maternally expressed and paternally silenced and  
329 left-handedness inhibitors to be maternally silenced and paternally expressed (Figure 3).

330

### 331 **3 | Discussion**

332

333 Although game theoretic attempts to explain the evolutionary maintenance of a substantial  
334 minority of left-handed individuals in human population fundamentally hinge upon social  
335 interaction, and although kin selection is a fundamental driver of social evolution, the  
336 possible role for kin selection in modulating the evolution of human handedness has  
337 previously been neglected. We have shown how patterns of relatedness—and the  
338 demographic processes underpinning these—are expected to shape patterns of human  
339 handedness. Specifically, our kin-selection analyses reveal that: (1) genetic relatedness  
340 between social partners—modulated by population processes such as dispersal—is expected  
341 to influence the population level of left-handedness in a direction that depends upon whether  
342 left-handedness is marginally selfish (as in our illustrative within-group combat scenario)  
343 versus marginally altruistic (as in our illustrative between-group combat scenario); (2) sex-

344 specific demography—such as sex-biased dispersal—can result in differences in sex  
345 differences in relatedness to one's social partners, which may go some way to explaining sex  
346 differences in incidence of left-handedness; (3) differences in relatedness valuations made by  
347 different family members can ignite conflicts of interest between parents and offspring and  
348 between an individual's mother and father over their handedness phenotype, driving the  
349 evolution of parental genetic effects; and (4) such relatedness differences may even ignite  
350 evolutionary conflicts of interest within the individual's own genome, with maternal-origin  
351 and paternal-origin genes favouring different handedness phenotype, which is expected to  
352 drive the evolution of parent-of-origin effects—such as “genomic imprinting”—in relation to  
353 handedness.

354

355 Our analyses have shown that the degree of genetic relatedness between social partners  
356 whose reproductive success is modulated by each other's handedness phenotypes is expected  
357 to modulate the evolutionary equilibrium frequency of left-handedness in the population, with  
358 higher relatedness being associated with a lower level of left-handedness when left-  
359 handedness tends to benefit the individual at the expense of social partners (selfishness) and a  
360 higher level of left-handedness when left-handedness tends to benefit social partners at the  
361 expense of the individual (altruism). The degree of relatedness is itself expected to depend on  
362 ecological and demographic parameters such as rate of dispersal, which higher dispersal of  
363 individuals tending to reduce the extent of genetic relatedness between social partners. At a  
364 comparative level, variation in ecological and demographic parameters between different  
365 human populations could potentially explain between-population differences in incidence of  
366 left-handedness, and variation in ecological and demographic parameters within a single  
367 human population over time might explain temporal differences in the incidence of left-  
368 handers, but only insofar as the variation in ecology and demography occurs over a relatively

369 long timescale and the evolutionary fine-tuning of handedness occurs over a relatively short  
370 timescale. Our analysis offers little quantitative guidance as to the relevant timescales, but the  
371 population bias towards right-handedness does appear to have already been in place when  
372 hominin lineages diverged from the great apes around seven million years ago (Uomini &  
373 Ruck 2018, Papadatou-Pastou et al. 2020).

374

375 Our analysis also reveals that sex-specific selection can give rise to sex differences in  
376 handedness. We have shown how sex-specific demographies—such as sex-biased dispersal—  
377 may lead to sex differences in relatedness between social partners and hence sex-differences  
378 in the level of left-handedness favoured by females versus males. Whether humans have been  
379 characterised by sex-biased dispersal in our evolutionary past, and in which direction,  
380 remains a controversial topic: the traditional view is that human dispersal has been female-  
381 biased (Ember 1975), but evidence has also been marshalled in support of dispersal having  
382 been unbiased or mixed (Marlowe 2004). Our use of sex-biased dispersal is merely as an  
383 illustration, and the results extend more generally to any ecological and demographic factors  
384 that result in sex-differences in relatedness to one's social partners—such as patterns of  
385 inbreeding (Wilkins & Haig 2003). In addition to relatedness, our analysis has emphasised  
386 that sex difference in left-handedness might also reflect sex differences in the costs and/or  
387 benefits of left-handedness. For example, men are generally understood to engage in—and to  
388 benefit from winning—combat more than do women (Divale & Harris 1976, Micheletti et al.  
389 2018), which could explain a higher incidence in otherwise-costly left-handedness on account  
390 of a surprise advantage in combat settings. The higher incidence of left-handedness in males  
391 could also arise for non-adaptive reasons, such as sexually differential liability thresholds  
392 (Khramtsova et al. 2019, Merikangas & Almasy 2020), whereby the number of risk alleles

393 required for an individual to exhibit a minority phenotype is greater for females than males,  
394 i.e. the female buffering effect.

395

396 Our analysis reveals the potential for parental genetic effects to occur in relation to left-  
397 handedness, such that alleles carried by a parent exert an influence on their offspring's  
398 handedness phenotype, irrespective of whether the offspring carries the same alleles. These  
399 parental genetic effects are expected to arise evolutionarily as a consequence of parents  
400 having different interests regarding their offspring's handedness phenotype, and our analysis  
401 yields predictions as to patterns of such gene effects depending on the sex of parent and  
402 offspring (see Supplementary Material §§S1.7 and S2.5). Schmitz et al. (2022)'s analyses  
403 suggested parental effects on hand preference, and stronger maternal effects than paternal  
404 effects in another multidimensional laterality trait—footedness. Parental genetic effects have  
405 been suggested to arise in neurodevelopmental disorders associated with handedness, such as  
406 maternal genetic effects in relation to loci associated with ASD—potential loci include  
407 *SHANK3* on chromosome 22 and *WBSCR17* on chromosome 7q11—but these findings are  
408 not replicated in other individual data set (Connolly et al. 2017). The predictions of our  
409 analysis therefore offer a new perspective for understanding the role of parental genetic  
410 effects in neurodevelopmental disorders.

411

412 Finally, our analysis also reveals maternal-origin versus paternal-origin genes within an  
413 individual's own genome may come into conflict in relation to their carrier's handedness  
414 phenotype, and how this conflict may lead to the evolution of parent-of-origin-specific gene  
415 expression. Genomic imprinting is associated with a variety of debilitating disorders, with  
416 parent-of-origin-specific clinical effects and nonstandard patterns of inheritance that are often  
417 predictable in light of the kinship theory (Wilkins & Ubeda 2011). Our results concerning

418 patterns of imprinting allow us to make predictions as to the effects of a range of different  
419 mutational and epimutational perturbations of imprinted loci affecting handedness (Figure  
420 S3). For example, a gene deletion at an imprinted locus is expected to have no impact on the  
421 phenotype if the gene was to be silenced anyway, but it is expected to have a—potentially  
422 major—impact upon the phenotype if it was to be expressed such that no functional gene  
423 product at all will derive from the affected locus (Figure S3). Such effects might often be  
424 lethal insofar as they involve disruption to early stages of brain development when left-right  
425 asymmetry is usually established. These predictions could potentially enhance our  
426 understanding of various neurodevelopmental disorders associated with handedness. A range  
427 of neurodevelopmental conditions are associated with elevated level of left (or non-right)  
428 handedness, e.g. dyslexia or developmental language disorders (Abbondanza et al. 2023,  
429 Packheiser et al. 2023), schizophrenia (Hirnstein & Hugdahl 2014), and ASD (Markou et al.  
430 2017). Several loci that are associated with ASD have been suggested to have a parent-of-  
431 origin effects—with maternally over-expressed components including a region between  
432 *LOC391642* and *LOC645641* on chromosome 4 and the *LRRC16A* gene on chromosome 6,  
433 and paternally over-transmitted genes including the *STPG2* gene on chromosome 4 and the  
434 *TBC1D4* gene on chromosome 13—but these findings are not replicated (Connolly et al.  
435 2017). Considering novel parent-of-origin effects on complex traits have recently been  
436 reported with larger samples and new method such as probabilistic approach (Hofmeister et  
437 al. 2022), we suggest parent-of-origin effects might be more widespread than anticipated.  
438

439 In relation to parent-of-origin effects, we have focused on the “loudest voice prevails” model  
440 of the evolution of genomic imprinting (Haig 1996), which applies here to loci whereby a  
441 greater level of gene expression either increases (“left-handedness promoter”) or decreases  
442 (“left-handedness inhibitor”) the likelihood of the individual exhibiting left-handedness. For

443 loci at which an intermediate level of gene expression yields a right-handed phenotype and  
444 deviations in gene expression (in either direction) are liable to yield a left-handed  
445 phenotype—in line with the developmental instability hypothesis of handedness (Yeo &  
446 Gangestad 1993)—we might instead expect the gene that favours a greater incidence of left-  
447 handedness to exhibit more stochastic expression, i.e. the “chaotic voice prevails” logic of  
448 Úbeda et al. (2014). More generally, the kinship theory of genomic imprinting, as it currently  
449 stands, predicts genomic imprinting of all loci that experience parent-of-origin conflict, yet  
450 empirical studies suggest that genomic imprinting is quite rare—around 1% of genes in the  
451 human genome (Luedi et al. 2007). Clearly, there are additional requirements for a locus to  
452 evolve imprinting, and our hope is that through confronting theoretical predictions with  
453 empirical data, the theory can be further refined.

454

455 The strong population bias in favour of one sidedness type while the other remains a  
456 substantial minority appears to be an exclusively human phenomenon. However,  
457 lateralization itself has a taxonomically widespread occurrence. The historical view that  
458 lateralization is unique in humans was disputed in 1970s during a renaissance of lateralization  
459 studies (Güntürkün et al. 2020), and since then lateralization has been reported across the  
460 animal kingdom (Rogers 1980, Vallortigara & Bisazza 2002, Ocklenburg & Güntürkün 2012,  
461 Ströckens et al. 2013, Versace & Vallortigara 2015). Some species only show lateralization at  
462 individual level, such as paw preference in rodents (Manns et al. 2021), and in cats and dogs  
463 (Ocklenburg et al. 2019), turning preferences in insects (Hassall et al. 2007) and in fishes  
464 (Vallortigara & Rogers 2005), and eye preference in octopuses (Byrne et al. 2004). While  
465 lateralization at population level seems to be relatively rarer (Vallortigara & Rogers 2005,  
466 Meguerditchian et al. 2013), supporting evidence has steadily accumulated from studies of  
467 indoor/captive individuals and from the field (Forrester et al. 2013, Ströckens et al. 2013),

468 including hand preference in nonhuman primates (Caspar et al. 2022), foot (Rogers 1980) and  
469 eye preferences (Brown & Magat 2011) in Australian parrots, left-leg preference for prey  
470 touching in spitting spiders (Ades & Ramires 2002), right-leg preference in kicking  
471 undesirable males by female mosquitoes (Benelli et al. 2015), turning bias in ants (Hunt et al.  
472 2014) and a higher frequency of being attacked on the right in trilobites (Babcock 1993).

473

474 Ghirlanda et al. (2009) argued that population-level brain lateralization can occur in two  
475 steps: first, individuals should benefit from increased cognitive efficiency by being lateralized  
476 in either direction (Levy 1977, Güntürkün et al. 2000, Rogers et al. 2004, Vallortigara &  
477 Rogers 2005, Llaurens et al. 2009); second, a population-level bias in preference to one  
478 direction should bring additional benefits, e.g. the majority of individuals moving in the same  
479 direction creates a dilution effect which reduces the chances of being eaten by predators  
480 (Ghirlanda & Vallortigara 2004, Vallortigara & Rogers 2005), while the minority may also  
481 enjoy a surprise advantage if predators learn which direction the majority of their prey prefer  
482 (Ghirlanda & Vallortigara 2004). The surprise advantage of left-handedness has been found  
483 in elite athletes competing in sports such as fencing, boxing, baseball and table tennis  
484 (Abrams & Panaggio 2012, Loffing 2017, Papadatou-Pastou et al. 2020). Though the  
485 additional benefits were first discussed in relation to prey-predator interactions, similar  
486 benefits might also emerge from intraspecific interactions. Ghirlanda et al (2009) and Abrams  
487 & Panaggio (2012) have suggested that the population balance of right-handers versus left-  
488 handers reflects the relative prevalence of cooperative versus competitive interactions, with  
489 cooperative interactions promoting the fitness of the majority handedness type and  
490 competitive interactions promoting the fitness of the minority handedness type. All of these  
491 game theoretical models focus on social interactions, which are very likely to be mediated by  
492 genetic relatedness as shown in general cases of social evolution, yet our investigation is the

493 first time to consider kin selection in human handedness. The predicted effect of relatedness  
494 on the evolution of handedness crucially depends on whether left-handedness is marginally  
495 altruistic or selfish. Although current data are not sufficient for answering that question, our  
496 analyses provide a framework within which future data can be motivated and conceptualised.

497 **References**

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746

747 **Figure Legends**

748

749 Figure 1 | Level of left-handedness can be mediated by demographic features such as  
750 dispersal, as higher dispersal reduces relatedness between social partners. (a) Level of left-  
751 handedness is mediated by dispersal in the context of within-group combat (left-handedness  
752 is selfish) versus between-group combat (left-handedness is altruistic). (b) Sex effects in left-  
753 handedness: level of left-handedness can be mediated by sex and dispersal pattern  
754 (female/male biased dispersal). (c) Parental genetic effects in left-handedness: level of left-  
755 handedness can be mediated by dispersal, and further result in parent-offspring disagreement  
756 on handedness. Here, we set female dispersal rate  $m_f$  to be 0.5, the relative importance of  
757 combat in relation to other types of competitions for females  $b_f$  and males  $b_m$  both to be 1,  
758 and the number of individuals each sex born in the same patch  $n$  to be 5 (parameter details  
759 see Supplementary Material §§S1.3).

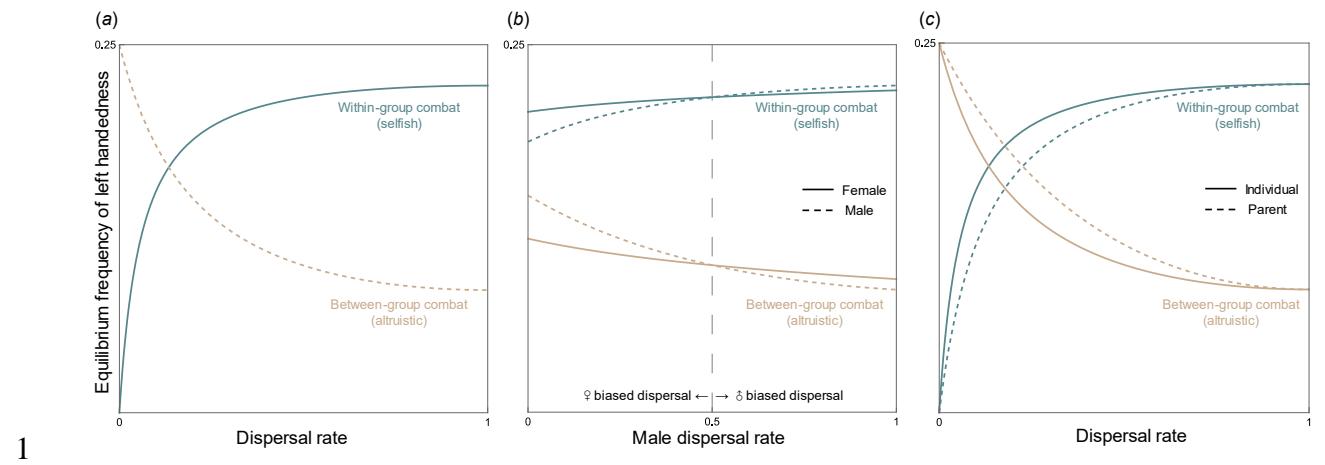
760

761 Figure 2 | Parent-of-origin effects in left-handedness: level of left-handedness can be  
762 mediated by where the genes are inherited (from mother versus from father) effects and  
763 dispersal pattern (female/male biased dispersal) in the context of within-group combat (left-  
764 handedness is selfish) versus between-group combat (left-handedness is altruistic). Here, we  
765 set female dispersal rate  $m_f$  to be 0.5, the relative importance of combat in relation to other  
766 types of competitions for females  $b_f$  and males  $b_m$  both to be 1, and the number of individuals  
767 each sex born in the same patch  $n$  to be 5.

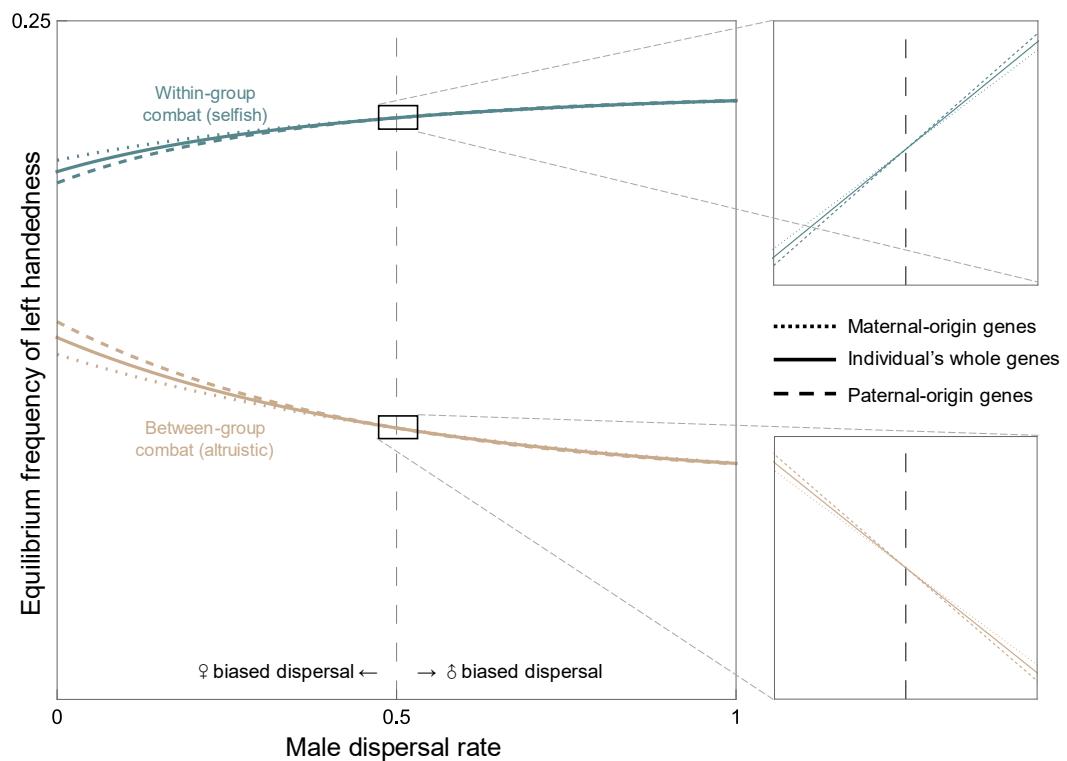
768

769 Figure 3 | How dispersal type and gene type modulate the expression/imprinting pattern of  
770 maternal- versus paternal-origin genes in relation to the level of left-handedness, according to

771 the kinship theory (see Supplementary Material Figure S3 for the phenotypic consequences of  
772 gene deletions, gene duplications, epimutations and uniparental disomies).



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6

7 Figure 2.

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Dispersal	Female-biased	Female-biased	Male-biased	Male-biased
Gene type	Promotor	Inhibitor	Promotor	Inhibitor
Selfish	M  Maternal P  expression	M  Paternal P  expression	M  Paternal P  expression	M  Maternal P  expression
Altruistic	M  Paternal P  expression	M  Maternal P  expression	M  Maternal P  expression	M  Paternal P  expression

11 Figure 3.

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