

The effect of information content distributions on word recollection and familiarity

Joel C. Wallenber^{1,4,*}, Salsabila Nadhif Fadhilah^{1,2}, Taylor D. Hinton^{1,5}, Tom V. Smulders^{1,2}, Jenny C.A. Read^{1,2}, Christine Cuskley^{1,3}

1Centre for Behaviour and Evolution, Newcastle University, Newcastle Upon Type, NE2 4HH, UK

2 Biosciences Institute, Newcastle University, Newcastle Upon Type, NE2 4HH, UK

3 Language Evolution, Acquisition and Development Group, Newcastle Upon Type, NE1 7RU, UK

4 Department of Language and Linguistic Science, University of York, York, YO10 5DD, UK

5 Department of Psychology, University of Virginia, PO BOX 400400, Charlottesville, VA 22904-4400, USA

* joel.wallenberg@york.ac.uk

Abstract

This study builds on work on language processing and information theory which suggests that informationally uniform, or smoother, sequences are easier to process than ones in which information arrives in clumps. Because episodic memory is a form of memory in which information is encoded within its surrounding context, we predicted that episodic memory in particular would be sensitive to information distribution. We used the “dual process” theory of recognition memory to separate the episodic memory component (recollection) from the non-episodic component (familiarity) of recognition memory. Though we find a weak effect in the predicted direction, this does not reach statistical significance and so the study does not support the hypothesis. The study does replicate a known effect from the literature where low frequency words are more

easily recognized than high frequency ones when participants employ recollection-type memory. We suggest our results may be explained by linguistic processing being particularly adapted to processing linear sequences of information in a way that episodic memory is not. Episodic memory likely evolved to deal with unpredictable, sometimes clumped, information streams.

Keywords: episodic memory, language, information theory, recognition, recollection, familiarity

Introduction

Information theory [1] characterizes the dynamics of a variety of systems in which information is passed from a sender to a receiver, including the transmission of information across neuronal networks [2] or DNA translation and transcription [3]. Recently, the application of information theory to language has led to the discovery that people tend to distribute information as evenly as possible across utterances as they speak, which helps to maintain effective communication in the presence of “noise” (i.e. interference) of various types [4–7]. This may reflect a general bias for distributing information evenly in transmission in information theoretic systems more generally. For example, abnormally clumped neuronal spikes have been connected to Parkinson’s Disease [8] and chronic tinnitus [9], indicating that clustered information disrupts normal neuronal functioning. In genetics, redundancy spreads information in an adaptive way: there are over three times as many unique mRNA codons as amino acids they code for. Because the same amino acid is coded for by multiple similar codons, it is less likely that a single nucleotide mutation alters the amino acid than if each amino acid had a unique code [10].

Memory encoding can also be viewed in information theoretic terms, as the process of information transfer from the outside world to brain circuits. If the same principles apply to this information transfer as those found in language, and suggested for neural systems and DNA, then clumps of information should inhibit encoding. In other words, more information should be encoded when the incoming information is distributed more evenly in temporal terms. The memory system that is dedicated to storing and retrieving unique events in context (such as unique sequences of words) is called

episodic memory [11, 12]. Here, we build on the “dual process” theory of recognition
24 memory. [13–15] Familiarity is the recognition that a particular item has been
25 encountered before, but without retrieval of the surrounding context (i.e., whether or
26 not you believe you have seen an item). Recollection, on the other hand, is understood
27 as recognition of an item or word *and the episodic context in which it was encountered*.
28 The two processes are hypothesized to be separable both cognitively and
29 neurobiologically [14, 16–18]. One way to separate the two processes behaviourally is by
30 the use of Receiver Operating Characteristic (ROC) curves, which are fit for each
31 participant so as to calculate the contributions of recollection and familiarity by
32 estimating the ROC’s y-intercept parameter (for recollection) and curvature parameter
33 (“ d' ”, for familiarity [19]). To do this, participants are first presented with a target word
34 list during a study phase. After a retention interval, they are then presented with
35 another list of words, made up of the old words combined with distractor words.
36 Participants are then asked to identify which words they had seen before, and to report
37 their confidence for each judgement. The confidence measures are used to fit the ROC
38 curve.
39

To investigate how the episodic memory system deals with information that is
40 distributed in different manners throughout a temporal stream, we added a
41 manipulation of the word order in the study phase, so that some participants saw all
42 low frequency words (i.e. high information content words) and high frequency words (i.e.
43 low information content) sorted in ascending or descending order (“Clumped”), while
44 others saw a list of words in which low and high frequency words alternated (“Even”).
45 The Even order, which spreads information across the sequence as a whole in a more
46 distributed fashion, is known to be resistant to catastrophic effects of certain types of
47 noise [20, 21]. We therefore hypothesize that episodic memory encoding will be more
48 successful when participants see sequences where information is more evenly distributed,
49 *when it is a sequence that is being stored*. In other words, we predict this effect for
50 recollection type memory *only*, which stores and retrieves a target item with its
51 surrounding context.
52

Materials and methods

Participants

Sample A

The experiment was approved by the Newcastle University Ethics Committee, REF 232/2020, and all research was performed in accordance with relevant guidelines and regulations. Data collection for this sample took place between 10 February 2020 and 20 July 2020. Written informed consent was obtained from all participants prior to the start of the experimental task. A total of 315 participants were recruited on Amazon Mechanical Turk (paid \$4 for completing the task) and 10 participants volunteered on social media. The task took approximately 20-30 minutes in piloting. Participants took on average 22 minutes to complete ($SD = 12$ minutes); some participants completed extremely quickly (e.g., within 7 minutes) while others took over an hour. Due to the unmonitored online nature of the task, participants with completion times shorter than 1 standard deviation below the mean completion time and greater than 2 standard deviations longer than the mean were excluded, leaving 284 participants (186 male, 98 female, 1 preferred not to say) for analysis. Only two volunteers were eliminated and the remainder were Mechanical Turk workers (of 285 participants analysed, 277 were recruited via Mechanical Turk and 8 volunteered via social media). Participants included in analyses had ages ranging from 19 to 72 years old (mean ≈ 37.3 , $SD \pm 11.6$), and completion times in the range of 10-51 minutes, with a mean completion time of 21.55 minutes.

139 participants were in the smooth condition (shown a list of words with alternating high and low information content, making for a smoother distribution of information across the list), and 147 were in the clumped condition (shown a list of words sorted by information content, such that information is clumped within the list).

Sample B

The experiment was approved by the Newcastle University Ethics Committee on 18 March 2021, and all research was performed in accordance with relevant guidelines and regulations. Written informed consent was obtained from all participants prior to the

start of the experimental task. Data collection for this sample took place between 5 April 2021 and 12 July 2021. A total of 199 participants were recruited on Amazon Mechanical Turk. For this sample, the word memory/recollection task occurred alongside an image memory/recollection task not analysed here: participants either randomly completed the image portion of the task or the word portion of the task first. Due to the variable nature of completion times in the first task, this task was time limited: participants had to submit the completed task on Mechanical Turk within one hour of accepting it. Given the longer overall nature of this task and the time-limited completion, participants were paid \$12 for completing this task (all participants who completed the task in Sample A were excluded based on their Mechanical Turk Worker ID). Completion times for the word block of the task on its own were not collected; however, participants were excluded from analyses based on their overall completion time as in Sample A. Here, the mean completion time was 29 minutes, with a minimum of 14 minutes and a maximum of 59 minutes (as this was the maximum permitted by the task), with a standard deviation of 7 minutes. As with Sample A, participants with completion times less than 1 SD below the mean (22 minutes) and more than 2 SDs above the mean (43 minutes) were excluded.

This left a total of 173 participants included in analysis. 87 were in the smooth condition, and 86 were in the clumped condition.

Materials

A total of 140 words were chosen from the English Lexicon Project [22], including 70 target words and 70 distractors. All words were two syllable monomorphemic nouns between 5-8 characters, and fell into three frequency categories based on their log frequency in the HAL corpus [23]. Of the 70 target words, 35 were low frequency (log frequency between 10.12 and 12.55) and 35 were high frequency (log frequency between 2.57 and 6.68). The 70 distractor words were of a mid range; log frequency between 7.16 and 9.89 (overlapping with neither the high or low categories). Materials were identical for both samples.

The target word lists were presented in four potential orders, according to the smooth vs clumped condition, and whether a list started with high frequency words or

low frequency words (low start and high start respectively). In lists which had clumped information distributions, words were sorted either in ascending (from low to high) or descending (from high to low) order according to their frequency. In conditions which had even information distributions, the words in each frequency grouping were sorted in ascending order separately, and then alternately appended to a central list pulling from the start of one list and the end of the other. In other words, for the high start/even condition, the low frequency and high frequency words were each arranged in ascending order, and then rearranged into a central list which was assembled by removing the first word from the high frequency list and the last word from the low frequency list iteratively until both the original lists were empty. Participants were systematically assigned a condition as described below (in “Procedure”). The list of words for rating (including all low frequency, high frequency, and mid frequency words for a total of 140 items) was presented in a random order for each participant (using the random.shuffle() function in Python).

Procedure

The task was conducted in the browser using JavaScript and jQuery, with a Python/Flask server deployed on Heroku (<https://heroku.com>), and data stored in MongoDB Atlas. Fully documented code for the experimental setup is available at <https://github.com/CCuskley/Wordmemory/tree/main/Materials>, and can be demoed at <https://exp5-main.herokuapp.com/wmdemo> (Note that this demo only shows the low start smooth list of words invariably, although the open source code includes condition assignment.)

Each target word was shown in the centre of a white screen, and target words alternated with a fixation cross. Each target word displayed for 1000ms and the fixation cross displayed for 500ms between words.

Participants were randomly allocated to a condition based on how many previous participants had completed the task in that condition. Participants began the experiment by consenting to standard terms of participation, including details about compensation, length of the task, and data use. They were then given very brief instructions indicating approximately how long the experiment would take, and

explaining that they would be tasked with recalling a list of words. Before proceeding to
142 the main task, participants were first given a simple test to prevent bots or scripts from
143 completing the task. If they failed this task, they could not view or proceed to the
144 remainder of the experiment, and thus could not complete the task, either as a
145 volunteer or on Mechanical Turk.
146

After passing this test, participants were asked to provide their age and gender
147 (male, female, other, or prefer not to say). They were then asked whether their first
148 language is English. If they said yes, they were asked if they knew other languages. If
149 they said 'no', they were asked for the age at which they started learning English,
150 providing us with a rough proxy for proficiency when combined with their current age.
151

Following this, they were given more detailed instructions, that they would see a list
152 of words, watch a video, and then try to recall words from the list. First, participants
153 were shown a short demo list to become familiar with how the list would be displayed
154 for the target words; this simply displayed each word in the sentence 'This is where the
155 words will show try to remember them' in succession. None of the words in this
156 sentence were part of the target or distractor set used in the main task. Before moving
157 onto the target list, participants were advised that the target list would include
158 unrelated words, and initiated the list of 70 target words. After this, participants
159 watched a short (3min) video (with no lyrics or narration) of either cats
160 (<https://vimeo.com/212247939> or plants (<https://vimeo.com/69225705>), before
161 being given brief instructions on the recall phase. In the recall phase, they were shown
162 all 140 words (the 70 targets and 70 medium frequency distractors) in a random order.
163 Each word was shown in isolation with the questions "Did you see it?" (answer was yes
164 or no button) and "How sure are you" (answers were "Not at all", "Sort of" and
165 "Very"). Participants could change their answers before moving onto the next word, and
166 a progress bar at the top of the screen displayed how far along they were. When they
167 had completed the entire list the task ended.
168

Analysis

169

Fitting

170

The fitting of Receiver Operating Characteristics for each participant, and in the second analysis for high frequency words and low frequency words for each participant, was conducted with purpose-built scripts in R, which can be found in the Github repository below. All other statistical analysis used R (core libraries, [24] *lme4* for mixed-effects models, [25] and *ggplot2* for plots [26]).

171

172

173

174

175

Mathematical model

176

The model assumes that during the recall phase, each word elicits an internal signal indicating its familiarity. This signal is assumed to be normally distributed and to have unit variance. The mean familiarity is d' for words that were in the previously-seen target list, and 0 for words that were not. Words that were in the target list may also be recollected via episodic memory, with probability R . We assume that participants judge a word as "previously seen" if the familiarity signal exceeds a criterion value C , or (for words in the target list) if they recollect it. An observer's performance is therefore characterized by the three parameters d' , R and C . Where the word was in the target list, the probability that the observer correctly identifies it as such is

$$p_{Hit}(C) = R + (1 - R)\Phi(d'/2 - C)$$

where Φ is the cumulative distribution function of the standard normal distribution.

The probability they class it as not seen is

$$p_{Miss}(C) = 1 - p_{Hit}(C) = (1 - R)(1 - \Phi(d'/2 - C))$$

For words not in the target list, the probability that the observer makes a "false alarm" is

$$p_{FA}(C) = 1 - \Phi(d'/2 + C)$$

while the probability that they correctly reject it is

$$p_{CR}(C) = 1 - p_{FA}(C) = \Phi(d'/2 + C);$$

Estimating the ROC curve

We have written these as functions of the decision criterion C because we assume that, 177 whereas R and d' are fixed for a given observer and experimental condition, C can vary. 179 The Receiver Operating Characteristic curve, or ROC curve, is obtained by plotting 180 $p_{Hit}(C)$ against $p_{FA}(C)$ as C varies. 181

We estimate the effect of varying C by rescored observers based on their stated 182 confidence. We simulate a high decision criterion by recoding as "no" trials where 183 observers actually responded "yes" the word was in the target list but indicated that 184 they were "not at all" or "sort of" sure; only trials where observers said "yes, very" were 185 retained as "yes". This reduces both the probability of hits and the probability of false 186 alarms. We can then lower the decision criterion by recoding as "no" only trials where 187 observers answered "yes" but were "not at all sure", and so on. In this way, we obtain 188 estimates of 5 points on the ROC curve. We use this to fit maximum-likelihood 189 estimates of R and d' , the parameters of interest. This also involves fitting 5 nuisance 190 parameters, the decision criteria, C_j . 191

Fitting procedure

For a given R, d' and C , corresponding to a single point on an ROC curve, the 192 log-likelihood of getting a particular set of results is 193

$$\mathcal{L}(\mathbf{n}; R, d', C) = n_{Hit} \ln(p_{Hit}(C)) + n_{Miss} \ln(p_{Miss}(C)) + n_{FA} \ln(p_{FA}(C)) + n_{CR} \ln(p_{CR}(C)) \quad (1)$$

where the vector \mathbf{n} represents the number of trials in each of the four categories. For 194 given values of R, d' , we first optimize C_j individually for each of the 5 confidence 195 boundaries \mathbf{n}_j : 196

$$C_j = \operatorname{argmax}_c (\mathcal{L}(\mathbf{n}_j; R, d', c)) \quad (2)$$

This corresponds to fixing the ROC curve, and sliding points along it to match the data. 198
Then we seek the values of R and d' which maximize 199

$$\mathcal{L}_{ROC}(R, d') = \sum_{j=1}^5 \mathcal{L}(\mathbf{n}_j; R, d', C_j) \quad (3)$$

subject to the bounds $R = [0, 1]$ and $d' = [0, 2]$. The upper bound of d' is for practical 200
reasons: very large d' cause numerical overflow and are not needed to model the data 201
anyway. We bound d' at 0 because negative values correspond to performance below 202
chance. 203

0.0.1 Optimization starting point 204

In optimization problems, a suitable initial guess is often critical. To obtain this, we 205
first look at the proportion of correct rejections in the observer's actual judgments (i.e. 206
without any recoding), P_{CR} . From the equations above, we expect 207
 $0.5d' + C = \Phi^{-1}(P_{CR})$. Since d' is bounded at 0, if $\Phi^{-1}(P_{CR}) < 0$, we set $d' = 0$ and 208
 $C = \Phi^{-1}(P_{CR})$; otherwise, we set $C = 0$ and $0.5d' = \Phi^{-1}(P_{CR})$. We can then estimate 209
R from 210

$$R = \frac{P_{hit} - \Phi(0.5d' - C)}{1 - \Phi(0.5d' - C)} \quad (4)$$

These values are taken as the starting-point for the R optimization routine "optim", 211
using method "L-BFGS-B" with lower, upper bounds set to 0, 0.999 for R and 0, 2 for 212
 d' . We also checked that the same results, to within the tolerance, were obtained with 213
the MATLAB function "fminsearch", with the cost function set to infinity when $R < 0$ 214
or $d' < 0$. 215

Confidence intervals 216

We estimate confidence intervals on R and d' using the likelihood ratio approach. The 217
95% confidence intervals correspond to the contours $\mathcal{L}_{95} = \mathcal{L}_{max} - 1.92$. Having 218
obtained the values R_{fit} and d'_{fit} which give the maximum log-likelihood \mathcal{L}_{max} , for 219
each R we seek the maximum and minimum d' for which $\mathcal{L}_{ROC}(R, d') > \mathcal{L}_{95}$. The 220
maximum and minimum values encountered over all R are taken as the 95% confidence 221
interval on d' . The 95% confidence interval on R is obtained similarly. 222

Statistical analysis

Distributions of all three fitted ROC parameters were highly skewed, with a peak at zero (cf Fig 1, Fig 2), so are very poorly approximated by a normal distribution. Accordingly, we fitted the parameters with a gamma distribution using a log link function. To avoid numerical problems with very small values and to avoid taking the log of zeros, all fitted values of R and d' ≤ 0.01 were set equal to 0.01 for analysis and display. The gamma distribution has two parameters: a shape parameter allowing for different amounts of skew, and a scale or rate parameter controlling the variance. In fitting the models, the shape parameter was assumed to be the same for all participants and conditions, while the scale parameter was allowed to vary. Mixed models were fitted using function glmer from R package lme4.

Availability of data and materials

The datasets generated and analyzed during the current study are available in the Wordmemory/DataAndAnalyses/ repository,

<https://github.com/CCuskley/Wordmemory>

Results

Unusual words are recollected better

Previous studies have found some significant, though conflicting, effects of word frequency on the recollection of individual words [14] (esp. pp.466–467). In order to distinguish the effect of word frequency *per se* from the distribution of information across the sequence, we first split each participant’s data into scores for low frequency words and scores for high frequency words, and fitted ROC curves separately to each subset. We thus have two observations per participant for each parameter (i.e. the parameter calculated only on low frequency words, and the parameter calculated only on high frequency words).

Note that we performed the recollection experiment twice, in two different years, and will refer to the results of those experimental runs as “Sample A” and “Sample B” (see

Methods for details). Results are discussed with respect to both samples unless
250
otherwise indicated (with effect of “Sample” controlled for statistically).
251

Overall performance was significantly better for the low-frequency words ($p < 10^{-6}$,
252
 $\beta = 0.040$, mixed effects gamma regression of AUROC on frequency). This was because
253
the low-frequency words were recollected better ($p < 10^{-15}$, $\beta = 0.63$, ROC y -intercept
254
 R), and not because they were more familiar on re-presentation ($p = 0.27$, $\beta = -0.082$,
255
ROC d'). The effect on recollection is illustrated in Fig 1, where it is clear that R is
256
consistently much higher for the low-frequency words. Fig 2 shows the lack of an effect
257
for dprime.
258

Fig 1. Distribution of logarithm of fitted recollection parameter $\log(R)$, fitted
separately to high-frequency and low-frequency words. Distributions are shown
separately for Clumped and Even conditions, and for the two samples (see Methods).
The three lines on each distribution mark the 25%, 50% and 75% quantiles. The large
number of points at $\log(R) = -4.6$ represents all fitted values < 0.01 , which were set to a
nominal value of 0.01 for analysis and display.
259

Fig 2. Distribution of logarithm of fitted familiarity parameter dprime, fitted
separately to high-frequency and low-frequency words. Other details as in Fig 1.
260

Information distribution did not have a detectable effect 261

Fig 1 and Fig 2 show summary statistics for the conditions where high and low
262
frequency words were evenly distributed (*Even*) vs where they were ordered (*Clumped*).
263
While in both groups R is a little higher for the Even condition, this difference is not
264
significant. In a mixed effects gamma regression of R on frequency and order, the effect
265
of frequency was unchanged ($p < 10^{-15}$, $\beta = 0.63$) while the effect of order was not
266
significant ($p = 0.40$, $\beta = 0.12$). The AIC and BIC were both higher (i.e. worse) for the
267
model including order as well as word frequency. There was also no significant
268
interaction with sample.
269

Because we halve the number of trials per participant when we fit separately to high
270
and low frequency words, the estimates of ROC parameters are noisier. To investigate
271
whether this was obscuring the effect of information distribution, we also examined
fitting all words for each participant with a single ROC curve.

There was now a hint of an effect of order on recollection ($p = 0.078$, $\beta = 0.17$,
272

fixed-effect gamma regression of R on order), though not on overall performance
($p = 0.15$, $\beta = 0.026$, AUROC) nor on familiarity ($p = 0.21$, $\beta = 0.13$, d').
273
274

The effect of order was significant in Sample A ($p = 0.01$, $\beta = 0.31$, fixed-effect
gamma regression of R on order), but not in Sample B ($p = 0.77$, $\beta = -0.05$). However,
the AIC and BIC are both higher (worse) for a model including sample as a regression
parameter, suggesting that there is not a genuine difference between samples. Overall,
therefore, we do not have evidence for an effect of order.
275
276
277
278
279

We also examined whether time taken to complete the task correlated with
performance. Very low or very high completion times were excluded from analyses, and
participants in Sample A had a wider range of completion times than in Sample B due
to task differences (see Methods for details). Overall, the 9/284 participants from
Sample A who spent more than 45 minutes on the task performed slightly better. Once
these participants were removed, there was no relationship between time taken and
performance ($p=0.19$, $\beta = 0.0014$ per minute, fixed-effect gamma regression of AUROC
on time taken in minutes).
280
281
282
283
284
285
286
287

Discussion 288

The results did not support our hypothesis that recollection memory benefits from
receiving stimuli in an informationally even order rather than a more clumped order.
289
290
We believe this points to an important difference between the word recognition task and
linguistic processing in ecologically valid conditions.
291
292

Literature on information theory and language has shown that, given the choice,
speakers tend to produce utterances which avoid major peaks in their information
content, possibly because such “even” distributions mitigate against information loss
due to noise events [4, 5, 20, 27]. Sequences which distribute information more uniformly
also tend to lose information to noise in uniform amounts, avoiding the potentiality for
catastrophic noise events, e.g. where a majority of a sequence’s information is
destroyed [21]. Such catastrophic noise events run the risk of making an entire sequence
of information-bearing symbols useless to a receiver, assuming the receiver cares about
interpreting or processing the sequence as a whole, i.e. the symbols are evaluated with
respect to each other in some way (as words are in a sentence).
293
294
295
296
297
298
299
300
301
302

Our hypothesis was based on the idea that the episodic memory might encode 303
memories as sequences of symbols, particularly if people were presented with stimuli to 304
remember in a sequence. Under the dual process model of episodic memory, recollection 305
involves the retrieval of a recognized item with the context in which the item was 306
encountered [15, 17–19]. If the target item and its context were stored and retrieved as 307
an ordered sequence of symbols (or a few such sequences), then we might reasonably 308
expect recollection to function under similar constraints to the linguistic processing of a 309
sentence. Thus, recollection might similarly prefer sequences that are more even in their 310
information distributions, and so more robust to noise events. (Note that we did not 311
expect familiarity to process items in sequences, since familiarity does not involve 312
retrieval of an item’s context in the dual process model.) In our experiment, the items 313
to be remembered were temporally ordered words in a list, and so the items in their 314
context in this case were particularly amenable to storage and retrieval as ordered 315
sequences. The words crucially did not form phrases or sentences, so that we could see 316
if recollection preferred informationally even sequences when there was no 317
sentence-processing task at play. 318

Our results show no evidence that recollection does prefer even sequences, however, 319
so recollection may operate quite differently from linguistic processing, and perhaps does 320
not process memories in sequences at all. This null result is perhaps unsurprising for a 321
number of reasons. First, the task of linguistic processing always involves a temporally 322
ordered sequence of symbols, so the language processing system will be naturally 323
adapted to preserving information in temporal sequences of symbols. Even if some parts 324
of the linguistic signal are processed in parallel (e.g. intonation and word identity in 325
spoken languages, or hand shape and hand movement in signed languages), there is still 326
always some important temporal ordering of linguistic symbols to be processed. 327
Additionally, linguistic processing deals not just with sequences of symbols, but with 328
meaningful sequences of symbols: the ordering of sounds phonemes, morphemes, words, 329
phrases and their composition into larger groupings (constituents) is itself meaningful, 330
and so crucial to linguistic communication. General episodic memory, on the other 331
hand, may well not be adapted to processing ordered lists of items. Just as language 332
processing is adapted to temporally ordered elements, episodic memory will be adapted 333
to the way people generally encounter the variety of meaningful stimuli that make up 334

episodes of their experience. Much of this information will be visual, and so ordered in
335 multiple dimensions with no one dimension privileged, and there will be overlapping
336 stimuli from other senses making up each episode that recollection processes. Such
337 layered and multi-dimensional input could theoretically be digitized into an ordered list
338 brain-internally, just as photographs can be digitized into binary sequences, but it also
339 may not be (or not at a level we can detect with this kind of experiment).
340

Our results also show that word frequency was a good predictor of recollection
341 performance, with lower frequency words (i.e. higher information content) being
342 recognized more accurately. There was no significant effect of word frequency on the d'
343 familiarity parameter in our sample. The increase in recollection with low frequency
344 words and the lack of an effect on familiarity are both consistent with the majority of
345 previous studies (e.g. [28], review in [14], discussion of the *word frequency mirror*
346 *pattern* in [29]) though a few report recollection effects in the opposite direction. [14]
347 There is also some evidence that frequency can affect familiarity performance in
348 different directions depending on the recency of stimuli. [29] The recollection effect may
349 in part be a general attention or surprise effect, eliciting a variety of brain and
350 sympathetic nervous system responses that are known to be associated with novel,
351 unfamiliar, surprising, or contextually deviant stimuli [30]. Schomaker & Meeter (2015)
352 also review a body of findings suggesting that these responses to unexpected stimuli
353 may aid the memory encoding of such stimuli, and confer attentional advantages, e.g. in
354 improving focus on a specific task (at least in the short term) [30]. To the extent that
355 the low frequency words in our experiment were generally novel or unexpected to the
356 participants, we might expect novelty responses to translate into main effects of word
357 frequency on overall memory performance.
358

The greatest limitation of the study was surely that participant recruitment and
359 data collection was all conducted online, due to restrictions stemming from the global
360 pandemic. Researchers could therefore not control the recruiting pool very tightly, nor
361 could we control the setting in which participants completed the experiment, or monitor
362 participants' behaviour during experimentation. We know from time-to-completion data
363 that some participants completed the task far too quickly for their results to be treated
364 as reliable. Others took an unusually long time to complete the task, and our results
365 show that their overall performance was better when they took longer than 45 minutes.
366

These participants could conceivably have taken notes or otherwise introduced noise
367 into their performance. We excluded both of these types of participants post hoc, but
368 we do not know what else participants might have done e.g. in their own homes, or how
369 their attention might have wandered in various settings. The fact that we found a
370 possibly borderline effect of stimulus order on recollection when we calculated
371 parameters on the maximum number of data points per participant suggests that it
372 would be worth replicating these results in a laboratory environment. Another
373 limitation and direction for future research is the recognition task itself, which is known
374 throughout the dual process literature to involve both recollection and familiarity. This
375 was a reasonable choice, as we did predict a contrast between recollection and
376 familiarity. However, a future study could introduce the “clumped” vs “even”
377 manipulation to a paradigm which specifically targets recollection [18].
378

Conclusions

The present study is the first attempt to test whether the information distribution of
380 stimuli has an effect on episodic memory encoding and retrieval, as has been argued for
381 human language processing. We did not observe such an effect, which may point to
382 different evolutionary trajectories for the general episodic memory system and linguistic
383 processing. The latter may well be specifically adapted to preserving information in
384 meaningful sequences of symbols. Episodic memory, however, may not benefit from such
385 a specific adaptation because of the much wider array of stimulus configurations it must
386 process in the natural environment. In addition to this null result, our study replicated
387 a known result: recollection memory performs better on low frequency words than on
388 high frequency words.
389

Acknowledgments

We would like to thank members of the Centre for Behaviour and Evolution at
391 Newcastle University and the Experimental Linguistics Lab at the University of York
392 for helpful discussion at presentations of preliminary versions of this material. We
393 would also like to acknowledge that parts of this work were funded by the Economic and
394

Social Research Council (ESRC, UK) Secondary Data Analysis Initiative grant
#ES/T005955/1.

395
396

CRediT Author contributions statement

397
398
399
400
401
402
403
404

S.F.: Investigation, Formal analysis, Project administration; T.D.H.: Investigation, Formal analysis, project administration, Writing-Review and editing; J.C.W.: Conceptualization, Methodology, Formal analysis, Writing-Original draft, Supervision, Project administration, C.C.:Conceptualization, Methodology, Software, Data curation, Writing-Review and editing, Supervision, Project administration; T.V.S.:Conceptualization, Writing-Review and editing, Supervision ; J.C.A.R Software, Formal analysis, Writing-Review and editing, Visualization.

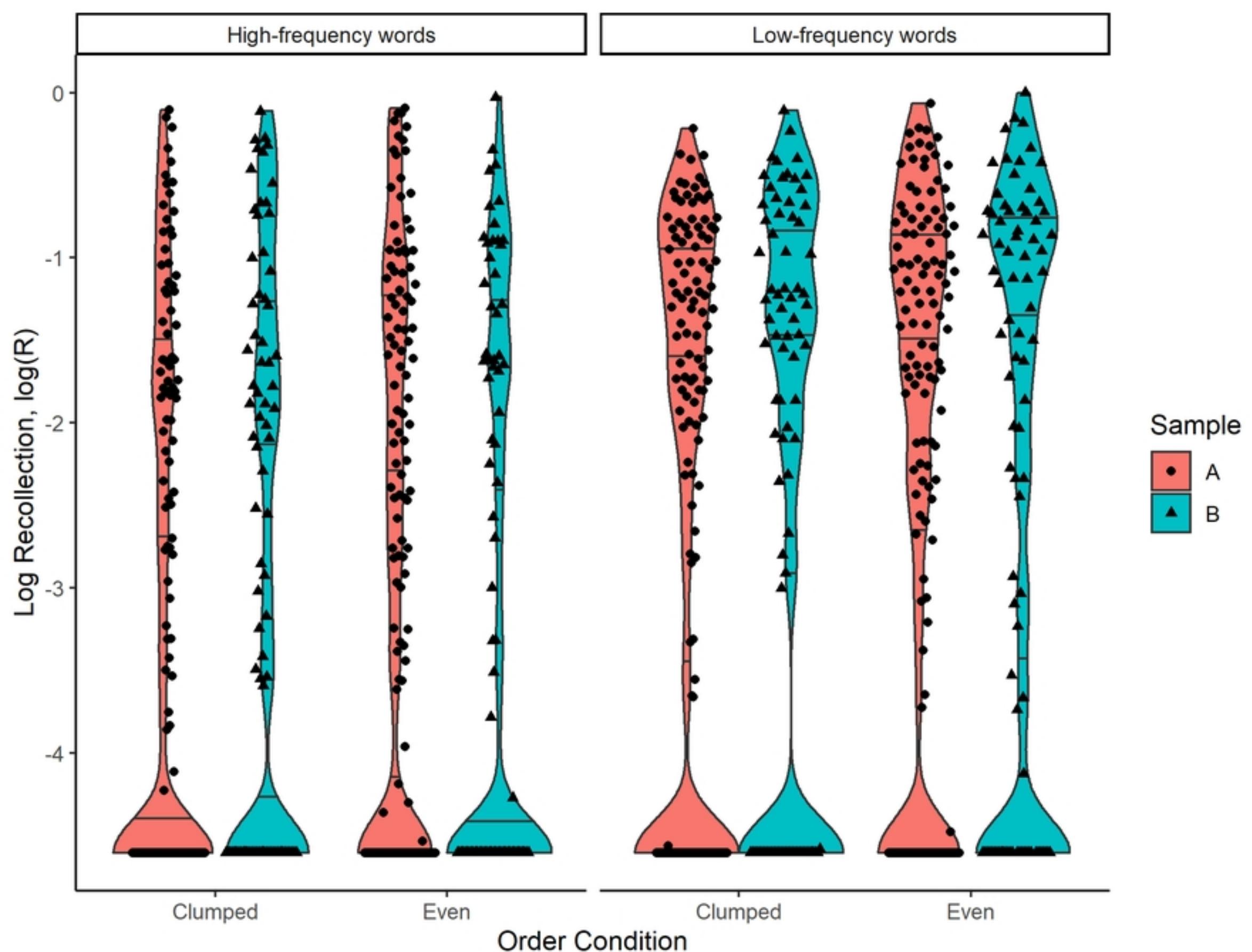
References

1. Shannon CE. A mathematical theory of communication. *The Bell System Technical Journal*. 1948;27(3):379–423.
2. Quiroga RQ, Panzeri S. Extracting information from neuronal populations: information theory and decoding approaches. *Nature Reviews Neuroscience*. 2009;10(3):173–185.
3. Schneider TD. A brief review of molecular information theory. *Nano communication networks*. 2010;1(3):173–180.
4. Aylett M, Turk A. The smooth signal redundancy hypothesis: A functional explanation for relationships between redundancy, prosodic prominence, and duration in spontaneous speech. *Language and speech*. 2004;47(1):31–56.
5. Levy RP, Jaeger FT. Speakers optimize information density through syntactic reduction. In: *Advances in neural information processing systems*; 2007. p. 849–856.
6. Levy R. Expectation-based syntactic comprehension. *Cognition*. 2008;106(3):1126–1177.

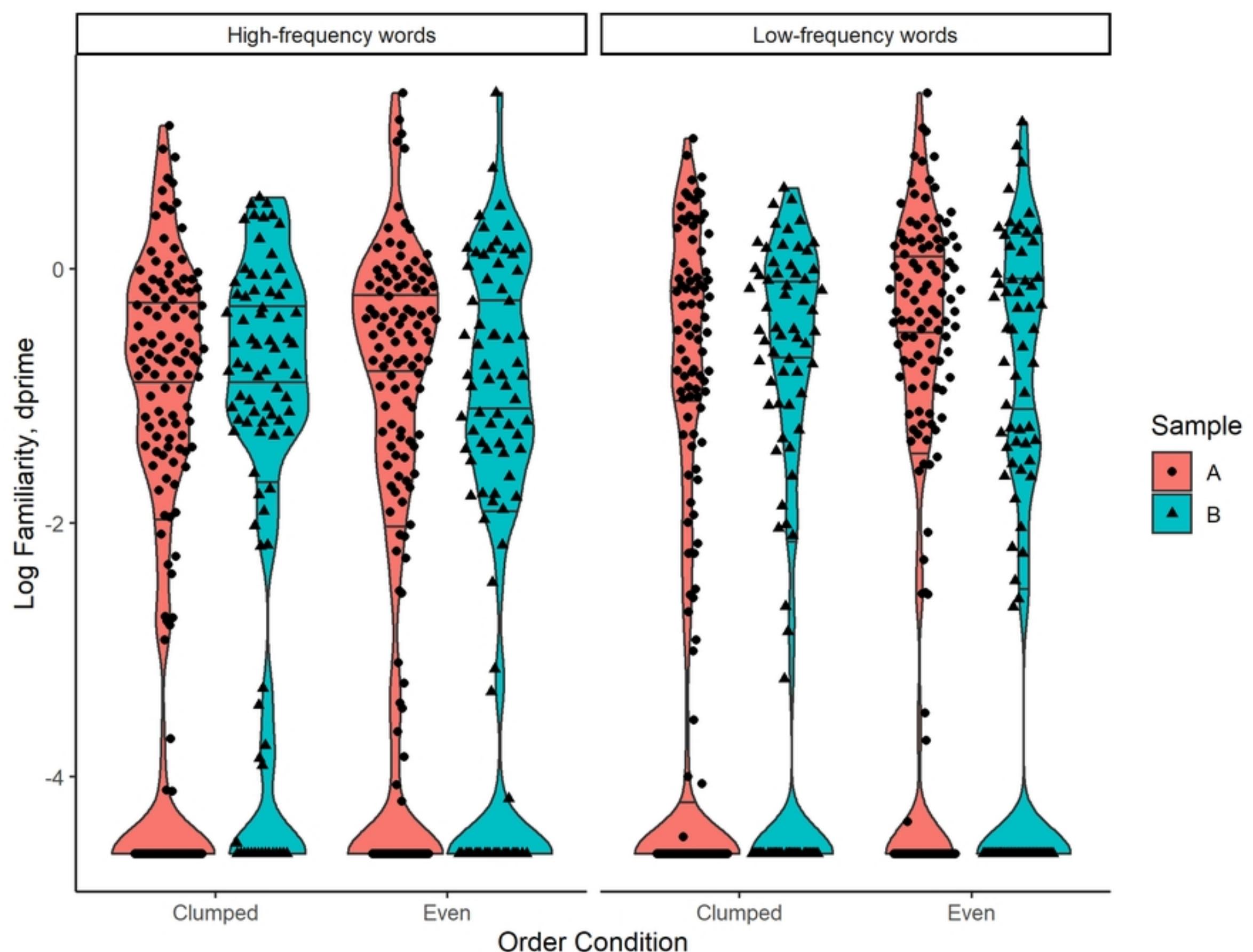
7. Frank AF, Jaeger TF. Speaking rationally: Uniform information density as an optimal strategy for language production. In: Proceedings of the annual meeting of the cognitive science society. vol. 30; 2008.
8. Hammond C, Bergman H, Brown P. Pathological synchronization in Parkinson's disease: networks, models and treatments. *Trends in neurosciences*. 2007;30(7):357–364.
9. Popovych OV, Yanchuk S, Tass PA. Self-organized noise resistance of oscillatory neural networks with spike timing-dependent plasticity. *Scientific reports*. 2013;3(1):1–6.
10. Ardell DH, Sella G. On the evolution of redundancy in genetic codes. *Journal of molecular evolution*. 2001;53(4):269–281.
11. Eichenbaum H. The Cognitive Neuroscience of Memory: an introduction. 2nd ed. Oxford: Oxford University Press; 2012.
12. Tulving E. Episodic Memory: From Mind to Brain. *Annual Review of Psychology*. 2002;53(1):1–25. doi:10.1146/annurev.psych.53.100901.135114.
13. Yonelinas AP. Components of episodic memory: the contribution of recollection and familiarity. *Philosophical Transactions of the Royal Society of London Series B: Biological Sciences*. 2001;356(1413):1363–1374.
14. Yonelinas AP. The nature of recollection and familiarity: A review of 30 years of research. *Journal of memory and language*. 2002;46(3):441–517.
15. Eichenbaum H, Yonelinas AP, Ranganath C. The medial temporal lobe and recognition memory. *Annu Rev Neurosci*. 2007;30:123–152.
16. Yonelinas AP, Kroll NE, Dobbins IG, Lazzara M, Knight RT. The neural substrates of recollection and familiarity. *Behavioral and Brain Sciences*. 1999;22(3):468–468.
17. Fortin NJ, Wright SP, Eichenbaum H. Recollection-like memory retrieval in rats is dependent on the hippocampus. *Nature*. 2004;431(7005):188.

18. Sauvage MM, Fortin NJ, Owens CB, Yonelinas AP, Eichenbaum H. Recognition memory: opposite effects of hippocampal damage on recollection and familiarity. *Nature neuroscience*. 2008;11(1):16–18.
19. Yonelinas AP, Dobbins I, Szymanski MD, Dhaliwal HS, King L. Signal-detection, threshold, and dual-process models of recognition memory: ROCs and conscious recollection. *Consciousness and cognition*. 1996;5(4):418–441.
20. Fenk A, Fenk G. Konstanz im kurzzeitgedächtnis-konstanz im sprachlichen informationsfluß. *Zeitschrift für experimentelle und angewandte Psychologie*. 1980;27:400–414.
21. Cuskley C, Bailes R, Wallenberg J. Noise resistance in communication: Quantifying uniformity and optimality. *Cognition*. 2021;214:104754.
22. Balota DA, Yap MJ, Hutchison KA, Cortese MJ, Kessler B, Loftis B, et al. The English lexicon project. *Behavior research methods*. 2007;39(3):445–459.
23. Lund K, Burgess C. Producing high-dimensional semantic spaces from lexical co-occurrence. *Behavior research methods, instruments, & computers*. 1996;28(2):203–208.
24. R Core Team. R: A Language and Environment for Statistical Computing; 2017. Available from: <https://www.R-project.org/>.
25. Bates D, Maechler M, Bolker B, Walker S, Christensen RHB, Singmann H, et al. Package ‘lme4’. R foundation for statistical computing, Vienna. 2014;12.
26. Wickham H. ggplot2: Elegant Graphics for Data Analysis. Springer-Verlag New York; 2009. Available from: <http://ggplot2.org>.
27. Wallenberg JC, Bailes R, Cuskley C, Ingason AK. Smooth Signals and Syntactic Change. *Languages*. 2021;6(2):60.
28. Meier B, Rey-Mermet A, Rothen N, Graf P. Recognition memory across the lifespan: the impact of word frequency and study-test interval on estimates of familiarity and recollection. *Frontiers in Psychology*. 2013;4:787.

29. Coane JH, Balota DA, Dolan PO, Jacoby LL. Not all sources of familiarity are created equal: the case of word frequency and repetition in episodic recognition. *Memory & cognition*. 2011;39(5):791–805.
30. Schomaker J, Meeter M. Short-and long-lasting consequences of novelty, deviance and surprise on brain and cognition. *Neuroscience & Biobehavioral Reviews*. 2015;55:268–279.



Figure



Figure