

1 **Increased hyaluronan by naked mole-rat HAS2 extends lifespan in mice**

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45 **Abstract**

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47 **Abundant high molecular weight hyaluronic acid (HMW-HA) contributes to cancer**
48 **resistance and possibly longevity of the longest-lived rodent, the naked mole-rat^{1,2}.** To study
49 **whether the benefits of HMW-HA could be transferred to other animal species, we generated**
50 **a transgenic mouse overexpressing naked mole-rat hyaluronic acid synthase 2 gene**
51 **(nmrHAS2).** nmrHAS2 mice showed increase in hyaluronan levels in several tissues, and
52 **lower incidence of spontaneous and induced cancer, extended lifespan and improved**
53 **healthspan. The transcriptome signature of nmrHAS2 mice shifted towards that of longer-**
54 **lived species. The most striking change observed in nmrHAS2 mice was attenuated**
55 **inflammation across multiple tissues. HMW-HA reduced inflammation via several pathways**
56 **including direct immunoregulatory effect on immune cells, protection from oxidative stress,**
57 **and improved gut barrier function during aging. These findings demonstrate that the**
58 **longevity mechanism that evolved in the naked mole-rat can be exported to other species,**
59 **and open new avenues for using HMW-HA to improve lifespan and healthspan.**

60

61 **Main**

62 Naked mole-rats are mouse-size rodents that display exceptional longevity, with the
63 maximum lifespan of over 40 years³. Naked mole-rats are protected from multiple age-related
64 diseases including neurodegeneration, cardiovascular diseases, arthritis, and cancer^{4,5}. These
65 characteristics suggest that naked mole-rats have evolved efficient anti-aging and anti-cancer
66 defenses. Previously, we have identified a novel anticancer mechanism in the naked mole-rat
67 named early contact inhibition¹ mediated by abundant high molecular weight hyaluronic acid
68 (HMW-HA)². Naked mole-rat tissues are highly enriched for HMW-HA compared to mouse and
69 human tissues. Depleting HMW-HA from naked mole-rat cells increases their susceptibility to
70 tumor formation in mouse xenograft models².

71 Hyaluronan is a non-protein component of the extracellular matrix that affects
72 biomechanical properties of tissues and interacts with cell receptors. While hyaluronan structure
73 is deceptively simple, and conserved across kingdoms of life, with repeating disaccharide chains
74 of N-acetyl-glucosamine and glucuronic acid, its biology is highly complex^{6,7}. The length of
75 hyaluronan can range from an oligomer to an extremely long-form up to millions of Daltons, and

76 the biological functions of hyaluronan depends on its molecular weight. Low molecular weight
77 HA (LMW-HA) is associated with inflammation, tissue injury, and cancer metastasis⁸⁻¹¹, while
78 high molecular weight HA (HMW-HA) improves tissue homeostasis¹², shows anti-
79 inflammatory^{13,14} and antioxidant properties¹⁵. The HMW-HA (>6.1 MDa) produced by naked
80 mole-rats has unique cytoprotective properties¹⁶. The hyaluronan content is determined by the
81 balance of hyaluronan synthesis by hyaluronan synthases and the breakdown of hyaluronan either
82 by hyaluronidases or oxidative and nitrative stresses¹⁷. Three synthases, HAS1, HAS2, and HAS3,
83 are responsible for producing HA. HAS2 mainly produces HMW-HA and shows higher expression
84 in naked mole-rats compared to mice and humans². Naked mole-rat tissues also show lower
85 activity of hyaluronidases resulting in the massive accumulation of HMW-HA². Age-related sterile
86 inflammation has emerged as an important driving force of aging and age-related diseases^{18,19}.
87 Hence anti-inflammatory functions of HMW-HA may confer anti-aging effects.

88 To test whether anti-cancer and potential anti-aging effects of HMW-HA can be
89 recapitulated in species other than the naked mole-rat, we generated a mouse model overexpressing
90 naked mole-rat hyaluronan synthase 2 gene (nmrHAS2 mouse). The nmrHAS2 mice showed
91 higher resistance to spontaneous tumors and DMBA/TPA-induced skin cancer. Furthermore, the
92 nmrHAS2 mice showed improved healthspan and extended median and maximum lifespan. Aged
93 nmrHAS2 mice displayed reduced inflammation in multiple tissues and maintained better
94 intestinal barrier function and healthier gut microbiome. In addition, accumulation of HMW-HA
95 in tissues alleviated the activation of immune response both *in vitro* and *in vivo*. Our results suggest
96 that HMW-HA improves healthspan by reducing inflammation due to its direct
97 immunomodulating effect and improved intestinal barrier function. These findings open new
98 avenues for using the longevity mechanisms that evolved in the naked mole-rat to benefit human
99 health.

100

101 **Generation of nmrHAS2 mice**

102

103 Since naked mole-rats accumulate HMW-HA in the majority of their tissues, to recreate
104 this phenotype in mice, we chose to express naked mole-rat HAS2 gene (nmrHAS2) in mice using
105 a ubiquitous CAG promoter. In the naked mole-rat, HMW-HA begins to accumulate postnatally¹
106 as it is not compatible with rapid cell proliferation required during embryogenesis. Therefore, we

107 controlled nmrHAS2 expression temporally using a Lox-STOP cassette. The cassette containing
108 the nmrHAS2 gene was randomly integrated into mouse oocytes. Mice heterozygous for nmrHAS2
109 transgene were bred to homozygous R26-CreER^{T2} mice. The F1 progeny containing both
110 nmrHAS2 and R26-CreER^{T2} transgenes was compared to littermates containing R26-CreER^{T2}
111 (CreER) only (Fig. 1a). Expression of the nmrHAS2 gene was induced by injections of tamoxifen
112 at 3 months of age (Fig. 1a). Both nmrHAS2 and control mice received tamoxifen injections.

113 Overexpression of nmrHAS2 mRNA was detected in multiple tissues of nmrHAS2 mice
114 (Extended Data Table 1). HABP staining showed a stronger hyaluronan signal in muscle, kidney
115 and intestines of both male and female nmrHAS2 mice compared to controls (Fig. 1b-d, Extended
116 Data Fig. 1a-c). In addition, pulse field gel electrophoresis showed that hyaluronan extracted from
117 the tissues of nmrHAS2 mice was more abundant and had a higher molecular weight in muscle,
118 heart, kidney, and small intestine (Fig. 1c, Extended Data Fig. 1b). Hyaluronan levels in the liver
119 and spleen were very low, which is consistent with these tissues being the sites of hyaluronan
120 breakdown²⁰. Interestingly, despite the high nmrHAS2 mRNA levels in most mouse organs, we
121 observed only a mild increase in hyaluronan, likely due to high hyaluronidase activity in mouse
122 tissues compared to the naked mole-rat².

123

124 **nmrHAS2 mice are resistant to both spontaneous and induced cancer**

125 To examine the effect of HMW-HA on lifespan and spontaneous cancer incidence, we set
126 up aging cohorts of 80-90 mice of both genotypes. To determine the cause of death, all aged mice
127 were checked daily, and necropsies were performed within 24 h of death. The majority of mice
128 died from cancer, which is consistent with earlier reports that lymphomas are the common endpoint
129 for aged C57BL/6 mice²¹. nmrHAS2 mice showed lower spontaneous cancer incidence, with 57%
130 of nmrHAS2 mice dying from cancer compared to 70% for the control CreER group (Fig. 1e).
131 This difference was further amplified for the oldest age group. For mice older than 27 months,
132 cancer incidence was 83% for CreER mice and 49% for nmrHAS2 mice (Fig. 1e). This phenotype
133 was the same across both sexes (Extended Data Fig. 1d and 1e).

134 **nmrHAS2 mice showed accumulation of HA in the skin (Extended Data Fig. 1f.)** To test
135 the resistance of nmrHAS2 mice to chemically induced skin tumorigenesis, we treated young mice
136 with DMBA/TPA. Sixteen weeks after TPA treatment, nmrHAS2 mice formed significantly fewer
137 papillomas than age matched controls for females, males, and two sexes combined (Fig. 1f-h,

138 **Extended Data Fig. 1g, h).** These results indicate that production of HMW-HA protected mice
139 from both spontaneous and induced cancer.

140

141 **nmrHAS2 mice have increased lifespan**

142 Mice of both genotypes had a similar body weight throughout their life (Fig. 2a). nmrHAS2
143 mice showed an increase of 4.4% in median lifespan and 12.2% in maximum lifespan (Fig. 2b).
144 The lifespan increase was different for each sex. While females showed a more prominent 9%
145 increase in median lifespan (**Extended Data Fig. 2a**), males showed a more prominent 16% increase
146 in the maximum lifespan (**Extended Data Fig. 2b**).

147 To further validate whether nmrHAS2 mice exhibit a younger biological age, we measured
148 epigenetic age in livers of 24 months old mice using HorvathMammalMethylChip40^{22,23}.
149 Epigenetic age was compared to chronological age to quantify age acceleration. Methylation age
150 of CreER mice was close to their chronological age, while nmrHAS2 mice showed approximately
151 -0.2 years of age acceleration (Fig. 2c, **Extended Data Fig. 2c**). The decreased age acceleration
152 was observed in both males and females (**Extended Data Fig. 2c-e**). This result indicates that old
153 nmrHAS2 mice have a significantly younger biological age than the chronological age. We also
154 examined methylation levels of the 6553 CpG sites previously shown to undergo methylation
155 changes during aging²⁴. Our analysis revealed that, of the 6553 CpG sites, 165 were differentially
156 methylated between nmrHAS2 mice and CreER mice. Among these sites, 145 sites that gain
157 methylation during aging showed lower methylation in nmrHAS2 mice than in age-matched
158 controls; and 20 CpG sites that lose methylation during aging showed higher methylation in
159 nmrHAS2 mice than in age-matched controls (**Extended Data Fig. 2f, g; Extended Data Table 2**).

160

161 **nmrHAS2 mice have an improved healthspan**

162 To provide a quantitative measure of health, we utilized a mouse frailty index (FI)²⁵, which
163 combined 31 parameters, including body weight, temperature, coat condition, grip strength,
164 mobility, vision and hearing. The FI score increased with age for both nmrHAS2 and CreER mice.
165 However, the FI score of old nmrHAS2 mice was substantially lower than that of the age-matched
166 control group (Fig. 2d).

167 Rotarod performance²⁶ was assessed to measure the locomotion and coordination of mice.
168 The latency-to-fall time became significantly shorter for old CreER mice compared to the young

169 CreER mice. However, old nmrHAS2 mice maintained youthful performance (Fig. 2e). We also
170 measured the forelimb grip strength to evaluate the skeletal muscle function of the mice. The
171 performance of both CreER and nmrHAS2 mice declined with age but old nmrHAS2 mice
172 maintained a better performance compared to old CreER mice (Fig. 2f).

173 Osteoporosis is an important component of health span in females²⁷. We performed micro-
174 CT scan to assess the changes in the three-dimensional microstructure of the hindlimb of old mice.
175 Connectivity density was shown to decrease during aging²⁸. However, old nmrHAS2 female mice
176 showed higher connectivity density in the femur, tibia, and tibia subchondral region (Fig. 2g). We
177 did not observe the same phenotype in males (Extended Data Fig. 2h). Cumulatively, our results
178 show that increased levels of HMW-HA in mice improves multiple parameters of healthspan.
179

180 **Gene expression analysis points to the reduced inflammation in nmrHAS2 mice**

181 To investigate the mechanism responsible for increased lifespan and improved healthspan
182 of nmrHAS2 mice, RNAseq analysis was performed on liver, muscle, white adipose tissue, kidney
183 and spleen of 6- and 24-months old nmrHAS2 and control CreER animals (Fig. 3a). Expression
184 patterns were compared across ages and genotypes (Fig. 3b, c). For most organs, nmrHAS2 mice
185 showed fewer transcriptome changes during aging in both females and males which means the
186 transcriptome of nmrHAS2 mice is less perturbed during aging (Fig. 3d).

187 We next asked if the transcriptome of nmrHAS2 mice shares any common features with
188 transcriptomic changes induced by other pro-longevity interventions such as rapamycin, calorie
189 restriction, and growth hormone knockout. We performed a hierarchical clustering analysis using
190 RNAseq data from livers of young and old nmrHAS2 mice with expression data published for
191 other interventions²⁹. We built a heatmap based on Pearson correlation coefficients across all
192 datasets (Extended Data Fig. 3a). Interestingly, the transcriptomes of neither young nor old
193 nmrHAS2 mice showed a clear correlation with any transcriptome data derived from the livers of
194 mice subjected to other pro-longevity interventions. This result may suggest that increased levels
195 of HMW-HA generated a novel pro-longevity transcriptomic signature (Extended Data Fig. 3a).
196 To test whether the observed outcome is not due to noise generated by using the entire
197 transcriptome data, we calculated Spearman correlation between top 400 gene expression changes
198 induced by nmrHas2 expression and those associated with aging and established lifespan-
199 extending interventions. We observed significant positive correlations between transcriptomic

200 profiles of nmrHAS2 mice and signatures of rapamycin and murine maximum lifespan affected
201 by longevity interventions (Fig. 3e). On the other hand, the effect of nmrHAS2 expression was
202 negatively associated with multiple signatures of aging and biomarkers of interventions associated
203 with growth hormone deficiency. The observed correlations were further amplified at the level of
204 enriched pathways, estimated with Gene Set Enrichment Analysis (GSEA). Thus, at functional
205 level nmrHAS2 signatures were positively associated with patterns of maximum and median
206 lifespan, caloric restriction (CR) and rapamycin, and negatively correlated with all aging
207 signatures (Extended Data Fig. 3b). Pro-longevity and anti-aging effects of nmrHAS2 expression
208 were driven by significant downregulation of pathways associated with interleukin and interferon
209 signaling, and by upregulation of genes involved in oxidative phosphorylation, respiratory electron
210 transport and mitochondrial translation (Extended Data Fig. 3c, d). Remarkably, nmrHAS2 mice
211 demonstrated stronger downregulation of inflammation and senescence than other examined
212 lifespan-extending interventions. Taken together, our results suggest that nmrHAS2 expression in
213 mice generates both pro-longevity and anti-aging transcriptomic changes, some of which are
214 shared with other established interventions while others appear to be unique characteristics of
215 nmrHAS2 model.

216 By reanalyzing the published transcriptome data from mice of different ages³⁰, we
217 determined the signature of gene expression changes during aging. The genes upregulated in old
218 mice were defined as the ‘old’ gene set and the genes upregulated in young mice were defined as
219 the ‘young’ gene set. Gene set enrichment analysis was conducted to compare old CreER and
220 nmrHAS2 mice at the transcriptome level. Compared to old CreER mice that showed up-regulation
221 of old gene sets in liver, old nmrHAS2 mice liver showed upregulation of young gene set (Fig.
222 4a). Although some tissues did not exhibit statistical significance, the trend displays high
223 consistency across all tissues we sequenced (Extended Data Fig. 4a-e). This result indicates that
224 tissues of old nmrHAS2 mice were shifted towards the ‘young’ state in both sexes at the
225 transcriptomic level.

226 In our previous comparative cross-species study, by analyzing the transcriptomes of 26
227 species, we obtained gene sets whose expression positively or negatively correlates with maximum
228 lifespan named pos-MLS gene set and neg-MLS gene set, respectively³¹. By utilizing those gene
229 sets for the GSEA, we found that the pos-MLS gene set is upregulated in livers and kidneys of old
230 nmrHAS2 mice of both sexes. Conversely, the neg-MLS gene set was downregulated in the liver

231 and kidneys of old male nmrHAS2 mice and in the kidneys of old female nmrHAS2 mice (Fig.
232 4b). This result suggests that nmrHAS2 transgene facilitates the expression of pro-longevity genes
233 (genes highly expressed in long-lived species) and represses the expression of genes that are more
234 highly expressed in short-lived species.

235 To further understand the mechanism of the anti-aging effects of hyaluronan, we compared
236 genes whose expression changed with aging within each genotype. GO term enrichment analysis
237 showed that CreER mice have more upregulated genes involved in the inflammatory response in
238 the liver and spleen of both sexes, in kidneys for males, and in WAT and muscle for females (Fig.
239 4c, d, Extended Data Fig. 5a-h). This result indicates that HMW-HA attenuates age-related
240 inflammation in multiple tissues.

241 Additionally, we analyzed the differentially expressed genes (DEGs) between two
242 genotypes of mice at the same age. Expression of nmrHAS2 had very mild effects on the overall
243 transcriptome of young mice, and there were very few differentially DEGs observed between
244 young nmrHAS2 and CreER mice (Fig. 3b, c). For old mouse organs, we picked the liver which
245 showed most DEGs between nmrHAS2 and CreER mice for the GO term enrichment analysis.
246 Our results revealed that both female and male nmrHAS2 liver showed reduced expression of
247 inflammatory-related genes and higher expression of genes involved in normal liver functions such
248 as nutrient metabolism. This result indicates that the liver of old nmrHAS2 mice showed reduced
249 inflammation and better-preserved functions compared to controls (Fig. 4e, f; Extended Data Fig. 5
250 i, j). Overall, these results demonstrate that nmrHAS2 mice display reduced age-related
251 inflammation.

252

253 **HA reduces the inflammatory response *in vitro* and *in vivo* and protects cells from oxidative 254 stress**

255 To validate whether nmrHAS2 mice show reduced inflammation during aging, we
256 collected plasma from young and old mice and performed Luminex multiplexing cytokine assay
257 to test thirty-six cytokines and chemokines. Several targets showed higher levels in males, but the
258 trend did not reach statistical significance due to high individual variability (Extended Data Fig.
259 6). In females, almost all cytokine and chemokine levels were increased during aging which is
260 consistent with the effect of sex hormones on immunity during aging³². Remarkably, the majority
261 of pro-inflammatory cytokines and chemokines were lower in old nmrHAS2 mice compared to the

262 age-matched controls (Extended Data Fig. 7). The differences for pro-inflammatory cytokines
263 IL12p40, MIP1 α , MIP1 β , and chemokine CCL7 reached statistical significance (Fig. 5a).
264 Collectively, the transcriptome and cytokine data show that overexpression of nmrHAS2
265 attenuates inflamming in mice.

266 HMW-HA molecules exert anti-inflammatory and immunoregulatory effects³³. It was
267 reported that HMW-HA represses classic pro-inflammatory M1 macrophage activation but
268 promotes an anti-inflammatory alternative M2 macrophage activation³⁴. We hypothesized that
269 macrophages isolated from nmrHAS2 mice may have reduced response to the pro-inflammatory
270 stimuli. To test this hypothesis, we isolated bone marrow-derived macrophages (BMDM) from
271 young CreER and nmrHAS2 mice and cultured them *in vitro*. Macrophages from male nmrHAS2
272 mice showed a 6-folds increase in panHAS2 mRNA expression compared to macrophages from
273 male CreER mice (Fig. 5b). To check the activation of macrophages, we treated bone marrow-
274 derived macrophages with *E. coli* lipopolysaccharide (LPS). The HAS2 level dropped after LPS
275 treatment but remained significantly higher for nmrHAS2 macrophages isolated from male mice.
276 Two major HAases HYAL1 and HYAL2 level also dropped after LPS treatment (Extended data
277 Fig. 8c-f). nmrHAS2 macrophages from males produced significantly lower levels of pro-
278 inflammatory IL1 β and IL6 (Fig. 5c, d) compared to the CreER macrophages. TNF α also showed
279 lower levels in nmrHAS2 cells but the effect did not reach statistical significance (Fig. 5e).
280 Interestingly, male nmrHAS2 macrophages produced higher levels of anti-inflammatory IL10 and
281 arginase 1 after LPS challenge (Fig. 5f, g). To test whether the anti-inflammatory effect is due to
282 increased HMW-HA rather than to an unknown function of nmrHAS2, we generated Raw264.7
283 macrophage cell lines overexpressing either mouse HAS2 or nmrHAS2 under the control of the
284 same CAG promoter and challenge them with LPS. Macrophages overexpressing any form of
285 HAS2 exhibited an anti-inflammatory impact similar to that seen in primary macrophages,
286 implying that the anti-inflammatory effect arose from the production of high molecular weight
287 hyaluronic acid (HMW-HA) (Extended data Fig. 8b).

288 Macrophages from female nmrHAS2 mice had a lower HAS2 level compared to
289 macrophages from nmrHAS2 males. After treatment with LPS, nmrHAS2 levels in female
290 nmrHAS2 macrophages dropped to the same level as that in female CreER macrophages
291 (Extended Data Fig. 8a). Consequently, females did not show expression differences in cytokines
292 after LPS challenge (data not shown). LPS stimulation triggered similar HAS2 and hyaluronidase

293 (HAase) changes in both BMDMs and macrophage cell lines (Extended Data Fig. 8g-i). The
294 elevation of HA levels upon LPS challenge could be attributed to the decline in hyaluronidase
295 (HYAL) expression. Moreover, the LPS-treated media derived from HAS2-overexpressing
296 macrophages exhibited a substantial accumulation of HMW-HA (Extended Data Fig. 8j, k).
297 Consequently, the accumulation of HMW-HA produced by HAS2 during macrophage activation
298 likely accounts for the anti-inflammatory effects.

299 To investigate whether HMW-HA confers an anti-inflammatory effect *in vivo*, we
300 examined the response of nmrHAS2 and CreER mice to the LPS. When young mice were injected
301 i.p. with low dose LPS, male mice had a stronger response compared to females as evidenced by
302 the higher level of plasma TNF α 4 hours after the treatment (Fig. 5h, Extended Data Fig. 9a).
303 Consistent with the *in vitro* results, both male and female nmrHAS2 mice showed reduced plasma
304 TNF α levels 4 hours after LPS injection (Fig. 5h, Extended Data Fig. 9a). Female nmrHAS2 mice
305 had lower levels of plasma TNF α 24 hours after the injection (Extended Data Fig. 9a). In addition,
306 both male and female nmrHAS2 mice produced less IL6 in plasma 4 h after LPS treatment (Fig.
307 5i, Extended Data Fig. 9b). We observed reduced inflammation in multiple tissues of female
308 nmrHAS2 mice 24 hours after injection. Liver, spleen, and kidney from female nmrHAS2 mice
309 showed significantly lower pro-inflammatory IL1 β , TNF α , but similar IL6 mRNA levels
310 (Extended Data Fig. 9c-e). These results indicate that HMW-HA suppresses pro-inflammatory
311 response of nmrHAS2 mice both *in vitro* and *in vivo* which contributes to reduced inflammation
312 in old nmrHAS2 mice.

313 HMW-HA protects cells from oxidative stress¹³. Primary fibroblasts from nmrHAS2 mice
314 produced more abundant hyaluronan (Extended Data Fig. 9f, g). Consistently, nmrHAS2 cells
315 showed higher survival after H₂O₂ treatment indicating the protective effect of HMW-HA against
316 oxidative stress (Fig. 5j, Extended Data Fig. 9h). To test that the protective effect is conferred by
317 HMW-HA and not by another function of nmrHAS2 gene, we generated a mouse HAS2
318 overexpressing fibroblast cell line. Overexpression of the mouse HAS2 also resulted in the
319 increased production HMW-HA as nmrHAS2 and exhibited a similar protective effect against
320 oxidative stress (Extended Data Fig. 10a-c). As oxidative stress is linked to inflammation, we
321 hypothesize that an additional pathway by which HMW-HA counteracts inflammation is by
322 reducing oxidative stress.

323

324 **HMW-HA improves intestinal stem cell maintenance and preserves intestinal health during**
325 **aging**

326 Disruption of gut barrier in old individuals contributes to chronic inflammation during
327 aging and promotes age-related diseases^{35,36}. Since old nmrHAS2 mice showed reduced
328 inflammation in multiple organs, we compared the gut barrier function of nmrHAS2 and control
329 mice. The gut permeability increased with age in CreER mice as measured by the gut to blood
330 transfer of FITC-dextran signal. Remarkably, gut permeability remained unchanged between old
331 and young nmrHAS2 mice (Fig. 6a). Gene set enrichment analysis of the transcriptome of the
332 small intestine from young and old mice showed that nmrHAS2 mice have the transcriptome
333 shifted towards the younger state (Fig. 6b). GO term analysis showed reduced inflammation during
334 aging in nmrHAS2 mice of both sexes (Fig. 6c).

335 The intestinal epithelium contributes to the maintenance of intestinal barrier function. Loss
336 of functional epithelial cells leads to the leaky gut³⁷. The mucus layer secreted by goblet cells
337 provides a physical barrier preventing interactions between gut bacteria and intestinal epithelial
338 cells. Remarkably, both young and old nmrHAS2 mice had more goblet cells in their small
339 intestine and colon compared to the age-matched CreER controls (Fig. 6d-g). Paneth cells secrete
340 antibacterial peptides, which provide a chemical barrier in the small intestine³⁸. Paneth cell number
341 increased with age in both nmrHAS2 and CreER mice, which is believed to be an adaptive
342 response to age-associated gut dysbiosis³⁹. Interestingly, young nmrHAS2 mice had more Paneth
343 cells than the young control mice and displayed a lower relative increase in the Paneth cell number
344 with age (Fig. 6h, i). The smaller age-related increase in the Paneth cell number in nmrHAS2 mice
345 may be due to improved intestinal health.

346 **Intestinal stem cells (ISCs) located in the crypts give rise to the goblet, Paneth cells, and**
347 **absorptive enterocytes.** Loss of functional ISCs during aging is an important contributor to age-
348 associated gut dysbiosis⁴⁰. nmrHAS2 and control mice had similar numbers of ISCs in young age
349 and old age (Fig. 7a, b). **However, we observed higher expression of WNT and Notch pathway**
350 **related genes in old nmrHAS2 mice intestine suggesting better stem cell maintenance (Extended**
351 **Data Fig. 11a).** To test our hypothesis, we then tested the functionality of the ISCs by their ability
352 to form organoids. Crypts from old CreER mice formed much fewer organoids than the crypts
353 from young CreER and nmrHAS2 mice. Remarkably, the crypts isolated from nmrHAS2 mice
354 showed a strong expression of HAS2 gene (Fig. 7c), and the ability of those crypts to form

355 organoids did not decline with age (Fig. 7d, e). To test whether the improved stemness of ISCs in
356 nmrHAS2 mice was due to hyaluronan, we added HMW-HA or LMW-HA into the Matrigel used
357 to culture organoids. Supplying HMW-HA was sufficient to reactivate ISCs from old CreER mice
358 and resulted in a higher number of organoids (Fig. 7e, f). This result indicates that HMW-HA
359 produced by nmrHAS2 helps maintain stemness of ISCs during aging.

360 The gut microbiome undergoes changes during aging and gut dysbiosis can further
361 contribute to systemic inflammation⁴¹. Since the old nmrHAS2 mice showed a healthier gut, we
362 compared the microbial composition between 7- and 24-months old nmrHAS2 and control mice
363 by sequencing 16S rDNA. At the phylum level, the Operational Taxonomic Units (OTUs) showed
364 that both young and old nmrHAS2 mice had increased *Bacteroidetes* and decreased *Firmicutes*
365 levels compared to age-matched controls. However, only the old groups reached statistical
366 significance (Extended Data Fig. 11b, c). Decrease of *Bacteroidetes* to *Firmicutes* ratio was shown
367 to correlate with gut dysbiosis in hypertension and metabolic disorders^{42,43}. At the family level,
368 *Deferrribacteraceae*, *Streptococcaceae*, and *Lachnospiraceae*, which are known to positively
369 correlate with inflammation, showed higher abundance in old CreER mice. *Muribaculaceae* which
370 was linked to longevity of *Spalax leucodon*⁴⁴, was found at higher levels in old nmrHAS2 mice
371 (Extended Data Fig. 11d, e). Collectively, our results indicate that old nmrHAS2 mice have
372 improved intestinal health, contributing to reduced age-related inflammation.

373
374 **Discussion**
375

376 In the tissues of the naked mole-rat, HMW-HA is abundant and contributes to cancer
377 resistance and possibly longevity of this exceptionally long-lived rodent^{1,2}. Here we demonstrated
378 that this evolutionary adaptation, unique to the naked mole-rat, can be “exported” to other species.
379 The HMW-HA produced by naked mole-rat HAS2 gene conferred cancer resistance and increased
380 lifespan of mice. nmrHAS2 mice accumulated HMW-HA in multiple major organs; these mice
381 were resistant to spontaneous and chemically induced cancer and showed an extended median and
382 maximum lifespan. nmrHAS2 mice also displayed improved healthspan including lower frailty
383 scores and physical performance. This was accompanied by lower methylation age. The
384 transcriptomes of aged nmrHAS mice had more youthful features when compared to the aging
385 signature derived from the Tabula Muris Senis data³⁰. The change conferred by nmrHAS2 was
386 distinct from the transcriptomic changes triggered by known life-extending interventions including

387 rapamycin, acarbose, growth hormone deletion, calorie restrictions and others. Interestingly, the
388 nmrHAS2 altered the mouse transcriptome in a direction consistent with the transcriptomic
389 signature of the long-lived species³¹. We therefore hypothesize that the presence of HMW-HA
390 changes the transcriptome towards that of a longer-lived species (Fig. 4a).

391 What is the molecular mechanism by which HMW-HA extends mouse lifespan and
392 healthspan? Importantly, due to the high conservation of the HAS2 gene, we do not believe that
393 the naked mole-rat sequence *per se* was critical for the pro-longevity effect of nmrHAS2.
394 Expressing mouse HAS2 gene showed the same protective effects *in vitro*. Rather, the increased
395 production of HMW-HA was important. The most striking difference we observed between the
396 transcriptomes of the aged nmrHAS2 mice and their littermate controls was the downregulation of
397 multiple pathways related to inflammation in most tissues we analyzed. Beneficial effects of
398 HMW-HA have recently been reported for muscle stem cells and adipose tissues where HMW-
399 HA reduced inflammatory signaling and improved glucose homeostasis, respectively^{45,46}.
400 Interestingly, some of the effects were systemic in nature suggesting that even the tissues not
401 displaying elevated HA levels can benefit from elevated HA elsewhere in the body^{45,46}.
402 Additionally, the plasma of aged nmrHAS2 mice also displayed reduced levels of multiple pro-
403 inflammatory cytokines which indicates the systemic anti-inflammatory effect of HMW-HA. Age-
404 associated chronic inflammation, so-called inflammaging, contributes to the pathogenesis of age-
405 related diseases^{47,48}. It has been reported that individuals which have higher than age-average
406 levels of inflammatory markers are more fragile and likely to be hospitalized⁴⁹.

407 The lifespan extension we observed in nmrHAS2 mice was significant but modest, while
408 the healthspan improvement was more robust. While we observed strong expression of nmrHAS2
409 across all tissues, HA accumulation was modest and did not reach the levels observed in the naked
410 mole-rat. This is likely explained by the high activity of hyaluronidases in mouse tissues^{2,50}. In the
411 naked mole-rat high level of HA is achieved by both robust synthesis and very slow degradation²,
412 yet in our model only the synthesis arm was modified. We hypothesize that if we were able to
413 simultaneously attenuate HA degradation in nmrHAS2 mice we would achieve a greater lifespan
414 extension.

415 We then discovered two independent pathways by which HMW-HA conferred an anti-
416 inflammatory effect to the mice. First, HMW-HA had a direct immunomodulating effect on the
417 immune cells of nmrHAS2 mice. Monocyte–macrophage lineage cells act as major effector cells

418 in chronic inflammatory processes in aging-related diseases⁵¹. Macrophages are often divided into
419 two subgroups: M1 and M2⁵². Aging may modulate M1/M2 activation and polarization. Sustained
420 activation of M1 macrophage is linked to tissue dysfunction, while M2 macrophage promotes
421 tissue homeostasis⁵³. HMW-HA has been shown to prime macrophages towards the M2
422 state^{34,54,55}. We also observed the same phenotype when we primed the bone marrow-derived
423 macrophages from nmrHAS2 mice with *E. coli* lipopolysaccharide. BMDMs from nmrHAS2 mice
424 showed a much higher expression of HAS2 gene, which may potentially help them to produce
425 more HMW-HA and facilitates the alternative activation. HMW-HA was also shown to play an
426 immunoregulatory role *in vivo* by binding to several immune cell types⁵⁶. For instance, HMW-HA
427 promotes the expression of FoxP3 in Treg cells by crosslinking CD44 which helps to maintain
428 immunologic tolerance⁵⁷. HMW-HA binds to CD44 and hSiglec-9 receptor which suppresses
429 neutrophil extracellular trap formation and oxidative burst⁵⁸. We observed that nmrHAS2 mice
430 produced a lower level of inflammation after the LPS challenge which is consistent with previous
431 reports that intraperitoneal injection of HMW-HA protects mice from LPS-induced sepsis¹⁴.

432 The second, unexpected pathway, by which HMW-HA conferred its anti-inflammatory
433 effect was through improved intestinal health. Aged nmrHAS2 mice were protected from leaky
434 gut, and had healthier microbiomes. One of the major contributors to inflammaging is believed to
435 be age-related deterioration of the intestinal barrier and translocation of gut bacterial products to
436 the bloodstream triggering an immune response³⁶. Intestinal barrier failure is associated with
437 aging-related systemic disorders such as obesity, metabolic disorder, brain dysfunction, and
438 cancer^{35,59}. Reduced thickness of the mucus layers was considered to be the cause of leaky gut⁶⁰.
439 It has been shown that the colonic mucus layer decreased in aging mice, suggesting an association
440 with bacterial penetration and immune activation^{61,62}. Interestingly, we found that elevated
441 production of hyaluronan increased the number of mucin-producing goblet cells in both small
442 intestine and colon, suggesting old nmrHAS2 are protected from leaky gut due to increased mucin
443 formation. The increase in goblet cells in nmrHAS2 mice was significant, but very mild, and did
444 not resemble a pathological over-proliferation of goblet cells observed in a disease state such as
445 cystic fibrosis⁶³.

446 Studies in *Drosophila* showed that with aging intestinal stem cell (ISC) lose their stemness,
447 are no longer able to differentiate into functional intestinal cells and undergo hyperproliferation
448 associated with a loss of barrier function⁶⁴⁻⁶⁶. While the hyperproliferation of ISCs has not been

449 unequivocally demonstrated in mammals^{64,67}, in mammals aging may be similarly associated with
450 the loss of stemness by the ISCs. Indeed, it was found that the regenerative capacity of ISCs from
451 old mice⁶⁷ and old human⁶⁴ was diminished *in vitro*. Consistent with these prior reports, we
452 observed that ISCs from aged wild type mice formed fewer intestinal organoids. Remarkably, there
453 was no such decrease observed for nmrHAS2 mice. Interestingly, the decline in the formation of
454 organoids in the wild type mice could be rescued by adding HMW-HA to the culture media,
455 indicating that the presence of HMW-HA promotes stemness of aged ISCs. It was reported that
456 intraperitoneal injection of HA to mice promotes Lgr5+ stem cell proliferation and crypt fission
457 through CD44 and TLR4^{68,69}. Collectively, our results suggest that HMW-HA produced by
458 nmrHAS2 transgene improves the maintenance of ISCs resulting in a healthier gut barrier during
459 aging. Consequently, the healthier gut barrier function inhibits the shift of the gut microbiome
460 towards proinflammatory commensals and reduction of beneficial microbes, slowing down the
461 onset of inflammaging.

462 The resistance of nmrHAS2 mice to both spontaneous and induced cancer may be driven
463 by both cell-autonomous mechanisms resulting from anti-proliferative signaling of HMW-HA
464 through the CD44 receptor⁷⁰, and by its systemic anti-inflammatory effect¹². Indeed, it was
465 reported that HMW-HA blocks melanoma cell proliferation by signaling through CD44 to promote
466 G1/G0 arrest⁷¹. HMW-HA also suppresses the growth of murine astrocytoma cell lines, glioma
467 and colon carcinoma xenografts⁷². HMW-HA has also been reported to reduce the migratory and
468 invasive capacity of aggressive cancer cells^{73,74}. On the other hand, chronic inflammation plays an
469 important role in the development of cancer⁴⁷. Many studies have shown that inflammatory cells
470 can promote the occurrence and development of tumors by facilitating cancer cell proliferation,
471 angiogenesis, and tumor invasion⁷⁵⁻⁷⁷. The anti-inflammatory properties of HMW-HA discussed
472 above may potentially reduce the chronic inflammation during aging and prevent cancer initiation.

473 Additional pro-longevity effects of HMW-HA can be linked to its antioxidant and
474 cytoprotective properties. Indeed, HMW-HA was reported to enhance cellular oxidative stress
475 resistance^{78,79}. Consistent with these observation fibroblasts from nmrHAS2 mice showed
476 resistance to oxidative stress.

477 In summary, our results demonstrate that HMW-HA produced by the nmrHAS2 gene
478 extends lifespan and improves healthspan of mice by ameliorating age-related inflammation. This
479 is achieved by directly suppressing the production of pro-inflammatory factors by immune cells,

480 and by promoting stemness of ISCs preventing age-related decline of the intestinal barrier (Fig.
481 7f). These findings demonstrate that evolutionary adaptations found in long-lived species such as
482 the naked mole-rat can be exported and adapted to benefit human health. Additionally, these
483 findings underscore the utility of HMW-HA for treatment of age-related inflammation in the
484 intestine and other tissues.

485

486 **Acknowledgements**

487 This work was supported by grants from the National Institutes of Health to V.N.G., A.S. and
488 V.G.

489

490 **Author contributions**

491 Z.Z., A.S., and V.G. designed research, analyzed data, and wrote the manuscript; Z.Z. performed
492 most of the experiments. Y.L., A.T., V.N.G. analyzed RNAseq data. X.T. designed research,
493 generated the transgenic mouse strain. Z.Z. X.T. F.T. and S.E. performed the aging study. K.B.
494 helped with immunofluorescent staining. J.A. performed the DMBA/TPA treatment. D. F.
495 helped with cell apoptosis assay. E.R., S.B. helped with maintaining the mouse colony. S. H.
496 performed the methylation clock assay. A.S. and V.G. supervised research.

497

498 **Competing interests**

499 The authors declare no competing interests.

500
501
502

503 **Methods**

504

505 **Animal husbandry**

506 All animal experiments were approved and performed in accordance with guidelines set forth by
507 the University of Rochester Committee on Animal Resources with protocol number 2017-033
508 (mouse). Mice were group housed in IVC cages (up to 5 animals/cage) in a specific pathogen-free
509 environment and fed standard chow diet (Altromin 1324; total pathogen free, irradiated with
510 25 kGy) and water ad libitum. Animal rooms were maintained at 21–24 °C and 35–75% relative
511 humidity, with 12/12 h (6 a.m. to 6 p.m.) dark–light cycle. Cages were routinely replaced every
512 10–14 days.

513

514 **Mice and lifespan study**

515 C57BL/6 mice were from Charles River Labs, R26-CreERT2 mice were from the JAX. To
516 generate nmrHAS2 conditional transgenic mice, nmrHAS2 coding sequence was subcloned into
517 the pCALNL-GFP plasmid (Addgene plasmid # 13770) to replace GFP. Transgenic mice were
518 made by UC-Irvine Transgenic Mouse Facility. nmrHAS2 and control CreER mice were obtained
519 by crossing mice heterozygous for nmrHAS2 gene with homozygous R26-CreERT2 mice. At the
520 age of 1 month, progenies were separated by sex, ear tagged, and distal tail (~2 mm) was cut for
521 genotyping determination. All mice received 80mg/kg tamoxifen at 3 months of age for 5
522 consecutive days. CreER and nmrHAS2 mice were housed in the same cage for all experiments.
523 None of the animals entered into the aging study were allowed to breed. Mice were inspected daily
524 for health issues, and any death was recorded. Animals showing significant signs of morbidity,
525 based on the AAALAC guidelines, were euthanized for humane reasons and were used for lifespan
526 analysis since they were deemed to live to their full lifespan. No mice were censored from analysis.
527 Lifespan was analyzed by Kaplan–Meier survival curves, and p-values were calculated by log–
528 rank test using Graphpad prism.

529

530 **Necropsy**

531 Cages were inspected every night. Dead animals were removed from cages, opened, and examined
532 macroscopically by a trained person. A fraction of animals could not be examined because they
533 were too decomposed or disturbed by other animals. Organs were moved, turned, or lifted with

534 forceps for the examination but were not removed. All visible tumors, as well as any other
535 observations were noted.

536

537 **Tissue and plasma collection**

538 Animals were brought to the laboratory in their holding cages and euthanized one by one for
539 dissection. Mice were euthanized by isofluorane anesthesia followed by cervical dislocation. The
540 dissection was performed as rapidly as possible following euthanasia by several trained staff
541 members working in concert on one mouse. Tissue samples were either rapidly frozen in liquid
542 nitrogen (for HA amount and MW determination, and RNA sequencing) or fixed in 4% formalin
543 (for histology). Blood was collected by cardiac puncture into EDTA-coated tubes, centrifuged, and
544 the plasma was aliquoted and rapidly frozen in liquid nitrogen. All frozen samples were stored at
545 -80°C.

546

547 **HA preparation**

548 For purifying HA from tissues, 200mg of pulverized tissue from 5 months old mice were mixed
549 with proteinase K solution (final concentrations of 1 mM Tris-Cl pH 8.0, 2.5 mM EDTA, 10 mM
550 NaCl, 0.05% SDS, 2 mg/ml proteinase K), and incubated at 55 °C overnight followed by saturated
551 phenol-chloroform-isoamyl alcohol (Sigma) extraction. HA was precipitated with isopropanol and
552 centrifugation (12,000 × g for 15 min) then wash with 70% ethanol (12,000g 10min) and dissolved
553 in 600ul 10mM Tris buffer at PH 8 overnight at RT. The purified HA was digested with
554 SuperNuclease (final concentration of 50U/ml, Lucerna-chem) overnight at 37°C to eliminate
555 nucleic acid contamination. HA was extracted by saturated phenol-chloroform-isoamyl alcohol
556 (Sigma), precipitated by isopropanol, and washed with 70% ethanol again. The pellet was
557 dissolved in 30ul 10mM Tris buffer at PH 8 overnight at RT.

558 For HA purification from media, conditioned media were first mixed with proteinase K solution
559 (final concentrations of 1 mM Tris-Cl pH 8.0, 2.5 mM EDTA, 10 mM NaCl, 0.05% SDS, 1 mg/ml
560 proteinase K) and incubated at 55 °C for 4 h. Following protein digestion, media were extracted
561 with saturated phenol-chloroform-isoamyl alcohol (Sigma). HA was precipitated with ethanol and
562 centrifugation (4,000 × g for 45 min). HA pellet was dissolved in PBS and then extracted with
563 1/100 volume of Triton-X114. After Triton-X114 extraction, HA was precipitated again with
564 ethanol. Finally, HA pellet was washed with 70% ethanol and dissolved in PBS.

565

566 **Pulse-field gel electrophoresis**

567 Purified HA was mixed with sucrose solution (final concentration of 333 mM) and loaded to a
568 0.4% SeaKem Gold agarose gel (Lonza). HA-Ladders (Hyalose) were run alongside the samples.
569 Samples were run 16 h at 9 °C at 4 V with a 1–10 running ratio in TBE buffer using CHEF-DRII
570 system (Bio-Rad). After the run, the gel was stained with 0.005% (w/v) Stains-All (Santa Cruz) in
571 50% ethanol overnight. Then the gel was washed twice with 10% ethanol for 12h, exposed to light
572 to decrease background, and photographed with ChemiDoc Imaging System (Bio-Rad).

573

574 **HA ELISA**

575 Hyaluronan concentration in the media was quantified using the hyaluronan ELISA kit (R&D
576 systems) following the manufacturer's instructions.

577

578 **Rotarod performance**

579 Motor performance was assessed using the protocol described before⁸⁰. Briefly, gross motor
580 control was measured using the rotarod (IITC Life Science, CA, USA). For this test, each mouse
581 was placed on a cylindrical dowel (95.525 mm in diameter) raised ~30 cm above the floor of a
582 landing platform. Mice were placed on the dowels for 3 min to allow them to acclimatize to the
583 test apparatus. Once initiated the cylindrical dowels began rotating and accelerated from 5 rpm to
584 a final speed of 20 rpm over 60 s. During this time, mice were required to walk in a forward
585 direction on the rotating dowels for as long as possible. When the mice were no longer able to
586 walk on the rotating dowels, they fell onto the landing platform below. This triggered the end of
587 the trial for an animal and measurements of time to fall (TTF) were collected. Passive rotations
588 where mice clung to and consequently rotated with the dowel were also used to define the end of
589 the trial. Mice were then returned to their cages with access to food and water for 10 min. This
590 procedure was repeated for a total of six trials, with the first three trials used for training and
591 subsequent trials used for data analysis.

592

593 **Forelimb grip strength**

594 The forelimb grip strength of mice was measured using a grip strength meter (Columbus
595 instrument, USA). Mice were held by the base of the tail close to the horizontal bar to allow them

596 to reach and grab onto the bar with their forelimbs. Mice were then positioned so that their body
597 was horizontal and in line with the bar. They were then pulled horizontally away from the bar by
598 the tail until their grip was released. The tension was measured and defined as grip strength. Mice
599 were given 1 min inter-trial intervals (ITI) during which they were returned to their cages with
600 access to food and water. This procedure was repeated for a total of nine trials for each mouse
601 (with the mean value of nine trials used for analysis).

602

603 **Frailty index assessment**

604 The Frailty Index (FI) was assessed as described previously²⁵. In brief, 31 health-related deficits
605 were assessed for each mouse. A mouse was weighed, and body surface temperature was measured
606 three times with an infrared thermometer (Fisher scientific). Bodyweight and temperature were
607 scored based on their deviation from the mean weight and temperature of young mice²⁵. Twenty-
608 nine other items across the integument, physical/musculoskeletal, ocular/nasal,
609 digestive/urogenital, and respiratory systems were scored as 0, 0.5, and 1 based on the severity of
610 the deficit. The total score across the items was divided by the number of items measured to give
611 a frailty index score between 0 and 1.

612

613 **MicroCT scan**

614 Both femurs and tibia of the mice were analyzed in a Micro Computed Tomography (micro-CT)
615 Facility (Tissue Imaging (BBMTI) Core in Center for Musculoskeletal Research, University of
616 Rochester). Micro-CT was performed with a state-of-the-art scanner (VivaCT 40, Scanco USA,
617 Inc.) for live small animals and specimens, without contrast agents. The scanner was fitted with
618 an adjustable X Ray Source Energy (30 - 70 kVp) and scan (using Scancoco cone beam geometry)
619 specimens in a field of view (FOV) of up to 39 mm and a scan length of 145 mm at a nominal
620 resolution of 10 microns. Scan acquisition, reconstruction, analysis, and measurements are
621 performed using a specialized suite of 64 bit software applications running on an open VMS
622 platform.

623 The relevant 3D-images were imported after processing into the scan software and the parameters
624 such as bone mass density (BMD), bone volume/tissue volume (BV/TV), bone surface/bone
625 volume (BS/BV), bone surface/total volume (BS/TV), trabecular number (Tb.N), Trabecular
626 separation (Tb-Sp) and connectivity density (Conn.Dn) were measured.

627

628 **Methylation clock**

629 Genomic DNA from 24 months old CreER and nmrHAS2 mouse livers was purified using a
630 DNeasy Blood & Tissue Kit (Qiagen). One hundred nanograms of purified genomic DNA were
631 used for the methylation measurement. All DNAm data used was generated using the custom
632 Illumina chip “HorvathMammalMethylChip40” so-called the mammalian methylation array. The
633 particular subset of species for each probe is provided in the chip manifest file can be found at
634 Gene Expression Omnibus (GEO) at NCBI as platform GPL28271. The SeSaMe normalization
635 method was used to define beta values for each probe⁸¹. The methylation age was normalized to
636 chronological age to calculate the age acceleration value.

637 To investigate the CpG sites that drive the epigenetic age difference between experimental
638 and control groups, we tested the methylation levels of CpG sites reported to change during mouse
639 aging in a previous study²⁴. Paired Student t-test was used to calculate the statistical significance.

640

641 **7,12-Dimethylbenz(a)anthracene/12-O-tetradecanoylphorbol-13-acetate (DMBA/TPA)** 642 **treatment**

643 Thirteen young CreER and eleven nmrHAS2 mice were topically treated with DMBA and TPA.
644 A single dose of DMBA (7.8 mM dissolved in acetone) was topically treated to mice on the dorsal
645 trunk. Three days after, 0.4 mM of TPA was treated 3 times per week. The formation of papilloma
646 was quantified 20 weeks after TPA treatment.

647

648 **Measurement of cytokines and chemokines in plasma**

649 Thirty-six cytokines and chemokines were measured in young and old mouse plasma by luminex
650 multiplex technique using a Cytokine & Chemokine 36-Plex Mouse ProcartaPlex™ Panel 1A kit
651 (Thermo Fisher Scientific). The luminex multiplex assay was performed using undiluted plasma
652 samples following the manufactures instruction.

653

654 **Tissue section, immunofluorescence, and RNAscope *in situ* hybridization**

655 Paraffin-embedded specimens were sectioned at 10 μ m thickness. Tissue sections were
656 deparaffinized with xylene and dehydrated in a descending alcohol series of 100, 95, 80, 70, and
657 50%. These initial processing steps were the same for all the staining procedures described below

658 and all staining procedures were performed on the same samples, samples were rehydrated in PBS
659 for 30min before performing immunofluorescence. For antibody-based assays, the sections were
660 incubated twice in antigen retrieval buffer (0.1 M sodium citrate, 0.1 M citric acid, pH 6.0) for 15
661 min at 90-100°C before blocking. All slides were blocked in TBS-T which contains 5% FBS and
662 1% BSA for 2 h at room temperature. Subsequently, sections were incubated overnight at 4°C with
663 the following primary antibodies: Anti-MUC2 (1:1500, GeneTex), Anti-Lysozyme (1:500,
664 Abcam). Following the primary antibody incubation, the slides were washed three times in PBS-
665 T and incubated with goat anti rabbit IgG (H+L) secondary antibody conjugated with Alexa Fluor
666 568(1:1000, Invitrogen) for 1h at room temperature. After a 5 times wash, slides were stained with
667 DAPI (BioLegend) for 1min at room temperature, mounted with mounting media (Vector
668 Laboratories) and observed under the confocal microscope at x40 magnification.
669 For HABP staining, after deparaffinization, slides were rehydrated in PBS for 30min at room
670 temperature then blocked in TBS-T which contains 5% FBS and 1% BSA for 2h at room
671 temperature. Then all slides were incubated with biotinylated hyaluronan binding protein (1:100
672 for small intestine and 1:200 for other tissues, Amsbio) overnight at 4°C. Following the HABP
673 incubation, slides were washed and incubated with Streptavidin conjugated with Alexa Fluor
674 647(1:500, Thermo Fisher Scientific) for 1h at room temperature. Then the slides will be washed,
675 counterstained with DAPI, mounted, and observed under the confocal microscope at x40
676 magnification. At least three random fields of each sample were captured for quantification of
677 fluorescence signals. The average intensities of HA signals were quantified using ImageJ.
678 Experiment was repeated from at least three animals of each group to confirm the reproducibility.
679 RNAscope assay was performed using RNAscope Multiplex Fluorescent Detection Kit v2
680 according to the manufacturer's protocol. All pictures were required under the confocal
681 microscope at x40 magnification.

682

683 **Preparation of RNA for RT-qPCR and RNA sequencing**

684 All frozen tissues were pulverized using the cell crusher. For preparing RNA from tissues,
685 pulverized frozen tissues in the range of 10-15 mg were removed from samples kept at -80°C and
686 extracted using Trizol reagent according to the supplier's instructions. After recovery of total RNA
687 from the Trizol reagent by isopropanol precipitation, RNA was digested with DNaseI for 30min
688 at room temperature and further purified by RNeasy plus mini kit according to the instruction. For

689 purifying RNA from cells, the RNeasy plus mini kit was used according to the user manual. The
690 yield and quality were checked using Nano Drop.

691

692 **Reverse transcription quantitative PCR (RT-qPCR)**

693 For RT-qPCR, ~300ng of purified RNA was revers transcribed into cDNA in the 20 μ L using
694 iScript cDNA synthesis kit (Bio-Rad). 2 μ L of this reaction was used for subsequent qPCR
695 reactions, which were performed using SYBR green system (Bio-Rad). The primer sequences were
696 listed in supplementary table 1. The actin beta gene was used as internal normalization control.

697

698 **RNA sequencing**

699 The RNA samples were processed with the Illumina TruSeq stranded total RNA RiboZero Gold
700 kit and then subjected to Illumina HiSeq 4000 single-end 150bp sequencing at New York
701 University Genome Technology Center. Over 50 million reads per sample were obtained. The
702 RNA-seq experiment was performed in three biological replicates for all tissues.

703 The RNA-seq reads were first processed using Trim_Galore (version 0.6.6), which trimmed both
704 adapter sequences and low-quality base calls (Phred quality score < 20). The clean RNA-seq reads
705 were used to quantify the gene expression with Salmon (version 1.4.0)⁸². Specific parameters (–
706 useVBOpt –seqBias –gcBias) were set for sequence-specific bias correction and fragment GC
707 bias correction. Gencode⁸³ (version M25) was used for the genome-wide annotation of the gene
708 in the mouse. The reads counts for genes were used as the input for differential expression analysis
709 by DESeq2⁸⁴. Low-expression genes with reads counts less than 10 were excluded. The cutoff for
710 p-value and fold change was shown in the figure or figure legend.

711 For the hierarchical clustering analysis, we reanalyzed published gene expression data of mice
712 treated with rapamycin, calorie restriction, growth hormone knockout, etc. To minimize the
713 potential batch effect, we directly compared the gene expression data of mice with intervention
714 treatments to its corresponding control. Fold changes (intervention / control) of gene expression
715 level were calculated for each gene. Log2 scaled fold changes of gene expression were used to
716 perform the analysis.

717 Gene set enrichment analysis (GSEA)⁸⁵ was performed with “Preranked” model (version 4.1.0).
718 All genes were preranked by the values of $-\log_{10}$ (adjusted p value)*(fold change)/abs(fold
719 change). Adjusted p values and fold change were obtained from DEseq2. Normalization mode was

720 set to “meandiv”. Only those gene set with a size more than 15 genes were kept for the further
721 analysis.

722 GO analysis were performed by R package clusterProfiler (Release version 3.14)⁸⁶. GO
723 comprises of three orthogonal ontologies, i.e. molecular function (MF), biological process (BP),
724 and cellular component (CC). All the p-values are adjusted following Benjamini –Hochberg (BH)
725 correction.

726 Association of gene expression log-fold changes induced by nmrHas2 expression in mouse
727 livers with previously established transcriptomic signatures of aging and lifespan-extending
728 interventions was examined as described in the previous study²⁹ separately for males and females.
729 Utilized signatures of aging included tissue-specific brain, liver and kidney signatures as well as
730 multi-tissue signatures of mouse, rat and human. Signatures of lifespan-extending interventions
731 included genes differentially expressed in mouse tissues in response to individual interventions,
732 including caloric restriction (CR), rapamycin (Rapamycin), and mutations associated with growth
733 hormone deficiency (GH deficiency), along with common patterns of lifespan-extending
734 interventions (Common) and expression changes associated with the mouse maximum (Max
735 lifespan) and median lifespan (Median lifespan).

736 Pairwise Spearman correlation between logFC induced by nmrHas2 expression and
737 associated with signatures of aging and longevity was calculated based on the union of top 400
738 statistically significant genes (with the lowest p-value) for each pair of signatures.

739 For the identification of enriched functions affected by nmrHas2 expression in mouse livers
740 we performed Fisher exact test and functional GSEA ([10.1073/pnas.0506580102](https://doi.org/10.1073/pnas.0506580102)) on a pre-ranked
741 list of genes based on $\log_{10}(p\text{-value})$ corrected by the sign of regulation, calculated as:

$$-(pv) \times sgn(lfc),$$

742 where pv and lfc are p-value and logFC of a certain gene, respectively, obtained from edgeR output,
743 and sgn is the signum function (equal to 1, -1 and 0 if value is positive, negative or equal to 0,
744 respectively). HALLMARK, KEGG and REACTOME ontologies from the Molecular Signature
745 Database (MSigDB) were used as gene sets. Fisher exact test and GSEA were performed
746 separately for each sex using *gprofile2* and *fgsea* R packages, respectively. A q-value cutoff of 0.1
747 was used to select statistically significant functions.

748 Similar analysis was performed for gene expression signatures of aging and lifespan-
749 extending interventions. Pairwise Spearman correlation was calculated for individual signatures

751 of nmrHas2 expression, aging and lifespan-extending interventions based on NES estimated with
752 GSEA. A heatmap colored by NES was built for manually chosen statistically significant functions
753 (adjusted p-value < 0.1). Complete list of functions enriched by genes perturbed by nmrHas2
754 expression in mouse livers is included in Extended Data Table 3.

755

756 Primary fibroblast isolation and cell culture

757 Primary skin fibroblasts were isolated from under-arm skin from 5 months old CreER and
758 nmrHAS2 mice. Skin tissues were shaved and cleaned with 70% ethanol then minced and
759 incubated in DMEM/F-12 medium (ThermoFisher) with Liberase (Millipore Sigma) at 37°C on a
760 stirrer for 40min. Tissues were then washed and plated with DMEM/F-12 medium containing 15%
761 fetal bovine serum (GIBCO) and Antibiotic-Antimycotic (GIBCO). When cells are 80% confluent,
762 isolated cells were frozen in liquid nitrogen within 2 passages. All subsequent fibroblast cultures
763 were performed in EMEM (ATCC) supplemented with 10% fetal bovine serum (GIBCO), 100
764 units/mL penicillin, and 100 mg/mL streptomycin (GIBCO). Raw264.7 cell line was purchased
765 from ATCC and maintained using DMEM (Gibco) supplemented with 10% fetal bovine serum
766 (GIBCO), 100 units/mL penicillin, and 100 mg/mL streptomycin (GIBCO). The Raw cells used
767 for all experiments are all under passage four. All primary cells were cultured at 37°C with 5%
768 CO₂ and 3% O₂.

769

770 Apoptosis assay

771 Skin fibroblast cells under population doubling 15 were used for H₂O₂ treatment. Cells
772 with ~80% confluence were treated with H₂O₂ at concentrations of 100 μM, 200 μM, and 400 μM
773 for 24h. Cells were collected, and apoptotic cells were quantified using Annexin V FLUOS
774 Staining Kit (Roche) following the manufacturer's instructions. After staining, cells were analyzed
775 with CytoFlex flow cytometer (Beckman). Cells which are double negative for Annexin-V and PI
776 signals were defined as live cells.

777

778 Bone marrow derived macrophage isolation, culture, and LPS challenge

779 Bone marrow derived macrophages were isolated from 5 months old CreER and nmrHAS2
780 mice. Mice were sacrificed via cervical dislocation and hind legs were dissected. Using aseptic
781 technique, bone marrow was extracted from tibia and femur bones following removal of

782 surrounding muscle. To do so, joints were cut using a scalpel and the exposed bone marrow was
783 flushed out the ends of the bones using a 27-gauge needle and a 10 ml syringe filled with cold
784 RPMI-1640 media. Clumps were gently disaggregated using a needle-less syringe and passed
785 through a 70 μ m cell strainer. The cell suspension was centrifuged at 250 g for 5 min at room
786 temperature to pellet cells. Bone marrow cells were subsequently cultured in RPMI-164 (GIBCO)
787 supplemented with 10% fetal bovine serum (GIBCO), 100 units/mL penicillin, 100 mg/mL
788 streptomycin (GIBCO), and 10ng/mL recombinant mouse M-CSF(R&D) at 37°C with 5% CO₂
789 and 3% O₂ on Day 0. Fresh media were changed every 48h, Double volume of media were used
790 on Day 4 and M-CSF was supplemented on Day 6 to avoid removing the HA produced by cells.
791 10ng/mL LPS was used to treat macrophages on Day 7. Cells were harvest 24h after LPS treatment
792 for RNA extraction.

793

794 **Gut permeability assay**

795 Tracer FITC-labeled dextran (4kDa; Sigma-Aldrich) was used to assess in vivo intestinal
796 permeability. Mice were deprived of food 8 h prior to and both food and water following an oral
797 gavage using 200 ml of 80 mg/ml FITC-dextran. Blood was retro-orbitally collected after 4 h, and
798 fluorescence intensity was measured on fluorescence plates using an excitation wavelength of
799 493nm and an emission wavelength of 518 nm. The untreated mouse plasma was used as blank.

800

801 **Isolation and culture of primary intestinal crypts**

802 Around 20 cm small intestines from 7- and 18- months old mice were removed and flushed
803 using 10 mL syringe with clear luminal contents. Then the intestines were opened longitudinally,
804 washed in 20 mL cold PBS and cut into ~5 mm sections, and placed into the 50 mL canonical tube
805 which contains 15 mL cold PBS. Intestinal crypts were mechanically released from the lamina
806 propria by vigorous pipetting and washed using PBS for twenty times followed by incubating in
807 25 mL gentle cell dissociation reagent (STEMCELL Technology) for 15min at room temperature.
808 After that, the dissociation reagent was neutralized by adding 10 mL of cold PBS containing 1%
809 BSA. The supernatants containing crypts were filtered through a 70- μ m cell strainer and
810 centrifuged at 290 xg for 5 min at 4°C then washed one more time with cold PBS containing 1%
811 BSA. Isolated crypts were counted and embedded in Matrigel (Corning) on the ice at ~12.5 crypts
812 per μ l and mixed with the same volume of IntestiCult Organoid Growth medium (STEMCELL

813 Technology). Matrigel beads occupying the center of the well were constructed using 40 μ l of
814 Matrigel to form a solid dome-like structure in an 8-well chamber slide and were subsequently
815 overlaid with 400 μ l IntestiCult Organoid Growth medium. For the HA treatment, 20 μ g/mL HMW
816 or LMW HA (R&D) were directly added to the Matrigel crypts mixture. Primary intestinal crypts
817 were incubated in a fully humidified culture chamber with 5% CO₂ at 37°C. The culture medium
818 was changed every 48 h, and the organoid-forming efficiency was calculated on days 4.

819

820 **Microbiota analysis**

821 Fresh fecal samples from 9- and 23-months old animals were obtained in the morning,
822 immediately snap freeze in liquid nitrogen, and stored in -80°C. These samples were used for 16S
823 rRNA gene analysis for microbiota profiling from the V1–V2 region of 16S rRNA genes. DNA
824 extraction was performed using QIAamp DNA Stool Mini Kit (Qiagen) following the
825 manufacture's instruction. DNA was eluted in 50 μ l DNase free water. Twenty nanograms of
826 DNA were used for the amplification of the 16S rRNA gene with primers 27F-DegS (5'-
827 TCGTCGGCAGCGTCAGATGTGTATAAGAGACAGGTTYGATYMTGGCTCAG-3') and
828 338R I (5'-
829 GTCTCGTGGGCTCGGAGATGTGTATAAGAGACAGGCWGCTCCGTAGGAGT-3') +
830 338R II (5'-
831 GTCTCGTGGGCTCGGAGATGTGTATAAGAGACAGGCWGCCACCCGTAGGTGT-3')⁸⁷
832 for 25 cycles. Primers have Illumina sequencing index attached; Index forward (5'-
833 TCGTCGGCAGCGTCAGATGTGTATAAGAGACAG-3') and index reverse (5'-
834 GTCTCGTGGGCTCGGAGATGTGTATAAGAGACAG-3'). The PCR was performed in a total
835 volume of 50 μ l containing 1× HF buffer (New England BioLabs), 1 μ l dNTP Mix (New England
836 BioLabs), 1 U of Phusion® Hot Start II High-Fidelity DNA polymerase (New England BioLabs),
837 500 nM of the 27F-DegS primer, 500 nM of an equimolar mix of two reverse primers, 338R I and
838 II. The size of the PCR products (~375 bp) was confirmed by gel electrophoresis using 5 μ l of the
839 amplification reaction mixture on a 1% (w/v) agarose gel. The PCR products were purified using
840 QIAquick PCR Purification Kit (Qiagen). Then, the dual indices and Illumina sequencing adapters
841 were attached using the Nextera XT index kit (Illumina) following the manufacture's instruction.
842 Purified amplicon pools were 250 bp paired end sequenced using Illumina Miseq.

843 The Illumina Miseq data analysis was carried out with a workflow employing the Quantitative
844 Insights Into Microbial Ecology (QIIME2) pipeline⁸⁸. The reads were processed the as following:
845 reads were filtered for not matching barcodes; OTU picking and chimera removal was done via
846 matching the sequences to the Silva 111 database, with only one mismatch allowed, and a biom
847 and with clustalw a multiple alignment and phylogenetic tree file was generated. Further outputs
848 were generated via QIIME, such as filtered reads per sample, PD whole tree diversity
849 measurements and the level 1–6 taxonomic distributions with relative abundances. 37,000 reads
850 cutoff was used for all the samples.

851

852 **Statistical and demographic analysis**

853 Data are shown as means with SEM (unless stated otherwise). N indicates the number of
854 animals per test group; age and sex are also noted. Student's t test (unpaired, two-tailed, equal
855 variance) was used for all pairwise comparisons which satisfied with normal distribution. Mann-
856 Whitney u test was used for data which is not satisfied with normal distribution. All relevant p
857 values are shown in the figures; if not shown, * indicates $p < 0.05$, ** indicates $p < 0.01$, *** indicates
858 $p < 0.001$, **** indicates $p < 0.0001$ and ns means no significance. Demographic data were
859 processed with GraphPad Prism software to compute mean and median lifespans, SEM, percent
860 increase of the median, and p values (log-rank test) for each cohort.

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874 **References**

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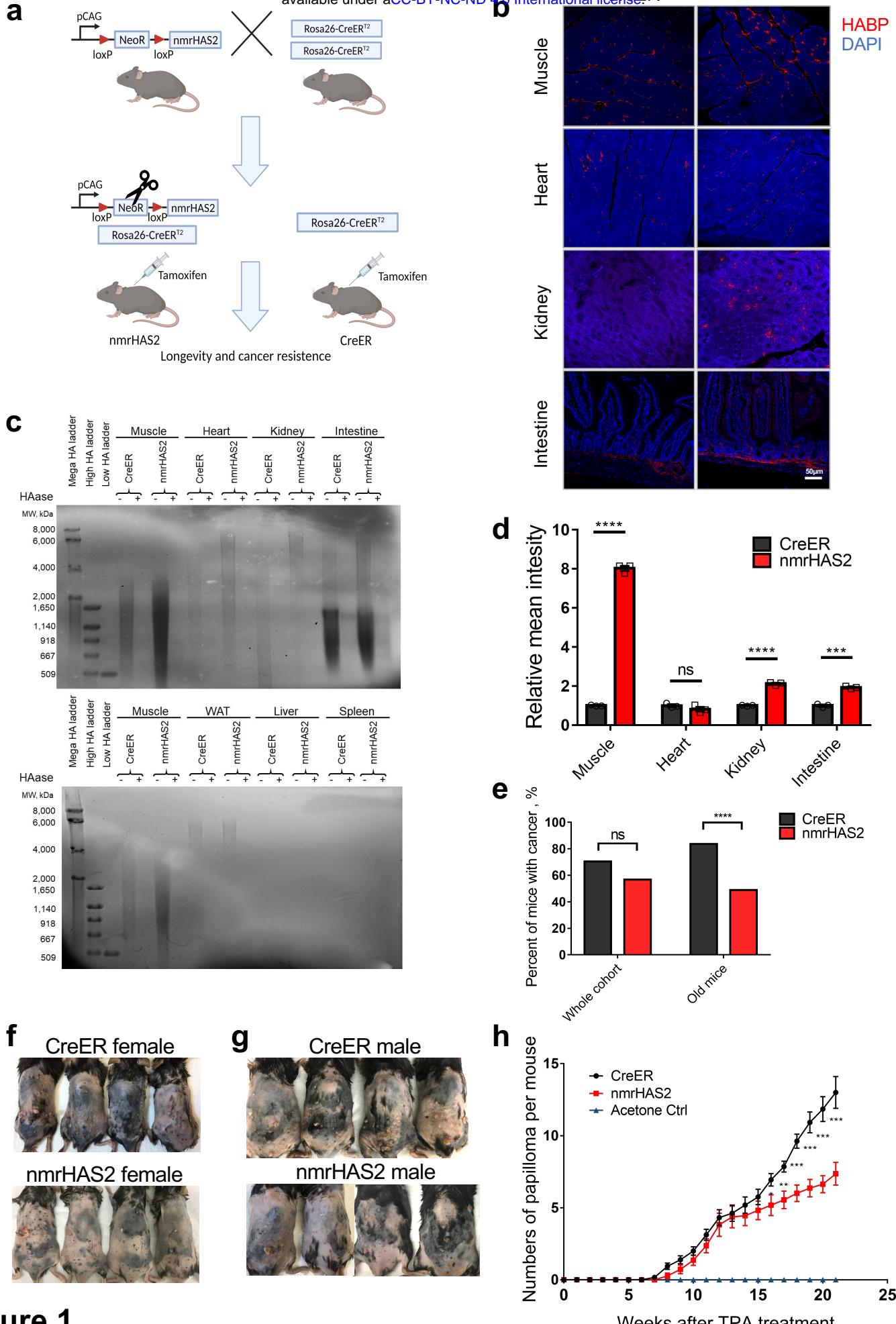


Figure 1

Figure 1. Transgenic mice overexpressing nmrHAS2 gene are resistant to both spontaneous and induced cancer

a. The breeding strategy of nmrHAS2 mice. Mice heterozygous with nmrHAS2 transgene were bred with mice homozygous for Rosa26CreERT2 to obtain double heterozygous nmrHAS2; CreER progeny. Single heterozygous CreER progeny was used as a control. Tamoxifen was injected when in 2-3 months animals to induce the nmrHAS2 expression. CreER mice received the same dose of tamoxifen at the same age.

b. Representative pictures of HABP staining in multiple organs of female mice.

c. Pulse field gel shows that female nmrHAS2 mice have higher molecular weight and more abundant hyaluronic acid in multiple tissues. HA was extracted from 200 mg of pooled tissue from two individuals. HAase treated samples were run in parallel to confirm the specificity of HA staining. The HA from muscle was loaded on both gels as a cross reference.

d. Levels of relative HABP fluorescence intensity. N=3. *** p < 0.001, **** p < 0.0001 by unpaired Student's t-test.

e. Old nmrHAS2 mice (N=74) have much lower spontaneous cancer incidence compared to CreER mice (N=81). Pooled females and males. Old mice are older than 27 months. *** indicates p<0.0001, Chi-square test.

f. Representative pictures of female mice after 20 weeks of DMBA/TPA treatment.

g. Representative pictures of male mice after 20 weeks of DMBA/TPA treatment.

h. nmrHAS2 mice are more resistant to DMBA/TPA induced skin papilloma. Pooled females and males. N= 7-13. ** indicates p<0.01, *** indicates p<0.001, two-tailed Student's t-test.

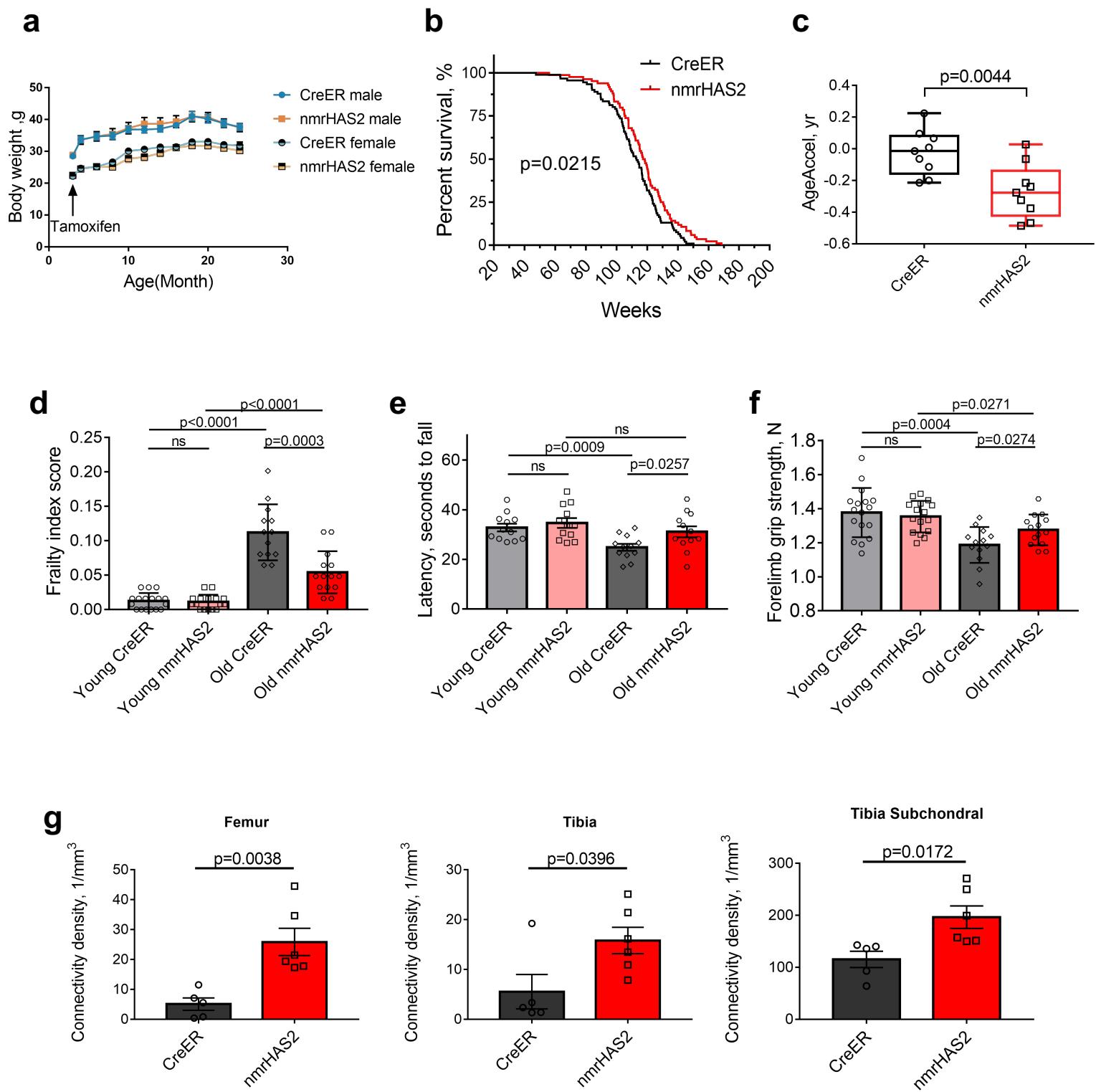


Figure 2

Figure 2. nmrHAS2 mice have extended lifespan and health span

a. Overexpression of nmrHAS2 gene did not affect the body weight of mice (N=9-11). The body weight of mice was measured before Tamoxifen injection, then once every month until mice reached 24 months of age.

b. nmrHAS2 mice (N=84) had an extended median and maximum lifespan compared to CreER mice (N=91). Pooled females and males. $p=0.022$, log-rank test.

c. Old nmrHAS2 mice display younger biological age. Liver DNA from 24 months old nmrHAS2 (N=9) and age matched CreER mice (N=9) was used for methylation clock assay. The methylation age of each mouse was normalized to its chronological age to calculate AgeAccel. $p=0.0044$, two-tailed Student's t test.

d. Frailty index scores of CreER and nmrHAS2 mice at 5- and 24-months of age. Pooled females and males. $n=13-17$. p-values were calculated with two-tailed Student's t test.

e. Rotarod performance of CreER and nmrHAS2 mice at 5- and 24-month of age. Pooled equal numbers of females and males, $n=12$. p-values were calculated with two-tailed Student's t-test.

f. Forelimb grip strength performance of CreER and nmrHAS2 mice at 5- and 24-month of age. Pooled females and males. $n=13-17$, p-values were calculated with two-tailed Student's t-test.

g. Old female nmrHAS2 mice have higher bone connectivity density. Hindlimb bones from 24 months old animals were taken for microCT scan. $N=5-6$. p-values were calculated with two-tailed Student's t-test.

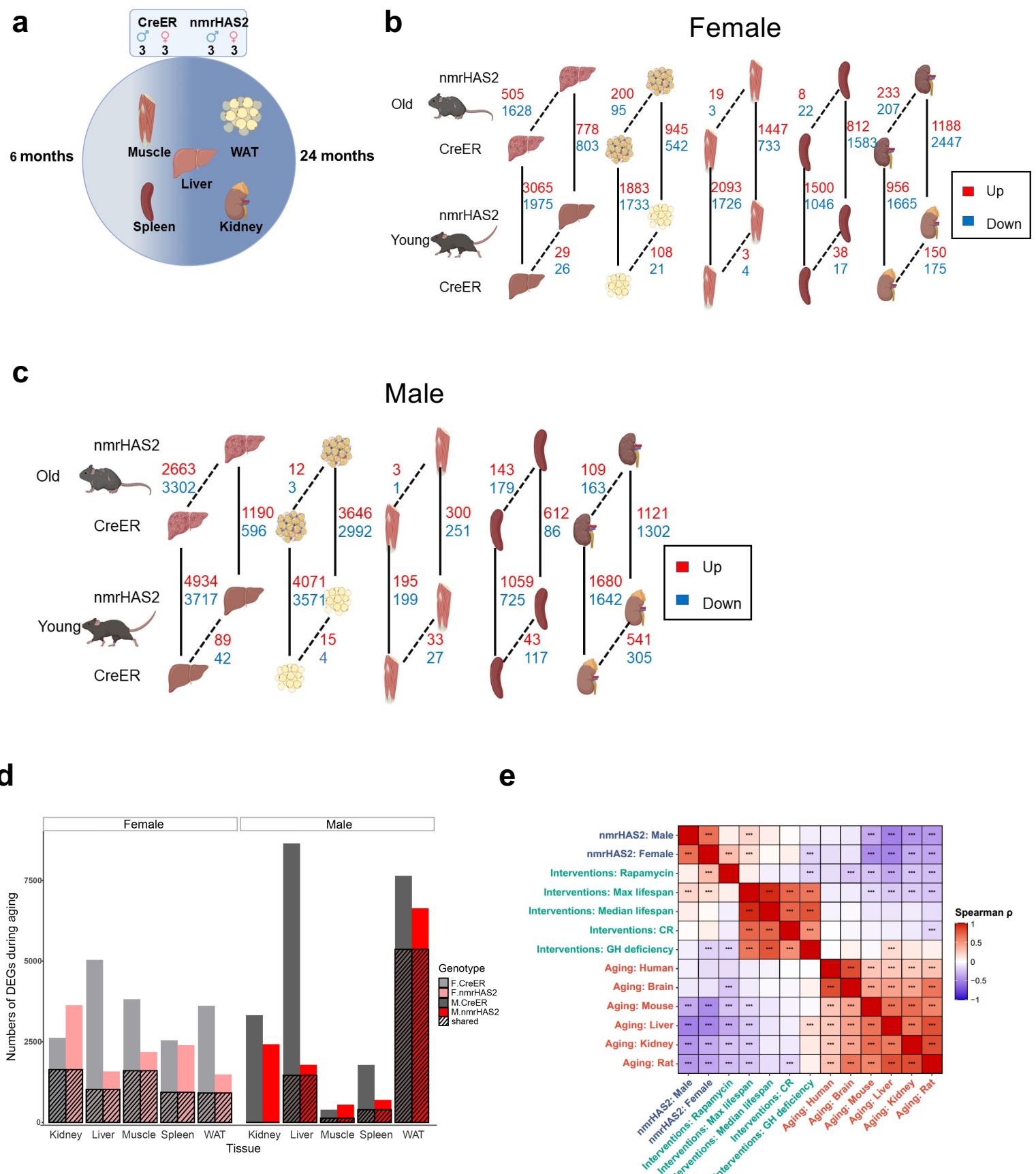
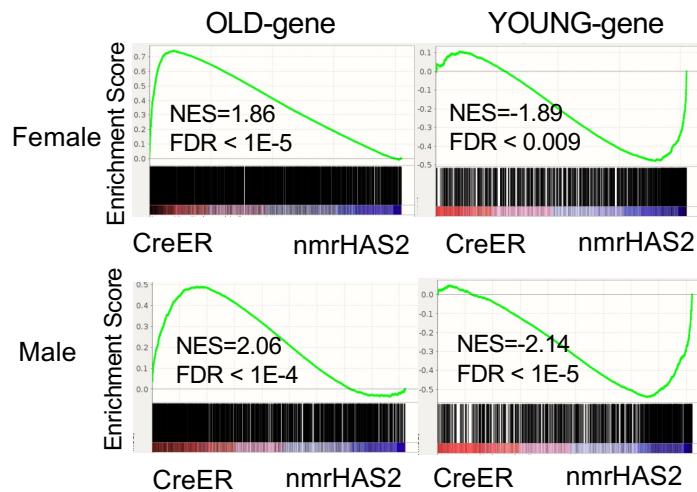


Figure 3

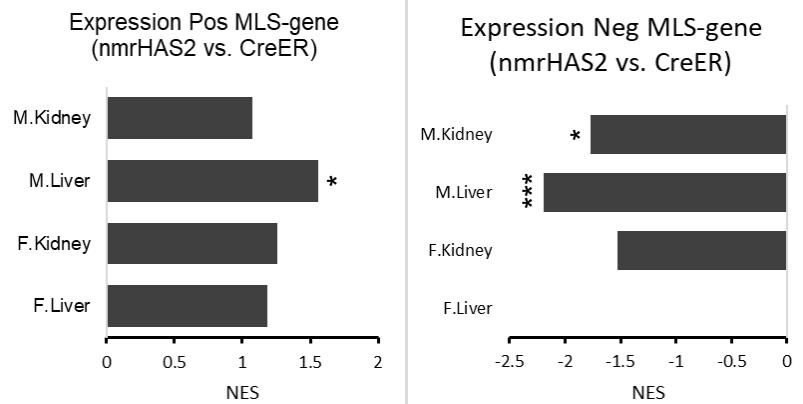
Figure 3. Transcriptome of nmrHAS2 mice undergoes fewer changes during aging than the transcriptome of CreER controls

- a.** Sequencing and sampling strategy. Liver, muscle, WAT, kidney and spleen 6- and 24-months old CreER and nmrHAS2 mice were used for RNA sequencing. Three biological replicates from each sex, age group, and genotype were used.
- b.** Gene expression changes in females. Two parameters were compared: genotype, dashed lines; age, solid lines.
- c.** Gene expression changes in males. Two parameters were compared: genotype, dashed lines; age, solid lines.
- d.** Effects of aging on the transcriptome. The number of genes whose expression changed with age in either direction; hatched area represents genes that underwent changes in both genotypes.
- e.** Association between nmrHAS2 effect on gene expression and signatures of lifespan-extending interventions and mammalian aging. Signatures of aging, lifespan-extending interventions and nmrHAS2 are shown in red, green and blue, respectively. *** p.adjusted < 0.001

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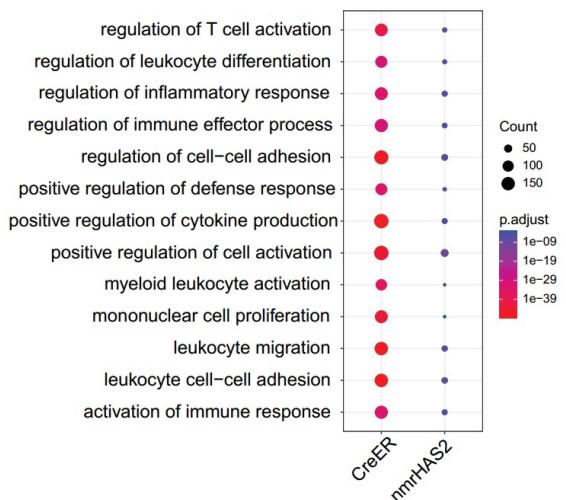


b



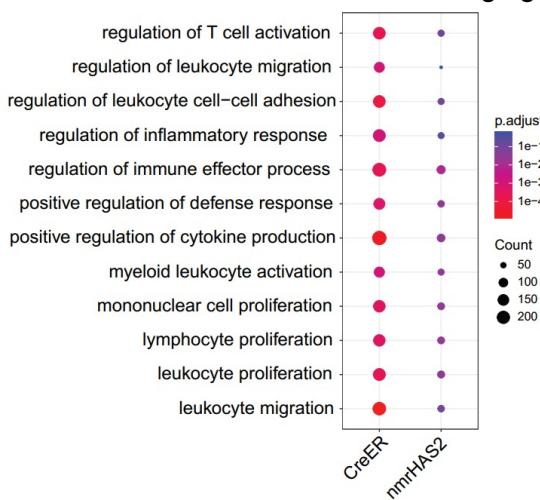
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Enriched GO terms for upregulated genes in CreER and nmrHAS2 female liver during aging



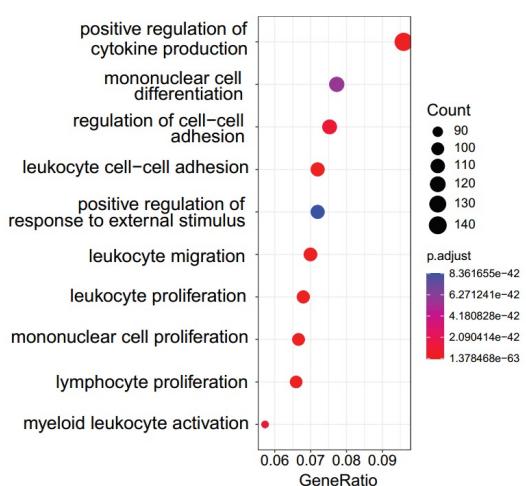
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Enriched GO terms for upregulated genes in CreER and nmrHAS2 male liver during aging



e

Enriched GO terms for downregulated genes in old female nmrHAS2 mice liver



f

Enriched GO terms for downregulated genes in old male nmrHAS2 mice liver

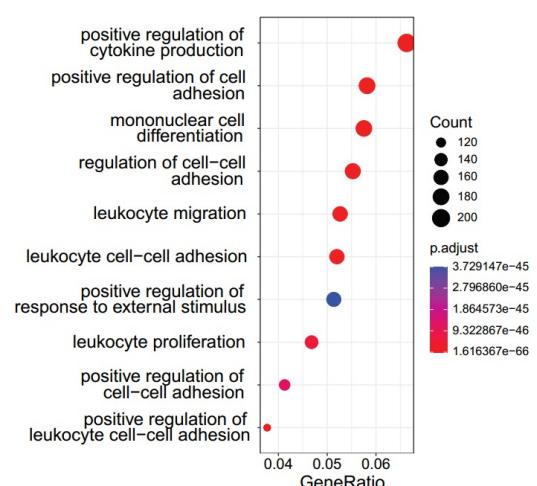
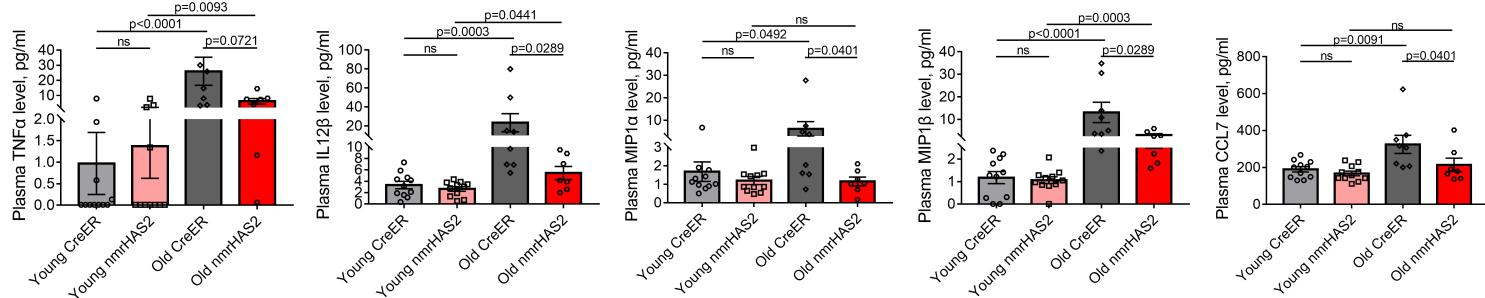


Figure 4

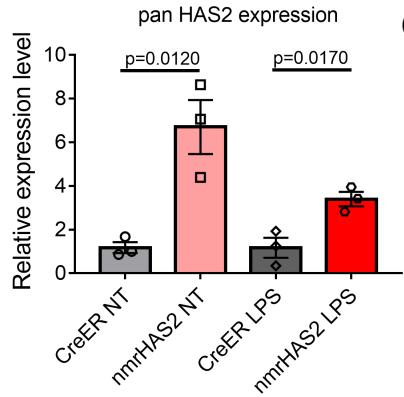
Figure 4. nmrHAS2 mice display younger transcriptome signature and reduced inflammation during aging

- a.** GSEA plots showing that YOUNG gene set is upregulated, and OLD gene set is downregulated in the liver of old nmrHAS2 mice of both sexes.
- b.** GSEA shows that POS-MLS gene set was upregulated in liver and kidney of nmrHAS2 mice. NEG-MLS gene set is downregulated in liver and kidney of old nmrHAS2 mice. * FDR<0.05, *** FDR<0.001
- c.** GO term enrichment analysis shows that livers of old female nmrHAS2 mice have fewer inflammation-related pathways upregulated during aging.
- d.** GO term enrichment analysis shows that livers of old male nmrHAS2 mice have fewer inflammation-related pathways upregulated during aging.
- e.** GO term analysis shows that inflammation-related pathways are downregulated in livers of old female nmrHAS2 mice.
- f.** GO term analysis shows inflammation-related pathways are downregulated in livers of old male nmrHAS2 mice.

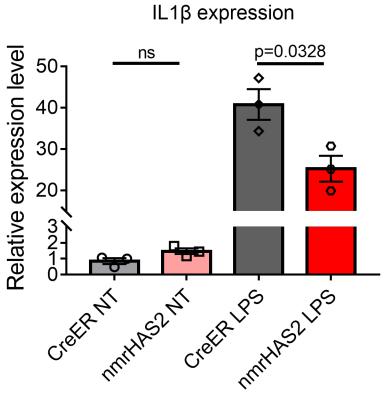
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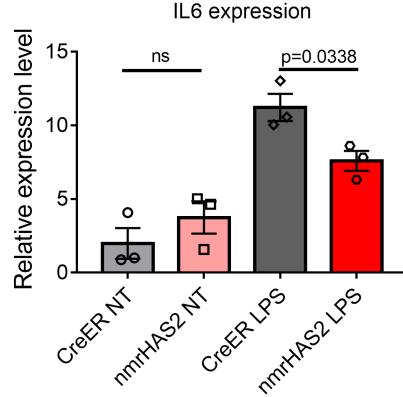
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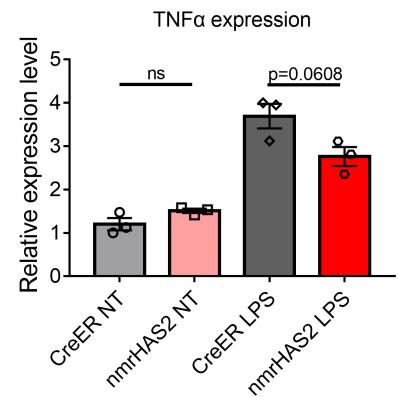
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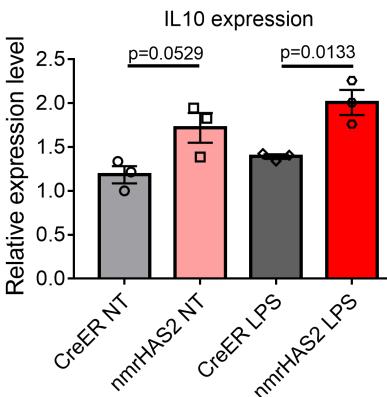
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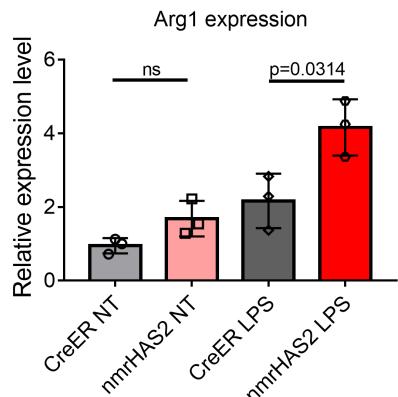
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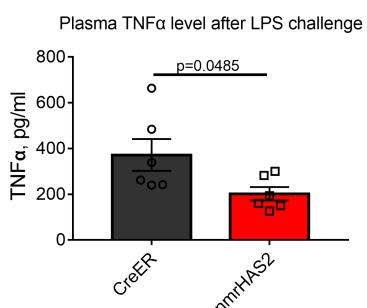
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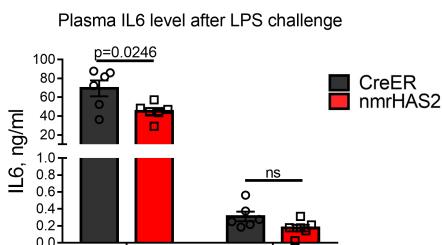
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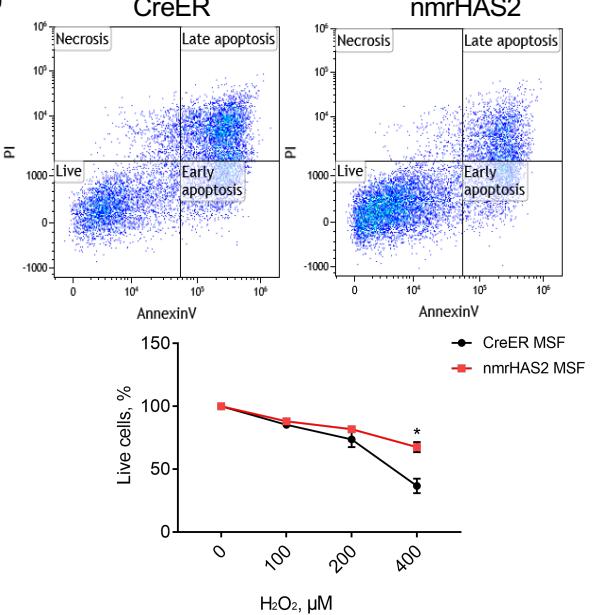


Figure 5

Figure 5. nmrHAS2 reduces pro-inflammatory response *in vitro* and *in vivo* and protects cells from oxidative stress.

a. Luminex multiplex immunoassay shows that old female nmrHAS2 mice have reduced levels of multiple inflammatory cytokines and chemokines. N=7-11. p-values were calculated using Mann-Whitney u-test.

b. BMDM from nmrHAS2 mice have significantly upregulated HAS2 levels. BMDMs were isolated from 5- months old male mice (N=3). p-values were calculated using two-tailed Student's t-test.

c. BMDM from nmrHAS2 mice have lower levels proinflammatory IL-1 β mRNA after LPS challenge. BMDMs were isolated from 5- months old male mice (N=3). p-values were calculated using two-tailed Student's t-test.

d. BMDM from nmrHAS2 mice have lower levels of proinflammatory IL6 mRNA after LPS challenge. BMDMs were isolated from 5- months old male mice (N=3). p-values were calculated using two-tailed Student's t-test.

e. BMDM from nmrHAS2 mice have higher levels of proinflammatory TNF α mRNA after LPS challenge. BMDMs were isolated from 5- months old male mice (N=3). p-values were calculated using two-tailed Student's t-test.

f. BMDM from nmrHAS2 mice have higher levels of anti-inflammatory IL10 mRNA after LPS challenge. BMDMs were isolated from 5- months old male mice (N=3). p-values were calculated using two-tailed Student's t-test.

g. BMDM from nmrHAS2 mice have higher levels of anti-inflammatory Arginase 1 mRNA after LPS challenge. BMDMs were isolated from 5- months old male mice (N=3). p-values were calculated using two-tailed Student's t-test.

h. nmrHAS2 mice have significantly lower plasma TNF α level 4 h after LPS challenge. 5- months old male mice (N=3). p-values were calculated using two-tailed Student's t test.

i. nmrHAS2 mice have significantly lower plasma IL6 levels 4 h after LPS challenge. 5- months old male mice (N=3). p-values were calculated using two-tailed Student's t-test.

j. Skin fibroblast cells isolated from nmrHAS2 mice are more resistant to H₂O₂ treatment. Skin fibroblasts were isolated from 5-months old male mice. N=3. p-values were calculated using two-tailed Student's t-test.

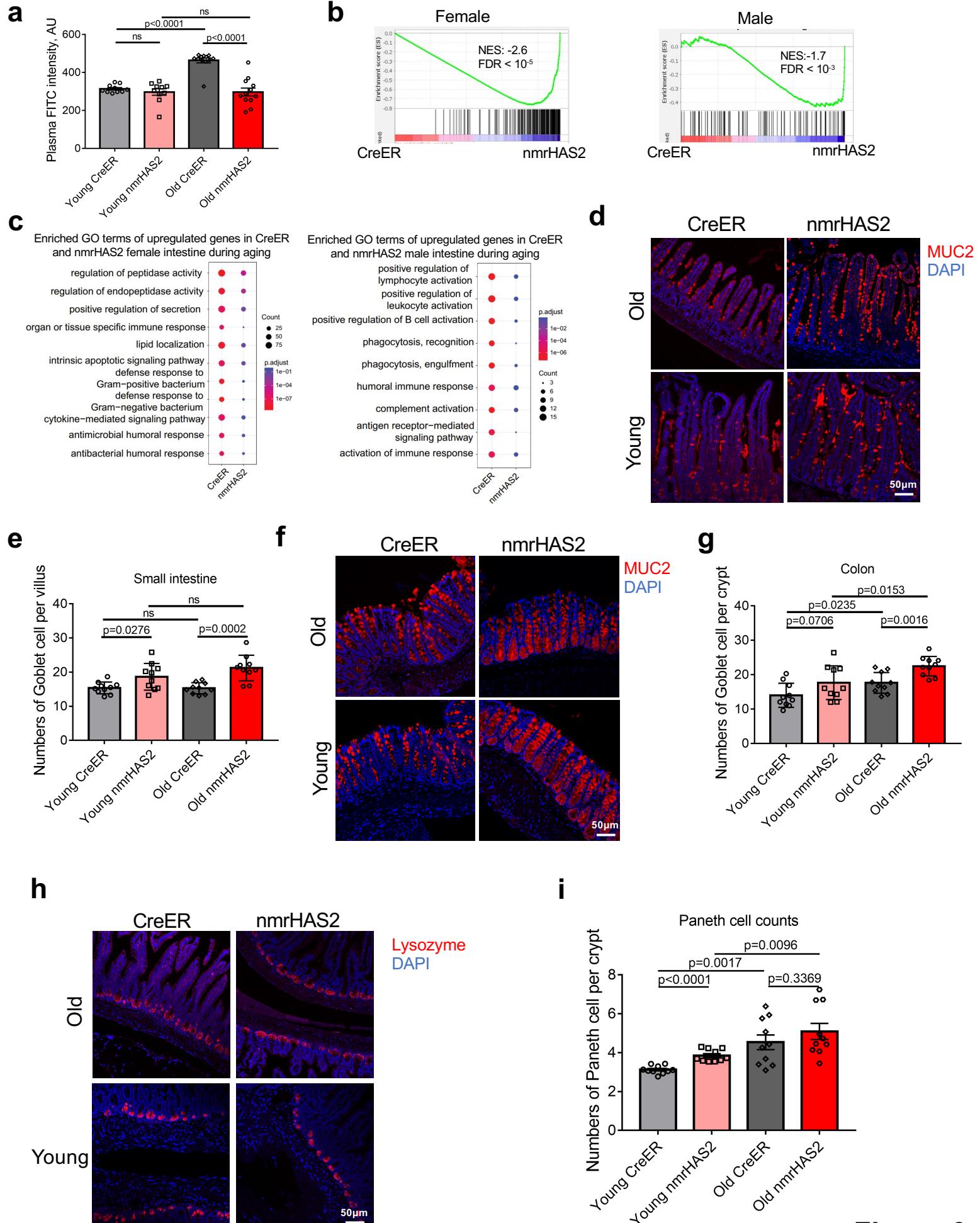


Figure 6

Figure 6. nmrHAS2 mice are protected from age-related loss of gut barrier function

a. nmrHAS2 mice have less leaky gut compared to the age matched controls. Pooled females and males (N=10-12). p-values were calculated using two-tailed Student's t-test.

b. GSEA shows that old nmrHAS2 mice have a younger intestine at the transcriptome level for both sexes.

c. GO term analysis shows that small intestine of old nmrHAS2 mice has fewer inflammatory-related pathways upregulated during aging for both sexes.

d. Representative pictures of Goblet cell staining in the small intestine of nmrHAS2 and CreER mice.

e. Quantification of goblet cells in the small intestine of 7- and 24-months old mice (shown in D). Pooled females and males (N=10). p-values were calculated using two-tailed Student's t-test.

f. Representative pictures of Goblet cell staining in the distal colon of nmrHAS2 and CreER mice.

g. Goblet cell counts in the distal colon of 7- and 24-month-old mice (shown in F). Pooled females and males (N=10). p-values were calculated using two-tailed Student's t-test.

h. Representative pictures of Paneth cell staining in the small intestine of nmrHAS2 and CreER mice.

i. Paneth cells counts in the small intestine of 7- and 24-months old mice. Pooled females and males (N=10). p-values were calculated using two-tailed Student's t-test.

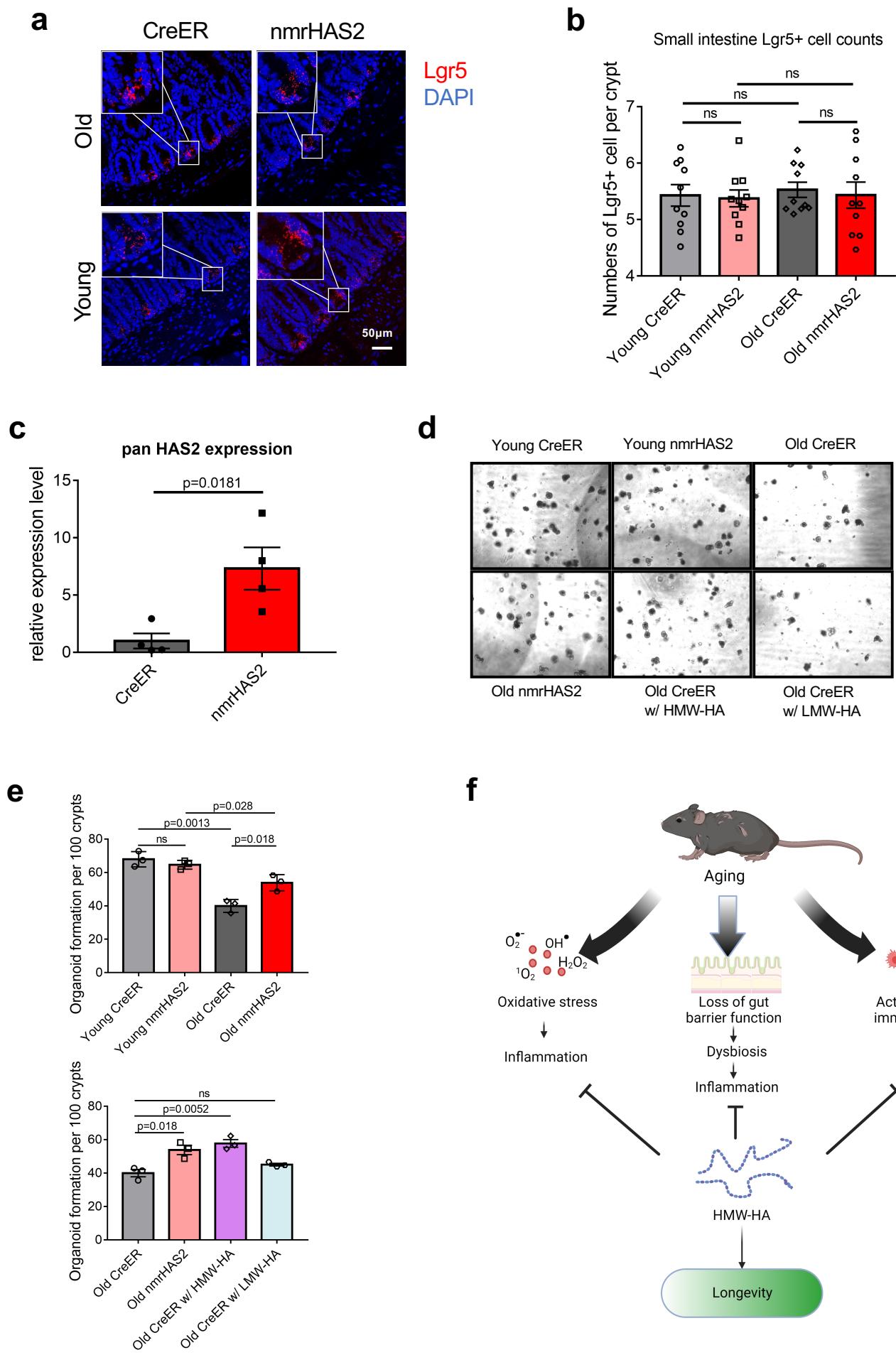
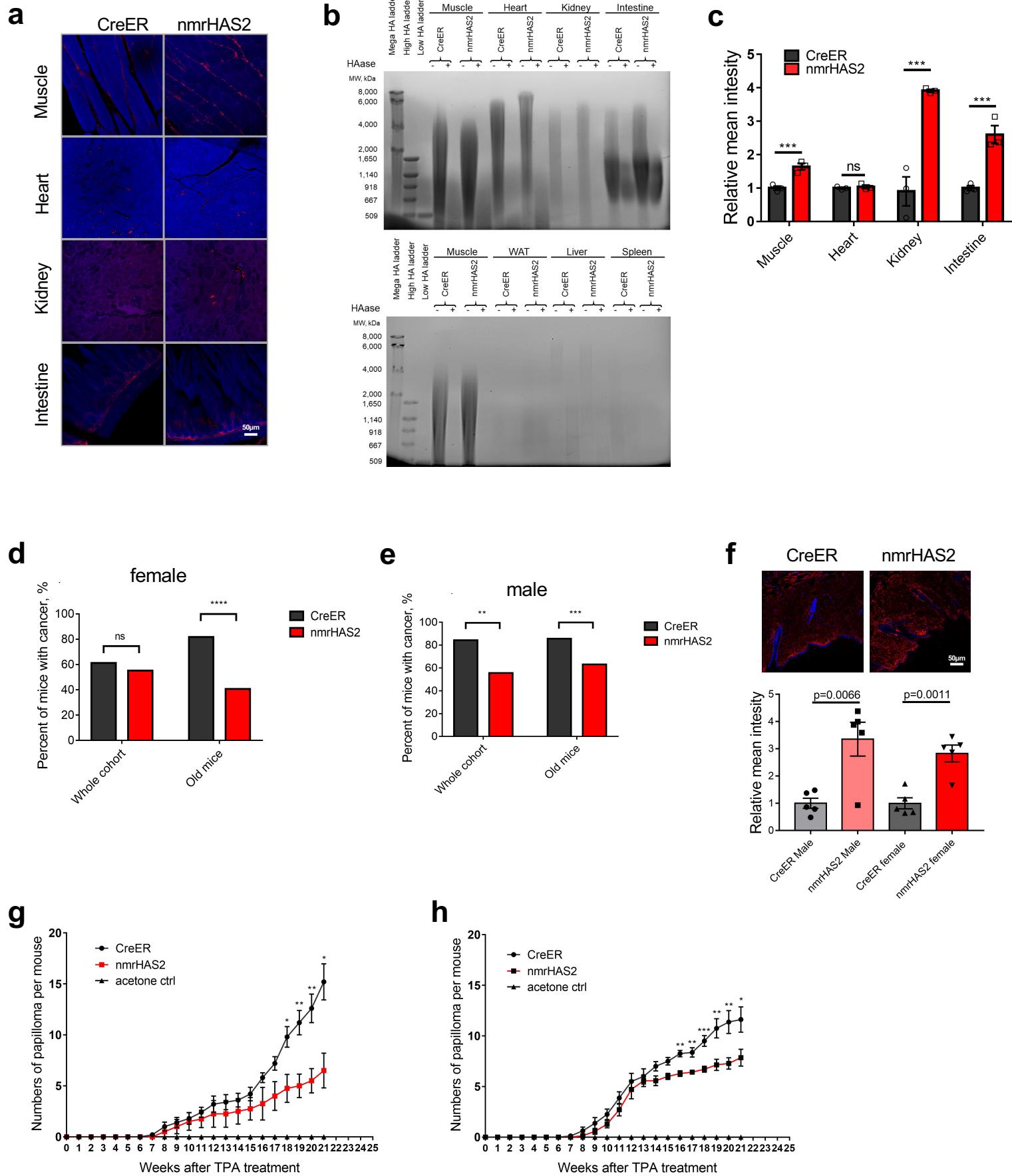


Figure 7

Figure 7. HMW-HA improves maintenance of intestinal stem cells during aging

- a.** Representative pictures of Lgr5 *in situ* hybridization in the small intestine of young and old nmrHAS2 and CreER mice.
- b.** Lgr5+ intestinal stem cell counts in the small intestines of 7- and 24-months old mice. Pooled females and males (N=10). P-values were calculated using two-tailed Student's t-test.
- c.** Intestinal crypts isolated from nmrHAS2 mice have significantly upregulated HAS2 levels. Intestinal crypts were isolated from 5-months old mice (N=4). p-values were calculated using two-tailed Student's t-test.
- d.** Intestinal crypts from old nmrHAS2 mice form more intestinal organoids *in vitro* N=3. Addition of HMW-HA, but not LMW-HA, to CreER crypts resulted in a greater number of organoids.
- e.** Organoid quantification in 7- and 24-months old mice (N=3). p-values were calculated using two-tailed Student's t-test.
- f.** Model for anti-aging effects of HMW-HA. HMW-HA produced by overexpression of nmrHAS2 gene protects cells from oxidative stress, improves maintenance of intestinal stem cells to provide a better gut barrier function during aging, and reduces the production of pro-inflammatory molecules by immune cells. The beneficial effects of HMW-HA further contribute to longevity and healthspan of the mice.



Extended data Figure 1. nmrHAS2 mice exhibit resistance to spontaneous and induced cancer

a. Representative pictures of HABP staining in organs of male nmrHAS2 and CreER mice.

b. Pulse field gel shows that male nmrHAS2 mice have higher molecular weight and more abundant hyaluronic acid. HA was extracted from 200 mg of pooled tissue from two individuals. HAase treated samples were run in parallel to confirm the specificity of HA staining.

c. Levels of relative HABP fluorescence intensity. N=3. *** p < 0.001, unpaired Student t-test.

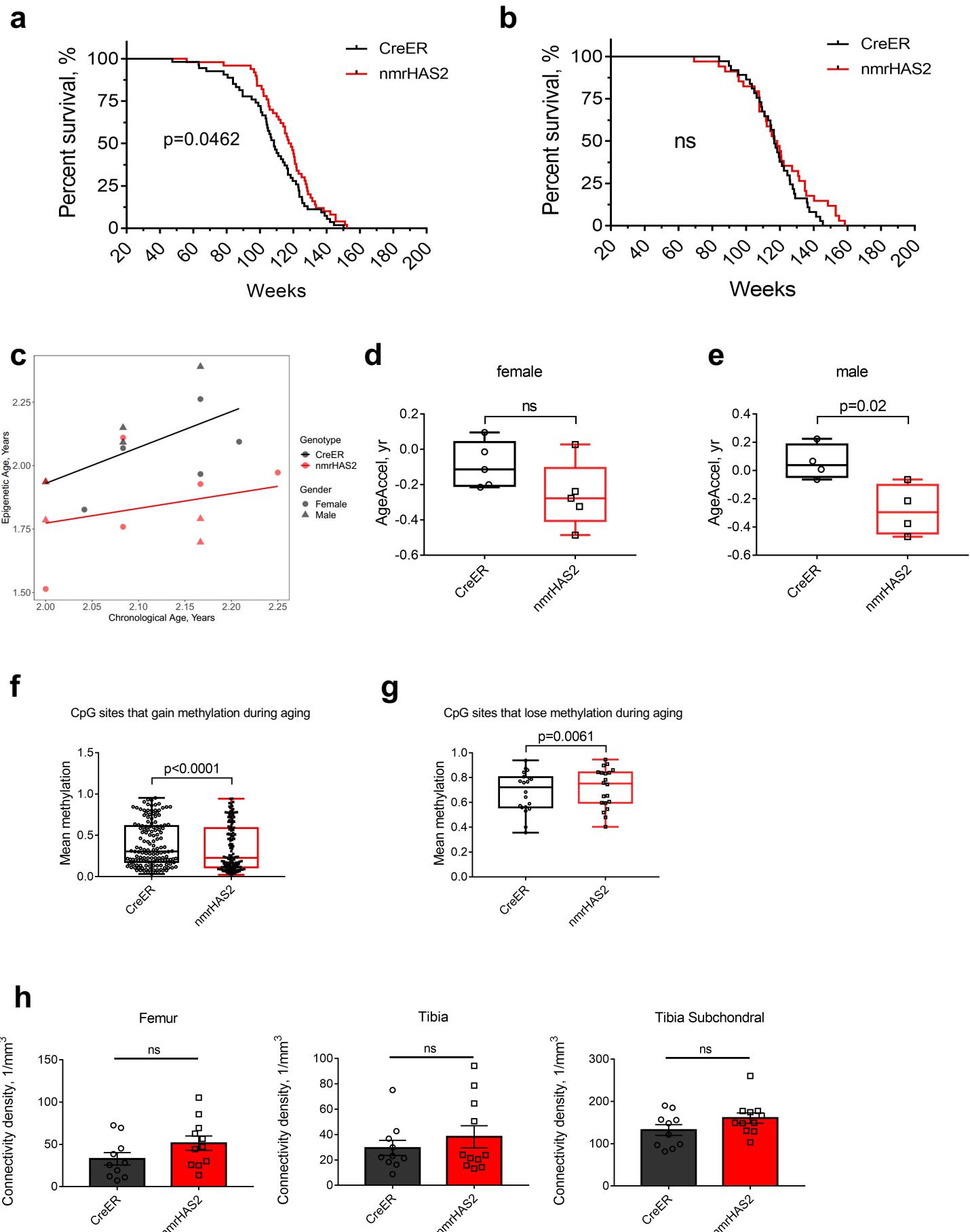
d. Old female nmrHAS2 mice have much lower spontaneous cancer incidence (N=47-49). **** p < 0.0001, p-values were calculated using Chi-square test.

e. Old male nmrHAS2 mice have much lower spontaneous cancer incidence (N=27-32). ** indicates p<0.01, *** indicates p<0.001, p-values were calculated using Chi-square test.

f. HABP staining shows that nmrHAS2 mice skin has a higher hyaluronan level. N=5, unpaired Student t-test.

g. Quantification of papilloma formation in DMBA/TPA treated female mice (N=3-5). * indicates p<0.05, ** indicates p<0.01, p-values were calculated using two-tailed Student's t-test.

h. Quantification of papilloma formation in DMBA/TPA treated male mice (N=5-8). * indicates p<0.05, ** indicates p<0.01, *** indicates p<0.001, p-values were calculated using two-tailed Student's t-test.



Extended Data Figure 2

Extended data Figure 2. nmrHAS2 mice showed extended lifespan and healthspan

- a.** Female nmrHAS2 mice have extended median lifespan (N=50-53). p-value for median lifespan was calculated using log-rank test.
- b.** Male nmrHAS2 mice have extended maximum lifespan (N=31-37). p-value for median lifespan was calculated using log-rank test.
- c.** Old nmrHAS2 mice display younger epigenetic age.
- d.** Old nmrHAS2 female mice display younger biological age. p-values were calculated using unpaired Student's t-test.
- e.** Old nmrHAS2 male mice display younger biological age. p-values were calculated using unpaired Student's t-test.
- f.** Mean methylation level of CpG sites that gain methylation during aging. Analysis was performed based on 9 animals. p-values were calculated using paired Student's t-test.
- g.** Mean methylation level of CpG sites that lose methylation during aging. Analysis was performed based on 9 animals. p-values were calculated using paired Student's t-test.
- h.** Old male nmrHAS2 mice (N=11) have the same level of bone connectivity density compared to age-matched controls (N=10). p-values were calculated using two-tailed Student's t-test.



Extended data Figure 3. nmrHAS2 mice showed a distinct transcriptomic signature

a. nmrHAS2 mice display an expression signature distinct from mice subjected to other pro-longevity interventions. A heatmap of correlation analysis performed on liver whole transcriptomes.

b. Association between nmrHAS2 effect and signatures of lifespan-extending interventions and mammalian aging based on functional enrichment (GSEA) scores.

Only functions enriched by at least one signature (adjusted p-value < 0.1) were used for the calculation.

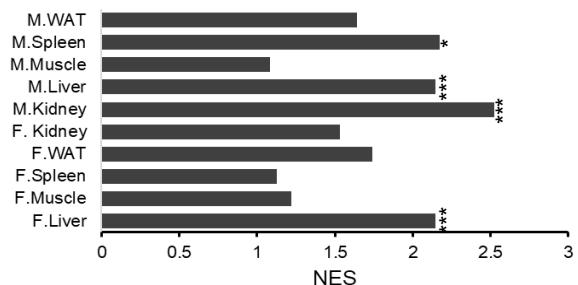
c. Functional enrichment (GSEA) of gene expression signatures associated with nmrHAS2, mammalian aging and established lifespan-extending interventions. Only functions significantly enriched by at least one signature (adjusted p-value < 0.1) are presented.

d. Functional enrichment (Fisher exact test) of genes significantly associated with the effect of nmrHAS2, mammalian aging and established lifespan-extending interventions. Only functions enriched by at least one aggregated signature (adjusted p-value < 0.1) are shown. Proportion of pathway-associated genes is reflected by bubble size.

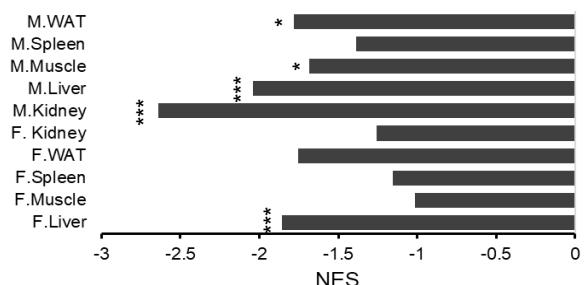
[^] p.adjusted < 0.1 ; * p.adjusted < 0.05 ; ** p.adjusted < 0.01 ; *** p.adjusted < 0.001 .

a

Expression YOUNG-gene (nmrHAS2 vs CreER)



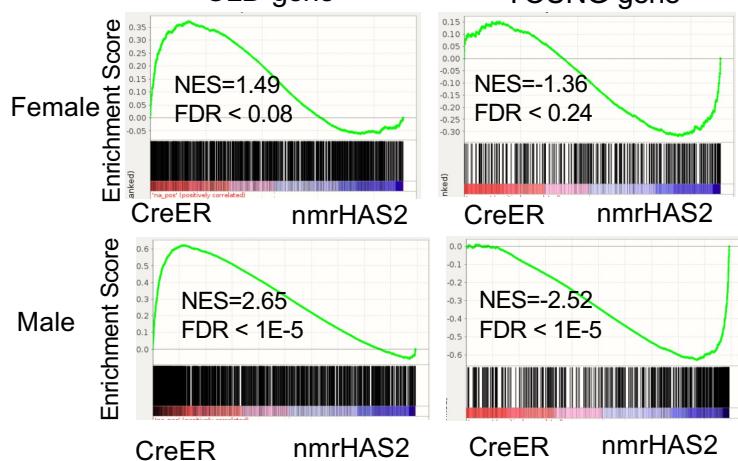
Expression OLD-gene (nmrHAS2 vs CreER)



c

OLD-gene

YOUNG-gene



b

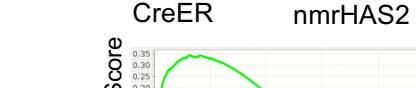
OLD-gene

YOUNG-gene

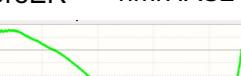


YOUNG-gene

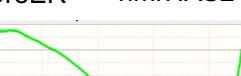
NES = -1.73
FDR < 0.16



Male



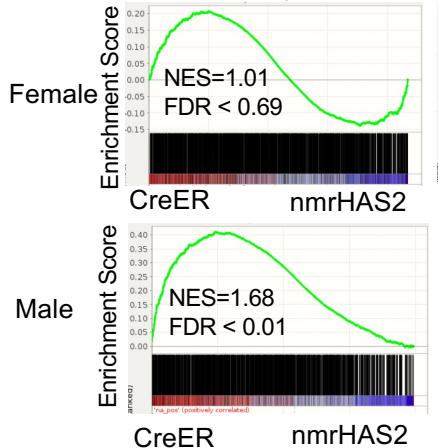
NES = -1.63
FDR < 0.08



d

OLD-gene

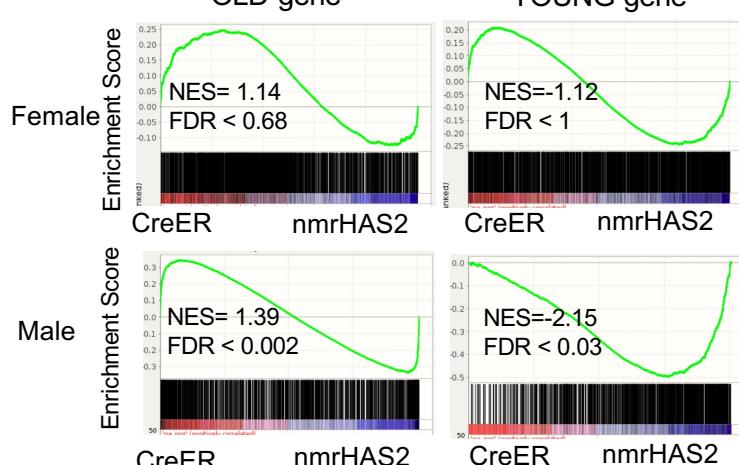
YOUNG-gene



e

OLD-gene

YOUNG-gene



Extended Data Figure 4

Extended data Figure 4. nmrHAS2 mice showed a younger transcriptomic state

a. GSEA plots show that YOUNG gene set is upregulated, and OLD gene set is downregulated in all sequenced old nmrHAS2 mice for both sexes. * FDR<0.05, *** FDR<0.001.

b. GSEA plots showing that OLD gene set is downregulated in WAT of old male nmrHAS2 mice.

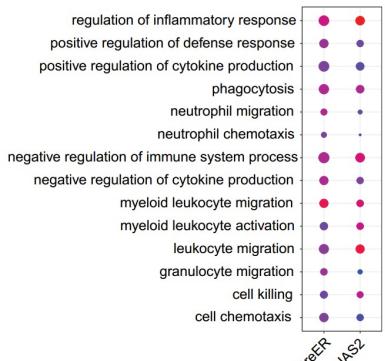
c. GSEA plots showing that that YOUNG gene set is upregulated, and OLD gene set is downregulated in the kidney of old male nmrHAS2 mice.

d. GSEA plots showing that OLD gene set is downregulated in the muscle of old male nmrHAS2 mice.

e. GSEA plots showing that that YOUNG gene set is upregulated, and OLD gene set is downregulated in the spleen of old male nmrHAS2 mice.

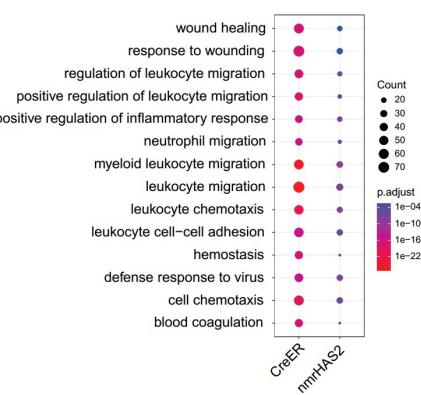
a

Enriched GO terms for upregulated genes in CreER and nmrHAS2 female spleen during aging



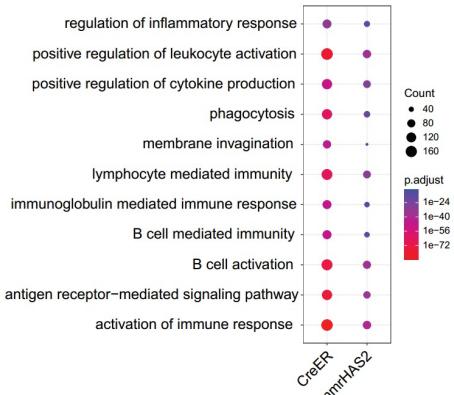
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Enriched GO terms for upregulated genes in CreER and nmrHAS2 male spleen during aging



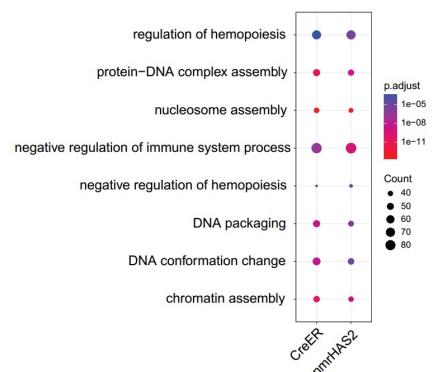
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Enriched GO terms for upregulated genes in CreER and nmrHAS2 female WAT during aging



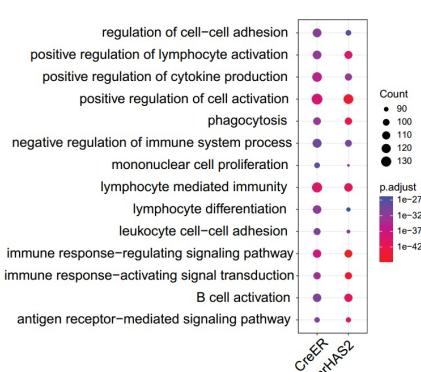
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Enriched GO terms for upregulated genes in CreER and nmrHAS2 male WAT during aging



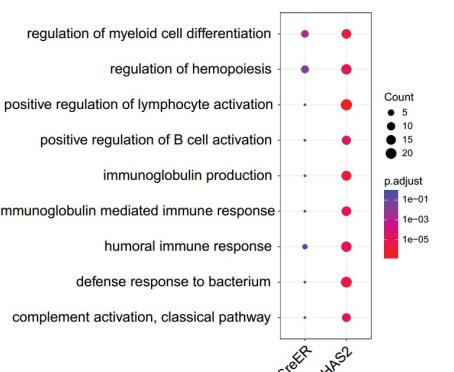
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Enriched GO terms for upregulated genes in CreER and nmrHAS2 female muscle during aging



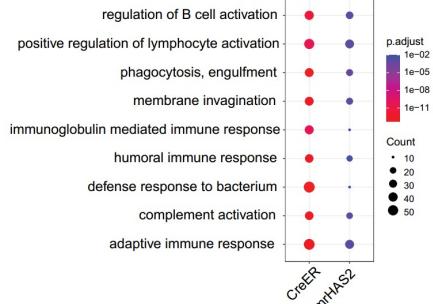
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Enriched GO terms for upregulated genes in CreER and nmrHAS2 male muscle during aging



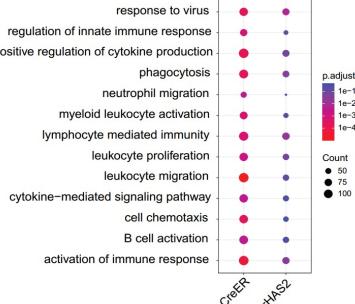
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Enriched GO terms for upregulated genes in CreER and nmrHAS2 female kidney during aging



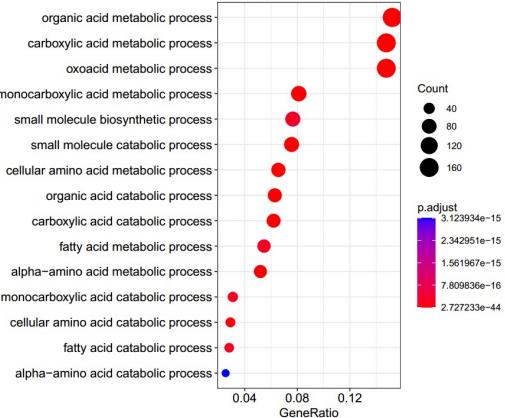
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Enriched GO terms for upregulated genes in CreER and nmrHAS2 male kidney during aging



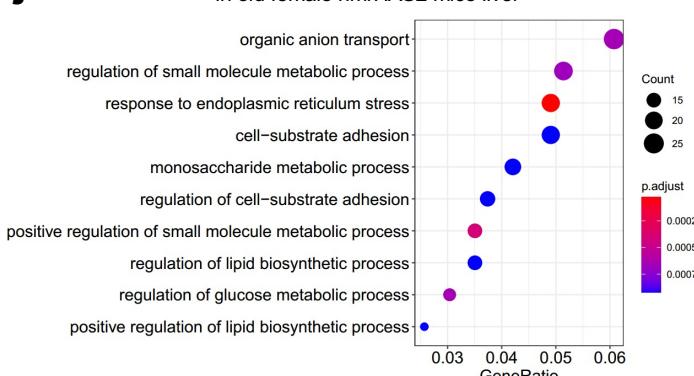
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Enriched GO terms for upregulated genes in old male nmrHAS2 mice liver



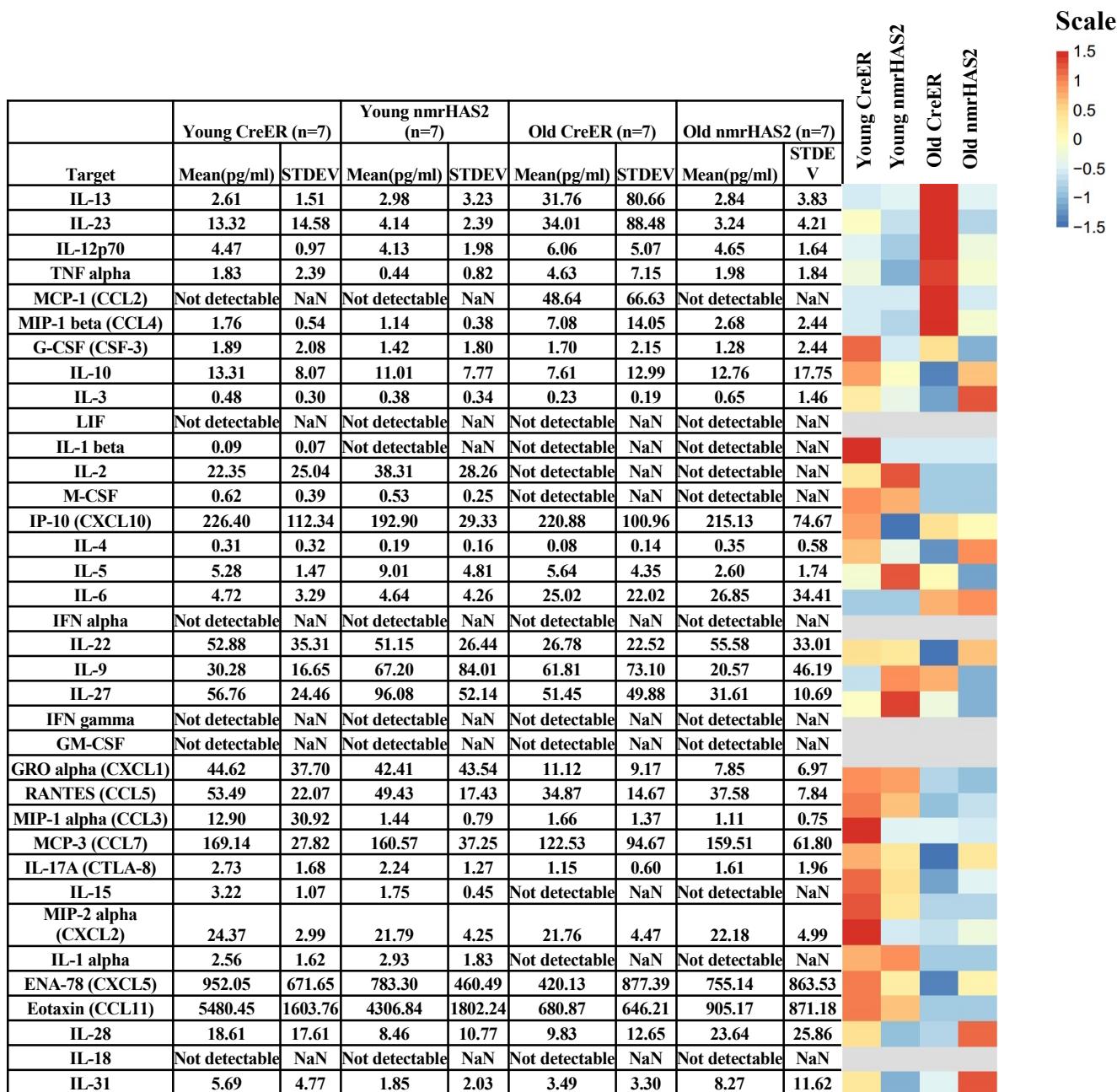
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Enriched GO terms for upregulated genes in old female nmrHAS2 mice liver



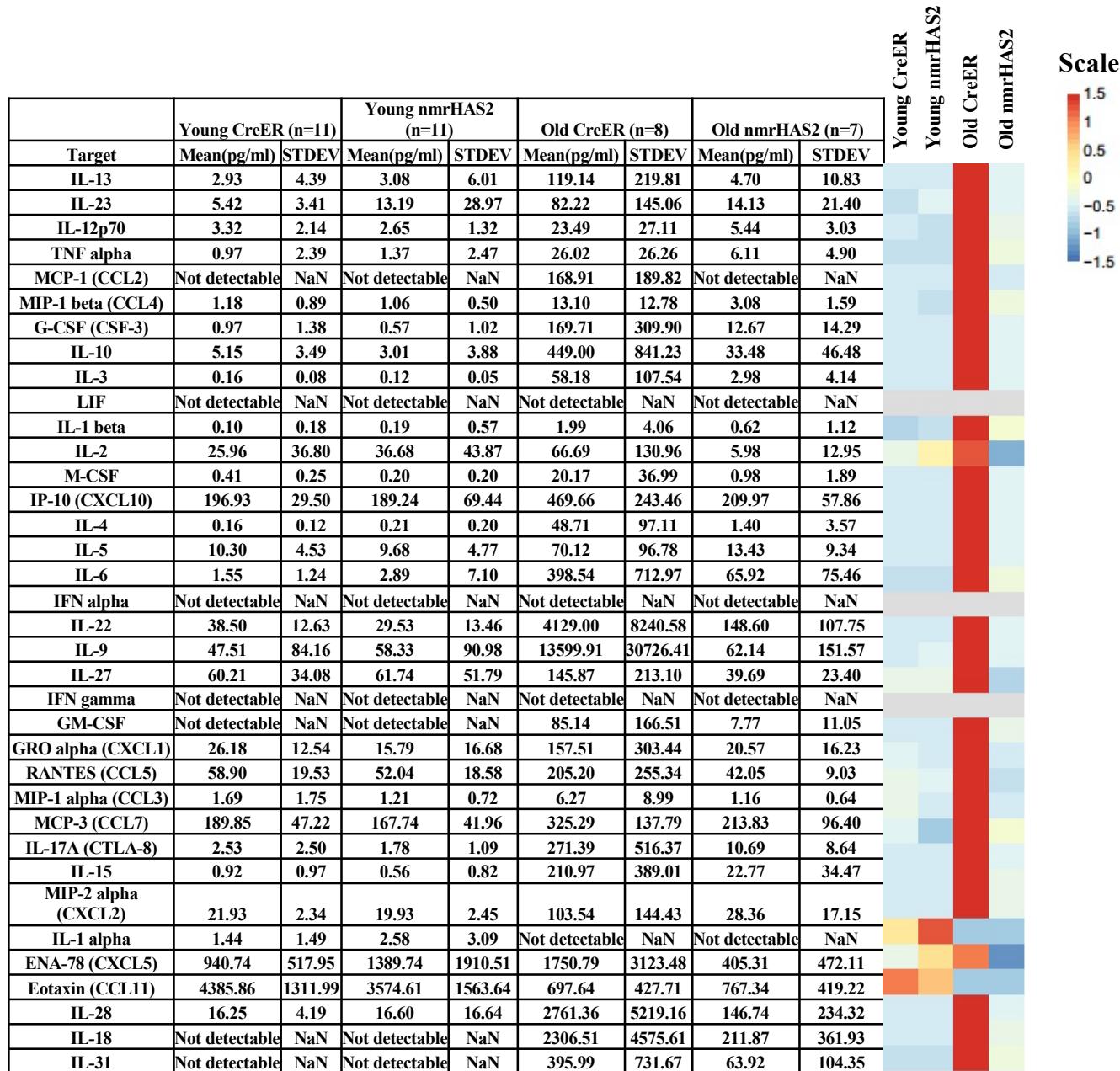
Extended Data Figure 5. RNAseq shows nmrHAS2 mice have reduced inflammation during aging

- a.** Enriched GO terms for upregulated genes in the spleen of CreER and nmrHAS2 female mice during aging.
- b.** Enriched GO terms for upregulated genes in the spleen of CreER and nmrHAS2 male mice during aging.
- c.** Enriched GO terms for upregulated genes in the WAT of CreER and nmrHAS2 female mice during aging.
- d.** Enriched GO terms for upregulated genes in the WAT of CreER and nmrHAS2 male mice during aging.
- e.** Enriched GO terms for upregulated genes in the muscle of CreER and nmrHAS2 female mice during aging.
- f.** Enriched GO terms for upregulated genes in the muscle of CreER and nmrHAS2 male mice during aging.
- g.** Enriched GO terms for upregulated genes in the kidney of CreER and nmrHAS2 females during aging.
- h.** Enriched GO terms for upregulated genes in CreER and nmrHAS2 male kidney during aging.
- i.** Enriched GO terms for upregulated genes in old male nmrHAS2 mice liver
- j.** Enriched GO terms for upregulated genes in old female nmrHAS2 mice liver



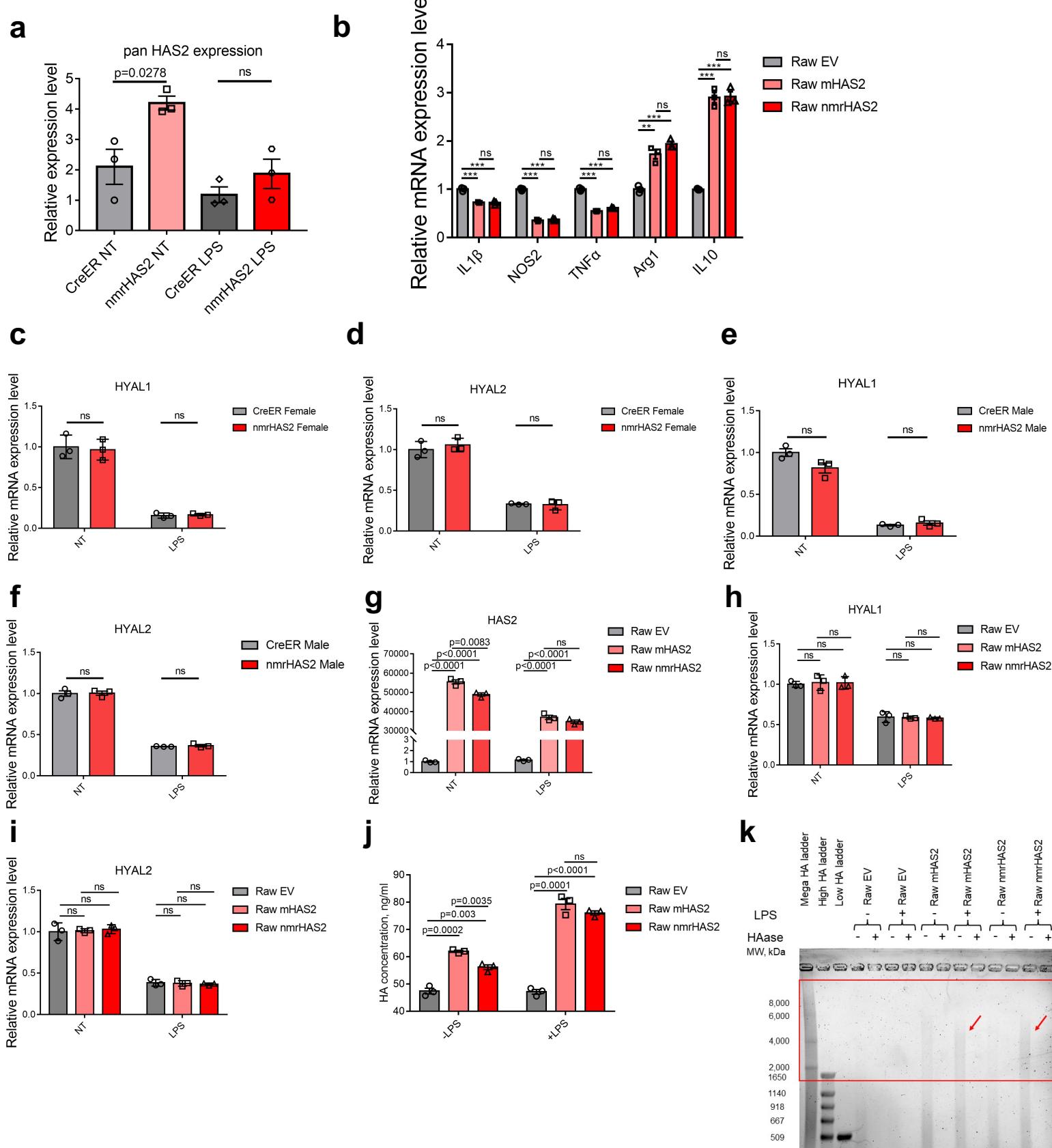
Extended Data Figure 6. Mean plasma concentrations of 36 inflammatory cytokines in nmrHAS2 and CreER male mice

Mean plasma concentrations of 36 inflammatory cytokines and chemokines of young (5-months) and old (24-months) male mice. The heatmap is presented alongside the value chart. In the heatmap, the level of each target was scale automatically using R.



Extended Data Figure 7. Mean plasma concentrations of 36 inflammatory cytokines in nmrHAS2 and CreER female mice

The mean plasma concentrations of 36 inflammatory cytokines and chemokines in young (5-months) and old (24-months) female mice. The heatmap is presented alongside the value chart. In the heatmap, the level of each target was scaled automatically using R.



Extended data Fig. 8. nmrHAS2 reduces pro-inflammatory response *in vitro*

a. BMDM from nmrHAS2 mice have significantly upregulated HAS2 levels. BMDM were isolated from 5-months old female mice (N=3). p-values were calculated using two-tailed Student's t-test.

b. Raw264.7 cells overexpressing mHAS2 or nmrHAS2 show lower levels of pro-inflammatory cytokines and higher levels of anti-inflammatory cytokines. Data was normalized to Raw EV. p-values were calculated using unpaired Student's t-test, N=3.

c. HYAL1 levels decrease after LPS treatment in BMDM from female mice. Normalization to CreER NT. p-values were calculated using two-tailed Student's t-test; N=3.

d. HYAL2 levels decrease after LPS treatment in BMDM from female mice. Normalization to CreER NT. p-values were calculated using two-tailed Student's t-test; N=3.

e. HYAL1 levels decrease after LPS treatment in BMDM from male mice. Normalization to CreER NT. p-values were calculated using two-tailed Student's t-test, N=3.

f. HYAL2 levels decrease after LPS treatment in BMDM from male mice. Normalization to CreER NT. p-values were calculated using two-tailed Student's t-test; N=3.

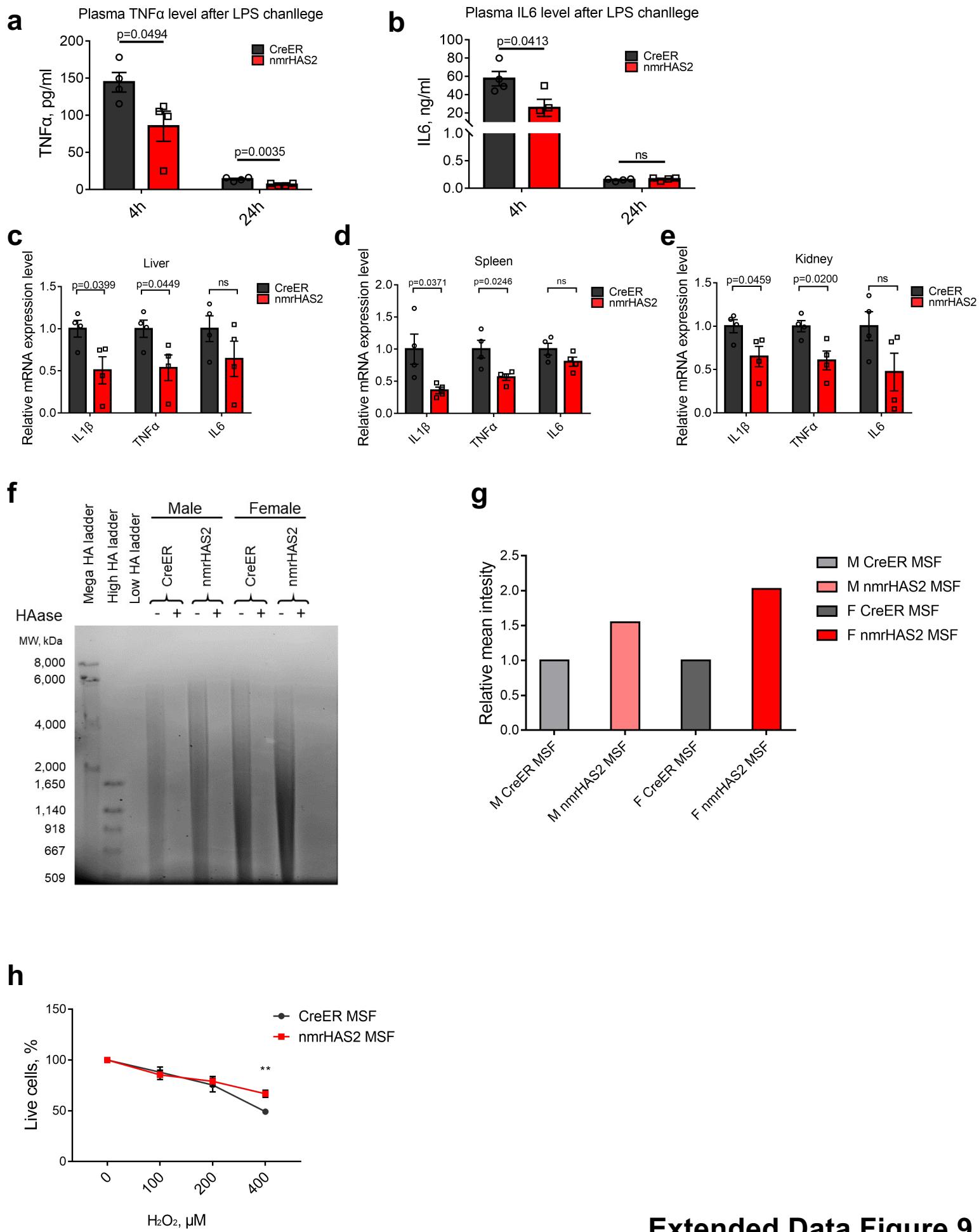
g. HAS2 levels decrease in LPS treated HAS2 expressing Raw264.7 cells. Normalization to Raw EV NT. p-values were calculated using unpaired Student's t-test; N=3.

h. HYAL1 levels decrease after LPS treatment in HAS2 expressing Raw264.7 cells. Normalization to Raw EV NT. p-values were calculated using unpaired Student's t-test; N=3.

i. HYAL2 levels decrease after LPS treatment in HAS2 expressing Raw264.7 cells. Normalization to Raw EV NT. p-values were calculated using unpaired Student's t-test; N=3.

j. Raw264.7 cells overexpressing HAS2 produce more HA. HA ELISA was used to quantify the HA level in the media. p-values were calculated using two-tailed Student's t-test; N=3.

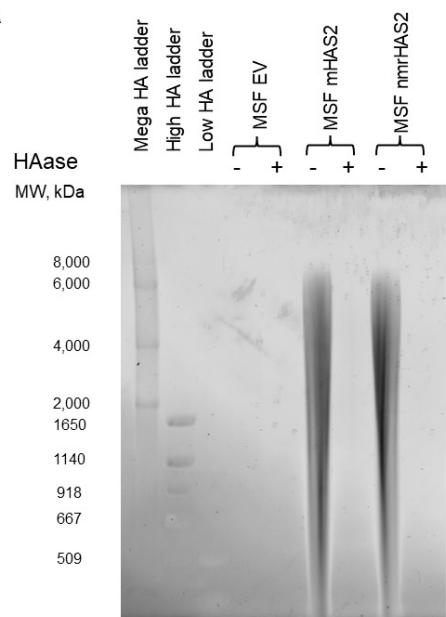
k. Raw264.7 cells overexpressing HAS2 produce more HMW-HA in the media after LPS treatment. Red square indicates the HMW-HA.



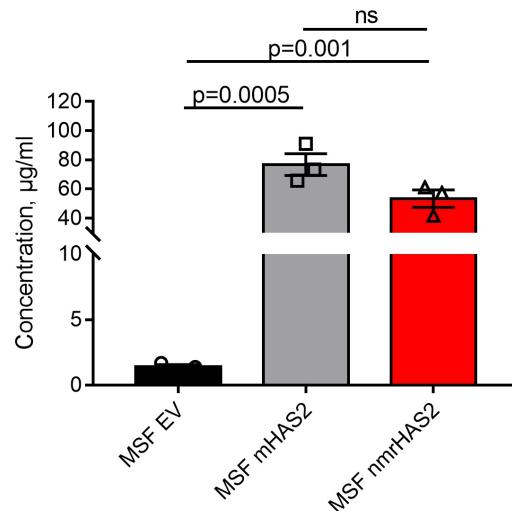
Extended data Fig. 9. nmrHAS2 reduces pro-inflammatory response *in vivo* and protects cells from oxidative stress

- a.** nmrHAS2 mice produce significantly lower plasma TNF α levels 4 h and 24 h after LPS challenge in 5-months old female mice (N=4). p-values were calculated using two-tailed Student's t-test.
- b.** nmrHAS2 mice produced significantly lower plasma IL6 levels 4 h after LPS challenge in 5- months old female mice (N=4). p-values were calculated using two-tailed Student's t-test.
- c.** nmrHAS2 mice showed lower IL1 β and TNF α levels in liver 24 h post LPS challenge in 5- months old female mice (N=4). p-values were calculated using two-tailed Student's t-test.
- d.** nmrHAS2 mice show lower IL1 β and TNF α levels in the spleen 24 h post LPS challenge in 5- months old female mice (N=4). p-values were calculated using two-tailed Student's t-test.
- e.** nmrHAS2 mice show lower IL1 β and TNF α levels in kidney 24 h post LPS challenge in 5- months old female mice (N=4). p-values were calculated using two-tailed Student's t-test.
- f.** Pulse field gel shows nmrHAS2 skin fibroblasts produce more hyaluronic acid. compared to CreER fibrobalsts. HAase treated samples were run in parallel to confirm the specificity of HA staining. Media from three different cell lines was pooled for HA extraction.
- g.** Levels of relative on gel HA intensity. The intensity of HA was quantified using ImageJ. Intensity of nmrHAS2 group was normalized to the CreER group.
- h.** Skin fibroblasts isolated from nmrHAS2 mice are more resistant to H₂O₂ treatment. Fibroblasts were isolated from 5-months old female mice (N=4). ** indicates p<0.01, p-values were calculated using two-tailed Student's t-test.

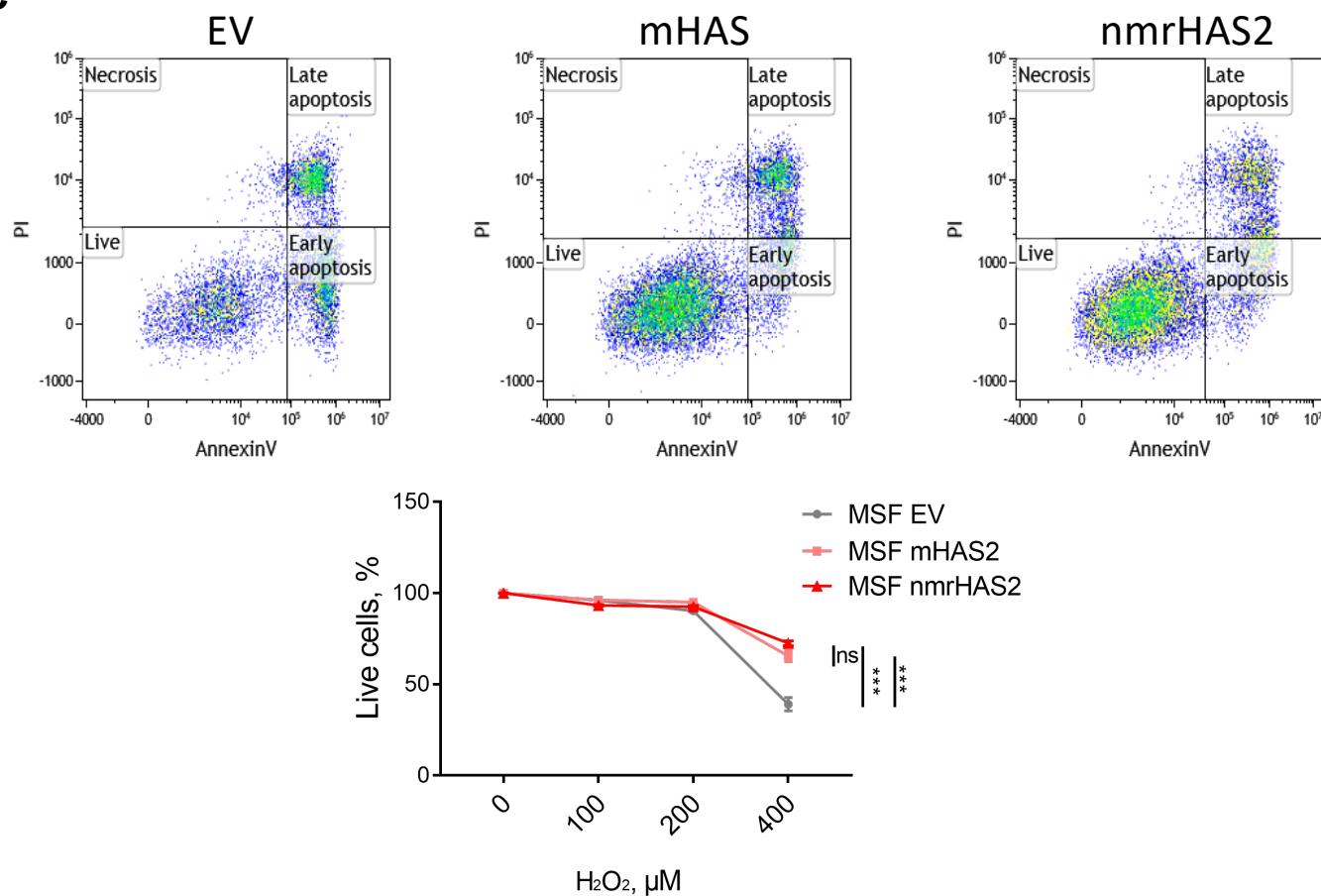
a



b



c

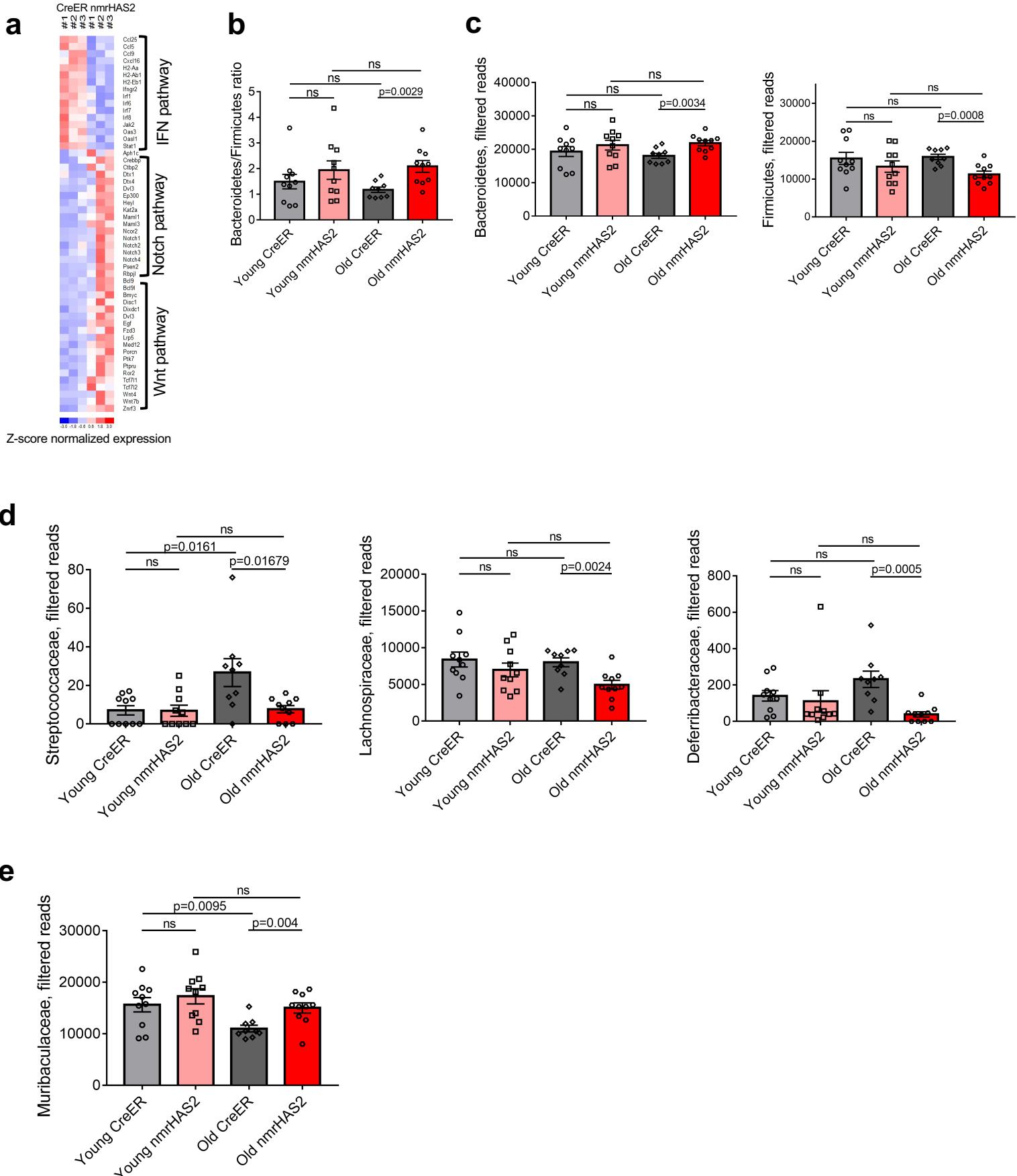


Extended data Fig. 10. Overexpression of mouse or nmrHAS2 protects cells from oxidative stress

a. Pulse field gel shows that mouse skin fibroblasts (MSF) overexpressing mouse HAS2 (mHAS2) or nmrHAS2 produce more hyaluronic acid compared to fibroblasts transfected with empty vector (EV). HAase-treated samples were run in parallel to confirm the specificity of HA staining. Media from three different cell lines was pooled for HA extraction.

b. HA ELISA shows that mouse skin fibroblasts (MSF) overexpressing mHAS2 or nmrHAS2 produce more hyaluronic acid compared to fibroblasts transfected with empty vector (EV). p-values were calculated using two-tailed Student's t-test, N=3.

c. Mouse skin fibroblasts overexpressing mHAS2 or nmrHAS2 are more resistant to H₂O₂ treatment. *** indicates p<0.001 p-values were calculated using two-tailed Student's t-test, N=3.



Extended data Figure 11. Old nmrHAS2 mice differ from age-matched CreER controls in their gut microbiome composition

- a.** Heatmap of genes involve in IFN, WNT, and Notch pathways.
- b.** 16s rRNA sequencing shows old nmrHAS2 mice have a higher B/F ratio. Pooled females and males (n=9-10). p-values were calculated using two-tailed Student's t-test.
- c.** 16s rRNA sequencing shows that at the phylum level old nmrHAS2 mice have more abundant *Bacteroidetes* and less abundant *Firmicutes* compared to age-matched controls. 7- and 24-month-old mice were used. Pooled females and males (N=9-10). p-values were calculated using two-tailed Student's t-test.
- d.** 16s rRNA sequencing shows that at family level old nmrHAS2 mice have less abundant pro-inflammatory *Streptococcaceae*, *Lachnospiraceae*, and *Deferrribacteraceae* compared to age-matched controls. 7- and 24-month-old mice were used. Pooled females and males (N=9-10). p-values were calculated using two-tailed Student's t-test.
- e.** 16s rRNA sequencing shows that at family level old nmrHAS2 mice have more *Muribaculaceae* compared to the age-matched controls. Pooled females and males (N=9-10). p-values were calculated using two-tailed Student's t-test.