

Genetic Regulators of Sputum Mucin Concentration and Their Associations with COPD Phenotypes

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Author Contributions: SNPK had full access to all of the data in the study and takes responsibility for the integrity of the data and accuracy of the analysis. EVB, GR, WKO, ESW, EKS, YL, MHC and SNPK contributed to the conception and design of the study. GR, SR, JLC, MH, JK, ESW, EKS, AH, VEO, TL, SAC, MHC, and MK contributed to the acquisition of the data. EVB, GR, WKO, HD, SK, YL, MHC, and SNPK contributed to data analysis. EVB, JLC, SK, ESW, EKS, AH, VEO, YL, MHC and SNPK contributed to the drafting of the manuscript. All of the authors approved this version of the manuscript to be published.

Disclosures:

JLC received consulting fees from AstraZeneca and CLS Bering, received travel support from AstraZeneca Global, and is on the data safety monitoring board or advisory board of Novartis. MH received grants or contracts from Sanofi, Novartis, Nuvaira, Sunovion, Gala Therapeutics, AstraZeneca, Boehringer Ingelheim, and Biodesix; royalties from Uptodate and Norton Publishing Penguin Random House; consulting fees from AstraZeneca, Boehringer Ingelheim, GlaxoSmithKline, Novartis, Pulmonx, Teva, Verona, Merck, Mylan, Sanofi, DevPro, Aerogen, Polarian, United Therapeutics, Regeneron, and Altesa BioPharma; honoraria from Cipla, Chiesi, AstraZeneca, Boehringer Ingelheim, GlaxoSmithKline, Medscape, Integrity, and NACE; and holds stock or stock options Meissa Vaccines and Altesa BioPharma.

ESW received honoraria from Pri-Med.

EKS received grant support from GlaxoSmithKline and Bayer.

VEO is on the Data Safety Monitoring Board or Advisory Board for Sanofi and Regeneron.

TL has stock options from Variant Bio.

SAC received consulting fees from Sanofi/Regeneron, GlaxoSmithKline, AstraZeneca, Glenmark Pharmaceuticals, and Amgen; honoraria from Sanofi/Regeneron, MJH Holdings LLC: Physicians' Education Resource, Sunovion, UpToDate, and Wolters Kluwer Health; travel support from AstraZeneca and GlaxoSmithKline; and sits on the data safety board or advisory boards of Sanofi/Regeneron, and AstraZeneca, and GlaxoSmithKline.

MHC has received grant support from GlaxoSmithKline and Bayer, consulting fees from AstraZeneca, and speaking fees from Illumina.

MK received consulting fees from Arrowhead pharmaceuticals and has a patent pending for mucin measurements in chronic bronchitis.

EVB, GR, SL, WKO, HD, SG, ATH, YL, and SNPK have no conflicts of interest to declare.

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Abstract

Hyper-secretion and/or hyper-concentration of mucus is a defining feature of multiple obstructive lung diseases, including chronic obstructive pulmonary disease (COPD). Mucus itself is composed of a mixture of water, ions, salt and proteins, of which the gel-forming mucins, MUC5AC and MUC5B, are the most abundant. Recent studies have linked the concentrations of these proteins in sputum to COPD phenotypes, including chronic bronchitis (CB) and acute exacerbations (AE). We sought to determine whether common genetic variants influence sputum mucin concentrations and whether these variants are also associated with COPD phenotypes, specifically CB and AE. We performed a GWAS to identify quantitative trait loci for sputum mucin protein concentration (pQTL) in the Sub-Populations and InteRmediate Outcome Measures in COPD Study (SPIROMICS, n=708 for total mucin, n=215 for MUC5AC, MUC5B). Subsequently, we tested for associations of mucin pQTL with CB and AE using regression modeling (n=822-1300). Replication analysis was conducted using data from COPDGene (n =5740) and by examining results from the UK Biobank. We identified one genome-wide significant pQTL for MUC5AC (rs75401036) and two for MUC5B (rs140324259, rs10001928). The strongest association for MUC5B, with rs140324259 on chromosome 11, explained 14% of variation in sputum MUC5B. Despite being associated with lower MUC5B, the C allele of rs140324259 conferred increased risk of CB (odds ratio (OR) = 1.42; 95% confidence interval (CI): 1.10-1.80) as well as AE ascertained over three years of follow up (OR=1.41; 95% CI: 1.02-1.94). Associations between rs140324259 and CB or AE did not replicate in COPDGene. However, in the UK Biobank, rs140324259 was associated with phenotypes that define CB, namely chronic mucus production and cough, again with the C allele conferring increased risk. We conclude that sputum MUC5AC and MUC5B concentrations are associated with common

genetic variants, and the top locus for MUC5B may influence COPD phenotypes, in particular CB.

Word count: 300

Author Summary

Chronic obstructive pulmonary disease (COPD) is characterized by presence of emphysema and/or chronic bronchitis. Excessive mucus production is a defining phenotype of chronic bronchitis, and is associated with several important features of COPD, including exacerbations and loss of lung function. Recent studies have demonstrated that the amount of mucus produced in COPD patients is an important marker of disease state. We investigated whether common genetic variants are associated with the concentration of two key proteins in mucus, MUC5AC and MUC5B, and whether the variants we identified are also associated with COPD outcomes. We identified multiple genetic variants that were associated with MUC5AC or MUC5B concentration. The strongest association we detected, for MUC5B on chromosome 11, was also associated with features of COPD, including chronic bronchitis and acute exacerbations, in one COPD study population but not another. Results from a much larger study, the UK Biobank, indicate that this variant is associated with chronic mucus production and chronic cough, which are key features of chronic bronchitis. Thus, we conclude that the concentration of key proteins in mucus are influenced by genetic variation, and that a variant on chromosome 11 that affects MUC5B may in turn alter COPD outcomes.

Word count: 197

1 INTRODUCTION

2 Chronic obstructive pulmonary disease (COPD) is a smoking-related disease that affects more
3 than 200 million people and is the fourth leading cause of death worldwide [1,2]. The disease is
4 characterized by the presence of emphysema and/or chronic bronchitis (CB). Chronic mucus
5 hyper-secretion is a defining phenotype of CB and is associated with airway obstruction due to
6 mucus plugs [3], acute exacerbations (AE) [4], and accelerated loss of lung function over time
7 [5,6].

8

9 Mucus itself is composed of a mixture of water, ions, salt and proteins, and mucin glycoproteins,
10 most prominently the gel-forming mucins, MUC5AC and MUC5B. Their concentrations and
11 biochemical properties (e.g., size and oxidation state) largely determine the viscoelastic
12 properties of mucus in health and disease [7]. Recent studies emanating from the Sub-
13 Populations and InteRmediate Outcome Measures in COPD Study (SPIROMICS) have provided
14 compelling evidence that the concentration of mucin proteins in induced sputum is an important
15 biomarker in COPD [8,9]. Kesimer et al. showed that mucin concentrations (total, MUC5AC
16 and/or MUC5B) was associated with smoking history, phlegm production, CB, risk of AE, and
17 disease severity [8]. A subsequent study showed that the concentrations of MUC5AC was
18 associated with disease initiation and progression [9].

19

20 Here, we report our findings of a genome-wide search for common genetic variants associated
21 with variation in sputum mucin protein concentration, that is, mucin protein quantitative trait loci
22 (pQTL). Previous studies have identified genetic variants associated with mucin gene expression
23 (eQTL) that are located within or near *MUC5AC* [10–12] (in asthma) and *MUC5B* (in idiopathic

24 pulmonary fibrosis, IPF [13]). That said, we conducted a genome-wide search for mucin pQTL
25 because our prior work in a mouse model system indicated distal (or trans) pQTL for mucins
26 were possible and perhaps even likely [14]. We leveraged quantitative mass spectrometry-based
27 measurements of samples from SPIROMICS that were generated previously [8,9], to identify
28 main effect pQTL and pQTL that result from genotype \times smoking interactions. Subsequently, we
29 tested whether the pQTL we identified were associated with COPD outcomes, namely CB and
30 AE, in SPIROMICS, followed by replication analysis in COPDGene and the UK Biobank.

31

32 RESULTS

33 GWAS for Mucin pQTL

34 We conducted a GWAS of total and specific (MUC5AC and MUC5B) mucin concentrations in
35 sputum to identify novel regulators of these biomarkers in SPIROMICS. Descriptive statistics of
36 study participants are provided in Table 1. The mucin phenotype data represent a subset of
37 subjects described in two previous studies [8,9], and comprise a subset of participants in
38 SPIROMICS (Figure S1). In this sample, there was a clear effect of smoking history on total
39 mucin concentration (Figure S2), but among COPD cases, there was not a linear or
40 monotonically increasing relationship between total mucin concentration and disease severity (as
41 reflected by Global Initiative for Chronic Obstructive Lung Disease (GOLD) stage). Similar
42 patterns were observed for MUC5AC and MUC5B (Figure S2).

43

44 We did not detect any genome-wide significant loci ($p < 5.0 \times 10^{-8}$) associated with total mucin
45 concentration based on data from SPIROMICS participants of European ancestry (EA, N=576)
46 or African ancestry (AA, N=132) participants (Figures S3 and S4), nor in combined analysis of

47 EA and AA subjects (not shown). Testing for joint effects of SNP and SNP \times smoking (pack-
48 years) interactions did not reveal any loci associated with total mucin concentration either. In
49 contrast, despite relatively small sample size (N=215 EA subjects), we identified three genome-
50 wide significant pQTL for MUC5AC or MUC5B (Figure 1, Table S1, and Figures S5 and S6). In
51 addition to the pQTL for MUC5AC on chromosome (Chr) 7 (rs75401036), we identified one
52 highly suggestive locus on Chr 2 (rs16866419, $p=7.2 \times 10^{-8}$), thus both MUC5AC pQTL are
53 located on chromosomes other than Chr 11 where *MUC5AC* and *MUC5B* are located (i.e., act in
54 *trans*). We note that restricting our analysis to variants located in/near MUC5AC, i.e., with a
55 reduced multiple testing correction, did not reveal any local pQTL for MUC5AC, and this
56 includes testing variants previously associated with *MUC5AC* gene expression [10–12] including
57 rs12788104, rs11602802, rs11603634, rs1292198170, and rs1132436. Overall, SNP-based
58 heritability estimates for MUC5AC ($h^2_{\text{SNP}}=0.712$; S.E. = 1.322) and MUC5B ($h^2_{\text{SNP}} = 0.608$,
59 S.E.=1.475) were high but imprecise, which is not surprising given the relatively small sample
60 size.

61
62 For MUC5B, one local pQTL was detected on Chr 11 (rs140324259), and one distal pQTL was
63 located on Chr 4 (rs10001928). One additional MUC5B pQTL (rs6043852), located in the intron
64 of *KIF16B* on chromosome 20 was detected by testing for the joint effects of SNP + SNP \times
65 smoking interactions (joint test p-value = 1.3×10^{-9} , Figure 2A). Further analysis revealed that the
66 interaction itself contributed substantially to the joint effect ($p_{\text{interaction}} = 1.1 \times 10^{-7}$), such that
67 rs6043852 was associated with MUC5B concentration only in subjects that are not current
68 smokers (Figure 2B). Given the relatively low minor allele frequency of rs6043852 (3%), the
69 number of subjects harboring genotypes with the minor allele (A) and of contrasting smoking

70 status was not large (n=6 A allele carriers in current smokers and n=6 in the combined never plus
71 former smoker group). Hence this SNP \times smoking interaction pQTL must be interpreted with
72 caution.

73

74 The strongest pQTL we identified was for MUC5B on Chr 11. The lead variant, rs140324259, is
75 located approximately 100 kb upstream of *MUC5B*, in between *MUC2* and *MUC5AC* (Figure
76 3A). A second variant located in intron 6 of *MUC5AC*, rs28668859, was also associated with
77 MUC5B concentration; conditional analysis revealed this signal was partially dependent on
78 linkage disequilibrium (LD, $R^2=0.20$) with rs140324259 (conditional p-value = 1.6×10^{-3}).
79 Neither rs140324259 nor rs28668859 are in LD ($R^2=0.02$ and 0.01, respectively) with the
80 *MUC5B* promoter variant rs35705950 that is a well-known *MUC5B* eQTL and is associated with
81 IPF [13]. After adjusting for covariates, rs140324259 genotype explained $\sim 14\%$ of variation in
82 sputum MUC5B, and each minor allele (C) contributed a ~ 2.3 pmol/ml unit decrease in MUC5B
83 (Figure 3B), an effect size that is greater than the effect of current smoking status (yes vs. no,
84 ~ 1.4 pmol/ml). Adjusting for disease severity (using GOLD stage) did not materially change
85 these results.

86

87 We asked whether lead MUC5B pQTL, rs140324259, was associated with *MUC5B* gene
88 expression in the SPIROMICS participants or other studies. In a subset of SPIROMICS
89 participants (n=144) for whom airway brush RNA-seq data exist [15], we used a tagSNP for
90 rs140324259, namely rs55680540 (LD $R^2=0.72$ in entire SPIROMICS population), but found no
91 correlation between genotype and *MUC5B* expression (Figure S7A). No other variants in the
92 region were significantly associated with *MUC5B* expression (FDR = 0.497, Figure S7B).

93 Additionally, rs140324259 was also not associated with *MUC5B* expression in the nasal
94 epithelium of subjects with cystic fibrosis [16] or asthma [12], nor was it reported as an eQTL in
95 any tissue in the GTEx dataset [17], including homogenized lung tissue.

96

97 Given that power for eQTL detection could be an issue underlying the negative eQTL
98 association results, we asked whether rs140324259 or four variants in LD (rs55680540,
99 rs28668859, rs11604917, and rs76498418) could potentially affect gene expression by altering
100 transcription factor binding or chromatin state using Haploreg [18]. As shown in Table S2,
101 rs140324259, rs11604917, and rs55680540 are predicted to alter binding of transcription factors,
102 and there is some evidence that rs11604917 and rs55680540 alter chromatin state in relevant cell
103 types or tissues (Table S3). Perhaps most notably, rs11604917 lies in an enhancer region in
104 multiple cell types and tissues and is predicted to alter binding of the transcription factor RBP-J.
105 The alternate allele (C) of rs11604917 disrupts the consensus sequence at the first position of an
106 almost invariant motif (Figure S8). Given that RBP-J is part of the Notch signaling pathway that
107 determines ciliated vs. secretory cell fate in murine airways [19], this finding potentially merits
108 further investigation.

109

110 **Association of MUC5B pQTL with COPD Phenotypes**

111 Subsequently, we tested whether rs140324259 was related to clinically-relevant COPD
112 phenotypes, namely CB and AE. In the subset of SPIROMICS participants with complete
113 phenotype, genotype, sputum MUC5B, and clinical outcomes data (n=141), we found that
114 rs140324259 was not associated with CB at baseline/enrollment ($p=0.25$, Table S4).
115 rs140324259 was not associated with AE in the year prior to enrollment ($p=0.14$, Figure 4A)

116 unless we accounted for sputum MUC5B concentration ($p=0.02$, Figure 4B, and Table S5).
117 Surprisingly, in this analysis, we found that while MUC5B concentration was positively
118 associated with AE ($\beta_1=0.45$, $p=0.01$, Figure 4B), the effect of rs140324259 genotype ($\beta_2=0.74$,
119 $p=0.02$) was opposite our expectation based on pQTL analysis. That is, the C allele of
120 rs140324259, which was associated with lower MUC5B ($\gamma =-0.77$, $p=2.6 \times 10^{-6}$) and therefore
121 would be expected to confer decreased risk of AE, was associated with increased risk of AE
122 compared to the T allele.

123
124 These results suggested the possibility that rs140324259 may exert effects on AE through both
125 direct and indirect paths, the latter via MUC5B (Figure 4B). To examine this further, we
126 employed a mediation analysis approach, based on the framework developed by Baron and
127 Kenny [20], in which the effect of rs140324259 on AE is modeled as the sum of direct
128 (rs140324259 → AE) and indirect paths (rs140324259 → AE via MUC5B). We leveraged an
129 intersection union test [21] to jointly test that both components of the indirect path (rs140324259
130 → MUC5B and MUC5B → AE) are statistically significant. Indeed, we found evidence that this
131 is the case ($p=0.02$), which is consistent with a model of partial mediation by MUC5B. Thus,
132 overall, we conclude from these results that rs140324259 likely affects AE in two ways, both
133 directly and indirectly, but with contrasting allele effects in each case, and overall the net effect
134 is that rs140324259 C allele confers increased risk of AE. We note also that contrasting direction
135 of effects of rs140324259 → MUC5B (−) and MUC5B → AE (+) likely explain why the
136 magnitude of the association between rs140324259 and AE is weak and therefore not statistically
137 significant (Figure 4A) [20].

138

139 We then examined associations between rs140324259 and clinical phenotypes in the larger
140 SPIROMICS population for which genotype and clinical data exist but there is not sputum mucin
141 concentration data (n≈1,250). In this sample, rs140324259 was associated with CB at baseline
142 (p=0.02, Table 2). Similar to results in the smaller subset of subjects described above, the C
143 allele was associated with increased risk of CB (odds ratio (OR) = 1.42; 95% confidence interval
144 (CI): 1.10-1.80). The effect of rs140324259 on AE in the larger SPIROMICS sample with
145 clinical data was examined using both retrospectively and prospectively ascertained data.
146 rs140324259 was not significantly associated with AE in the year prior to enrollment (Table S6),
147 nor in the year following enrollment (Table S7). However, in both of these analyses, the results
148 were suggestive and the direction of effect was again positive for the C allele.

149
150 We then asked whether rs140324259 genotype was associated with AE over a period of three
151 years of follow up. SPIROMICS participants exacerbation frequency was categorized based on a
152 previous study as never (n=433), inconsistent (n=331) or consistent (n=58) over the three years
153 [22] (see Methods). Using a proportional odds model, we analyzed whether rs140324259
154 genotype distinguished never exacerbators versus inconsistent and consistent AE, and whether
155 rs140324259 genotype distinguished consistent exacerbators versus never and inconsistent
156 exacerbators. We found that rs140324259 genotype was associated with the former contrast
157 (p=0.03), with the C allele conferring increased risk of being either an inconsistent or consistent
158 exacerbator (Tables S8 and S9). rs140324259 genotype was not associated with the contrast
159 between consistent exacerbators versus never and inconsistent exacerbators. To simplify the
160 interpretation of the effect of rs140324259 on prospectively ascertained AE, we then
161 dichotomized subjects into two groups, those who experienced AE (inconsistent and consistent)

162 versus those that did not. As shown in Table 3, the rs140324259 C allele conferred increased risk
163 of AE over three years of follow up (OR=1.41; 95% CI: 1.02-1.94).

164

165 **Replication analyses**

166 Finally, we analyzed data from the COPDGene study population and UK Biobank in an attempt
167 to replicate results from SPIROMICS. For COPDGene, we utilized phenotype data from COPD
168 cases of European ancestry, and genotype data was based on whole genome sequencing from
169 TOPMed. Sample sizes in these analyses ranged from 5300-5700 depending on the outcome. In
170 this population of COPD cases, rs140324259 was not associated with CB (OR = 1.08 (95% CI:
171 0.94-1.24), nor AE (Supplementary Tables S10-S12), though we were unable to directly evaluate
172 whether rs140324259 was associated with the exacerbation frequency categories (never,
173 inconsistent, consistent) described in SPIROMICS. In the UK Biobank, however, we found that
174 rs140324259 was associated with two CB-related phenotypes, namely bringing up
175 phlegm/sputum/mucus on most days and cough on most days (Table 4). Importantly, the C allele
176 was enriched in cases vs. controls for these two phenotypes, thus these results are directionally
177 consistent with results from SPIROMICS. Results for other variants in LD are shown in Table
178 S13. As UK Biobank results were not adjusted for smoking, we additionally assessed whether
179 rs140324259 was associated with smoking. rs140324259 was either not associated with
180 smoking history variables or was weakly associated, but in these cases the C allele frequency
181 was higher in controls than cases (Table 4), suggesting that the associations between
182 rs140324259 and CB-related phenotypes in the UK Biobank are unlikely to be mediated by, or
183 confounded with, smoking.

184

185 **DISCUSSION**

186 Using quantitative measurements of sputum mucin concentrations, we identified three genome-
187 wide significant loci and one highly suggestive locus associated with *MUC5AC* or *MUC5B*. The
188 strongest signal we detected, with rs140324259, accounted for a large percent of variation in
189 *MUC5B*, and is independent of the common *MUC5B* promoter variant associated with IPF.
190 Surprisingly, rs140324259 does not appear to be an eQTL for *MUC5B*, though we note that our
191 sample size for eQTL analysis was not large and that the tagSNP we used is not in very high LD
192 with rs140324259. The mechanism by which rs140324259 (or a variant in LD) acts as a pQTL
193 remains to be determined. One nearby variant, rs11604917, is intriguing given that it potentially
194 disrupts binding of the transcription factor RBP-J, a key player in the Notch signaling pathway
195 that determines ciliated vs. secretory cell fate in murine airways [19]. This could suggest that the
196 *MUC5B* pQTL is a function of cell type composition of the airway epithelium, an idea supported
197 by the lack of an association with gene expression. However, this variant is in low LD with
198 rs140324259, and the association of rs11604917 with CB-related phenotypes in the UK Biobank
199 was not nearly as strong as for rs140324259, arguing against a causal role for rs11604917. Still,
200 future studies will need to address the possibility that this locus affects sputum *MUC5B*
201 concentration without a corresponding effect on *MUC5B* mRNA, which has been observed for
202 other genes [23,24].
203
204 Given that previous studies have identified eQTL for *MUC5AC* [10–12] in asthma and *MUC5B*
205 [13] in IPF located near the genes themselves (“local eQTL”), one potential *a priori* prediction
206 could have been that these same variants would be associated with *MUC5AC* and *MUC5B*
207 protein concentrations. This was not the case, even in the context of a regional association

208 analysis (i.e., not a genome-wide significance threshold). This is perhaps not surprising for at
209 least two reasons. First, there are clear differences between our study and the previous studies as
210 a function of disease state (COPD vs. asthma vs. IPF) and anatomical location (upper vs. lower
211 airways). Second, mucin protein concentration is the product of several pathways beyond just
212 mucin gene transcription, including protein synthesis, post-translation modifications, packaging
213 into vesicles, secretion, airway hydration via ion transport, and mucociliary clearance. Thus, one
214 could reasonably expect that genetic variants that regulate any of these processes could be
215 associated with mucin concentration. It remains to be determined whether any of the distal/off-
216 chromosome pQTL identified here play a role in one or more of these pathways. That we did not
217 identify any associations in/near genes with known roles in these processes suggests that either
218 we were underpowered to detect these associations and/or that there is limited functional genetic
219 variation in/near these genes.

220
221 Our analysis of associations between rs140324259 and clinical outcomes, namely CB and AE,
222 produced intriguing results in the SPIROMICS cohort, including that the variant was associated
223 with AE ascertained prospectively over three years. These results did not replicate in
224 COPDGene, but we did find an association with sputum production and cough in a much larger
225 dataset, the UK Biobank. These data argue in support of a role for the MUC5B pQTL in CB-
226 related phenotypes. However, we acknowledge that the results of CB and AE association
227 analyses with rs140324259 in SPIROMICS would not survive multiple testing correction based
228 on the number of outcomes/models we evaluated; in addition, we were unable to replicate these
229 results COPDGene, thus raising the potential that the results in SPIROMICS represent false
230 positives. We note here that failure to replicate genetic associations with AE is unfortunately

231 common [25], and future studies in which standardized definitions of AE can be employed will
232 certainly facilitate the best comparisons across studies [25]. It is also worth noting that a previous
233 study identified significant blood biomarkers of susceptibility for AE in SPIROMICS and
234 separately in COPDGene, but there was essentially no overlap in associations between the two
235 populations [26], which points to the difficulty in identifying reproducible predictors of
236 exacerbations. The UK Biobank analysis, while supportive of our results, did not have the same
237 degree of detailed respiratory phenotypes and was performed in a general population sample.
238 Additional analyses adjusting for disease state and other covariates could be beneficial [27]).
239 Further attempts to replicate these finding in other populations would also be useful, in particular
240 to address the question of generalizability across populations of different genetic ancestries.

241

242 In aggregate, the results of association tests between rs140324259 and COPD phenotypes
243 suggest an apparent paradox. While MUC5B concentration was positively associated with AE
244 and CB in SPIROMICS, and the C allele was associated with significantly reduced MUC5B, the
245 C allele overall was associated increased risk of AE and CB. This result suggests that higher
246 expression of MUC5B may in fact be protective against AE and CB, perhaps by virtue of
247 normalizing the ratio of elevated MUC5AC to MUC5B, making it more clearable, as has been
248 suggested before in relationship to the IPF-associated variant rs35705950 [28].

249

250 While we examined associations between loci associated with mucins, CB, and AE in COPD
251 patients specifically, others have examined the genetics of CB/chronic mucin hypersecretion in
252 combined analysis of the general population and patients with COPD [27,29] or in smokers
253 without COPD [30]. In the study with COPD cases and the general population [29], the most

254 consistent association signal was for rs6577641, which was also shown to act as an eQTL for the
255 gene *SATB1*. In look up analysis, this variant was not associated with either sputum MUC5B
256 concentration or CB in the SPIROMICS population, nor was the lead variant (rs10461985) from
257 another study [30]. The most recent study reported an association of variants on proximal Chr 11
258 (near *MUC2*) with chronic sputum production using the same UK Biobank phenotype codes we
259 used [27], but the LD between lead variant in that study (rs779167905) and rs140324259 is
260 minimal ($R^2=0.08$), making it unlikely that these are the same signals.

261
262 In summary, we identified pQTL for MUC5AC and MUC5B in sputum, demonstrating that
263 common genetic variants influence these biomarkers. The lead MUC5B pQTL, rs140324259,
264 was associated with CB and prospectively ascertained AE in SPIROMICS and was also
265 associated with CB-related phenotypes in the UK Biobank. Additional studies are needed to
266 further evaluate whether rs140324259 may be a biomarker of CB and AE susceptibility in COPD
267 in other populations, and to determine how this variant influences MUC5B concentration in
268 sputum.

269

270 MATERIALS AND METHODS

271 Ethics statement

272 Subjects provided informed consent to participate in the studies described here. Details and
273 institutional review boards for each clinical site are provided in Supporting File 1.

274

275 Study subjects and genotype data

276 The primary analyses presented here are based on study participants in SPIROMICS
277 (ClinicalTrials.gov Identifier: NCT01969344), and a schematic of the SPIROMICS datasets used
278 here is shown in Figure S1. The study design has been described previously [31]. SPIROMICS
279 participants were genotyped using the Illumina OmniExpress Human Exome Beadchip [32].
280 Quality controls included testing for sex concordance and removal of SNPs with high genotype
281 missing rates (>5%) and/or Hardy Weinberg $p < 1 \times 10^{-6}$. Genotype imputation was performed
282 using the Michigan Imputation Server [33] using haplotypes from Phase3 of the 1000 Genomes
283 Project [34]. Study participants were categorized into either European ancestry (EA, N=576 or
284 African ancestry (AA, N=132) groups based on genotype data. We used an adaptive R^2 threshold
285 to filter imputed variants in each ancestry group based on the minor allele frequency (MAF). For
286 each MAF interval, the R^2 value was chosen such that the average R^2 for variants with values
287 larger than the threshold is at least 0.8 (Tables S14 and S15). We limited our analyses to SNPs
288 with minor allele counts >8 , resulting in ~10 million SNPs in EA and 12 million variants in AA
289 subjects for association with total and specific mucin concentrations.

290

291 In COPDGene [35] (ClinicalTrials.gov Identifier: NCT00608764), genotype data for
292 rs140324259 was obtained from whole genome sequencing performed through the TOPMed
293 consortium [36]. Results from the UK Biobank data were obtained from the Pan-UK Biobank
294 analysis (see further description below) [37].

295

296 **Sputum Mucin Phenotype data**

297 Sputum mucin concentration: sputum induction and measurement methods have been previously
298 reported [8,9,38]. In brief, hypertonic saline was used to induce sputum, which was then placed

299 in a buffer containing 6 molar guanidine, and stored at 4 degrees. Total sputum mucin
300 concentration was determined using a size exclusion chromatography / differential refractometry
301 measurement approach. For a subset of subjects, MUC5AC and MUC5B concentration was
302 determined using stable isotope labeled mass spectrometry [38]. Data were generated in two
303 batches. In addition to SPIROMICS participants with COPD (n=439), two additional sets of
304 subjects were also included in the mucin analyses: non-smoking controls (n=50), and smokers
305 without COPD that are referred to as the “at-risk” group (n=219). These subjects were included
306 in genetic analysis of sputum mucin concentration but were not included in the analysis of
307 COPD outcomes.

308

309 **Clinical/Phenotype Data**

310 We analyzed data on two COPD phenotypes, namely CB and AE, in SPIROMICS. The CB
311 phenotype was ascertained at the first study visit (“baseline”) and was categorized based on
312 participants’ responses to questions regarding frequency of cough and mucus/phlegm production
313 in the St. George’s Respiratory Questionnaire. The analysis of AE was based on previous work
314 from SPIROMICS [22,31], in which AE were defined as events that required health care
315 utilization (i.e., office visit, hospital admission, or emergency department visit for a respiratory
316 flare-up) involving the use of antibiotics or systemic corticosteroids, or both. In COPDGene,
317 chronic bronchitis was based on chronic cough and phlegm production for ≥ 3 mo/y for 2
318 consecutive years [5]. For AE, self-reported moderate-to-severe exacerbations in the year prior to
319 enrollment and the number of moderate-to-severe exacerbations ascertained prospectively from
320 longitudinal follow up data were examined. In the Pan-UK Biobank
321 (<https://pan.ukbb.broadinstitute.org/>), we evaluated results of association analyses for two CB-

322 related phenotypes, namely bringing up phlegm/sputum/mucus daily (yes vs. no, phenocode
323 22504) and coughing on most days (yes vs. no, phenocode 22502), as well as smoking history
324 variables, of which were assessed by questionnaire.

325

326 **Statistical models**

327 Sputum mucin concentration: Data on total and specific (MUC5AC and MUC5B) mucin
328 concentrations were log-transformed prior to analysis. GWAS analysis was performed using
329 version 0.5.0 of the ProbABEL software [39]. Analysis of total mucin concentration was
330 conducted in each ancestry group separately (N=576 EA and 132 AA), followed by a pooled
331 analysis of both ancestry groups. In ancestry-specific analyses, main effect SNP models of each
332 mucin phenotype included covariates for the top two principal components of ancestry (PC)
333 obtained from EIGENSTRAT [40], age, sex, batch of mucin quantitation analysis, current
334 smoking status, smoking pack-years, and CB. Results were not materially different when we
335 included up to 10 genotype PCs. For MUC5AC and MUC5B, GWAS was performed in EA
336 subjects only (N=215) with the same covariates used for total mucin concentration. SNP-based
337 heritability for MUC5AC and MUC5B was estimated on an LD-pruned set of markers from the
338 genotyped data (subsetting to individuals with the relevant phenotype data) using GCTA version
339 1.92.1. We performed exploratory genome-wide interaction studies of SNP × smoking
340 interactions in which we tested for the joint effects of SNP and SNP × smoking interactions (2
341 d.f. test) on mucin concentrations in models including the same covariates as above.

342

343 eQTL Analysis: Airway epithelia gene expression from 144 SPIROMICS participants was
344 analyzed to test whether rs140324259 is an eQTL for *MUC5B* by performing a genome-wide

345 eQTL mapping as described before in Kasela et al. [15]. Briefly, RNA-seq data from the airway
346 epithelium was normalized, filtered, and transformed using inverse normal transformation.
347 Genotype data was obtained from TOPMed (Freeze 9) [36]. The eQTL regression model for a
348 given gene included sex, four genotype PCs, and 15 PEER factors (probabilistic estimation of
349 expression residuals [41]) as covariates. eQTL mapping was performed using tensorQTL [42]
350 and 10,000 permutations were used to control for multiple testing at false discovery rate (FDR) <
351 0.05. To look up the eQTL association with *MUC5B*, we used the proxy SNP rs55680540
352 because rs140324259 did not pass variant filter quality control.

353

354 Clinical Phenotypes:

355 Chronic Bronchitis (CB): Following the analyses of sputum mucin concentration data, we tested
356 for an association between the lead variant for sputum MUC5B concentration (rs140324259) and
357 CB in the larger SPIROMICS population (N=1257). Logistic regression models were used for
358 CB, accounting for the top two genotype PCs, age, sex, current smoking status, pack-years of
359 smoking, and FEV1.

360

361 Acute Exacerbations (AE): Exacerbation outcomes were modeled using negative binomial
362 regression models including the same covariates as above. Additionally, in the analysis of
363 prospectively ascertained AE, we included AE in the year prior to enrollment as a predictor.
364 Because prior work showed that exacerbation frequency among subjects with COPD in
365 SPIROMICS is not stable [22], we leveraged a previously developed classification system which
366 categorized SPIROMICS participants as never, inconsistent or consistent exacerbators using
367 three years of follow up data [22]. Consistent exacerbators were subjects who experienced at

368 least one acute exacerbation in each of the three years; subjects who had an exacerbation during
369 some but not all of the three years of follow up were defined as inconsistent exacerbators. We
370 analyzed the association between rs140324259 genotype and these three exacerbation groups
371 using a proportional odds model, comparing (1) never exacerbators versus inconsistent and
372 consistent exacerbators, and (2) consistent exacerbators versus never and inconsistent
373 exacerbators. Based on the results of these analyses, we collapsed the exacerbation groups into
374 two categories: ever (combining inconsistent and consistent exacerbators) vs. never exacerbators,
375 then modeled this outcome using logistic regression with covariates for top two genotype PCs,
376 age, sex, current smoking status, pack-years of smoking, FEV1 (% predicted), and the number of
377 AE in the year prior to enrollment.

378

379 Mediation analysis: in the subset of SPIROMICS subjects for which there is complete phenotype
380 data on genotype, sputum MUC5B, and clinical outcomes (N=141), we tested for evidence of
381 that MUC5B mediates an association between rs140324259 and AE (i.e. rs140324259 →
382 MUC5B → AE), invoking the overall mediation analysis framework of Baron and Kenny [20].
383 We evaluated a direct path from rs140324259 → AE (c), and an indirect path from rs140324259
384 → MUC5B (a) and MUC5B → AE (b), while also examining the path from rs140324259 → AE
385 conditional on MUC5B (c'). All regression models included age, sex, two ancestry PCs, current
386 smoking status, pack-years of smoking, and FEV1 (% predicted) as predictors. For (a), we used a
387 linear model for MUC5B in which rs140324259 was coded linearly (0,1,2). For (b), (c), and (c'),
388 we used we used negative binomial regression models of AE that included rs140324259 (c),
389 MUC5B (b), or both (c'). To formally test for mediation, we leveraged the SNP mediation
390 intersection-union test (SMUT) [21] which jointly tests for non-zero parameter estimates from

391 models for (a) and (b), which is equivalent to testing that $a \times b$ is not equal to 0 in the Baron and
392 Kenny framework.

393

394

395

396 **Acknowledgements**

397 Y.L. was partially supported by NIH grants R01GM105765 and U01DA052713. S.K. and T.L.
398 were supported by NIH grant R01HL142028. S.N.P.K. was partially supported by NIH grant
399 R01 HL122711.

400

401 The authors thank Dr. Wesley Crouse for helpful discussions related to mediation analysis. The
402 authors are grateful to SPIROMICS participants and participating physicians, investigators and
403 staff, for making this research possible. More information about the study and how to access
404 SPIROMICS data is available at www.spiromics.org. The authors would like to acknowledge the
405 University of North Carolina at Chapel Hill BioSpecimen Processing Facility for sample
406 processing, storage, and sample disbursements (<http://bsp.web.unc.edu/>).

407

408 We would like to acknowledge the following current and former investigators of the
409 SPIROMICS sites and reading centers: Neil E Alexis, MD; Wayne H Anderson, PhD; Mehrdad
410 Arjomandi, MD; Igor Barjaktarevic, MD, PhD; R Graham Barr, MD, DrPH; Patricia Basta, PhD;
411 Lori A Bateman, MSc; Surya P Bhatt, MD; Eugene R Bleecker, MD; Richard C Boucher, MD;
412 Russell P Bowler, MD, PhD; Stephanie A Christenson, MD; Alejandro P Comellas, MD;
413 Christopher B Cooper, MD, PhD; David J Couper, PhD; Gerard J Criner, MD; Ronald G Crystal,
414 MD; Jeffrey L Curtis, MD; Claire M Doerschuk, MD; Mark T Dransfield, MD; Brad
415 Drummond, MD; Christine M Freeman, PhD; Craig Galban, PhD; MeiLan K Han, MD, MS;
416 Nadia N Hansel, MD, MPH; Annette T Hastie, PhD; Eric A Hoffman, PhD; Yvonne Huang,
417 MD; Robert J Kaner, MD; Richard E Kanner, MD; Eric C Kleerup, MD; Jerry A Krishnan, MD,
418 PhD; Lisa M LaVange, PhD; Stephen C Lazarus, MD; Fernando J Martinez, MD, MS; Deborah
419 A Meyers, PhD; Wendy C Moore, MD; John D Newell Jr, MD; Robert Paine, III, MD; Laura
420 Paulin, MD, MHS; Stephen P Peters, MD, PhD; Cheryl Pirozzi, MD; Nirupama Putcha, MD,
421 MHS; Elizabeth C Oelsner, MD, MPH; Wanda K O'Neal, PhD; Victor E Ortega, MD, PhD;
422 Sanjeev Raman, MBBS, MD; Stephen I. Rennard, MD; Donald P Tashkin, MD; J Michael
423 Wells, MD; Robert A Wise, MD; and Prescott G Woodruff, MD, MPH. The project officers
424 from the Lung Division of the National Heart, Lung, and Blood Institute were Lisa Postow, PhD,
425 and Lisa Viviano, BSN; SPIROMICS was supported by contracts from the NIH/NHLBI
426 (HHSN268200900013C, HHSN268200900014C, HHSN268200900015C,
427 HHSN268200900016C, HHSN268200900017C, HHSN268200900018C,
428 HHSN268200900019C, HHSN268200900020C), grants from the NIH/NHLBI (U01 HL137880
429 and U24 HL141762), and supplemented by contributions made through the Foundation for the
430 NIH and the COPD Foundation from AstraZeneca/MedImmune; Bayer; Bellerophon
431 Therapeutics; Boehringer-Ingelheim Pharmaceuticals, Inc.; Chiesi Farmaceutici S.p.A.; Forest
432 Research Institute, Inc.; GlaxoSmithKline; Grifols Therapeutics, Inc.; Ikaria, Inc.; Novartis
433 Pharmaceuticals Corporation; Nycomed GmbH; ProterixBio; Regeneron Pharmaceuticals, Inc.;
434 Sanofi; Sunovion; Takeda Pharmaceutical Company; and Theravance Biopharma and Mylan.

435

436 The COPDGene project described was supported by Award Number U01 HL089897 and Award
437 Number U01 HL089856 from the National Heart, Lung, and Blood Institute. The content is
438 solely the responsibility of the authors and does not necessarily represent the official views of the
439 National Heart, Lung, and Blood Institute or the National Institutes of Health. The COPDGene
440 project is also supported by the COPD Foundation through contributions made to an Industry
441 Advisory Board comprised of AstraZeneca, Boehringer Ingelheim, GlaxoSmithKline, Novartis,

442 Pfizer, Siemens and Sunovion. A full listing of COPDGene investigators can be found at:
443 <http://www.copdgene.org/directory>
444
445 Molecular data for the Trans-Omics in Precision Medicine (TOPMed) program was supported by
446 the National Heart, Lung and Blood Institute (NHLBI). Genome sequencing for “NHLBI
447 TOPMed: Genetic Epidemiology of COPD (COPDGene)” (phs000951.v4.p4) was performed at
448 the Northwest Genomics Center (3R01HL089856-08S1) and Broad Institute Genomics Platform
449 (HHSN268201500014C). Core support including centralized genomic read mapping and
450 genotype calling, along with variant quality metrics and filtering were provided by the TOPMed
451 Informatics Research Center (3R01HL-117626-02S1; contract HHSN268201800002I). Core
452 support including phenotype harmonization, data management, sample-identity QC, and general
453 program coordination were provided by the TOPMed Data Coordinating Center (R01HL-
454 120393; U01HL-120393; contract HHSN268201800001I). We gratefully acknowledge the
455 studies and participants who provided biological samples and data for TOPMed.
456
457

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584

Table 1. Descriptive Statistics of SPIROMICS Participants in Mucin GWAS*

	Non-smoking Controls		At-risk		GOLD 1		GOLD 2		GOLD 3	
Study Population	Total Mucin	MUC5AC, MUC5B	Total Mucin	MUC5AC, MUC5B	Total Mucin	MUC5AC, MUC5B	Total Mucin	MUC5AC, MUC5B	Total Mucin	MUC5AC, MUC5B
N	50	25	219	46	130	40	241	56	67	48
Age, mean (range)	57.9 (40-80)	61.3 (42-80)	60.4 (40-79)	63.3 (40-79)	66.7 (45-80)	65.8 (49-79)	65.0 (42-80)	64.9 (48-80)	66.5 (48-80)	67.1 (52-80)
Males, n (%)	26 (51.0)	13 (52.0)	117 (53.2)	21 (45.7)	91 (70.0)	31 (77.5)	142 (58.9)	35 (62.5)	35 (52.2)	21 (43.8)
European Ancestry, n (%)	36 (72.0)	25 (100)	155 (70.8)	46 (100)	112 (86.2)	40 (100)	214 (88.8)	56 (100)	59 (88.1)	48 (100)
African Ancestry, n (%)	14 (28.0)	NA [†]	64 (29.2)	NA [‡]	18 (13.9)	NA [‡]	27 (11.2)	NA [‡]	8 (11.9)	NA [‡]
Chronic Bronchitis [†] , n (%)	3 (6.0)	2 (8.0)	89 (40.6)	15 (32.6)	52 (40.0)	19 (47.5)	134 (55.4)	35 (62.5)	29 (43.2)	20 (41.7)
Current smoker, n (%)	0 (0)	0 (0)	113 (51.6)	21 (45.7)	45 (34.6)	17 (42.5)	114 (47.1)	26 (46.4)	18 (26.9)	11 (22.9)
Former smoker, n (%)	0 (0)	0	106 (48.4)	25 (54.4)	85 (65.4)	23 (57.5)	127 (52.5)	30 (53.6)	49 (73.3)	37 (77.1)
Smoking, pack-years (range)	0	0 (0)	43.0 (20-150)	44.0 (20-100)	51.9 (20-160)	54.7 (20-117)	57.1 (20-270)	55.8 (20-147)	51.8 (20-126)	50.3 (21-126)

585

*One subject with a GOLD stage of 4 was included in the total mucin analysis but is not shown here.

586

[†]Based on St. George's Respiratory Questionnaire

587

[‡]Due to limited sample size of SPIROMICS participants of African ancestry with MUC5AC/MUC5B data, only data on European ancestry subjects were used in these analyses.

588

589

590 **Table 2. Logistic Regression Model of Chronic Bronchitis at Baseline and rs140324259**
591 **genotype (n=1257)**

Parameter	Odds Ratio	95% Confidence Interval
Age	0.99	0.98-1.00
Sex (M vs. F)	1.40	1.09-1.80
PC1	1.01	0.87-1.20
PC2	1.10	0.95-1.30
Smoking pack years	1.00	1.00-1.00
Current smoker	5.55	4.17-7.40
FEV1, % predicted	0.99	0.99-1.00
rs140324259 (C vs. T)	1.42	1.10-1.80

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596 **Table 3. Logistic Regression Model Comparing Exacerbators Versus Non-Exacerbators**
597 **Based on Prospectively Ascertained Exacerbation Count Over a Three-Year Period**
598 **(n=822)**

Parameter	Odds Ratio	95% Confidence Interval
Age	1.00	0.97-1.20
Sex (M vs F)	0.65	0.47-0.89
PC1	0.95	0.78-1.15
PC2	1.11	0.90-1.37
Smoking, pack years	1.01	1.00-1.01
Current smoker	1.22	0.86-1.74
Exacerbations, year prior to enrollment	1.96	1.54-2.49
FEV1, % predicted	0.97	0.96-0.98
rs140324259 (C vs. T)	1.41	1.02-1.94

599

600 **Table 4. Association analysis results for lead MUC5B pQTL variant with CB-related phenotypes and smoking history in the**
601 **UK Biobank***

UK Biobank Phenotype	# cases/controls	rs140324259 C Allele Frequency Cases	rs140324259 C Allele Frequency Controls	P-value
Bring up phlegm/sputum/mucus on most days	9,250 / 97,072	0.150	0.143	9.80E-03
Cough on most days	14,606 / 91,635	0.149	0.143	4.50E-03
Current Smoking Status	43,192 / 375,625	0.141	0.143	9.40E-02
Ever Smoked	253,507 / 165,353	0.143	0.143	9.73E-01
Smokes tobacco on all or most days	2,447 / 103,281	0.137	0.144	1.93E-01

602
603 *analysis limited to subjects of European Ancestry.
604

605 **Figure Legends**

606

607 **Figure 1. Distal and local pQTL for sputum MUC5AC and MUC5B.** Results of association
608 analysis using sputum mucin concentration data from 215 EA SPIROMICS participants are
609 shown. Dashed red line denotes genome-wide significance threshold.

610

611 **Figure 2. A Genotype x Smoking interaction locus (rs6043852) for sputum MUC5B on**
612 **Chromosome 20.** **A.** Locus zoom plot for the genotype x smoking locus (rs6043852). **B.**
613 MUC5B concentration as a function of both rs6043852 genotype and current smoking status.
614 The not current smoker category includes never smokers and former smokers. Note that while
615 we plot carriers of the minor allele here as one group, the regression model for MUC5B used
616 genotype dosages.

617

618 **Figure 3. The Chromosome 11 MUC5B pQTL.** **A.** Regional view of association test results.
619 Four genes were omitted due to small size. The lead variant, rs140324259, is approximately 100
620 kb upstream of *MUC5B*. **B.** Effect of rs140324259 genotype on sputum MUC5B. Numbers in
621 parentheses on x-axis denote sample size per genotype. Each C allele yields a 0.8 log (ln) unit
622 decreased in MUC5B, corresponding to 2.3 picomol/ml drop in MUC5B concentration.

623

624 **Figure 4. Mediation analysis reveals that rs140324259 exerts effects on exacerbations in the**
625 **year prior to enrollment through direct and indirect paths with contrasting allele effects.**
626 We leveraged the mediation analysis framework of Baron and Kenny [20] to examine whether
627 rs140324259 exerts effects on exacerbations through MUC5B. Using complete data on 142
628 subjects, in (A) we tested for the total effect of rs140324259 on acute exacerbations of COPD
629 (“c”). In (B), the mediation analysis framework is shown in which the effect of rs140324259 on
630 acute exacerbations is modeled as the sum of direct (rs140324259 to exacerbations, c') and
631 indirect paths (rs140324259 to exacerbations via MUC5B (a, b)). Statistical evidence of the
632 indirect path assessed by jointly testing that both rs140324259 → MUC5B (a) and MUC5B →
633 exacerbations (b) are significant using an intersection union test (which is equivalent to testing
634 that $\gamma \times \beta_1$ is not equal to 0). β_1 (b) and β_2 (c') come from the same negative binomial regression
635 model including both rs140324259 and MUC5B as predictors of exacerbations. Note that in this
636 mediation analysis framework, the total effect (c) in part A is the sum of the direct (c') and
637 indirect paths (a→b) in part B, i.e., $c = c' + (a \times b)$. Thus, because the sign of path a is negative
638 while both b and c' are positive, the total effect c (in panel A) is necessarily weaker in
639 magnitude.

640

641

Figure 1

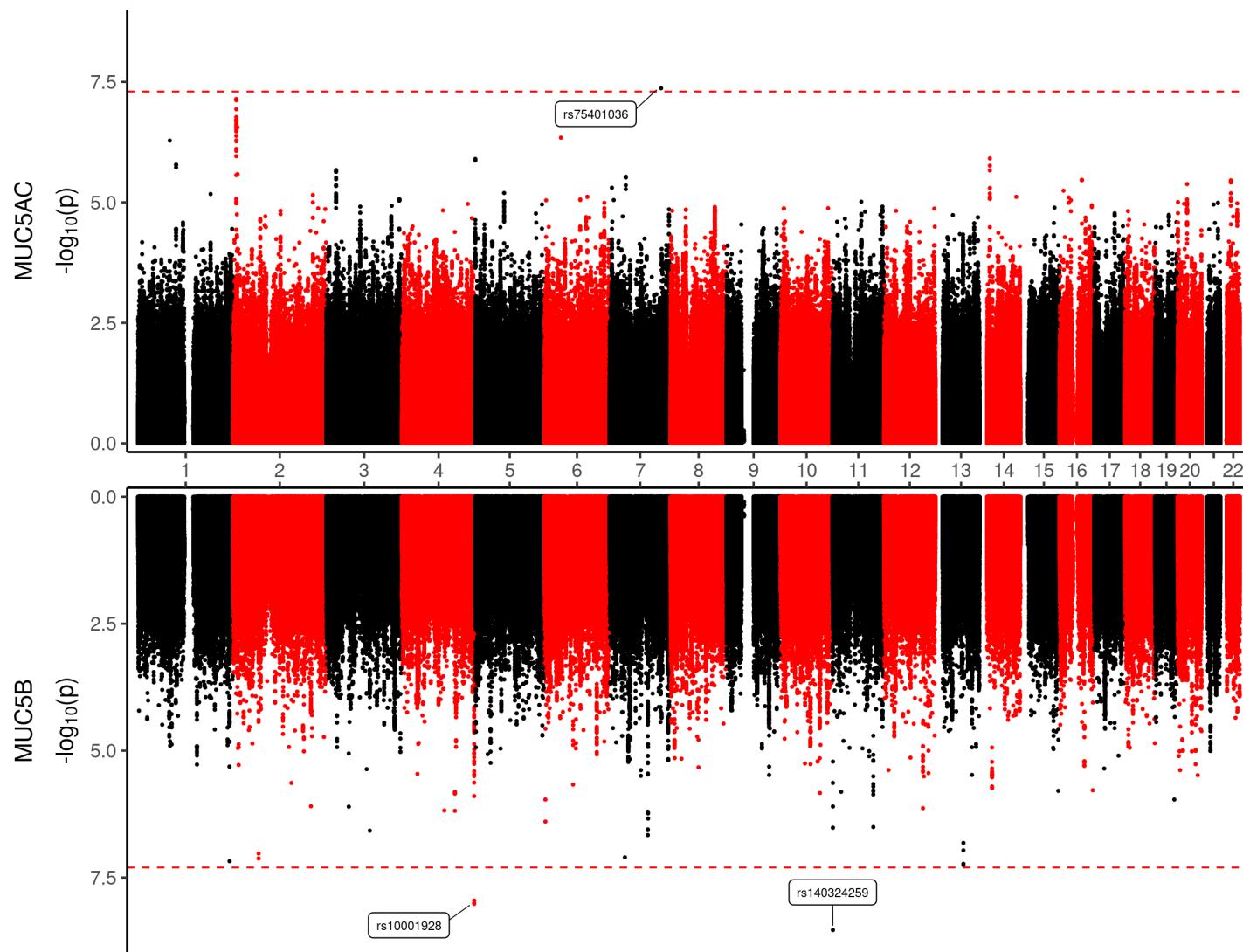
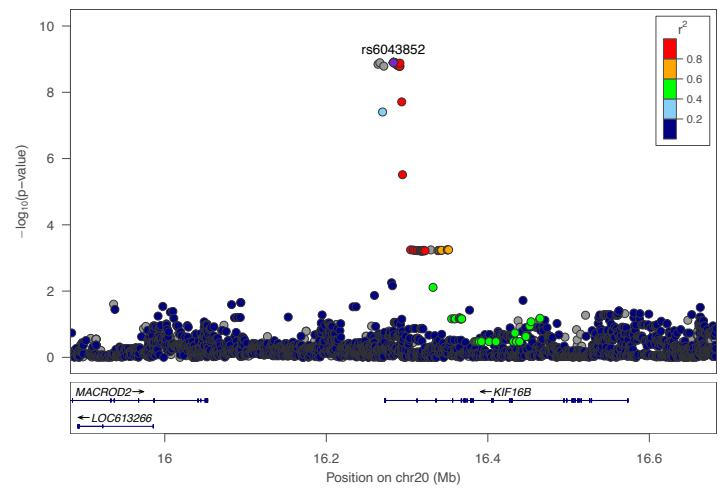


Figure 2

A



B

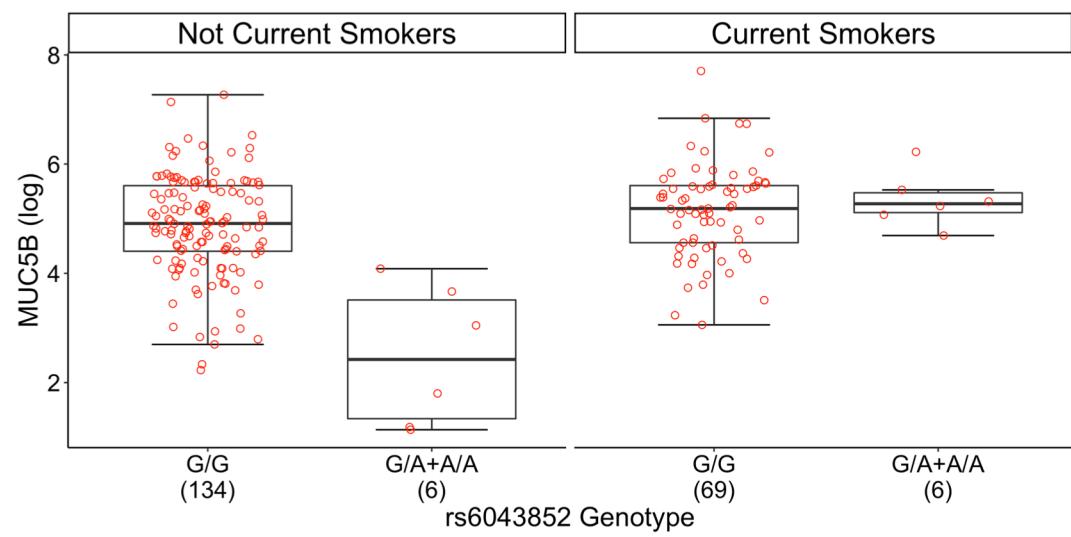


Figure 3

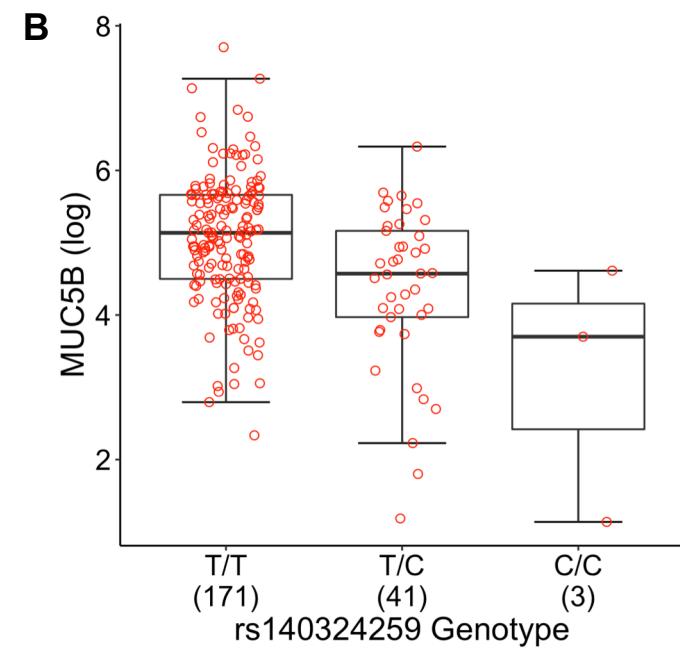
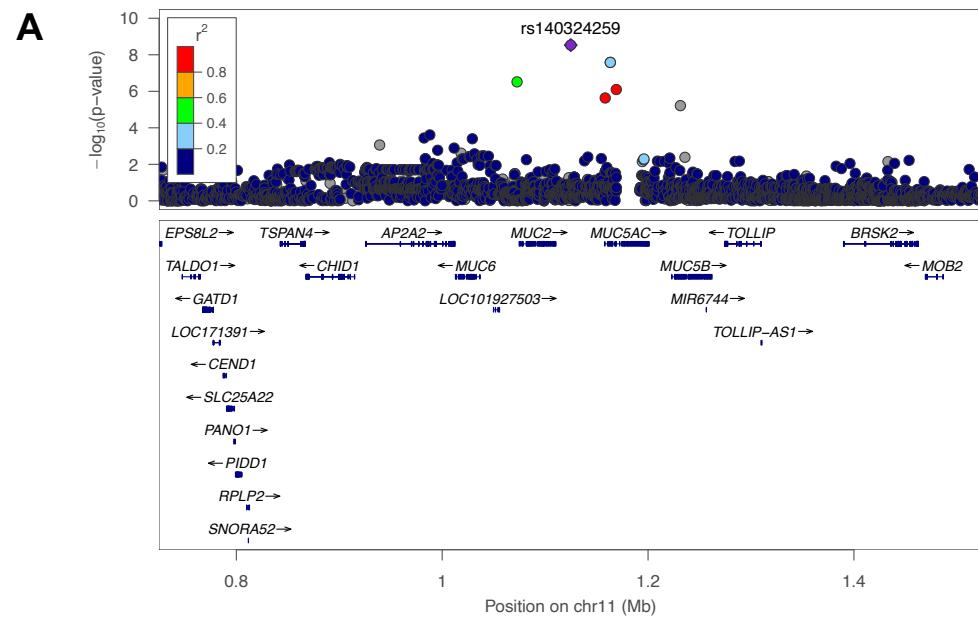


Figure 4

