

1 **Title:** Hyperinsulinemia acts through acinar cell insulin receptors to drive obesity-associated
2 pancreatic cancer initiation by promoting digestive enzyme production and inflammation

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60 Abstract

61 The rising incidence of pancreatic cancer is largely driven by the skyrocketing prevalence of obesity
62 and type 2 diabetes (T2D). Hyperinsulinemia is a cardinal feature of both conditions, and is
63 independently associated with increased cancer incidence and mortality. Our previous studies
64 demonstrated that genetically reducing insulin production suppressed formation of pancreatic
65 intraepithelial neoplasia (PanIN) pre-cancerous lesions in mice with mutant *Kras*. However, we found
66 that hyperinsulinemia affected many cell types in the pancreatic microenvironment. Thus, it remained
67 unclear whether hyperinsulinemia exerted its effects directly on the cells that give rise to PanINs or
68 indirectly on the tumor microenvironment, and molecular mechanisms involved were unknown. Here,
69 we tested whether insulin receptors (*Insr*) in *Kras*^{G12D}-expressing pancreatic acinar cells are necessary
70 for the effects of hyperinsulinemia on obesity-associated pancreatic cancer development. Loss of *Insr*
71 in *Kras*^{G12D}-expressing acinar cells did not prevent hyperinsulinemia or weight gain associated with
72 high fat diet (HFD) consumption in mice. However, solely reducing *Insr* in *Kras*^{G12D}-expressing acinar
73 cells significantly reduced formation of PanIN and tumors, in a gene dose-dependent manner.
74 Mechanistically, proteomic analyses showed that hyperinsulinemia acts through *Insr* to drive the
75 excess production of digestive enzymes in acinar cells by modulating the activity of the spliceosome,
76 ribosome, and secretory machinery. This resulted in increased inflammation, which was abrogated by
77 acinar-specific *Insr* knockout. We confirmed that insulin increased the conversion of wild-type acinar
78 cells into acinar-to-ductal metaplasia (ADM) in a trypsin-dependent manner. Collectively, these data
79 demonstrate that hyperinsulinemia acting via acinar cells insulin receptors promotes inflammatory
80 conditions that cooperate with *Kras* signaling to increase the risk of developing pancreatic cancer,
81 mechanistically linking obesity and pancreatic cancer.

82

83 Introduction

84 The 5-year survival rate of pancreatic ductal adenocarcinoma (PDAC) is less than 10% and it is
85 projected to become the 2nd leading cause of cancer death by 2030 (Rahib et al., 2014). Chronic
86 pancreatitis, family history, smoking, obesity, and T2D are risk factors for pancreatic cancer (Ilic and

87 Illic, 2016). Obesity and T2D are usually accompanied by hyperinsulinemia, hyperglycemia, increased
88 inflammation, and dyslipidemia, which have all been proposed as underlying factors that drive the
89 increased PDAC morbidity and mortality in this patient population (Gallagher and LeRoith, 2020;
90 Zhang et al., 2021). Epidemiological studies consistently show that hyperinsulinemia is associated
91 with increased risk of developing PDAC and poorer survival (Pisani, 2008; Stolzenberg-Solomon et al.,
92 2005). Complementing clinical observations, our *in vivo* animal experiments demonstrated that
93 endogenous hyperinsulinemia causally contributes to PDAC development, independently of
94 hyperglycemia (Zhang et al., 2022; Zhang et al., 2019). Single-cell analysis revealed that
95 hyperinsulinemia altered gene expression in multiple cell types in the PanIN microenvironment (Zhang
96 et al., 2022), leaving open the question of whether the protective effects of reduced insulin production
97 are direct on the tumor precursor cells or whether they are mediated indirectly by local immune cells,
98 local fibroblasts, and/or via distant effects on adiposity (Mehran et al., 2012; Templeman et al., 2015;
99 Templeman et al., 2017). Consistent with a direct effect on the epithelium, insulin stimulates
100 proliferation in the PANC-1 and HPDE cell lines *in vitro* (Chan et al., 2014a), but this does not provide
101 information on the initiation of PDAC *in vivo*.

102 Insulin/IGF signaling, which includes KRAS/MAPK/ERK or PI3K/AKT/mTOR cascades, is
103 prominent in human and animal pancreatic cancer. Activating mutations in *KRAS* are detected in
104 ~95% of PDAC clinical cases and induce PanIN pre-cancerous lesions and rare tumours in mice
105 (Waters and Der, 2018). Activating mutations in *PIK3CA* are also found in 3-5% of PDAC patients
106 (Heestand and Kurzrock, 2015; Janku et al., 2013) and can initiate PDAC in mice (Payne et al., 2015).
107 Additionally, *Pik3ca* silencing was protective in *Pdx1-Cre;Kras*^{LSL-G12D}; *Trp53*^{LSL-R172H} mice (Sivaram et
108 al., 2019). Strategies that systemically reduce signaling downstream of *Insr/Igf1r* can suppress PDAC
109 (Hopkins et al., 2018; Payne et al., 2015), but they do not distinguish between the roles for insulin,
110 IGFs, or other upstream growth factors. Despite indirect evidence for an important role of insulin/IGF
111 signaling in this and other cancers, a direct and causal role for the insulin receptor alone has not been
112 demonstrated for any cancer. Insulin receptor protein is increased in some breast, prostate, and liver

113 cancers (Aljada et al., 2015; Belfiore et al., 2017; Law et al., 2008), but its role in the pancreas
114 remains enigmatic.

115 In this study, we tested the hypothesis that hyperinsulinemia-induced enhancement of PDAC
116 initiation is mediated through direct insulin receptor signaling in pancreatic acinar cells. We found mice
117 that consumed a high fat diet had a significant reduction in PanIN and tumor development when they
118 lacked *Insr* specifically in *Kras*^{G12D}-expressing acinar cells. These findings indicate that
119 hyperinsulinemia directly contributes to pancreatic cancer initiation through *Insr* in acinar cells via a
120 mechanism that involves increased production of digestive enzymes and subsequent pancreatic
121 inflammation.

122

123 **Results**

124 **Effects of acinar cell-specific *Insr* loss on body weight and glucose homeostasis**

125 We first generated *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG or *Ptf1a*^{CreER}; *Insr*^{f/f}; nTnG mice to assess the baseline
126 roles of *Insr* in acinar cells (Figure 1A). All mice were fed with HFD after 3 weeks of age to sustain
127 hyperinsulinemia. Tamoxifen was injected at 4 weeks of age to induce recombination of the *Insr*^{flox}
128 alleles and a Cre-dependent nTnG allele (Muzumdar et al., 2007), specifically in acinar cells (Figure
129 1B). As expected, mice consuming HFD gained weight over time. We did not find a significant
130 difference in body weight between male *Ptf1a*^{CreER}; *Insr*^{f/f}; nTnG mice and *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG mice
131 but observed a significant and consistent reduction in body weight in female *Ptf1a*^{CreER}; *Insr*^{f/f}; nTnG
132 mice compared to *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG mice (Figures 1C-D), perhaps as a result of a minor
133 pancreatic insufficiency (see below). Fasting glucose was not different between genotypes (Figures
134 1E-F). HFD induced similar levels of hyperinsulinemia in both genotypes (Figures 1G-H) and males,
135 as previously reported (Zhang et al., 2022; Zhang et al., 2019), had higher overall levels of insulin
136 compared to females on HFD (Figures 1G-H). These insulin levels are well above the expected fasting
137 insulin levels of C57BL/6J mice on a chow diet (138 +/- 24 pM) (Berglund et al., 2008) and higher than
138 we have previously reported in mice with reduced insulin gene dosage (Zhang et al., 2022; Zhang et
139 al., 2019). Pancreas weight of *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG and *Ptf1a*^{CreER}; *Insr*^{f/f}; nTnG mice were not

140 different at 12 weeks of age (Figure 1I). These data demonstrate that mice with acinar-specific *Insr*
141 deletion having wild type-like pancreata.

142

143 **Body weight and glucose homeostasis in mice with acinar-specific *Insr* loss and *Kras* mutation**

144 To test our primary hypothesis, that hyperinsulinemia drives pancreatic cancer development via
145 *Insr* cell autonomously, we generated mouse models in which *Kras*^{G12D} expression (Kopp et al., 2012)
146 and loss of *Insr* were both induced in acinar cells. Our cohorts contained mice with full *Insr* gene
147 dosage, *Ptf1a*^{CreER}; *Kras*^{LSL-G12D}; *Insr*^{w/w}; nTnG (PK-*Insr*^{w/w}); mice with reduced *Insr*, *Ptf1a*^{CreER}; *Kras*^{LSL-}
148 ^{G12D}; *Insr*^{w/f}; nTnG (PK-*Insr*^{w/f}); or mice without *Insr*, *Ptf1a*^{CreER}; *Kras*^{LSL-G12D}; *Insr*^{f/f}; nTnG (PK-*Insr*^{f/f}) in
149 *Kras*^{G12D}-expressing acinar cells (Figure 2A). In this model, tamoxifen induced simultaneous acinar-
150 specific recombination to express mutant *Kras*^{G12D}, a nTnG, and deletion of *Insr*^{flx} alleles. Multiple
151 studies have shown that HFD accelerates PanIN and PDAC development (Chang et al., 2017;
152 Dawson et al., 2013). *Insr* loss in acinar cells did not significantly affect the weight gain of male or
153 female mice in the context of mutant *Kras* (Figures 2B-C). Fasting glucose and insulin levels were also
154 similar between groups (Figures 2D-G). Thus, our model enabled us to test the role of acinar cell *Insr*
155 in the context of intact hyperinsulinemia and normoglycemia, which normally occurs in the obese
156 state.

157

158 **Loss of *Insr* in *Kras*^{G12D}-expressing acinar cells reduced PanIN development**

159 To test whether *Insr* loss affected *Kras*^{G12D}-mediated PDAC formation from acinar cells, we
160 examined a cohort of 9-12 PK-*Insr*^{w/w}, PK-*Insr*^{w/f}, and PK-*Insr*^{f/f} mice for each sex and genotype and
161 planned to assess lesions at ~1 year of age based on our previous work (Zhang et al., 2022; Zhang et
162 al., 2019). However, half the male PK-*Insr*^{w/w} mice and a few female PK-*Insr*^{w/w} mice reached humane
163 endpoint earlier than we had expected (Figure 3A). This suggested that HFD promoted tumor
164 development in mice with full insulin gene dosage earlier than in mice with reduced insulin (Zhang et
165 al., 2022; Zhang et al., 2019). Through necropsy we noted that macroscopic tumors were present in
166 male PK-*Insr*^{w/w} mice reaching humane endpoint (Figure 3A). Additionally, the remaining male PK-

167 *Insr*^{w/w} mice had PDAC or the parenchyma was almost completely replaced by ductal metaplasia
168 comprising cysts, PanIN, and ADM at 43.5 weeks of age (Figure 3A-B). Three male PK-*Insr*^{w/f} mice
169 also reached human endpoint prior to 43.5 weeks, but tumors were not observed at necropsy (Figure
170 3A). Finally, no male PK-*Insr*^{f/f} mice reached humane endpoint by 43.5 weeks of age (Figure 3A).
171 PDAC was noted by histology in 40-50% of PK-*Insr*^{w/f} mice and PK-*Insr*^{f/f} mice (Figures 3A-C). In sum,
172 male PK-*Insr*^{f/f} mice lived longer than PK-*Insr*^{w/f} mice and PK-*Insr*^{w/w} mice and had more normal
173 parenchyma left at 40.5 weeks of age suggesting that loss of *Insr* in Kras^{G12D}-expressing acinar cells
174 limits HFD-mediated promotion of acinar cell transformation.

175 As noted above, a few female PK-*Insr*^{w/w} mice, as well as a few PK-*Insr*^{w/f} mice also reached
176 humane endpoint prior to 43.5 weeks, but no macroscopic tumors were noted at necropsy (Figure 3A).
177 No female PK-*Insr*^{f/f} mice reached humane endpoint by 43.5 weeks of age. Histologically, we found
178 that the incidence of PDAC in females was *Insr* dosage-dependent (Figures 3A-C). The majority of
179 female mice from every genotype, retained some normal parenchyma (Figures 3B-C). This suggested
180 that the extent of disease in females at 10 months of age was different than males and that female
181 mice had not yet maximally disrupted normal parenchyma function. This is consistent with previous
182 reports suggesting that the timing and/or extent of lesion formation between male and female mice in
183 the context of HFD may differ (Chang et al., 2017). Altogether, these data strongly suggested that
184 limiting or eliminating insulin/*Insr* activity specifically in acinar cells in male and female mice reduced
185 the propensity of HFD and Kras activation to transform the pancreas.

186 We next quantified the extent of the tissue disruption and lesion formation at 43.5 weeks of age to
187 assess the extent of disease present in the presence or absence of *Insr*. In parallel with PanIN
188 quantification between groups, we stained for nuclear GFP from the nTnG lineage reporter allele
189 (Muzumdar et al., 2007) in all pancreata. As expected, most acinar cells and PanIN lesions were GFP
190 positive (Figures S1A-B) confirming that the lesions arose from Ptf1a⁺ acinar cells. Rare mice with a
191 GFP labeling efficiency of acinar cells below 20% were excluded from further analysis. Pancreata from
192 *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG and *Ptf1a*^{CreER}; *Insr*^{f/f}; nTnG mice were similarly comprised of acinar cells and
193 endocrine islets and by IHC had GFP expression widely present in acinar cells (Figures S1C-F),

194 consistent with their *Kras* wild-type genotype. In contrast, pancreata from male and female PK-*Insr*^{w/w},
195 PK-*Insr*^{w/f}, and PK-*Insr*^{f/f} mice all contained ductal lesions with histological characteristics of
196 metaplastic ducts, including ADM, low-grade and high-grade PanIN, and sometimes PDAC (see
197 above) (Figures 3B-C). When we quantified the PanIN and/or tumor area, we found that reducing *Insr*
198 in *Kras*^{G12D}-expressing acinar cells reduced the area of PanINs plus tumors, PanIN alone, or tumor
199 area in a dose dependent manner in males and females (Figures 3D-F). Consistent with this
200 histological-based quantification, measuring the pancreatic area containing ductal metaplasia (ducts,
201 ADM, PanIN and PDAC) or mucinous lesions (PanIN and some tumors) with Ck19 or Alcian blue
202 staining, respectively, similarly showed that female PK-*Insr*^{w/w} mice formed significantly more lesions
203 than female PK-*Insr*^{f/f} mice (Figures S2A-D). Notably, male PK-*Insr*^{w/w} mice had a higher Ck19⁺, but a
204 similar amount of Alcian blue⁺ area compared to other genotypes. This latter observation is likely
205 explained by the presence of Alcian blue negative high-grade PanIN lesions and large cysts with
206 predominantly normal ductal epithelium which were more prevalent in male than female, PK-*Insr*^{w/w}
207 pancreata (Figure 3B and Figures S2A, S2C, S2E-F). Indeed, most male PK-*Insr*^{w/w} and some female
208 PK-*Insr*^{w/w} pancreata were comprised of almost all Ck19⁺ area with little acinar cell area left, while
209 larger areas of normal acinar cells correlated with lower Ck19⁺ areas in PK-*Insr*^{w/f} and PK-*Insr*^{f/f} mice
210 (Figures 3B-C, Figure 3G and Figures S2G-H). Therefore, our data strongly suggested that acinar cell
211 *Insr* dose-dependently regulates oncogenic *Kras*-induced PanIN initiation in the context of diet-
212 induced hyperinsulinemia.

213

214 **Loss of *Insr* in *Kras*^{G12D}-expressing acinar cells reduced PanIN initiation**

215 To examine whether PanIN initiation was specifically affected by loss of *Insr* in acinar cells, we
216 examined 12-week-old male and female mice of each genotype. At 8 weeks post-tamoxifen injection,
217 acinar cells and PanIN lesions were also GFP positive indicating good recombination efficiency
218 (Figures S3A-B). There were no significant differences in pancreas weight between PK-*Insr*^{w/w}, PK-
219 *Insr*^{w/f}, and PK-*Insr*^{f/f} mice in either sex (Figure 4A). This is consistent with previous data showing that
220 the pancreas was largely normal in young *Ptf1a*^{CreER}, *Kras*^{LSL-G12D} mice (Kopp et al., 2012). Pancreata

221 from PK-*Insr*^{fl/fl} mice were predominantly normal with a small number of ductal lesions having
222 characteristics of ADM or low-grade PanIN (Figures 4B-D). In contrast, significantly more of the
223 pancreas was occupied by PanIN in PK-*Insr*^{w/w} mice (Figures 4B-D). The significant inhibition of PanIN
224 formation solely through reducing *Insr* in acinar cells strongly supports a model in which the primary
225 mechanism by which diet-induced hyperinsulinemia promotes tumor initiation is through insulin
226 receptors on acinar cells.

227

228 **Proteomic and phospho-proteomic analyses of pancreata from mice lacking acinar *Insr***

229 To investigate the underlying molecular mechanisms of *Insr* action in PanIN initiation, we
230 conducted unbiased total and phospho-proteomic analyses using the head of the pancreas from the
231 12-week-old female mice (Figure 4) with and without Kras^{G12D} and/or *Insr*. For the total proteome
232 dataset, we obtained reliable, quantitative data on 2889 proteins across all the samples. Consistent
233 with our histological analyses identifying a change in PanIN, we found that the inflammation- and
234 PanIN-associated proteins, Reg3a, Reg3b, Reg2, Tff1, Gkn1, and Gkn2 (Chen et al., 2019; Li et al.,
235 2016; Steiner et al., 2022), were among the 124 proteins significantly enriched in PK-*Insr*^{w/w} compared
236 to *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG pancreata (Figure 5A and Table S1). We also found that some proteins
237 associated with acinar cell function, such as Ctrc, Dbi, Pla2g1b, and Clps, were among the 122
238 proteins significantly down-regulated as a consequence of Kras^{G12D} expression in acinar cells (Figure
239 5A). However, the majority of proteins associated with acinar cell function, like Cpa1, Spink1, and
240 Cela1, remain unchanged between the PK-*Insr*^{w/w} and *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG genotypes (Table S1).
241 Importantly, we compared the differentially expressed pathways between PK-*Insr*^{w/w} and
242 *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG mice to differentially expressed pathways between human PDAC and normal
243 pancreas tissues adjacent to human PDAC (Cao et al., 2021) (Figures S4A-B). We found that most of
244 the pathways were significantly enriched in both mouse and human datasets, which suggested our
245 proteomic and phospho-proteomic results were relevant to human samples. Interestingly, we also
246 found 92 proteins increased in abundance and 155 proteins had decreased abundance solely due to
247 loss of *Insr* in Kras wild-type acinar cells (Figure 5B), with the caveat that we analyzed a low sample

248 number. Nevertheless, reductions in Ctrc, Clps, Pla2g1b suggested that *Insr* may have a role in
249 regulating the function of wild-type acinar cells in mice fed HFD (Figure 5C).

250 To define the molecular mechanisms associated with *Insr* deletion in the context of mutant Kras, we
251 focused further analyses on comparing the PK-*Insr*^{fl/fl} pancreata to the PK-*Insr*^{w/w} pancreata. We found
252 that 135 proteins were enriched and 117 were depleted in PK-*Insr*^{fl/fl} mice compared to PK-*Insr*^{w/w}
253 controls (Figure 5C). We then used these differentially expressed genes to perform a K-means
254 clustering analysis with the differentially abundant genes between PK-*Insr*^{w/w} and PK-*Insr*^{fl/fl} mice using
255 the protein abundance values in all genotypes to groups of proteins that varied by *Insr* status, Kras
256 mutation, or both (Figure 5D). As expected from our histological analyses, proteins associated with
257 PanIN initiation or formation in PK-*Insr*^{w/w} compared to *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG pancreata, such as
258 Reg3a, Reg3b, Reg2, Tff1, Gkn1, and Gkn2, (Figure 5A and 5D, cluster 1), were reduced in PK-*Insr*^{fl/fl}
259 mice (Figure 5C, Figure 5D, cluster 1 and Table S4). In order to investigate potential functional
260 enrichment of protein groups based on cell signaling, intracellular localization, and biological process,
261 we used the differentially abundant proteins between PK-*Insr*^{w/w} and PK-*Insr*^{fl/fl} mice (Adj. p<0.05) to
262 build protein-protein interaction networks using STRING (Szklarczyk et al., 2021) and assigned these
263 proteins to their intracellular organelle locations in a diagram using the COMPARTMENTS section of
264 GeneCards and/or existing knowledge of their function (Binder et al., 2014) (Figure 6A). This data
265 depiction (Figure 5D, cluster 2 and 3) highlighted the striking downregulation of the majority of the
266 proteins packaged into zymogen granules for secretion in PK-*Insr*^{fl/fl} compared to
267 *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG and PK-*Insr*^{w/w} mice (Figure 6A-B). Acinar cells produce a large amount of
268 protein every day, and in *Ptf1a*^{CreER}; *Insr*^{w/w}; nTnG mice fed HFD, 18.7% of the peptides detected in our
269 analyses were associated with the zymogen granules and this was similar in PK-*Insr*^{w/w} pancreata
270 (18.7%) (Figure 6C). However, this percentage was reduced significantly to 12.2% in PK-*Insr*^{fl/fl}
271 pancreata, as well as to 16% in *Ptf1a*^{CreER}; *Insr*^{fl/fl}; nTnG pancreata (Figure 6C). This reduction in
272 zymogen proteins is likely an underestimate of the effect on the total proteome, as our differential
273 abundance analyses were normalized to total protein content. Thus, loss of *Insr* in acinar cells results

274 in a coordinated decrease in the amount of digestive enzyme produced by acinar cells in the context
275 of HFD.

276 Pancreatic acinar cells represent the cellular majority in our bulk tissue proteome. With the caveat
277 that our bulk tissue includes multiple cell types, our STRING network analysis nevertheless highlighted
278 potential mechanisms downstream of *Insr* loss that could underlie this dramatic reduction in zymogen
279 granule content in acinar cells. This included increases in proteins with key roles in suppressing
280 protein synthesis at the ribosome (eEF2K) and suppressing insulin signaling (Ptpn1), as well as
281 increases in the first enzyme of the fatty acid beta oxidation pathway (Acox1), a protein regulating
282 lysosome function (Grn), and protein processing machinery at the ER and Golgi (Ilvbl, Ssr3, Ssr4,
283 Irag2). Many components of mitochondrial electron transport complexes were changed, as well as
284 endosomal and cytoskeletal proteins, many of which are involved in moving organelles within the cells
285 or in exocytosis, such as Snx5, Vps35l, Sycn (Figure 6A). Finally, we also found decreases in critical
286 parts of the spliceosome (Snrpa), the signal recognition particle complex receptor (Srprb), and
287 components of the large ribosome (Rpl29, Rpl36, Rpl37a). Altogether, these observations suggested
288 that loss of *Insr* in acinar cells and a reduction in PanIN formation is associated with a reduction in
289 synthesis of digestive enzymes.

290 Parallel phosphoproteomic analysis on the same samples confirmed and extended the findings
291 from our total proteomic analysis (Figure 7A-D). We identified 225 downregulated phospho-peptides
292 and 177 upregulated phospho-peptides by comparing the PK-*Insr*^{ff} pancreas to PK-*Insr*^{w/w} controls
293 (Figure 7A). In general, statistically significant phospho-peptide differences were not due to underlying
294 differences in total protein abundance (Figure 7B). Using a similar strategy as above, we mapped the
295 function of the proteins to compartments and processes in the cell (Figure 7D). We found significant
296 decreases in phosphorylation in PK-*Insr*^{ff} compared PK-*Insr*^{w/w} pancreata for proteins involved in
297 transcription elongation (Eloa, Top2a, Supt5h), mRNA splicing and nuclear speckle formation (Srpk1,
298 many Srsf proteins, Cherp, Srrm1 and Srrm2), as well as protein translation initiation (Eif4b, Eif5b, and
299 eIF3 complex proteins) and elongation (Eef1b, Eef1d, and many ribosomal subunits). There were also
300 decreases in phospho-peptides for Cavin3, which has been implicated in Akt-Erk signaling bias

301 (Haoning Howard Cen, 2022; Hernandez et al., 2013), and PP1 inhibitor Ppp1r2, at sites known to be
302 influenced by insulin signaling (Figure 7D). Finally, there was reduced phosphorylation of Larp1 at
303 sites known to be regulated by Raptor and Rictor. Larp1 is an RNA-binding protein that links mTorc1
304 to the regulation of terminal oligopyrimidine tract (TOP) mRNA that encodes for ribosomal proteins
305 and elongation factors (Hong et al., 2017). Altogether, our proteomics data suggested that Insulin/Insr
306 promotes the production of proteins in acinar cells in part through its modulation of Larp1 and many
307 other components controlling transcription, translation, and secretion of digestive enzymes.
308 Interestingly, multiple sites on the cholecystokinin (Cck) receptor (Cckar) also showed altered
309 phosphorylation (Figure 7C-D), including sites in the main intracellular loop that are indicative of
310 ligand-induced desensitization (Rao et al., 2000) and phospho-sites in the C-terminal tail that have not
311 been previously reported. Collectively, these unbiased total and phospho-proteomic studies delineate
312 the possible molecular mechanisms by which hyperinsulinemia, acting via the Insr, may promote Kras-
313 driven pancreatic cancer initiation.

314 Our histological analyses, as well as our total proteomics and phosphoproteomics suggested that
315 loss of the *Insr* in acinar cells prevented the formation of PanIN and prevented the induction of genes
316 associated with pancreatic injury, such as Reg3a, Reg3b, and Reg2. To examine whether loss of *Insr*
317 in acinar cells prevented the injury and/or fibrosis typically associated with Kras^{G12D} activation and
318 PanIN formation, we performed Sirius Red staining on 12-week-old pancreata (Figures 8A-B). In PK-
319 *Insr*^{w/w} control pancreata, Sirius Red staining surrounded the metaplastic ducts, containing ADM and
320 PanIN, as well as the surrounding acini in nearby lobules (Figures 8A-B). In contrast, in the PK-*Insr*^{ff}
321 pancreata, the metaplasia that did form tended to be associated with less Sirius Red staining and less
322 staining in the neighboring lobules (Figures 8A-C). In male PK-*Insr*^{w/w} pancreata, the extent of Sirius
323 Red staining significantly correlated with the amount of PanINs formed (Figure S5A). In female PK-
324 *Insr*^{w/w} pancreata, there were higher than expected amounts of Sirius Red given the amount of PanIN
325 observed, but the relationship between the values was still strong (Figure S5B). However, in the
326 absence of *Insr* very few PanIN formed in both sexes and this was associated with a lower amount of

327 Sirius Red staining, especially in females. This supported our hypothesis that inflammation was
328 reduced in the absence of *Insr* in *Kras*^{G12D}-expressing acinar cells.

329 Our proteomics data suggested that fewer digestive enzymes were present in the absence of *Insr*
330 in acinar cells when *Kras*^{G12D} expression was also present (Figure 6). Given that autoactivation of
331 trypsinogen in acinar cells or in the pancreatic parenchyma contributes, at least in part, to the
332 induction of pancreatitis (Smith and Solomon, 2014), we reasoned that the reduced presence of
333 enzymes in the absence of *Insr* could result in less tissue damage spreading into other lobules. This
334 would result in decreased ADM and PanIN formation, as in the PK-*Insr*^{f/f} pancreata. To test this
335 hypothesis, we utilized an 3D *ex vivo* model of ADM formation from wild-type acinar cells (Figure 8D)
336 (Fleming Martinez and Storz, 2019; Means et al., 2005a). Wild-type acinar clusters grown in collagen
337 for 5 days maintained their acinus morphology, as previously shown (Means et al., 2005a). In addition,
338 treatment with TGF- α induced these clusters to form a duct-like lumen structure (Figure 8E) (Means et
339 al., 2005b). Addition of increasing concentrations of insulin alone had only a modest effect on acini
340 clusters (Figure 8E-F). However, increasing concentrations of insulin in combination with TGF- α
341 induced ring formation significantly (Figure 8E-F). Remarkably, the synergism between insulin and
342 TGF- α was significantly reduced by the presence of trypsin inhibitor in the culture media (Figure 8F).
343 Because acinar cells are the source of trypsinogen and this pro-enzyme is prone to autoactivation, our
344 data suggested that hyperinsulinemia-mediated promotion of enzyme production in acinar cells can
345 result in increased inflammation and promote initiation of PanIN lesions from acinar cells sustaining
346 activating mutations in *Kras* (Figure 8G).

347

348 **Discussion**

349 The purpose of this study was to test the hypothesis that hyperinsulinemia in the obese state acts
350 directly on acinar cells to promote pancreatic cancer initiation. Our data clearly support a model where
351 *Insr* in acinar cells plays a causal role in supporting cancer initiation in the context of diet-induced
352 obesity and mutant *Kras*. The contribution of direct insulin action on acinar cells during initiation from
353 normal cells explains a large portion of the effects of HFD, but our results do not preclude roles for *Insr*

354 in other local or distant cell types (Zhang et al., 2022) and at other times during the progression of the
355 initial precursor lesions to PDAC. Our unbiased proteomic and phospho-proteomic analyses led us to
356 propose a model in which HFD and hyperinsulinemia through Insr in acinar cells promote the
357 physiological function of acinar cells to supply digestive enzymes to breakdown lipid rich food in the
358 duodenum. However, the increased presence of enzymes increases the risk of autoactivated trypsin,
359 as well. This increased propensity for trypsin-induced injury would result in sub-clinical levels of
360 inflammation and acinar-to-ductal metaplasia. Thus, the physiological response of pancreas to a diet
361 rich in fat results in increased insulin production from beta cells, which further promotes an increased
362 enzyme production capacity in acinar cells. However, in the context of *Kras* mutations, this increased
363 production can lead to increased chances of inflammation that enhance *Kras*^{G12D} signaling and
364 promote an irreversible transformation in *Kras*^{G12D}-expressing acinar cells. Thus, our studies provide a
365 key missing link explaining the connection between obesity and hyperinsulinemia and increased
366 pancreatic inflammation and PanIN initiation.

367 Diet-induced obesity induces insulin hypersecretion, increases beta cell mass and impairs insulin
368 clearance, resulting in sustained hyperinsulinemia (Mehran et al., 2012; Zhang et al., 2021). Mice
369 used in this study, which had the full complement of all 4 insulin alleles (*Ins1* and *Ins2*), exhibited
370 higher fasting insulin levels (males 1000-1500 pmol/L; females 500 pmol/L) than our previous models
371 with insulin gene dosage reduced to 1 or 2 copies (males, 400-800 pmol/L; females 100-200 pmol/L)
372 (Zhang et al., 2022; Zhang et al., 2019). Consistent with our working model that endogenous
373 hyperinsulinemia contributes to pancreatic cancer development, more than 90% of the normal
374 pancreatic area in the PK-*Ins*^{w/w} mice in this study was replaced by ductal metaplasia, PanIN, and
375 tumors at 10 months of age. Notably, 1-year-old PK-*Ins1*^{+/+}; *Ins2*^{-/-} control mice had just ~25% of the
376 pancreas replaced by PanINs, while PK-*Ins1*^{-/-}; *Ins2*^{+/+} mice were at ~1-4% by 1 year of age (Zhang et
377 al., 2022; Zhang et al., 2019). If only considering PDAC, ~70% of female PK-*Ins*^{w/w} mice developed
378 PDAC in this study at 10 months of age, while only 1 female PK-*Ins1*^{+/+}; *Ins2*^{-/-} mouse developed PDAC
379 after a year (Zhang et al., 2022; Zhang et al., 2019). Together, these findings suggest that simply
380 reducing insulin production limits PanIN initiation in the context of obesity.

381 All cells in the body have insulin receptors and require insulin signaling for key functions, including
382 nutrient uptake for storage and anabolism. While the roles of *Insr* in hepatocytes, myocytes, and
383 adipocytes are well studied (Cen et al., 2022; Cherrington, 2005; Haeusler et al., 2018), the
384 consequences of *Insr* loss in pancreatic acinar cells remain understudied. In this study, we specifically
385 deleted the *Insr* gene from acinar cells using the *Ptf1a*^{CreER} allele and showed that insulin insensitivity
386 in acinar cells had no obvious effects on systemic glucose homeostasis or serum insulin levels
387 regardless of the *Kras* gene status. This suggests that the systemic regulation of glucose and insulin
388 homeostasis are similarly perturbed in our mice fed HFD. Our data, combined with our previous
389 studies (Zhang et al., 2022; Zhang et al., 2019), effectively rule out an essential role for hyperglycemia
390 in PanIN and PDAC formation, but do not preclude potentially important roles for hyperglycemia in the
391 later stages of disease (Sato et al., 2020; Vaziri-Gohar et al., 2022).

392 Insulin receptor signaling activates PI3K/AKT/mTOR and MAPK/ERK signaling cascades, both of
393 which have mitogenic effects. Effector proteins in these two pathways are frequently mutated during
394 tumorigenesis (Guo et al., 2020; Samuels et al., 2004; Yang et al., 2019), including in pancreatic
395 cancer. Indeed, activating mutations in *Kras*, a key mediator of insulin and insulin-like growth factor
396 signaling, drive the vast majority of pancreatic cancers (Waters and Der, 2018). Previous *in vitro*
397 evidence supported the concept that hyperinsulinemia could promote cancer cell growth through over-
398 activating the signaling cascades downstream of *Insr* protein (Chan et al., 2014b; Gallagher and
399 LeRoith, 2020; Godsland, 2009; Zhang et al., 2021). Our findings are the first *in vivo* studies in any
400 cancer type to demonstrate a direct causal role for hyperinsulinemia in the cancer cell of origin.

401 Mechanistically, our proteomic data demonstrated that *Insr* loss in acinar cells results in the
402 coordinated reduction in digestive enzymes, with or without mutant *Kras*. This indicates that insulin
403 signaling normally supports exocrine function. The reduced body weight in mice lacking acinar-cell
404 *Insr* is also consistent with sub-clinical pancreatic insufficiency and a relative reduction in the ability to
405 utilize ingested nutrients. Our observations are consistent with previous studies, including the
406 observation that amylase production is diminished by β -cell ablation using streptozotocin and restored
407 with insulin injection (Frier et al., 1976; Henderson et al., 1981; Soling and Unger, 1972). Mutations

408 that result in increased trypsin activity in the pancreas (Chang et al., 2017), as well as animal studies
409 using the Cck analog, caerulein, to stimulate enzyme secretion at supraphysiological levels (Guerra et
410 al., 2007), have demonstrated that tight control of digestive enzyme function reduces the risk of
411 forming PDAC. Interestingly, our phospho-proteomic data identified hyper-phosphorylation of the Ccka
412 receptor in *Insr*-knockout pancreas, linking local insulin signaling to Cck, a key endogenous regulator
413 of acinar cell function and pancreatic weight. Cck secretion from I-cells is stimulated by the presence
414 of amino acids and fat, which induces the highest I-cell secretion responses, in the small intestine
415 (Otsuki, 2000). Cck affects pancreatic secretions predominately through local action on nerve fibres in
416 the gut to induce a vago-vagal reflex circuit, resulting in acetylcholine secretion from nerves in the
417 pancreas. Alternatively, it also can act directly on murine acinar cells through the Ccka receptor. In
418 addition to mediating digestive enzyme release from acinar cells, previous studies have also shown
419 that injecting low levels of Cck into mice results in increased pancreatic size over time (Dembinski and
420 Johnson, 1980; Varga et al., 1988). This suggests that Cck helps regulate the enzyme production
421 capacity of the pancreas. Finally, it has been reported that HFD-associated inflammation can also
422 promote islet Cck expression, which was proposed to play a role in obesity-associated PanIN
423 formation (Incio et al., 2016). However, our data indicate that hyperinsulinemia, acting through *Insr*, is
424 the upstream driver of diet-induced inflammation via hyperactive digestive enzyme production. This
425 supports a working model whereby hyperinsulinemia promotes PanIN initiation via increased local
426 inflammation associated with elevated digestive enzyme production and/or release (Figure 8G). *Insr*
427 loss in acinar cells counters the increased signal for acinar cell enzyme production or cell proliferation
428 induced by HFD. Further studies are needed to fully understand the impact of dietary content on
429 acinar cells and their susceptibility to *Kras*^{G12D}-mediated transformation.

430 Our proteomic analyses revealed other key mechanisms associated with suppressed pancreatic
431 cancer initiation from acinar cells lacking *Insr*. For example, mRNA splicing and translation factors,
432 known targets of insulin signaling (Haeusler et al., 2018), are differentially abundant in the pancreas
433 after *Insr* loss in *Kras*^{G12D}-expressing acinar cells, suggesting possible mechanisms by which insulin
434 might regulate the production of digestive enzymes. We also found evidence that reduced insulin

435 signaling affected cellular metabolism. Previous studies have suggested that insulin can promote
436 glycolysis in wildtype acinar cells to protect them during pancreatitis (Bruce et al., 2021), however,
437 detailed analyses of cell-type-specific mechanisms await single-cell cell proteomic and single-cell
438 metabolomic characterization of this model.

439 We acknowledge the limitations of our study. One limitation of our study, and the field, is that
440 existing antibody reagents are not specific enough to perform accurate anti-Insr staining that would
441 allow us to determine whether acinar cells with normal morphology had escaped recombination at the
442 *Insr* floxed allele. Another limitation is that, while our proteomic analysis provided quantification of
443 2889 protein abundances and 8787 phospho-sites, coverage of the proteome was not complete and
444 biased against membrane proteins. For example, analysis of the abundance and phosphorylation of
445 Igf1r, a protein that could compensate in *Insr* knockout cells, will require targeted assays and/or
446 membrane fractionation. Insulin can bind to homodimeric Igf1 receptors and heterodimeric Insr/Igf1r
447 hybrids, although at a lower affinity (Belfiore et al., 2009; Belfiore et al., 2017), to mediate its pro-
448 tumourigenic effects. Nevertheless, it is clear that simply reducing *Insr* gene dosage was sufficient to
449 reduce the effects of hyperinsulinemia on PanIN initiation. While we were unable to assess the role of
450 Igf1r, future studies examining acinar cell-specific *Igf1r* loss in the presence or absence of concomitant
451 *Insr* loss would be necessary to delineate any contribution to PanIN formation.

452 In summary, our data strongly suggest that insulin receptor signaling in acinar cells contributes to
453 the PanIN and PDAC development. Our data illustrate the complex and interconnected molecular
454 mechanisms by which hyperinsulinemia, acting directly through acinar cell Insr, promotes pancreatic
455 tumourigenesis. We can infer that targeting insulin receptor signaling pathways, or hyperinsulinemia
456 itself, may be beneficial in treating and preventing pancreatic cancer.

457

458

459 **Methods**

460 **Mice**

461 All animal experiments were conducted at the University of British Columbia with approval of the
462 University of British Columbia Animal Care Committee in accordance with Canadian Council for
463 Animal Care guidelines. All alleles have been described previously (Bruning et al., 1998; Kopp et al.,
464 2012; Pan et al., 2013; Prigge et al., 2013; Søs Skovsø, 2021; Tuveson et al., 2004). *Kras*^{LSL-G12D/w}
465 (#008179), *Insr*^{f/f} (#006955), and nuclear TdTomato-to-nuclear EGFP (nTnG) mice (#023035) were
466 purchased from Jackson Labs (Bar Harbour, USA). *Ptf1a*^{CreER/w} mice (C57BL/6) were a gift from Chris
467 Wright (Vanderbilt, USA). Mice were maintained on C57BL/6 genetic background and housed at the
468 University of British Columbia Modified Barrier Facility which was temperature-controlled and specific
469 pathogen-free. They were kept on a 12:12 hr light: dark cycle with food and drinking water *ad libitum*.
470 To generate genetic background-matched *Ptf1a*^{CreER/w}; *Kras*^{LSL-G12D/w}; *Insr*^{w/w}; nTnG, *Ptf1a*^{CreER/w}; *Kras*^{LSL-}
471 ^{G12D/w}; *Insr*^{w/f}; nTnG, and *Ptf1a*^{CreER/w}; *Kras*^{LSL-G12D/w}; *Insr*^{f/f}; nTnG mice, *Ptf1a*^{CreER/w}; *Kras*^{LSL-}
472 ^{G12D/w}; *Insr*^{w/f}; nTnG mice were bred with *Insr*^{w/f} mice. After weaning (3 weeks), the resulting litters were
473 fed with high fat diet (HFD), and at 4 weeks of age, recombination was induced over three consecutive
474 days by subcutaneous injections of tamoxifen in corn oil (20 mg/mL) of 5 mg tamoxifen/40 g body
475 mass. One cohort of mice was euthanized at 10 months of age for histopathology analyses and the
476 whole pancreas was used for histopathology analyses. Another cohort of mice was euthanized at 12
477 weeks of age. For mice euthanized at 12 weeks, each pancreas was cut into three pieces roughly
478 based on the pancreas anatomical structure: head, body, and tail. The body piece was used for
479 histopathological analyses, while the other pieces were snap frozen in liquid nitrogen and kept at -
480 80°C. The head piece was processed for proteomics and phospho-proteomics analyses (see below).
481

482 **Assessment of glucose homeostasis**

483 Mouse body weight and fasting blood glucose levels were measured every 4 weeks and fasting
484 insulin were measured every 3 months. Before the measurements, mice were fasted for 4 hours in
485 clean and fresh cages during the light period. One drop of blood was collected from each mouse's

486 saphenous vein and a Lifescan OneTouch Ultra Mini glucometer was used to measure the fasting
487 blood glucose levels. About 30 μ l of blood was collected with a heparinized microhematocrit capillary
488 tube (Fisher Scientific, 22-362566, Waltham, MA, USA) for measuring fasting insulin levels. The
489 collected blood was centrifuged at 10,000 rpm for 10 minutes to collect the blood serum. Then the
490 blood serum was kept at -20°C until used to measure the fasting insulin levels with insulin ELISA (80-
491 INSMSU-E10; ALPCO Diagnostics, Salem, NH).

492

493 **Histopathological, morphological, and immunohistochemical analyses**

494 Pancreata were fixed in 4% paraformaldehyde for 24 hours followed by paraffin embedding. Mouse
495 pancreata were sectioned then stained with hematoxylin and eosin (H&E), and Alcian blue as
496 previously described (Lee et al., 2018; Zhang et al., 2022; Zhang et al., 2019). The stained slides were
497 scanned with a 20x objective using a 3DHISTECH Panoramic MIDI (Quorum Technologies Inc.
498 Guelph, Canada) slide scanner. Histopathological analyses were conducted in a de-identified manner
499 and verified separately by J.L.K and D.F.S. All histopathological analyses were performed on one of
500 the stained sections that displayed the maximal pancreatic cross-sectional area unless otherwise
501 stated. Every gland with a lumen was categorized as normal, ADM, PanIN, or neoplasia, and glands
502 representing more than one of these categories were scored based on their highest-grade feature.
503 The total pancreatic area, PanIN plus tumor area, PanIN area, and normal acinar cell area were
504 measured as previously described (Zhang et al., 2022; Zhang et al., 2019). Briefly, the total pancreatic
505 area, PanIN plus tumor area, PanIN area, normal acinar cell area was determined by masking all
506 pancreatic tissue, selective masking of the PanIN plus tumor area, selective masking of the only
507 PanIN area, and selective masking of the normal acinar cell area by Adobe Photoshop. Pixels for the
508 total pancreatic area or each histological feature were measured by ImageJ and this was used to
509 calculate the percentage area occupied by each histological feature. For Alcian blue positive area,
510 Adobe Photoshop 2020 Black & White function was used to highlight the blue area (red filter). The
511 total pixels for pancreas or Alcian blue positive area were counted using ImageJ.

512 Immunohistochemical (IHC) staining was performed according to published standard protocols (Lee
513 et al., 2018; Zhang et al., 2022). Primary antibodies were rabbit anti-cytokeratin 19 (Ck19) (Abcam,
514 ab133496, 1:1000) and goat anti-GFP (Abcam, ab6673, 1:200). Secondary antibodies were biotin-
515 conjugated donkey anti-rabbit (Jackson ImmunoResearch Laboratories, Inc., 711-065-152, 1:500) and
516 biotin-conjugated rat anti-goat (Vector Laboratories, MP-7404, 1:2). IHC slides were scanned with a
517 20x objective using a 3DHISTECH Panoramic MIDI slide scanner. Ck19 positive area was measured
518 with Adobe Photoshop 2020 using the Black & White function to filter and highlight the brown area
519 (blue filter), which was then taken as a percent of pixels in the pancreatic section.

520

521 **Proteomics analyses**

522 The whole head of pancreata collected from female mice at 12 weeks of age (*Ptf1a*^{CreER}; *Kras*^{LSL-G12D};*Insr*^{w/w};nTnG (n=3), *Ptf1a*^{CreER}; *Kras*^{LSL-G12D};*Insr*^{w/f};nTnG (n=6), *Ptf1a*^{CreER}; *Kras*^{LSL-G12D};*Insr*^{f/f};nTnG (n=6), *Ptf1a*^{CreER}; *Insr*^{w/w};nTnG (n=3), and *Ptf1a*^{CreER}; *Insr*^{f/f};nTnG (n=2) mice) were frozen and used for (phospho)proteomic analyses. The frozen sample was ground into powder in a liquid nitrogen-cooled mortar and pestle and kept on dry ice until mass-spec analysis. Proteins were extracted from cryopulverized tumors in a buffer containing 5% sodium dodecyl sulfate (SDS) and 100 mM TRIS pH 7.8 supplemented with PhosStop phosphatase inhibitor cocktail (Roche). The protein concentration of the lysate was determined using bicinchoninic acid assay (BCA) (Thermo Fisher Scientific), and protein disulfide bonds were reduced and free Cysteines alkylated with 20 mM tris(2-carboxyethyl)phosphine (TCEP) and 30 mM iodoacetamide, respectively. 250 µg of total protein was used for proteolytic digestion using S-TRAP Mini columns (Protifi LLC, Huntington NY) (HaileMariam et al., 2018). Resultant tryptic peptides were then vacuum concentrated and desalted using Oasis HLB SPE cartridges (Waters). Peptides were vacuum concentrated and reconstituted in 0.1% trifluoro acetic acid (TFA), and 10% of the total sample was reserved for measurement of the total proteome. The remaining 90% of the sample was diluted in 80% acetonitrile with 0.1% TFA for automated phosphopeptide enrichment using AssayMap Fe-NTA (III) immobilized metal affinity chromatography

538 (IMAC) cartridges and a Bravo liquid handling system using the phosphopeptide enrichment v 2.1
539 application (Agilent).

540

541 **LC-MS/MS acquisition and data analysis**

542 Samples for both total proteomics and phosphoproteomics were analyzed by data dependent
543 acquisition (DDA) using an Easy-nLC 1200 and Q Exactive Plus (both Thermo Fisher Scientific).
544 Samples were first loaded onto a precolumn (Acclaim PepMap 100 C18, 3 μ m particle size, 75 μ m
545 inner diameter x 2 cm) in 0.1% formic acid (buffer A), and gradient elution was performed using a 100-
546 min method from 3 to 40% buffer B (84% acetonitrile, 0.1% formic acid) on the analytical column
547 (Acclaim PepMap 100 C18, 2 μ m particle size, 75 μ m inner diameter x 25 cm) at a flow rate of 300
548 nL/min. MS scans were acquired between 350-1,500 m/z at a resolution of 70,000, with an automatic
549 gain control (AGC) target of 1×10^{6} ions and a maximum injection time of 50 ms. The top 15
550 precursor ions with charge states +2, +, +3, and +4 were isolated with a window of 1.2 m/z, an AGC
551 target of 2×10^{4} and a maximum injection time of 64 ms and fragmented using a normalized
552 collision energy (NCE) of 28. MS/MS were acquired at a resolution of 17,500 and the dynamic
553 exclusion was set to 30 s. DDA MS raw data was processed with Proteome Discoverer 2.5 (Thermo
554 Scientific) and searched using Sequest HT against the mouse reference proteome FASTA database
555 from Uniprot (downloaded October 1st 2021; 17,054 forward sequences). The enzyme specificity was
556 set to trypsin with a maximum of 2 missed cleavages. Carbamidomethylation of cysteine was set as a
557 fixed modification and oxidation of methionine, as well as phosphorylation of serine, threonine, and
558 tyrosine as variable modifications. The precursor ion mass tolerance was set to 10 parts per million,
559 and the product ion mass tolerance was set to 0.02 Da. Percolator was used to assess posterior error
560 probabilities and the data was filtered using a false discovery rate (FDR) of <1% on peptide and
561 protein level. The Minora node of Proteome Discoverer was used for label free quantitation. For the
562 new human comparison, Pathway enrichment was performed our mouse data and PDAC human data
563 (Cao et al., 2021) using Reactome (v80) (Gillespie et al., 2022). We performed differential abundance
564 analysis on the human data using the R package limma (Ritchie et al., 2015). For our data, we used a

565 cutoff of Adj. p<0.05. For the human data, we used Adj. p<1e-19 and 1e-12 for the total proteins and
566 phospho-proteins respectively to ensure a comparable proportion of the total number detected.

567

568 **Primary mouse acinar cell isolation and three-dimensional culture**

569 Primary pancreatic acinar cells were isolated from pancreata of wild-type female mice at the age of
570 6-8 weeks. The acinar cell isolation procedure was adapted from the protocol described by Martinez
571 and Storz (Fleming Martinez and Storz, 2019). Briefly, the mouse pancreas was harvested and
572 washed three times in 1x HBSS, which were then minced into 1-5mm pieces. The fragmented tissue
573 was then digested with 5mL (0.4mg/mL) collagenase P in 37 °C with gentle shaking for 18 minutes.
574 HBSS (10mL) with 5% FBS was added to terminate the digestion reaction, followed by 3 washes with
575 10mL HBSS (5% FBS) to remove the residual collagenase P. After each wash, the tissue was pelleted
576 (450g RCF, 2 min at room temperature) and the supernatant was removed. The digested tissue was
577 resuspended in 10mL HBSS (5% FBS) and filtered through a 100 µM cell strainer, followed by a wash
578 with 10mL HBSS (5% FBS). The filtrate was gently added to 20mL HBSS 30% FBS cushion to form
579 layers of cells. The cell mixture was centrifuged at 180g RCF at room temperature for 2 minutes to
580 pellet acinar cells. Appropriate number of acinar cells were then resuspended in premade collagen
581 solution (1mg/ml rat tail type1 collagen, 10x Waymouth's media, RPMI1640 complete media (1% FBS,
582 1x penicillin/streptomycin, 1µg/mL dexamethasone), adjusted to pH = ~7.8 with 1M NaOH) and plated
583 (50µL per well) in collagen pre-coated 96-well plates. After solidification, 100 µL of the RPMI1640
584 complete media with insulin (0.1nM-100nM), TGF-α (50ng/mL) or combined treatments, with or
585 without 0.1mg/mL soybean trypsin inhibitor was added. Media was replaced on day 1 and 3, and the
586 numbers of ADM events in each well were quantified on day 5. Isolated cells were maintained at 37 °C
587 in a humidified incubator with 5% CO₂.

588

589 **Statistical analyses and data visualization**

590 Animals were excluded from the histopathological analyses if they were found dead or if nTnG
591 recombination efficiency (% acinar cells or PanIN cells labeled with GFP) was lower than 20%.

592 Statistical analyses were conducted with GraphPad Prism 9.3.0. The Shapiro-Wilk test was used to
593 assess data normality. One-way ANOVA was performed unless otherwise stated. Mixed-effect
594 analyses were run for glucose homeostasis data (mouse body weight, fasting glucose level, and
595 fasting insulin level). When comparing the histopathological measurements between male and female
596 mice from the same genotype, a two-tailed student's t-test was run for normally distributed data and a
597 Mann-Whitney test was performed for non-normally distributed data. Statistical parameters, including
598 the exact value of sample size n (animal number), precision measures and dispersion (mean \pm SEM),
599 and statistical significance levels, are reported in the Figures and Figure legends. A p-value <0.05 was
600 considered significant. In Figures, asterisks denote statistical significance (* $p<0.05$, ** $p<0.01$,
601 *** $p<0.001$, and **** $p<0.0001$).

602 For total proteomics data, normalization, imputation, and differential expression analyses were
603 performed on the protein abundances using Proteome Discoverer. Differential expression analysis
604 used background-based t-tests with p-values adjusted using Benjamini-Hochberg correction. The
605 proteins were filtered for significant comparisons (Adj. $p<0.05$), and heatmaps were created with
606 resultant protein lists. We also applied k-means clustering and extracted clusters with patterns of
607 interest (Gu et al., 2016). From this heatmap, a class of specific secreted proteins were identified and
608 values for all samples were plotted in a heatmap and sorted with hierarchical clustering. We used
609 STRING (v11) to generate an edge table with differentially expressed total proteins (Adj. $p<0.05$) with
610 an absolute \log_2 (Fold Change) cut-off of 2.5 in *Ptf1a*^{CreER}; *Kras*^{LSL-G12D}; *Insr*^{w/w}; nTnG compared to
611 *Ptf1a*^{CreER}; *Kras*^{LSL-G12D}; *Insr*^{f/f}; nTnG. Protein-protein relationships were only included if they involved
612 experimental evidence or interactions annotated in other databases (Szklarczyk et al., 2021).

613 Cytoscape (v3.9.1) was used to visualize the network (Shannon et al., 2003), with background images
614 created with BioRender.com.

615 Phospho-proteomics data were analyzed two ways. In the first approach, we only used phospho-
616 peptides with measurements made in a minimum of 2/3 of all the samples and at least one sample per
617 group. We imputed missing phospho-protein values in samples before normalization and statistical
618 analysis using the same process as the total proteomics, allowing a broader assessment of the

619 phospho-protein landscape. These were plotted using volcano plots and against the corresponding
620 proteins in the total protein data set with calculated \log_2 (Fold Change) of the median. In the second
621 approach, we aggregated the abundances of each sample for each phospho-site detected, and
622 normalized each of the detected phospho-sites to the total abundance of the corresponding protein.
623 We only included phospho-sites where every sample had an experimentally measured total protein
624 value. The second method used differential expression analysis performed using the R package limma
625 on the $Ptf1a^{CreER};Kras^{LSL-G12D};Insr^{W/W};nTnG$ vs $Ptf1a^{CreER};Kras^{LSL-G12D};Insr^{f/f};nTnG$ comparison (Ritchie et
626 al., 2015). The top differentially abundant phospho-sites (sorted by Adj. p-value) were plotted as a
627 heatmap and sorted with hierarchical clustering (Gu et al., 2016). Phosphosite (www.phosphosite.org)
628 was used to determine upstream activators, cellular location, and function of each protein, as well as
629 the specific kinases of the detected phospho-sites (if known). STRING was used to identify proteins
630 that physically interact with each other (Szklarczyk et al., 2021).

631

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830

831 **Figure Legends**

832 **Fig. 1. Loss of *Insr* in pancreatic acinar cells had no effect on glucose homeostasis and**
833 **pancreas size.**

834 **A**, Schematic describing mouse models designed to test the role of insulin receptor signaling in
835 pancreatic acinar cells. On the background of the *Ptf1a*^{CreER} mice, we generated mice having two wild-
836 type *Insr* alleles (*Insr*^{w/w}) or two *Insr* floxed alleles (*Insr*^{f/f}). **B**, Three-week-old mice were weaned and
837 provided high fat diet (HFD) for the duration of the study. At 4-weeks-old, they were injected with
838 tamoxifen (TM) on 3 consecutive days. Physiological measures were taken every 3 months for 10
839 months, mice were euthanized at 12 or 43.5 weeks of age for histopathological, proteomics, and
840 phospho-proteomics analyses. **C-H**, Body weight (**C-D**), fasting blood glucose (**E-F**), and fasting
841 insulin (**G-H**) measurements in male (**C, E, G**) and female (**D, F, H**) *Ptf1a*^{CreER}-*Insr*^{w/w} and *Ptf1a*^{CreER}-
842 *Insr*^{f/f} mice measured over >1 year (n= 10-17). **I**, The ratio of pancreatic weight to mouse body weight
843 for male (M) and female (F) *Ptf1a*^{CreER}-*Insr*^{w/w} and *Ptf1a*^{CreER}-*Insr*^{f/f} mice (n= 3-6). Values shown as
844 mean \pm SEM.

845

846 **Fig. 2. Loss of *Insr* in pancreatic acinar cells had no effect on glucose homeostasis in**
847 ***Ptf1a*^{CreER}-induced *Kras*^{G12D} pancreatic cancer model.**

848 **A**, Schematic describing a mouse model designed to test the role of insulin receptor signaling on HFD-
849 accelerated PDAC initiation. On the background of the *Ptf1a*^{CreER}-induced *Kras*^{G12D} pancreatic cancer
850 model (PK), we generated mice having two wild-type *Insr* alleles (*Insr*^{w/w}), one *Insr* floxed allele
851 (*Insr*^{w/f}), or two *Insr* floxed alleles (*Insr*^{f/f}). **B-G**, Body weight (**B-C**), fasting blood glucose (**D-F**), or
852 fasting insulin (**F-G**) measurements for PK-*Insr*^{w/w}, PK-*Insr*^{w/f}, and PK-*Insr*^{f/f} male (**B, D, F**) and female
853 (**C, E, G**) mice (n= 13-33). Values shown as mean \pm SEM. *p<0.05.

854

855 **Fig. 3. Loss of *Insr* in acinar cells reduced PanIN and PDAC formation.**

856 **A**, Percentage of mice of the indicated genotype that were found dead or reached humane endpoint
857 throughout the study. The star symbol indicates whether a macroscopic mass was observed in the

858 pancreas at necropsy, when possible. There were 8 PK-*Insr*^{w/w}, 20 PK-*Insr*^{w/f}, and 7 PK-*Insr*^{f/f} male
859 mice and 9 PK-*Insr*^{w/w} 17 PK-*Insr*^{w/f}, and 12 PK-*Insr*^{f/f} female mice in the cohort. At 43.5 weeks, the
860 remaining mice were euthanized and assessed for presence of tumors. **B-C**, Representative whole
861 section (top) and high-magnification (bottom) H&E images of pancreatic slides from 43.5-week-old
862 male (**B**) and female (**C**) PK-*Insr*^{w/w}, PK-*Insr*^{w/f}, and PK-*Insr*^{f/f} mice. **D-G**, Quantification of PanIN plus
863 tumor area (**D**), PanIN only area (**E**), tumor area (**F**), or acinar cell area (**G**) in pancreata from each
864 genotype and sex (male or female) (n= 5-16). Filled dots and triangles denoted mice that developed
865 tumors in **D**. Scale bars: 2 mm (top) and 0.1mm (bottom). Values are shown as mean ± SEM. *p<0.05,
866 **p<0.01, ***p<0.001, ****p<0.0001.

867
868 **Fig. 4. Loss of *Insr* in acinar cells reduced PanIN lesions initiation.**

869 **A**, The ratio of pancreatic weight to mouse body weight for male (M) and female (F) PK-*Insr*^{w/w}, PK-
870 *Insr*^{w/f}, and PK-*Insr*^{f/f} mice (n= 3-15). **B**, Quantification of PanIN area in pancreata from each genotype
871 and sex (male or female) (n= 3-14). **C-D**, Representative whole section (top) and high-magnification
872 (bottom) H&E images of pancreatic slides from 12-week-old male (**C**) and female (**D**) PK-*Insr*^{w/w}, PK-
873 *Insr*^{w/f}, and PK-*Insr*^{f/f} mice. Scale bars: 2 mm (top) and 0.1mm (bottom). Values are shown as mean ±
874 SEM. *p<0.05, **p<0.01.

875
876 **Fig. 5. The proteomic analysis of insulin receptors' effects on PanIN initiation**

877 **A**, Volcano plot for proteins that were significantly up- or down-regulated in PK-*Insr*^{w/w} mice (n=3)
878 compared to *Ptf1a*^{CreER}-*Insr*^{w/w} mice (n=3). **B**, Volcano plot for proteins that were significantly up- or
879 down-regulated in *Ptf1a*^{CreER}-*Insr*^{f/f} mice (n=2) compared to *Ptf1a*^{CreER}-*Insr*^{w/w} mice (n=3). **C**, Volcano
880 plot showing proteins that were significantly up- or down-regulated in PK-*Insr*^{f/f} mice compared to PK-
881 *Insr*^{w/w} mice. **D**, Proteins that were differentially abundant between PK-*Insr*^{w/w} and PK-*Insr*^{f/f} mice were
882 selected and their abundance across all genotypes was used for k-means clustering. The clusters
883 were visualized by heatmap to show their variance across all genotypes. The proteins in clusters 1, 2,
884 3, and 7 are listed in the order shown in the heatmap from top to bottom.

885 **Fig. 6. Loss of *Insr* in acinar cells reduced digestive enzymes production in pancreas.**

886 **A**, Differentially abundant proteins between PK-*Insr*^{w/w} and PK-*Insr*^{f/f} pancreata were connected using
887 STRING and diagrammatically presented here in the context of *Insr* signaling and cellular organelles
888 and functions. The color in each oval reflects the fold change, while the thickness of the line around
889 the oval represents the Adj. p-value. Proteins depicted in white ovals were added to show the potential
890 relationship of the differentially abundant proteins to insulin signaling. **B**, Heatmap showing the change
891 of protein abundance between genotypes for proteins involved in pancreatic digestive enzymes
892 secretion. **C**, The percentage of summed digestive enzyme abundances in total measured proteins for
893 each genotype. Values are shown as mean \pm SEM. *p<0.05, **p<0.01.

894

895 **Fig. 7. The phospho-proteomic analysis of insulin receptors' effects on PanIN initiation**

896 **A**, Volcano plots for phospho-peptides that were significantly up or down regulated in PK-*Insr*^{f/f} mice
897 compared to PK-*Insr*^{w/w} mice. **B**, Change in phospho-peptide abundance (Adj. p-values indicated in
898 red) compared to the change in corresponding protein's abundance between PK-*Insr*^{f/f} mice and PK-
899 *Insr*^{w/w} mice. **C**, TOP: Schematic of phosphorylation sites on Cckar that were differentially abundant in
900 any comparison. BOTTOM: The relative phospho-peptide abundance (arbitrary units) for each
901 detected phospho-peptide for all samples (white dots) and genotypes. **D**, Intracellular locations and
902 functions of differentially abundant phospho-sites and their corresponding protein. The color in each
903 attached phospho-site reflects the fold change, while the thickness of the border represents the Adj. p-
904 value. Values are shown as mean \pm SEM. *p<0.05, **p<0.01, ***p<0.001, ****p<0.0001.

905

906 **Fig. 8. Insulin receptor signaling promotes PanIN initiation via increased inflammation**
907 **associated with hyperactive digestive enzyme production.**

908 **A-B**, Representative whole section (top) and high-magnification (bottom) images of pancreatic slides
909 from 12-week-old male (**A**) and female (**B**) mice PK-*Insr*^{w/w}, PK-*Insr*^{w/f}, and PK-*Insr*^{f/f} stained with Sirius
910 red. **C**, Quantification of Sirius red positive area for mice from each genotype and sex (male (M) or
911 female (F)) (n= 3-4). **D**, Schematic of the experimental design of the ADM formation assay using 3D

912 acinar cell explant system. **E**, Representative bright field images of acinar cell clusters and duct
913 formation (ring structures) on day 5 of treatment with or without 50ng/mL TGF- α or 100nM insulin in
914 the absence of trypsin inhibitor. ADM structures are indicated by red arrows. **F**, Quantification of the
915 fold change in ADM events in primary mouse acinar cell 3D explants after 5 days of treatment with a
916 combination of \pm TGF- α and \pm insulin and \pm trypsin inhibitor. (n = 4 separate experiments, two-way
917 ANOVA). Fold change values were calculated as treatment/negative control (no insulin or TGF- α or
918 trypsin inhibitor) for each experiment. **G**, Schematic demonstrating obesity or diet-induced
919 hyperinsulinemia, via Insr, promoted PanIN formation through increasing digestive enzymes
920 production/release and its associated inflammation. Scale bars: 2 mm (A, B; top), 0.1 mm (A, B;
921 bottom), and 100 μ m (E). Values are shown as mean \pm SEM. *Adj. p<0.05, **Adj. p<0.01, ***Adj.
922 p<0.001.

923

924 **Figure S1. The *Ptf1a*^{CreER} allele labeled acinar cells and PanINs in 43.5-week-old mice.**

925 **A-B**, Representative whole section (top) and high-magnification (bottom) images of
926 immunohistochemical staining for GFP expressed from nTnG lineage tracing allele in 43.5-week-old
927 male (**A**) and female (**B**) PK-*Insr*^{w/w}, PK-*Insr*^{w/f}, and PK-*Insr*^{f/f} mice. **C-D**, Representative whole section
928 (top) and high-magnification (bottom) images for immunohistochemical staining for GFP expressed
929 from nTnG lineage tracing allele in 43.5-week-old male (**C**) and female (**D**) *Ptf1a*^{CreER}-*Insr*^{w/w} and
930 *Ptf1a*^{CreER}-*Insr*^{f/f} mice. **E-F**, Representative whole section (top) and high-magnification (bottom) H&E
931 images of pancreatic slides from 43.5-week-old male (**E**) and female (**F**) *Ptf1a*^{CreER}-*Insr*^{w/w} and
932 *Ptf1a*^{CreER}-*Insr*^{f/f} mice. Scale bars: 2 mm (top) and 0.1mm (bottom).

933

934 **Figure S2. Loss of Insr in acinar cells reduced ductal metaplasia and Alcian blue⁺ PanIN
935 lesions.**

936 **A-B**, Representative whole section (top) and high-magnification (bottom) images of
937 immunohistochemical staining of Ck19 for male (**A**) and female (**B**) PK-*Insr*^{w/w}, PK-*Insr*^{w/f}, and PK-*Insr*^{f/f}
938 mice. **C-D**, Representative whole section (top) and high-magnification (bottom) images of pancreatic

939 slides from male (**C**) and female (**D**) *PK-Insr^{w/w}*, *PK-Insr^{w/f}*, and *PK-Insr^{f/f}* mice stained with Alcian blue.
940 **E**, Quantification of Ck19⁺ area for mice from each genotype and sex (M or F) (n= 5-15). **F**,
941 Quantification of Alcian blue positive area for mice from each genotype and sex (M or F) (n= 5-16). **G-**
942 **H**, The correlation of acinar cell area and Ck19⁺ area for male (**G**) and female (**H**) mice. The maximum
943 value for Ck19⁺ area was ~20-30% due to stromal expansion in the parenchyma around the Ck19⁺
944 area. Scale bars: 2 mm (top) and 0.1 mm (bottom). Values are shown as mean ± SEM. *p<0.05,
945 **p<0.01, ***p<0.001, ****p<0.0001.
946

947 **Figure S3. The *Ptf1a*^{CreER} allele labeled acinar cells and PanINs in 12-week-old mice.**

948 **A-B**, Representative whole section (top) and high-magnification (bottom) images of
949 immunohistochemical staining for GFP expressed from the nTnG lineage tracing allele in 12-week-old
950 male (**A**) and female (**B**) *PK-Insr^{w/w}*, *PK-Insr^{w/f}*, and *PK-Insr^{f/f}* pancreata. Scale bars: 1mm (top) and 0.1
951 mm (bottom).

952
953 **Figure S4. *Kras*^{G12D} mutant mice had similar proteomics and phospho-proteomics changes as**
954 **human PDAC tumor samples.**

955 **A**, Plot of the top 20 mouse pathways from Reactome pathway enrichment for proteins that were
956 significantly up-or down-regulated (Adj. p<0.05) in *PK-Insr^{w/w}* mice (n=3) compared to *Ptf1a*^{CreER}-
957 *Insr^{w/w}* mice (n=3). The FDR for the same pathways from pathway enrichment with proteins from
958 human data that were significantly up- or down-regulated (Adj. p<10⁻¹⁹) in normal (n=75)
959 compared to tumor samples (n=140) are also shown. The size of each dot represents the
960 proportion of genes inputted in all the genes found in each pathway. **B**, Plot of the top 20 mouse
961 pathways from Reactome pathway enrichment for proteins from corresponding phospho-sites that
962 were significantly up- or down-regulated (Adj. p<0.05) in *PK-Insr^{w/w}* mice (n=3) compared to
963 *Ptf1a*^{CreER}-*Insr^{w/w}* mice (n=3). The FDR for the same pathways from pathway enrichment with
964 proteins from corresponding phospho-sites from human data that were significantly up- or down-

965 regulated (Adj. $p < 10^{-12}$) in normal (n=75) compared to tumor samples (n=140) are also shown.
966 The size of each dot represents the proportion of genes inputted in all the genes found in each
967 pathway.

968

969 **Figure S5. Loss of *Insr* in acinar cells reduced desmoplasia.**

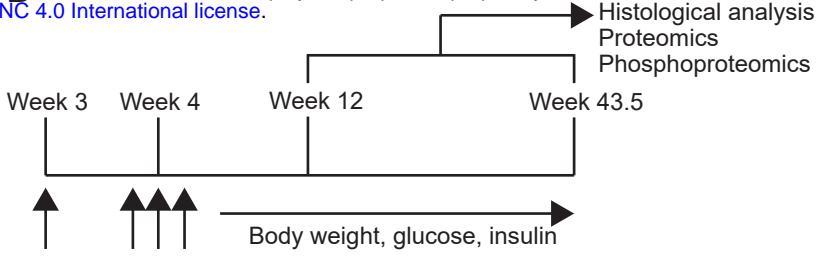
970 **A-B**, The correlation of PanIN area and Sirius red⁺ area for male (**A**) and female (**B**) mice. * $p < 0.05$.

971

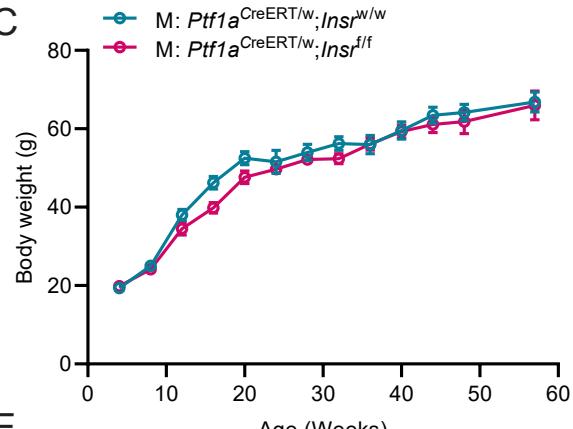
A *Ptf1a^{CreER};nTnG;Insr^{w/w}* Male mouse



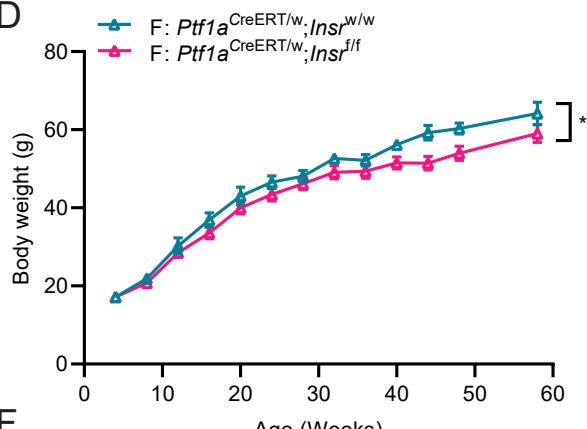
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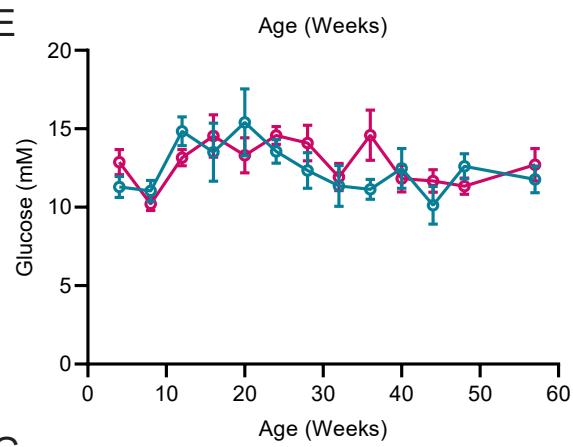
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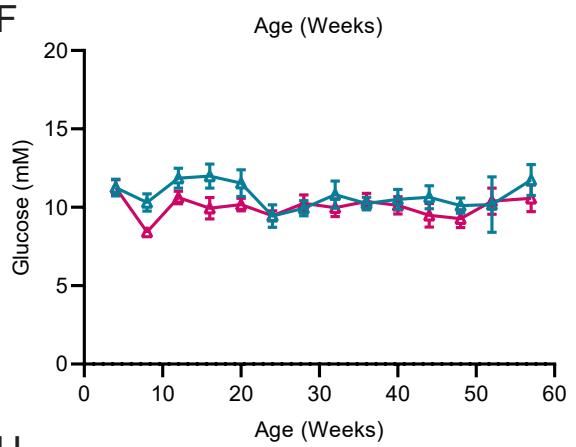
D



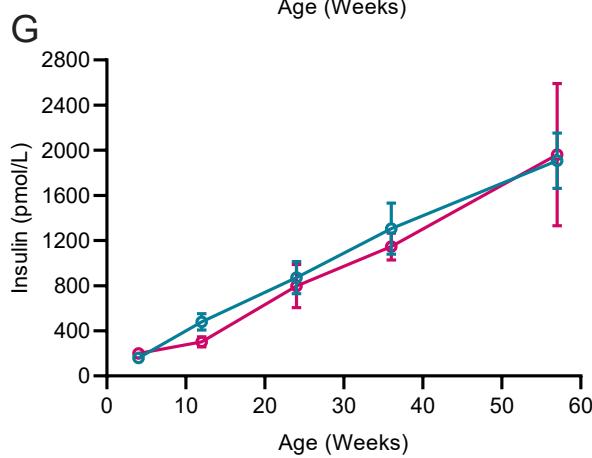
E



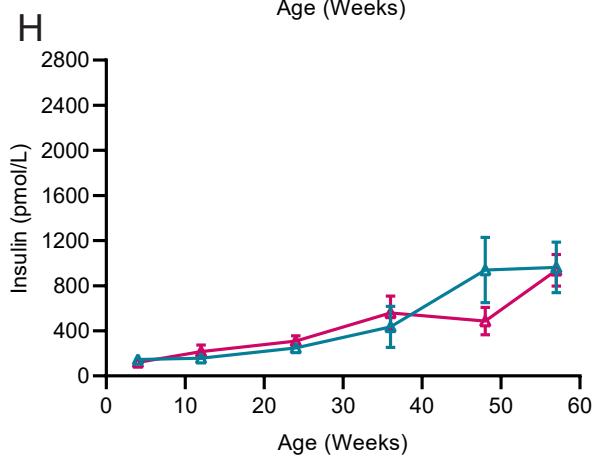
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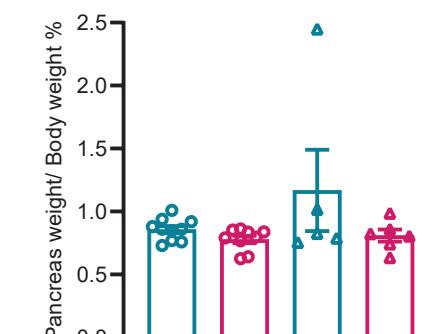
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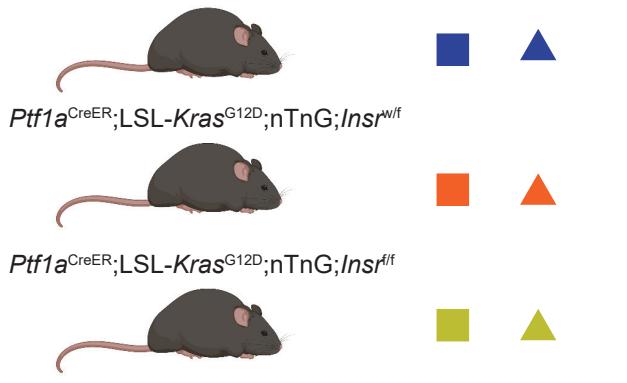
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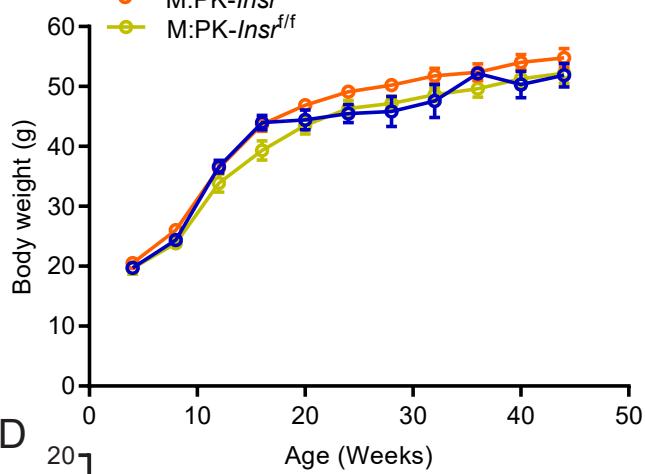
● M: *Ptf1a^{CreERT/wt};Insr^{w/w}* ▲ F: *Ptf1a^{CreERT/wt};Insr^{w/w}*
● M: *Ptf1a^{CreERT/wt};Insr^{ff}* ▲ F: *Ptf1a^{CreERT/wt};Insr^{ff}*



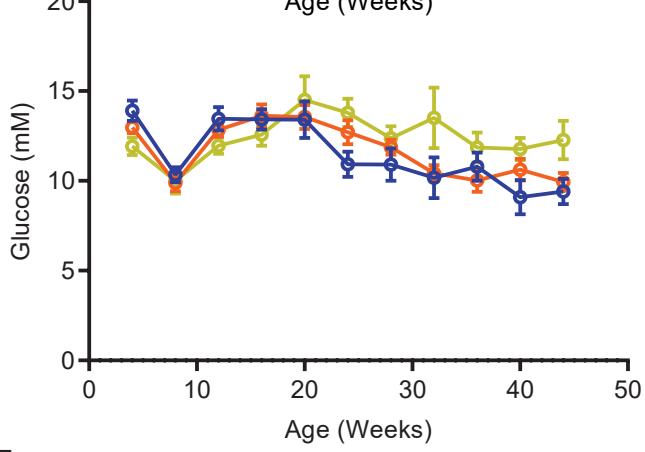
A *Ptf1a*^{CreER};*LSL-Kras*^{G12D};*nTnG*;*Insr*^{w/w} male founder



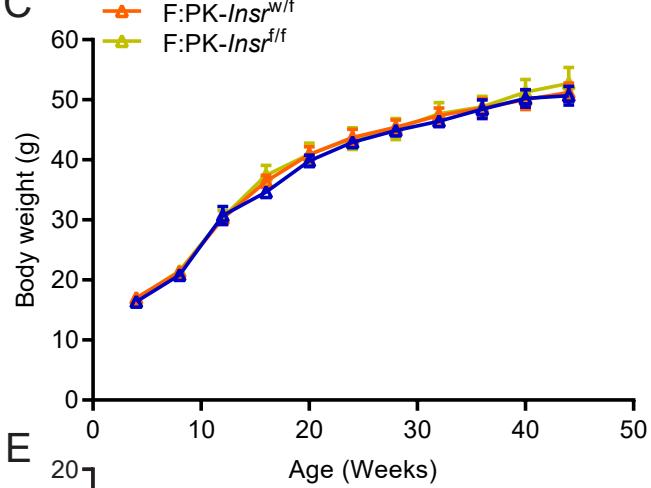
B M:PK-*Insr*^{w/w}



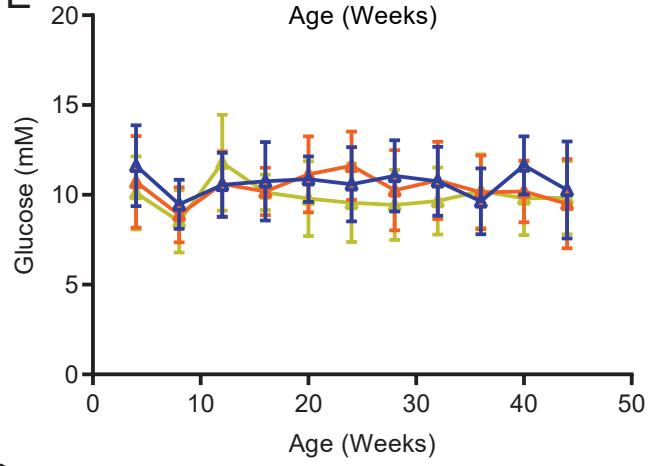
D



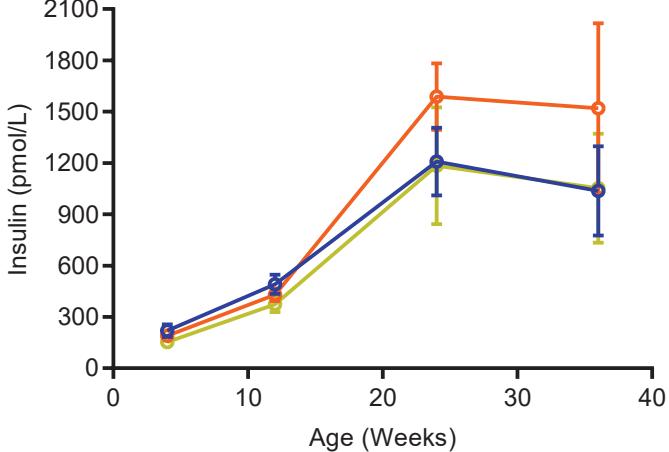
C F:PK-*Insr*^{w/w}



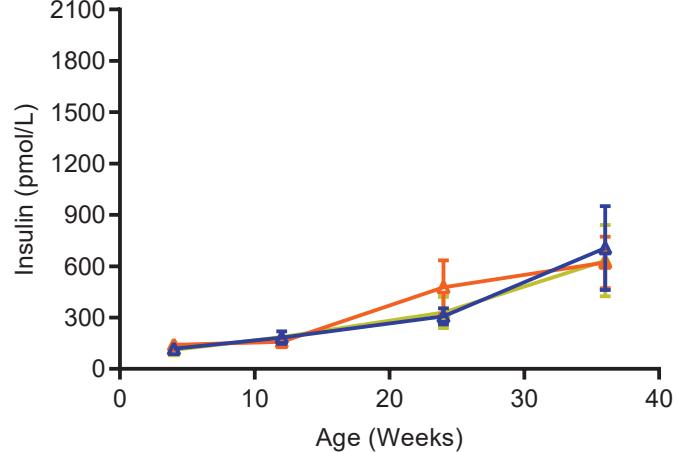
E



F



G



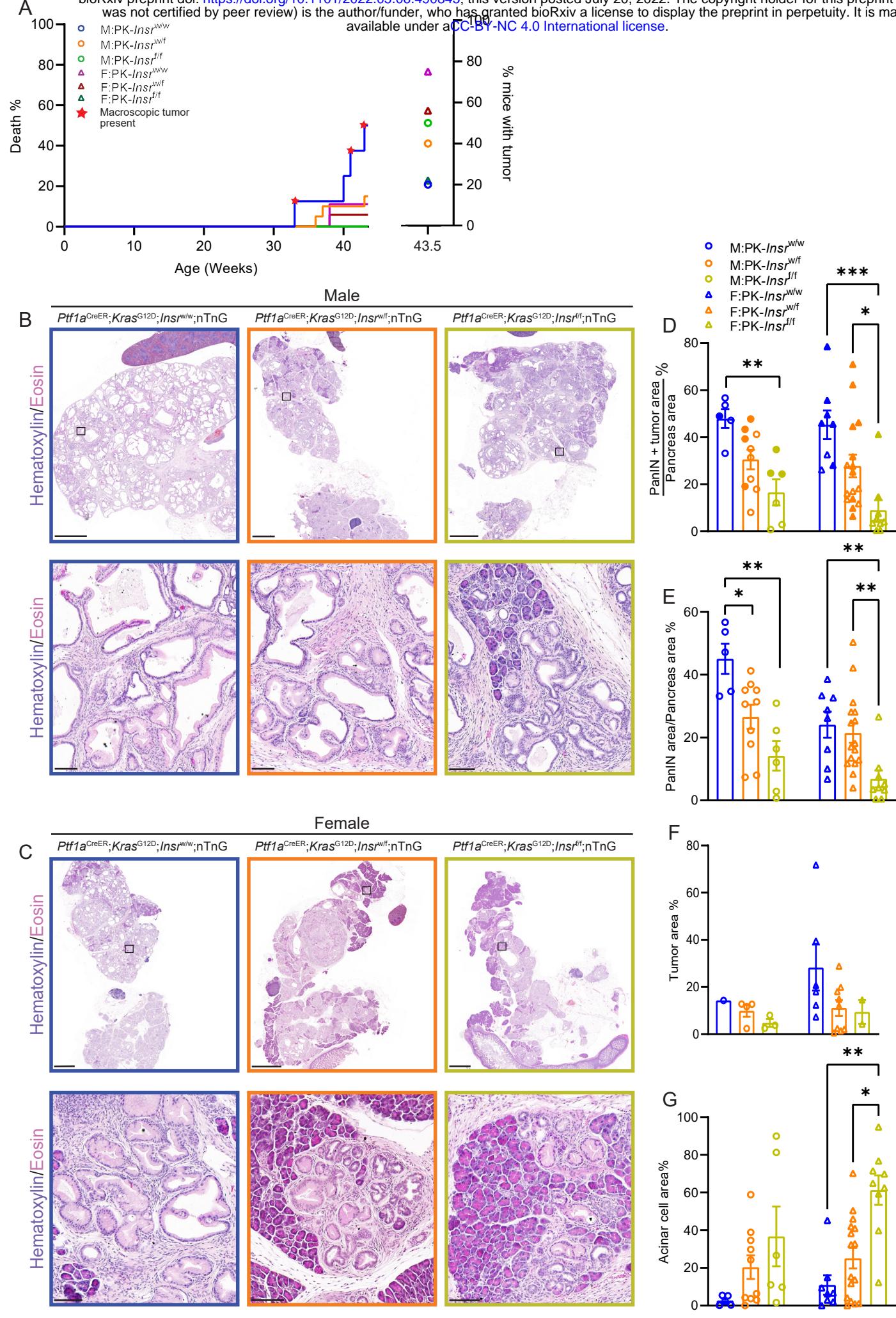


Figure 3

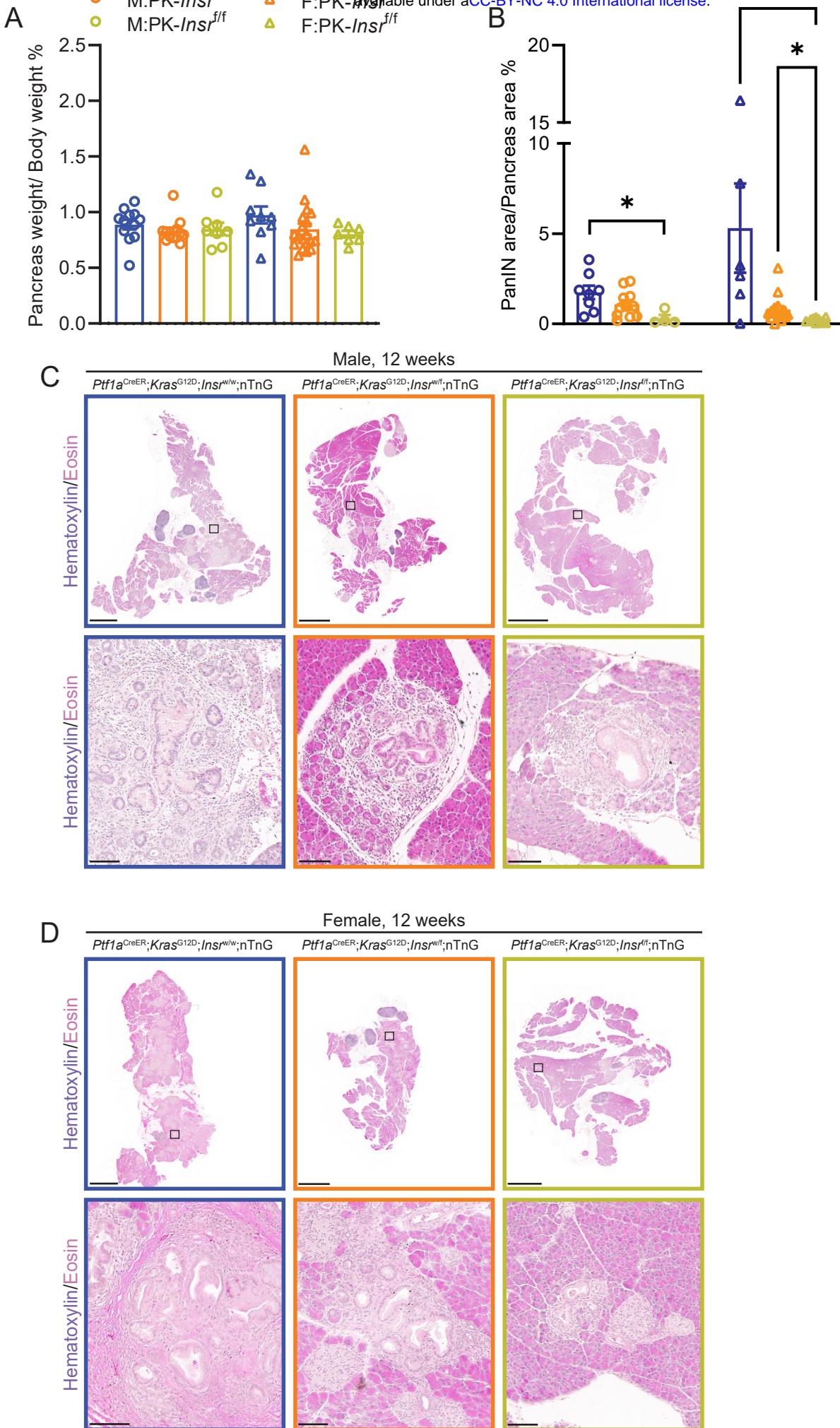
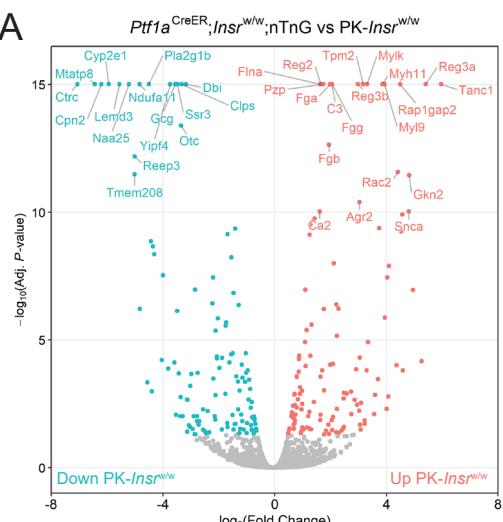
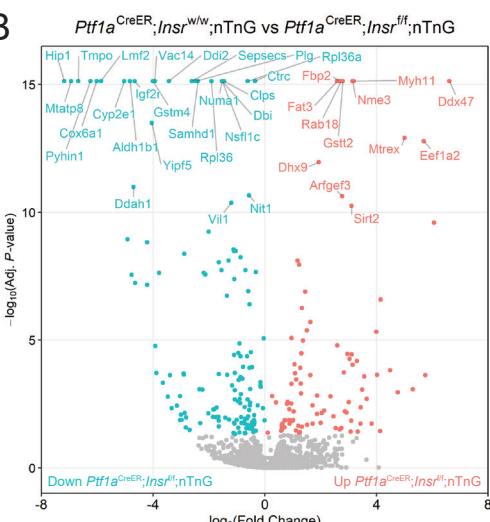


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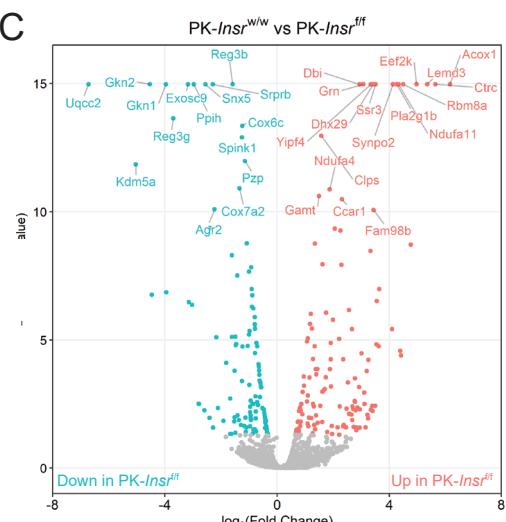
A



B



C



D

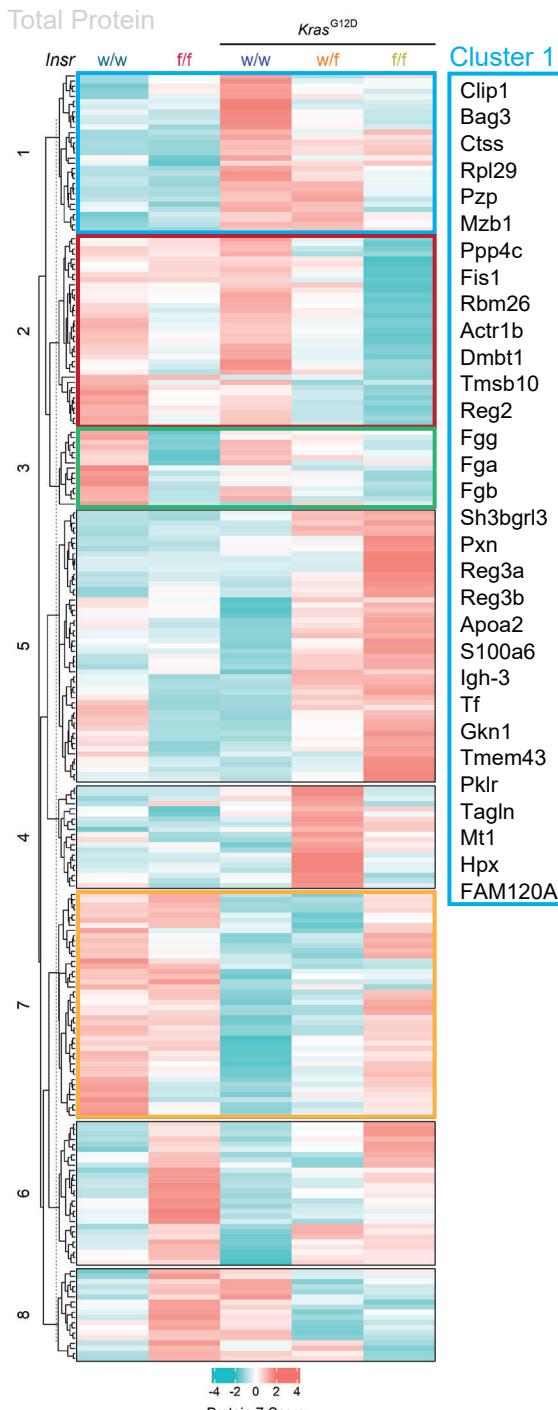
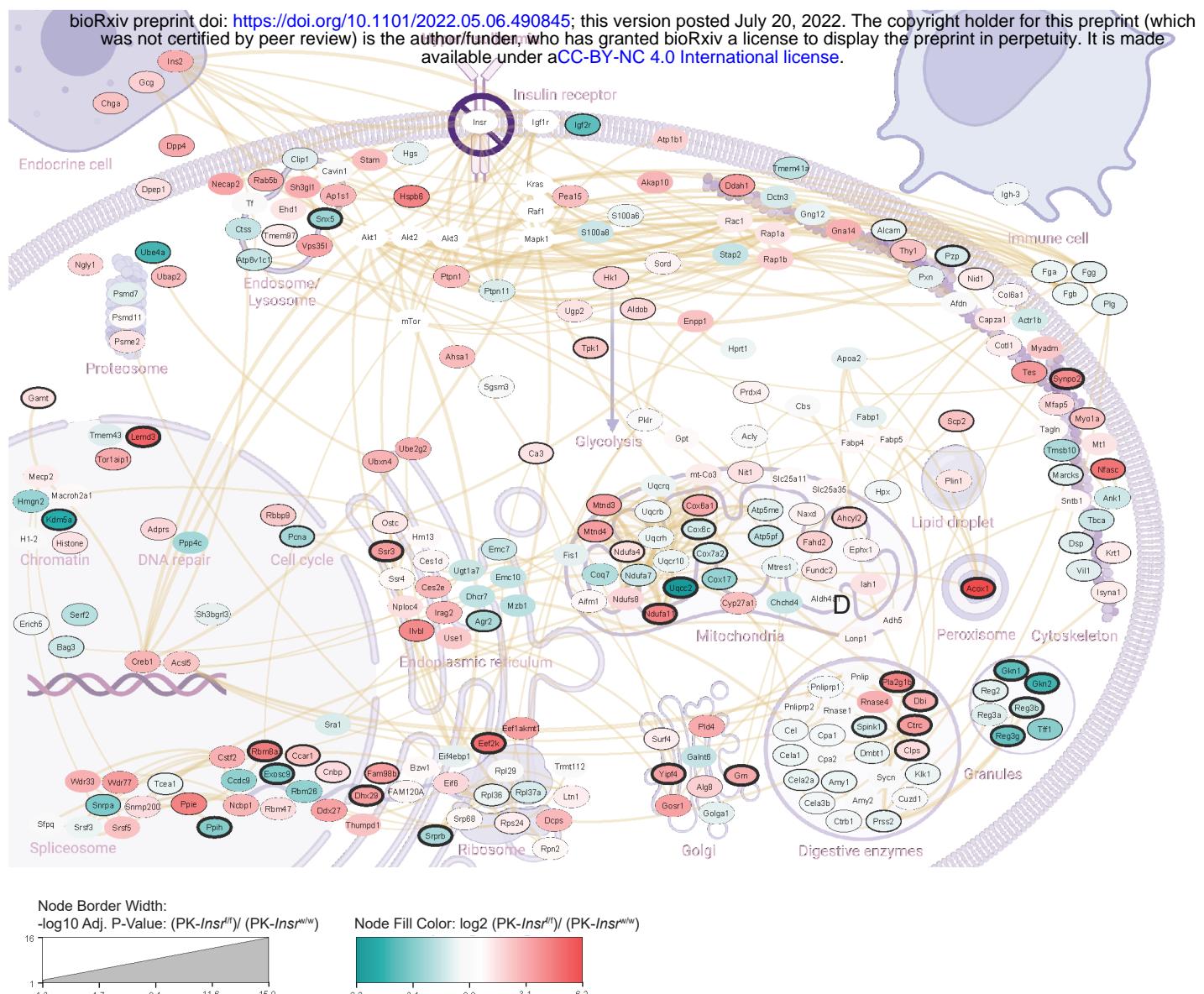
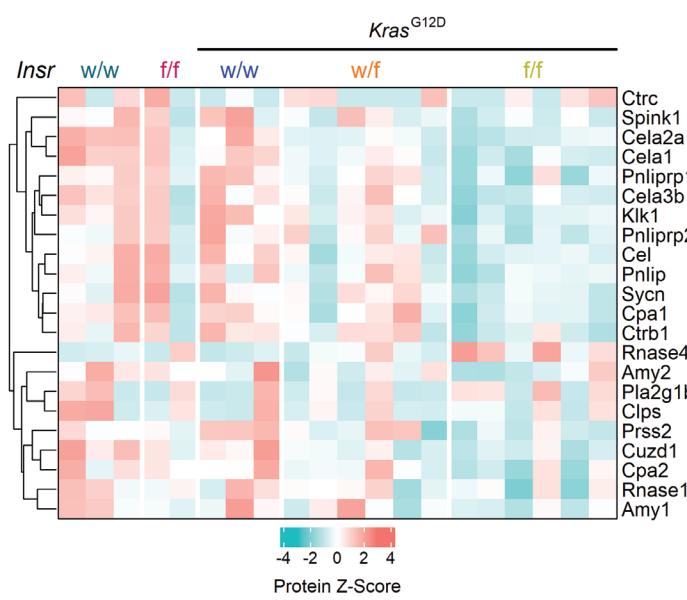


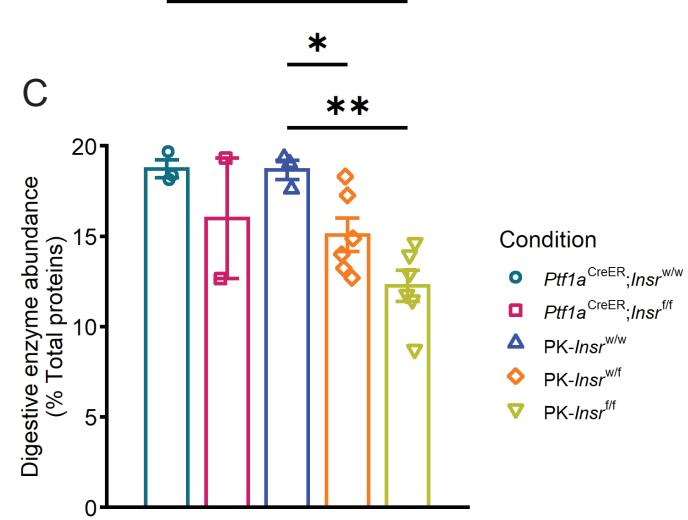
Figure 5



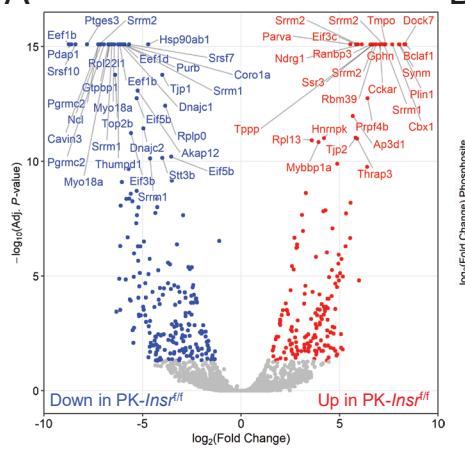
B



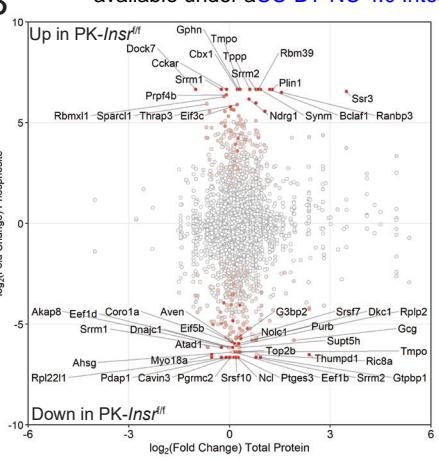
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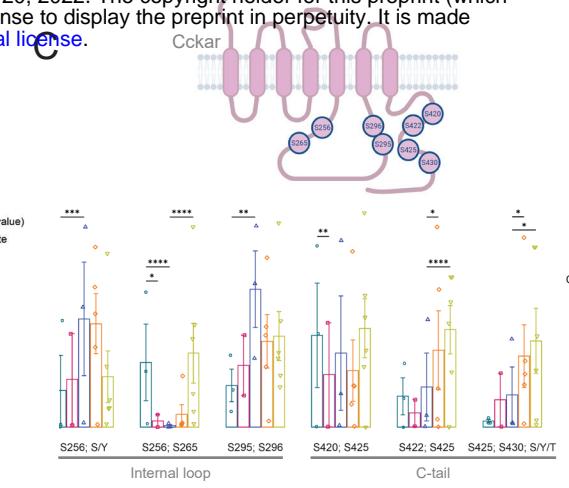
A



B



C



D

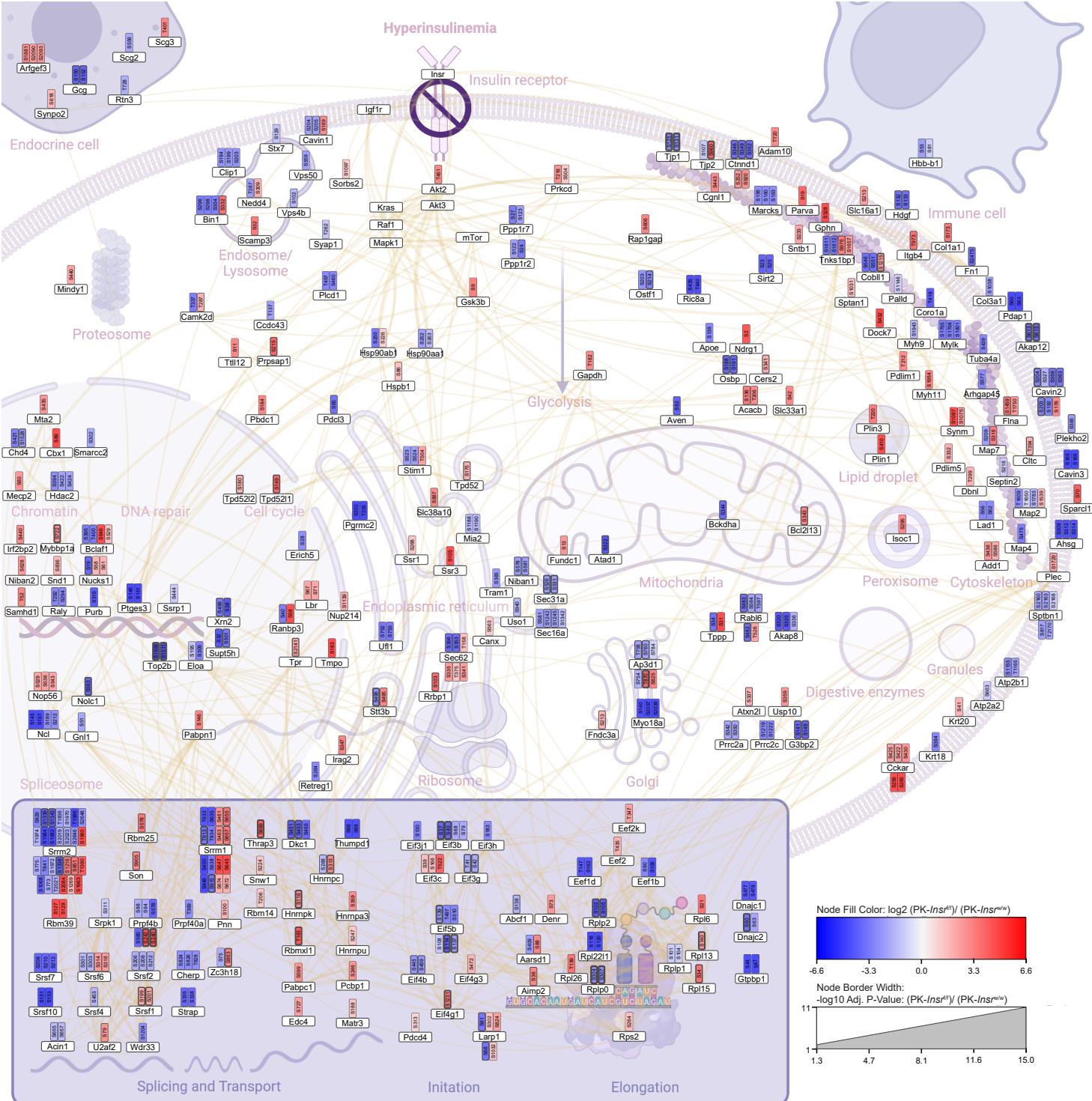
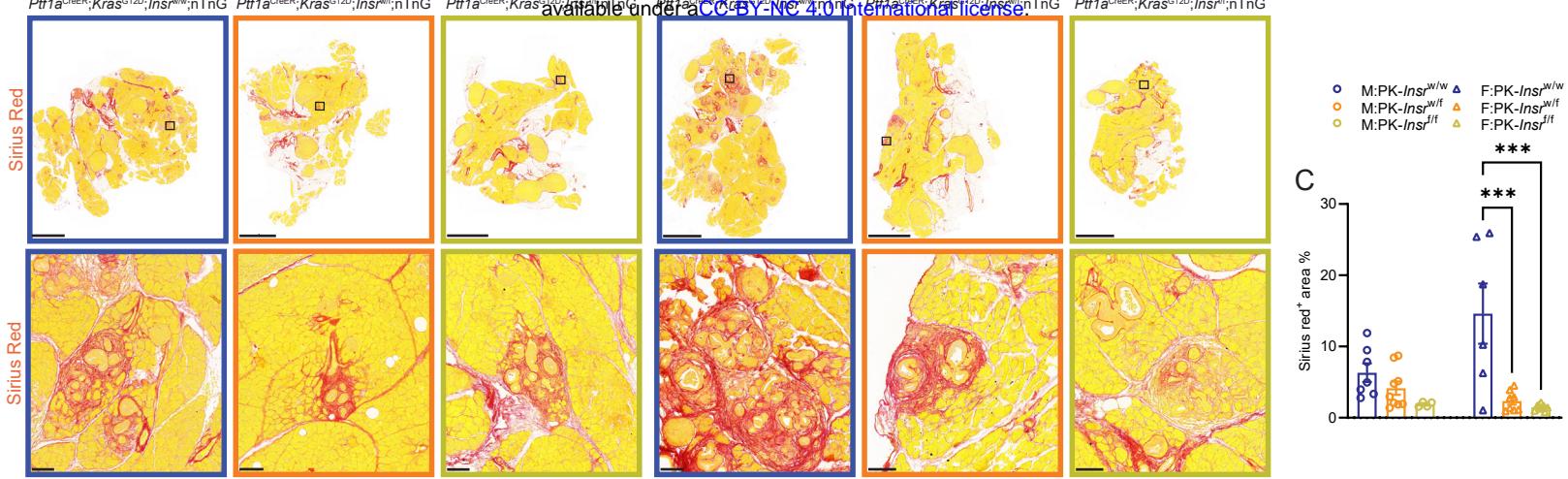


Figure 7



D

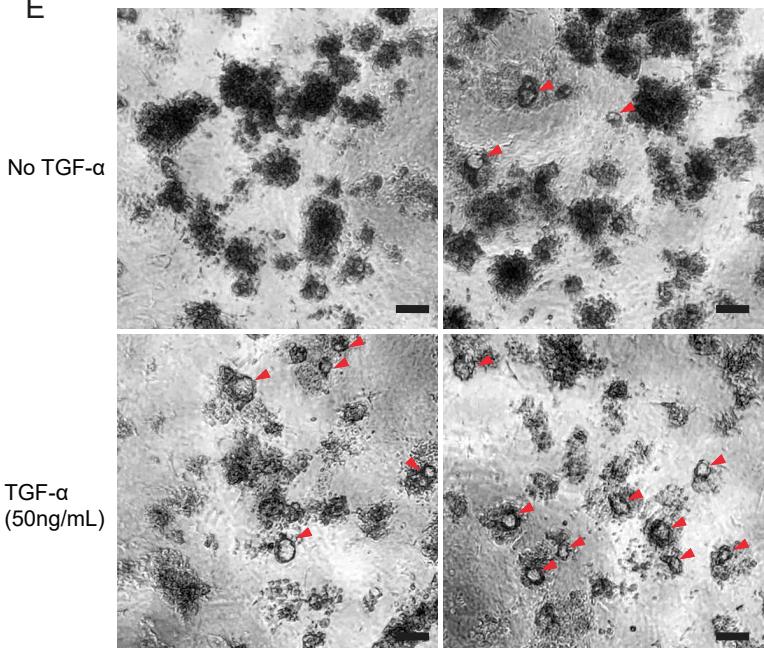
Acinar cell isolation

\pm Insulin/ \pm TGF- α / \pm Trypsin inhibitor (day 0)

Media replacement (day 1, 3)

ADM/ring structure quantification (day 5)

E



F

Fold change (ADM number)

TGF- α

Trypsin inhibitor (0.1mg/ml)

Insulin [nM]

G

Obesity

Hyperinsulinemia

Insr

Kras^{G12D}

Beta-cells

Acinar cells

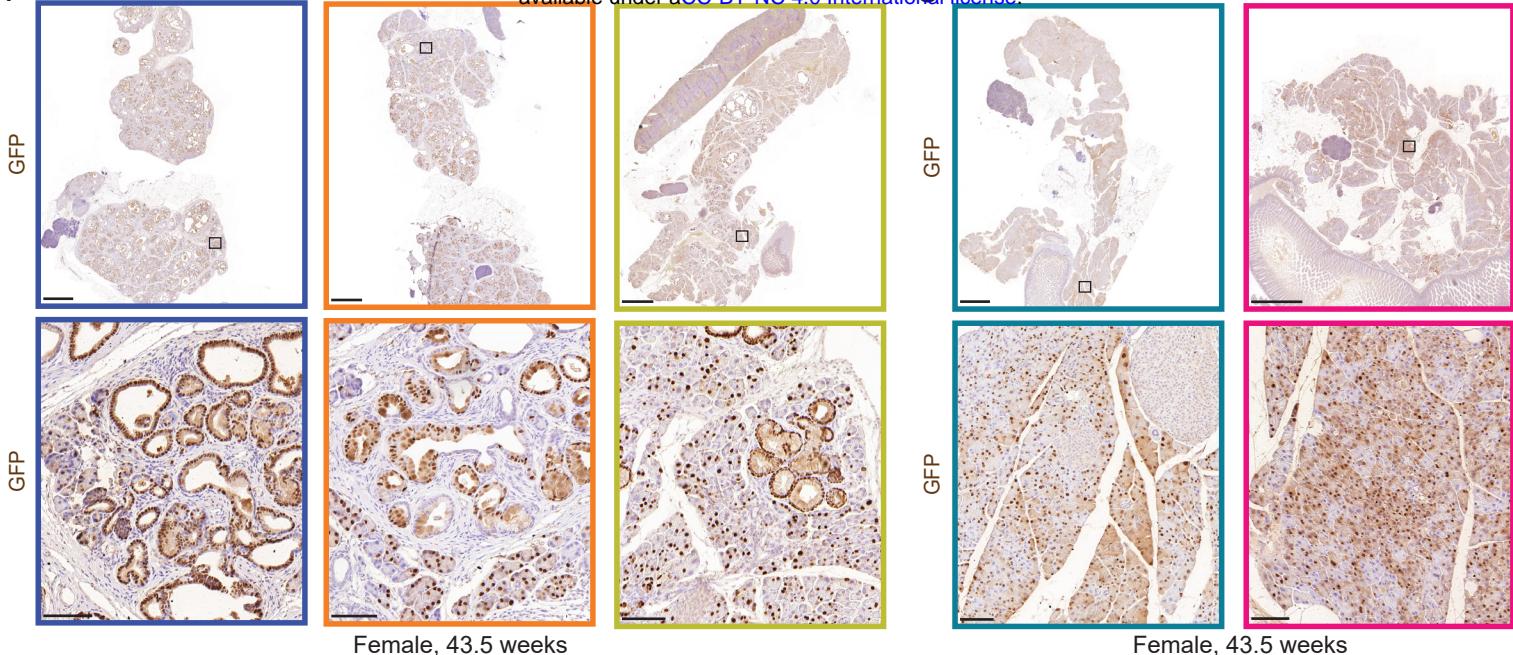
PanIN metaplasia

Inflammation

Digestive enzymes

ADM

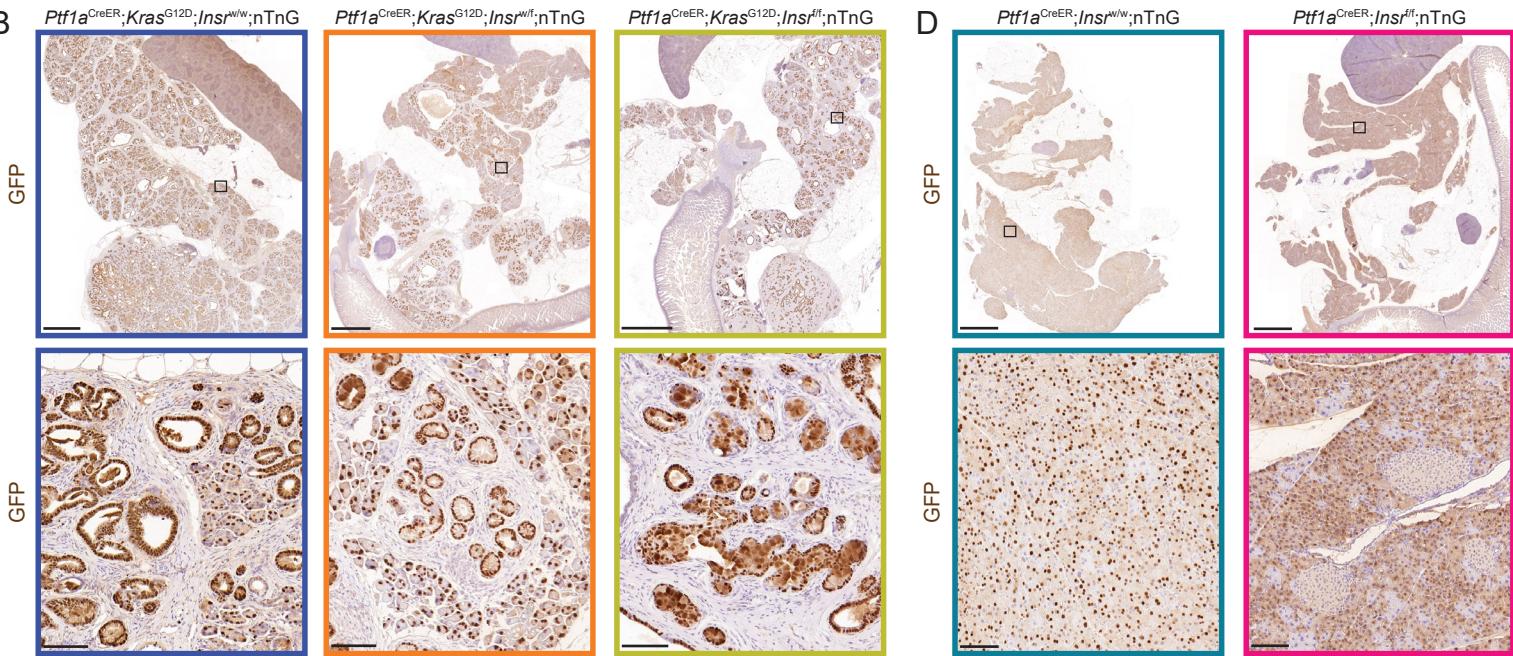
A



Male, 43.5 weeks

Female, 43.5 weeks

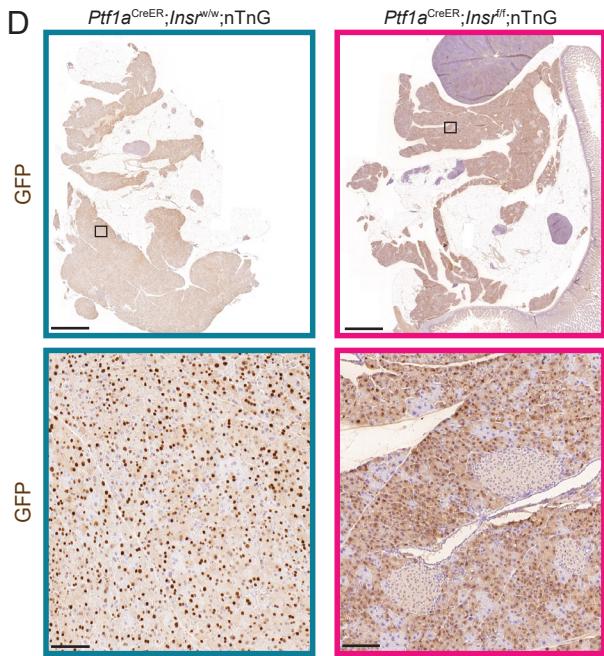
B



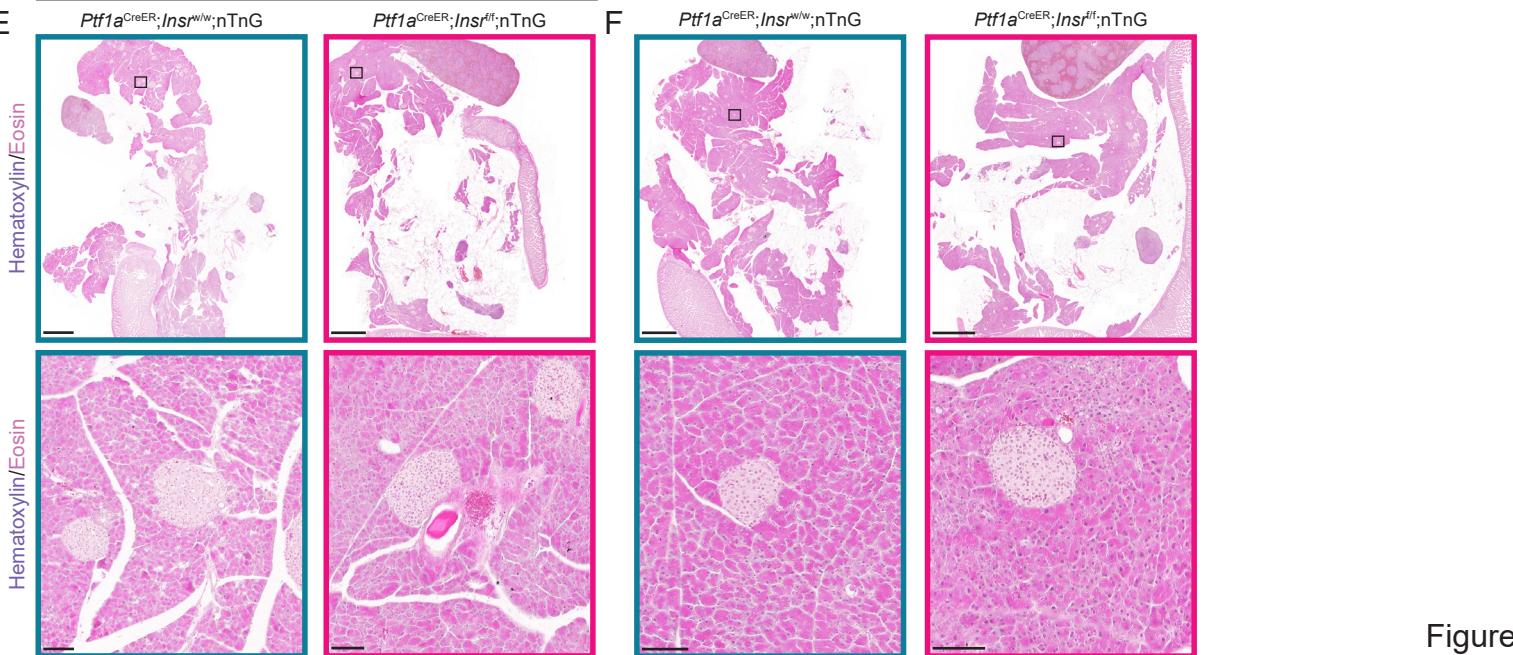
Male, 43.5 weeks

Female, 43.5 weeks

D



E



F

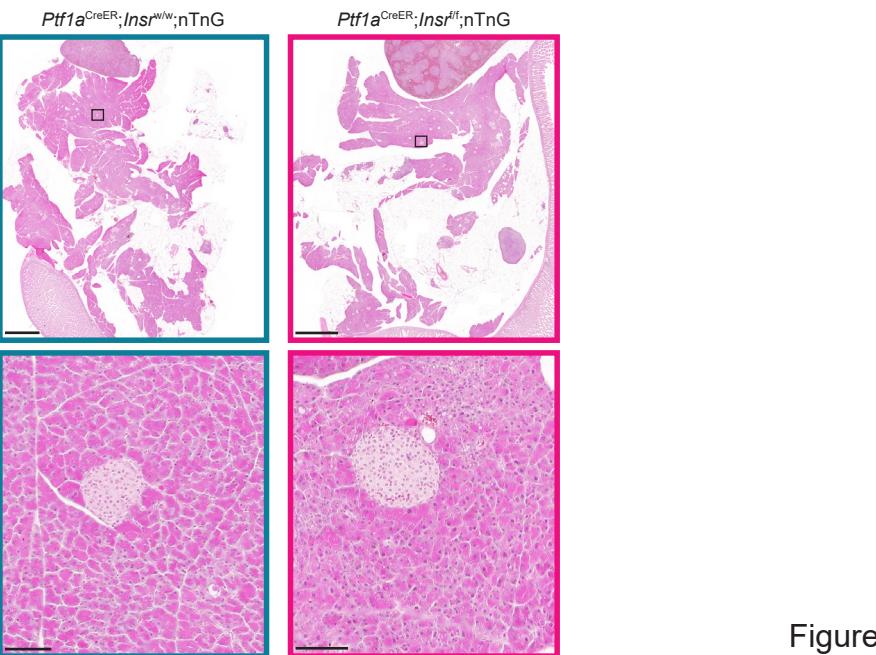
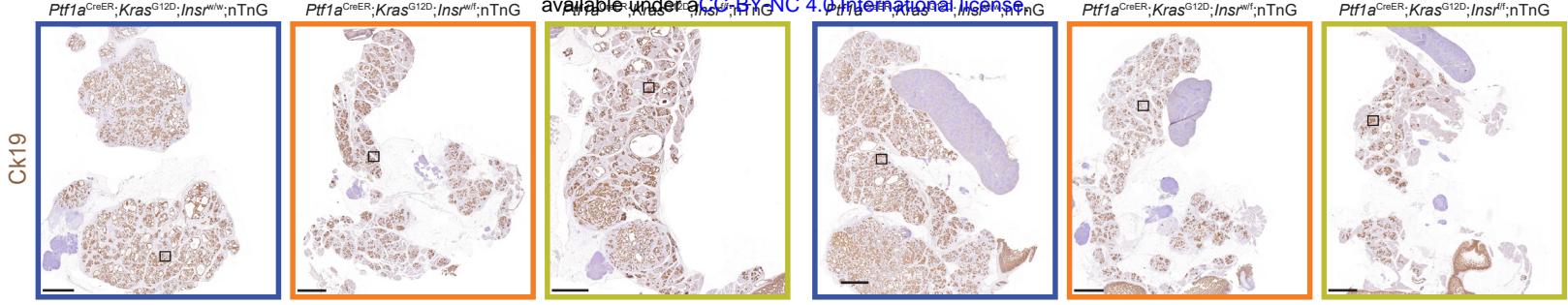


Figure S1

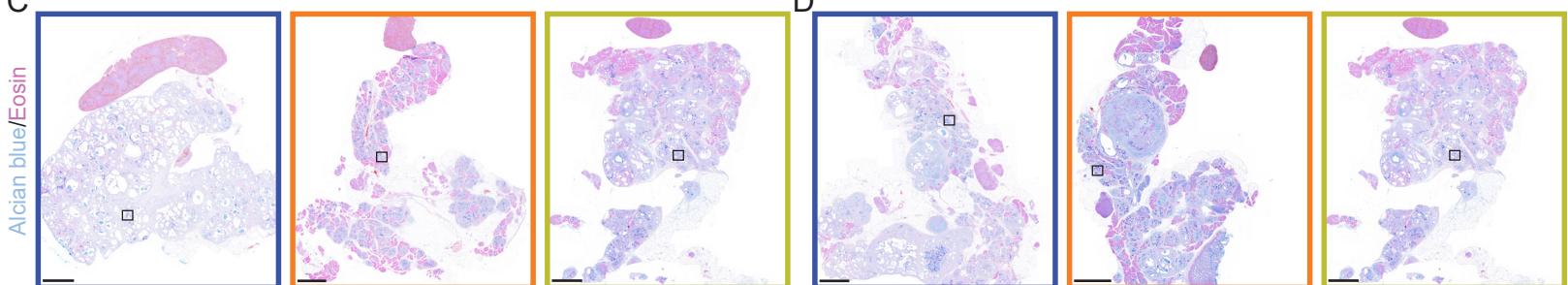
A



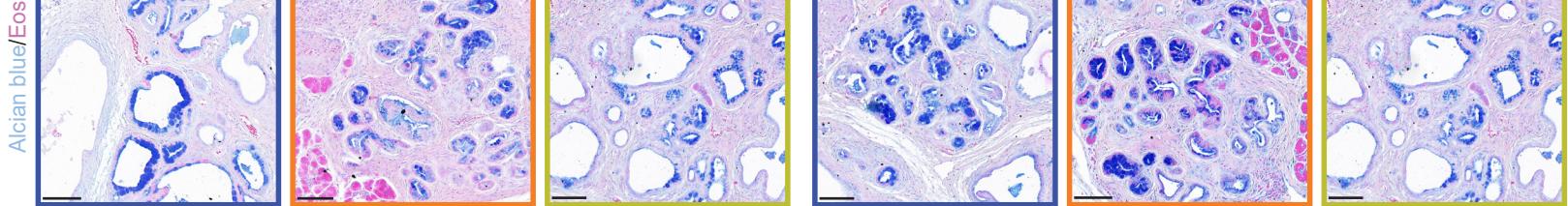
Ck19

Ck19

C



Alcian blue/Eosin



● M:PK-Insr^{W/W} ▲ F:PK-Insr^{W/W}

○ M:PK-Insr^{W/F} △ F:PK-Insr^{W/F}

○ M:PK-Insr^{F/F} △ F:PK-Insr^{F/F}

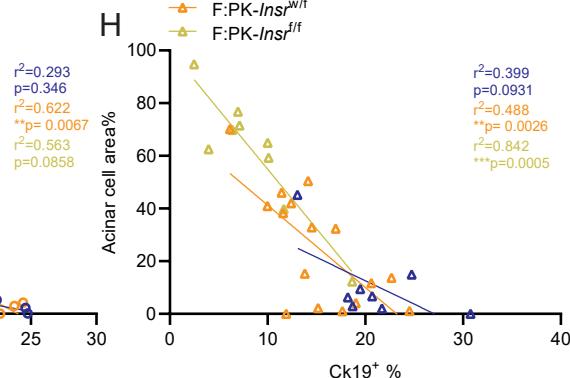
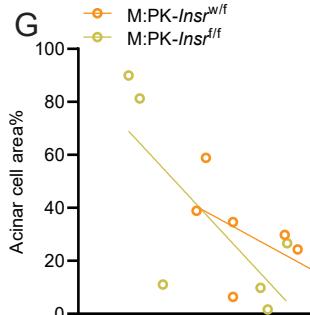
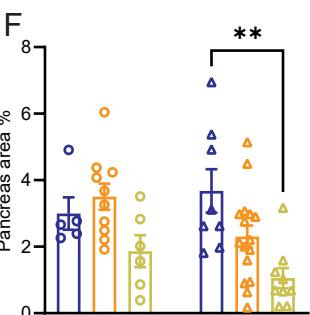
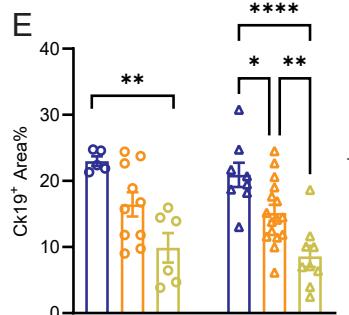


Figure S2

A

Male, 12 weeks

B

Female, 12 weeks

