

1       **OTTERS: A powerful TWAS framework leveraging summary-level reference data**

2       Qile Dai<sup>1,12</sup>, Geyu Zhou<sup>2</sup>, Hongyu Zhao<sup>2,3</sup>, Urmo Võsa<sup>4</sup>, Lude Franke<sup>5,6</sup>, Alexis Battle<sup>7</sup>,  
3       Alexander Teumer<sup>8</sup>, Terho Lehtimäki<sup>9</sup>, Olli Raitakari<sup>10,11</sup>, Tõnu Esko<sup>4</sup>, eQTLGen Consortium,  
4       Michael P. Epstein<sup>12\*</sup>, Jingjing Yang<sup>12\*</sup>

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6       1. Department of Biostatistics and Bioinformatics, Emory University School of Public  
7       Health, Atlanta, Georgia 30322, United States of America.

8       2. Program of Computational Biology and Bioinformatics, Yale University, New Haven,  
9       Connecticut 06511, United States of America.

10       3. Department of Biostatistics, Yale School of Public Health, New Haven, CT 06520, United  
11       States of America.

12       4. Estonian Genome Centre, Institute of Genomics, University of Tartu, 50090 Tartu,  
13       Estonia.

14       5. Department of Genetics, University of Groningen, University Medical Center Groningen,  
15       9700 RB Groningen, Netherlands.

16       6. Oncode Institute, 3521 AL Utrecht, Netherlands.

17       7. Department of Computer Science, and Departments of Biomedical Engineering, Johns  
18       Hopkins University, Baltimore, Maryland 21218, United States of America

19       8. Institute for Community Medicine, University Medicine Greifswald, 17489 Greifswald,  
20       Germany.

21       9. Department of Clinical Chemistry, Fimlab Laboratories, and Finnish Cardiovascular  
22       Research Center, Tampere, Faculty of Medicine and Health Technology, Tampere  
23       University, Tampere 33520, Finland.

24       10. Centre for Population Health Research, and Research Centre of Applied and Preventive  
25       Cardiovascular Medicine, University of Turku, 20500 Turku, Finland.

26       11. Department of Clinical Physiology and Nuclear Medicine, Turku University Hospital,  
27       20521 Turku, Finland.

28       12. Center for Computational and Quantitative Genetics, Department of Human Genetics,  
29       Emory University School of Medicine, Atlanta, Georgia 30322, United States of America.

30

31       \*Correspondence Authors: M.P.E. ([mepste@emory.edu](mailto:mepste@emory.edu)) and J.Y. ([jingjing.yang@emory.edu](mailto:jingjing.yang@emory.edu))

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34 **Abstract**

35 Most existing TWAS tools require individual-level eQTL reference data and thus are not applicable  
36 to summary-level reference eQTL datasets. The development of TWAS methods that can harness  
37 summary-level reference data is valuable to enable TWAS in broader settings and enhance power  
38 due to increased reference sample size. Thus, we develop a TWAS framework called OTTERS  
39 (Omnibus Transcriptome Test using Expression Reference Summary data) that adapts multiple  
40 polygenic risk score (PRS) methods to estimate eQTL weights from summary-level eQTL  
41 reference data and conducts an omnibus TWAS. We show that OTTERS is a practical and  
42 powerful TWAS tool by both simulations and application studies.

43

44 **Keywords:**

45 Transcriptome-wide association study; Summary-level eQTL reference data; PRS method;  
46 GWAS; UK Biobank; eQTLGen; Cardiovascular disease

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48 Transcriptome-wide association study (TWAS) is a valuable analysis strategy for  
49 identifying genes that influence complex traits and diseases through genetic regulation of gene  
50 expression<sup>1–5</sup>. Researchers have successfully deployed TWAS analyses to identify risk genes for  
51 complex human diseases, including Alzheimer’s disease<sup>6–8</sup>, breast cancer<sup>9–11</sup>, ovarian cancer<sup>12,13</sup>,  
52 and cardiovascular disease<sup>14,15</sup>. A typical TWAS consists of two separate stages. In Stage I,  
53 TWAS acquires individual-level genetic and expression data from relevant tissues available in a  
54 reference dataset like the Genotype-Tissue Expression (GTEx) project<sup>16,17</sup> or the North American  
55 Brain Expression Consortium (NABEC)<sup>18</sup>, and trains multivariable regression models on the  
56 reference data treating gene expression as outcome and SNP genotype data (typically cis-SNPs  
57 nearby the test gene) as predictors to determine genetically regulated expression (GReX). After

58 Stage I that uses the GReX regression models to estimate effect sizes of SNP predictors that, in  
59 the broad sense, are expression quantitative trait loci (eQTLs), Stage II of TWAS proceeds by  
60 using these trained eQTL effect sizes to impute GReX within an independent GWAS of a complex  
61 human disease or trait. One can then test for association between the imputed GReX and  
62 phenotype, which is equivalent to a gene-based association test taking these eQTL effect sizes  
63 as corresponding test SNP weights<sup>19-21</sup>.

64 For Stage I of TWAS, a variety of training tools exist for fitting GReX regression models  
65 using reference expression and genetic data, including PrediXcan<sup>19</sup>, FUSION<sup>20</sup>, and TIGAR<sup>22</sup>.  
66 While these methods all employ different techniques for model fitting, they all require individual-  
67 level reference expression and genetic data to estimate eQTL effect sizes for TWAS. Therefore,  
68 these methods cannot be applied to emerging reference summary-level eQTL results such as  
69 those generated by the eQTLGen<sup>23</sup> and CommonMind<sup>24</sup> consortia, which provide eQTL effect  
70 sizes and p-values relating individual SNPs to gene expression. The development of TWAS  
71 methods that can utilize such summary-level reference data is valuable to permit applicability of  
72 the technique to broader analysis settings. Moreover, as TWAS power increases with increasing  
73 reference sample size<sup>25</sup>, TWAS using summary-level reference datasets can lead to enhanced  
74 performance compared to using individual-level reference datasets since the sample sizes of the  
75 former often are considerably larger than the latter. For example, the sample size of the summary-  
76 based eQTLGen reference sample is 31,684 for blood, whereas the sample size of the individual-  
77 level GTEx V6 reference is only 338 for the same tissue. Consequently, TWAS analysis  
78 leveraging the summary-based eQTLGen dataset as reference likely can provide novel insights  
79 into genetic regulation of complex human traits.

80 In this work, we propose a framework that can use summary-level reference data to train  
81 GReX regression models required for Stage I of TWAS analysis. Our method is motivated by a  
82 variety of published polygenic risk score (PRS) methods<sup>26-31</sup> that can predict phenotype in a test

83 dataset using summary-level SNP effect-size estimates and p-values based on single SNP tests  
84 from an independent reference GWAS. We can adapt these PRS methods for TWAS since eQTL  
85 effect sizes are essentially SNP effect sizes resulting from a reference “GWAS” of gene  
86 expression. Thus, our predicted GReX in Stage II of TWAS is analogous to the PRS constructed  
87 based on training GWAS summary statistics of single SNP-trait association. Here, we adapt four  
88 representative summary-data based PRS methods — P-value Thresholding with linkage  
89 disequilibrium (LD) clumping ( $P+T$ )<sup>26</sup>, frequentist LASSO<sup>32</sup> regression based method *lassosum*<sup>27</sup>,  
90 nonparametric Bayesian Dirichlet Process Regression (DPR) model<sup>33</sup> based method *SDPR*<sup>29</sup>,  
91 and Bayesian multivariable regression model based method with continuous shrinkage (CS)  
92 priors *PRS-CS*<sup>28</sup> for TWAS analysis. We apply each of these PRS methods to first train eQTL  
93 effect sizes based on a multivariable regression model from summary-level reference eQTL data  
94 (Stage I), and subsequently use these eQTL effect sizes (i.e., eQTL weights) to impute GReX  
95 and then test GReX-trait association in an independent test GWAS (Stage II).

96 As we will show, the PRS method with optimal performance for TWAS depends on the  
97 underlying genetic architecture for gene expression. Since the genetic architecture of expression  
98 is unknown *a priori*, we maximize the performance of TWAS over different possible architectures  
99 by proposing a novel TWAS framework called OTTERS (**O**mnibus **T**ranscriptome **T**est using  
100 **E**xpression **R**eference **S**ummary data). OTTERS first constructs individual TWAS tests and p-  
101 values using eQTL weights trained by each of the PRS techniques outlined above, and then  
102 calculates an omnibus test p-value using the aggregated Cauchy association test<sup>34</sup> (ACAT-O)  
103 with all individual TWAS p-values (Figure 1). OTTERS is applicable to both summary-level and  
104 individual-level test GWAS data within Stage II TWAS analysis.

105 In subsequent sections, we first describe how to use the PRS methods on summary-level  
106 reference eQTL data in Stage I TWAS, and then describe how we can use the resulting eQTL  
107 weights to perform Stage II TWAS using OTTERS. We then evaluate the performance of

108 individual PRS methods and OTTERS using simulated expression and real genetic data based  
109 on patterns observed in real datasets. Interestingly, when we assume individual-level reference  
110 data are available, we observe that OTTERS outperforms the popular FUSION<sup>20</sup> approach across  
111 all simulation settings considered. Many of the individual PRS methods also outperform FUSION  
112 in these settings. We then apply OTTERS to blood eQTL summary-level data (n=31,684) from  
113 the eQTLGen consortium<sup>23</sup> and GWAS summary data of cardiovascular disease from the UK  
114 Biobank (UKBB)<sup>35</sup>. By comparing OTTERS results to those of FUSION<sup>20</sup> using individual-level  
115 GTEEx reference data of whole blood tissue, we demonstrate that OTTERS using large summary-  
116 level reference datasets and multiple gene expression imputation models can successfully reveal  
117 potential risk genes missed by FUSION based on smaller individual-level reference datasets and  
118 only one model. Finally, we conclude with a discussion.

119 **Results**

120 Method Overview

121 For the standard two-stage TWAS approach, Stage I estimates a GReX imputation model  
122 using individual-level expression and genotype data available from a reference dataset, and then  
123 Stage II uses the eQTL effect sizes from Stage I to impute gene expression (GReX) in an  
124 independent GWAS and test for association between GReX and phenotype. GReX for test  
125 samples can be imputed from individual-level genotype data and eQTL effect size estimates.  
126 When individual-level GWAS data are not available, one can instead use summary-level GWAS  
127 data for TWAS by applying the TWAS Z-score statistics proposed by FUSION<sup>20</sup> and S-  
128 PrediXcan<sup>36</sup> (see details in Methods).

129 Since eQTL summary data are analogous to GWAS summary data where gene  
130 expression represents the phenotype, we can follow the idea from PRS methods to estimate the  
131 eQTL effect sizes based on a multivariable regression model using only marginal least squared

132 effect estimates and p-values (based on a single variant test) from the eQTL summary data as  
133 well as a reference LD panel from samples of the same ancestry<sup>26-29</sup>. Although all PRS methods  
134 are applicable to TWAS Stage I, we only consider four representative methods — *P+T*<sup>26</sup>,  
135 *Frequentist lassosum*<sup>27</sup>, *Nonparametric Bayesian SDPR*<sup>29</sup>, *Bayesian PRS-CS*<sup>28</sup> (see details in  
136 Methods).

137 As shown in Figure 1, OTTERS first trains GReX imputation models per gene  $g$  using *P+T*,  
138 *lassosum*, *SDPR*, and *PRS-CS* methods that each infers cis-eQTL weights using cis-eQTL  
139 summary data and an external LD reference panel of the same ancestry (Stage I). Once we derive  
140 cis-eQTL weights for each training method, we can impute the respective GReX using that  
141 method and perform the respective gene-based association analysis in the test GWAS dataset.  
142 We thus derive a set of TWAS p-values for gene  $g$ , one per training method. We then use these  
143 TWAS p-values to create an omnibus test using the ACAT-O<sup>34</sup> approach that employs a Cauchy  
144 distribution for inference (see details in Supplemental Methods). We refer to the p-value derived  
145 from ACAT-O test as the OTTERS p-value. The ACAT-O<sup>34</sup> approach has been widely used in  
146 hypothesis testing to combine multiple testing methods for the same hypothesis<sup>37-39</sup>, which has  
147 been shown as an effective approach to leverage different test methods to increase the power  
148 while still managing to control for type I error. Adding TWAS p-values based on additional PRS  
149 methods to the ACAT-O test can possibly improve the power further at the cost of additional  
150 computation.

151 Simulation Study

152 We used real genotype data from 1894 whole genome sequencing (WGS) samples from  
153 the Religious Orders Study and Rush Memory and Aging Project (ROS/MAP) cohort<sup>40,41</sup> and  
154 Mount Sinai Brain Bank (MSBB) study<sup>42</sup> for simulation. We divided 14,772 genes into five  
155 groups according to gene length, and randomly selected 100 genes from each group (500  
156 genes in total). We randomly split samples into 568 training (30%) and 1326 testing samples

157 (70%) to mimic a relatively small sample size in the real reference panel for training gene  
158 expression imputation models.. From the real genotype data, we simulated 6 scenarios with 2  
159 different proportions of causal cis-eQTL,  $p_{causal} = (0.001, 0.01)$ , as well as 3 different  
160 proportions of gene expression variance explained by causal eQTL,  $h_e^2 = (0.01, 0.05, 0.1)$ .

161 We generated gene expression of gene  $g$  ( $\mathbf{E}_g$ ) using the multivariable regression model  
162  $\mathbf{E}_g = \mathbf{X}_g \mathbf{w} + \boldsymbol{\epsilon}_g$ , where  $\mathbf{X}_g$  represents the standardized genotype matrix of the randomly  
163 selected causal eQTL of gene  $g$ ,  $\boldsymbol{\epsilon}_g \sim N(0, (1 - h_e^2) \mathbf{I})$ . We generated the eQTL effect sizes  $\mathbf{w}$   
164 from  $N(0,1)$  and then re-scaled these effects to ensure that the expression variance explained  
165 by all causal variants is  $h_e^2$ . We generated 10 replicates of gene expression per scenario. For  
166 each simulated gene expression, we then generated 10 sets of GWAS Z-scores to perform a  
167 total of 50,000 TWAS simulations. We generated the GWAS Z-scores from a multivariate  
168 normal distribution with  $Z \sim MVN \left( \boldsymbol{\Sigma}_g \mathbf{w} \sqrt{n_{gwas} h_p^2}, \boldsymbol{\Sigma}_g \right)^{38}$ , where  $\mathbf{w}$  is the true causal eQTL  
169 effect sizes,  $\boldsymbol{\Sigma}_g$  is the correlation matrix of the standardized genotype  $\mathbf{X}_g$  from test samples,  
170  $n_{gwas}$  is the assumed GWAS sample size, and  $h_p^2$  denotes the amount of phenotypic variance  
171 explained by simulated GReX= $\mathbf{X}_g \mathbf{w}$  (see Methods). We set  $h_p^2 = 0.025$ . To calibrate power, we  
172 considered  $n_{gwas} = (200K, 300K, 400K, 500K)$  for scenarios with  $h_e^2 = 0.01$ ,  $n_{gwas} = (25K, 50K,$   
173  $75K, 100K)$  for scenarios with  $h_e^2 = 0.05$ , and  $n_{gwas} = (10K, 20K, 30K, 40K)$  for scenarios with  
174  $h_e^2 = 0.1$ .

175 In Stage I of our TWAS analysis, we applied *P+T* (0.001), *P+T* (0.05), *lassosum*, *SDPR*,  
176 and *PRS-CS* methods to estimate eQTL weights using eQTL summary data and the reference  
177 LD of training samples. In Stage II of the TWAS, we used the estimated eQTL weights and the  
178 simulated GWAS Z-scores to conduct a gene-based association test. In addition to gene-based  
179 association tests based on eQTL weights per training method, we further constructed the  
180 corresponding OTTERS p-values. We evaluated the performance of the training methods with

181 test samples, comparing test  $R^2$  that was the squared Pearson correlation coefficient between  
182 imputed GReX and simulated gene expression. We evaluated TWAS power given by the  
183 proportion of 50,000 repeated simulations with TWAS p-value  $< 2.5 \times 10^{-6}$  (genome-wide  
184 significance threshold adjusting for testing 20K independent genes). We only considered genes  
185 with GReX test  $R^2 > 0.01$  in the power analysis.

186 As shown in Figure 2, we demonstrated that the Stage I training method with optimal test  
187  $R^2$  and TWAS power depended on the underlying genetic architecture of gene expression ( $p_{causal}$ )  
188 as well as gene expression heritability ( $h_e^2$ ). In situations where true cis-eQTLs were sparse  
189 ( $p_{causal} = 0.001$ ) and the gene expression heritability was small ( $h_e^2 = 0.01$ ), *P+T (0.05)* method  
190 performed the best with the highest TWAS power among all individual methods. When gene  
191 expression heritability is low ( $h_e^2 = 0.01$ ), the power of *P+T (0.001)* and *lassosum* methods were  
192 shown as the lowest for considering only genes with test  $R^2 > 0.01$ . When gene expression  
193 heritability increased ( $h_e^2 = 0.05$  or  $0.1$ ) within this sparse eQTL model, *P+T (0.001)* and PRS-CS  
194 were generally the optimal methods. For a less sparse model with  $p_{causal} = 0.01$ , SDPR and PRS-  
195 CS generally performed best among the individual methods. Relative to individual methods, we  
196 found that combining the TWAS p-values based on the four PRS training methods together for  
197 analysis in our OTTERS framework obtained the highest power across all scenarios.

198 To evaluate the type I error of the individual PRS methods along with OTTERS, we picked  
199 one simulated replicate per gene from the scenario with  $h_e^2 = 0.1$  and  $p_{causal} = 0.001$ ,  
200 simulated  $2 \times 10^3$  phenotypes from  $N(0,1)$ , and permuted the eQTL weights for TWAS to  
201 perform a total of  $10^6$  null simulations. OTTERS was shown well calibrated in the tails of the  
202 distribution as shown by quantile-quantile (Q-Q) plots of TWAS p-values in Figure S1. We also  
203 observed that OTTERS had well-controlled type I error for stringent significance levels between  
204  $10^{-4}$  and  $2.5 \times 10^{-6}$  (Table S1), which are typically utilized in TWAS. For more modest  
205 significance thresholds ( $\alpha = 10^{-2}$ ), we noted that OTTERS had a slightly inflated type-I error rate.

206 This modest inflation is consistent with the findings of the original ACAT-O work, which showed  
207 that the Cauchy-distribution-based approximation that ACAT-O employs may not be accurate for  
208 larger p-values when correlation among tests is strong<sup>34</sup>. This suggests that modest OTTERS p-  
209 values may be interpreted with caution.

210 We also compared the performance of our individual PRS training methods to those of  
211 FUSION assuming individual-level reference data were available for the latter method to train  
212 GReX models. As shown in Figure 2A, we interestingly observed that our training methods yielded  
213 similar or improved test  $R^2$  compared to FUSION in this situation, with *SDPR* and *PRS-CS*  
214 outperforming FUSION across all simulation settings. Comparing TWAS power, we found that  
215 OTTERS outperformed FUSION by a considerable margin in our simulations (Figure 2B). These  
216 simulation results suggest that, while we developed OTTERS based on PRS training methods to  
217 handle summary-level reference data, OTTERS can still improve TWAS power when individual-  
218 level reference data are available. This is likely because OTTERS accounts for multiple possible  
219 models of genetic architectures of gene expression assumed by the different PRS training  
220 methods.

221 *GReX Imputation Accuracy in GTEx V8 Blood Samples*

222 To evaluate the imputation accuracy of *P+T* (0.001), *P+T* (0.05), *lassosum*, *SDPR*, and  
223 *PRS-CS* methods in real data, we applied these training methods to summary-level eQTL  
224 reference data from the eQTLGen consortium<sup>23</sup> with n=31,684 blood samples, to train GReX  
225 imputation models for 16,699 genes. For test data, we downloaded the transcriptomic data of 315  
226 blood tissue samples that are in GTEx V8 but were not part of GTEx V6 (as GTEx V6 samples  
227 contributed to the reference eQTLGen consortium summary data). For these 315 samples, we  
228 compared imputed GReX to observed expression levels. We considered trained imputation  
229 models with test  $R^2 > 0.01$  as “valid” models, as suggested by previous TWAS methods<sup>20,43</sup>. We  
230 also compared imputation accuracy of these five training models to those using FUSION based

231 on a smaller individual-level training dataset (individual-level GTEx V6 reference dataset; see  
232 Methods). For such models, we compared the test  $R^2$  for genes that had test  $R^2 > 0.01$  by at least  
233 one training method.

234 We observed that *PRS-CS* obtained the most “valid” GReX imputation models with test  
235  $R^2 > 0.01$ . Among 16,699 tested genes, *PRS-CS* obtained “valid” GReX imputation models for  
236 10,337 genes, compared to 9,816 genes by *P+T* (0.001) (5.0% less valid genes than *PRS-CS*),  
237 9,662 genes by *P+T* (0.05) (6.5% less), 8,718 genes by *lassosum* (15.7% less), 9,670 genes by  
238 *SDPR* (6.5% less), and 4,704 genes by *FUSION* (54.5% less) (Table 1). Among the “valid” GReX  
239 imputation models obtained by each method, the ones trained by *PRS-CS* have the highest  
240 median test  $R^2$ . The *P+T* (0.001) method obtained the second most “valid” GReX imputation  
241 models with the second largest median test  $R^2$ , as compared to *P+T* (0.05), *lassosum*, and *SDPR*  
242 (Table 1). We note that the performance of *PRS-CS* method was not sensitive to the global  
243 shrinkage parameter (Figure S2).

244 By comparing test  $R^2$  per “valid” GReX imputation model by *PRS-CS* versus the other  
245 methods (Figure 3), we observed that *PRS-CS* had the best overall performance for imputing  
246 GReX as it provided the most “valid” models with higher GReX imputation accuracy compared to  
247 *P+T* methods, *lassosum*, *SDPR*, and *FUSION*. Comparing the test  $R^2$  among the other four  
248 training methods, we observed that these two *P+T* methods obtained similar test  $R^2$  per “valid”  
249 model. Meanwhile, the test  $R^2$  per valid model varied widely among the *P+T* methods, *lassosum*,  
250 and *SDPR* (Figure S3), suggesting that none of these four were optimal across all genes and their  
251 performance likely depended on the underlying unknown genetic architecture. These results are  
252 consistent with our simulation results.

253 TWAS of Cardiovascular Disease

254           Using the eQTL weights trained by *P+T* (0.001), *P+T* (0.05), *lassosum*, *SDPR*, and *PRS-*  
255    CS methods with the eQTLGen<sup>23</sup> reference data and reference LD from GTEx V8 WGS  
256    samples<sup>44</sup>, we applied our OTTERS framework to the summary-level GWAS data of  
257    Cardiovascular Disease from UKBB (n=459,324, case fraction = 0.319)<sup>35</sup> (see Methods). We  
258    performed TWAS of cardiovascular disease for 16,678 genes. First, for each gene, we obtained  
259    TWAS p-values per individual training method (*P+T* (0.001), *P+T* (0.05), *lassosum*, *SDPR*, and  
260    *PRS-CS*). Second, we performed genomic control<sup>45</sup> for TWAS test statistics generated under  
261    each specific training model, by scaling all test statistics to ensure that the median test p-value  
262    equals to 0.5. Last, we only considered genes with test GReX  $R^2 > 0.01$  by at least one PRS  
263    training method in additional GTEx V8 samples in the follow-up ACAT-O test. We combined the  
264    adjusted p-values across all five training models using ACAT-O to obtain our OTTERS test  
265    statistics and p-values. Genes with OTTERS p-values  $< 2.998 \times 10^{-6}$  (Bonferroni corrected  
266    significance level) were identified as significant TWAS genes for cardiovascular risk.

267           In total, we identified 40 significant TWAS genes by using OTTERS. To identify  
268    independently significant TWAS genes, we calculated the  $R^2$  (squared correlation) between the  
269    GReX predicted by *PRS-CS* for of each pair of genes. For a pair of genes with the predicted  
270    GReX  $R^2 > 0.5$ , we only kept the gene with the smaller TWAS p-value as the independently  
271    significant gene. OTTERS obtained 38 independently significant TWAS genes (Table 2, Figure  
272    3B), compared to 17 independently significant genes by *P+T* (0.001), 11 by *P+T* (0.05), 10 by  
273    *lassosum*, 41 by *SDPR*, and 12 by *PRS-CS*. Among these 38 independent TWAS risk genes  
274    identified by OTTERS, gene *RP11-378A13.1* (OTTERS p-value =  $9.78 \times 10^{-9}$ ) was not within 1  
275    MB of any known GWAS risk loci with genomic-control corrected p-value  $< 5 \times 10^{-8}$  in the  
276    UKBB summary-level GWAS data. This novel risk gene *RP11-378A13.1* was also identified to  
277    be a significant TWAS risk gene in blood tissue for systolic blood pressure, high cholesterol, and  
278    cardiovascular disease by FUSION<sup>1</sup>.

279 We compared our OTTERS results with the TWAS results shown on TWAS hub (see  
280 Web Resource) obtained by FUSION using the same UKBB GWAS summary data of  
281 cardiovascular disease but using a smaller individual-level reference expression dataset from  
282 GTEx V6 (whole blood tissue, n=338). Of the 38 independent genes that OTTERS identified  
283 from TWAS with eQTLGen reference data of whole blood, FUSION only identified 8 of these  
284 genes (*CLCN6b, PSRC1, RP11-378A13.1, CAMK1D, SIDT2, MTHFSD, NTN5, OPRL1*) when  
285 using the GTEx V6 reference data of the same tissue. FUSION did identify 13 additional  
286 OTTERS genes (*NPPA, CPEB4, NT5C2, TNNT3, C11orf49, CSK, FES, MBTPS1, ACE, MRI1,*  
287 *HAUS8, RPL28, CTSZ*), when considering all available tissue types in GTEx V6 reference data.  
288 These genes were identified by FUSION when considering the GTEx V6 reference data of  
289 artery, thyroid, adipose visceral, and nerve tibial tissues. For example, the most significant gene  
290 *FES* (OTTERS p-value =  $2.87 \times 10^{-32}$ ) was identified by FUSION using GTEx reference data of  
291 artery tibial, thyroid, and adipose visceral omentum tissues, and was also identified as a TWAS  
292 risk gene for high blood pressure, which is strongly related to cardiovascular disease<sup>46</sup>.

293 Our OTTERS method also identified 17 novel risk genes (*LINC01093, SERPINB6,*  
294 *CARMIL1, ZSCAN12P1, HCG4P7, HCG4P3, HLA-S, PSPHP1, LPL, PTP4A3, SLC03A1,*  
295 *RALBP1, SULT2B1, EDN3, ZBTB46, FAM3B, MX1*) that were not detected by FUSION using  
296 GTEx V6 data, where *EDN3* (Endothelin 3, a member of the endothelin family) was shown to be  
297 active in the cardiovascular system and play an important role in the maintenance of blood  
298 pressure or generation of hypertension<sup>47</sup>.

299 By comparing OTTERS results with the ones obtained by individual methods (Table 2;  
300 Figure 4; Figure S4), we found that all individual methods contributed to the OTTERS results. For  
301 example, the novel risk gene *LINC01093* was only identified by *lassosum*, while genes *CPEB4*,  
302 *SIDT2*, and *ACE* were only detected by *PRS-CS* and *SDPR* and the novel risk gene *EDN3* was  
303 only identified by the *P+T* methods. To better understand the differences among individual

304 methods, we plotted the eQTL weights estimated by *P+T* (0.001), *P+T* (0.05), *lassosum*, *SDPR*,  
305 and *PRS-CS* for three example genes that were only detected by one or two individual methods  
306 (Figures S5-S7). For these genes, we plotted the eQTL weights produced by each method with  
307 such weights color coded with respect to  $-\log_{10}$  (GWAS p-values) from the UKBB GWAS  
308 summary statistics and shape coded with respect to the direction of UKBB GWAS Z-score  
309 statistics. Generally, significant TWAS p-values would be obtained by methods that obtained  
310 eQTL weights with relatively large magnitude for SNPs with relatively more significant GWAS p-  
311 values.

312 In Figure S5, we showed the eQTL weights for gene *SIDT2*, which was a significant risk  
313 gene identified by both *PRS-CS* and *SDPR*, and had p-values  $< 10^{-4}$  by other methods.  
314 Compared to *lassosum*, *SDPR* had more significant GWAS SNPs colocalized with eQTLs  
315 having relatively large weights in the test region, and *PRS-CS* had more non-significant GWAS  
316 SNPs colocalized with eQTLs having zero weights. Compared to the *P+T* methods, *SDPR* and  
317 *PRS-CS* based on a multivariate regression model modeled LD among all test SNPs, and thus  
318 estimated eQTL weights leading to significant TWAS findings. In Figure S6, we provided the  
319 results of gene *EDN3*, which was only identified by *P+T* methods (p-values  $\leq 9.15 \times 10^{-8}$ ).  
320 Compared to *P+T* methods, *SDPR* (p-value =  $5.9 \times 10^{-3}$ ) and *PRS-CS* (p-value = 0.0158) had  
321 fewer significant GWAS SNPs colocalized with eQTLs that had relatively large weights in the  
322 test region, while *lassosum* (p-value =  $8.6 \times 10^{-6}$ ) assigned relatively large weights to more  
323 non-significant GWAS SNPs. In Figure S7, we provided results for gene *LINC01093*, which was  
324 only identified by *lassosum*. For this gene, *SDPR* and *PRS-CS* estimated near-zero weights for  
325 most test SNPs with significant GWAS p-values in the test region. Most significant GWAS SNPs  
326 did not have eQTL test p-values  $< 0.001$  or 0.05, and were thus filtered out by *P+T* methods.  
327 *lassosum* was the only method that produced relatively large eQTL weights that co-localized  
328 with GWAS significant SNPs.

329

330        These results were consistent with our simulation study results, demonstrating that the  
331    performance of different individual methods depended on the underlying genetic architecture. We  
332    do note that there were a handful of genes identified by an individual method that were not  
333    significant using OTTERS (Table S2). Nonetheless, the omnibus test borrows strength across all  
334    individual methods, thus generally achieves higher TWAS power and identifies the group of most  
335    robust TWAS risk genes.

336        By examining the Q-Q plots of TWAS p-values, we observed a moderate inflation for all  
337    methods (Figure S8). Such inflation in TWAS results is not uncommon<sup>48–50</sup>, which could be due  
338    to similar inflation in the GWAS summary data and not distinguishing the pleiotropy and mediation  
339    effects for considered gene expression and phenotype of interest<sup>51</sup> (Figure S9). We also observed  
340    a notable inflation in the GWAS p-values of cardiovascular disease from UKBB (Figure S9), as  
341    we estimated the LD score regression<sup>52</sup> intercept to be 1.1 from the GWAS summary data.

342        We did not consider directly comparing to FUSION in our above TWAS analyses of  
343    cardiovascular disease since we used the summary-level reference data eQTLGen. However, to  
344    assess the performance of OTTERS and FUSION in a real study where individual-level reference  
345    data are available, we performed an additional TWAS analysis of cardiovascular disease in the  
346    UK Biobank using the GTEx V8 data of 574 whole blood samples as the reference data. We  
347    trained OTTERS Stage I using cis-eQTL summary statistics obtained from these 574 GTEx V8  
348    whole blood samples and reference LD from GTEx V8 WGS samples, and trained FUSION  
349    models using individual-level genotype data and gene expression data of the same 574 whole  
350    blood samples.

351        We tested TWAS association for 19,653 genes and identified genes with TWAS p-values  
352     $< 2.53 \times 10^{-6}$  (Bonferroni corrected significance level) as significant TWAS genes. Training  $R^2 >$

353 0.01 was used to select “valid” GReX imputation models for TWAS (Figure S10). To identify  
354 independently significant TWAS genes, we calculated the training  $R^2$  between the GReX  
355 predicted by lassosum for each pair of genes, since lassosum had the best training  $R^2$  (Figure  
356 S10). For a pair of genes with the predicted GReX  $R^2 > 0.5$ , we only kept the gene with the smaller  
357 TWAS p-value as the independently significant gene. As a result, OTTERS obtained 34  
358 independently significant TWAS genes, while FUSION identified 21 independently significant  
359 TWAS genes (Figure S11). A total of 14 genes were identified by both FUSION and OTTERS  
360 (Table S3).

361 These results demonstrate the advantages of OTTERS for using multiple PRS training  
362 methods to account for the unknown genetic architecture of gene expression, which is consistent  
363 in our simulation results. These results also showed the advantage of using eQTL summary data  
364 with a larger training sample size, as more independently significant TWAS genes were identified  
365 by using the eQTLGen summary reference data (38 vs. 34), even with a more stringent rule (test  
366 instead of training  $R^2 > 0.01$ ) applied to select test genes with “valid” GReX imputation models.

367 Computational Time

368 The computational time per gene of different PRS methods depends on the number of test  
369 variants considered for the target gene. Thus, we calculated the computational time and memory  
370 usage for 4 groups of genes whose test variants were <2000, between 2000 and 3000, between  
371 3000 and 4000, and >4000, respectively. Among all tested genes in our real studies, the median  
372 number of test variants per gene is 3152, and the proportion of genes in each group is 10.3%,  
373 33.4%, 34.5%, and 21.8%, respectively. For each group, we randomly selected 10 genes on  
374 Chromosome 4 to evaluate the average computational time and memory usage per gene. We  
375 benchmarked the computational time and memory usage of each method on one Intel(R) Xeon(R)  
376 processor (2.10 GHz). The evaluation was based on 1000 MCMC iterations for SDPR and PRS-  
377 CS (default) without parallel computation (Table S4). We showed that *P+T* and *lassosum* were

378 computationally more efficient than *SDPR* and *PRS-CS*, whose speed were impeded by the need  
379 of MCMC iterations. Between the two Bayesian methods, *SDPR* implemented in C++ uses  
380 significantly less time and memory than *PRS-CS* implemented in Python.

381 **Discussion**

382 Our OTTERS framework represents an omnibus TWAS tool that can leverage summary-  
383 level expression and genotype results from a reference sample, thereby robustly expanding the  
384 use of TWAS into more settings. To this end, we adapted and evaluated five different PRS  
385 methods assuming different underlying genetic models, including the relatively simple method  
386 *P+T*<sup>26</sup> with two different p-value thresholds (0.001 and 0.05), the frequentist method *lassosum*<sup>27</sup>,  
387 as well as the Bayesian methods *PRS-CS*<sup>28</sup> and *SDPR*<sup>29</sup> within our omnibus test for optimal  
388 inference. We note that additional PRS methods such as *MegaPRS*<sup>30</sup> or *PUMAS*<sup>31</sup> could also be  
389 implemented as additional OTTERS Stage I training methods. Higher TWAS power might be  
390 obtained by adding more PRS methods in OTTERS Stage I, with additional computation cost. We  
391 also note that the existing *SMR-HEIDI*<sup>53</sup> method, which uses summary-level data from GWAS and  
392 eQTL studies to test for possible causal genetic effects of a trait of interest that were mediated through  
393 gene expression, could also be used as an alternative method besides TWAS. However, the SMR  
394 method generally restricts eQTL for consideration, excluding those where the eQTL p-values  
395 larger than a certain threshold, e.g., 0.05.

396 In simulation studies, we demonstrated that the performance of each of these five PRS  
397 methods depended substantially on the underlying genetic architecture for gene expression, with  
398 *P+T* methods generally performing better for sparse architecture whereas the Bayesian methods  
399 performing better for denser architecture. Consequently, since genetic architecture of gene  
400 expression is unknown apriori, we believe this justifies the use of the omnibus TWAS test  
401 implemented in OTTERS for practical use as this test had near-optimal performance across all  
402 simulation scenarios considered. While we developed our methods with summary-level reference

403 data in mind, we note that our prediction methods and OTTERS perform well (in terms of  
404 imputation accuracy and power) relative to existing TWAS methods like FUSION when individual-  
405 level reference data are available.

406 In our real data application using UKBB GWAS summary-level data, we compared  
407 OTTERS TWAS results using reference eQTL summary data from eQTLGen consortium to  
408 FUSION TWAS results using a substantially smaller individual-level reference dataset from GTEx  
409 V6. OTTERS identified 13 significant TWAS risk genes that were missed by FUSION using  
410 individual-level GTEx V6 reference data of blood tissue, suggesting that the use of larger  
411 reference datasets like eQTLGen in TWAS can identify novel findings. Interestingly, the genes  
412 missed by FUSION were instead detected using individual-level GTEx reference data of other  
413 tissue types that are more directly related to cardiovascular disease. By comparing OTTERS to  
414 FUSION when the same individual-level GTEx V8 reference data of whole blood samples were  
415 used, we still observed that OTTERS identified more risk genes than FUSION, which we believe  
416 is due to the former method accounting for the unknown genetic architecture of gene expression  
417 by using multiple regression methods to train GReX imputation models. These applied results  
418 were consistent with our simulation results.

419 Among all individual methods, *P+T* is the most computationally efficient method. The  
420 Bayesian methods *SDPR* and *PRS-CS* require more computation time than the frequentist  
421 method *lassosum* as the former set of methods require a large number of MCMC iterations for  
422 model fit. By comparing the performance of these five methods in terms of the imputation accuracy  
423 and TWAS power in simulations and real applications, we conclude that none of these methods  
424 were optimal across different genetic architectures. We found that all methods provided distinct  
425 and considerable contributions to the final OTTERS TWAS results. These results demonstrate  
426 the benefits of OTTERS in practice, since OTTERS can combine the strength of these individual  
427 methods to achieve the optimal performance.

428 To enable the use of OTTERS by the public, we provide an integrated tool (see Availability  
429 of data and materials) to: (1) Train GReX imputation models (i.e., estimate eQTL weights in Stage  
430 I) using eQTL summary data by *P+T*, *lassosum*, *SDPR*, and *PRS-CS*; (2) Conduct TWAS (i.e.,  
431 testing gene-trait association in Stage II) using both individual-level and summary-level GWAS  
432 data with the estimated eQTL weights; and (3) Apply ACAT-O to aggregate the TWAS p-values  
433 from individual training methods. Since the existing tools for *P+T*, *lassosum*, *SDPR*, and *PRS-CS*  
434 were originally developed for PRS calculations, we adapted and optimized them for training GReX  
435 imputation models in our OTTERS tool. For example, we integrate TABIX<sup>54</sup> and PLINK<sup>55</sup> tools in  
436 OTTERS to extract input data per target gene more efficiently. We also enable parallel  
437 computation in OTTERS for training GReX imputation models and testing gene-trait association  
438 of multiple genes.

439 The OTTERS framework does have its limitations. First, training GReX imputation models  
440 by all individual methods on average cost ~20 minutes for all 5 training models per gene, which  
441 might be computationally challenging for studying eQTL summary data of multiple tissue types  
442 and for ~20K genome-wide genes. Users might consider prioritize *P+T*(0.001), *lassosum*, and  
443 *SDPR* training methods as these three provide complementary results in our studies. Second, the  
444 currently available eQTL summary statistics are mainly derived from individuals of European  
445 descent. Our OTTERS trained GReX imputations model based on these eQTL summary  
446 statistics, and the resulting imputed GReX could consequently have attenuated cross-population  
447 predictive performance<sup>56</sup>. This might limit the transferability of our TWAS results across  
448 populations. Third, our OTTERS cannot provide the direction of the identified gene-phenotype  
449 associations, which should be referred to the sign of the TWAS Z-score statistic per training  
450 method. Last, even though the method applies to integrate both cis- and trans- eQTL with GWAS  
451 data, the computation time and availability of summary-level trans-eQTL reference data are still  
452 the main obstacles. Our current OTTERS tool only considers cis-eQTL effects. Extension of

453 OTTERS to enable cross-population TWAS and incorporation of trans-eQTL effects is part of our  
454 ongoing research but out of the scope of this work.

455 Our novel OTTERS framework using large-scale eQTL summary data has the potential to  
456 identify more significant TWAS risk genes than standard TWAS tools that use smaller individual-  
457 level reference transcriptomic data and use only a single regression method for training GReX  
458 imputation models. This tool provides the opportunity to leverage not only available public eQTL  
459 summary data of various tissues for conducting TWAS of complex traits and diseases, but also  
460 the emerging summary-level data of other types of molecular QTL such as splicing QTLs,  
461 methylation QTLs, metabolomics QTLs, and protein QTLs. For example, OTTERS could be  
462 applied to perform proteome-wide association studies using summary-level reference data of  
463 genetic-protein relationships such as those reported by the SCALLOP consortium<sup>57</sup>, and  
464 epigenome-wide association studies using summary-level reference data of methylation-  
465 phenotype relationships reported by Genetics of DNA Methylation Consortium (GoDMC) (see  
466 Web Resources). OTTERS would be most useful for the broad researchers who only have access  
467 to summary-level QTL reference data and summary-level GWAS data. The feasibility of  
468 integrating summary-level molecular QTL data and GWAS data makes our OTTERS tool valuable  
469 for wide application in current multi-omics studies of complex traits and diseases.

470 **Methods**

471 Traditional Two-Stage TWAS Analysis

472 Stage I of TWAS estimates a GReX imputation model using individual-level expression  
473 and genotype data available from a reference dataset. Consider the following GReX imputation  
474 model from  $n$  individuals and  $m$  SNPs (multivariable regression model assuming linear additive  
475 genetic effects) within the reference dataset:

476 
$$\mathbf{E}_g = \mathbf{X}\mathbf{w} + \boldsymbol{\epsilon}, \quad \boldsymbol{\epsilon} \sim N(0, \sigma_\epsilon^2 \mathbf{I}). \quad \text{(Equation 1)}$$

477 Here,  $E_g$  is a vector representing gene expression levels of gene  $g$ ,  $X$  is an  $n \times m$  matrix of  
478 genotype data of SNP predictors proximal or within gene  $g$ ,  $w$  is a vector of genetic effect sizes  
479 (referred to as a broad sense of eQTL effect sizes), and  $\epsilon$  is the error term. Here, we consider  
480 only cis-SNPs within 1 MB of the flanking 5' and 3' ends as genotype predictors that are coded  
481 within  $X$ <sup>19,20,22</sup>. Once we configure the model in Equation 1, we can employ methods like  
482 PrediXcan, FUSION, and TIGAR to fit the model and obtain estimates of eQTL effect sizes ( $\hat{w}$ ).

483 Stage II of TWAS uses the eQTL effect sizes ( $\hat{w}$ ) from Stage I to impute gene expression  
484 (GReX) in an independent GWAS and then test for association between GReX and phenotype.  
485 Given individual-level GWAS data with genotype data  $X_{new}$  and eQTL effect sizes ( $\hat{w}$ ) from Stage  
486 I, the GReX for  $X_{new}$  can be imputed by  $\widehat{GReX} = X_{new} \hat{w}$ . The follow-up TWAS would test the  
487 association between  $\widehat{GReX}$  and phenotype  $Y$  based on a generalized linear regression model,  
488 which is equivalent to a gene-based association test taking  $\hat{w}$  as test SNP weights. When  
489 individual-level GWAS data are not available, one can apply FUSION and S-PrediXcan test  
490 statistics to summary-level GWAS data as follows:

$$491 Z_{g,FUSION} = \frac{\sum_{j=1}^J (\hat{w}_j Z_j)}{\sqrt{\hat{w}' V \hat{w}}}, \quad Z_{g,S-PrediXcan} = \frac{\sum_{j=1}^J (\hat{w}_j \hat{\sigma}_j Z_j)}{\sqrt{\hat{w}' V \hat{w}}} \quad (\text{Equation 2})$$

492 where  $Z_j$  is the single variant  $Z$ -score test statistic in GWAS for the  $j^{th}$  SNP,  $j = 1, \dots, J$ , for all test  
493 SNPs that have both eQTL weights with respect to the test gene  $g$  and GWAS  $Z$ -scores;  $\hat{\sigma}_j$  is  
494 the genotype standard deviation of the  $j^{th}$  SNP; and  $V$  denotes the genotype correlation matrix in  
495 FUSION  $Z$ -score statistic and genotype covariance matrix in S-PrediXcan  $Z$ -score statistic of the  
496 test SNPs. In particular,  $\hat{\sigma}_j$  and  $V$  can be approximated from a reference panel with genotype  
497 data of samples of the same ancestry such as those available from the 1000 Genomes  
498 Project<sup>58</sup>. If  $\hat{w}$  are standardized effect sizes estimated assuming standardized genotype  $X$  and

499 gene expression  $E_g$  in Equation 1, FUSION and S-PrediXcan Z-score statistics are equivalent<sup>13</sup>.

500 Otherwise, the S-PrediXcan Z-score should be applied to avoid false positive inflation.

501 TWAS Stage I Analysis using Summary-Level Reference Data

502 We now consider a variation of TWAS Stage I to estimate cis-eQTL effect sizes  $\hat{w}$  based  
503 on a multivariable regression model (Equation 1) from summary-level reference data. We assume  
504 that the summary-level reference data provide information on the association between a single  
505 genetic variant  $j$  ( $j = 1, \dots, m$ ) and expression of gene  $g$ . This information generally consists of  
506 effect size estimates ( $\tilde{w}_j, j = 1, \dots, m$ ) and p-values derived from the following single variant  
507 regression models:

508 
$$E_g = X_j w_j + \epsilon, \epsilon \sim N(0, \sigma_\epsilon^2 I), j = 1, \dots, m. \quad (\text{Equation 3})$$

509 Here,  $X_j$  is an  $n \times 1$  vector of genotype data for genetic variant  $j$ . Since eQTL summary data are  
510 analogous to GWAS summary data where gene expression represents the phenotype, we can  
511 estimate the eQTL effect sizes  $\hat{w}$  using marginal least squared effect estimates ( $\tilde{w}_j, j = 1, \dots, m$ )  
512 and p-values from the QTL summary data as well as reference linkage disequilibrium (LD)  
513 information of the same ancestry<sup>26–29</sup>. Although all PRS methods apply to the TWAS Stage I  
514 framework, we only consider four representative methods as follows:

515 **P+T:** The *P+T* method selects eQTL weights by LD-clumping and P-value Thresholding<sup>26</sup>.  
516 Given threshold  $P_T$  for p-values and threshold  $R_T$  for LD  $R^2$ , we first exclude SNPs with marginal  
517 p-values from eQTL summary data greater than  $P_T$  or strongly correlated (LD  $R^2$  greater than  $R_T$ )  
518 with another SNP having a more significant marginal p-value (or Z-score statistic value). For the  
519 remaining selected test SNPs, we use marginal standardized eQTL effect sizes from eQTL  
520 summary data as eQTL weights for TWAS in Stage II. We considered  $R_T = 0.99$  and  $P_T =$   
521 (0.001, 0.05) in this paper and implemented the *P+T* method using PLINK 1.9<sup>55</sup> (see Web

522 Resources). We denote the *P+T* method with  $P_T$  equal to 0.001 and 0.05 as *P+T (0.001)* and  
523 *P+T (0.05)*, respectively.

524 *Frequentist lassosum*: With standardized  $\mathbf{E}_g$  and  $\mathbf{X}$ , we can show that the marginal least  
525 squared eQTL effect size estimates from the single variant regression model (Equation 3) is  $\tilde{\mathbf{w}} =$   
526  $\mathbf{X}^T \mathbf{E}_g / n$  and that the LD correlation matrix is  $\mathbf{R} = \mathbf{X}^T \mathbf{X} / n$ . That is,

527 
$$\mathbf{X}^T \mathbf{E}_g = n \tilde{\mathbf{w}} \text{ and } \mathbf{X}^T \mathbf{X} = n \mathbf{R}. \quad (\text{Equation 4})$$

528 By approximating  $n \mathbf{R}$  by  $n \mathbf{R}_s$  ( $\mathbf{R}_s = (1 - s) \mathbf{R}_r + s \mathbf{I}$  with a tuning parameter  $0 < s < 1$ , a reference  
529 LD correlation matrix  $\mathbf{R}_r$  from an external panel such as one from the 1000 Genomes Project<sup>58</sup>,  
530 and an identity matrix  $\mathbf{I}$ ) in the LASSO<sup>32</sup> penalized loss function, the frequentist *lassosum*  
531 method<sup>27</sup> can tune the LASSO penalty parameter and  $s$  using a pseudovalidation approach and  
532 then solve for eQTL effect size estimates  $\hat{\mathbf{w}}$  by minimizing the approximated LASSO loss function  
533 requiring no individual-level data (see details in Supplemental Methods).

534 *Bayesian SDPR*: Bayesian DPR method<sup>33</sup> as implemented in TIGAR<sup>22</sup> estimates  $\hat{\mathbf{w}}$  for the  
535 underlying multivariable regression model in Equation 1 by assuming a normal prior  $N(0, \sigma_w^2)$  for  
536  $w_j$  and a Dirichlet process prior<sup>59</sup>  $DP(H, \alpha)$  for  $\sigma_w^2$  with base distribution  $H$  and concentration  
537 parameter  $\alpha$ . *SDPR*<sup>29</sup> assumes the same DPR model but can be applied to estimate the eQTL  
538 effect sizes  $\hat{\mathbf{w}}$  using only eQTL summary data (see details in Supplemental Methods).

539 *Bayesian PRS-CS*: The *PRS-CS* method<sup>28</sup> assumes the following normal prior for  $w_j$  and  
540 non-informative scale-invariant Jeffreys prior on the residual variance  $\sigma_\epsilon^2$  in Equation 1

541 
$$w_j \sim N\left(0, \frac{\sigma_\epsilon^2}{n} \psi_j\right), \quad p(\sigma_\epsilon^2) \propto \sigma_\epsilon^{-2}; \quad \psi_j \sim Gamma(a, \delta_j), \quad \delta_j \sim Gamma(b, \phi),$$

542 where local shrinkage parameter  $\psi_j$  has an independent gamma-gamma prior and  $\phi$  is a global-  
543 shrinkage parameter controlling the overall sparsity of  $\mathbf{w}$ . *PRS-CS* sets hyper parameters  $a = 1$

544 and  $b = 1/2$  to ensure the prior density of  $w_j$  to have a sharp peak around zero to shrink small  
545 effect sizes of potentially false eQTL towards zero, as well as heavy, Cauchy-like tails which  
546 asserts little influence on eQTLs with larger effects. Posterior estimates  $\hat{w}$  will be obtained from  
547 eQTL summary data (i.e., marginal effect size estimates  $\tilde{w}$  and p-values) and reference LD  
548 correlation matrix  $R$  by Gibbs Sampler (see details in Supplemental Methods). We set  $\phi$  as the  
549 square of the proportion of causal variants in the simulation and as  $10^{-4}$  per gene in the real data  
550 application.

551 OTTERS Framework

552 As shown in Figure 1, OTTERS first trains GReX imputation models per gene  $g$  using  $P+T$ ,  
553 *lassosum*, *SDPR*, and *PRS-CS* methods that each infers cis-eQTLs weights using cis-eQTL  
554 summary data and an external LD reference panel of similar ancestry (Stage I). Once we derive  
555 cis-eQTLs weights for each training method, we can impute the respective GReX using that  
556 method and perform the respective gene-based association analysis in the test GWAS dataset  
557 using the formulas given in Equation 2 (Stage II). We thus derive a set of TWAS p-values for gene  
558  $g$ ; one p-value for each training model that we applied. We then use these TWAS p-values to  
559 create an omnibus test using the ACAT-O<sup>34</sup> approach that employs a Cauchy distribution for  
560 inference (see details in Supplemental Methods). We refer to the p-value derived from ACAT-O  
561 test as the OTTERS p-value.

562 Marginal eQTL Effect Sizes

563 In practice of training GReX imputation models using reference eQTL summary data, the  
564 marginal standardized eQTL effect sizes were approximated by  $\tilde{w}_j \approx Z_j / \sqrt{\text{median}(n_{g,j})}$ , where  
565  $Z_j$  denotes the corresponding eQTL Z-score statistic value by single variant test and  
566  $\text{median}(n_{g,j})$  denotes the median sample size of all cis-eQTLs for the target gene  $g$ . The median  
567 cis-eQTL sample size per gene was also taken as the sample size value required by *lassosum*,

568 *SDPR*, and *PRS-CS* methods, for robust performance. Since summary eQTL datasets (e.g.,  
569 eQTLGen) were generally obtained by meta-analysis of multiple cohorts, the sample size per test  
570 SNP could vary across all cis-eQTLs of the test gene. The median cis-eQTL sample size ensures  
571 a robust performance for applying those eQTL summary data based methods.

572 *LD Clumping*

573 We performed LD-clumping with  $R_T=0.99$  for all individual methods in both simulation and  
574 real studies. Using PRS-CS as an example, we also showed that LD-clumping does not affect the  
575 GReX imputation accuracy compared to no clumping in the real data testing (Figure S12).

576 *LD Blocks for lassosum, PRS-CS, and SDPR*

577 LD blocks were determined externally by *ldetect*<sup>60</sup> for *lassosum* and *PRS-CS*, while  
578 internally for *SDPR* which ensure that SNPs in one LD block do not have nonignorable correlation  
579 ( $R^2 > 0.1$ ) with SNPs in other blocks.

580 *Simulate GWAS Z-score*

581 Given gene expression  $\mathbf{E}_g$  simulated from the multivariate regression model  $\mathbf{E}_g = \mathbf{X}_g \mathbf{w} +$   
582  $\boldsymbol{\epsilon}_g$  with standardized genotype matrix  $\mathbf{X}_g$  and  $\boldsymbol{\epsilon}_g \sim N(0, (1 - h_e^2) \mathbf{I})$ , we assume GWAS phenotype  
583 data of  $n_{gwas}$  samples are simulated from the following linear regression model

584 
$$\mathbf{Y} = h_p(\mathbf{X}_g \mathbf{w}) + \boldsymbol{\epsilon}_p, \quad \boldsymbol{\epsilon}_p \sim N(0, \mathbf{I}).$$

585 Conditioning on true genetic effect sizes, the GWAS Z-score test statistics of all test SNPs will  
586 follow a multivariate normal distribution,  $MVN\left(\boldsymbol{\Sigma}_g \mathbf{w} \sqrt{n_{gwas} h_p^2}, \boldsymbol{\Sigma}_g\right)$ , where  $\boldsymbol{\Sigma}_g$  is the correlation  
587 matrix of the standardized genotype  $\mathbf{X}_g$  from test samples, and  $h_p^2$  denotes the amount of  
588 phenotypic variance explained by simulated GReX= $\mathbf{X}_g \mathbf{w}$ <sup>38</sup>. Thus, for a given GWAS sample size,  
589 we can generate GWAS Z-score statistic values from this multivariate normal distribution.

590 *FUSION using Individual-level Reference Data*

591 To train GReX imputation models by FUSION with individual-level reference data, we  
592 trained Best Linear Unbiased Predictor (BLUP) model<sup>61</sup>, Elastic-net regression<sup>62</sup>, LASSO  
593 regression<sup>32</sup>, and single best eQTL model as implemented in the FUSION tool (see Web  
594 Resource). Default settings were used to train GReX imputation models by FUSION in our  
595 simulation and real studies. LASSO regression was performed only for genes with positive  
596 estimated expression heritability. The eQTL weights of the best trained GReX imputation model  
597 will be used to conduct TWAS by FUSION.

598 *GTEx V8 Dataset*

599 GTEx V8 dataset (dbGaP phs000424.v8.p2) contains comprehensive profiling of WGS  
600 genotype data and RNA-sequencing (RNA-seq) transcriptomic data across 54 human tissue  
601 types of 838 donors. The GTEx V8 WGS genotype data of all samples were used to construct  
602 reference LD in our studies. The GTEx V6 RNA-seq data of whole blood samples were used to  
603 train GReX imputation models by FUSION, and the GTEx V8 RNA-seq data of additional whole  
604 blood samples (n=315) were used to test GReX imputation accuracy in our studies. GTEx V8  
605 RNA-seq data of all whole blood samples (n=574) were also used as reference data for  
606 comparing the performance of OTTERS and FUSION.

607 *eQTLGen Consortium Dataset*

608 The eQTLGen consortium<sup>23</sup> dataset was generated based on meta-analysis across 37  
609 individual cohorts (n=31,684) including GTEx V6 as a sub-cohort. eQTLGen samples consist of  
610 25,482 blood (80.4%) and 6,202 peripheral blood mononuclear cell (19.6%) samples. We  
611 considered SNPs with minor allele frequency (MAF) > 0.01, Hardy–Weinberg P value >0.0001,  
612 call rate >0.95, genotype imputation  $r^2$  > 0.5 and observed in at least 2 cohorts<sup>23</sup>. We only  
613 considered cis-eQTL (within  $\pm 1$ MB around gene transcription start sites (TSS)) with test sample

614 size > 3000. As a result, we used cis-eQTL summary data of 16,699 genes from eQTLGen to  
615 train GReX imputation models for use in OTTERS in this study.

616 **UK Biobank GWAS Data of Cardiovascular Disease**

617 Summary-level GWAS data of Cardiovascular Disease from UKBB (n=459,324, case  
618 fraction = 0.319)<sup>35</sup> were generated by BOLT-LMM based on the Bayesian linear mixed model per  
619 SNP<sup>63</sup> with assessment centered, sex, age, and squared age as covariates. Although BOLT-LMM  
620 was derived based on a quantitative trait model, it can be applied to analyze case-control traits  
621 and has well-controlled false positive rate when the trait is sufficiently balanced with case fraction  
622  $\geq 10\%$  and samples are of the same ancestry. The tested dichotomous cardiovascular disease  
623 phenotype includes a list of sub-phenotypes: hypertension, heart/cardiac problem, peripheral  
624 vascular disease, venous thromboembolic disease, stroke, transient ischaemic attack (tia),  
625 subdural haemorrhage/haematoma, cerebral aneurysm, high cholesterol, and other  
626 venous/lymphatic disease.

627 **Data Availability**

628 eQTLGen consortium data are available from their portal website (<https://www.eqtldgen.org>). UK  
629 Biobank summary-level GWAS data are available through the Alkes Group  
630 (<https://alkesgroup.broadinstitute.org/UKBB>). Individual-level GTEx reference data are available  
631 through dbGap (Accession phs000424.v8.p2). ROS/MAP/MSBB WGS data used in our  
632 simulation studies are available through Synapse with data access application  
633 (<https://www.synapse.org/#!Synapse:syn10901595>). All source code and scripts used in this  
634 study are available through OTTERS Github page (<https://github.com/daiqile96/OTTERS>).

635 **Ethics Approval**

636 All data used in this study are de-identified genotype data and summary level eQTL and GWAS  
637 data. ROS/MAP genotype data were collected with ethics approval from the IRB at Rush  
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661 **Authors' contributions**

662 QD conducted data analysis and drafted the manuscript; JY and MPE conceptualized and led the  
663 project, and edited the manuscript; GZ and HZ consulted data analysis and edited the manuscript;  
664 UV, LF, AB, AT, TL, OR, TE, contributed reference eQTL summary data and edited the  
665 manuscript; eQTLGen Consortium contributed eQTLGen summary data.

666 **Competing interests**

667 The authors declare no competing interests and consent for publication.

668 **Materials & Correspondence**

669 Correspondence and material requests should be sent to M.P.E. ([mpepste@emory.edu](mailto:mpepste@emory.edu)) and  
670 J.Y. ([jingjing.yang@emory.edu](mailto:jingjing.yang@emory.edu)).

671 **Description of Supplemental Data**

672 Supplemental data include 12 figures, 4 tables, and supplemental methods.

673 **Web Resources**

674 ACAT: <https://github.com/yaowuliu/ACAT>

675 eQTLGen: <https://www.eqtngen.org>

676 FUSION: <http://gusevlab.org/projects/fusion>

677 GoDMC: <http://www.godmc.org.uk>

678 lassosum: <https://github.com/tshmak/lassosum>

679 OTTERS: <https://github.com/daiqile96/OTTERS>

680 PLINK: <https://www.cog-genomics.org/plink>

681 PRS-CS: <https://github.com/getian107/PRScs>

682 SDPR: <https://github.com/eldronzhou/SDPR>

683 TWAS hub: <http://twas-hub.org>

684

685

686 **Tables**

687 **Table 1. Test  $R^2$  in 315 whole blood tissue samples from GTEx V8.**

	P+T(0.001)	P+T(0.05)	lassosum	SDPR	PRS-CS	FUSION <sup>b</sup>
# Genes with $R^2 > 0.01$	9,816	9,662	8,718	9,670	10,337	4,704
Median $R^2$ <sup>a</sup>	0.044	0.0430	0.0416	0.0418	0.0517	0.0367

688

a: Median  $R^2$  among genes with test  $R^2 > 0.01$  per method.

b: FUSION was trained on GTEx V6 blood samples while all other training methods were trained using eQTLGen summary statistics (n=31,684) and reference LD from GTEx V8 samples.

689

690 **Table 2. Independent TWAS risk genes of cardiovascular disease identified by OTTERS.**  
 691 Reference eQTL summary data from eQTLGen consortium and GWAS summary data from  
 692 UKBB were used. The corresponding TWAS p-values by 5 individual PRS methods and  
 693 OTTERS are shown in the table with significant p-values in bold, and those for genes with test  
 694 GReX  $R^2 \leq 0.01$  were shown as a dash.

CHROM	ID	OTTERS	P+T(0.001)	P+T(0.05)	lassosum	SDPR	PRS-CS
1	CLCN6 <sup>a</sup>	<b>5.75E-15</b>	<b>4.94E-09</b>	<b>5.40E-08</b>	<b>8.77E-09</b>	<b>1.19E-15</b>	<b>1.43E-09</b>
1	NPPA <sup>b</sup>	<b>4.32E-08</b>	<b>1.55E-08</b>	<b>2.14E-07</b>	-	-	6.71E-06
1	PSRC1 <sup>a</sup>	<b>8.37E-20</b>	<b>5.68E-08</b>	<b>8.46E-07</b>	<b>6.26E-11</b>	<b>1.67E-20</b>	<b>1.41E-12</b>
2	RP11-378A13.1 <sup>a</sup>	<b>9.78E-09</b>	3.97E-02	4.98E-02	1.62E-05	<b>1.96E-09</b>	1.15E-04
4	LINC01093 <sup>c</sup>	<b>2.57E-09</b>	9.85E-02	5.31E-02	<b>5.13E-10</b>	1.08E-02	2.41E-02
5	CPEB4 <sup>b</sup>	<b>3.05E-14</b>	1.26E-02	2.05E-02	2.70E-05	<b>6.05E-15</b>	<b>1.60E-07</b>
6	SERPINB6 <sup>c</sup>	<b>1.47E-07</b>	2.12E-01	2.24E-01	7.56E-03	<b>2.95E-08</b>	7.53E-04
6	CARMIL1 <sup>c</sup>	<b>9.23E-09</b>	5.34E-03	3.41E-03	4.15E-03	<b>1.85E-09</b>	1.72E-03
6	ZSCAN12P1 <sup>c</sup>	<b>1.84E-08</b>	6.00E-01	5.75E-01	4.62E-01	<b>3.67E-09</b>	3.10E-01
6	HCG4P7 <sup>c</sup>	<b>8.93E-50</b>	3.70E-01	3.69E-01	2.30E-01	<b>1.79E-50</b>	7.26E-01
6	HCG4P3 <sup>c</sup>	<b>5.33E-20</b>	4.20E-01	4.05E-01	5.03E-04	<b>1.07E-20</b>	2.42E-03
6	HLA-S <sup>c</sup>	<b>4.57E-07</b>	7.13E-01	7.31E-01	3.02E-01	<b>9.14E-08</b>	2.33E-01
7	PSPHP1 <sup>c</sup>	<b>1.21E-09</b>	2.17E-01	2.26E-01	9.65E-03	<b>2.43E-10</b>	1.10E-01
8	LPL <sup>c</sup>	<b>5.73E-07</b>	1.78E-03	3.26E-03	4.44E-02	<b>1.15E-07</b>	1.05E-04
8	PTP4A3 <sup>c</sup>	<b>1.28E-06</b>	8.13E-02	8.33E-02	6.23E-05	<b>2.58E-07</b>	1.67E-03
10	CAMK1D <sup>a</sup>	<b>2.51E-09</b>	3.83E-02	4.97E-02	1.23E-03	<b>5.03E-10</b>	4.97E-05
10	NT5C2 <sup>b</sup>	<b>1.21E-07</b>	<b>1.69E-06</b>	<b>2.92E-06</b>	1.64E-05	<b>3.15E-07</b>	<b>2.69E-08</b>
11	TNNT3 <sup>b</sup>	<b>1.67E-10</b>	<b>1.09E-06</b>	3.33E-06	<b>2.03E-09</b>	<b>3.40E-11</b>	<b>4.01E-07</b>
11	C11orf49 <sup>b</sup>	<b>2.28E-06</b>	<b>8.55E-07</b>	<b>1.78E-06</b>	5.44E-05	-	2.93E-04
11	SIDT2 <sup>a</sup>	<b>7.26E-09</b>	6.14E-05	1.33E-04	3.66E-05	<b>1.46E-09</b>	<b>3.81E-07</b>
15	CSK <sup>b</sup>	<b>2.30E-09</b>	<b>1.70E-07</b>	<b>2.15E-06</b>	<b>7.41E-10</b>	<b>2.80E-09</b>	<b>2.17E-09</b>
15	FES <sup>b</sup>	<b>2.87E-32</b>	<b>4.78E-08</b>	<b>1.23E-06</b>	<b>9.13E-24</b>	<b>5.75E-33</b>	<b>1.94E-15</b>
15	SLCO3A1 <sup>c</sup>	<b>3.78E-08</b>	1.85E-02	3.15E-02	4.65E-05	<b>7.57E-09</b>	1.14E-03
16	MBTPS1 <sup>b</sup>	<b>5.80E-08</b>	2.62E-01	3.05E-01	9.15E-04	<b>1.16E-08</b>	2.34E-03
16	MTHFSD <sup>a</sup>	<b>4.65E-07</b>	5.16E-02	5.94E-02	1.65E-02	<b>9.30E-08</b>	3.20E-03
17	ACE <sup>b</sup>	<b>9.42E-07</b>	4.93E-06	1.03E-05	4.23E-06	<b>9.66E-07</b>	<b>2.68E-07</b>
18	RALBP1 <sup>c</sup>	<b>1.40E-06</b>	1.48E-01	1.54E-01	2.12E-04	<b>2.81E-07</b>	5.55E-03
19	MRI1 <sup>b</sup>	<b>8.38E-09</b>	8.34E-03	1.60E-02	7.79E-03	<b>1.68E-09</b>	2.65E-03
19	HAUS8 <sup>b</sup>	<b>1.60E-07</b>	<b>4.41E-08</b>	<b>1.38E-07</b>	<b>1.67E-06</b>	<b>1.42E-06</b>	3.29E-05
19	SULT2B1 <sup>c</sup>	<b>2.32E-06</b>	<b>7.73E-07</b>	-	-	2.97E-02	1.10E-02
19	NTN5 <sup>a</sup>	<b>9.03E-10</b>	<b>2.75E-08</b>	<b>1.16E-07</b>	6.23E-06	<b>1.85E-10</b>	<b>9.73E-09</b>
19	RPL28 <sup>b</sup>	<b>3.76E-07</b>	7.33E-02	1.16E-01	6.64E-03	<b>7.52E-08</b>	4.23E-03
20	CTSZ <sup>b</sup>	<b>3.32E-09</b>	2.57E-02	1.99E-02	<b>3.40E-09</b>	<b>8.25E-10</b>	1.04E-01
20	EDN3 <sup>c</sup>	<b>1.29E-07</b>	<b>3.61E-08</b>	<b>9.15E-08</b>	8.60E-06	5.90E-03	1.58E-02
20	ZBTB46 <sup>c</sup>	<b>1.07E-06</b>	<b>2.83E-07</b>	8.35E-06	-	1.81E-03	1.27E-05
20	OPRL1 <sup>a</sup>	<b>5.84E-07</b>	<b>3.44E-07</b>	<b>2.69E-06</b>	1.85E-03	5.51E-05	<b>1.90E-07</b>
21	FAM3B <sup>c</sup>	<b>1.08E-10</b>	2.28E-02	2.58E-02	8.07E-06	<b>2.17E-11</b>	1.04E-05
21	MX1 <sup>c</sup>	<b>6.04E-22</b>	4.36E-01	3.83E-01	<b>3.16E-07</b>	<b>1.21E-22</b>	1.24E-03

a: Risk gene of UKBB cardiovascular disease in TWAS-hub identified using GTEx whole blood tissue.

b: Risk genes of UKBB cardiovascular disease in TWAS-hub identified using other GTEx tissue types.

c: Novel risk gene

695 **Figure Titles and Legends**

696 **Figure 1. OTTERS framework.**

697 OTTERS estimates cis-eQTL weights from eQTL summary data and reference LD panel using  
698 four imputation models (Stage I), and conducts ACAT-O test to combine gene-based  
699 association test p-values from individual methods with individual/summary level test GWAS data  
700 (Stage II).

701 **Figure 2. Test  $R^2$  (A) and TWAS power (B) comparison in simulation studies**

702 Various proportions of true causal cis-eQTL  $p_{causal} = (0.001, 0.01)$  and gene expression  
703 heritability  $h_e^2 = (0.01, 0.05, 0.1)$  were considered in the simulation studies. The GWAS sample  
704 size was chosen with respect to  $h_e^2$  values. The proportion of phenotype variance explained by  
705 gene expression ( $h_p^2$ ) was set to be 0.025. TWAS was conducted using simulated GWAS Z-  
706 scores.

707 **Figure 3. Test  $R^2$  by PRS-CS versus  $P+T(0.001)$ ,  $P+T(0.05)$ , *lassosum*, *SDPR*, *FUSION*.**

708 Test  $R^2$  by PRS-CS versus  $P+T(0.001)$  (A),  $P+T(0.05)$  (B), *lassosum* (C), *SDPR* (D), and *FUSION*  
709 (E) with 315 GTEx V8 test samples, with different colors denoting whether test  $R^2 > 0.01$  only by  
710 PRS-CS (red), only by the y axis method (green), or both methods (blue). Genes with test  $R^2 >$   
711 0.01 by at least one method were included in the plot.

712 **Figure 4. Manhattan plot of TWAS results by OTTERS.**

713 Manhattan plot of TWAS results by OTTERS using GWAS summary-level statistics of  
714 cardiovascular disease and imputation models fitted based on eQTLGen summary statistics.  
715 Independently significant TWAS risk genes are labeled.

716 **eQTLGen Consortium Author List**

717 Mawussé Agbessi<sup>1</sup>, Habibul Ahsan<sup>2</sup>, Isabel Alves<sup>1</sup>, Anand Kumar Andiappan<sup>3</sup>, Wibowo  
718 Arindrarto<sup>4</sup>, Philip Awadalla<sup>1</sup>, Alexis Battle<sup>5,6</sup>, Frank Beutner<sup>7</sup>, Marc Jan Bonder<sup>8,9</sup>, Dorret I.  
719 Boomsma<sup>10</sup>, Mark W. Christiansen<sup>11</sup>, Annique Claringbould<sup>8,12</sup>, Patrick Deelen<sup>8,13,12,14</sup>, Tõnu  
720 Esko<sup>15</sup>, Marie-Julie Favé<sup>1</sup>, Lude Franke<sup>8,12</sup>, Timothy Frayling<sup>16</sup>, Sina A. Gharib<sup>11,17</sup>, Greg Gibson<sup>18</sup>,  
721 Bastiaan T. Heijmans<sup>4</sup>, Gibran Hemani<sup>19</sup>, Rick Jansen<sup>20</sup>, Mika Kähönen<sup>21</sup>, Anette Kalnpenkis<sup>15</sup>,  
722 Silva Kasela<sup>15</sup>, Johannes Kettunen<sup>22</sup>, Yungil Kim<sup>23,5</sup>, Holger Kirsten<sup>24</sup>, Peter Kovacs<sup>25</sup>, Knut  
723 Krohn<sup>26</sup>, Jaanika Kronberg<sup>15</sup>, Viktorija Kukushkina<sup>15</sup>, Zoltan Kutalik<sup>27</sup>, Bennett Lee<sup>3</sup>, Terho  
724 Lehtimäki<sup>28</sup>, Markus Loeffler<sup>24</sup>, Urko M. Marigorta<sup>18,29,30</sup>, Hailang Mei<sup>31</sup>, Lili Milani<sup>15</sup>, Grant W.  
725 Montgomery<sup>32</sup>, Martina Müller-Nurasyid<sup>33,34,35</sup>, Matthias Nauck<sup>36,37</sup>, Michel G. Nivard<sup>38</sup>, Brenda  
726 Penninx<sup>20</sup>, Markus Perola<sup>39</sup>, Natalia Pervjakova<sup>15</sup>, Brandon L. Pierce<sup>2</sup>, Joseph Powell<sup>40</sup>, Holger  
727 Prokisch<sup>41,42</sup>, Bruce M. Psaty<sup>11,43</sup>, Olli T. Raitakari<sup>44</sup>, Samuli Ripatti<sup>45</sup>, Olaf Rotzschke<sup>3</sup>, Sina  
728 Rüeger<sup>27</sup>, Ashis Saha<sup>5</sup>, Markus Scholz<sup>24</sup>, Katharina Schramm<sup>46,34</sup>, Ilkka Seppälä<sup>28</sup>, Eline P.  
729 Slagboom<sup>4</sup>, Coen D.A. Stehouwer<sup>47</sup>, Michael Stumvoll<sup>48</sup>, Patrick Sullivan<sup>49</sup>, Peter A.C. 't Hoen<sup>50</sup>,  
730 Alexander Teumer<sup>51</sup>, Joachim Thiery<sup>52</sup>, Lin Tong<sup>2</sup>, Anke Tönjes<sup>48</sup>, Jenny van Dongen<sup>10</sup>, Maarten  
731 van Iterson<sup>4</sup>, Joyce van Meurs<sup>53</sup>, Jan H. Veldink<sup>54</sup>, Joost Verlouw<sup>53</sup>, Peter M. Visscher<sup>32</sup>, Uwe  
732 Völker<sup>55</sup>, Urmo Võsa<sup>8,15</sup>, Harm-Jan Westra<sup>8,12</sup>, Cisca Wijmenga<sup>8</sup>, Hanieh Yaghootkar<sup>16,56,57</sup>, Jian  
733 Yang<sup>32,58</sup>, Biao Zeng<sup>18</sup>, Futa Zhang<sup>32</sup>

734  
735 Author list is ordered alphabetically  
736

- 737 1. Computational Biology, Ontario Institute for Cancer Research, Toronto, Canada
- 738 2. Department of Public Health Sciences, University of Chicago, Chicago, United States of  
739 America
- 740 3. Singapore Immunology Network, Agency for Science, Technology and Research, Singapore,  
741 Singapore
- 742 4. Leiden University Medical Center, Leiden, The Netherlands
- 743 5. Department of Computer Science, Johns Hopkins University, Baltimore, United States of  
744 America
- 745 6. Departments of Biomedical Engineering, Johns Hopkins University, Baltimore, United States  
746 of America
- 747 7. Heart Center Leipzig, Universität Leipzig, Leipzig, Germany
- 748 8. Department of Genetics, University Medical Centre Groningen, Groningen, The Netherlands
- 749 9. European Molecular Biology Laboratory, Genome Biology Unit, 69117 Heidelberg, Germany
- 750 10. Netherlands Twin Register, Department of Biological Psychology, Vrije Universiteit  
751 Amsterdam, Amsterdam Public Health research institute and Amsterdam Neuroscience, the  
752 Netherlands
- 753 11. Cardiovascular Health Research Unit, University of Washington, Seattle, United States of  
754 America
- 755 12. Oncode Institute
- 756 13. Genomics Coordination Center, University Medical Centre Groningen, Groningen, The  
757 Netherlands
- 758 14. Department of Genetics, University Medical Centre Utrecht, P.O. Box 85500, 3508 GA,  
759 Utrecht, The Netherlands
- 760 15. Estonian Genome Center, Institute of Genomics, University of Tartu, Tartu 51010, Estonia
- 761 16. Genetics of Complex Traits, University of Exeter Medical School, Royal Devon & Exeter  
762 Hospital, Exeter, United Kingdom
- 763 17. Department of Medicine, University of Washington, Seattle, United States of America
- 764 18. School of Biological Sciences, Georgia Tech, Atlanta, United States of America

765 19. MRC Integrative Epidemiology Unit, University of Bristol, Bristol, United Kingdom  
766 20. Amsterdam UMC, Vrije Universiteit, Department of Psychiatry, Amsterdam Public Health  
767 research institute and Amsterdam Neuroscience, The Netherlands  
768 21. Department of Clinical Physiology, Tampere University Hospital and Faculty of Medicine and  
769 Health Technology, Tampere University, Tampere, Finland  
770 22. University of Helsinki, Helsinki, Finland  
771 23. Genetics and Genomic Science Department, Icahn School of Medicine at Mount Sinai, New  
772 York, United States of America  
773 24. Institut für Medizinische Informatik, Statistik und Epidemiologie, LIFE – Leipzig Research  
774 Center for Civilization Diseases, Universität Leipzig, Leipzig, Germany  
775 25. IFB Adiposity Diseases, Universität Leipzig, Leipzig, Germany  
776 26. Interdisciplinary Center for Clinical Research, Faculty of Medicine, Universität Leipzig, Leipzig,  
777 Germany  
778 27. Lausanne University Hospital, Lausanne, Switzerland  
779 28. Department of Clinical Chemistry, Fimlab Laboratories and Finnish Cardiovascular Research  
780 Center-Tampere, Faculty of Medicine and Health Technology, Tampere University, Tampere,  
781 Finland  
782 29. Integrative Genomics Lab, CIC bioGUNE, Bizkaia Science and Technology Park, Derio,  
783 Bizkaia, Basque Country, Spain  
784 30. IKERBASQUE, Basque Foundation for Science, Bilbao, Spain  
785 31. Department of Medical Statistics and Bioinformatics, Leiden University Medical Center, Leiden,  
786 The Netherlands  
787 32. Institute for Molecular Bioscience, University of Queensland, Brisbane, Australia  
788 33. Institute of Genetic Epidemiology, Helmholtz Zentrum München - German Research Center  
789 for Environmental Health, Neuherberg, Germany  
790 34. Department of Medicine I, University Hospital Munich, Ludwig Maximilian's University,  
791 München, Germany  
792 35. DZHK (German Centre for Cardiovascular Research), partner site Munich Heart Alliance,  
793 Munich, Germany  
794 36. Institute of Clinical Chemistry and Laboratory Medicine, Greifswald University Hospital,  
795 Greifswald, Germany  
796 37. German Center for Cardiovascular Research (partner site Greifswald), Greifswald, Germany  
797 38. Department of Biological Psychology, Faculty of Behaviour and Movement Sciences, VU,  
798 Amsterdam, The Netherlands  
799 39. National Institute for Health and Welfare, University of Helsinki, Helsinki, Finland  
800 40. Garvan Institute of Medical Research, Garvan-Weizmann Centre for Cellular Genomics,  
801 Sydney, Australia  
802 41. Institute of Neurogenomics, Helmholtz Zentrum München, Neuherberg, Germany  
803 42. Institute of Human Genetics, Technical University Munich, Munich, Germany  
804 43. Kaiser Permanente Washington Health Research Institute, Seattle, WA, United States of  
805 America  
806 44. Centre for Population Health Research, Department of Clinical Physiology and Nuclear  
807 Medicine, Turku University Hospital and University of Turku, Turku, Finland  
808 45. Statistical and Translational Genetics, University of Helsinki, Helsinki, Finland  
809 46. Institute of Genetic Epidemiology, Helmholtz Zentrum München - German Research Center  
810 for Environmental Health, Neuherberg, Germany  
811 47. Department of Internal Medicine and School for Cardiovascular Diseases (CARIM), Maastricht  
812 University Medical Center, Maastricht, The Netherlands  
813 48. Department of Medicine, Universität Leipzig, Leipzig, Germany  
814 49. Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm,  
815 Sweden

816 50. Center for Molecular and Biomolecular Informatics, Radboud Institute for Molecular Life  
817 Sciences, Radboud University Medical Center Nijmegen, Nijmegen, The Netherlands  
818 51. Institute for Community Medicine, University Medicine Greifswald, Greifswald, Germany  
819 52. Institute for Laboratory Medicine, LIFE – Leipzig Research Center for Civilization Diseases,  
820 Universität Leipzig, Leipzig, Germany  
821 53. Department of Internal Medicine, Erasmus Medical Centre, Rotterdam, The Netherlands  
822 54. UMC Utrecht Brain Center, University Medical Center Utrecht, Department of Neurology,  
823 Utrecht University, Utrecht, The Netherlands  
824 55. Interfaculty Institute for Genetics and Functional Genomics, University Medicine Greifswald,  
825 Greifswald, Germany  
826 56. School of Life Sciences, College of Liberal Arts and Science, University of Westminster, 115  
827 New Cavendish Street, London, United Kingdom  
828 57. Division of Medical Sciences, Department of Health Sciences, Luleå University of Technology,  
829 Luleå, Sweden  
830 58. Institute for Advanced Research, Wenzhou Medical University, Wenzhou, Zhejiang 325027,  
831 China  
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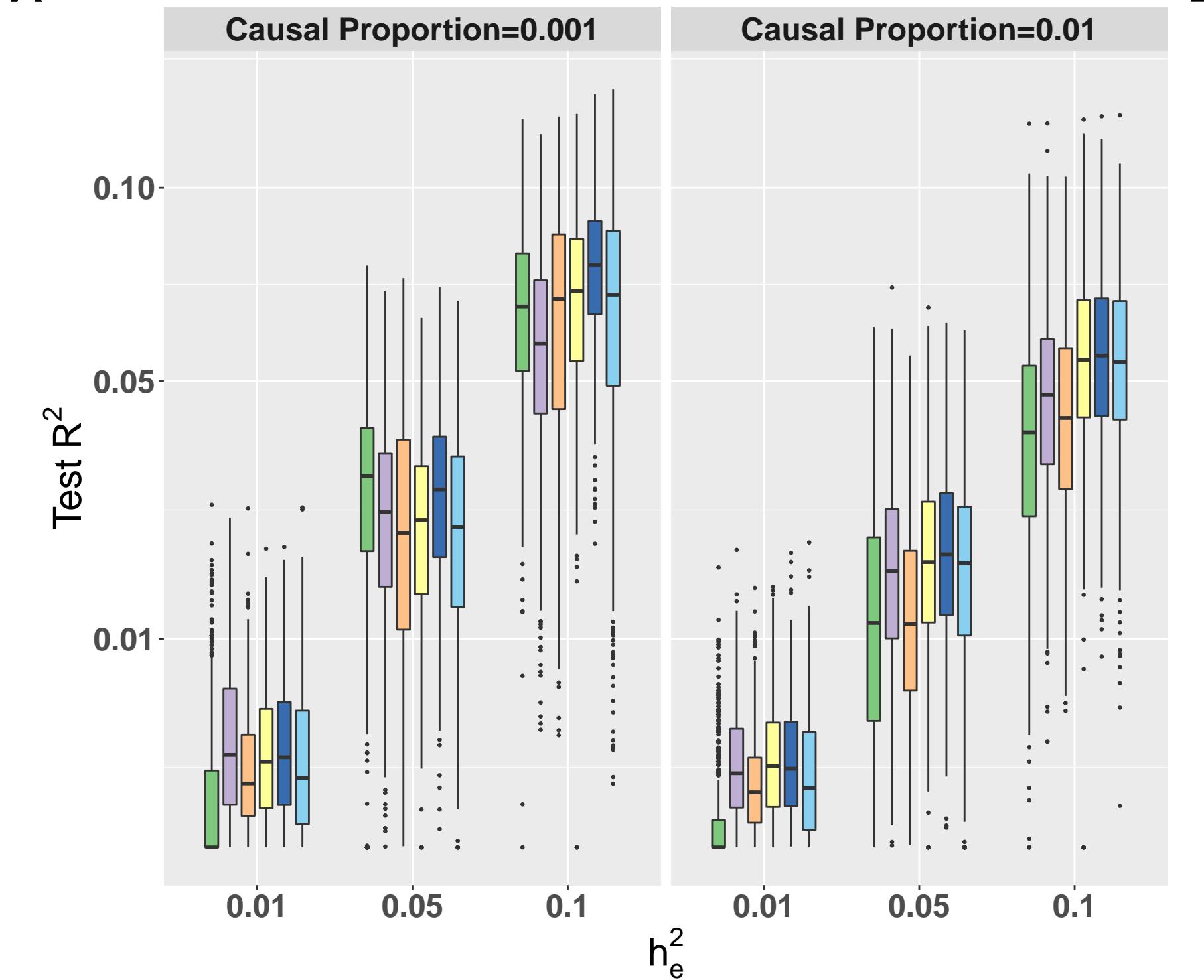
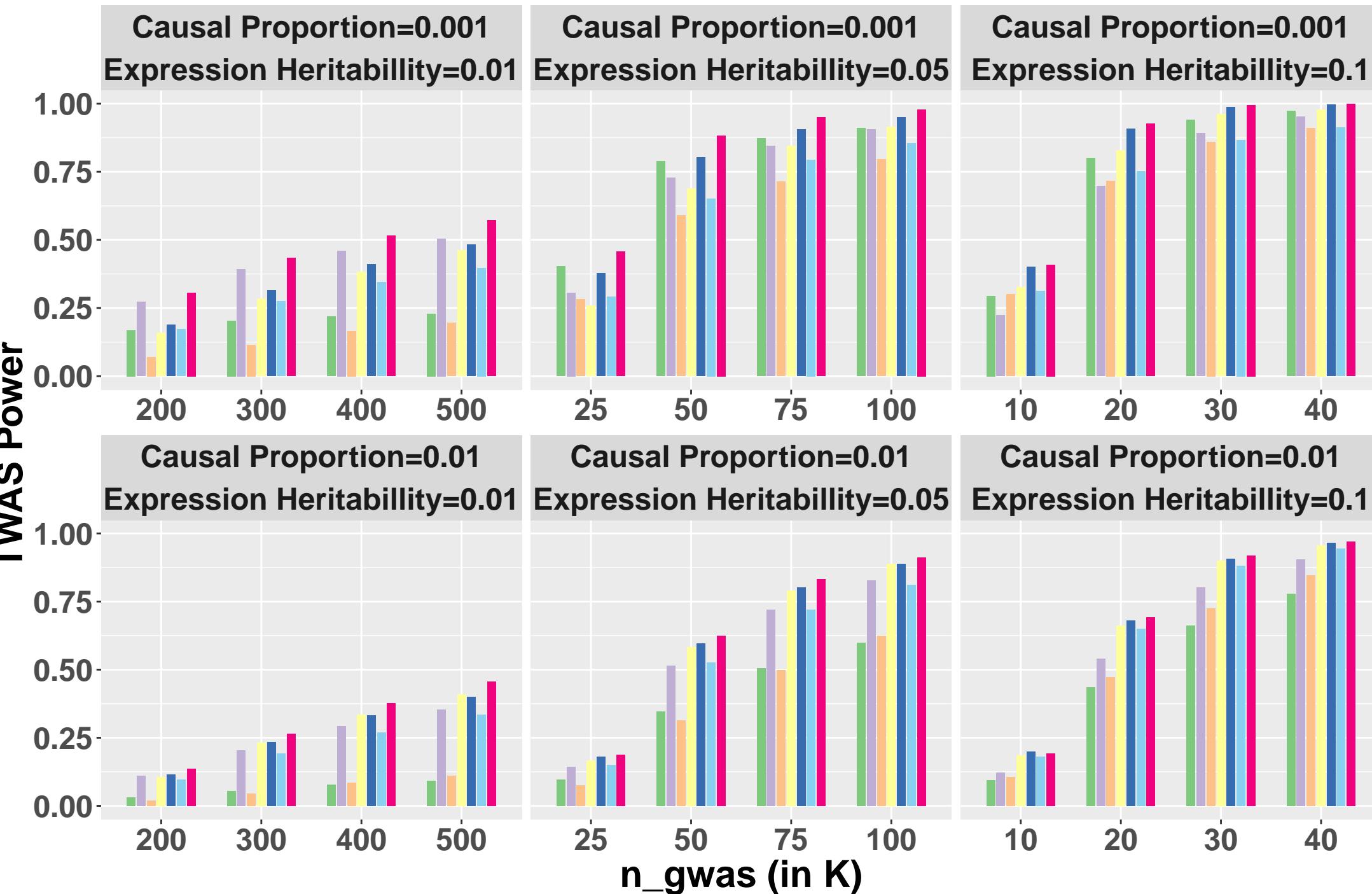
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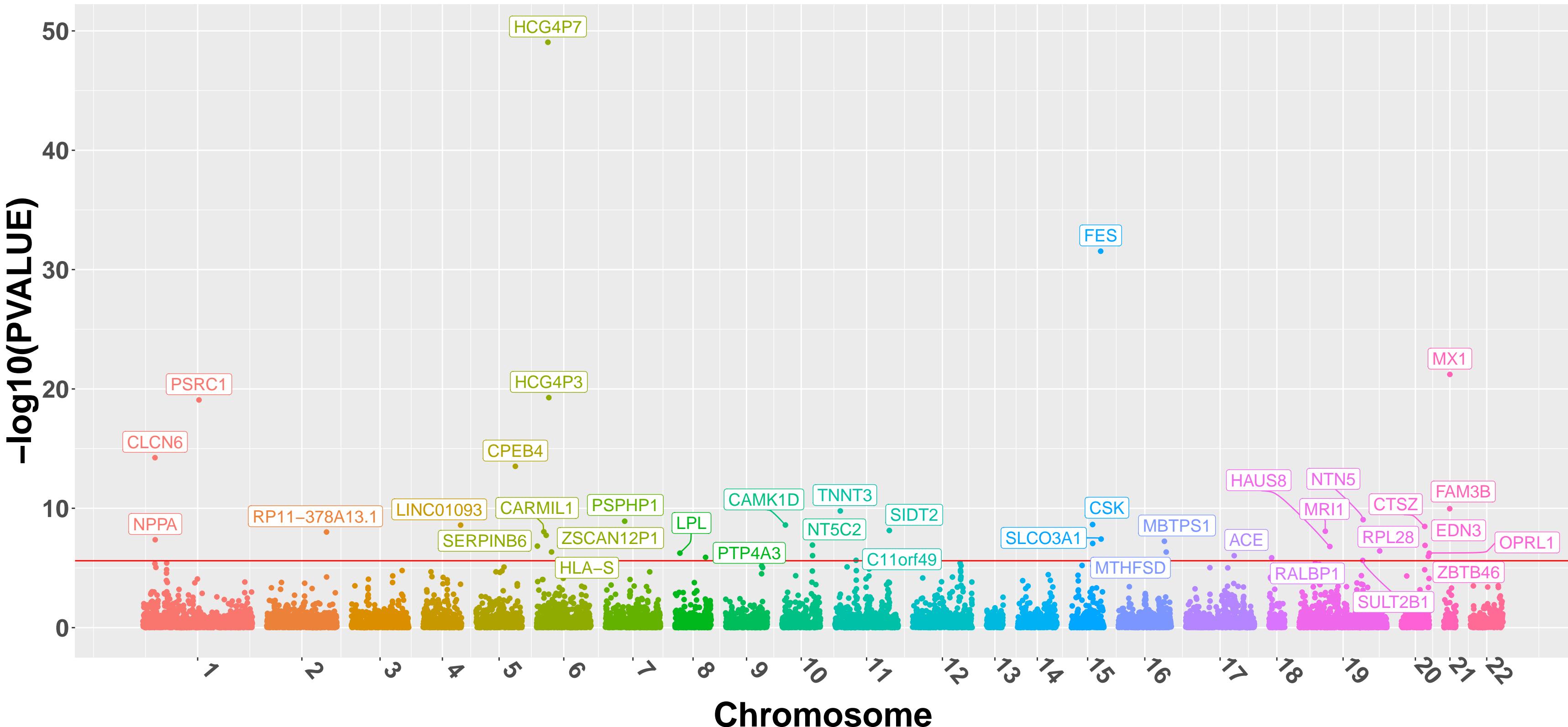
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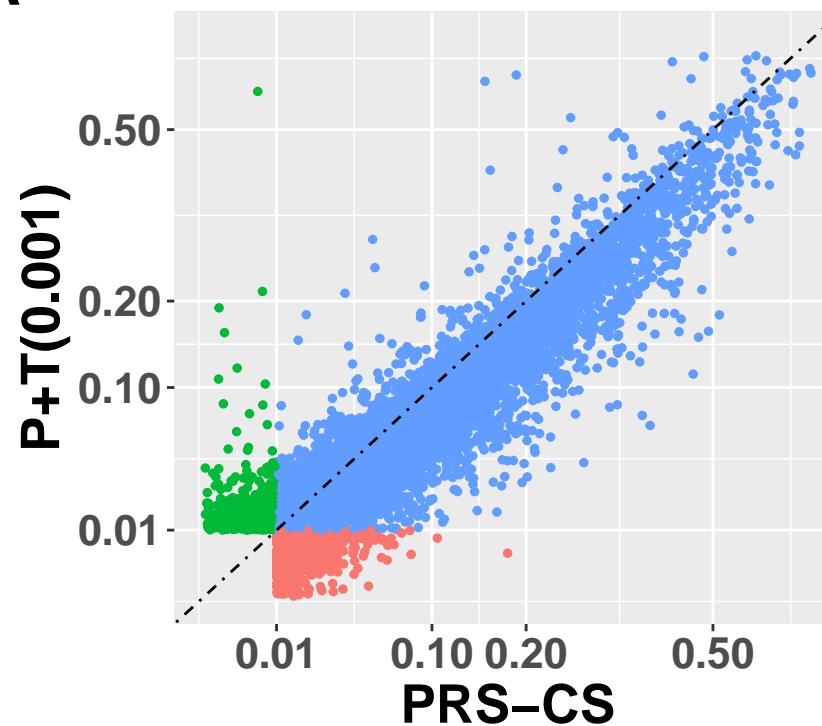
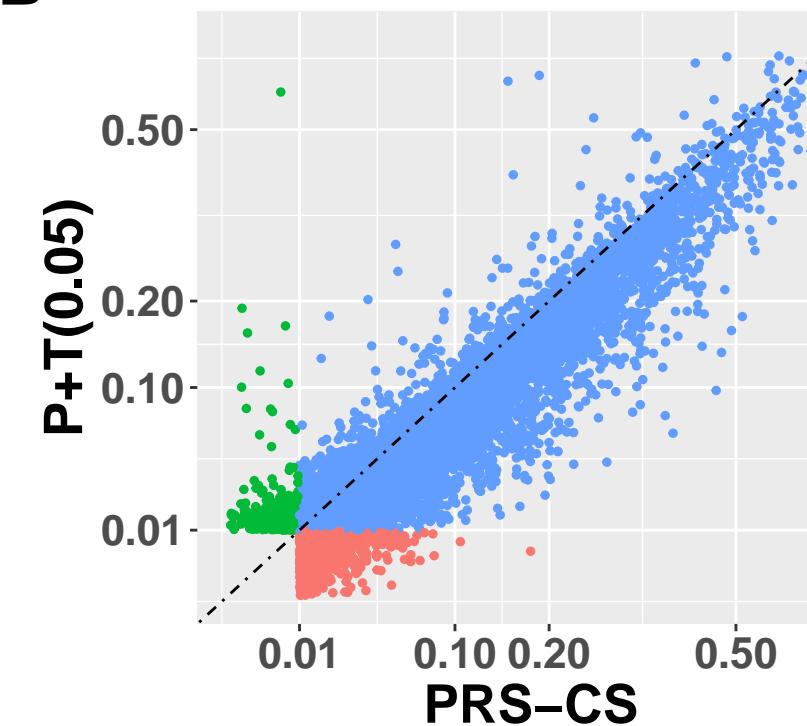
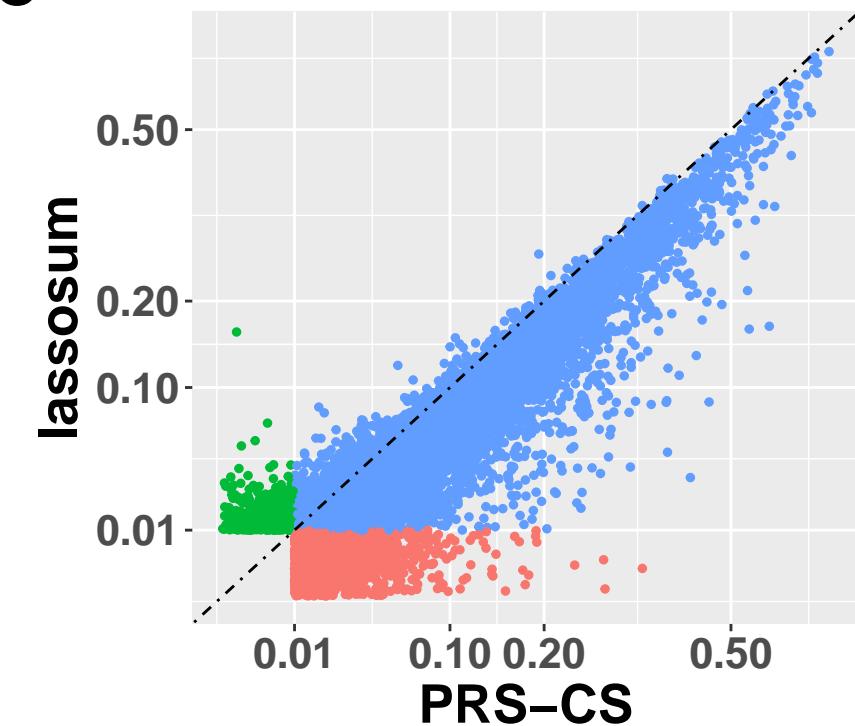
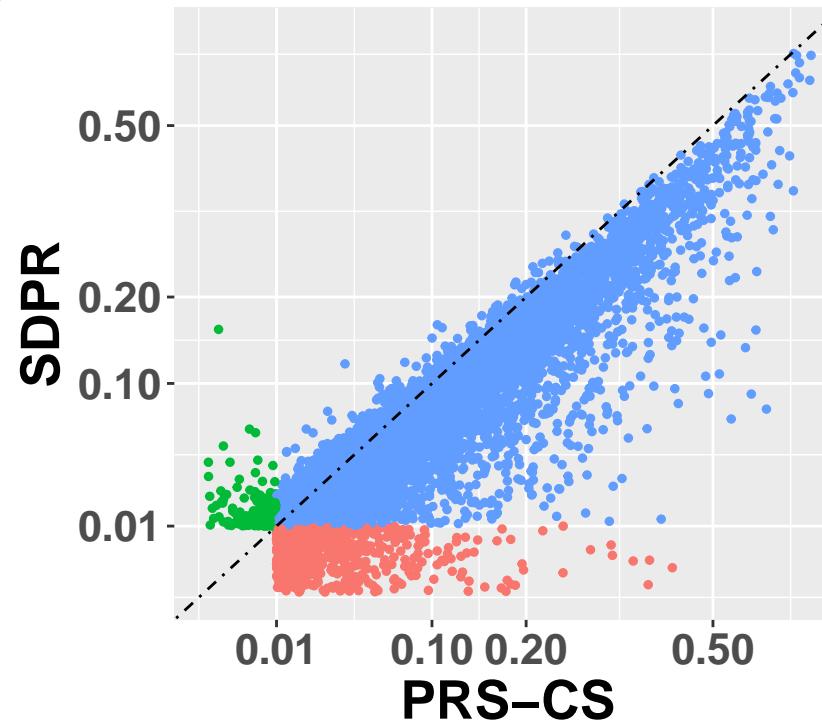
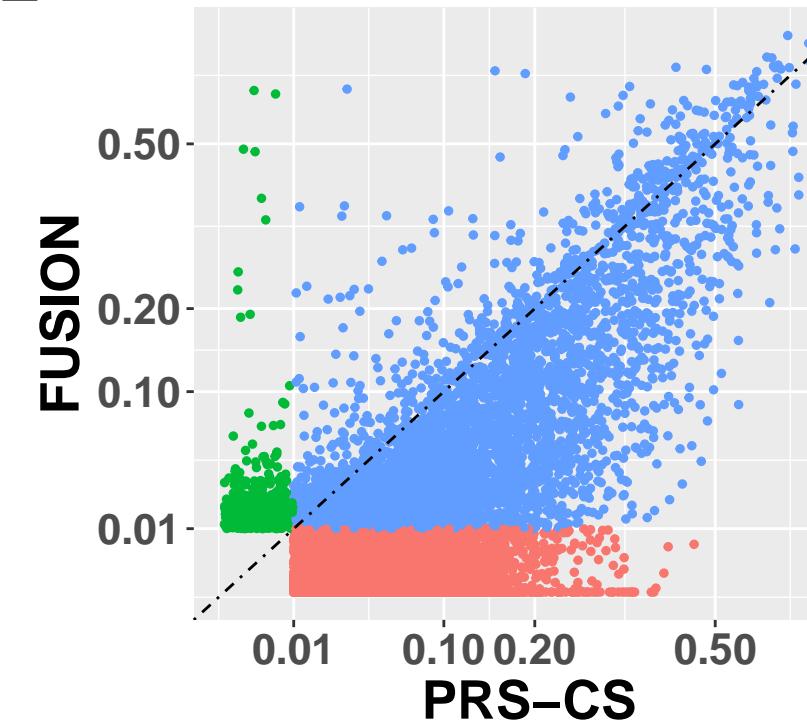
**A****B**

**Method**    █ P+T(0.001)    █ lassosum    █ PRS-CS  
█ P+T(0.05)    █ SDPR    █ FUSION    █ OTTERS

# TWAS of Cardiovascular Disease by OTTERS



# Test R<sup>2</sup>

**A****B****C****D****E**

# OTTERS

