

# 1 Connectome-based predictive modeling shows sex differences in 2 brain-based predictors of memory performance

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## 14 Abstract

15 Alzheimer's disease (AD) takes a more aggressive course in women than men, with higher  
16 prevalence and faster progression. Amnestic AD specifically targets the default mode network  
17 (DMN), which subserves short-term memory; past research shows relative hyperconnectivity in  
18 the posterior DMN in aging women. Higher reliance on this network during memory tasks may  
19 contribute to women's elevated AD risk. Here, we applied connectome-based predictive  
20 modeling (CPM), a robust linear machine-learning approach, to the Lifespan Human  
21 Connectome Project-Aging (HCP-A) dataset (n=579). We sought to characterize sex-based  
22 predictors of memory performance in aging, with particular attention to the DMN. Models were  
23 evaluated using cross-validation both across the whole group and for each sex separately. Whole-  
24 group models predicted short-term memory performance with accuracies ranging from  $p=0.21$ -  
25 0.45. The best-performing models were derived from an associative memory task-based scan.  
26 Sex-specific models revealed significant differences in connectome-based predictors for men and  
27 women. DMN activity contributed more to predicted memory scores in women, while within-  
28 and between- visual network activity contributed more to predicted memory scores in men.  
29 While men showed more segregation of visual networks, women showed more segregation of the  
30 DMN. We demonstrate that women and men recruit different circuitry when performing memory  
31 tasks, with women relying more on intra-DMN activity and men relying more on visual circuitry.  
32 These findings are consistent with the hypothesis that women draw more heavily upon the DMN  
33 for recollective memory, potentially contributing to women's elevated risk of AD.

34 **1 Introduction**

35 In addition to outnumbering men with Alzheimer's disease (AD) by 2:1 ('2022 Alzheimer's  
36 disease facts and figures', 2022), women with AD face faster accumulation of pathology and  
37 more severe illness with the same pathologic burden (Barnes *et al.*, 2005; Buckley *et al.*, 2018;  
38 Edwards *et al.*, 2021). AD specifically targets the default mode network (DMN), which  
39 subserves short-term memory (Greicius *et al.*, 2004; Sheline *et al.*, 2010; Mormino *et al.*, 2011;  
40 Brier *et al.*, 2012). Yet, sex differences in the DMN over the course of aging, which may provide  
41 important clues to women's higher vulnerability to AD, are poorly understood.

42 Prior research assessing sex differences in the aging brain has demonstrated that healthy aging  
43 women show lower segregation of functional networks (i.e., more cross-hemispheric/-module  
44 connections) (Ingalhalikar *et al.*, 2014). Women have relatively higher DMN connectivity  
45 overall (Biswal *et al.*, 2010; for the Women's Brain Project and the Alzheimer Precision  
46 Medicine Initiative *et al.*, 2018; Ritchie *et al.*, 2018), and demonstrate higher connectivity than  
47 men in posterior DMN nodes, which relates to short-term memory performance (Ficek-Tani *et*  
48 *al.*, In press).

49 Prediction-based approaches, in which models are built on training data and tested on unseen  
50 data, can help increase generalizability and reproducibility of findings (Yarkoni and Westfall,  
51 2017; Scheinost *et al.*, 2019; Poldrack, Huckins and Varoquaux, 2020; Marek *et al.*, 2022;  
52 Yarkoni, 2022), and have the potential to generate useful biomarkers (Gabrieli, Ghosh and  
53 Whitfield-Gabrieli, 2015; Rosenberg, Casey and Holmes, 2018).

54 In this work, we use a predictive modeling-based approach to robustly characterize sex  
55 differences in the aging functional connectome. We used connectome-based predictive modeling  
56 (CPM) to predict short-term memory performance scores in a large dataset of healthy adults aged  
57 36-100. We hypothesized that (a) predictive edges would vary substantially between men and  
58 women, (b) predictors would especially feature the DMN, with women relying more on within-  
59 DMN edges for memory task performance, and (c) women would show decreased network  
60 segregation than do men.

61 **2 Methods**

62 **2.1 Participants**

63 The data used were collected from participants enrolled in the Human Connectome Project-  
64 Aging (HCP-A) study (Bookheimer *et al.*, 2019). Imaging data were from the 1.0 release of the  
65 HCP-A dataset, while the neurobehavioral data were from the 2.0 release. Imaging data consisted  
66 of 689 healthy subjects aged 36 to 100 from four data collection sites. See Bookheimer *et al.*  
67 (2019) for full exclusion criteria. As described previously (Ficek-Tani *et al.*, In press), we  
68 implemented additional exclusion criteria based on motion (see below for details), missing data,  
69 and anatomical abnormalities. After exclusion, the remaining sample size was n=579 (330  
70 female; 249 male).

71 Participants were well-matched in age, race, ethnicity, years of education, and handedness, but  
72 women outnumbered and outperformed men in global cognitive function (Montreal Cognitive  
73 Assessment), in-scanner memory task performance (FaceName task), and verbal learning (Rey  
74 Auditory Verbal Learning Test) (**Table 1**). Participants self-identified their sex at birth as male

75 or female. While an “Other” option for sex was offered by the HCP-A study, no participants  
76 chose this option; gender identity was not assessed.

	<b>Female subjects</b>	<b>Male subjects</b>	<b>p-value</b>
<b>Total number of participants</b>	330 (57%)	249 (43%)	N/A
<b>Age</b>	56.94 (14.03)	58.20 (14.13)	0.284
<b>Race</b>	American Indian/Alaska Native: 1 Asian: 19 Black/African American: 53 White: 231 More than one race: 18 Unknown/Not reported: 8	American Indian/Alaska Native: 1 Asian: 26 Black/African American: 34 White: 177 More than one race: 9 Unknown/Not reported: 2	0.167
<b>Ethnicity</b>	Hispanic or Latino: 36 Not Hispanic or Latino: 293 Unknown/Not reported: 1	Hispanic or Latino: 18 Not Hispanic or Latino: 231 Unknown/Not reported: 0	0.216
<b>Years of Education</b>	15.38 (1.76)	15.62 (1.82)	0.121
<b>Handedness</b>	Right: 283 Left: 21 Ambidextrous: 26	Right: 197 Left: 21 Ambidextrous: 31	0.100
<b>MOCA Total (points out of 30)</b>	26.86 (2.24)	26.21 (2.56)	1.24E-3
<b>FaceName Task Total (# face-name pairs recalled, out of 10)</b>	6.97 (2.72)	5.90 (2.96)	1.27E-5
<b>RAVLT Sum of Trials 1-5 (# words recalled, out of 75)</b>	48.22 (9.71)	44.06 (10.50)	1.44E-6
<b>RAVLT Trial 6 (# words recalled, out of 15)</b>	10.13 (2.99)	9.07 (3.31)	7.47E-5

77 **Table 1.** Demographics and selected neuropsychological assessment and in-scanner task scores  
78 of HCP-A participants included in this study (Costa and McCrae, 1992; Nasreddine *et al.*, 2005;  
79 Bean, 2011; Bookheimer *et al.*, 2019). T-tests or chi square tests were performed as appropriate,  
80 excluding unknown/not reported values (Abbreviations: MOCA, Montreal Cognitive  
81 Assessment; RAVLT, Rey Auditory Verbal Learning Test).

## 82 **2.2 Imaging parameters**

83 All subjects enrolled in HCP-A were scanned in a Siemens 3T Prisma scanner with 80mT/m  
84 gradients and 32-channel head coil. In addition to acquiring four resting-state fMRI (rfMRI) and  
85 three task-fMRI (tfMRI) scans per subject, structural MRI data (including one T1-weighted

86 [T1w] scan) were also collected (Harms *et al.*, 2018). In this study, we focus on the seven fMRI  
87 scans.

88 A multi-echo MPRAGE sequence (refer to (Harms *et al.*, 2018) for scanning parameter details)  
89 was used for all T1w scans. A 2D multiband (MB) gradient-recalled echo (GRE) echo-planar  
90 imaging (EPI) sequence (MB8, TR/TE = 800/37 ms, flip angle = 52°) was used for all fMRI  
91 scans.

92 For each subject, four rfMRI scans consisting of 488 frames and lasting 6.5 minutes each (for a  
93 total of 26 minutes) were acquired, during which participants were instructed to remain awake  
94 while viewing a small white fixation cross in the center of a black background. The rfMRI scans  
95 were split between two sessions that occurred on the same day, with each session including one  
96 rfMRI with an anterior to posterior (AP) phase encoding direction and one rfMRI with a  
97 posterior to anterior (PA) direction.

98 The HCP-A includes the following three fMRI tasks, which were all programmed in PsychoPy  
99 (Peirce, 2007, 2008) and collected with PA phase encoding direction: Visuomotor (VisMotor),  
100 Conditioned Approach Response Inhibition Task (“CARIT” Go/NoGo task), and FaceName  
101 (Bookheimer *et al.*, 2019). As below, we focus on the FaceName task scan both because of its  
102 relevance to short-term memory performance and because models derived from this scan  
103 outperform models derived from other scans. In the FaceName task, three blocks (encoding,  
104 distractor, and recall blocks) are repeated twice for each set of faces, totaling to a single, 276-  
105 second run. See (Harms *et al.*, 2018) for full details on the HCP-A structural and functional MRI  
106 imaging parameters, and see (Bookheimer *et al.*, 2019) for full details on tfMRI task  
107 administration.

## 108 2.3 Image preprocessing

109 The preprocessing approach has been described elsewhere (Greene *et al.*, 2018; Horien *et al.*,  
110 2019). MPRAGE scans were skullstripped with optiBET (Lutkenhoff *et al.*, 2014) and  
111 nonlinearly registered to the MNI template in BioImage Suite (BIS) (Joshi *et al.*, 2011). BIS was  
112 used to linearly register each participant’s mean functional scan to their own MPRAGE scan.  
113 Participants were excluded from further analyses due to structural abnormalities after visually  
114 inspecting skullstripped and registered data. Functional data were motion-corrected using SPM8;  
115 participants whose scans showed maximum mean frame-to-frame displacement (FFD) above 0.3  
116 mm were excluded to limit motion artifacts (Greene *et al.*, 2018; Horien *et al.*, 2018, 2019; Ju *et*  
117 *al.*, 2020). Using Wilcoxon rank sum tests, we determined no differences in mean FFD between  
118 female and male subjects across all seven scan types (**Supplementary Table 1**). Linear,  
119 quadratic, and cubic drift, a 24-parameter model of motion (Satterthwaite *et al.*, 2013), mean  
120 cerebrospinal fluid signal, mean white matter signal, and global signal were regressed from the  
121 data as described in (Ficek-Tani *et al.*, In press).

## 122 2.4 Memory performance measures

123 Because we were interested in predictors of memory performance, we used performance on the  
124 FaceName task and the Rey Auditory Verbal Learning Test (RAVLT) as outcomes for our  
125 predictive models. For the FaceName task, participants were shown a total of 10 distinct faces,  
126 resulting in a maximum FaceName-Total Recall (FN-TR) score of 10 correctly identified faces.

127 We also assessed both the learning (L) and immediate recall (IR) metrics from the RAVLT  
128 (Bean, 2011), a standard neuropsychological measure of declarative memory. In this assessment,  
129 a 15-word list is read to the participant, who is then asked to verbally recall as many as possible,  
130 five times. The total number of words recalled during this five-trial “learning period” sums to a  
131 RAVLT-L (“learning”) score out of 75 words. After being read a separate (interference) list and  
132 asked to recall it, the participant is read List A again, and the number of correctly-recalled words  
133 in this sixth trial is collected as the RAVLT-IR (“immediate recall”) score. RAVLT-IR is a  
134 sensitive metric for early-stage AD (Estévez-González *et al.*, 2003).

135 **2.5 Connectome-based predictive modeling**

136 To predict memory performance using both rfMRI and tfMRI data from HCP-A, we used  
137 connectome-based predictive modeling (CPM), the details of which are described elsewhere  
138 (Shen *et al.*, 2017).

139 In brief, connectivity matrices were constructed from each fMRI scan using the Shen 268-node  
140 atlas (Shen *et al.*, 2013). These matrices and the memory performance scores of each participant  
141 were used to create our predictive models. Three subject groups were analyzed: all subjects,  
142 female-only, and male-only. Edges from connectivity matrices for each subject per scan were  
143 correlated to the three aforementioned memory performance measures, totaling to seven  
144 connectivity matrices and three memory scores per subject (21 total correlated matrices). Motion  
145 and age covariates were also included in the CPM analyses to account for in-scanner head  
146 motion, age, and their interaction in our predictions, as previously done (Scheinost *et al.*, 2021;  
147 Dufford *et al.*, 2022; Horien *et al.*, 2022).

148 Using 5-fold cross validation, connectivity matrices and memory scores were divided into  
149 independent training (subjects from four of the folds) and testing (subjects in left-out fold) sets.  
150 Edge strength and memory were linearly related within the training set, and using a feature  
151 selection threshold of  $p = 0.01$ , a consensus connectivity matrix including only the edges most  
152 strongly positively or negatively correlated to memory was generated. Edge strengths in each  
153 subject’s connectivity matrix corresponding to the consensus matrix were summed into a single-  
154 subject connectivity value. A predictive model built using the linear relationship between the  
155 single-subject connectivity values and memory score was applied to the subjects in the testing set  
156 to generate memory performance predictions.

157 **2.6 Model performance comparison**

158 For all subject groups, Spearman’s correlation and root mean square error (defined as:  
159  $\text{RMSE}(\text{predicted}, \text{observed}) = \sqrt{(1/n \sum_{i=1}^n (\text{actual}_i - \text{predicted}_i)^2)}$ ) were used to compare the  
160 similarity between predicted and observed memory scores to assess predictive model  
161 performance. After performing 1000 iterations of each CPM analysis, we selected the median-  
162 performing model to represent the model’s overall performance. To compare model  
163 performances between female and male groups for each fMRI scan, we used Wilcoxon rank sum  
164 tests.

165 We also tested our models against randomly permuted models by randomly shuffling participant  
166 labels prior to attempting to predict memory scores. After performing 1000 iterations of this  
167 permutation, we calculated the number of times the permuted predictive accuracy was greater

168 than the median unpermuted prediction accuracy to generate a non-parametric p value, as done in  
169 (Scheinost *et al.*, 2021):

170 
$$P = (\#\{rho_{null} \geq rho_{median}\})/1000 ,$$

171 where  $\#\{rho_{null} \geq rho_{median}\}$  indicates the number of permuted predictions numerically greater  
172 than or equal to the median of the unpermuted predictions. We applied the Benjamini-Hochberg  
173 procedure to these non-parametric p-values to control for multiple comparisons and correct for  
174 21 tests for each of our three subject groups (Benjamini and Hochberg, 1995).

175 **2.7 Inter-network significant-edge analyses**

176 To visualize sex differences at the network level, we first split the aforementioned consensus  
177 matrix into two binarized matrices (a “positive” matrix containing edge with significant positive  
178 correlations to memory and the other “negative” matrix of edges with significant negative  
179 correlations to memory) for each predictive model. Categorization of nodes by functional  
180 network was determined using the 10-network parcellation of the Shen 268-node atlas (Horien *et*  
181 *al.*, 2022). In this network grouping, the medial frontal (MF) network also includes some  
182 temporal and frontal nodes which often cluster with the DMN. Inter-network edges were defined  
183 as the number of significant edges between each pair of networks normalized by the total number  
184 of edges between the same network pair. As done in previous work, we defined edges as  
185 “significant” if they appear in at least 2 out of 5 folds in 40% of 1000 iterations of CPM to  
186 minimize noise while retaining meaningful connections (Rosenberg *et al.*, 2016; Yip *et al.*, 2019;  
187 Horien *et al.*, 2022). In addition to using heatmaps to visualize the inter-network edges of both  
188 female and male groups separately, we subtracted male-group positive edges from female-group  
189 positive edges (and the same with the negative edges) across corresponding matrix cells to  
190 evaluate the inter-network sex differences.

191 **2.8 Intra-network significant-edge analyses**

192 Intra-network analyses were performed similarly to inter-network analyses above. Edges from  
193 binarized positively and negatively correlated connectivity matrices were summed across the 5  
194 folds and 1000 iterations to generate a single value for each edge. These values were then used to  
195 generate the intra-DMN edge heatmap, with values ranging from -5000 (maximum negatively  
196 correlated) to 5000 (maximum positively correlated value). To evaluate differences in the “top-  
197 performing” nodes according to sex, individual edge values were summed across each row from  
198 the matrices and divided by 2 to account for the symmetric nature of the matrix, generating a  
199 summed vector (SV).

200 **2.9 Network segregation analyses**

201 We evaluated network segregation, a measure of the relative strength of within-network  
202 connections to between-network connections, using a novel association ratio metric. We defined  
203 the association ratio as the weighted sum of all edges within the network of interest, normalized  
204 by the weighted sum of all edges between this network and the whole set of regions of interest.  
205 Higher association ratio is therefore indicative of higher network segregation. To compare  
206 network segregation levels between sexes, we calculated and compared (using two-sample t-  
207 tests) the association ratio for certain networks of interest in women and men for each scan type.

208 Benjamini-Hochberg correction (see above) was applied to correct for 7 significance tests (for  
209 each model) across the 4 networks.

210 **2.10 Data and code availability**

211 Data from the HCP-A study are openly available (<https://www.humanconnectome.org/study/hcp-lifespan-aging/data-releases>). Image preprocessing was performed using BioImageSuite, a  
212 publicly-available software (<https://medicine.yale.edu/bioimaging/suite/>). Scripts for running  
213 CPM are available through GitHub (<https://github.com/YaleMRRC/CPM>). Other MATLAB  
214 scripts for CPM analyses can be found at [https://github.com/frederickslab/CPM\\_HCP-A\\_sex\\_difference\\_study](https://github.com/frederickslab/CPM_HCP-A_sex_difference_study). Custom MATLAB colormap palettes were derived from ColorBrewer  
215 (<http://colorbrewer.org/>; Brewer, 2022).

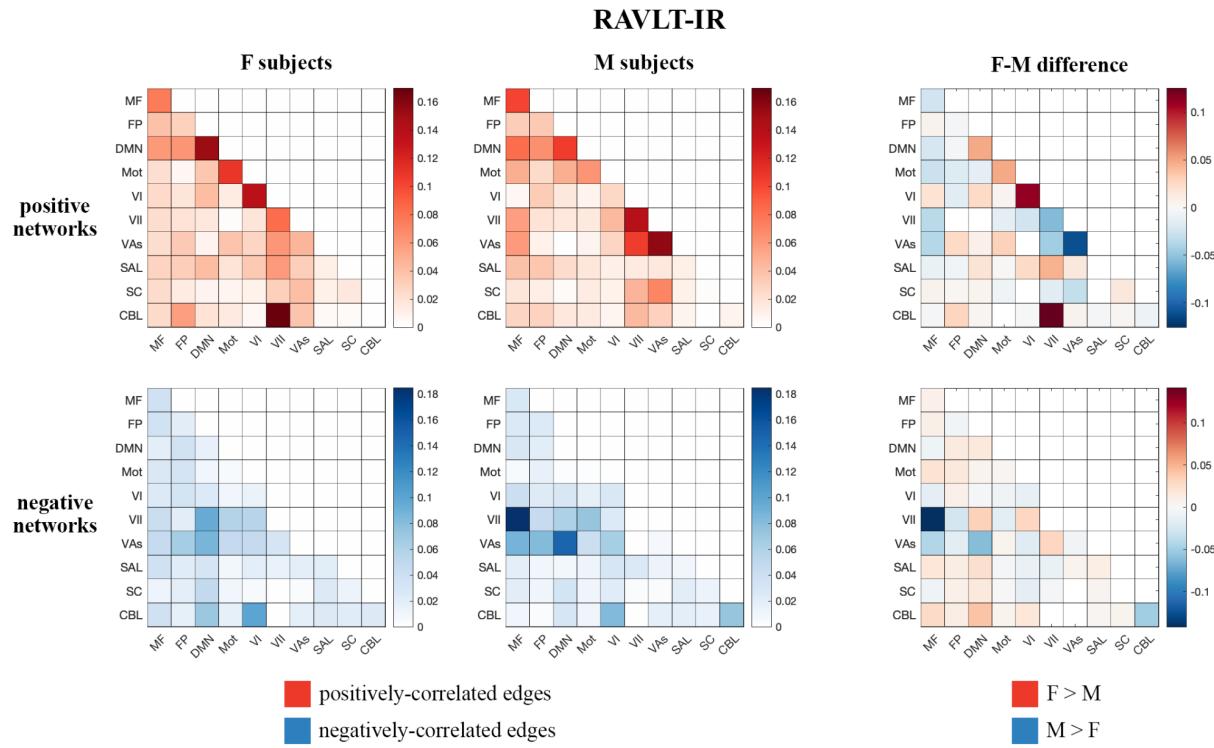
216 **3 Results**

217 **3.1 Model performance comparison**

218 Please see **Supplementary Results** for details on model comparisons, including comparisons  
219 between models derived separately for each sex. Briefly, we trained and cross-validated models  
220 using functional connectivity data from all 7 scans to predict memory performance scores.  
221 Whole-group models robustly predicted all memory measures, with accuracies ranging from  
222 Spearman's rho = 0.21 (RMSE = 3.34, p<0.0001) to rho = 0.45 (RMSE = 2.67, p<0.0001) across  
223 all models (**Supplementary Figure 2**). Models using the FaceName tfMRI scan consistently  
224 outperformed all other models; we therefore proceeded with models from this scan for the  
225 remaining analyses.

226 **3.2 Inter-network significant-edge analyses**

227 Visualizations of inter-network edges (number of significant edges normalized by network size)  
228 across all FaceName tfMRI models revealed differences in key edges predicting memory score  
229 for each sex. In particular, edges within the DMN and visual (visual I [VI], visual II [VII], and  
230 visual association areas [VAs]) networks showed the largest differences (**Figure 1**,  
231 **Supplementary Figure 6**). Given previous work showing measures of declarative verbal  
232 memory (including RAVLT metrics) can be predicted from the gray matter density of DMN  
233 structures, and because lower RAVLT-IR scores are associated with preclinical AD, we  
234 concentrated on the RAVLT-IR predictors derived from FaceName tfMRI models (Estévez-  
235 González *et al.*, 2003; Moradi *et al.*, 2017). In addition to visualizing the inter-network edges of  
236 females and males separately, we subtracted male-group edges from female-group edges across  
237 corresponding heatmap cells to evaluate inter-network differences between the sexes (**Figure 1**).  
238



240

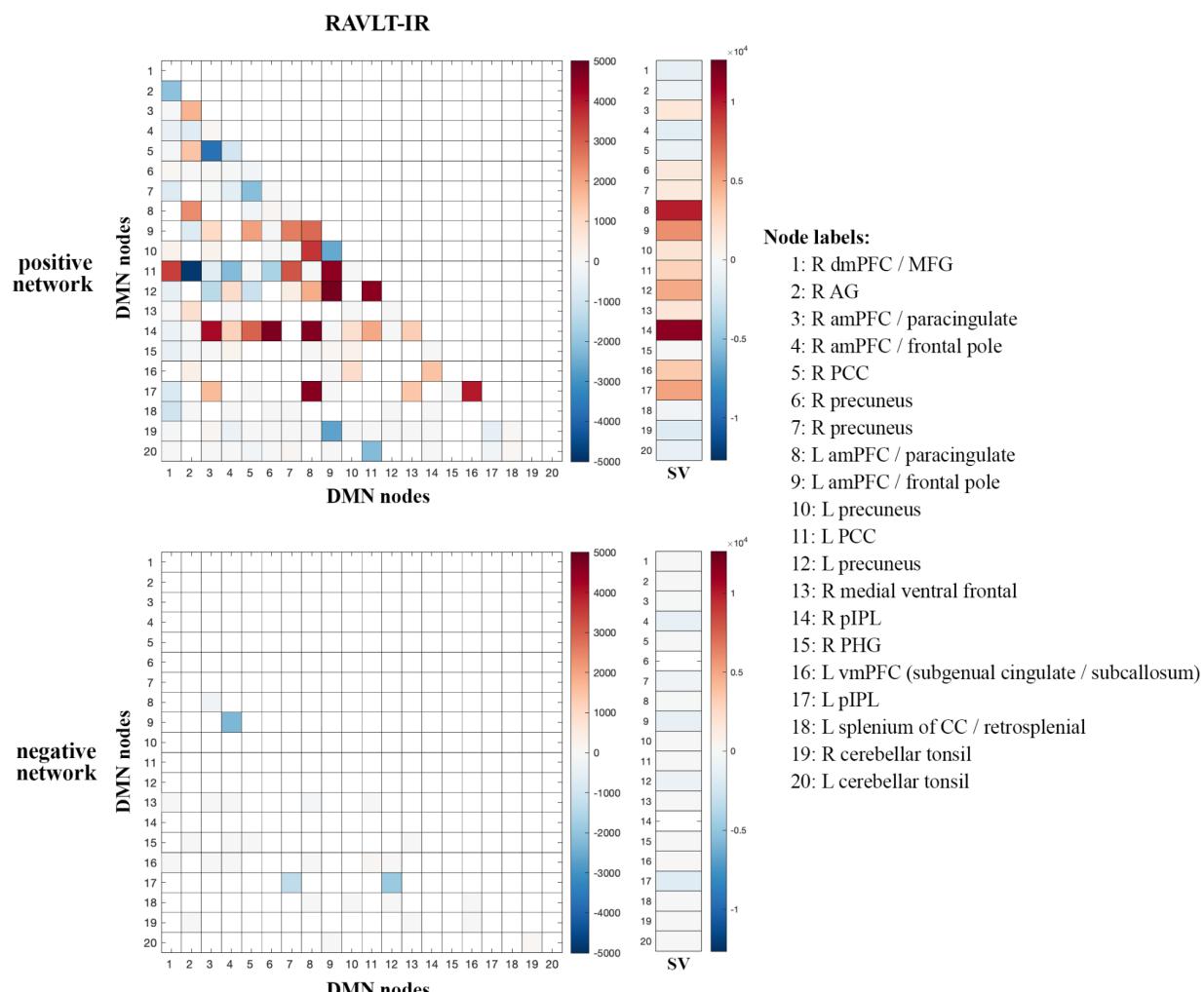
241 **Figure 1.** Positive and negative matrices from the RAVLT-IR-predicting model showing inter-  
242 network connections (number of significant edges normalized by network size for each network  
243 pair) for female and male subjects, as well as the difference between both sexes (derived by  
244 subtracting male inter-network edges from female inter-network edges). Both sexes show  
245 positive predictors in the intra-DMN edges. Female subjects show more positive predictors in the  
246 intra-VI-network edges relative to male subjects, while male subjects show more positive  
247 predictors in the intra- and inter-visual (VII and VAs)-network edges relative to female subjects.  
248 Negative predictors of both sexes relied on edges between DMN and visual networks; however,  
249 male subjects' negative predictors relied more on edges between the MF and VII networks than  
250 those of female subjects (Abbreviations: F, female; M, male; MF, medial frontal; FP, fronto-  
251 parietal; DMN, default mode network; Mot, motor; VI, visual I; VII, visual II; VAs, visual  
252 association areas; SAL, limbic; SC, basal ganglia; CBL, cerebellum; RAVLT-IR, RAVLT-  
253 Immediate Recall).

254 Both sexes show positive predictors with intra-DMN edges, with female scores predicting intra-  
255 DMN connectivity more strongly than those of males. Female positive predictors also relied  
256 more strongly on intra-VI edges than those of males, while male positive predictors relied more  
257 strongly on the intra- and inter-network connectivity of the VII and VAs networks relative to  
258 those of females. Both sexes displayed negative predictors with edges between DMN and visual  
259 networks; however, males show more negative predictors with edges between the MF and VII  
260 networks, as well as between the DMN and VII networks, relative to females.

261 **3.3 Intra-network significant-edge analyses**

262 Given the preferential contribution of intra-DMN edges to the female models, we examined all  
263 intra-DMN edges and evaluated their strengths in male and female models. To do so, we  
264 generated a heatmap of intra-DMN edges (**Figure 2**). In the RAVLT-IR model, we found that  
265 edges from more posterior DMN nodes were preferentially increased in females as opposed to  
266 males. This trend held true for the RAVLT-L model and FN-TR models (**Supplementary**  
267 **Figure 7**). Negatively correlated edges negligibly contributed to both male and female models  
268 (**Figure 2, Supplementary Figure 7**). Both sexes displayed strong connections in the left  
269 posterior cingulate cortex (L PCC) and precuneus, known hubs of the DMN.

270 To summarize node-level differences, we summed the number of edges associated with each  
271 node and found consistent female preference for activity of the right posterior inferior parietal  
272 lobe (R pIPL) and left anterior medial prefrontal cortex (L amPFC)/paracingulate cortex (**Figure**  
273 **2**). The R pIPL was consistently and preferentially elevated in all female models analyzed  
274 (**Supplementary Figure 7**). This analysis demonstrates differential edge- and node-level  
275 contributions to male and female models.



276

277 **Figure 2.** Intra-DMN connectivity differences between males and females. Intra-DMN edge  
278 counts from the RAVLT-IR models were calculated and plotted as a heat map (female - male

279 edge counts). Red indicates higher female counts and blue indicates higher male counts for each  
280 edge (Abbreviations: RAVLT-IR, RAVLT-Immediate Recall; L, left; R, right; dmPFC,  
281 dorsomedial prefrontal cortex; MFG, middle frontal gyrus; AG, angular gyrus; aMPFC, anterior  
282 medial prefrontal cortex; PCC, posterior cingulate cortex; pIPL, posterior inferior parietal lobe;  
283 PHG, parahippocampal gyrus; vmPFC, ventromedial prefrontal cortex; CC, corpus callosum;  
284 SV, summed vector).

285 **3.4 Network segregation analyses**

286 We then evaluated and compared a metric of network segregation (see Methods, “Network  
287 Segregation Analysis”) within the DMN and visual (VI, VII, VAs) networks between females  
288 and males, given the strong brain-behavior correlations in these networks across all memory  
289 performance outcomes. Our analysis demonstrated increased network segregation of the DMN in  
290 females relative to males, and increased network segregation of VII and VAs in males relative to  
291 females (**Table 2**). Additionally, these findings echoed our previous CPM analysis results in that  
292 we also observed sex differences in neurobiological organization.

Scan Type	Default Mode Network (DMN)	Visual I (VI) Network	Visual II (VII) Network	Visual Association Areas (VAs)
REST1_AP	3.17 (0.0016)	-1.32 (0.1879)†	-9.02 (2.69E-18)	-4.32 (1.87E-05)
REST1_PA	3.45 (0.0006)	-0.40 (0.6920)†	-7.79 (3.18E-14)	-3.92 (0.0001)
REST2_AP	1.21 (0.2259)†	-0.92 (0.3557)†	-7.07 (4.42E-12)	-5.16 (3.47E-07)
REST2_PA	2.04 (0.0419)†	0.07 (0.9425)†	-6.38 (3.66E-10)	-2.55 (0.0111)
CARIT	2.57 (0.0104)	2.11 (0.0349)†	-5.33 (1.40E-07)	-0.54 (0.5864)†
FACENAME	1.18 (0.2397)†	1.74 (0.0821)†	-4.46 (9.71E-06)	-1.03 (0.3017)†
VISMOTOR	0.20 (0.8399)†	-0.47 (0.6360)†	-3.33 (0.0009)	-3.06 (0.0023)

293 **Table 2.** Network segregation differences between female and male subjects. Two-sample t-tests  
294 comparing the association ratios for networks of interest between the sexes revealed increased  
295 DMN segregation in female subjects and increased VII and VAs network segregation in male  
296 subjects. Red indicates significantly higher network segregation in female subjects than male  
297 subjects and blue indicates significantly higher network segregation in male subjects than female  
298 subjects. We report these results as ‘t-statistic (p-value)’ in the table. † indicates the models that  
299 did not survive correction for multiple comparisons.

300 **4 Discussion**

301 We use CPM to identify sex differences in the functional connectivity underlying memory  
302 performance in a large sample of healthy aging adults. We provide evidence that distinct edges

303 for men and women predict short-term verbal memory task performance, and that within-DMN  
304 edges contribute more to memory scores in females than in males. Predictive edges for males, in  
305 contrast, include more edges within and across visual sensory and association networks. In  
306 contrast to prior literature suggesting globally decreased network segregation in older women  
307 compared with men, we also show higher segregation of the DMN (but lower segregation of  
308 visual sensory and association networks) in women.

309 These findings imply that when compared with males, females have a higher reliance upon  
310 connections within the DMN, the intrinsic connectivity network targeted in AD, in performing  
311 memory-related tasks. Increased DMN connectivity, particularly in posterior nodes, has been  
312 associated with vulnerability to Alzheimer's disease (Bookheimer *et al.*, 2000; Filippini *et al.*,  
313 2009; Sperling *et al.*, 2009; Mormino *et al.*, 2011; Schultz *et al.*, 2017); increased connectivity in  
314 preclinical AD settings is thought to represent the compensatory response of a network under  
315 stress (Bondi *et al.*, 2005; Filippini *et al.*, 2009; Qi *et al.*, 2010; Mormino *et al.*, 2011), and  
316 symptomatic disease is associated with progressive hypoconnectivity across the network  
317 (Greicius *et al.*, 2004; Sheline *et al.*, 2010; Brier *et al.*, 2012).

318 This study and our previous findings in the same dataset (Ficek-Tani *et al.*, In press) converge on  
319 an emerging narrative of increased connectivity and functional segregation of the DMN in aging  
320 women. Women rely upon specific DMN edges for memory performance; connections between  
321 the bilateral pIPL and the two greatest hubs of the DMN, the mPFC and the PCC/precuneus are  
322 the strongest predictors. Our prior work suggests that women have relatively increased within-  
323 DMN connectivity compared with men, particularly in posterior nodes and particularly during  
324 perimenopausal decades (Ficek-Tani *et al.*, In press). Reliance upon intra-DMN edges for  
325 memory performance likely has its advantages: we and others have shown that DMN  
326 connectivity, particularly between posterior nodes, correlates with memory task performance  
327 (Fredericks *et al.*, 2019; Natu *et al.*, 2019; Kang *et al.*, 2021; Vanneste *et al.*, 2021; Ficek-Tani *et*  
328 *al.*, In press), and the literature consistently demonstrates that women outperform men across the  
329 lifespan in tests of verbal episodic memory (Bleecker *et al.*, 1988; Herlitz, Nilsson and Bäckman,  
330 1997; Golchert *et al.*, 2019).

331 We also find relatively greater functional segregation of the DMN in women than in men.  
332 Functional segregation (i.e., reliance on within- more than between-network connectivity to  
333 perform a network-associated task) declines across the brain with aging, and is associated with  
334 decreased performance on tests of attention and memory performance (Chan *et al.*, 2014;  
335 Geerligs *et al.*, 2015; Ng *et al.*, 2016). AD pathology is associated with decreased functional  
336 segregation (Cassady *et al.*, 2021), and prior work in this field has suggested that women show  
337 decreased functional segregation over the course of aging and during memory task performance  
338 specifically (Ingalhalikar *et al.*, 2014; Rabipour *et al.*, 2021; Subramaniapillai *et al.*, 2022),  
339 potentially relating to AD vulnerability (Rabipour *et al.*, 2021). We show that sex differences in  
340 segregation are network-specific: women have relatively decreased segregation of visual sensory  
341 and visual association networks, but increased DMN segregation relative to men.

## 342 5 Limitations and Future Directions

343 While the HCP-A dataset has many strengths, it has limitations. Specifically, while the dataset is  
344 large and offers very high-quality neuroimaging and neuropsychological characterization, it is  
345 cross-sectional, so we cannot assess for longitudinal effects. Second, amyloid biomarkers are not

346 available for the participants, so we cannot examine the effect of preclinical AD on the measures  
347 of interest.

348 In terms of our results, we identify specific edges within the brain connectome and within the  
349 DMN in particular that contribute to memory performance in women specifically. The  
350 translational impact of these findings will depend on future work investigating whether these  
351 edges share a common gene expression pattern or other characteristic at the cellular level, which  
352 could be leveraged towards a potential therapeutic target. Additionally, our analyses suggest that  
353 edges between the visual sensory networks and the cerebellum may play an important role in  
354 memory performance, particularly for women. Future analyses that parcellate the cerebellum will  
355 be important for interpreting this finding, given that the cerebellum participates in many intrinsic  
356 connectivity networks (Buckner *et al.*, 2011).

357 Finally, our work addresses the impact of self-reported sex on network changes, but AD risk in  
358 women also depends upon gender-based factors such as lack of access to activities which  
359 promote cognitive reserve, such as cardiovascular exercise, occupational complexity, and  
360 educational attainment (Mielke, Vemuri and Rocca, 2014). Additionally, the interplay of  
361 assigned sex at birth and gender identity was not assessed due to a lack of the required  
362 information in the HCP dataset. While we used self-identified sex to distinguish subjects, this  
363 categorization may not capture the complex dynamics that may contribute to the sex differences  
364 described above. Future work should seek to incorporate other variables, as has been recently  
365 suggested regarding ovarian hormone status (Rocks, Cham and Kundakovic, 2022), and to  
366 incorporate metrics of cognitive reserve.

367 **6 Conclusion**

368 In summary, this study makes three key contributions to our understanding of sex differences in  
369 brain circuitry driving memory performance, which could have implications for women's higher  
370 vulnerability to AD. First, we found that women relied more on within-network DMN edges  
371 (specifically bilateral posterior inferior parietal lobe and its connections to the major DMN hubs,  
372 medial prefrontal cortex and posterior cingulate/precuneus) for memory task performance than  
373 did men. Second, we determined that men's memory task performance was predicted by edges  
374 distributed more broadly both within and between visual sensory and visual association networks  
375 and the medial frontal network. Finally, in contrast to prior literature which suggests increased  
376 generalization of cognitive circuits in aging women, we show that women have relatively greater  
377 functional segregation of the DMN than men during memory task performance.

378 This work adds to the growing literature suggesting that women rely more on the DMN than do  
379 men both at rest and during memory task performance. At rest, women have relatively higher  
380 DMN connectivity (Biswal *et al.*, 2010; Scheinost *et al.*, 2015; Cavedo *et al.*, 2018; Ritchie *et*  
381 *al.*, 2018; Ficek-Tani *et al.*, In press), with higher posterior DMN connectivity particularly  
382 during the menopausal decades (Ficek-Tani *et al.*, In press); this increased connectivity  
383 correlates with better performance on tests of short-term memory (Fredericks *et al.*, 2019; Natu  
384 *et al.*, 2019; Kang *et al.*, 2021; Vanneste *et al.*, 2021; Ficek-Tani *et al.*, In press). This profile is  
385 similar to individuals with preclinical (amyloid- $\beta$  +) or elevated genetic risk (e.g. APOE- $\epsilon$ 4+) for  
386 AD (Bookheimer *et al.*, 2000; Filippini *et al.*, 2009; Sperling *et al.*, 2009; Mormino *et al.*, 2011;  
387 Schultz *et al.*, 2017).

388 We need to understand why AD has a more aggressive phenotype in women. Taken together this  
389 work adds to a body of literature that suggests that women's relative increased reliance on  
390 within-DMN connectivity could lead to "overuse" and vulnerability of this network to pathology  
391 over time. Future work examining the common cellular features of the nodes composing  
392 women's strongest predictive edges have the potential to translate as therapeutic targets.

393 **7 Conflict of Interest**

394 The authors declare that the research was conducted in the absence of any commercial or  
395 financial relationships that could be construed as a potential conflict of interest.

396 **8 Author Contributions**

397 SJ, CH, RTC, and CF conceived of the presented idea. SJ and CF developed the theory and  
398 specified assessment parameters. CH, XS, and RTC developed computational models. SJ, CH,  
399 HA, and AT performed computations. SJ performed visualizations of the results. RTC helped  
400 supervise the project. CF supervised the project. SJ, CH, HA, AT, and CF drafted the original  
401 manuscript. All authors discussed the results and contributed to the manuscript.

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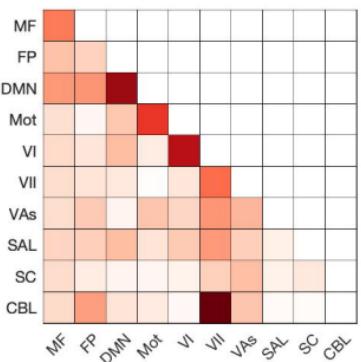
620 Yarkoni, T. and Westfall, J. (2017) ‘Choosing Prediction Over Explanation in Psychology:  
621 Lessons From Machine Learning’, *Perspectives on Psychological Science*, 12(6), pp. 1100–  
622 1122. Available at: <https://doi.org/10.1177/1745691617693393>.

623 Yip, S.W. *et al.* (2019) ‘Connectome-Based Prediction of Cocaine Abstinence’, *American  
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625 <https://doi.org/10.1176/appi.ajp.2018.17101147>.

# RAVLT-IR

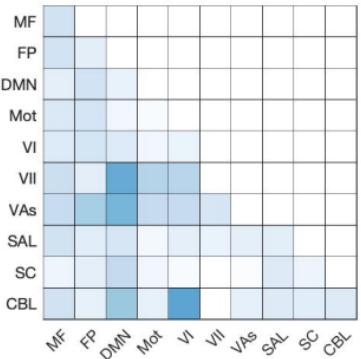
**F subjects**

**positive networks**



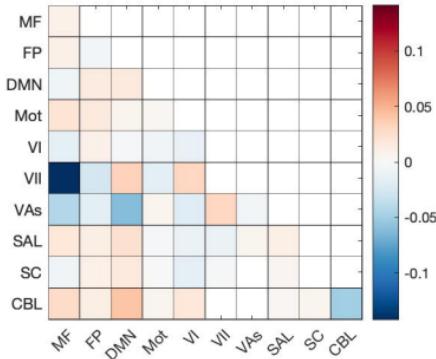
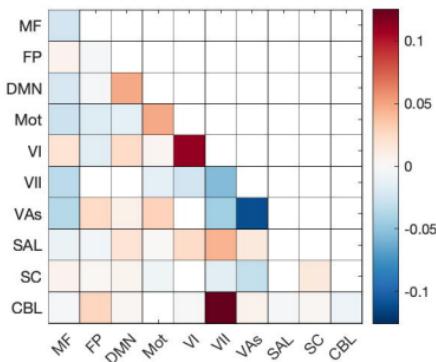
**M subjects**

**negative networks**



■ positively-correlated edges  
 ■ negatively-correlated edges

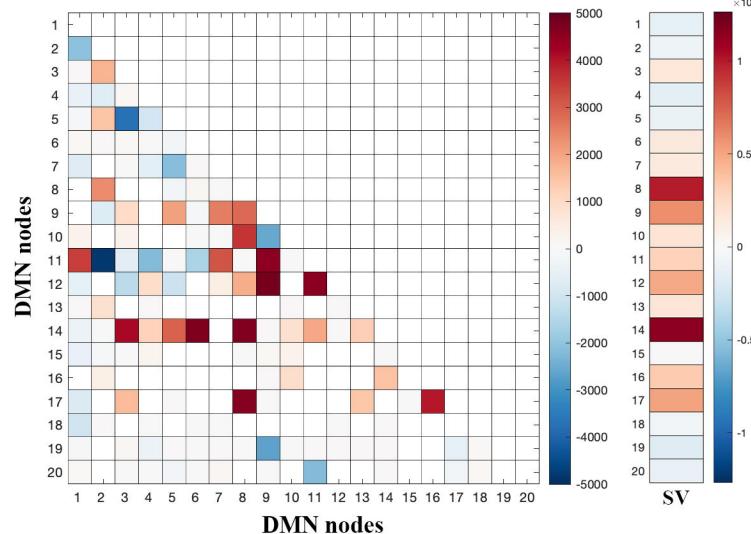
**F-M difference**



■ F > M  
 ■ M > F

# RAVLT-IR

positive network



negative network

