

Alpha suppression during prehension indicates neural motor drive inhibition

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1 **Abstract:**

2 Changes in alpha band activity (8-12 Hz) have been shown to indicate the
3 inhibition of engagement of brain regions during cognitive tasks, reflecting real-time
4 cognitive load. Despite this, its feasibility to be used in a more dynamic environment
5 with ongoing motor corrections has not been studied. This research used
6 electroencephalography (EEG) to explore how different brain regions are engaged
7 during a simple grasp and lift task where unexpected changes to the object's properties
8 are introduced. To our knowledge, this is the first study to show alpha activity changes
9 related to motor error correction occur only in motor-related areas (i.e. central areas),
10 but not in error processing areas (ie. fronto-parietal network). This suggests that
11 oscillations over motor areas could reflect inhibition of motor drive related to motor
12 error correction, thus being a potential cortical electrophysiological biomarker for the
13 process, and not solely as a proxy for cognitive demands. This observation is particularly
14 relevant in scenarios where these signals are used to evaluate high cognitive demands
15 co-occurring with high levels of motor errors and corrections, such as prosthesis use.
16 The establishment of electrophysiological biomarkers of mental resource allocation
17 during movement and cognition can help identify indicators of mental workload and
18 motor drive, which may be useful for improving brain-machine interfaces.

19 *Keywords: EEG, Alpha, gaiting-by-inhibition, motor control.*

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23 **New and Noteworthy:**

24 This research expands on previous fMRI literature by demonstrating that alpha band
25 suppression, an EEG metric with high temporal resolution, occurs over the primary
26 sensorimotor area during error correction of hand movements. This furthers our
27 understanding of alpha suppression beyond processes related to cognitive demands by
28 highlighting how motor control also influences this frequency band. Recognizing that
29 alpha band activity is modulated by both motor and cognitive processes is important in
30 situations where high cognitive demands can lead to a high level of movement errors.
31 Interpretations of such modulation are often attributed only to cognitive demands,
32 whereas a motor process may also play a factor. Furthermore, alpha suppression could
33 be used as a biomarker for error correction with applications in human machine
34 interfaces, such as neuroprostheses.

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35 **Introduction**

36 The human ability to perform fine and precise movement when interacting with
37 objects is an evolutionary development, dating back over 2.5 million years to the first
38 recorded use of tools (Semaw et al., 1997). Disruption to any part of the motor control
39 system can severely affect our lives. For example, stroke patients can suffer hemiparesis
40 and spasticity as a result of damage to motor areas in the brain (Johnson & Westlake,
41 2021; Yeh et al., 2014). Damage to the peripheral nervous system and end effectors, as
42 in the case of people living with upper-limb loss, can lead to an overall reduction in
43 functionality, resulting in a general reduction in quality of life (McKinley et al., 2007).
44 During interactions with objects, internal models based on the expected properties of
45 the object are used to create predictions about the motor command required and the
46 sensory consequences that arise from the movement (Augurelle et al., 2003; Elias et al.,
47 2008). Errors between predicted and actual sensory consequence can trigger corrective
48 responses that update the motor command to achieve the intended movement and
49 update the sensorimotor system in future interactions (Johansson & Westling, 1988;
50 Shadmehr et al., 2010; Taylor & Ivry, 2011).

51 Functional magnetic resonance imaging (fMRI) studies have shown that the error
52 between the predicted and actual sensory consequences when lifting an object results in
53 an increased activation of the right inferior parietal cortex, motor cortex, and cerebellum

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54 (Jenmalm et al., 2006; Schmitz et al., 2005). Although fMRI evidence sheds light on the
55 brain regions involved in this sensory corrective process, limited time resolution and
56 technological requirements limits its applicability outside of controlled laboratory
57 settings. The fronto-parietal network has also shown differences in alpha activity
58 reflective of the type of grip used to interact with an object (Iturrate et al., 2018).
59 Furthermore, it has also been shown that when the complexity of the sensorimotor
60 action is increased (e.g. more steps), an enhanced suppression of oscillatory power in
61 the alpha band (8-12 Hz) over dorsomedial fronto-parietal areas (i.e. sensorimotor
62 areas) occurs before and during movement execution (Verhagen et al., 2013). Overall,
63 the evidence suggests that activity in the alpha range in the fronto-parietal and motor
64 regions may encode information related to predictive and on-line motor adaptation to
65 the environment.

66 During cognitive tasks, alpha activity has been demonstrated to be reflective of
67 inhibitory control over specific regions of the cortex, therefore, offering a way to
68 investigate shunting of mental resources from areas that are inhibited (more alpha
69 activity) towards areas that are more task related (less alpha activity), a theory coined
70 the "Gating-by-inhibition" hypothesis (Jensen & Mazaheri, 2010). Recently, a group of
71 researchers (Parr et al., 2019) explored cognitive burden during prosthesis manipulation
72 using measurements of electroencephalography (EEG), specifically focusing on activity

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73 of the alpha-band (8-12 Hz) as a proxy for efficient allocation of brain resources.

74 However, the interpretations regarding alpha modulation during this motor task were

75 attributed to cognitive demands, without consideration of motor-control related

76 modulation of this frequency band. Disentangling the interacting effects of motor and

77 cognitive tasks on alpha activity is necessary before the frequency band can be used as

78 a marker of cognitive demand in dynamic settings. Therefore, the purpose of this study

79 was to assess motor-related changes in alpha activity during a reach, grasp and lift

80 movement where unpredictable changes in a custom-made object's properties were

81 introduced. Using an existing dataset (Luciw et al., 2014) , we showed here that alpha

82 activity over the primary motor area is modulated based on corrections of erroneously

83 programmed movements, but activity in the same frequency band over error-corrective

84 areas (fronto-parietal network) did not show a similar modulation. By describing how

85 alpha activity is affected during a simple motor task, we can better understand how

86 cognitive demands modulate movement outside of the laboratory, such as during use of

87 prostheses or brain-machine interfaces.

88

89 **Methods:**

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90 ***Experimental Dataset***

91 The study was performed on an open-source dataset (Luciw et al., 2014) that was
92 collected on twelve participants (8 females and 4 males, age range: 19-35 years)
93 performing a precision grasp-and-lift (GAL) of an custom object (Figure 1). The methods
94 used are briefly described below.

95 ***Data Acquisition and Instrumentation***

96 During the experiment, EEG, EMG, position and force data were recorded. A 32-
97 electrode EEG system using the standard 10-20 positions was used to record brain
98 activity at 500 Hz (ActiCap, Brain Products, Gilching, Germany). Five EMG sensors
99 sampled muscle activity at 4 kHz from arm muscles including the anterior deltoid (AD),
100 brachioradialis (BR), flexor digitorum (FD), common extensor digitorum (CED), and the
101 first dorsal interosseus (FDI) muscles (Figure 2). EMG was recorded using preamplifiers
102 (bandwidth 6Hz-2 kHz) mounted on the skin directly above the muscle. Electrodes were
103 2mm in diameter and 12 mm apart. Four 3D position sensors (FASTRAK, Polhemus Inc,
104 USA) recorded the position (XYZ Cartesian coordinates) and orientation (azimuth,
105 elevation, and roll) of the object, index finger, thumb, and the wrist at 500 Hz. Finally,
106 the surface plates of the object were coupled to force transducers that recorded 3D
107 forces and torques at 500 Hz.

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108 ***Task Description***

109 Participants were asked to start the movement when an LED on a graspable object
110 (width between plates: 45 mm, surface area: 35X35 mm) flashed red (Figure 1).
111 Participants were instructed to begin each movement with their right wrist resting on
112 the table so that the forearm was suspended over the edge of the table. They were
113 instructed to begin their movement by first reaching from the initial position towards
114 the object, grasp the object with the thumb and index finger, and lift it so that the top of
115 the object was within a circle target suspended about 5 cm above the object.
116 Participants then were instructed to place the object back down when the LED turned
117 off (~2 seconds after the LED turned on) and return their arm to the initial position in
118 preparation for the next lift.

119 Each participant performed two different experimental series lifting a custom object
120 whose weight and surface friction could be altered without the participant's knowledge
121 (Figure 1, for a more detailed description, see Luciw et al., 2014). The weight series
122 involved 34 lifts with 12 unpredictable weight changes (between 165, 330, and 660 g).
123 There were six different weight series schedules, so each weight was repeated 1-4 times
124 (expected) and then suddenly changed (unexpected). The friction or surface series
125 involved 34 lifts with variable surface friction (sandpaper, suede, or silk) and similarly,
126 the same texture was presented 1 to 4 times and then changed unexpectedly. All

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127 sequences and changes were balanced across the constructed series. Each participant
128 performed 6 weight series (each series consisted of 34 lifts with 12 unpredictable
129 changes to the weight) and 2 friction series (34 lifts including 12 unexpected changes to
130 the surface friction) amounting to 3,264 lifts that were included across all participants in
131 the analysis. See Luciw et al, 2014 for details about the object and paradigm.

132 ***Data Analysis***

133 *EEG*

134 Signals were average-referenced and band-passed filtered from 1 to 45 Hz using a zero-
135 phase (two-pass) FIR filter of order 500. Independent Component Analysis and visual
136 inspection of the signals was performed to remove components accounting for blinks,
137 eye movements and other non-neural activity (Delorme & Makeig, 2004). The
138 continuous data were then epoched and time locked from 500 ms before and 1000 ms
139 after initial contact with the object. Initial contact was defined as the moment when the
140 summed forces perpendicular to the grip platforms on the object reached two standard
141 deviations from the baseline period. Changes in alpha activity were computed by
142 calculating the mean change in spectral power (in dB) from baseline (-500 to 0 ms) for
143 different frequencies and latencies using a complex Morlet wavelet transform (Tallon-
144 Baudry et al., 1997; Herrmann et al., 1999). The number of cycles was selected according
145 to the frequency and was increased from 0.5 to 13.8 for a frequency range of 1-30 Hz.

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146 The baseline power spectrum was calculated for the 500 ms baseline period. Changes in
147 the alpha (8–12 Hz) frequency band in dB in for each subject were calculated for the
148 analysis, and power values were averaged over trials to derive the power spectral
149 estimation. After the time-frequency decomposition, alpha activity (8-12 Hz) was
150 averaged across several regions of interest: left temporal (T7), left central (C3), frontal
151 (F3, Fz, F4), right central (C4), right temporal (T8), parietal (P3, Pz, P4), and occipital (O1,
152 O2).

153 Data were grouped differently for two different comparisons. To test the effect of
154 expectation alone over error processing regions, trials were sorted into two categories,
155 trials where the properties were 'expected' (i.e. same weight or same friction condition
156 than the previous one) and trials where properties were 'not expected' (i.e. different
157 weight or friction condition as previous one). To test whether alpha activity over the
158 primary motor area follows changes in motor drive based on on-line corrections to
159 erroneously programed lifts, trials were grouped into two conditions – trials programed
160 for lower weight than required (i.e. a heavier trial after a series of lighter trials) and trials
161 programmed for a heavier weight than required (i.e. a lighter trial after a series of
162 heavier trials).

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163 *Position, Force Data and EMG*

164 Position of the object as well as lift and grip force data were used to evaluate
165 motor behavior during the task. Signals were low-pass filtered at 9 Hz using a zero-
166 phase (two-pass) FIR filter of order 500. Derivatives of position and force were also
167 extracted to investigate rate of force development and velocity. To quantify the
168 differences between conditions, grip-force rate (GFR), and lift-force rate (LFR) were
169 extracted from the filtered signals coming from the force transducers of the object at
170 two time points: at the moment of lift-off (defined as the moment where the horizontal
171 component of the object's position increased 2 standard deviations from baseline) and
172 at the moment where they reached their maximum value during the initial second of the
173 lift.

174 For the EMG recordings, 1 second of data was epoched from the beginning of
175 the loading phase for analysis for each of the muscles being recorded. A second order
176 Butterworth bandpass filter from 20 to 500 Hz was applied to the signals. The signal was
177 then rectified, and the envelope of that signal was computed as the magnitude of its
178 analytic signal. To compare changes before and after initial contact with the object, the
179 data were then normalized by subtracting the mean baseline value of the EMG between
180 -200ms and -500ms prior to initial contact with the object. As with position and force,
181 quantification of muscle activity was performed by extracting the peak EMG value from

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182 the enveloped signal at the moment of lift-off as well as the maximal EMG value within
183 the first second of the lift. A summary of all the outcomes measured can be found in
184 Table 1.

185 **Statistical Analysis**

186 *EEG*

187 *The effect of expectation on alpha activity*: A repeated-measures ANOVA was conducted
188 over the error processing regions using a 2 x 2 x 10 factor design with expectation
189 (expected, unexpected), region of interest (RoI) (parietal, frontal) and time window
190 (baseline-100 ms in steps of 100 ms) for the weight and friction data, separately.

191 *The effect of object property on alpha activity*: A repeated-measures ANOVA was
192 conducted over motor drive electrodes using a 2 x 2 x 10 factor design with property
193 expectation (heavier than expected, lighter than expected for weight; and less surface
194 friction than expected or more surface friction than expected for friction series), RoI (left
195 central, right central), and time window (baseline-100 ms in steps of 100 ms) for the
196 weight and friction data, separately. Degrees of freedom were adjusted with the
197 Greenhouse-Geisser correction if the sphericity assumption was violated as indicated by
198 a Mauchly test. Pairwise t-tests with Bonferroni corrections were used for post-hoc
199 analysis. In all analyses, a significant criterion of $\alpha = 0.05$ was used.

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200 *Position and Force Data and EMG*

201 *Effect of expectation on different conditions:* Pairwise comparisons with Bonferroni

202 corrections were performed among the metrics of motor behavior: lift-off and maximal

203 GFR and LFR values, and EMG envelope values (see data analysis section for details). To

204 isolate the effect of expectations and avoid confounding variable weights or surface

205 frictions, contrasts were performed between objects lifts that were performed with the

206 same weight or surface friction, but only varied in weight and surface friction in the

207 previous lift. For example, to determine the difference between expected weight or

208 higher than expected weight, lifts with the same weight were compared (i.e. 660 g), but

209 the expected was preceded with a lift of the same weight (i.e. 660 g → 660 g) and the

210 unexpected heavy condition was preceded with a lift of lighter weight (i.e. 165 g → 660

211 g).

212

213 **Results:**

214 *EEG*

215 *The effect of expectation on alpha activity in error processing regions:* A repeated-

216 measures ANOVA revealed a main effect of time point ($F(10, 110) = 3.06, p < 0.05$) and

217 an interaction effect between RoI and time point ($F(10, 11) = 3.48, p < 0.001$) for the

218 weight series only. However, no main effect of expectation (i.e. trials with expected

219 weight vs. unexpected weight) was found for the weight ($F(1, 11) = 0.39, p = 0.54$), or

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220 the friction ($F(1, 11) = 0.71, p = 0.41$). These results suggest that the alpha activity over
221 error processing regions was not able to reflect error correction during a motor task.

222 *The effect of object property on alpha activity in motor regions:* The analysis revealed a
223 main effect of time point for the weight ($F(10, 110) = 4.34, p < 0.05$) and friction series
224 ($F(10, 110) = 2.20, p < 0.05$), respectively. Furthermore, the friction series showed an
225 interaction effect of RoI and time point ($F(10, 110) = 2.94, p < 0.05$). The weight series
226 showed an interaction effect between the property expectation and time ($F(20, 220) =$
227 $2.70, p < 0.001$) and a three-way interaction of expected grip force required, RoI, and
228 time ($F(20, 220) = 1.78, p < 0.05$). Post-hoc analysis showed that the left central region
229 responsible for the control of the contralateral movement showed a greater alpha
230 activity in trials programmed for heavier weights than expected (600 g to 165 g)
231 compared to trials programmed for a lower weight than expected (165 g to 600 g)
232 between 700 ms ($t(11) = -3.35, p < 0.05$) and 800 ms ($t(11) = -2.48, p < 0.05$) (Figure 3).

233 *EMG*

234 Mean traces of the EMG envelope are shown in Figure 4 and 5 for the weight and
235 friction series, respectively. *Weight series:* Compared to trials where force was properly
236 gauged, lifts performed with a weight lighter than expected showed a significantly
237 greater EMG activation over the BR ($t(11) = -2.71, p=0.020$), and CED ($t(12) = -4.15,$
238 $p=0.0016$) during lift off, as well as a significantly greater maximal activity within one

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239 second after object touch over the AD ($t(11) = -2.81, p=0.017$), BR ($t(11) = -2.20,$
240 $p=0.049$), CED ($t(11) = -2.78, p=0.018$), FD ($t(11) = -2.78, p=0.018$), and FDI ($t(11) = -$
241 $2.35, p=0.038$) muscles (Figure 6. A, C, E, G, I, purple bars). Furthermore, during lifts with
242 a weight higher than expected, participants showed a significantly lower activity of the
243 AD ($t(11) = -3.33, p=0.0067$) during lift-off, and as well as a significantly greater maximal
244 activity within one second of initial object touch in the BR ($t(11) = 4.28, p=0.0013$), FD
245 ($t(12) = 2.51, p=0.029$), and FDI ($t(11) = 2.81, p=0.0170$) muscles (Figure 6. A, C, E, G, I,
246 brown bars). *Friction series*: No significant changes in EMG activity were found across the
247 muscles studied (Figure 6. B, D, F, H, J).

248 *Position and Force Data*

249 Mean traces for the position and force data are shown in Figures 7 and 8 for the weight
250 and friction series, respectively. *Weight series*: Kinetic analysis showed significantly
251 greater GFR at lift-off ($t(11) = -6.35, p < 0.05$) and maximal points ($t(11) = -7.17, p <$
252 0.05) Figure 6. A) and significantly greater LFR ($t(11) = -2.54, p < 0.05$) at lift-off (Figure
253 9. C) when the lift was programmed for a greater weight than expected (600 g to 165 g)
254 compared to when it was expected (165 g to 165 g). During lifts with an unexpected
255 weight increase, we found significantly lower GFR at lift-off ($t(11) = 2.23, p < 0.05$) and
256 maximal point ($t(11) = 6.98, p < 0.05$) (Figure 6. A) and a significantly lower maximum

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257 LFR ($t(11) = 5.21, p < 0.05$) (Figure 9. C) compared to when there was no weight change
258 (660 g to 660 g).

259 Friction series: Maximal GFRs (Figure 9. B) for trials programmed for silk but performed
260 with sandpaper (silk to sandpaper) were significantly greater ($t(11) = -2.96, p < 0.05$)
261 than those when sandpaper was expected (sandpaper to sandpaper). No other
262 significant differences were found in behavioral analysis of the friction series.

263

264 **Discussion:**

265 We investigated differences in alpha activity over error-detection and motor drive
266 regions of the brain during the grasping and lifting of a modifiable object. Kinematic,
267 kinetic and EMG data show that the expectation of object properties affects the strategy
268 being used to interact with the object, primarily in the weight domain. We see evidence
269 of different muscle activity and force developing patterns depending on the properties
270 of the previous object moved. Light weight trials preceded by heavier trials showed
271 greater FD and FDI activity than when the following trial did not change weight. This
272 change in muscle activation was accompanied by a greater GFR and LFR suggesting that
273 the weight properties of previous lifts influence the mental model used when lifting the
274 object (Saunders & Vijayakumar, 2011). By overestimating the force required to lift the
275 object, the forward model used to estimate the object properties generates a motor

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276 command that requires correction to account for the present object properties
277 (Augurelle et al., 2003; Baugh et al., 2012; Johansson & Westling, 1988).

278 Due to the effect of previous lift outcomes on the internal model of the object,
279 we expected engagement of motor error correction regions of the brain. Contrary to
280 this, however, we did not observe any significant differences over the frontal or parietal
281 areas between the expected and unexpected trials. These areas are known to be part of
282 the error correction system and have been related to updating motor commands based
283 on the discrepancy between actual and predicted sensory information (Blakemore &
284 Sirigu, 2003). Furthermore, they are also related to the updating of sensorimotor
285 memories of an object's physical properties (Ehrsson et al., 2003; Jenmalm et al., 2006).
286 Other behavioral fMRI studies have also linked activity over this region in tasks involving
287 manipulation, lifting, and pinching of objects (Binkofski et al., 1999).

288 One possible reason for the lack of observed differences in activity in error
289 correction regions is that due to the ambiguity of the object's properties and the high
290 number of repetitions, participants might have adapted a feedforward strategy that
291 minimizes the amount of movement errors while lifting. Indeed, previous work suggests
292 that, in the face of sensorimotor uncertainty, this is the preferred strategy over one that
293 selects the most likely prediction of the object's properties (Cashaback et al., 2017). With
294 this strategy, the nervous system would have to build a representation of the
295 environmental uncertainty to develop a "point estimate" of a single weight based not

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296 only on the immediate previous lift, but all lifts preceding the current one (Kording &
297 Wolpert, 2004; Wolpert et al., 1995). In this case, it is possible for that error integration
298 signal to be attenuated since the strategy aims to minimize the error between the
299 estimate and the possibility of all weights or friction surfaces.

300 Another possible explanation for the lack of differences in alpha activity in the
301 error correction region surrounds the gating-by-inhibition hypothesis assumptions of
302 the frequency content of the inhibition (Jensen & Mazaheri, 2010). This framework
303 suggests that alpha activity represents a pulsed inhibition that can reduce the
304 capabilities of information processing of a given area. Physiologically, the pulsing
305 inhibition has been linked to GABAergic (inhibitory) feedback inputs from interneurons
306 that have been shown to modulate this specific band (Jones et al., 2000; Lörincz et al.,
307 2008). Evidence for this inhibitory activity reflected by alpha oscillations comes from
308 changes in brain activity related to cognitive processes, such as a memory tasks
309 (Bashivan et al., 2014; Rottschy et al., 2012) or visual field attention (Kelly et al., 2009;
310 Rihs et al., 2007). It is possible that the timescale of the inhibition over this area related
311 to motor activity diverges from inhibition related to cognitive tasks, and subsequently,
312 any pulsed inhibition through interneurons may not be reflected by changes to alpha
313 rhythm alone. . These differences in time-scales might be why changes in activity appear
314 in this area in fMRI studies but not when examining EEG alpha activity. This possibility
315 could further be explored through analysis of motor-error related differences in parietal

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316 activity over different frequency bands and time scales, but it is outside of the scope of
317 this initial analysis focusing on alpha-related changes.

318 Another possible explanation of these findings is that the spatial resolution of the
319 EEG setup during the experiment was not specific enough to detect changes related to
320 motor activity. The right supramarginal gyrus identified previously as involved in error
321 correction (Jenmalm et al., 2006) is only one of many gyri found in the parietal lobe
322 (Braver et al., 1997; Ghosh & Gattera, 1995; Neal et al., 1990). EEG systems are prone to
323 poor spatial precision because of volume conduction across the scalp and the low
324 number of electrodes (i.e. 32 electrodes) in standard setups. It is possible that through
325 the averaging of the parietal electrodes, the specific activity over this sub-region of the
326 parietal lobe might have been lost. Future studies could address the spatial resolution
327 issue by using high-density EEG systems containing up to 256 electrodes and
328 performing single electrode analysis as opposed to functional region analysis to
329 increase the spatial localization capabilities of this neuroimaging technique (Barzegaran
330 & Knyazeva, 2017). However, from a practical perspective, using highly variable
331 biomarkers that require high density EEG might not be feasible when applied in real
332 world scenarios due to practical constraints such as set-up time and drift in electrode
333 connectivity over time (Gentili et al., 2014; Jaquess et al., 2018). Overall, our results do
334 not support the role of alpha activity as a biomarker for processes involving the parieto-

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335 frontal network, and thus highlighting the limitations of using alpha activity maps to
336 shape the functional architecture of the brain during manual tasks.

337 When comparing activity over the central regions we did observe significantly
338 higher alpha activity over the left central hemisphere in trials programmed for higher
339 than expected weights compared to trials programmed for lower than expected weights.

340 In these trials we also saw a difference in force production patterns. In comparison to
341 their expected trials, we saw a reduction in peak GFR and LFR in trials programmed for a
342 higher weight than necessary but an increase in GFR and LFR in trials programmed for a
343 lower weight than necessary. Taken together, the results show a relatively higher alpha
344 activity for trials where grip force and lift force were reduced during the lift in
345 comparison to a lower relative alpha activity where grip and lift force were increased
346 during the lift. As alpha is thought to reflect neuronal patterns that reflect inhibition, this
347 could suggest that the higher alpha activity during lifts with unexpected lower weights
348 might reflect the on-line inhibition over motor areas to reduce the neural drive to the
349 muscles and thus reduce force produced.

350 Our results show a similar pattern of activation as previously reported in an fMRI
351 study where lifts programmed for higher weights than expected demonstrated a lower
352 BOLD signal in the left central region compared to trials programmed for a higher grip
353 force (Jenmalm et al., 2006) which also concluded that these results reflect a reduction
354 of neuronal drive. Despite this, our EMG results show that the finger flexors, FDI and FD,

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355 showed a spike during trials that were lighter than expected compared to when the
356 weight was expectedly light which then merged onto the same level of activation later in
357 the lift (Figure 4). This spike in muscle activity required to grip the object could be a
358 compensatory response to avoid slipping of the object due to the higher rates of
359 vertical movement (Figure 8, vertical velocity). However, both FDI and FD EMG traces
360 merge to match the levels of activation when the object's weight is expected. It is
361 important to note that these spikes happened early during the lift (~300 ms, Figure 4),
362 whereas alpha suppression appears later during the lift (~700-800 ms). From the timing
363 of the results, the alpha suppression could be reflective of the inhibition of this
364 corrective EMG spike to return to the correct movement pattern.

365 The higher alpha activity over the contralateral central region during movements
366 programmed for higher weights might reflect the pulsed inhibition experienced by that
367 region of the brain to adapt the grip force on-line during the lifting portion of the
368 movement. Mechanistically, this would align with the GABAergic (inhibitory) feedback
369 inputs from interneurons that have been shown to modulate this specific band during
370 mental tasks (Jones et al., 2000; Lörincz et al., 2008). This suggests that there might be
371 some overlap in motor-related inhibition of the primary motor cortex with inhibition
372 related to other cognitive processes. Future studies looking to use the gating-by-
373 inhibition framework to study how different cognitive paradigms are reflected in the
374 alpha band should be mindful of the potential overlap of this motor-related inhibition

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375 over the primary motor cortex, as activity over this area could be reflective of motor
376 inhibitory mechanisms.

377 A novel aspect of the present work is the ability to extract the timing of motor
378 drive inhibition in the brain. The onset of the relative enhancement of inhibitory alpha
379 activity over the left central region during lifts programmed for higher weights occurred
380 around 700 to 800 ms after the initial touch. Due to limitations in temporal resolution (~
381 1 s), previous fMRI research reporting this pattern of activation has not been able to
382 estimate the timing of this event, limiting their ability to explicitly state that the increase
383 in brain activity in the left central region reflects an on-line mechanism implemented by
384 the participant to reduce the motor output in a compensatory manner (Jenmalm et al.,
385 2006; Schmitz et al., 2005). In this study, alpha activity over the left central region
386 diverged well after the initial touch of the object. This pattern of activity over motor
387 areas may reflect the on-line reduction of neural drive to the hand musculature for
388 corrective responses.

389 To our knowledge, this is the first evidence of error-correction related alpha
390 modulation demonstrated on EEG data over motor regions during a manual task,
391 expanding on previous fMRI studies. Furthermore, the data presented here shows that
392 modulation over the alpha band does not occur over error correction regions. These
393 findings suggest that not all engagement of task-relevant regions is reflected through
394 reduced alpha activity, and moreover, explores the notion that the pulsed inhibition

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395 mechanism expands beyond cognitive processes and could also reflect corrective
396 motor-drive changes. Thus, if advances in cognitive load research and assessment are to
397 be applied outside of the laboratory, efforts must be made to bridge cognitive and
398 motor studies as they relate to using EEG to shape the brain's architecture, as motor and
399 cognitive brain activity are likely overlapping. This carries implications about how future
400 research efforts interpret cognitive load results as they pertain to alpha activity, as
401 motor-related inhibition can also contribute to the activity measured, especially during
402 tasks with high rates of error correction such a prosthesis use. In conclusion, this study
403 showed evidence that alpha activity over motor drive regions can be modulated based
404 on error correction during unexpected changes of an object being manipulated.

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535 **Figure Captions:**

536 **Table 1:** Summary of outcome measures for each measurement device.

537

538 **Figure 1:** Diagram of object used in Reach and Grasp trials (from Luciw, Jerocka & Edin,
539 2014).

540

541 **Figure 2:** Experimental set-up for the Reach and Grasp Experiment (from Luciw, Jerocka
542 & Edin, 2014).

543

544 **Figure 3:** Time analysis during weight series trials over the left central region for lifts
545 with an unexpected weight drop (660 to 165 g, purple) and those with an unexpected
546 weight increase (165 g to 660 g, brown). Activity in the 700 to 800 ms windows were
547 significantly greater in the trials with lower weights than expected.

548

549 **Figure 4:** EMG traces for the Common Extensor Digitorum, First Dorsal Interosseous,
550 Flexor Digitorum, Brachioradialis, and Anterior deltoid during the weight series trials.
551 Shaded area shows the 95% confidence interval. Data are divided in colors by weight
552 being lifted (brown = 660g, purple = 165g) and expectation (expected = solid,
553 unexpected = hashed).

554

Alpha suppression during prehension indicates neural motor drive inhibition

555 **Figure 5:** EMG traces for the Common Extensor Digitorum, First Dorsal Interosseous,
556 Flexor Digitorum, Brachioradialis, and Anterior deltoid during the friction series trials.
557 Shaded area shows the 95% confidence interval. Data are divided by the lifted object's
558 surface texture (silk = red, sandpaper = blue) and texture expectation (expected = solid,
559 unexpected = hashed).

560
561 **Figure 6:** Summary of results for all EMG muscles during lift-off and maximal level of
562 activity for the weight (left column) and friction (right column) series trials. Data from
563 the weight series (left) are divided in colors by weight being lifted (brown = 660g, purple
564 = 165g) and expectation (expected = solid, unexpected = hashed). Friction data (right)
565 are divided by surface texture (silk = red, sandpaper = blue) and expectation (expected
566 = solid, unexpected = hashed).

567
568
569 **Figure 7:** Kinematic and kinetic traces of the weight series. Panels on the left represent
570 the load force (top row), grip force (middle row) and vertical height (bottom row), with
571 their respective derivatives presented in the right column, for each of the experimental
572 conditions.

573

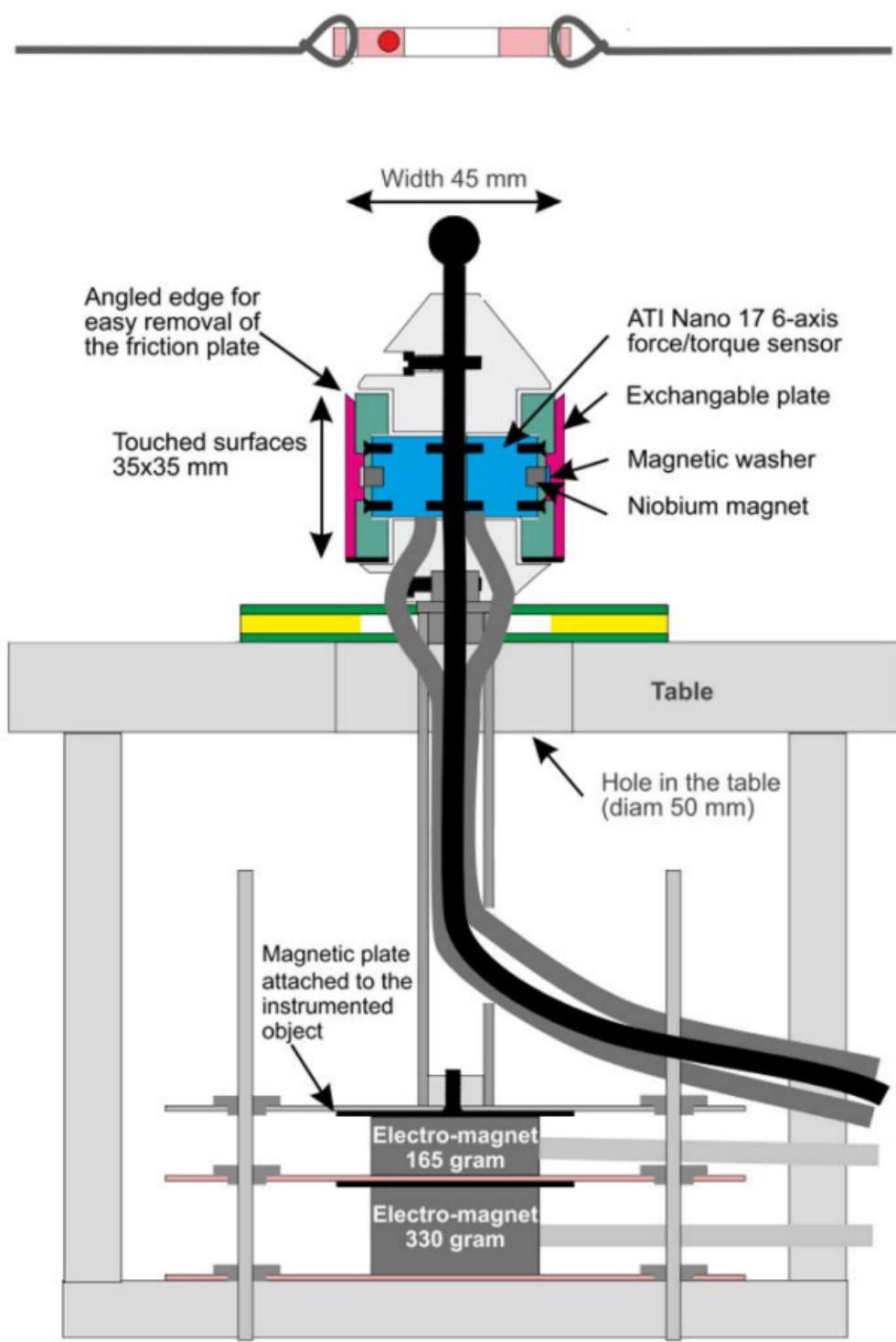
Alpha suppression during prehension indicates neural motor drive inhibition

574 **Figure 8:** Kinematic and kinetic traces for the friction series. Panels on the left, from top
575 to bottom, represent the load force, grip force and vertical height (and their respective
576 derivatives on the right) for each of the experimental conditions.

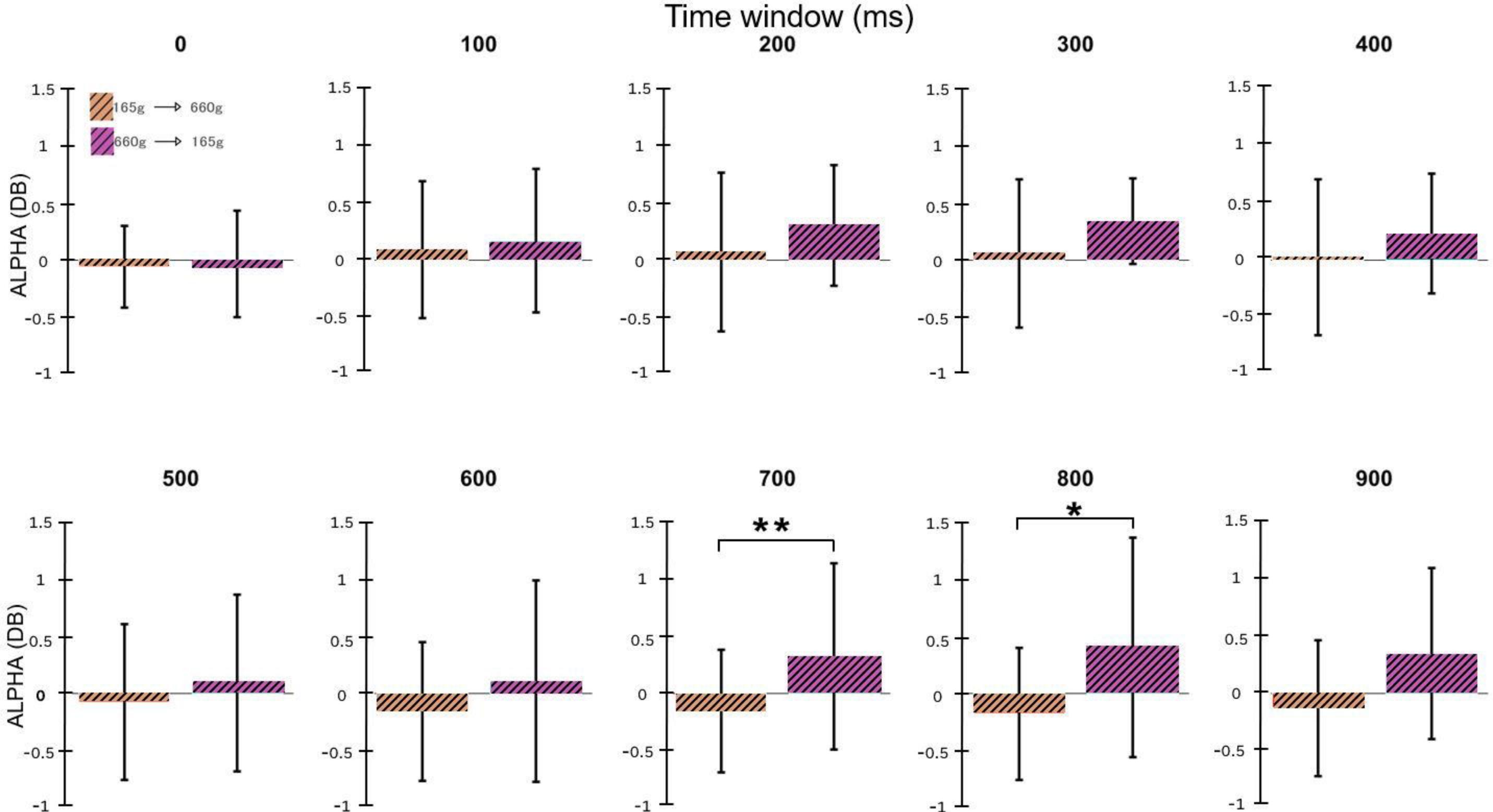
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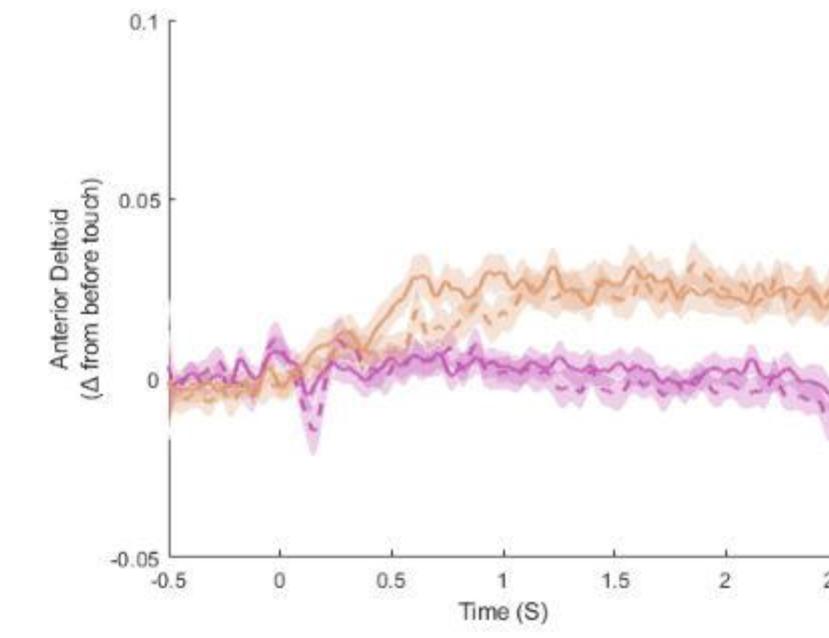
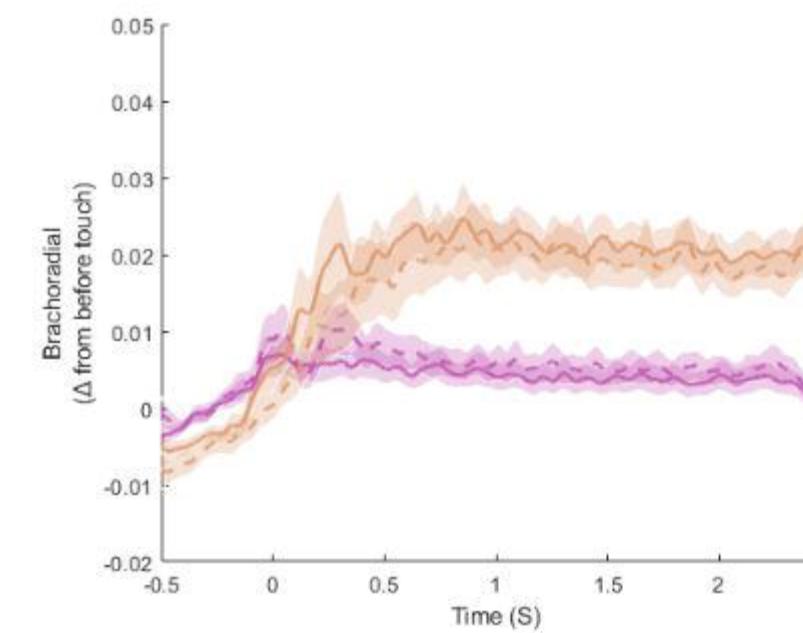
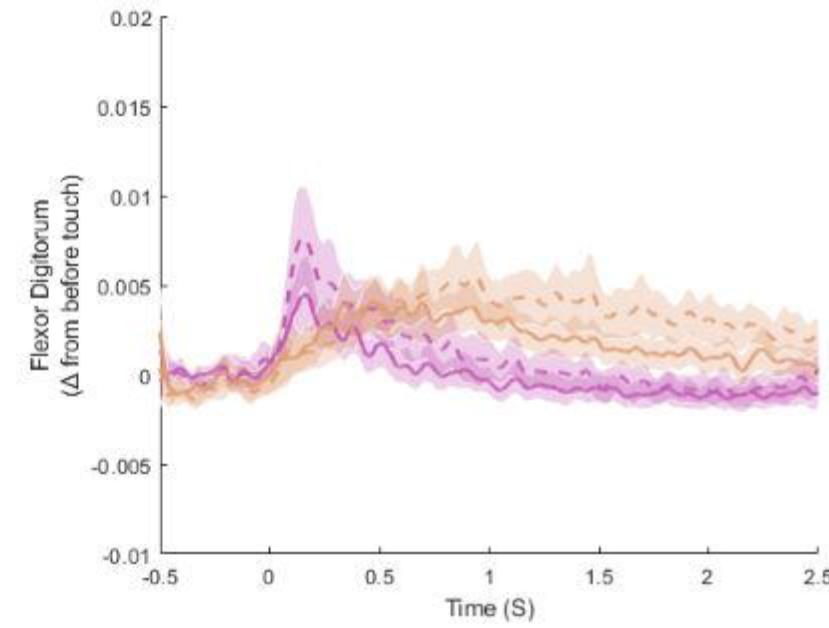
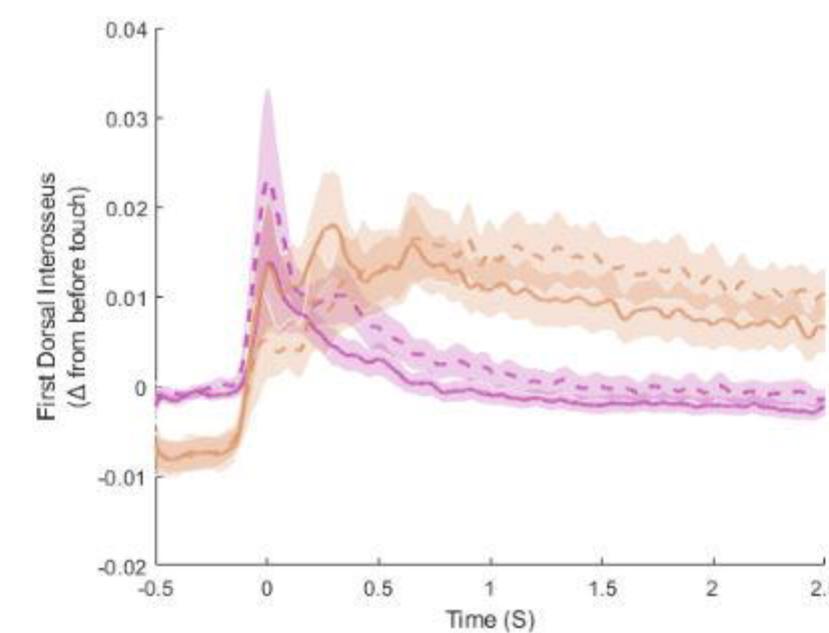
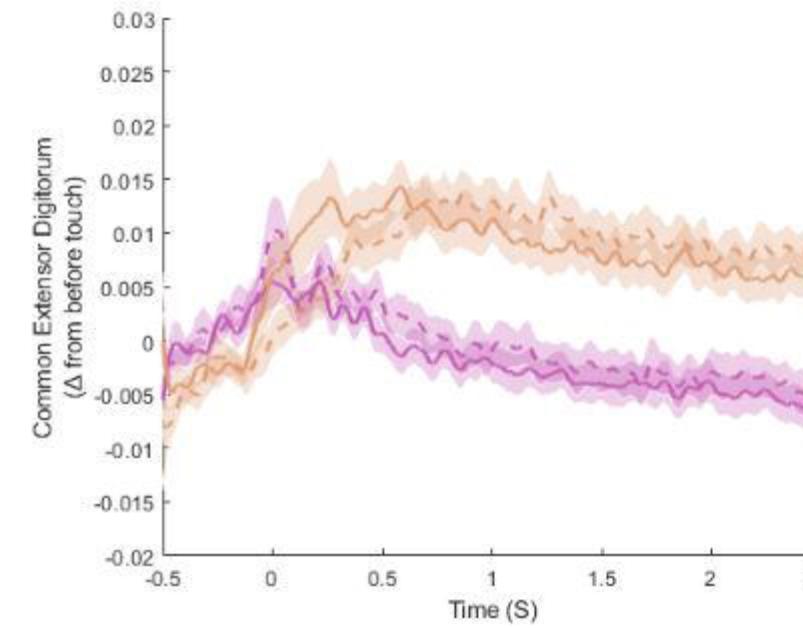
578

579 **Figure 9:** Summary of the effect of expectation on grip force rate (GFR, A and B) and lift
580 force rate (LFR, C and D) during weight and friction series trials. Lift off values were
581 extracted when the object was first lifted from the table and the maximum values were
582 extracted at the peak of each of the rates of force (see Figures 7 and 8). Data from the
583 weight series (left) are divided in colors by weight being lifted (brown = 660g, purple =
584 165g) and expectation (expected = solid, unexpected = hashed). Friction data (right) are
585 divided by surface texture (silk = red, sandpaper = blue) and expectation (expected =
586 solid, unexpected = hashed).

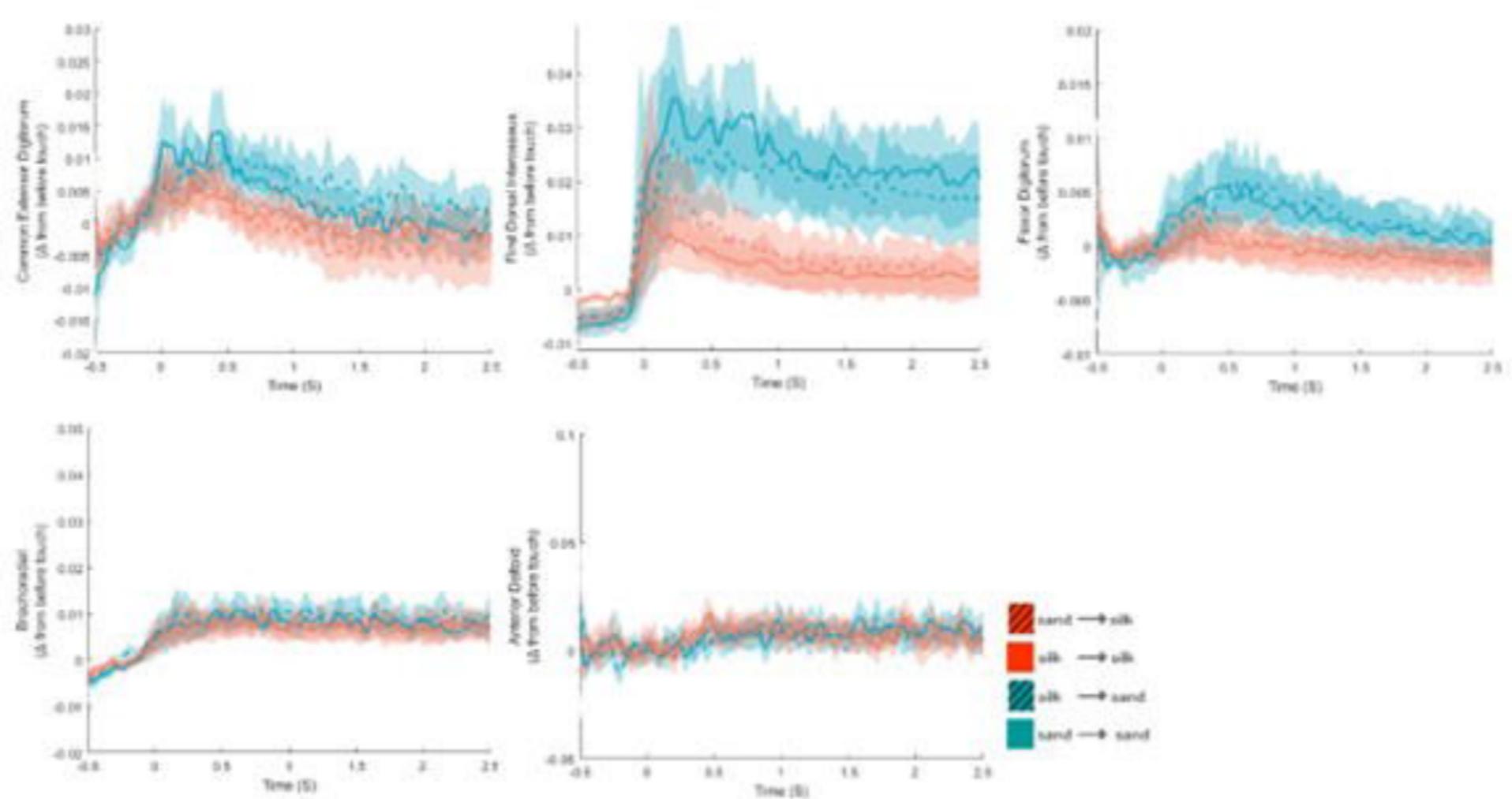




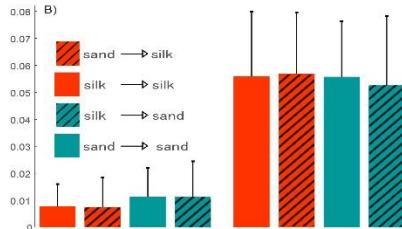
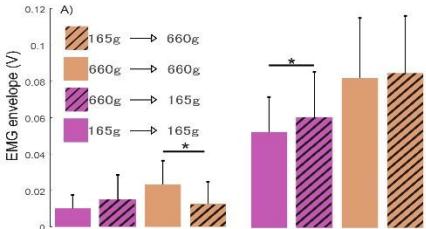




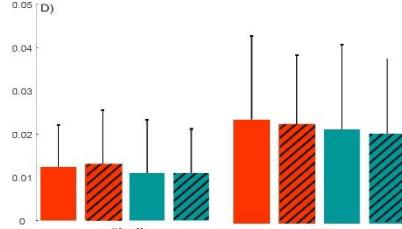
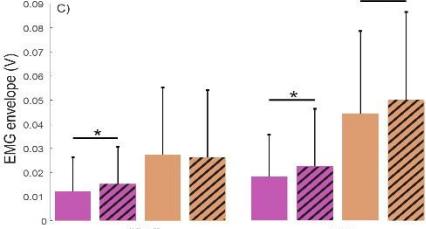
165g → 660g
660g → 660g
660g → 165g
165g → 165g



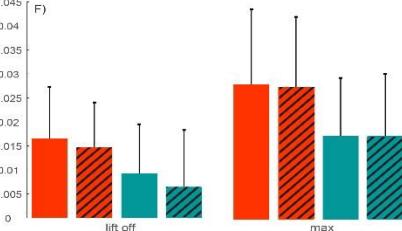
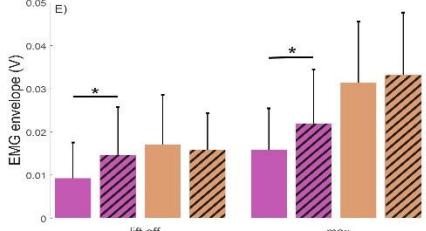
Anterior Deltoid



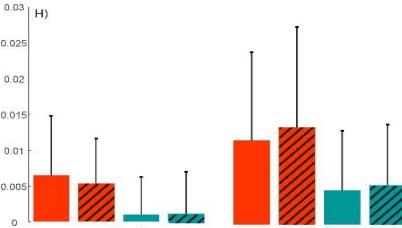
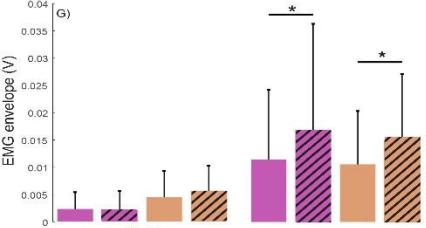
Brachioradialis



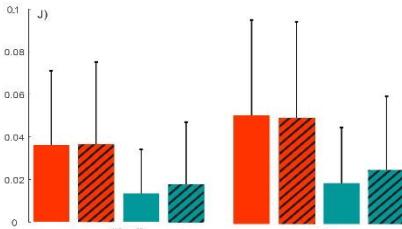
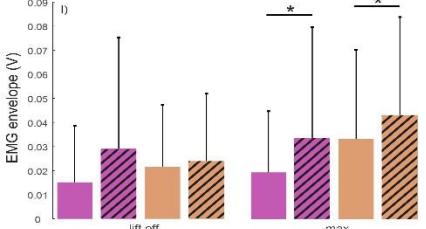
Common Extensor Digitorium

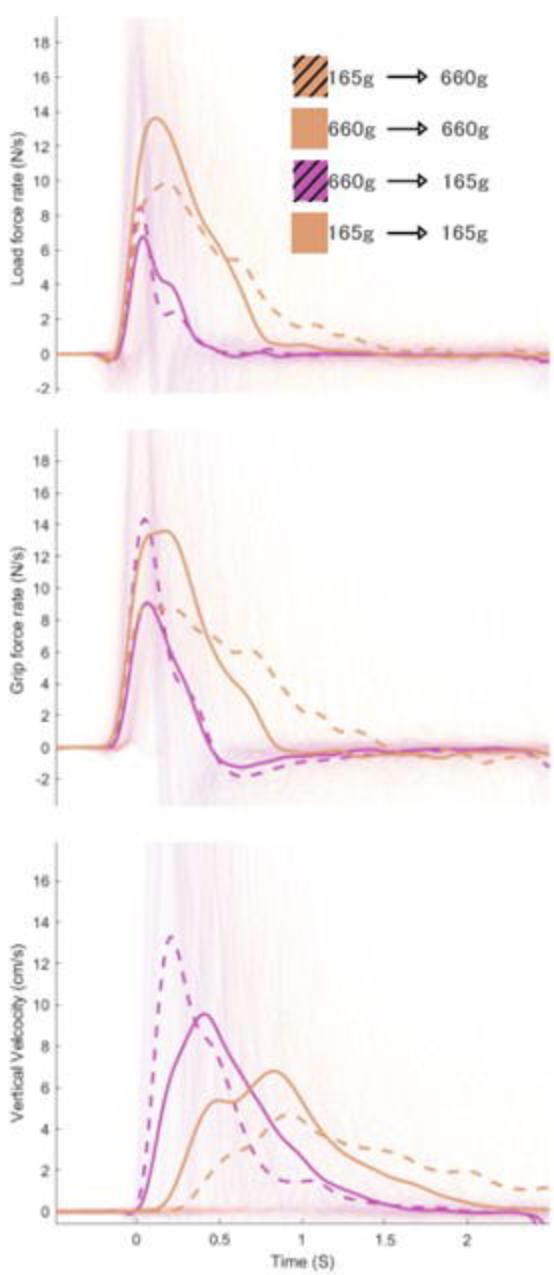
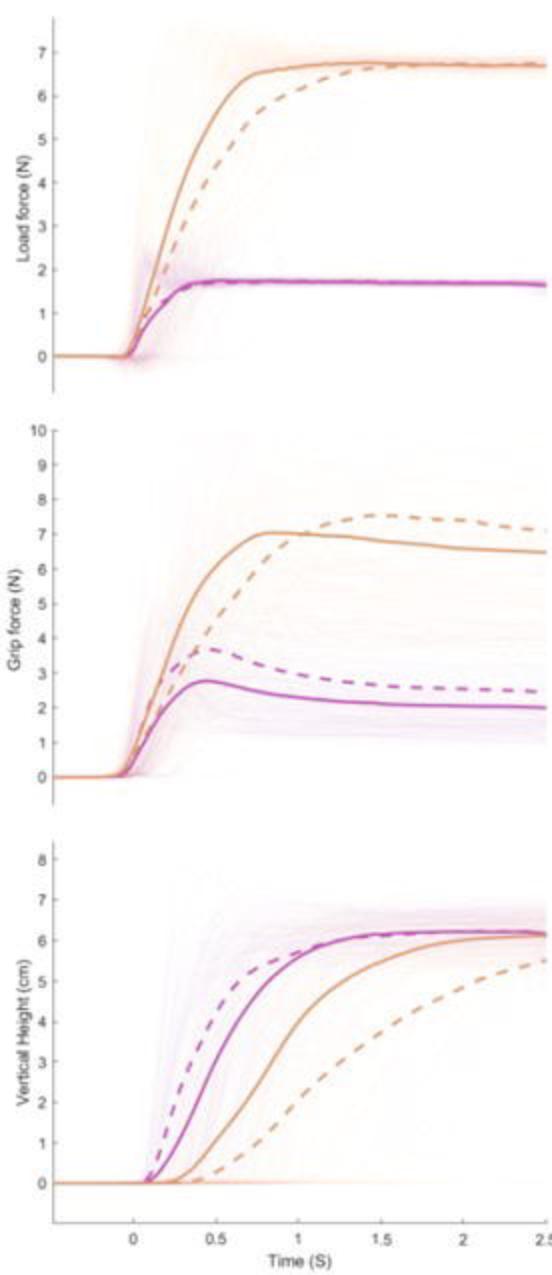


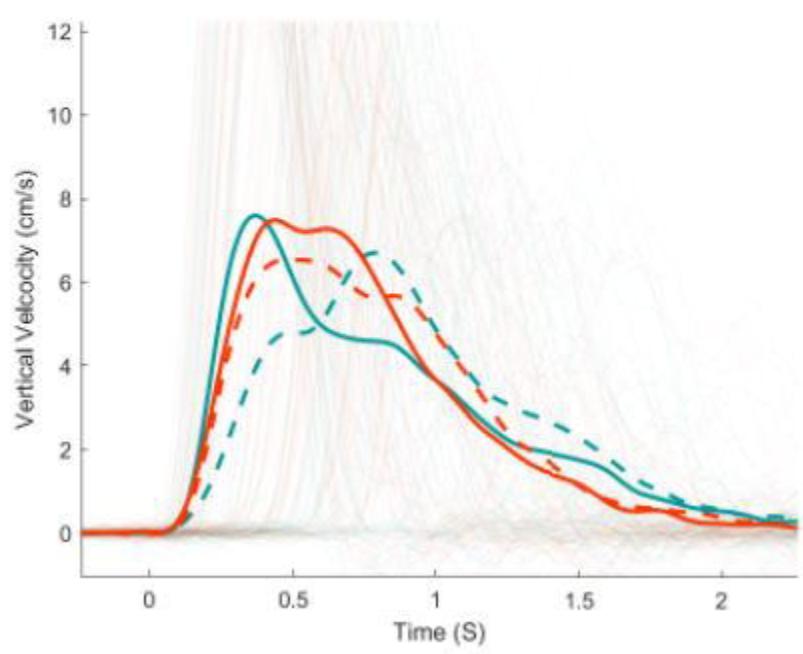
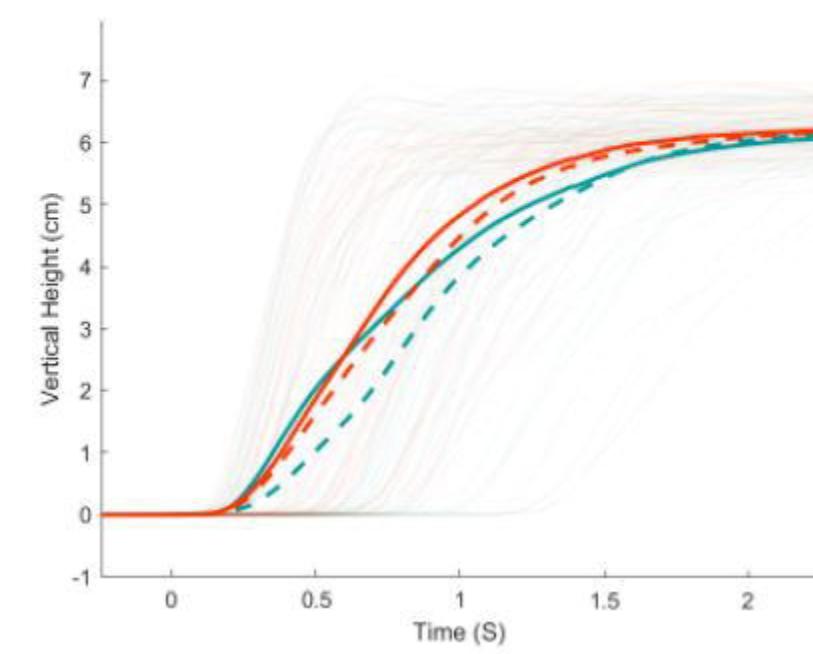
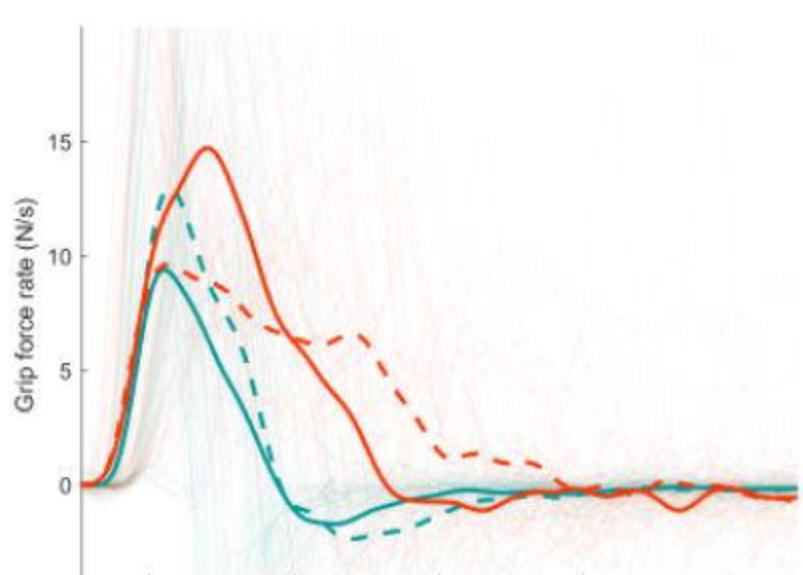
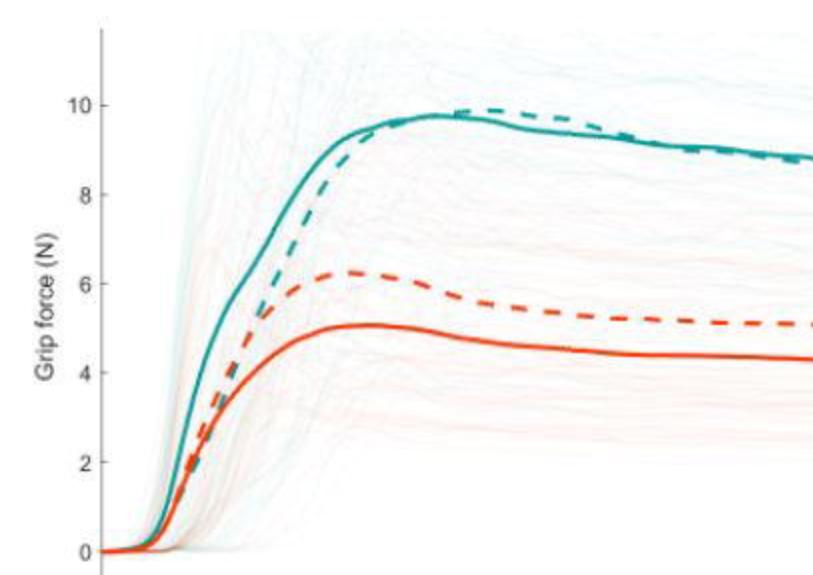
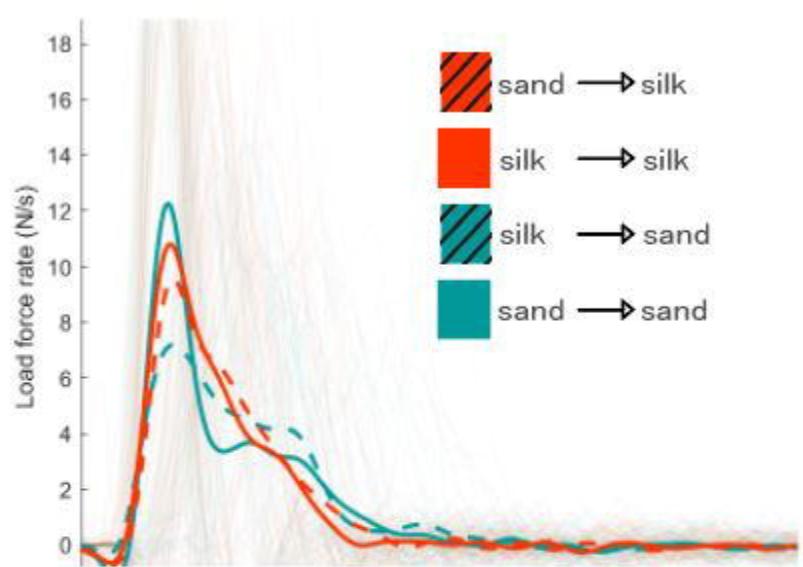
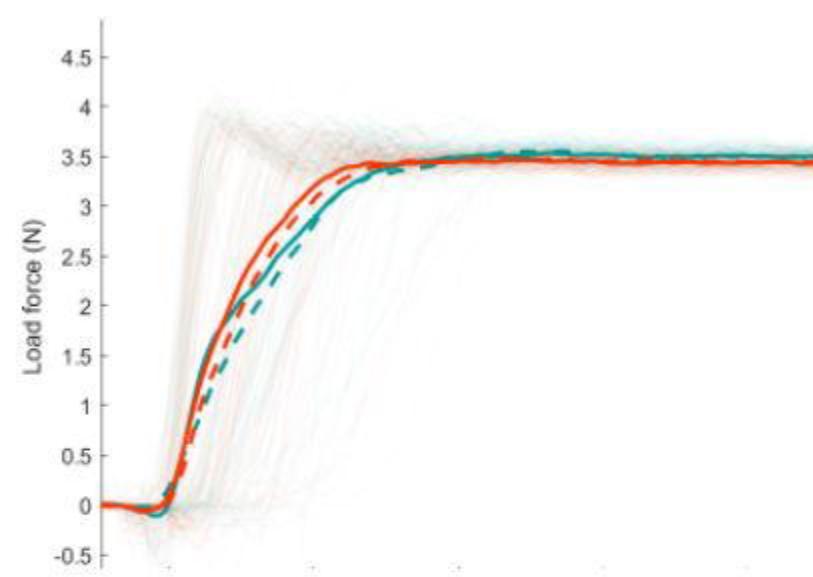
Flexor Digitorium

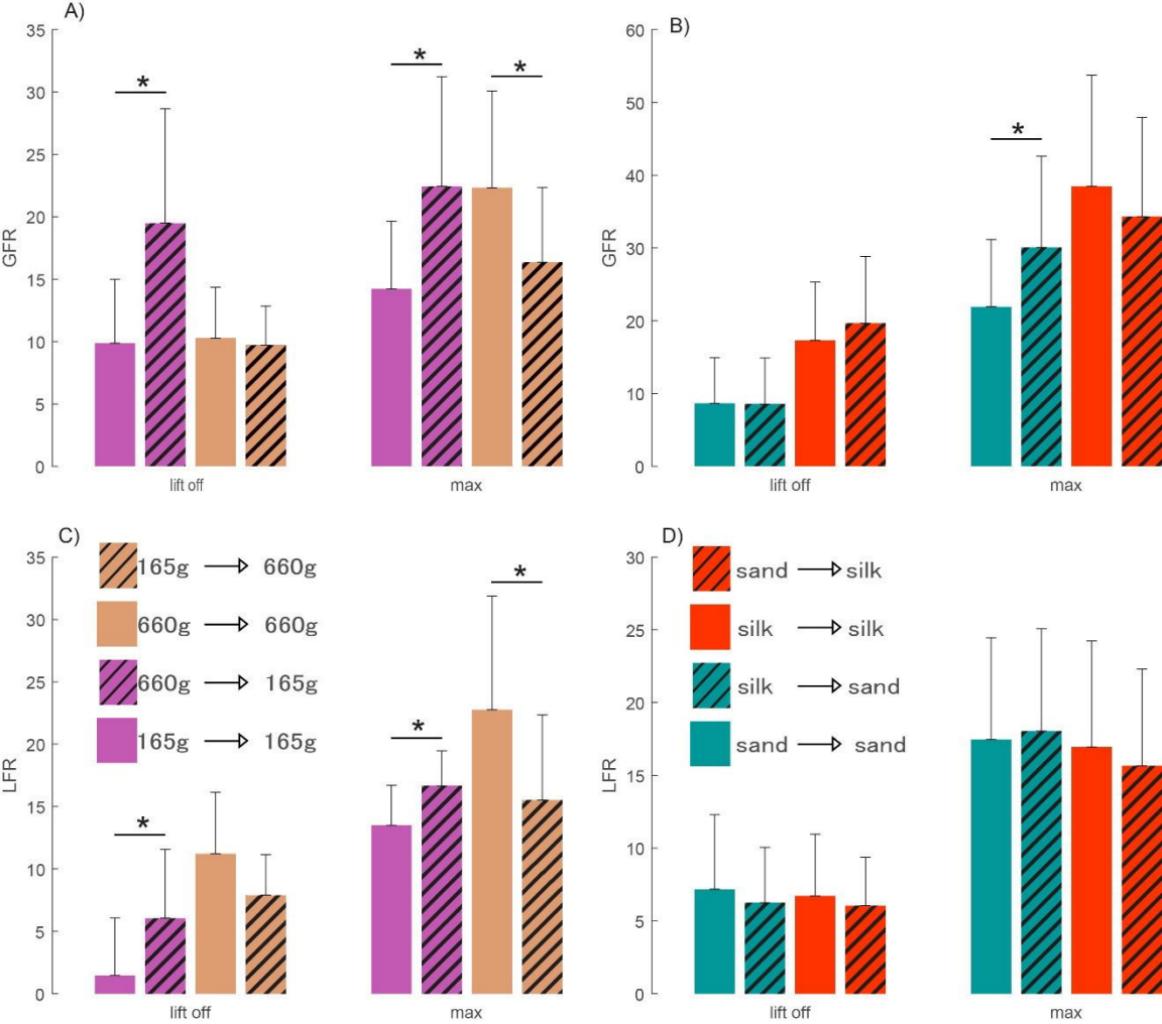


First Dorsal Interosseous









System	Outcome measures being recorded
EEG	Alpha activity across the seven Rols in windows of 100 ms starting at initial object touch.
EMG	Envelope activity from the five muscles being recorded during lift-off and at the maximal activation within the initial second of the lift.
Kinematic and Kinetic Traces	Rate of grip force, rate of lift force, and vertical velocity of the object during lift-off and at the maximal value of the trace within the initial second of the lift.