

1 **Continuous transcriptome analysis reveals novel patterns of early**
2 **gene expression in *Drosophila* embryos.**

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10 **ABSTRACT**

11 Early organismal development consists of transformative events that lay the foundation for body
12 formation and long-term phenotype. Despite this understanding, the rapid progression of events
13 and the limited material available are major barriers to studying the earliest stages. The size and
14 accessibility of *Drosophila* embryos overcome some of these limitations, and several studies
15 characterizing early transcriptional events have been reported. Unfortunately, manual embryo
16 staging, and elaborate protocols make the techniques employed in these studies prone to
17 human and technical errors and incompatible with routine laboratory use. Herein, we present a
18 straight-forward and operationally simple methodology for studying the early transcription (≤ 3
19 hours) in *Drosophila*. This method relies on single-embryo RNA-sequencing and transcriptome
20 ordering along a developmental trajectory (pseudo-time), thereby avoiding the need for the
21 staging of the embryos. The obtained high-resolution and time-sensitive mRNA expression
22 profiles uncovered the exact onset of transcription and degradation of transcripts and revealed
23 an earlier transcription start for several zygotic genes. In addition, degradation patterns suggest
24 that maternal mRNA decay is independent of mRNA levels. By classifying each embryo as male
25 or female, we were also able to study sex-biased transcription between the beginning of zygotic
26 transcription to gastrulation and identified 120 differentially expressed mRNAs. Using sex-
27 specific transcription signatures, embryos can be sexed directly, eliminating the need for Y-
28 chromosome genotyping. Herein, we report an accessible, single-embryo sequencing approach
29 for high-resolution, time-sensitive transcriptome analysis. Our data provide an unparalleled
30 resolution of gene expression during early development and enhance the current understanding
31 of early transcriptional processes.

32 INTRODUCTION

33 In many animal species, the zygote relies on maternally deposited transcripts to progress
34 through the earliest stages of development (Vastenhouw et al. 2019). It is not until later that the
35 zygote takes control of its own development; a process referred to as the maternal-to-zygotic
36 transition. An important element of this transition is the start of transcription from the zygotic
37 genome, also referred to as zygotic genome activation (ZGA). Previous studies have shown that
38 the ZGA is a progressive event. It starts with the transcription of just a handful of genes (minor
39 ZGA) and increases to hundreds of genes shortly thereafter (major ZGA) (Lott et al. 2011;
40 Sandler and Stathopoulos 2016; Kwasnieski et al. 2019).

41 In *Drosophila melanogaster*, it is generally accepted that *sisterless A* (*sis A*) and *snail* (*sna*) are
42 transcribed early in development during nuclear cycle (NC) 8 (Erickson and Cline 1993;
43 Pritchard and Schubiger 1996). Evidence suggests that *scute* (*sc*) is an additional early
44 transcribed gene, but reports differ on the timing of transcriptional onset (Erickson and Cline
45 1993; Parkhurst et al. 1993; Deshpande et al. 1995; Ali-Murthy et al. 2013). The total number of
46 zygotic transcribed genes reported to be expressed by NC 9 is 20 and increases to 63 by the
47 end of NC 10 (Kwasnieski et al. 2019). This so-called minor wave of transcription coincides with
48 other important developmental processes, such as the migration of nuclei to the posterior pole
49 of the embryo and the generation of pole cells (Foe and Alberts 1983). With the onset of the
50 minor ZGA, nuclear cycles become progressively longer. While the first 8 NCs on average take
51 eight minutes, the duration continuously increases until it reaches 65 min at NC 14 (Foe and
52 Alberts 1983). NC 14 marks the beginning of the major ZGA and the number of genes
53 transcribed increases significantly to 3,540 (Kwasnieski et al. 2019). The major ZGA is
54 accompanied by important developmental processes such as cellularization, first gastrulation
55 movements, end of synchronous nuclear divisions, and the start of dosage compensation by
56 Male-Specific Lethal (MSL) complex (Lott et al. 2011; Farrell and O'Farrell 2014). Of note, sex-
57 specific transcription is observed as early as NC 11 (Lott et al. 2011). The exact onset and

58 sequence of transcriptional events leading up to this differential gene expression remains poorly
59 understood.

60 In parallel to ZGA maternal transcripts are being degraded in an organized manner. This
61 process of clearing of maternally deposited mRNAs is essential for proper development. It is
62 important to note that the degradation of certain maternal transcripts occurs even in unfertilized
63 eggs (Thomsen et al. 2010).

64 The limited size of embryos and rapid progression of developmental processes make a
65 quantitative assessment of transcriptional events challenging. Previous studies have
66 investigated the timing, extent, and sex-specificity of the ZGA using different methods such as
67 RNA radioactive (Edgar and Schubiger 1986) or metabolic labeling (Kwasnieski et al. 2019), in
68 situ hybridization (Tomancak et al. 2002; Hammonds et al. 2013), RNA sequencing (RNA-seq)
69 (Lott et al. 2011, 2014), qPCR-based experiments (Ali-Murthy et al. 2013), and direct count of
70 mRNA molecules (Sung et al. 2013; Sandler and Stathopoulos 2016). Notably, all the different
71 methods rely on the meticulous staging of embryos, which is time consuming, error prone, and
72 requires a well-optimized protocol to guarantee the fast collection of embryos when working with
73 fresh samples. Currently, the only available option to avoid manual embryo staging is to rely on
74 short egg laying times and incubation to the desired developmental stages. The results of these
75 studies, however, can be biased due to the rate of egg fertilization, regularity of oviposition, and
76 embryo withholding. The latter has been shown to differ for more than 10 hours in some
77 *Drosophila* species (Markow et al. 2009). The technical difficulties of existing protocols have led
78 to inconsistencies between findings from different laboratories. For instance, more than half of
79 the transcripts assigned to the minor ZGA in one study (Ali-Murthy et al. 2013) were likely due to
80 the contamination of a sample with an older embryo (Kwasnieski et al. 2019).

81 To address these technical limitations and ensure increased data reproducibility, we developed
82 a single-embryo RNA-seq method to measure zygotic transcripts on a continuous time scale.
83 Using an analysis pipeline designed for single-cell RNA-seq, we utilize the transcriptome to

84 determine the biological age and sex for each embryo, eliminating human and technical errors
85 introduced by visual staging. The data produced using this method can be corroborated through
86 comparison with published data and provide the first continuous timeline of transcript levels
87 during early development (\leq 3 hours) in *Drosophila melanogaster*.

88

89 **RESULTS**

90 **Single-embryo RNA-sequencing**

91 In order to study early embryonic transcription in a continuous manner, we performed single
92 embryo RNA-seq on a total of 192 embryos. The embryos were collected from two different
93 cages in three consecutive one hour (h) time intervals and allowed to develop further for 0, 1 or
94 2 hours. This resulted in an approximate collection time window of 10 minutes to 3h. RNA was
95 isolated from individual embryos to perform single-embryo RNA-seq using a modified CelSeq2
96 protocol (Hashimshony et al. 2016; Sagar et al. 2018). The sequencing data were analyzed
97 using the RaceID3/StemID2 single-cell analysis tool (Fig. 1A) (Herman et al. 2018). Embryos
98 with less than 250,000 reads were excluded from the analysis, leaving 122 embryos for final
99 analysis. In total, we identified 9777 genes with \geq 3 unique molecular identifier (UMI) corrected
100 read counts in \geq 5 embryos. Unsupervised *k*-medoids clustering of our data, according to
101 transcriptome similarities, resulted in 14 clusters (Fig. 1B). Dimensionality reduction of the
102 single-embryo RNA-seq data using t-distributed stochastic neighbor embedding (t-SNE)
103 produced a map where all samples assembled in a linear pattern (Fig. 1B). A similar
104 arrangement was confirmed by other dimensionality reduction methods like a Fruchterman-
105 Reingold force directed layout or principal component analysis (PCA)
106 (Supplemental_Fig_S1A,B.pdf). Because mated females can lay unfertilized eggs, which would
107 compromise our analysis, we used the expression of previously reported early transcribed
108 genes (*screw* (*scw*), *scute* (*sc*), and *escargot* (*esg*)) to identify and exclude such embryos
109 (Supplemental_Fig_S1C,D,E.pdf). The number of unfertilized eggs ($n = 5$) in our dataset

110 matches the number expected, given the 0.95 fertility rate that was measured on the same day
111 as sample collection (Supplemental_Fig_S1F.pdf). Analyzing fertilized embryos only resulted in
112 a layout similar to the one observed for all samples (117 embryos, Fig. 1C). We then used
113 StemID2, an algorithm developed for the derivation of differentiation trajectories in single-cell
114 data, to generate a lineage tree object, where each embryo receives a relative coordinate on the
115 inferred inter-cluster links according to their transcriptome. Fig. 1D shows the projection of the
116 embryos onto a minimum spanning tree of a predicted differentiation trajectory. This ordering of
117 embryos along a computed developmental trajectory is also called pseudo-time. Both t-SNE and
118 pseudo-time analysis show that there is no cage batch effect in either analysis
119 (Supplemental_Fig_S1G,H.pdf). For our data, pseudo-time encompasses the time it takes from
120 10 minutes after fertilization (delay necessitated by sample processing time) to the
121 developmental stage represented by the last embryo on the spanning tree. We subsequently
122 compared this computationally derived pseudo-time with our 3 sample collection time intervals.
123 Even though embryos were collected in three defined one-hour intervals, their position in
124 pseudo-time was not restricted to their respective collection time window (Fig. 1E, Table 1).
125 These results confirm the propensity of mated females to withhold fertilized eggs for extended
126 periods of time. To avoid contamination of samples by withheld embryos, published related
127 methods currently rely on the laborious and error prone processes of hand staging the
128 developing embryos. Our method enables us to identify these withheld embryos and assign
129 them to their correct developmental time without the elaborate process of visually staging the
130 embryos. Together, these results show that we successfully developed a single embryo RNA-
131 seq protocol and analysis pipeline without the use of elaborate labeling protocols or staging
132 techniques.

133

134 **Single-embryo sequencing and pseudo-time analysis allow for the continuous**
135 **assessment of transcription profiles during early embryogenesis**

136 Next, to investigate the expression of genes across early development, we focused our analysis
137 on approximately 3h old embryos (84 embryos). This analysis revealed 9 stable clusters of
138 embryos based on their transcription (Fig. 2A,B) and provided a more refined look at the
139 developmental trajectory compared to our previous analysis that included all embryos (Fig. 1B).
140 We next sought to determine if the computationally derived pseudo-time was in agreement with
141 the biological age of the embryos. To this end, we assessed each embryo for the expression of
142 genes that have been previously reported to be activated during the minor (Kwasnieski et al.
143 2019) or major (Sandler and Stathopoulos 2016) wave of ZGA (Supplemental_Table_S1.pdf).
144 Plotting the combined expression of these genes onto our 2-dimensional layout (Fig. 2C,D) and
145 along the pseudo-time scale (Fig. 2E,F) reveals that these two major transcriptional events
146 coincide with the increased distance in our t-SNE map between clusters 1 and 2 and 4 and 5.
147 This is expected as gaps like this indicate major transcriptional shifts and therefore validates our
148 computational approach.

149 Plotting gene expression values along the pseudo-time axis provides a detailed insight into the
150 dynamic expression patterns of these early transcribed genes. The published minor ZGA gene
151 dataset (Kwasnieski et al. 2019) utilized in this analysis covered a tight developmental time
152 window between NC 7 and 9, providing a static picture of an approximately 30 minutes long
153 developmental window. In contrast, our analysis provides previously unprecedented resolution
154 of the minor ZGA, showing a staggered onset of transcription for these genes
155 (Supplemental_Fig_S2A,B.pdf). Intriguingly, many of the 20 minor ZGA genes share a similar
156 sharp, transient peak of expression within the 3h time window, indicative of their role in early
157 developmental processes. The exceptions are *E(spl)m4-BFM*, a member of the Notch signaling
158 pathway, *sisA*, a gene involved in sex determination, and *CG6885*, a gene of unknown function.
159 To identify the start of the major ZGA in our timeline, we used the combined expression levels of
160 17 genes that reportedly increase (≥ 5 fold) between NC 14A and NC 14B (Fig. 2D,F). These
161 genes show increased expression at the transition from cluster 4 to 5 in our data (Fig. 2F).

162 Although the published gene list was curated using embryos within a 15 minute developmental
163 time window, carefully staged according to time elapsed in interphase, nuclear elongation, and
164 progression of cellularization (Sandler and Stathopoulos 2016), our continuous analysis shows
165 that some of these genes actually increase transcription at unexpectedly early time points
166 (Supplemental_Fig_S2C,D.pdf). Together, our results provide a detailed picture of the onset
167 and dynamics of expression of previously reported ZGA transcript levels during early
168 development.

169 To confirm the dynamic nature of expression patterns uncovered in our dataset, we compared
170 the expression dynamics among a select group of genes that are known to be transcribed early
171 (*screw*, *zerknnull*, *spitz*, *deadhead*, *stumps* and *yolkless*). These genes were previously shown
172 to exhibit dynamic expression during development in different datasets that relied on the visual
173 assessment and manual separation of samples into specific developmental categories or stages
174 (Lott et al. 2011; Sandler and Stathopoulos 2016). We plotted the normalized expression levels
175 for these genes, according to the stages disclosed in published datasets (Sandler (Fig. 2G) and
176 Lott (Fig. 2H)) and according to our new computationally determined timeline (Fig. 2I). Graphs
177 revealed that the transcriptional changes uncovered by our pseudo-time order are in good
178 agreement with the previously published data. Pseudo-time order, cluster number and sample
179 ID for each embryo are shown in Supplemental_Table_S2.pdf. Together, the results show that
180 our method provides a high-resolution, time-sensitive picture of transcriptional events during
181 early embryonic development.

182

183 **Single-cell RNA-sequencing reveals novel early transcribed genes**

184 To determine if our method is able to identify novel early expressed genes, we compared
185 expression of genes between embryos from cluster 1 and cluster 2 of the t-SNE map displayed
186 in Fig. 2A. Within our dataset, we found the differential upregulation of transcription for 66 genes

187 (padj<0.01, Log2FC>1) in this timeframe (Fig. 3A). Over-representation analysis (ORA) shows
188 that these genes are involved in sex determination and developmental processes (Fig. 3B).
189
190 To validate their early expression and determine the biological age at which these transcripts
191 are activated, we compared our dataset to the most comprehensive dataset on early zygotic
192 transcription published to date (Kwasnieski et al. 2019) and performed qPCR on a subset of
193 genes in samples of hand staged fixed embryos spanning NC 6 to 11. The results from our
194 single-embryo and qPCR analysis confirm the published evidence that *sc* is one of the earliest
195 expressed genes at NC 7 (Supplemental_Fig_S3A.pdf). Our results also corroborate the early
196 expression of all additional 19 genes previously reported to be expressed at NC 7-9. However,
197 our analysis identified many other genes upregulated between cluster 1 and 2 which were
198 previously reported to be expressed at significantly later timepoints - 31 genes at NC 9-10 and
199 15 genes at syncytial blastoderm. Importantly, qPCR results validated our single-embryo
200 analysis approach and confirmed this earlier onset of expression for a randomly selected subset
201 of genes (Supplemental_Fig_S3B,C,D,E.pdf; *ato* and *CG13465* were previously reported at NC
202 9-10 and *halo* and *dpn* were previously reported during syncytial blastoderm). We next wanted
203 to exclude the possibility that these findings were due to the contamination of our qPCR
204 samples with older embryos. To this end, we measured the levels of two gene transcripts (*hrg*,
205 *bnb*) identified to be expressed at a later time point in our own temporal analysis (Fig. 3D;
206 Supplemental_Fig_S3F,G.pdf, right panels) and in other published datasets (Lott et al. 2011;
207 Kwasnieski et al. 2019). Using this approach, we detected no increase in expression for either
208 *hrg* or *bnb* in the NC 7 and NC 8 samples (Supplemental_Fig_S3F,G.pdf, left panels), therefore,
209 excluding the possibility of contamination of our NC 7 and 8 samples with older embryos.
210 Further analysis revealed an additional upregulation of 37 genes between clusters 2 and 3,
211 including *hrg* and *bnb* (Fig. 3D), and 111 genes between clusters 3 and 4 (Fig. 3G) with an
212 enrichment in pathways related to early developmental processes (Fig. 3E,H). Our analysis

213 identifies 214 genes that are significantly upregulated between clusters before the onset of the
214 major ZGA. Taken together, the results show that our approach is able to identify the accurate
215 onset of transcription of early expressed genes with high sensitivity.

216

217 We next compared expression between clusters 4 and 5 to identify genes activated at the
218 beginning of the major ZGA (Fig. 3J). We identified 153 significantly upregulated transcripts in
219 the cluster 5 embryos ($\text{padj}<0.1$, $\text{Log2FC}>1$). ORA revealed developmental pathways involved
220 in tissue development, sex differentiation, and signaling pathways (Fig. 3K).

221 Previous studies have shown that a small subset of zygotically transcribed genes are dependent
222 on the transcription factor Zelda (Zld) (Blythe and Wieschaus 2015), while a majority of
223 zygotically transcribed genes are Zld independent but enriched for the histone variant H2A.Z
224 (Ibarra-Morales et al. 2021). To explore Zld dependency and H2A.Z occupancy behavior over
225 time in our dataset, we quantified the overlap between our up- and down-regulated transcripts in
226 Fig. 3A,D,G,J in terms of being Zld dependent or independent while being bound or unbound by
227 H2A.Z (Zld dependent, and Zld independent, which were divided into H2A.Z positive or
228 negative) (Ibarra-Morales et al. 2021). Our analysis shows that the earliest minor ZGA genes
229 are mostly Zld dependent (Fig. 3C,F) and that the share of Zelda dependent genes decreases
230 sharply with the onset of the major ZGA. In contrast, the share of Zld independent genes, both
231 H2A.Z positive and negative, increases with the onset of the major ZGA (Fig. 3I,L). These
232 observations are not identified in down-regulated transcripts, which showed a distribution similar
233 to all analyzed transcripts (Supplemental_Fig_S3H.pdf).

234 In this way, we have demonstrated that our single-embryo RNA-seq methodology and analysis
235 are a highly sensitive approach for identifying the accurate onset of gene transcription. Further,
236 our analysis is able to define important transcriptional events and identify signatures of gene
237 regulation during early development.

238

239 **mRNA decay of maternally deposited transcripts**

240 In addition to transcription, our dataset also reveals patterns of maternal RNA decay. In order to
241 identify maternally degraded mRNAs only, we compared cluster 1 (youngest embryos) with
242 cluster 5 (onset of major ZGA) and selected only maternally deposited transcripts for analysis.
243 Maternally deposited transcripts were defined as those with an averaged normalized read count
244 >1 on the first 10 samples in our pseudo-time. Using this method, a total of 2621 significantly
245 degraded transcripts were identified ($p\text{adj}<0.01$, $\text{Log2FC}<-1$). 92% of our significantly degraded
246 transcripts had also been shown to be degraded in a previously published dataset (classes II,
247 III, IV, and V) (Fig. 4A) (Thomsen et al. 2010); only 35, 33, or 13 genes were within the
248 Thomsen stable (class I), purely zygotic group of transcripts, or preloaded and transcribed,
249 respectively. ORA of all 2621 degraded transcripts revealed mainly pathways related to
250 metabolism (Supplemental_Fig_S4.pdf). This result likely reflects the elimination of transcripts
251 important during oogenesis, but which are no longer needed for development. While patterns of
252 transcript abundance differed before and after cluster 5, there is a clear inflection point at
253 around value 50 of our pseudo-time. This time point coincides with the onset of the major ZGA.
254 Maternal transcripts are deposited in oocytes at very different levels. To determine if
255 degradation rates in the zygote are related to the initial quantity of deposited transcripts, we
256 divided the significantly downregulated genes into 4 quartiles by their level of transcript
257 abundance in cluster 1. We then determined the total number of normalized reads for each
258 quartile in each individual embryo. Mean read counts plotted in Fig. 4B show the progressive
259 nature of the maternal mRNA decay up to cluster 5. Plotting the ratio of cluster 5 to cluster 1 for
260 the different quartiles (Fig. 4C) shows that the rate of decay is directly proportional to initial
261 mRNA abundance, meaning that transcripts of low and high abundance are degraded at the
262 same rate.

263 Overall, we showed that maternal mRNA decay before the major ZGA is a progressive process.
264 Degradation of maternal mRNA is proportional to transcript levels, suggesting that mRNA
265 abundance is not related to degradation rate.

266

267 **X/Y Chromosome genotyping uncovers transcriptional dynamics of primary sex
268 determination**

269 Our prior analysis of the earliest transcribed genes indicates “Sex determination” as the most
270 enriched pathway (Fig. 3B). The current model for primary sex determination is based on the
271 tightly controlled sex specific expression levels of genes such as *Sex lethal (Sxl)* and *male-
272 specific lethal (msl-2)* (Salz and Erickson 2010) during early development. This made us wonder
273 if there are additional detectable differences in transcription between male and female embryos
274 during our early developmental time window. To define the sex of each individual embryo, we
275 isolated DNA from the organic phase after TRIzol™ extraction of RNA and performed qPCR
276 using primers specific for the X- and Y-chromosome. Due to low DNA content of younger
277 embryos, we get consistent PCR results only after embryo number 23 in our pseudo-time
278 analysis. Based on these results, we categorized all embryos (after pseudo-time position 23)
279 according to sex (Supplemental_Table_S2.pdf). To determine the differential expression of
280 genes between male and female embryos, we used splineTimeR (see methods), which is
281 particularly designed for identification of expression changes in longitudinal data. Our analysis
282 identified 120 transcripts that were differentially expressed between male and female embryos
283 ($padj<0.01$) (Fig. 5A). A large number of the differentially regulated genes are located on the X-
284 chromosome (44%), whereas more than half the genes are located on autosomes and rDNA
285 (56%). Several known regulators of primary sex determination such as *Sxl*, *sc*, *sisA*, and *msl-2*
286 were also identified as significantly expressed in our analysis (Supplemental_Table_S3.pdf).
287 Indeed, ORA shows that “Sex differentiation” is the most enriched pathway (Fig. 5B). We
288 selected and plotted known regulators of sex determination using our pseudo-time scale (Fig.

289 5C,D). This analysis shows that differential transcription of *sc* and *sisA* (Fig. 5D) precedes the
290 expression of *Sxl*. This agrees with the role of *sc* and *sisA* as activators of *Sxl* expression in
291 females (Fig. 5C). Additionally, we identify other differentially expressed transcripts that
292 precedes *Sxl* transcription, such as *CG14427*. Our differential expression analysis identified 21
293 transcripts upregulated in males and 99 in females (Supplemental_Table_S3.pdf). Examples for
294 male specific expression are plotted in Fig. 5E. They show that the start of differential
295 expression of *stonewall* (*stwl*, chromosome 3L), matches the start of differential expression of
296 *Sxl* and *msl-2* and a pre-rRNA gene (*pre-rRNA:CR45847*) is expressed shortly after *Sxl* and
297 *msl-2*, exclusively in males.

298 Another important process linked to primary sex determination is dosage compensation, which
299 assures equal expression of X-linked genes in males and females. In *Drosophila*, this is
300 accomplished by the 2-fold upregulation of the X-chromosome in males. It has previously been
301 reported that dosage compensation starts as early as NC 14C (Lott et al. 2011). To assess the
302 onset of dosage compensation in our dataset, we excluded all maternally deposited transcripts
303 and determined the total number of normalized reads for the remaining genes on the X-
304 chromosome and autosomes for each individual embryo. Average read counts of male and
305 female embryos within each cluster are plotted in Fig. 5G,H. From cluster 4 to 7, we observed a
306 1.5x higher expression of X-linked genes in female compared to male embryos, but no
307 difference in autosomal reads. This difference was reduced to 1.1x in cluster 9 (gastrulation
308 onset) (Fig. 5G), probably due to the start of canonical dosage compensation. Two components
309 of the dosage compensation complex have been shown to have male-biased transcription, *msl-*
310 *2* and *long non-coding RNA on the X 1* (*lncRNA:roX1*). *msl-2* is expressed at higher levels in
311 males almost from the moment it is being transcribed (Fig. 5C) before we detect dosage
312 compensation. *lncRNA:roX1* is higher in female embryos at first (Fig. 5F), which can be
313 explained by its localization on the X-chromosome, levels only start to be higher in males once
314 we see evidence for dosage compensation (cluster 8).

315 To further investigate how transcript levels are influenced by their chromosomal localization, we
316 plotted early transcribed genes from our prior analysis (Fig. 2A,D) according to sex and
317 chromosome location. Analysis shows that early transcribed genes from the X-chromosome, but
318 not autosomes, tend to have higher levels in females compared with males
319 (Supplemental_Fig_S5A,B,C.pdf). The time-point at which expression levels in females are
320 higher than in males varies between genes, with some being detected as early as transcription
321 of a gene starts (e.g. *ac*, *acheate*) and others occurring later in transcription (e.g. *run*, *runt*)
322 (Supplemental_Fig_S5C.pdf).

323 Beyond the biological relevance of sex-specific transcription, we asked whether sex specific
324 gene expression could serve as a tool to determine the sex of individual embryos. This
325 approach would eliminate the need for the time-consuming genotyping approach. To this end,
326 we plotted *Sxl* and *msl-2* transcript levels (Fig. 5I) and observed a clear separation of embryos
327 according to their sex. We further validated this approach by applying it to a published single-
328 embryo sequencing dataset (Paris et al. 2015), confirming that using *Sxl* and *msl-2* expression
329 is sufficient to determine the sex in embryos of different *Drosophila* species (Fig. 5J). Of note,
330 this approach only works in embryos after the onset of *Sxl* and *msl-2* transcription, around NC
331 12 and NC 14D (Supplemental_Fig_S5D.pdf).

332 Overall, our analysis detects sex-specific transcription as early as minor ZGA. Capitalizing on
333 this differential gene expression, a simple strategy to sex embryos has been developed.

334

335 **DISCUSSION**

336 Studying early development is challenging due to the rapid progression of biological processes
337 and the limited amount of material available. To overcome these limitations, we developed a
338 single-embryo RNA-seq and analysis approach, using the transcriptome as a measure of
339 developmental progress (pseudo-time) to determine the biological age of the embryo. The high
340 sensitivity of our method allows us to provide an accurate assessment of zygotic transcription

341 and uncover the dynamic patterns for hundreds of genes. Our single-embryo approach also
342 enables us to determine sex specific differences in transcript abundance. Utilizing these sex
343 differences, we developed a new strategy to determine the sex of each embryo, without the
344 need for genotyping. Together, we established an operationally simple method to document
345 gene expression changes at unprecedented resolution and provide a continuous assessment of
346 transcriptional processes during early development.

347

348 **An operationally simple, single-embryo sequencing method**

349 Previous studies investigating zygotic transcription relied on precise collection time windows
350 and/or elaborate manual staging of the embryos under a microscope. *Drosophila* females,
351 however, are known to lay unfertilized eggs and withhold embryos (Markow et al. 2009). Human
352 error in staging of embryos and irregular laying patterns of females can lead to the inclusion of
353 mis-staged embryos in the analysis. Recent studies have highlighted the advantages of single
354 embryo sequencing approaches over working with pooled samples (Paris et al. 2015; Liu et al.
355 2020), specifically the ability to detect and exclude older embryos from the analysis, therefore
356 providing more accurate data.

357 In this work, we present an optimized single-cell sequencing protocol for use with *Drosophila*
358 embryos and a single-cell bioinformatic pipeline analysis. We assign a computationally derived
359 age to each embryo, based upon their transcriptome, thereby circumventing the need for
360 elaborate and error prone staging procedures. Indeed, we show that our computationally
361 derived pseudo-time reflects the biological age of the embryos, by comparison with previously
362 established datasets. In addition, our protocol reduces reagent and sequencing costs due to the
363 low volume nature of the experiments and the inclusion of UMIs (Sagar et al. 2018). Further, it
364 requires no special instrumentation, beyond a micro-pipetting device, and the analysis utilizes
365 established tools (Herman et al. 2018). Together these advantages make the method reported
366 here the most accessible methodology developed to date, opening up this type of research to

367 almost any *Drosophila* lab. This single embryo sequencing approach, ultimately, will lead to an
368 improved reproducibility of developmental studies between experiments and laboratories.

369

370 **An accurate characterization of early transcriptional events**

371 Our pseudo-time approach allows us to identify the exact onset of transcription even for lowly
372 expressed genes. Our results reveal that previously reported, as well as many novel transcripts,
373 are expressed as early as NC7. One example is the early expression of *halo*, a cofactor for the
374 molecular motor, kinesin and a regulator of lipid droplet movement, which was previously
375 reported to be actively transcribed during syncytial blastoderm (after NC 11) (Kwasnieski et al.
376 2019), but was identified as one of the earliest transcribed genes in our dataset. Our analysis
377 also reveals the dynamic nature of transcriptional events. It provides information about
378 expression for thousands of genes at a temporal resolution unchallenged by other methods.
379 Recently, a single-cell dataset was published covering all of embryogenesis and providing
380 insights into cell type specific transcriptional changes during development (Calderon et al.
381 2022). While this dataset provides an incredibly detailed insight into *Drosophila* development, it
382 only detected a median of 399 UMIs and 274 genes per cell, likely only covering very highly
383 expressed genes. In contrast, we detected a median of over 600,000 UMIs and identified over
384 7200 genes per embryo, leading to a total 9777 identified genes across the whole dataset.
385 Thus, our dataset gives a much more complete picture of transcriptional changes during early
386 development. While our dataset lacks the cell type specific information, this might be of minor
387 relevance during early development. It is known that nuclei share the same cytoplasm until
388 cellularization, and the single-cell sequencing dataset only identified 3 different types of cells
389 (anlage in statu nascendi, aminoesra anlage, ectoderm anlage) during the first 4h of
390 development. That said, we acknowledge that cell specific expression patterns become more
391 important at later stages in development, and while our method does not allow for this kind of

392 analysis, it is much more accessible than single-cell sequencing of thousands of cells at
393 different developmental time points.

394

395 **Sex-specific gene expression**

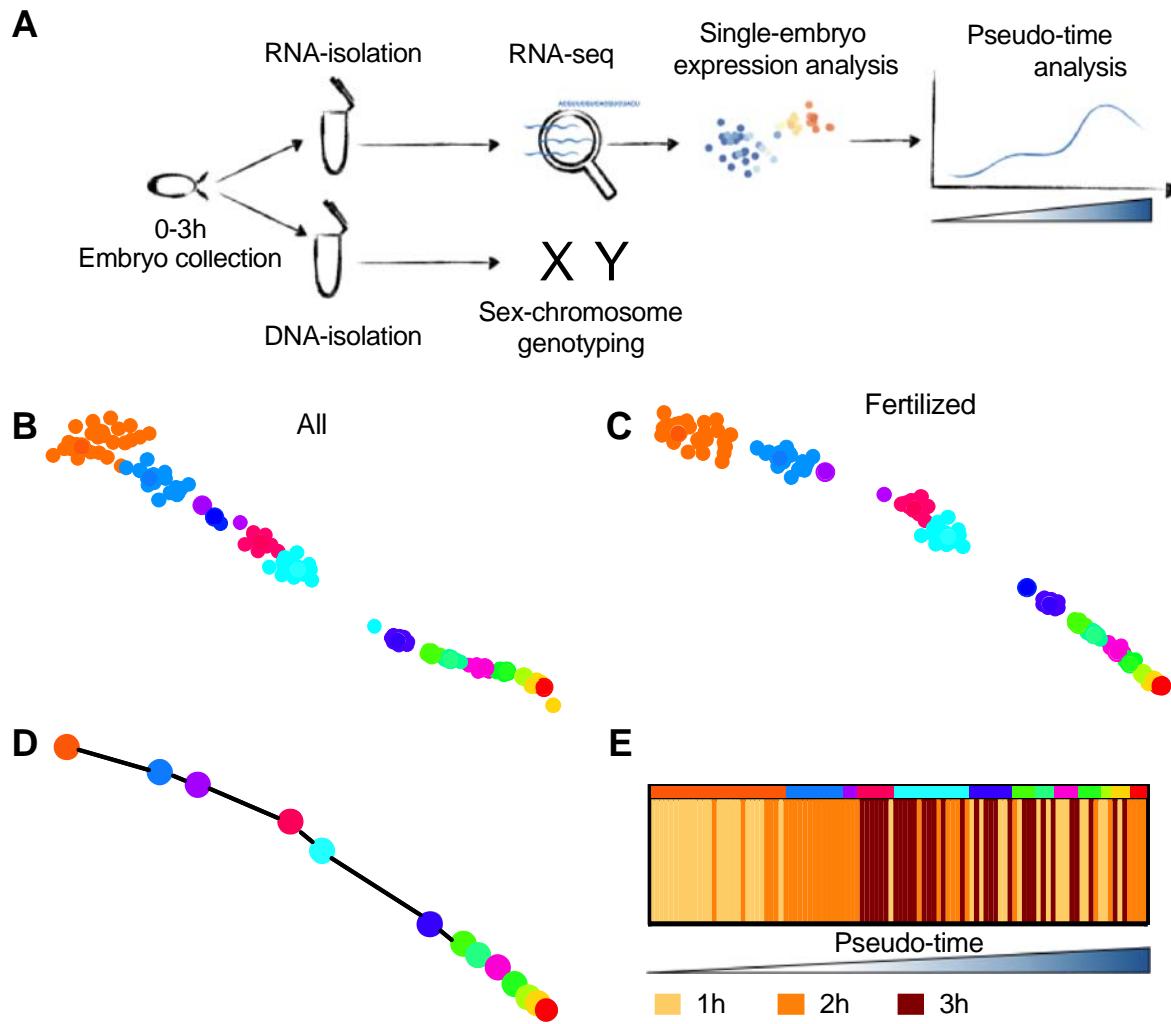
396 Our single-embryo method also allows us to distinguish between male and female embryos,
397 opening the possibility of investigations into sex-specific transcriptional effects. X-signal
398 elements (XSEs) have been shown to control the early sex specific expression of *Sxl* and to
399 drive primary sex determination. We show differential expression of *sc* and *sisA*, two strong
400 XSEs, from the very first moment of ZGA (NC 7). Of note, CG14427, an X-linked gene with
401 unknown function, is also differentially expressed between males and females starting at NC 7,
402 making it a potential candidate as a novel XSE. Our data also allows for further insights into
403 primary sex determination. An early expressed XSE, *runt*, was previously reported to undergo a
404 non-canonical form of dosage compensation and expression which was proposed to be under
405 the direct control of *Sxl* (Gergen 1987; Smith et al. 2001). Our results show that *runt* is one of
406 the earliest transcribed genes at similar levels in males and females, preceding *Sxl*
407 transcription. This argues against the role of *Sxl* in controlling *runt* expression. However, our
408 data also show a differential expression of *runt* between male and females after *Sxl* peak
409 expression. As such, it is possible that rather than controlling overall *runt* expression, *Sxl* only
410 controls differential expression of *runt* later in development. Surprisingly, we also identified
411 several autosomal encoded genes as differentially expressed between males and females.
412 While differential expression of X-chromosomal genes in females can be explained by their
413 different dosage (2X in females vs 1X in males), this is not the case for autosomal genes, which
414 are present at equal dosage in both males and females. These results suggest additional
415 players in primary sex determination. Further studies will be needed to confirm these results and
416 investigate the underlying mechanisms. Importantly, our newly developed strategy to determine
417 the sex of single-embryos by using the expression of known regulators of primary sex

418 determination (*Sxl* and *msl-2*) eliminates the need for elaborate genotyping procedures in future
419 sequencing datasets.

420

421 Taken together, we believe our method is the most accessible, high-throughput, transcriptomic
422 technology published to date to study early gene expression in *Drosophila*. We suggest that our
423 methodology provides the optimal tool to investigate the transcriptional consequences of
424 mutations in developmental genes, providing gene expression data at unprecedented depth and
425 temporal resolution.

426



427 **Figure 1**

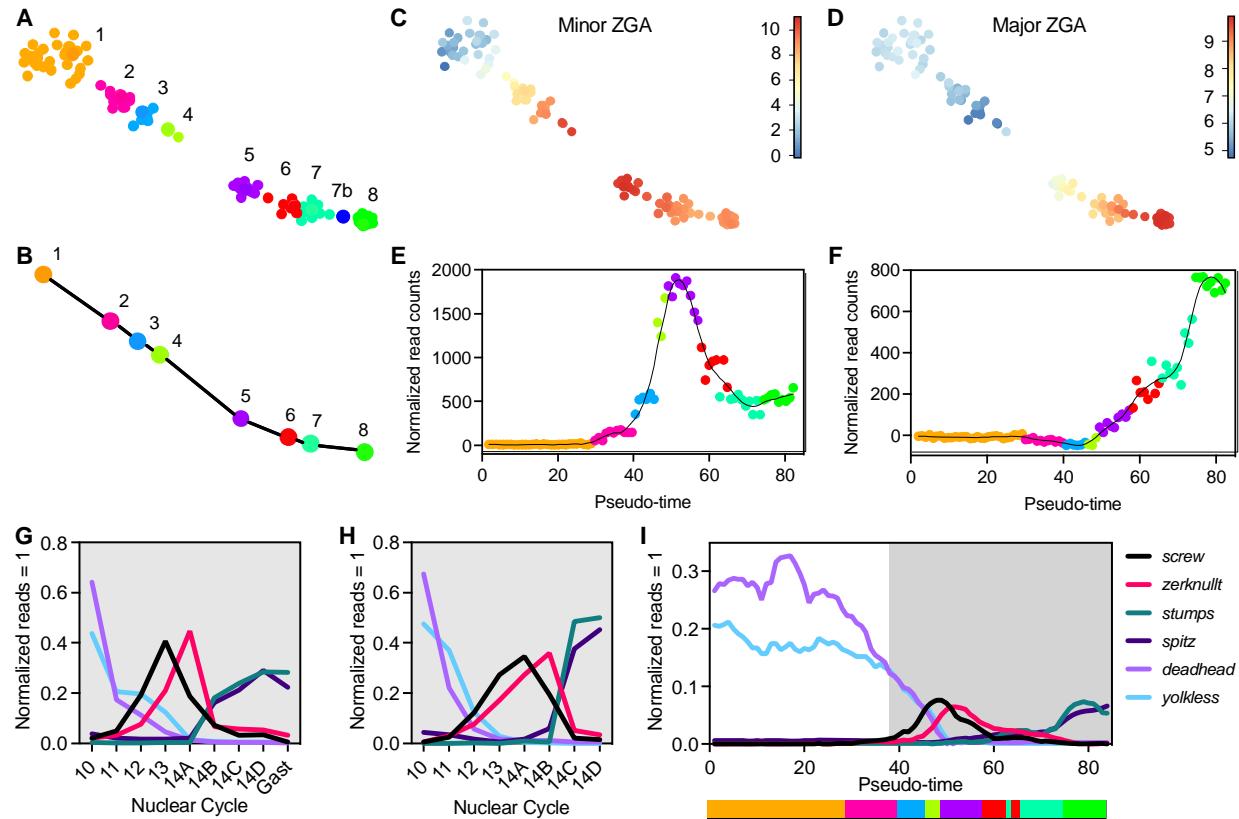
428 **Figure 1. Single-embryo RNA-sequencing approach to bioinformatically identify**
429 **developmental age.** (A) Schematics of methodology: single embryos are collected in 1-hour (h)
430 intervals and aged up to 3h. RNA and DNA are isolated from the same single embryos. DNA is
431 used for genotyping the X and Y-chromosome, while RNA is processed using a modified CEL-
432 Seq2 protocol to determine embryo age. (B) t-SNE before (n=122) and (C) after the removal of
433 unfertilized eggs (n=117) with clusters identified by k-medoids clustering indicated by different
434 colors. (D) Lineage analysis by StemID2/FateID3 identified a single trajectory for all clusters
435 (with n > 1 embryos) resulting in the ordering of embryos along a pseudo-time axis according to
436 their age. (E) Comparison of the pseudo-time order with the actual collection time intervals.

437 Ascending pseudo-time (embryo age) from left to right, colors in top bar indicate clusters from
438 (C).

439

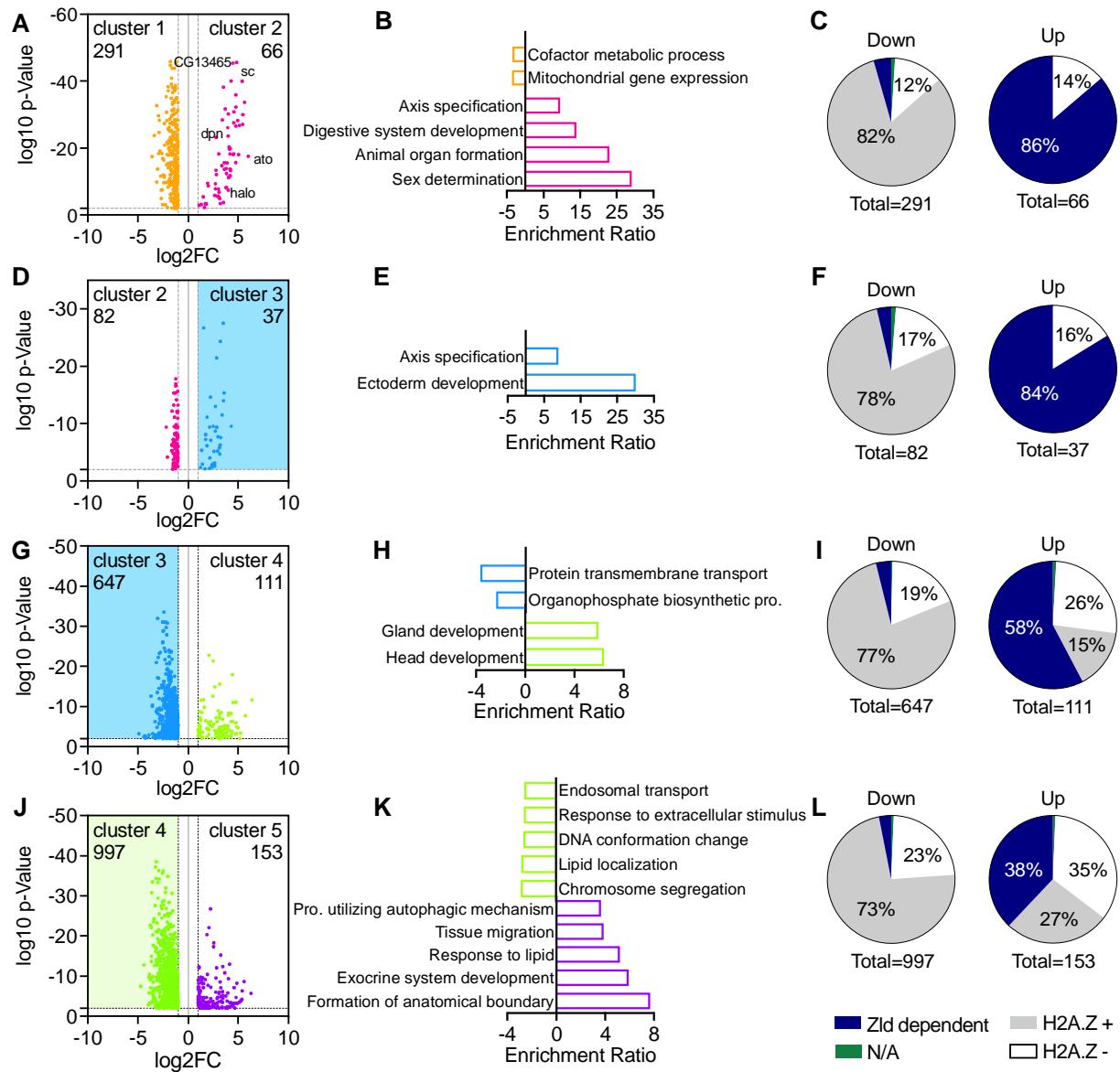
440 **Table 1.** Number of embryos in each quartile of the pseudo-time by collection time

| | | Number of embryos in collection time-intervals | | |
|---------------------------|----|--|-------|-------|
| | | 0-1 h | 1-2 h | 2-3 h |
| Pseudo-time quartiles (Q) | Q1 | 22 | 4 | 0 |
| | Q2 | 2 | 17 | 7 |
| | Q3 | 5 | 7 | 14 |
| | Q4 | 10 | 6 | 10 |



441 **Figure 2**

442 **Figure 2. The continuous sequence of the zygotic genome activation (ZGA).** (A) t-SNE map
443 visualization of embryos 10min - 3h old embryos with clusters identified by k-medoids
444 clustering indicated by different colors. (B) Lineage analysis showing a single trajectory for all
445 clusters ($n > 1$ embryos per cluster) leaving a total of 8 clusters ($n = 84$). (C-D) t-SNE map with
446 coloring of individual dots according to the combined log2-transformed expression for 20 or 17
447 genes expressed during the minor (C) or major (D) wave of the ZGA
448 (Supplemental_Table_S1.pdf). (E-F) Normalized read counts of minor (E) and major (F) ZGA
449 genes for each embryo plotted along the pseudo-time order. The line represents the local
450 regression of expression values on the ordered embryos. (G-I) Relative expression of select
451 genes from manually staged embryos reported by (G) Sandler and Stathopoulos 2016 and (H)
452 Lott *et al.* 2011 or (I) our computational age (pseudo-time). Gast, gastrulation. Gray background
453 indicates the same developmental times included across datasets. For reference, the bar below
454 the x-axis on I indicates clusters according to their color.

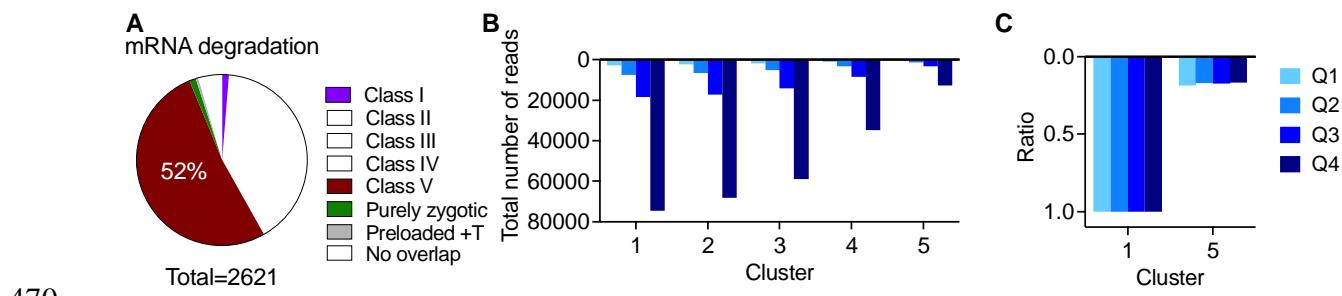


455 **Figure 3**

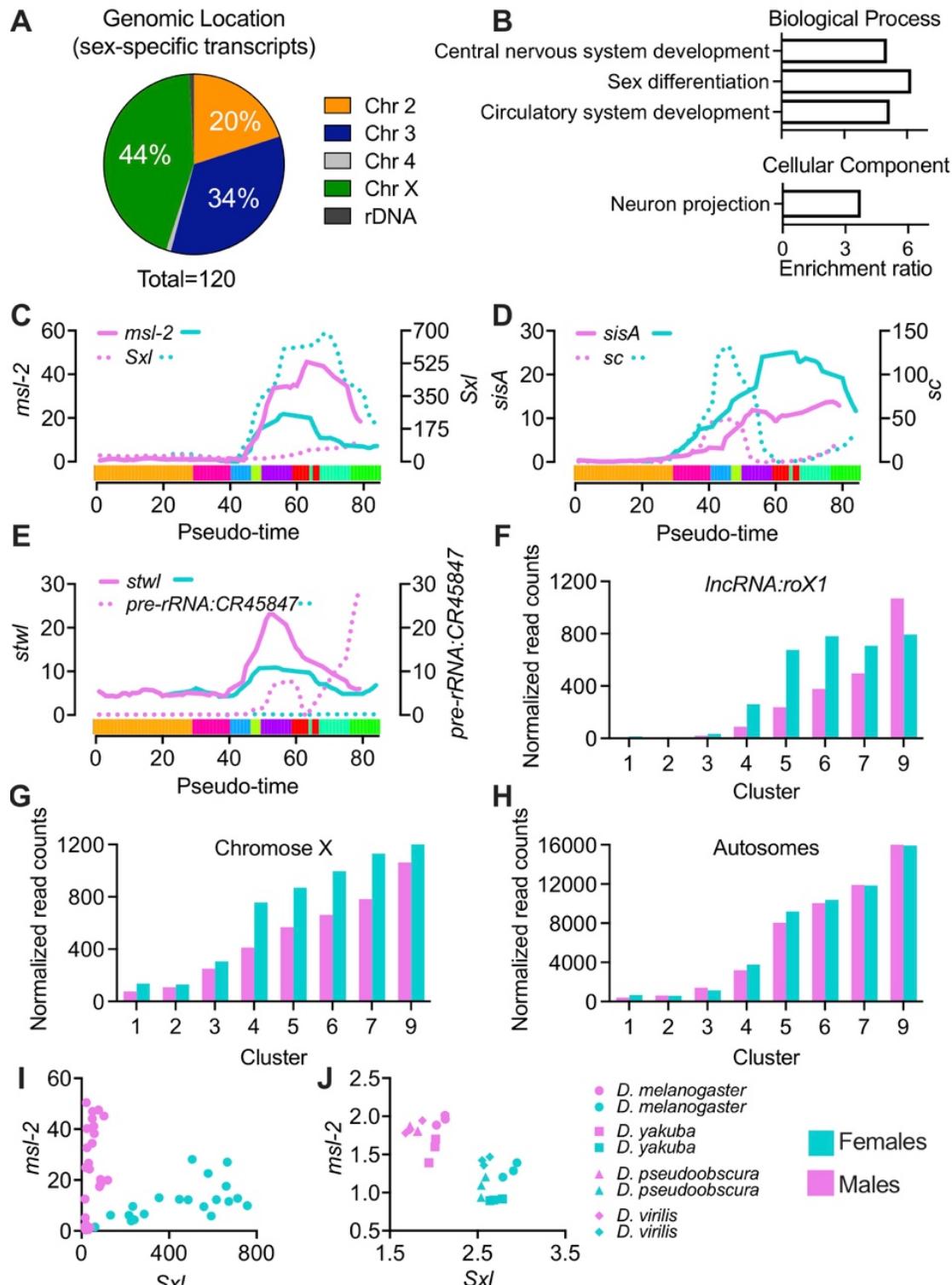
456 **Figure 3. Differentially expressed genes, their related pathways and Zld or H2A.Z**
457 **enrichment at TSS during the minor ZGA.** (A, D, G, J) Volcano plots with significantly
458 expressed genes ($\text{padj} < 0.01$, $\text{Log2FC} < -1$ or > 1) by comparing (A) cluster 1 versus 2, (D) cluster
459 2 versus 3, (G) cluster 3 versus 4, (J) cluster 4 versus 5 indicated in color. (A, D, G) The
460 significantly changed unique transcripts not identified in previous cluster comparisons are
461 represented by colored dots and the numbers are indicated in each volcano plot. (J) colored dots
462 and number indicate all significantly expressed genes. (B, E, H, K) Significantly enriched

463 pathways (FDR<0.05) by ORA on significantly expressed genes by comparing (B) cluster 1
464 versus 2, (E) cluster 2 versus 3, (H) cluster 3 versus 4, (K) cluster 4 versus 5. **(C, F, I, L)** Zld
465 and H2A.Z enrichment at TSS (transcriptional start sites) of differentially expressed genes
466 between (C) cluster 1 versus 2, (F) cluster 2 versus 3, (I) cluster 3 versus 4 or (L) cluster 4 versus
467 5. Zld data from Blythe and Wieschaus 2015 and H2A.Z enrichment from Ibarra-Morales *et al.*
468 2021. Genes not matching between datasets are shown as N/A. Pro., process.

469 **Figure 4**



471 **Figure 4. The continuous mRNA decay of maternally deposited transcripts.** (A) Comparison
472 of maternally deposited transcripts significantly decreased ($\text{padj}<0.01$, $\text{Log2FC}<-1$) by
473 comparing cluster 1 versus 5 in our data and those previously reported by Thomsen *et al.*, 2010.
474 +T, and transcribed. (B) Mean read counts of all significantly decreased transcripts ($n = 2621$) by
475 expression level group (Q, quartile) in each cluster. Q1, lowest 25%; Q4, highest 25% (C) Same
476 data as in (B) showing the ratio of cluster 5 to cluster 1 by expression level.



477 **Figure 5**

478 **Figure 5. Sex-specific transcription and dosage compensation in the ~3h embryo. (A)**
 479 distribution of differentially expressed genes ($\text{padj} < 0.01$) between male and female using

480 splineTimeR according to their genomic location. **(B)** Significantly enriched pathways
481 (FDR<0.05) of differentially expressed genes by ORA. **(C-E)** Smoothed normalized reads of
482 selected transcripts. The colored bar along the x-axis shows clusters 1-9 from left to right, each
483 in a different color for reference. **(F)** Average normalized reads for *lncRNA:roX1* or all zygotic
484 transcripts (not maternally deposited) from male and female embryos within each cluster **(G)** for
485 x-linked genes or **(H)** autosomal genes. **(I)** *msl-2* and *Sxl* normalized read counts of all male and
486 female embryos in our data. **(J)** *msl-2* and *Sxl* FPKM (fragments per kilobase of transcript per
487 million fragments mapped) of males and females from different *Drosophila* species reported in
488 Paris *et al.*, 2015.

489 **METHODS**

490 Fly stocks and embryo collection

491 Drosophila genetic reference panel (DGRP) 737 line from Bloomington Stock Center (#83729)
492 was kept in incubators at 25 °C with 60% humidity and a 12-hour light-dark cycle. All flies were
493 raised at constant densities on standardized cornmeal food (Bloomington recipe), Fly food M
494 (LabExpress, Michigan, USA), and transferred into cages 1-2 days after eclosion. Food plates
495 were changed and discarded twice before embryo collection started on 8-9 day old flies.
496 DGRP_737 line showed minimal egg laying (n = 0-2) in the first 30 minutes (data not shown),
497 therefore, plates were changed every 90 minutes and processed immediately (0-1 h embryos)
498 or incubated 1 or 2 more hours at 25 °C (1-2 h or 2-3 h embryos, respectively). Embryos were
499 transferred into a pluriStrainer® 150 µM cell strainer (pluriSelect, USA) and washed with tap
500 water, dechorionated by incubation in 3% sodium hypochlorite (PURE BRIGHT® bleach, KIK
501 international LLC) for 4 min, washed in 120 mM NaCl (Sigma-Aldrich, USA), 0.03% Triton X-100
502 (Fisher Scientific, USA) solution, and finally washed in ultrapure water (PURELAB® Ultra,
503 ELGA). For RNA-sequencing (RNA-seq), single embryos were transferred into 2 ml screw-cap
504 microtubes using a 20/0 liner brush (Royal & Langnickel®, USA), snap-frozen on dry ice, and
505 stored at -80 °C. For embryo fixation, samples were processed immediately.

506

507 RNA isolation

508 Single embryos were homogenized in 500 µL TRIzol™ (Invitrogen, USA) by bead-beating with
509 0.2 g lysing matrix D beads (MP Biomedicals, USA) at 6 m/s for 30 seconds using the FastPrep-
510 24™ instrument (MP Biomedicals, USA). RNA was then isolated following a miniaturized
511 version of the manufacturer's instructions. Briefly, 100 µL chloroform (Sigma-Aldrich, USA) was
512 added, samples mixed by vortex, incubated 2 min at room temperature (RT), and centrifuged for
513 15 minutes at 12,000 × g at 4 °C to recover RNA-containing aqueous phase in a fresh 1.5 ml
514 microtube. At this step, the organic phase was stored at -80 °C for later DNA extraction. RNA

515 was precipitated by adding 250 μ L ice-cold isopropanol (Sigma-Aldrich, USA) and 2 μ L
516 GlycoBlueTM (Thermo Fisher, USA), samples mixed by hand, incubated for 10 min at RT, and
517 centrifuged for 10 minutes at 12,000 \times g at 4°C. RNA pellets were washed with 1 ml 75% (v/v)
518 ethanol (Pharmco, USA), dried and stored at -80 °C until further use. This same protocol was
519 followed to isolate RNA from fixed embryos using 1 ml TRIzolTM and proportional changes in
520 chloroform and isopropanol.

521

522 Library preparation and RNA-seq

523 RNA-seq was carried out following a miniaturized version of the sensitive highly-multiplexed
524 single-cell RNA-seq (CEL-Seq2) protocol (Hashimshony et al. 2016) using the I.DOT liquid
525 handler (CELLINK). Dried RNA was resuspended in 8 μ L nuclease-free water (Invitrogen, USA)
526 and 120 nL dispensed into a 384-well plate holding 240 nL of primer-mix including 192 different
527 cell barcodes with unique molecular identifiers (UMI). Subsequent steps and reagents are
528 detailed in Sagar et al., 2018, except that libraries were diluted 1:10 (cDNA:H₂O) before an 11-
529 cycle amplification. Paired-end sequencing (150 bp) was performed using the NovaSeq 6000
530 instrument (Illumina) by the Genomics Core at Van Andel Institute. Sequencing depth in each
531 single embryo was between 6.4-6.8 M reads that passed quality control, with 96% of the
532 sequences with a quality score \geq 30 (FastQC version 0.11.9) (Andrew 2010).

533

534 RNA-seq data analysis and functional enrichment

535 RNA-seq read counts were demultiplexed, mapped to the Berkeley Drosophila Genome Project
536 assembly release 6.28 (Ensembl release 100) reference genome (Hoskins et al. 2015), UMI-
537 deduplicated, and counted using STAR 2.7.8a (mode STARsolo). Gene symbols were updated
538 using release FB2022_04. Samples with a total transcript read count $<$ 250,000 or transcripts
539 with $<$ 3 read counts on $<$ 5 samples were filtered out from the analysis. Read count

540 normalization, computation of a distance matrix, sample clustering, transcriptome entropy
541 calculi, generation of a lineage tree, and pseudo-temporal order of samples was carried out
542 using R packages RacelD version 0.2.6 and FateID version 0.2.2 (Herman et al. 2018). Raw
543 expression values of unsupervised clusters were compared by the RacelD3 internal approach
544 akin to DESeq2. Transcripts with a Benjamini-Hochberg adjusted p-value (padj) < 0.01 and a
545 log2 fold-change (Log2FC) <-1 or >1 were considered to be differentially expressed. The source
546 code for this analysis can be found in Supplemental_Table_S4.pdf. All functional enrichment
547 analysis were carried out by over-representation analysis (ORA) using the WEB-based GEne
548 SeT AnaLysis Toolkit (WebGestalt) (Liao et al. 2019). To simplify results, redundancy reduction
549 by affinity propagation was applied in every analysis. Only results with a false discovery rate
550 (FDR) ≤ 0.5 are shown.

551

552 Fixation, staining and staging of embryos

553 Dechlorinated embryos were transferred to a 1.5 ml microtube and mixed in 362.5 µL PBT
554 (0.3% Triton X-100 in Gibco™ 1x phosphate-buffered saline (PBS), pH 7.4), 12.5 µL 10x PBS,
555 and 125 µL 16% formaldehyde, methanol-free (w/v) (Thermo Fisher Scientific, USA). Embryos
556 in the 4% formaldehyde fixing solution (w/v) were shaken for 15 min at 200 rpm using a mini
557 rotator/shaker (Thermo Scientific). Fixing solution was discarded, 500 µL heptane (Sigma-
558 Aldrich, USA) and 500 µL methanol (Fisher Scientific, USA) added, and samples vigorously
559 shaken by hand/vortex for 2 min. Heptane, methanol and embryos in the interphase were
560 removed and discarded. Samples were washed 3 times with methanol before resuspension in 1
561 ml PBT containing 1 µL Hoeschst 33342 (Thermo Scientific, USA). After a 10 min incubation at
562 RT, 2 x 1 min and 1 x 10 min washes with 1 ml PTB were carried out to remove excess dye.
563 Embryos were then staged using the ECLIPSE Ts2 microscope (Nikon) based on Foe et al.,
564 1993, nuclear cycle divisions and images from others (Jiménez-Guri et al. 2014; Kotadia et al.

565 2010). Embryos in PBT were kept on ice during staging. Finally, PBT was removed, TRIzol™
566 added to pooled embryos and samples stored at - 80 °C until RNA isolation.

567

568 Reverse transcription

569 Dried RNA from stage embryos was resuspended in 9 µL nuclease-free water and 1 µL used for
570 quantification by NanoDrop™ One/OneC spectrophotometer (Thermo Scientific). The remaining
571 RNA (< 3 µg) was treated with 2 U TURBO™ DNase (Invitrogen, USA) following manufacturer's
572 instructions. RNA was then incubated at 70 °C with 1.5 µg oligo(dT)₁₂₋₁₈ (Invitrogen, USA) and
573 immediately chilled on ice. Reverse transcription was carried out using moloney-murine
574 leukemia virus (M-MLV) reverse transcriptase kit (Promega, USA). Reverse transcription was
575 completed in a 30 µL final volume reaction containing 400 U M-MLV and 1 mM dNTP mix
576 (Invitrogen, USA) after serial incubations at 40 °C for 60 min and 90 °C for 10 min. cDNA was
577 chilled on ice and diluted to a concentration of 20 ng/µL (1 µg input RNA/50 µL).

578

579 DNA extraction

580 DNA extraction was performed with a modified version of the manufacturer's instructions
581 (TRIzol™, Invitrogen, USA). The frozen organic phase of each embryo after RNA extraction was
582 thawed at RT for 3 min and transferred to a fresh 1.5 ml microtube to remove beads from
583 samples. 2 µL GlycoBlue™ were added, samples mixed by inverting tube 5 times, 150 µL 100%
584 ethanol (Pharmco, USA) were added, and samples mixed again. After a 3 min incubation at RT
585 samples were centrifuged 5 min at 7,000 g at 4 °C and the phenol-ethanol supernatant
586 discarded. DNA pellets were washed in 500 µL 0.1 M sodium citrate in 10% ethanol and
587 incubated 30 min mixing every 10 min. Samples were centrifuged for 5 min at 7,000 g at 4 °C
588 and supernatant discarded. Wash with 0.1 M sodium citrate was repeated once, and pellets
589 resuspended in 1 ml 75% ethanol. Then, 2 µL GlycoBlue™ were added and samples incubated
590 for 10 min mixing every 2-5 min. Samples were centrifuged 5 min at 7,000 g at 4 °C,

591 supernatant was discarded and pellet air dried before resuspension in 20 μ L 8 mM NaOH in
592 H₂O (w/v). DNA samples were incubated at 80 °C for 10 min mixing every 2 min by vortex,
593 chilled immediately on ice for 5 min, and stored at 80 °C.

594

595 qPCR and data analysis

596 qPCR was carried out in a 20 μ L final volume reaction using SsoAdvanced Universal SYBR
597 Green Supermix (Bio-Rad, USA), bespoke forward/reverse primers (0.3 μ M/each)
598 (Supplemental_Table_S5.pdf) and 2 μ L DNA (1/10 embryo) or 160 ng/ μ l cDNA. Pre-incubation
599 at 98 °C for 3 min for DNA or 30 s for cDNA, 45 cycle amplification, and melting curve were
600 performed using CFX96 touch real-time PCR detection system (Bio-Rad). Each amplification
601 cycle included denaturation at 95 °C for 10 s and a combined annealing/extension at 60 °C for
602 30 s. Specificity of qPCR reactions was assessed by the presence of a single peak in the
603 melting curve, which was generated by acquiring fluorescence data every 0.5 °C change in
604 temperature from 65 °C to 95 °C. All qPCR reactions were performed in duplicate (technical
605 replication). DNA samples that amplified the X and Y-chromosome in both duplicates at similar
606 cycle threshold values were categorized as males. DNA samples that amplified the X but not the
607 Y-chromosome were categorized as females. For cDNA samples, mRNA expression in each
608 duplicate was calculated using the cycle threshold values by the standard curve method (Cikos
609 et al. 2007). Expression was then divided by the square root of CG6707 (FBgn0036058)
610 multiplied by Pgam5 (FBgn0023517), two transcripts with the lowest variability until around NC
611 14D in our RNA-seq data.

612

613 Sex-specific transcription

614 RNA-seq normalized read counts of each transcript were compared between male and female
615 embryos using splineTimeR version 1.24.0 (Michna et al. 2016). Every embryo was considered
616 a replicate in every cluster (timepoints). Transcripts with a Benjamini-Hochberg adjusted p-value

617 (padj) < 0.01 were considered significantly expressed. The source code for this analysis can be
618 found in Supplemental_Table_S4.pdf. Due to the split of the pseudo-time into male and
619 females, normalized reads were smoothed by averaging 5 neighboring samples and a second
620 order of the smoothing polynomial using Prism 9 version 9.4.1.

621

622 **DATA ACCESS**

623 Raw sequencing files and processed data files from this study have been deposited at NCBI
624 Gene Expression Omnibus (GEO) under accession number GSE214118 and will be released
625 after publication in a peer reviewed journal. Normalized reads, gene details, and metadata for
626 sex-specific analysis can be found in Supplemental_Table_S6.xlsx.

627

628 **COMPETING INTEREST STATEMENT**

629 All authors declare that they have no conflicts of interest.

630

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637

638 **AUTHOR CONTRIBUTIONS**

639 J.E.P-M. and A.L designed and directed the study. J.E.P-M., J.W, L.E performed experiments.
640 J.E.P-M., K.L. and A.L .analyzed the data. J.E.P-M. and A.L. wrote the manuscript.

641

642

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