

High-Resolution Magnetization-Transfer Imaging of *Post-Mortem* Marmoset Brain: Comparisons with Relaxometry and Histology

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Running head: qMTI of *post-mortem* marmoset brain

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1 **Highlights**

- 2 • MRI (200 μ m) is correlated with myelin and iron histology in fixed marmoset
3 brain.
- 4 • Detailed z-spectra are employed for precise magnetization-transfer (MT)
5 measurements.
- 6 • Longitudinal and effective transverse relaxation rates depend linearly on
7 tissue iron.
- 8 • Longitudinal relaxation and MT are not uniquely specific to myelin.
- 9 • Myelin and non-myelin macromolecules impact water relaxation and MT
10 contrast.

11 **Abstract**

12 Cell membranes and macromolecules or paramagnetic compounds interact with water
13 proton spins, which modulates magnetic resonance imaging (MRI) contrast providing
14 information on tissue composition. For a further investigation, quantitative
15 magnetization transfer (qMT) parameters (at 3T), including the ratio of the
16 macromolecular and water proton pools, \mathcal{F} , and the exchange-rate constant as well as
17 the (observed) longitudinal and the effective transverse relaxation rates (at 3T and 7T),
18 R_1^{obs} and R_2^* , respectively, were measured at high spatial resolution (200 μ m) in a slice
19 of fixed marmoset brain and compared to histology results obtained with Gallyas'
20 myelin stain and Perls' iron stain. R_1^{obs} and R_2^* were linearly correlated with the iron
21 content for the entire slice, whereas distinct differences were obtained between gray
22 and white matter for correlations of relaxometry and qMT parameters with myelin
23 content. The combined results suggest that the macromolecular pool interacting with
24 water consists of myelin and (less efficient) non-myelin contributions. Despite strong
25 correlation of \mathcal{F} and R_1^{obs} , none of these parameters was uniquely specific to
26 myelination. Due to additional sensitivity to iron stores, R_1^{obs} and R_2^* were more
27 sensitive for depicting microstructural differences between cortical layers than \mathcal{F} .

28 **Keywords**

29 Histology • iron • longitudinal relaxation • macromolecular pool • magnetization
30 transfer • myelin • T_1 • T_2^* • transverse relaxation

31 1 Introduction

32 Quantitative magnetization transfer imaging (qMTI) is a versatile tool to obtain
33 information on cell membranes or other macromolecular compounds (e.g., proteins)
34 via cross relaxation or proton exchange with water molecules (Edzes & Samulski, 1977,
35 1978; Sled, 2018; Wolff & Balaban, 1989). Such semisolid components are not directly
36 visible to standard magnetic resonance imaging (MRI) due to their very short
37 transverse relaxation time, T_2 . In a typical MT experiment, the semisolid spin pool is
38 saturated by radiofrequency (RF) irradiation of limited bandwidth applied off
39 resonance of the narrow water line. This leads to a transient water-signal change that
40 can be fitted to a set of differential equations, such as the binary spin-bath (BSB) model
41 (Henkelman *et al.*, 1993). Thereby, information is obtained on the semisolid pool and
42 magnetization exchange rates.

43 The efficiency of the magnetization transfer (MT) depends on the presence and
44 number of binding sites for water on the semisolid components and on the dynamics
45 of the system (Bryant & Korb, 2005). In brain tissue, and especially in white matter
46 (WM), the most important contribution to cross-relaxation results from myelin that
47 envelops the axons (Koenig *et al.*, 1990; Laule *et al.*, 2007; Möller *et al.*, 2019; Sled, 2018).
48 In particular, galactolipids and cholesterol in the myelin membrane have been
49 proposed as sites with efficient coupling to water molecules (Ceckler *et al.*, 1992; Fralix
50 *et al.*, 1991; Koenig, 1991, Kucharczyk *et al.*, 1994). Previous work has also
51 demonstrated correlations between the relative size of the semisolid pool estimated by
52 qMTI in selected regions of interest (ROIs) and histological measures of myelin content
53 (Schmierer *et al.*, 2007).

54 The goal of the current work was a more comprehensive, voxel-by-voxel
55 comparison of qMTI of fixed brain and histology. To put the results into a broader
56 context, measurements of the longitudinal rate $R_1 = 1/T_1$ and the effective transverse
57 relaxation rate $R_2^* = 1/T_2^*$ were also integrated in the experiments. Recently, there has

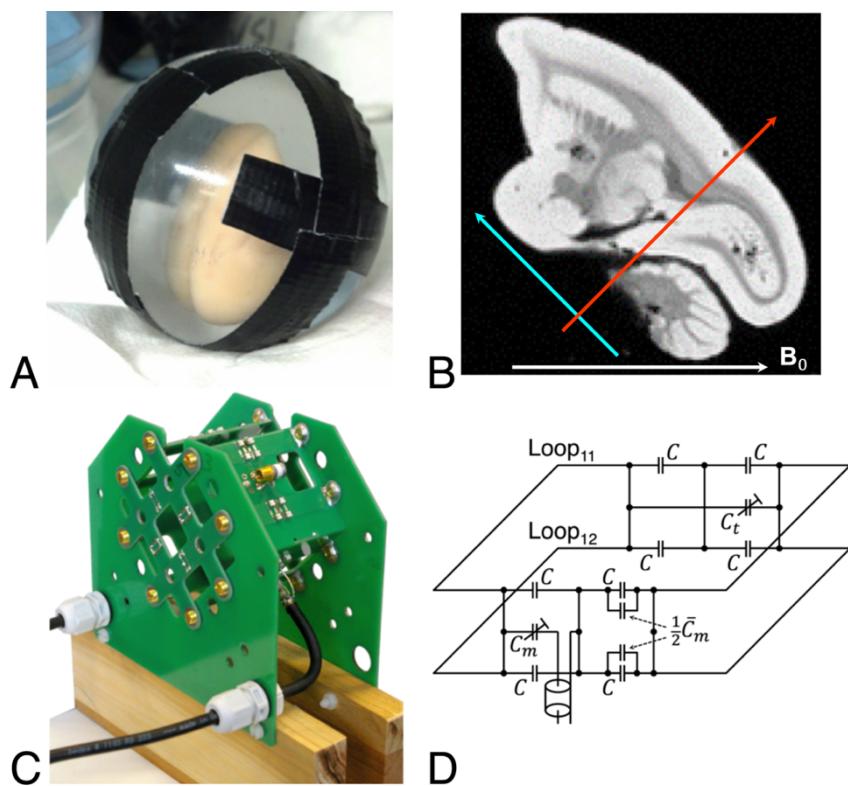
58 been growing interest in using the common marmoset (*Callithrix jacchus*), a New World
59 monkey, in neuroimaging research (Bock *et al.*, 2009; Liu *et al.*, 2011; Newman *et al.*,
60 2009). While it demonstrates typical primate brain functional organization, its small,
61 lissencephalic brain has no complex folding pattern offering excellent conditions for
62 cortical imaging at high spatial resolution. Further, the brain's overall gray-to-white
63 matter ratio is much higher than in rodent imaging models, making the marmoset an
64 ideal for quantitative studies of myelin in deep brain structures.

65 2 Experimental Procedures

66 2.1 *Brain Specimen*

67 The animal procedures were approved by the NINDS Animal Care and Use
68 Committee. The brain of a male common marmoset (*Callithrix jacchus*) that had died
69 from natural causes at an age of 7.6 years was dissected out and fixed by perfusion
70 with 4% formalin in phosphate-buffered saline (PBS). Subsequently, the specimen was
71 stored in PBS with 0.1% sodium azide (NaN₃) for 17 months before scanning.

72 For MRI, the brain was centered in an acrylic sphere of 6cm diameter (Figure
73 1A) by gluing the medulla to an alginate socket. The sphere was filled with liquid
74 perfluoropolyether (Fomblin®; Solvay Solexis, Bollate, Italy) to protect the specimen
75 from dehydration and to achieve approximate matching of the magnetic susceptibility
76 at tissue interfaces (Benveniste *et al.*, 1999).



77

78 **Figure 1.** (A) Fixed marmoset brain inside a spherical acrylic container filled with Fomblin. (B) Sagittal
 79 slice from an acquisition at 3 T (flip angle, $\alpha = 60^\circ$; repetition time, $TR = 300$ ms; echo time, $TE = 20$ ms;
 80 $200\mu\text{m}$ isotropic nominal resolution). The direction of the main magnetic field, \mathbf{B}_0 , is from left to right.
 81 Arrows indicate approximate positions and orientations of the horizontal zero plane (blue) and the
 82 antero-posterior zero plane (red) in the stereotaxic coordinate system of Paxinos *et al.* (2012). (C) Double-
 83 Helmholtz transceive RF coil configuration for 3T MRI with additional venting slots and openings for
 84 air circulation. The front part is removable for positioning the spherical sample container. Eight non-
 85 magnetic brass screws provide electrical contact without degrading the homogeneity of the field
 86 amplitude, B_0 . Inductive coupling between the perpendicular Helmholtz pairs is negligible for equal
 87 currents in both loops of one pair. Holes (8mm diameter) in the PCB at the crossings of the copper traces
 88 reduce capacitive coupling caused by mutual capacitances of two pairs (Mispelter *et al.*, 2006). (D)
 89 Tuning (top) and matching (bottom) circuits of a single Helmholtz pair. The feed port is roughly
 90 balanced by a matching capacitor (C_m) of a few pF. Further improvement is achieved by two capacitors
 91 of $\bar{C}_m/2$ (\bar{C}_m is the average value of C_m ; C_t is the tuning capacitance).

92 Using the stereotaxic coordinate system defined by Paxinos *et al.* (2012) as
 93 reference (*i.e.*, the horizontal, coronal and sagittal zero planes are defined by the plane
 94 passing thorough the lower margin of the orbit and the center of the external auditory
 95 meatus, the plane passing through the interaural line, and the plane between both
 96 hemispheres, respectively), the brain was oriented inside the magnet such that the
 97 magnetic field was approximately parallel to the midsagittal plane (*i.e.*, azimuthal
 98 angle $\varphi \approx 0^\circ$) at a polar angle $\vartheta \approx 45^\circ$ (Figure 1B).

99 2.2 *Magnetic Resonance Image Acquisition*

100 All MRI experiments were performed at room temperature (approx. 21 °C) adjusted
101 by the air-conditioning system of the magnet room, but without an additional
102 temperature control unit for the sample.

103 2.2.1 *Acquisitions at 3 T*

104 A human-scale whole-body scanner (MedSpec 30/100; Bruker Biospin, Ettlingen,
105 Germany) operated under ParaVision 4.0 was used for MRI at 3 T with a custom-built
106 transceiver RF coil. The coil design was made of printed circuit boards (PCBs) and
107 consisted of two perpendicular, quadratic Helmholtz pairs (66×66 mm²; 10mm-wide,
108 35μm-tick copper traces; Figure 1C) to exploit the lower power requirement (*i.e.*,
109 reduced sample heating during prolonged scanning) of a quadrature coil ([R. Müller *et al.*, 2013](#)). Each loop was pre-tuned to 125 MHz by fixed capacitors ($C = 33 \text{ pF}$; 2%, 1111
110 SMD footprint, 152 CHB series, Temex Ceramics, Pessac, France), connected in series
111 to ensure balanced feeding (Figure 1D). An additional trimmer capacitor (55H01,
112 Johanson, Boonton, NJ) and the feeding coaxial cable were placed exactly halfway
113 between the loops. A PCB with equivalent layout opposite to the feed port carried the
114 tuning circuit. The Helmholtz pairs were connected to a 90° hybrid via 2m-long coax
115 cables. Lumped resistors of 47 Ω (not related to 50Ω cable impedance) connected the
116 cable sheaths at 150 mm and 400 mm from the coil to achieve broadband damping of
117 parasitic modes ([Boskamp *et al.*, 2012](#)). Bench-top experiments yielded an unloaded Q
118 of 350 and an isolation of the coil pairs by -26 dB. We did not observe relevant
119 detuning, even during scanning sessions of several days.

121 Experiments in a 50mm-diameter acrylic sphere filled with agarose gel were
122 performed to measure the RF magnetic transmit field, B_1^+ . A double-angle method
123 ([Hetzer *et al.*, 2009](#); [Insko & Bolinger, 1993](#)) with a three-dimensional (3D) Low-Angle
124 SHot (FLASH) sequence ([Haase *et al.*, 1986](#)) was employed with repetition time TR = 5
125 s, echo time TE = 6.5 ms, flip angles $\alpha = 20^\circ$ and 40° , a field of view (FOV) of

126 51.2×50×50 mm³, and an acquisition matrix 128×50×50. The estimated distribution of
127 B_1^+ was of sufficient accuracy and homogeneity to allow omitting further corrections
128 of the nominal flip angle (R. Müller *et al.*, 2013). Radiofrequency heating experiments
129 (Gaussian pulses; pulse length, $\tau_p = 10$ ms; peak amplitude, $\omega_{1,\max} = 18,850$ rad/s;
130 TR = 30 ms) performed for 1 hour yielded an increase of the core temperature inside
131 the gel phantom by 6 K as compared to 16 K obtained with a single, linearly polarized
132 Helmholtz coil.

133 The qMTI protocol was adapted from previous *in-vivo* experiments at 3 T in
134 human subjects (D.K. Müller *et al.*, 2013). Magnetization-transfer contrast was
135 generated in a 3D FLASH sequence by applying a preceding 10ms Gaussian 'MT pulse'
136 in every repetition (*i.e.*, every k-space line). Further acquisition parameters included
137 an 'imaging pulse' flip angle, $\alpha = 10^\circ$; TR = 32 ms; and TE = 8.2 ms. To obtain so-
138 called 'z-spectra' (Grad & Bryant, 1990), a total of 45 image volumes were recorded
139 with different combinations of eleven logarithmically distributed off-resonance
140 frequencies, $\Omega/(2\pi) = 250\text{--}50,000$ Hz and seven linearly distributed MT pulse
141 amplitudes with $\omega_{1,\max} = 1\text{--}7,069$ rad/s (Table 1). The FOV was 38.0×27.0×25.6 mm³
142 with a matrix of 190×135×128 (*i.e.*, 200µm isotropic nominal resolution). All
143 measurements were averaged 6–16 times, depending on the expected signal-to-noise
144 ratio (SNR) at the particular off-resonance saturation. The total scan time was 72 hours.
145 The first 3 hours of scanning were used to achieve a stable sample temperature. Data
146 acquired during this period were not included in the final analysis. Global B_0 drifts
147 during the experiment were corrected by readjusting the center frequency every 37 to
148 55 minutes.

149 Mapping of the so-called 'observed' longitudinal relaxation rate, $R_1^{\text{obs}} = 1/T_1^{\text{obs}}$,
150 (Henkelman *et al.*, 1993) at 3 T was performed with the identical image geometry and
151 nominal resolution as for qMTI with a 3D FLASH sequence (TE = 8 ms) and different
152 combinations of α and TR (Fram *et al.*, 1987; Helms *et al.*, 2008) comprising 10°/30 ms,
153 20°/30 ms, 30°/30 ms, 30°/90 ms, and 30°/200 ms.

154 **Table 1.** Combinations of MT pulse peak amplitudes, $\omega_{1,\max}$, off-resonance frequencies, $\Omega/(2\pi)$, and
 155 numbers of averages, N_{av} , used for discrete z-spectrum sampling. Acquisitions indicated by asterisks
 156 were excluded from the final analysis due to reduced accuracy (classifier based on fitting the signal in
 157 small water pockets to a single-pool model).

158

159 Estimates of the spatial distribution of B_0 across the sample were obtained from
160 two-dimensional (2D) multi-echo (ME) gradient-echo acquisitions ($\alpha = 60^\circ$; TR = 4 s;
161 TE₁ = 7.79 ms; 32 echoes with inter-echo time ΔTE = 1.28 ms; 32 slices; 800 μm nominal
162 isotropic resolution) (Chen & Wyrwicz, 1999; Hetzer *et al.*; 2011).

163 2.2.2 *Acquisitions at 7 T*

164 Further measurements of R_1^{obs} and R_2^* , were performed at 7 T on a human-scale whole-
165 body scanner (MAGNETOM 7T; Siemens Healthineers, Erlangen, Germany) operated
166 by *syngo* MR B 17 software. To improve the SNR, a previously described, custom-built
167 miniCP coil was employed, which consisted of two perpendicularly arranged 80-mm
168 circular loops (Weiss *et al.*, 2015). Maps of R_1^{obs} were obtained with the 3D
169 Magnetization-Prepared 2 RApid Gradient Echoes (MP2RAGE) sequence (Marques *et*
170 *al.*, 2010) and parameters ($\alpha_1 = \alpha_2 = 8^\circ$; TR = 3 s; inversion times, TI₁ = 250 ms, TI₂ =
171 900 ms; TE = 3.43 ms; matrix 160×256×112; nominal resolution 176×176×180 μm ; 10
172 averages) that had been established in former studies of fixed brain tissue (Weiss *et al.*,
173 2015). Maps of R_2^* were obtained with a 3D ME-FLASH sequence ($\alpha = 23^\circ$; TR = 42 ms;
174 TE = 6, 14, 22, and 30 ms; matrix 144×192×120; nominal isotropic resolution 200 μm).
175 Finally, 3D FLASH images ($\alpha = 68^\circ$; TR = 0.5 s; TE = 35 ms; FOV 25.88×36×20.8 mm^3 ;
176 matrix 506×704×416) were recorded at a high resolution (approx. 50 μm) to improve
177 registration of the magnetic resonance (MR) and histology data by offering sufficiently
178 sharp delineations of tissue boundaries for segmentation and masking purposes.

179 2.3 *Magnetic Resonance Image Processing*

180 2.3.1 *Image pre-processing*

181 All 3T images were reconstructed offline using in-house software after export of the
182 raw data. Remaining scanner drifts leading to subtle shifts (<1 voxel) of the images
183 along phase-encoding direction were corrected by multiplying appropriate phase
184 ramps to the k-space data (Jenkinson *et al.*, 2002; Jenkinson & Smith, 2001).

185 2.3.2 *Magnetization-Transfer Parameter Fitting*

186 In the BSB model, the tissue is subdivided into the free water pool, 'a', and the
187 semisolid pool, 'b', with equilibrium magnetizations $M_0^{a,b}$ as well as longitudinal and

188 transverse relaxation rates $R_1^{a,b} = 1/T_1^{a,b}$ and $R_2^{a,b} = 1/T_2^{a,b}$, respectively (Edzes &
189 Samulski, 1978; Henkelman *et al.*, 1993; Morrison *et al.*, 1995). The two pools are further
190 assumed to be in close contact allowing exchange of longitudinal magnetizations $M_z^{a,b}$
191 with pseudo-first-order rate constants $RM_0^{a,b}$ (Henkelman *et al.*, 1993). Under these
192 conditions, the time evolution of the magnetization can be described by simplified
193 Bloch-McConnell equations (McConnell, 1958). Finally, saturation of pool 'b' caused
194 by the off-resonance irradiation at frequency Ω is modeled by an RF saturation rate
195 (Henkelman *et al.*, 1993):

196
$$R_{\text{RF}}^b = \pi\omega_1^2 g^b(\Omega, T_2^b), \quad (1)$$

197 where ω_1 is the RF field amplitude (in rad/s), and $g^b(\Omega, T_2^b)$ is the absorption lineshape
198 function of the semisolid pool. Consistent with previous work (Morrison *et al.*, 1995),
199 we assume that the super-Lorentzian lineshape that arises from partially ordered
200 systems, such as the lipid bilayers of biological membranes (Wennerström, 1973),
201 describes the RF saturation of pool 'b' sufficiently well in brain tissue. Finally, a scaling
202 factor, σ , is introduced to convert the magnetization computed with the Bloch-
203 McConnell equations into detected signal voltage, $S = \sigma M_z^a$.

204 Exhaustive details of the procedures for BSB parameter fitting have been
205 published elsewhere (D.K. Müller *et al.*, 2013). All algorithms were implemented in
206 Matlab 8.1.0.604 (MathWorks, Natick, MA, USA) using the Global Optimization
207 Toolbox (v3.3.1). Unless otherwise stated, least-squares minimization was performed
208 using trust-region-reflective algorithms with parameter boundaries ($10^{-4} \leq S \leq 10^4$;
209 $0 \leq M_0^b/M_0^a \leq 1$; $6 \mu\text{s} \leq T_1^a \leq 10 \text{ s}$; $6 \mu\text{s} \leq T_2^a \leq 10 \text{ s}$; $6 \mu\text{s} \leq T_2^b \leq 20 \mu\text{s}$; $0 \leq RM_0^a \leq$
210 $1,000 \text{ s}^{-1}$). Briefly, fits were based on calculations of the time evolution of the
211 magnetization during the entire pulse sequence using matrix exponentials. The exact
212 timings and shapes of all RF pulses were directly imported from the scanner and used
213 without simplifying assumptions. For better efficiency, polynomial interpolation was
214 employed to calculate the matrix exponentials without bias (D.K. Müller *et al.*, 2013;

215 Lenich *et al.*, 2019). The separately recorded B_0 map was used for voxel-by-voxel
216 correction of all offset frequencies.

217 Previous work has shown that oscillations may occur in the z-spectrum,
218 particularly at small offset frequencies, which result from the nutation of the liquid-
219 pool magnetization and depend on the MT-pulse amplitude (D.K. Müller *et al.*, 2013;
220 Portnoy & Stanisz, 2007). Generally, this effect is difficult to model accurately and may
221 degrade the stability of the fitting procedure. For its further evaluation, the signal
222 amplitude from small pockets of residual water in the alginate socket was fitted to the
223 expected spectrum of a single liquid pool yielding seven data points with residuals
224 outside the 95% confidence interval. Based on this classifier, these seven acquisitions
225 were regarded as potentially affected by oscillations for our experimental conditions
226 and were discarded from the subsequent MT analysis leaving a total of 38 samples in
227 the z-spectrum (see Table 1 for details).

228 In all fits, R_1^b was arbitrarily set to 1 s^{-1} as a fixed parameter. Previous work has
229 shown that its variation over a meaningful range does not lead to an appreciable effect
230 on the z-spectrum acquired with steady-state off-resonance irradiation (Henkelman *et*
231 *al.*, 1993; Tyler & Gowland, 2005). As there is a distinct interdependence of some
232 variables, only six BSB model parameters can be uniquely determined from fits to the
233 MT data, namely: σM_0^a , $M_0^b / (R_1^a M_0^a)$, RM_0^a , R_1^b , $1 / (R_1^a T_2^a)$, and T_2^b (from R_{RF}^b).

234 2.3.3 *Estimation of Relaxation Rates*

235 To obtain R_1^{obs} , the signal intensities recorded with FLASH and variation of α and TR
236 were separately fitted to (Ernst *et al.*, 1987):

237
$$S(\alpha, TR) = S_0 \frac{1 - E_1}{1 - E_1 \cos \alpha} \sin \alpha \quad \text{with} \quad E_1 \equiv e^{-TR \cdot R_1^{\text{obs}}} \quad (2)$$

238 employing a Levenberg-Marquardt algorithm (S_0 is the signal voltage generated by
239 applying a 90° pulse to the fully relaxed spin system). As suggested by Henkelman *et*

240 *al.*, (1993), knowledge of R_1^{obs} allows computation of R_1^a as an additional BSB model
241 parameter.

242 Estimates of R_1^{obs} at 7 T were obtained using the vendor software provided with
243 the MP2RAGE sequence (Marques *et al.*, 2010) and those of R_2^* from mono-exponential
244 fits to the TE-dependent signal decay of the ME-FLASH acquisitions.

245 **2.4 Histology Procedures**

246 The entire formalin-fixed brain was cut in frozen state into 553 coronal sections of
247 40 μm thickness. During cutting, blockface images (*i.e.*, photographs of the top layer of
248 the cutting block) were taken to support volume reconstruction and co-registration of
249 histological and MR data to a mutual reference frame. Every second section was
250 selected for one out of four different staining procedures, which were applied in an
251 alternating fashion (*i.e.*, the same staining procedure was applied to every eighth
252 section): (*i*) a modified silver impregnation method to reveal myelin (Gallyas, 1979),
253 (*ii*) immunohistochemical staining for myelin basic protein (anti-MBP, 1:300; Abcam,
254 Cambridge, UK; section immersed in 1% NaBH₄ for antigen retrieval), as well as two
255 further antibodies—(*iii*) HuC/HuD antibody (1:500; Life Technologies, Carlsbad, CA,
256 USA) for neurons, and (*iv*) SMI-311 antibody (1:2,000; Calbiochem, San Diego, CA,
257 USA) for pan-neurofilaments—that were not used in the current analysis. In an
258 additional session, several odd-numbered sections were stained for ferric iron using
259 Perls' stain. Subsequently, the subscripts 'my', 'MBP' and 'Fe' are used to indicate
260 histology results obtained with Gallyas', MBP and Perls' stain, respectively.

261 For a quantitative analysis, initial digitization of multiple slices was performed
262 at relatively low resolution (2.58 μm) on a Zeiss Axio Imager.M1 (Carl Zeiss
263 Microscopy GmbH, Jena, Germany) with an EC Plan-Neofluar 2.5 \times /0.075 M27
264 objective and a Zeiss AxioCam HR3 camera. Four sections were then selected
265 (position: approx. 9.75 mm interaural) that showed (*i*) a sufficient variety of anatomical
266 structures and (*ii*) did not indicate major deformations in order to obtain good

267 registration results. Subsequently, maps of the integrated optical density (IOD) were
268 calculated. The sections were digitized monochromatically with 14bit precision,
269 keeping the brightest areas of the imaged window of the sample holder inside the
270 sensitivity range of the CCD sensor. To reduce influences from potential errors due to
271 inhomogeneous dye distribution, the pixel size was set to 0.3225 μm using an EC Plan-
272 Neofluar 20x/0.50 M27 objective (Floyd, 2013). This permits application of the Beer-
273 Lambert law to calculate the IOD or 'absorbance':

274

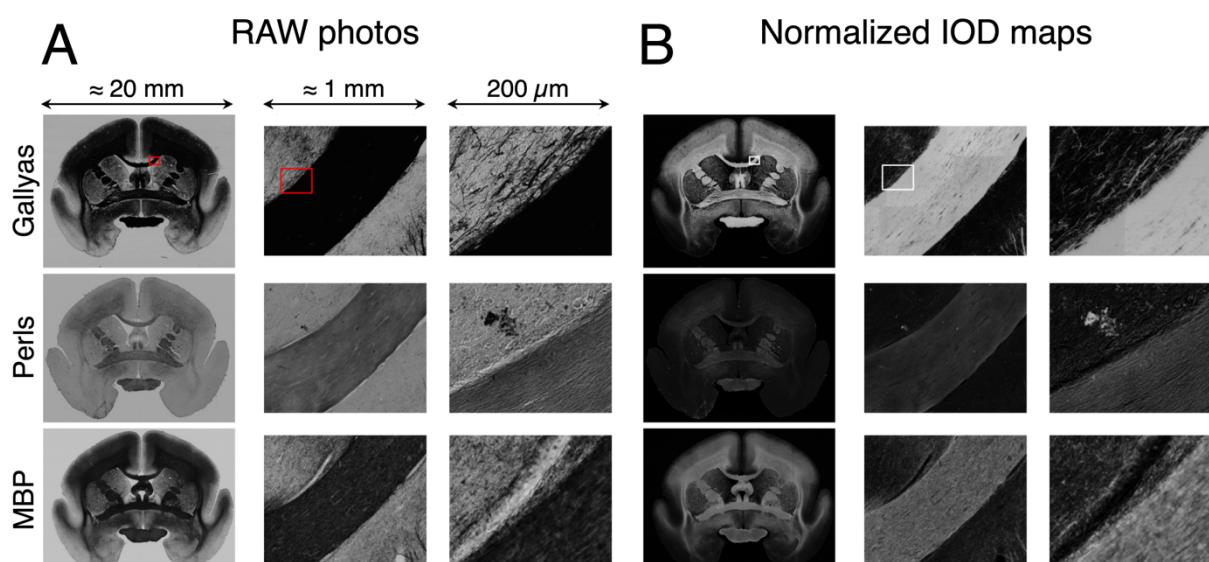
$$A_i = -\log_{10} \frac{I_i}{I_0}. \quad (3)$$

275 From the mean incident intensity, I_0 , measured in an empty area of the sample holder,
276 and the transmitted intensity, I_i , at position i . The IOD maps were subsequently
277 normalized to a maximum IOD value of 1 in each slice according to:

278

$$a_i = \frac{A_i}{\max(A_i)}. \quad (4)$$

279 An overview of photographs (at 0.3225 μm) of differently stained slices and
280 corresponding IOD maps is presented in Figure 2.



281

282 **Figure 2.** (A) Photographs (raw image format) and (B) normalized IOD maps (0.3225 μm in-plane and
283 55 μm slice resolution) of coronal histology slices at different zoom levels. Rows show, from top
284 (anterior) to bottom (posterior): Gallyas' silver, Perls' stain, and anti-MBP immunohistochemistry. An
285 improvement of contrast in WM achieved by calculating normalized IOD maps is evident on slices
286 stained for myelin (Gallyas' method and anti-MBP immunostaining).

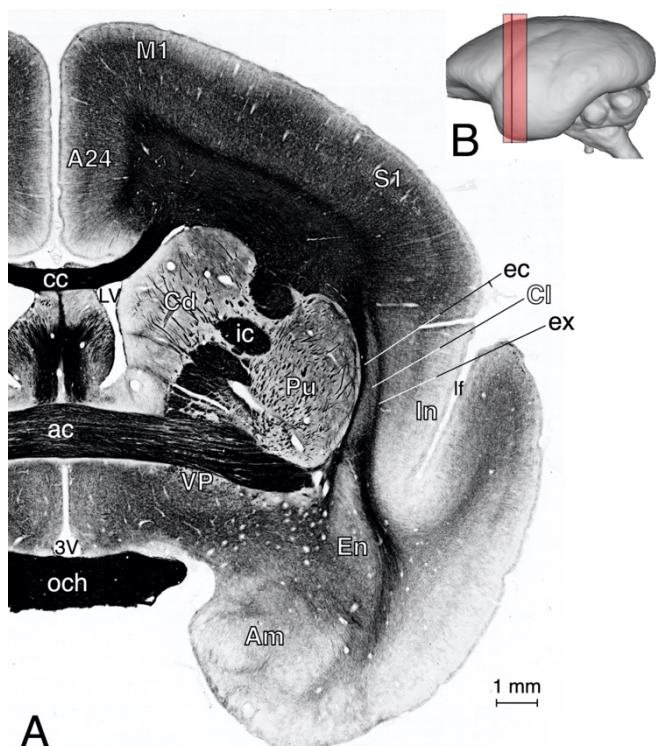
287 **2.5 Correlation of MRI and Histology Data**

288 Image registrations were performed using the Image Processing Toolbox (v9.2) of
289 Matlab. The blockface images were concatenated to yield an uncorrected 3D matrix,
290 and the R_1^{obs} map obtained at 7 T was registered linearly to the blockface reference
291 frame to control for potential misalignment of blockface sections. The low-resolution
292 histological sections were then registered linearly to the appropriate blockface volume
293 sections. The 3T MR parameter maps were registered non-linearly to the T_1^{obs} map at 7
294 T to account for inconsistent geometric distortions due to differences in the individual
295 magnetic field profiles of acquisitions from the different scanners.

296 As linear registration yielded insufficient accuracy for aligning the high-
297 resolution IOD maps with the MR data, the following non-linear procedure was
298 employed: (i) The IOD maps were downsampled (factor of 10) to 3.225 μm and
299 manually segmented into different gray matter (GM) and WM regions. Segmentation
300 was performed by drawing masks along tissue boundaries on highly magnified
301 images using GIMP 2.6.12 (<http://www.gimp.org>). (ii) The high-resolution 7T FLASH
302 images were registered non-linearly to the reference frame while preserving their
303 nominal resolution of 50 μm for sharp tissue boundaries. (iii) Slices of the 7T FLASH
304 dataset at positions matching those of the histology slices were segmented into the
305 same regions as done with the IOD maps. (iv) Segment maps of the histology data were
306 non-linearly registered to the corresponding segment maps of the 7T FLASH data. (v)
307 The resulting deformation fields were used to warp the IOD maps, which were
308 subsequently downsampled to 200 μm . The obtained segment maps were also used in
309 separate analyses of the quantitative MR parameters in GM and WM.

310 Voxel-by-voxel comparisons of co-registered histology and MR data were
311 limited to a single slice due to concerns of potential variation in the staining intensity
312 between slices (Laule *et al.*, 2006). Further quantitative comparisons of different MR
313 parameter maps were performed on the combined data from 21 consecutive coronal
314 sections (region indicated by a red box in the stereotaxic display in Figure 3). This stack

315 of sections also included the single section selected for the comparisons of histology
316 and MR results. To analyze averaged MR parameters in different anatomical
317 structures, segmentations were obtained with FSL 5.0 (Jenkinson *et al.*, 2012). The optic
318 chiasm was further segmented from other WM structures for additional investigations.



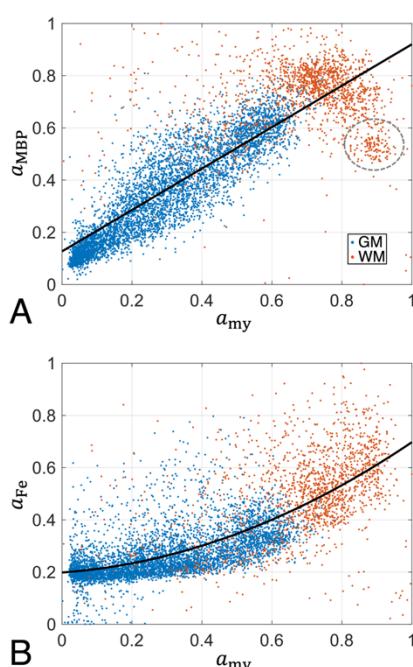
319
320 **Figure 3.** (A) High-resolution section of a coronal slice stained for myelin (Gallyas' silver stain). The
321 slice position is approx. +9.75 mm from the interaural line as marked by a solid line in the stereotaxic
322 view (B) [compare, *e.g.*, to Figs. 62a and 62 b in (Paxinos *et al.*, 2012) or Coronal Plane: Section 19 in
323 (Yuasa *et al.*, 2010)]. The red box indicates the position of 21 consecutive coronal slices selected for
324 further voxel-by-voxel correlations of different quantitative MRI parameters. Abbreviations: 3V = 3rd
325 ventricle; A24 = area 24; ac = anterior commissure; Am = amygdaloid nuclei; cc = corpus callosum; Cd =
326 caudate nucleus; Cl = claustrum; ec = external capsule; EN = endopiriform nuclei; ex = extreme capsule;
327 ic = internal capsule; Ins = insula; lf = lateral fissure; LV = lateral ventricle; M1 = primary motor cortex
328 (area 4); och = optic chiasm; Pu = putamen; S1 = primary somatosensory cortex (area 3b); VP = ventral
329 pallidum.

330 **3 Results**

331 **3.1 Histology**

332 All stains yielded stable colorations both across the sections and across the entire
333 volume at visual inspection. For WM areas of highest myelination, the digitization

334 revealed a coloration for the Gallyas silver stain that was close to complete opacity for
335 the procedure employed in the current work. These intensely stained areas showed
336 very low transmitted light intensities approaching the sensor's electronic noise level,
337 with corresponding IOD values of $A_{\text{my}} < 2$. An example is the optic chiasm shown in
338 Figure 3A. To correct for non-zero intensities caused by electronic noise, the minimal
339 brightness of the slice was defined as "pure back", and all intensity values were shifted
340 accordingly to compute corrected IOD maps.



341
342 **Figure 4.** Scatterplots illustrating histology results (normalized IOD) from two myelin stains and Perls'
343 stains for iron. Blue and red dots indicate voxels in GM ($n = 4,964$) and WM ($n = 1,538$), respectively.
344 Black solid lines show results from polynomial regression analyses. **(A)** A linear correlation of the two
345 myelin stains, $a_{\text{MBP}} = (0.856 \pm 0.012) \cdot a_{\text{my}} + (0.0953 \pm 0.0052)$, was obtained for $a_{\text{my}} < 0.77$.
346 Deviations from the regression line were evident for voxels in the highly myelinated optic chiasm (data
347 points enclosed by broken line), which were, therefore, eliminated from the analysis. **(B)** The relation
348 between a_{Fe} and a_{my} deviated from a linear behavior if GM and WM voxels were included in the same
349 analysis, yielding an approximately quadratic empirical relation with $a_{\text{Fe}} = (0.404 \pm 0.041) \cdot a_{\text{my}}^2 +$
350 $(0.095 \pm 0.037) \cdot a_{\text{my}} + (0.1985 \pm 0.0034)$.

351 Voxelwise correlations between the IODs corresponding to different stainings
352 are summarized in Figure 4. Note that these comparisons have an inherently limited
353 accuracy as the different stains were not obtained from identical but from adjacent
354 sections. While this contributes to the scatter in the correlations, in particular in regions
355 of anatomical boundaries, the effect is assumed to be of minor impact as the histology

356 data were downsampled to the much coarser resolution of the MRI acquisitions (200
357 μm) in these comparisons.

358 3.1.1 *Comparison of Myelin Stains: Gallyas vs. MBP*

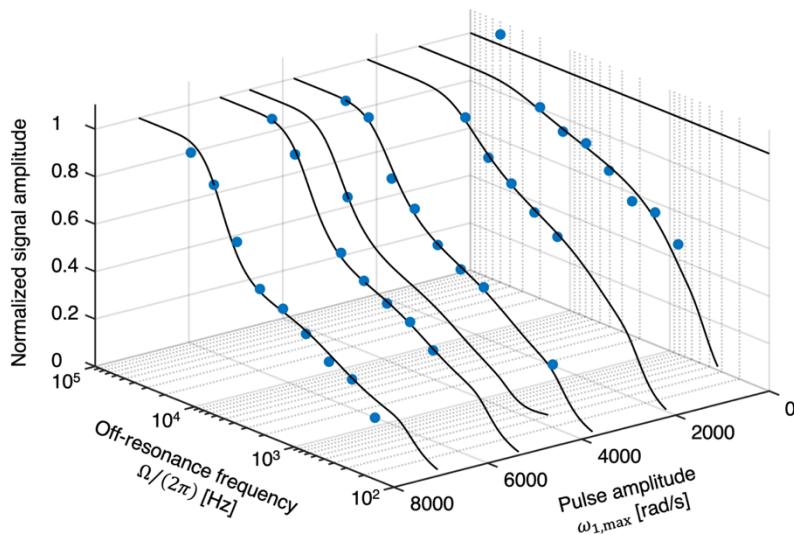
359 A comparison of the normalized IOD values of the two myelin stains revealed a
360 positive linear relation between a_{my} and a_{MBP} for values covering approximately three
361 quarters of the normalized range, $0 < a_{\text{my}} < 0.77$ (Figure 4A). Anatomical regions with
362 a_{my} values in this range included GM in addition to WM structures of medium or
363 lower myelination. In WM structures of highest myelination, such as the optic chiasm,
364 a deviation from the regression line was observed, with a_{MBP} values well below those
365 of a_{my} . This inconsistent behavior became particularly evident when GM and WM
366 regions were analyzed separately, yielding a strong positive correlation in GM
367 (Pearson correlation coefficient, $r = 0.894$; error probability $p < 0.001$, Bonferroni-
368 corrected; see Supplementary Table S1), but an insignificant correlation in WM ($r =$
369 0.041 ; $p = 0.112$, uncorrected). Due to the apparently more stable coloration across the
370 entire slice obtained with the silver stain, it was selected for the further analyses.

371 3.1.2 *Comparison of Myelin and Iron Stains*

372 A comparison of normalized IOD values of iron and myelin stains is presented in
373 Figure 4B. A similar behavior was found for a_{MBP} (not shown), however, with
374 increased variance compared to a_{my} , consistent with the results in Figure 4A. Overall,
375 a_{Fe} increased with increasing a_{my} , which could be fitted to an approximately quadratic
376 empirical relation. The observation of a relatively high iron content in WM structures
377 is in line with previous literature demonstrating that oligodendrocytes are the main
378 iron-containing cells in the adult brain (Möller *et al.*, 2019; Connor & Menzies, 1996).

379 **3.2 Quantitative MRI**

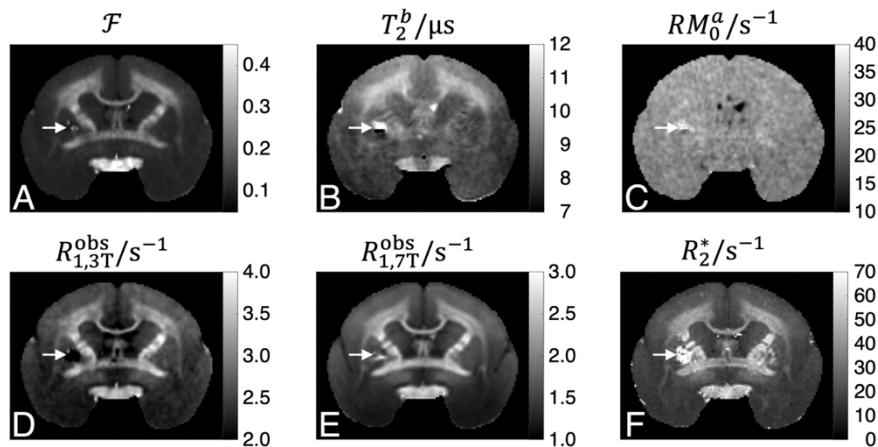
380 No indications of tissue degradation (*e.g.*, drifting or inconsistent MR parameters)
381 were observed during the experiments at 3 T and, subsequently, at 7 T. The MR images
382 showed a number of signal voids distributed over the entire volume, which were
383 probably caused by blood clots. The stack of slices used for comparisons of individual
384 MR parameters (Figure 3B) and the single slice used for correlations with histology
385 (Figure 3A) showed a single void located in the left putamen, which was masked out
386 in the quantitative analyses.



387
388 **Figure 5.** Experimental z-spectrum from a single WM voxel consisting of 37 samples remaining after
389 quality assurance (filled blue circles). The steady-state data were acquired with variation of the MT
390 pulse peak amplitude, $\omega_{1,\max}$, and off-resonance frequency, $\Omega/(2\pi)$ (see Table 1). Solid black lines show
391 fitting results based on the BSB model. The data are normalized to the maximum signal intensity
392 obtained by the fit in the displayed range (*i.e.*, the estimated intensity at 50 kHz off resonance).

393 Voxelwise fits of the BSB model to the qMT data yielded robust results (Figure
394 5), with only small variations of the estimated fitting errors across the entire volume.
395 Examples of various MR parameter maps are shown in Figures 6A–C. A good
396 differentiation of GM and WM regions was achieved with the pool-size ratio $\mathcal{F} =$
397 M_0^b/M_0^a , whereas the exchange-rate constant RM_0^a showed a limited dynamic range
398 and, hence, largely uniform intensity across the section. Substantial contrast inside the
399 optic chiasm was observed for the transverse relaxation time of the semisolid pool
400 (Figure 6B), with longer T_2^b in lateral regions as compared to the central part. The

401 contrast obtained with the relaxation parameters R_1^{obs} and R_2^* resembled that of \mathcal{F} with
 402 better SNR (Figures 6D–F). Compared to the 3T result, the R_1^{obs} maps obtained at 7T
 403 had a higher SNR and improved sharpness of tissue boundaries. Averaged values of
 404 MT parameters and results from R_1^{obs} and R_2^* mapping inside selected ROIs in cortical
 405 GM, subcortical GM and WM are summarized in Table 2.



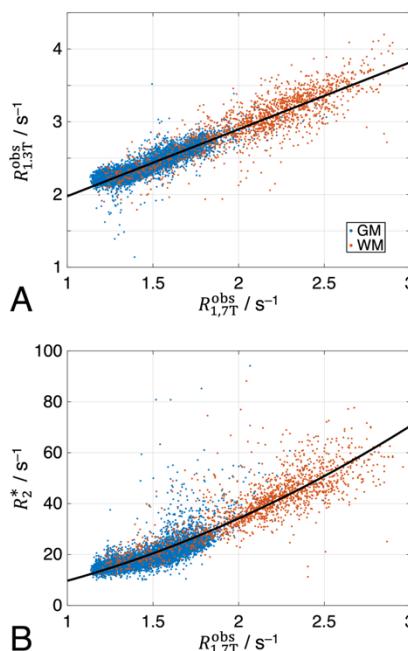
406 **Figure 6.** Maps of MT and relaxation parameters including (A) the pool-size ratio $\mathcal{F} = M_0^b/M_0^a$, (B) the
 407 transverse relaxation time of the semisolid pool T_2^b , and (C) the pseudo-first-order rate RM_0^a , as
 408 well as the observed longitudinal relaxation rate R_1^{obs} measured at (D) 3 T and (E) 7 T, and (F) the
 409 effective transverse relaxation rate R_2^* at 7 T. White arrows indicate the position of a signal void in the
 410 left putamen, probably due to a blood clot. It is surrounded by a hyperintense area on the R_2^* map
 411 because the associated field perturbation reaches out into the adjacent tissue. This region was masked
 412 out for the further analysis.

414 **Table 2.** Quantitative results [mean values plus/minus one standard deviation (SD) within the
 415 indicated ROI] from MT parameter fitting as well as measurements of the relaxation times T_1^{obs} (at 3 T
 416 and 7 T) and T_2^* . Abbreviations: Am = amygdaloid nuclei; cc: corpus callosum; cr = corona radiata; och,
 417 c = optic chiasm, central part; och, l = optic chiasm, lateral part; PaC = parietal cortex; Pu = putamen (see
 418 also Figure 3A).

| Region | \mathcal{F} | RM_0^a [s^{-1}] | T_1^a [ms] | T_2^a [ms] | T_2^b [μs] | T_1^{obs} | | T_2^* [ms] |
|--------|-----------------|---------------------------------|-----------------|-----------------|------------------------------|--------------------|--------------|-----------------|
| | | | | | | 3 T | 7 T | |
| PaC | 0.13 \pm 0.01 | 28.8 \pm 2.1 | 347 \pm 9 | 24.7 \pm 0.8 | 9.35 \pm 0.17 | 376 \pm 8 | 587 \pm 15 | 46.8 \pm 3.8 |
| Am | 0.10 \pm 0.00 | 24.9 \pm 1.2 | 423 \pm 11 | 30.9 \pm 1.3 | 8.45 \pm 0.17 | 448 \pm 11 | 832 \pm 25 | 64.7 \pm 9.7 |
| Pu | 0.11 \pm 0.00 | 27.3 \pm 1.4 | 372 \pm 11 | 27.8 \pm 0.9 | 8.37 \pm 0.17 | 392 \pm 9 | 637 \pm 21 | 43.7 \pm 7.4 |
| cc | 0.23 \pm 0.02 | 27.2 \pm 3.4 | 280 \pm 33 | 17.7 \pm 2.2 | 9.82 \pm 0.38 | 319 \pm 12 | 439 \pm 22 | 25.2 \pm 3.2 |
| cr | 0.28 \pm 0.01 | 28.2 \pm 1.4 | 246 \pm 10 | 14.0 \pm 0.5 | 10.44 \pm 0.25 | 302 \pm 8 | 440 \pm 15 | 22.8 \pm 1.5 |
| och, c | 0.45 \pm 0.04 | 25.9 \pm 1.7 | 201 \pm 14 | 11.2 \pm 0.7 | 9.27 \pm 0.32 | 286 \pm 5 | 395 \pm 16 | 17.9 \pm 2.0 |
| och, l | 0.43 \pm 0.04 | 25.6 \pm 1.7 | 207 \pm 15 | 11.4 \pm 1.3 | 10.77 \pm 0.32 | 280 \pm 6 | 395 \pm 17 | 21.7 \pm 1.0 |

419

420 A voxel-by-voxel comparison of R_1^{obs} values at the two field strengths yielded a
421 linear relation for the entire value range (*i.e.*, including all GM and WM voxels), with
422 rates measured at 3 T exceeding those at 7 T by 30–85% (Figure 7A and Table 2).
423 Plotting R_2^* (Figure 7B) as a function of R_1^{obs} demonstrated deviations from a common
424 regression line when including all tissue classes. Reasonable linear relations, $R_2^* =$
425 $(23.06 \pm 0.21) \cdot R_{1,7T}^{\text{obs}} - (14.25 \pm 0.32 \text{ s}^{-1})$ in GM and $R_2^* = (27.24 \pm 0.42) \cdot R_{1,7T}^{\text{obs}} -$
426 $(18.68 \pm 0.91 \text{ s}^{-1})$ in WM, were obtained in separate analyses of the two tissue classes
427 (Figure not shown).



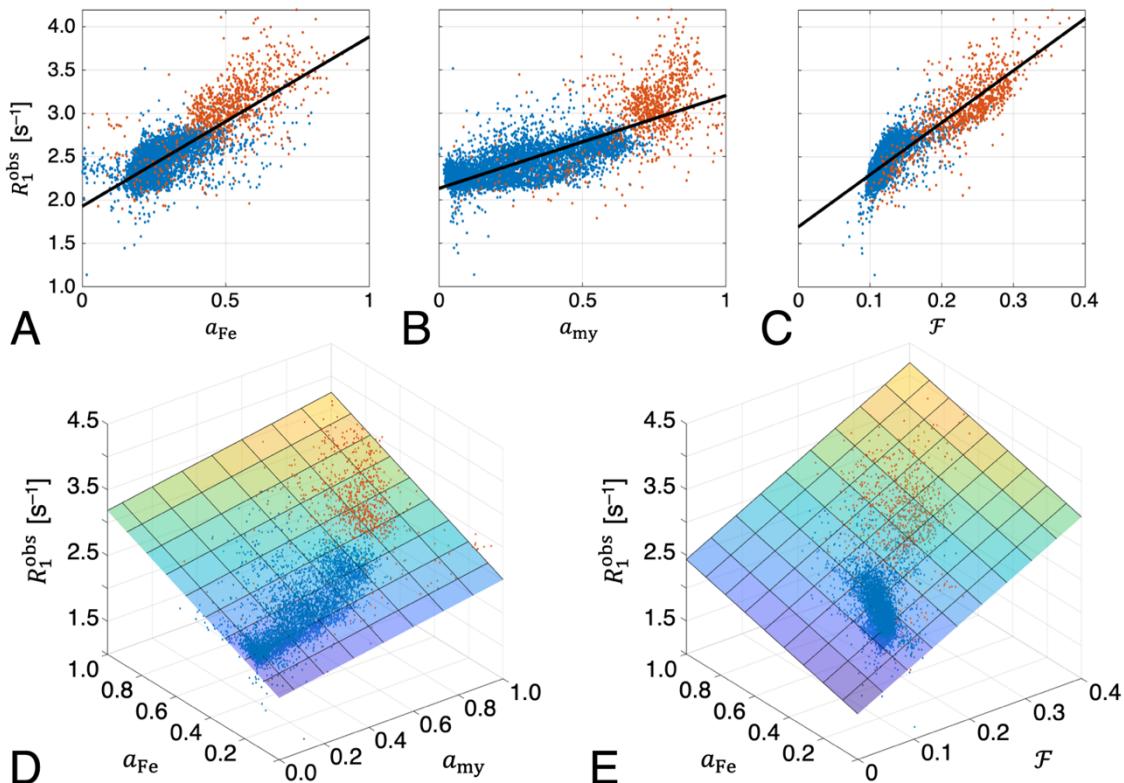
428
429 **Figure 7.** Scatterplots illustrating voxelwise comparisons of the myelin-sensitive MR parameters R_1^{obs}
430 at 3T and 7T and R_2^* at 7T. Blue and red dots indicate voxels in GM ($n = 4,964$) and WM ($n = 921$),
431 respectively (same locations as in Figure 4). Black solid lines show results from regression analyses: (A)
432 R_1^{obs} at the two field strengths were linearly correlated for the combined data from GM and WM, $R_{1,3T}^{\text{obs}} =$
433 $(0.9203 \pm 0.0086 \text{ s}) \cdot R_{1,7T}^{\text{obs}} + (1.056 \pm 0.015 \text{ s}^{-1})$. (B) The relation between R_2^* and R_1^{obs} (both measured at 7 T)
434 could be fitted to an approximately quadratic empirical relation, $R_2^* = (5.88 \pm 0.78 \text{ s}) \cdot (R_{1,7T}^{\text{obs}})^2 +$
435 $(6.8 \pm 2.9) \cdot R_{1,7T}^{\text{obs}} - (3.0 \pm 2.5 \text{ s}^{-1})$.

436 **Table 3.** Parameter estimates (\pm SD) from voxelwise univariate linear regressions according to $y(x) =$
 437 $c_1x + c_0$. Analyses were performed for the whole slice ($n = 5,885$ voxels) shown in Figure 3 and,
 438 separately, for masks including only GM ($n = 4,964$ voxels) or only WM ($n = 921$ voxels). Voxels in the
 439 optic chiasm were excluded.

| $y(x)$ | x | Whole slice | | GM mask | | WM mask | |
|--|-----------------|---------------------|-----------------------|-----------------------|-----------------------|---------------------|---------------------|
| | | c_1 | c_0 | c_1 | c_0 | c_1 | c_0 |
| a_{MBP} | a_{my} | 0.8555 \pm 0.0058 | 0.1052 \pm 0.0025 | 0.8906 \pm 0.0045 | 0.0887 \pm 0.0016 | -0.082 \pm 0.019 | 0.816 \pm 0.014 |
| \mathcal{F} | a_{my} | 0.1493 \pm 0.0018 | 0.08368 \pm 0.00078 | 0.05904 \pm 0.00095 | 0.1033 \pm 0.00033 | 0.1508 \pm 0.0068 | 0.1213 \pm 0.0050 |
| \mathcal{F} | a_{Fe} | 0.2745 \pm 0.0030 | 0.05468 \pm 0.00099 | 0.1327 \pm 0.0018 | 0.08546 \pm 0.00049 | 0.1701 \pm 0.0067 | 0.1446 \pm 0.0035 |
| RM_0^a/s^{-1} | \mathcal{F} | 16.04 \pm 0.59 | 24.68 \pm 0.086 | 27.2 \pm 1.0 | 23.39 \pm 0.13 | 19.2 \pm 1.1 | 23.67 \pm 0.26 |
| RM_0^a/s^{-1} | a_{my} | 4.43 \pm 0.11 | 25.29 \pm 0.049 | 5.41 \pm 0.11 | 25.07 \pm 0.037 | 4.14 \pm 0.38 | 25.08 \pm 0.28 |
| RM_0^a/s^{-1} | a_{Fe} | 6.04 \pm 0.21 | 25.06 \pm 0.069 | 6.39 \pm 0.23 | 24.98 \pm 0.064 | 5.58 \pm 0.38 | 25.27 \pm 0.20 |
| $R_{1,3\text{T}}^{\text{obs}}/\text{s}^{-1}$ | \mathcal{F} | 6.021 \pm 0.044 | 1.694 \pm 0.0064 | 7.161 \pm 0.071 | 1.561 \pm 0.0086 | 6.16 \pm 0.11 | 1.635 \pm 0.026 |
| $R_{1,3\text{T}}^{\text{obs}}/\text{s}^{-1}$ | a_{my} | 1.073 \pm 0.012 | 2.135 \pm 0.0051 | 0.7047 \pm 0.0087 | 2.217 \pm 0.0030 | 1.349 \pm 0.051 | 2.079 \pm 0.037 |
| $R_{1,3\text{T}}^{\text{obs}}/\text{s}^{-1}$ | a_{Fe} | 1.957 \pm 0.020 | 1.931 \pm 0.0065 | 1.346 \pm 0.017 | 2.068 \pm 0.0049 | 1.773 \pm 0.044 | 2.161 \pm 0.023 |
| $R_{1,7\text{T}}^{\text{obs}}/\text{s}^{-1}$ | \mathcal{F} | 6.095 \pm 0.044 | 0.7572 \pm 0.0064 | 7.124 \pm 0.072 | 0.6319 \pm 0.0089 | 4.832 \pm 0.097 | 1.054 \pm 0.023 |
| $R_{1,7\text{T}}^{\text{obs}}/\text{s}^{-1}$ | a_{my} | 1.135 \pm 0.011 | 1.186 \pm 0.0047 | 0.7596 \pm 0.0083 | 1.267 \pm 0.0029 | 1.146 \pm 0.041 | 1.338 \pm 0.030 |
| $R_{1,7\text{T}}^{\text{obs}}/\text{s}^{-1}$ | a_{Fe} | 1.997 \pm 0.019 | 0.9924 \pm 0.0063 | 1.369 \pm 0.017 | 1.121 \pm 0.0049 | 1.44 \pm 0.037 | 1.441 \pm 0.019 |
| R_2^*/s^{-1} | \mathcal{F} | 177.4 \pm 1.5 | -1.15 \pm 0.23 | 195.4 \pm 2.5 | -3.44 \pm 0.31 | 131.2 \pm 3.8 | 10.11 \pm 0.88 |
| R_2^*/s^{-1} | a_{my} | 30.67 \pm 0.40 | 12.18 \pm 0.17 | 16.64 \pm 0.31 | 15.23 \pm 0.11 | 31.5 \pm 1.4 | 17.6 \pm 1.0 |
| R_2^*/s^{-1} | a_{Fe} | 61.36 \pm 0.59 | 4.72 \pm 0.19 | 46.29 \pm 0.52 | 7.85 \pm 0.15 | 41.9 \pm 1.3 | 19.24 \pm 0.68 |

441 3.3 Correlation of MRI and Tissue Composition Data

442 The non-linear registration of the multi-modal images enabled a number of explorative
443 univariate analyses on a voxel level, which are summarized in Table 3 and
444 Supplementary Table S1. Strong positive correlations ($p \ll 0.001$, corrected) with a_{my}
445 were obtained for all proposed MR-derived myelin biomarkers R_1^{obs} ($r \geq 0.571$), \mathcal{F} ($r \geq$
446 0.531) and R_2^* ($r \geq 0.474$) in both GM and WM. Correlations of RM_0^a were weaker ($r \geq$
447 0.156) but still highly significant. The correlations with a_{MBP} were similar to those with
448 a_{my} in GM but partly negative or insignificant in WM, which was likely due to
449 inconsistent staining results in regions of highest myelination as mentioned above (see
450 Figure 4A). Furthermore, all MR parameters correlated with a_{Fe} yielding a similar
451 range of Pearson coefficients as obtained with a_{my} .

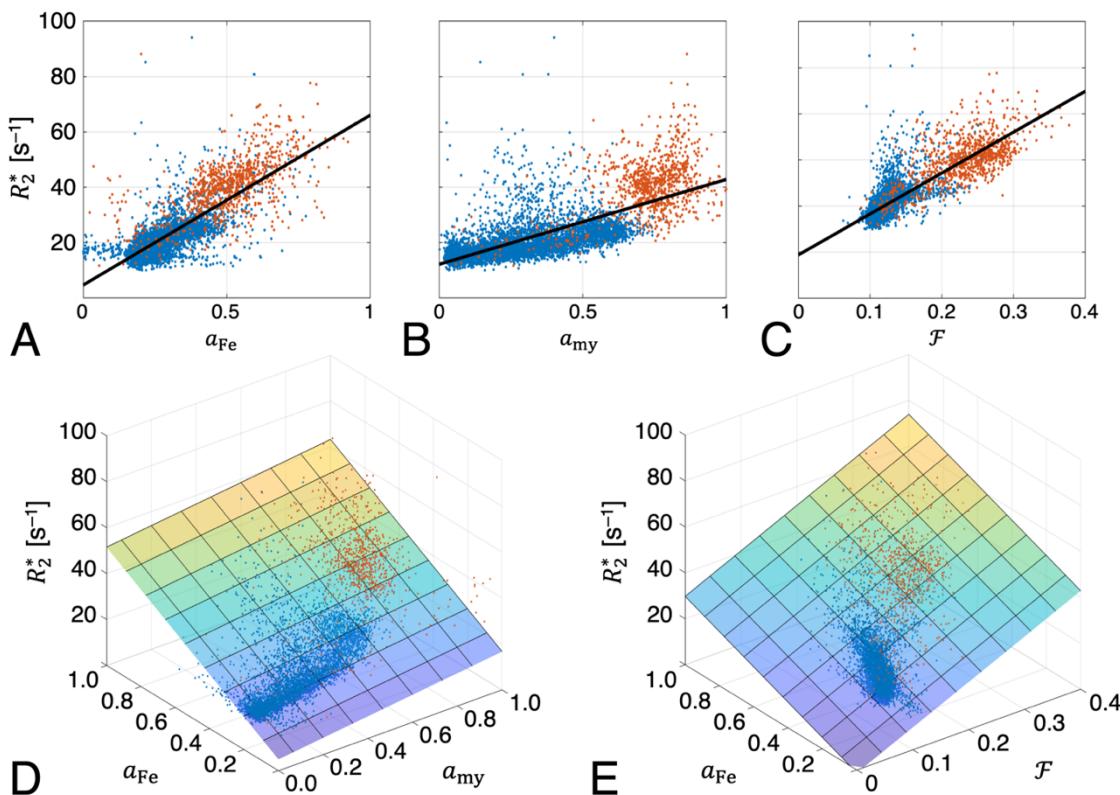


452
453 **Figure 8.** Scatterplots illustrating voxelwise comparisons of the MR relaxometry parameter $R_{1,3T}^{\text{obs}}$ and
454 histology results (normalized IOD) from iron and myelin staining as well as the pool-size ratio \mathcal{F} from
455 the MT experiment. Blue and red dots correspond to voxels in GM and WM, respectively. Consistent
456 results were also obtained with $R_{1,7T}^{\text{obs}}$. The top row shows results from univariate regressions of (A)
457 $R_{1,3T}^{\text{obs}}(a_{\text{Fe}})$, (B) $R_{1,3T}^{\text{obs}}(a_{\text{my}})$ and (C) $R_{1,3T}^{\text{obs}}(\mathcal{F})$. The bottom row shows corresponding bivariate regressions of
458 (D) $R_{1,3T}^{\text{obs}}(a_{\text{my}}, a_{\text{Fe}})$ and (E) $R_{1,3T}^{\text{obs}}(\mathcal{F}, a_{\text{Fe}})$ demonstrating significantly improved performance ($p \ll 0.001$,
459 corrected) compared to the univariate fits [$R_{1,3T}^{\text{obs}}(a_{\text{my}}, a_{\text{Fe}})$: $F \geq 1,667$; $R_{1,3T}^{\text{obs}}(\mathcal{F}, a_{\text{Fe}})$: $F \geq 1,097$].

460 Closer inspection of the correlations between the MR parameters R_1^{obs} and R_2^*
 461 and a_{my} indicated characteristic deviations from a straight line for the combined data
 462 from GM and WM, whereas the dependencies on a_{Fe} were reasonably well described
 463 by a common regression line for both segments (Figures 8A,B and 9A,B). Consistent
 464 with previous findings (Stüber *et al.*, 2014), improved descriptions (F -tests; $p < 0.001$,
 465 corrected) were obtained with bivariate linear regressions in most cases, according to:

466
$$y(a_{\text{my}}, a_{\text{Fe}}) = c_1^{\text{my}} a_{\text{my}} + c_1^{\text{Fe}} a_{\text{Fe}} + c_0 \quad \text{with} \quad y \in \{R_1^{\text{obs}}, R_2^*, \mathcal{F}, RM_0^a\}. \quad (5)$$

467 Table 4 summarizes the fitted linear coefficients c_1^{my} , c_1^{Fe} and c_0 . Apart from a scaling
 468 of the longitudinal relaxation rate reflecting field dependence (see Figure 7A), identical
 469 behavior was observed for $R_{1,3\text{T}}^{\text{obs}}$ and $R_{1,7\text{T}}^{\text{obs}}$.



470
 471 **Figure 9.** Scatterplots illustrating voxelwise comparisons of the MR relaxometry parameter R_2^* and
 472 histology results (normalized IOD) from iron and myelin staining as well as the pool-size ratio \mathcal{F} from
 473 the MT experiment. Blue and red dots correspond to voxels in GM and WM, respectively. The top row
 474 shows results from univariate regressions of (A) $R_2^*(a_{\text{Fe}})$, (B) $R_2^*(a_{\text{my}})$ and (C) $R_2^*(\mathcal{F})$. The bottom row
 475 shows corresponding bivariate regressions of (D) $R_2^*(a_{\text{my}}, a_{\text{Fe}})$ and (E) $R_2^*(\mathcal{F}, a_{\text{Fe}})$ demonstrating
 476 significantly improved performance ($p \ll 0.001$, corrected) compared to the univariate fits [$R_2^*(a_{\text{my}}, a_{\text{Fe}})$:
 477 $F \geq 688$; $R_2^*(\mathcal{F}, a_{\text{Fe}})$: $F \geq 1,665$].

478 **Table 4.** Parameter estimates (\pm SD) from voxelwise bivariate linear regressions according to
 479 $y(x_\alpha, x_\beta) = c_1^\alpha x_\alpha + c_1^\beta x_\beta + c_0$. Analyses were performed for the whole slice ($n = 5,885$ voxels) shown in
 480 Figure 3 and, separately, for masks including only GM ($n = 4,964$ voxels) or only WM ($n = 921$ voxels).
 481 Voxels in the optic chiasm were excluded.

| $y(x_\alpha, x_\beta)$ | x_α | x_β | Whole slice | | | GM mask | | | WM mask | | |
|--------------------------------|------------------|------------------|---------------------|---------------------|----------------------|---------------------|---------------------|-----------------------|---------------------|---------------------|---------------------|
| | | | c_1^α | c_1^β | c_0 | c_1^α | c_1^β | c_0 | c_1^α | c_1^β | c_0 |
| $R_{1,37}^{\text{obs}}/s^{-1}$ | a_{amy} | a_{Fe} | 0.568 \pm 0.014 | 1.244 \pm 0.024 | 1.9407 \pm 0.0057 | 0.467 \pm 0.014 | 0.834 \pm 0.027 | 2.0684 \pm 0.0062 | 0.883 \pm 0.058 | 1.485 \pm 0.058 | 1.668 \pm 0.044 |
| $R_{1,37}^{\text{obs}}/s^{-1}$ | \mathcal{F} | a_{amy} | 4.411 \pm 0.063 | 0.746 \pm 0.023 | 1.6598 \pm 0.0059 | 5.42 \pm 0.12 | 0.627 \pm 0.026 | 1.604 \pm 0.012 | 4.68 \pm 0.15 | 0.97 \pm 0.051 | 1.483 \pm 0.032 |
| $R_{1,37}^{\text{obs}}/s^{-1}$ | a_{amy} | a_{Fe} | 0.662 \pm 0.013 | 1.167 \pm 0.023 | 1.0037 \pm 0.0053 | 0.527 \pm 0.013 | 0.806 \pm 0.026 | 1.1218 \pm 0.0060 | 0.773 \pm 0.047 | 1.188 \pm 0.048 | 1.009 \pm 0.036 |
| $R_{1,27}^{\text{obs}}/s^{-1}$ | \mathcal{F} | a_{amy} | 4.378 \pm 0.062 | 0.795 \pm 0.022 | 0.753 \pm 0.0057 | 5.15 \pm 0.12 | 0.712 \pm 0.026 | 0.681 \pm 0.012 | 3.57 \pm 0.14 | 0.833 \pm 0.046 | 0.925 \pm 0.029 |
| $R_{2,2}^{\text{obs}}/s^{-1}$ | a_{amy} | a_{Fe} | 11.79 \pm 0.45 | 46.57 \pm 0.79 | 4.92 \pm 0.18 | 4.85 \pm 0.44 | 40.86 \pm 0.88 | 7.86 \pm 0.20 | 20.4 \pm 1.8 | 35.2 \pm 1.8 | 7.8 \pm 1.3 |
| $R_{2,2}^{\text{obs}}/s^{-1}$ | \mathcal{F} | a_{amy} | 110.4 \pm 2.1 | 31.06 \pm 0.76 | -1.32 \pm 0.20 | 106.0 \pm 3.9 | 32.22 \pm 0.86 | -1.21 \pm 0.39 | 91.4 \pm 5.6 | 26.3 \pm 1.9 | 6.0 \pm 1.2 |
| R^{obs}/s^{-1} | a_{amy} | a_{Fe} | 0.0774 \pm 0.0022 | 0.1775 \pm 0.0088 | 0.05601 \pm 0.0009 | 0.0306 \pm 0.0015 | 0.0985 \pm 0.0029 | 0.08550 \pm 0.00067 | 0.1086 \pm 0.0092 | 0.1347 \pm 0.0094 | 0.0840 \pm 0.0069 |
| RM_0^{obs}/s^{-1} | a_{amy} | a_{Fe} | 4.02 \pm 0.16 | 1.01 \pm 0.28 | 25.132 \pm 0.066 | 5.27 \pm 0.18 | 0.50 \pm 0.36 | 24.982 \pm 0.084 | 2.66 \pm 0.54 | 4.71 \pm 0.55 | 23.78 \pm 0.41 |

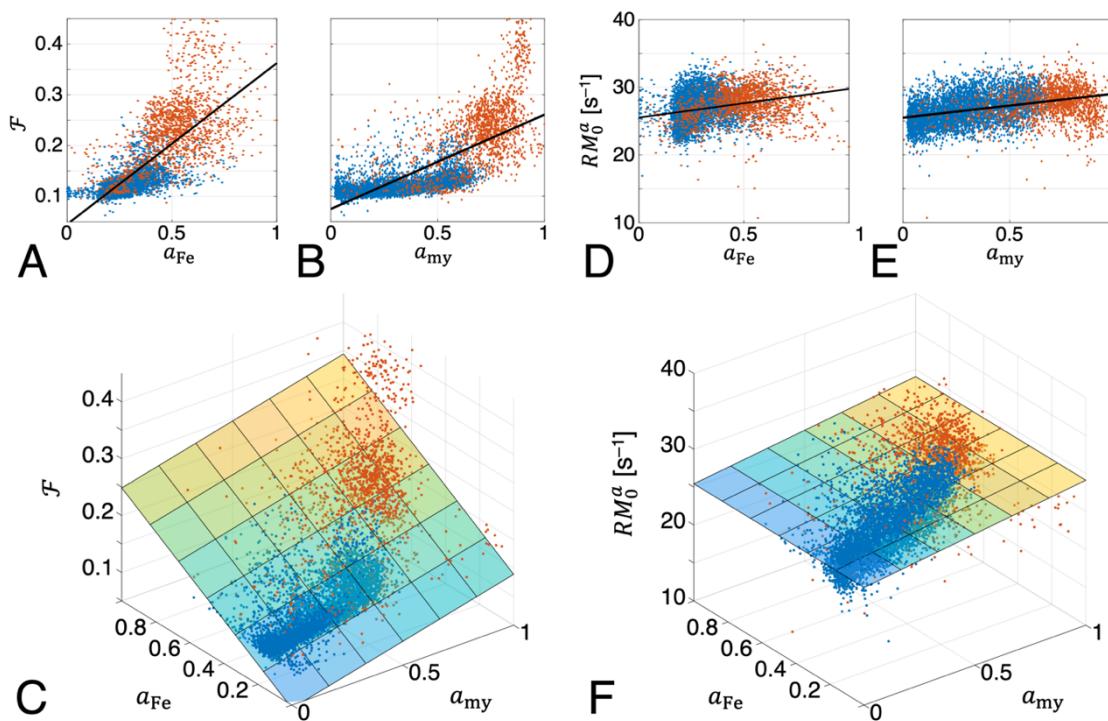
483 As the simple BSB model does not differentiate between multiple water
484 environments or between multiple macromolecular compartments, a four-pool model
485 was previously proposed for a more comprehensive characterization of brain tissue,
486 and in particular, WM (Barta *et al.*, 2015; Bjarnason *et al.*, 2005; Levesque & Pike, 2009;
487 Möller *et al.*, 2019; Stanisz *et al.* 1999). It suggests that \mathcal{F} depends—to first
488 approximation—on contributions from (non-aqueous) myelin and non-myelin dry
489 matter, $M_0^b = M_0^m + M_0^{nm}$, and from myelin water and intra-/extracellular water, $M_0^a =$
490 $M_0^{mw} + M_0^{iew}$. It is further convenient to define corresponding fractions of the total
491 tissue magnetization, $f^m = M_0^m / (M_0^a + M_0^b)$, $f^{nm} = M_0^{nm} / (M_0^a + M_0^b)$ and $f^a =$
492 $M_0^a / (M_0^a + M_0^b)$, and to express the normalized IOD (Eq. 4) obtained with the Gallyas
493 stain as $a_{\text{my}} = f^m / f_{\text{max}}^m$, which yields:

494
$$\mathcal{F} = \frac{M_0^m + M_0^{nm}}{M_0^{mw} + M_0^{iew}} = \frac{f_{\text{max}}^m}{f^a} a_{\text{my}} + \frac{f^{nm}}{f^a}. \quad (6)$$

495 As shown in Appendix A, this leads to an alternative bivariate relation with linear
496 coefficients c_1^a , c_1^{Fe} and c_0' ,

497
$$y(\mathcal{F}, a_{\text{Fe}}) = c_1^a \mathcal{F} + c_1^{\text{Fe}} a_{\text{Fe}} + c_0' \quad \text{with} \quad y \in \{R_1^{\text{obs}}, R_2^*\}, \quad (7)$$

498 in which the myelin-specific variable a_{my} in Eq. 5 is replaced by \mathcal{F} combining multiple
499 macromolecular contributions. Note that Eq. 7 was obtained assuming fast
500 intercompartmental water exchange. However, exchange is not sufficiently frequent
501 on the R_2^* time scale leading to a multiexponential decay (Du *et al.*, 2007), which cannot
502 be extracted from our measurement with only four gradient echoes. In case of R_2^* , Eq.
503 7 is, hence, only an empirical relation rather than a model result. Corresponding fits
504 for both relaxation rates are presented in Figures 8C and 9C (results included in Table
505 4). Compared to results obtained with Eq. 5, the root mean-squared error (RMSE)
506 decreased by 16%, 12% and 12%, and the proportion of the variance explained by the
507 model improved from 71% to 80%, from 76% to 81% and from 69% to 76% for $R_{1,3T}^{\text{obs}}$,
508 $R_{1,7T}^{\text{obs}}$ and R_2^* , respectively (Supplementary Table S2). This confirms better performance
509 achieved with \mathcal{F} comprising multiple water proton relaxants instead of a_{my} .

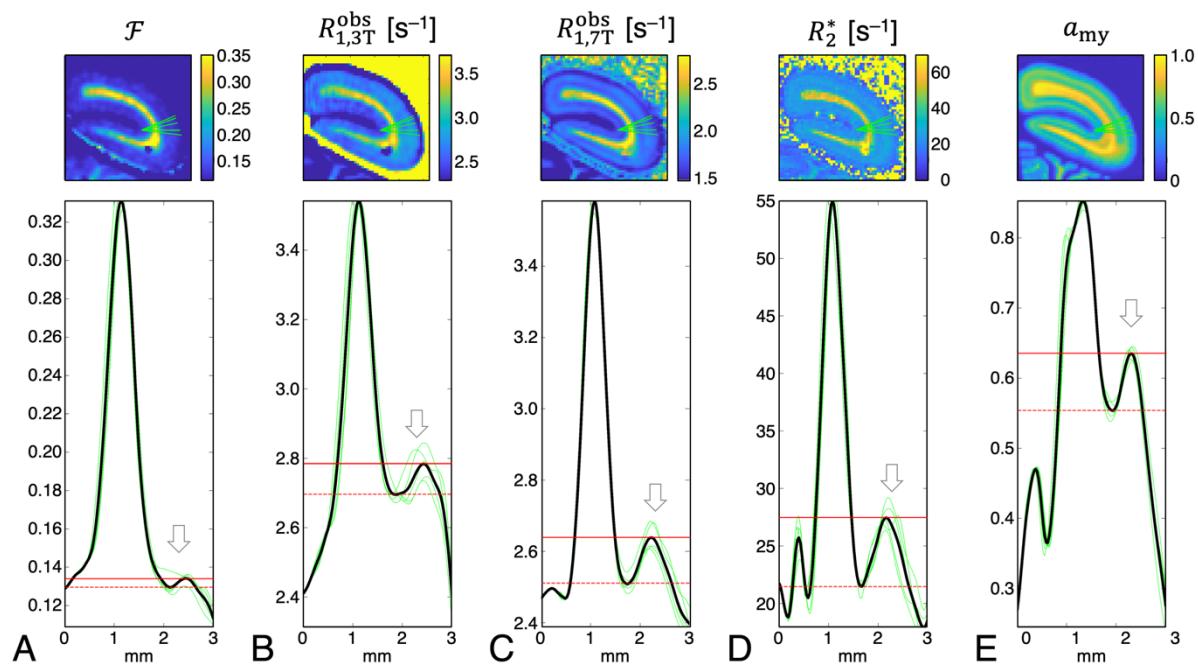


510

511 **Figure 10.** Scatterplots illustrating voxelwise comparisons of the MT parameters F (A–C) and RM_0^a (D–
 512 F) and histology results (normalized IOD) from iron and myelin stains. Blue and red dots correspond
 513 to voxels in GM and WM, respectively. The top row shows results from univariate regressions of (A)
 514 $F(a_{Fe})$ and (B) $F(a_{My})$ as well as (D) $RM_0^a(a_{Fe})$ and (E) $RM_0^a(a_{My})$. The bottom row shows corresponding
 515 bivariate regressions of (C) $F(a_{My}, a_{Fe})$ and (F) $RM_0^a(a_{My}, a_{Fe})$. Compared to the univariate fits,
 516 performance improved significantly ($p < 0.001$, corrected) for $F(a_{My}, a_{Fe})$ [$F = 2,137$ and 1,255
 517 compared to $F(a_{My})$ and $F(a_{Fe})$, respectively]. The improvement for $RM_0^a(a_{My}, a_{Fe})$ compared to
 518 $RM_0^a(a_{Fe})$ was less pronounced ($F = 627$, $p < 0.001$, corrected) and only marginal ($F = 13$, $p = 0.006$,
 519 corrected) when compared to $RM_0^a(a_{My})$.

520

521 A characteristic deviation from a common regression line as observed for the
 522 relaxation rates was also evident for the dependency of F on a_{My} upon including both
 523 GM and WM voxels. Surprisingly, we also obtained a similar dependency of F on a_{Fe}
 524 (Figure 10A). Finally, RM_0^a correlated linearly with both a_{My} and a_{Fe} , though without
 525 relevant deviations (within the experimental scatter) from common regression lines
 526 for the combined GM and WM data (Figures 10D,E). Similar to the relaxation rates,
 527 improved descriptions of F were obtained with bivariate linear regression according
 528 to Eq. 5 (Figure 10C), whereas a corresponding improvement was small for RM_0^a
 529 (Figure 10F). In particular, the additional consideration of a_{Fe} in $RM_0^a(a_{My}, a_{Fe})$ yielded
 530 very little improvement compared to a univariate relation $RM_0^a(a_{My})$ suggesting that
 any dependence of RM_0^a on iron content can only be weak.



531

532 **Figure 11.** Parameter maps (top row) from a ROI covering parts of the primary visual cortex (V1) and
 533 superpositions of profiles (bottom row; light green lines) of (A) \mathcal{F} , (B) $R_{1,3T}^{\text{obs}}$, (C) $R_{1,7T}^{\text{obs}}$, (D) R_2^* , and (E)
 534 a_{my} through V1 and adjacent WM. Solid black lines represent averages of the individual profiles.
 535 Positions corresponding to the profiles are indicated by green lines in the parameter maps. The location
 536 of the stria of Gennari on the myelin map is indicated by an arrow. The range of variation of the
 537 individual parameters between the local maximum inside the stria of Gennari and the local minimum
 538 at the GM/WM border is indicated by solid and broken red lines, respectively. The relative parameter
 539 variation along the cortical depth is largest for R_2^* , followed by $R_{1,3T}^{\text{obs}}$ and $R_{1,7T}^{\text{obs}}$ whereas the smallest range
 540 is obtained with \mathcal{F} .

541 Comparing the variations of the proposed myelin biomarkers \mathcal{F} and R_1^{obs} with
 542 the histology-derived measure a_{my} in GM, a larger (relative) dynamic range is obtained
 543 with R_1^{obs} as evidenced by profiles through the primary visual cortex and adjacent WM
 544 (Figure 11). The largest intracortical variability was obtained with, R_2^* (Figure 11D).
 545 This is likely due to the greater sensitivity to the presence of iron for R_2^* and R_1^{obs} and
 546 a presence of iron and myelin in the same voxel (Callaghan *et al.*, 2015; Draganski *et
 547 al.*, 2011; Duyn *et al.*, 2007; Helms *et al.*, 2008).

548 **4 Discussion**

549 **4.1 Comparison of the two Myelin Stains**

550 The mechanism of silver staining of myelin in formalin-fixed brain is assumed to
551 involve reactive foci that bind and reduce silver ions to form metallic clusters, which
552 are visible at microscopy (Larsen *et al.*, 2003; Uchihara, 2007). Such foci are
553 ubiquitously present in the myelin sheath. Similarly, MBP is evenly distributed
554 throughout compact myelin (Brunner *et al.*, 1989). Hence, both histology methods
555 should report on myelin content. Nevertheless, discrepancies in myelin staining
556 patterns obtained with Gallyas' method and with anti-MBP immunostaining (or other
557 techniques) have also been observed previously. This includes both GM [e.g., (Horton
558 & Hocking, 1997)] and WM [e.g., (Kozlowski *et al.*, 2008)] as well as a reduced power
559 of resolving fibers in myelin-dense areas with MBP staining in comparison to Gallyas'
560 method (Pistorio *et al.*, 2006). We note that MBP is located in the myelin main period
561 and that low-molecular mass dyes (e.g., antibodies to the MBP antigen) do not
562 penetrate the membranes in compact myelin but have to diffuse circumferentially to
563 reach the central laminae of the sheath (Georgi *et al.*, 2019; Labadie *et al.*, 2014). An
564 apparently reduced IOD observed with anti-MBP immunostaining in WM regions of
565 known high myelination might, therefore, reflect diffusion-limited access of the
566 antibodies with less efficient staining of central laminae during the staining procedure
567 due to later arrival times.

568 **4.2 MR Parameters as Biomarkers of Macromolecules and Iron**

569 Our results obtained from a large brain section replicate earlier findings in small tissue
570 specimens, namely bivariate relations between the relaxation rates R_1^{obs} and R_2^* and
571 measures of myelin and iron content (Stüber *et al.*, 2014). However, only the
572 dependencies on α_{Fe} could be approximated by a common regression line for GM and
573 WM, whereas differences between both tissue segments were evident for the

574 dependencies on a_{my} . This suggests (i) that a_{Fe} captures contributions from
575 paramagnetic relaxation enhancement reasonably well and (ii) that a restriction to only
576 myelin and iron does not achieve a sufficient explanation of the relaxation effects,
577 hinting at contributions from additional relaxants. Improved fits obtained after
578 replacing a_{my} by \mathcal{F} corroborate the hypothesis that R_1^{obs} is not uniquely specific to
579 myelination (and iron) but also impacted by other macromolecular factors, such as the
580 density of cells and neuropil. As an additional non-myelin dry-matter fraction was
581 particularly considered in the pool-size ratio in this analysis (Eq. 6), it further suggests
582 that \mathcal{F} obtained by qMTI is also not uniquely specific to myelination. In line with this
583 notion, we estimated values of $\mathcal{F} \geq 0.1$ (Figure 10B) even for very weakly myelinated
584 areas, such as cortical layer II (Niewenhuis, 2012, Tomassy *et al.*, 2014; Palomero-
585 Gallagher & Zilles, 2019), confirming that MT is not limited to myelin but includes
586 further contributions.

587 A ‘nonfreezing’ water component in biological tissues, characterized by slow
588 diffusion with decreased activation energy, is typically identified with a phase of
589 ‘bound water’ (i.e., hydration layers) in models of proton cross-relaxation (Bottomley
590 *et al.*, 1984; Escanyé *et al.*, 1984; Fullerton *et al.*, 1982; Koenig *et al.*, 1991). Recent
591 diffusion experiments suggest a substantial contribution from the myelin water
592 fraction (MWF) to the bound pool (Dhital *et al.*, 2016). However, myelin water alone
593 failed to account for all of the slowly diffusing component, leaving a portion of 31% in
594 WM that was assigned to water associated with other interfacial structures, which may
595 construct the non-myelin compartment probed in our experiments.

596 The assumption of a non-myelin macromolecular contribution to \mathcal{F} (and R_1^{obs})
597 is also in line with earlier observations of different GM/WM ratios derived from
598 different myelin-sensitive MRI techniques: Estimates of the MWF in human GM from
599 multi-exponential T_2 -decays were approximately 20% of the values in WM (Laule *et*
600 *al.*, 2007), and 34% in multi-exponential T_1 analyses (Labadie *et al.*, 2014). Note that
601 exchange effects cannot be neglected in longitudinal relaxation (Barta *et al.*, 2015) and

602 probably contribute to a higher MWF estimate in GM from inversion-recovery data.
603 On the T_2 time scale, the assumption of no water exchange between myelin and intra-
604 /extracellular spaces is reasonable although it may not hold for small, weakly
605 myelinated axons. Therefore, we expect an overall good specificity to the myelin
606 compartment for the MWF. For comparison, previous results for \mathcal{F} in human GM *in*
607 *vivo* were 53% of WM ([Sled *et al.*, 2004](#)) in agreement with our result of 51% in fixed
608 tissue (parietal cortex vs. corpus callosum and corona radiata, Table 2). This exceeds
609 typical ratios obtained with the MWF by more than a factor of two. The customary MT
610 ratio, defined as $MTR = 1 - S/S_0$, where S and S_0 are signal amplitudes measured,
611 respectively, with and without application of an MT saturation pulse, even yielded
612 69% in GM compared to WM in previous work ([Vavasour *et al.*, 1998](#)). Besides the
613 'true' MT contribution, which is extracted by a model fit to compute \mathcal{F} , the MTR
614 includes another contribution from direct saturation of the water resonance
615 ([Henkelman *et al.*, 2001](#)). This direct effect increases for longer T_1 , amplifying the MTR
616 of GM relative to WM. Consequently, the MTR may be a useful qualitative contrast
617 parameter but is rather limited for extracting quantitative information on
618 macromolecular content.

619 Further consistency checks are obtained from a closer inspection of the fitting
620 results for R_1^{obs} and \mathcal{F} :

621 (i) The ratios of the GM and WM slopes and intercepts from univariate fits of
622 $\mathcal{F}(a_{\text{my}})$ to Eq. 6 should be:

$$623 \quad \mathcal{F}(a_{\text{my}}): \quad \frac{c_{1,\text{GM}}}{c_{1,\text{WM}}} \approx \frac{f_{\text{WM}}^a}{f_{\text{GM}}^a} \quad \wedge \quad \frac{c_{0,\text{GM}}}{c_{0,\text{WM}}} \approx \frac{f_{\text{GM}}^{\text{nm}} f_{\text{WM}}^a}{f_{\text{WM}}^{\text{nm}} f_{\text{GM}}^a}, \quad (8)$$

624 if \mathcal{F} includes contributions from myelin and non-myelin dry matter with equal
625 weights. If the non-myelin compartment of WM has a similar composition as
626 that of GM ([Norton & Cammer, 1984](#)), we would expect $f_{\text{GM}}^{\text{nm}} \approx f_{\text{WM}}^{\text{nm}}$. While this
627 is likely an oversimplification, the difference between both fractions is probably
628 small (see Appendix B). The water content is reasonably consistent between

629 mammals and may be estimated from macaque data as $f_{GM}^a \approx 80\%$ and $f_{WM}^a \approx$
630 68% (Faas & Ommaya, 1968; Watanabe *et al.*, 1977). This leads to $f_{WM}^a/f_{GM}^a \approx$
631 $f_{GM}^{nm}f_{WM}^a/(f_{WM}^{nm}f_{GM}^a) \approx 0.85$, which agrees very well with the observed intercept
632 ratio, $c_{0,GM}/c_{0,WM} = 0.852$ (Table 3). However, the observed slope ratio,
633 $c_{1,GM}/c_{1,WM} = 0.392$, deviates from the prediction, which will be further
634 discussed below.

635 (ii) A comparison of Eqs. 5 and 7 (see Appendix A) yields $c_1^{\text{my}} = c_1^a(f_{\text{max}}^m/f^a)$, that
636 is, the ratio of the GM and WM slopes from bivariate fits of $R_1^{\text{obs}}(a_{\text{my}}, a_{\text{Fe}})$ to Eq.
637 5 should be:

$$638 R_1^{\text{obs}}(a_{\text{my}}, a_{\text{Fe}}): \quad \frac{c_{1,GM}^{\text{my}}}{c_{1,WM}^{\text{my}}} \approx \frac{f_{WM}^a}{f_{GM}^a}. \quad (9)$$

639 Similar to the result for $\mathcal{F}(a_{\text{my}})$, there is a relevant (though smaller) deviation
640 from the predicted value of 0.85: $c_{1,GM}^a/c_{1,WM}^a \approx 0.529$ / (Table 4). A potential
641 effect impacting the slopes (Eqs. 8 and 9) could be differences in the lipid
642 composition of GM and WM myelin. Galactolipids, which are more abundant
643 in WM than in GM, have been referred to as most ‘myelin-typical’ lipids
644 (Norton & Cammer, 1984) as their accumulation correlates with the rate of WM
645 myelination during brain maturation (Norton & Poduslo, 1973). They are
646 particularly effective in enhancing water proton relaxation and MT in
647 experiments with model membranes (Kucharczyk *et al.*, 1994). Therefore, a
648 potentially higher percentage of galactolipids in WM myelin might amplify the
649 slope in WM. However, this hypothesis is not supported by our results for the
650 exchange rates, RM_0^a , which could be fitted to a common regression line for GM
651 and WM (Fig. 10B). Alternatively, the deviating slopes might suggest different
652 sensitivities of the MT experiment to the myelin and non-myelin compartments.
653 Remarkably, previous multiparametric characterizations of bovine WM based
654 on a four-pool model yielded a more efficient MT exchange rate for the myelin

655 compartment than for the non-myelin compartment (Stanisz *et al.*, 1999;
656 Bjarnason *et al.*, 2005).

657 (iii) Fits of $R_1^{\text{obs}}(\mathcal{F}, a_{\text{Fe}})$ to Eq. 7 should have identical intercepts if further relaxants
658 besides macromolecules and iron are uniformly distributed among tissue
659 classes,

660
$$R_1^{\text{obs}}(\mathcal{F}, a_{\text{Fe}}): \quad \frac{c'_{0,\text{GM}}}{c'_{0,\text{WM}}} \approx 1, \quad (10)$$

661 in reasonable agreement with the average experimental results at 3 T and 7 T
662 ($c'_{0,\text{GM}}/c'_{0,\text{WM}} \approx 0.91 \pm 0.24$; Table 4).

663 Although previous work has shown that the presence of iron affects the MTR
664 (Smith *et al.*, 2009), experiments with the iron storage protein ferritin in model
665 solutions showed that this effect results from water proton T_1 changes rather than an
666 MT effect (Salustri, 1996). Similarly, neuromelanin, that also contains high iron loads,
667 decreased the MTR without an impact on the estimated macromolecular pool size
668 (Trujillo *et al.*, 2017). The observed correlations of \mathcal{F} and, to a lesser extent, of RM_0^a with
669 iron content are, thus, surprising as the pool sizes should not to be directly influenced
670 by iron stores. At the spatial resolution of our MRI experiments (200 μm), myelin and
671 iron are colocalized in the same voxel (Buzzi *et al.*, 1990; Duyn *et al.*, 2007; Lorio *et al.*,
672 2014; Morris *et al.*, 1992), which is reflected in our data in the correlation between a_{my}
673 and a_{Fe} (Figure 4B). Quantitatively, however, this colocalization did not explain the
674 variations of the MT parameters with a_{Fe} well. In this context, a consideration of the
675 different spatial scales of the experiment is important: Both longitudinal relaxation and
676 MT are mediated through dipole-dipole interactions between proton spins and act on
677 a molecular length scale (0.1–1 nm), whereas a cellular scale (1–10 μm) is relevant for
678 the heterogeneous iron distribution (Kiselev & Novikov, 2018). At the cellular level,
679 oligodendrocytes are the most heavily iron-storing cells, followed by microglia,
680 astrocytes and neurons, with approximately three quarters of the total iron being
681 contained in the cytoplasm and mainly localized in lysosomes (Meguro *et al.*, 2008;

682 Reinert *et al.*, 2019). At a subcellular level, iron accumulation was observed in the inner
683 and outer collars of the myelin sheath but not in compact myelin (Meguro *et al.*, 2008).
684 Considering this separation of iron stores and myelin on a micrometer scale, we may
685 assume that histochemical iron measures at the level of an MRI voxel are more
686 associated with membranes of (mostly glial) cell bodies or lysosomes than with myelin.
687 In turn, such a colocalization of iron and a non-myelin macromolecular compartment
688 could produce an apparent correlation of \mathcal{F} with a_{Fe} . We may further speculate that a
689 less efficient MT of non-myelin macromolecules may contribute to the deviations
690 observed for the slope ratios in Eqs. 8 and 9.

691 **4.3 T_2^b Contrast in the Optic Chiasm**

692 We have recently shown that MT imaging in cerebral WM, and in particular T_2^b , shows
693 an orientation dependence related to the cylindrical symmetry of the myelin
694 membranes enveloping axons (Pampel *et al.*, 2015). Previous work has established that
695 the marmoset chiasm is organized as in other primates and humans (Jeffery *et al.*,
696 2008): (i) Fibers from the lateral optic nerve (*i.e.*, projections from the temporal
697 hemiretina) pass directly (*i.e.*, without approaching the midline) through the lateral
698 chiasm toward the ipsilateral optic tract without a change in fiber order. (ii) Fibers from
699 the medial optic nerve (*i.e.*, projections from the nasal hemiretina) cross the midline in
700 the central chiasm toward the contralateral optic tract. Hence, fibers run in
701 approximately anterior-posterior direction in the lateral chiasm but in approximately
702 left-right (and right-left) direction in the central chiasm. Considering the specimen's
703 orientation in the magnet, fibers running through the lateral and central parts were
704 approximately at angles of, respectively, 40° and 90° relative to \mathbf{B}_0 . The estimated
705 resulting effect size is consistent with the experimental observation and explains the
706 distinct variation of T_2^b in the optic chiasm. According to previous work (Pampel *et al.*,
707 2015), this orientation effect should not lead to relevant deviations in \mathcal{F} and RM_0^a .

708 **Conclusions**

709 Voxel-level comparisons of relaxation rates and MT parameters with histochemical
710 myelin and iron stainings in a whole slice of fixed marmoset brain at high spatial
711 resolution demonstrate high correlations of \mathcal{F} , R_1^{obs} , and R_2^* with each other and with
712 the local myelin and iron content. This finding replicates previous results obtained
713 with either larger ROIs or smaller tissue sections of somewhat reduced variability in
714 the compositions. Correlations with the iron content were relatively well described by
715 the same linear dependence for the entire sample, whereas distinct differences were
716 evident in regressions with the myelin content in GM and WM. The combined results
717 suggest that the macromolecular pool impacting relaxation and MT consists of myelin
718 and non-myelin contributions with a more efficient contribution from the myelin
719 compartment. This might be related to the different lipid composition of the two pools,
720 such as, a higher content of galactolipids in myelin. Despite strong correlations of \mathcal{F}
721 and R_1^{obs} with a_{my} content, neither of the two parameters is uniquely specific to
722 myelination because of non-myelin contributions to both MRI-derived biomarkers.
723 Due to the further impact from iron, R_1^{obs} and R_2^* seem more sensitive for depicting
724 microstructural differences between cortical layers. Given that the macromolecular
725 pool is not exclusively from myelin, bias is expected for qMT-derived myelin
726 surrogates, such as MRI-based g -ratio measurements ([Stikov et al., 2015](#)).

727 **Appendix A Relation between \mathcal{F} and R_1^{obs}**

728 Consistent with previous work, we decompose brain tissue into myelin (m) and non-
729 myelin dry matter (nm) with proton equilibrium magnetizations M_0^m and M_0^{nm} ,
730 respectively, as well as water within the myelin sheaths (mw) and in the remaining
731 intra- and extracellular spaces (iew) ([Barta et al., 2015; Bjarnason et al., 2005; Levesque](#)
732 & [Pike, 2009; Möller et al., 2019; Stanisz et al. 1999](#)). Assuming that intra- and
733 extracellular water are indistinguishable by relaxometry, it is sufficient to consider

734 only two water compartments with proton equilibrium magnetizations M_0^{mw} and
735 M_0^{iew} , leading to the four-pool model expressed by Eq. 6. Note that \mathcal{F} becomes a linear
736 function of a_{my} if f^{nm} is approximately constant. For this case, the slope depends on
737 (i) the maximum myelination observed in the *sample*, f_{\max}^m , that is, a uniform constant
738 for all GM and WM voxels, and (ii) the *voxel's* water content, f^a , which reflects a *specific*
739 *tissue type*. In the limit of fast water exchange between the myelin and intra-
740 /extracellular compartments, R_1^{obs} can be written as a linear function of the tissue's
741 reciprocal water content (Fullerton *et al.*, 1982):

742

$$R_1^{\text{obs}} = c_1^a \frac{1}{f^a} + c_0^a, \quad (\text{A1})$$

743 in agreement with experimental results in model systems (Mezer *et al.*, 2013) and *in*
744 *vivo* (Gelman *et al.*, 2001). However, Eq. A1 does not consider iron-related relaxation,
745 which may be approximated by a separate linear term. With $f^a = (1 + \mathcal{F})^{-1}$, this leads
746 to the empirical relation (Callaghan *et al.*, 2015; Rooney *et al.*, 2009):

747

$$R_1^{\text{obs}} = c_1^a \mathcal{F} + c_1^{\text{Fe}} a_{\text{Fe}} + c_0', \quad (\text{A2})$$

748 where $c_0' = c_0^a + c_1^a$. Finally, upon insertion of Eq. 6, we obtain:

749

$$R_1^{\text{obs}} = c_1^a \frac{f_{\max}^m}{f^a} a_{\text{my}} + c_1^{\text{Fe}} a_{\text{Fe}} + c_1^a \frac{f^{nm}}{f^a} + c_0'. \quad (\text{A3})$$

750 A comparison of Eqs. 5 and A3 yields $c_1^{\text{my}} = c_1^a (f_{\max}^m / f^a)$ and $c_0 = c_0' + c_1^a (f^{nm} / f^a) =$
751 $c_0^a + c_1^a [1 + (f^{nm} / f^a)]$. Note that a uniform bivariate relation according to Eq. 5 with
752 identical relaxivities c_1^{my} for GM and WM would only result if the water content does
753 not differ between the tissue classes.

754 Appendix B Lipid Pools in GM and WM

755 According to Norton and Cammer (1984), fresh human WM contains roughly 300
756 mg/g dry matter with approximately equal myelin and non-myelin contributions and

757 700 mg/g water. Of the total water, about 100 mg/g are in the myelin and 600 mg/g in
758 the non-myelin compartment, yielding $MWF_{WM} \approx 0.14$. For simplicity, we further
759 assume that cross-relaxation effects, and hence, R_1^{obs} and \mathcal{F} , are dominated by
760 (membrane-bound) lipids rather than proteins (Koenig, 1991, Kucharczyk *et al.*, 1994;
761 Pampel *et al.*, 2015). Of the myelin solids, 30% are proteins and 70% or 105 mg/g are
762 lipids, whereas the lipid fraction of the total dry matter is 54.9% or 165 mg/g. This
763 suggests that myelin accounts for 64% of the lipids and non-myelin for the remaining
764 36% leading to $f_{WM}^m/f_{WM}^{nm} \approx 1.8$. Finally, galactolipids are specifically enriched in
765 myelin (Norton & Poduslo, 1983) and particularly efficient cross-relaxation sites
766 (Kucharczyk *et al.*, 1994). They contribute 27.7% of all myelin lipids and 26.4% to the
767 total WM lipid fraction, which corresponds to 29 mg/g and 43 mg/g, respectively.
768 Therefore, 67% of all WM galactolipids are in the myelin and 33% in the non-myelin
769 compartment. Fresh human GM contains about 820 mg/g water and 180 mg/g solids,
770 of which 32.7% or 59 mg/g are lipids. A contribution of 7.3% to the total lipid content
771 is from galactolipids, corresponding to 4.3 mg/g, which defines the maximum possible
772 galactolipid content of GM myelin. An alternative assumption of the same distribution
773 of galactolipids between myelin (67%) and non-myelin (33%) in GM as in WM would
774 lead to approximately 2.9 mg/g. If GM and WM myelin are of similar composition, we
775 expect that 27.5% of all lipids in myelin are galactolipids, and the limiting cases of 2.9–
776 4.3 mg/g computed above yield 10–15 mg/g myelin water and 15–22 mg/g myelin
777 solids (lipids plus proteins), of which 10–16 mg/g are due to myelin lipids. This leads
778 to $MWF_{GM} \approx 0.012–0.018$ and $f_{GM}^m/f_{GM}^{nm} \approx 0.20–0.37$. Further comparisons of the
779 estimates for GM and WM yield $MWF_{GM}/MWF_{WM} \approx 0.09–0.13$, $f_{GM}^m/f_{WM}^m \approx 0.10–0.15$,
780 and $f_{GM}^{nm}/f_{WM}^{nm} \approx 0.72–0.82$. Considering the variation of published values of the lipid
781 composition (Norton & Cammer, 1984; O'Brian & Sampson, 1965), we should consider
782 potential deviations from the above estimates in the order of 10% for the MWF and 25%
783 for the lipid fractions.

784 Data and code availability statement

785 Pre-processed MRI and histology raw data and derived MT and relaxometry
786 parameter maps will be made available upon acceptance at
787 <https://dataverse.harvard.edu/>. The pre-processing and analyses steps have been well
788 documented in the Methods section. If required, the Matlab scripts used for this
789 purpose can be made available upon request.

790 CRediT authorship contribution statement

791 **Henrik Marschner:** Methodology, Software, Formal analysis, Investigation, Data
792 curation, Writing – review & editing. **André Pampel:** Conceptualization,
793 Methodology, Software, Validation, Investigation, Writing – review & editing. **Roland**
794 **Müller:** Methodology, Investigation, Writing – review & editing. **Katja Reimann:**
795 Investigation, Data curation, Writing – review & editing. **Nicolas Bock:** Resources,
796 Writing - review & editing. **Markus Morawski:** Conceptualization, Resources, Writing
797 – review & editing. **Stefan Geyer:** Conceptualization, Resources, Writing – review &
798 editing. **Harald E. Möller:** Conceptualization, Methodology, Resources, Writing –
799 original draft, Writing – review & editing, Supervision, Project administration,
800 Funding acquisition.

801 Declaration of competing interest

802 The authors declare no competing interest.

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