

1 **The highly diverse and complex plasmid population found in *Escherichia coli***
2 **colonising travellers to Laos and their role in antimicrobial resistance gene**
3 **carriage**

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42

43 **Abstract**

44 Increased colonisation by antimicrobial resistant organisms is closely associated with
45 international travel. This study investigated the diversity of mobile genetic elements
46 involved with antimicrobial resistance (AMR) gene carriage in extended-spectrum
47 beta-lactamase (ESBL) -producing *Escherichia coli* that colonised travellers to Laos.
48 Long-read sequencing was used to reconstruct complete plasmid sequences from
49 49 isolates obtained from the daily stool samples of 23 travellers over a three-week
50 period. This method revealed a collection of 105 distinct plasmids, 38.1% of which
51 carried AMR genes. The plasmids in this population were diverse, mostly unreported
52 and included 38 replicon types, with F-type plasmids (n=22) the most prevalent
53 amongst those carrying AMR genes.

54 Fine-scale analysis of all plasmids identified numerous AMR gene contexts and
55 emphasised the importance of IS elements, specifically members of the IS6/IS26
56 family, in the creation of complex multi-drug resistance regions. We found a
57 concerning convergence of ESBL and colistin resistance determinants, with three
58 plasmids from two different F-type lineages carrying *bla*_{CTX-M} and *mcr* genes. The
59 extensive diversity seen here highlights the worrying probability that stable new
60 vehicles for AMR will evolve in *E. coli* populations that can disseminate
61 internationally through travel networks.

62

63 **Impact Statement**

64 The global spread of AMR is closely associated with international travel. AMR is a
65 severe global concern and has compromised treatment options for many bacterial
66 pathogens, among them pathogens carrying ESBL and colistin resistance genes.
67 Colonising MDR organisms have the potential to cause serious consequences.
68 Infections caused by MDR bacteria are associated with longer hospitalisation, poorer

69 patient outcomes, greater mortality, and higher costs compared to infections with
70 susceptible bacteria.

71 This study elucidates the numerous different types of plasmids carrying AMR genes
72 in colonising ESBL-producing *E. coli* isolates found in faecal samples from in
73 travellers to Vientiane, Laos. Here we add to known databases of AMR plasmids by
74 adding these MDR plasmids found in Southeast Asia, an area of high AMR
75 prevalence. We characterised novel AMR plasmids including complex ESBL (*bla*_{CTX-}
76 _M) and colistin (*mcr*) resistance co-carriage plasmids, emphasising the potential
77 exposure of travellers to Laos to a wide variety of mobile genetic elements that may
78 facilitate global AMR spread. This in-depth study has revealed further detail of the
79 numerous factors that may influence AMR transfer, therefore potential routes of AMR
80 spread internationally, and is a step towards finding methods to combat AMR
81 spread.

82

83 **Data Summary**

84 Long-read sequencing data is available through National Center for Biotechnology
85 Information under the BioProject PRJNA853172. Complete plasmid sequences have
86 been uploaded to GenBank with accession numbers in supplementary S1. The
87 authors confirm all supporting data, code and protocols have been provided within
88 the article or through supplementary data files.

89 **Introduction**

90 Infections caused by antimicrobial-resistant organisms are harder to treat, lengthen
91 hospital stays, increase mortality rates, and place a significant financial burden on
92 healthcare institutes (1). It is increasingly important to characterise the mechanisms
93 that allow antimicrobial resistance (AMR) to spread worldwide, compromising
94 treatment options for many bacterial pathogens. The rapid spread of AMR has been
95 closely associated with international travel (2-5). Clinically relevant AMR
96 determinants are commonly found in Gram-negative bacteria colonising travellers
97 returning from regions with highest AMR prevalence, including South-East Asia (3, 6,
98 7).

99 *Escherichia coli*, a Gram-negative human gut commensal and opportunistic
100 extraintestinal pathogen, is an important vector for AMR (8, 9). As exemplified by
101 pandemic multi-drug resistant (MDR) lineages such as ST131 (10, 11), *E. coli* is
102 capable of acquiring and maintaining multiple AMR determinants and exhibiting
103 resistance to multiple classes of antibiotics. The presence of combinations of AMR
104 genes can significantly impact therapeutic options. The limited treatment options for
105 ESBL-resistant organisms make these a cause of concern. Colistin is a last-resort
106 antibiotic included in the Reserve category of the WHO Essential Medicines List
107 (12). In *E. coli* and other Gram-negative bacteria, carriage of both colistin resistance
108 genes and production of extended spectrum beta-lactamases (ESBLs) is concerning
109 as it suggests a potentially stable environment for the accumulation of further
110 resistance, for example, carbapenems, severely limiting treatment options (9, 13,
111 14). ESBL resistance genes, including *bla*_{CTX-M} variants, and *mcr* genes that confer
112 colistin resistance are commonly found in *E. coli* carried by returning travellers (3, 6,
113 7, 15). AMR genes can move intra- or inter-cellularly and accumulate at single sites
114 in association with mobile genetic elements (MGEs) (16-19). Plasmids are
115 extrachromosomal genetic elements that can transfer horizontally between bacteria

116 of the same or different species and are strongly associated with the spread of AMR
117 (20, 21) . In *E. coli* and other members of the Enterobacteriales, AMR genes have
118 been found in many different plasmid types (20). Reports of epidemic and
119 internationally-distributed plasmids (22-24), highlight the threat successful plasmid
120 lineages pose and the importance of understanding the mechanisms by which they
121 acquire and accumulate AMR genes.

122 We recently characterised the dynamics of acquisition of multi-drug resistant Gram-
123 negative organisms in real time during travel to Vientiane, Laos. These MDR Gram-
124 negative organisms had a surprisingly high co-prevalence of ESBLs and colistin
125 resistance genes (7). Here we explore the pattern of AMR carriage and context in *E.*
126 *coli* from that cohort using long-read sequencing to understand the contexts of AMR
127 genes and the role of MGEs, particularly plasmids, in the acquisition of drug-resistant
128 *E. coli* by travellers to a region of high AMR prevalence. The 49 representative
129 isolates selected for long-read sequencing in this study were collected on a daily
130 basis in an area of high AMR prevalence, enabling continuous monitoring of the
131 drug-resistant *E. coli* that colonised study participants. Continuous sampling
132 facilitated the examination of common and circulating plasmids in the *E. coli*
133 population, across a variety of sequence types (STs) and at different study time
134 points. Our data shows the diversity and widespread distribution of numerous distinct
135 AMR plasmids acquired by these travellers in Vientiane, Laos and the multiple
136 different potential routes of AMR spread by plasmids and highlighted the complex
137 nature of plasmids carrying both ESBL resistance and *mcr* genes.

138

139 **Methods**

140 Study design and Sample source

141 The *E. coli* isolates used here were collected as part of a study (7) looking at the
142 dynamics of gut colonisation of 21 volunteers attending a medical course in
143 Vientiane, Laos. Faecal samples were taken daily during the 22-day period. Samples
144 were processed, shipped, stored and handled as previously described in Kantele et
145 al (7). Here ESBL-positive isolates were cultured from faecal samples after initial
146 screening on CHROMagar ESBL agar plates (CHROMagar, Paris, France) at the
147 Microbiology Laboratory of Mahosot Hospital, Vientiane, Laos and after
148 transportation further screened with chromID ESBL chromogenic medium
149 (bioMérieux) by University of Helsinki, Helsinki, Finland (7). These ESBL isolates (7)
150 were used in this study. In order to explore the pattern of AMR in this traveller
151 dataset and the role of MGEs we prepared hybrid assemblies and annotated plasmid
152 sequences identified to locate resistance genes and potential routes for spread.

153

154 Selection of *E. coli* isolates for MinION Sequencing

155 Whole genome sequences of 306 ESBL-positive Gram-negative isolates from the
156 Laos study were previously generated (7) and are available under NCBI BioProject
157 accession number PRJNA558187. Illumina-generated whole genome sequences of
158 *E. coli* isolates (n=219) were sequence typed using mlst (v2.15)
159 (<https://github.com/tseemann/mlst>). Isolates were selected for MinION sequencing
160 (n=49) by deduplication of longitudinal patient samples, and by using abricate
161 (v.0.8.10) (<https://github.com/tseemann/abricate>) to identify unique elements such as
162 plasmid replicons (plasmidfinder (v.0.8.10)) and antibiotic resistance genes
163 (resfinder (v.0.8.10)) (36) from the short read assemblies generated with SPAdes (v.
164 3.13.0).

165

166 DNA Extraction and Sequencing

167 *E. coli* were cultured overnight on UTI Chromogenic agar (Sigma) at 37°C. After
168 purity checks single colonies were subcultured overnight in LB Broth (Miller)
169 (shaking, 37 °C). For the majority of isolates DNA was extracted using Monarch
170 Genomic DNA Extraction kit (NEB), but in some instances a lower quantity and
171 quality yield was obtained. In these instances, we noticed atypical precipitates and
172 opted for extraction using phenol chloroform with Cetyltrimethylammonium bromide
173 (CTAB). The extracted DNA was sequenced over 4 runs MinION (Oxford Nanopore
174 Technology), using R9.4.1 flow cells. Three runs were prepared using Ligation
175 Protocol (LSK-SQK109), and one run with the Rapid Barcoding Sequencing Kit
176 (SQK-RBK004), with both protocols modified to a one-pot implementation.

177

178 Long read sequencing analysis

179 Data was basecalled using Guppy (v0.5.1)
180 (<https://github.com/nanoporetech/pyguppyclient>). The quality of the data was
181 examined using NanoPlot (v1.28.2) (25). In read files where coverage was high,
182 filtlng (>100X) (v0.2.0) (<https://github.com/rrwick/Filtlong>) was used to select the
183 best-read files available and the coverage was limited to 100X. Barcodes were
184 trimmed using qcat (v1.0.1) (<https://github.com/nanoporetech/qcat>). Hybrid
185 assemblies using the Illumina reads were created with Unicycler (v0.4.7) (26) and
186 visualised in Bandage (v.0.8.1) (27). In some instances, Unicycler was unable to fully
187 resolve the assembly; in these cases we took a long-read first approach, using Flye
188 (v2.6) (28) to assemble the long read set into a gfa file that was then provided to the
189 Unicycler pipeline. Assemblies were analysed using abricate (v.0.8.10) with the
190 resfinder (29, 30) and plasmidfinder databases (31). TigSPLIT
191 (<https://github.com/stevenjdunn/TigSPLIT>) was used to extract contigs, allowing
192 detailed analysis of the location of plasmid replicons in relation to resistance genes
193 present in each isolate.

194

195 **Analysis of plasmids sequences**

196 Plasmid contigs were annotated using Prokka (v1.14.6) (32). abricate (v.0.8.10) was
197 used to identify plasmid replicons with the PlasmidFinder database and AMR genes
198 were identified with Resfinder (85% coverage and identity cut offs). In situations
199 where plasmidfinder did not provide a type, plasmid contigs were compared to
200 known plasmid replicons for type assignments. Where possible, plasmid replicons
201 were sub-typed using the PubMLST database (<https://pubmlst.org/>) (33, 34).
202 Snapgene (v5.2.4) was used to visualise Prokka-annotated plasmid contigs.
203 ISFinder (35) was used to identified insertion sequence (IS) elements. NCBI BLAST
204 (v2.5.0+) was used to compare plasmids to reference plasmids (Supplementary S2).
205 The NCBI non-redundant nucleotide database was queried with BLASTn to
206 determine whether plasmids identified here had been seen elsewhere. BLASTn and
207 tBLASTn were used to compare similar plasmid regions and to identify homologs of
208 known plasmid genes. Mashtree (v1.2.0) (36) and Panaroo (v1.2.3) (37) were used
209 to compare plasmids. ISEScan (v.1.7.2.3) was used to quantify IS elements in
210 plasmid assemblies at an element-family level (38).

211

212 **Identification of small plasmids from Illumina dataset**

213 NCBI BLAST (v2.5.0+) was used to search draft genomes for plasmid-specific 100
214 bp signature sequences (Supplementary S3), as described previously (22). This
215 facilitated the detection of specific plasmid lineages whether they were represented
216 by single or multiple contigs in the Illumina dataset (7).

217

218 **Results**

219 **Isolates from Laos contain a broad diversity of plasmids and resistance genes**

220 A total of 163 complete plasmids were obtained from the hybrid-assembled genomes
221 of 49 *E. coli* isolates that colonised 21 participants and their contacts
222 (Supplementary S4). Isolates harboured 1 to 8 plasmids each, except for a single
223 ST1722 isolate that did not contain any plasmids. The 163 plasmids were typed by
224 size, replicon type and AMR gene carriage, and identical or almost-identical
225 plasmids (Table S3) were deduplicated, resulting in a total of 105 distinct plasmids.
226 These 105 plasmids were named pLAO1-pLAO105 (Supplementary S1 and S4) and
227 ranged in size from 1,531 – 259,739 bp, with around half (53.3%, n=56) smaller than
228 25 kb. Forty of the 105 plasmids (38.1%) contained one or more AMR genes.
229 Plasmids that did not carry AMR genes were generally smaller (mean size: 23,554
230 bp), than those that did (mean size: 97,260 bp). However, pLAO10 (GenBank
231 accession OP242224), pLAO78 (OP242289) and pLAO84 (OP242239) are notable
232 ColE1-like plasmids that carry 1-5 AMR genes each and range in size from just
233 5,540 bp to 22,368 bp (Table S4).

234
235 Thirty-eight different replicon types were identified in the collection of 105 plasmids.
236 Types present amongst small plasmids included: theta-replicating plasmids that
237 initiate replication with RNA primers (θ -RNA, n=26) or replication proteins (θ -Rep,
238 n=9), rolling-circle plasmids (n=6), and Q-type plasmids that replicate by strand-
239 displacement (n=3). Amongst large plasmids (>25 kb), F-types (n=22) were
240 dominant, and their replicons were sub-typed using the PubMLST database
241 (Supplementary S4). Other large plasmids include phage-plasmids (n=9, including Y
242 or p0111 types) and X-types (n=5). Nine large plasmids were co-integrates, which
243 included multiple replicons of disparate types and all contained one or more AMR
244 genes (Figure 1). Ten plasmids could not be assigned a type (Figure 1). In total,
245 76.3% (n=29) of plasmid types contained AMR genes, with the most prevalent being
246 FII-46:FIB-20 (n=4), X1 (n=3), θ -RNA (n=3), FII-2 (n=2), FII-46:FIB-10 (n=2), p0111

247 (n=2) and Y (n=2) (Figure 1, Supplementary S4). AMR plasmids were present across
248 all participants throughout the study (Supplementary S4 & S5), with carriage
249 occurring sporadically and transiently during the study period.

250

251 We found evidence suggesting the circulation of plasmids within Lao *E. coli* in the
252 traveller population. One example, the ColE1-like plasmid pLAO84 (GenBank
253 accession: OP242239), which carries the tetracycline resistance determinant *tet*(A),
254 was found in the complete genomes of *E. coli* of two different STs, ST195 and ST34,
255 that were acquired by two different participants (Pt33 and Pt40). Mapping Illumina
256 reads against the complete pLAO84 sequence confirmed plasmid circulation, with its
257 complete or fragmented sequence detected in seven additional *E. coli* isolates
258 (Supplementary S6). These isolates were obtained from six different participants
259 (including Pt33 and Pt40) over a 10-day period. Another example of a potential
260 circulating plasmid, the Q1 plasmid pLAO60 (GenBank accession OP242237) that
261 carries aminoglycoside and beta-lactam resistance genes (Table S4), was present in
262 the complete genome of the ST542 isolate (LA124) and in one genome (LA230) in
263 the wider Illumina dataset (Supplementary S4 & S7). The LA230 isolate Q1 plasmid
264 was missing a 101 bp segment that was likely lost in a homologous recombination
265 event.

266

267 Another notable finding was the presence of phage and virulence plasmids in this
268 collection. A Y-type phage-plasmid, pLAO59 (GenBank accession OP242238),
269 appears to have lost key genes for phage body synthesis, potentially in deletion
270 events mediated by IS_{Kpn}26 and IS1294, and instead carries genes that confer
271 resistance to six antibiotic classes and genes that confer resistance to mercury,
272 copper, and silver (Supplementary S8). The FII-18:FIB-1 pLAO32 is related to the
273 colicin V (ColV) virulence-resistance plasmid pCERC3 (39) and contains virulence

274 genes, including those for the aerobactin and Sit siderophore systems, in addition to
275 multiple drug resistance genes (Supplementary S8), but lacks the genes for ColV.

276

277 **Variation within individual plasmid types, with diverse and complex resistance**
278 **regions**

279 In addition to the variety of different plasmid types, long-read sequence data allowed
280 us to observe diversity amongst plasmids of the same type (Supplementary S4-S9).
281 There was considerable genetic diversity in plasmids carrying the FII-2 replicon
282 (Figure 2). FII-2 plasmids pLAO44 (GenBank accession OP242233) and pLAO37
283 (OP242229) in ST69 and ST101 strains only contained FII-2 replicons, while FII-2
284 plasmid pLAO82 (OP242230) in an ST34 isolate carried an additional θ -RNA
285 replicon and plasmids pLAO100 (ST40, OP242240) and pLAO103 (ST457,
286 OP242243) carried an additional FIB-10 replicon (Figure 2 & 3). Diversity also
287 occurred in the resistance regions of these plasmids (Figure 2 & Supplementary S9).
288 FII-2 plasmids carried multiple resistance genes, including various combinations of
289 *bla*_{CTX-M-27}, *bla*_{CTX-M-55} and *mcr-3.4* (Figure 2 & 3). Plasmid types FII-2 (pLAO37), FII-
290 2: θ -RNA (pLAO82) and FII-46:FIB-like (pLAO69, OP242232) incorporated resistance
291 regions with an accumulation of multiple resistance genes and co-carriage of *mcr*
292 and *bla*_{CTX-M} genes (Figure 3B). FII-2: θ -RNA, pLAO82, demonstrated even more
293 complexity with further accumulation of resistance genes as it also carried an
294 additional *mcr-3.4* located between copies of IS26 and ISKpn40 (Figure 3). There is
295 widespread global distribution of the resistance regions found in these FII-2 plasmids
296 which have been identified in multiple countries, some of which are not close to Laos
297 (Supplementary S10). We found no link between the ST of the isolate and the type
298 of plasmid AMR genes carried by that ST (Figure 3A).

299

300 **Co-carriage of *bla*_{CTX-M} and *mcr* genes occurs in multiple resistance region**

301 **configurations**

302 Three plasmids in this collection carried both *bla*_{CTX-M} and *mcr* genes (Figure 3B). All
303 three *bla*_{CTX-M}/*mcr* co-carriage plasmids were F-types, but they differed in size and
304 plasmid replicon type. The 98,237 bp plasmid, pLAO37, carried only an FII-2 replicon
305 and was found in five ST101 *E. coli* isolates. The 110,949 bp pLAO82, was a multi-
306 replicon co-integrate plasmid carrying both FII-2 and θ-RNA replicons and was found
307 in one ST34 *E. coli* isolate. The 105,425 bp plasmid, pLAO69 carried FII-46 and FIB-
308 20 replicons, and was found in two ST10 *E. coli* isolates. All three of these plasmids
309 have typical F-type plasmid backbones that include genes for replication, stable
310 maintenance, conjugative transfer and establishment in new hosts (39, 40). Each
311 plasmid contained a complete and uninterrupted transfer region, suggesting all three
312 have the capacity for self-mediated conjugation (41).

313 Detailed comparison of the FII-2 plasmids pLAO37 and pLAO82 showed that the
314 backbones are almost identical apart from a recombination patch (approximately 7
315 kb). pLAO37 and pLAO82 have the same FII-2 *repA1* gene. The AMR genes in both
316 pLAO37 and pLAO82, are located in a complex region bounded by IS26 at the left
317 end and Tn1721 at the right end (Figure 3B). These regions are comprised of
318 sequences from multiple mobile genetic elements with distinct origins and include
319 genes that confer resistance to beta-lactams (*bla*_{CTX-M}); colistin (*mcr-3.4*);
320 aminoglycosides (*aacC2d*); chloramphenicol (*catA1*) and quinolones (*qnrS1*). An
321 additional θ-RNA replicon in pLAO82 is part of a small plasmid that has been
322 captured and incorporated into the resistance region. pLAO37 and pLAO82 contain
323 an extra partial Tn21 and partial IS26 region inserted in between *tmrB* and *mcr* gene
324 (Figure 3B). The pLAO82 resistance region also includes an additional copy of *mcr*-
325 3.4. The *mcr-3.4* in pLAO37 was truncated by ISKpn26, which removed the terminal
326 32 bp of the gene. This configuration of ISKpn26 and *mcr-3.4* is not present in any

327 other sequence deposited in the GenBank non-redundant nucleotide database. A
328 novel transposon, Tn7514, was present in both pLAO37 and pLAO82 but has
329 inserted in two different backbone locations (Figure 2B, Supplementary S11 &
330 S12)(42).

331 Although largely syntenic, the nucleotide identity of the pLAO69 backbone differs
332 significantly from that of pLAO37 and pLAO82, consistent with its distinct replicon
333 type. The FII-46 *repA1* gene of pLAO69 is only 94% identical to FII-2 *repA1* of
334 pLAO37 and pLAO82. The pLAO69 transfer region also differed significantly
335 matching only 89% of pLAO37 and pLAO82 transfer region with an overall identity of
336 97.2% in a BLASTn comparison. pLAO69 carried *mcr-3.1*, which differs from the
337 *mcr-3.4* found in pLAO37 and pLAO82 (Figure 3B). However, inspection of the
338 resistance region in pLAO69 that contains *mcr-3.1* revealed that it is largely
339 comprised of the same confluence of mobile elements found in the resistance
340 regions of pLAO37 and pLAO82 (Figure 3B). In addition to their identities, the
341 configuration of these elements was the same in pLAO69 and pLAO37/pLAO82.

342

343 **Insertion sequence type, abundance and diversity is associated with AMR
344 gene carriage**

345 The vast majority (n=36) of the 40 AMR plasmids contained one or more IS. The four
346 exceptions were plasmids that contained AMR genes found in association with gene
347 cassettes (*bla_{VEB}* in pLAO60 and *mcr-1.1* in pLAO41 and *aadA2*, *ant(3')-la*, *cmlA1*,
348 *dfrA12* in pLAO78), or Miniature Inverted-repeat Tandem Elements (MITEs) (*tet(A)*
349 in pLAO84). AMR plasmids carried almost three times more unique families of IS
350 than their non-AMR counterparts (Figure 4A), with an average of 6.75 unique IS
351 families in AMR plasmids (range 1-11), vs 2.4 in non-AMR plasmids (range 1-8).
352 AMR plasmids contained an abundance of IS6/26 and IS 1-family elements. Of the
353 36 AMR plasmids that did carry IS elements, all but one carried at least one IS6-

354 family element (Figure 4A), and IS1 family was present in 83% (n=30). IS3 and IS5
355 were also common, present in 75% (n=27) and 78% (n=28) of AMR plasmids,
356 respectively. Differences in IS6 family element carriage were seen between AMR
357 and non-AMR plasmids, with AMR plasmids containing a mean of five IS6 family
358 elements per plasmid (range 0-9). In contrast, only 24% (n=4) of non-AMR plasmids
359 carried IS6 family elements, with only 1-2 IS6 elements per plasmid (Figure 4A). IS6-
360 family elements were present in all plasmids that co-carry *bla*_{CTX-M} and *mcr* genes
361 (Figure 4B), where they were the most prevalent IS family. There was no clear
362 association between IS families and co-carriage of the *mcr* and *bla*_{CTX-M} genes
363 (Figure 4B). In plasmids where there was co-carriage of *mcr* and *bla*_{CTX-M} genes, IS6
364 and IS3 were the most abundant IS families, with all co-carriage plasmids
365 additionally carrying IS1380, IS1 and IS4. In each co-carriage plasmid, more than six
366 different IS families were identified, and of the IS identified between 30%-46% were
367 IS6 family (Figure 4B) with IS26 the most prominent element.

368

369 **Discussion**

370 In this study we conducted an in-depth investigation of the role of plasmids in the
371 alarmingly high levels of AMR found in *E. coli* that colonised the GI tract of travellers
372 to Laos (7). We have revealed an enormous diversity in the plasmids of this *E. coli*
373 population, particularly in their resistance regions, many of which contained multiple
374 AMR genes. Concerningly, the majority of the 40 AMR plasmids (n=30, 75%)
375 contained ESBL genes, a colistin resistance gene or both. Our data showed the
376 abundance and importance of plasmid types F-type, X-type, Q-type and ColE1-like
377 plasmids as vectors for AMR gene spread in *E. coli* in Laos. AMR plasmids
378 accounted for 38.1% (n=40) of the 105 distinct plasmids, 17 of these 40 AMR
379 plasmids identified were F-type (42.5%) highlighting the importance of F-type
380 plasmids as carriers of AMR genes (including ESBLs, *mcr*). F-type plasmids are

381 known to carry AMR genes (43) and are an important factor in the high incidence of
382 AMR carriage in this study. Although four types dominated, the AMR plasmid
383 population identified in travellers to this region of Laos was extremely diverse with 29
384 different plasmid types, including phage and virulence plasmids, found to carry AMR
385 genes. Both AMR and non-AMR plasmids were identified throughout the study,
386 including several from baseline faecal samples (7) where plasmids may have been
387 acquired from travel to Laos or potentially from other travel.

388 A variety of less anticipated vehicles for AMR genes were identified in these Lao *E.*
389 *coli*. Small ColE1-like θ-RNA plasmids are common in *E. coli* (21, 44) and their high
390 prevalence would be expected. These θ-RNA (n=26) were the most prevalent
391 plasmid in the collection, followed by F-types (n=23) (Figure 1) but in contrast to F-
392 type plasmids, only a small number of θ-RNA plasmids (n=3) carried AMR genes.
393 This is consistent with previous findings that ColE1-like plasmids occasionally carry
394 resistance genes, including aminoglycoside and beta-lactam resistance determinants
395 (45). While relatively uncommon, the importance of small, high-copy number
396 plasmids to AMR should not be underestimated, as these can serve as platforms for
397 the evolution of new resistance phenotypes (45, 46). The *tet*(A)-carrying ColE1-like
398 plasmid pLAO84 clearly demonstrates the capacity these small plasmids have for
399 disseminating resistance genes. pLAO84 was found in multiple *E. coli* STs in this
400 collection, suggesting that it was circulating in the local *E. coli* population before
401 being acquired by multiple study participants (Supplementary S6). Additionally, the
402 presence of a plasmid almost identical to pLAO84 in GenBank (GenBank accession
403 CP057097.1) indicates this ColE1-like plasmid lineage has already spread
404 internationally, as it was present in *Escherichia fergusonii* isolated from pig faeces in
405 the United Kingdom.

406 A Y-type phage-plasmid (pLAO59, OP242238, Supplementary S8) highlighted an
407 additional opportunity for AMR spread since there is a chance for co-selection of this

408 MDR plasmid due to carriage of metal resistance genes e.g. for silver and copper.

409 pLAO59 appeared not only to have lost key phage genes required for the lytic

410 lifestyle (47), apparently as a result of deletions by insertion sequences, but carried

411 multiple AMR genes and heavy metal resistance genes. Co-resistance and cross-

412 resistance can cause co-selection of bacteria carrying metal resistance and AMR

413 genes, with the metal resistance gene causing maintenance of the AMR gene (48,

414 49). In Vientiane, Laos it has been reported that environmental samples sourced

415 near municipal solid waste landfill showed heavy contamination with heavy metals

416 including copper at levels higher than WHO permissible standards (50), indicating

417 the possibility that co-selection by metal resistance genes is a real environmental

418 pressure in the Vientiane area from which these isolates were collected. Silver and

419 copper can co-select for various AMR genes in *E. coli* including tetracycline and

420 sulphonamide resistance genes, which were also found in pLAO59 (51, 52).

421 Multiple combinations of AMR resistance genes were found in multiple genetic

422 contexts associated with various mobile genetic elements. *mcr* genes for example

423 were found next to multiple TEs (Figure 3, Supplementary S4) and mainly on F-type

424 plasmids, consistent with literature indicating that *mcr-3.4* is associated with the FII-

425 type (53, 54). *ISEcp1* is known to contribute to the spread of *bla*_{CTX-M} (55), but

426 interestingly only one complete *ISEcp1* was identified (pLAO32) as part of a *bla*_{CTX-M-}

427 55-containing transposition unit flanked by the 5 bp target site duplication TAACA.

428 Most *bla*_{CTX-M} genes in this collection were associated with complete copies of IS26

429 and partial *ISEcp1* (Figure 2, 3, Figure 4A and S8-S9). IS26 from the IS6/26 family is

430 known to play a key role in AMR gene dissemination (56-59). IS26 carriage

431 predisposes plasmids to insertion of additional IS26 and any associated AMR genes,

432 which facilitates the accumulation of AMR genes at single sites leading to multi-drug

433 resistance phenotypes (56, 60). This appears to be the case with pLAO37, pLAO82

434 and pLAO69 featuring IS26 and based on what is known of IS26 behaviour (56),

435 IS26 is likely to have played an important role in the assembly of their complex co-
436 carriage resistance regions (Figure 3).
437 Analysis of plasmid contigs from 49 *E. coli* hybrid assemblies has confirmed the vast
438 and diverse genetic context of AMR in the Kantele et al dataset isolated in Laos, and
439 highlighted that as well as multiple unique colonising strains (7), there are multiple
440 distinct plasmids present in this dataset. Long-read sequencing has been critical in
441 highlighting the key role insertion sequence elements may play in the formation of
442 this complex set of MDR plasmids that create a risk of spread AMR. This previously
443 unreported cohort of MDR plasmids offers the alarming prospect that one of these
444 will create a stable configuration for the creation of a successful pandemic MDR
445 plasmid.

446

447 **Author Statements**

448 **Author contributions**

449 AM and JC conceived the idea for this analysis. AK, EK, DABD, PNP, VD collected
450 samples, isolated the strains and provided the isolates and epidemiological data in
451 Laos. AS and SD performed long-read genomic sequencing and sequence
452 processing. AS, SD and RM performed genomic analysis, data interpretation and
453 data visualisation. AS, RM and SD drafted the article. AM discussed results and
454 edited draft. JC, AK, PN and DD critically reviewed the draft. All authors read and
455 approved the final manuscript.

456

457 **Conflicts of Interest**

458 The authors declare there is no conflict of interest.

459

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469

470 **Ethical Approval**

471 The study protocol (see Appendix 1 of reference (7)) was approved by the Ethics
472 Committee of the Helsinki University Hospital, Helsinki, Finland, and the Ethics
473 Committee of Northwest and Central Switzerland, Basel, Switzerland. All participants
474 provided written informed consent.

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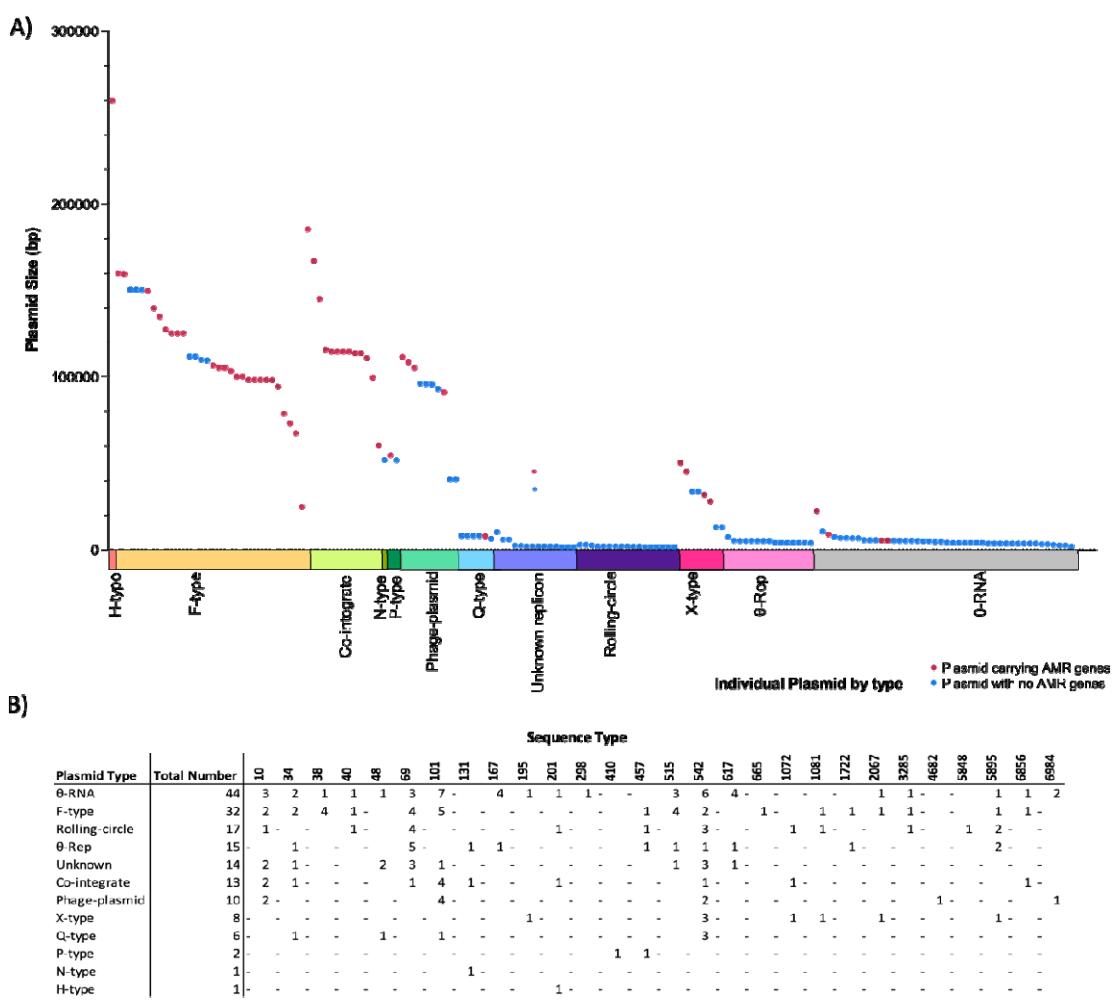
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639

640 **Figures and Tables**



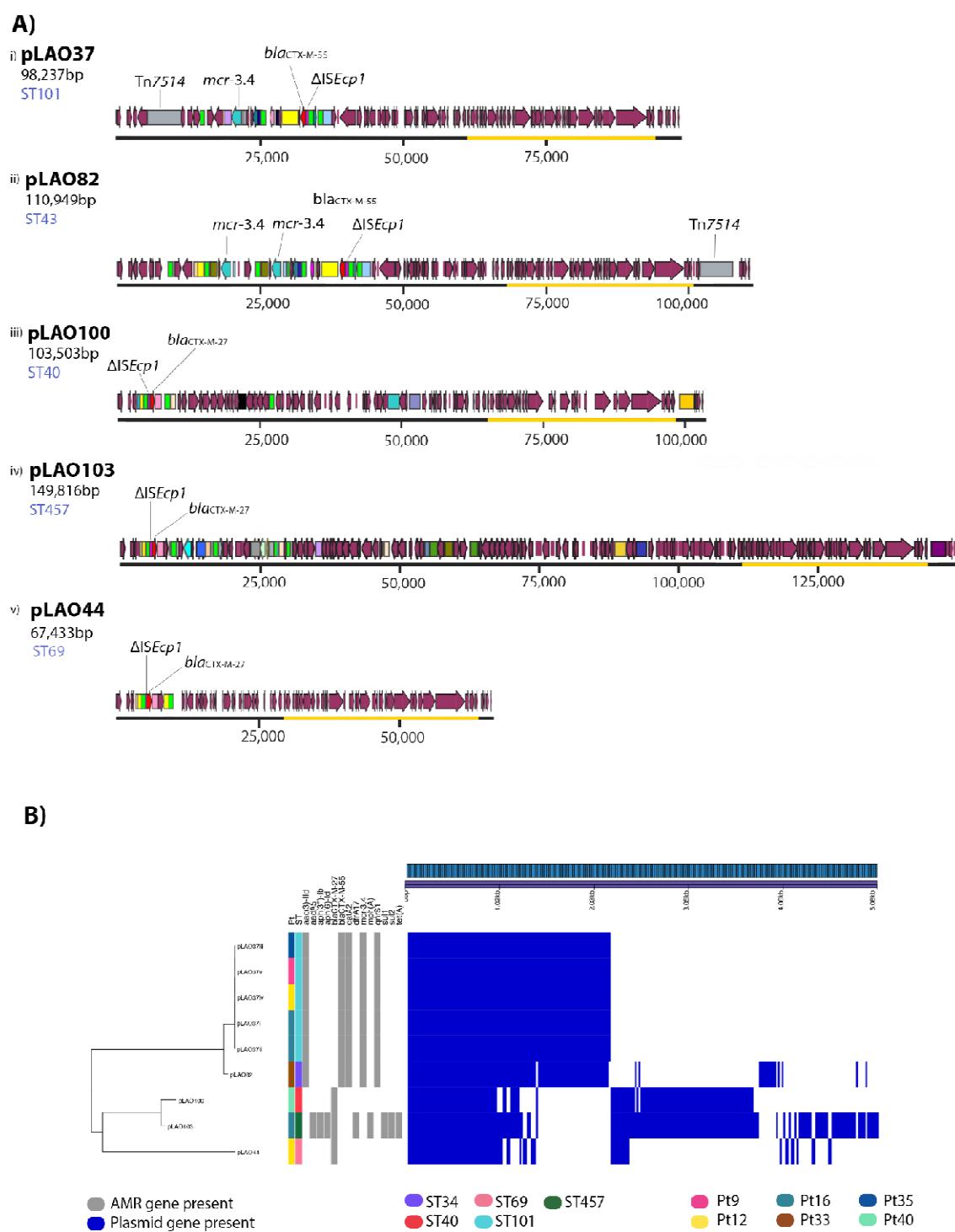
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643 **Figure 1** - An overview of plasmid diversity showing plasmid size and AMR gene carriage (A) and plasmid type within sequence type (B) for all plasmids identified

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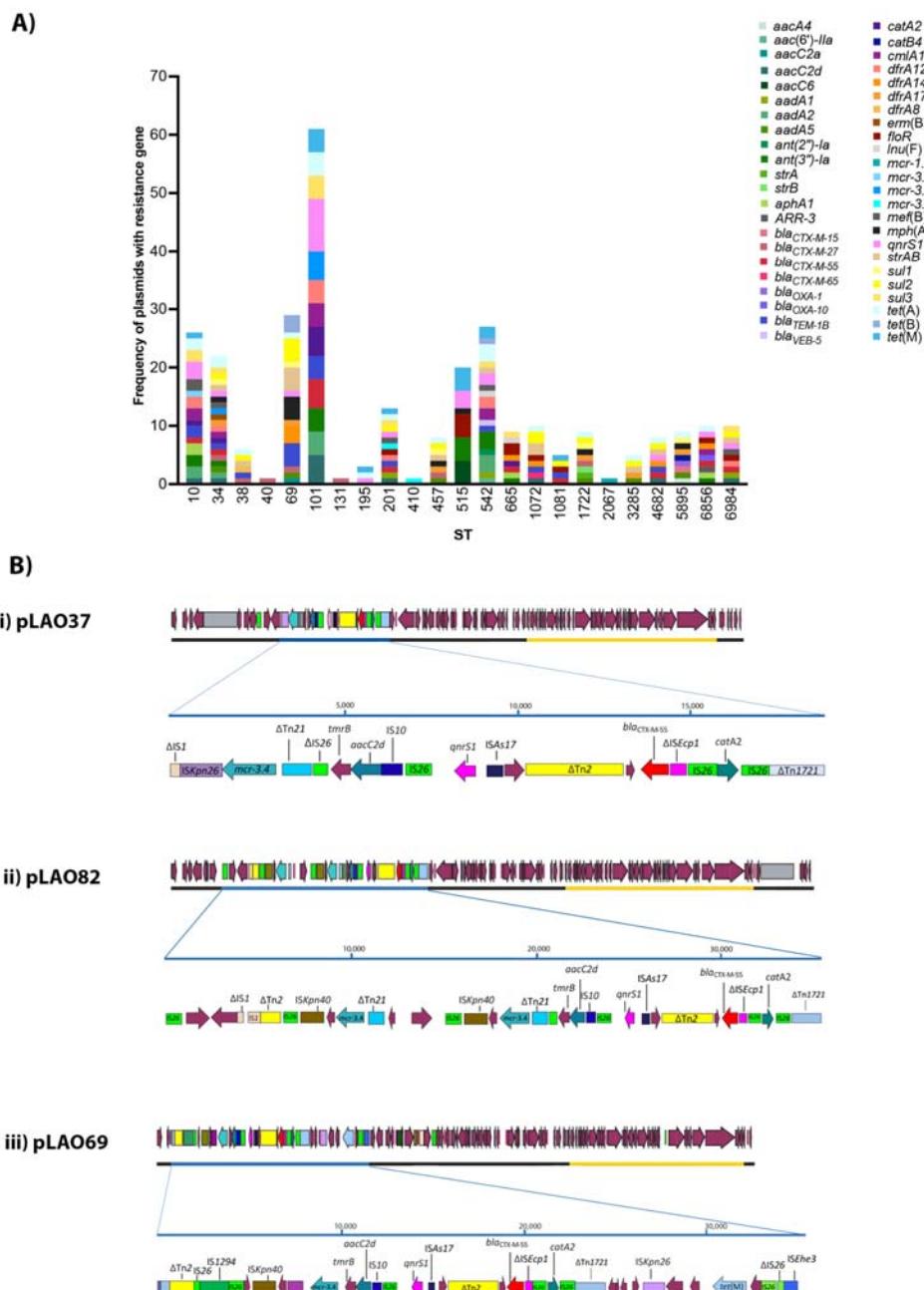
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647 **Figure 2 - Diversity within FII-2 plasmid replicon group showing variable**
648 **plasmid sizes and resistance genes. A) Annotated FII-2 plasmid group maps**

649 **indicate the location of *bla*_{CTX-M} and *mcr* genes.** Maroon arrows represent Prokka-
650 annotated genes. All other brightly coloured arrows represent antibiotic resistance
651 genes. Transposable elements are displayed as brightly coloured boxes. Notable
652 elements are IS26 (bright green), IS*Ecp1* (bright pink), Tn1721 (pale blue) and
653 IS*Kpn26* (lavender). The plasmid transfer (*tra*) region is highlighted with an orange
654 outline. **B) IQ-tree of FII-2 plasmids core alignment showing AMR genes and**
655 **gene/presence absence matrix.** The participant (Pt) and ST of the isolate from
656 which the plasmid was identified are displayed in different colours. Resistance genes
657 identified using Abricate (grey = present) are shown alongside the gene
658 presence/absence profile from Panaroo (royal blue = present).



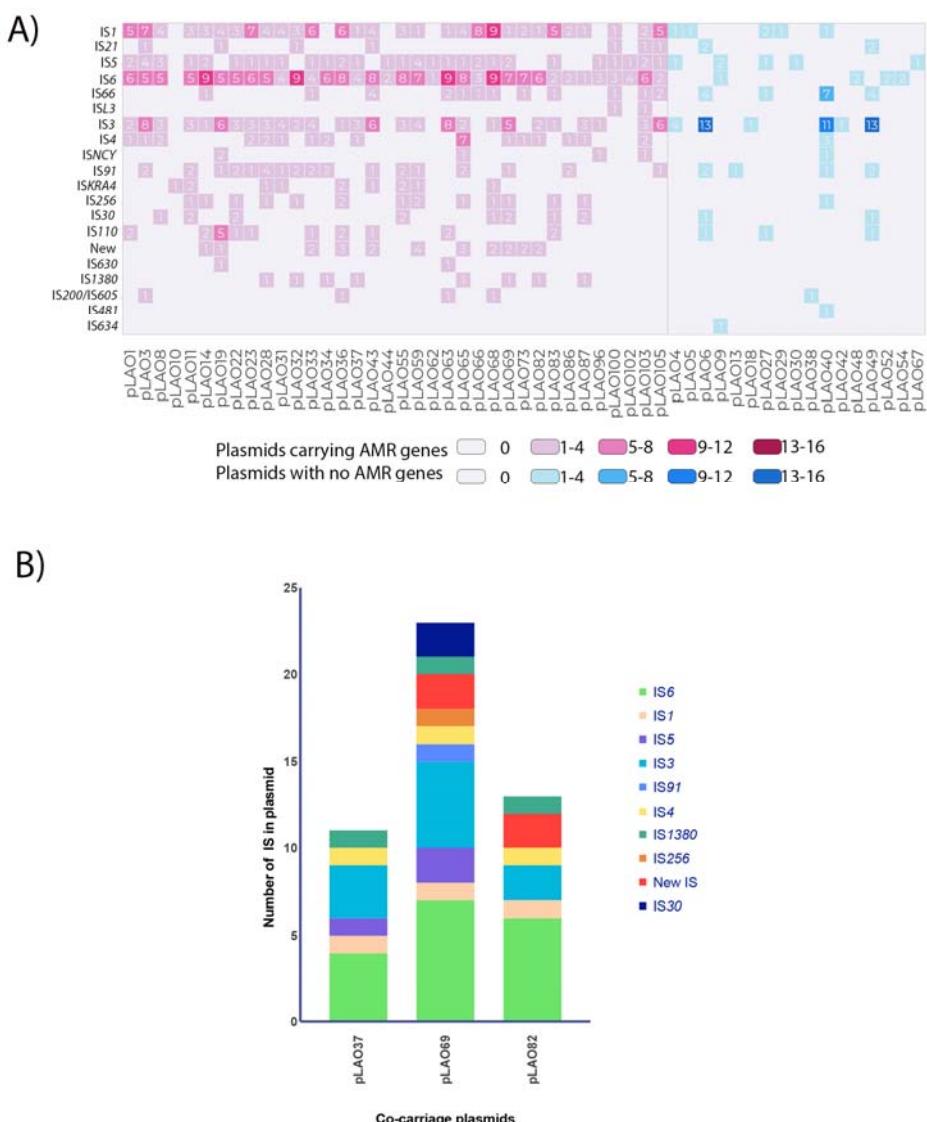
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661 **Figure 3 - Antimicrobial resistance gene carriage diversity by A) ST and B)**
662 **within *mcr* and *bla*_{CTX-M} co-carriage plasmids.** All maroon genes are prokka
663 annotated genes. All other brightly coloured genes are antibiotic resistance genes.
664 Transposable elements (e.g. transposons, insertion sequences) are displayed as

665 brightly coloured boxes). The plasmid transfer (*tra*) region is highlighted with an
666 orange outline.

667



668

669

670 **Figure 4 – IS families present in A) all plasmid types displaying AMR gene**
671 **presence/absence and IS linked to B) *mcr* and *bla*_{CTX-M} co-carriage plasmids**