

# Phenotypic profile of *Mycobacterium tuberculosis*-specific CD4 T cell responses in HIV-positive patients who develop Tuberculosis-associated Immune Reconstitution Inflammatory Syndrome

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## 24 ABSTRACT

25 **Background:** Tuberculosis-associated immune reconstitution inflammatory syndrome (TB-IRIS) is a  
 26 frequent complication of co-treatment for TB and HIV-1. We characterized Mtb-specific CD4 T cell  
 27 phenotype and transcription factor profile associated with the development of TB-IRIS.

28 **Methods:** We examined the role of CD4 T-cell transcription factors in a murine model of  
 29 mycobacterial IRIS. In humans, we compared longitudinally on antiretroviral therapy (ART) the  
 30 magnitude, activation, transcription factor profile and cytotoxic potential of Mtb-specific CD4 T cells  
 31 between TB-IRIS (n=25) and appropriate non-IRIS control patients (n=18) using flow cytometry.

32 **Results:** In the murine model, CD4 T cell expression of Eomes, but not Tbet, was associated with  
 33 experimentally induced IRIS. In patients, TB-IRIS onset was associated with the expansion of Mtb-  
 34 specific IFN $\gamma$ +CD4 T cells (p=0.039). TB-IRIS patients had higher HLA-DR expression (p=0.016), but  
 35 no differences in the expression of T-bet or Eomes were observed. At TB-IRIS onset,  
 36 Eomes+Tbet+Mtb-specific IFN $\gamma$ +CD4+ T cells showed higher expression of Granzyme B in TB-IRIS  
 37 patients (p=0.026).

38 **Conclusion:** While the murine model of MAC-IRIS suggests that Eomes+CD4 T cells underly IRIS,  
 39 TB-IRIS was not associated with Eomes expression in patients. Mtb-specific IFN $\gamma$ +CD4 T cell  
 40 responses in TB-IRIS patients are differentiated, highly activated and potentially cytotoxic.

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## BACKGROUND

Although antiretroviral therapy (ART) has substantially reduced HIV-1 related morbidity and mortality in patients with HIV-associated tuberculosis (TB) [1], TB-immune reconstitution inflammatory syndrome (TB-IRIS) frequently complicates management [2, 3]. TB-IRIS has an estimated incidence of 18% across cohorts and an attributable mortality rate of 2% [4].

Two forms of TB-IRIS are recognised: 1) Unmasking TB IRIS which occurs in patients with undiagnosed TB who present with severe inflammatory features of TB during the first 3 months of ART and 2) Paradoxical TB-IRIS which occurs in patients started on TB treatment before ART who experience recurrent, new or worsening symptoms and signs of TB within the first months of initiating ART [5, 6]. The major risk factors for paradoxical TB-IRIS include a low CD4 count prior to ART initiation, higher HIV-1 viral load, a short interval between TB treatment and ART initiation and disseminated TB [7, 8].

Innate immune responses including inflammasome activation [9, 10], monocyte and natural killer cell activation [11, 12], neutrophilia [12, 13] and dysregulation of the complement system in monocytes [14] have been associated with TB-IRIS. Elevated concentrations of proinflammatory cytokines [15, 16] and matrix degrading metalloproteinases [17] have been described at TB-IRIS onset. Moreover, monocyte subset frequency and circulating inflammatory mediators can independently predict TB-IRIS disease [18, 19]. Expansion of pathogen-specific CD4<sup>+</sup> T cells has been observed in association with TB-IRIS [20-23]. Pathogen-specific CD4<sup>+</sup> T cells from patients with IRIS have been reported to be highly activated [24] and polyfunctional [25]. Recently, it was reported that HIV-1 patients with *Mycobacterium avium* complex (MAC) infection, who developed MAC-IRIS had higher expression of Eomesodermin (Eomes) compared with Tbet in MAC-specific IFN $\gamma$ +CD4<sup>+</sup> T cells at the onset of IRIS [26]. Eomes and Tbet are members of the T-box DNA binding family of transcription factors with

66 structural similarities and overlapping expression [27]. Eomes is involved in the development of  
 67 cytotoxic T lymphocyte activity [27] while Tbet is a Th-1 lineage-defining transcription factor [28].  
 68 Th-1 responses have been implicated in a mouse model of MAC-IRIS [20, 21]. Consequently, we  
 69 capitalized on the existing mouse model of IRIS to investigate phenotypic CD4 T cell features that may  
 70 be associated with IRIS in mice and compare these with findings in patients developing TB-IRIS in a  
 71 prospective cohort study of patients with HIV-associated TB initiating ART.

72

## 73 **METHODS**

### 74 ***M. avium*-IRIS induction in mice**

75 C57BL/6J-[KO] TCRalpha mice (6-8 weeks old) were intravenously infected with  $1 \times 10^6$  colony-  
 76 forming units of *M. avium* (strain SmT 2151). After at least 40 days, CD4 T cells were isolated from  
 77 C57BL/6, B6.129S6-Tbx21tm1Glm/J mice (The Jackson Laboratory, Bar Harbor, ME), or  
 78  $\text{eomes}^{\text{fl/fl}}$ CD4-CRE<sup>+</sup> uninfected mice using positively selecting microbeads (Miltenyi Biotec, Auburn,  
 79 CA), and  $1 \times 10^6$  cells were intravenously transferred into chronically infected T cell deficient mice. All  
 80 mice were maintained and bred at NIAID, NIH, Bethesda, MD. All animals were housed at an  
 81 Association for the Assessment and Accreditation of Laboratory Animal Care-approved facility at the  
 82 NIAID according to the National Research Council's Guide for the Care and Use of Laboratory  
 83 Animals

### 85 **Participants in clinical study**

86 Samples were obtained from patients with HIV-associated TB initiating ART enrolled in a prospective  
 87 observational study conducted at Brooklyn Chest Tuberculosis Hospital between May 2009 and  
 88 November 2010 in Cape Town, South Africa [29]. All patients were ART naïve and those with  
 89 rifampicin-resistant TB were excluded. TB diagnosis was based on smear, culture or clinical diagnosis.  
 90 The first TB episode was treated with standard first line regimen of rifampicin (R), isoniazid (H),  
 91 pyrazinamide and ethambutol for two months followed by four months of RH regimen. In patients with  
 92 subsequent episodes, streptomycin was added for 2 months. TB-IRIS was diagnosed per International  
 93 Network for the Study of HIV-associated IRIS (INSHI) criteria [5]. HIV-1 treatment included  
 94 lamivudine and efavirenz with stavudine or tenofovir depending on guidelines at the time. Written  
 95 informed consent was obtained from all participants. The study was approved by the Human Research

96 Ethics Committee (HREC REF: 049/2009 and 809/2018) of the University of Cape Town. Clinical and  
97 other immunological findings from this cohort have been published [9, 29, 30].

98

## 99 **PBMC isolation and stimulation**

100 PBMC were isolated by Ficoll-Hypaque density gradient centrifugation (GE Healthcare® ALC-  
101 PK121R), cryopreserved and stored. Cryopreserved PBMC were thawed and rested at 37 °C in RPMI  
102 1640 containing 10% heat-inactivated FCS for 4 hours prior to antigen stimulation. PBMC ( $2 \times 10^6$   
103 cells) were stimulated with a peptide pool constituted of 300 Mtb-derived peptides (Mtb300, 1.5  
104 µg/mL) [31] in the presence of anti-CD28 and anti-CD49d antibodies (both at 1 µg/ml, BD, Franklin  
105 Lakes, New Jersey) and brefeldin-A (10 µg/ml, Sigma, St Louis, Missouri) for 6 hours. Unstimulated  
106 cells, incubated with co-stimulatory antibodies and Brefeldin A only, were used as controls.

107

## 108 **Cell staining and acquisition**

109 Samples with a cell count of less than one million or a viability score of less than 20% were excluded.  
110 After stimulation, cells were washed, stained with a viability marker (Live/Dead® Fixable Near-  
111 InfraRed marker, Invitrogen, Carlsbad, California) for 10 minutes at room temperature and  
112 subsequently surface stained with the following antibodies: CD4-PerCP-cy5.5, PD1-BV421, HLA-DR-  
113 BV605, CD14-Allophycocyanin/H7, CD19-Allophycocyanin/H7 (all from Biolegend, San Diego,  
114 California) and CD8-Alexa700 (BD, Franklin Lakes, New Jersey) for 30 minutes at room temperature.  
115 Cells were fixed and permeabilized using the eBioscience Foxp3 fixation buffer for 30 minutes at room  
116 temperature and stained with IFNγ-BV711 (Biolegend), TNFα-FITC (Biolegend), granzyme B-BV510  
117 (BD), Eomes-eFluor 660 (e-Bioscience, San Diego, California), Tbet-PEcy7 (e-Bioscience) and CD3-  
118 BV785 (Biolegend), for 45 minutes at 4 °C. Cells were washed and resuspended in 1% formaldehyde  
119 in PBS. Samples were acquired in the BD LSRII and data were analysed using FlowJo software version

9.9.6 (BD). The gating strategy is presented in **Supplementary Figure 1**. A positive Mtb-specific IFN $\gamma$  response was defined as three-fold higher than the background measured in the presence of co-stimulatory antibodies without antigen. For the phenotypic analyses of Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells, only Mtb responses with more than 20 events were considered. Protocols were compliant with the guidelines for flow cytometry in immunological studies [32]. Although we analysed immunological characteristics of live cells, our cohort included 8 samples with a viability below 50% (median: 67%, [range: 96-22%]). Prior to assessing immunological phenotypic characteristics of our cohort, we ascertained whether sample viability affected immunological expression of markers (particularly Tbet and Eomes) in our cohort. There was no correlation between sample viability and the expression of Tbet and Eomes at all measured time points (data not shown).

## Statistical analyses

For analyses, samples from IRIS and non-IRIS groups were classified into four categories based on sample timing in relation to ART: Baseline (BL) include samples collected within seven days before or on the day of ART initiation, Week 2 (W2)-samples collected between day 1 and 14 on ART, Week 4 (W4)-samples collected between day 15 and 30 on ART, Week 6 (W6) samples collected between day 31 and 65 on ART (Supplementary Table 2&3). Paired samples were analysed using the paired Wilcoxon ranked Student T test while the Mann-Whitney U test was used to compare unpaired samples for all time points between TB-IRIS and non-IRIS groups. A p-value of 0.05 or less was considered statistically significant. All statistical analyses were performed using Prism (v8.0.2, GraphPad Software Inc, San Diego, CA, USA).

# RESULTS

## Role of Eomes and Tbet in CD4 T cells during experimentally-induced IRIS

To model IRIS, T cell deficient (TCR $\alpha^{-/-}$ ) mice were infected with *M. avium*. This reproduced a lymphopenic host harbouring a mycobacterial infection. After 40-60 days, the mice were injected with CD4 T cells to mimic the reconstitution of T cells that occurs after ART (**Figure 1A**). To examine the expression of Eomes and Tbet in CD4 T cells and their potential involvement in the murine model of IRIS, we injected mice with WT, Tbet $^{-/-}$ , and Eomes deficient CD4 T cells and examined the donor CD4 T cells ten days post injection. We found that during murine IRIS, CD4 T cells surprisingly expressed little Tbet. Instead, a significant population of Eomes $^{+}$  CD4 T cells was observed (**Figure 1B**). WT and Tbet $^{-/-}$  CD4 T cells induced similar levels of weight loss (**Figure 1C**). In contrast, recipients of Eomes deficient CD4 T cells displayed less weight loss and longer survival compared to mice injected with WT CD4 T cells (**Figure 1D, E**). We concluded that, CD4 T cells utilize Eomes but not Tbet, to drive *M. avium* IRIS in this animal model. These findings prompted us to next examine the role of Eomes expressing CD4 T cells in human TB-IRIS.

## Clinical characteristics of the cohort

Sufficient samples for immunological analyses were available for 43 HIV-1 infected inpatients being treated for TB when starting ART: 25 patients developed TB-IRIS and 18 patients did not (non-IRIS controls). The demographic and clinical characteristics of the two groups are summarized in **Table 1**. In both groups, over three-quarters of patients had evidence of extrapulmonary TB and around 20% had neurological TB, a common reason for TB patients in South Africa to be admitted to a TB hospital. Notably, 7/25 (28%) of TB-IRIS and 4/18 (22%) of non-IRIS patients were on treatment with corticosteroids at the time of starting ART, the most frequent indication being neurological TB. We previously demonstrated that corticosteroid therapy had no significant effect on the frequency of Mtb-



specific CD4 T cells [33]. The median CD4 count at the start of ART was lower in TB-IRIS patients (median: 68 cells/mm<sup>3</sup>) compared with non-IRIS patients (median 111 cells/mm<sup>3</sup>) (p=0.009). The median duration of TB treatment before initiation of ART was similar for the groups (median 37 days in TB-IRIS versus 32 days in non-IRIS patients). The duration of ART prior to developing TB-IRIS symptoms was a median of 15 days. Additional clinical data is presented in **Supplementary Table 1**.

### **Expansion of Mtb-specific CD4+ T cells at TB-IRIS onset**

For phenotypic analyses, we first compared the magnitude of Mtb-specific IFN $\gamma$ +CD4+ T cell responses between the patient groups before the initiation of ART (Baseline), at week 2, 4 and 6 on ART. Representative examples of IFN $\gamma$  production by CD4+ T cells following Mtb300 stimulation are presented in **Figure 2A**. We observed no differences in the frequency of Mtb-specific IFN $\gamma$ +CD4+ T cells between the two groups in cross-sectional comparisons at any time point (**Figure 2B**). However, the fold change in Mtb-specific IFN $\gamma$ +CD4+ T cell frequency between baseline and week 2 was significantly higher in the TB-IRIS group compared to the non-IRIS group (median fold change: 1.9 [IQR: 0.83-19.3]) and 0.9 [IQR: 0.25-1.6], respectively, p=0.04) (**Figure 2C**). This significant increase was exclusively observed in TB-IRIS patients between baseline (median: 0.08% [IQR: 0.0-0.2]) and 2 weeks on-ART (median: 0.13% [IQR: 0.0-0.71]) (p=0.039) (**Supplementary Figure 2**). We next investigated the phenotype of Mtb-specific IFN $\gamma$ +CD4+ T cell that could potentially characterise the role of these cells in the pathogenesis of TB-IRIS in humans.

### **No differences in the expression of Eomes or Tbet between patients with and without TB-IRIS at any tested time point**

Based on our mouse model data and a recent report by Hsu *et al.* reporting that Eomes was significantly upregulated over Tbet in MAC-specific IFN $\gamma$ +CD4 T cells of MAC-IRIS patients at

disease onset [26], we determined whether these transcription factors were differentially expressed between TB-IRIS and non-IRIS patients. We observed no differences in the frequency of Mtb-specific IFN $\gamma$ +Eomes+CD4<sup>+</sup> T cells between the two clinical groups at baseline or any time point on ART (**Supplementary Figure 3**).

Eomes and Tbet expression in Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells were highly variable between patients but not statistically different between the two groups at baseline (**Supplementary Figure 4**) or any other time point (data not shown). The expression of Eomes in Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells at baseline was approximately 50% and was comparable between the two groups (**Supplementary Figure 4B**). Similarly, Tbet expression in Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells was comparable between TB-IRIS and non-IRIS groups; approximately 60% of cells expressed intermediate levels of Tbet (Tbet dim, Tbet<sup>+</sup>) and 25% expressed high Tbet levels at baseline (Tbet high, Tbet<sup>++</sup>, **Supplementary Figure 4C&D**). Furthermore, Eomes expression on total CD4<sup>+</sup> T cells in TB-IRIS patients was comparable to non-IRIS controls at all-time points (**Supplementary Figure 6A&B**). However, we did observe a slight increase in Eomes expression between baseline and week 2 (which corresponds to IRIS onset) in TB-IRIS patients (medians: 4.48% vs 7.6%, respectively, p=0.03). This was not observed in non-IRIS controls (**Supplementary Figure 5C**). Previous studies have reported a higher frequency of both *M. avium* and Mtb-specific effector memory CD4<sup>+</sup> T cells in unmasking and paradoxical TB-IRIS patients compared to non-IRIS patients [24, 34]. Furthermore, a positive correlation between CD4<sup>+</sup> T cell memory and Eomes expression is well established [27]. Therefore, it is possible that the increase in Eomes expression observed in total CD4<sup>+</sup> T cells could be related to an expansion of effector cells.

Finally, Tbet expression on total CD4<sup>+</sup> T cells was comparable between TB-IRIS and non-IRIS patients at baseline with no significant differences observed longitudinally on ART (data not shown). In further analyses, we defined the co-expression of Eomes and Tbet, identifying five Eomes/Tbet subsets: Eomes-Tbet<sup>-</sup>, Eomes-Tbet<sup>+</sup>, Eomes<sup>+</sup>Tbet<sup>+</sup>, Eomes-Tbet<sup>++</sup> and Eomes<sup>+</sup>Tbet<sup>++</sup>, as previously

described [35] (**Figure 3A**). The distribution of these subpopulations within Mtb-specific IFN $\gamma$ +CD4+ T cells was comparable between TB-IRIS and non-IRIS groups prior to ART initiation (i.e. baseline) (**Figure 3B**) and longitudinally on ART (data not shown). No significant changes in the distribution of Eomes and Tbet in Mtb-specific IFN $\gamma$ +CD4+ T cells were observed over time within the two groups (**Figure 3C**).

However, in total CD4+ T cells there was a significant reduction in Eomes-Tbet- CD4+ T cells between baseline (median: 79.0%, IQR: 21.2-93.1) and week 2 (median: 65.5%, IQR: 15.3-84.4) (p=0.02) and baseline and week 4 (median: 54.5%, IQR: 21.8-94.5) (p=0.009) in TB-IRIS patients. These changes were countered by a progressive and significant increase in the proportion of Eomes-Tbet+ and Eomes+Tbet+ CD4+ T cells over the first 6 weeks of ART in TB-IRIS patients. Conversely, no changes over time were observed in the distribution of any of the Eomes/Tbet subsets in non-IRIS patients (**Supplementary Figure 6C**).

## **Elevated HLA-DR expression at the time of TB-IRIS onset compared to non-IRIS controls**

To further characterise the phenotype of Mtb-specific IFN $\gamma$ +CD4+ T cell responses, we compared the activation profile (HLA-DR) and cytotoxic potential (Granzyme B) between TB-IRIS patients and non-IRIS controls. We observed a trend towards high pre-ART HLA-DR expression (p=0.18) in TB-IRIS compared to non-IRIS patients. Responses were characterized by a significantly higher expression of HLA-DR in TB-IRIS compared to non-IRIS patients at 2 weeks on ART (median: 79.3% [IQR: 66-96] and 40.9% [IQR: 27-56], respectively, p=0.016) (**Figure 4A&B**). No significant changes over time were observed when data were analysed longitudinally for both groups respectively (**Figure 4C**). However, we observed an increase in HLA-DR expression in total CD4+ T cells in TB-IRIS patients between baseline and week 2 (p=0.002) and week 4 (p=0.0005) and non-IRIS patients between baseline and week 4 (p=0.0098) (**Supplementary Figure 7**).

238

239 **Elevated HLA-DR and granzyme B expression in Mtb-specific CD4 T cells co-expressing Eomes**  
 240 **and Tbet in patients with TB-IRIS compared to non-IRIS controls**

241 Finally, we investigated the activation and cytotoxic potential of Mtb-specific IFN $\gamma$ +CD4+ T cells in  
 242 relation to their transcription factor profile at the time of IRIS onset (Week 2). While HLA-DR  
 243 expression was comparable across the different Eomes and Tbet subsets in both groups, HLA-DR  
 244 expression was higher in TB-IRIS compared with non-IRIS patients in specific Eomes/Tbet subsets,  
 245 including Eomes+Tbet+ (median: 83.9% vs 57.9%, respectively; p=0.032) and Eomes- Tbet++  
 246 (median: 83.3% vs 36.4%, respectively; p=0.032) (**Figure 5A**).

247 Notably, no differences in Granzyme B expression were observed in IFN $\gamma$ +CD4 T cells between the  
 248 two groups in cross-sectional comparisons (**Supplementary Figure 8**). However, Granzyme B  
 249 expression was significantly higher in Eomes+Tbet+ Mtb-specific IFN $\gamma$ +CD4+ T cells in patients with  
 250 TB-IRIS compared to non-IRIS controls at week 2 on ART (median: 4.7% vs 0%, respectively;  
 251 p=0.026). There was also a trend towards higher Granzyme B expression in the Eomes+Tbet++ Mtb-  
 252 specific IFN $\gamma$ +CD4+ subset in patients with TB-IRIS compared to non-IRIS controls at week 2  
 253 (median: 19.7% vs 2.9%, respectively; p=0.063) (**Figure 5B**). This trend was not observed at other  
 254 time points (data not shown).

## 255 DISCUSSION

256 Hsu et al. recently reported that in HIV-1 and *M. avium* co-infected patients, *M. avium*-specific  
 257 IFN $\gamma$ +CD4<sup>+</sup> T cells were characterized by higher expression of Eomes than Tbet at IRIS onset [26],  
 258 suggesting potential involvement of Eomes in mycobacterial IRIS pathogenesis. While the functional  
 259 role of Eomes is well established in CD8 T cells [27, 28], its role in CD4 T cells is less clear. Some  
 260 reports implicate its expression in the pathogenesis of chronic inflammatory disorders [36-38], while  
 261 others suggest a regulatory role in T cells [39]. Therefore, to define whether aberrant expression of  
 262 transcription factors in CD4 T cell associate with the development of IRIS, we investigated the role of  
 263 Eomes and Tbet in a experimentally-induced MAC-IRIS mouse model and compared the phenotype of  
 264 Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells between HIV-associated TB patients who developed TB-IRIS and  
 265 those who did not.

266 The MAC-IRIS mouse model showed that mimicking T cell reconstitution using Eomes knock-out  
 267 CD4 T cells led to enhanced mice survival compared to wildtype, supporting the hypothesis that Eomes  
 268 expression in CD4 T cells could play a role in IRIS pathogenesis [26]. However, while we  
 269 demonstrated that Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells from TB-IRIS patients expressed high Eomes  
 270 levels (~ 50%) that are comparable to those reported by Hsu et al. [26], we did not observe any  
 271 difference in Eomes expression between TB-IRIS and non-IRIS patients. This suggests that the  
 272 expression of Eomes expression in Mtb-specific CD4 T cells (or overall CD4 compartment) on its own  
 273 does not predict nor characterize TB-IRIS pathogenesis.

274 The expression profile of Tbet in CD4<sup>+</sup> T cells in this cohort mirrors that described by Knox *et al.* [40],  
 275 where three distinct populations were discernible. Most Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells expressed  
 276 Tbet with ~ 65% being Tbet dim and ~ 25% Tbet bright. Moreover, we found no significant differences  
 277 in the co-expression profile of Eomes and Tbet in Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells at TB-IRIS onset

278 or at other time points between the two clinical groups. However, the distribution of Eomes and Tbet  
279 subsets in total CD4<sup>+</sup> T cells were altered during the course of ART with increasing expression of both  
280 Tbet<sup>+</sup> and Eomes/Tbet co-expressing CD4<sup>+</sup> T cells in TB-IRIS patients on ART. Further studies are  
281 needed to confirm these observations and define their relevance.

282 In this cohort, TB-IRIS patients had significantly lower blood CD4 T cell counts compared to non-IRIS  
283 patients at baseline, as previously described [8, 41] and we observed a significant expansion in the  
284 frequency of Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells 2 weeks after the initiation of ART. Recently, Vignesh  
285 *et al.* described elevated pre-ART frequencies of Mtb-specific CD4 T cell responses which further  
286 expanded in TB-IRIS patients at disease onset [41]. We did not observe such differences at baseline in  
287 this or previous studies [23]. Clinical differences between the cohorts might account for these  
288 discrepancies.

289 Several studies have demonstrated that TB-IRIS is characterized by an increase in mycobacteria-  
290 specific CD4 T cell responses at disease onset [22, 41-44]. However, increased mycobacterial-specific  
291 CD4 T cell frequencies following ART is not systematically observed in all TB-IRIS patients, and  
292 pathogen-specific CD4 T cell expansion can also be observed in some non-IRIS patients [23]. This  
293 suggests that Mtb-specific CD4 T cell reconstitution upon ART is not be the only mechanism involved  
294 in TB-IRIS.

295 To further elucidate the contribution of Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells in TB-IRIS pathology, we  
296 characterised their phenotype in TB-IRIS patients. We demonstrated that Mtb-specific IFN $\gamma$ +CD4 T  
297 cells of TB-IRIS patients had elevated HLA-DR expression prior to the initiation of ART and this was  
298 significantly upregulated in TB-IRIS patients at week 2 on ART compared to non-IRIS patients.  
299 Similarly, others have demonstrated that Mtb-specific CD4 T cells are activated [24], and  
300 polyfunctional [25, 42], compared to non-IRIS controls at IRIS onset.

301 Consistent with our previous findings [23], we did not observe any significant differences in the  
302 expression of HLA-DR in total CD4+ T cells between the two clinical groups over time in a cross  
303 section analysis. However, like Antonelli *et al*, we observed increased HLA-DR expression in total  
304 CD4+ T cells of TB-IRIS patients from baseline to week 2 and 4 [24]. Similar observations were  
305 reported by Haridas et al. at the time of IRIS onset [45].

306 Lastly, Granzyme B expression was enriched in Eomes/Tbet co-expressing Mtb-specific IFN $\gamma$ +CD4+  
307 T cells at 2 weeks on ART in TB-IRIS patients. Although this represents a modest proportion of  
308 Eomes+Tbet+ cells, this is consistent with mouse data from experimental autoimmune encephalitis  
309 showing the capacity of Eomes+ IFN $\gamma$ +CD4 T cells to acquire cytotoxic attributes [36]. Moreover, our  
310 group has previously shown TB-IRIS to be associated with increased transcript abundance and  
311 secretion of granzyme B by PBMC of TB-IRIS patients at week 2 on ART [46].

312 There were several limitations to this study. The number of samples analysed were limited,  
313 consequently, larger cohort studies are needed to verify these findings. We assessed responses in  
314 peripheral blood when clinical manifestations are often localized in tissues. Finally, several patients  
315 with severe disease received corticosteroids prior to or while on ART. Our previous findings however,  
316 suggest that corticosteroid treatment does not have a significant impact on *ex vivo* T cell functional  
317 responses in TB-IRIS patients [47].

318 In conclusion, while the mouse model data suggested that CD4 T cell expression of Eomes promotes  
319 IRIS, there were no differences in the expression of Eomes or Tbet transcription factor in Mtb-specific  
320 IFN $\gamma$ + CD4 T cells between patients who developed TB-IRIS and non-IRIS controls. We found that  
321 TB-IRIS was associated with an increase of Mtb-specific CD4 T cells at onset. Moreover, increased  
322 expression of markers of immune activation and cytotoxicity in Mtb-specific CD4 T cell subsets in TB-  
323 IRIS patients suggests these cells may contribute to pathogenesis of TB-IRIS. Improved understanding

324 of the pathophysiology of IRIS should enable the development of new diagnostic tools and better  
325 targeted treatments.



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## 330 **Conflict of Interest**

331 The authors declare no conflict of interest.

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346 access, the authors have applied a CC BY public copyright licence to any Author Accepted Manuscript  
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**Table 1**

	TB-IRIS (n=25)	Non-IRIS (n=18)	p-value
Age [Median (IQR)] (years)	34 (22-52)	33 (24-55)	ns
Female sex [n (%)]	13 (52%)	12 (66%)	
Previous TB [n (%)]	15 (60%)	10 (55%)	
TB type [n (%)]			
PTB	4 (16%)	2 (11%)	
EPTB	4 (16%)	5 (27%)	
EPTB and PTB	17 (68%)	11 (61%)	
TB meningitis/neuroTB [n (%)]	7 (23%)	4 (21%)	
TB confirmation [n (%)]			
Cultured Mtb	9 (36%)	6 (33%)	
Smear	6 (24%)	2 (11%)	
Clinicoradiological	10 (40%)	10 (55%)	
Hb [Median (IQR)] (g/dL)	9.1 (6.4-13)	9.4 (5.9-14.0)	ns
CD4 nadir [Median (IQR)]	49 (11-209)	70 (4-272)	ns
CD4 count (cells/mm <sup>3</sup> ) at week 0 [Median (IQR)]	68 (21-521)	111 (4-662)	<b>0.009</b>
CD4 count (cells/mm <sup>3</sup> ) at week 4 [Median (IQR)]	164 (23-556)	276 (21-514)	ns
Log <sub>10</sub> HIV VL at week 0 [Median (IQR)]	5.73 (3.96-7.78)	5.8 (4.21-7.15)	ns
Log <sub>10</sub> HIV VL at week 4 [Median (IQR)]	2.72 (0-3.88)	2.68 (1.32-3.3)	ns
Duration TB treatment to ART [Median (IQR)] (days)	37 (14-99)	32 (13-91)	ns
Duration ART to TB-IRIS [Median (IQR)] (days)	15 (4-49)		
On steroid treatment at week 0 [n (%)]	7 (28)	4 (22)	ns

**Table 1. Clinical characteristics of patients who developed tuberculosis immune reconstitution inflammatory syndrome (TB-IRIS, n=25) and those who did not (non-IRIS, n=18).** TB: Tuberculosis, PTB: pulmonary TB, EPTB: extrapulmonary TB, IQR: interquartile range, ART: antiretroviral treatment, Hb: hemoglobin. The Wilcoxon rank sum test was used to compare all continuous variables and the Mann-Whitney test was used to compare categorical variables.

478 **Table S1**

IRIS patient Identifier	ART regimen	Duration ART Start to TB-IRIS (days)	TB-IRIS system involvement	Steroids to Treat TB-IRIS	Duration from TB-IRIS onset to starting steroids (days)
IR 4011-3	D4T, 3TC, EFZ	6	Pulmonary, nodal, effusion and abdominal	Yes	9
IR 4035-1	AZT, 3TC, EFZ	42	Nodal, abdominal	No	
IR 4074-8	TDF, 3TC, EFZ	10	Pulmonary, nodal	Yes	5
IR 4071-5	TDF, 3TC, EFZ	8	Pulmonary, effusion, abdominal	No	
IR 4075-9	D4T, 3TC, EFZ	12	Abdominal	Yes	na
IR 4076-0	TDF, 3TC, EFZ	9	Nodal	No	
IR 4081-7	TDF, 3TC, EFZ	10	Abdominal	No	
IR 4108-1	TDF, 3TC, EFZ	9	Pulmonary, abdominal	No	
IR 4018-0	D4T, 3TC, EFZ	13	Pulmonary	Yes	4
IR 4020-4	D4T, 3TC, EFZ	30	Nodal	Yes	13
IR 4047-5	D4T, 3TC, EFZ	8	Pulmonary, abdominal	Yes	5
IR 4110-5	D4T, 3TC, EFZ	4	Pulmonary, abdominal	No	
IR 4052-2	TDF, 3TC, EFZ	13	Pulmonary, abdominal	No	
IR 4078-2	TDF, 3TC, EFZ	26	Neurological, pulmonary, abdominal	Yes	20
IR 4096-4	TDF, 3TC, EFZ	14	Pulmonary, abdominal	No	
IR 4115-0	AZT, 3TC, EFZ	26	Pulmonary	Yes	16
IR 4010-2	D4T, 3TC, EFZ	7	Nodal, abdominal	Yes	56
IR 4015-7	D4T, 3TC, EFZ	15	Pulmonary, abdominal	Yes	20
IR 4021-8	D4T, 3TC, EFZ	5	Pulmonary	Yes	2
IR 4036-2	D4T, 3TC, EFZ	7	Nodal, neurological	Yes	1
IR 4080-6	TDF, 3TC, EFZ	11	Neurological	Yes	na
IR 4085-1	TDF, 3TC, EFZ	14	Articular	Yes	na
IR 4088-4	TDF, 3TC, EFZ	49	Neurological	Yes	9
IR 4095-3	TDF, 3TC, EFZ	12	Pulmonary, abdominal	Yes	3
IR 4111-6	TDF, 3TC, EFZ	8	Abdominal	Yes	8

479 **Supplementary Table 1. Individual patient duration to first TB-IRIS episode, symptom**  
480 **manifestation and steroid management.** Different patients were on different combination of ART  
481 regimen including Stavudine (D4T), Lamivudine (3TC), Efavirenz (EFZ), Zidovudine (AZT) and  
482 Tenofovir (TDF).  
483

## FIGURE LEGENDS

### **Figure 1. CD4 T cell expression of eomesodermin promotes mycobacterial IRIS in a murine model.**

**A.** To model IRIS in mice, TCR $\alpha$ <sup>-/-</sup> mice harboring a chronic *M. avium* infection were injected with purified CD4 T cells from uninfected donor mice. **B.** *M. avium* infected TCR $\alpha$ <sup>-/-</sup> mice were injected with WT, Tbet-deficient or eomes-deficient CD4 T cells. The donor CD4 T cells (CD4<sup>+</sup>TCR $\beta$ <sup>+</sup>CD3<sup>+</sup>) were analyzed in the PBMC on day 10 post infection for the expression of Tbet and eomesodermin (plots are concatenated from n=8 mice/group). **C.** *M. avium* infected TCR $\alpha$ <sup>-/-</sup> mice were injected with either WT or Tbet-deficient CD4 T cells and monitored for weight loss (n=5 mice/group). **D.** *M. avium* infected TCR $\alpha$ <sup>-/-</sup> mice were injected with no T cells, WT or eomes-deficient CD4 T cells and monitored for weight loss. **E.** Survival of mice receiving WT or eomes-deficient CD4 T cells. n=4 to 5 mice/group. Error bars represent the standard deviation. Data are representative of at least 4 independent experiments each.

### **Figure 2. Frequencies of Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells in TB-IRIS and non-IRIS patients. A,**

Representative flow plots of IFN $\gamma$  production in response to Mtb peptide pool (Mtb300) and non-stimulated controls (NS) at baseline (BL, prior to initiation of antiretroviral therapy, ART) and 2 weeks on ART (W2).

**B,** Frequencies of IFN $\gamma$  producing CD4<sup>+</sup> T cells in TB-IRIS (red) from baseline (BL, n= 16), through 2 weeks (W2, n= 9), 4 weeks (W4, n= 10) and 6 weeks (W6, n=12) and non-IRIS (black) from BL= 11, through W2, n= 4, W4, n= 8 and W6, n= 1 on ART. **C,** Fold change in the frequency of IFN $\gamma$ +CD4<sup>+</sup> T cells in TB-IRIS and non-IRIS patients between baseline (prior to ART) and 2 weeks on ART. The Wilcoxon ranked test was used for the statistical comparison of paired samples and the Mann-Whitney-U test was used for unpaired samples. Only statistically significant data with a p value of 0.05 or less are indicated on graphs



**Figure 3. HLA-DR expression on Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells in TB-IRIS and non-IRIS patients.**

**A**, Representative flow plot of HLA-DR expression on Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells (red) and total CD4<sup>+</sup> T cells (black) in one TB-IRIS and one non-IRIS patient at two weeks post ART initiation (W2). **B**, Expression of HLA-DR on Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells in TB-IRIS (red) from baseline (BL, n= 6), through 2 weeks (W2, n= 5), 4 weeks (W4, n= 7) and 6 weeks (W6, n= 13) and non-IRIS patients (black) from baseline (BL, n= 6), through 2 weeks (W2, n= 4), and 4 weeks (W4, n= 8) on-ART. **C**, Frequency of HLA-DR on Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells from baseline to 6 weeks on ART in TB-IRIS and non-IRIS patients. The Wilcoxon ranked test was used for the statistical comparison of paired samples and the Mann-Whitney-U test was used for unpaired samples. Only statistically significant data with a p value of 0.05 or less are indicated on graphs.

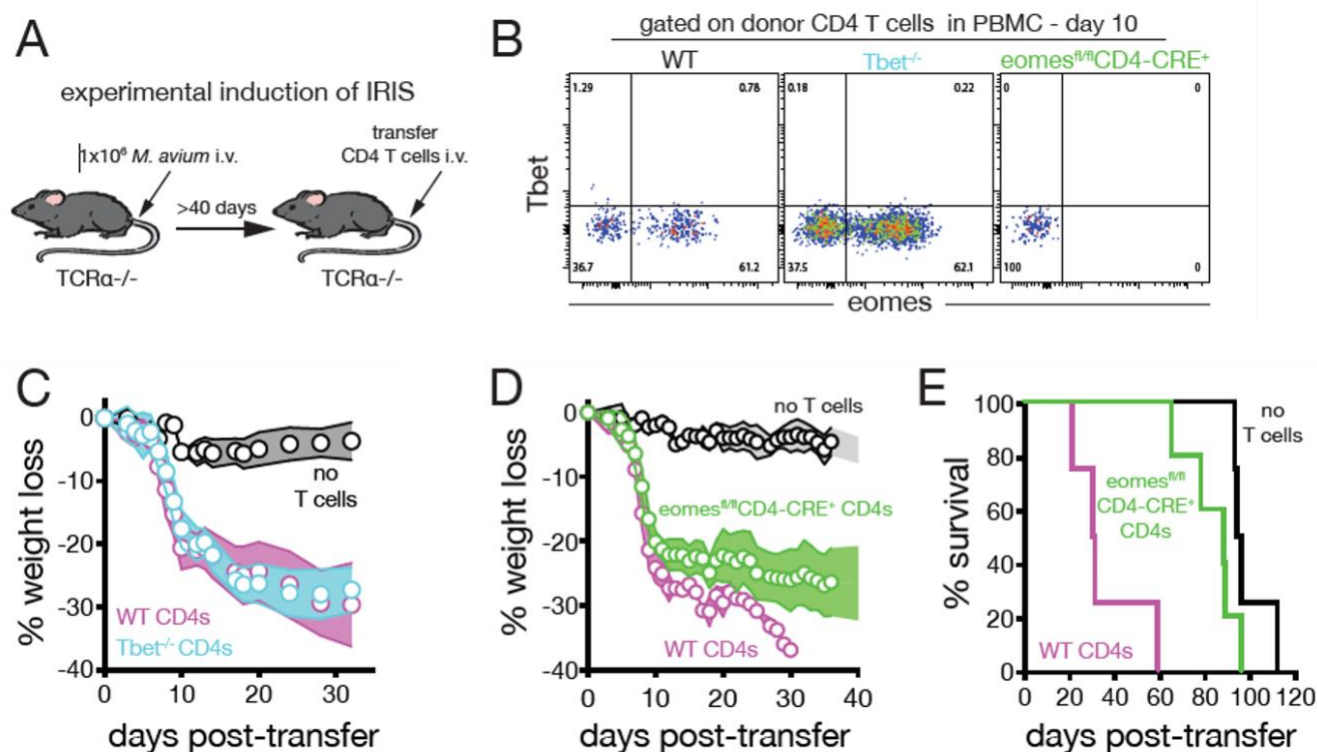
**Figure 4. Eomes and T-bet expression profile in Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells in TB-IRIS and non-IRIS patients.**

**A**, Representative flow plot of Eomes and T-bet expression on Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells (red) and total CD4<sup>+</sup> T cells (black) in one TB-IRIS and one non-IRIS patient prior to ART initiation (BL). **B**, Distribution of Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells amongst distinct Eomes and T-bet subsets: (Eomes<sup>-</sup> T-bet<sup>-</sup>; Eomes<sup>-</sup> T-bet<sup>+</sup>; Eomes<sup>+</sup> T-bet<sup>-</sup>; Eomes<sup>-</sup> T-bet<sup>++</sup>; Eomes<sup>+</sup> T-bet<sup>++</sup>) in TB-IRIS (red, n= 6) and non-IRIS patients (black, n= 6) at BL. **C**, Evolution of Eomes and T-bet profile in Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells in TB-IRIS from BL, (n= 6), through 2 weeks (W2, n= 5), 4 weeks (W4, n= 7) and 6 weeks (W6, n= 13) and non-IRIS patients (black) from BL, (n= 6), through 2 weeks (W2, n= 4) and 4 weeks (W4, n= 8) on-ART. The Wilcoxon ranked test was used for the statistical comparison of paired samples and the Mann-Whitney-U test was used for unpaired samples. Only statistically significant data with a p value of 0.05 or less are indicated on graphs.

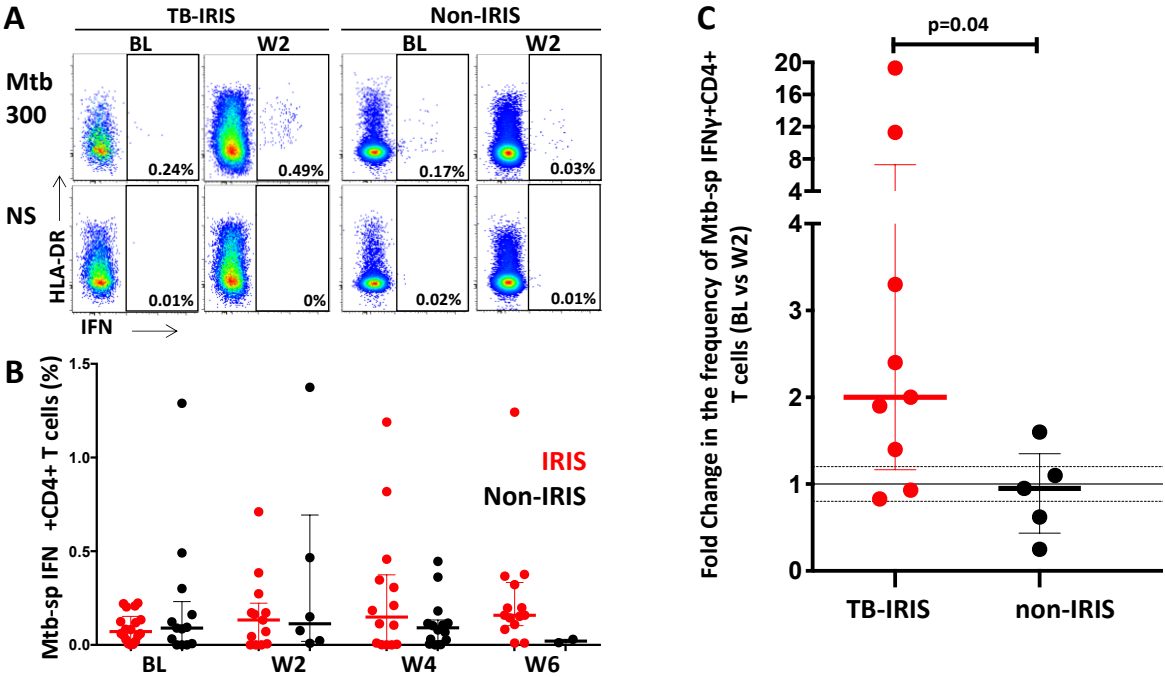


530 **Figure 5. Expression of HLA-DR and granzyme B on Eomes and T-bet expressing subsets of**  
531 **Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells two weeks on ART. A,** Expression of HLA-DR and **B,** granzyme B  
532 on Eomes and T-bet subsets (Eomes<sup>-</sup>, T-bet<sup>+</sup>, Eomes<sup>+</sup>, T-bet<sup>+</sup>, Eomes<sup>-</sup>, T-bet<sup>++</sup> and Eomes<sup>+</sup>, T-  
533 bet<sup>++</sup>) of Mtb-specific IFN $\gamma$ +CD4<sup>+</sup> T cells in TB-IRIS (red, n= 5), and non-IRIS patients (black, n=  
534 4), 2 weeks on ART. The Mann-Whitney-U test was used for statistical comparison of unpaired  
535 samples. Only statistically significant data with a p value of 0.05 or less are indicated on graphs.  
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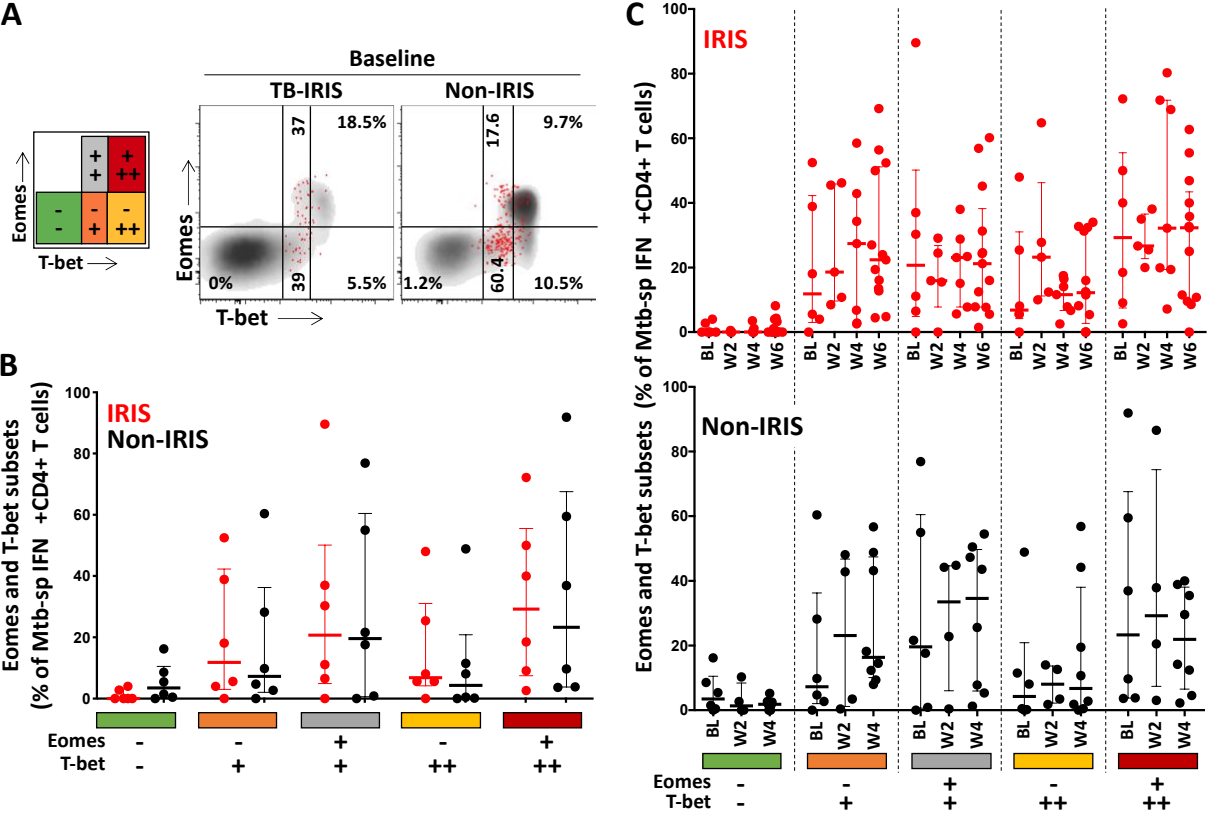
# Figure 1



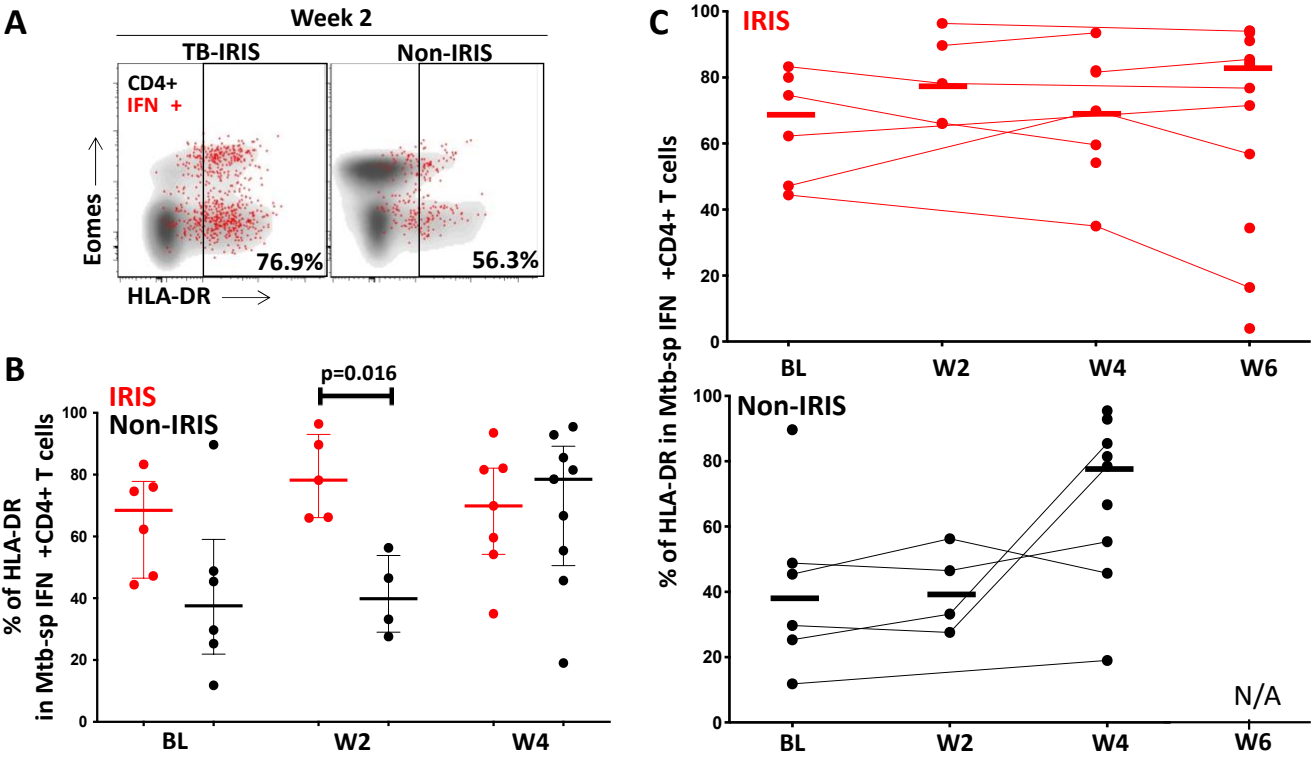
**Figure 2**



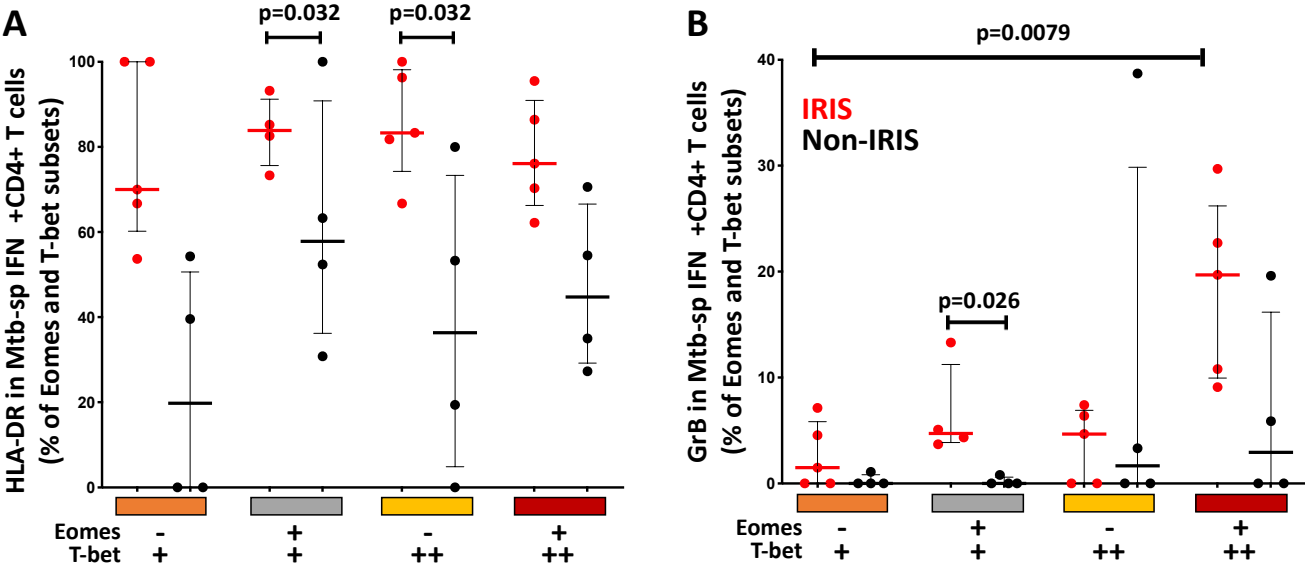
**Figure 3**



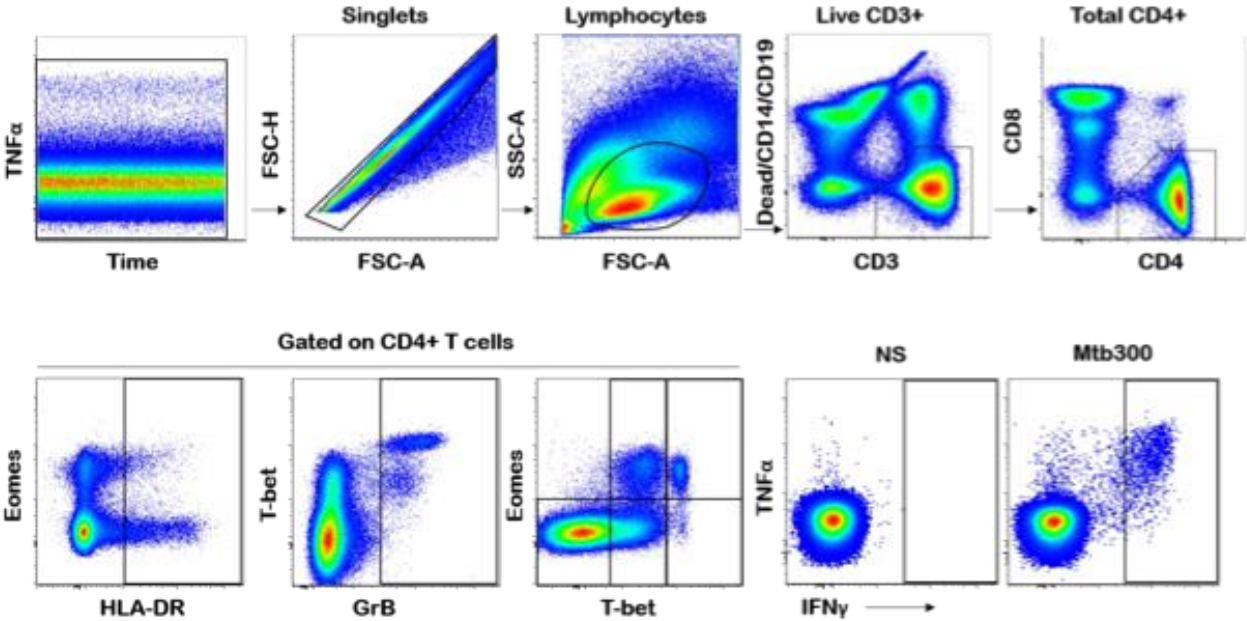
**Figure 4**



**Figure 5**

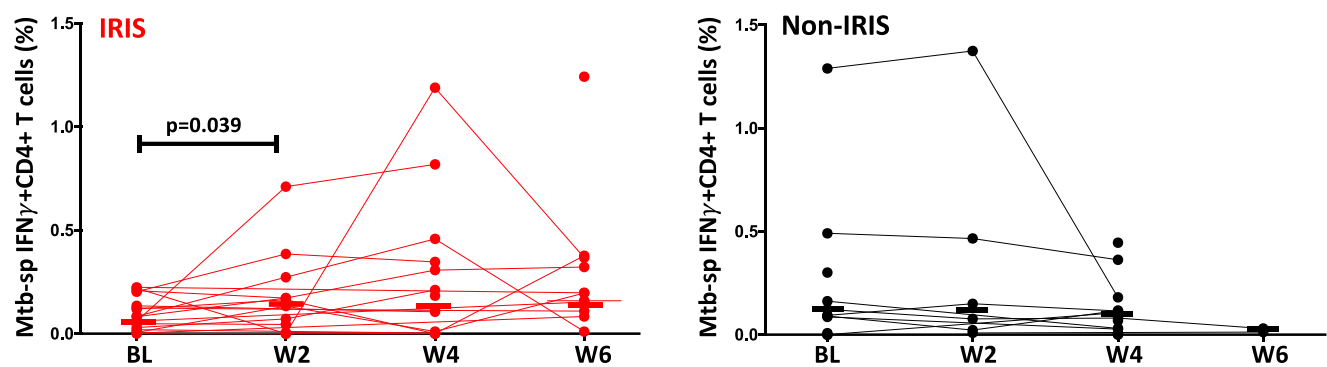


Supplementary figure 1



**Supplementary Figure 1. Representative gating strategy for the phenotypic characterization of IFN $\gamma$ +CD4+ T cells.** To phenotype Mtb-specific IFN $\gamma$ +CD4+ T cell responses, we gated on singlets (FSC-H vs FSC-A), lymphocytes (SSC-A vs FSC-A), live CD3+ cells (dead cells vs live CD3+) and on total CD4+ T cells.

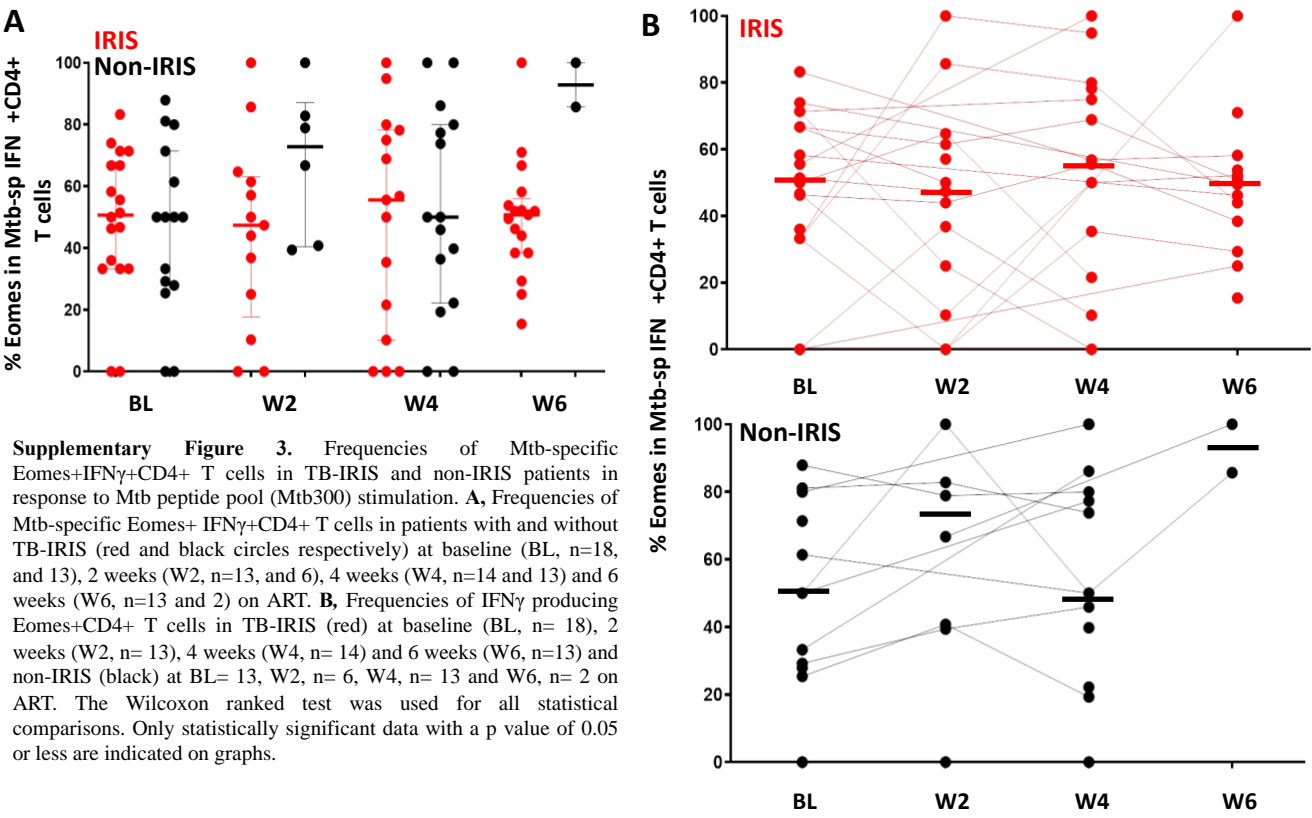
568 Supplementary figure 2  
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570  
571 **Supplementary Figure 2. Frequencies of IFN $\gamma$  producing CD4+ T cells in response to Mtb**  
572 **peptide pool (Mtb300) stimulation in TB-IRIS (red) at baseline (BL, n= 16), 2 weeks (W2,**  
573 **n= 9), 4 weeks (W4, n= 10) and 6 weeks (W6, n=12) and non-IRIS (black) at BL= 11, W2,**  
574 **n= 4, W4, n= 8 and W6, n= 1 after ART initiation. The Wilcoxon ranked test was used for all**  
575 **statistical comparisons. Only statistically significant data with a p value of 0.05 or less are**  
576 **indicated on graphs.**  
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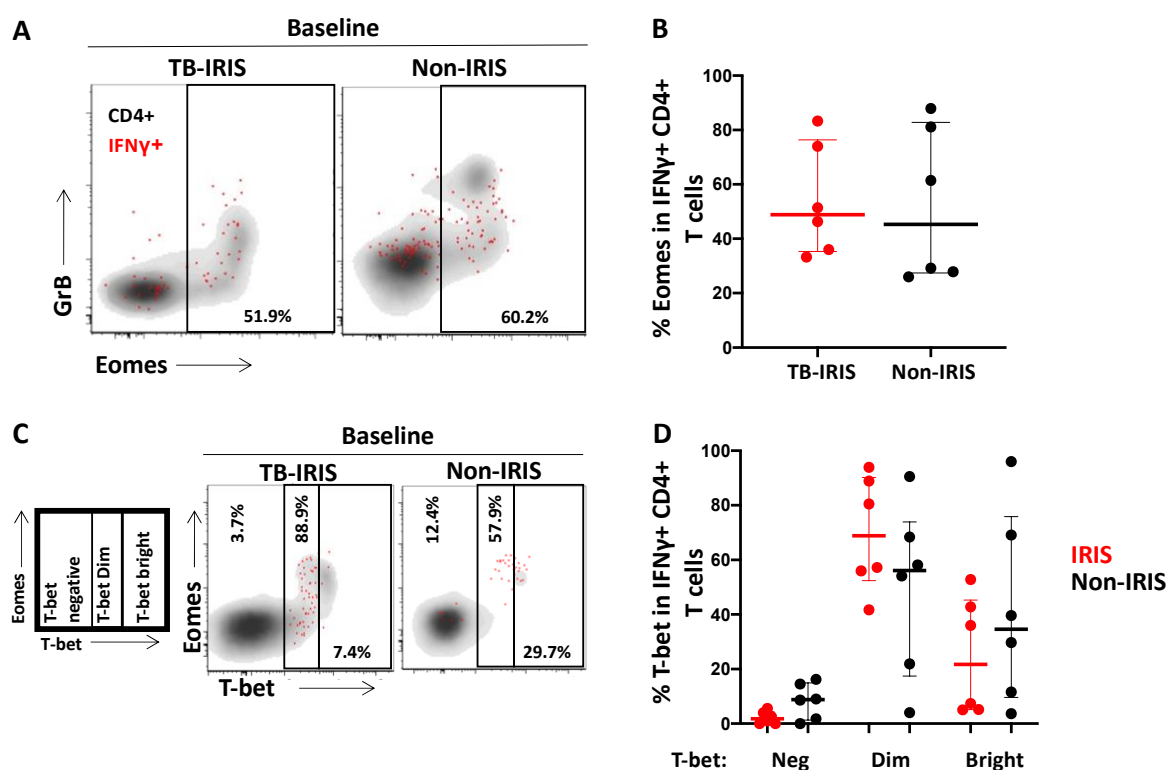


579 Supplementary figure 3  
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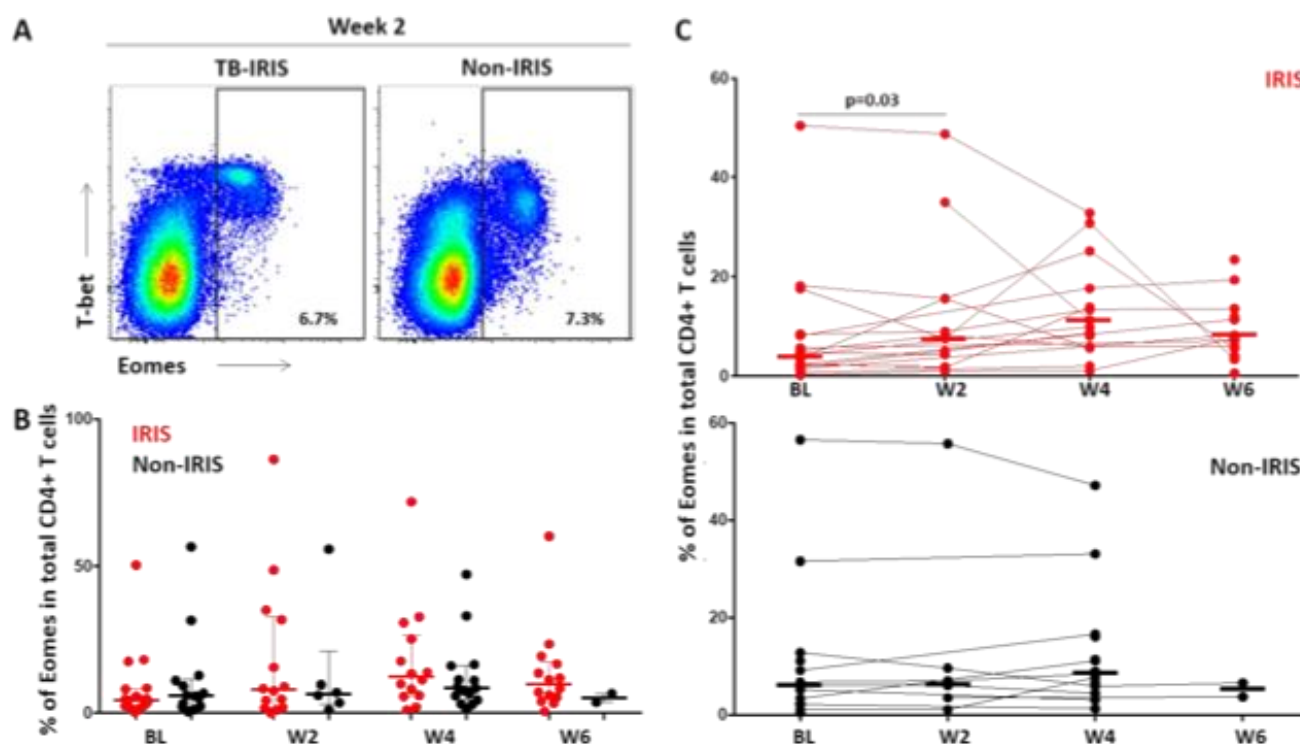
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Supplementary figure 4



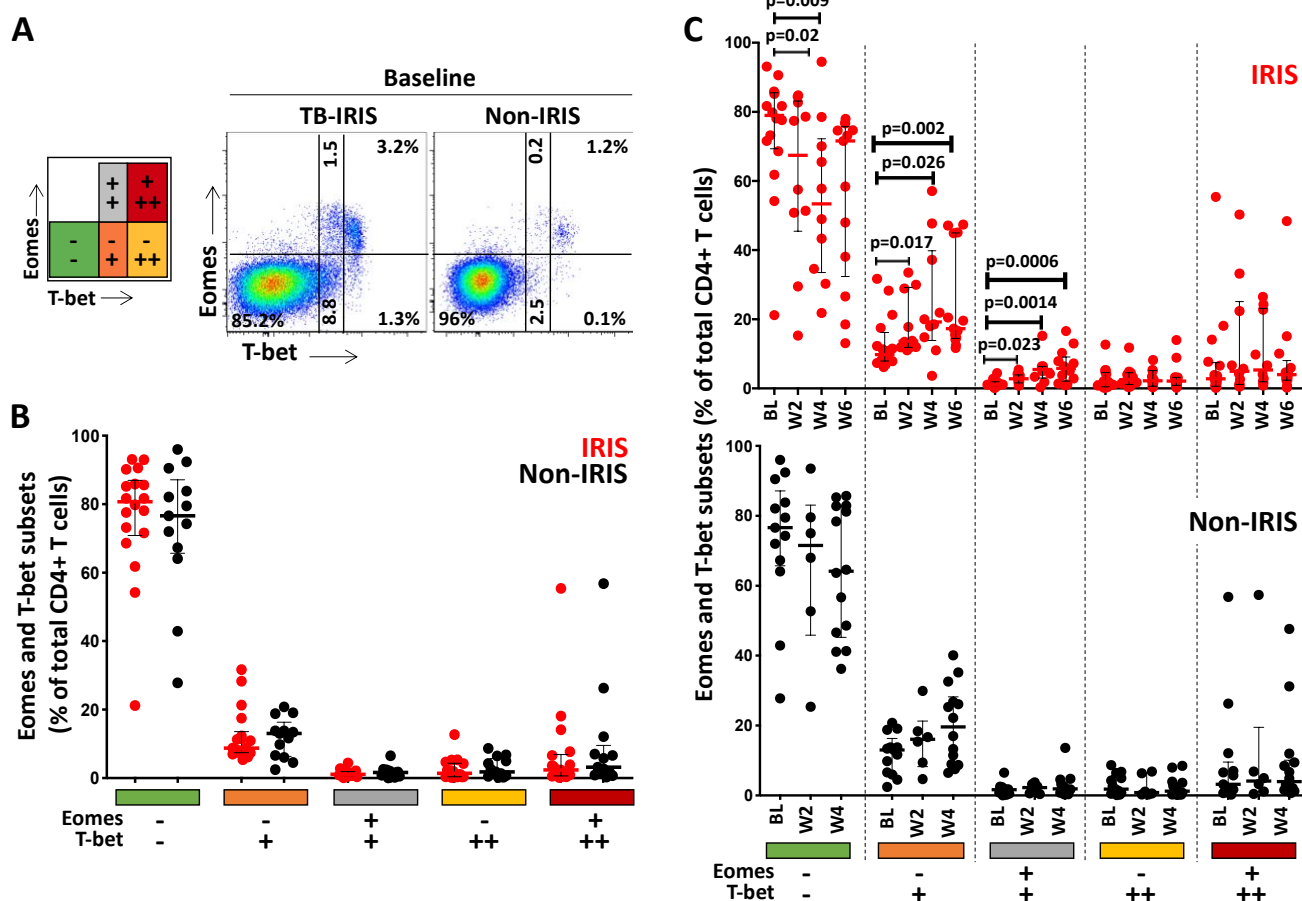
**Supplementary Figure 4. Eomes and T-bet expression on Mtb-specific IFNγ+CD4+ T cells in patients with and without TB-IRIS prior to initiation of antiretroviral therapy (ART) (BL).** A, Representative flow plot of the expression of Eomes on Mtb-specific IFNγ+CD4+ T cells (red) and total CD4+ T cells (black) in one TB-IRIS and one non-IRIS patient at BL. B, Summary plot of Eomes expression in Mtb-specific IFNγ+CD4+ T cells between TB-IRIS (n= 6) and non-IRIS patients (n= 6) at BL. C, Representative flow plot of the expression of differentiated T-bet subpopulations on Mtb-specific IFNγ+CD4+ T cells (red) and total CD4+ T cells (black) in one TB-IRIS and one non-IRIS patient at baseline. D, Summary plot of the T-bet expression in Mtb-specific IFNγ+CD4+ T cells between TB-IRIS (n= 6) and non-IRIS patients (n= 6) at BL. The Wilcoxon ranked test was used for all statistical comparisons. Only statistically significant data with a p value of 0.05 or less are indicated on graphs.

# Supplementary figure 5



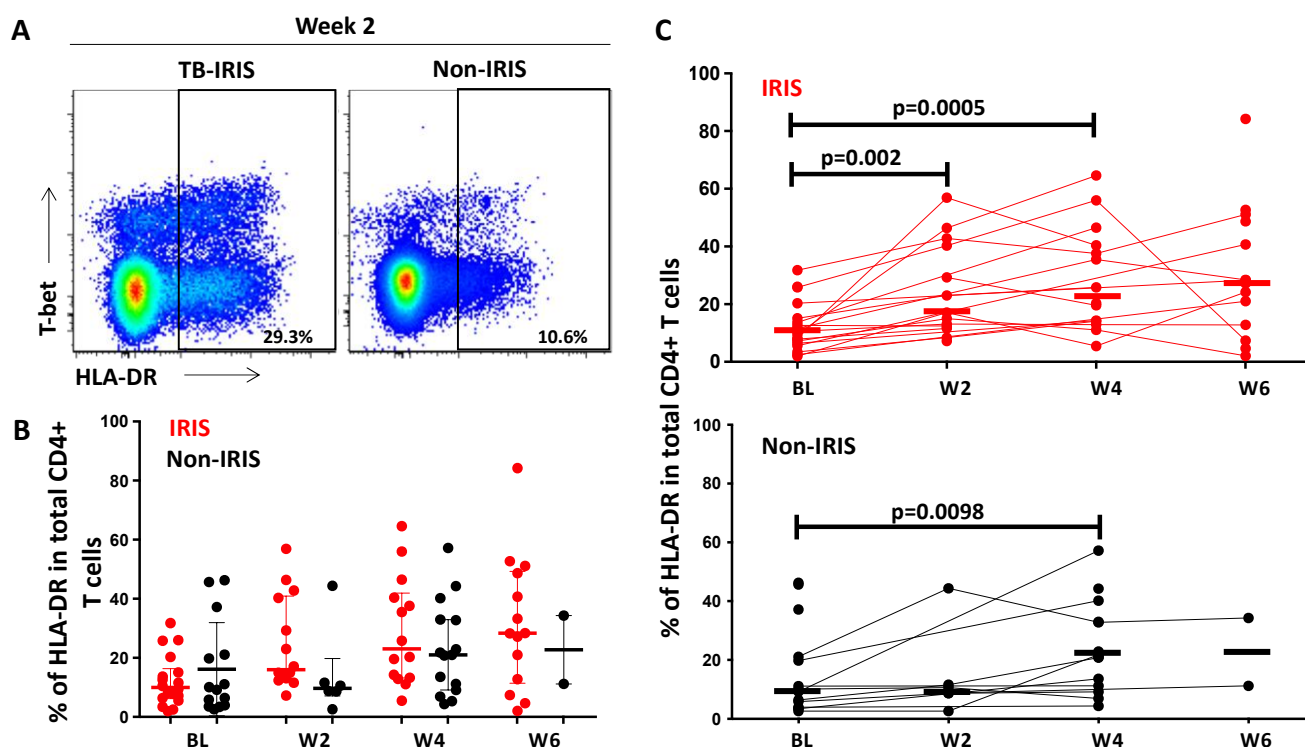
**Supplementary Figure 5. Eomes expression in total CD4+ T cells in patients with and without TB-IRIS.** A, Representative flow plot of Eomes expression in one patient with TB-IRIS and one non-IRIS patient in total CD4+ T cells two weeks post ART initiation. B, Cross sectional analyses of Eomes expression in total CD4+ T cells in patients with and without TB-IRIS at baseline (BL, n=18, and 13, respectively), 2 weeks (W2, n=13, and 6), 4 weeks (W4, n=14 and 13) and 6 weeks (W6, n=13 and 2) post-ART. C, Longitudinal analyses of the expression of Eomes in total CD4+ T cells in patients with TB-IRIS (top panel) and non-IRIS controls (bottom panel) from BL to 6 weeks post ART. The Wilcoxon ranked test was used for all statistical comparisons. Only statistically significant data with a p value of 0.05 or less are indicated on graphs.

# Supplementary figure 6



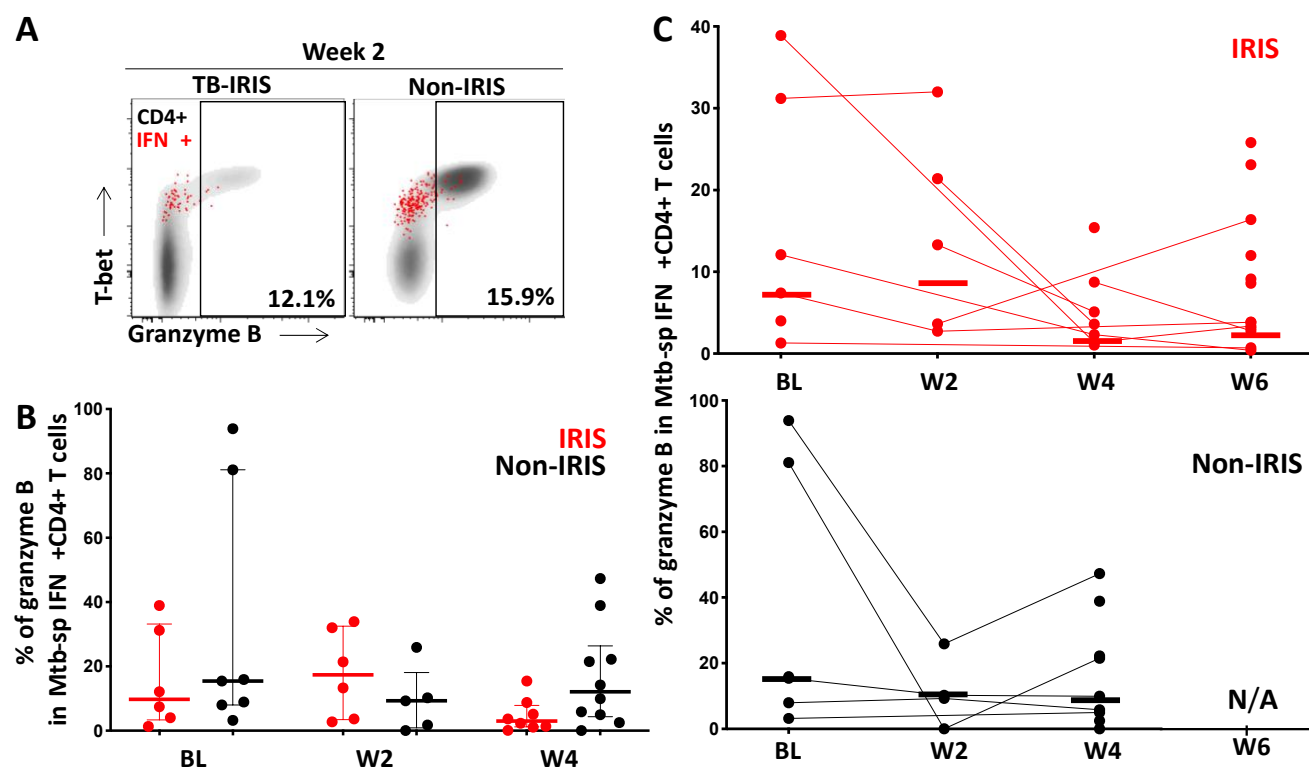
**Supplementary Figure 6. Eomes and T-bet co-expression in total CD4+ T cells in patients with and without TB-IRIS.** A, Representative flow plot of Eomes and T-bet co-expression in one patient with TB-IRIS and one non-IRIS patient in total CD4+ T cells two weeks on ART initiation. B, Cross sectional analyses of Eomes and T-bet co-expression in total CD4+ T cells in patients with and without TB-IRIS at baseline (BL, n=18, and 13, respectively), 2 weeks (W2, n=13, and 6), 4 weeks (W4, n=14 and 13) and 6 weeks (W6, n=13 and 2) on ART. C, Longitudinal analyses of the co-expression of Eomes and T-bet in total CD4+ T cells in patients with TB-IRIS (top panel) and non-IRIS controls (bottom panel) from BL to 6 weeks on ART. The Wilcoxon ranked test was used for all statistical comparisons. Only statistically significant data with a p value of 0.05 or less are indicated on graphs.

# Supplementary figure 7



**Supplementary Figure 7. HLA-DR expression in total CD4+ T cells in patients with and without TB-IRIS.** A, Representative flow plot of HLA-DR expression in one patient with TB-IRIS and one non-IRIS patient in total CD4+ T cells two weeks post ART initiation. B, Cross sectional analyses of HLA-DR expression in total CD4+ T cells in patients with and without TB-IRIS at baseline (BL, n=18, and 13, respectively), 2 weeks (W2, n=13, and 6), 4 weeks (W4, n=14 and 13) and 6 weeks (W6, n=16 and 2) post-ART. C, Longitudinal analyses of the expression of HLA-DR in total CD4+ T cells in patients with TB-IRIS from BL, n= 18, W2, n= 13, W4, n= 14, W6, n= 13 and non-IRIS controls, BL, n= 13, W2, n= 6, W4, n= 13 and W6, n= 2 post ART. The Wilcoxon ranked test was used for all statistical comparisons. Only statistically significant data with a p value of 0.05 or less are indicated on graphs.

652 Supplementary figure 8  
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**Supplementary Figure 8. Granzyme B expression in Mtb-specific IFN $\gamma$ +CD4+ T cells in TB-IRIS and non-IRIS patients.** A, Representative flow plot of granzyme B expression in Mtb-specific IFN $\gamma$ +CD4+ T cells (red) and total CD4+ T cells (gray) in one TB-IRIS and one non-IRIS patient prior to ART initiation (at Baseline, BL). B, Expression of granzyme B in Mtb-specific IFN $\gamma$ +CD4+ T cells in TB-IRIS (red) at baseline (BL, n= 6), 2 weeks (W2, n= 5), 4 weeks (W4, n= 7) and 6 weeks (W6, n= 13) and non-IRIS patients (black) at baseline (BL, n= 6), 2 weeks (W2, n= 4), and 4 weeks (W4, n= 8) post-ART. C, Expression of granzyme B in Mtb-specific IFN $\gamma$ +CD4+ T cells from Baseline to 6 weeks post ART in TB-IRIS and non-IRIS patients. The Wilcoxon ranked test was used for all statistical comparisons. Only statistically significant data with a p value of 0.05 or less are indicated on graphs.