

1 Characteristics of circadian rhythm-related genes and
2 establishment of a prognostic scoring system (CRscore) for lung
3 adenocarcinoma with experimental verification

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28 **Abstract**

29 **Background:** Non-small-cell lung cancer (NSCLC) is one of the most common
30 malignant tumors worldwide. Lung adenocarcinoma (LUAD), which is the main
31 subtype of NSCLC, has a poor prognosis. In recent years, circadian rhythm
32 (CR)-related genes (CRRGs) have demonstrated associations with tumor occurrence
33 and development, but the relationship between CRRGs and LUAD is not clear.

34 **Methods:** Based on data from The Cancer Genome Atlas and Gene Expression
35 Omnibus databases, we explored the biological function and immune cell infiltration
36 of LUAD in different CR clusters and quantified CR genes using principal component
37 analysis. Then, we built a CR scoring system (CRscore) to explore the relationship
38 between CRRGs and LUAD prognosis.

39 **Results:** Patients were divided into three clusters (A, B, and C). Biological
40 characteristics, such as survival, immune cell infiltration, and gene enrichment, were
41 significantly different among the three clusters. We then established the usefulness of
42 the CR score, which could effectively predict the prognosis of LUAD. Specifically,
43 patients with a high CR score had a better prognosis and were more sensitive to
44 chemotherapy than patients with a low CR score.

45 **Conclusion:** CRRGs can be used to assess the prognosis of patients with LUAD.
46 Quantification of CR using the CRscore tool in patients with LUAD could help to
47 guide personalized cancer immunotherapy strategies in the future. Thus, the CRscore
48 may be a powerful prognostic tool for LUAD.

49 **Keywords:** NSCLC, LUAD, circadian rhythm genes, prognosis

50 **Introduction**

51 In recent years, circadian rhythm (CR)-related genes (CRRGs) have become a hot
52 topic in cancer research. Many studies have shown that CRRGs regulate cell
53 proliferation, malignant tumor cell apoptosis, and neuroendocrine and immune
54 function. CRRGs are expressed in many behaviors and physiological processes,
55 including tumor occurrence and development (1) . Disruption to the CR plays a key
56 role in tumorigenesis and promotes the establishment of cancer features. Moreover,
57 tumorigenesis impairs the CR directly (2). In recent years, increasing attention has
58 been paid to studying the effects of the CR in the human body. For example, its role
59 in tumorigenesis, cancer characteristics, treatment options, and how CRRGs work are
60 becoming interesting topics for future research (3, 4). There are strong links between
61 cancer and CR disorders. For example, transcription of core CRRGs affects the
62 efficacy of treatment and the prognosis of a variety of cancers (5-7). However, the
63 mechanisms regulating the effects of CRRGs on clinical prognosis remain unclear .
64 A previous study showed that disruption of the CR can promote the development of
65 lung tumors (8). Lung cancer is the leading cause of cancer death, accounting for
66 18.4% of all cancer deaths, and has the highest incidence of all types of cancer
67 worldwide (11.6%) (9). Non-small-cell lung cancer (NSCLC) is the most common
68 type of lung cancer, accounting for approximately 85% of cases. Lung
69 adenocarcinoma (LUAD) is the most common type of NSCLC, and its incidence is
70 increasing year by year. Therefore, it is necessary to identify key molecules and to
71 establish an effective prediction model with good stability that can be used to

72 implement precise treatment and improve the prognosis of patients with LUAD.
73 In this study, we investigated the relationship between LUAD prognosis and CRRGs
74 and established a CR scoring system (CRscore) to predict the prognosis of patients
75 with LUAD and guide treatment selection.

76 **Materials and methods**

77 **Data source and pre-processing**

78 The data and clinical information of patients with LUAD and somatic mutation data
79 were obtained from The Cancer Genome Atlas (TCGA). In addition, another set of
80 files (GSE37745) was downloaded from the Gene Expression Omnibus (GEO)
81 database to ensure the adequacy of the sample size. Subsequently, in UCSC Xena
82 (<http://xena.ucsc>), we downloaded the copy number data of LUAD (10). Using the
83 limma package , the standard human gene expression matrix of each independent
84 sample was converted from the TCGA gene expression profile, and Transcripts Per
85 Million data were converted from Fragments Per Kilobase Million data (11). The
86 standard human gene names were converted from two GEO files in Perl, as was the
87 clinical information obtained from the GEO. The batch effects of the data were
88 corrected using the sva package of R (12). We combined the statistical data of
89 TCGA-LUAD and GSE37745 as the combined queue. We used R (version 4.1.1) and
90 Strawberry Perl (version 5.32.1) to process the data.

91

92 **Differential expression of CRRGs**

93 This study examined 10 genes (AANAT , NPAS2, ARNTL, CRY1, PER3, CLOCK,
94 CRY2, CSNK1E, NR1D2, and BHLHE40). First, the copy numbers of the CRRGs
95 were extracted from TCGA-LUAD using Perl software, and histograms were
96 intuitively constructed using R software. The R Circos package was used to map the
97 change in 10 CRRGs on 23 pairs of chromosomes to investigate the relationships
98 between CRRG copy number and chromosome. The differential expression of these
99 CRRGs in TCGA-LUAD was compared using the Wilcoxon rank-sum test in the
100 limma package, which provides a comprehensive solution for microarray and
101 RNA-Seq differential analyses (13). A waterfall plot was created using the maftools
102 package of R to bear out the mutation rate of CRRGs in patients with LUAD. A
103 boxplot was constructed using the ggpubr package of R, and a heatmap was drawn
104 using the pheatmap package. A P value of <0.05 was considered statistically
105 significant.

106

107 **CR regulator analysis**

108 ***CR clustering***

109 To bear out the value of CRRGs, we used an unsupervised cluster analysis to
110 organize the amalgamated dataset according to the expression of CRRGs. The
111 samples were clustered using the ConsensusClusterPlus package according to the
112 expression of CRRGs. All samples were divided into K=[2-9] groups, and the most
113 suitable CR regulator cluster was obtained according to three conditions after the
114 cycle, including a close connection within types and an unclose connection between

115 types, the number of samples in each cluster was not short, and no significant increase
116 in the cumulative distribution curve area . According to the correlations between the
117 CRRG clusters and the survival status, the survminer package was used to determine
118 the cut-off points of each subgroup of data, and all possible cut-off points were tested
119 to identify the maximum rank statistics. Based on the log-rank statistics, patients were
120 divided into high, medium, and low expression groups. The Kaplan–Meier method
121 and the survminer package were used to generate survival curves for the predictive
122 analysis. The log-rank test was used to identify significant differences. A P value of
123 <0.05 was considered statistically significant.

124 ***Single-sample GSEA analysis and GSVA analysis***

125 GSVA is a non-parametric, unsupervised method for estimating path changes and
126 changes in the activity of biological processes in samples in an experimental dataset
127 (14). Based on differences in CRRGs, we revealed the biological pathways between
128 different CRRG clusters. For the gene enrichment analysis, we download
129 "C2.CP.KEGG.7.5.1.symbols ". The scores of different paths in each sample were
130 calculated using the GSA package of R, and the path differences were analyzed using
131 the limma package. A P value of <0.05 indicated differential expression of pathways
132 in pathway regulation (15, 16). Heatmaps were drawn using the phatmap package.
133 We used the single-sample GSEA and the gene enrichment score to inspect the
134 relative abundance of immune cell infiltration to obtain the immune score (17). We
135 obtained the gene sets of every type of tumor microenvironment (TME)- infiltrating
136 immune cell from a previous study (18), including activated dendritic cells, CD8+ T

137 cells, regulatory T cells, and macrophages. The pertinence of CRRG clusters and
138 immune scores was explored using the limma package, and the ggpubr package was
139 used to draw the box graph. A P value of <0.05 was considered statistically
140 significant.

141 ***Differential analysis***

142 To identify differentially expressed genes (DEGs) related to CR, we used the limma
143 and VennDiagram packages to identify DEGs between CRRG clusters. DEGs with an
144 adjusted P value of <0.001 were reserved (19). Gene Ontology (GO) and Kyoto
145 Encyclopedia of Genes and Genomes (KEGG) analyses were used to examine the
146 pathways and functions of DEGs. P values and Q values of <0.05 were used to
147 identify the potential pathways and biological functions of these DEGs . According to
148 the number of enriched CRRGs , we chose the top 30 KEGG pathways and GO
149 pathways.

150

151 **CRRG clusters**

152 To identify the CRRGs there were associated with prognosis ($P < 0.05$), the univariate
153 Cox regression analysis was used to analyze the DEGs using the survminer package.
154 The ConsensusClusterPlus package was used to cluster the samples according to the
155 expression of prognostic CRRGs to determine the CRRG clusters that should be
156 further analyzed. First, we performed a survival analysis to evaluate the prognostic
157 value of the CRRG clusters using the survminer package. Then, the patients were
158 divided into three groups: A, B, and C. The Kaplan–Meier method was used to draw

159 the survival curves of the three groups, and the difference between the three groups
160 was significant ($P < 0.001$) according to the log-rank test . After collecting the clinical
161 data (LUAD stage, age, sex, and alive/deceased status), the phatmap package of R
162 was used to draw a heatmap of the correlations between clinical features and CRRG
163 clusters. The boxplot was drawn using the ggpubr package.

164

165 **CR score**

166 To quantify the expression of CRRGs in patients with LUAD, we constructed a CR
167 scoring system (CRscore) based on the CRRGs associated with prognosis. Then, we
168 used the principal component analysis (PCA) to construct the CRscore. The PCA can
169 effectually identify the most significant portions and structures in the data, eliminate
170 redundancy and noise, reduce the dimension of primordial intricate data, and uncover
171 the simple structure hidden behind the mazy data .

172 We used the following calculation to construct the CRscore mainly using the PCA :

173
$$\text{CR score} = PC1i + PC2i$$

174 where i represents the expression of prognostic DEGs.

175

176 **Correlations between the CR score and patients' clinical** 177 **characteristics**

178 We divided the patients into the high CR score group and the low CR score group for
179 further analysis using the CRscore. First, the survival analysis was used to assess the
180 prognostic value of the CRRG clusters using the same method as described above.

181 Then, we analyzed the relationships between the CRscore and patients' clinical
182 features, including age, sex survival status, and LUAD stage , to identify the
183 relationship between the CR score and survival in the context of the different
184 individual clinical characteristics using the univariate and multivariate Cox
185 regression analyses. Patients with the same clinical characteristics were analyzed
186 respectively to exclude the influence of clinical characteristics on the conclusion .
187 Then, the correlations between CR clusters, gene clusters, CR grouping, and clinical
188 data (LUAD stage, age, sex, alive/deceased status) were measured using the
189 ggalluvial package for Mulberry plots. In addition, differences in the CR score were
190 calculated for the different clinical characteristics (stage, age, and sex). The plyr and
191 ggpibr packages were used to construct percentage plots and box-line plots,
192 respectively. The CR score and CR stage were compared using the limma package.
193 The log-rank test was used to identify statistically significant differences, and the
194 Kaplan–Meier method was used to analyze each clinical feature based on the CR
195 score.

196

197 **Correlations between the CR score and the tumor mutation 198 burden (TMB)**

199 The TMB is the sum of somatic gene-coding errors, gene insertions, deletion errors,
200 and base substitutions per million bases. First, using Perl software, the TMB was
201 calculated for each sample. A correlation diagram and boxplot of the relationship
202 between the TMB and CR grouping was constructed using the ggpibr package of R.

203 Then, the survminer package was used to perform the survival analysis. According to
204 the TMB, all samples were divided into two groups: the low expression group and the
205 high expression group. We also used the Kaplan–Meier method to plot the survival
206 curves based on the TMB and the TMB combined with the CR score. A P value of
207 <0.05 was considered statistically significant with the log-rank test.

208

209 **Analysis of immune checkpoint genes**

210 First, the corrplot package was applied to contrast the correlation between the immune
211 score and the CR score. Then, the samples (by CR group) were crossed with the
212 clinical information samples (survival status), and the data were combined using R
213 software. Immunotherapy score files were acquired from the Cancer Immunome Atlas
214 (TCIA) website (<https://tcia.at/home>). A violin plot was created to observe the
215 relationship between immune checkpoint genes and groups with high and low CR
216 scores using the ggpubr package. We analyzed the relationships between the CR score
217 and the expression of common immune checkpoint (PD-L1, PD-L2, PD1, CTLA4)
218 using the limma package.

219

220 **Prognostic treatment of LUAD based on the CR score**

221 The immunophenotypic scores (IPSs) of TCGA-LUAD patients were obtained from
222 the TCIA database (20). The difference in the IPS between the high CR score group
223 and the low CR score group was analyzed to comprehend the immunogenicity of the
224 two groups of patients. We used the pRRophetic package of R to predict the

225 half-maximum inhibitory concentration of five chemotherapeutic agents for the
226 treatment of LUAD, including cisplatin, gemcitabine, paclitaxel, vinorelbine, and
227 methotrexate (21). These five kinds of chemotherapy drugs in LUAD patients with
228 the sensitivity of the forecast are based on the cancer drug sensitivity genomics
229 (GDSC, <https://www.cancerrxgene.org/>).

230

231 **Statistical analysis**

232 The Kruskal–Wallis test was used to compare three or more groups. Using the
233 Surv-Cutpoint function in the survminer package of R, the patients were divided into
234 two groups: the high CR score group and the low CR score group. Spearman’s and
235 distance correlation analyses were used to calculate the correlation coefficients
236 between the TME-infiltrated immune cells and CRRG expression. We used Pearson’s
237 correlation to calculate the correlation coefficients between CRRGs. A P value of
238 <0.001 was considered statistically significant. The univariate Cox regression analysis
239 was used to calculate the hazards ratios of the CRRGs and DEGs. The cor.mtest
240 function was used to calculate the relationship between the CR score and immune cell
241 infiltration, and the corrplot package of R was used to visualize this relationship.
242 Spearman’s correlation analysis was used to obtain the correlation coefficient between
243 the TMB and the CR score. The R Circos package was used to show the change in
244 copy number on 23 chromosomes based on the CRRGs identified from TCGA-LUAD
245 (22). The maftools package was used to construct a waterfall plot to show the
246 mutation status of TCGA-LUAD. All data were analyzed using R (version 4.1.1) or

247 Perl (version 5.32.1) software (23). The R packages used in this study and their
248 functions are available from the BioConductivity website.

249

250 **Clinical validation of CRRGs**

251 ***Quantitative reverse-transcriptase polymerase chain reaction***
252 ***(qRT-PCR)***

253 We extracted total RNA from freshly isolated tissues utilizing TRIZOL reagent
254 (#15596026; Thermo Fischer Scientific, US) (The experiment was reviewed and
255 approved by the Ethics Committee of Nantong University Affiliated Hospital.
256 Approval Number:2021-K077-01.) . Complementary DNA was synthesized from
257 whole RNA using random primers. The PCR primer sequences of NPAS2 were
258 designed as follows: forward: 5'- CGTGTGGAAAAGGTCATCGG-3'; reverse:
259 5'-TCCAGTCTTGCTGAATGTCAC-3'. Reverse transcription was performed at 42°C
260 for 30 minutes, followed by 85°C for 5 minutes. The PCR conditions included initial
261 denaturation for 10 minutes at 95°C, followed by 40 cycles of 95°C for 20 seconds,
262 55°C for 30 seconds, 72°C for 30 seconds, 95°C for 1 minute, and 55°C for 30
263 seconds. NPAS2 mRNA was quantified by qRT-PCR with SYBR Premix ExTaq
264 (Applied Takara Bio , Baori Medical Biotechnology) and normalized to GAPDH as
265 the reference gene.

266 ***Western blot***

267 Total protein was extracted from tissue, and the protein concentration was determined
268 using the bicinchoninic acid assay (#23225) (The experiment was reviewed and

269 approved by the Ethics Committee of Nantong University Affiliated Hospital.
270 Approval Number:2021-K077-01.) . Then, 20 μ g protein was loaded into each well
271 and separated by polyacrylamide gel electrophoresis. The protein was then transferred
272 to a polyvinylidene fluoride membrane using the wet transfer method and blocked
273 with 5% skimmed milk at room temperature for 2 hours. Rabbit anti-human NPAS2
274 (1:2000, PHR3777) and rabbit anti-human GAPDH were incubated overnight at 4°C.
275 After washing, horseradish peroxidase-conjugated horseradish peroxidase-conjugated
276 goat anti-rabbit secondary antibody (1:10,000, #7076) was incubated at 37°C for 2
277 hours. The membrane was prepared with enhanced chemiluminescence reagent. The
278 average band strength was measured using Image J software (National Institutes of
279 Health, US). The gray value of the target protein was divided by the gray value of
280 GAPDH to calculate the relative protein expression of the target. All antibodies were
281 purchased from Abmart , china.

282

283 **Results**

284

285 **Epigenetic analysis of CR in LUAD samples**

286 Ten CRRGs were examined in this study. As shown in the waterfall figure, 33 of 561
287 (5.88%) samples had mutations (Fig. 1C). The mutation rates of PER3, CRY2,
288 NPAS2, CRY1, CLOCK, ARNTL, and CSNK1E were 1%, while the mutation rates
289 of BHLHE40, NR1D2, and AANAT were 0%. The copy number variation (CNV)

290 analysis showed a significant increase in the copy numbers of AANAT, NPAS2,
291 ARNTL, CRY1, PER3, CLOCK, and CRY2, while there was a marked decrease in
292 the copy numbers of CSNK1E, NR1D2, and BHLHE40 (Fig. 1D). The circle
293 diagram shows the chromosomal locations with copy number variations (CNVs) in
294 CRRGs (Fig. 1B). LUAD tissues and healthy tissues can be identified by CNVs in
295 chromosomes. To identify the relationship between regulatory factors and epigenetics,
296 we analyzed the expression of CRRGs (Figs. 1A, E). NR1D2, AANAT, CRY1,
297 NPAS2, CSNK1E, PER3, and CRY2 were significantly differentially expressed
298 between LUAD tissues and healthy tissues ($P < 0.05$) Changes in the expression of
299 CRRGs may vary with copy number. The CRRGs demonstrated specific epigenetic
300 changes in tumor tissues and adjacent non-cancerous tissues. Therefore, seven
301 CRRGs with obvious differences in expression (NR1D2, AANAT, CRY1, NPAS2,
302 CSNK1E, PER3, and CRY2) were studied further.

303

304 **Fig1. Differences in circadian rhythm genes between LUAD patients and normal**
305 **patients. (A)** Heatmap: To clarify the difference expression of circadian rhythm genes
306 between the tumor group and the normal group. **(B)** The change of CNV's position of
307 circadian rhythm genes was in 23 pairs of chromosomes. **(C)** CRGs waterfall: The number on
308 the right represents the mutation frequency of CRGs in LUAD patients, and the bar chart
309 represents the proportion of mutations per base. **(D)** CNV mutation frequency of CRGs in
310 LUAD: the height of the column represents the mutation frequency. Green dots represent
311 deletions and red dots represent amplifications. **(E)** The difference expression of circadian

312 rhythm genes between normal group and tumor group through boxplot (asterisk indicates
313 statistical P value (* P<0.05; ** P< 0.01; *** P<0.001)

314 **Unsupervised clustering based on CR**

315 We introduced a new cohort (merged cohort), which consisted of TCGA-LUAD data
316 and GEO data (GSE37745). Unsupervised clustering was used to separate the tumor
317 samples according to the expression of the seven CRRGs mentioned above.
318 According to the cumulative distribution function value, the optimal quantitative
319 cluster was determined as 3 (k = 3). Thus, the tumor samples were divided into three
320 groups (Fig. 2A): CRcluster A, CRcluster B, and CRcluster C. There were significant
321 differences among the three clusters according to the results of the PCA (Fig. 5A).
322 Specifically, CRcluster C had the greatest survival advantage (Fig. 2B). The heatmap
323 shows differences in CRRG expression among the different clusters, and the
324 expression of CRRGs was highest in CRcluster B (Fig. 2C).

325

326 **Fig2. CRGs of unsupervised cluster analysis.** (A) CRGs uses the method of unsupervised
327 cluster analysis to find that K=3 is the optimal number of clusters. (B) Survival analysis of
328 LUAD patients in three different CRclusters. (C) seven circadian rhythm genes (NR1D2 ,
329 AANAT , CRY1 , NPAS2 , CSNK1E , PER3 , CRY2) combined with different clinical
330 characteristics of CRcluster heatmap.

331 **Fig5. The characteristics of DEGs.** (A) Principal component analysis(PCA): significant
332 differences in the transcriptome of the three CRclusters. (B) The Venn diagram shows 579
333 differential expressed genes (DEGs) of circadian rhythm-related genes in the three

334 CRclusters. **(C)** Differences in the expression levels of seven circadian rhythm genes in the
335 three CRclusters. **(D)** Forest map: the top 16 genes in the prognostic DEGs.

336

337 **Differences in immune cell infiltration and function between**
338 **the CR clusters**

339 To explore the potential biological functions of the three CRRG clusters, the GSVA
340 analysis was performed (Figs. 3A–C). CRcluster A and CRcluster B were mainly
341 related to CR in mammals, such as transforming growth factor-beta, the cellular
342 response to transforming growth factor-beta, and regulation of the transforming
343 growth factor-beta receptor. CRcluster C was related to protein expression, such as
344 the mitogen-activated protein kinase (MAPK) signaling pathway and
345 neurodegeneration. There were significant differences in immune cell infiltration
346 among the three clusters based on the results of the GSEA analysis (Fig. 4C). We
347 found that CRcluster C had a mass of infiltrating immune cells, including CD4+ T
348 cells and CD8+ T cells, which are involved in specific immunity. CRcluster A
349 included dendritic cells, macrophages, and monocytes, which participate in the
350 non-specific immune response. CRcluster B included eosinophils, immature dendritic
351 cells, myeloid-derived suppressor cells, macrophages, mast cells, and plasmacytoid
352 dendritic cells ($P < 0.05$). Patients in CRcluster C revealed a favorable survival status
353 (Fig. 2B). In combination with the results of the GSVA analysis, we predicted that
354 immune cell infiltration may play a major anti-tumor role (21).

355

356 **Fig3. GSVA analysis: the activation status of biological pathway of each**
357 **CRcluster was observed in pairs in 3 groups of CRclusters (A)clusterA-clusterB**
358 **(B)clusterA-clusterC (C)clusterB-clusterC**

359

360 **Fig4. Functional analysis of DEGs. (A)** GO enrichment analysis of 579 DEGs
361 intersected in three CRclusters. **(B)** KEGG enrichment analysis of 579 DEGs
362 intersected in three CRclusters. **(C)** The abundance of each immune-infiltrating cell in
363 the three CRclusters, the boxline of the boxplot represents the median, the dot outside
364 the box represents the outlier, and the asterisk represents the P value (* P<0.05; ** P<
365 0.01; *** P<0.001)

366

367

368 **Identification of DEGs related to CR**

369 Based on the three CR clusters, we conducted a differential analysis of the
370 amalgamated cohort to identify DEGs related to CR. As shown in Fig. 5B, there were
371 5,230 DEGs between CRcluster A and CRcluster B; 3,653 DEGs between CRcluster
372 A and CRcluster C; and 7,865 DEGs between CRcluster B and CRcluster C. A total
373 of 579 DEGs related to CR with adjusted P values of <0.001 were selected based on
374 the co-intersection of the CR typing differential genes. These genes were analyzed
375 using GO and KEGG enrichment analyses to identify their functions (Figs. 4A, B).
376 We identified 151 GO terms and 49 KEGG pathways (P < 0.05, Q < 0.05). The top 30
377 GO terms and KEGG pathways with the greatest number of genes were screened. The

378 results showed that the GO terms and KEGG pathways above were mainly involved
379 in the MAPK signaling pathway, the cellular response to environmental stimuli, the
380 cellular response to abiotic stimuli, protein serine or threonine kinase activity, and
381 melanogenesis. We then performed the univariate Cox regression analysis on the 579
382 DEGs related to CR and identified 110 DEGs ($P < 0.05$). We identified 16
383 prognosis-related DEGs (Fig. 5D), which showed a significant ability to predict
384 patient survival ($P < 0.05$). Coincidentally, the patients were still divided into three
385 clusters (A–C) using the unsupervised cluster analysis of the 110 CRRGs (Fig. 6A).
386 Patients with gene cluster B had the greatest survival rate in the survival analysis (Fig.
387 6B). We found that the proportion of patients with LUAD stage I–II was particularly
388 large, and these patients were mainly concentrated in gene cluster B (Fig. 6C).
389 Subsequently, on the basis of the three gene clusters, we analyzed the differential
390 expression of the seven CRRGs in the merged cohort using the limma package. As
391 expected, there were remarkable differences in CRRG expression among the three
392 gene clusters (Fig. 5C). The regulatory mechanism of CRRGs was verified based on
393 the above results.

394

395 **Fig6. Unsupervised cluster analysis of prognostic associated DEGs. (A)**Unsupervised
396 cluster analysis was used for prognostic genes in DEGs to determine that $K=3$ is the optimal
397 cluster number. **(B)** Comparison of the overall survival of the three CRclusters. **(C)** CRcluster
398 heatmap: 110 circadian rhythm-related genes associated with prognosis combined with
399 different clinical characteristics.

400 **Relationship between the CR score and traits of each**
401 **subtype**

402 We established a scoring system (CRscore) to quantify the expression of the 110
403 DEGs related to CR as prognostic predictors. The survival rate of patients with a
404 high CR score was significantly higher than the survival rate of patients with a low
405 CR score according to the survival analysis (Fig. 7A). Changes in the clinical
406 characteristics (LUAD stage, age, sex, alive/deceased status) and subgroups of
407 patients are shown in the Sankey diagram (Fig. 7B). Most immune cells were
408 negatively correlated with the CR score (Fig. 8A), and the infiltrating immune cells
409 were significantly negatively correlated with the CR score (Fig. 8B). In other words,
410 the lower the CR score, the stronger the immunity. The Kruskal–Wallis test showed a
411 significant difference in the CR score between the CR clusters and the gene clusters.
412 CRcluster A had the lowest score, while CRcluster C had the highest score. As a
413 result, we hypothesized that patients with high and low CR scores were more inclined
414 to suppress and develop tumors, respectively. This is well supported by the survival
415 curves of the high and low CR score groups (Fig. 7A). In terms of the gene clusters,
416 the CR score sequence was gene cluster C > gene cluster B > gene cluster A (Fig.
417 7D). The same was true for the CR clusters (CRcluster C > CRcluster B > CRcluster A)
418 (Fig. 7C).

419 We also analyzed the relationship between the TMB of LUAD and the CR score to
420 explore the relationship between the CR score and tumor occurrence and
421 development. Tumors with a high CR score showed a high TMB (Fig. 9B). In other

422 words, the CR score was positively correlated with the TMB ($P < 0.05$; $r = 0.17$) (Fig.
423 9A). The survival curves of the TMB and CR score show that there was no significant
424 difference in survival between the high and low TMB groups (Fig. 9C), but the TMB
425 combined with the CR score predicted a significant difference in survival (Fig. 9D).
426 Patients with a high TMB and a high CR score had a longer survival time. It can be
427 speculated that combining the CR score with the TMB can enhance the sensitivity of
428 TMB to forecast the effectiveness of immunotherapy in patients with LUAD.

429

430 **Fig7. The characteristics of CRscore.** (A) Comparison of overall survival of high and low
431 CRscore based on circadian rhythm genes. (B) The Sankey diagram shows the correlation
432 among CRscore and genecluster, CRcluster, fustat, age, gender, stage. (C) Kruskal-wallis test
433 was used to analyze the statistical differences between CRscore and the three CRclusters. (D)
434 Statistical differences between CRscore and the three Genecluster (Kruskal-Wallis test
435 analysis, $p < 0.001$)

436

437 **Fig8. The correlation between CRscore and immune-infiltrating cells.** (A) The
438 Correlation between CRscore and immune-infiltrating cells was detected in seven different
439 software. The Correlation coefficient greater than 0 was positive, and the Correlation
440 coefficient less than 0 was negative. (B) Immuno correlation analysis between CRscore and
441 immune-infiltrating cells.

442

443 **Fig9. The correlation between CRscore and TMB.** (A) The relationship between high and

444 low CRscores and TMB: Scatter plot showed that TMB was positively correlated with
445 CRscore ($R=0.17$, $p<0.001$). **(B)** Difference between high and low CRscores and TMB
446 ($p<0.05$). **(C)** TMB survival analysis: Kaplan-Meier curve was used to describe survival rates
447 of high and low TMB patients. **(D)** CRscore combined with TMB survival analysis:
448 Kaplan-Meier curves were used to depict the survival rates of patients with high and low
449 TMB and high and low CRscore.

450

451 **The CR score as a prognostic biomarker**

452 There were no significant differences in the clinical features (with the exception of
453 LUAD stage) and CR score (Figs. 10A–H). Stage I–II LUAD accounted for 82% and
454 73% of samples in the high and low CR score groups, respectively, while stage III–IV
455 LUAD accounted for 18% and 27% of samples in the high and low CR score groups,
456 respectively (Fig. 10A). The quantitative analysis showed that the CR score was
457 significantly different between stage I–II LUAD and stage III–IV LUAD ($P < 0.05$)
458 (Fig. 10E). Female patients who were deceased and ≤ 65 years of age accounted for a
459 large proportion of the high CR score group, while male patients who survived and
460 were > 65 years of age accounted for a large proportion of the low CR score group
461 (Figs. 10B–D). According to the quantitative analysis, the CR score of patients with
462 stage I–II LUAD was higher than that of patients with stage III–IV LUAD (Fig.
463 10A). The survival status of patients in the high and low CR score groups with the
464 same clinical characteristics was analyzed to evaluate the universality of the CRscore
465 tool. By comparing the survival status of the two groups for each clinical feature, we

466 identified that patients with higher CR scores had better survival (Figs. 11A–H).
467 Although the P value of patients with stage III–IV LUAD was >0.05 , the usefulness
468 of the CRscore tool in predicting prognosis should not be underestimated (Fig. 11H).
469 Next, the univariate and multivariate Cox regression analyses were performed for the
470 CR score and clinical characteristics (LUAD stage, sex, and age). Both the univariate
471 (Fig. 9E) and multivariate (Fig. 9F) analyses showed that age, stage, and CR score
472 were independent prognostic factors in this study.

473

474 **Fig10. The relationship between CRscore and clinical features. (A-D).**The abscissa
475 represents CRscore type and the ordinate represents survival rate (The red areas represent
476 phases (A) stage I-II (B) female (C) age ≤ 65 (D) dead and the blue areas represent phases
477 (A) stage III-IV (B) male (C) age >65 (D) alive). (E-H).The ordinate represents CRscore and
478 the ordinate represents (E) stage (F) gender (G) age (H) fustat

479

480 **Fig11. The relationship between CResore and survival of clinical features. (A-H).**
481 Kaplan-Meier curve was used to describe the difference in survival between groups with
482 different clinical characteristics of high and low CRscore. The horizontal axis is survival time,
483 and the vertical axis is (A)age ≤ 65 (B)alive (C)female (D)stage I-II (E)age >65 (F)dead
484 (G)male (H)stage III-IV.

485

486 **Immunotherapy for LUAD based on the CR score**

487 Based on the CR score, we evaluated the differences in the expression of four

488 common immune checkpoint proteins (PD1, PD-L1, PD-L2, and CTLA-4). The
489 expression of immune checkpoint proteins was inversely related to high and low CR
490 scores. In other words, the expression of immune checkpoint proteins was low in
491 patients with high CR scores and high in patients with low CR scores (Figs. 12A–D).
492 On the basis of the CR score, the IPS of LUAD was analyzed to predict its
493 immunogenicity. Patients with high CR scores had higher IPS and IPS-CTLA4 scores
494 (Figs. 12E–H). These results suggest that patients with LUAD with high CR scores
495 may have a good response to CTLA4 immunotherapy (24). We analyzed the
496 relationship between the CR score and the sensitivity of chemotherapy agents, which
497 are used to treat LUAD, including cisplatin, gemcitabine, paclitaxel, vinorelbine and
498 methotrexate. Patients with high CR scores were sensitive to cisplatin, gemcitabine,
499 paclitaxel, and vinorelbine ($P < 0.05$) (Figs. 13A, C, D, E), and patients with low CR
500 scores were sensitive to methotrexate ($P < 0.05$) (Fig. 13B). These results suggest that
501 the CRscore tool is a dependable biological index of prognostic immunotherapy and
502 clinical efficacy.

503
504 **Fig12. The relationship between CRscore and immunotherapy. (A-D).** Relationship
505 between CRscore and immune checkpoints. The abscissa is CRscore, and the ordinate is the
506 immune checkpoints **(A)** CTLA-4 **(B)** PD1 **(C)** PD-L1 **(D)** PD-L2 **(E-H).**Relationship
507 between immunophenotypic score and high and low CRscore group. The abscissa is CRscore,
508 and the ordinate is **(E)ips_ctla4_neg_pd1_neg****(F) ips_ctla4_neg_pd1_pos**
509 **(G)ips_ctla4_pos_pd1_neg** **(H)ips_ctla4_pos_pd1_pos**.

510

511 **Fig13.The relationship between CRscore and sensitivity to commonly used**
512 **chemotherapeutic drugs.** The abscissa is CRscore, and the ordinate is the sensitivity of
513 chemotherapy drugs **(A)** gemcitabine **(B)** methotrexate **(C)** cisplatin **(D)** vinorelbine **(E)**
514 paclitaxel.

515

516 **Clinical validation of CRRGs**

517 To prove the accuracy of our CRscore tool and the strictness of the conclusions, we
518 conducted a clinical trial on NPAS2, which is one of the CRRGs under study. We
519 compared the expression of NPAS2 mRNA in LUAD tissues. NPAS2 was more
520 highly expressed in LUAD tissues compared with healthy lung tissues according to
521 qRT-PCR ($P < 0.05$) (Fig. 14C). Furthermore, we compared the expression of NPAS2
522 protein in LUAD tissues. As expected, Western blot showed that NPAS2 was
523 significantly elevated in LUAD tissues compared with healthy lung tissues ($P < 0.05$)
524 (Figs. 14A, B).

525

526 **Fig14. Clinical sample validation:** **(A)** Western blot analysis of the influence of LUAD
527 patients and normal patients on the expression level of NPAS2 protein. **(B)** Gray scanning
528 quantitative analysis of protein. The mean of three independent groups was \pm SD. The level of
529 NPAS2 protein in LUAD patients was significantly different from that in normal patients (*
530 $P < 0.05$; ** $P < 0.01$) **(C)** differential expression of NPAS2 at RNA level between tumor
531 patients and normal patients (* $P < 0.05$).

532 Discussion

533 The CR is a natural internal homeostatic mechanism that regulates the physiological
534 light–dark cycle. Disruption of systemic and tissue-specific circadian mechanisms
535 leads to changes in cell function, such as metabolism and cell division, both of which
536 are highly associated with cancer (25). Pharmacological regulation of core CRRGs is
537 a new approach for cancer treatment, and integrating circadian biology into cancer
538 research offers new options for more effective cancer prevention, diagnosis, and
539 treatment.

540 In this study, we found that the expression of CRRGs in samples from patients with
541 LUAD was high under our preliminary exploration of the TCGA database. We
542 speculate that CRRGs play an essential role in the occurrence and development of
543 LUAD. We conducted an in-depth analysis of CRRDs in LUAD samples and
544 established a CR scoring system (CRscore). We combined the CRscore tool with the
545 expression of CRRGs, clinical features, TMB, and immune cell infiltration. As
546 expected, the CR score was markedly associated with tumor mutations, immune cell
547 infiltration, LUAD stage, and sex. Moreover, we showed that patients with higher CR
548 scores had better survival. Encouragingly, the results were also tenable when we
549 analyzed patients who have clinical characteristics uniformly to reduce the influence
550 of other factors. The CR score was an independent prognostic factor according to the
551 results of the univariate and multivariate Cox regression analyses.

552 Seven genes (NR1D2, AANAT, CRY1, NPAS2, CSNK1E, PER3, and CRY2) were

553 significantly different between the LUAD group and the healthy group ($P < 0.001$). In
554 the subsequent genotyping group of prognosis-associated CRRGs, the expression of
555 these seven CRRGs was also significantly different among the three groups ($P <$
556 0.05). Therefore, we speculate that CRRGs play an essential role in the occurrence
557 and development of LUAD. During the CR cluster analysis, the order of survival was
558 CRcluster C > CRcluster B > CRcluster A. Coincidentally, the same conclusion was
559 drawn among each CR gene cluster, as follows: gene cluster C > gene cluster B >
560 gene cluster A . We hypothesized that the CR score was inextricably related to patient
561 survival. This conjecture was confirmed in the subsequent analysis. As can be seen
562 from the relationship between the CR score and the TMB, the CR score was
563 positively correlated with the TMB. We speculated that high and low CR scores
564 would reveal an anti-tumor process and tumor cell proliferation, respectively. A series
565 of analyses on the gene population confirmed this speculation.
566 As can be seen from the survival analysis, the lower the CR score, the poorer the
567 survival and the higher the tumor malignancy. Further, we detected four common
568 immune checkpoint proteins and predicted their immunogenicity. We suggest that
569 CTLA-4 immunotherapy is more suitable for patients with high CR scores. The
570 sensitivity analysis of common chemotherapeutic drugs showed that most
571 chemotherapeutic drugs were more effective in patients with high CR scores. From
572 another perspective, we also know that the higher the CR score, the better the
573 prognosis.
574 Although the CR score is a prognostic guide and a positive predictor of prognosis in

575 patients with LUAD, some limitations of this study still need to be considered. First,
576 the samples were obtained from public databases, which may have led to selection
577 bias. Second, CRRGs in the database were transcribed from tumor tissues, making it
578 improbable to recognize where the CRRGs identified in this study came from. Finally,
579 not all patients with high CR scores will gain greater immunotherapy benefits, so
580 more clinical factors need to be added to the prediction model to improve its
581 accuracy.

582 In conclusion, we elucidated the significance of CRRGs in clinical practice, immune
583 infiltration, and immunotherapy and gained several important insights. Our findings
584 may guide the selection of combination strategies or lead to the manufacture of new
585 immunotherapy drugs in the future. Our results provide new ideas for improving the
586 clinical response of patients to immunotherapy, exploring new therapeutic targets, and
587 promoting personalized cancer immunotherapy in the future.

588

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698

699 **Conflict of Interest:** The authors have no conflicts of interest to disclose.

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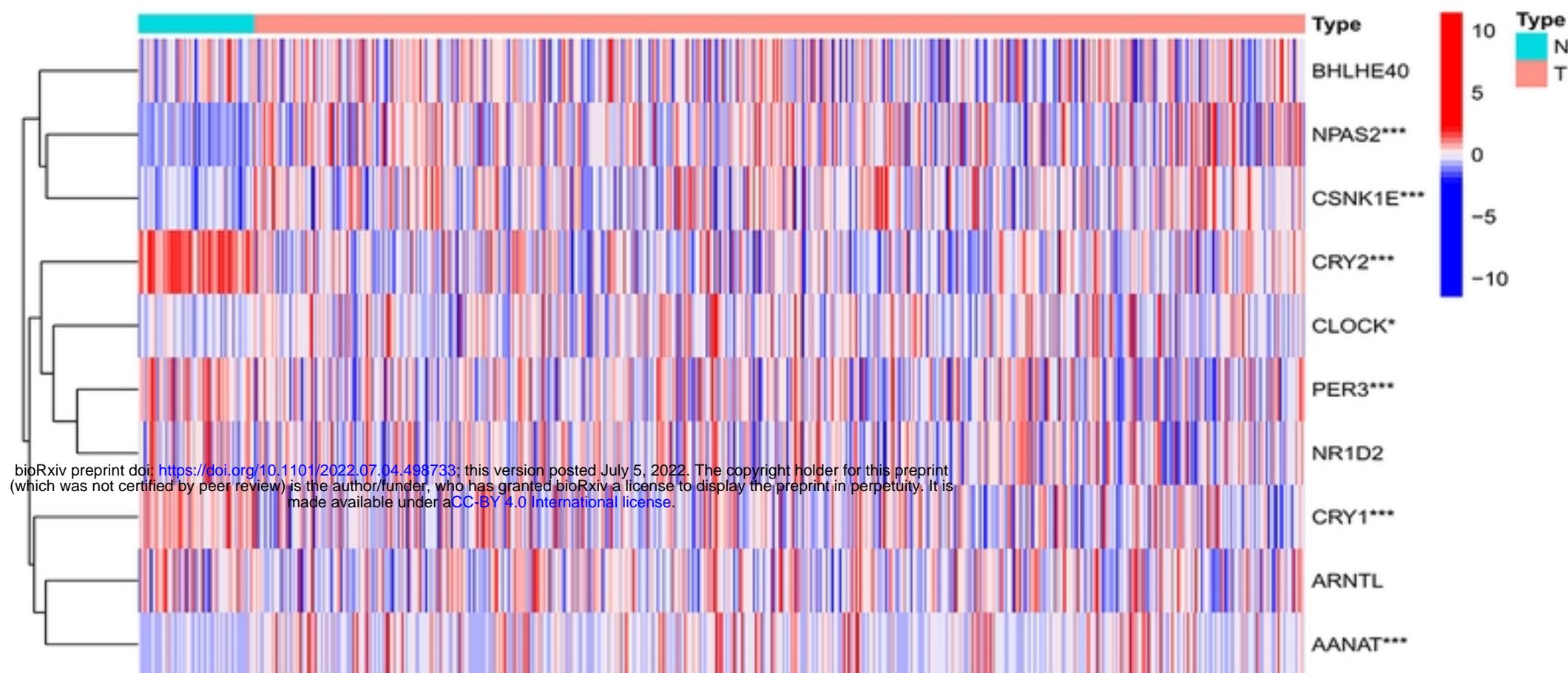
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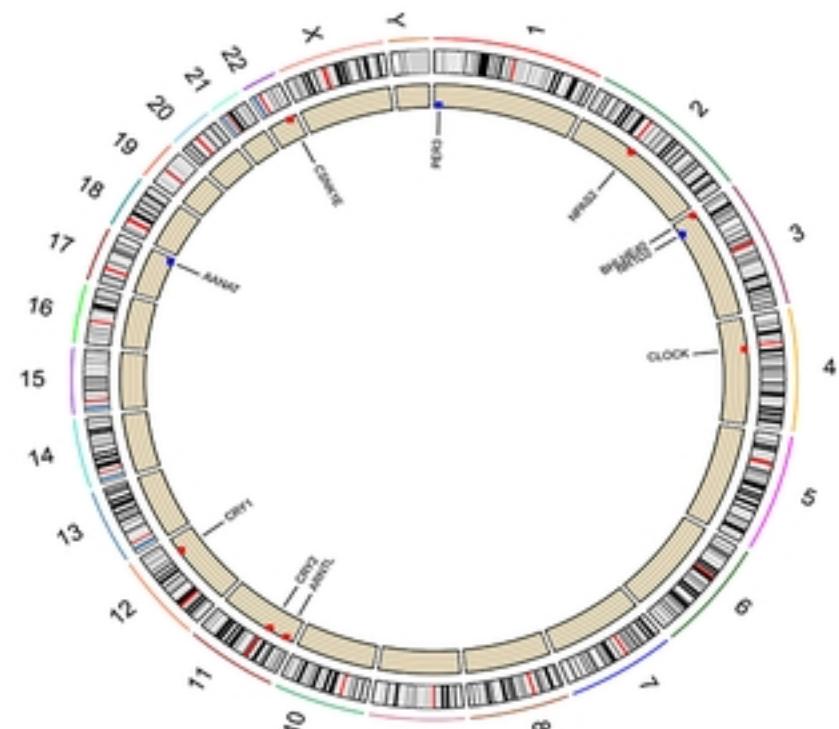
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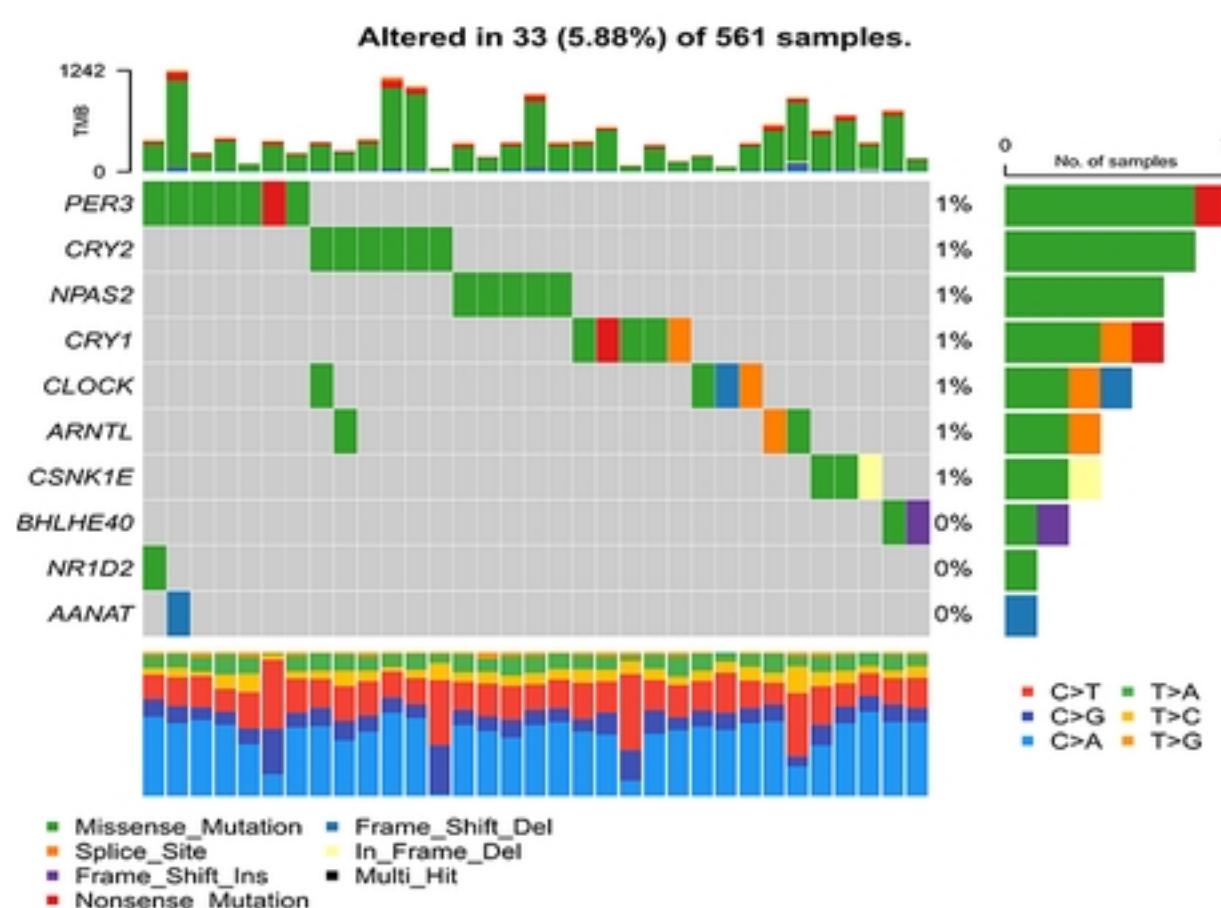
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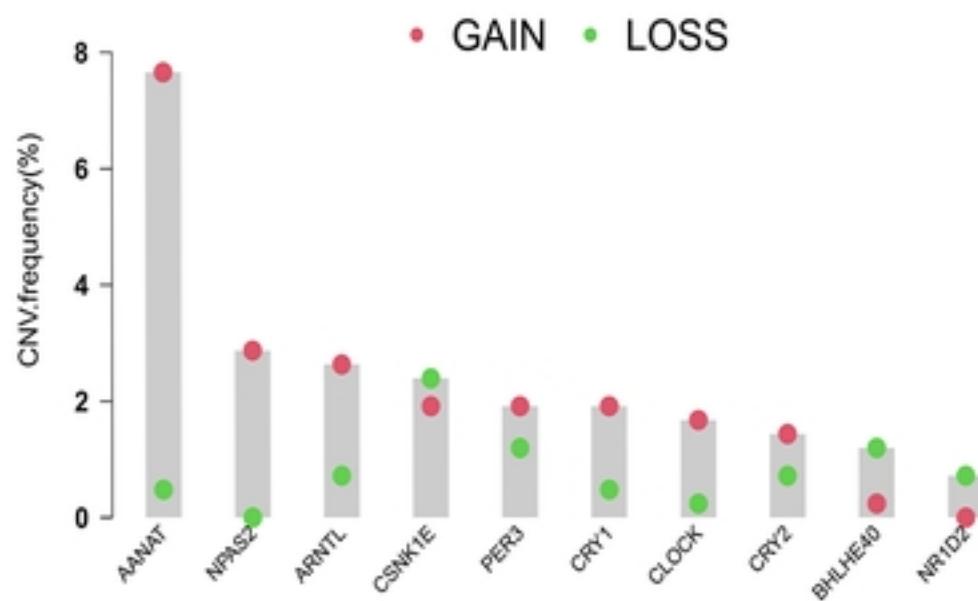
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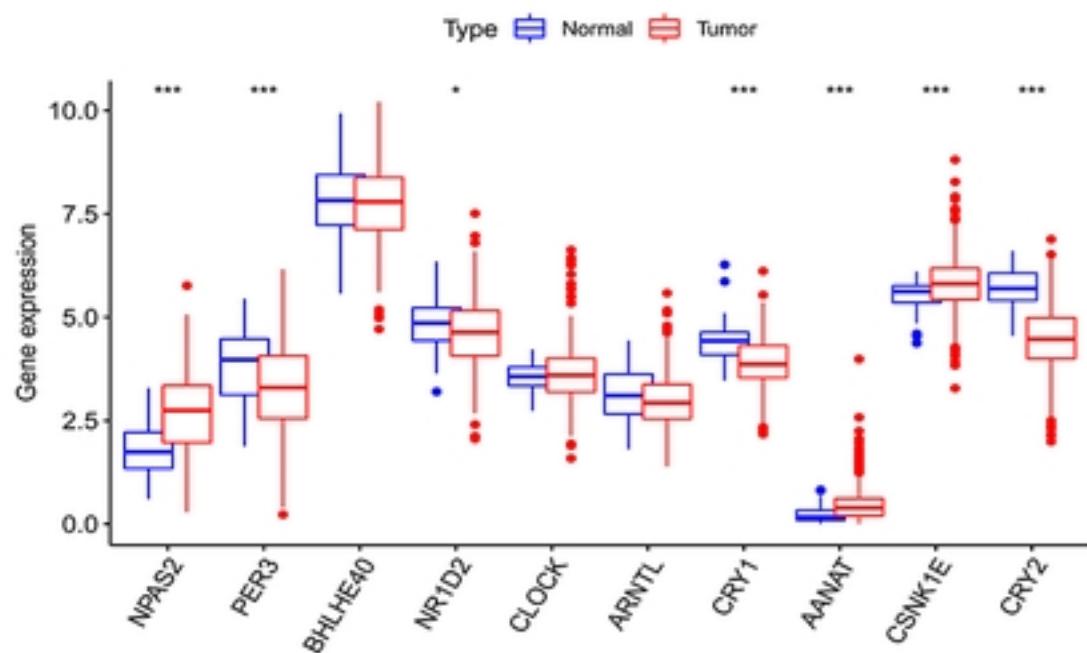
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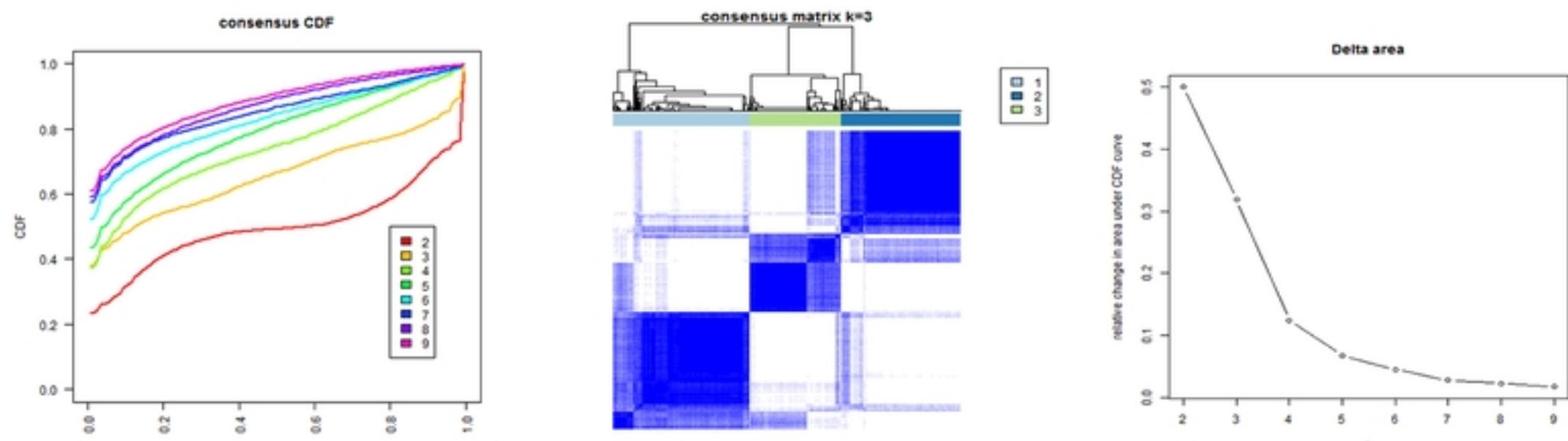
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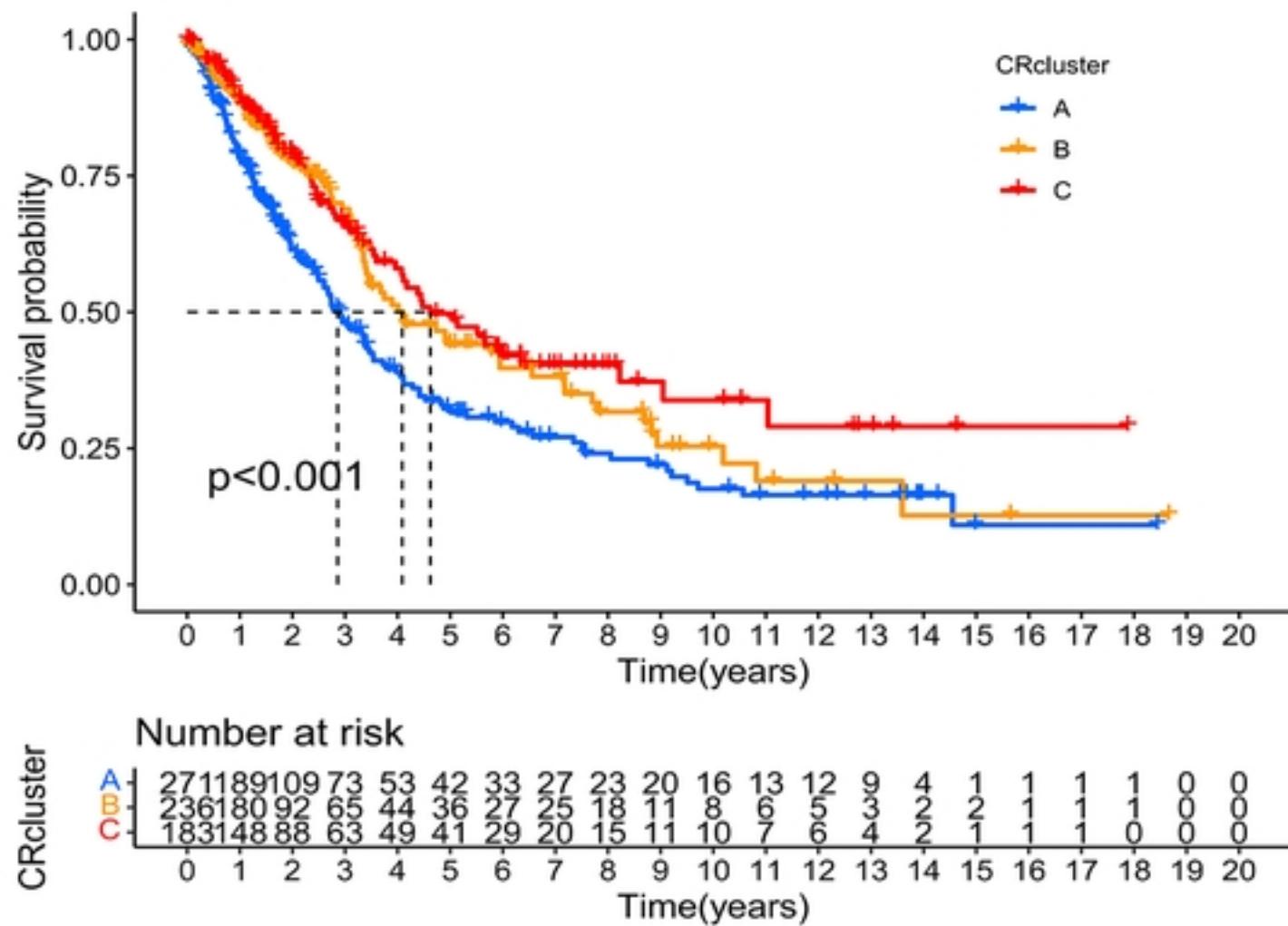
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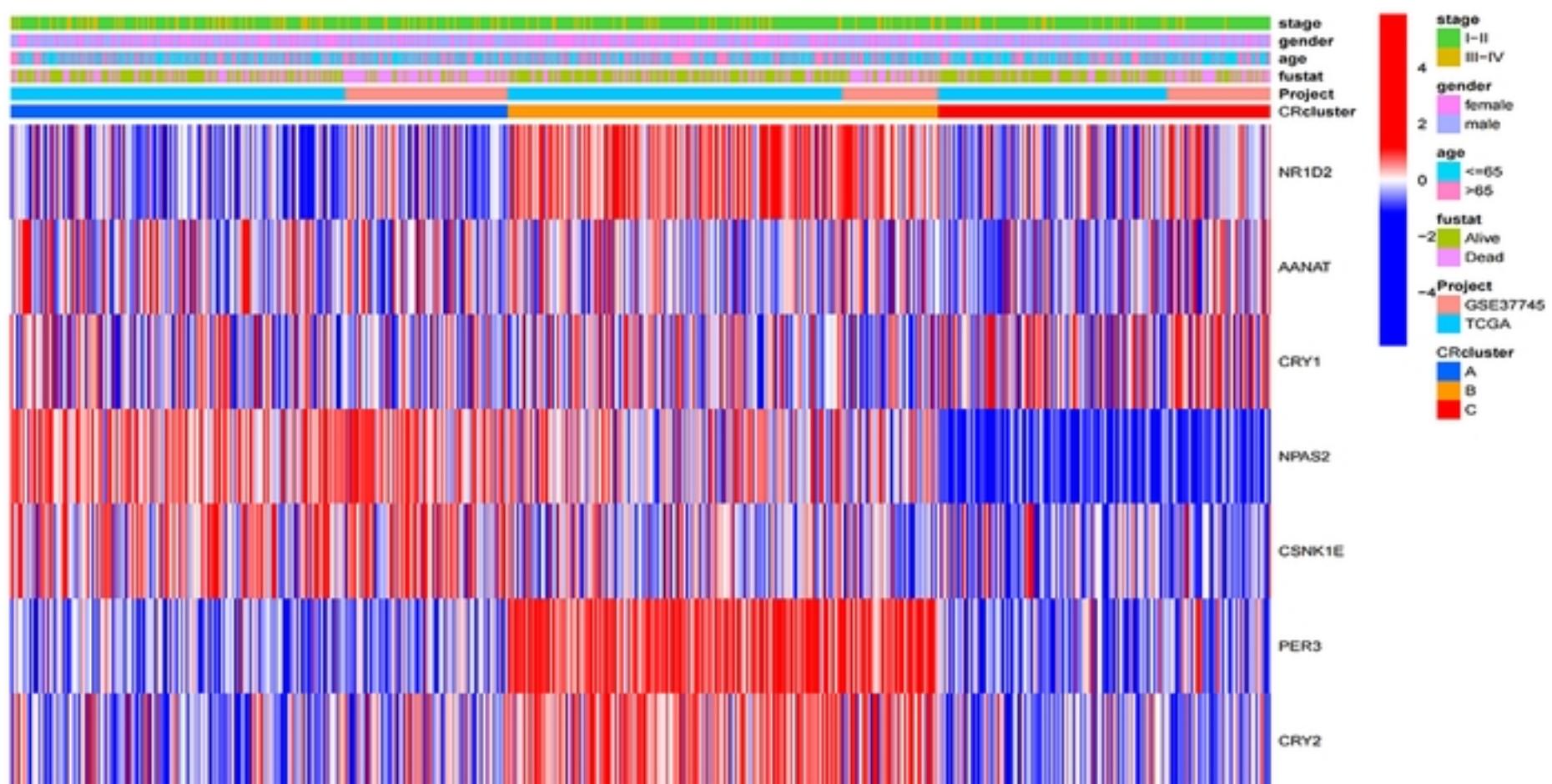
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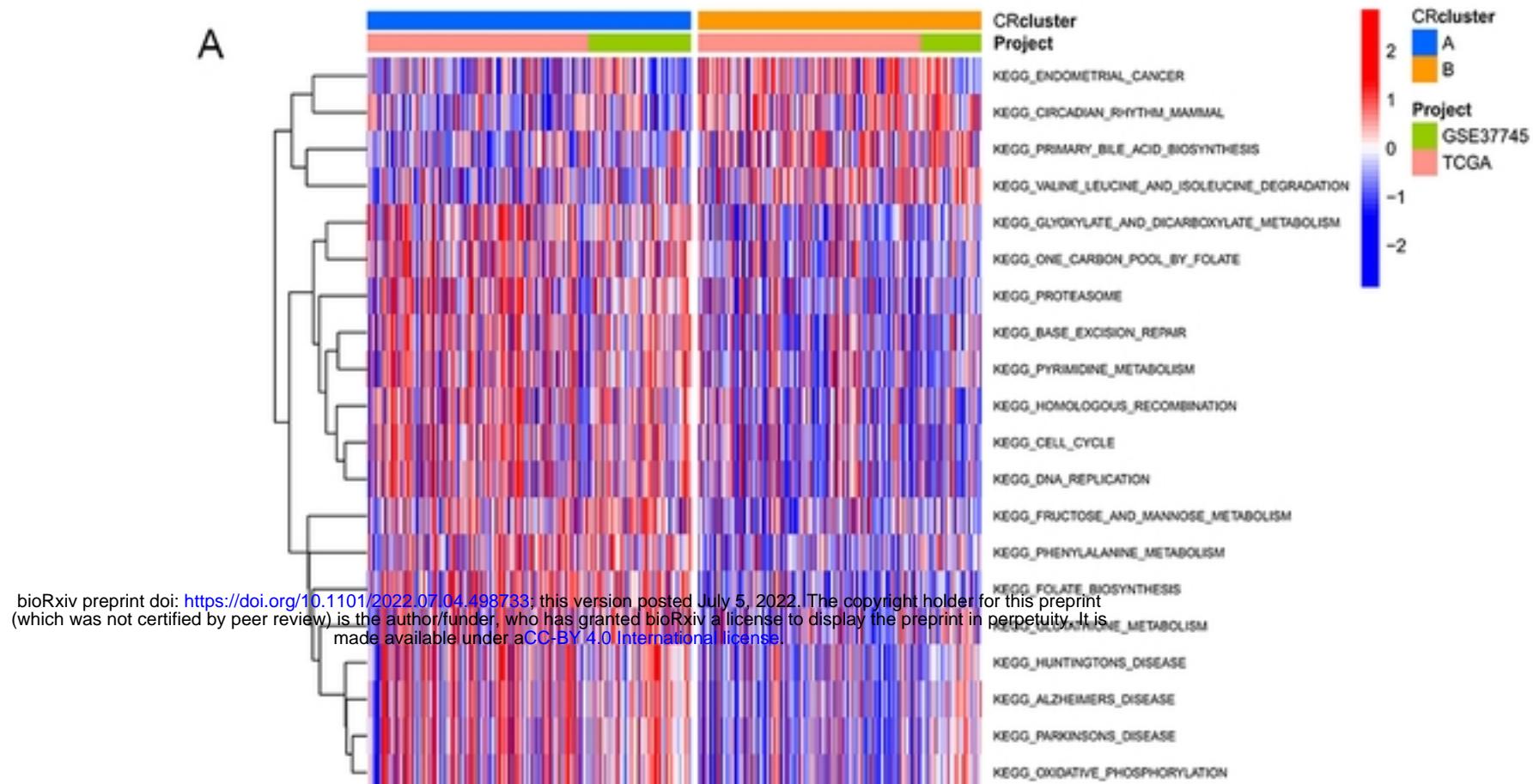
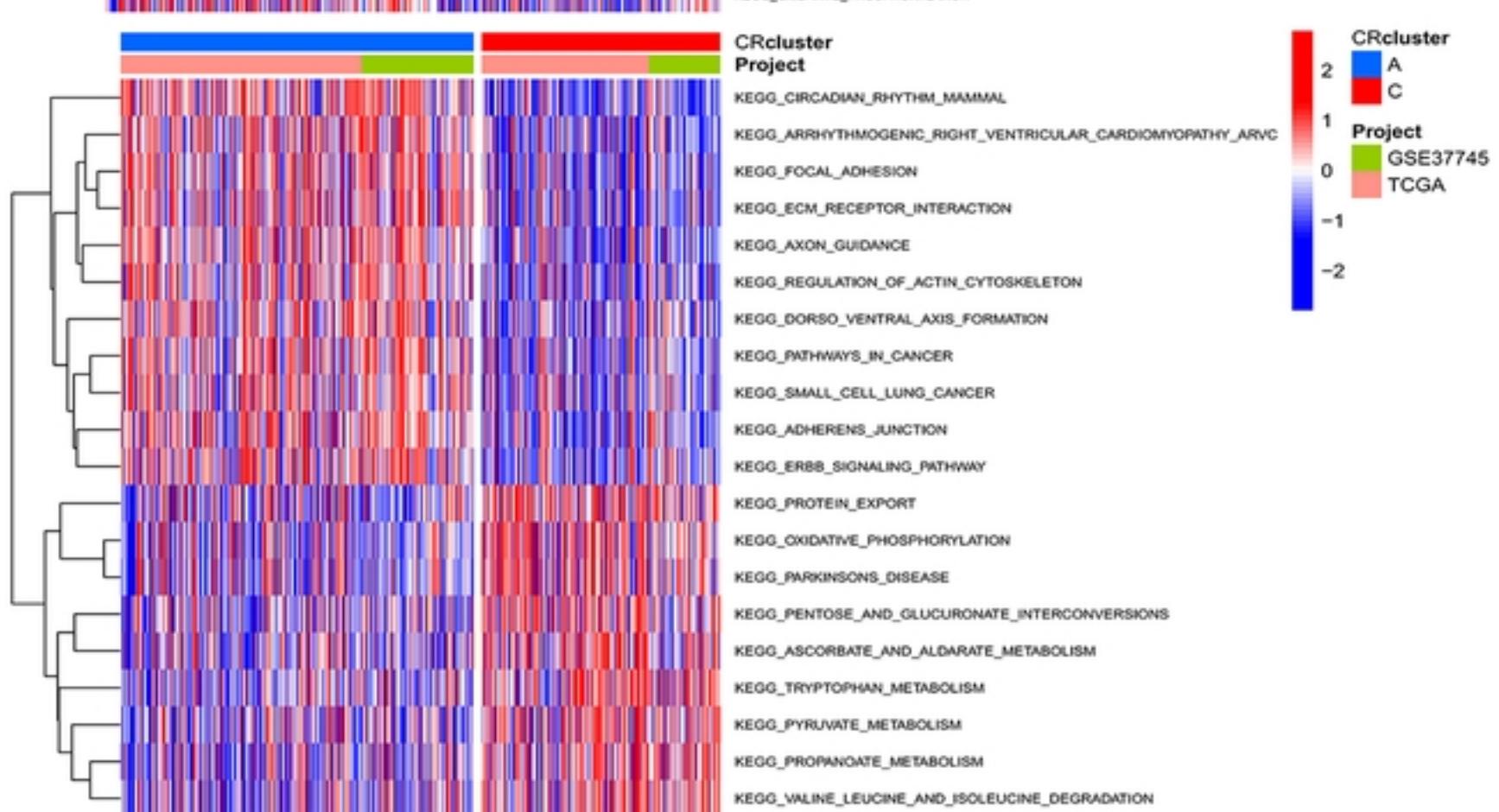
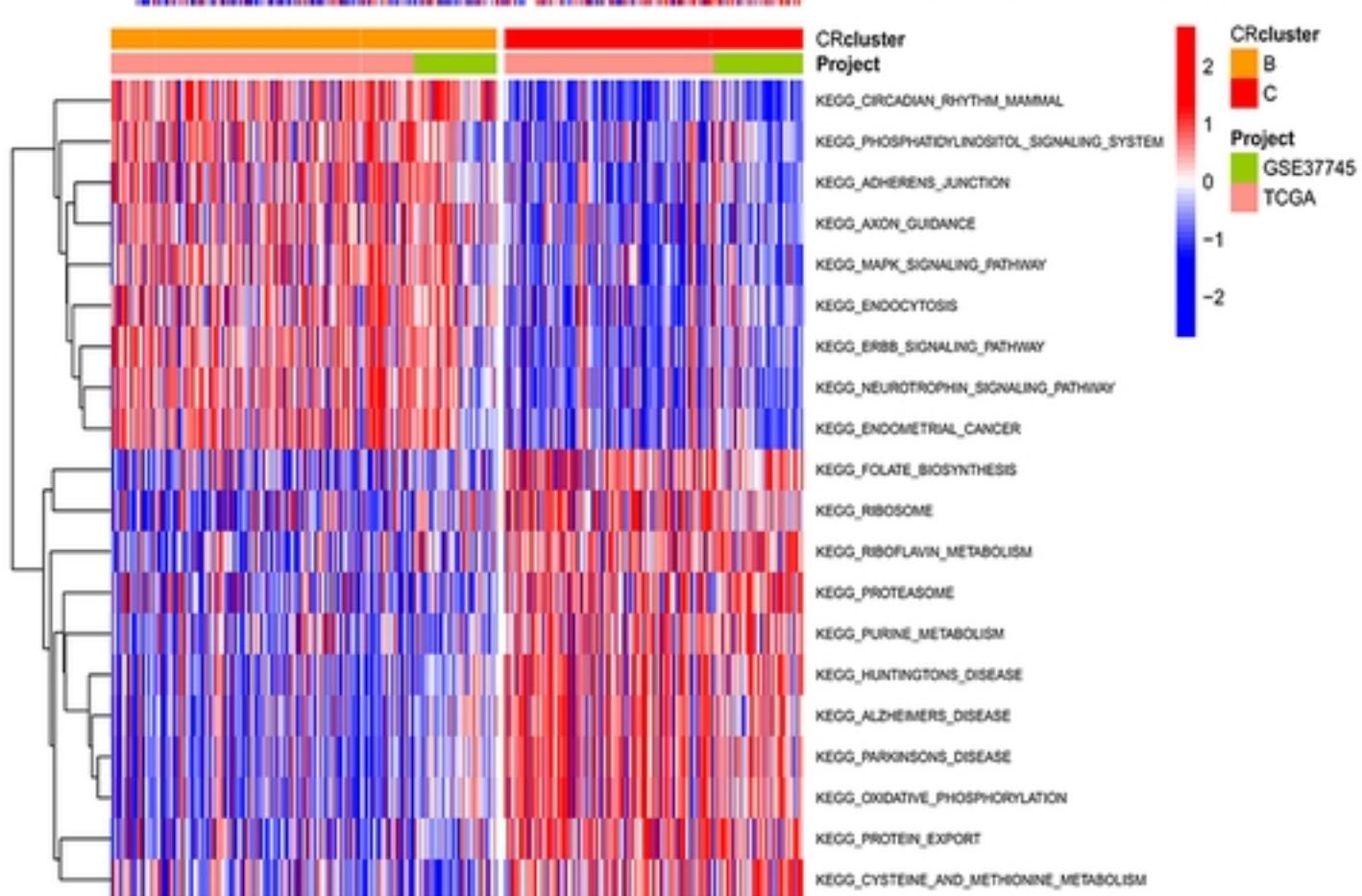


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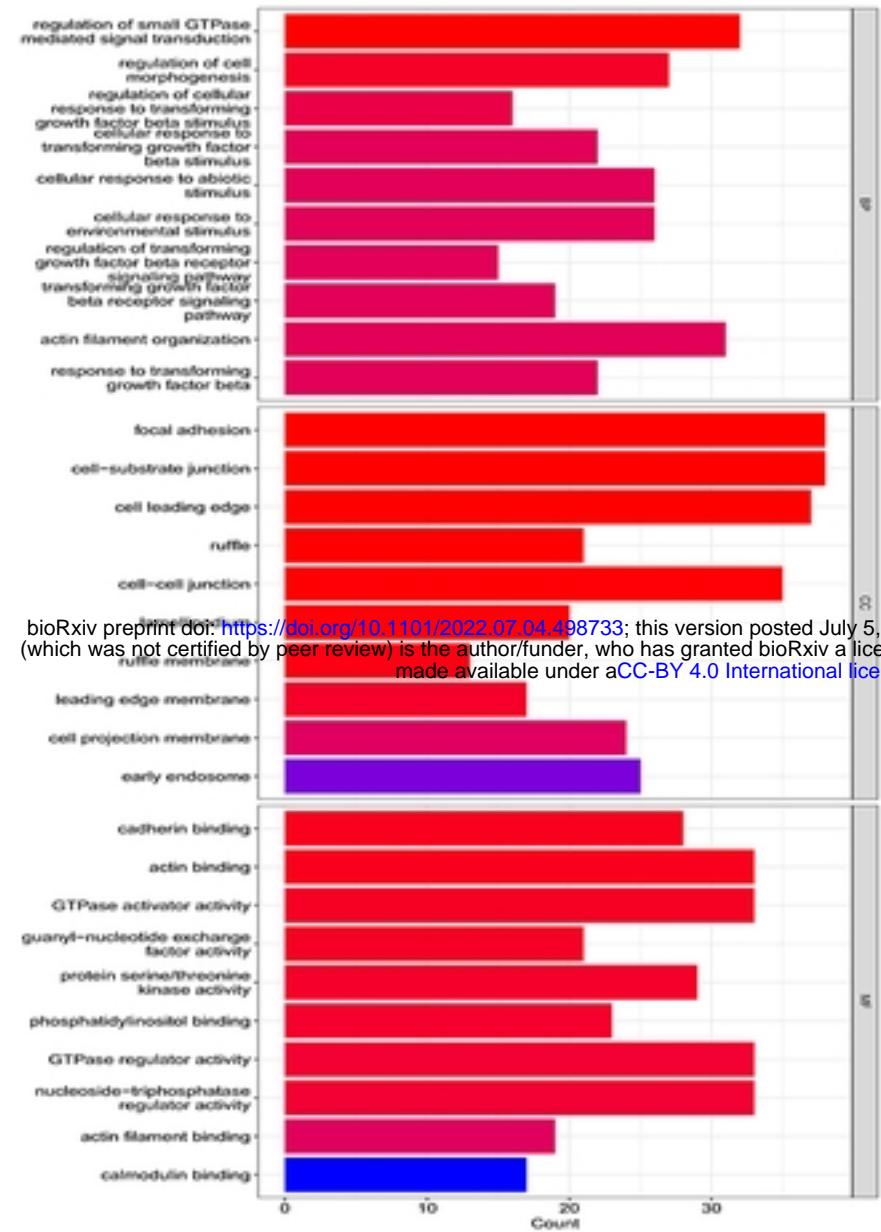


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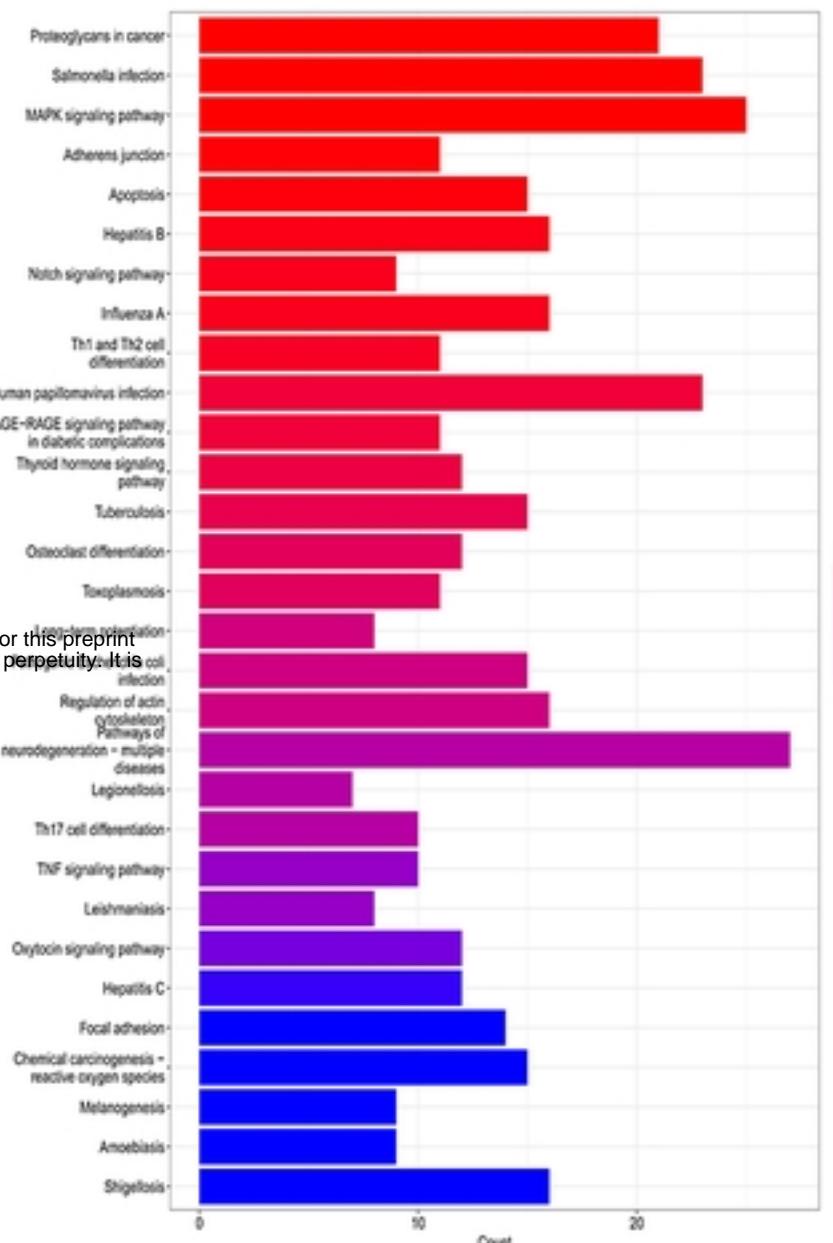


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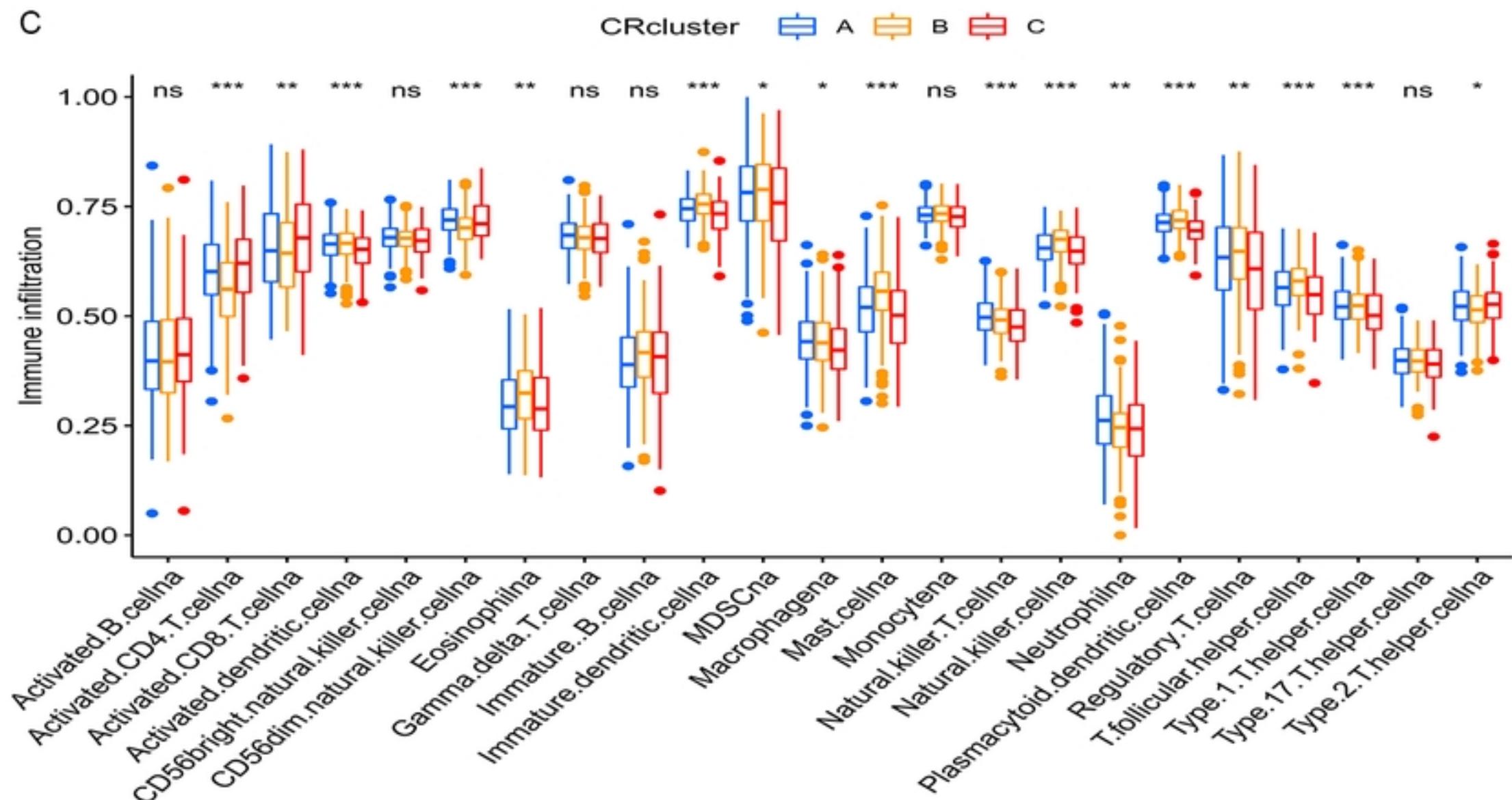
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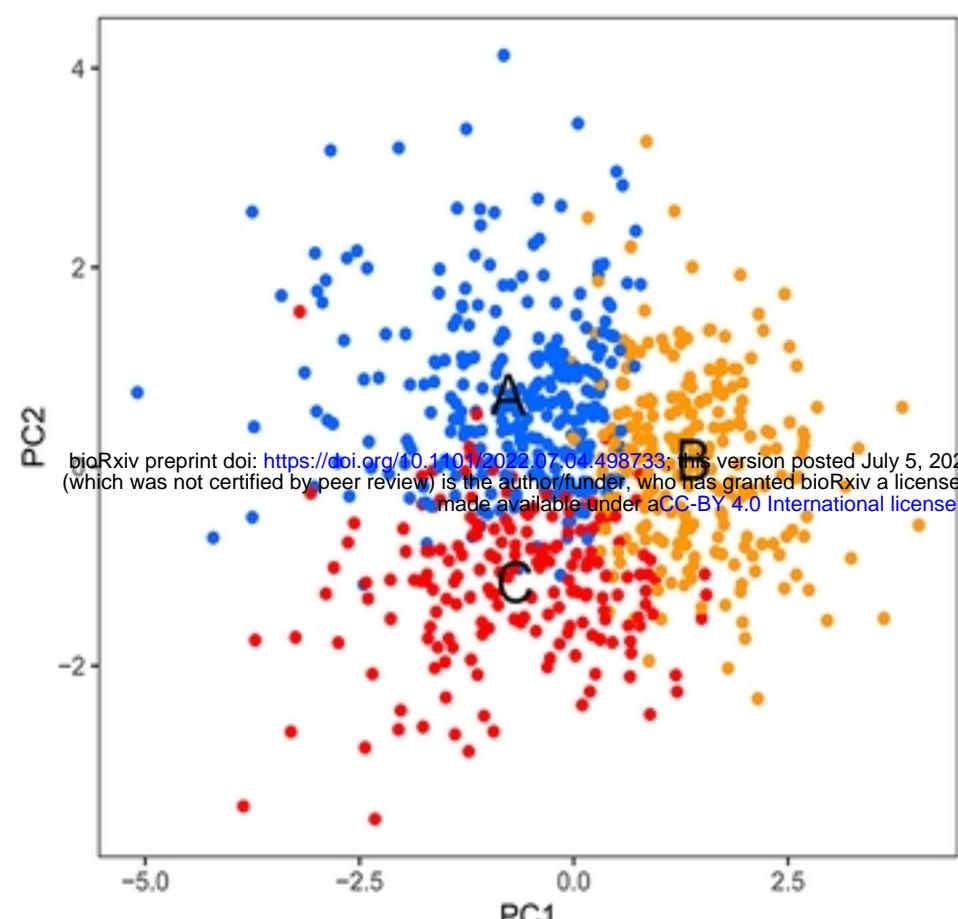
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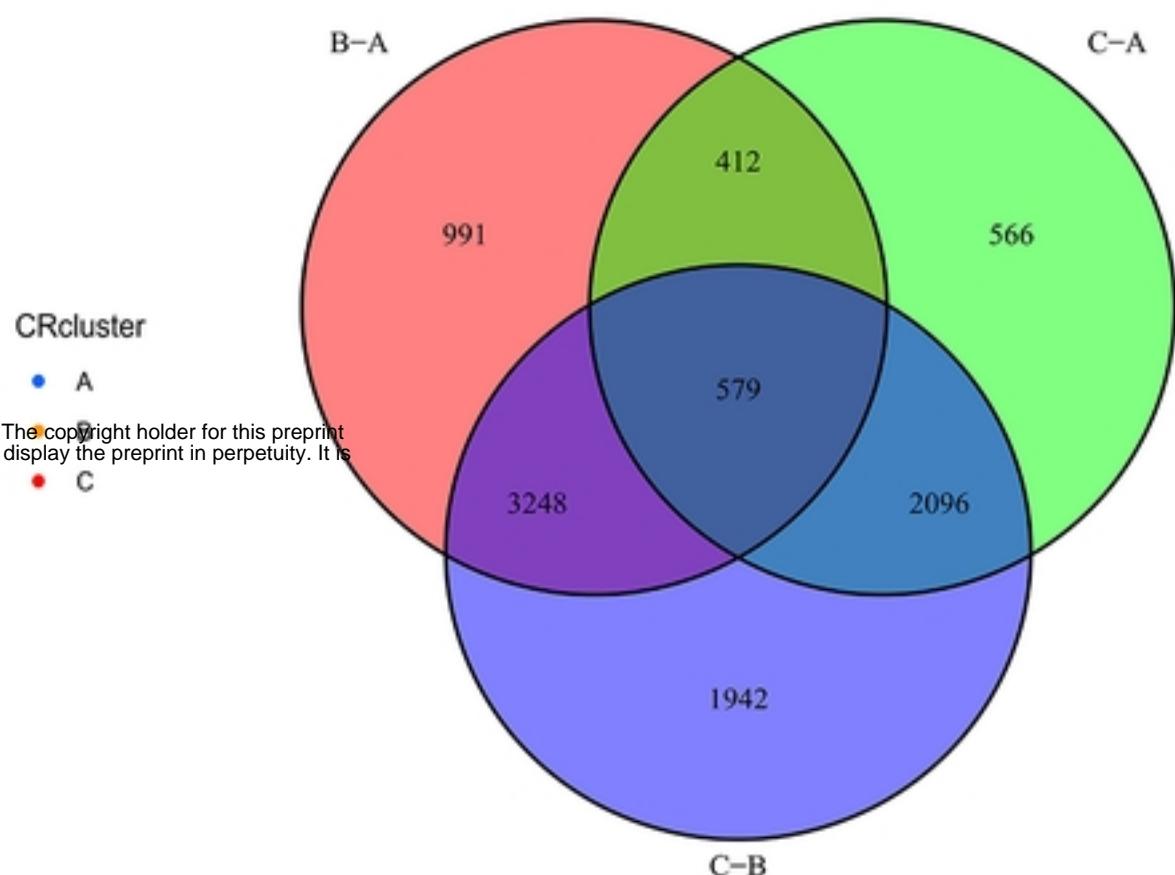
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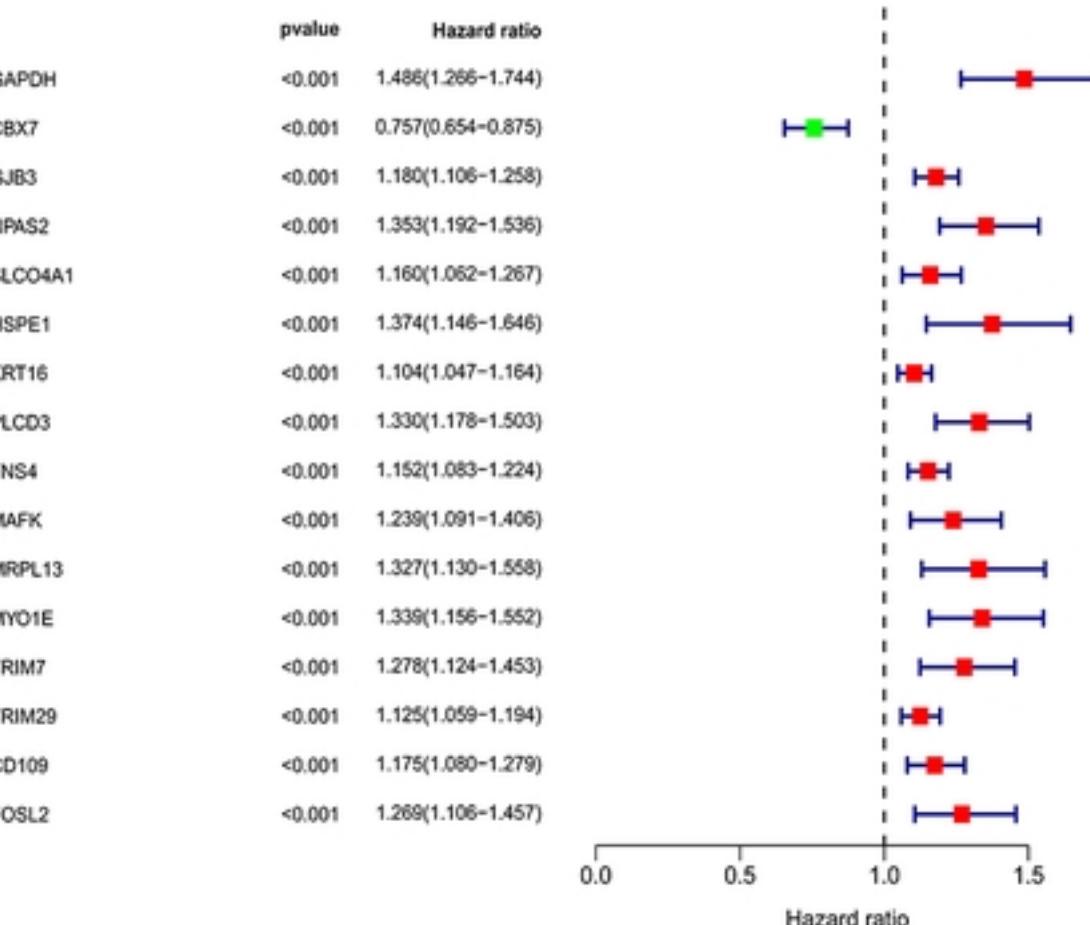
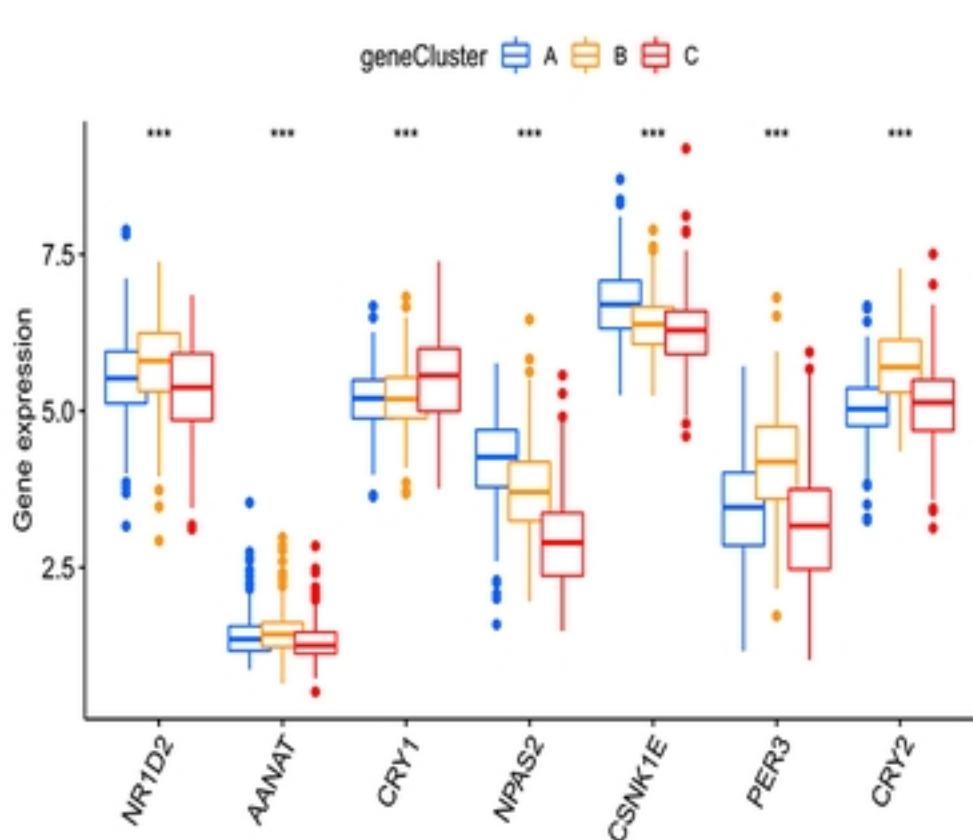


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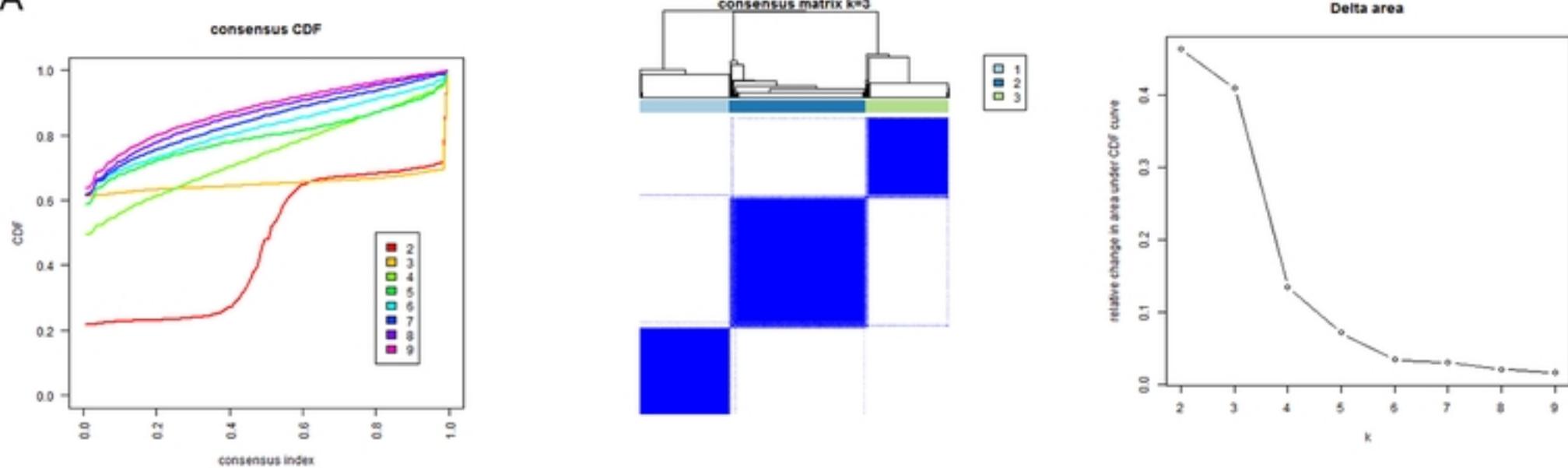


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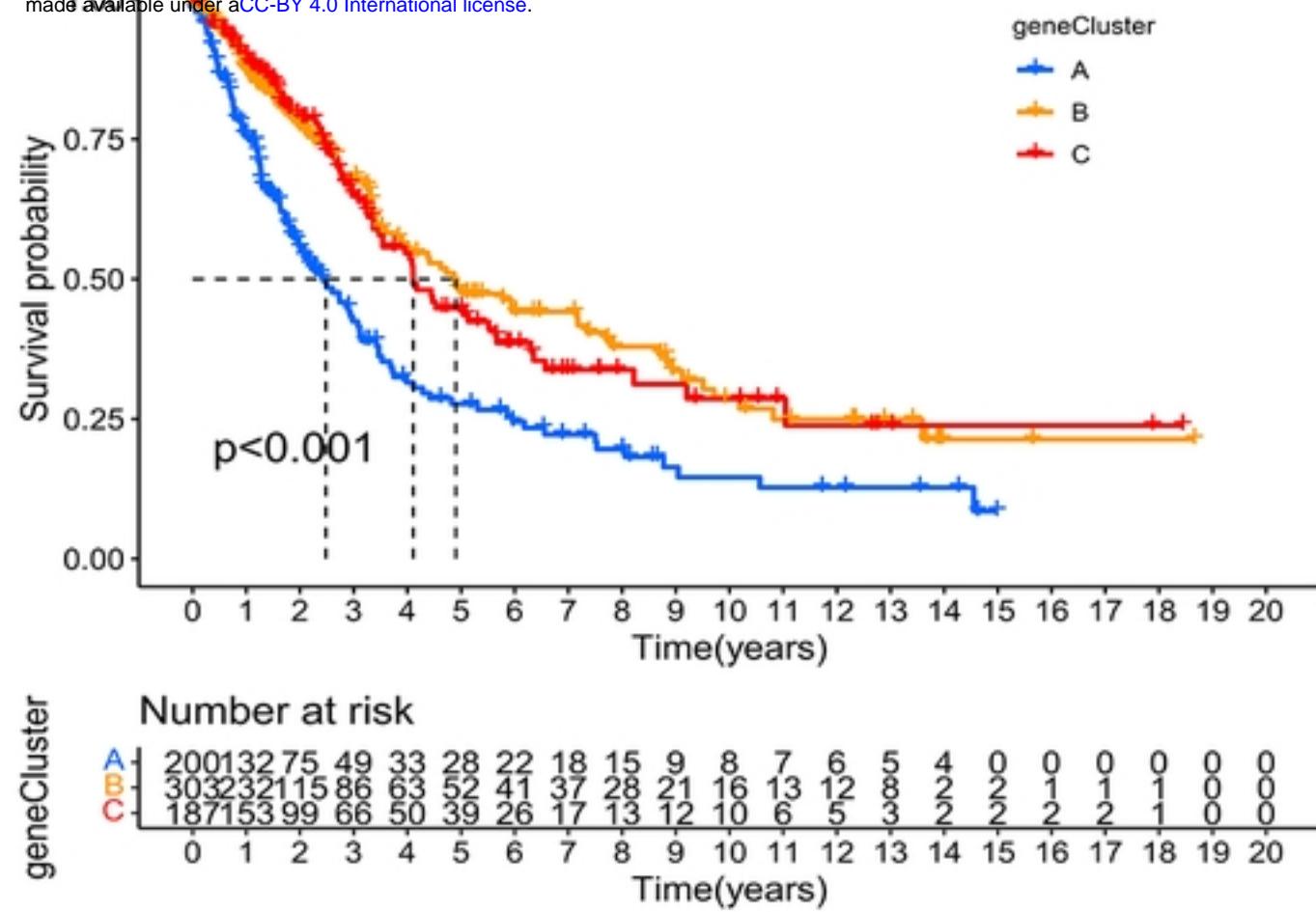


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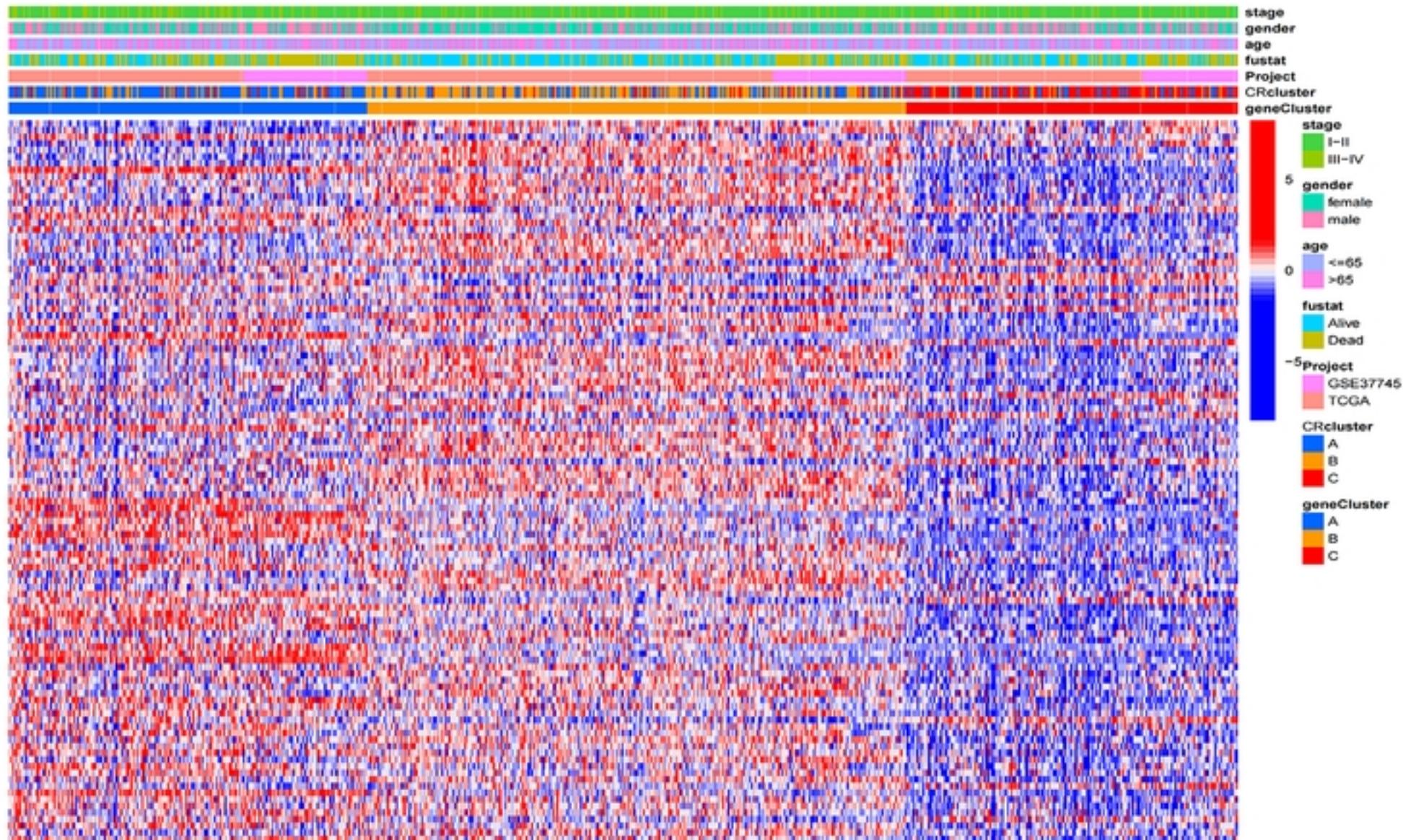


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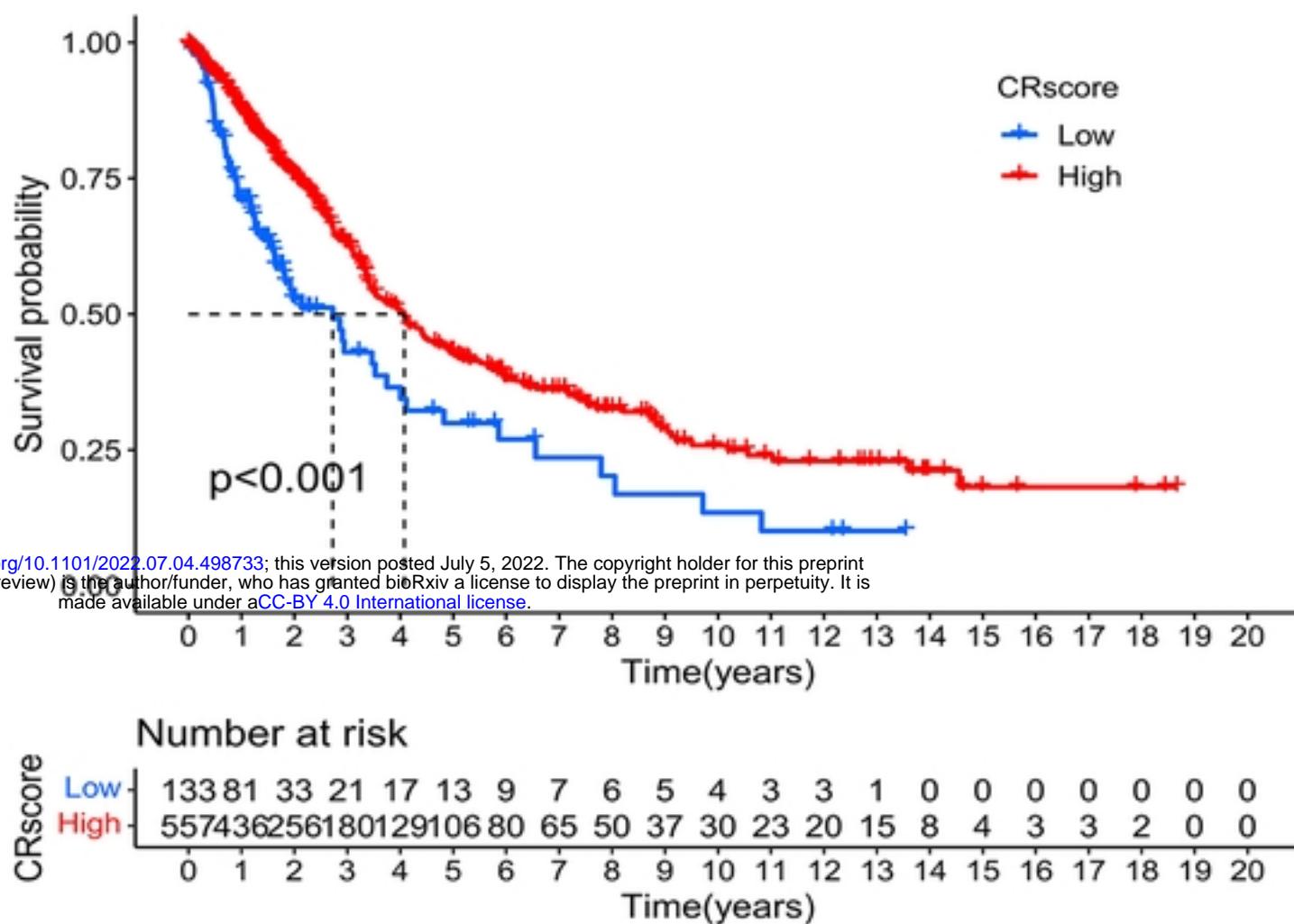
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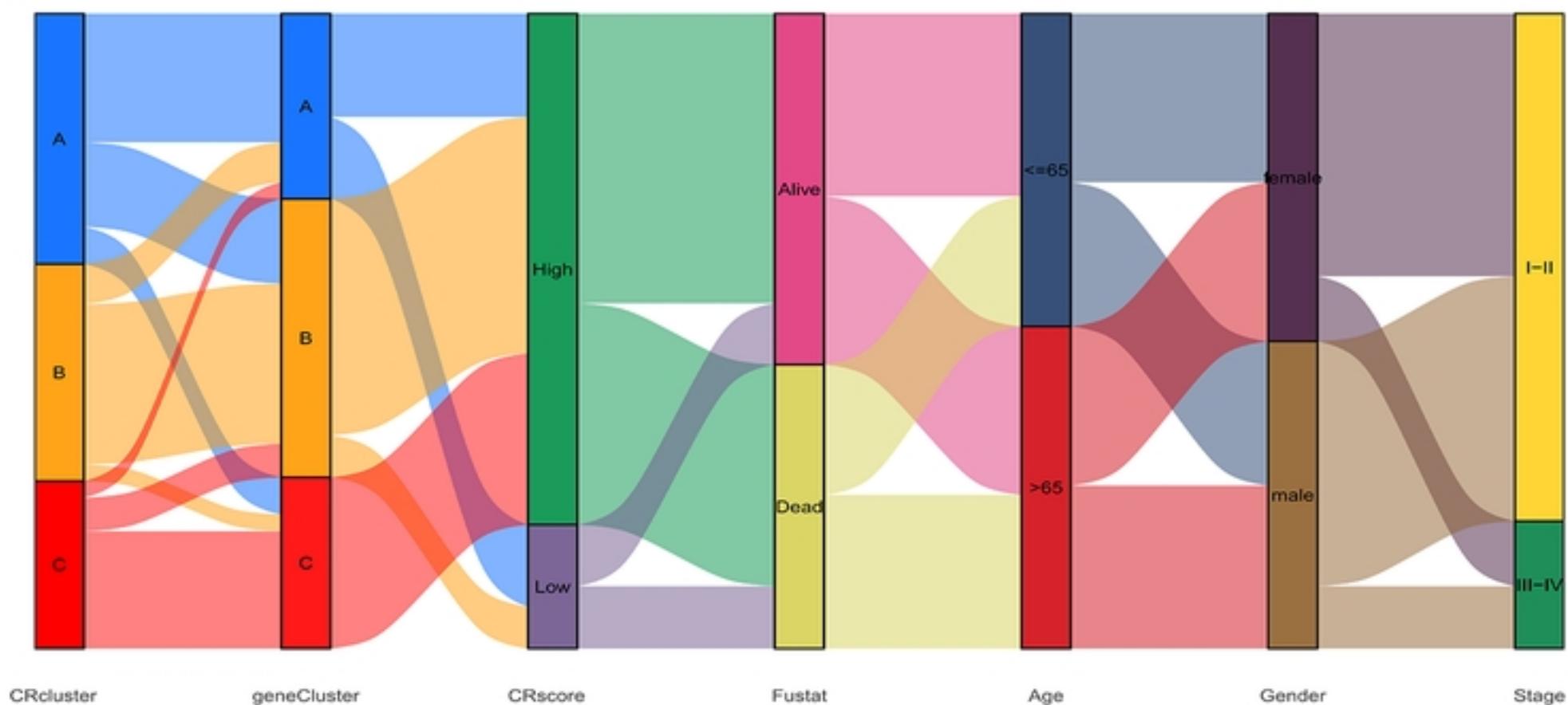
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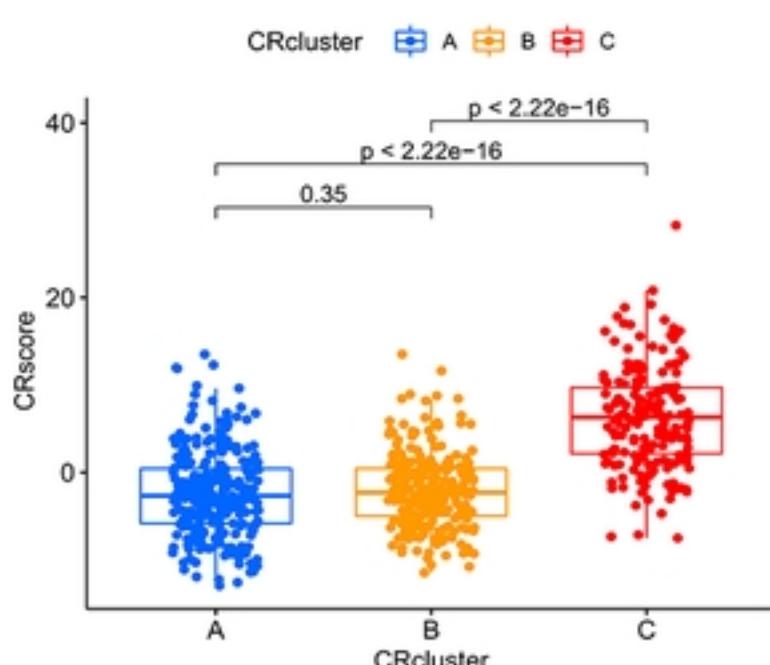
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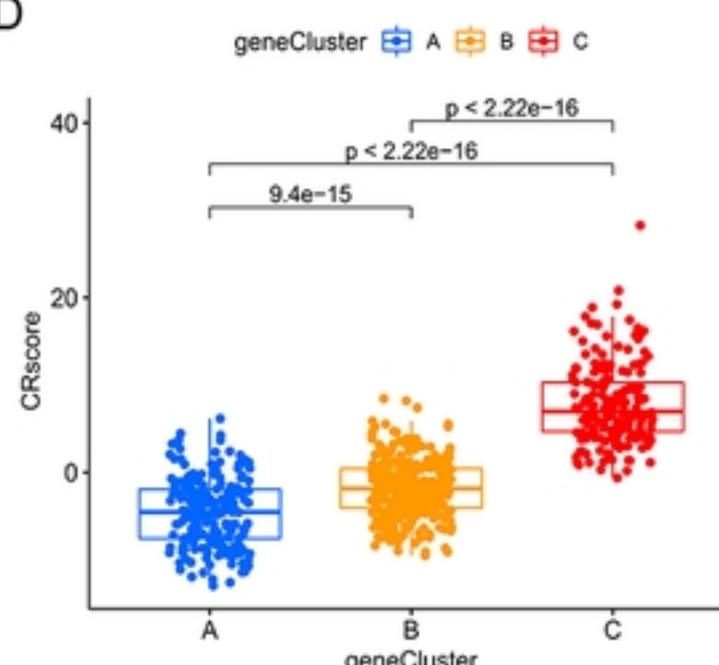
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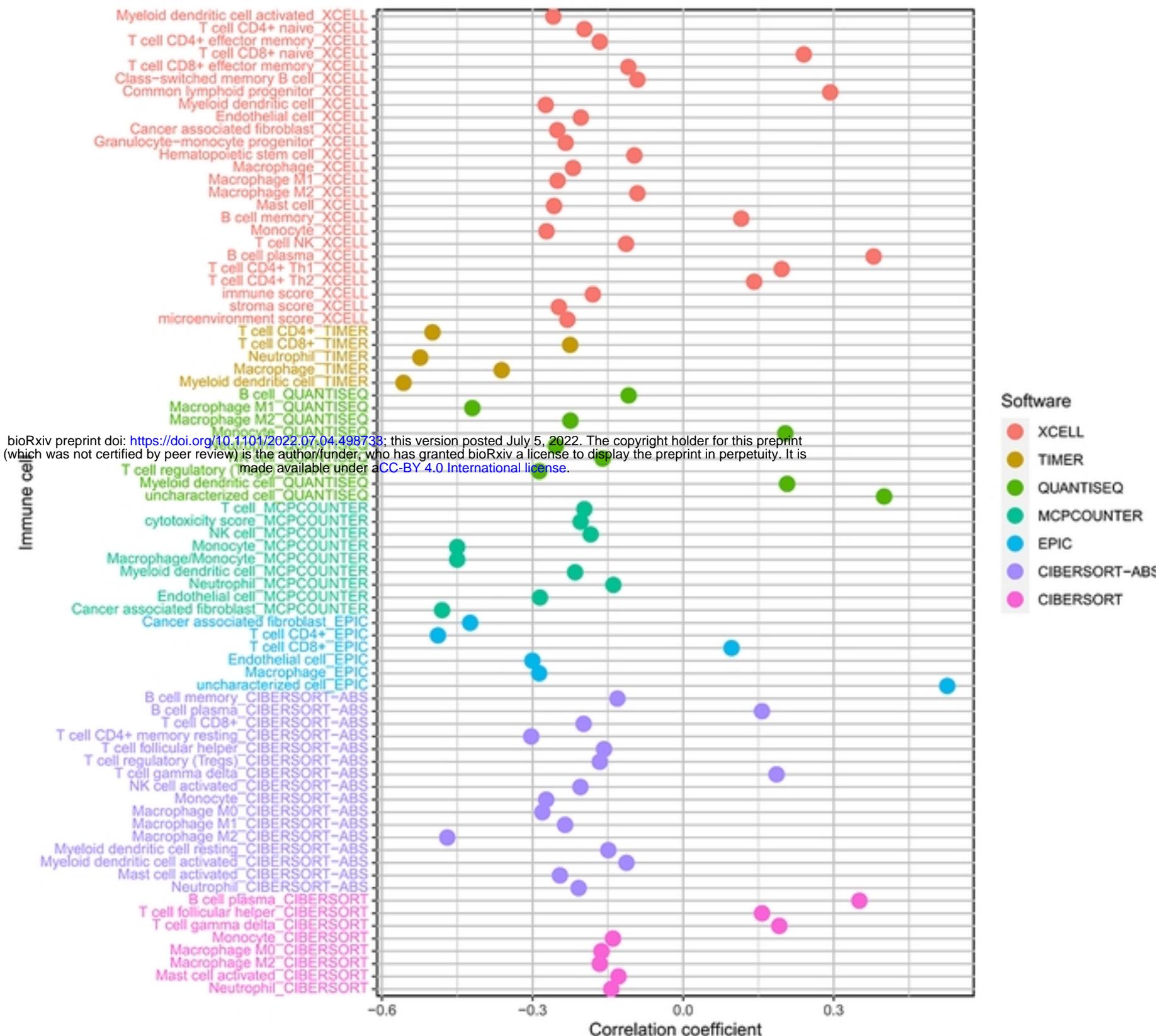
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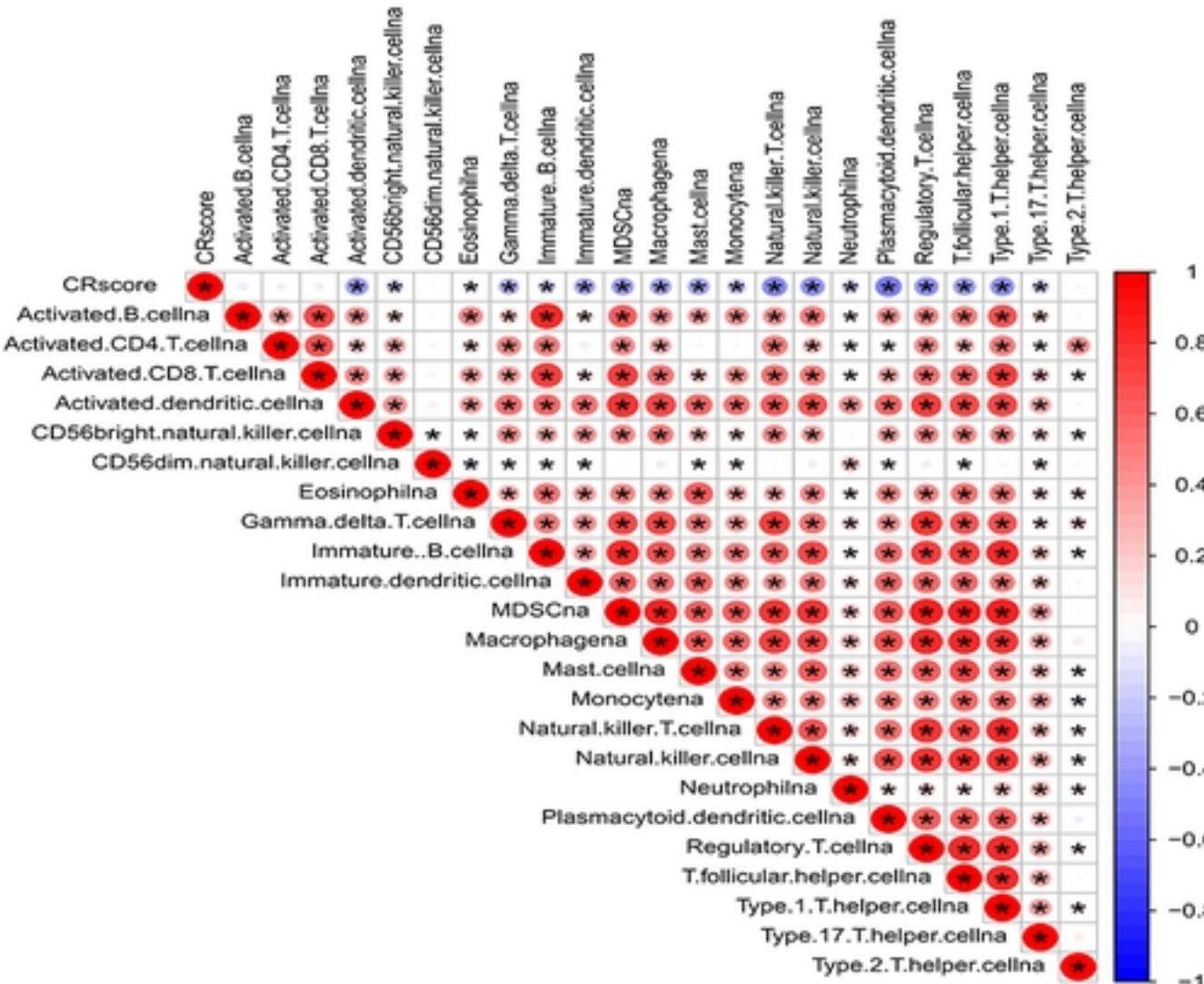
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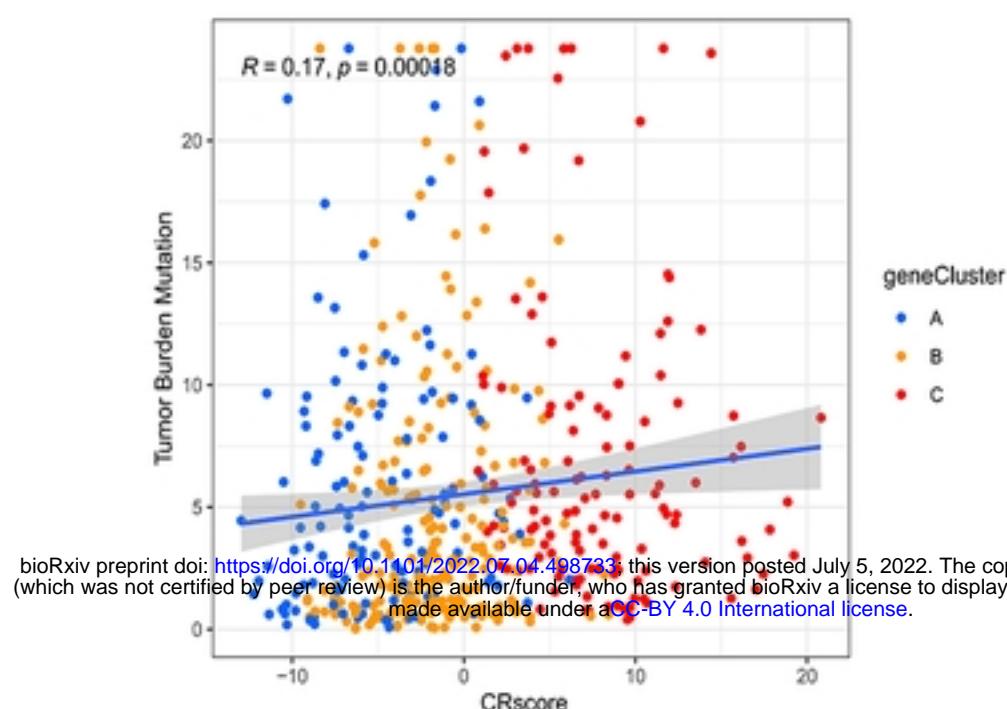
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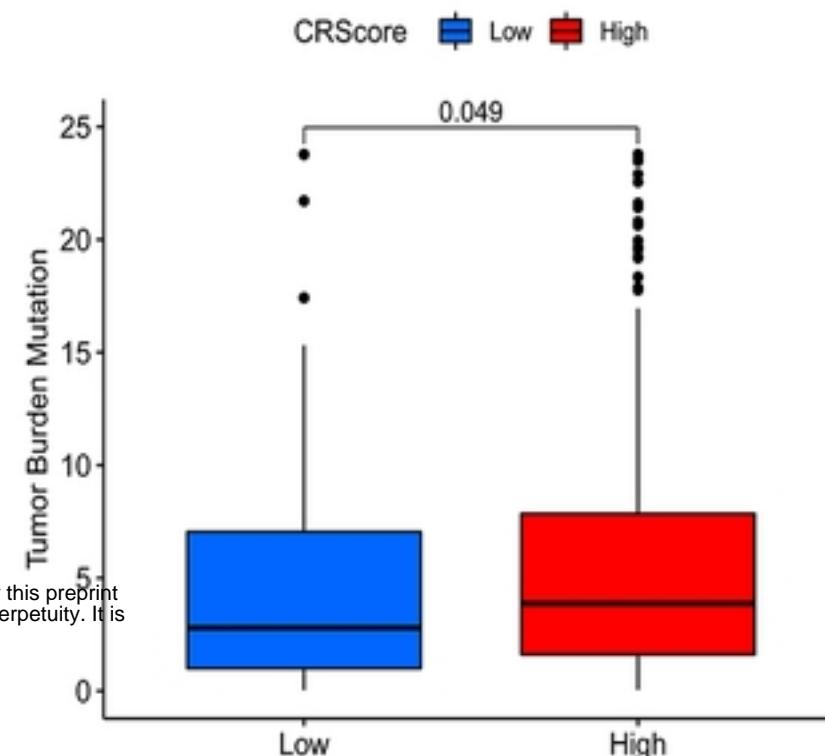
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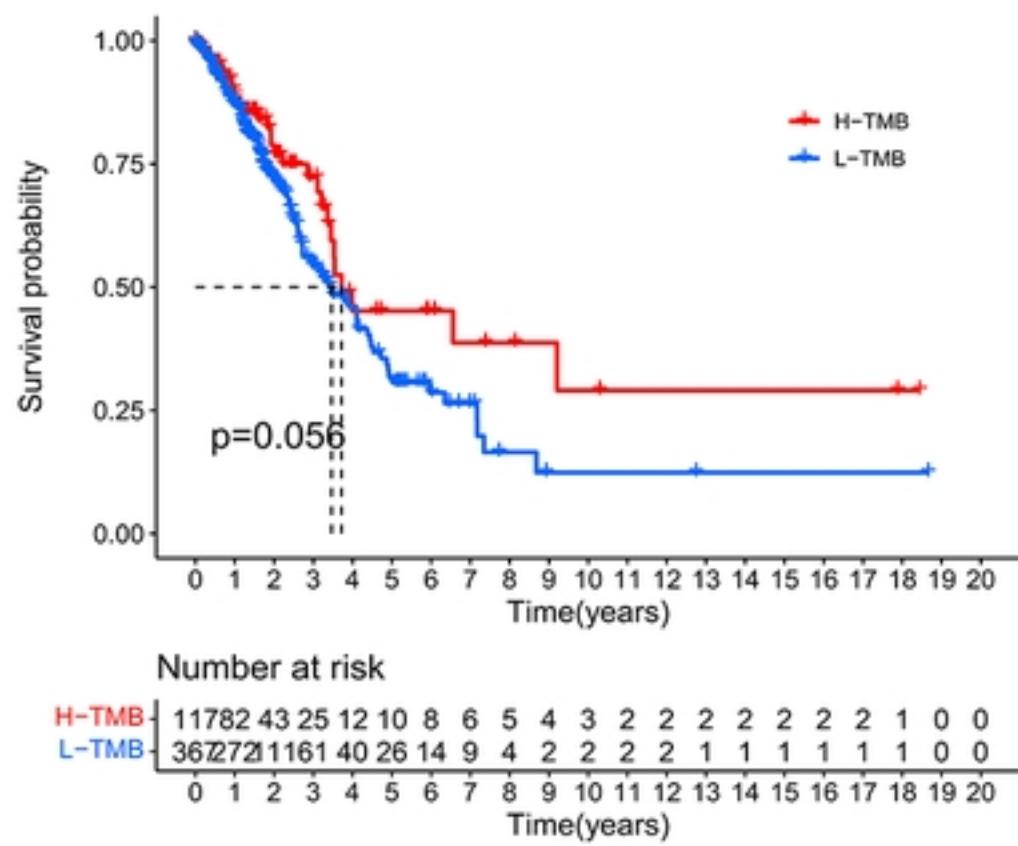
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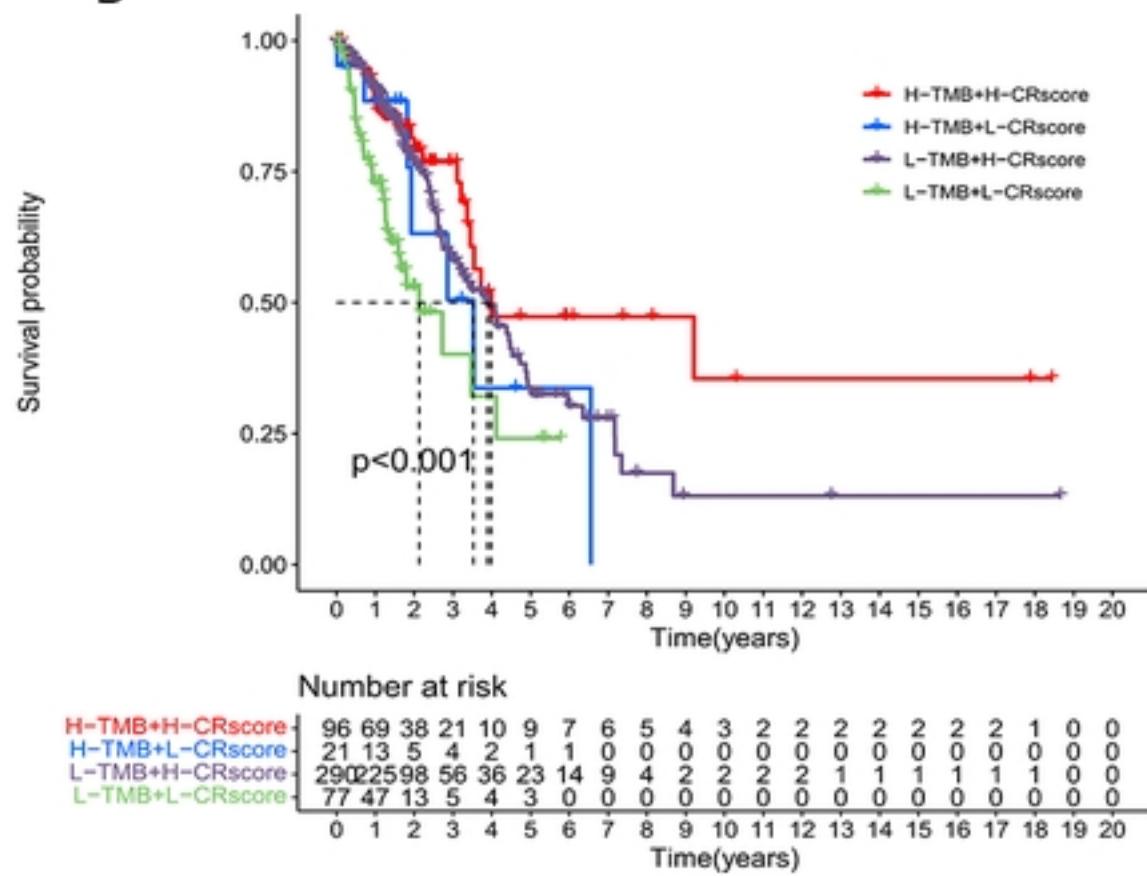
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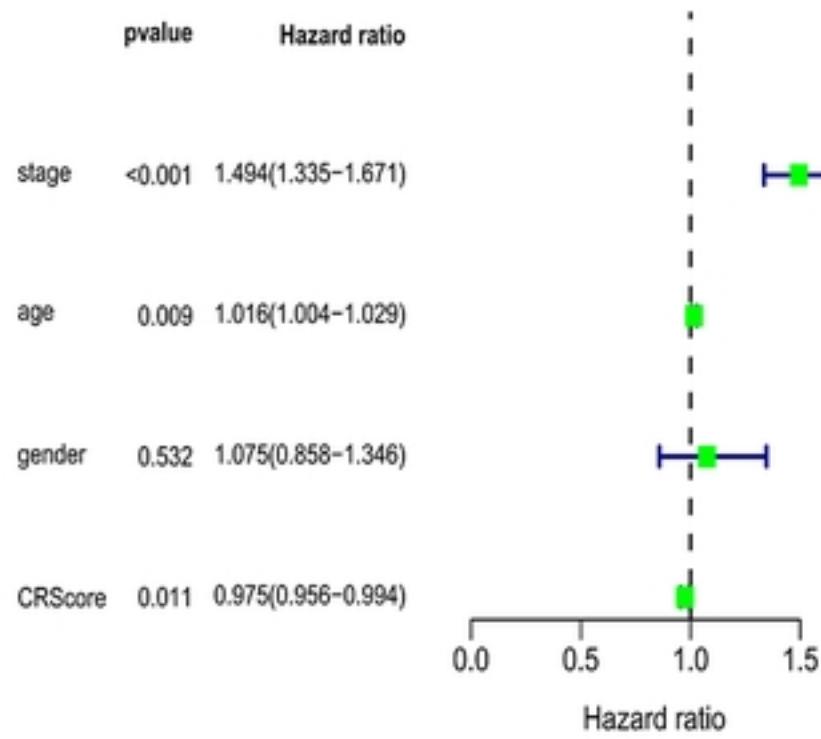
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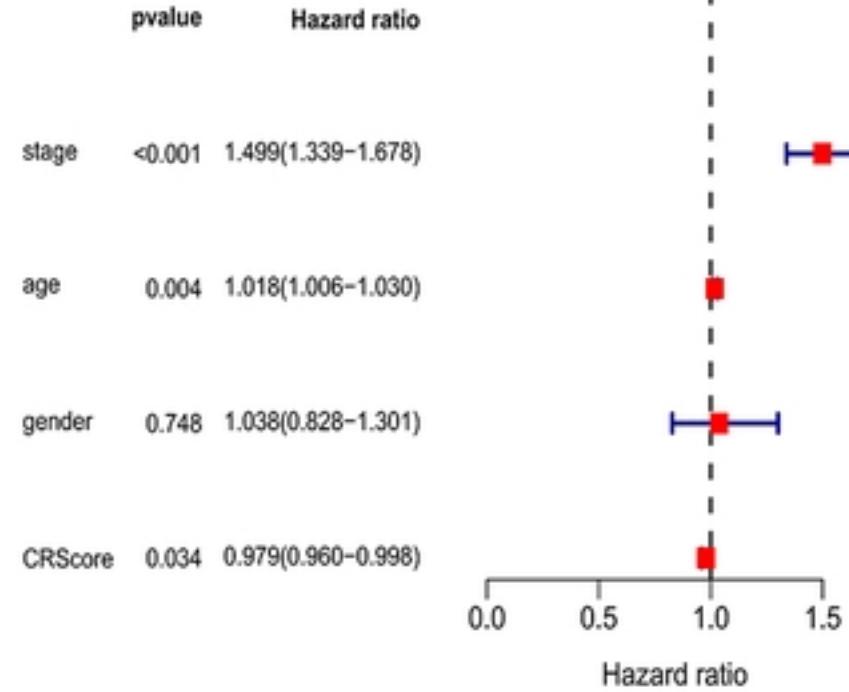
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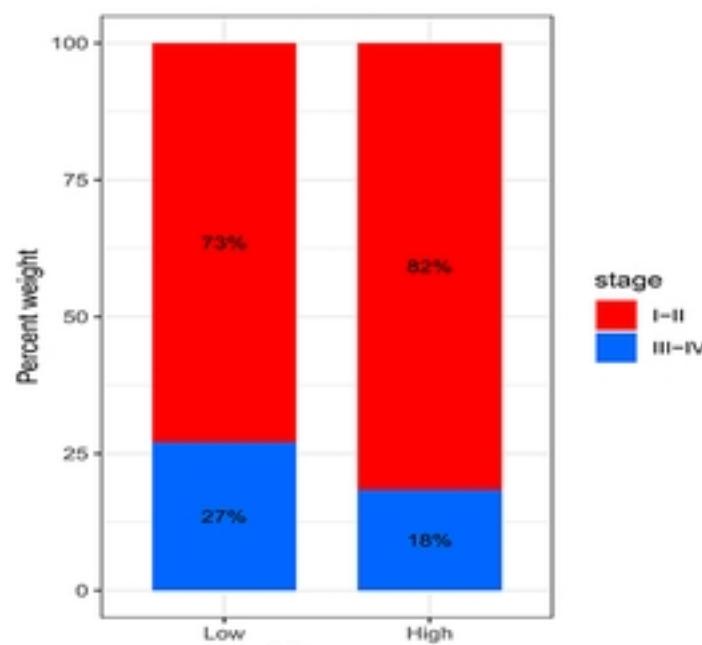
E



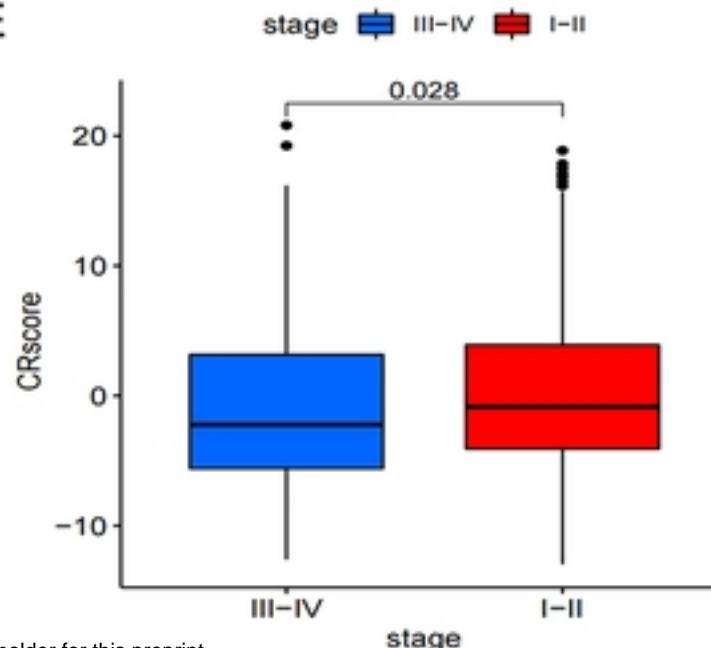
F



A

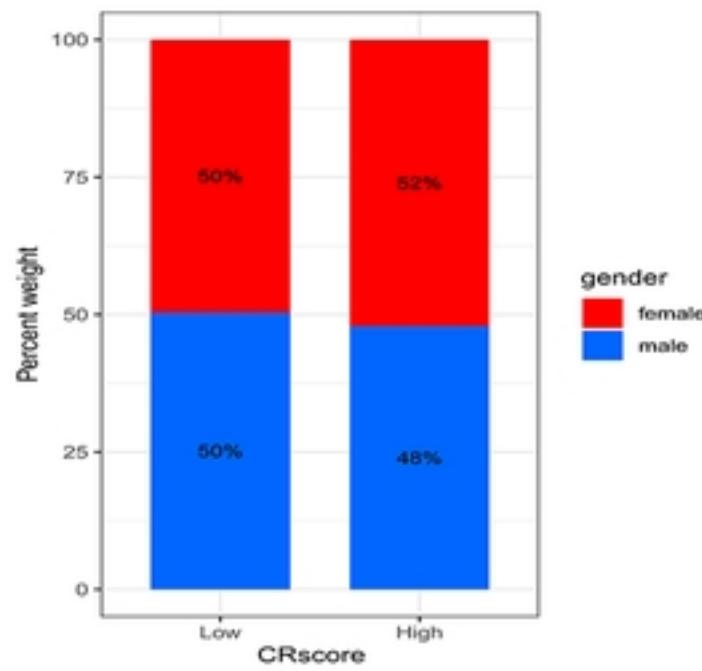


E

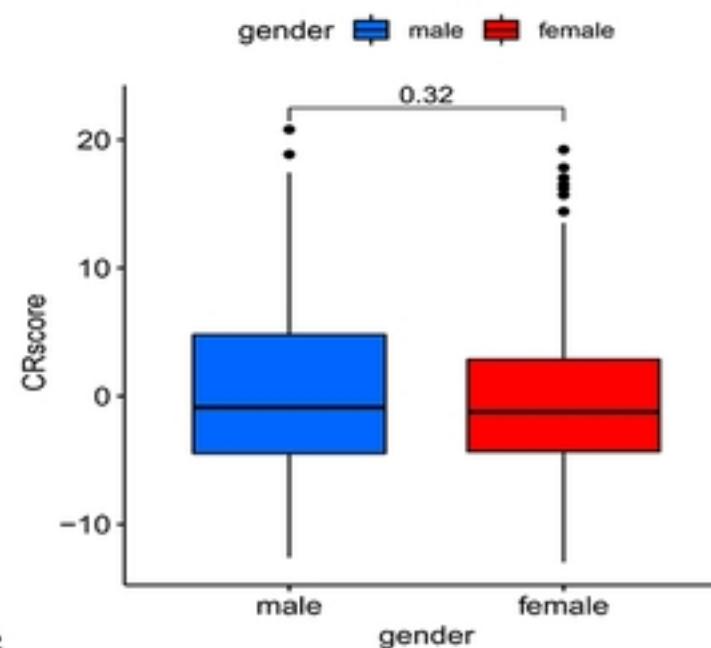


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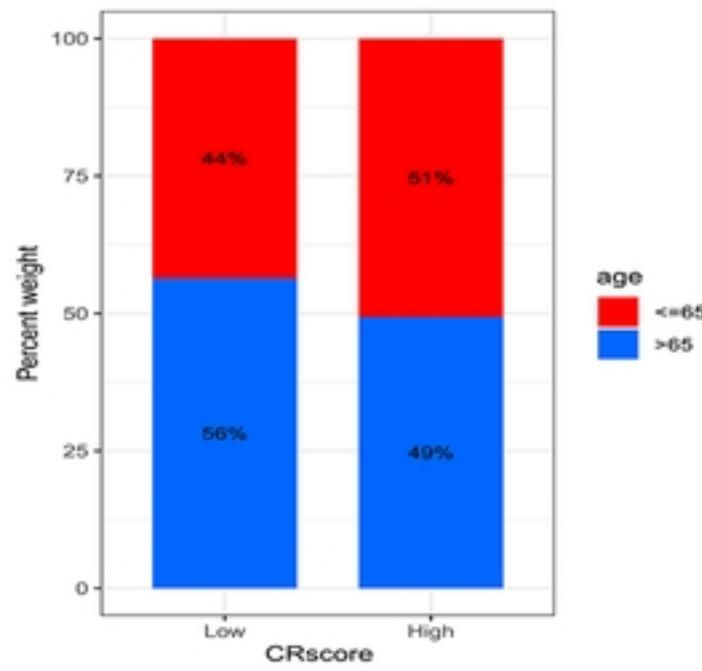
B



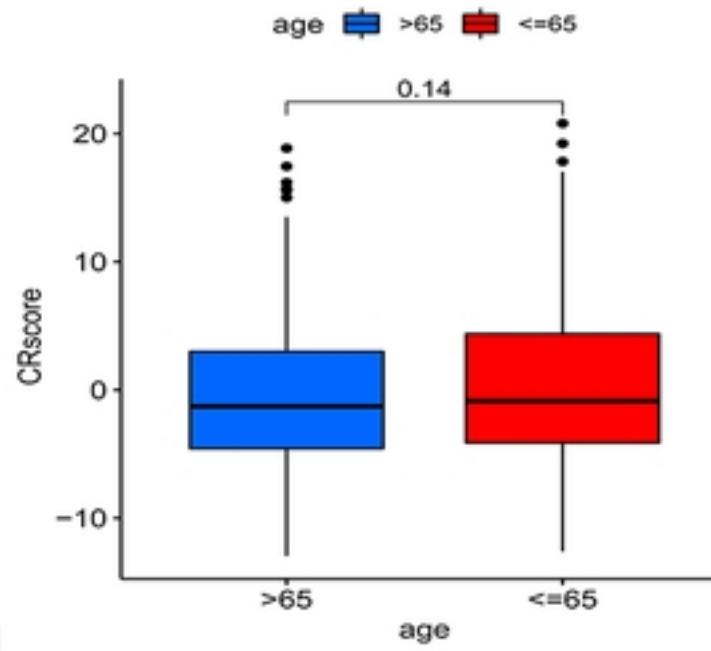
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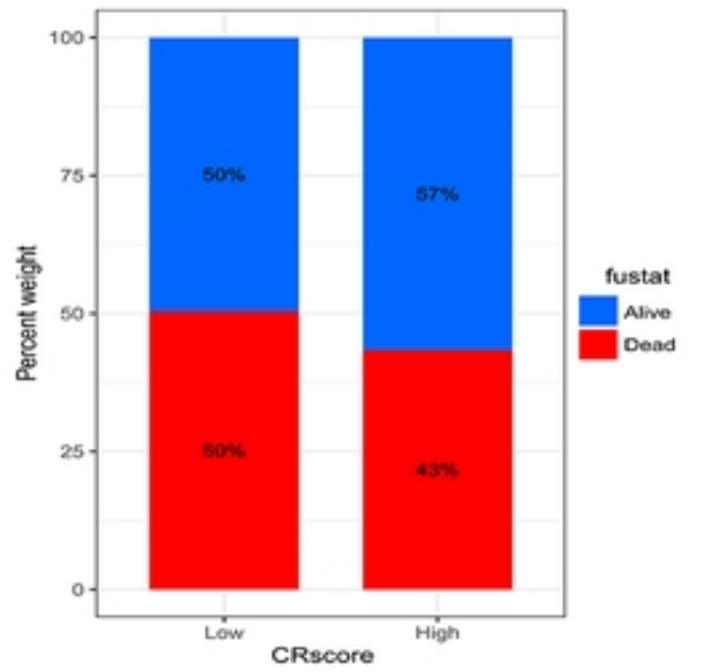
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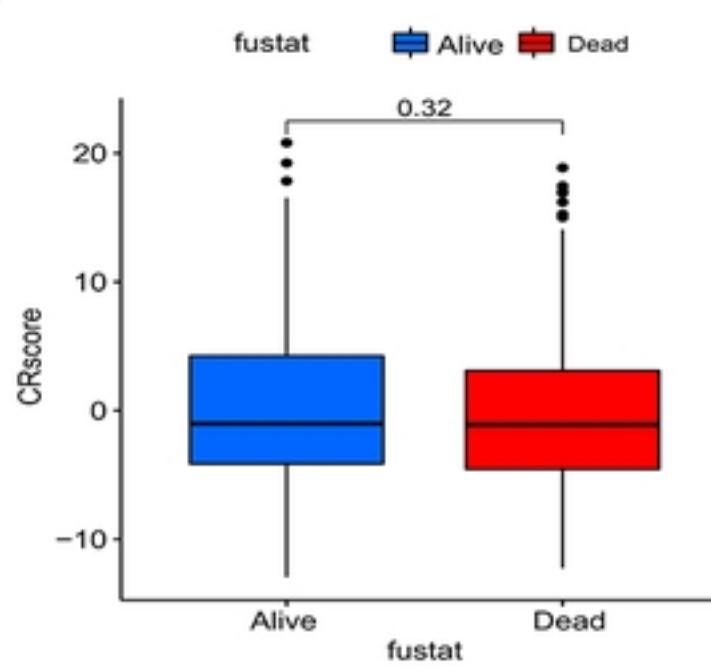
G



D

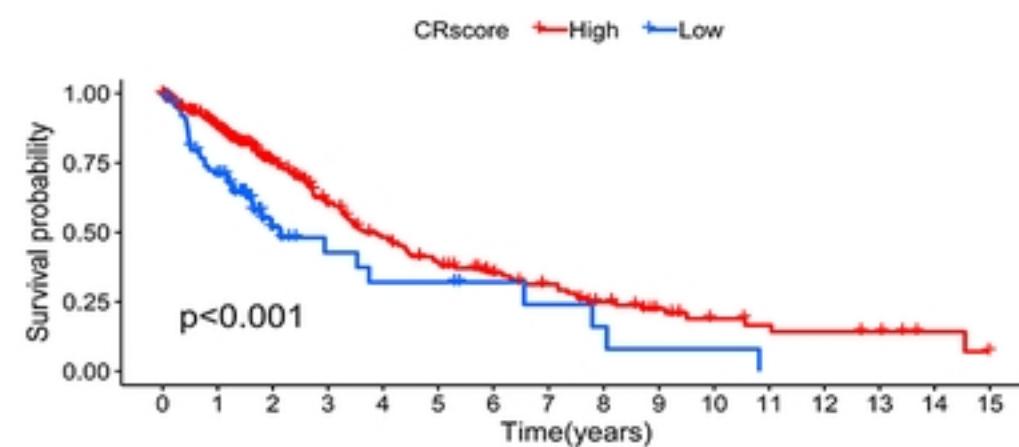


H



A

Patients with age>65

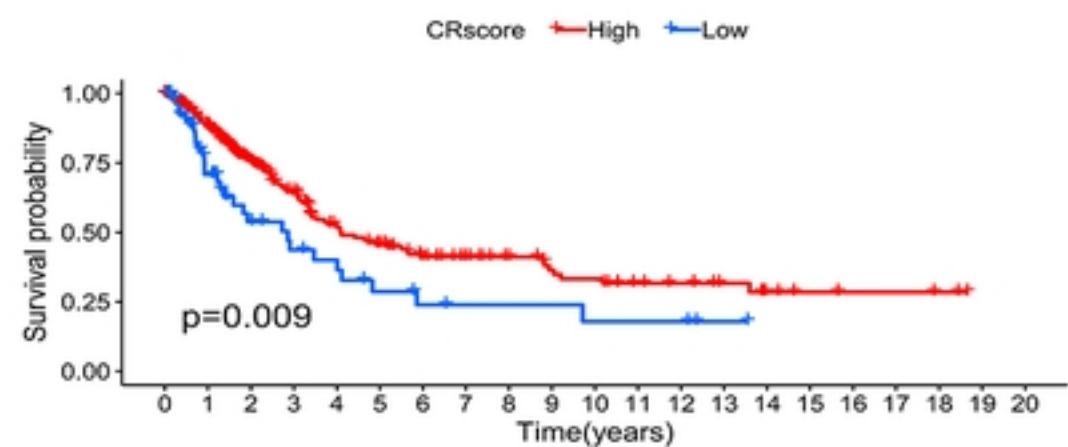


CRscore	High	Low
0	271	75
1	209	50
2	122	15
3	83	8
4	62	6
5	49	6
6	37	4
7	30	3
8	21	2
9	14	1
10	9	1
11	7	0
12	6	0
13	5	0
14	2	0
15	0	0

Time(years)

E

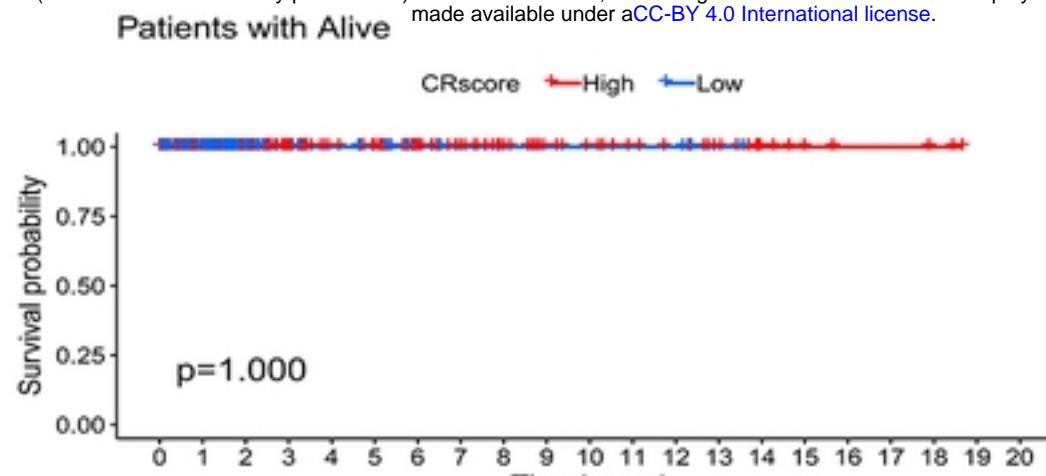
Patients with age<=65



CRscore	High	Low
0	278	58
1	221	31
2	113	18
3	94	13
4	65	11
5	55	7
6	42	5
7	34	4
8	29	4
9	23	3
10	21	3
11	16	3
12	14	1
13	10	0
14	6	0
15	4	0
16	3	0
17	3	0
18	2	0
19	0	0
20	0	0

Time(years)

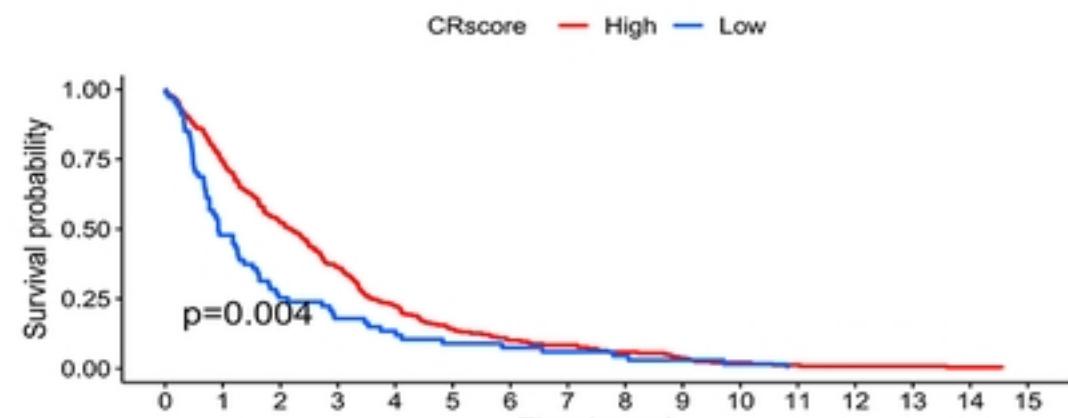
B



CRscore	High	Low
0	311	66
1	253	49
2	127	16
3	91	9
4	74	8
5	70	7
6	55	4
7	44	3
8	36	3
9	28	3
10	25	3
11	20	3
12	18	3
13	13	3
14	7	0
15	4	0
16	3	0
17	3	0
18	2	0
19	0	0
20	0	0

Time(years)

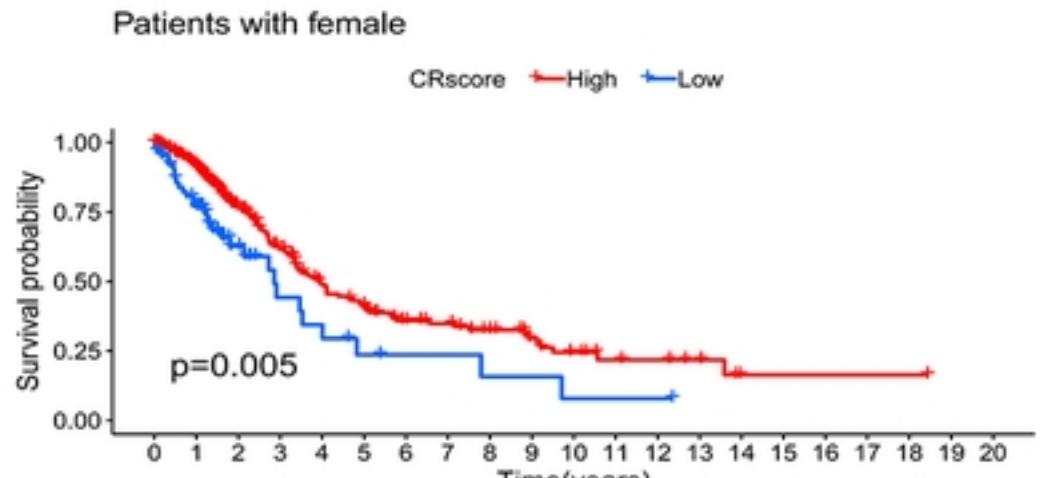
Patients with Dead



CRscore	High	Low
0	238	67
1	177	32
2	125	17
3	86	12
4	53	9
5	34	6
6	24	5
7	20	4
8	14	3
9	9	2
10	5	1
11	3	0
12	2	0
13	2	0
14	1	0
15	0	0

Time(years)

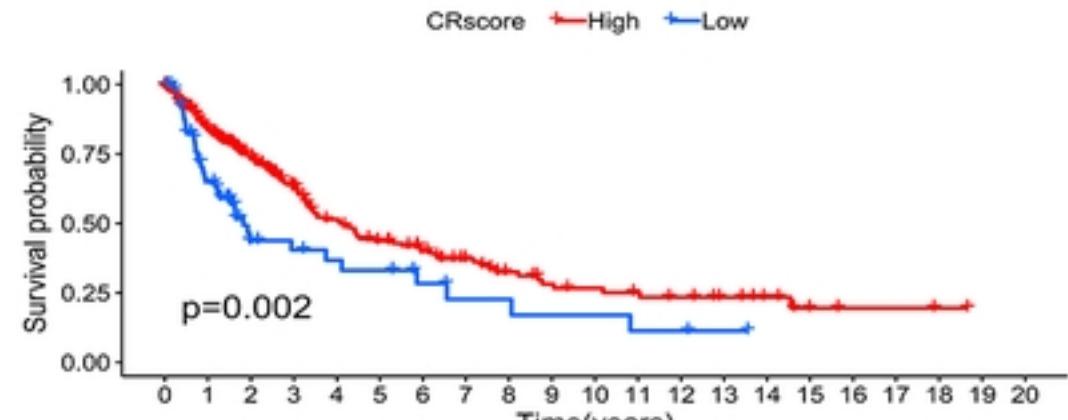
C



CRscore	High	Low
0	286	66
1	235	45
2	126	18
3	88	9
4	60	7
5	50	4
6	36	3
7	32	2
8	26	2
9	18	1
10	13	1
11	8	1
12	7	1
13	5	0
14	1	0
15	1	0
16	1	0
17	1	0
18	0	0
19	0	0
20	0	0

Time(years)

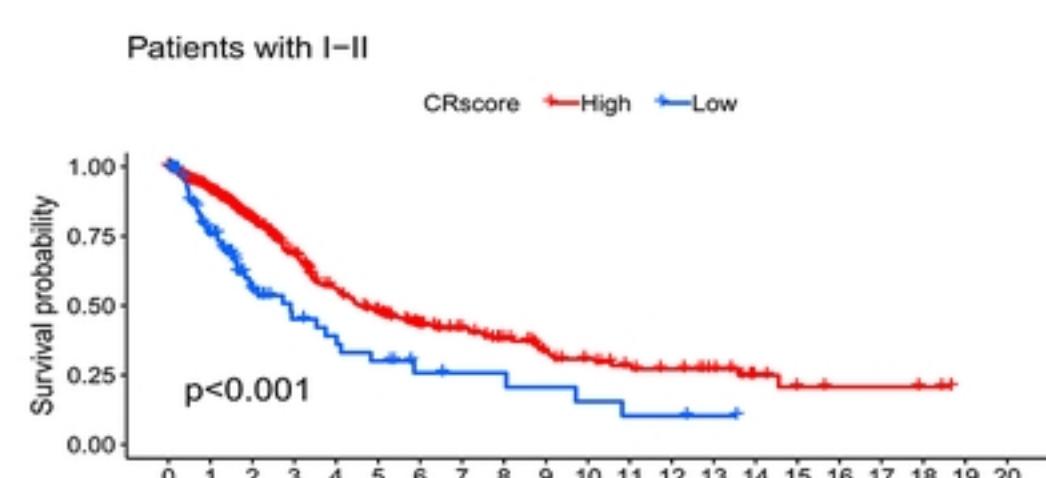
Patients with male



CRscore	High	Low
0	263	67
1	195	36
2	126	15
3	89	12
4	67	10
5	54	9
6	43	6
7	32	4
8	24	4
9	19	3
10	17	3
11	15	2
12	13	1
13	10	0
14	7	0
15	3	0
16	2	0
17	2	0
18	1	0
19	0	0
20	0	0

Time(years)

D

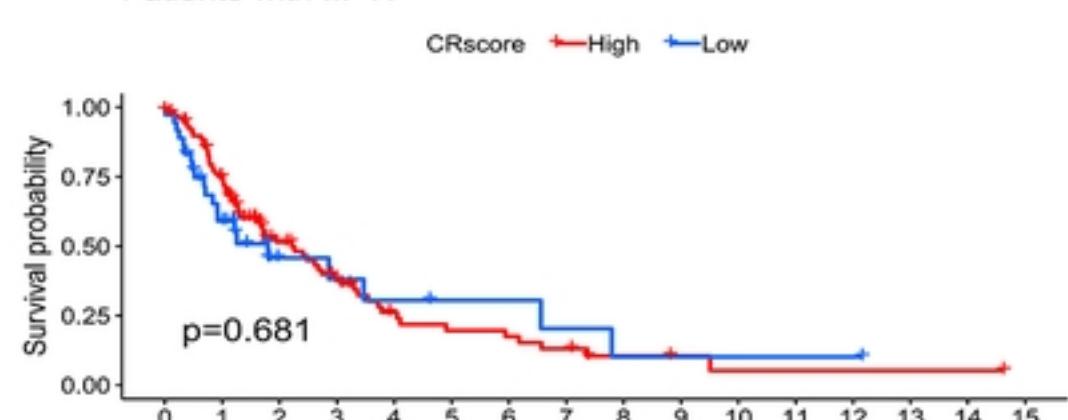


CRscore	High	Low
0	448	97
1	361	62
2	121	27
3	191	16
4	156	13
5	115	10
6	95	6
7	71	5
8	58	5
9	47	4
10	35	3
11	29	2
12	22	2
13	19	1
14	14	0
15	7	0
16	4	0
17	3	0
18	2	0
19	0	0
20	0	0

Time(years)

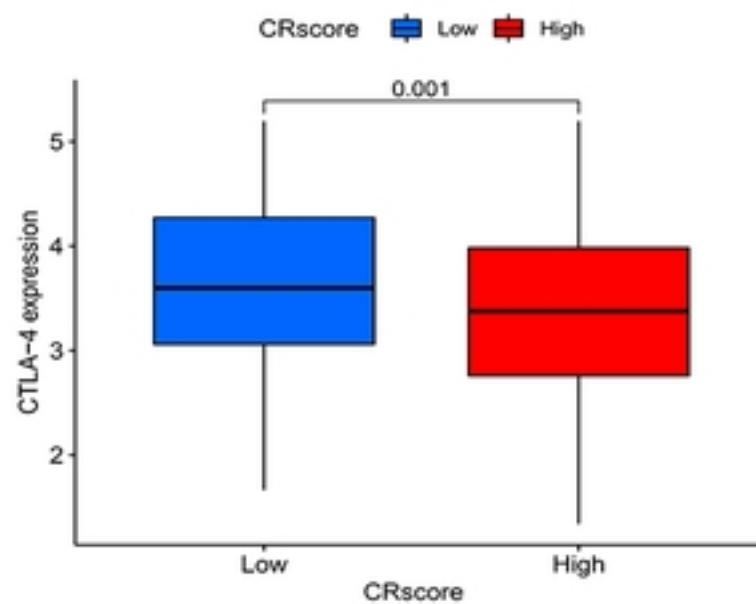
H

Patients with III-IV

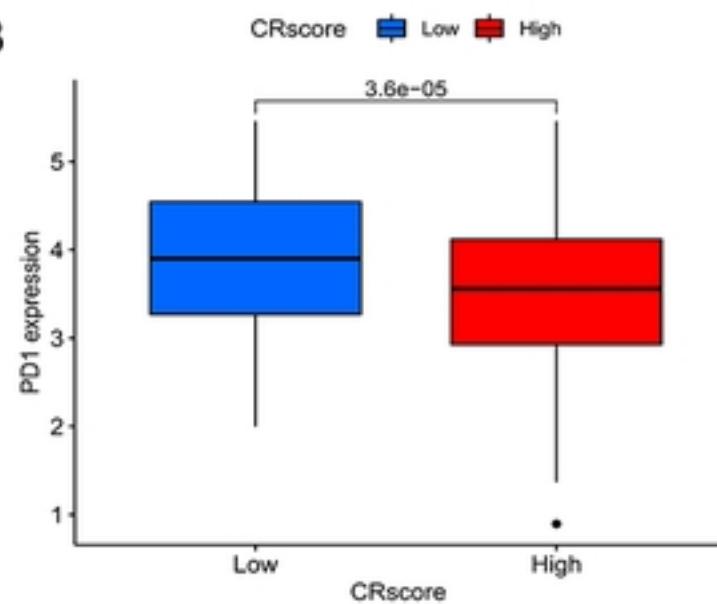


CRscore	High	Low
0	101	36
1	69	19
2	33	6
3	21	5
4	12	4
5	9	3
6	8	3
7	6	2
8	3	

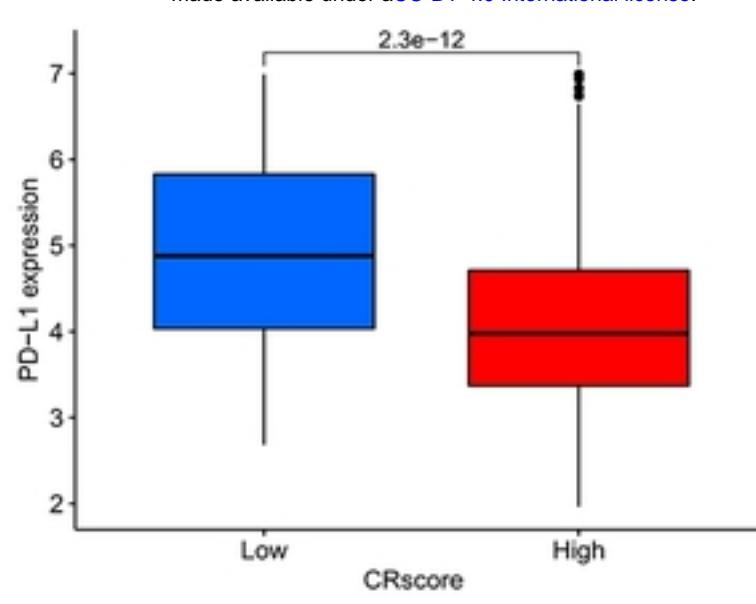
A



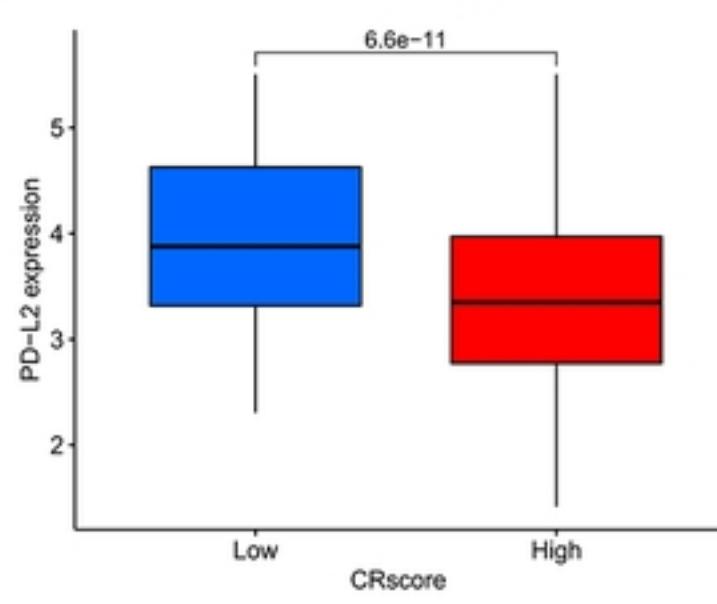
B



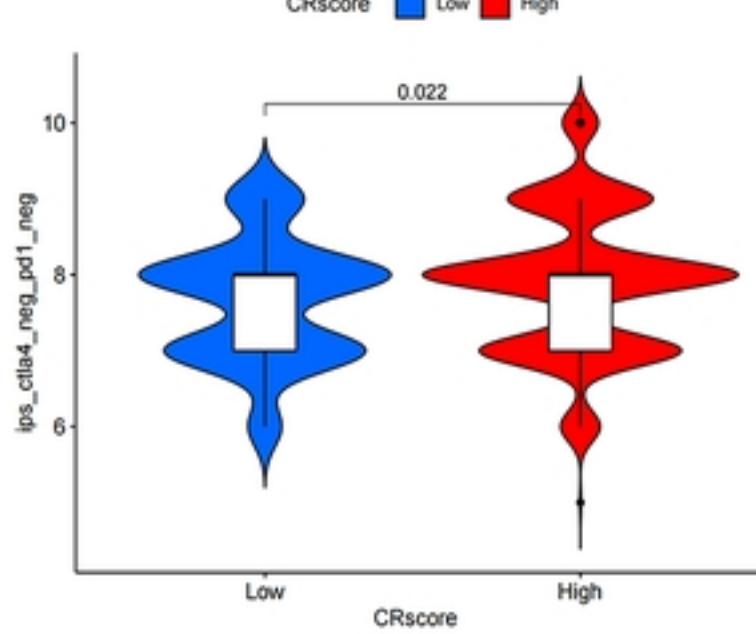
C



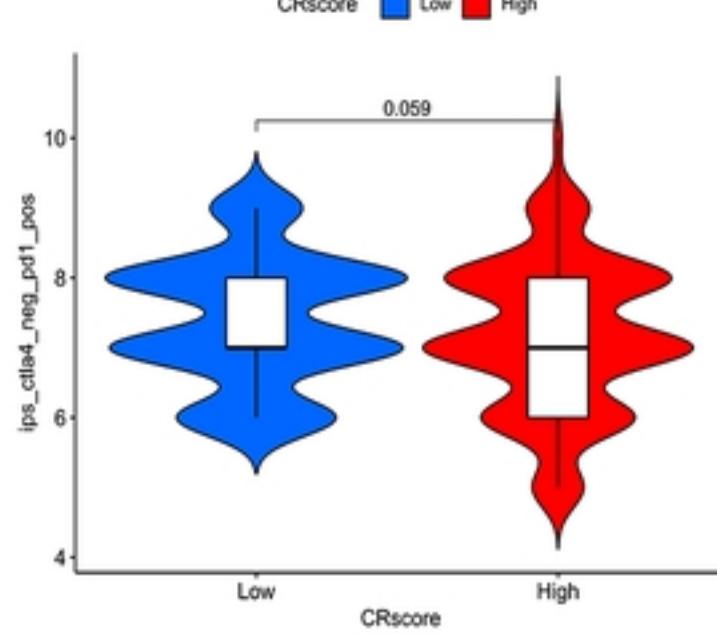
D



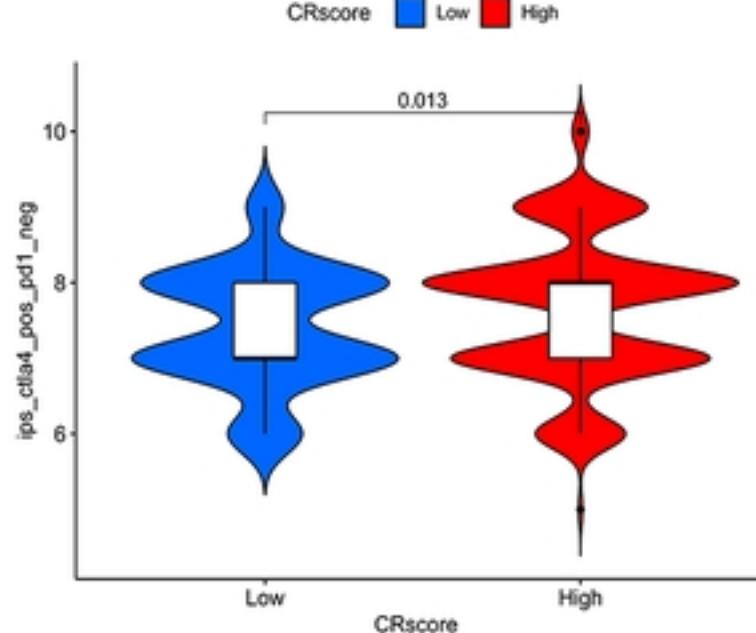
E



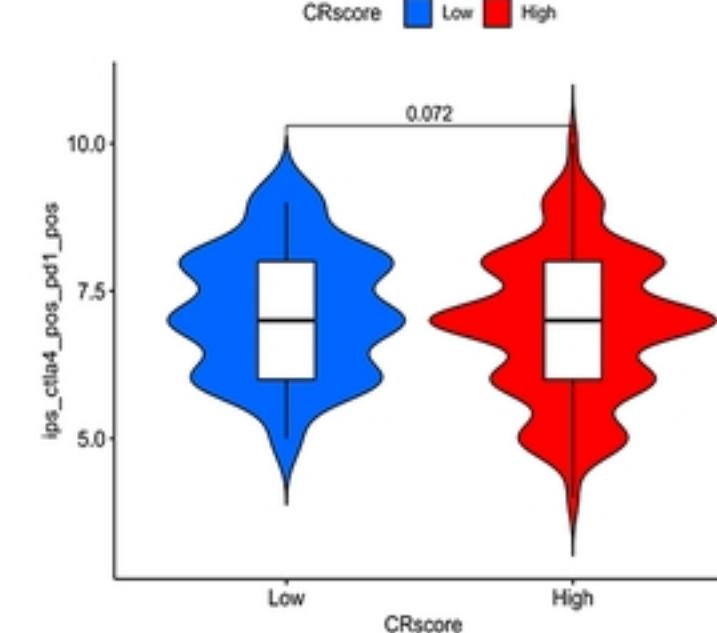
F



G

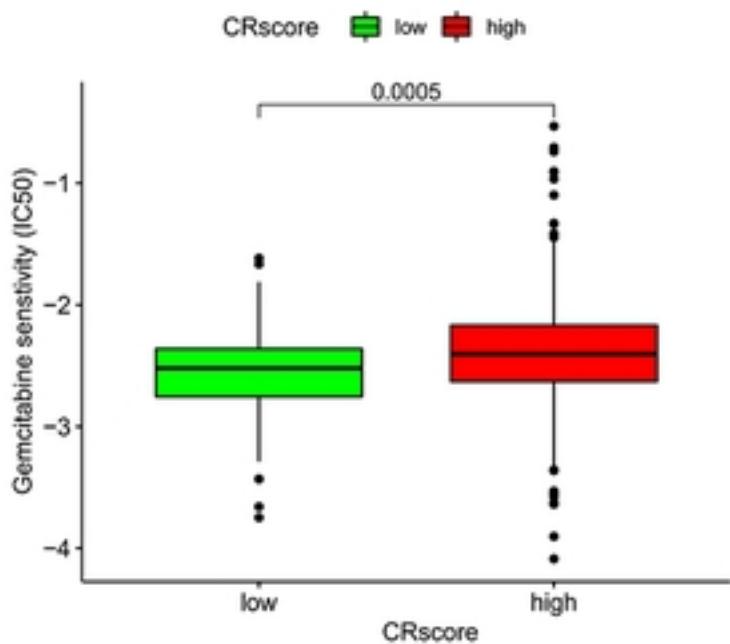


H

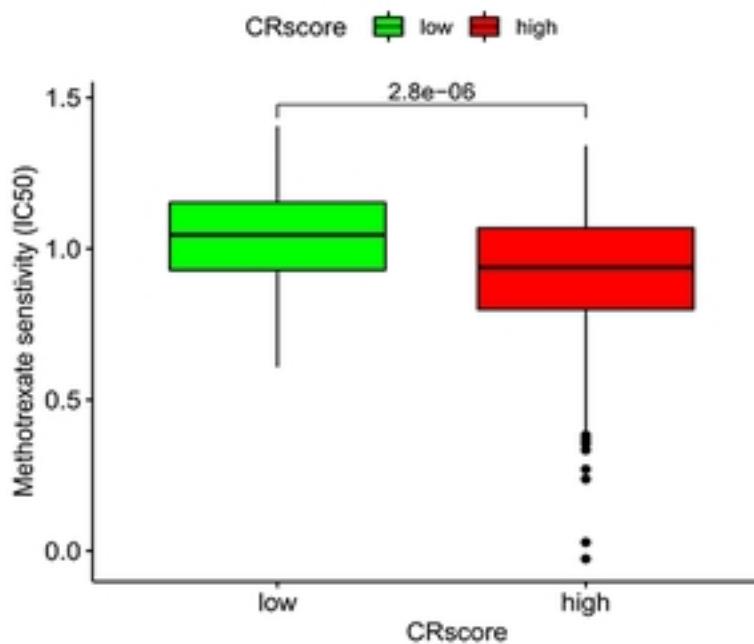


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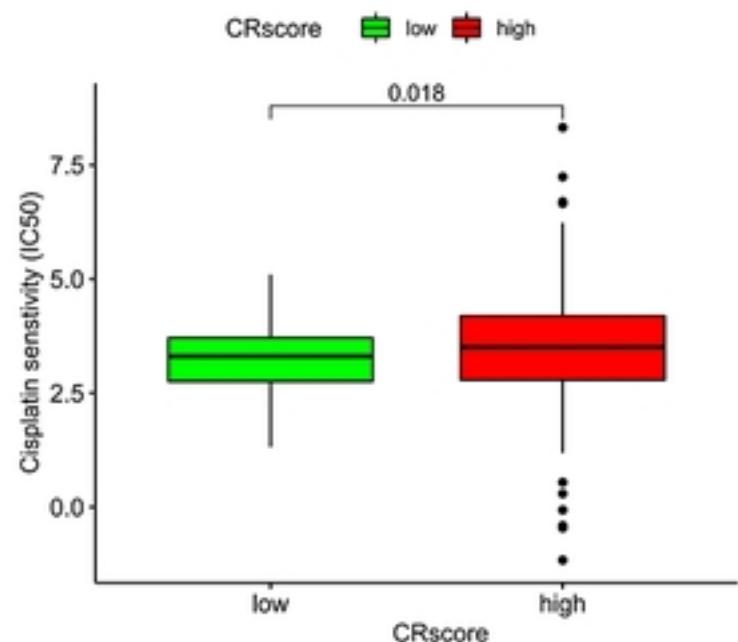
A



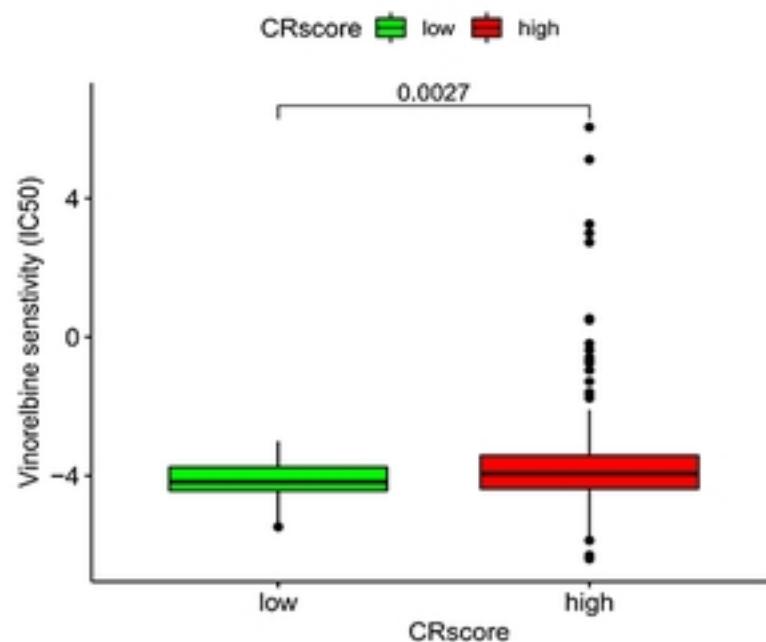
B



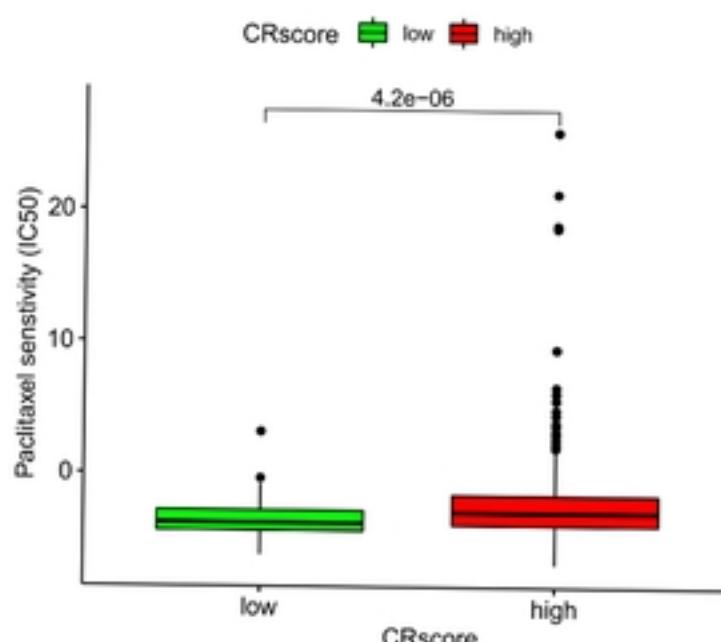
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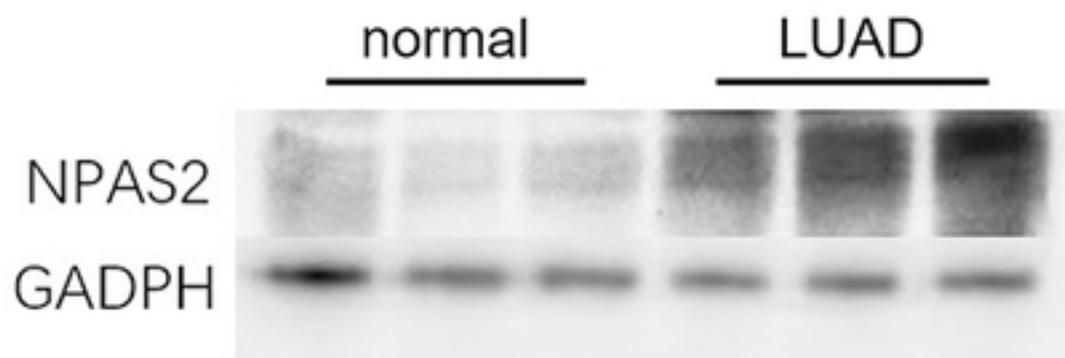
D



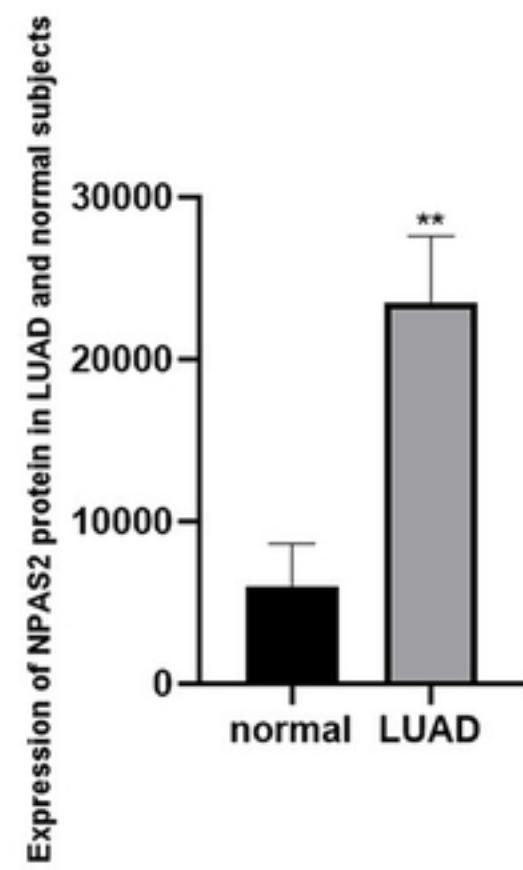
E



A



B



C

