

1                   **Age-related Macular Degeneration patient deep phenotyping and**  
2                   **whole genome sequencing analysis identifies coding variants linking**  
3                   **small low-luminance visual deficit to fat storage defects**

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26 **Abstract**

27 **Background:** The basis of Age-related macular degeneration (AMD) genetic risk has been well  
28 documented; however, few studies have looked at genetic biomarkers of disease progression or  
29 treatment response within advanced AMD patients. Here we report the first genome-wide  
30 analysis of genetic determinants of low-luminance vision deficit (LLD), which is seen as  
31 predictive of visual acuity loss and anti-VEGF treatment response in neovascular AMD  
32 patients.

33 **Methods:** AMD patients were separated into small- and large-LLD groups for comparison and  
34 whole genome sequencing was performed. Genetic determinants of LLD were assessed by  
35 common and rare variant genetic analysis. Follow-up functional analysis of rare coding variants  
36 identified by the burden test was then performed *in vitro*.

37 **Results:** We identified four coding variants in the *CIDEc* gene. These rare variants were only  
38 present in patients with a small LLD, which has been previously shown to indicate better  
39 prognosis and better treatment response. Our *in vitro* functional characterization of these  
40 *CIDEc* alleles revealed that all decrease the binding affinity between CIDEc and the lipid  
41 droplet fusion effectors PLIN1, RAB8A and AS160. The rare *CIDEc* alleles all cause a  
42 hypomorphic defect in lipid droplet fusion and enlargement, resulting in a decreased fat storage  
43 capability in adipocytes.

44 **Conclusions:** As we did not detect CIDEc expression in the ocular tissue affected by AMD,  
45 our results suggest that the *CIDEc* variants do not play a direct role in the eye and influence  
46 low-luminance vision deficit via an indirect and systemic effect related to fat storage capacity.

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48

49

50 **Introduction**

51 Age-related macular degeneration (AMD) accounts for nearly 10% of blindness  
52 worldwide, and is the leading cause of blindness in developed countries<sup>1</sup>. AMD is a progressive  
53 retinal disease characterized by the accumulation of extracellular deposits called drusen,  
54 underneath the retina in the early stages of the disease, followed by either atrophy of the macula  
55 in the advanced dry form of AMD called Geographic Atrophy (GA), and/or growth of  
56 pathogenic blood vessels into the retina in the wet form of AMD called neovascular AMD. Both  
57 GA and neovascular AMD are clinical end-stages forms of AMD and lead to progressive and  
58 severe vision loss. There is currently no approved treatment for GA and despite anti-Vascular  
59 Endothelial Growth Factor (VEGF) intraocular injections having revolutionized the treatment  
60 of neovascular AMD, they are not curative and patient response is heterogeneous<sup>2</sup>.

61 Although the pathophysiology of AMD is still not completely understood, there is a  
62 well-established genetic component to disease risk. Concordance rates between mono-zygotic  
63 twins are significantly higher than di-zygotic twins <sup>3-5</sup>. Both population-based and familial  
64 studies have found evidence of sibling correlations, and estimate that genetic factors can  
65 account for between 50% and 70% of the total variability in disease risk <sup>6; 7</sup>. Furthermore, it is  
66 estimated that genetic risk factors account for up to 71% of variation in the severity of disease  
67 <sup>8</sup>. Genome-wide association studies (GWAS) of AMD disease risk have greatly expanded our  
68 knowledge around the disease and especially its biology, with the most recent study involving  
69 over 16,000 AMD patients and 17,000 controls finding 52 independently associated variants <sup>9</sup>.  
70 Major risk loci identified include complement genes (e.g. *CFH*, *CFI*, *C3*, *C9*) and the  
71 *ARMS2/HTRA1* locus. However, there are several other pathways identified including genes  
72 involved in lipid metabolism (e.g. *LIPC*, *CETP*) and extracellular matrix remodeling (e.g.  
73 *TIMP3*, *MMP9*).

74 While the basis of genetic risk of AMD is well characterized, other facets of the disease  
75 are not. Predictive or prognostic biomarkers, either clinical or genetic, for disease progression  
76 or treatment response are not as well understood. It is known that subjects with AMD have  
77 difficulty seeing in dimly lit environments <sup>10</sup>. As such, the reduction in visual acuity under  
78 suboptimal illumination known as low-luminance deficit (LLD) has been evaluated in AMD  
79 patients and is seen to be predictive of both the development of GA with subsequent visual  
80 acuity loss and response to anti-VEGF treatment in neovascular AMD patients <sup>11; 12</sup>.

81 Here we report the first genome-wide investigation into genetic determinants for low-  
82 luminance dysfunction in neovascular AMD utilizing patient data from the HARBOR clinical  
83 trial<sup>13</sup>. The HARBOR trial was a dosing study which sought to determine the efficacy and safety  
84 of 2.0 mg and 0.5 mg doses of ranibizumab (anti-VEGF antibody) in treatment naive patients  
85 with choroidal neovascularization (CNV) secondary to AMD<sup>13; 14</sup>. This study enrolled 1098  
86 patients and followed them for one year. All dosing groups demonstrated clinically meaningful  
87 visual improvement. Multiple clinical datapoints were collected at baseline, including LLD. We  
88 separated the HARBOR patients into two groups for comparison, those with the largest LLD  
89 differential (biggest drop in vision under low-luminance, quartile 4 = Q4) and those with the  
90 smallest LLD differential before ranibizumab treatment (quartile 1 = Q1). We selected  
91 phenotypic extremities instead of the whole patient population for two main reasons; (1) the  
92 data looking at the effect of baseline LLD on anti-VEGF treatment response showed the largest  
93 difference between Q1 and Q4 patients<sup>12</sup> and (2) it has been suggested as a way to increase  
94 power in genetic studies<sup>15</sup>. Because the genetic underpinnings of LLD differential has not been  
95 fully explored, we entered the study with the goal of identifying genetic factors involved in  
96 LLD using common and rare variation assayed via whole genome sequencing (WGS) with  
97 functional follow-up of biologically interesting hits. For functional characterization, we then

98 selected from the top hits the *CIDEC* gene as a compelling candidate gene with reported  
99 function related to lipid metabolism, a pathway identified in previous AMD genetic analyses<sup>9</sup>.

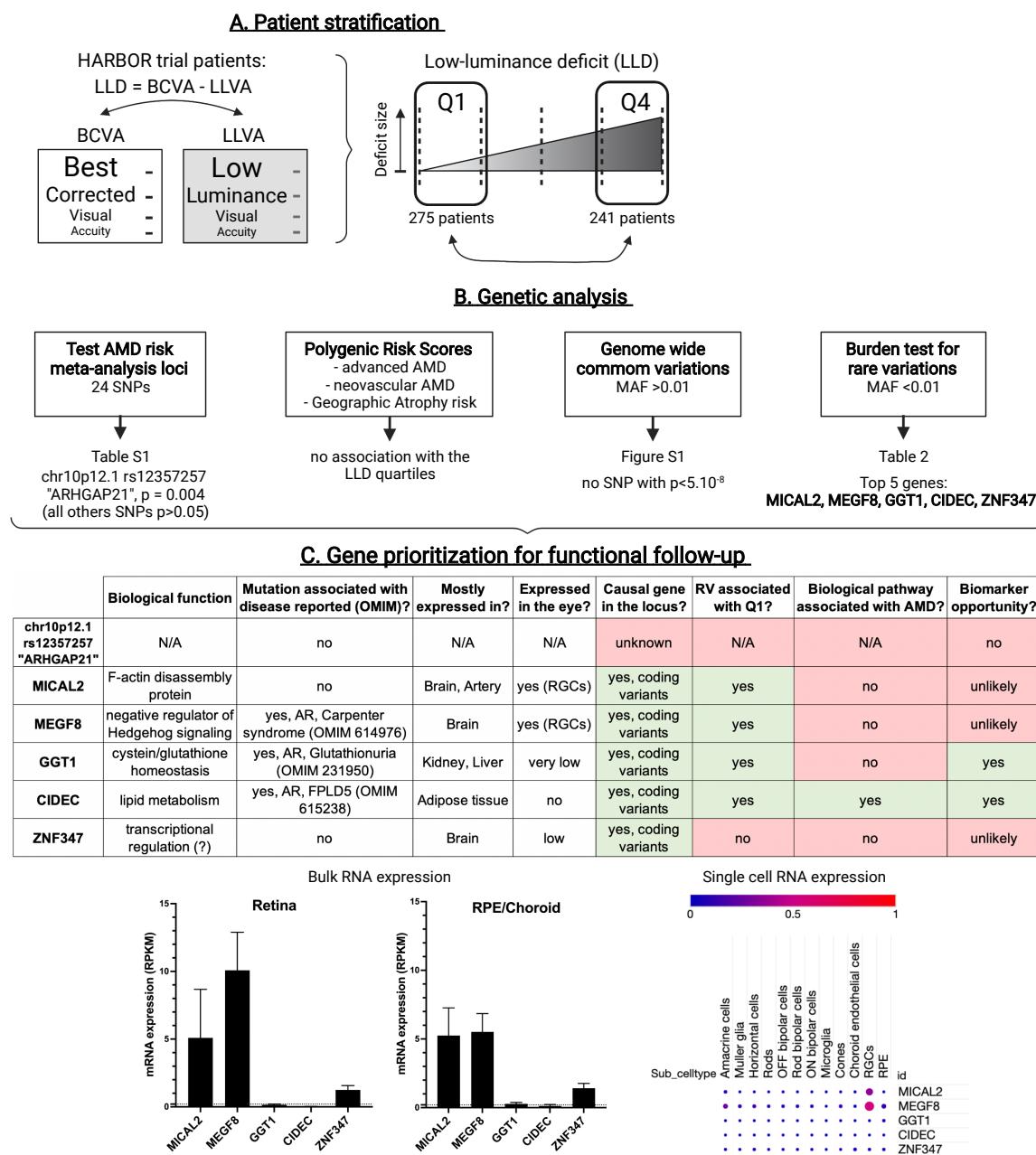
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102 **Results**

103 **A genome wide burden test identifies rare genetic variants in the *CIDEC* gene that are**  
104 **enriched in AMD patients with small low-luminance deficit**

105 For our study, we subset the HARBOR ranibizumab dosing study population as  
106 previously described for baseline low-luminance deficit (LLD)<sup>12</sup>. All patients in the HARBOR  
107 trial had neovascular AMD. This subsetting resulted in 275 patients in our Q1 group, and 241  
108 patients in Q4 (Figure 1A). Detailed population characteristics are seen in Table 1. We  
109 compared LLD quartiles 1 (Q1) and 4 (Q4) for this analysis, with the goal of maximizing the  
110 phenotypic difference as seen in the previous anti-VEGF treatment response study<sup>12</sup>. Patients  
111 in Q1 (smallest low-luminance deficit) were seen to have better outcome on anti-VEGF therapy,  
112 and slower visual acuity loss in GA patients than patients in Q4 (large low-luminance deficit)  
113<sup>11; 12</sup>. In our study population, patients in Q1 were more likely to have lower baseline visual  
114 acuity, smaller baseline CNV leakage area, thinner sub-retinal fluid and a thinner choroid, but  
115 did not significantly differ by age or sex (Table 1). We coded Q1 as the “cases” and Q4 as the  
116 “controls”, so subsequently an odds ratio (OR)>1 indicates the minor allele was enriched in Q1  
117 and an OR <1 indicates the minor allele was enriched in Q4.



**Figure 1: Overview of the patient stratification, the lines of genetic investigation performed and the strategy used to prioritize genes for functional follow-up.**

(A). HARBOR patients were separated at baseline into two groups based on the size of their Low-Luminance Deficit (LLD): patients in quartile 1 (Q1) had the smallest drop in vision under low-luminance and patients in quartile 4 (Q4) had the biggest deficit. (B). Lines of genetic investigation and top-line results. (C) For functional analysis follow-up, top genetic hits were prioritized based on different criteria such as being the causal gene at the locus (presence of coding variants), the rare variants (RV) identified being enriched in Q1 patients, the gene playing a role in a biological pathway associated with AMD pathophysiology, and providing a potential biomarker opportunity. For the top hits, gene expression in human retina or RPE/choroid (bulk RNA sequencing, data from Orozco et al.<sup>34</sup>) and in different human ocular cell types (single cell RNA sequencing, data from Gautam et al.<sup>35</sup>) were also analyzed. AR: autosomal recessive; FPLD5: Familial Partial Lipodystrophy type 5. RGCs: Retinal Ganglion Cells. RPE: Retinal Pigment Epithelium.

	Q1	Q4	p value	Missing (N%)	
				Q1	Q4
N	275	241			
Age	78.61 (9.07)	78.85 (7.94)	0.75	0 (0%)	0 (0%)
Female, N (%)	117 (43%)	105 (44%)	0.81	0 (0%)	0 (0%)
Baseline visual acuity	48.0 (14.4)	57.6 (9.2)	5.12E-15	0 (0%)	0 (0%)
Baseline CNV leakage area	2.98 (1.83)	4.35 (2.25)	9.53E-12	0 (0%)	0 (0%)
Baseline sub-retinal fluid thickness	98 (95)	172 (125)	1.09E-11	0 (0%)	0 (0%)
Baseline choroidal thickness	174 (58)	200 (77)	0.0023	116 (42.2%)	111 (46%)

131 **Table 1.** Quartile Q1 and quartile Q4 AMD patient demographic comparison.

132

133 The lines of genetic investigation are outlined in **Figure 1B**. We first investigated the  
134 loci identified in a recent AMD risk meta-analysis from the International AMD Genetics  
135 Consortium (IAMDGC) (**Table S1**)<sup>8</sup>. After quality control procedures, 24 single-nucleotide  
136 polymorphisms (SNPs) identified in the IAMDGC study were available for analysis. No locus  
137 retained statistical significance after multiple testing. Two loci had  $P<0.1$ , (1) *ARHGAP21*,  
138 rs12357257, (odds ratio (OR) = 0.63,  $p=0.004$ ) and (2) *LIPC*, rs2043085, (OR = 1.29,  $P=0.10$ ).  
139 We also constructed polygenic risk scores (PRS) for 1) advanced AMD risk 2) neovascular  
140 AMD risk and 3) geographic atrophy risk from the same IAMDGC consortium analysis. We  
141 did not find any of these PRS to be associated with our LLD population. Next, we examined  
142 common variation throughout the genome (SNPs with a minor allele frequency (MAF)  $> 0.01$ ).  
143 There were no SNP which met the genome-wide significance level of  $p<5\times 10^{-8}$  (**Figure S1**).

144 We then evaluated rare variation (SNPs with a MAF $<0.01$ ) in the form of a burden test.

145 We included exonic SNPs predicted to have a moderate (e.g. amino acid changing) to high (e.g.  
146 stop codon gain or loss) impact on the final protein sequence. No loci identified in the recent  
147 GWAS meta-analysis were significantly associated in our burden test (all  $p>0.05$ ). No gene  
148 burden test passed a Bonferroni multiple testing cutoff for the number of genes in the genome  
149 tested. The top hits for this analysis are presented in **Table 2**.

Gene	Q1 Freq	Q4 Freq	# SNPs	OR	p value
<i>MICAL2</i>	0.14	0.06	28	3.38	0.00077
<i>MEGF8</i>	0.12	0.05	27	3.75	0.000977
<i>GGT1</i>	0.16	0.08	24	2.88	0.001055
<i>CIDEC</i>	0.06	0.02	5	7.14	0.001076
<i>ZNF347</i>	0.02	0.10	15	0.20	0.001679

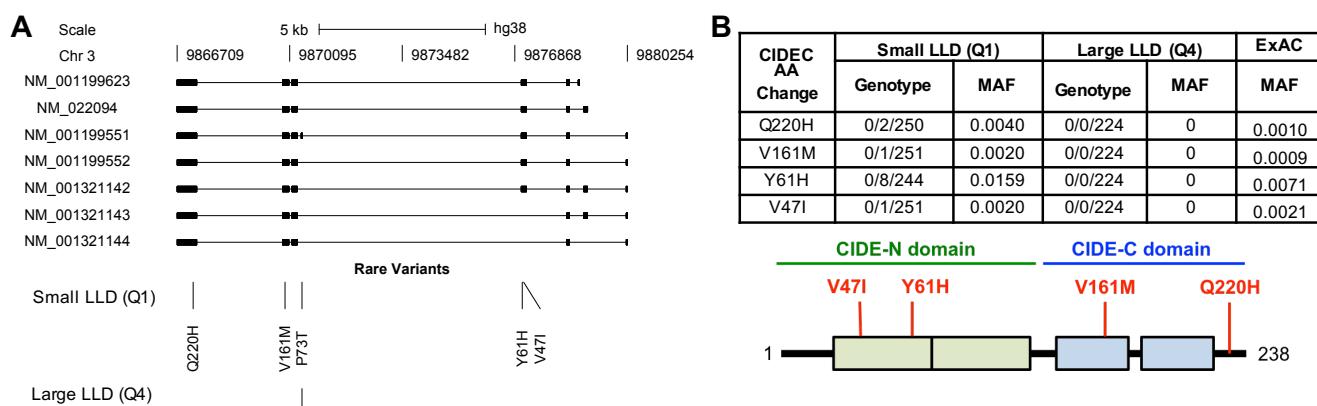
150 **Table 2.** Results from rare variant burden test comparing quartile Q1 and quartile Q4 AMD  
151 patients. OR = odds ratio.  
152

153 For functional analysis follow-up, we prioritized the top genetic hits identified by our  
154 common and rare variants analysis using different criteria (**Figure 1C**). We decided to select  
155 *CIDEC* for a thorough wet lab analysis as it was the probable causal gene at the identified locus  
156 (presence of coding variants), the rare variants identified were enriched in Q1 patients (i.e.  
157 associated with better outcome). Furthermore, *CIDEC* is involved in a biological pathway  
158 already associated with AMD (i.e. lipid metabolism) and since *CIDEC* expression is broad in  
159 the human body (adipose tissue), it provides a potential biomarker opportunity<sup>16</sup>, which is  
160 usually not the case when the gene expression is restricted to the neuroretina.

161 The *CIDEC* gene encodes the *CIDEC* protein (NP\_001365420.1; OMIM: 612120), a  
162 member of the Cell-death-Inducing DNA fragmentation factor (DFF)45-like Effector (CIDE)  
163 family. As this is the first report of *CIDEC* affecting AMD pathology, we looked for evidence  
164 of *CIDEC* rare variant involvement in the UK Biobank sequencing data via the GENEBASS  
165 portal (v0.7.8alpha)<sup>17</sup>. We did not see evidence of a strong phenotype associated with rare  
166 variants in *CIDEC* with regards to any distinct ocular phenotype, with “eye problems/disorders”  
167 being the top ocular phenotype in the pLoF analysis (**Table S2**; P=0.005).

168 The *CIDEC* rare alleles found in our analysis were found in 6% of Q1 patients and  
169 spread over multiple exons. In the Q4 patients, rare alleles were found in 2% of individuals and  
170 they coalesced to one exon seen only in RefSeq transcript NM\_001199551 (**Figure 2A**). We  
171 sought to quantify the percentage of transcripts expressed that are NM\_001199551 in the GTEx

172 database for adipose tissue and blood <sup>18</sup>. In both sample types, percent expression of  
173 NM\_001199551 was 0.5% of all *CIDEc* transcripts (**Figure S2 – adipose pictured, blood**  
174 **similar**). In conclusion, if restricting the analysis in *CIDEc* to exons contained in transcripts  
175 that are more widely expressed we found that *CIDEc* rare variation was exclusive to the Q1  
176 AMD patients (N=12). The four SNPs identified in Q1 patients were rs150971509 c.139G>A  
177 [p.Val47Ile], rs79419480 c.181T>C [p.Tyr61His], rs145323356 c.481G>A [p.Val161Met] and  
178 rs52790883 c.660G>T [p.Gln220His] (subsequently referred to as V47I, Y61H, V161M and  
179 Q220H respectively) (**Figure 2B**). We used the software PolyPhen-2 (Polymorphism  
180 Phenotyping v2) to perform *in silico* prediction of the possible impact of these four amino acid  
181 substitutions on *CIDEc* stability or function <sup>19</sup>. The V47I substitution was predicted as probably  
182 damaging, the V161M and Q220H substitutions were predicted as possibly damaging and only  
183 the Y61H substitution was predicted to be benign. Since no structural data was available for the  
184 full *CIDEc* protein, these predictions were based solely on evolutionary comparisons. Thus,  
185 we decided to include all four rare variants identified in our Q1 AMD *CIDEc* patients in our  
186 experimental follow-up.



187 **Figure 2. Genetic analysis of low-luminance deficit quartile Q1 and quartile Q4 AMD patients.**  
188 (A) Genetic diagram of *CIDEc* and location of rare variants in Q1 and Q4 AMD patients. SNPs are  
189 indicated by amino acid change and position. (B) Table of genotype and minor allele frequencies for  
190 variants selected for further analysis and map of *CIDEc* protein with CIDE-N and CIDE-C domains  
191 with these SNPs annotated by position and amino acid change.

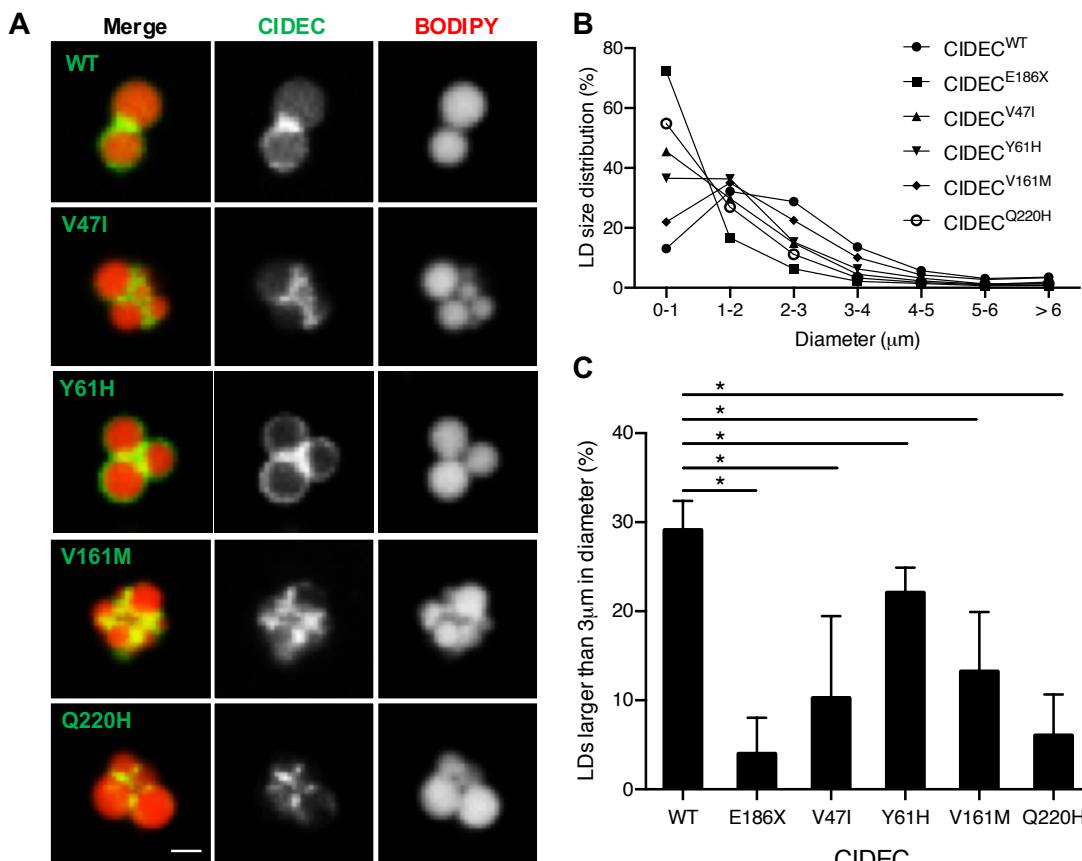
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193 **Q1 AMD CIDEc rare alleles cause a defect in lipid droplet fusion and enlargement.**

194 *CIDEc* is a homolog of the murine *Fsp27* (Fat-specific protein 27kDa) gene<sup>20</sup>. *Fsp27*  
195 was originally identified as a gene up-regulated during murine pre-adipocytes differentiation *in*  
196 *vitro*<sup>21; 22</sup>. FSP27 was then shown to localize to lipid droplets (LDs) in adipocytes, where it  
197 promotes triglyceride storage by inhibiting LD fragmentation and lipolysis<sup>23</sup>. *In vivo*, FSP27  
198 is mainly expressed in the white adipocytes where it contributes to optimal energy storage by  
199 allowing the formation of their characteristic large unilocular LD<sup>24</sup>. *Fsp27* deficient mice have  
200 white adipocytes with small multilocular LDs and increased mitochondrial size and activity,  
201 resulting in smaller white fat pads and increased metabolic rate<sup>24; 25</sup>. A *CIDEc* homozygous  
202 nonsense mutation was identified in a patient with partial lipodystrophy and insulin resistant  
203 diabetes (OMIM: 615238)<sup>26</sup>. This p.Glu186\* (E186X, c.556G → T) mutation results in  
204 truncation of the CIDEc protein and the patient presented with multilocular small LDs and  
205 focal increased mitochondria density in adipocytes. Notably, *Fsp27* deficient mice have a  
206 healthy metabolic profile but when challenged by substantial energetic stress, they acquire  
207 features found in the CIDEc E186X patient, such as insulin resistance and hepatic steatosis<sup>27</sup>.  
208 However, no eye phenotype has been reported in the CIDEc E186X patient nor the *Fsp27*  
209 deficient mice. Therefore, we first investigated the potential functional consequences of the  
210 four rare, protein altering CIDEc alleles found in Q1 AMD patients in adipocytes, a cell type  
211 in which CIDEc's function has been well established.

212 First, we transiently expressed different versions of CIDEc tagged with GFP into 3T3-  
213 L1 pre-adipocytes. We transfected each of the four Q1 AMD rare variants (V47I, Y61H,  
214 V161M and Q220H) and as controls, we transfected cells with CIDEc wild-type (WT) or with  
215 the CIDEc E168X mutation. Subsequently, the proteins encoded by the Q1AMD rare *CIDEc*  
216 alleles will be referred to as “AMD CIDEc variants”. The cells were then treated for two days

217 with oleic acid to induce LD formation. As expected, the mutant CIDEC E168X was diffused  
218 in the cytoplasm and failed to accumulate around the LDs (data not shown, and <sup>26</sup>). In contrast,  
219 the four AMD CIDEC variants mostly localized to LDs in transfected adipocytes, and similarly  
220 to CIDEC WT, accumulated at the LD-LD contact sites (**Figure 3A**).  
221



222 **Figure 3. AMD CIDEC variants localize to lipid droplets (LDs) but cause a defect in LD**  
223 **enlargement.** (A) Representative images of GFP-tagged CIDEC wild-type (WT) or rare variants  
224 localized to LDs labeled in red by BODIPY 558/568. Scale bar: 2 μm. (B) Size distribution of LDs in  
225 pre-adipocytes expressing CIDEC WT or each of the rare variants (diameters in μm). (C) Percentage of  
226 LDs with a diameter larger than 3 μm. N=3 (mean ± SD, Student's t test, \*p<0.05)

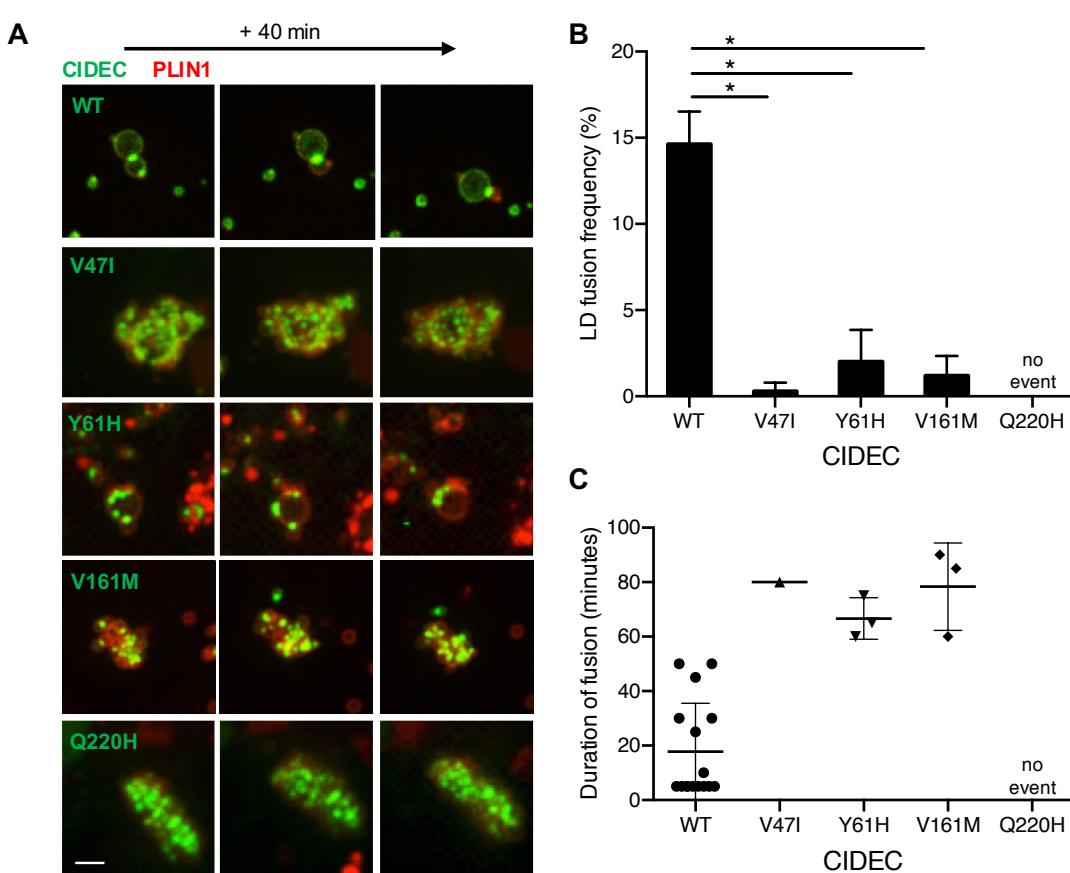
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228 Next, we assessed the size of the LDs in the transfected adipocytes. We found that cells  
229 transfected with CIDEC WT had LDs with an average diameter of 2 to 3 μm. However, cells  
230 expressing CIDEC E186X had a severe LD enlargement defect, resulting in accumulation of  
231 clustered LDs with diameters smaller than 1 μm. Cells expressing each of the AMD CIDEC

232 variants had an intermediate phenotype with a majority of LDs being smaller than 2  $\mu$ m  
233 (**Figures 3B and C**). Interestingly, unlike in the E168X mutation case or *Fsp27* deficiency, we  
234 found that the presence of the AMD CIDEC variants did not increase the density of  
235 mitochondria in the transfected cells (**Figure S3A**) and they did not alter mitochondria activity  
236 as measured with a Seahorse bioanalyzer (**Figure S3B**). In conclusion, the AMD CIDEC  
237 variants do not impair proper CIDEC localization to LDs and do not increase mitochondrial  
238 density, but they are hypomorphic variants reducing the LD enlargement capacity in adipocytes.

239 Next, we transiently co-expressed GFP-tagged version of CIDEC WT or each of the  
240 four AMD CIDEC variants with mCherry-tagged Perilipin1 (PLIN1) in 3T3-L1 pre-adipocytes.  
241 PLIN1 is an adipocyte-specific LD-associated protein that interacts with and potentiates the  
242 function of murine CIDEC and hence could be used to track individual LDs<sup>28</sup>. After inducing  
243 LD formation with oleic acid treatment, we performed time-lapse imaging over 6 hours to  
244 quantify the number of LD fusion events (**Figure 4 and Video 1**). Cells expressing each of the  
245 AMD CIDEC variants showed significant defects in LD fusion frequency compared to cells  
246 expressing CIDEC WT (Student's t-test,  $p<0.005$ ). Over 6 hours, cells expressing CIDEC WT  
247 had  $14.6\% \pm 1.9\%$  of their LDs achieving fusion (**Figures 4A and B**). Cells expressing CIDEC  
248 V47I, Y61H and V161M had a severe decrease in LD fusion events with only  $0.3\% \pm 0.5\%$ ,  
249  $2.0\% \pm 1.8\%$  and  $1.2\% \pm 1.1\%$  of LDs achieving fusion respectively. No LD fusion events were  
250 recorded during the 6 hours in cells expressing CIDEC Q220H, suggesting that this variant  
251 causes a severe loss of LD fusion capacity. Quantification of the time required from initial  
252 contact to complete fusion of two LDs revealed that LD fusion events slowdown in presence of  
253 the CIDEC variants (**Figure 4C**). In conclusion, adipocytes expressing the AMD CIDEC  
254 variants have a defect in LD fusion capacity, with merging events being slower and rarer than  
255 the ones occurring in cells expressing CIDEC WT.

256



257

**Figure 4. Lipid droplet (LD) fusion occurs less frequently and more slowly in pre-adipocytes expressing the AMD CIDEC rare variants.** (A) Representative time-lapse images over 40 minutes of LDs in cells co-expressing GFP-tagged CIDEC WT (taken from [Video 1](#)) or each of the rare variants, and mCherry-tagged PLIN1. Scale bar: 2  $\mu$ m. (B) Percentage of LDs undergoing fusion during the 6-hour analysis. N=3 (mean  $\pm$  SD, Student's t test, \*p<0.05). (C) Time in minutes required from initial LD-LD contact to complete LD fusion.

263

264

Finally, we performed a Fluorescence Recovery After Photobleaching (FRAP)

265

experiment to determine if the CIDEC variants could affect the kinetics of lipid diffusion

266

between LDs. We transiently transfected 3T3-L1 pre-adipocytes with GFP-tagged CIDEC WT

267

or AMD variants, induced LD formation and labeled LDs with the fluorescent fatty acid

268

BODIPY 558/568 dye. Focusing on adjoining LDs of equivalent size and expressing CIDEC at

269

the contact site, we photobleached one LD and measured the mean optical intensity (MOI) of

270

both the bleached and the neighboring, unbleached LD. Recovery of fluorescence on the

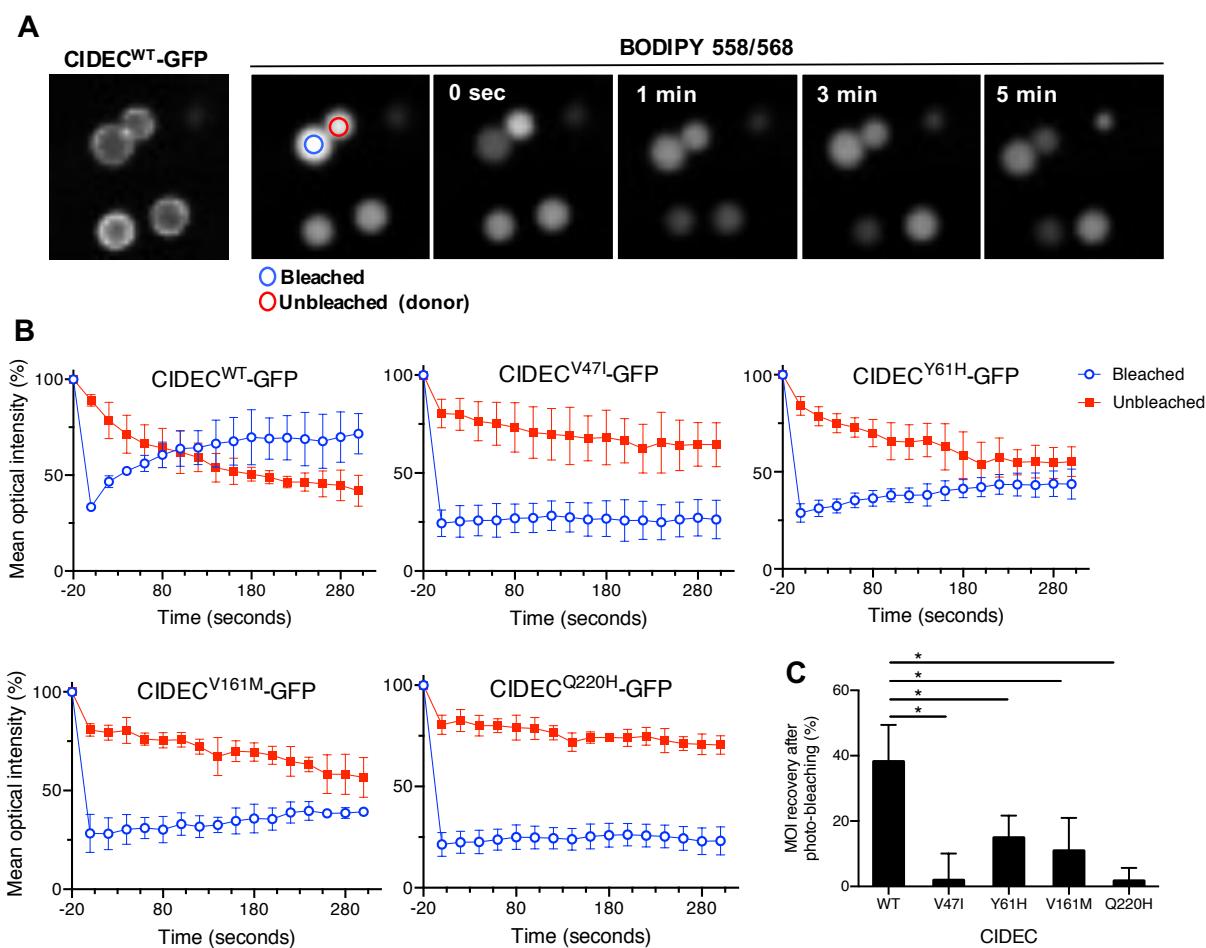
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bleached LD over time was used to quantify the rate of lipid exchange between the two LDs

272

(**Figure 5A**). In cells expressing CIDEC WT, the fluorescence recovered to about 75% of the

273 pre-bleach intensity within 3 minutes in the photobleached LD. This recovery was accompanied  
274 by a corresponding decrease in fluorescence on the unbleached LD, reflecting efficient lipid  
275 exchange between the two LDs (**Figures 5B and C**). In cells expressing CIDEC Y61H or  
276 V161M, fluorescence recovery in the bleached LD exhibited a delayed and reduced  
277 fluorescence compared to cells expressing CIDEC WT. In cells expressing CIDEC V47I or  
278 Q220H there was very limited, if any, fluorescence recovery on the bleached LD, suggesting  
279 loss of lipid exchange capacity (**Figures 5B and C**). In conclusion, the presence of the AMD  
280 CIDEC variants impairs the lipid diffusion capacity between LDs in adipocytes.



281 **Figure 5. AMD CIDEC variants cause a decrease in the lipid exchange rate between lipid droplets**  
282 (**LDs**). (A) Representative Fluorescence Recovery After Photobleach (FRAP) images of paired LD  
283 expressing GFP-tagged CIDEC wild-type (WT) showing progressive neutral lipid (BODIPY 558/568  
284 dye labeling) exchange as determined by fluorescence recovery from the adjacent LD. (B) (C) Quantification of mean optical intensity (MOI) in the bleached (blue circle) and unbleached (red square) LD in cells expressing CIDEC WT or each of the rare variants. (C) Percentage of MOI recovery on bleached LDs from 0 sec. to 300 seconds. N=3 (mean  $\pm$  SD, Student's t test, \*p<0.05).

288        Collectively, these results show that the AMD CIDEC variants do not affect CIDEC  
289        localization to LD contact sites, but they impair the lipid exchange capacity between LDs,  
290        resulting in defective LD fusion and incapacity for the adipocytes to accumulate lipids inside  
291        few large LDs.

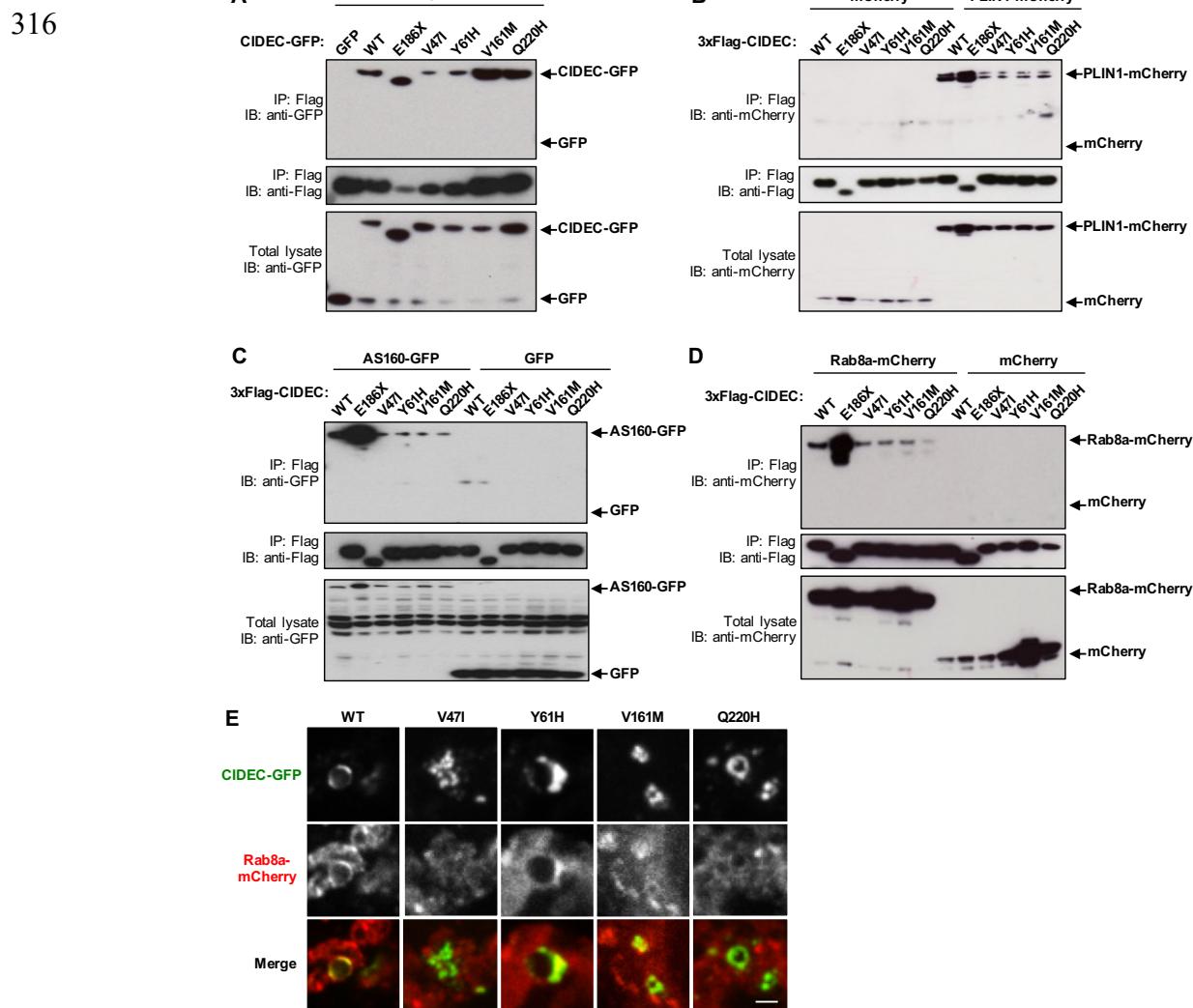
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293        **Q1 AMD CIDEC rare alleles decrease the binding affinity of CIDEC with the lipid droplet**  
294        **fusion effectors PLIN1, RAB8A and AS160.**

295        LDs are highly dynamic organelles containing a neutral lipid core enclosed in a  
296        phospholipid monolayer decorated by a large number of proteins<sup>29, 30</sup>. To better understand the  
297        functional consequences of the AMD CIDEC alleles and how they can affect LD fusion, we  
298        examined if they could alter protein-protein interactions. Indeed, CIDEC-mediated LD fusion  
299        is different from other membrane fusion events. CIDEC proteins need to first accumulate at the  
300        contact site between two LDs, to then enable recruitment of regulator proteins such as PLIN1,  
301        RAB8A and AS160, which facilitate the lipid transfer through the fusion pore<sup>31</sup>.

302        We first assessed if the variants affected CIDEC capacity to homodimerize. CIDEC  
303        contains two conserved CIDE domains allowing its dimerization, a N-terminal CIDE-N domain  
304        and a C-terminal CIDE-C domain<sup>(20, 32)</sup> and **Figure 2B**). The CIDE-N domain, in which the  
305        variants V47I and Y61H are located, dimerizes mainly via electrostatic interactions, while the  
306        CIDE-C domain that contains the V161M variant dimerizes through a stronger interaction<sup>28</sup>.  
307        Q1 AMD patients are heterozygous for the different CIDEC alleles, so HEK 293T cells were  
308        co-transfected with 3xFlag-CIDEC WT and either CIDEC WT, the E186X mutation or one of  
309        the AMD CIDEC variants tagged with GFP. After immunoprecipitation of the 3xFlag-CIDEC  
310        WT, pulled-down proteins were probed with anti-GFP. Co-transfection of the 3xFlag-CIDEC  
311        WT together with GFP alone served as negative control. The CIDE-N domain variants V47I

312 and Y61H showed decreased dimerization capacity with CIDEC WT, whereas the two other  
 313 variants V161M and Q220H did not affect the binding ability (**Figure 6A**). The pathogenic  
 314 mutation CIDEC E186X, located in the CIDE-C domain, also did not affect the binding affinity  
 315 with CIDEC WT.



317 **Figure 6. AMD CIDEC variants in the CIDE-N domain decrease dimerization affinity and all four**  
 318 **variants decrease binding to effector partners PLIN1, AS160 and RAB8A.** (A) 3xflag-tagged  
 319 CIDEC wild-type (WT) was co-transfected with the indicated GFP-tagged CIDEC variants in HEK  
 320 293T cells. GFP alone was used as negative control. 3xflag-tagged CIDEC WT was immuno-  
 321 precipitated (IP) using anti-Flag and pulled-down proteins were immuno-blotted (IB) with anti-GFP and  
 322 anti-Flag. Total cell lysate was immunoblotted with anti-GFP to control for CIDEC-GFP expression  
 323 levels. (B-E) HEK 293T cells were co-transfected with 3xFlag-CIDEC WT, E186X or AMD variants,  
 324 and either PLIN1-mCherry (B), AS160-GFP (C) or RAB8A-mCherry (D). After immunoprecipitation  
 325 (IP) of the 3xFlag-CIDEC, pulled-down proteins were probed with anti-mCherry or anti-GFP, and anti-  
 326 Flag. Co-transfection with mCherry or GFP alone was used as negative controls. Total cell lysates were  
 327 immunoblotted (IB) with anti-mCherry or anti-GFP to control for PLIN1, AS160 and RAB8A  
 328 expression levels. (E) Representative fluorescence images of 3T3-L1 pre-adipocytes lipid droplets  
 329 containing CIDEC-GFP wild-type (WT) or variants and RAB8A-mCherry. Scale bar: 2  $\mu$ m.

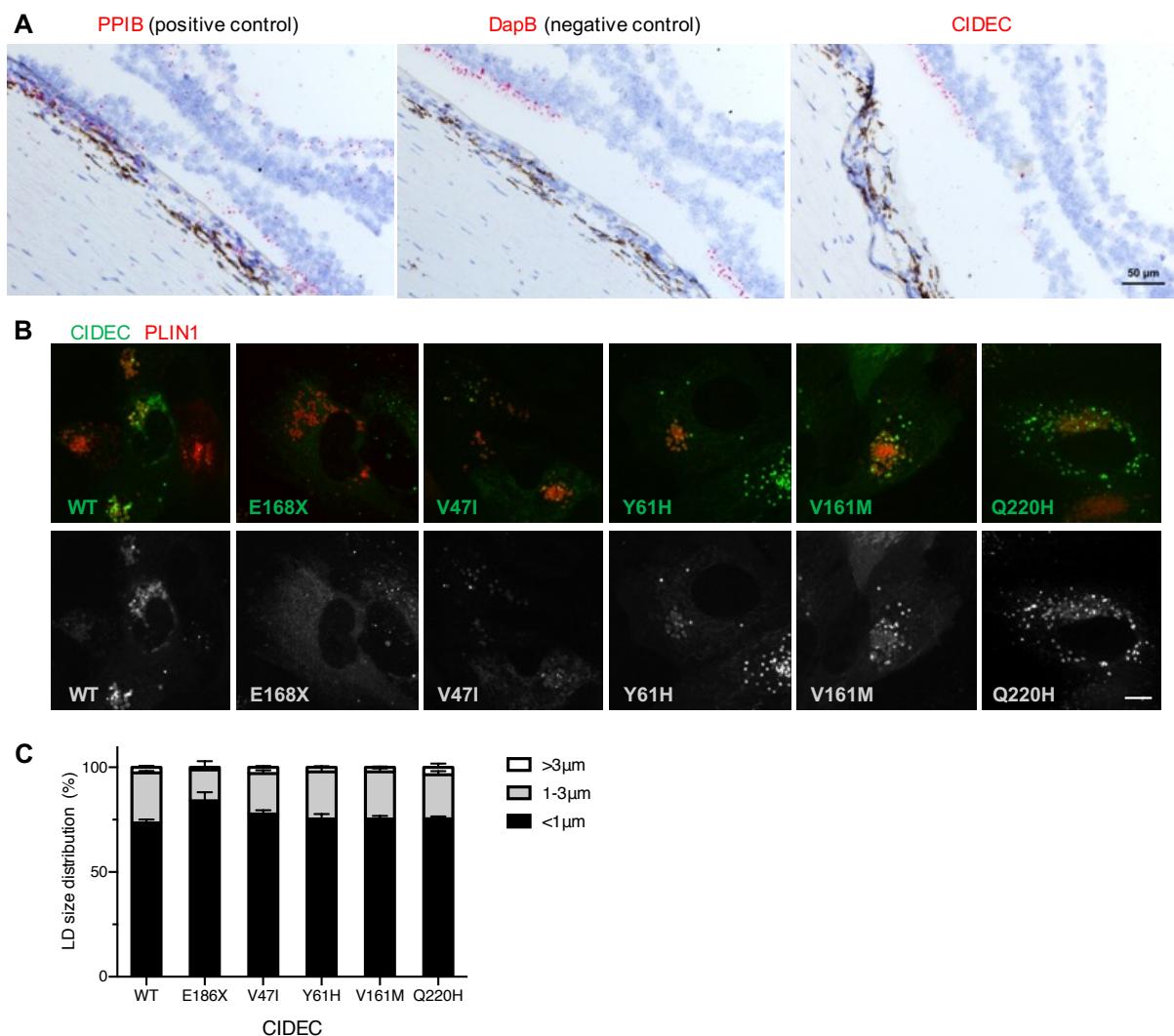
330 Next, we assessed if the AMD CIDEc variants affect CIDEc capacity to interact with  
331 its LD-associated regulatory partners PLIN1, RAB8A and AS160, as these interactions are  
332 required for LD fusion and growth<sup>28, 33</sup>. We co-transfected HEK 293T cells with 3xFlag-  
333 CIDEc WT, E186X or the AMD CIDEc variants, and either PLIN1-mCherry, AS160-GFP or  
334 RAB8A-mCherry. After immunoprecipitation of the 3xFlag-CIDEc, pulled-down proteins  
335 were probed with anti-mCherry or anti-GFP. Strikingly, all four AMD CIDEc variants had  
336 similarly decreased binding affinity with PLIN1 (**Figure 6B**) and AS160 (**Figure 6C**). All four  
337 AMD CIDEc variants also showed decreased binding capacity with RAB8A, however, the  
338 Q220H variant caused a more severe loss of interaction with the GTPase (**Figure 6D**). Only a  
339 fraction of RAB8A and AS160 are associated to LDs, with the rest being distributed in the  
340 cytoplasm (**Figure 6E and Figure S4**). The fact that the E186X mutant is abnormally diffuse  
341 in the cytoplasm could explain its stronger interaction with the binding partners compared to  
342 CIDEc WT, which is concentrated on the LDs (**Figures 6B, C and D**).

343 Collectively, these results show that the AMD CIDEc variants V47I and Y61H, located  
344 in the CIDE-N domain decrease CIDEc dimerization capacity and its binding ability with the  
345 regulators partners PLIN1, RAB8A and AS160. The two other variants, V161M and Q220H,  
346 which are not in the CIDE-N domain, do not affect CIDEc ability to dimerize, however, they  
347 nevertheless also decrease its interaction with PLIN1, RAB8A and AS160. The reduced  
348 interaction capacity of the four AMD CIDEc variants with its binding partners may explain  
349 how their presence causes a defect in lipid droplet fusion and enlargement in adipocytes.

350

351 **CIDEc expression is not detected in the human retina or the Retinal Pigment Epithelium**  
352 **and the Q1 AMD CIDEc variants do not affect the size of the retinosomes.**

353 CIDEc plays a critical role in the white adipose tissue, but is also expressed in organs  
354 such as muscles, nerves and even blood vessels<sup>18</sup>. CIDEc expression in the eye has been  
355 reported after an Expressed Sequence Tag (EST) database search, however, it is not known if  
356 the expression comes from the neuroretina or the eye globe supportive tissue<sup>32</sup>. The key  
357 elements of the eye involved in AMD are the photoreceptors, an epithelium located underneath  
358 the retina called the Retinal Pigment Epithelium (RPE) and the blood vessels supporting the  
359 retina called the choroid. To investigate the potential expression of *CIDEc* in these structures,  
360 we first used published human RNA sequencing datasets. *CIDEc* was not detect in human  
361 retina or RPE/choroid (bulk RNA sequencing<sup>34</sup>) and in different human ocular cell types (single  
362 cell RNA sequencing<sup>35</sup>) (**Figure 1C**). To investigate further the potential expression of *CIDEc*  
363 in the eye, we performed RNA *in situ* hybridization on eye sections from a Caucasian 73-year  
364 old female and a Caucasian 88-year old male, both without history of AMD (**Figure 7A**). We  
365 also performed *Fsp27* RNA *in situ* hybridization on mouse eye sections (**Figure S5**). In both  
366 human and mouse eyes, we did not detect CIDEc RNA in the retina, the RPE or the choroid  
367 (**Figure 7A and Figure S5**). We used the sensitive detection method BaseScope™ (Advanced  
368 Cell Diagnostics (ACD)) and found that the signal detected with the CIDEc probes on the  
369 human eye sections were consistent with the background signal detected using the bacterial  
370 gene *DapB* as a negative control (**Figure 7A**). On the mouse eye sections, we found rare cells  
371 positive for *Fsp27* expression but these cells were in the supportive tissue around the eye  
372 (**Figure S5**).



373

374 **Figure 7. CIDEc RNA is not detected in the human eye and exogenous expression of the CIDEc**  
375 **variants does not affect lipid droplets (LDs) size in Retinal Pigment Epithelium (RPE) cells.** (A) In  
376 *in situ* hybridization in the fovea of a control human donor eye showing that CIDEc RNA is not detected  
377 in the retina or RPE cells. Detection of PPIB (red) was used as positive control and detection of bacterial  
378 DapB was used as negative control and evaluation of the non-specific background. Scale bar: 50 μm.  
379 (B and C) Human fetal RPE cells were co-infected with lentivirus expressing CIDEc variants and  
380 PLIN1 as marker for LDs. The infected cells were differentiated for 3 weeks before oleic acid  
381 stimulation. Representative images of RPE cells expressing both CIDEc variants and PLIN1 (B). LD  
382 diameters were quantified by diameter range as depicted in the bar graph (n=3; mean ± SD) (C). Scale  
383 bar: 5 μm.

384

385 RPE cells contain specific LDs called retinosomes, in which retinyl esters are stored and  
386 used to replenish key components of the visual cycle<sup>36; 37</sup>. To account for the possibility that  
387 CIDEc was expressed below our detection threshold in RPE cells, we tested if exogenous AMD  
388 CIDEc variants could have consequences on the size of these specialized LDs, retinosomes.

389 Primary human fetal RPE cells were infected with lentivirus encoding CIDEc WT or the AMD  
390 CIDEc variants and differentiated for three weeks before oleic acid stimulation and LD  
391 labelling. Similar to the localization in adipocytes, CIDEc WT and AMD CIDEc variants  
392 accumulate on retinosomes and concentrate at the LD fusion sites in RPE cells (**Figure 7B**).  
393 However, the RPE cells failed to form large LDs after oleic acid stimulation and the majority  
394 of the retinosomes in RPE cells expressing CIDEc WT were smaller than 1  $\mu$ m in diameter  
395 (**Figure 7C**). Consequently, we did not observe any difference in LD size between the RPE  
396 cells expressing the CIDEc WT and the cells expressing the different AMD CIDEc variants.

397 Finally, we compared color fundus photos (**Figure 8**) and Optical Coherence  
398 Tomography (OCT) images (not shown) from the eyes of the Q1 AMD CIDEc variant carriers  
399 and Q1 AMD CIDEc variant non-carriers. In particular, we wanted to know if by disrupting  
400 lipid accumulation, the CIDEc variants could affect size and accumulation of drusen, which  
401 are deposits of proteins and lipids building up under the retina and a hallmark of AMD.  
402 However, we did not observe unique ocular clinical features in patients carrying the CIDEc  
403 rare variants (**Figure 8B**) compared to non-carriers (**Figure 8A**). In both groups, we observed  
404 typical AMD clinical features such as pigmentary changes, variable amount of drusen,  
405 geographic atrophy and choroidal neovascular lesions.

406 In conclusion, we did not detect CIDEc expression in the ocular structures directly  
407 affected in AMD. We also found that exogenous expression of the AMD CIDEc variants did  
408 not alter retinosome size in RPE cells, and that AMD patients carrying the CIDEc variants do  
409 not present unique phenotypic ocular features compared to non-carriers. Our results suggest  
410 that the AMD CIDEc variants do not play a direct role in the eye. Additional experiments using  
411 conditional mouse models will be important to assigning the tissue specific effects of CIDEc  
412 variants and the role of LD dysregulation in AMD.



413  
414 **Figure 8. Clinical images of patients in the low-luminance deficit quartile Q1.** Color fundus photos  
415 (CFP) from participants in the HARBOR trial (A) Q1 non-carriers for CIDEC rare variants (B) Q1 rare  
416 variant CIDEC carriers. CFP in both groups demonstrate typical clinical features of macular  
417 degeneration such as pigmentary changes, drusen, geographic atrophy and choroidal neovascular  
418 lesions. No obvious phenotypic differences are noted between the two groups.  
419

420 **Discussion**

421 Here we report the first analysis examining the genetic effect on baseline LLD, a clinical  
422 measurement that has been shown to be predictive of anti-VEGF treatment response and GA  
423 lesion growth, in AMD patients. While the study is of modest size, to our knowledge, it is novel  
424 in its effort to utilize clinical indices beyond BCVA that have been linked to patient outcomes  
425 to further homogenize AMD patients in order to increase power for genetic analysis. It is our  
426 hope that as datasets increase in size and have deeper phenotypic assessment, these types of  
427 sub-phenotype GWAS analyses will increase and work alongside recent studies utilizing novel  
428 *in vitro* methods, such as those described here and genome-wide single cell and perturbation  
429 methods to help uncover the functionality of genes associated with the pathogenesis of AMD.

430 We did not find any variants, either in the common or the rare variant burden analysis  
431 which passed a pre-specified significance threshold accounting for multiple testing. This can

432 occur for several reasons. One reason could be that the effect of patient germline genetics is  
433 not substantial on low-luminance visual acuity and that environmental factors explain more of  
434 the risk variability. Another is that we are underpowered for a genome wide analysis in our  
435 study population. As such, it will be important to replicate the genetic findings in a secondary  
436 cohort which has similar phenotyping and sequencing data. Since all patients in our analysis  
437 are advanced AMD patients, and *CIDEC* has not been reported previously as an AMD risk  
438 gene, this could indicate that *CIDEC* rare variants play a role only once a patient develops  
439 advanced disease. Datasets with deep phenotyping of advanced AMD patients would be  
440 required for replication. While large scale biobank data exist (e.g. U.K. BioBank), and are  
441 exceptionally useful for most replication analyses, these datasets do not currently have the  
442 ability to delve deep into clinical features for an age-related disease such as AMD. Conversely,  
443 smaller, more phenotypically focused genetic datasets such as the one used in this study are  
444 useful for identification of signals and hypotheses, but are severely underpowered to confirm  
445 an association statistically. As such, we sought to assess the possible contribution of *CIDEC*, a  
446 gene with biology tangential to genes in known AMD risk loci, to AMD pathology through *in*  
447 *vitro* analysis.

448 In our rare variant burden analysis, we noticed that one of the top hits was strongly  
449 linked with lipid metabolism. Similarly, multiple loci identified in AMD risk studies contain  
450 genes implicating lipid metabolism. Due to sample size constraints, and the low frequency of  
451 *CIDEC* variants, we were unable to test for interaction between known AMD risk alleles and  
452 the *CIDEC* variants. Rare, protein altering variants were enriched in the patients with small  
453 LLD. Previous studies associated a small LLD at baseline with more favorable prognostic and  
454 predictive outcomes. Thus, possible impairment of *CIDEC* function could be beneficial for

455 AMD patients and we undertook characterization of the *CIDE*C variants in further studies,  
456 which focused on the exact variants seen in our AMD cases.

457 In our *in vitro* analysis, we interestingly found that all four rare variants failed to impair  
458 *CIDE*C localization to LDs, but instead all decreased the binding affinity of *CIDE*C with the  
459 LD fusion effectors PLIN1, RAB8A and AS160. Interaction of *CIDE*C with these binding  
460 partners is critical for its function and we hypothesize that this decreased interaction underlies  
461 the defect in LD enlargement and lipid exchange that we observed in adipocytes expressing the  
462 AMD *CIDE*C variants. Interestingly, the functional consequences that we uncovered are milder  
463 than the ones caused by the lipodystrophic E168X variant and are restricted to the LD capacity  
464 to fuse and increase lipid storage. Indeed, the AMD *CIDE*C variants are hypomorphic regarding  
465 LD size and they do not affect mitochondria density or activity. Our data suggest that the Q1  
466 AMD *CIDE*C variants do not severely disrupt adipocyte health and function and may have a  
467 beneficial effect by only limiting the capacity of adipocytes to accumulate lipids in very large  
468 LDs.

469 Of note, patients carrying the Q1 AMD *CIDE*C variants are heterozygotes, contrasting  
470 with the E168X homozygote lipodystrophic patient. Furthermore, heterozygous *Fsp27* wt/ko  
471 mice have normal weight and the appearance of their adipose tissue is similar to the one from  
472 *Fsp27* wt/wt mice <sup>24</sup>. Thus, it is likely that the Q1 AMD *CIDE*C patients did not suffer from  
473 severe lipodystrophy and that they only had sub-clinical consequences of the *CIDE*C variants  
474 expression. Our results suggest that *CIDE*C is not expressed in the ocular tissue affected in  
475 AMD such as the retina, RPE and choroid. This points out toward a “systemic” effect of the  
476 beneficial Q1 AMD *CIDE*C variants. Interestingly, a similar indirect and systemic favorable  
477 effect has recently been reported in mouse models of vascular inflammation and atherogenesis  
478 after *Fsp27* silencing<sup>38; 39</sup>. Many studies on dietary or circulating lipids, as well as genetic

479 studies support a role for not only local lipid trafficking in the retina but also for circulating  
480 lipoproteins in AMD pathogenesis <sup>40</sup>. Therefore, it would have been interesting to perform a  
481 biomarker investigation of the HARBOR patient serum to know if any particular change(s) in  
482 circulating lipoproteins levels could be detected in patients carrying the Q1 AMD CIDE<sup>C</sup>  
483 variants compared to non-carriers (unfortunately, such samples were not available for us to  
484 perform the analysis). In addition to lipoproteins, it would also have been interesting to probe  
485 the AMD patient serums for changes in adipokines, the cytokines secreted by adipocytes.  
486 Indeed, it has been shown that hypertrophied adipocytes can lead to local inflammation and  
487 inhibition of production of adipokines, such as adiponectin <sup>41</sup>. Since adipocytes expressing the  
488 AMD CIDE<sup>C</sup> variants have a decreased LD enlargement capacity, it may prevent them from  
489 becoming hypertrophic, keeping adiponectin level high. Supporting this idea, it has been  
490 reported that the *Fsp27* deficient mice show increased serum adiponectin level compared to  
491 wild type mice <sup>27; 42</sup>. Importantly, increased serum adiponectin levels have been shown to be  
492 protective in several pre-clinical models of angiogenesis in the eye, including models of  
493 neovascular AMD <sup>43-45</sup> and there is human genetic data linking adiponectin ADIPOQ and its  
494 receptor ADIPOR1 to the risk of advanced AMD <sup>46; 47</sup>. Finally, CIDE<sup>C</sup>, ADIPOQ and APOE  
495 (an AMD GWAS locus also involved in lipid metabolism) have been linked as part of an 8-  
496 gene hub identified as candidate serum biomarkers for diabetic peripheral neuropathy<sup>16</sup>.

497 In conclusion, our rare variant burden genetic analysis followed by our *in vitro*  
498 dissection of the functional consequences of the beneficial variants, altogether with published  
499 data, suggest that once patients have developed advanced AMD, the disease outcome could be  
500 modified by systemic and indirect lipidomic biological processes that it would be interesting to  
501 investigate further. In particular, investigating adipokines serum level, including adiponectin,

502 in advanced AMD patients could provide new biomarkers of neovascular AMD progression or  
503 response to anti-VEGF therapy.

504

505

506 **Materials and Methods**

507 **Research subjects and low-luminance deficit (LLD)**

508 Before execution of the study, an internal Genentech team of Informed Consent Form  
509 (ICF) experts reviewed the ICFs from all the studies to ensure appropriate use of the samples.  
510 The HARBOR clinical trial (ClinicalTrials.gov identifier: NCT00891735) was a 24-month  
511 Phase III study designed to evaluate the effectiveness of monthly or as-needed ranibizumab  
512 delivery in patients with subfoveal neovascular AMD. This study has been described  
513 previously<sup>13; 14</sup>. LLD dysfunction is quantified by first assessing best corrected visual acuity  
514 (BCVA) under normal lighting conditions, followed immediately by a low-luminance visual  
515 acuity (LLVA) measurement, and this has been described previously<sup>11; 12</sup>.

516 **Patient population and genetic analysis**

517 As we are looking at baseline characteristics, all HARBOR patients, regardless of  
518 randomized treatment assignment, were eligible for inclusion in our study. We excluded  
519 patients who did not consent for exploratory analyses and patients of non-European descent.  
520 This resulted in the removal of 118 individuals from the overall enrolled trial study population,  
521 representing 10.7% of the study population. We stratified patients for analysis based on LLD  
522 quartile 1 (Q1) vs quartile 4 (Q4) as described previously<sup>12</sup>. This resulted in 275 patients in our  
523 Q1 group, and 241 patients in Q4. Further demographic information is found in **Table 1**.  
524 Logistic regression was used to assess the association in the common variant analysis, adjusted

525 for age, sex, baseline visual acuity and genetically determined ancestry. PLINK version  
526 1.90b3.46 was used for the common variant analysis.

527 The sequence data was annotated using SnpEff and there were 120,580 exonic coding variants  
528 at a minor allele frequency < 1%. For a gene to be included in the analysis, it had to contain at  
529 least two coding SNPs, resulting in 13,046 genes that could be tested for rare-variant gene-  
530 burden. The rare variant gene burden test was used to assess the cumulative effect of rare  
531 variants. Rvtest software (version 20170228) was used for the combined multivariate and  
532 collapsing gene burden test, adjusted for age, sex, baseline visual acuity and genetically  
533 determined ancestry. The rare variant gene burden test was used to assess the cumulative effect  
534 of rare variants (MAF < 1%).

### 535 **Cell culture and treatments**

536 293T cells (ATCC #CRL-3216) and 3T3-L1 preadipocytes (ATCC #CL-173) were  
537 cultured in Dulbecco's modified Eagle's Medium (DMEM) containing 10% fetal bovine serum  
538 (FBS) and Penicillin (10,000 units/ml)/ Streptomycin (10,000 $\mu$ g/ml, 1:100 dilution of stock,  
539 Gibco #15140-122). After reaching confluence, 3T3-L1 pre-adipocytes were cultured for 48  
540 hours in DMEM + 10% FBS. The culture medium was then replaced by DMEM + 10% FBS +  
541 5  $\mu$ g/ml insulin (Sigma, I0516) + 1  $\mu$ M dexamethasone (G-bioscience, API-04) + 0.5 mM  
542 isobutylmethylxanthine (Sigma, I5879)] to induce adipocyte differentiation. After 48 hours, the  
543 medium was replaced by DMEM + 10% FBS + 5  $\mu$ g/ml insulin for an additional 48-72 hours  
544 to achieve complete differentiation. To induce lipid droplet formation, cells were treated with  
545 200  $\mu$ M of oleic acid-albumin from bovine serum (Sigma, O3008). Human fetal retinal pigment  
546 epithelial cells (hfRPE, Lonza #00194987) were cultured in RtEGM with supplement medium  
547 as indicated by the manufacturer's protocol (RtEGM bullet kit, Lonza, #00195409). HfRPE  
548 cells were cultured to high confluence on coverglass culture plates (Thermo, 155411) for three

549 weeks to obtain polarized RPE monolayers. After differentiation, hfRPE cells were treated with  
550 20μM A2E (*N*-Retinylidene-*N*-Retinylethanolamine, 20mM stock dissolved in DMSO, Gene  
551 and Cell Technologies) for 24 hours.

552 **Plasmids, transfection and viruses.**

553 3x Flag- and GFP-tagged expression plasmids were used to express human CIDEC wild  
554 type (WT) and the CIDEC rare variants (E186X, V47I, Y61H, V161M, or Q220H)  
555 (Genecopoeia, Inc.). GFP- and mCherry-tagged plasmids were used to express human PLIN1,  
556 AS160, and RAB8A (Genecopoeia, Inc.). 293T and 3T3-L1 cells were transiently transfected  
557 using Lipofectamine2000 and Lipofectamine3000 (Invitrogen, 11668 and L3000). Expression  
558 of GFP-tagged CIDEC in hfRPE cells was carried out using lentivirus infection. Viral media  
559 were collected from 293T cells transiently transfected with viral vector (expression plasmid),  
560 delta8.9, and VSV-G in a molar ratio of 1:2.3:0.2 using Lipofectamine2000. HfRPE cells were  
561 infected (without polybrene) on the day when they were split onto 6 well culture apparatuses  
562 and kept in viral media for 4-5 days.

563 **Immunofluorescence, Immunoprecipitation and Immunoblotting**

564 Anti-Flag (Sigma, F7425), anti-GFP (Abcam, ab6556), anti-mCherry (Abcam,  
565 ab167453) antibodies were obtained from commercial sources. Alexa 488-, Alexa-594-  
566 conjugated secondary antibodies were obtained from Invitrogen. HRP-labeled secondary  
567 antibodies were purchased from Cell Signaling Technologies. Cells were fixed with 4%  
568 Paraformaldehyde (EMS, 15710S) for 15 minutes and mounted using ProLong Gold anti-fade  
569 mounting medium with DAPI (Thermo Scientific, P36941). Images were obtained with a Nikon  
570 A1R confocal microscope or Yokogawa CSU-X spinning disk on a Nikon TiE microscope and  
571 a Photometrics Prime 95B. Image acquisition was performed using the NIS elements software  
572 4.50 (Nikon). Co-immunoprecipitation was performed on 293T cells lysed in IP Lysis buffer

573 (Pierce #87788) containing a proteasome inhibitor cocktail (Pierce, Thermo Scientific, 87788)  
574 two days after transient transfection. The cell lysates were incubated with anti-Flag M2 affinity  
575 beads (Sigma, F2426) overnight at 4°C. After pull-down of the agarose beads, the  
576 immunoprecipitates were washed three times with IP Lysis buffer and eluted in a 2x BOLT  
577 Lithium dodecyl sulfate sample buffer for Western blot analysis. The samples were  
578 electrophoresed on NuPage 4–12% Bis-Tris gels (Invitrogen #NP0303) in MES-SDS running  
579 buffer (Invitrogen, #NP0002) and transferred to PVDF membrane (Invitrogen, #IB24001) for  
580 immunoblotting.

### 581 **Lipid droplet (LD) assays**

582 3T3-L1 preadipocytes were fixed, stained with the LD marker Bodipy 558/568 C12  
583 fatty acid (Molecular Probes, D3835) and LD diameters were measured in 100 to 150 cells from  
584 three independent experiments using Imaris software (Bitplane) and Matlab image processing  
585 toolkit. For live cell imaging, 3T3-L1 preadipocytes were transiently co-transfected with GFP-  
586 tagged CIDEc and PLIN1-mCherry as LD markers, and incubated with 200 µM of oleic acid.  
587 Images were taken using the Nikon TiE spinning disk confocal microscope with an  
588 environmental chamber (Okolab) for 12 hours in 5-minute intervals. The frequency of LD  
589 fusion per cell and the time duration of LD fusion from three independent experiments were  
590 quantified and plotted using Microsoft Excel 2011 and Graphpad Prism version 8.0.1.  
591 Fluorescence Recovery After Photobleaching (FRAP)-based lipid diffusion assays were  
592 conducted on the Nikon A1R confocal microscope. FRAP was performed on 3T3-L1  
593 preadipocytes transiently transfected with GFP-tagged CIDEc were incubated with 200 µM of  
594 oleic acid and stained with Bodipy 558/568 C12 fatty acid (Molecular Probes, D3835) for 15  
595 hours. One hour before the beginning of the FRAP assay, the medium was changed. LD pairs  
596 with clear GFP expression at the contact sites were selected for bleaching. Selected regions

597 were bleached with a 561 nm laser at 100% power for 62.4 milliseconds, followed by time-  
598 lapse scanning of 20-second intervals. Mean optical intensity (MOI) of the bleached and the  
599 unbleached adjacent LD was measured by ImageJ and plotted using Microsoft Excel 2011 and  
600 Graphpad Prism version 8.0.1.

601 **Mitochondria assays**

602 3T3-L1 cells expressing GFP-tagged human CIDEC were incubated with MitoTracker  
603 (#M7512; Thermo Fisher Scientific) before fixation, followed by permeabilization with 0.5%  
604 Triton X-100 and staining with DAPI. The mitochondrial density of the CIDEC-expressing  
605 cells was determined by measuring the fluorescent intensity of the MitoTracker signal using  
606 ImageJ. For the Seahorse Cell Mito Stress Test, 3T3-L1 cells expressing GFP or GFP-tagged  
607 CIDEC WT and rare variants (V47I, Y61H, V161M, Q220H, and E186X) were plated on a 96-  
608 well assay plate ( $10^4$  cells/well). The cells were maintained in XF assay medium (Agilent,  
609 #102365100) and subjected to a mitochondrial stress test, using the extracellular flux assay kit  
610 by sequentially applying oligomycin (2 mmol/L), carbonyl cyanide 4-(trifluoromethoxy)  
611 phenylhydrazone (FCCP; 5 mmol/L), and antimycin/rotenone (1 mmol/L and 1 mmol/L) (Cell  
612 Mito Stress Test Kit, Agilent, #103015100). Analysis was carried out by using the Seahorse  
613 analyzer software.

614 **In situ hybridization**

615 The *in situ* hybridization (ISH) BaseScope<sup>TM</sup> v2 assay (Advanced Cell Diagnostics  
616 (ACD)) was performed on 5  $\mu$ m-thick formalin-fixed paraffin-embedded sections of adult  
617 human eyes according to the BaseScope<sup>TM</sup> detection reagent kit v2 ACD protocol. Probes  
618 against the ubiquitously expressed isomerase PPIB were used as positive control, and probes  
619 against bacterial DapB were used as negative control. Six custom probes of 18–25 bp  
620 oligonucleotide sequences were designed by ACD for highly specific and sensitive detection of

621 human CIDEc RNA. After deparaffinization in xylene and endogenous peroxidase activity  
622 inhibition by H<sub>2</sub>O<sub>2</sub> (10 min), sections were permeabilized and submitted to heat (15 min at  
623 100°C) and protease IV treatment (20 min at 40°C). After probe hybridization for 2 hours at  
624 40°C, the signal was chemically amplified using the kit reagents and detected using the  
625 FastRED dye. The sections were then counterstained with Hematoxylin and mounted using  
626 VectaMount (Vector Labs, H-5000).

627 **Clinical images**

628 As part of the HARBOR clinical trial (NCT00891735)<sup>13</sup>, color fundus photographs,  
629 fluorescein angiography, and spectral-domain optical coherence tomography images (Cirrus;  
630 Carl Zeiss Meditec, Inc., Dublin, CA) were collected.

631 **Statistics for the *in vitro* analysis**

632 Data are reported as the means ± standard deviation for the indicated number of  
633 experiments. At least three biological replicates were obtained for each experiment. Statistical  
634 analysis was carried out using the Prism v9 software. Statistical significance of continuous data  
635 was tested by the two-tailed Student's t-test. p < 0.05 was considered statistically significant.

636 **Web Resources**

637 dbSNP: <https://www.ncbi.nlm.nih.gov/snp>  
638 Ensembl: [http://grch37.ensembl.org/Homo\\_sapiens/Info/Index](http://grch37.ensembl.org/Homo_sapiens/Info/Index)  
639 OMIM: <http://www.omim.org/>  
640 Uniprot: <https://www.uniprot.org/>  
641 GTEx: <https://www.gtexportal.org/home/>  
642 PolyPhen2: <http://genetics.bwh.harvard.edu/pph2/>  
643 UK Biobank: <https://www.ukbiobank.ac.uk/>  
644 Genebass: <https://genebass.org/>

645

646 **Data availability**

647 All reagents used in this study are commercially available and supplier names/catalog numbers  
648 are provided in the Materials and Methods section of the manuscript. Human subjects were part  
649 of the HARBOR clinical trial, ClinicalTrials.gov identifier: NCT00891735, and the study  
650 population has been previously described for low-luminance deficit (LLD):

651 Frenkel, R.E., Shapiro, H., and Stoilov, I. (2016). Predicting vision gains with anti-VEGF  
652 therapy in neovascular age-related macular degeneration patients by using low-luminance  
653 vision. *The British journal of ophthalmology* 100, 1052-1057

654 <http://doi.org/10.1136/bjophthalmol-2015-307575>

655 Individual genetic data and other privacy-sensitive individual information are not publicly  
656 available because they contain information that could compromise research participant privacy.

657 All publicly available code and software has been identified in the methods section of the  
658 manuscript. We are unable to share genome-wide individual level data, even de-identified, due  
659 to restrictions on the patient consents, however, all the summary statistics for the genetics  
660 analysis can be provided upon request to the corresponding author (Dr Marion Jeanne:  
661 [jeanne.marion@gene.com](mailto:jeanne.marion@gene.com)) and/or the lead Human Geneticist (Dr Brian Yaspan:  
662 [yaspan.brian@gene.com](mailto:yaspan.brian@gene.com)). Data is available for qualified researcher employed or legitimately  
663 affiliated with an academic, non-profit or government institution who have a track record in the  
664 field. We would ask the researcher to sign a data access agreement that needs to be signed by  
665 applicants and legal representatives of their institution, as well as legal representatives of  
666 Genentech, Inc. A brief research proposal will be needed to ensure that 'Applications for access  
667 to Data must be Specific, Measurable, Attainable, Resourced and Timely.'

668 The following previously published datasets were used:

669 1. Human Retina and RPE/Choroid bulk RNA sequencing, data from:  
670 Orozco, L.D., Chen, H.H., Cox, C., Katschke, K.J., Jr., Arceo, R., Espiritu, C., Caplazi, P.,  
671 Nghiem, S.S., Chen, Y.J., Modrusan, Z., et al. (2020). Integration of eQTL and a Single-Cell  
672 Atlas in the Human Eye Identifies Causal Genes for Age-Related Macular Degeneration. *Cell*  
673 Rep 30, 1246-1259 e1246.

674 <https://doi.org/10.1016/j.celrep.2019.12.082>

675 2. Human eye single cell RNA sequencing, data from:

676 Gautam, P., Hamashima, K., Chen, Y., Zeng, Y., Makovoz, B., Parikh, B.H., Lee, H.Y., Lau,  
677 K.A., Su, X., Wong, R.C.B., et al. (2021). Multi-species single-cell transcriptomic analysis of  
678 ocular compartment regulons. *Nat Commun* 12, 5675.

679 <https://doi.org/10.1038/s41467-021-25968-8>

680

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685

686 **Competing interests**

687 At the time of the study, all authors were full time employees of Genentech/Roche with stock  
688 and stock options in Roche. The funders had no role in study design, data collection and  
689 interpretation, or the decision to submit the work for publication.

690

691 **Supplemental files:**

692 Uploaded as 5 additional files:

693 1. Supplemental Figures S1 to S5 and Supplemental Table S1 (PDF file)

694 2. Supplemental Table S2 (xls file)

695 3. Source data file: Figure 6 – Source data 1 (PDF file) Uncropped scans of the films used

696 to build figure 6 A, B, C and D. The area used in Figure 6 are highlighted on each film

697 by red rectangles.

698 4. Reporting standards from the EQUATOR network: GRIPS checklist (PDF file)

699 5. MDAR checklist (PDF file)

700

701 **Rich media file:**

702 Figure 4 – Video 1: Example of a representative time-lapse video of a lipid droplet fusion event in pre-  
703 adipocytes expressing GFP-CIDEc wild-type (green) and mCherry-tagged PLIN1 (red).

704

705 **References**

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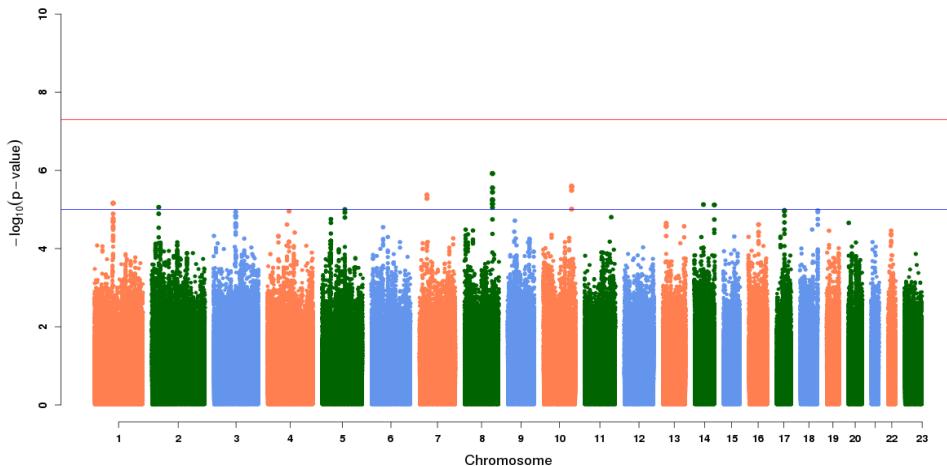
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865

866

867 Abbreviations:

868 AMD: Age-related macular degeneration  
869 AR: autosomal recessive  
870 BCVA: best corrected visual acuity  
871 CIDEc: Cell-death-Inducing DNA fragmentation factor (DFF)45-like Effector C  
872 CNV: choroidal neovascularization  
873 EST: Expressed Sequence Tag  
874 FPLD5: Familial Partial Lipodystrophy type 5  
875 GA: Geographic Atrophy  
876 GWAS: Genome-wide association studies  
877 IAMDGC: International AMD Genetics Consortium  
878 LD: lipid droplet  
879 LLD: low-luminance deficit  
880 LLVA: low-luminance visual acuity  
881 MAF: minor allele frequency  
882 MOI: mean optical intensity  
883 OCT: Optical Coherence Tomography  
884 OR: odds ratio  
885 Q: quartile  
886 RGCs: Retinal Ganglion Cells  
887 RPE: Retinal Pigment Epithelium  
888 SNP: single-nucleotide polymorphism  
889 VEGF: Vascular Endothelial Growth Factor  
890 WGS: whole genome sequencing  
891 WT: wild-type  
892

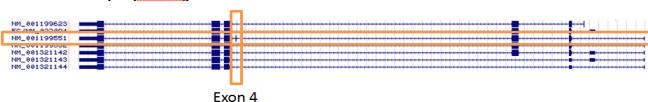


**Figure S1:** Manhattan plot of common variant analysis results contrasting AMD patients in the top and bottom LDD quartiles (Q1 and Q4).

In adipose tissue, only 0.5% of *CIDEc* transcripts

contain exon 4

**CIDEc transcripts (RefSeq)**



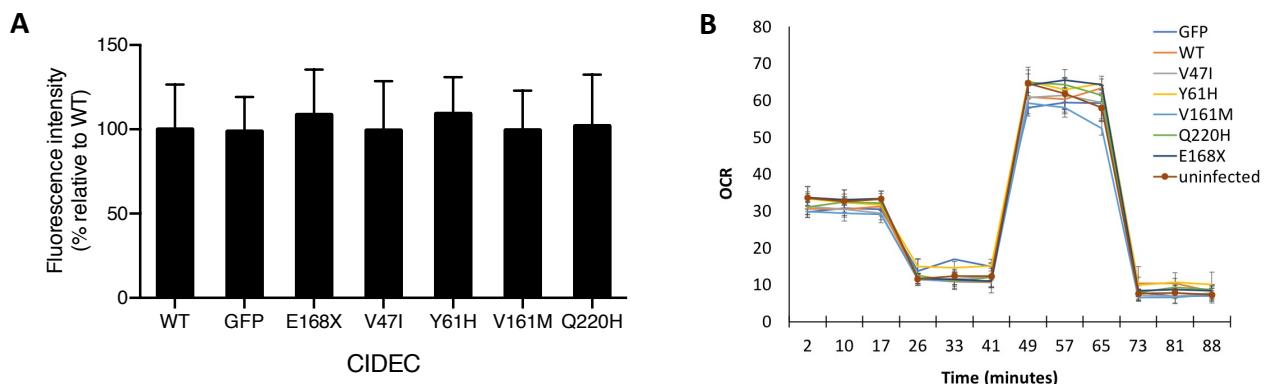
Exon 4

RefSeq transcript	Exon 4	% expression (transcripts per million)
NM_001199623		12.8%
NM_022094		4.5%
<b>NM_001199551</b>	✓	<b>0.5%</b>
NM_001199552		49.7%
NM_001321142		21.1%
NM_001321143		5.0%
NM_001321144		6.4%

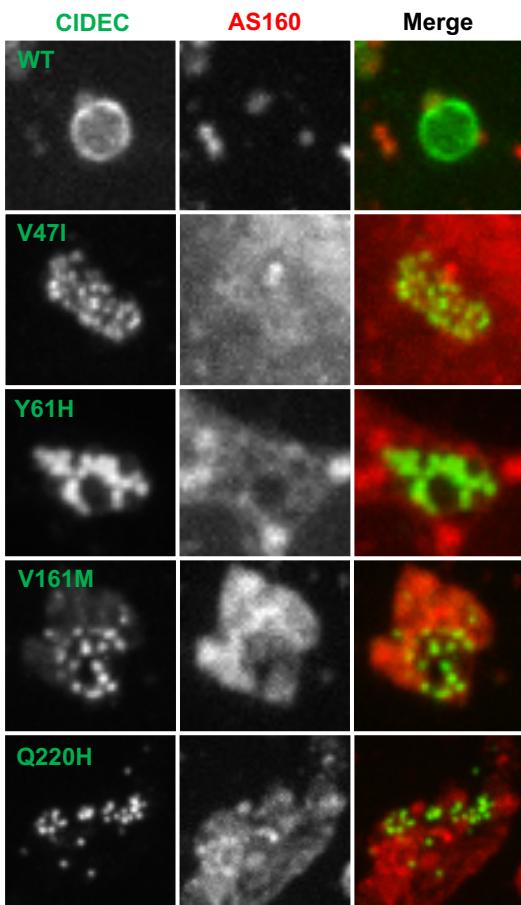
159 adipose tissue donors

Source: GTEx, Salmon  
Isoform Quantification

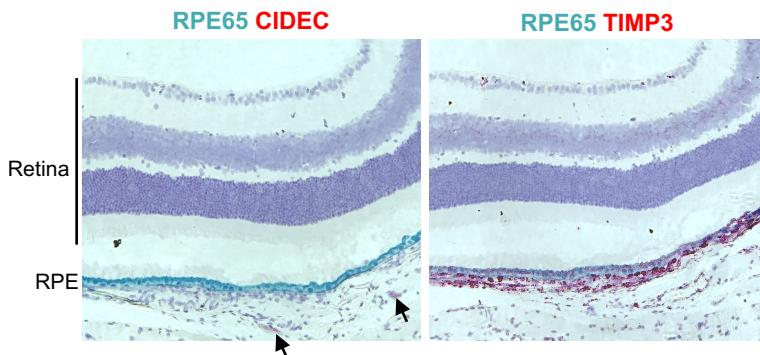
**Figure S2:** Summary of *CIDEc* exon expression in adipose tissue. *CIDEc* exon 4, the location of all rare variants seen in Q4 AMD patients, is expressed in 0.5% of all *CIDEc* transcripts found in adipose tissue in samples from the GTEx project.



**Figure S3:** *CIDEc* rare variants do not affect mitochondria density or function. Quantification of mitochondria density using MitoTracker in 3T3-L1 cells expressing *CIDEc* wild-type (WT) or each of the rare variants (A). Mitochondria function measured by Seahorse analyzer (OCR: Oxygen consumption rate) (B).



**Figure S4:** Representative images of CIDEC wild-type (WT) or rare variants (green) and AS160 (red) in pre-adipocytes.



**Figure S5:** By in situ hybridization (ISH), Cidec RNA is not detected in mouse retina and Retinal Pigment Epithelium (RPE) cells. Rare Cidec positive cells are present in the choroidal tissue underneath the RPE (left: red, arrows). ISH for Rpe65 was used as RPE cell marker, and ISH for Timp3 (right: red) was used as positive control.

SNP	LOCUS	CHR	BP	A1	Q1 MAF	Q4 MAF	OR	p value
rs10033900	<i>CFI</i>	4	109737911	T	0.47	0.52	0.83	0.20
rs10781182	<i>MIR6130-RORB</i>	9	74002804	T	0.36	0.36	0.94	0.69
rs10922109	<i>CFH</i>	1	196735502	A	0.26	0.23	1.10	0.47
rs11080055	<i>TMEM97-VTN</i>	17	28322698	A	0.45	0.47	0.91	0.49
rs114092250	<i>PRLR-SPEF2</i>	5	35494346	A	0.02	0.03	0.78	0.58
rs1142	<i>KMT2E-SRPK2</i>	7	105115879	T	0.38	0.33	1.24	0.13
rs12357257	<i>ARHGAP21</i>	10	24710664	A	0.20	0.29	0.63	0.004
rs140647181	<i>COL8A1</i>	3	99461824	C	0.03	0.03	1.01	0.97
rs1626340	<i>TGFBR1</i>	9	99161090	A	0.17	0.20	0.90	0.54
rs2043085	<i>LIPC</i>	15	58388755	T	0.40	0.35	1.29	0.10
rs2230199	<i>C3</i>	19	6718376	C	0.28	0.27	0.99	0.96
rs3138141	<i>RDH5-CD63</i>	12	55721994	A	0.20	0.25	0.79	0.17
rs3750846	<i>ARMS2-HTRA1</i>	10	122456049	C	0.41	0.41	1.05	0.71
rs429358	<i>APOE</i>	19	44908684	C	0.09	0.11	0.89	0.62
rs5754227	<i>SYN3-TIMP3</i>	22	32709831	C	0.10	0.10	1.03	0.89
rs61941274	<i>ACAD10</i>	12	111694806	A	0.03	0.04	0.75	0.48
rs61985136	<i>RAD51B</i>	14	68302482	C	0.34	0.36	0.94	0.68
rs62247658	<i>ADAMTS9-AS2</i>	3	64729479	C	0.45	0.50	0.83	0.18
rs67538026	<i>CNN2</i>	19	1031439	T	0.46	0.48	0.93	0.62
rs72802342	<i>CTRB2-CTRB1</i>	16	75200974	A	0.07	0.06	1.34	0.32
rs7803454	<i>PILRB-PILRA</i>	7	100393925	T	0.21	0.20	1.25	0.20
rs8135665	<i>SLC16A8</i>	22	38080269	T	0.21	0.20	1.04	0.83
rs943080	<i>VEGFA</i>	6	43858890	C	0.45	0.43	1.10	0.50
rs9564692	<i>B3GALT1</i>	13	31247103	T	0.28	0.25	1.21	0.22

**Table S1:** Comparison of AMD associated risk variants from Fritzsche et. al, Nat Gen, 2015 in Q1 and Q4 AMD patients.

**Table S2: (attached as a xls file):** Results from UK Biobank rare variant burden PheWAS