

1   **Title:** The Genetic and Evolutionary Basis of Gene Expression Variation in East Africans

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26

27 **Abstract**

28 **Background:** Mapping of quantitative trait loci (QTL) associated with molecular phenotypes is a  
29 powerful approach for identifying the genes and molecular mechanisms underlying human traits  
30 and diseases. How the genetic architecture of molecular traits varies across human populations,  
31 however, has been less explored. To better understand the genetics of gene regulation in East  
32 Africans, we perform expression and splicing QTL mapping in whole blood from a cohort of 162  
33 diverse Africans from Ethiopia and Tanzania. We assess replication of these QTLs in cohorts of  
34 predominantly European ancestry and identify candidate genes under selection in human  
35 populations.

36 **Results:** We find the gene regulatory architecture of African and non-African populations is  
37 broadly shared, though there is a considerable amount of variation at individual loci across  
38 populations. Comparing our analyses to an equivalently sized cohort of European Americans,  
39 we find that QTL mapping in Africans improves the detection of expression QTLs and fine  
40 mapping of causal variation. Integrating our QTL scans with signatures of selection, we find  
41 several genes related to immunity and metabolism that are highly differentiated between  
42 Africans and non-Africans, as well as a gene associated with pigmentation, *TMEM216*, with  
43 evidence of population-specific selection in Nilo-Saharan speaking pastoralists.

44 **Conclusion:** Extending QTL-mapping studies beyond groups of European ancestry, particularly  
45 to diverse indigenous populations, is vital for a complete understanding of the genetic  
46 architecture of human traits and can reveal novel functional variation underlying human traits  
47 and disease.

48

49 **Key Words:** Human African genomics; gene expression; eQTL; human diversity; natural  
50 selection

51

52 **Background**

53 Gene regulation is a principal mechanism by which genetic variation contributes to phenotypic  
54 variation, making its study essential for understanding human evolution and disease. Nearly a  
55 half century ago, King and Wilson noted the high degree of conservation between the coding  
56 regions of humans and chimpanzees, positing that non-coding variation and its effect on gene  
57 regulation must account for much of the phenotypic divergence between these species [1]. The  
58 genomics era has further underscored the importance of noncoding variation in human disease  
59 and evolution: ~90% of the genotype-phenotype associations identified by genome-wide  
60 association studies (GWAS) cannot be explained by coding variation [2,3], and similarly,  
61 genomic regions harboring evidence of selection in humans are significantly more enriched for  
62 variants altering expression than protein coding [4].

63  
64 While GWAS and scans of selection can identify genomic regions of interest, they often lack the  
65 resolution to identify the specific genes underlying traits or targeted by selection. To bridge this  
66 gap, studies have aimed to identify genetic variation associated with fine-scale, molecular  
67 phenotypes, through quantitative trait locus (QTL) mapping [5]. Combining these molecular QTL  
68 maps with GWAS through colocalization, transcriptome-wide association studies, or Mendelian  
69 randomization, continues to prove a fruitful approach for identifying genes causally linked to  
70 traits and potential drug targets. Unfortunately, there is a persistent ancestry bias in human  
71 genomics research, with nearly 80% of GWAS participants being of recent European ancestry  
72 [6,7], as well as the majority of participants of molecular trait studies [8], greatly limiting our  
73 ability to translate findings from GWAS to diverse populations, as well as discover population-  
74 specific variation of interest [9].

75  
76 Recent studies have sought to address the genomics gap between groups of European and  
77 non-European ancestry, identifying novel GWAS associations and genetic variation contributing  
78 to gene expression differences across populations [10–14]. However, most global populations

79 continue to be understudied, particularly in sub-Saharan Africa. Africa is the birthplace of  
80 anatomically modern humans and harbors the greatest levels of human genetic diversity across  
81 continents. Africa is home to a large array of biomes and terrains, and indigenous Africans  
82 continue to practice diverse cultural and subsistence strategies. Together, these environmental  
83 pressures have driven remarkable adaptations to infectious disease [15], diet [16], and climate  
84 [11,17], often in a population-specific manner. These adaptive variants can have important  
85 implications for human health in Africa, and elsewhere [18], and Africa is therefore vital for our  
86 understanding of human evolutionary history and health.

87

88 In this study, we probe the genetic architecture of gene regulation in whole blood from  
89 indigenous East Africans by performing expression QTL (eQTL) and splicing QTL (sQTL)  
90 mapping in a cohort of 162 individuals, representing nine ethnic groups, from Ethiopia and  
91 Tanzania. We measure the degree to which African architecture is shared with that of non-  
92 Africans, test whether Africans harbor functional variation absent from existing cohorts, and  
93 investigate the demographic and genetic forces that may contribute to variation in gene  
94 regulatory architecture. We test whether fine-mapping of QTL signals is improved in Africans  
95 relative to an equivalently sized cohort of European Americans, and highlight individual genes  
96 with improved fine-mapping in Africans. Finally, we measure the effect of selective forces on  
97 shaping gene regulatory architecture and identify candidate genes under selection.

98

## 99 **Results**

### 100 **Population Structure**

101 The cohort for this study consists of 171 Ethiopian and Tanzanian individuals belonging  
102 to nine ethnically and culturally diverse sub-Saharan groups, including the Cushitic speaking  
103 Agaw and Weyto, the Semitic speaking Argoba and Amhara, the Omotic speaking Dizi, the Nilo-  
104 Saharan speaking Mursi, and the Chabu who speak an unclassified language similar to Nilo-

105 Saharan, and the Khoesan speaking Hadza and Sandawe (Figure 1A). These populations  
106 practice a variety of subsistence strategies, including foraging (Hadza and Chabu currently,  
107 Sandawe and Weyto formerly), with a diet diverse in foraged tubers, fruit, and hunted game;  
108 pastoralism (Mursi), a lifestyle that revolves around cattle herding and a diet high in animal  
109 proteins and fats; agriculturalism (Agaw, Amhara, and Argoba), a sedentary lifestyle with a diet  
110 high in cultivated carbohydrates; and agropastoralism (Dizi), which relies on both crops and  
111 livestock.

112

113 To investigate the genetic diversity and structure of these populations, a subset of 162  
114 individuals were genotyped at approximately 4.5 million SNPs on the Illumina Omni5M Exome  
115 array. These data were further imputed using a reference panel composed of the 1000  
116 Genomes Project (1kGP) dataset [19] and a dataset of whole genome sequences (WGS) from  
117 180 sub-Saharan African individuals (methods, unpublished). To place their genetic variation in  
118 a global context, genotype data from the nine study populations were merged with 1kGP WGS  
119 data from 20 individuals each of Yoruban (YRI), Northern and Western European (CEU), and  
120 Han Chinese (CHB) ancestry (methods). Principal component analysis (PCA) of this merged  
121 dataset recapitulates a primary separation between African and non-African individuals along  
122 the first PC, explaining 3.8% of the variance. The second PC, explaining 1.8% of the variance,  
123 further separates CEU and CHB individuals, as well as East Africans and the YRI (Figure 1B).  
124 Higher PCs further separate variation in Africa; PC3 captures variation between the Hadza and  
125 YRI, and PC4 between the Hadza and Chabu. Several groups cluster relatively nearer to CEU  
126 Europeans along PC1, most notably the Ethiopian Agaw, Amhara, Argoba, and Weyto, which  
127 are known to have moderate levels of Eurasian admixture [20,21]. Inferred ancestry  
128 components from *ADMIXTURE* [22] also estimate components of non-African ancestry among  
129 these Ethiopian groups, as well as admixture with Bantu-speaking populations of Western  
130 African origin [19], represented by the YRI, in the Sandawe, Mursi, and Hadza (Figure 1C).

131

132 **Transcriptomic traits in Africans**

133 To assess the contribution of genetic variation to transcriptomic trait variation, we performed  
134 genome-wide QTL mapping for expression (eQTL) and splicing (sQTL) transcriptomic traits in  
135 *cis* for expressed protein-coding and long-noncoding RNA genes; collectively we will refer to  
136 eQTLs and sQTLs as transcriptomic QTLs (tQTLs). We first correct our phenotypes (expression  
137 and splicing) for a number of covariates, including age, sex, delivery date, hidden covariates  
138 inferred by *PEER* [23], and cell-type fractions inferred by *CIBERSORT* [24]. Cell-type  
139 composition of whole blood is known to vary between individuals, and to be a source of  
140 confounding in QTL studies [25]. To account for ancestry and relatedness, we generate a  
141 genetic relatedness matrix (GRM) and perform tQTL mapping using the linear mixed model tool  
142 *GEMMA* [26]. Testing all autosomal SNPs with minor allele frequency (MAF) greater than 0.05  
143 and within 100kb of the target gene transcription start site (TSS) for eQTLs or within 100kb of  
144 the target intron for sQTLs, we identify 99,685 SNPs associated with the expression of 1,330  
145 genes (eGenes) and 74,445 SNPs associated with splicing of 1,118 introns (sIntrons) in 776  
146 genes (sGenes) at FDR < 0.05 (methods).

147

148 SNPs associated with expression (eSNPs) and splicing (sSNPs) show a characteristic  
149 enrichment near the transcription start site or intron boundary of their target gene, respectively  
150 [27] (Figure 2A), and are enriched in a variety of functional categories, including transcription  
151 start sites, enhancers, and splice sites, and are depleted in repressed chromatin regions. We  
152 also find a significant overlap with chromatin QTLs (caQTLs) identified in lymphoblastoid cell  
153 lines (LCLs, Figure 2B). Further, alleles associated with increased chromatin accessibility are  
154 significantly more likely to be associated with increased expression (OR = 2.9,  $p = 8.2 \times 10^{-37}$   
155 Fisher's Exact Test) and slightly less likely to be associated with increased junction inclusion  
156 (OR = 0.82,  $p = 0.03$  Fisher's Exact Test), suggesting that regulatory mechanisms altering

157 chromatin accessibility play a greater role in regulation of gene expression than splicing. When  
158 we restrict to variants with a greater than 10% probability of being causal (methods), we find a  
159 further enrichment in functional categories, particularly for caQTLs among eQTLs and splice  
160 regions among sQTLs, indicating we are capturing true causal variation (Figure 2B).

161

162 Of the genes tested, 198 have both an eQTL and sQTL in our cohort, suggesting possible  
163 shared genetic architecture between these transcriptomic traits. To evaluate whether eQTLs are  
164 enriched for sQTLs overall, we first compute the  $\pi_1$  statistic, which measures the estimated  
165 fraction of sQTLs that are true positives in the eQTL scan. A  $\pi_1$  value of 0.61 suggests that the  
166 majority of sQTLs affect expression or are in LD with variants affecting expression (Figure S3),  
167 though many of these fail to reach genome-wide significance. To further evaluate whether the  
168 genome-wide significant eQTL and sQTL signals are driven by shared causal variants, we  
169 estimated 90% credible sets for each set of QTLs, defined as the minimal set of variants which  
170 have at least a 90% probability of containing the causal variant, using the probabilities estimated  
171 above (methods). Overall we find overlapping credible sets for 114 of the genes with both a  
172 significant eQTL and sQTL, which makes up about 9% (114/1,330) of all eGenes in our cohort,  
173 comparable to the 12% overlap observed in GTEx [28]. Taken together, this observation  
174 suggests that splicing variants likely cause subtle but detectable changes in gene read counts,  
175 but that the genetic variants driving genome-wide significant eQTLs and sQTLs are largely  
176 independent.

177

### 178 **Replication of tQTLs in non-Africans**

179 To validate our tQTLs, and to assess sharing of molecular trait architecture between cohorts of  
180 predominantly African vs. predominantly European ancestry, we compared our results to whole  
181 blood analyses from the Genotype-Tissue Expression project (GTEx) v8, which is comprised of  
182 85% European Americans [28]. For those QTLs tested in both cohorts, we find that both eQTLs

183 and sQTLs identified in the African cohort show overall high reproducibility in GTEx, with  $\pi_1$   
184 values for eQTLs and sQTLs of 0.88 and 0.90, respectively (Figure S4, methods). In addition to  
185  $\pi_1$ , effect sizes between our cohort and GTEx also show overall strong concordance (Pearson's  
186  $\rho = 0.73$  for eQTLs and 0.82 for sQTLs, Figure 3: Replication of tQTLs between East Africans  
187 and GTEx v8). To assess whether the observed replication is significantly affected by the  
188 different genome versions used between our study and GTEx v8, we also measured  $\pi_1$  of  
189 eQTLs in GTEx v7, finding a  $\pi_1$  of 0.83 (Figure S4). Those tSNPs that fail to replicate in GTEx  
190 ( $p > 0.01$ ) show consistently lower MAF (Figure 3: Replication of tQTLs between East Africans  
191 and GTEx v8); this failure to replicate includes the top eSNP in Africans for 308 genes and the  
192 top sSNP for 220 introns in 185 genes, indicating widespread differences in power for detecting  
193 tQTLs across ancestral groups.

194

195 We next investigate whether expression differences may affect replication between cohorts. Of  
196 the 1,330 eGenes identified in Africans, the expression of 98 in GTEx v8 whole blood is too low  
197 to be tested for eQTLs. These 98 genes are significantly enriched in two KEGG pathways,  
198 "Hypertrophic cardiomyopathy" (FDR = 0.032) and "Dilated cardiomyopathy" (FDR = 0.038).  
199 Investigating what may be driving broader expression differences for testable genes, we identify  
200 those genes measured in Africans that fail to reach expression thresholds for testing in GTEx  
201 whole blood and vice versa. Altogether 951 out of 12,377 genes measured in both cohorts and  
202 tested for eQTLs in Africans were not tested in GTEx. These genes are enriched for a number  
203 of biological processes related to sensory perception, including perception of smell (FDR = 2.85  
204  $\times 10^{-6}$ ), sound (FDR =  $1.60 \times 10^{-5}$ ), mechanical stimulus (FDR =  $5.60 \times 10^{-5}$ ), and chemical  
205 stimulus (FDR =  $5.22 \times 10^{-4}$ ). Similarly, 6,728 out of 18,168 tested for eQTLs in GTEx were not  
206 tested in Africans and are enriched for several biological processes related to immunity,  
207 including "complement activation, classical pathway" (FDR =  $1.78 \times 10^{-22}$ ), "humoral immune  
208 response mediated by circulating immunoglobulin" (FDR =  $7.32 \times 10^{-18}$ ), and "B cell mediated

209 "immunity" (FDR =  $2.02 \times 10^{-2}$ ). This observation suggests that disease status, sample collection,  
210 and response to environmental factors, in addition to genetics, may account in part for  
211 incongruent findings between eQTL cohorts.

212  
213 While tQTLs as a whole show strong replication using  $\pi_1$ , we also investigate the degree to  
214 which individual loci show evidence of shared causal variation. Estimating credible sets for all  
215 eGenes and sIntrons in GTEx v8 as described above, we find that 715/1262 (57%) of eGene  
216 credible sets and 619/852 (73%) of sIntron credible sets in Africans overlap with credible sets in  
217 GTEx v8. While the majority of tQTL credible sets overlap, the many non-overlapping sets  
218 suggests many tQTL signals identified in Africans may be driven by independent causal  
219 variants. To further evaluate this independence we remapped tQTLs in Africans, conditioning on  
220 sets of independent tQTLs identified in GTEx by forward regression [28]. In cases where there  
221 are no genome-wide significant eQTLs or sQTLs in GTEx (169 genes and 541 introns,  
222 respectively) we instead condition on the lead eSNP or sSNP in GTEx. Using the original FDR  
223 significance thresholds for calling eQTLs and sQTLs, we find that 362 (27%) of eGenes and 224  
224 (20%) of sIntrons remain significant after conditioning on GTEx SNPs, including the top variants  
225 for 328 eGenes and 199 sIntrons, suggesting widespread independent causal variation in  
226 Africa.

227  
228 Investigating what may be driving the independent signals in our cohort, we compare minor  
229 allele frequency (MAF), linkage-disequilibrium (LD) structure, and effect size differences  
230 between our cohort and GTEx v8 samples or European-ancestry proxies (CEU individuals from  
231 the 1kGP, methods). For 8 genes, *INPP5K*, *TMEM140*, *ACSM3*, *CNTNAP3*, *PPP1R14C*,  
232 *PDZK1TP1*, *GPR56*, and *TRAM2*, the top eSNP in Africans is untested in GTEx and has a MAF  
233  $< 0.01$  (the threshold used by GTEx) in 1kGP EUR populations. Similarly, the top sSNPs for 4  
234 genes, *ADAM8*, *ICAM2*, *LINC00694*, and *MAPK1* are absent in GTEx and have a EUR MAF  $\leq$

235 0.01. Overall, however, we find that frequency differences between Africans and EUR are  
236 similar between shared and independent tQTLs (Figure S6). To investigate the impact of LD  
237 variation on tQTL replication, we estimate  $r^2$  between tQTL lead SNPs and SNPs within 100kb  
238 of lead SNPs in 1kGP CEU and YRI populations. We find that correlations between CEU and  
239 YRI  $r^2$  values do not differ significantly between shared and independent tQTLs (Figure S6).  
240 Finally, comparing effect size variation, we find a significant reduction in effect size correlation  
241 between Africans and GTEx among independent tQTLs relative to shared signals (Figure 3:  
242 Replication of tQTLs between East Africans and GTEx v8,  $p < 2.2 \times 10^{-16}$ ), which may reflect  
243 true effect size variation, GxE effects [13,14,29], or possibly more subtle differences in MAF and  
244 local LD between these cohorts [30].

245

## 246 **Fine Mapping**

247 In addition to assessing the replication of transcriptional QTLs in the larger GTEx v8 dataset, we  
248 are interested in the relative power to detect and fine-map tQTLs between cohorts of  
249 predominantly African versus European ancestry. To account for sample size differences  
250 between our cohort and GTEx, we performed eQTL mapping in a size-matched sample of 162  
251 European-American (EA) individuals from GTEx v8 using *FastQTL* [31], with sex, sequencing  
252 platform, PCR batch, the top 15 *PEER* factors, and top 5 genotype PCs as covariates. Testing  
253 all SNPs with  $MAF > 0.05$  within 100kb of the target TSS, we identify 1,029 eGenes in the 162  
254 EA individuals at  $FDR < 0.05$ , compared with 1,330 identified in Africans, of which 326 eGenes  
255 are FDR-significant in both cohorts. Despite only 326 eGenes being shared, we find consistently  
256 high replication in an independent whole blood meta-analysis [32]; eQTLs that are FDR-  
257 significant in both cohorts reach a  $\pi_1$  of 0.999, while eQTLs discovered only in Africans reach a  
258  $\pi_1$  of 0.958 and eQTLs discovered only in EAs reach a  $\pi_1$  of 0.989. This observation suggests  
259 that the greater number of eGenes in Africans is not driven by an increase in false positives,

260 and that at similar sample sizes, Africans have an improved power to detect eQTLs compared  
261 with individuals of European ancestry.

262

263 We next investigate the relative ability to fine-map eQTLs between our African cohort and the  
264 162 EA individuals from GTEx v8. Considering eGenes that are FDR-significant in either cohort  
265 (methods), we perform fine-mapping in both our African cohort and the 162 EAs using the  
266 approach described above. Overall, most genes do not fine-map well at this modest sample  
267 size, with 57% of genes having a credible set larger than 50 in both cohorts (Figure 4: Fine  
268 mapping in East Africans vs. GTEx v8). Excluding these genes, we find that Africans have a  
269 smaller credible set in 63% of cases (437/697,  $p = 2.06 \times 10^{-11}$  binomial test), with a median  
270 credible set size of 25 in Africans vs 58 in EAs, and 23 genes fine-mapped to a single variant in  
271 Africans vs. 13 in EAs. One possible explanation of the smaller credible sets in Africans is that  
272 Africans simply have fewer SNPs tested per gene; however, we find the opposite, with 94% of  
273 genes have fewer tested SNPs in EAs.

274

275 We further compare our credible sets in African eQTLs to credible sets estimated in the full  
276 GTEx dataset. As expected, the majority of genes have smaller credible sets in GTEx due to the  
277 considerably larger sample size (670 vs 162), though we do identify several examples of greatly  
278 reduced credible sets in the African cohort. For 18 eGenes and 32 sGenes we are able to fine-  
279 map the QTL signals to a single variant in Africans and find that these variants overlap a lead  
280 GWAS association for 10 eGenes and 3 sGenes (supplement). We highlight rs883871 (Figure  
281 4: Fine mapping in East Africans vs. GTEx v8), an eQTL for both *THRA* and *NR1B1*, which is  
282 FDR-significant in GTEx whole blood but is not the lead eSNP. rs883871 is a strong chromatin  
283 QTL in lymphoblastoid cell lines (LCLs) [33], overlaps the binding sites of numerous  
284 transcription factors (TFs) in the LCL GM12787 [34], is predicted to disrupt a consensus motif  
285 for the ETS family of TFs, which share a core 'CCGGAA' motif, and is the lead SNP for a

286 Multiple Sclerosis GWAS association [35]; variants in *ETS1* itself have been previously  
287 associated with Multiple Sclerosis [36]. Given our modest sample size compared with GTEx, we  
288 expect that mapping of tQTLs and other molecular traits in larger cohorts of genetically diverse  
289 populations will further enhance fine-mapping of QTLs, and when combined with more diverse  
290 GWAS studies, may identify novel causal genes underlying human traits and disease.

291

## 292 **Signatures of Selection**

293 Gene regulation is known or suspected to underlie many adaptive traits in humans, including  
294 diet [16,37], immunity [38], and skin pigmentation [11], and transcriptomic traits show evidence  
295 of both purifying and positive selection [13,14,39]. Consistent with previous tQTL studies we find  
296 decreasing effect size with increasing MAF among eQTLs and sQTLs, indicative of negative  
297 selection against variants of large effects (Figure S7). To identify QTLs with evidence of positive  
298 selection we measure genome-wide  $F_{ST}$  between our broader African dataset and the 1kGP  
299 European (EUR) individuals, with the expectation that selection for expression-altering alleles  
300 will lead to increased differentiation at these loci. To assess whether tQTLs are enriched for  
301 evidence of positive selection we identify the highest  $F_{ST}$  value for all SNPs in high LD ( $r^2 > 0.8$ )  
302 with the top eQTL or sQTL and compare these values with null SNPs matched on MAF and the  
303 number of SNPs in LD (methods). Overall, we do not find an enrichment of high  $F_{ST}$  among  
304 eQTLs or sQTLs, suggesting that selection has not driven significant frequency differentiation at  
305 the majority of tQTLs (Figure S8).

306

307 We next investigate evidence of selection at individual loci. To account for the fact that the top  
308 eSNP may not be the true causal SNP, we score an individual gene's evidence of selection by  
309 taking a weighted sum of each SNP's  $F_{ST}$  value multiplied by the probability of that SNP being  
310 causal (methods). Considering loci with a score within the 99<sup>th</sup> percentile threshold of all SNP  $F_{ST}$   
311 values as candidates, we identify 27 eGenes and 25 sGenes with evidence of selection

312 (supplement). The most differentiated eGene is *TTC26* (weighted  $F_{ST} = 0.59$ ); a mutation in this  
313 gene has been associated with abnormal cilia in model organisms and biliary ciliopathy in  
314 human liver [40]. We also identified a strong signature of selection at *TMEM154* (weighted  $F_{ST}$   
315 = 0.59, Figure 5A), a mostly uncharacterized gene that has been associated with Type II  
316 Diabetes Mellitus and beta cell function in humans and lentiviral infection in sheep [41,42].  
317 Other highly differentiated loci include Platelet Factor 4 Variant 1 (*PF4V1*,  $F_{ST} = 0.50$ ), *IL8* ( $F_{ST} =$   
318 0.49), a major inductor of immune cell chemotaxis and activation [43], and *CCR1* ( $F_{ST} = 0.43$ ), a  
319 chemokine receptor. Among the most differentiated sGenes we find several related to immunity  
320 and metabolism, including *NADSYN1* (weighted  $F_{ST} = 0.50$ ), a gene associated with vitamin D  
321 concentration [44], *BTN3A3* (weighted  $F_{ST} = 0.50$ ), a butyrophilin gene implicated in activation of  
322 T cells [45], and *GANC* (weighted  $F_{ST} = 0.43$ ), a member of the glycosyl hydrolase family 31,  
323 which play a key role in glycogen metabolism [46].

324  
325 Given our genetically and culturally diverse cohort we are also interested in tQTLs with evidence  
326 of population-specific differentiation and selection. For each of the nine populations in the  
327 African dataset we calculate a modified version of the *d* statistic [47], a summation of  
328 normalized, pairwise  $F_{ST}$ , which tests for variants that are highly differentiated in a focal  
329 population versus other populations (methods). As above, we weight these *d*-statistics by the  
330 probability of a SNP being causal to derive a 'd-score' for each gene or intron. Genes with high  
331 *d*-scores in populations with evidence of non-African admixture (i.e. Agaw, Amhara, Argoba,  
332 and Weyto) are more genetically similar to EUR samples from the 1kGP, based on  $F_{ST}$ .  
333 Conversely, populations with evidence of west-African admixture (i.e. the Hadza, Mursi, and  
334 Sandawe) are more genetically similar to YRI samples at high *d*-score genes, suggesting that in  
335 many cases the genetic differentiation at these loci is driven by population-specific patterns of  
336 admixture. We therefore calculate the population branch statistic between (PBS) [48] between  
337 individual populations in our study and 1kGP CEU and YRI populations. Considering genes with

338 a weighted *d* and *PBS* score in the top 99.5<sup>th</sup> percentile as significant, we identify 22 eGenes  
339 and 22 sGenes with significant evidence of population-specific selection (Figure 5: Population-  
340 specific selection in East Africa. and B).

341

342 Among the top eGenes with evidence of population-specific selection is *TMEM216* among the  
343 Nilo-Saharan speaking Mursi pastoralists (Figure S9). This gene is located near a skin  
344 pigmentation GWAS locus discovered in a cohort with the same sub-Saharan African  
345 populations [11]. This association signal overlaps the UV-repair gene *DDB1*, as well as several  
346 other genes expressed in melanocytes. Colocalization analyses show strong overlap between  
347 the African *TMEM216* eQTL and pigmentation GWAS signals (PP4 = 0.95, Figure 5C,  
348 methods), suggesting possible shared causal variation between *TMEM216* expression and  
349 pigmentation variation. LD patterns around *TMEM216* shows evidence of three independent  
350 eQTLs segregating for this gene, tagged by rs7948623, rs11230664, and rs3741265. Two of  
351 these SNPs, rs7948623, rs11230664, are also genome-wide significant GWAS SNPs for  
352 pigmentation variation in Africans, while the third, rs3741265, is marginally significant ( $p < 10^{-5}$ ,  
353 Figure 5C). All three SNPs show strong population-specific differentiation in Ethiopian Nilo-  
354 Saharan groups, who have amongst the highest levels of skin melanin of any global population  
355 (Figure S9). Previous analyses of these populations have shown evidence of a selective sweep  
356 near this pigmentation GWAS locus, including high *PBS* and *d* values among GWAS variants  
357 (Figure S10) and extreme negative Tajima's D values overlapping the *TMEM138/TMEM216*  
358 locus [11].

359

360 The top GWAS variant, rs7948623, overlaps an active enhancer in keratinocytes and  
361 melanocytes and has been demonstrated to alter enhancer activity in melanocytes via luciferase  
362 reporter assays [11]. rs7948623 is a significant eQTL for *TMEM216* in our study but is not  
363 significant in GTEx whole blood, though it is in ovary, nerve, and exposed skin. In addition,

364 rs7948623 is a significant sQTL for *TMEM216* in multiple GTEx tissues, including exposed skin  
365 (Figure 5C). A second group of *TMEM216* eQTL and pigmentation GWAS variants are tagged  
366 by rs11230664 and include the indel rs148172827, which overlaps an active melanocyte  
367 enhancer, and shows significant correlation with *TMEM216* expression in GTEx exposed skin  
368 (Figure 5C). We do not identify significant sQTLs in Africans for *TMEM216*, however the top  
369 sSNP for *TMEM216* in GTEx exposed skin, rs3741265 ( $p = 1.43 \times 10^{-322}$ ), is in high LD with the  
370 top *TMEM16* eQTL in Africans, rs7934229 ( $r^2 = 0.99$ ). Both of these SNPs are moderately  
371 associated with skin pigmentation in Africans ( $p < 5 \times 10^{-6}$ ) but do not reach genome-wide  
372 significance (Figure S11).

373

#### 374 **Discussion**

375 This study extends our understanding of the genetic basis of human gene regulation, with the  
376 inclusion of whole blood samples for 162 ethnically diverse sub-Saharan Africans from Ethiopia  
377 and Tanzania. We find that variation underlying expression and splicing is broadly shared  
378 between African and European cohorts, though there is considerable independent variation at  
379 individual loci in Africans, often driven by variation in frequency and effect sizes of tQTLs. When  
380 matched for sample size, Africans show improved fine mapping of molecular traits, facilitating  
381 the identification of causal variants and candidate genes underlying GWAS traits. This diverse  
382 cohort also allows for inference of tQTLs with evidence of local adaptation, identifying  
383 *TMEM216* as a target of selection in Nilo-Saharan speakers and a candidate gene that may  
384 play a role in skin pigmentation.

385

386 We find that the majority of tQTLs replicate between Africans and GTEx v8, with  $\pi_1$  values near  
387 0.9 among both eQTLs and sQTLs, on par with the 0.919 value estimated between African  
388 Americans in the GENOA cohort [49] and EUR populations from the Geuvadis project [12]. We  
389 also observe strong effect size correlation between tQTLs in our study and GTEx v8.

390 Investigating individual loci, however, we find that many genome-wide signals are driven by  
391 distinct causal variation; 43% of eQTL and 27% of sQTL credible sets in Africans do not overlap  
392 those in GTEx v8, and 27% of eGenes and 20% of sIntrons have QTL signals that remain  
393 significant after conditioning on all tQTLs in GTEx.

394

395 Investigating what may account for QTL differences between Africans and non-Africans, we find  
396 that genes relating to sensory perception and immunity show differential expression between  
397 our African cohort and the GTEx cohorts, pathways known to vary across populations and  
398 environments [50,51]. Additionally, the post-mortem nature of GTEx samples may contribute to  
399 expression differences. An analysis of the effects of death on gene expression in GTEx found  
400 that immune genes in whole blood are significantly dysregulated following death, however this  
401 change was characterized by an overall deactivation of immune genes, along with an overall  
402 increase in NK cells and CD8 T-cells and a reduction in neutrophils [52]. In addition to  
403 expression differences, we find an enrichment for low frequency variants in GTEx among non-  
404 replicating tQTLs. However, the majority of tQTLs that are conditionally independent show  
405 similar frequency differences with shared tQTLs, suggesting that frequency variation alone  
406 cannot account for independent tQTLs. This issue of trans-ethnic GWAS replication is an  
407 ongoing area of research [53,54], and non-replication may occur for many reasons including  
408 frequency variation, differences in power, LD, or true differences in effect size, including G x E  
409 effects. While we do not find a significant difference in local LD structure between shared and  
410 independent QTL signals, we do find significant differences in estimated effect sizes. Using a  
411 Bayesian approach to account for frequency and LD variation, Brown *et al.* also found eQTL  
412 effect size differences between EUR and YRI individuals from Geuvadis [12], which become  
413 more pronounced as genetic effects become weaker [55]. However for strong, genome-wide  
414 significant effects, Zanetti and Weale demonstrated using simulations that most trans-ethnic

415 differences in GWAS effect sizes can largely be accounted for by a combination of frequency  
416 and LD variation, though they could not rule out effect size differences [30].

417

418 Beyond replication, we demonstrate that at comparable sample sizes, African cohorts have  
419 improved sensitivity to detect tQTLs and improved ability to fine-map causal variants, compared  
420 with cohorts of European ancestry. It is well established that non-African populations have more  
421 extensive LD relative to Africans [56,57], resulting from the out-of-Africa bottleneck [58,59],  
422 which likely accounts for the observed improvement in fine-mapping in African populations. As  
423 to the increased sensitivity to detect tQTLs in Africans, one hypothesis is a higher false-positive  
424 rate in the African cohort. However we find comparable replication of African-specific tQTLs in a  
425 large, independent meta-analysis [32], suggesting that false positives do not account for the  
426 observed improvement. Moreover, Quach *et al.* found a similar pattern of improved sensitivity to  
427 detect eQTLs in individuals of self-reported African ancestry in an analysis of stimulated and  
428 unstimulated monocytes from 200 Belgians, 100 of European and 100 of African ancestry [60].  
429 Among African Belgians they found 13% more eQTLs in unstimulated monocytes, and 10%  
430 more eQTLs across all conditions. While several other studies have mapped eQTLs across  
431 multiple ancestry groups [12,14,61,62], variation in sample size precludes direct comparison of  
432 sensitivities across ethnicities.

433

434 In addition to the inclusion in our study of ancestral groups not represented in existing reference  
435 cohorts (e.g. the 1kGP), which enables the detection of novel regulatory variation, these  
436 populations live in diverse climates and have distinct cultural and subsistence practices, which  
437 may have driven unique local adaptations. Using an outlier approach based on the  $F_{ST}$  based  $d$   
438 and  $PBS$  statistics [47,48], we identify population-specific differentiation of tQTLs among East  
439 African populations. One notable example is the eQTL *TMEM216* among the Mursi, which is  
440 near a recently identified pigmentation locus specific to sub-Saharan Africans [11]. *TMEM216*,

441 and the nearby *TMEM138* gene, form an evolutionarily conserved *cis*-regulatory module vital for  
442 ciliogenesis, and have been identified as causal genes underlying Joubert and Merkel  
443 syndromes [63,64]. *TMEM216* has not been previously associated with pigmentation variation,  
444 though activation and suppression of primary cilia have been shown to inhibit and activate  
445 melanogenesis, respectively, in a human skin model [65]. Consistent with this, we find that the  
446 expression decreasing allele is associated with increased melanin levels for rs7948623,  
447 rs11230664, and rs3741265, and is most common in the Mursi, a populations with darkly  
448 pigmented skin (Figure S9)[11]. In addition, recurrent somatic mutations driving alternative  
449 splicing of *TMEM216* are significantly associated with melanoma in The Cancer Genome Atlas  
450 (TCGA), suggesting possible tumor suppressor function for this gene [66]. While the strong  
451 colocalization between the *TMEM216* eQTL and pigmentation GWAS signals suggests  
452 *TMEM216* as a possible pigmentation gene, there are several haplotypes segregating in this  
453 region, some of which carry tQTLs for other genes in GTEx (Figures S12 and S13). In addition,  
454 several nearby genes show melanocyte-specific expression, or have been previously  
455 associated with pigmentation in other organisms, complicating identification of the gene or  
456 genes that are causally associated with pigmentation variation [11,67].

457  
458 There are several limitations to our study, foremost being our modest sample size of 162  
459 individuals, with current eQTL datasets reaching sample sizes an order of magnitude larger [49].  
460 Many of the populations participating in this study live at considerable distances from medical or  
461 scientific facilities, and all necessary tools and supplies must be transported to field sites,  
462 greatly limiting the capacity for sample collection. Additionally, we are limited to studying blood  
463 tissues among these populations. Generation of induced pluripotent stem cells (iPSC) may  
464 allow for the study of gene regulation across developing tissues or differentiated cells within  
465 diverse populations [68,69], but such approaches remain technically difficult. This study is also  
466 restricted to steady state gene expression, which may miss cell-type- or dynamic, environment-

467 specific genetic effects, which cannot be captured in bulk and/or steady-state tissues  
468 [29,70,14,13,71,72]. Despite these limitations, this study makes important contributions to our  
469 understanding of gene expression variation and the molecular basis of human adaptation in  
470 sub-Saharan Africa.

471

## 472 **Conclusion**

473 We have presented a comprehensive analysis of transcriptomic variation in a cohort of  
474 previously unstudied indigenous sub-Saharan Africans. We identify extensive novel regulatory  
475 variation in Africans and show that the study of African populations improves the detection of  
476 transcriptomic QTLs and fine mapping of causal variation. Studying diverse populations within  
477 Africa also allows for the detection of genes targeted by population-specific selection, including  
478 a evidence of selection on *TMEM216* expression in the Mursi and strong colocalization between  
479 *TMEM216* eQTLs and a pigmentation GWAS locus.

480

## 481 **Methods**

### 482 **Sample Collection**

483 Phenotypic, genealogical, and biological data were collected from individuals belonging to nine  
484 populations in Ethiopia and Tanzania. Prior to sample collection, IRB approval for this project  
485 was obtained from the University of Pennsylvania. Written informed consent was obtained from  
486 all participants and research/ethics approval and permits were obtained from the following  
487 institutions prior to sample collection: the University of Addis Ababa and the Federal Democratic  
488 Republic of Ethiopia Ministry of Science and Technology National Health Research Ethics  
489 Review Committee; COSTECH, NIMR and Muhimbili University of Health and Allied Sciences in  
490 Dar es Salaam, Tanzania. To obtain DNA and RNA data, whole blood was collected using  
491 vacutainers and RNA was stabilized in the field using LeukoLOCK Total RNA Isolation System  
492 (Ambion life Technologies). The Poly(A)Purist Kit (Ambion Life Technologies, CA) was used for

493 mRNA selection, and Ampure XP magnetic beads (Beckman Coulter, CA) were used for size  
494 selection after amplification.

495

#### 496 **Genotyping and imputation**

497 A subset 162 individuals were genotyped as part of the 5M dataset using the Illumina Omni5M  
498 SNP array, which includes approximately 4.5 million SNPs. The full 5M dataset was phased  
499 using Beagle 4.0 [73] and the 1kGP reference panel [19]. These data were further imputed  
500 using minimac3 [74] and a reference panel consisting of the 1kGP and 180 WGS from the  
501 Tishkoff lab (unpublished).

502

#### 503 **PCA and ADMIXTURE**

504 To identify related individuals, relatedness was inferred in the imputed 5M dataset using the  
505 KING extension of plink 2.0 [75]. To place the genetic variation in this study within a global  
506 context, the 5M imputed dataset was merged with the 1KGP. Individuals from the 162 in this  
507 study with inferred relatedness more distant than third degree were then extracted from the  
508 merged dataset (145 total), along with 20 individuals each from the YRI, CEU, and CHB  
509 populations, restricting to unambiguous SNPs (i.e. excluding A/T and C/G) with MAF > 0.01 and  
510 with imputation accuracy ( $r^2$ ) greater than 0.99 reported from minimac3. SNPs were LD-pruned  
511 using plink v1.90 [76] and parameters '--indep-pairwise 50 10 0.1'. PCA was performed on this  
512 dataset using smartpca from EIGENSOFT v6.1.4 [77], with 'numoutlieriter' set to 0.  
513 ADMIXTURE [78] was run on the same dataset using parameters '--cv -j8 -B100 -s7'.

514

#### 515 **mRNA sequencing and molecular trait quantification**

516 Samples were sequenced on an Illumina HiSeq to a median depth of 56,122,076 reads  
517 (11,727,716 min., 228,660,534 max.). Prior to mapping, all reads aligned to rRNA genes with  
518 BLAST [79] were removed. Remaining reads were mapped to the hg19 genome with STAR

519 v2.5.3a [80] and the GTEx GENCODE v19 gene annotations [81] using two-pass mapping.  
520 Expression was quantified at the gene level using featureCounts v1.5.3 [82] as fragments per  
521 gene, as well as using RSEM v1.2.31 [83] as transcripts per million (TPM). Splicing was  
522 quantified using leafcutter [84] as fraction of intron exclusion reads per cluster (JPC).

523

524 **Cell-type inference**

525 Cell type fractions for each individual were inferred using CIBERSORT [24]. The LM22  
526 signature gene file from Abbas *et al.* [85] was used to infer frequencies of 22 immune cell types  
527 for a mixture file of TPM values for all 171 individuals with RNA-seq data. Quantile-  
528 normalization was disabled and 1000 permutations were used.

529

530 **Quantile normalization and hidden factor inference**

531 Prior to hidden factor inference and QTL mapping, molecular phenotype matrices were first  
532 filtered and quantile-normalized. For eQTL mapping, only lncRNA and protein-coding genes  
533 with more than 5 reads in at least 20 individuals and with mean TPM > 0.1 across all  
534 populations were considered. For sQTL mapping, introns from lncRNA and protein-coding  
535 genes with no more than 5 individuals with 0 reads were included. Furthermore, clusters were  
536 required to have at least 20 reads in at least 100 individuals and have 0 reads in fewer than 10  
537 individuals. These filtered phenotype matrices (TPM for eQTL mapping and JPC for sQTL) were  
538 then quantile normalized using the two-stage procedure implemented by GTEx [28]. Briefly, the  
539 distribution of the phenotypes per individual were first quantile normalized to the mean of the  
540 phenotypes across individuals. Next, the distribution of each phenotype was quantile normalized  
541 to the standard normal. Hidden covariates were inferred using PEER [23] for these quantile-  
542 normalized phenotype matrices.

543

544 **eQTL and sQTL mapping**

545 Expression and splicing quantitative trait loci were mapped using a linear mixed modelling  
546 approach, using the quantile-normalized gene or intron fractions as phenotypes, while  
547 correcting for sex, age, cell-type composition, delivery date, latent *PEER* factors, and genetic  
548 relatedness. Mapping was performed for SNPs with MAF > 0.05, imputation  $r^2 > 0.3$ , and within  
549 100kb of the target phenotype (gene TSS for eQTLs and intron for sQTLs) using *GEMMA* [26]  
550 and a genetic relatedness matrix (GRM) generated from all biallelic SNPs across the imputed,  
551 162 individual genotype dataset. tQTL mapping was repeated across a range of *PEER* factors:  
552 0-5, 10, 15, 20, 25, and 30 factors for eQTL mapping, and 0-10 factors for sQTL mapping, and  
553 the number of factors maximizing the number of eQTLs or sQTLs discovered were chosen for  
554 downstream analysis.

555  
556 To identify significant QTLs, tested SNPs for each phenotype were first FDR corrected using  
557 Benjamini-Hochberg (BH), yielding single-corrected p-values ( $P'$ ) for each tested SNP-  
558 phenotype pair. The minimum  $P'$  per phenotype were again FDR-corrected using BH, yielding  
559 double-corrected p-values ( $P''$ ) per phenotype, and phenotypes with  $P'' < 0.05$  were considered  
560 significant. To identify significant SNPs, a threshold was set equal to the lowest  $P'$  for the  
561 phenotype with highest significant  $P''$ , and all SNPs with  $P'$  lower than this threshold were  
562 deemed significant.

563

#### 564 **Credible Sets**

565 For each gene or intron of interest, Approximate Bayes Factors were calculated for each tested  
566 SNP using the function ‘approx.bf.estimates’ from the coloc package [86], or the function  
567 ‘approx.bf.p’ in cases where effect size or standard error information was not available. The  
568 posterior probability of each SNP  $n$  being causal ( $PP_n$ ) was then taken as:

$$PP_n = \frac{ABF_n}{\sum_p ABF_p}$$

569 Similar to The Wellcome Trust Case Control Consortium *et al.* [87], where  $ABF_n$  is the  
570 Approximate Bayes Factor of SNP  $n$ , and  $p$  indexes all tested SNPs for a given feature of  
571 interest. A 90% credible set was then defined as the minimal number of SNPs whose sum of  
572 posterior probabilities was  $> 0.9$ .

573

#### 574 **Functional Enrichment**

575 All SNPs in the imputed genotype dataset of 162 individuals were annotated for functional  
576 consequences using the Variant Effect Predictor (VEP) [88] with parameters '--per\_gene --  
577 most\_severe'. In addition, SNPs were overlapped with 15 state ChromHMM tracks for PBMCs  
578 (E062) from the Roadmap Epigenomics Consortium [67], transcription factor binding sites for  
579 lymphoblastoid cell lines (LCLs, GM12878) from ENCODE[34], and chromatin QTLs from  
580 Tehranchi *et al.* [33]. To test for enrichment, each FDR-significant eQTL or sQTL was matched  
581 on MAF and distance to nearest TSS or intron boundary, respectively, and the log-ratio of tQTL  
582 SNPs to matched background SNPs overlapping each functional category was taken as an  
583 enrichment score. This was repeated 10,000 times, producing an empirical distribution of  
584 enrichment scores for each functional category.

585

#### 586 **Replication with GTEx v8**

587 All SNPs and intron boundaries were converted to hg38 coordinates using liftOver [89]. For  
588 eQTLs, those hg19 SNPs that successfully mapped to locations in hg38 (81,928/82,144) and  
589 genes with Ensembl IDs shared between GENCODE v19 and GENCODE v26 (1,291/1,330)  
590 were considered (96,903/99,685 of possible eQTLs). Of these, 77,238 eQTLs were tested in  
591 GTEx v8 and could be compared. For sQTLs, SNPs and Ensembl IDs were required to  
592 successfully map between versions (49,706/49,794 and 772/776, respectively), and intron  
593 boundaries were required to map between GENCODE versions (738/1,118). Of these, 55,046

594 sQTLs were tested in GTEx. The fraction of true positives for successfully mapped tQTLs in  
595 GTEx,  $\pi_1$ , was estimated using the R package *qvalue* [90].

596

### 597 **Conditional tQTL mapping**

598 To identify tQTLs in the African cohort that are independent of GTEx v8 tQTLs, we performed  
599 eQTL and sQTL scans conditioning on independent GTEx eQTLs and sQTLs identified via step-  
600 wise regression [91]. In cases where there are no significant tQTLs in GTEx we instead use the  
601 top variant per feature. To account for these variants, we residualize the quantile-normalized  
602 feature matrices used in the original QTL mapping against the genotypes of independent GTEx  
603 QTLs. We then perform identical eQTL and sQTL scans, and consider genes and introns with  
604 variants that pass the original FDR threshold as independent.

605

### 606 **LD variation across populations**

607 To compare LD structure between East Africans and Europeans at tQTL loci, LD was estimated  
608 (using  $r^2$ ) between lead SNPs for eQTLs and sQTLs and all tested SNPs in the East African and  
609 1kGP EUR samples, restricting to those variants polymorphic in both, resulting in an  $r^2$  vector  
610 per group (East Africans and EUR) per locus (eGenes and sIntrons). For each tQTL locus, we  
611 estimated the Pearson correlation  $\rho$  between the East African and EUR  $r^2$  vectors, and the  
612 distribution of these  $\rho$  values was compared for tQTLs shared between East Africans and GTEx  
613 and independent tQTLs.

614

### 615 **eQTL mapping in 162 European-Americans from GTEx v8**

616 eQTL mapping was performed on 162 individuals of European ancestry from GTEx v8 using  
617 FastQTL [31] with 10,000 permutations for all SNPs with MAF > 0.05 and within 100kb of the  
618 target TSS. Covariates included the top 15 *PEER* factors, top 5 genotype PCs, sex, platform,

619 and PCR batch. Significance was evaluated using the hierarchical Benjamini-Hochberg  
620 procedure used for African samples.

621

622 **Scans of selection**

623 To test for genetic differentiation between our African dataset and Europeans, all individuals  
624 belonging to the 9 populations in our study were extracted from the full 5M dataset (664 total)  
625 and allele frequencies were combined with frequency information for EUR populations from the  
626 1KGP, restricting to SNPs polymorphic in both datasets.  $F_{ST}$  was estimated using the Hudson  
627 estimator [92], and SNPs within the top 99<sup>th</sup> percentile ( $F_{ST} > 0.36$ ) were considered outliers. To  
628 test for overall enrichment of  $F_{ST}$  outliers among tQTLs, we use an approach similar to Quach *et*  
629 *al.* [13] The maximum  $F_{ST}$  value of SNPs in LD with lead tQTL SNPs ( $r^2 > 0.8$ ) was found, and  
630 the fraction of outliers among these maximum  $F_{ST}$  values was calculated. To generate a null  
631 expectation, each lead tSNP was matched with a random SNP, matching on MAF (bins of 0.05)  
632 and number of SNPs in LD (bins of [0], [1], [2], (2,5], (5,10], (10,20], (20,50], and >50). The  
633 maximum  $F_{ST}$  of SNPs in LD with these matched SNPs was found, and the fraction of outliers  
634 among these matched maximum  $F_{ST}$  SNPs calculated. This procedure was repeated 10,000  
635 times, generating a null distribution of expected number of outlier SNPs.

636

637 To identify individual eGenes and sGenes with evidence of selection, weighted  $F_{ST}$  scores were  
638 generated for each eGene and sIntron. For each feature of interest (gene or intron), the  
639 posterior probability of each tested SNP was calculated using the approach used to define  
640 credible sets, and for each feature a weighted  $F_{ST}$  score was calculated as:

$$\overline{F_{ST}} = \sum_p PP_p F_{ST}^p$$

641 Where  $PP_p$  is the posterior probability of SNP  $p$  being causal and  $F_{ST}^p$  is the  $F_{ST}$  of SNP  $p$ . Scores  
642 higher than the 99<sup>th</sup> percentile of genome-wide  $F_{ST}$  values were considered significant.

643

644 To detect population-specific selection, we use an adapted, polarized version of the  $d$  statistic  
645 for each SNP:

$$d_i = \left| \sum_{j \neq i} I_{p_i \geq p_j} \frac{F_{ST}^{ij} - E[F_{ST}^{ij}]}{sd[F_{ST}^{ij}]} \right|$$

646 Where  $p_i$  and  $p_j$  are the allele frequencies in populations  $i$  and  $j$ , respectively,  $I_{p_i \geq p_j}$  is an  
647 indicator function that returns 1 if  $p_i \geq p_j$  and -1 otherwise,  $F_{ST}^{ij}$  is the  $F_{ST}$  between focal  
648 population  $i$  and population  $j$ , and  $E[F_{ST}^{ij}]$  and  $sd[F_{ST}^{ij}]$  are the expected value and standard  
649 deviation of  $F_{ST}$  between populations  $i$  and  $j$  across all SNPs. We implement this polarization  
650 procedure because SNP frequencies that are at an intermediate frequency in the focal  
651 population, but strongly differentiated in others, can show up as strong  $d_i$  outliers in the focal  
652 population due to the symmetry of  $F_{ST}$ . To identify individual eGenes and sGenes with evidence  
653 of population-specific selection, we generate weighted  $d_i$  scores as described above for  $F_{ST}$ .

654

655 Due to differential levels of admixture across populations, some  $d_i$  outlier loci show genetic  
656 similarity with non-African and west-African populations, suggesting that these loci are uniquely  
657 differentiated in the focal population due to admixture. To eliminate candidates that may be  
658 driven by admixture, we also calculate the population-branch statistic ( $PBS_i$ ) [93] between each  
659 focal population  $i$  and the CEU (a proxy for non-Africans) and the YRI (a proxy for sub-Saharan  
660 Africans):

$$PBS_i = \frac{T^{i,YRI} + T^{i,CEU} - T^{YRI,CEU}}{2}$$

661 Where  $T^{A,B} = -\log(1 - F_{ST}^{A,B})$  and  $F_{ST}^{A,B}$  is FST calculated between populations  $A$  and  $B$ . We  
662 then go on to create a weighted  $PBS_i$  statistic per gene or intron as above. Candidates of

663 selection are then defined as those features with a weighted  $d_i$  and  $PBS_i$  score above the 99.5<sup>th</sup>  
664 percentile of genome-wide  $d_i$  and  $PBS_i$  SNP-wise statistics.

665

## 666 **Declarations**

### 667 **Ethics approval and consent to participate**

668 Written informed consent was obtained from all participants. IRB approval for this project was  
669 obtained from the University of Pennsylvania, and research/ethics approval and permits were  
670 obtained from the following institutions prior to sample collection: the University of Addis Ababa  
671 and the Federal Democratic Republic of Ethiopia Ministry of Science and Technology National  
672 Health Research Ethics Review Committee; COSTECH, NIMR and Muhimbili University of  
673 Health and Allied Sciences in Dar es Salaam, Tanzania.

674

### 675 **Competing interests**

676 The authors declare that they have no competing interests.

677

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682

### 683 **Authors' contributions**

684 SAT conceived and supervised the study. TBN, SAO, DWM, GB, WB, JBH, and AR collected  
685 and processed samples. MY and SC performed SNP genotyping. CDB, GRG, RAR, RM, and  
686 HL assisted in statistical and bioinformatic analysis. SR performed eQTL mapping of European-

687 Americans from GTEx. DEK performed all other analyses. DEK and SAT wrote the manuscript  
688 with help from other co-authors. All authors read and approved the final manuscript.

689

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694

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936

937 **Figures**

938 **Figure 1: Global and genetic structure of study populations**

939 **A)** Locations of East African populations sampled in this study across Ethiopia and Tanzania. **B)**

940 Principal Component Analysis of genetic data across 162 East Africans, combined with 20 West

941 African Yoruba (YRI), 20 European Americans (CEU), and 20 Han Chinese (CHB) from the

942 1000 Genomes Project. **C)** ADMIXTURE analysis of East African, YRI, CEU, and CHB

943 populations.

944

945 **Figure 2: Genomic context of tQTLs**

946 **A)** Enrichment of top eQTLs near the transcription start site (TSS) of their target gene. **B)**

947 Enrichment of top sQTLs near the intron boundary of their target intron. Densities of sQTLs are

948 separated depending on whether they're upstream of the target intron (5' distance), within the

949 intron (intron fraction), or downstream of the intron (3' distance). **C)** Enrichment of tQTLs across

950 functional categories, stratified by FDR significance and posterior probability (PP) of being

951 causal. Categories include chromatin accessibility QTLs (caQTL) in LCLs from Tehranchi *et al.*

952 [33]; transcription factor binding sites (TFBS) for 140 transcription factors in GM12878 LCLs

953 [34]; transcription start sites (TSS), enhancers (Enh), Polycomb-repressed chromatin (ReprPC),

954 transcribed (Tx), and heterochromatin (Het) annotations from ChromHMM in GM12878 LCLs

955 [34]; and 3' UTR, 5' UTR, intron, splice site, synonymous, missense, and start gain/loss or stop

956 gain/loss annotations from Variant Effect Predictor (VEP) [88].

957

958 **Figure 3: Replication of tQTLs between East Africans and GTEx v8**

959 **A)** Minor allele frequency distribution in GTEx v8 of FDR-significant tQTLs identified in East

960 Africans, colored by whether they have a p-value less than 0.01 in GTEx v8. **B)** Comparison

961 effect sizes of tQTLs identified in East Africans. Lines show the best fit regression line between

962 East Africans and GTEx v8 effect sizes, colored by whether the tQTL is shared (i.e. is no longer  
963 significant after conditioning) or is independent (remains significant after conditioning).

964

965 **Figure 4: Fine mapping in East Africans vs. GTEx v8**

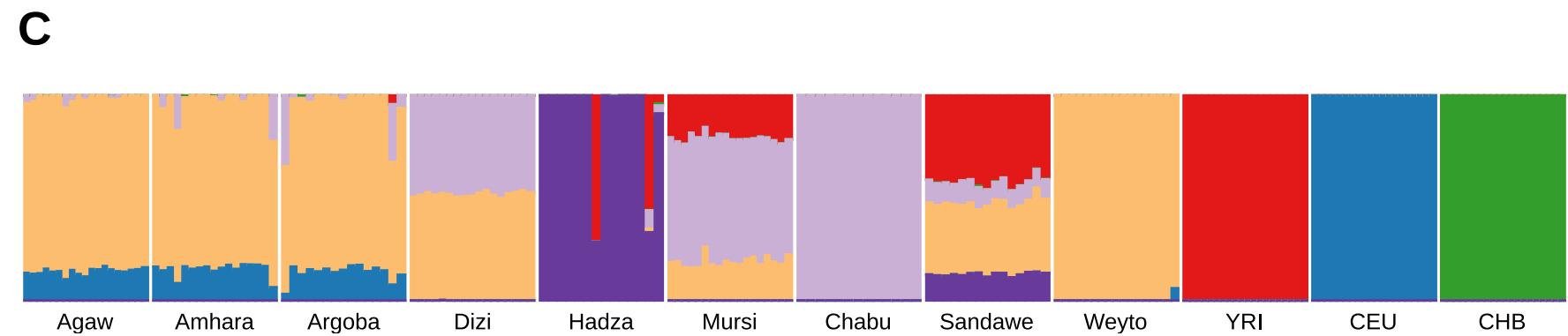
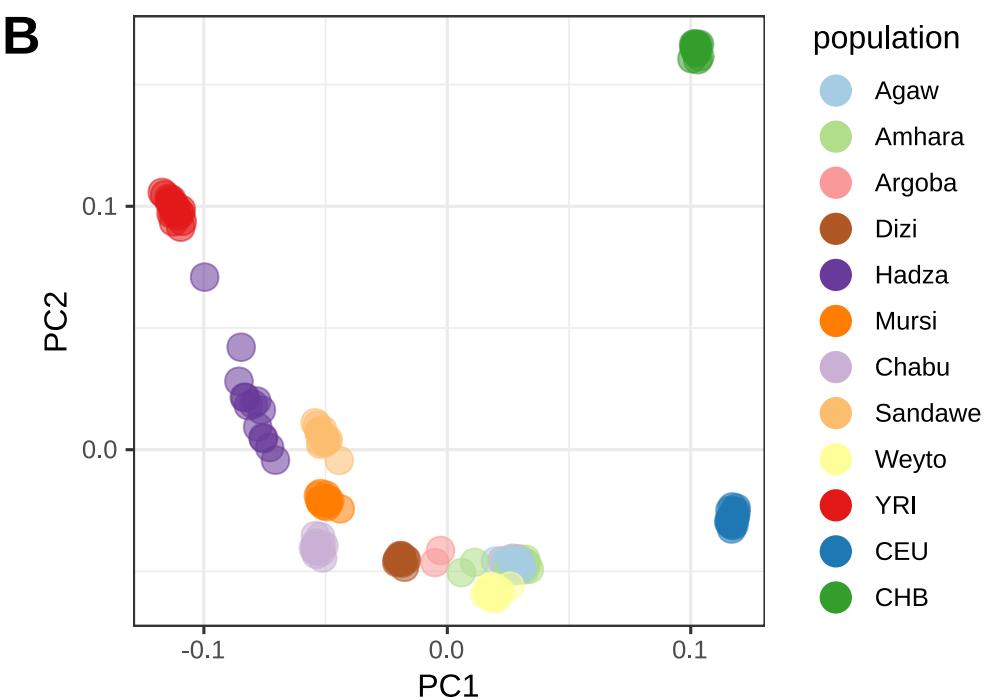
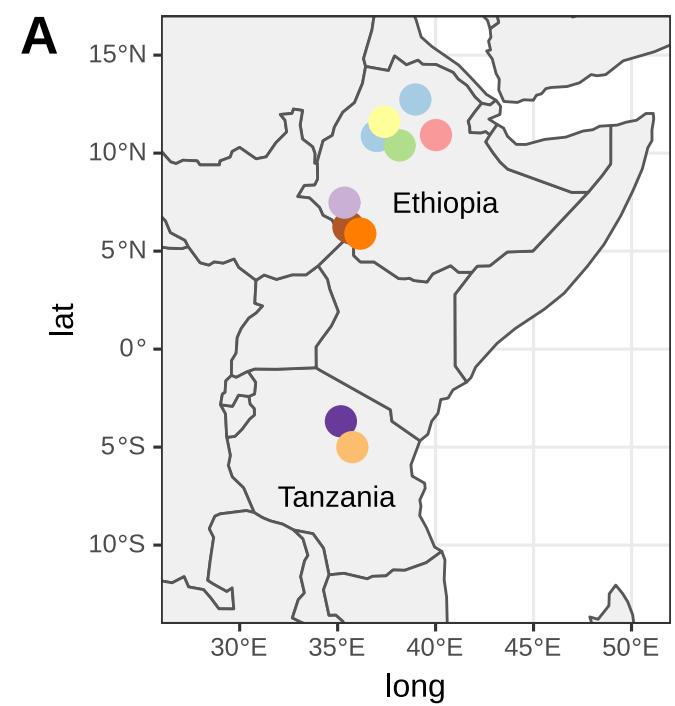
966 **A)** Credible set (CS) sizes for eGenes identified in 162 East Africans (Afr) or a subset of 162  
967 European Americans from GTEx v8 (EA162). Points are colored by the fraction of SNPs in the  
968 smaller credible set A that are shared with the larger set B, 1 indicating that the smaller set is a  
969 subset of the larger set, and 0 indicating the smaller set shares no SNPs with the larger set. **B)**  
970 Locus plot of *NR1D1* eQTLs identified in 162 East Africans (Afr) or the full GTEx v8 cohort (v8).  
971 P-values are overlaid with African (YRI) and European-American (CEU) recombination rates,  
972 GENCODE v19 [81] gene models from the UCSC genome browser [94]  
973 (<http://genome.ucsc.edu>) and inferred ChromHMM[95] states for GM12878 [34]. The top SNP in  
974 Africans, rs883871, disrupts a nucleotide for the core motif of ETS-family transcription factors  
975 (motif of *ETS1* shown).

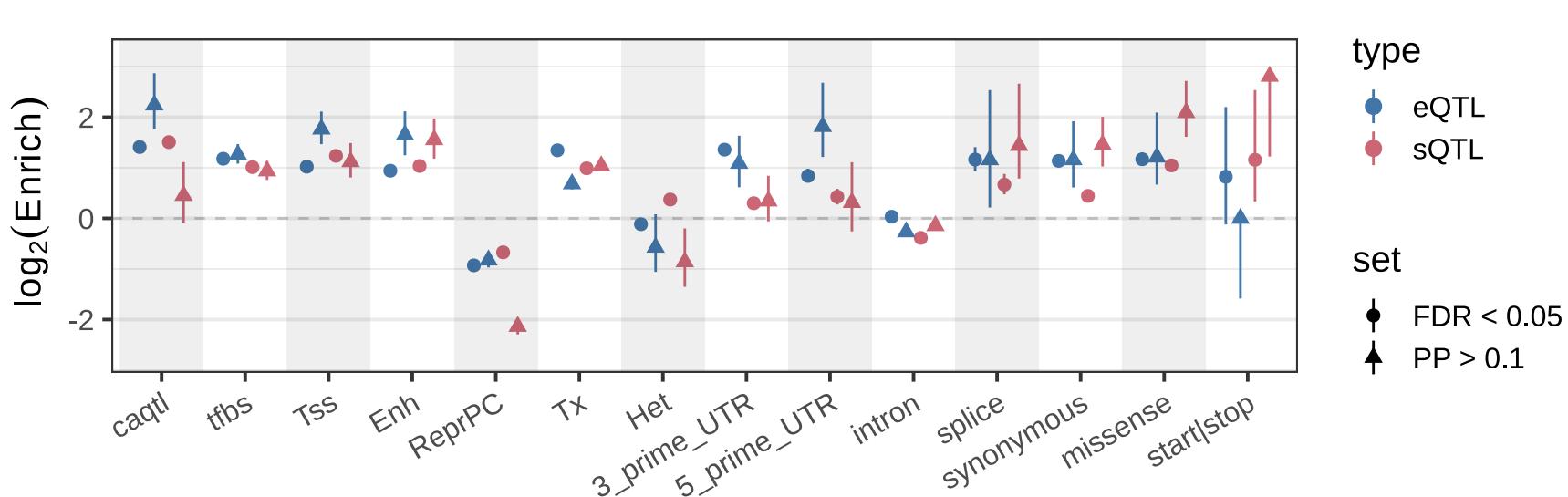
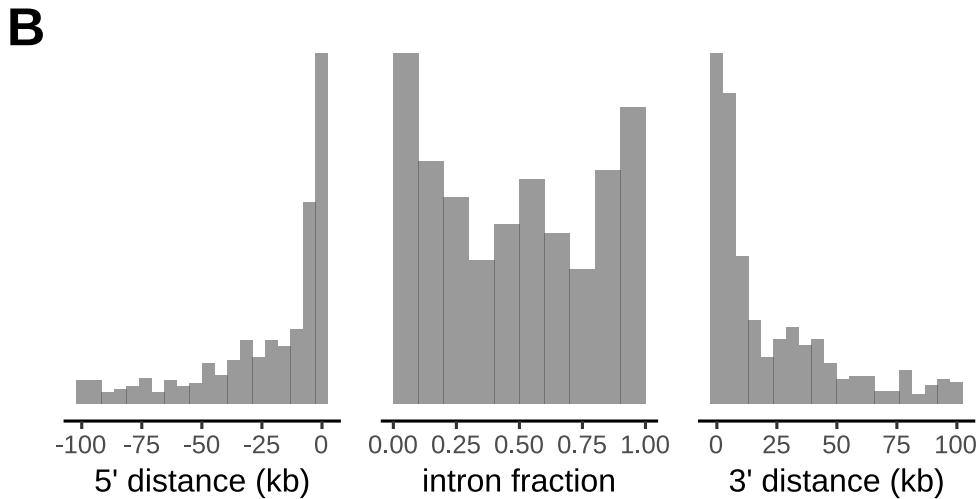
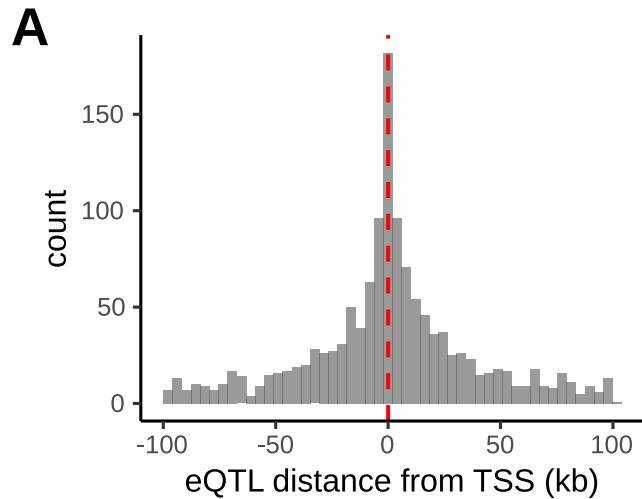
976

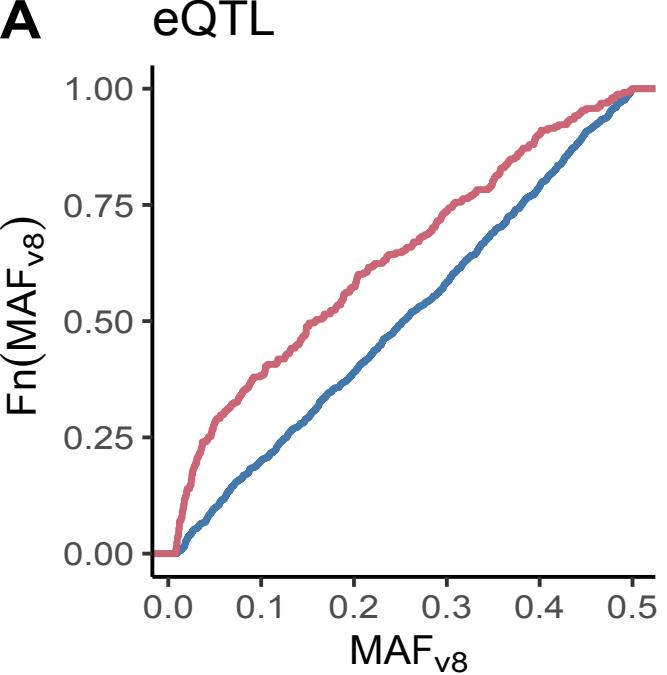
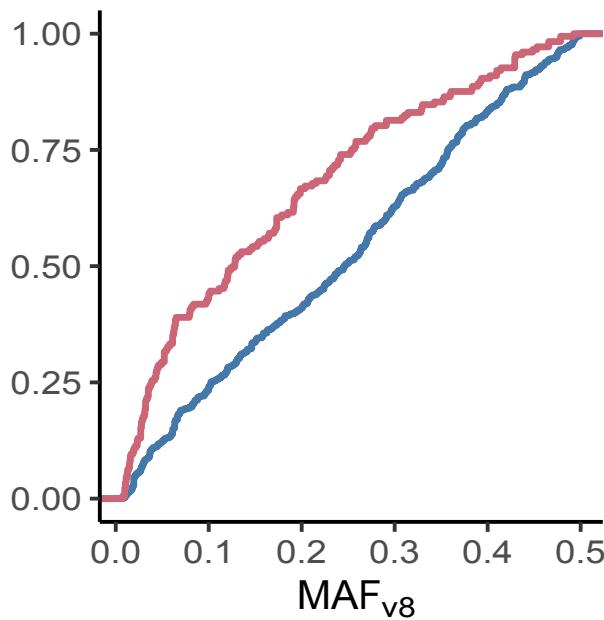
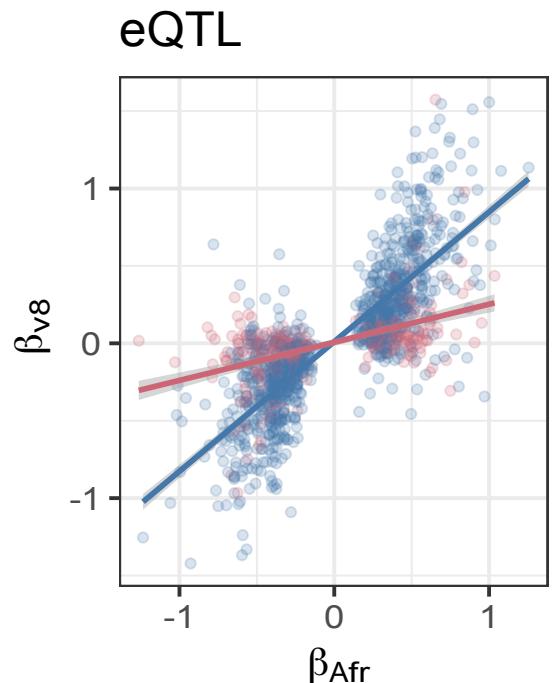
977 **Figure 5: Population-specific selection in East Africa.**

978 **A)** Gene scores for the *d*-statistics plotted against the population branch statistics (*PBS*) for  
979 each population. *PBS* is calculated for each focal population versus the CEU and YRI  
980 populations from the 1000 Genomes Project. Genes with a score above the 99.5<sup>th</sup> percentile of  
981 genome-wide statistics for *d* and *PBS* are highlighted in red. **B)** Comparison of pigmentation  
982 GWAS p-values from Crawford *et al.* [11] against eQTL p-values from our study (East Africa),  
983 GTEx v8 Whole Blood, or GTEx v8 Sun-exposed skin (lower leg), in the style of LocusCompare  
984 [96]. Variants are colored by their degree of LD with three top pigmentation GWAS variants,  
985 rs7948623, rs11230664, and rs2512809. Colocalization probabilities from *coloc* [86] (PP4) are  
986 indicated for each eQTL group.

987





**A****sQTL****B****sQTL**

Y-axis:  $\beta_{v8}$

X-axis:  $\beta_{Afr}$

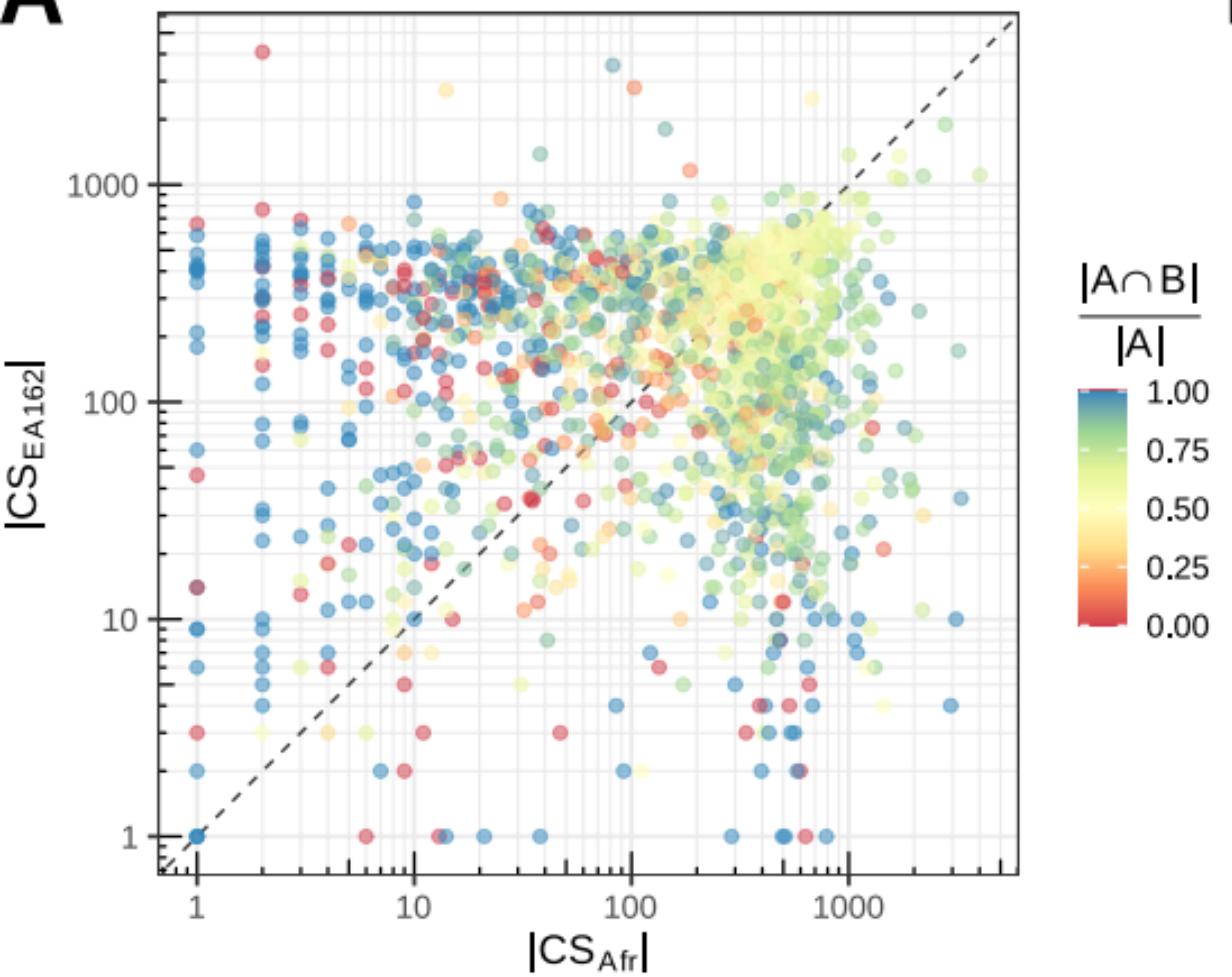
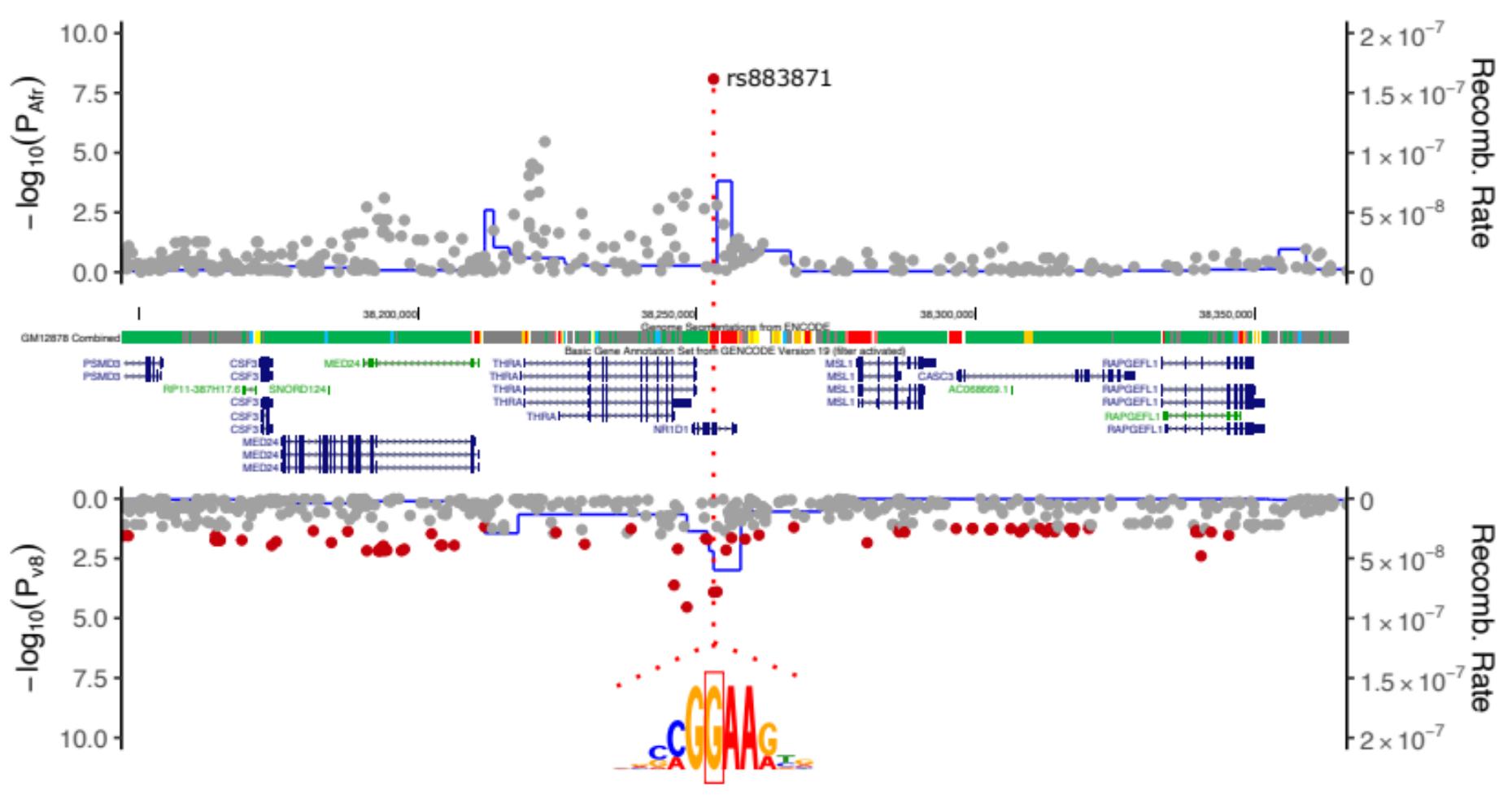
Scatter plot showing the relationship between  $\beta_{v8}$  and  $\beta_{Afr}$ . Data points are colored by  $p_{v8} < 0.01$  status: blue for TRUE and red for FALSE. A blue regression line shows a positive correlation, while a red regression line shows a slight positive correlation.

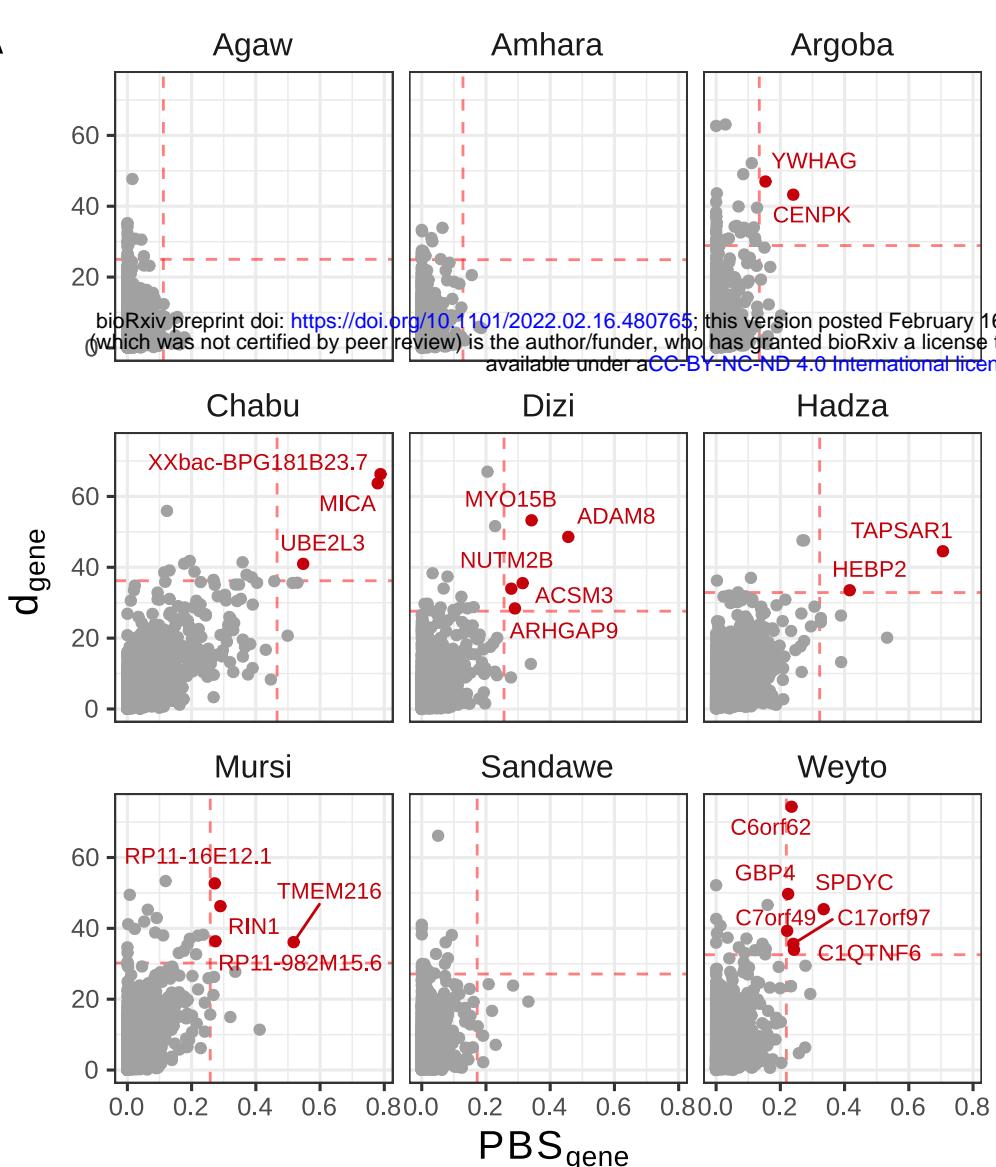
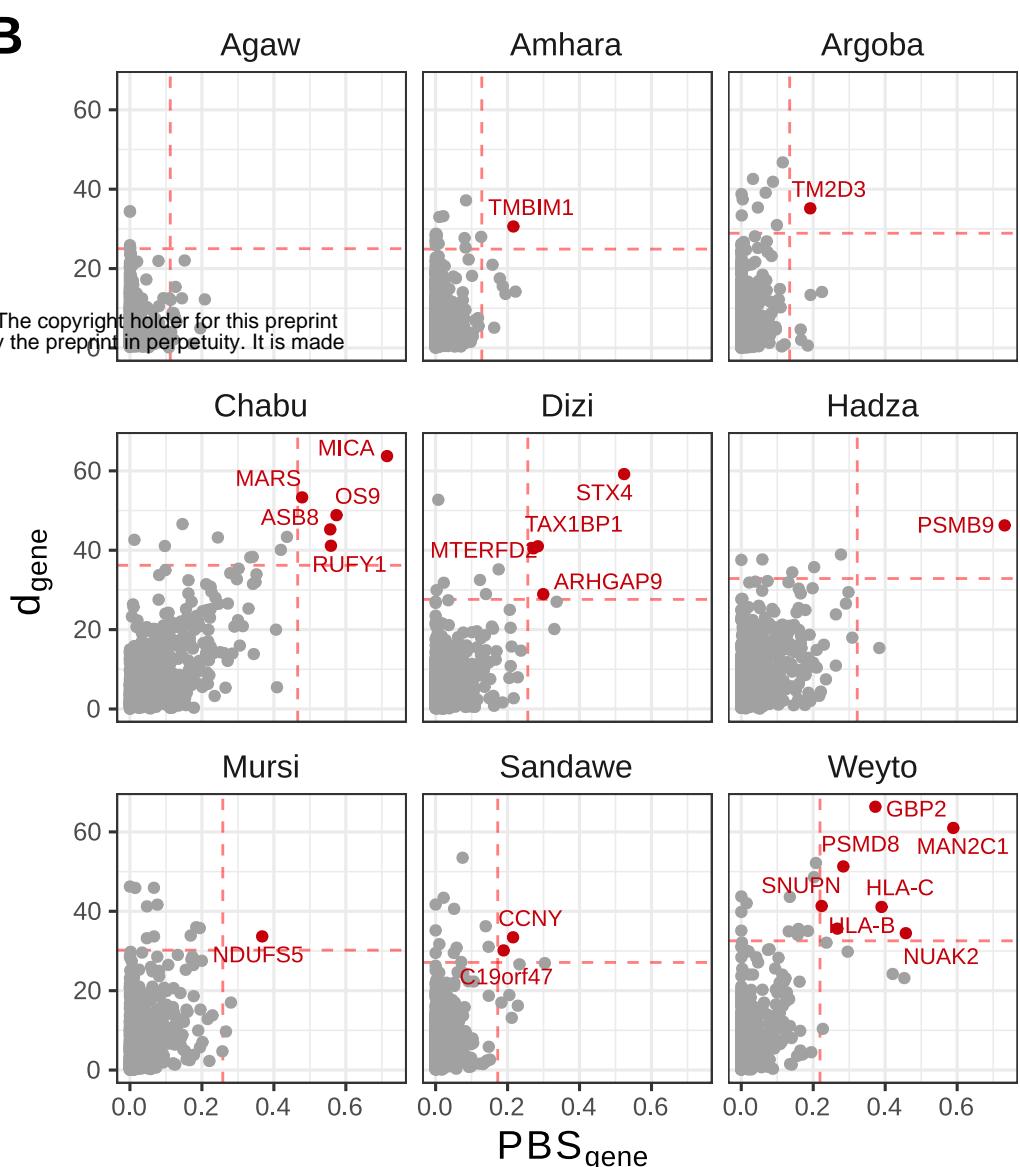
$p_{v8} < 0.01$

- TRUE
- FALSE

shared

- TRUE
- FALSE

**A****B**

**A****B****C**