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**1 RESEARCH**

**2 Optimizing network neuroscience computation of individual differences in**  
**3 human spontaneous brain activity for test-retest reliability**

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**ABSTRACT**

**14** A rapidly emerging application of network neuroscience in neuroimaging studies has provided useful  
**15** tools to understand individual differences in intrinsic brain function by mapping spontaneous brain  
**16** activity, namely intrinsic functional network neuroscience (ifNN). However, the variability of  
**17** methodologies applied across the ifNN studies - with respect to node definition, edge construction, and  
**18** graph measurements- makes it difficult to directly compare findings and also challenging for end users to  
**19** select the optimal strategies for mapping individual differences in brain networks. Here, we aim to  
**20** provide a benchmark for best ifNN practices by systematically comparing the measurement reliability of  
**21** individual differences under different ifNN analytical strategies using the test-retest design of the Human

22 Connectome Project. The results uncovered four essential principles to guide ifNN studies: 1) use a  
23 whole brain parcellation to define network nodes, including subcortical and cerebellar regions, 2)  
24 construct functional networks using spontaneous brain activity in multiple slow bands, 3) optimize  
25 topological economy of networks at individual level, 4) characterise information flow with specific  
26 metrics of integration and segregation. We built an interactive online resource of reliability assessments  
27 for future ifNN ([ibraindata.com/research/ifNN](http://ibraindata.com/research/ifNN)).

## AUTHOR SUMMARY

28 It is an essential mission for neuroscience to understand the individual differences in brain function.  
29 Graph or network theory offer novel methods of network neuroscience to address such a challenge. This  
30 article documents optimal strategies on the test-retest reliability of measuring individual differences in  
31 intrinsic brain networks of spontaneous activity. The analytical pipelines are identified to optimize for  
32 highly reliable, individualized network measurements. These pipelines optimize network metrics for high  
33 inter-individual variances and low inner-individual variances by defining network nodes with whole-brain  
34 parcellations, deriving the connectivity with spontaneous high-frequency slow-band oscillations,  
35 constructing brain graphs with topology-based methods for edge filtering, and favoring multi-level or  
36 multi-modal metrics. These psychometric findings are critical for translating the functional network  
37 neuroscience into clinical or other personalized practices requiring neuroimaging markers.

## INTRODUCTION

38 Over the past two decades, network neuroscience has helped transform the field of neuroscience  
39 (D. Bassett et al., 2020), providing a quantitative methodology framework for modeling brains as graphs  
40 (or networks) composed of nodes (brain regions) and edges (their connections), namely connectomics  
41 (Sporns, 2013a). The organization and topology of macro-scale brain networks can be characterized by a  
42 growing suite of connectomic measurements including efficiency, centrality, clustering, small-world  
43 topology, rich-club, etc (Craddock et al., 2013). In parallel, resting-state fMRI (rfMRI) has opened up  
44 new avenues towards understanding the intrinsic human brain function (Biswal et al., 2010). In  
45 conjunction with network neuroscience, rfMRI has led to the emergence of a multidisciplinary field,

46 intrinsic functional connectomics or network neuroscience (ifNN), in which the brain's intrinsic,  
47 interregional connectivity is estimated from rfMRI recordings. It has been widely used to investigate the  
48 system-level organization of the human brain function and its relationship with individual differences  
49 (Dubois & Adolphs, 2016) in developmental (Zuo et al., 2017), socio-cultural (Pessoa, 2018) and clinical  
50 conditions (Fornito, Zalesky, & Breakspear, 2015).

51 Highly reliable measurements are essential for studying individual differences. In general, reliability  
52 characterises a proportion of measurement variability between different subjects relative to the overall  
53 variability including both between-subject and within-subject (i.e., random) components (Xing & Zuo,  
54 2018). It is commonly used to assess the consistency or agreement between measurements, or the ability  
55 to obtain consistent measures over time. Beyond that, it can also serve as a measure of discriminability  
56 (Xing & Zuo, 2018; Zuo, Biswal, & Poldrack, 2019; Zuo, Xu, & Milham, 2019). For example, if a  
57 measurement can more sufficiently capture individual characteristics (i.e., better differentiate a group of  
58 individuals), it will produce higher between-subject variability and thus higher reliability than a  
59 measurement underestimating the between-subject variability. Such reliability concept has  
60 well-established statistical theory and applications in fields such as psychology (Elliott, Knott, Caspi,  
61 Moffitt, & Hariri, 2021) and medicine (Kraemer, 2014) where it is used in psychometric theory and  
62 diagnosis theory, respectively. Specifically, in psychology, reliability is important for assessing the  
63 validity of psychological tests, and in medicine, it is important for accurately diagnosing and treating  
64 patients. In the field of human brain mapping, more recent studies have demonstrated that the  
65 measurement reliability is equivalent to the "fingerprint" or discriminability of the measurement under  
66 the Gaussian distribution (Bridgeford et al., 2021; Milham, Vogelstein, & Xu, 2021). Therefore, the  
67 optimization of measurement reliability of the individual differences can help guide ifNN processing and  
68 analysis pipelines for individualized or personalized (e.g., neurodevelopmental (Herting, Gautam, Chen,  
69 Mezher, & Vetter, 2018) or clinical (Matthews & Hampshire, 2016)) research.

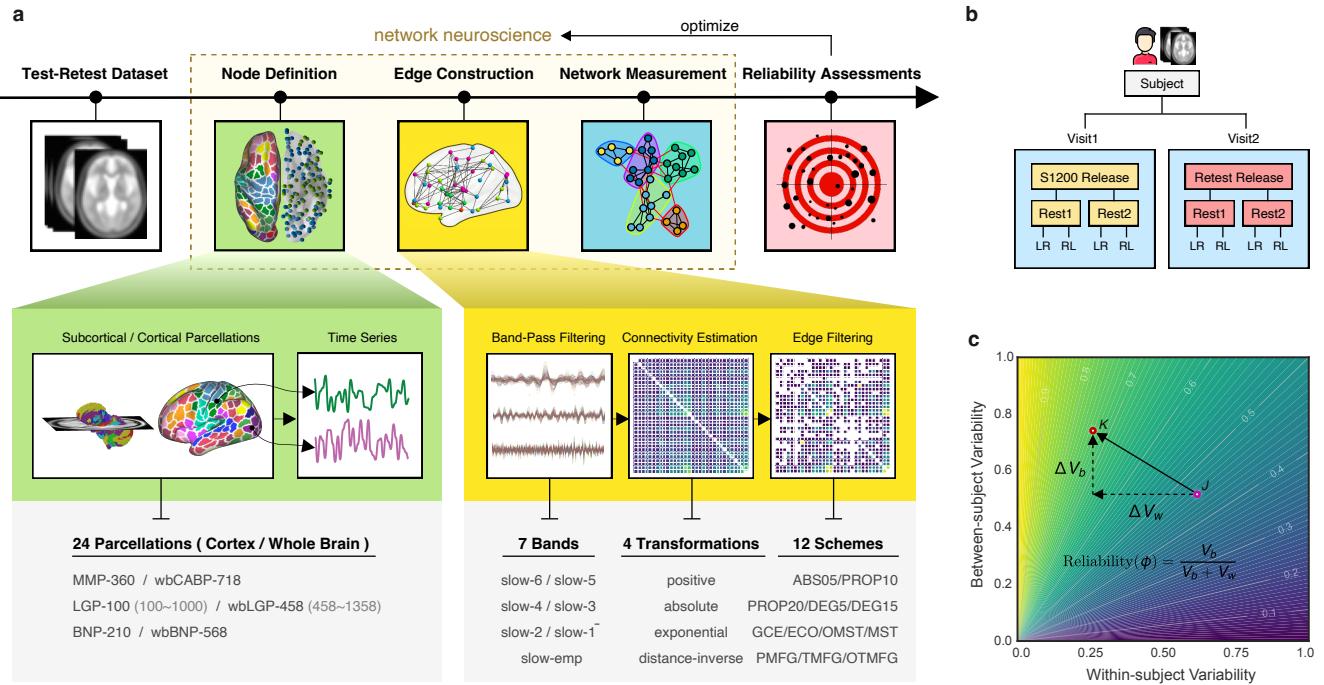
70 Previous studies have demonstrated that many functional network measurements with rfMRI have  
71 limited reliability (Noble, Scheinost, & Constable, 2019; Zuo & Xing, 2014). These low levels of  
72 reliability could be an indication of failure in handling individual variability at different levels (Elliott,  
73 Knott, & Hariri, 2021; Hallquist & Hillary, 2019). In particular, experimental design and processing  
74 decisions related to scan duration, determining frequency range, and regressing global signal have

75 impacts on rfMRI measurements and thus their reliability (Noble et al., 2019; Zuo et al., 2013). Although  
76 less focused on reliability, existing network neuroscience studies revealed that their findings are  
77 influenced by choices of parcellation templates (Bryce et al., 2021; Wang et al., 2009), edge construction  
78 and definition, and choice of graph metrics (Liang et al., 2012). How these decisions affect the  
79 measurement reliability in ifNN deserves further investigation. These analytical choices have been  
80 implemented in different software packages but can vary from one package to another, and thus introduce  
81 more analytic variability (Botvinik-Nezer et al., 2020). Beyond limited examinations on reliability  
82 (Aurich, Filho, da Silva, & Franco, 2015; Braun et al., 2012; Termenon, Jaillard, Delon-Martin, &  
83 Achard, 2016), a systematic investigation into the measurement reliability is warranted to guide ifNN  
84 software use and analyses.

85 We conducted a systematic ifNN reliability analysis using the test-retest rfMRI data from the Human  
86 Connectome Project (HCP). The HCP has developed its imaging acquisition and data pre-processing  
87 (Glasser et al., 2013) by integrating various strategies optimized for reliability in previous studies (Noble  
88 et al., 2019; Noble, Scheinost, & Constable, 2021; Zuo & Xing, 2014; Zuo et al., 2013). We thus analyzed  
89 the minimally pre-processed HCP rfMRI data and focused our work on four key post-analytic stages:  
90 node definition, edge construction, network measurement, and reliability assessments. In the end, we  
91 propose a set of principles to guide researchers in performing reliable ifNN, advancing the field-standard  
92 call for the best practices in network neuroscience. We released all the codes and reliability data by  
93 building an online platform for sharing the data and computational resources to foster future ifNN.

## MATERIALS AND METHODS

108 A typical analysis pipeline in ifNN includes steps for node definition (parcellations) and edge  
109 construction (frequency bands, connectivity estimation and filtering schemes) (Fig. 1a). To determine an  
110 optimal pipeline, we combine the most reliable strategies across different parts of the analysis by  
111 comparing the reliability of derived global network metrics. The HCP test-retest data were employed for  
112 reliability evaluation (Fig. 1b) using the intraclass correlation (ICC) statistics on the measurement  
113 reliability. Overall reliability assessments associated with the various analytic strategies as well as their  
114 impact on between- and within-subject variability (Fig. 1c) are investigated. We calculated the  
115 between-subject variability ( $V_b$ ) and within-subject variability ( $V_w$ ) and normalized them to values



94 **Figure 1. Analytical pipelines for reliable ifNN.** a) There are five stages during our analyses: (1) test-retest dataset (white box) downloaded from HCP  
95 website, (2) node definition (green box) defining nodes using a set of brain areas of 24 different partitions of the human brain, (3) edge construction (yellow  
96 box) estimating individual correlation matrices using the six frequency bands (slow 1-6) from Buzsaki's theoretical framework on the brain oscillations as  
97 well as the widely used empirical frequency band (Slow-emp) and transferring these matrices into adjacency matrices using  $7 \times 4 \times 12$  different strategies on  
98 edge construction including band-pass filtering, connectivity estimation and edge filtering, (4) network analysis (blue box) systematically calculating various  
99 brain graph metrics on measurements of information flow, and (5) reliability assessment (red box) evaluating test-retest reliability with massive linear mixed  
100 models. b) The test-retest data shared multimodal MRI datasets of 46 subjects in the HCP S1200 release and the HCP Retest release. Each subject underwent  
101 the first four test scans on two days (two scans per day: Rest1 and Rest2) and return several months later to finish the four retest scans on another two  
102 days. c) Measurement reliability refers to the inter-individual or between-subject variability  $V_b$  relative to the intra-individual or within-subject variability  $V_w$ .  
103 Variability of both between-subject ( $V_b$ ) and within-subject ( $V_w$ ) are normalized into between 0 and 1 by the total sample variances. Their changes ( $\Delta V_b$  and  
104  $\Delta V_w$ ) introduce a reliability gradient as represented by the vector (the black arrow). The length of the arrow reflects the amplitude of reliability changes when  
105 the reliability assessment from one choice (pink circle,  $J$ ) to another choice (red circle,  $K$ ). Further, the arrow's direction ( $JK$ ) indicates the sources of this  
106 reliability change. Here the reliability becomes from moderate to substantial level with increases of between-subject variability ( $\Delta V_b > 0$ ) and decreases of  
107 within-subject variability ( $\Delta V_w < 0$ ).

116 between 0 and 1 by the total sample variances. The changes in these variability measures,  $\Delta V_b$  and  $\Delta V_w$ ,  
117 were used to create a reliability gradient represented by a vector. The length of the arrow reflects the  
118 amplitude of the change in reliability when comparing one choice (pink circle,  $J$ ) to another choice (red  
119 circle,  $K$ ). The direction of the arrow, JK, indicates the sources of the change in reliability. In this case,  
120 the reliability increases from a moderate to a substantial level with an increase in between-subject  
121 variability ( $\Delta V_b > 0$ ) and a decrease in within-subject variability ( $\Delta V_w < 0$ ). We then determine the  
122 optimized pipelines based on the highest reliability measurements, while documenting the derived both  
123 global and local network metrics and both their reliability and variability at an individual level.

124 Specifically, using the HCP test-retest dataset, our analytic procedure implemented the four  
125 post-analytic stages: node definition, edge construction, network measurement and reliability  
126 assessments. The test-retest rfMRI dataset underwent the standardized preprocessing pipeline developed  
127 by the HCP team (Glasser et al., 2013). The second step defines nodes (green box) using sets of brain  
128 areas based on 24 partitions, and then extracts the nodal time series. During the third step (yellow box),  
129 individual correlation matrices are first estimated based upon the six frequency bands derived from  
130 Buzsaki's theoretical framework on brain oscillations (Buzsaki & Draguhn, 2004) along with the  
131 classical band widely used (0.01 - 0.08 Hz). These matrices are then converted into adjacency matrices  
132 using  $4 \times 12 = 48$  strategies on edge filtering. In the fourth step, we performed graph analyses (blue box)  
133 by systematically calculating the brain graph metrics at global, modular and nodal scales. Finally,  
134 test-retest reliability was evaluated (red box) as ICCs with the linear mixed models. We present details of  
135 these analyses in the following sections.

### 136 **Test-Retest Dataset**

137 The WU-Minn Consortium in HCP shared a set of test-retest multimodal MRI datasets of 46 subjects  
138 from both the S1200 release and the Retest release. These subjects were retested using the full HCP 3T  
139 multimodal imaging and behavioral protocol. Each subject underwent the four scans on two days (two  
140 scans per day: Rest1 versus Rest2) during the first visit and returned several months later to finish the  
141 four scans on another two days during the second visit (Fig. 1b). The test-retest interval ranged from 18  
142 to 328 days (mean: 4.74 months, standard deviation: 2.12 months). Only 41 subjects (28 females, age  
143 range: 26-35 years; 13 males, age range: 22-33 years) had full length rfMRI data across all the eight

144 scans, 2 visits  $\times$  2 days  $\times$  2 (LR and RL encoding directions), and were included in the subsequent  
145 analyses. Then we averaged across the RL and LR encodings for each day, so each subject had 4 repeated  
146 measurements in the ICC estimation. This sample size is larger than the minimal sample size ( $N = 35$ )  
147 for fair reliability with 80% power and significance level of 0.05 based on the above mentioned test-retest  
148 design (4 observations per subject) (Bujang & Baharum, 2017). The HCP rfMRI protocols for scanning  
149 and preprocessing images have been optimized for reliability .

150 During the scanning, participants were instructed to keep their eyes open and to let their mind wander  
151 while fixating on a cross-hair projected on a dark background. Data were collected at the 3T Siemens  
152 Connectome Skyra MRI scanner with a 32-channel head coil. All functional images were acquired using  
153 a multiband gradient-echo EPI imaging sequence (2mm isotropic voxel, 72 axial slices, TR = 720ms, TE  
154 = 33.1ms, flip angle = 52°, field of view = 208  $\times$  180 mm<sup>2</sup>, matrix size = 104  $\times$  90 and a multiband factor  
155 of 8). A total of 1200 images was acquired for a duration of 14 min and 24 s. Details on the imaging  
156 protocols can be found in (Smith et al., 2013).

157 The protocols of rfMRI image preprocessing and artifact-removal procedures are documented in detail  
158 elsewhere and generated the minimally preprocessed HCP rfMRI images. Artifacts were removed using  
159 the ICA-based X-noiseifier (ICA + FIX) procedure, followed by MS-MAll for inter-subject registration.  
160 The preprocessed rfMRI data were represented as a time series of grayordinates (4D), combining both  
161 cortical surface vertices and subcortical voxels (Glasser et al., 2013).

## 162 ***Node Definition***

163 A brain graph defines a node as a brain area, which is generally derived by an element of brain  
164 parcellation (parcel) according to borders or landmarks of brain anatomy, structure or function as well as  
165 an element of volume (voxel) in imaging signal acquisition or a cluster of voxels (Sporns, 2013b). Due to  
166 the high computational demand of voxel-based brain graph, in this study we defined nodes as parcels  
167 according to the following brain parcellation strategies (Fig. 2a). A surface-based approach has been  
168 demonstrated to outperform other approaches for fMRI analysis (Coalson, Van Essen, & Glasser, 2018;  
169 Zuo et al., 2013) and thus the nodes are defined in the surface space (total 24 surface parcellation  
170 choices). Of note, we adopted a naming convention for brain parcellations as follows:  
171 ‘*ParcAbbr-NumberOfParcels*’ (e.g., LGP-100 or its whole-brain version wbLGP-458).

172 **HCP Multi-Modal Parcellation (MMP)** A cortical parcellation generated from multi-modal images of  
173 210 adults from the HCP database, using a semi-automated approach (Glasser et al., 2016). Cortical  
174 regions are delineated with respect to their function, connectivity, cortical architecture, and  
175 topography, as well as, expert knowledge and meta-analysis results from the literature (Glasser et  
176 al., 2016). The atlas contains 180 parcels for each hemisphere.

177 **Local-Global Parcellation (LGP)** A gradient-weighted Markov Random Field model integrating local  
178 gradient and global similarity approaches produces the novel parcellations (Schaefer et al., 2018).  
179 The final version of LGP comes with a multi-scale cortical atlas including 100, 200, 300, 400, 500,  
180 600, 700, 800, 900, and 1000 parcels (equal numbers across the two hemispheres). One benefit of  
181 using LGP is to have nodes with almost the same size, and these nodes are also assigned to the  
182 common large-scale functional networks (Thomas Yeo et al., 2011).

183 **Brainnetome Parcellation (BNP)** Both anatomical landmarks and connectivity-driven information are  
184 employed to develop this volumetric brain parcellation (Fan et al., 2016). Specifically, anatomical  
185 regions defined as in (Desikan et al., 2006) are parcellated into subregions using functional and  
186 structural connectivity fingerprints from HCP datasets. Cortical parcels are obtained by projecting  
187 their volume space to surface space. It is noticed that the original BNP contains both cortical (105  
188 areas per hemisphere) and subcortical (36 areas) regions but only the 210 cortical parcels are  
189 included for the subsequent analyses.

190 **Whole-Brain Parcellation (wb)** Inclusion of subcortical areas has been shown unignorable influences  
191 on brain graph analyses (D. Greene et al., 2020; Noble et al., 2019), and we thus also constructed  
192 brain graphs with subcortical structures in volume space as nodes by adding these nodes to the  
193 cortical brain graphs. To get a high-resolution subcortical parcellation, we adopted the 358  
194 subcortical parcels in (Ji et al., 2019). The authors employed data of 337 unrelated HCP healthy  
195 volunteers and extended the MMP cortical network partition into subcortex. This results a set of  
196 whole-brain parcellations by combining these subcortical parcels with the aforementioned cortical  
197 parcellations, namely **wbMMP**, **wbLGP** and **wbBNP**. We noticed that the wbMMP-718 has been  
198 named by the authors of (Ji et al., 2019) as the Cole-Anticevic Brain-wide Network Partition, and  
199 we thus renamed the wbMMP-718 as wbCABP-718 for consistency.

200 **Edge Construction**

201 After defining the node with each parcellation, in each parcel, regional mean time series were estimated  
202 by averaging the vertex time series at each time point. To construct an edge between a pair of nodes, their  
203 representative time series entered into the following steps in order: *band-pass filtering*, *inter-node*  
204 *connectivity transformation*, and *edge filtering*.

205 *Band-Pass Filtering* Resting-state functional connectivity studies have typically focused on fluctuations  
206 below 0.08 Hz or 0.1 Hz (Biswal, Zerrin Yetkin, Haughton, & Hyde, 1995; Fox & Raichle, 2007), and  
207 assumed that only these frequencies contribute significantly to inter-regional functional connectivity (FC)  
208 while other frequencies are artifacts (Cordes et al., 2001). In contrast, however, other studies have found  
209 that specific frequency bands of the rfMRI oscillations make unique and neurobiologically meaningful  
210 contributions to resting-state functional connectivity (Salvador et al., 2005; Zuo & Xing, 2014). More  
211 recently, with fast fMRI methods, some meaningful FC patterns were reported across much higher  
212 frequency bands (Boubela et al., 2013). These observations motivate exploring a range of frequency  
213 bands beyond those typically studied in resting-state functional connectivity studies.

214 Buzsaki and Draguhn (Buzsaki & Draguhn, 2004) proposed a hierarchical organization of frequency  
215 bands driven by the natural logarithm linear law. This offers a theoretical template for partitioning rfMRI  
216 frequency content into multiple bands (Fig. 3a). The frequencies occupied by these bands have a  
217 relatively constant relationship to each other on a natural logarithmic scale and have a constant ratio  
218 between any given pair of neighboring frequencies (Buzsáki, 2009). These different oscillations are  
219 linked to different neural activities, including cognition, emotion regulation, and memory (Achard,  
220 Salvador, Whitcher, Suckling, & Bullmore, 2006; Buzsáki, 2009; Fox & Raichle, 2007). Advanced by  
221 the fast imaging protocols offered by the HCP scanner, the short scan interval (TR = 720ms) allows us to  
222 obtain more oscillation classes than the traditional rfMRI method. We incorporate the Buzsaki's  
223 framework (Buzsaki & Draguhn, 2004; Penttonen & Buzsáki, 2003) with the HCP fast-TR datasets by  
224 using the DREAM toolbox (Gong et al., 2021) in the Connectome Computation System (Xing, Xu, Jiang,  
225 Wang, & Zuo, 2022; Xu, Yang, Jiang, Xing, & Zuo, 2015). It decomposed the time series into the six  
226 slow bands as illustrated in Fig. 3a.

227 *Connectivity Transformation* For each scan, individual nodal representative time series were band-pass  
228 filtered with each of the six frequency bands, and another empirical frequency band, slow-emp  
229 (0.01-0.08Hz). The Pearson's correlation  $r_{ij} \in [-1, 1]$  between the filtered time series of each pair of  
230 nodes  $i = 1, \dots, N, j = 1, \dots, N$  was calculated ( $N$  is the number of nodes). These correlation values  
231 provided an estimation on the edge strengths between the two nodes, and formed a  $N \times N$  symmetric  
232 correlation matrix  $R = (r_{ij})$  for each given subject, scan, parcellation, and frequency band.

Many network metrics are not well defined for negatively weighted connections. In order to ensure that the connection weights are positive only, we applied four types of transformations to the symmetric correlation matrix: the **positive** (Eq.pos), **absolute** (Eq.abs), **exponential** (Eq.exp) and **distance-inverse** (Eq.div) functions, respectively. This avoids the negative values in the inter-node connectivity matrix  $W = (w_{ij})$  where  $z_{ij} = \tanh^{-1}(r_{ij})$  is Fisher's  $z$ -transformation.

$$w_{ij} = \frac{z_{ij} + |z_{ij}|}{2} \in [0, \infty) \quad (\text{pos})$$

$$w_{ij} = |z_{ij}| \in [0, \infty) \quad (\text{abs})$$

$$w_{ij} = e^{z_{ij}} \in [0, \infty) \quad (\text{exp})$$

$$w_{ij} = \frac{2}{\sqrt{2 \times (1 - r_{ij})}} \in (0, \infty) \quad (\text{div})$$

233 The connectivity matrix represents a set of the node parcels and relational quantities between each pair  
234 of the nodes, and will serve as the basis of following edge filtering procedure for generation of the final  
235 brain graphs.

236 *Edge Filtering* In a graph, edges represent a set of relevant interactions of crucial importance to obtain  
237 parsimonious descriptions of complex networks. Filtering valid edges can be highly challenging due to  
238 the lack of 'ground truth' of the human brain connectome. To provide a reliable way of building  
239 candidate edges, we sampled the following 12 schemes on edge filtering and applied them to the  
240 connectivity matrices.

241 **Absolute Weight Thresholding (ABS)** This approach selects those edges that exceed a manually  
242 defined absolute threshold (e.g., correlations higher than 0.5), setting all correlations smaller than  
243 0.5 to 0 ( $ABS_{05}$ ). This is a simple approach to reconstruct networks Hagmann et al. (2007).

244 **Proportional Thresholding (PROP)** It is a common step in the reconstruction of functional brain  
245 networks to ensure equal edge density across subjects (D. Bassett et al., 2009; Rubinov, Sporns, van  
246 Leeuwen, & Breakspear, 2009; van den Heuvel et al., 2017). It keeps the number of connections  
247 fixed across all individuals to rule out the influence of network density on the computation and  
248 comparison of graph metrics across groups. This approach includes the selection of a fixed  
249 percentage of the strongest connections as edges in each individual network or brain graph.  
250 Compared to ABS, PROP has been argued to reliably separate density from topological effects  
251 (Braun et al., 2012; Ginestet, Nichols, Bullmore, & Simmons, 2011) and to result in more stable  
252 network metrics (Garrison, Scheinost, Finn, Shen, & Constable, 2015). This makes it a commonly  
253 used approach for network construction and analysis in disease-related studies. Here, we focused on  
254 two thresholds that are commonly reported in the literature: 10% ( $PROP_{10}$ ) and 20% ( $PROP_{20}$ ).

255 **Degree Thresholding (DEG)** The structure of a graph can be biased by the number of existing edges.  
256 Accordingly, statistical measures derived from the graph should be compared against graphs that  
257 preserve the same average degree,  $K$ . A threshold of the degree can be chosen to produce graphs  
258 with a fixed mean degree (e.g.,  $K = 5$ ,  $DEG_5$ ), which is the average nodal degrees of an individual  
259 graph from a single subject's scan. Many network neuroscience studies have taken this choice for  
260  $K = 5$  (S. I. Dimitriadis, Laskaris, Del Rio-Portilla, & Koudounis, 2009; Micheloyannis et al.,  
261 2006; Milo et al., 2002; Stam, Jones, Nolte, Breakspear, & Scheltens, 2006). We also include the  
262  $DEG_{15}$  for denser graphs of the brain networks.

263 **Global Cost Efficiency Optimization (GCE)** Given a network with a cost  $\rho$ , its global efficiency is a  
264 function of the cost  $E_g(\rho)$ , and its GCE is  $J(\rho) = E_g(\rho) - \rho$ . Several studies suggested that brain  
265 networks, in particular those with small-world topology, maximize their global-cost efficiency  
266 (D. S. Bassett et al., 2008), i.e.,  $J^{max} = \max_{\rho} J(\rho)$ . Computationally, this scheme is implemented  
267 by looping all network costs (e.g., adding edges with weights in order) to find the  $J^{max}$  (see Fig. 2b)  
268 where the corresponding edge weight was determined as the threshold for edge filtering. In this

269 sense, GCE is an individualised and optimised version of ABS, PROP and DEG while the latter  
270 three are commonly employed with a fixed threshold for all individuals.

271 **Overall Efficiency Cost Optimization (ECO)** Both global and local efficiency are important graph  
272 features to characterize the structure of complex systems in terms of integration and segregation of  
273 information (Latora & Marchiori, 2001). ECO was proposed to determine a network density  
274 threshold for filtering out the weakest links (De Vico Fallani, Latora, & Chavez, 2017). It maximizes  
275 an extension of  $J^{max}$ , the ratio between the overall (both global and local) efficiency and its wiring  
276 cost  $\max_{\rho} J^{ext}(\rho) = (E_g(\rho) + E_{loc}(\rho))/\rho$  where  $E_{loc}$  denotes the network local efficiency. The  
277 study (Latora & Marchiori, 2001) also demonstrated that, to maximize  $J$ , these networks have to be  
278 sparse with an average node degree  $K \simeq 3$ .

279 **Minimum Spanning Tree (MST)** This is an increasingly popular method for identifying the smallest  
280 and most essential set of connections while ensuring that the network forms a fully connected graph  
281 (Guo, Qin, Chen, Xu, & Xiang, 2017; Meier, Tewarie, & Van Mieghem, 2015; Otte et al., 2015; van  
282 Nieuwenhuizen et al., 2018). The tenet of using MST is to summarize information and index  
283 structure of the graph, and thus remove edges with redundant information (Mantegna, 1999).  
284 Specifically, an MST filtered graph will contain  $N$  nodes connected via  $N - 1$  connections with  
285 minimal cost and no loops. This addresses key issues in existing topology filtering schemes that rely  
286 on arbitrary and user-specified absolute thresholds or densities.

287 **Orthogonal Minimum Spanning Tree (OMST)** This topological filtering scheme was proposed  
288 recently (S. Dimitriadis, Antonakakis, Simos, Fletcher, & Papanicolaou, 2017) to maximize the  
289 information flow over the network *versus* the cost by selecting the connections via the OMSTs. It  
290 samples the full-weighted brain network over consecutive rounds of MST that are orthogonal to  
291 each other (see Fig. 2b). Practically, we extracted the 1st MST, and then we cleared their  
292 connections and we tracked the 2nd MST from the rest of the network connections, etc. Such an  
293 iterative procedure (stopped by the  $M$ th MST) can get orthogonal MSTs and topologically filter  
294 brain network by optimizing the GCE under the constraints by the MST, leading to an integration of  
295 both GCE and MST

$$\max_{n \in [1, M]} J(\rho(n\text{MSTs})) = E_g(\rho(n\text{MSTs})) - \rho(n\text{MSTs})$$

287 **Planar Maximally Filtered Graph (PMFG)** The idea underneath PMFG (Tumminello, Aste,  
288 Di Matteo, & Mantegna, 2005) is to filter a dense matrix of weights by retaining the largest possible  
289 subgraph while imposing global constraints on the derived network topology. Edges with the strong  
290 connection weights are retained while constraining the subgraph to be a (spanning) tree globally.  
291 Similarly, during the PMFG construction, the largest weights are retained while constraining the  
292 subgraph to be a planar graph globally. The PMFG algorithm searches for the maximum weighted  
293 planar subgraph by adding edges one by one. The resulting matrix is sparse with  $3(N - 2)$  edges. It  
294 starts by sorting all the edges of a dense matrix of weights in non-increasing order and tries to insert  
295 every edge in the PMFG. Edges that violate the planarity constraint are discarded.

296 **Triangulated Maximally Filtered Graph (TMFG)** The algorithm for implementing PMFG is  
297 computationally expensive, and is therefore impractical when applied to large brain networks  
298 (Massara, Di Matteo, & Aste, 2016). A more efficient algorithms, TMFG, was developed that  
299 exhibited greatly reduced computational complexity compared to PMFG. This method captures the  
300 most relevant information between nodes by approximating the network connectivity matrix with  
301 the endorsement association matrix and minimizing spurious associations. The TMFG derived  
302 network contains 3-node (triangle) and 4-node (tetrahedron) cliques, imposing a nested hierarchy  
303 and automatically generates a chordal network (Massara et al., 2016; Song, Di Matteo, & Aste,  
304 2012). Although TMFG is not widely applied in network neuroscience studies, it as been applied  
305 elsewhere and proven to be a suitable choice for modeling interrelationships between psychological  
306 constructs like personality traits (Christensen, Kenett, Aste, Silvia, & Kwapił, 2018).

307 **Orthogonal TMF Graph (OTMFG)** To combine both the TMFG's efficiency and OMST's accuracy,  
308 we propose OTMFG to maximize the information flow over the network *versus* the cost by selecting  
309 the connections of the orthogonal TMFG. It samples the full-weighted brain network over  
310 consecutive rounds of TMFG that are orthogonal to each other.

311 In summary, as illustrated in Fig. 4a, the 12 edge filtering schemes transform a fully weighted matrix  
312 into a sparse matrix to represent the corresponding brain network. They can be categorized into two  
313 classes: threshold-based *versus* topology-based schemes. ABS<sub>05</sub>, PROP<sub>10</sub>, PROP<sub>20</sub>, DEG<sub>5</sub>, DEG<sub>15</sub>, ECO  
314 and GCE rely on a threshold for filtering and retaining edges with higher weights than the threshold.  
315 These schemes normally ignore the topological structure of the entire network and can result in isolated

316 nodes. In contrast, the topology-based methods including MST, OMST, PMFG, TMFG and OTMFG, all  
 317 consider the global network topology in determining which edges to retain. As illustrated in Fig. 4b, all  
 318 the schemes are plotted in the  $\rho - J^{max}$  plane for their network economics.

319

**Table 1.** A list of the employed network metrics derived with graph theory

Scale	Measure	Attribute	Symbol	Reference
Global	integration	global efficiency of the network	$Eg$	Latora & Marchiori, 2001
		average shortest path length of the network	$Lp$	Watts & Strogatz, 1998
		pseudo diameter of the network	$D$	Bouttier, Di Francesco, & Guitter, 2003
Global	segregation	clustering coefficient of the network	$Cp$	Watts & Strogatz, 1998
		local efficiency of the network	$E_{local}$	Latora & Marchiori, 2001
		modularity of the network	$Q$	Newman, 2004
		transitivity of the network	$Tr$	Newman, 2003
		local characteristic path length of nodes	$Lp_i$	Watts & Strogatz, 1998
Nodal	centrality	efficiency of nodes	$E_{nodal,i}$	Latora & Marchiori, 2001
		local efficiency of nodes	$E_{local,i}$	Latora & Marchiori, 2001
		clustering coefficient of nodes	$Cp_i$	Watts & Strogatz, 1998
		pagerank centrality of nodes	$Pc_i$	Page, Brin, Motwani, & Winograd, 1999
		degree centrality of nodes	$Dc_i$	Pastor-Satorras, Vázquez, & Vespignani, 2001
		eigenvector centrality of nodes	$Ec_i$	Newman, 2008
		resolvent centrality of nodes	$Rc_i$	Estrada & Higham, 2010
		subgraph centrality of nodes	$Sc_i$	Estrada & Rodriguez-Velazquez, 2005
		betweenness centrality of nodes	$Bc_i$	Freeman, 1978

320 **Network Analysis**

321 We performed graph-theory-driven network analysis by calculating several common graph-based metrics  
 322 for the resulting graphs. These measures, broadly, can be interpreted based on whether they characterize

323 the extent to which network structure allows for integrated or segregation information flow. Examples of  
 324 integrative measures include average shortest path length ( $L_p$ ), global efficiency ( $E_g$ ), and pseudo  
 325 diameter ( $D$ ). Segregation measures include clustering coefficient ( $C_p$ ), local efficiency ( $E_{local}$ ),  
 326 transitivity ( $Tr$ ), modularity ( $Q$ ), and a suite of nodal centrality measures (Table 1). All the metrics are  
 327 calculated using the Brain Connectivity Toolbox (Rubinov & Sporns, 2010). We employed **graph-tool**  
 328 (<https://graph-tool.skewed.de>) and **NetworkKit** (<https://networkkit.github.io>) to  
 329 achieve high performance comparable (both in memory usage and computation time) to that of a pure  
 330 C/C++ library. We treated these metrics as the network measurements for subsequent reliability analysis.

331 **Reliability Assessments**

332 Measurement reliability is defined as the extent to which measurements can be replicated across multiple  
 333 repeated measures. Test-retest reliability is the closeness of the agreement between the results of  
 334 successive measurements of the same measure and carried out under the same conditions of  
 335 measurement.

*Linear mixed models* As a group-level statistic, reliability refers to the inter-individual or between-subject variability  $V_b$  relative to the intra-individual or within-subject variability  $V_w$ . Both the intra- and inter-individual variances can be estimated using linear mixed model (LMM). In this study, given a functional graph metric  $\phi$ , we considered a random sample of  $P$  subjects with  $N$  repeated measurements of a continuous variable in  $M$  visits.  $\phi_{ijk}$  (for  $i = 1, \dots, N$  and  $j = 1, \dots, M$ , and  $k = 1, \dots, P$ ) denotes the metric from the  $k^{\text{th}}$  subject's  $j^{\text{th}}$  visit and  $i^{\text{th}}$  measurement occasions. The three-level LMM models  $\phi_{ijk}$  as the following equations:

$$\text{Graph metric } \phi_{ijk} = \underbrace{\gamma_{000}}_{\text{fixed intercept}} + \underbrace{p_{0k}}_{\text{random intercepts level 3, subjects}} + \underbrace{v_{0jk}}_{\text{random intercepts level 2, visits}} + \underbrace{e_{ijk}}_{\text{random residuals}}$$

336 where  $\gamma_{000}$  is a fixed parameter (the group mean) and  $p_{0k}$ ,  $v_{0jk}$  and  $e_{ijk}$  are independent random effects  
 337 normally distributed with a mean of 0 and variances  $\sigma_{p0}^2$ ,  $\sigma_{v0}^2$ , and  $\sigma_e^2$ . The term  $p_{0k}$  is the subject effect,  
 338  $v_{0jk}$  is the visit effect and  $e_{ijk}$  is the measurement residual. Age, gender and interval ( $\Delta t$ ) between two  
 339 visits are covariants.

*ICC Estimation* These variances are used to calculate the test-retest reliability, which is measured by the dependability coefficient and reflects the absolute agreement of measurements. The dependability coefficient is a form of ICC commonly, which is the ratio of the variances due to the object of measurement versus sources of error. To avoid negative ICC values and obtain more accurate estimation of the sample ICC, the variance components in model are usually estimated with the restricted maximum likelihood (ReML) approach with the covariance structure of an unrestricted symmetrical matrix (Zuo et al., 2013).

$$\text{Reliability}(\phi) = \frac{V_b}{V_b + V_w} = \frac{\sigma_{p0}^2}{\sigma_{p0}^2 + \sigma_e^2} \quad (\text{ICC})$$

340 The ICC statistics on the measurement reliability are categorized into five common levels:  
341  $0 < \text{ICC} \leq 0.2$  (**slight**);  $0.2 < \text{ICC} \leq 0.4$  (**fair**);  $0.4 < \text{ICC} \leq 0.6$  (**moderate**);  $0.6 < \text{ICC} \leq 0.8$   
342 (**substantial**); and  $0.8 < \text{ICC} < 1.0$  (**almost perfect**). A metric with moderate to almost perfect  
343 test-retest reliability ( $\text{ICC} \geq 0.4$ ) is commonly expected in practice. The ICC level should not be judged  
344 only based upon the point statistical estimation of ICC but its confidence intervals (CI) (Koo & Li, 2016).  
345 We employed the nonparametric conditional bootstrap method for 1000 times to estimate their 95% CIs.

346 *Statistics Evaluation* Our analyses can produce big data of 524,160 ICCs (419,328 for the global  
347 network metrics). These ICCs are grouped into four categories (parcellation, frequency band,  
348 connectivity transformation and edge filtering scheme), each of which has different choices. Given each  
349 choice of a category, we estimated its density distributions of ICCs and calculated two descriptive  
350 statistics: 1) mean ICC values, which measures the *general reliability* under the given choice; 2) number  
351 of almost perfect (noap) ICC values, which measures the *potential reliability* under the given choice.

352 We further perform Friedman rank sum test to evaluate whether the location parameters of the  
353 distribution of ICCs are the same in each choice. Once the Friedman test is significant, we employ the  
354 pairwise Wilcoxon signed rank test for post-hoc evaluations to compare ICCs between each pair of the  
355 distributions under different choices. The statistical significance levels are corrected with Bonferroni  
356 method for controlling the family wise error rate at a level of 0.05. We develop a method to visualize and  
357 evaluate the change of ICCs (i.e., reliability gradient) between different choices (Fig. 1c). Specifically,  
358 the reliability can be plotted as a function of  $V_b$  and  $V_w$  in its anatomy plane (Xing & Zuo, 2018; Zuo, Xu,  
359 & Milham, 2019). The gradient of reliability between two choices is modeled by the vector (i.e., the

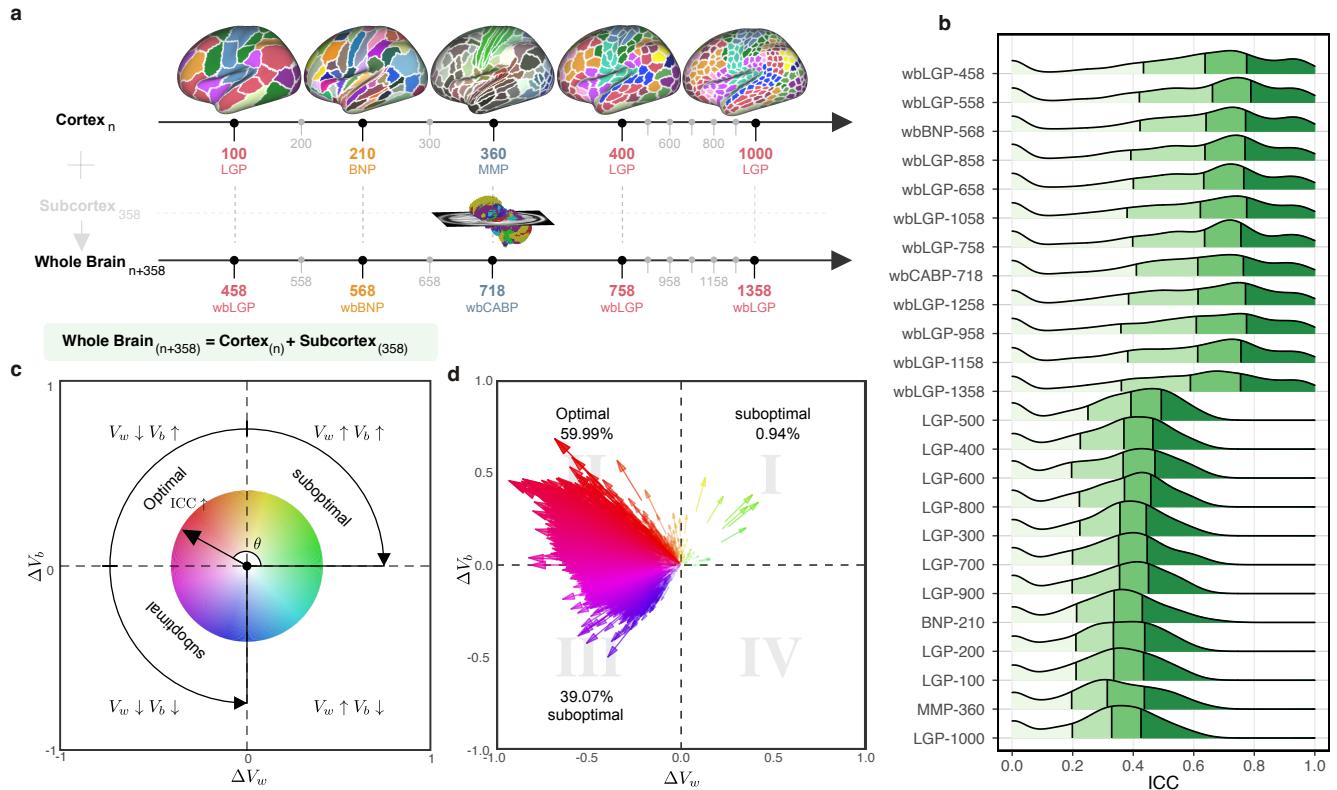
360 black arrow), and decomposed into changes of individual variability. The systematic evaluation on the  
361 reliability of the global network metrics determines the optimal network neuroscience by combining the  
362 most reliable pipeline choices, which further generated the nodal metrics' reliability.

## RESULTS

### 363 **Whole brain networks are more reliable than cortical networks**

364 We evaluated reliability based on 24 different parcellation choices (Fig. 2a). In the following parts of the  
365 paper, we name a parcellation as '*ParcAbbr-NumberOfParcels*' (e.g., LGP-100 or its whole-brain version  
366 wbLGP-458). We found significant differences in ICC distributions across the 24 parcellation choices  
367 (Fig. 2b, Friedman rank sum test:  $\chi^2 = 20379.07, df = 23, p < 2.2 \times 10^{-16}$ , effect size  
368  $W_{\text{Kendall}} = 0.377$ ). The mean ICCs range from slight (LGP-1000) to substantial (wbLGP-458). Given a  
369 particular parcellation and definition of nodes, we illustrate the density distribution of its ICCs under all  
370 other strategies (edge definition and metric derivation). Notably, whole-brain parcellations yield higher  
371 measurement reliability than parcellations of cerebral cortex on their own (the effect sizes  $> 0.65$ ). This  
372 improvement in reliability seems not simply a bi-product of having more parcels. We chose the  
373 parcellations in which the number of parcels ( $400 \leq n \leq 1000$ ) almost overlapped between the cortex  
374 and the whole brain, and found no correlation between the number of parcels and the median ICCs  
375 ( $r = -0.11, p = 0.7$ ). We report the mean ICC and the number of almost perfect (noap) ICCs ( $\geq 0.8$ ) as  
376 the descriptive statistics for the density distributions. The wbLGP-458 (mean ICC: 0.671; noap ICC:  
377 519), wbLGP-558 (mean ICC: 0.671; noap ICC: 540) and The wbBNP-568 (mean ICC: 0.664; noap  
378 ICC: 511) are the three most reliable choices (see more details of the post-hoc Wilcoxon signed rank test  
379 in Table S7). Among the cortical parcellations, the LGP-500 (mean ICC: 0.362; noap ICC: 0), LGP-400  
380 (mean ICC: 0.342; noap ICC: 0) and LGP-600 (mean ICC: 0.340; noap ICC: 0) are the three most  
381 reliable choices (Table S3).

394 To better understand the effect of introducing 358 subcortical parcels into the cortical parcellations, we  
395 decomposed the reliability changes into a two-dimensional representation of changes of individual  
396 variability (Fig. 2c,d). This idea was motivated by the analysis of reliability derived with individual  
397 variability (Xing & Zuo, 2018; Zuo, Xu, & Milham, 2019) as in Fig. 1c. For each ICC under a given  
398 parcellation choice, we calculated the related between-subject variability  $V_b$  and within-subject variability



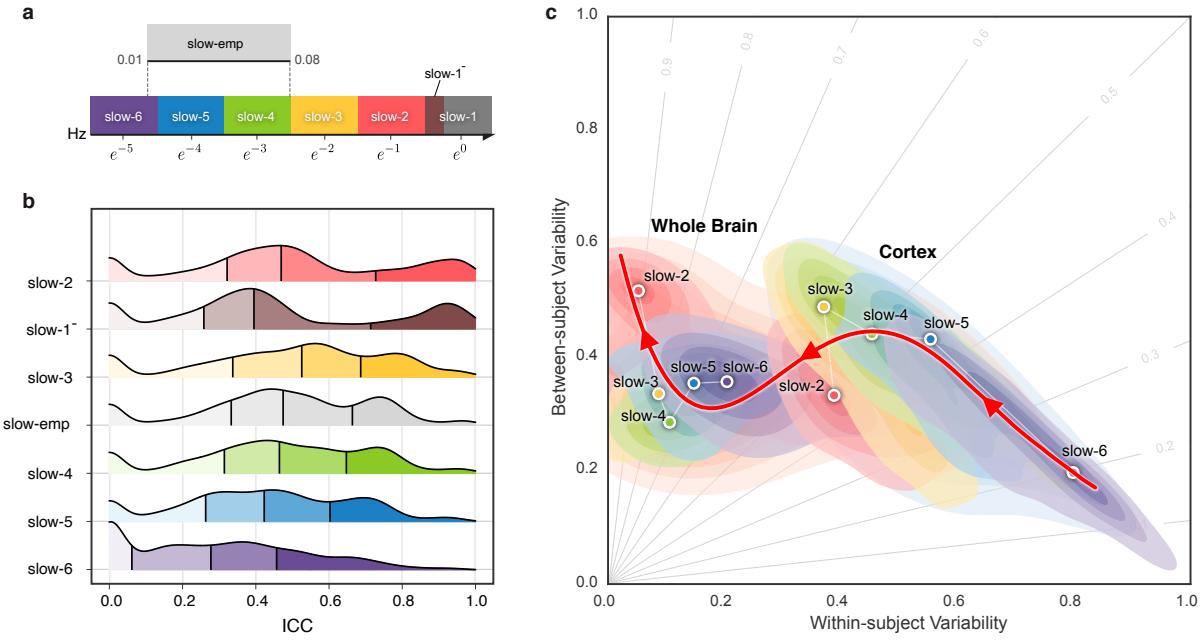
382 **Figure 2. Parcellation choices impact measurement reliability and individual variability.** a) Node definitions are derived from the process of spatially  
 383 partitioning the human cortex and whole brain (including both cortical and subcortical nodes) at various resolutions, see more details of these name abbreviations in **Methods**. b) Density plots are visualized for distributions of the ICCs under the various parcellation choices on node definition. These density distributions are ranked from top to bottom according to decreases of the mean ICCs while the four colors depict the four quantiles. c) Reliability gradient between any one whole-brain parcellation choice and its corresponding cortical parcellation choice is decomposed into the axis of changes of the between-subject variability ( $\Delta V_b$ ) and the axis of changes of the within-subject variability ( $\Delta V_w$ ). This gradient can be represented as an vector, which is the black arrow from the origin with an angle  $\theta$  with the  $x$ -axis while the color encodes this angle and the transparency or the length reflects the magnitude of the degree of ICC improvement. According to the anatomy of reliability, the optimal space is in the second quadrant (quadII) while the first and third quadrant (quadI and quadIII) are suboptimal for reliability. d) The improvement in the reliability of the pipeline, which is defined from the cortical parcellations to the corresponding whole-brain parcellations (including the subcortex), is illustrated by gradient arrows in the plane of individual variability, while controlling for all other processing steps. Each arrow represents a specific global metric, while controlling for all other processing steps. The position of the arrows reflects the magnitude of between- and within-subject variability changes ( $\Delta V_b$ ,  $\Delta V_w$ ), and the size of the arrows indicates the magnitude of ICC changes.

399  $V_w$ . Changes in the individual variability associated with the reliability improvements from cortical to  
400 whole-brain pipelines were plotted along with  $\Delta V_b$  and  $\Delta V_w$  as arrows. These arrows are distributed  
401 across the three quadrants (quadI: 0.94%; quadII: 59.99%; quadIII: 39.07%). We noticed that most of  
402 these arrows were distributed into the optimal quadrant where the improvements of test-retest reliability  
403 by the whole-brain parcellation choices largely attributing to the increases of between-subject variability  
404 and decreases of within-subject variability. The decreases of both between-subject and within-subject  
405 variability may also strengthen the measurement reliability (the suboptimal quadIII in Fig. 2).

406 ***Spontaneous brain activity portrays more reliable networks in higher slow bands***

407 Brain oscillations are hierarchically organized, and their frequency bands were theoretically driven by the  
408 natural logarithm linear law (Buzsaki & Draguhn, 2004). By analogy, rfMRI oscillations can, similarly,  
409 be partitioned into distinct frequency bands. Advanced by the fast imaging protocols (TR = 720ms), HCP  
410 test-retest data allows to obtain more oscillation classes than traditional rfMRI acquisitions (typical TR =  
411 2s). We incorporate the Buzsaki's framework with the HCP dataset using the DREAM toolbox (Gong et  
412 al., 2021) in the Connectome Computation System to decompose the time series into the six slow bands  
413 (Fig. 3a): **slow-6** (0.0069-0.0116 Hz), **slow-5** (0.0116-0.0301 Hz), **slow-4** (0.0301-0.0822 Hz), **slow-3**  
414 (0.0822-0.2234 Hz), **slow-2** (0.2234-0.6065 Hz), **slow-1<sup>-</sup>** (0.6065-0.6944 Hz).

422 We noticed that, due to the limited sampling rate (TR), this **slow-1<sup>-</sup>** only covers a small part of the full  
423 **slow-1** band (0.6065-1.6487 Hz) – we indicate this above. We also included the frequency band,  
424 **slow-emp** (0.01-0.08 Hz) for the sake of comparison, as it covers a range commonly used in rfMRI  
425 studies. A significant effect on order ( $\chi^2 = 9283.536, df = 6, p < 2.2 \times 10^{-16}, W_{Kendall} = 0.192$ ) across  
426 the frequency bands was revealed based on the density distributions of ICC (Fig. 3b): slow-2, slow-1<sup>-</sup>,  
427 slow-3, slow-emp, slow-4, slow-5, slow-6. Post-hoc paired tests indicated that any pairs of neighbouring  
428 bands are significantly different from one another, with measurement reliability increasing with faster  
429 frequency bands. Note, however, that slow-1<sup>-</sup> (mean ICC: 0.564) did not fit into this trend, possibly due  
430 to its limited coverage of the full band. But remarkably, slow-1<sup>-</sup> exhibited the largest number of almost  
431 perfect ICCs for potential reliability (noap ICC: 1746). Slow-emp (mean ICC: 0.519; noap ICC: 434)  
432 contains overlapping frequencies with both slow-4 (mean ICC: 0.560; noap ICC: 441) and slow-5 (mean  
433 ICC: 0.494; noap ICC: 285), and higher ICCs than the two bands but the effect sizes are small to



415 **Figure 3. Reliability gradient across the slow bands and changes of related individual variability.** a) Classes of frequency bands for slow oscillations  
 416 derived from the natural logarithm linear law. b) Density plots are visualized for the ICC distributions under the various frequency bands. These density  
 417 distributions are ranked from top to bottom according to decreases of the mean ICCs while the vertical lines depict the four quartiles. c) Network measurements  
 418 are projected onto the reliability anatomy plane coordinated by both between- and within-subject variability. These dot plots are fitted into the topographic  
 419 (contour) maps where the local maxima for each band is labeled as a circle. To highlight the trend of increasing reliability as the frequency band increases,  
 420 a fourth-order polynomial curve (represented by a red line) is fitted to the frequency contour plot peak points, tracing the reliability flow along slow-to-fast  
 421 oscillations in the cortex and whole brain.

434 moderate (slow-emp vs. slow-4: 0.193; slow-emp vs. slow-5: 0.485). Slow-6 is the choice with the  
 435 lowest ICCs (mean ICC: 0.331; noap ICC: 154) compared to other bands (large effect sizes:  $r > 0.57$ ).

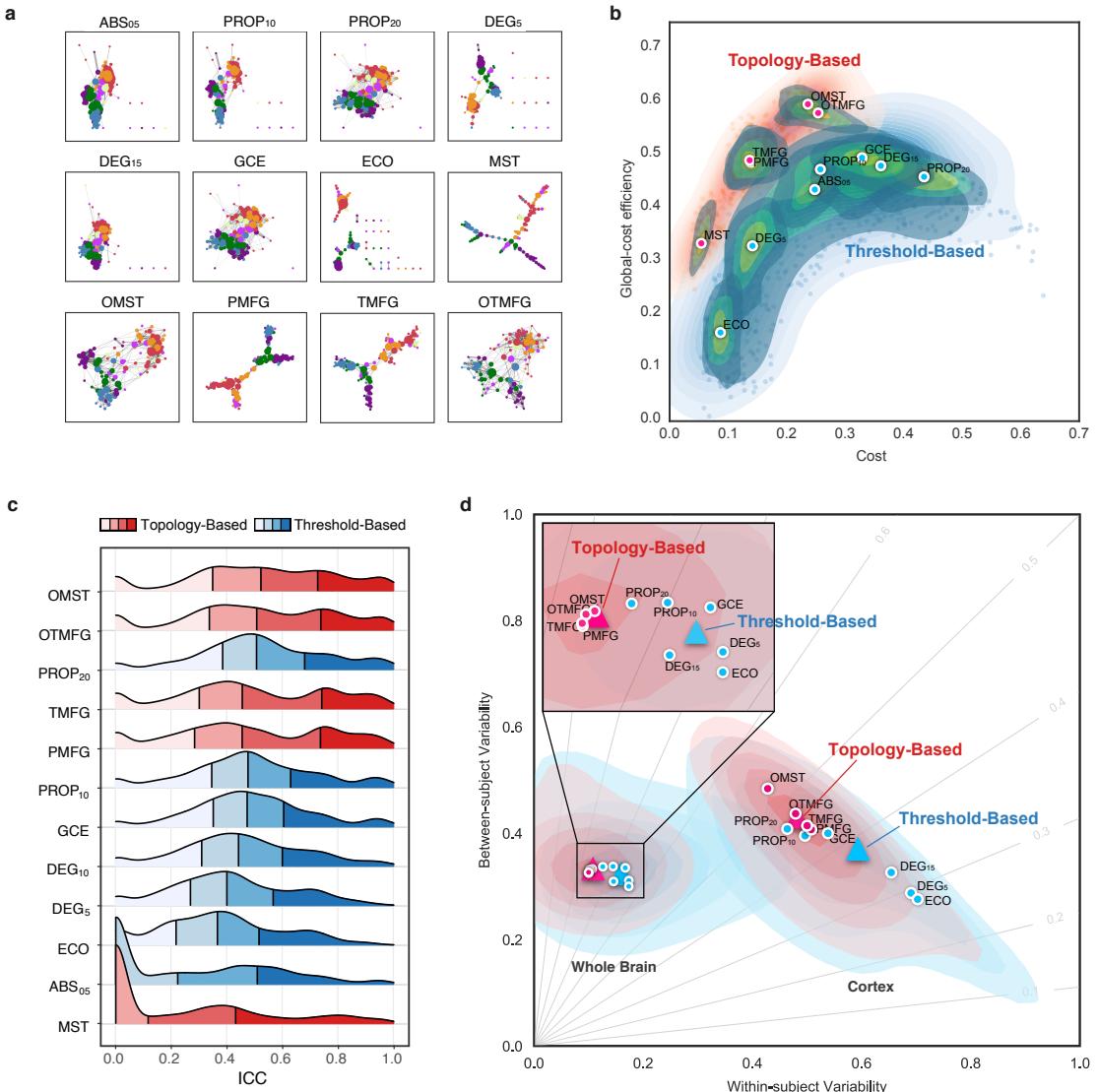
436 To visualize reliability variation across frequency bands, we plotted a trajectory tracing reliability flow  
 437 along the five full (slow-6 to slow-2) bands in the reliability plane, whose axes correspond to between-  
 438 *versus* within-subject variability (Fig. 3c). As expected, this nonlinear trajectory contains two stages of  
 439 almost linear changes of the network measurement reliability from slow to fast oscillations: whole brain  
 440 *versus* cortex. In each case, the reliability improvements attribute to both increases of between-subject

441 variability and decreases of within-subject variability while the improvements of whole-brain network  
442 measurement reliability were largely driven by the increased variability between subjects.

443 ***Topological economics individualize highly reliable functional brain networks***

444 Estimating functional connections can be highly challenging due to the absence of a ‘ground truth’  
445 human functional connectome. To provide a reliable way of building candidate edges of the connections,  
446 we sampled the 12 schemes on graph edge filtering (Fig. 4a), which turn a fully connected matrix into a  
447 sparse graphical representation of the corresponding brain network. These schemes can be categorized  
448 into two classes: threshold-based *versus* topology-based schemes. Threshold-based schemes usually use  
449 a threshold to preserve those edges whose strengths are above a cutoff value, such as ABS<sub>05</sub>, PROP<sub>10</sub>,  
450 PROP<sub>20</sub>, DEG<sub>5</sub>, DEG<sub>15</sub>. Threshold-based schemes are widely used in network neuroscience and ignore  
451 the intrinsic topological structure of the entire brain network (e.g, leading to multiple connected  
452 components or isolated nodes). In contrast, topology-based schemes such as MST, OMST, PMFG and  
453 TMFG come from other scientific disciplines and are optimized based on the entire network topology  
454 (see **Materials and Methods**). To combine both the TMFG’s efficiency and OMST’s accuracy, we  
455 proposed the OTMFG. All the schemes are plotted in the plane of cost *versus* global-cost efficiency to  
456 better visualize the economical properties of the derived networks (Fig. 4b). These plots are fitted into  
457 the topographic (contour) maps where the local maxima for each filtering choice is labeled as a circle.  
458 The human brain networks achieve higher global efficiency with lower cost using topology-based  
459 schemes compared to threshold-based schemes, suggesting increasingly optimal economics.

469 Significant differences in test-retest reliability were detectable across these 12 edge-filtering schemes  
470 ( $\chi^2 = 9784.317, df = 11, p < 2.2 \times 10^{-16}, W_{Kendall} = 0.189$ , see Fig. 4c). Among the topology-based  
471 schemes, OMST (mean ICC: 0.608; noap ICC: 765), OTMFG (mean ICC: 0.602; noap ICC: 781) and  
472 TMFG (mean ICC: 0.570; noap ICC: 767) were the three most reliable choices. They showed  
473 significantly greater reliability than the three most reliable threshold-based, respectively: PROP<sub>20</sub> (mean  
474 ICC: 0.593; noap ICC: 632), PROP<sub>10</sub> (mean ICC: 549; noap ICC: 445) and GCE (mean ICC: 0.533; noap  
475 ICC: 352). Mean reliability of MST are slight to fair (mean ICC: 0.309) but its number of almost perfect  
476 reliability (noap ICC: 362) is still higher than all threshold-based schemes except PROP<sub>10</sub> and PROP<sub>20</sub>.



460 **Figure 4. Edge filtering schemes and their networking performance.** (a) Twelve schemes of filtering edge are applied to an individual connectivity  
 461 matrix, resulting in the 12 brain networks with their nodes colored as the Yeo2011-7Networks (Thomas Yeo et al., 2011). (b) Global cost efficiency are plotted  
 462 against network wiring costs of all the brain networks derived with the 12 edge filtering schemes from all the individual rfMRI scans. Red dots represent the  
 463 topology-based while blue dots are for threshold-based networks. These dot plots are fitted into the topographic (contour) maps where the local maxima for  
 464 each filtering choice is labeled as a circle. (c) Density plots are for ICC distributions under various the 12 edge filtering schemes. These density distributions are  
 465 ranked from top to bottom according to decreases of the mean ICCs while the two colors depict the topology-based and threshold-based schemes. Four quartiles  
 466 were indicated by vertical lines. (d) Network measurements are projected onto the reliability anatomy plane coordinated by both between- and within-subject  
 467 variability. Red dots represent the topology-based while blue dots are for threshold-based networks. The topographic (contour) maps fit the dots and label the  
 468 local maxima as a circle for each scheme and the global maxima as a triangle for the topology and threshold groups, respectively.

477 Network measurements are labeled based on topology and threshold groups and projected onto the  
478 reliability anatomy plane, whose axes represent between- and within-subject variability (Fig. 4d). The  
479 contour maps are reconstructed for each scheme based upon the individual variability of all the related  
480 network measurements. The topology-based methods (red) showed overall higher ICCs than the  
481 threshold-based methods (blue), improvements that could be attributed to increases in between-subject  
482 variability and decreases of within-subject variability. These observations are consistent between cortex  
483 and whole brain networks while topology-based whole brain network are almost perfectly reliable  
484 (meaning almost perfect reliability, i.e.,  $ICC \geq 0.8$ ).

485 We also explored connection transformation and edge weights, two factors included in edge filtering,  
486 the choices of connectivity transformation and weighing edges, regarding their measurement reliability.  
487 Positive (Eq.pos) (mean ICC: 0.512; noap ICC: 1,031) and exponential (Eq.exp) transformation (mean  
488 ICC: 0.509; noap ICC: 1,855) were the two most reliable choices. Comparing to the positive and absolute  
489 (Eq.abs) (mean ICC: 0.508; noap ICC: 1,050) transformation, the exponential and distance-inverse  
490 (Eq.div) (mean ICC: 0.500; noap ICC: 1,031) transformation show larger number of almost perfect ICCs.  
491 Weighted graphs are also more reliable than the binary graphs while the normalized weighted graphs  
492 demonstrated the highest ICCs, reflecting both the increased between-subject variability and decreased  
493 within-subject variability.

494 ***Network integration and segregation can serve reliable metrics of information flow***

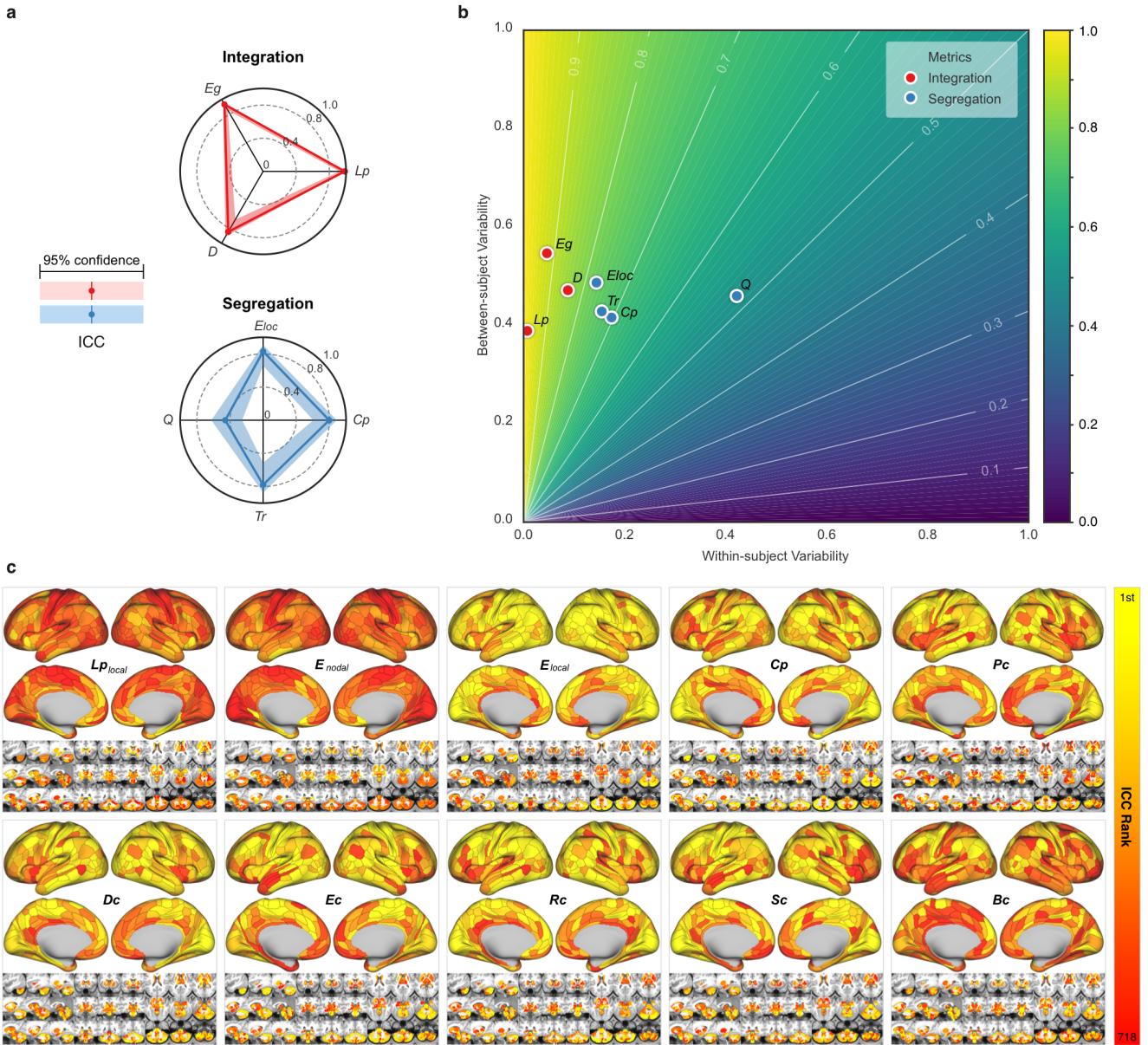
495 The previous extensive data analysis suggests that the optimally reliable pipeline should: 1) define  
496 network nodes using a whole-brain parcellation, 2) filter the time series with higher frequency bands, 3)  
497 transform the connectivity using positive transformation, 4) construct network edges using  
498 topology-based methods and normalized weights. Using the optimal pipelines, we evaluated the  
499 reliability levels of various metrics from network neuroscience and their differences across individuals.  
500 Focusing on the optimized pipeline with the highest ICCs of the various choices (wbLGP-458, slow-2,  
501 pos, normalized weights, OMST), we reported test-retest reliability of the measurements as well as their  
502 corresponding individual variability. In Fig. 5a, we found that the global network measurements of  
503 information segregation and integration are at the level of almost perfect reliability except for the  
504 modularity  $Q$  ( $ICC=0.46$ , 95% CI = [0.252,0.625]). These high-level ICCs are derived with large

505 between-subject variability and small within-subject variability (Fig. 5b). These findings are  
506 reproducible across the other two parcellation choices (wbCABP-718, wbBNP-458). In consideration of  
507 “Ease-of-Use” for researchers and higher cortical resolution, we mapped the “Out-of-the-Box”  
508 Cole-Anticevic Brain-wide Network Partition (wbCABP-718) for nodal metrics visualization.

517 Similar to the global metrics, shortest path length  $L_p$  and nodal efficiency  $E_{nodal}$  exhibited the highest  
518 ICCs (almost perfect test-retest reliability) while ICCs of other nodal metrics remained less than 0.6. To  
519 visualize node-level network metrics, we reported results derived from the wbCABP-718 choice. To  
520 improve spatial contrasts of reliability, we ranked the parcels according to their ICCs and visualized the  
521 ranks in Fig. 5c. Most nodal metrics are more reliable across the 360 cortical areas than the 358  
522 subcortical areas (Wilcoxon tests: all p-values less than 0.001, corrected for multiple comparisons).  
523 However,  $L_p$ ,  $E_{nodal}$  and  $B_c$  exhibited higher across subcortical areas than cortical areas (corrected  
524  $p < 0.001$ ). Across the human cerebral cortex, the right hemispheric areas demonstrated more reliable  $C_p$   
525 (corrected  $p < 0.0036$ ) than the left hemispheric areas. Interesting patterns of the reliability gradient are  
526 also observable along large-scale anatomical directions (dorsal>ventral, posterior>anterior) across the  
527 nodal metrics of information segregation and centrality. These spatial configuration profiles on the  
528 reliability reflected their correspondence on inter-individual variability of these metrics, characterising  
529 the network information flow through the slow-2 band.

### 530 ***Building an open resource for reliable network neuroscience***

531 The results presented here represent huge costs in terms of computational resources (more than 1,728,000  
532 core-hours on **CNGrid**, supported by Chinese Academy of Sciences (<http://cscgrid.cas.cn>)).  
533 Derivations of the ICCs and their linear mixed models were implemented in **R** and **Python**. As our  
534 practice in open science, we have started to provide an online platform on the reliability assessments  
535 (<http://ibraindata.com/research/ifNN/reliabilityassessment>). The big  
536 reliability data were designed into an online database for providing the community a resource to search  
537 reliable choices and help the final decision-making. The website for this online database provided more  
538 details of the reliability data use. We shared all the codes, figures and other reliability resources via the  
539 website (<http://ibraindata.com/research/ifNN/database>).



509 **Figure 5. Measurement reliability and variability of global/nodal network metrics under the optimized pipeline.** (a) Spider plots are visualized for  
 510 ICCs (test-retest) with the 95% confidence intervals (CIs, shadow bands) for the global metrics of network integration, segregation. Integrative measures  
 511 include average shortest path length ( $L_p$ ), global efficiency ( $E_g$ ), and pseudo diameter ( $D$ ). Segregation measures include clustering coefficient ( $C_p$ ), local  
 512 efficiency ( $E_{loc}$ ), transitivity ( $Tr$ ), modularity ( $Q$ ). (b) The reliability anatomy was plotted as a function of between-subject variability ( $V_b$ ) and within-subject  
 513 variability ( $V_w$ ). (c) Ranks of ICCs across the 360 cortical parcels and the 358 subcortical parcels in the optimal pipeline (wbCABP-718, slow-2, pos, OMST)  
 514 are depicted. Ten nodal metrics are assessed including local characteristic path length of node ( $L_{plocal}$ ), nodal efficiency ( $E_{nodal}$ ), local efficiency of nodes  
 515 ( $E_{local}$ ), nodal clustering coefficient ( $C_p$ ), pagerank centrality ( $P_c$ ), degree centrality ( $D_c$ ), eigenvector centrality ( $E_c$ ), resolvent centrality ( $R_c$ ), subgraph  
 516 centrality ( $S_c$ ) and betweenness centrality ( $B_c$ ).

## DISCUSSION

540 This study examined the series of processing and analysis decisions in constructing graphical  
541 representations of brains' intrinsic spontaneous activity. The focus, here, was on identifying the pipeline  
542 that generated reliable, individualized networks and network metrics. The results of our study suggest  
543 that to derive reliable global network metrics showing higher inter-individual variances and lower  
544 intra-individual variances, one should use whole-brain parcellations to define network nodes, focus on  
545 higher frequencies in the slow band for time-series filtering to derive the connectivity, and use the  
546 topology-based methods for edge filtering to construct sparse brain graphs. Regarding network metrics,  
547 multi-level or multi-modal metrics appear more reliable than single-level or single-model metrics. Derive  
548 reliable measurements is critical in network neuroscience, especially for translating network  
549 neuroscience into personalized practice. Based on these results, we provide four principles towards  
550 optimal functional network neuroscience for reliability of measuring individual differences.

551 ***Principle I: Use a whole brain parcellation to define network nodes***

552 The basic unit of a graph is the node. However, variability across brain parcellations can yield different  
553 graphs, distorting network metrics and making it difficult to compare findings across studies (Wang et al.,  
554 2009; Zalesky et al., 2010). In many clinical applications (Fornito et al., 2015; Matthews & Hampshire,  
555 2016), researchers aim to identify disease-specific connectivity profiles of the whole brain, including  
556 cortical and subcortical structures, as well as cerebellum. A recent review has raised the concern that  
557 many studies have focused on restricted sets of nodes, e.g., cortex only, and called a field standard for the  
558 best practices in clinical network neuroscience (Hallquist & Hillary, 2019), which requires almost  
559 perfectly reliable measurements (Xing & Zuo, 2018). Our meta-reliability assessments revealed such  
560 high reliability of measurements made involving functional brain networks can be achieved, through the  
561 inclusion of high-resolution subcortical nodes. This provides strong evidences that the whole-brain node  
562 use should be part of the standard analysis pipeline for network neuroscience applications. These  
563 improvements of reliability can be attributed to increases in between-subject variability coupled with  
564 reductions in within-subject variability relative to networks of cortical regions alone. One possible  
565 neuroanatomical explanation is that distant areas of cerebral cortex are interconnected by the basal  
566 ganglia and thalamus while also communicating with different regions of the cerebellum *via* polysynaptic  
567 circuits, forming an integrated connectome (Bostan & Strick, 2018). These subcortical structures have

568 been suggested to play a role in both primary (e.g., motor) and higher-order function (e.g., learning and  
569 memory) while studies using rfMRI have delineated the resting-state functional connectivity (RSFC)  
570 maps between these subcortical structures and cortical networks of both primary and high-order  
571 functions. Interestingly, a recent work revealed that inter-individual variance in cerebellar RSFC  
572 networks exceeds that of cortex (Marek et al., 2018). Meanwhile, these RSFC maps are highly  
573 individualized and stable within individuals (D. Greene et al., 2020), indicating that they possess reliable  
574 characteristics. In line with our observations, we argue that inclusion of the subcortical structures as  
575 network nodes can enhance the between-subject variability and stabilize the within-subject variability by  
576 providing a more comprehensive measurements on the entirety of the brain connectivity.

577 ***Principle II: Generate functional networks using spontaneous brain activity in multiple slow bands***

578 It has been a common practice in rfMRI research to estimate the RSFC profile based on BOLD time  
579 series of the intrinsic spontaneous brain activity from the low-frequency (0.01 - 0.1 Hz or 0.01 - 0.08 Hz).  
580 However, the test-retest reliability of RSFC measurements derived from this frequency band has been  
581 limited, with ICCs less than 0.4 (Noble et al., 2019; Zuo & Xing, 2014). Still existing studies, however,  
582 have advocated adopting a multi-frequency perspective to examine the amplitude of brain activity at rest  
583 (Zuo et al., 2010) and its network properties (Achard et al., 2006). This approach has been spurred along  
584 by recent advances in multi-banded acquisitions and fast imaging protocols, offering rfMRI studies a way  
585 to examine spontaneous brain activity at much higher frequencies that may contain neurobiologically  
586 meaningful signals (Gong et al., 2021). Our study provides strong evidence of highly reliable signals  
587 across higher slow-frequency bands, which are derived with the hierarchical frequency band theory of  
588 neuronal oscillation system (Buzsaki & Draguhn, 2004). Specifically, a spectrum of reliability increases  
589 was evident from slow bands to fast bands. This reflects greater variability of the network measurements  
590 between subjects and less measurement variability within subject between the higher and lower bands of  
591 the slow frequencies. In theory, each frequency band has an independent role in supporting brain  
592 function. Lower frequency bands are thought to support more general or global computation with  
593 long-distance connections to integrate specific or local computation, which are driven by higher slow  
594 bands based on short-distance connections (Buzsáki, 2009). Our findings of high reliability  
595 (inter-individual differences) are perfectly consistent with this theory from a perspective of individual  
596 variability. Previous findings have found that high-order associative (e.g., default mode and cognitive

597 control) networks are more reliable than the primary (e.g., somatomotor and visual) networks (Noble et  
598 al., 2019; Zuo & Xing, 2014; Zuo, Xu, & Milham, 2019). A novel frequency-based perspective on these  
599 network-level individual differences can be inspired directly by our observations on the multiple bands.

600 ***Principle III: Optimize topological economy to construct network connections at individual level***

601 There is no gold standard on for human functional connectomes, leading to plurality of approaches for  
602 inferring and constructing brain network connections. Threshold-based methods focus on the absolute  
603 strength of connectivity, retaining connections that are above some user-defined threshold and oftentimes  
604 involve applying the same threshold to all subjects. Although this approach mitigate potential biases in  
605 network metrics associated with differences in network density, it may inadvertently also lead to  
606 decreased variability between subjects. This is supported by our results showing that threshold-based  
607 method yield low reliability of network measurements. On the other hand, the human brain is a complex  
608 network that is also near-optimal in terms of connectional economy, balancing tradeoffs of cost with  
609 functionality (Bullmore & Sporns, 2012). In line with this view, certain classes of topology-based  
610 methods for connection definition may hold promise for individualized network construction.

611 Specifically, each individual brain optimizes its economic wiring in terms of cost and efficiency, reaching  
612 a trade-off between minimizing costs and allowing the emergence of adaptive topology. Our results  
613 demonstrate that such highly individualized functional connectomes generated by the topology-based  
614 methods are more reliable than those by the threshold-methods. This reflects the increases of individual  
615 differences in functional connectomes attributing to the optimal wiring economics at individual level.

616 The topological optimization also brings other benefits such as ensuring that a graph forms a single  
617 connected component and preserving weak connections. Indeed, there is increasing evidence supporting  
618 the hypothesis that weak connections are neurobiologically meaningful and explain individual  
619 differences in mind, behavior and demographics as well as disorders (Santarnecchi, Galli, Polizzotto,  
620 Rossi, & Rossi, 2014). Weak connections in a graph may be consistent across datasets and reproducible  
621 within the same individual over multiple scanning sessions and therefore be reliable. Weak connections  
622 might also play non-trivial roles in transformed versions of the original brain network, e.g. so-called  
623 “edge-based functional connectivity” (Faskowitz, Esfahlani, Jo, Sporns, & Betzel, 2020). Among these  
624 topology-based methods, MST is the simplest and promising filtering method if computational efficiency  
625 is the priority. MST can obtain a graph with the same number of nodes and edges, and it is not sensitive

626 to scaling effects, because its structure only depends on the order rather than the absolute values of the  
627 edges. Although MST loses some local network measurements due to the limited number of edges, it has  
628 some other unique metrics that can be calculated (e.g., leaf fraction, tree hierarchy). A better alternative  
629 might be TMFG which is computationally very efficient and statistically robust, while the OMST and  
630 OTMFG are the most reliable choices by prioritizing significant individual differences.

631 ***Principle IV: Characterise information flow with both network integration and segregation metrics***

632 Intrinsic functional networks reflect the outcomes of communication processes and information flows  
633 between pairs of brain regions. How the information and other signals propagate between pairs of brain  
634 regions can be assayed using network neuroscientific metrics and is essential to understanding normative  
635 connectome function and its variation in clinical settings. While the ground truth of functional  
636 connectome remains unknown (and may not exist), network models can help validate the imaging-based  
637 reconstructions of human functional networks (D. Bassett et al., 2020). From a perspective of individual  
638 differences, reliable network measures are the basis of achieving valid ifNN measurements (Zuo, Xu, &  
639 Milham, 2019). Our findings indicated that both the brain network segregation and integration could be  
640 reliably measured with functional connectomics using rfMRI by the optimized pipelines. At the global  
641 level, measures of information integration, e.g. characteristic path length and efficiency, were more  
642 reliable than those of information segregation, e.g. modularity and clustering coefficient. Our results also  
643 revealed that measures of integration were more stable across different scan sessions (i.e., the test-retest)  
644 for an individual subject than the segregation measurements while the inter-individual variability are  
645 measured at the similar level for both integration and segregation metrics. At nodal level, mapping  
646 reliability of the network measurements revealed interesting spatial patterns. Specifically, we found that  
647 cortical areas were generally associated with more reliable local measurements compared to subcortical  
648 areas. This may reflect different functional roles for human cortex and subcortex. For example, the  
649 differences in reliability of path-based metrics might reflect the fact that there are more cortical  
650 within-community paths while between-community paths are more common in subcortex. Beyond this  
651 cortical-subcortical gradient, reliability of the nodal information flow also fit the left-right asymmetry and  
652 dorsal-ventral as well as posterior-anterior gradient, implying the potential validity of individual  
653 differences in information flow attributing to evolutionary, genetic and anatomical factors (Chen et al.,  
654 2013; Rakic, 2009). To facilitate the utility of reliable network integration and segregation metrics in

655 ifNN, we integrated all the reliability resources into an online platform for reliability queries on specific  
656 metrics of information flow (<http://ibraindata.com/research/ifNN>).

## REPRODUCIBILITY, GENERALIZABILITY AND CONCLUSION

657 Both reproducibility and generalizability are cornerstones of modern sciences, and remain challenging as  
658 a scientific research frontier (Munafo et al., 2017; Yarkoni, 2022). In this research, we adopt a big data  
659 approach by deeply sampling the parameters (more than 524k parametric settings) of various steps in the  
660 network construction and analysis pipeline to systematically explore the reliability of functional brain  
661 network measurements. This provided robust experimental evidence supporting four key principles that  
662 will foster optimal ifNN research and application. These principles can serve as the base for building  
663 guidelines on the use of ifNN to map individual differences. Standard guidelines are essential for  
664 improvements of reproducibility and generalizability in the research practice, and our work provide basic  
665 resources initiating such standardization in future network neuroscience. We note, however, that while  
666 our approach was extensive, it was not exhaustive (likely impossible) – the analytical sampling procedure  
667 could miss many other existing choices. The processing decisions that yield reliable connectomic  
668 measurements may yield the most reliable network statistics, but there may be another way to process  
669 data that yields overall a higher level of reliability in network measures. Regarding the statistical benefits  
670 of our sampling analytics in the parametric space of the ifNN pipelines, we discuss about the implications  
671 of the present research for reproducible and generalizable network neuroscience as following.

672 The rfMRI datasets minimally preprocessed by the HCP pipeline are employed for our study while  
673 many different pipelines are available for rfMRI data preprocessing (see a list of pipelines in (Xu et al.,  
674 2015)). These different pipelines vary across parametric settings and orders of various steps of  
675 preprocessing, and thus can have different impacts on the reliability of measuring spontaneous brain  
676 activity (Li et al., 2022). Therefore, it is very important to validate whether the present findings are  
677 reproducible under another preprocessing pipeline. Accordingly, we repeated our analyses by leveraging  
678 another widely-accepted preprocessing pipeline, fMRIPrep (Esteban et al., 2019). As documented in the  
679 supplementary materials, the major findings supporting the principal guidelines are reproducible while  
680 the measurement reliability derived with fMRIPrep are generally lower than those with the HCP pipeline.  
681 Various within-pipeline parametric settings also exist other choices not sampled by our experimental

design but remain potentials for further investigation. For example, edge filtering methods are commonly used to identify and retain only the most important edges in a graph, based on criteria such as statistical significance or functional relevance. However, this approach has the potential to introduce bias and subjectivity in the selection process, and may not fully capture the higher-order structure of a network system. Algebraic topology, as demonstrated by Giusti, Ghrist, and Bassett (2016) and other recent studies, offers a promising alternative for high-order edge filtering. By representing relationships between objects as higher-dimensional simplices instead of edges, simplicial complexes can characterize polyadic interactions and capture more nuanced aspects of the complex network organization. With the increasing availability of computational tools for the application of algebraic topology to real data, this framework has the potential to surpass graph theory in understanding the complexities of neural systems.

Pipelines of generating highly reliable measurements are central to experimental design of studying individual differences (Matheson, 2019; Zuo, Xu, & Milham, 2019). Given a statistical power, for a fixed sample size, experiments designed with more reliable pipelines can detect bigger effects of interests. On the other side, to detect a fixed effect size, experiments designed with more reliable pipelines would be more powerful or logically economical (e.g., need less samples). This has very important implications on the recent arguments about ‘big data versus small data’ (Marek et al., 2022; Rosenberg & Finn, 2022; Tibon, Geerligs, & Campbell, 2022), which must take the reliability into account at first place of designing an experiment (Gratton, Nelson, & Gordon, 2022), and has been increasingly appreciated by the field of network neuroscience (Helwegen, Libedinsky, & van den Heuvel, 2023). From a perspective of experimental design, reliability is more straightforward to reproducibility but validity is related to generalizability. Therefore, we clarify that the measurement reliability is not the final goal but the validity (Finn & Rosenberg, 2021; Noble et al., 2021), which is not easily ready for a direct examination as reliability assessment (Zuo, Xu, & Milham, 2019). The reliable pipeline we proposed produced biologically plausible findings according to the four principles as we discussed, likely reflecting its potential validity of measuring individual differences in intrinsic brain functional organization.

Validation on the use of our proposed principles represents a promising arena for fostering future network neuroscience studies such as personality (Hilger & Markett, 2021) or brain developmental charts (Bethlehem et al., 2022), with potential novel fMRI paradigms (Elliott, Knodt, & Hariri, 2021; Finn, Glerean, Hasson, & Vanderwal, 2022) or more precise neuroimaging technology (Toi et al., 2022).

711 Reliability does not necessarily equate to but indeed provides an up bound of validity. In some cases,  
712 increasing reliability may cause a decrease in validity, particularly if the sources of reliability are not  
713 related to the underlying construct of interests. For example, physiological noise and head motion can be  
714 highly reliable as biological traits, but may not be involved in the investigated cognitive processes.

715 Previous studies have shown that head motion can introduce artifacts into the fMRI data, which can affect  
716 the reliability of functional connectivity measures (Power et al., 2014). In particular, head motion may  
717 have a non-uniform impact on different edge filtering methods and network metrics. Certain methods that  
718 rely on the strength of functional connections, such as threshold-based approaches, may be more  
719 sensitive to head motion artifacts than topology-based methods that focus on the overall structure of the  
720 network. Measures that are highly reliable due to the inclusion of these contaminants may not be valid  
721 indicators of the underlying construct. However, head motion may not always be purely noise and may  
722 contain some neurobiologically meaningful signals (Zeng et al., 2014; Zhou et al., 2016). Therefore, it is  
723 important to carefully consider the potential impact of head motion when choosing an edge filtering  
724 method and interpreting the resulting functional connectivity measures, as well as the trade-off between  
725 controlling for motion artifacts and preserving potentially meaningful signal in the data. In the context of  
726 graph theory, noise can affect both the reliability and validity of graph metrics. For example, noise in the  
727 data can result in higher reliability of certain graph metrics, but this may not necessarily reflect the true  
728 underlying network structure. This is because noise may lead to inflated correlations between certain  
729 regions, resulting in over-estimations of network connectivity and thus higher reliability. However, these  
730 measurements may not be valid indicators of the true network structure and may not accurately reflect the  
731 underlying cognitive processes being studied. On the other hand, the removal of noise may lead to  
732 decreased reliability, but may improve the validity of the measurement by reducing the influence of  
733 unrelated sources of variance. The optimal choices for maximizing reliability in our study may also have  
734 implications for interpretability and generalizability. For example, the inclusion of subcortical structures  
735 in the parcellation scheme may increase the interpretability of the results, as these structures play a key  
736 role in the functional organization of the brain. On the other hand, the choice of connectivity  
737 transformation and edge weighting may have implications for the generalizability of the results, as  
738 different methods may produce different results depending on the specific characteristics of the data.

739 Further research is warranted to fully understand the consequences of these choices on interpretability,  
740 generalizability, and other aspects of the measurement process.

741 The guidelines we proposed for rfMRI-based network neuroscience may also provide insights for  
742 network neuroscience computation by leveraging task-fMRI or movie-fMRI. These two paradigms have  
743 gained increasing attention in recent years as a means of measuring functional connectomes (Cole,  
744 Bassett, Power, Braver, & Petersen, 2014; Cole et al., 2013; Finn et al., 2022). The reliability and  
745 predictive power of these measures have been the subject of a number of studies. For instance, a study by  
746 Gao et al. (2020) found that the reliability of movie-fMRI connectivity was influenced by the complexity  
747 and duration of the movie stimulus, with more complex and longer stimuli resulting in higher test-retest  
748 reliability. The results support the notion that task-fMRI and movie-fMRI can produce more reliable  
749 connectivity measures with greater predictive power for individual differences in cognitive and mental  
750 health measures compared to rfMRI, particularly for tasks and stimuli that elicit strong and sustained  
751 activation. According to the relationships among rest, task and movie as well as other naturalistic states  
752 of the human brain as a systems entity (Cole, Ito, Bassett, & Schultz, 2016; Finn, 2021; McCormick,  
753 Arnemann, Ito, Hanson, & Cole, 2022), we speculate that the four principles are generalizable to  
754 functional network neuroscience based on these non-rest brain states. However, we note that more  
755 research is warranted to fully understand the underlying mechanisms and generalizability of these  
756 findings to different task and movie paradigms as well as their translational applications (Eickhoff,  
757 Milham, & Vanderwal, 2020; Finn & Rosenberg, 2021).

758 Population diversity plays a critical factor of assuring the generalizability in studying individual  
759 differences (A. S. Greene et al., 2022; Ricard et al., 2023). This has been responded by the emerging new  
760 stage of cognitive neuroscience, namely population neuroscience (Falk et al., 2013; Paus, 2010).  
761 Psychometric studies are particularly required for population neuroscience due to the core aim of  
762 measuring individual differences in brain and mind developmental during the life span (Zuo et al., 2017,  
763 2018). The design of a psychometric study is normally recommended to recruit a group of participants  
764 who are stable across the duration of investigation. This makes the interpretation of within-subject  
765 variability straightforward as the subject-independent random noise, and the reliability assessment more  
766 precisely; and also is why most psychometric studies were done in adults although some in children (but  
767 with very short duration). When studying the lifespan development, one must consider the specific  
768 research aims and the underlying assumptions of the study for addressing the reliability trade-off between  
769 maximizing between-individual variability and minimizing within-individual variability. For example, if

770 the goal of the study is to identify developmental or lifespan-related trajectories, it may be more  
771 important to prioritize maximizing between-individual variability in order to capture the full range of  
772 individual differences. In this case, techniques such as motion scrubbing or outlier detection may be  
773 employed to minimize within-individual variance, even if this leads to a decrease in overall reliability. On  
774 the other hand, if the focus of the study is on assessing within-subject changes over time, it may be more  
775 important to minimize within-individual variance in order to accurately capture changes in brain function.  
776 In this case, techniques such as temporal smoothing or denoising may be employed to increase reliability,  
777 even if this leads to a decrease in between-individual variability. It is also important to consider the  
778 potential impacts of these choices on the validity of the measurement. For example, if motion scrubbing  
779 or outlier detection leads to the exclusion of a large number of subjects or time points, this may introduce  
780 bias and reduce the generalizability of the results regarding the limited diversity. Careful consideration of  
781 these trade-offs is therefore essential in order to ensure that the chosen approach is appropriate for the  
782 specific research aims and assumptions of the study, especially the population neuroscience research.

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## COMPETING INTERESTS

788 The authors declare that they have no conflicts of interest in relation to this manuscript.

## AUTHOR CONTRIBUTION

789 Chao Jiang: Conceptualization; Data curation; Formal analysis; Methodology; Software; Visualization;  
790 Writing - original draft; Writing - review & editing. Richard F. Betzel: Funding acquisition; Writing -  
791 review & editing. Ye He: Writing - review & editing; Conceptualization. Yin-Shan Wang:  
792 Conceptualization; Writing - review & editing. Xiu-Xia Xing: Conceptualization; Software; Resources;

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