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2 A flow cytometry protocol for accurate and precise measurement of plant genome size using
3 frozen material

4

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14

15 **Highlight**

16

17 Frozen leaf material can be used to isolate nuclei for the accurate estimation of genome size
18 The method proved suitable for difficult samples and did not require specific optimization.
19 The method was especially useful where plant material could not be immediately processed
20 through flow cytometry and allowed the same sample to be used for genomes size estimation
21 and genome sequencing.

22

23 **Abstract**

24

25 Flow cytometry is a technique widely applied to infer the ploidy and genome size of plant
26 nuclei. The conventional approach of sample preparation, reliant on fresh plant material to
27 release intact nuclei, requires protocol optimisation for application to many species. The
28 approach often results in poor yields of nuclei, impeding the accurate measurement of
29 genome size and confines the optimal resource allocation and efficiency in genome
30 sequencing which relies on genome size estimation. Here, we present a novel method using
31 frozen plant material that facilitates the release of intact nuclei for genome size estimation.
32 Genome estimates from frozen material are similar to those from fresh material. Accurate and
33 precise estimates can be made by complementing the fluorescence of frozen nuclei with
34 histogram modelling and debris compensation algorithms. This method of nuclei isolation
35 from frozen plant material for flow cytometry-based genome size estimations has special
36 value in estimating the genome size of samples collected and frozen for use in plant genome
37 sequencing. Plant material can be conveniently stored, resampled, and used for DNA or RNA
38 extractions.

39

40 **Keywords**

41 Flow cytometry, genome size, nuclear isolation, frozen plant material, debris compensation,
42 histogram modelling.

43

44 **Abbreviations**

45 FCM- Flow cytometry, GS- genome size CV- Coefficient of Variance, ANOVA- Analysis of
46 variance, nls- Non-linear least square, RCS- Residual Chi-square, pg - picograms.

47

48

49 **Introduction**

50 Flow cytometry (FCM) is widely used to estimate genome size (GS) and ploidy in plants. The
51 method involves the preparation of a suspension of intact nuclei, labelling the nuclei with a
52 fluorochrome that binds to nucleotides, and measuring the fluorescence intensity of each
53 nuclei (Doležel *et al.*, 2007; Galbraith *et al.*, 1983). The conventional method for sample
54 preparation involves releasing intact nuclei by chopping fresh plant material in a compatible
55 buffer (Doležel *et al.*, 2007; Galbraith *et al.*, 1983). Leaf material is always co-chopped with
56 another plant species of known GS and ploidy, to calculate the relative difference in
57 fluorescence and hence GS (Doležel *et al.*, 2007; Galbraith *et al.*, 1983; Temsch *et al.*, 2022).
58 GS is expressed and measured as a “C-value”, which is the entire DNA content of a nucleus
59 (Greilhuber *et al.*, 2005). The DNA content of a haploid nucleus, in its unreplicated state, is
60 referred to as the ‘1C-value,’ and it is measured in units of picograms (pg) or million base
61 pairs (Mbp) (Doležel *et al.*, 2003; Greilhuber *et al.*, 2005). One pg of DNA is equivalent to
62 978 Mbp (Doležel *et al.*, 2003).

63 During fluorescence measurements of the samples with moderate levels of debris, it is
64 recommended to capture data of 2000 events in total and 600 per sample peak to maintain
65 relative standard error (SE) below 0.2 % (Koutecký *et al.*, 2023). However, the conventional
66 method of nuclei isolation is highly sensitive to plant chemistry, buffer chemistry, and
67 chopping style (Loureiro *et al.*, 2021; Loureiro *et al.*, 2006a, b). Despite optimisation of the
68 conventional method, some plant species remain recalcitrant to the production of the required
69 number of nuclei (Koutecký *et al.*, 2023; Loureiro *et al.*, 2021; Temsch *et al.*, 2022). In
70 particular, plant material high in secondary metabolites can be challenging and often requires
71 substantially different buffers and chopping styles to generate a repeatable result (Čertner *et*
72 *al.*, 2022; Loureiro *et al.*, 2006a; Noirot *et al.*, 2000). With a limited amount of sample, time,
73 and other resources, recording this minimum number of events is a bottleneck for high
74 throughput flow cytometry (Čertner *et al.*, 2022).

75 It is becoming more common to use flow cytometry to estimate genome size prior to
76 sequencing plant genomes (Doležel *et al.*, 2007; Nakandala *et al.*, 2023). In instances where
77 plant materials are sourced from remote and geographically distant locations, the challenge
78 arises in maintaining the freshness of the specimens over extended periods. The inherent
79 difficulty in preserving plant material under such conditions renders it impractical for
80 prolonged storage, consequently impeding the feasibility of GS estimation. The logistical
81 constraints pose a significant obstacle to the preservation of plant material integrity, thereby
82 limiting the scope and reliability of plant material for FCM (Čertner *et al.*, 2022). A few
83 studies have previously used fixed material, either ethanol preserved, paraffin fixed, or frozen
84 material for ploidy and genome size estimation of plants (Bagwell *et al.*, 1991; Cires *et al.*,
85 2009; Dart *et al.*, 2004; Halverson *et al.*, 2008; Hopping, 1993; Jarret *et al.*, 1995; Kolář *et*
86 *al.*, 2012; Nsabimana and Van Staden, 2006; Xavier *et al.*, 2017). Despite this, frozen plant
87 material is not generally used for flow cytometry in the estimation of ploidy and genome size
88 (Čertner *et al.*, 2022; Doležel *et al.*, 2007). Little information is available about the relative
89 fluorescence of the frozen and fresh.

90 Here we report a novel method using frozen plant material to release a high number of
91 intact nuclei for accurate and precise estimation of the GS. This method is based on the
92 homogenisation of frozen plant material by physical disruption (grinding and blending) and
93 chemical disintegration of the cell wall (by detergents and buffers) to isolate intact nuclei
94 (Sikorskaite *et al.*, 2013; Workman *et al.*, 2018; Zhang *et al.*, 1995). The proposed nuclei
95 isolation method can complement genome studies where plant material is frozen for long-
96 term use. Furthermore, isolation of intact nuclei from frozen plant tissue can also be used to
97 obtain high-quality genomic DNA for sequencing (Givens *et al.*, 2011; Workman *et al.*,
98 2018; Zhang *et al.*, 1995).

99 Frozen plant material was previously reported to produce high debris content and low
100 histogram resolution in attempts to estimate GS and ploidy (Čertner *et al.*, 2022; Doležel *et*
101 *al.*, 2007). Moreover, a low yield of frozen nuclei has been considered a constraint for
102 reliable estimation of the mean fluorescence (Hopping, 1993; Nsabimana and Van Staden,
103 2006). When assessing peak or histogram quality, the number of events within each peak and
104 the coefficient of variance (CV) is considered (Doležel *et al.*, 2007; Loureiro *et al.*, 2021). A
105 high level of debris compared to the fluorescence signal (i.e., low signal-to-noise ratio) can
106 obscure the accuracy of the mean fluorescence peak and increase the CV (Doležel *et al.*,
107 2007; Smith *et al.*, 2018). The debris may contain DNA generated by rupturing cells and
108 nuclei and, when incompatible with the buffer, can aggregate on the nuclei membrane to alter
109 fluorescence readings (Čertner *et al.*, 2022; Greilhuber *et al.*, 2007; Nath *et al.*, 2014).
110 Secondary metabolites can also degrade the nuclear membrane and, therefore, interfere with
111 the fluorescence readings (Doležel *et al.*, 2007; Loureiro *et al.*, 2021; Noirot *et al.*, 2000).
112 The presence of debris is common for many species (Čertner *et al.*, 2022; Doležel and Bartoš,
113 2005). With nuclei isolation protocol from frozen plant material, the combination of several
114 washing steps, use of buffers, filtration and centrifugations help to eliminate the debris in the
115 form of intact cells and tissue residues (Workman *et al.*, 2018).

116 The method reported here was applied to four plant species and fluorescence
117 parameters were compared for the nuclei isolated from frozen and fresh preparations. The
118 fluorescence data from both preparations was subjected to the conventional histogram
119 analysis and debris compensated peak modelling approach to assess the accuracy of GS
120 estimates.

121

122 **Materials and Methods**

123

124 **Plant material**

125 *Adenanthes sericeus* var. *sericeus* Labill., *Hollandaea sayeriana* (F.Muell.) L.S.Sm.,
126 *Macadamia tetraphylla* L.A.S.Johnson and *Macadamia jansenii* C.L.Gross & P.H.Weston,
127 representing approximately 2.5 times diversity in the GS, were selected for statistical
128 comparison. These species were considered difficult due to the presence of polyphenols and
129 tannins in the leaf material (Čertner *et al.*, 2022; Gadea *et al.*, 2022). Information about the
130 chromosome number, ploidy and genome size estimates are available for *A. sericeus*, *H.*
131 *sayeriana* (Jordan *et al.*, 2015; Ramsay, 1963; Rao, 1957). Moreover, chromosome-level
132 genome assemblies are available for *M. tetraphylla* and *M. jansenii* for determination of the
133 accuracy of the genome size estimates (NCBI, 2023; Sharma *et al.*, 2021). Young plants of *H.*
134 *sayeriana* and *A. sericeus* were sourced from local nurseries and kept in glasshouse
135 conditions at the University of Queensland. Leaf material for *M. tetraphylla* and *M. jansenii*
136 was collected from Mt Coot tha Botanical Gardens, Brisbane. *Oryza sativa* subsp. *japonica*
137 cv. 'Nipponbare' (1C=388.8 Mbp/0.397 pg) was used as the internal standard and grown in
138 glasshouse conditions at the University of Queensland (Project, 2005; Sasaki, 2005). *O.*
139 *sativa* fulfilled the criteria of internal standards such as verified genome size stability,
140 absence of anatomical or chemical features, and endopolyploidy impeding the fluorescence
141 measurements (Project, 2005; Temsch *et al.*, 2022). Additionally, *O. sativa* is easy to grow
142 and maintain in glasshouse conditions in the study area.

143

144 **Pretreatment of leaf material**

145 For frozen preparations, young, fully expanded, healthy leaves of the plants were
146 collected in labelled perforated plastic bags and snap-frozen in liquid Nitrogen for 30 s.
147 Subsequently, leaves were stored promptly at -80 °C until processed for nuclei isolation. For

148 fresh preparations, fresh, fully expanded young leaves were sampled in a plastic bag with a
149 moist paper towel and processed for nuclei isolation on the same day of the collection.

150

151 **Extraction of nuclei from fresh plant material**

152

153 **Buffers and reagents**

154 • Modified Woody Plant Buffer (WPB) (as per Jordan *et al.*, 2015; Loureiro *et al.*, 2007a): 0.2
155 M Trizma hydrochloride (Sigma, 93363-50G), 0.04 M Magnesium chloride hexahydrate
156 (Sigma, M2670-100G), 0.02 M EDTA.Na2 (Sigma, EA023-500G), 86 mM Sodium chloride
157 (Sigma, 71380-500G), 10 mM Sodium metabisulfite (Sigma, S9000-500G), 1 % Triton X-
158 100 (Chem Supply, TL125-P), UltraPure DNase/RNase free distilled water (Invitrogen, Cat.
159 No. 10977-015, 300ml), 3% Polyvinylpyrrolidone -10 (Sigma, PVP10)

160 • Staining buffer (20 µl per 400 µl of sample): 100 µl Propidium Iodide (PI, 1mg/ml, Sigma,
161 Product ID P4864-10ML), 1 µl of RNase 1 mg/ml. Keep the buffer on ice and cover it with
162 aluminium foil due to light-sensitive nature of PI.

163

164 **Equipment**

165 47 mm diameter Petri dish (Advantec, Product ID PD-47A), single edge razor blades
166 (Personna, Product ID 94-120-2), 40 µm polypropylene framed cell strainers (Biologix,
167 Product ID 15-1040), 5 ml (12 x 75 mm) polystyrene round bottom tubes (Falcon, Product ID
168 0587866)

169

170 **One step protocol to release nuclei from fresh plant material:**

171 For fresh preparations, one-step protocol was used as described in (Doležel *et al.*,
172 2007). For each replicate, 40 mg of young fully expanded leaves of the test species co-

173 chopped with 15 mg of the internal standard (*O. sativa*) in a petri dish using a single-edge
174 razor blade in 500 μ l ice-cold modified woody plant buffer (WPB) (Jordan *et al.*, 2015;
175 Loureiro *et al.*, 2007a). The homogenate was filtered through a pre-soaked 40 μ m nylon
176 filter (Doležel *et al.*, 2007). 20 μ l of staining buffer (containing 100 μ l of propidium Iodide (1
177 mg/ml) and 1 μ l of RNase 1 mg/ μ l) was added to 400 μ l of nuclei filtrate, and the sample was
178 kept on ice until processed. Five biological replicates were performed for each species.

179

180 **Protocol for Nuclei extraction from frozen leaf material**

181 The nuclei isolation method of Workman *et al.* (2018) was opted as provided in Nuclei
182 Isolation – LN2 Plant Tissue Protocol Document ID: NUC-LNP-001, Circulomics).

183

184 **Reagents**

185 Liquid N₂, spermidine trihydrochloride (Sigma, catalogue number S2501), spermine
186 tetrahydrochloride (Sigma, cat. no. S1141), sucrose (Sigma, cat. no. S9378), Triton X-100
187 (Chem Supply, cat. No. TL125-P), polyvinylpyrrolidone-360 (Sigma, cat. no. PVP360),
188 Trizma Base (Sigma, cat. no. T1503), potassium chloride (Scharlau, cat. no. 0401, 2-
189 mercaptoethanol, 14 M (Sigma, cat. no. M3148), 0.5 M ethylene diamine tetra acetic acid
190 (Biobasic Inc., Product: EB0185)

191

192 **Equipments**

193 Sterilised mortar and pestle, refrigerated centrifuge equipped with fixed angle rotor (Sigma
194 Model 4-16K), Steriflip vacuum-driven filtration system with 20 μ m nylon net filter (Merck
195 Millipore, Cat. no. SCNY00020), 40 μ m polypropylene framed cell strainers (Biologix,
196 Product ID 15-1040), Pasteur pipettes (20 μ l, 200 μ l, 1000 μ l, 5000 μ l), 50 ml conical bottom

197 centrifuge tubes (Corning, Product ID 430304), 1.5 ml microfuge tubes, 5 ml (12 x 75 mm)

198 polystyrene round bottom tubes (Falcon, Product ID PID0587866)

199

200 **Buffer preparation**

201 • 10x Homogenisation buffer (HB): Trizma Base (0.1 M), Potassium chloride (0.8 M), ethylene
202 diamine tetra acetic acid (0.1 M), spermidine (17 mM), spermine (17 mM), 10 M NaOH to
203 adjust pH to 9. The solution can be stored in a glass bottle at 4 °C for up to one year.

204 • 100 ml Triton sucrose buffer (TSB): Triton X-100 (20 %), 10x HB (10 %), sucrose (0.5 M),
205 Volume was made up to 100 ml with distilled water. The solution can be stored in a glass
206 bottle at 4 °C for up to one year.

207 • 1000 ml 1x Homogenisation buffer (HB): 10x HB (10%), Sucrose (0.5 M), Volume was
208 made up to 1 L with distilled water

209 • 50 ml/sample Nuclei Isolation Buffer (NIB): 1x HB (48.75 ml), TSB (1.25 ml),
210 polyvinylpyrrolidone-360 (0.5 gm), Add 125 µl of 2-mercaptoethanol before use and keep
211 NIB on ice.

212

213 **Nuclear Isolation Protocol**

214 1. Before starting the procedure of nuclei extraction, 50 ml of NIB per 2 gm sample was
215 prepared fresh and stored at 4 °C.

216 2. 1.8 gm of the frozen leaf tissue of sample species and 0.2 gm of frozen leaf tissue of
217 internal standard were taken in a sterilised, precooled mortar with liquid N₂. Leaf
218 material was submerged in liquid N₂.

219 3. The plant material was pulverised¹ in a sterilised mortar and pestle in liquid N₂. Hard
220 leaves took longer to grind; therefore, jabbing converted big leaf parts into smaller
221 pieces. After removing large chunks, small pieces were crushed into powder form with
222 circular round motions of the pestle (Fig. S1A). This is a temperature-sensitive step;
223 therefore, keep adding liquid Nitrogen to avoid thawing.

224 4. Homogenisation and nuclear isolation: Using a precooled spatula, leaf powder was
225 quickly transferred to a precooled 50 ml falcon tube prefilled with 7.5 ml of NIB. Falcon
226 tubes with 7.5 ml NIB were kept on ice before starting the procedure.

227 5. With 4-5 swirls, the powder was submerged in the NIB that no clumps were visible.
228 Another 7.5 ml of NIB was added to the solution. The solution was gently mixed with
229 the occasional end-to-end mixing for 2-3 min for 20 min. The solution was kept on ice to
230 reduce the enzymatic activity of nucleases. After 20 min, a homogenate consisting of
231 thousands of intact nuclei was ready (Fig. S1B).

232 6. Homogenate was filtered through 20 µm vacuum filtration system, and the filtrate was
233 transferred in an empty 50ml falcon tube and kept on the ice (Fig. S1C, Fig. S1D).

234 7. Tubes were centrifuged at 7000 g and 4 °C for 20 min as the genome size was below
235 1000 Mbp. For large genomes (>1000 Mbp), centrifuge the tubes at 3000 g at 4 °C for 20
236 min. After centrifugation nuclei pellet was visible on the side or bottom of the tube;
237 carefully discard the supernatant. At this stage, the pellet was green, representing
238 contamination in the form of plant cell debris or secondary metabolites (Fig. S1E).

239 8. First wash: 7.5 ml of the NIB was added to the tube, and the pellet was mixed gently
240 with a 10 ml pipette by pipetting out 7-10 times. Another 7.5 ml of NIB was added to the

¹ Very fine grinding will damage the intactness of the nuclei, whereas too coarse will yield fewer nuclei. For larger genomes, keeping the powder coarsely ground without any chunks or small leaf pieces is recommended. After grinding, secure the plant material at or below -80°C until processed further.

241 tube. The solution was kept on ice for 10 min with occasional gentle mixing, as in step 5.

242 Tubes were centrifuged as indicated in step 6. After discarding the supernatant pellet

243 should have a light colour (Fig. S1F).

244 9. Second wash: Added 10 ml of NIB and mixed the pellet gently with a 10 ml pipette by

245 pipetting out 7-10 times. The tubes were kept in ice for 10 min with occasional gentle

246 mixing. Tubes were centrifuged, as mentioned in step 7. The supernatant was discarded

247 carefully after the centrifugation (Fig. S1G).

248 10. Final wash and aliquots: In the final wash, 7.5 ml NIB was added to the tube, and the

249 pellet was mixed with a pipette, as indicated in step 8 (Fig. S1H). After mixing, the

250 homogenate was equally allocated to five 1.5 ml microfuge tubes. Eppendorf tubes were

251 centrifuged at 7000 g for 10 min. The supernatant was discarded carefully. A white

252 nuclear pellet was visible at the bottom of the tubes. Nuclei pellets were snap frozen in

253 liquid N₂ after discarding the supernatant (no need to dry the tubes). Tubes were stored at

254 -80 °C freezer until processed for FCM measurement.

255

256 **Staining of frozen nuclei**

257 Nuclei from frozen leaf material were isolated in pelleted form using the above

258 protocol. Tubes containing frozen nuclei were kept on ice and 500 µl of ice-cold modified

259 WPB was added to the ice-cooled 1.5 ml microfuge tubes. After five min, the nuclear pellet

260 was mixed in the buffer 7-10 times using a P1000 pipette. The homogenate was filtered

261 through a pre-soaked (in WPB) 40 µm nylon cell filter. 400 µl of the filtrate was added to the

262 5 ml round bottom tube, and 20 µl of the staining buffer (containing 100 µl of Propidium

263 Iodide (Sigma: 1 mg/ml) and 1 µl of RNase 1 mg/µl) was added to the solution. The solution

264 was mixed by flicking the bottom of the tube with finger 4-5 times, and tubes were kept on

265 ice until loaded to flow cytometer.

266

267 **Flow cytometry**

268 Nuclei labelled with propidium iodide were excited by a blue laser (488 nm) and
269 fluorescence was measured with a detector configured with a 695/40 nm bandpass filter on
270 the Becton Dickinson LSR Fortessa X20 Cell Analyser. Fluorescence data was recorded on a
271 linear scale of 256 channels (Koutecký *et al.*, 2023). Leading trigger threshold was set to
272 5000. Fluorescence data was acquired for 20 min at a low rate (12 µl/min) which delivered
273 10-20 events/s for fresh preparations but 100-150 events/s for frozen preparations. Post-
274 acquisition amplification of the signal was acquired by setting the forward scatter (FSC)
275 detector voltage/gain to 320, side scatter (SSC) detector voltage to 179, and fluorescence
276 detector voltage to 488 to position the internal standard peak at 1/5th of the distance from the
277 left end of the x-axis (Koutecký *et al.*, 2023). Forward scatter and side scatter parameters
278 were recorded on logarithmic scale and used to assist in

279 **Conventional histogram analysis**

280 For conventional histogram analysis, gating based on pulse analysis was used to
281 separate single particles from aggregates in BD FACS DIVA software (v 8.0). Fluorescence
282 pulse width on the y-axis was plotted against fluorescence pulse height on the x-axis to
283 remove aggregates and debris (Fig. S2, S4, S6, S8, S10, S12, S14, S16). Although gating of
284 the histogram is used to exclude the debris content from nuclei peaks assuming the Gaussian
285 curve. However, considering the debris and the resolution of the histograms, our gating
286 strategy involved selecting peaks in the middle of the population distribution, aiming to
287 capture the most representative and homogenous portion of the population. The
288 recommended limit of CV (i.e. < 5%) was also considered for gating of the histograms
289 (Loureiro *et al.*, 2007b). In addition, minimum requirements for accurate GS estimation were
290 followed as 2000 events in total and 600 events per peak (Koutecký *et al.*, 2023). However,

291 despite the lower event count, the estimation of GS was still pursued for comparative
292 purposes, acknowledging that the data obtained may provide valuable insights and contribute
293 to the broader understanding of variations between the two methods of nuclei isolation and
294 data analysis. GS was estimated (Eq. 1) in picograms (pg). 1pg was considered equivalent to
295 978 Mbp (Doležel *et al.*, 2003). Apart from the GS, nuclei events per peak, debris %, and
296 CV% were also recorded. The debris % was calculated (Eq. 2) to access the background
297 debris (Nath *et al.*, 2014).

298

$$GS(\text{pg}) = \frac{(\text{Mean fluorescence of sample})}{\text{Mean fluorescence of the standard}} \times 1 \text{C value (pg) of internal standard}$$

299 ...1

$$\text{debris}(\%) = \frac{(\text{Total number of events} - \text{Total nuclei count of both peaks})}{\text{Total number of events}} \times 100$$

300 ...2

301

302 **Histogram modelling and debris compensation based analysis**

303

304 In this approach, data was subjected to peak modelling algorithms implemented in the
305 'flowploidy' package (v. 1.25.2) of R (v.4.2.3) (Ihaka and Gentleman, 1996; Smith *et al.*,
306 2018). This modelling approach is based on the histogram-dependent non-linear least-
307 squares algorithm for peak identification (Bagwell *et al.*, 1991; Koutecký *et al.*, 2023; Smith
308 *et al.*, 2018). Here, single nuclei events were isolated from aggregates and debris using the
309 gating of the clusters of differential fluorescence based on particle size (Fig. S3, S5, S7, S9,
310 S11, S13, S15, S17). Ratio of forward scatter pulse- height and fluorescence pulse height
311 was plotted on the y-axis against fluorescence pulse- height on the x-axis to identify the
312 single nuclei clusters (Fig. S3, S5, S7, S9, S11, S13, S15, S17). This package facilitated a
313 non-linear regression function to fit a model, which was assessed for the goodness of fit

314 based on residual Chi-Square (χ^2) value (RCS) (Smith *et al.*, 2018). After peak identification,
315 data was processed with debris compensation accomplished through single-cut and multiple-
316 cut algorithms implemented in the flowploidy package (Bagwell *et al.*, 1991; Smith *et al.*,
317 2018). RCS value between 0.7-4 for the best-fit model and recommended limits of CV (i.e. <
318 5%) were considered when gating to isolate debris and aggregates (Bagwell *et al.*, 1991;
319 Loureiro *et al.*, 2007b; Sliwinska *et al.*, 2022; Smith *et al.*, 2018).

320

321 **Experimental setup:**

322 For statistical comparison, data for four species (*A. sericeus*, *H. sayeriana*, *M.*
323 *tetraphylla* and *M. jansenii*), two nuclei preparation methods (conventional method to extract
324 nuclei from fresh material and proposed method to extract nuclei from frozen material), and
325 two data analysis approach (debris compensated (including histogram modelling and debris
326 compensation) and non-compensated (including conventional histogram analysis and no
327 debris compensation)) were collected in one experiment.

328

329 **Statistical analysis:**

330 Genome size was subjected to the three-way ANOVA (species x nuclei preparation x
331 debris compensation) in *ggplot2* (v 3.4.1) package of R. Post hoc comparisons were
332 conducted using false discovery rate in R (v 4.2.3). Three-way interactions among species,
333 method and compensation were tested for significance (CI-95%) on genome size and number
334 of single nuclei events per peak. For the significance of the unequal variance, Levene's test
335 was used in R. Each combination of three variables was subjected to one-way ANOVA (CI-
336 95%) coupled with post hoc comparison supported by false discovery rate correction.
337 Analysis was conducted in the 'ggstatsplot' (v 0.11.0) and 'ggplot2' packages of R (v 4.2.3)
338 (Patil, 2021; Wickham, 2011).

339

340 **Results**

341 **Genome size estimates**

342 There was a significant difference in genome size from the main effect of each factor, i.e.,
343 species, nuclei isolation method and debris compensation (Table 1, S1). Two-way
344 interactions between ‘species and method’ ($p=1.97e-06$) and ‘species and compensation’
345 ($p=0.00013$) were significant (Table S1). However, three-way interaction among species,
346 method, and compensation was not significant ($p=0.51$). One-way ANOVA was conducted
347 for each combination of the three factors to find further significant interactions (Table S2).

348

349 *Table 1 should appear near here*

350

351

352

353 **Genome size estimates for *Adenanthes sericeus***

354 With conventional histogram analysis, no significant ($p=0.21$) difference was observed
355 between the average 1C estimate of 0.47 ± 0.001 pg from frozen nuclei and 0.47 ± 0.005 pg
356 from fresh nuclei (Fig. 1, Table 2S).

357

358

359 *Figure 1 should appear near here*

360

With model fitting and debris compensation, the average 1C estimate of 0.46 ± 0.003 pg from fresh preparations was not significantly ($p=0.14$) different from the average estimate from conventional histogram analysis (Fig. 1). Similarly, the average 1C estimate of 0.47 ± 0.000 pg from frozen nuclei and debris compensation was not significantly ($p=0.21$) different from the average estimate from conventional histogram analysis (Fig. 1).

366

367 Genome size estimates for *Hollandaea sayeriana*

With conventional histogram analysis, the average 1C estimate of 1.09 ± 0.001 pg from frozen nuclei was not significantly ($p=0.21$) different from 1.10 ± 0.009 pg of fresh preparations (Fig. 2).

371

372

373 *Figure 2 should appear near here*

374

With peak modelling and debris compensation, the average GS estimate of 1.04 ± 0.001 pg from frozen nuclei was significantly lower ($p=1.90\text{e-}05$) than the average estimate from conventional histogram analysis of 1.08 ± 0.001 pg (Fig. 2). Similarly, the average 1C estimate of 1.04 ± 0.003 pg from fresh nuclei was significantly smaller ($p=2.23\text{e-}06$) than the average 1C estimate of 1.10 ± 0.009 pg without peak modelling and debris compensation. The GS estimate from fresh and frozen preparations was not significantly ($p=1$) different (Fig. 2). Although the average 1C value of 1.04 ± 0.001 pg from frozen preparations and debris compensation was more precise ($p=0.1$, CI=90%) than estimates from other methods.

383

384 Genome size estimates for *Macadamia tetraphylla*

385 With conventional histogram analysis and without debris compensation, the average 1C
386 estimate of 0.86 ± 0.012 pg fresh preparation was not significantly ($p=0.22$) different from the
387 average 1C estimate of 0.88 ± 0.003 pg from frozen preparations (Table 2S, Fig. 3).

388

389

390 *Figure 3 should appear near here*

391

392 With peak modelling and debris compensation, the average 1C estimate of 0.82 ± 0.011
393 pg from fresh preparation was not significantly different ($p=0.058$) from the average 1C
394 estimate of 0.86 ± 0.012 pg with non-compensated data (Fig. 3). With debris compensation,
395 the average 1C estimate of 0.84 ± 0.000 pg from frozen preparations was significantly lower
396 ($p=4.18e^{-03}$) than the average 1C estimate of 0.88 ± 0.003 pg from conventional histogram
397 analysis (Fig. 3). The GS estimate from frozen nuclei and debris compensation was not
398 significantly ($p=0.15$) different to the 1C estimate from fresh nuclei and debris compensation
399 (Fig. 3).

400

401 **GS estimates for *Macadamia jansenii***

402 With conventional histogram analysis, the average 1C estimate of 0.86 ± 0.005 pg from
403 frozen preparations was significantly higher ($p=1.40e-03$) than the average 1C estimate of
404 0.80 ± 0.017 pg from fresh preparations (Fig. 4, Table 2S).

405

406 *Figure 4 should appear near here*

407

408 With peak modelling and debris compensation, the average 1C estimate of 0.82 ± 0.003
409 pg from the frozen preparations was significantly ($p=0.01$) lower than the average 1C

410 estimate of 0.86 ± 0.005 pg from non-compensated analysis (Fig. 4). Whereas the average 1C
411 estimate of 0.78 ± 0.007 pg from fresh preparations and debris compensation was not
412 significantly ($p=0.32$) different from the average estimate of 0.80 ± 0.017 pg from fresh
413 preparation and conventional histogram analysis (Fig. 4, Table 2S).

414

415 **Single nuclei event count per peak**

416 The main effects of species, method and debris compensation were significant
417 ($p<0.001$) for single nuclei event in the peak of test species (Table S3) and internal standard
418 (Table S5). All two-way interactions for single nuclei count per peak were significant
419 ($p<0.001$) (Table S3-, S5). Three-way interaction among species, method and debris
420 compensation were significant for internal standard ($p=2.77e-11$) and test species ($p=1.86e-$
421 16). One-way ANOVA was conducted for each combination of the three factors to find
422 further significant interactions for nuclei count per peak (Table S4, S6).

423

424 **Single nuclei event count per peak for *Adenantheros sericeus***

425 With conventional histogram analysis, the average single nuclei count for *A. sericeus*
426 peak with frozen preparations was 9050 ± 393 (Table 1). This was significantly ($p=1.29e-12$),
427 approximately nine times higher than the average of 982 ± 176 events from fresh preparations
428 (Fig. 5, Table 1). Similarly, for the *O. sativa* peak, the average single nuclei count was
429 11520 ± 862 with frozen preparations. This was significantly ($p=1.76e-10$), approximately
430 eight times, higher than the average of the fresh preparations (Fig. 5).

431

432

433 *Figure 5 should appear near here*

434

435 With peak modelling and debris compensation, the average single nuclei count for *A.*
436 *sericeus* reduced significantly ($p=3.39e-10$) to 39.8 % of the original events (Fig. 5, Table 1).
437 Likewise, the single nuclei count for the internal standard decreased significantly ($p=2.04e-$
438 09) to 28.1 % of the original events after model fitting and debris compensation (Fig. 5).

439 Despite significant reduction after debris compensation, the average events of
440 3600 ± 273 for *A. sericeus* with frozen preparations were significantly ($p=2.73e-06$) higher
441 than the average of 812 ± 183 from fresh preparation and debris compensation (Fig. 5). The
442 average nuclei events of 3240 ± 186 for the peak of *O. sativa* from the frozen preparations was
443 significantly ($p=9.64e-03$), approximately three times higher than the average of 1180 ± 142
444 events from fresh preparations (Fig. 5).

445

446 **Single nuclei event count per peak for *Hollandaea sayeriana***

447 For non-compensated data from frozen nuclei preparations, the average single nuclei
448 event count for *H. sayeriana* peak was 2130 ± 250 (Table 1). This was significantly ($p=4.75e-$
449 05), and nearly three times higher than the average of 693 ± 89 from fresh preparations (Fig. 6,
450 Table 1). The *O. sativa* peak had an average of 5810 ± 608 , which was significantly ($p=1.59e-$
451 06), above four times higher than the average of 1350 ± 191 events from fresh preparations
452 (Table 1, Fig. 6).

453

454 *Figure 6 should appear near here*

455

456 With peak modelling and debris compensation, the average single nuclei count of
457 1450 ± 180 for *H. sayeriana* peak from frozen preparations was significantly ($p=2.46e-03$),
458 nearly three times higher than the average of 522 ± 96 from fresh preparations (Table 1, Fig. 6).

459 Single nuclei event count for the internal standard peak with the frozen preparations reduced
460 significantly ($p=5.04\text{e-}04$) by 43.4 % after data compensation (Table 1, Fig. 6).

461

462 **Single nuclei event count per peak for *Macadamia tetraphylla***

463 With conventional histogram analysis, the average single nuclei count of 512 ± 105 for
464 *M. tetraphylla* peak from fresh preparations was significantly lower ($p=1.48\text{e-}05$), nearly half
465 of the average of 1120 ± 121 from fresh preparations (Fig. 7). The average count of 1937 ± 99
466 for the *O. sativa* peak from frozen preparation was significantly ($p=1.72\text{e-}06$) higher than the
467 average of 1150 ± 92 from fresh preparations (Fig. 7, Table 1).

468

469 *Figure 7 should appear near here*

470

471 After peak modelling and debris compensation, average single nuclei for *M. tetraphylla*
472 peak reduced significantly ($p=1.45\text{e-}05$) to 490 ± 73 . Despite the reduction, the average count
473 from frozen preparations was significantly ($p=2.48\text{e-}03$), higher than the average of 147 ± 14
474 from fresh preparations (Fig. 7).

475

476 **Single nuclei event count per peak for *Macadamia jansenii***

477 With conventional histogram analysis, the average single nuclei count of 1480 ± 166
478 for *M. jansenii* frozen preparations was significantly ($p=5.03\text{e-}08$), over eight times higher
479 than the average of 176 ± 21 from fresh preparations (Fig. 8). Similarly, for the *O. sativa* peak,
480 nuclei count with frozen preparation was 2880 ± 449 , which was significantly ($p=6.01\text{e-}06$),
481 nearly three times, higher than the average of 1010 ± 179 from fresh preparations (Fig. 8,
482 Table 1).

483

484 *Figure 8 should appear near here*

485

486 After peak modelling and debris compensation, the average nuclei count for *M. jansenii*
487 reduced significantly ($p=3.19e-07$) to 372 ± 83 from frozen preparations. The average count
488 for *O. sativa* peak also reduced significantly ($p=8.75e-07$) to 630 ± 68 in frozen preparations
489 (Fig. 8). Despite the significant reduction, the average count of *M. jansenii* peak in frozen
490 preparations was significantly ($p=0.04$), higher than the average count from fresh preparation.
491 The average count for *O. sativa* peak after debris compensation was not significantly
492 ($p=0.66$) different in frozen and fresh preparations (Fig. 8).

493

494 **Debris and background noise:**

495 For samples representing a low signal-to-noise ratio, separation of the intact nuclei
496 from the debris particles is difficult with conventional histogram analysis that inherently
497 excludes debris compensation. The debris particles are also counted as a single nuclei event
498 when a histogram is drawn around the fluorescence peak. Therefore, counting the exact
499 number of intact nuclei with high background noise is not possible. The debris factor was
500 estimated as the proportion of total single nuclei against all events. Except for *M. tetraphylla*,
501 fresh preparations had significantly ($p<0.001$) higher background noise than frozen
502 preparations (Fig. 9). For *M. tetraphylla*, debris was similar in fresh and frozen preparations
503 (Fig. 9).

504

505 *Figure 9 should appear near here.*

506

507 The average cumulative nuclei yield for both *A. sericeus* and *O. sativa* peaks were
508 nearly 91% higher in frozen preparations, with 20570 nuclei events in both peaks (Table 1).

509 Whereas the average debris content of $95.3 \pm 0.13\%$ for frozen preparations was significantly
510 ($p=7.22\text{e-}03$) lower than the average of $97 \pm 0.44\%$ from fresh preparations (Fig. 9).

511 For *Hollandaea sayeriana*, the nuclei yield for *H. sayeriana* and *O. sativa* peak was
512 7500 in frozen preparations, nearly four times higher than that of fresh preparations. The
513 average debris content of $95.5 \pm 0.14\%$ from frozen preparations was significantly ($p=2.38\text{e-}07$)
514 lower than the average debris of $98.7 \pm 0.14\%$ from fresh preparations (Fig. 9).

515 For *Macadamia jansenii*, the average cumulative single nuclei yield for both *M. jansenii* and *O. sativa* peaks was 4350 in frozen preparations, nearly four times higher than in
516 fresh preparations. The average debris content of $97.0 \pm 0.04\%$ from frozen preparations was
517 significantly ($p=1.10\text{e-}04$) lower than the average of $98.7 \pm 0.23\%$ from fresh preparations
518 (Fig. 9).

520 For *Macadamia tetraphylla*, the average event yield was 3060 in frozen preparations.
521 However, the yield in fresh preparations was 1660, approximately two times lower than in
522 frozen preparations. The average debris of $97.0 \pm 0.10\%$ was slightly ($p=0.61$) higher than the
523 average debris factor of $96.8 \pm 0.59\%$ from fresh preparations (Fig. 9).

524

525 **Discussion**

526 Rapid progress in genome sequencing, coupled with applications in plant breeding and
527 cytological studies, has promoted the implementation of FCM as a complementary approach
528 (Galbraith *et al.*, 2021). However, due to the limitations of the plant material storage,
529 preservation strategies and absence of immediate FCM analysis, GS estimates for several
530 species cannot be estimated (Čertner *et al.*, 2022; Greilhuber *et al.*, 2007). In addition, the
531 conventional nuclei isolation from fresh material remains ineffective in recalcitrant species
532 for several reasons (Doležel *et al.*, 2007; Loureiro *et al.*, 2021; Temsch *et al.*, 2022). Here, we
533 presented an approach of using frozen plant material to release intact nuclei, which can be

534 complemented with histogram modelling-based analysis to estimate the genome size showing
535 no difference from the fresh preparations. GS estimates from frozen plant material can be a
536 good asset for genome sequencing studies where the sample is frozen after retrieval, or fresh
537 plant material is not available. After genome estimates, isolated nuclei can be used for the
538 high molecular weight DNA extractions (Givens *et al.*, 2011; Workman *et al.*, 2018).

539 Nuclei isolated from frozen leaf material with conventional chopping method have been
540 used previously for genome size and ploidy estimation in plants (Dart *et al.*, 2004; Halverson
541 *et al.*, 2008; Nsabimana and Van Staden, 2006). However, nuclei isolation from fixed tissue
542 has always been debatable and often rejected due to chromatin restructuring from fixative
543 agents (Greilhuber *et al.*, 2007; Xavier *et al.*, 2017). Although a few studies have observed
544 intact nuclei despite several steps of mechanical and chemical disintegration of the frozen
545 tissue (Givens *et al.*, 2011; Jiao *et al.*, 2012; Sikorskaite *et al.*, 2013; Zhang *et al.*, 1995).
546 Moreover, studies have also noticed the intactness of nuclei after the freezing/thawing
547 process (Hopping, 1993; Kratochvílová *et al.*, 2019). The similarity of GS estimates from
548 frozen and fresh preparations in this study suggests the intactness of the frozen nuclei. The
549 integrity of the frozen nuclei within a cell is affected by thawing of ice crystals in
550 extracellular and intracellular fluid (Kratochvílová *et al.*, 2019). In the proposed method,
551 however, the grinding process is conducted in liquid Nitrogen to maintain the structural
552 integrity. Blenders and pulverisers have been used for grinding frozen material (Sikorskaite *et*
553 *al.*, 2013). However, Zhang *et al.* (1995) suggested the use of mortar and pestle for a higher
554 yield of intact nuclei. In addition, Givens *et al.* (2011) also opted a similar way of isolating
555 intact nuclei from frozen fungal material. The thawing damage is largely dependent on the
556 thawing conditions (Kratochvílová *et al.*, 2019). Therefore, the nuclei isolation process is
557 conducted at lower temperatures to reduce the enzymatic activities and thawing process.

558 In earlier studies, frozen plant samples produced a low signal-to-noise ratio, and results
559 were disregarded (Cires *et al.*, 2009; Doležel *et al.*, 2007; Greilhuber *et al.*, 2007; Xavier *et*
560 *al.*, 2017). Some studies also produced histograms of reasonably high resolution, representing
561 the potential of frozen plant material for estimation of the preliminary or absolute estimates
562 of ploidy and genome size (Čertner *et al.*, 2022; Cires *et al.*, 2009). Nonetheless, it was
563 believed that a probable alteration in fluorescence might lead to a deviation in the genome
564 size estimations. The similarity of the GS estimates from frozen nuclei with the estimates
565 from fresh nuclei in this study indicates that the two methods can be used interchangeably to
566 estimate the absolute DNA content (Table 2). In addition, nuclei isolation protocol from
567 frozen plant material is optimised for reducing the impact of the secondary metabolites for
568 high-quality DNA extractions (Cushman, 1995; Workman *et al.*, 2018; Zhang *et al.*, 1995).

569

570 **Integration of model fitting and debris compensation algorithms complements frozen**
571 **preparations for higher precision and accuracy.**

572 Plant species without significant debris can have high-resolution fluorescence peaks if
573 the sample is prepared with the best practices (Loureiro *et al.*, 2021). The high resolution of
574 the peaks allows robust estimation of the genome size with the conventional histogram
575 analysis (Koutecký *et al.*, 2023). However, with recalcitrant plant species, debris amount can
576 be challenging for a reliable GS estimation (Koutecký *et al.*, 2023; Loureiro *et al.*, 2006a).
577 Data analysis, particularly debris compensation, of FCM data can affect the GS estimates
578 significantly (Wersto and Stetler-Stevenson, 1995).

579 For *M. tetraphylla*, without peak modelling and debris compensation, the GS estimate
580 from frozen nuclei was 0.88 ± 0.003 pg. This was not significantly ($p=0.22$) different from the
581 0.86 ± 0.0123 pg of fresh preparations. However, peak modelling and debris compensation
582 reduced the average GS estimate from fresh and frozen preparations significantly. The

583 average 1C estimate of 0.84 ± 0.000 pg from frozen preparations was not significantly
584 ($p=0.15$) different than that of 0.82 ± 0.011 pg from fresh preparations. After peak modelling
585 and debris compensation, the GS estimate matched closely to the reference genome size of
586 0.81 pg (Clark *et al.*, 2016; NCBI, 2023; Sayers *et al.*, 2022) (Table 2).

587 The average 1C estimate of 0.86 ± 0.005 pg of *M. jansenii* with conventional histogram
588 analysis of the frozen preparations was significantly ($p=0.01$) higher than the average
589 estimate of 0.82 ± 0.003 pg from peak modelling and debris compensation. The average GS
590 estimate from frozen preparations and debris compensated analysis corresponded with the
591 reference genome size of 0.80 pg (Clark *et al.*, 2016; NCBI, 2023; Sharma *et al.*, 2021)
592 (Table 2). However, given the limitations of the sequencing and assembling pipelines and
593 genome complexity, genome assemblies can have gaps (Gladman *et al.*, 2023; Suda and
594 Leitch, 2010). Moreover, the genome assemblies exclude the endosymbiotic organellar DNA.
595 Likewise, a slight error in fluorescence can also bring erroneous estimate of the genome size
596 with flow cytometry.

597

598 *Table 2 should appear near here.*

599

600 With conventional histogram analysis, the GS estimates were significantly higher for
601 all except *A. sericeus*. Peak modelling and debris compensation slightly improved the
602 precision for all species. For *M. tetraphylla* and *M. jansenii*, the average GS estimates from
603 frozen preparations were more accurate after peak modelling and debris compensation.
604 However, the accuracy of the estimates for *A. sericeus* and *H. sayeriana* could not be verified
605 in the absence of a reference genome sequence.

606 Lower precision from the fresh preparations could be due to variations in leaf
607 chemistry, sample processing and handling errors each time a replicate was prepared. Nuclei

608 isolation protocol from frozen material is designed to remove cytosolic contaminants that can
609 hinder the fluorochrome binding and number of intact nuclei. Therefore, the debris occurring
610 in data from this method is assumed primarily to be nuclear debris generated from subsequent
611 nuclei damage by single cut or multiple cuts (Bagwell *et al.*, 1991; Smith *et al.*, 2018).
612 However, non-nuclear debris can be other metabolites of the plant cells that can affect the
613 fluorescence (Loureiro *et al.*, 2021).

614

615 **High nuclei yield with frozen methodology increases the statistical significance of GS
616 estimates**

617 Previous attempts to use frozen leaf material for genome size and ploidy estimation
618 employed the conventional chopping approach in a suitable buffer to release nuclei (Cires *et*
619 *al.*, 2009; Dart *et al.*, 2004; Halverson *et al.*, 2008; Nsabimana and Van Staden, 2006).
620 However, low nuclei counts were observed when frozen plant material was chopped using the
621 conventional method for ploidy determination (Nsabimana and Van Staden, 2006).
622 Meanwhile, the proposed method of homogenisation of frozen plant material, with
623 significantly higher nuclei yield, can outweigh the conventional approach of nuclei isolation
624 for some challenging species. A large number of nuclei per peak reduce the data variability,
625 subsequently improving accuracy by limiting the effects of outliers. With a small number of
626 events, high variability in fluorescence can generate erroneous average fluorescence. In fresh
627 preparations, slight variations in the tissue type, chopping and handling can bring
628 fluorescence and GS variances when preparing a biological replicate. Such variations
629 associated with leaf chemistry and handling can be avoided in the frozen preparations as
630 multiple replicates can be prepared in one process. Frozen leaf material can be stored at
631 controlled temperature for flow cytometry and genome sequencing purposes.

632

633 The low nuclei yield from fresh preparations of *Macadamia tetraphylla* and *M. jansenii*
634 was a significant drawback of the fresh preparations of nuclei. This could be due to the
635 incompatibility of the buffer or the recalcitrance of the species. For both *M. tetraphylla* and
636 *M. jansenii*, the nuclei counts per peak were less than the minimum requirements of 600
637 events per peak for accurate GS estimation (Koutecký *et al.*, 2023). Estimates from a small
638 number of events represent a high vulnerability to outliers and consequently represent more
639 variability. Moreover, due to the low signal-to-noise ratio, peaks with fewer events are
640 obscured by debris. In large-scale studies including several challenging species, nuclear
641 isolation from frozen material can be far more productive than fresh preparations. Although
642 the amount of tissue used in frozen preparations is almost 10 times higher than in fresh
643 preparations. However, chopping and homogenising a large quantity of leaf material is
644 challenging, and it can negatively affect the quality of isolated nuclei by adding more
645 contaminants and debris. The impacts of contaminants are well described (Loureiro *et al.*,
646 2006b). In frozen preparations, disruption and homogenisation of the large quantity of leaf
647 material can be achieved by maintaining the intactness of the nuclei under cryogenic
648 conditions. In addition, several washes with buffer facilitate the removal of contaminants and
649 make it processible for model fitting, debris compensation, and other statistical analyses.

650 For genome sequencing applications, inaccurate GS estimates may enhance the
651 overutilisation of the resources, and this can reduce the applicability of the genome sequence
652 applications. In the absence of fresh plant material or an effective nuclei isolation method,
653 genome size estimation for several plant species is challenging. Often, an estimate from the
654 nearest species is used as a guide for approximation. However, genome estimates from the
655 different plants, sibling species, subspecies or cryptic species can represent significantly
656 different genome sizes. Ideally, the estimation of GS of the plant to be sequenced should be
657 from the same plant or plants. The methodology proposed here can be used where a genome

658 size estimate is required for the plant to be sequenced and plant material is available in frozen
659 form. The frozen material is widely used to release the intact nuclei for DNA extraction. The
660 fluorescence of the frozen nuclei can be complemented with histogram modelling for precise
661 and accurate estimation of the genome size. GS estimates from the frozen nuclei are similar
662 to estimates from the fresh nuclei.

663 The plant material in this study was snap-frozen and processed within a short time span.
664 However, the literature claims decay in sample quality over time that can potentially cause
665 lower histogram resolution and shift of fluorescence. Storage strategies can be explored
666 further. In addition, further studies can be conducted to investigate the effect of different
667 compositions of the buffers and cryoprotectants on frozen preparations. In trial experiments, a
668 difference in the debris and number of single nuclei events was observed when different
669 buffers were compared for the scatter of the peaks (data not presented here).

670

671 **Supplementary Data**

672 The following supplementary data are available at JXB online.

673 Supplementary Tables S1-S6

674

675 *Table S1.* Results of three-way interaction for species, nuclei extraction method and debris
676 compensation in genome size estimation.

677 *Table S2.* Results of one-way ANOVA for all combinations of species, nuclei extraction
678 method and debris compensation on genome size estimation.

679 *Table S3.* Three-way interactions among species, nuclei isolation method, and debris
680 compensation on the single nuclei event count for the test species.

681 *Table S4.* Results of one-way ANOVA for all combinations of species, nuclei extraction
682 method and debris compensation on nuclei events in the peak of sample species.

683 *Table S5.* Three-way interactions among species, nuclei isolation method, and debris
684 compensation on single nuclei event count for internal standard species

685 *Table S6.* Results of one-way ANOVA for all combinations of species, nuclei extraction
686 method and debris compensation on nuclei events in the peak of standard species.

687 Supplementary Figures S1-S17

688 *Fig. S1.* The process of nuclei isolation from frozen leaf material.

689 *Fig. S2.* Conventional histogram analysis for the fluorescence data of fresh preparations of
690 *Oryza sativa* (P1) and *Adenanthes sericeus* (P2).

691 *Fig. S3.* Peak modelling and debris compensation analysis for the fluorescence data of the
692 fresh preparation of *Oryza sativa* (A) and *Adenanthes sericeus* (B).

693 *Fig. S4.* Conventional histogram analysis for the fluorescence data of frozen preparations of
694 *Oryza sativa* (P1) and *Adenanthes sericeus* (P2)

695 *Fig. S5.* Peak modelling and debris compensation analysis for the fluorescence data of the
696 frozen preparation of *Oryza sativa* (A) and *Adenanthes sericeus* (B).

697 *Fig. S6.* Conventional histogram analysis for the fluorescence data of fresh preparations of
698 *Oryza sativa* (P1) and *Hollandaea sayeriana* (P2).

699 *Fig. S7.* Peak modelling and debris compensation analysis for the fluorescence data of the
700 fresh preparation of *Oryza sativa* (A) and *Hollandaea sayeriana* (B).

701 *Fig. S8.* Conventional histogram analysis for the fluorescence data of frozen preparations of
702 *Oryza sativa* (P1) and *Hollandaea sayeriana* (P2).

703 *Fig. S9.* Peak modelling and debris compensation analysis for the fluorescence data of the
704 frozen preparation of *Oryza sativa* (A) and *Hollandaea sayeriana* (B).

705 *Fig. S10.* Conventional histogram analysis for the fluorescence data of fresh preparations of
706 *Oryza sativa* (P1) and *Macadamia tetraphylla* (P2).

707 *Fig. S11.* Peak modelling and debris compensation analysis for the fluorescence data of the
708 fresh preparation of *Oryza sativa* (A) and *Macadamia tetraphylla* (B).

709 *Fig. S12.* Conventional histogram analysis for the fluorescence data of frozen preparations of
710 *Oryza sativa* (P1) and *Macadamia tetraphylla* (P2).

711 *Fig. S13.* Peak modelling and debris compensation analysis for the fluorescence data of the
712 frozen preparation of *Oryza sativa* (A) and *Macadamia tetraphylla* (B).

713 *Fig. S14.* Conventional histogram analysis for the fluorescence data of fresh preparations of
714 *Oryza sativa* (P1) and *Macadamia jansenii* (P2).

715 *Fig. S15.* Peak modelling and debris compensation analysis for the fluorescence data of the
716 fresh preparation of *Oryza sativa* (A) and *Macadamia jansenii* (B).

717 *Fig. S16.* Conventional histogram analysis for the fluorescence data of frozen preparations of
718 *Oryza sativa* (P1) and *Macadamia jansenii* (P2).

719 *Fig. S17.* Peak modelling and debris compensation analysis for the fluorescence data of the
720 frozen preparation of *Oryza sativa* (A) and *Macadamia jansenii* (B).

721

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727 grew the *Oryza sativa*.

728

729 **Authors' contributions**

730 AS: Conceptualisation, protocol testing, sample collection and processing, data
731 collection, data analysis, drafting the manuscript, review and editing the manuscript, LS:
732 Conceptualisation, sample collection, protocol testing, manuscript review and editing, AF:
733 Conceptualisation, protocol testing and manuscript review and editing, RH:
734 Conceptualisation, funding application, manuscript review and editing.

735

736 **Conflict of interest**

737 The authors declare that they have no competing interests.

738

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743

744 **Data availability**

745 The dataset generated during the current study is available in the (“Genome size
746 estimation of plants using frozen plant material”) flow repository database at
747 (<http://flowrepository.org/id/FR-FCM-Z6M4>). The data supporting the conclusions of this
748 article are included within the article and its additional files. Protocol was made available
749 online at DOI: dx.doi.org/10.17504/protocols.io.e6nvwdq27lmk/v1 (Private link for
750 reviewers: <https://www.protocols.io/private/36483B59AE9611EE90E30A58A9FEAC02> to
751 be removed before publication).

752

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890 **List of Tables**

891 *Table 1:* Summary of average genome size estimates, single nuclei events per peak and CV%

892 using fresh and frozen leaf preparations.

893 *Table 2:* Genome size estimates using fresh and frozen leaf preparations against reference

894 genomes

895

896 **List of Figures**

897 *Fig. 1:* Comparison of the average 1C estimates for *A. sericeus* with different nuclei isolation
898 and analysis approaches.

899 *Fig. 2:* Comparison of the average 1C estimates for *H. sayeriana* using the difference nuclei
900 isolation and analysis approaches.

901 *Fig. 3:* Comparison of average 1C estimates for *M. tetraphylla* derived using different nuclei
902 isolation and analysis approaches.

903 *Fig. 4:* Comparison of the average 1C estimates for *M. jansenii* derived using different nuclei
904 isolation and analysis approaches.

905 *Fig. 5:* Comparison of average single nuclei event count per peak for experiments on *A.*
906 *sericeus* and *Oryza sativa* ssp. *japonica* var. 'Nipponbare'.

907 *Fig. 6:* Comparison of average single nuclei event count per peak for experiments on *H.*
908 *sayeriana* and *Oryza sativa* ssp. *japonica* var. 'Nipponbare'.

909 *Fig. 7:* Comparison of the average single nuclei event count per peak experiments on *M.*
910 *tetraphylla* and *Oryza sativa* ssp. *japonica* var. 'Nipponbare'.

911 *Fig. 8:* Comparison of single nuclei event count per peak for experiments on *M. jansenii* and
912 *Oryza sativa* ssp. *japonica* var. 'Nipponbare'.

913 *Fig. 9:* Comparison of the debris factor for all four species for fresh and frozen preparations.

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Table 1 Average genome size estimates, single nuclei events per peak and CV% using fresh and frozen leaf preparations.

Species	Nuclei preparation + Data analysis	Biological reps	Avg. GS (pg \pm SE)	Avg. nuclei in sample \pm SE	Avg. nuclei in Std. \pm SE	Avg. sample CV% \pm SE	Avg. Std. CV% \pm SE
<i>A. sericeus</i>	fresh + non-compensated	5	0.47 \pm 0.005	812 \pm 183	1471 \pm 258	3.28 \pm 0.21	3.32 \pm 0.09
	fresh + compensated	5	0.46 \pm 0.003	982 \pm 176	1180 \pm 142	4.09 \pm 0.25	3.11 \pm 0.15
	frozen + non-compensated	5	0.47 \pm 0.001	9050 \pm 393	11520 \pm 862	3.16 \pm 0.09	4.14 \pm 0.14
	frozen + compensated	5	0.47 \pm 0.000	3600 \pm 273	3240 \pm 186	4.59 \pm 0.11	4.14 \pm 0.07
<i>H. sayeriana</i>	fresh + non-compensated	5	1.1 \pm 0.009	693 \pm 89	1350 \pm 191	3.76 \pm 0.21	4.56 \pm 0.12
	fresh + compensated	5	1.04 \pm 0.003	522 \pm 96	530 \pm 165	3.69 \pm 0.24	3.16 \pm 0.15
	frozen + non-compensated	5	1.08 \pm 0.001	2130 \pm 250	5810 \pm 608	3.58 \pm 0.23	4.22 \pm 0.04
	frozen + compensated	5	1.04 \pm 0.001	1450 \pm 180	3288 \pm 429	3.58 \pm 0.14	3.89 \pm 0.09
<i>M. tetraphylla</i>	fresh + non-compensated	5	0.86 \pm 0.012	512 \pm 105	1150 \pm 92	3.74 \pm 0.50	4.20 \pm 0.13
	fresh + compensated	5	0.82 \pm 0.011	147 \pm 142	522.3 \pm 37	4.26 \pm 0.48	2.70 \pm 0.20
	frozen + non-compensated	5	0.88 \pm 0.003	1120 \pm 121	1937 \pm 99	3.82 \pm 0.16	4.16 \pm 0.14
	frozen + compensated	5	0.84 \pm 0.000	490 \pm 73	561 \pm 30	4.40 \pm 0.21	4.38 \pm 0.08
<i>M. jansenii</i>	fresh + non-compensated	5	0.80 \pm 0.017	176 \pm 21	1010 \pm 179	3.94 \pm 0.30	4.42 \pm 0.15
	fresh + compensated	5	0.78 \pm 0.007	62 \pm 21	540 \pm 129	4.09 \pm 0.64	3.23 \pm 0.24
	frozen + non-compensated	5	0.86 \pm 0.005	1480 \pm 166	2880 \pm 449	3.10 \pm 0.35	4.02 \pm 0.16
	frozen + compensated	5	0.82 \pm 0.003	372 \pm 83	630 \pm 68	3.94 \pm 0.3	5.30 \pm 0.12

using fresh and frozen leaf preparations against reference genomes (Clark *et al.*, 2016; NCBI, 2023; Sayers *et al.*, 2022; Sharma *et al.*, 2021).

Species	Preparation + Debris compensation	Replicates	GS (pg)	GS (pg, Whole genome sequence)
<i>Macadamia tetraphylla</i>	fresh + non-compensated	5	0.86 \pm 0.0123	0.81
<i>Macadamia tetraphylla</i>	fresh + compensated	5	0.82 \pm 0.011	0.81
<i>Macadamia tetraphylla</i>	frozen + non-compensated	5	0.88 \pm 0.003	0.81
<i>Macadamia tetraphylla</i>	frozen + compensated	5	0.84 \pm 0.000	0.81
<i>Macadamia jansenii</i>	fresh + non-compensated	5	0.80 \pm 0.017	0.80
<i>Macadamia jansenii</i>	fresh + compensated	5	0.78 \pm 0.007	0.80
<i>Macadamia jansenii</i>	frozen + non-compensated	5	0.86 \pm 0.005	0.80

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Macadamia janssenii frozen + compensated 5 0.82 ± 0.003 0.80

1 | Figures and Tables-FCM protocol for of plant GS with high repeatability and accuracy

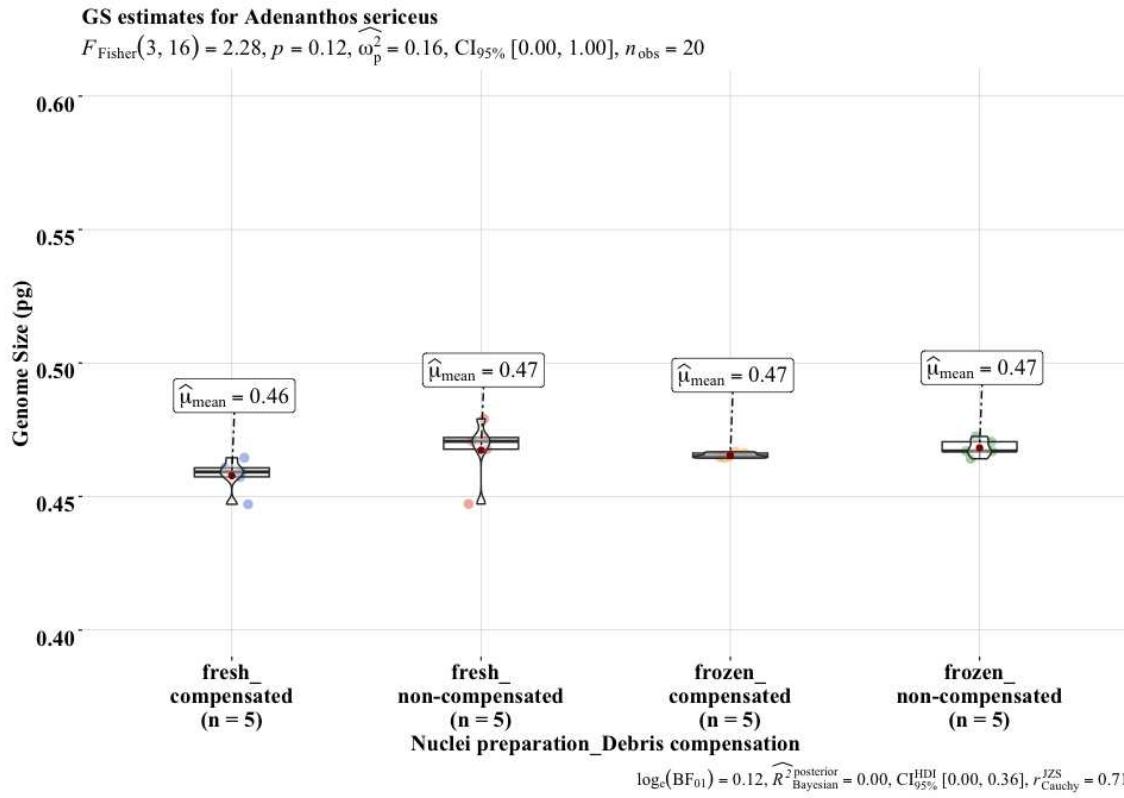


Figure 1: Comparison of the average 1C estimates for *A. sericeus* with different nuclei isolation and analysis approaches. Statistical analyses were conducted using Fisher's ANOVA followed by a post hoc comparison using the false discovery rate (FDR) correction.

2 | Figures and Tables-FCM protocol for of plant GS with high repeatability and accuracy

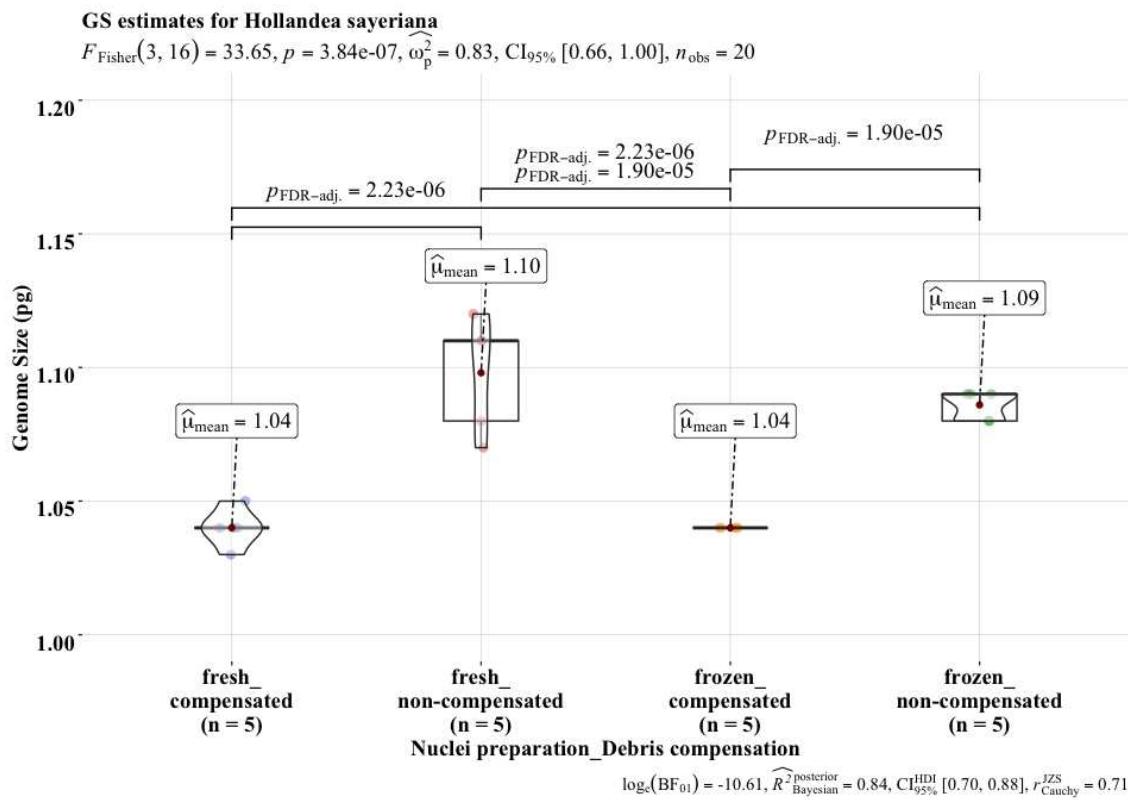


Figure 2: Comparison of the average 1C estimates for *H. sayeriana* using the difference nuclei isolation and analysis approaches. Statistical analyses were conducted using Fisher's ANOVA followed by a post hoc comparison using the false discovery rate (FDR) correction.

3 | Figures and Tables-FCM protocol for of plant GS with high repeatability and accuracy

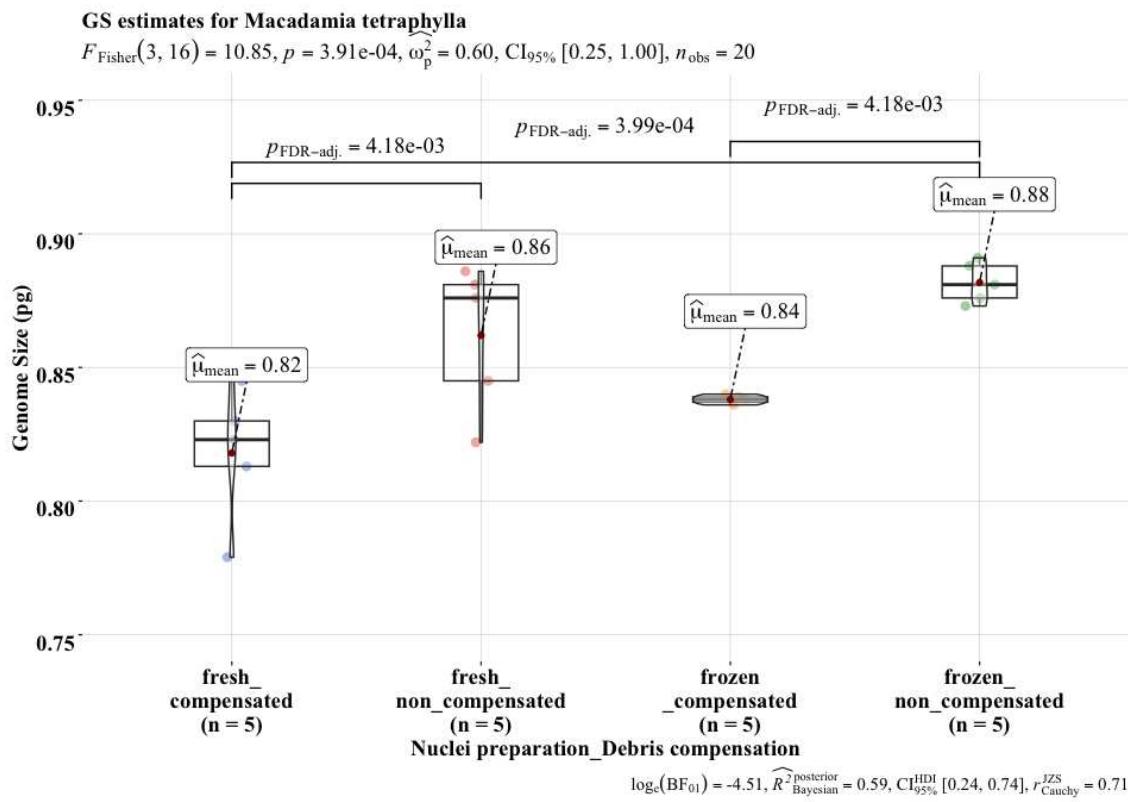


Figure 3: Comparison of average 1C estimates for *M. tetraphylla* derived using different nuclei isolation and analysis approaches. Statistical analyses were conducted using Fisher's ANOVA followed by a post hoc comparison using the false discovery rate (FDR) correction.

4 | Figures and Tables-FCM protocol for of plant GS with high repeatability and accuracy

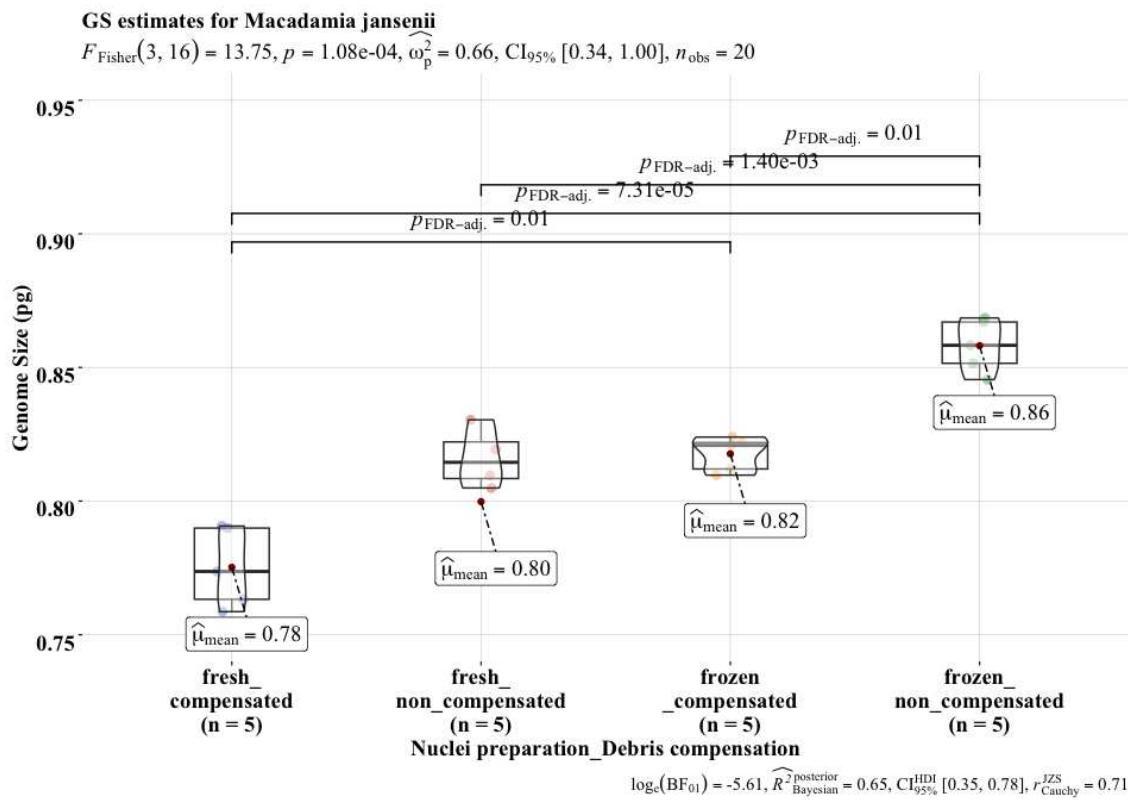


Figure 4: Comparison of the average 1C estimates for *M. jansenii* derived using different nuclei isolation and analysis approaches. Statistical analyses were conducted using Fisher's ANOVA followed by a post hoc comparison using the false discovery rate (FDR) correction.

5 | Figures and Tables-FCM protocol for of plant GS with high repeatability and accuracy

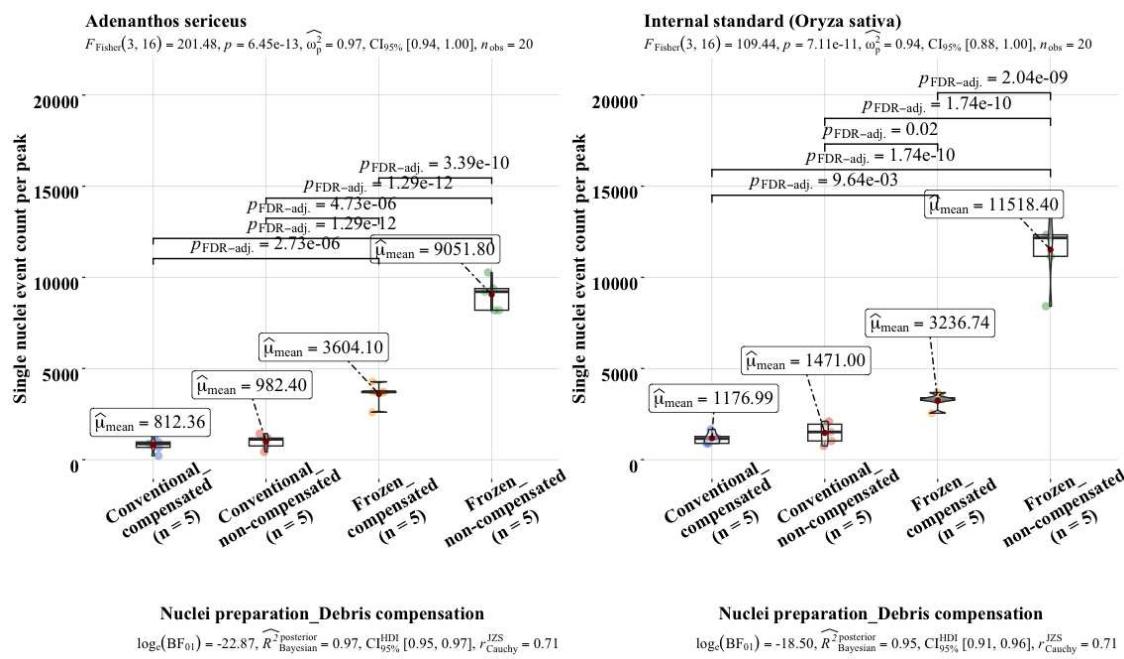


Figure 5: Comparison of average single nuclei event count per peak for experiments on *A. sericeus* and *Oryza sativa* ssp japonica var.'Nipponbare'. Statistical analyses were conducted using Fisher's ANOVA followed by a post hoc comparison using the false discovery rate (FDR) correction.

6 | Figures and Tables-FCM protocol for of plant GS with high repeatability and accuracy

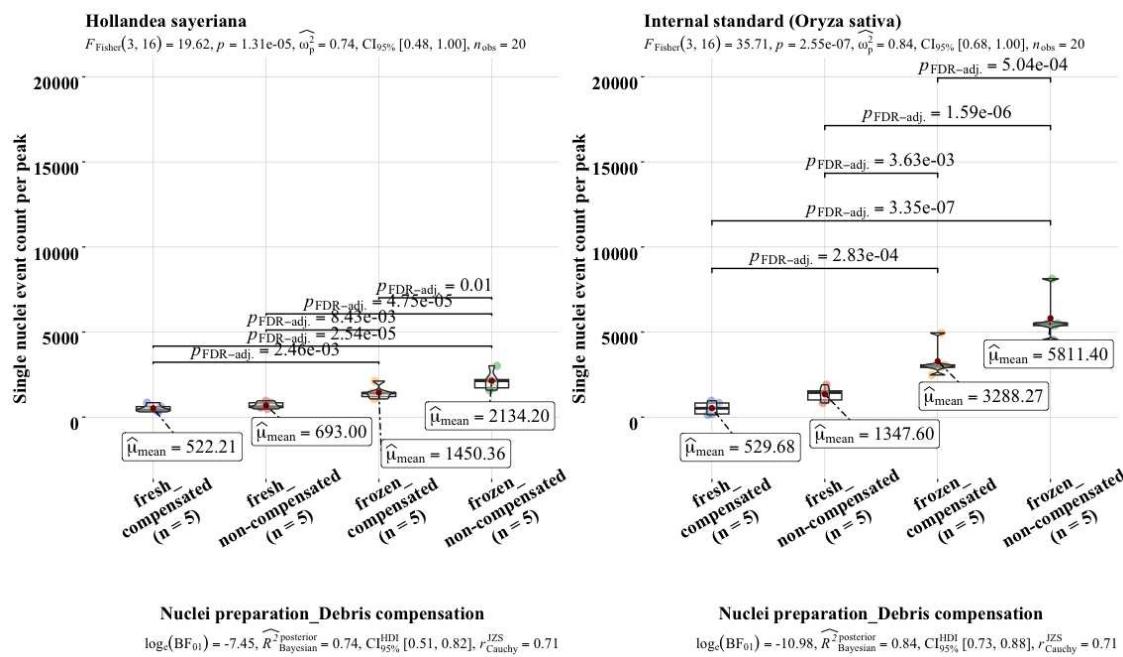
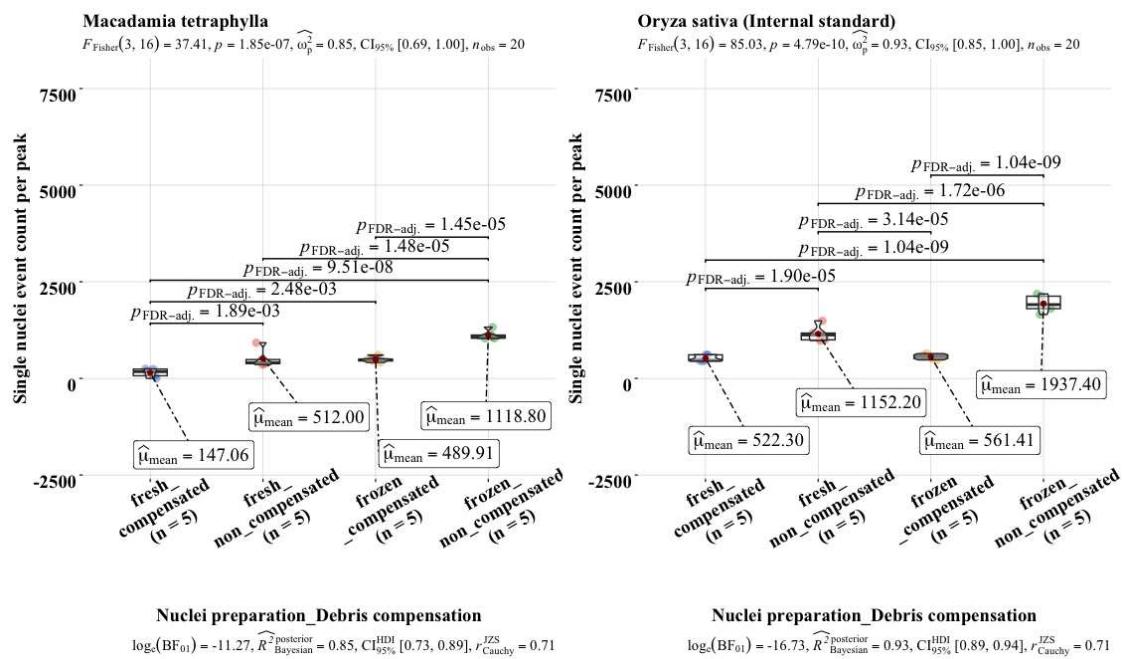


Figure 6: Comparison of average single nuclei event count per peak for experiments on *H. sayeriana* and *Oryza sativa* ssp. japonica var.'Nipponbare'. Statistical analyses were conducted using Fisher's ANOVA followed by a post hoc comparison using the false discovery rate (FDR) correction.



7 | Figures and Tables-FCM protocol for of plant GS with high repeatability and accuracy

Figure 7: Comparison of the average single nuclei event count per peak experiments on *M. tetraphylla* and *Oryza sativa* ssp. japonica var.'Nipponbare'. Statistical analyses were conducted using Fisher's ANOVA followed by a post hoc comparison using the false discovery rate (FDR) correction.

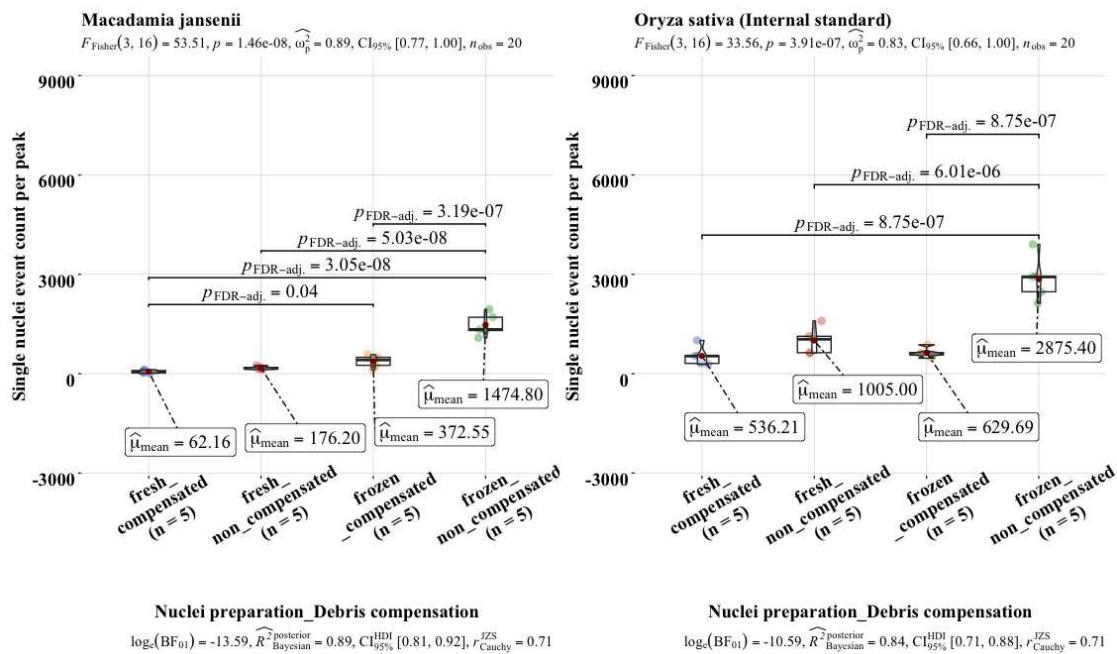


Figure 8: Comparison of single nuclei event count per peak for experiments on *M. jansenii* and *Oryza sativa* ssp. japonica var.'Nipponbare'. Statistical analyses were conducted using Fisher's ANOVA followed by a post hoc comparison using the false discovery rate (FDR) correction.

8 | Figures and Tables-FCM protocol for of plant GS with high repeatability and accuracy

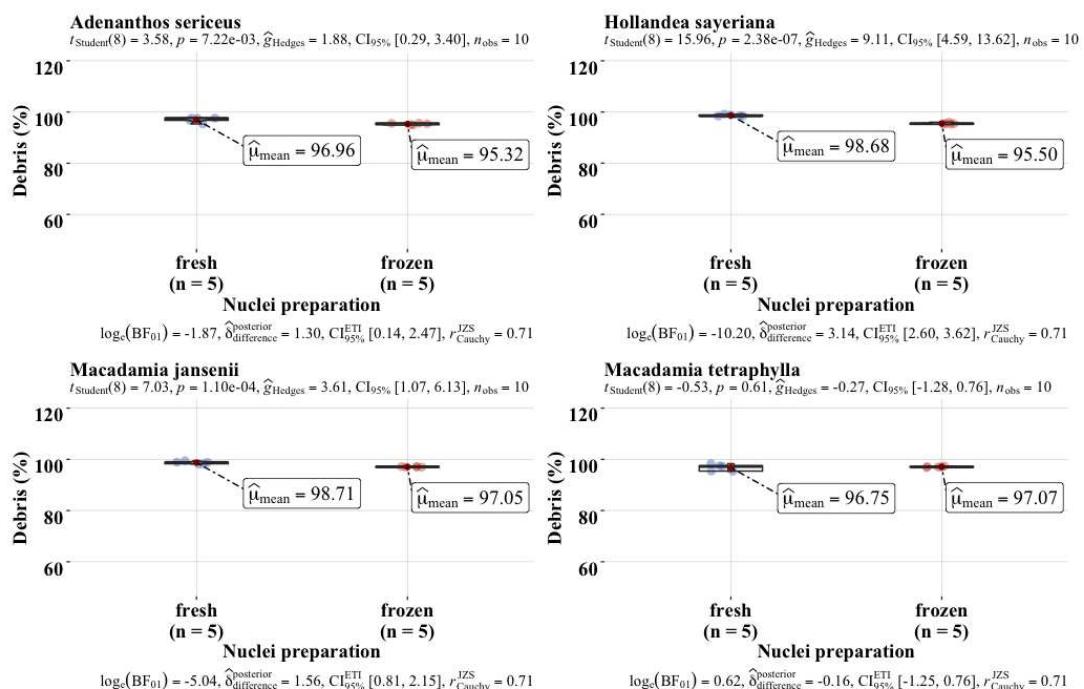


Figure 9: Comparison of the debris factor for all four species for fresh and frozen nuclei preparations. Statistical analyses were conducted using student t-test.