

1 **Correlating fluorescence microscopy, optical and magnetic tweezers to study single chiral
2 biopolymers, tested on DNA plectoneme formation dynamics**

3
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14
15 **Abstract**

16 Biopolymer topology is critical for determining interactions inside cell environments, exemplified by
17 DNA where its response to mechanical perturbation is as important as biochemical properties to its
18 cellular roles. The dynamic structures of chiral biopolymers exhibit complex dependence with
19 extension and torsion, however the physical mechanisms underpinning the emergence of structural
20 motifs upon physiological twisting and stretching are poorly understood due to technological
21 limitations in correlating force, torque and spatial localization information. We present COMBI-
22 Tweez (Combined Optical and Magnetic Biomolecule TWEEZers), a transformative tool that
23 overcomes these challenges by integrating optical trapping, time-resolved electromagnetic
24 tweezers, and fluorescence microscopy, demonstrated on single DNA molecules, that can
25 controllably form and visualise higher order structural motifs including plectonemes. This technology
26 combined with cutting-edge MD simulations provides quantitative insight into complex dynamic
27 structures relevant to DNA cellular processes and can be adapted to study a range of filamentous
28 biopolymers.

29
30 **Keywords**

31 Optical tweezers, Magnetic tweezers, Fluorescence microscopy, Plectonemes, DNA topology, Single-
32 molecule

33
34 Multiple cell processes involve chiral biopolymers experiencing pN scale forces¹ and torques of tens
35 of pN.nm², exemplified by molecular machines on DNA³ where torsion is a critical physical factor⁴.
36 Although lacking torsional information, optical tweezers (OT) combined⁵ with fluorescence
37 microscopy of dye-labelled DNA was used to image DNA extension in response to fluid drag⁶, and
38 though missing topological details from fluorescence visualisation, magnetic tweezers (MT)
39 experiments have demonstrated how DNA molecules respond to force combined with supercoiling⁷.
40 Developments in OT and MT have enabled molecular study of DNA over-stretching⁸, protein
41 binding⁹, dependence of mechanical properties to ionicity¹⁰, and DNA-protein bridge formation¹¹.
42 Fluorescence microscopy combined with OT have enabled super-resolved measurement of extended
43 DNA in the absence of torsional constraints^{12,13}, with angular OT enabling torque control¹⁴. High-
44 precision MT has facilitated single-molecule DNA study of over- and undertwisting, including twist-
45 stretch coupling¹⁵, dependence of torsion on temperature¹⁶ and salt¹⁷, and binding of filament-
46 forming proteins such as RecA¹⁸. MT has enabled single-molecule torsion dependence
47 measurements of non-canonical DNA structures including P-DNA¹⁹, left-handed DNA²⁰ and higher-

48 order motifs of the G-quadruplex²¹ and plectonemes²², applying vertical geometries to extend
49 molecules orthogonal to the focal plane. DNA plectonemes have been visualised using fluorescence
50 microscopy combined with MT, by reorienting molecules almost parallel to the focal plane, limited
51 to observations *following* but not *during* plectoneme formation²⁰. Plectoneme formation has also
52 been induced through intercalator binding to DNA combed onto surfaces then imaged with
53 fluorescence microscopy to track plectonemes²³.

54 OT combined with fluorescence have been used to study DNA over-stretching in torsionally
55 unconstrained DNA²⁴, revealing S-DNA structures by measuring polarized emissions from bound
56 fluorophores²⁵. Later developments using torsional constraints were implemented by stochastic
57 stretch-unbind-rebinding applied to single optically trapped DNA molecules, with a caveat that
58 supercoiling cannot be controlled in advance, or reversed²⁶.

59 Simulations have enabled insight into DNA structural transitions, coarse-grained approaches using
60 oxDNA²⁷ on mechanically²⁸⁻³⁰ and thermally perturbed DNA¹⁵, and all-atom methods which predict
61 sequence-dependence to torsionally-constrained stretching³¹ and explore the denaturing pathways
62 of torsionally unconstrained stretching³². Simulations have also been used with single-molecule MT
63 via space-filling algorithms to predict P-DNA formation¹⁹ and molecular dynamics (MD) simulations
64 to study stretch/twist coupling¹⁵. More recently, DNA minicircles comprising just a few hundred base
65 pairs (bp) have been used as computationally tractable systems to investigate supercoiling³³ and
66 using AFM imaging³⁴.

67 Single-molecule experiments used to probe DNA mechanical dependence on structural
68 conformations have advantages and limitations. OT enables high forces beyond the ~65 pN
69 overstretching threshold up to ~1 nN³⁵. However, they cannot easily control torque of extended
70 molecules without non-trivial engineering of trapping beams and/or the trapped particle's shape³⁶,
71 and establishing stable torque comparable to MT using readily available microbeads is not feasible.
72 While MT can enable reversible supercoiling of single molecules at ~pN forces⁷¹⁹, mechanical
73 vibrations over ~seconds introduced during rotation of nearby permanent magnets places
74 limitations on structural transitions probed.

75 We present Combined Optical and Magnetic Biomolecule TWEEZers (COMBI-Tweez), which
76 overcomes these challenges. COMBI-Tweez is a bespoke, correlative single-molecule force and
77 torsion transduction technology colocating low stiffness near infrared (NIR) OT with laser excitation
78 fluorescence microscopy on DNA molecules in a ~mT B field, generated by pairs of Helmholtz coils,
79 rotated in orthogonal planes independently under high-precision control (Supplementary Movie 1).
80 OT and MT can be operated independently, while a trapped fluorescently-labelled DNA molecule,
81 which we use as well-characterized test chiral biopolymer, can be extended parallel to the focal
82 plane to enable fluorescence imaging in real time with sub-nm displacement detection via laser
83 interferometry. To our knowledge, this is the first report of stable optical trapping of magnetic beads
84 at physiologically relevant temperatures.

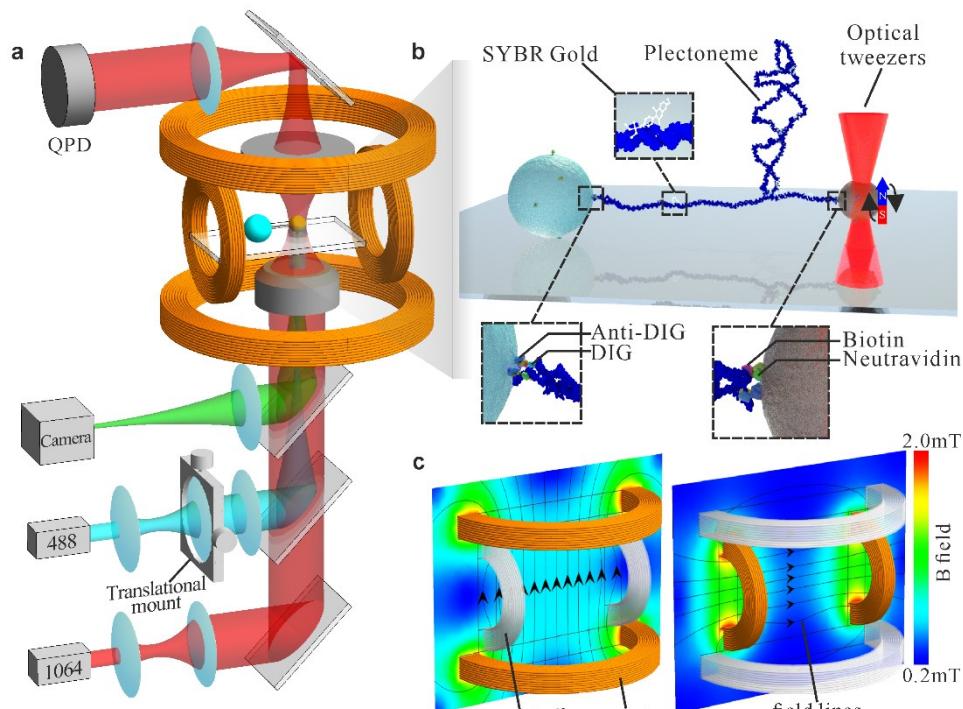
85 We demonstrate this technology through time-resolved formation and relaxation of higher-order
86 structural motifs including plectonemes in DNA; these emergent features comprise several open
87 biological questions which relate to plectoneme size, position and mobility. We measure changes to
88 the buckling transition³⁷ due to binding of the fluorescent dye SYBR Gold³⁸, and controlled
89 quantification of interactions between two “braided” DNA molecules. We discuss these findings in
90 the context of modelling structural motifs using MD simulations. The unique capability of COMBI-
91 Tweez is the correlative application of several single-molecule techniques on the same biopolymer
92 molecule, not attainable with a subset of techniques alone. OT enables high-bandwidth force
93 measurement, while MT generates magnetic microbead rotation to induce controlled torque with
94 no mechanical noise or lateral force. Control software enables precise tuning of supercoiling density
95 σ , with bead rotation verified using fluorescence imaging of conjugated reporter nanobeads. We
96 demonstrate COMBI-Tweez using high-sensitivity fluorescence detection whose utility can be easily

97 extended to multiple fluorescence excitation and surface functionalization methods, with future
98 applications to study several generalised biopolymers.

99 Results

100 Decoupling force and torque

101 COMBI-Tweez OT control of force and displacement, with MT control of torque (Fig. 1a,b,
102 Supplementary Movie 1) is simple and robust. No modifications to NIR laser trapping beams are
103 required, such as Laguerre-Gaussian profiles to impart angular momentum³⁹, nor nanoscale
104 engineering such as cylindrical birefringent particles⁴⁰. Since COMBI-Tweez OT controls bead
105 displacement, dynamic B field gradients that update continuously to reposition the bead, common in
106 MT-only systems⁴¹, are not required. We use a uniform B field via two pairs of coils carrying
107 sinusoidal currents to rotate an optically trapped magnetic bead (Fig. 1c, online methods,
108 Supplementary Note 1 and Supplementary Figs. 1-8). Decoupling force and torque allows COMBI-
109 Tweez to exert arbitrary combinations of sub-pN to approximately 10 of pN and of sub-pN·nm to
110 tens of pN·nm, relevant for cellular processes involving DNA such as plectoneme formation⁴².
111 COMBI-Tweez also exploits rapid 50 kHz quantification of bead positions using back focal plane (bfp)
112 detection of the NIR beam via a high-bandwidth quadrant photodiode (QPD) not limited by camera
113 shot noise⁴³ (online methods). In MT-only setups, camera-based detection is often used to track
114 beads with ~kHz sampling; our high-speed detection permits faster sampling to probe rapid
115 structural dynamics.



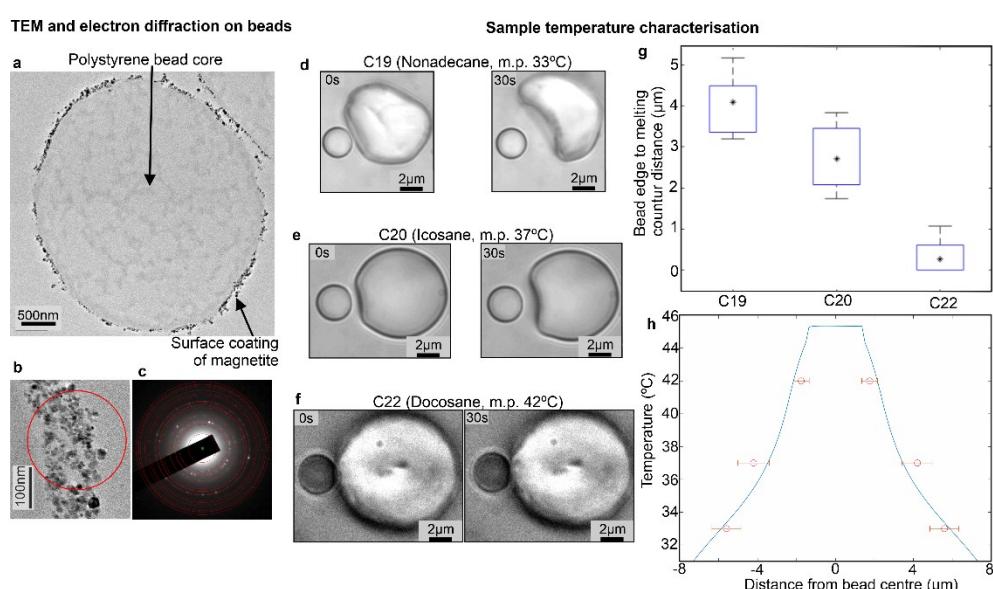
116
117 **Figure 1 Principle of COMBI-Tweez.** (a) An NIR OT is collocated with MT generated from a pair of orthogonal Helmholtz
118 coils enabling a single tethered DNA molecule to be visualised simultaneously in the focal plane using a variety of light
119 microscopy modes, to observe DNA structural dynamics when the molecule is mechanically perturbed. (b) Cartoon of a
120 plectoneme formed in COMBI-Tweez, using chemical conjugation to tether one end of a DNA molecule to a surface-
121 immobilised ‘anchor’ bead with the other tethered to an optically trapped magnetic microbead. SYBR Gold fluorophores³⁸
122 label the DNA via intercalation between adjacent base pairs. (c) Simulation of B field when vertical and horizontal coil pairs
123 are separately activated, indicating a highly uniform field in the region of a trapped bead. Generalised magnetic field
124 vectors can be generated by combining outputs from each coil; it is simple to generate stable B field rotation in a plane
125 perpendicular to the microscope focal plane resulting in rotation of the trapped bead that enables torque to be
126 controllably applied to a tethered DNA molecule.

127

128 **Stretching/twisting label-free DNA**

129 We first assessed COMBI-Tweez to perform torsionally unconstrained stretch-release (MT module
130 off) using a 15.6 kbp test double-stranded DNA (dsDNA) construct in the absence of fluorescent tags
131 (online methods, Supplementary Fig. 9), generated as a fragment from λ DNA digestion and
132 functionalised with concatemer repeats of biotin or digoxigenin “handles” on either end, since the
133 results can be directly compared with several previous OT/MT molecular studies on similar
134 constructs. Our handles were 500 bp leaving a 14.6 kbp central region. We surface-immobilised
135 5 μ m “anchor” beads with non-specific electrostatic adsorption by flowing diluted anti-digoxigenin
136 (DIG) beads into a flow cell before BSA passivation then introducing DNA in ligase buffer. Following
137 incubation and washing we introduced 3 μ m Neutravidin-functionalised magnetic beads, sealed the
138 flow cell and imaged immediately. To form tethers, we hold an optically-trapped magnetic bead 500
139 nm from an anchor bead to allow a tether to form through *in situ* incubation. Each tether’s
140 mechanical properties could then be studied via stretch-release through nanostage displacement at
141 a \sim 1 Hz frequency and \sim 5 μ m amplitude (online methods and Supplementary Movie 2).

142 Since it is well established that strong B fields induce above physiological temperature increases in
143 magnetic nanoparticles and also that previous attempts using optically trapped magnetic beads
144 were limited by temperature increases due NIR laser absorption by magnetite⁴⁴ (and personal
145 communication Nynke Dekker, University of Delft), we characterized trapped bead temperature
146 extensively. Performing transmission electron microscopy (TEM) on dehydrated resin-embedded
147 70 nm thick sections of the magnetic beads (online methods) indicated electron opaque
148 nanoparticles distributed in a \sim 100 nm thin surface just inside the outer functionalisation layer
149 (Fig. 2a,b) while electron diffraction was consistent with an iron (II/III) oxide magnetite mixture as
150 expected (Fig. 2c). We estimated temperature increase near trapped beads by measuring the
151 distance dependence on melting alkane waxes (online methods). By positioning a trapped bead
152 adjacent to a surface-immobilised wax particle, we observed the melting interface using brightfield
153 microscopy (Fig. 2d-f), enabling distance measurement to the bead surface (Fig. 2g). Modelling heat
154 generation analytically suggested \sim 1/x dependence for small x (distance from the bead surface) less
155 than the bead radius (Supplementary Note 2). We used the data corresponding to small x to show
156 that increasing the distance of the magnetite from the bead centre significantly reduces the bead
157 surface temperature (Supplementary Fig. 10), resulting in 45°C in our case (Supplementary Note 3).
158 Finite element modelling of heat transfer outside the bead confirmed deviation of 1/x for larger x
159 (Fig. 2h), fitting all wax data points within experimental error, indicating a range of 45-30°C for
160 distances from the bead surface from zero through to the \sim 5 μ m DNA contour length. The mean
161 \sim 37-38°C over this range is serendipitously perfectly aligned for physiological studies. This
162 acceptable temperature increase limits our trapping force to approximately 10 pN, well within the
163 physiological range we want to explore for DNA.

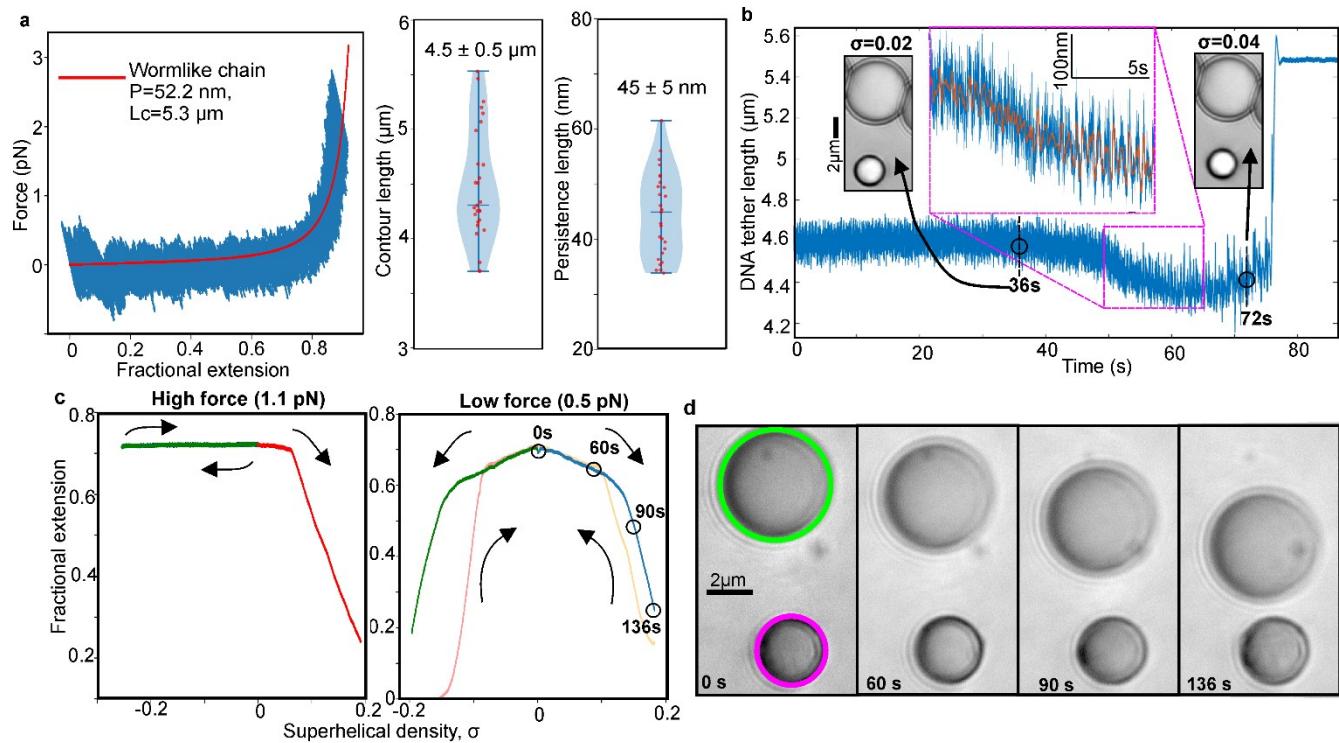


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165 **Figure 2 Absorption of NIR laser by magnetite results in physiological temperatures surrounding trapped beads.** a) TEM
166 of 70 nm thick section of resin-embedded dehydrated magnetic bead (JEOL 2100+ TEM 200 kV). b) Zoom-in on the bead
167 surface showing red circled electron-dense nanoparticles produce a c) selected area diffraction pattern consistent with iron
168 (II,III) oxide. d)-f) Brightfield of trapped magnetic bead positioned adjacent to solid $\sim 10 \mu\text{m}$ surface immobilised alkane wax
169 particle, shown for waxes C19, C20 and C22, indicating formation of melting interface at 30 s timepoint. C22 often either
170 did not visibly melt or had interface less than a radius from bead edge. g) Boxplot indicating mean (*) distance from bead
171 edge to melting interface for the three waxes (blue box interquartile range). h) Finite element model (blue, Supplementary
172 Note 3) for heat transfer predicts that the temperature stays constant inside the bead at $\sim 45^{\circ}\text{C}$ and decreases with
173 distance away from the bead (experimental datapoints overlaid in red, s.d. errorbars). The temperature dependence
174 beyond bead surface becomes shallower than the $\sim 1/x$ predicted from analytical modelling (Supplementary Note 2) due to
175 heat transfer into the glass coverslip from the surrounding water.

176
177 The estimated DNA persistence length determined from wormlike chain (WLC)⁴⁵ fits to force-
178 extension data (online methods) was comparable to previous studies⁴⁶ with mean of approximately
179 50 nm (Fig. 3a) with no significant difference between stretch and release half cycles indicating
180 minimal hysteresis due to stress-relaxation⁴⁷ (Extended Data Fig. 1). Mean contour length was
181 approximately 5 μm (Fig. 2a), comparable to sequence expectations. We configured OT stiffness to
182 be low (10 pN/ μm) compared to earlier DNA studies that probed overstretch, allowing instead stable
183 trapping up to a few pN relevant to physiological processes while avoiding detrimental heating.
184 We tested COMBI-Tweez to twist torsionally constrained DNA, first keeping the OT stationary as a
185 trapped bead was continuously rotated at 1 Hz. We found that force increased as DNA is wound,
186 until high enough to pull the bead from the trap, towards the anchor bead at which point
187 meaningful measurement ends (Supplementary Movie 3). As reported by others, we observed that
188 DNA force does not increase linearly with torsional stress but undergoes buckling³⁷ at which DNA no
189 longer absorbs torsional stress without forming secondary structures which shorten its end-to-end
190 length (Fig. 3b). Utilising the 50 kHz QPD sampling, we monitored rapid fluctuations in
191 conformations between individual rotation cycles which would not be detectable by the slower
192 video rate sampling (Fig. 3b inset). For the example shown, there is an initial 1.7 pN force at 4.5 μm
193 extension (bead image inset, 36 s). Force increased non-linearly during rotation with corresponding
194 decrease in extension to 4.3 μm (inset, 72 s) prior to buckling at 2.2 pN and exiting the trap (75 s).
195 Modelling twist for an isotropic rod suggests torque τ per complete DNA twist is approximately C/L
196 where C is the torsional modulus and L the DNA length. Using $C = 410 \text{ pN} \cdot \text{nm}$ obtained previously on
197 DNA using MT single-molecule twist experiments² indicated torque of 0.08 pN.nm per bead rotation.
198 We next sought to reproduce “hat curves” which map relations between DNA extension versus twist
199 when positively and negatively supercoiled (online methods). At forces less than a critical value F_c of
200 0.6-0.7 pN⁴⁸, DNA supercoiling was approximately symmetric around $\sigma = 0$ ⁴⁹. At higher forces,

201 negative supercoiling no longer leads to plectonemes but instead to melting bubbles⁴⁸. We selected
 202 forces either side of F_c , fixed in real time using bead position feedback to the nanostage. As
 203 anticipated, high-force hat curves (Fig. 3c left panel, 1.1 pN) indicate asymmetry with a high
 204 extension plateau from $\sigma = 0$ to $\sigma < 0$ (blue trace) and $\sigma > 0$ to $\sigma = 0$ (green trace), with decreasing
 205 extension as DNA is overtwisted (red). At lower force (Fig. 3c right panel and Fig. 3d, 0.5 pN)
 206 negative supercoiling, indicated by green and red traces, comprised 200 rotations for each trace
 207 equivalent to maximum negative torque of -1.6 pN.nM, was broadly symmetrical with the positive
 208 supercoiling pathway, indicated by blue and yellow traces, which comprised 200 rotations per trace
 209 equivalent to maximum positive torque of +1.6 pN.nM. Lateral (15 nm/s) and axial (7 nm/s) drift was
 210 effectively negligible for individual rotation cycles by allowing COMBI-Tweez to reach a stable
 211 temperature following coil activation, however, over longer duration hat curve experiments
 212 comprising several hundred seconds we performed drift correction on bead positions (online
 213 methods).

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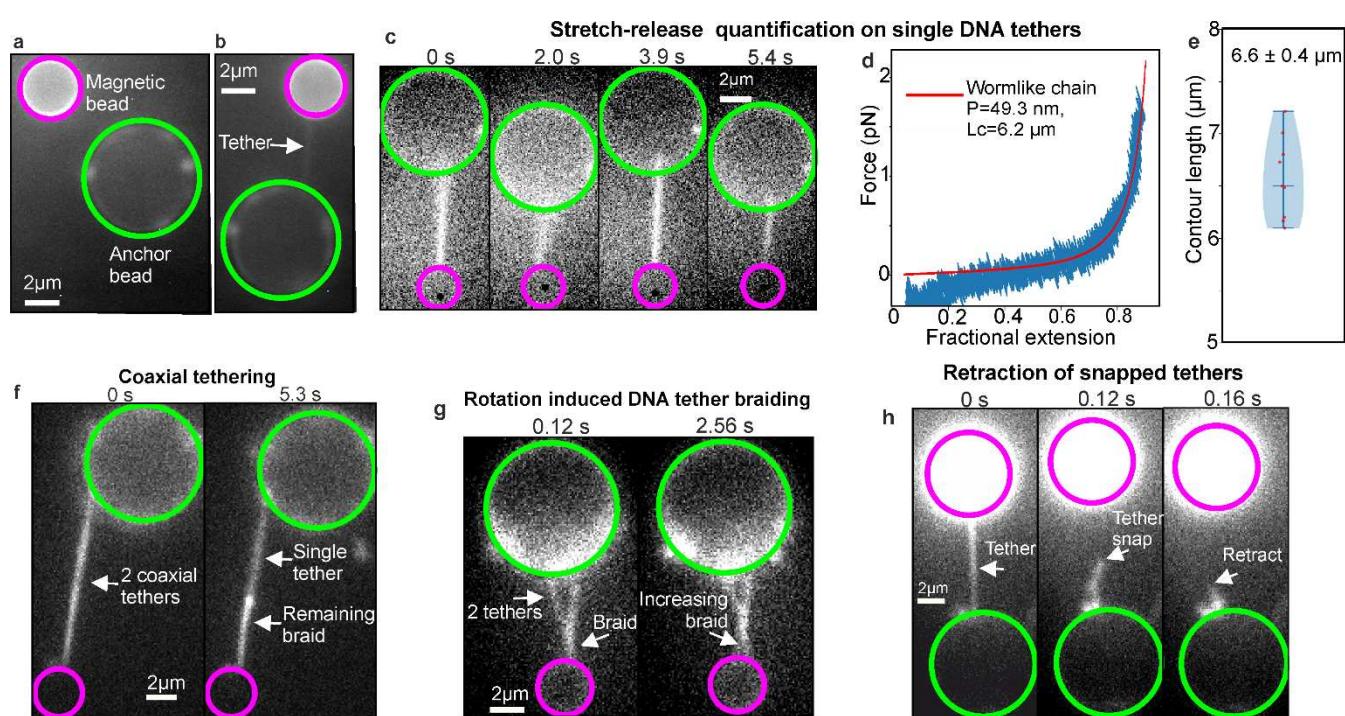


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 216 **Figure 3 COMBI-Tweez in brightfield quantifies key features of supercoiling.** a) Left: (Blue) representative DNA force vs
 217 fractional extension showing no obvious stress-relaxation⁴⁷, WLC fit indicated (red) $L_c = 5.3 \mu\text{m}$ and persistence length $P =$
 218 52 nm obtained as mean from $n = 44$ consecutive stretch-release half cycles, s.d. 13%, error on individual fits <0.002%
 219 estimated from 1,000 bootstrapped fits from 1% of data per bootstrap. Right: violin plot of WLC fitted mean L_c and P for
 220 $n = 27$ separate tethers. b) End-to-end extension measured from QPD tracking of trapped bead (blue) plotted as function of
 221 time during continuous overtwist for fixed trap, initially 1.7 pN. Inset: brightfield of bead pair at σ values of 0.02 and 0.04
 222 taken at 36 s and 72 s respectively before magnetic bead is lost from trap at 75 s. Zoom-in of extension measured using
 223 QPD 50 kHz sampling (blue) plus indicative running median overlaid (red, 5,000-point window), showing same trend in
 224 decreasing extension as video analysis but revealing additional conformational heterogeneity between individual rotation
 225 cycles. c) Left: Hat curve for force clamp experiment, 1.1 pN (green “outward” trace is almost entirely overlaid onto blue
 226 “inward” trace indicating negligible hysteresis); Right: hat curve, 0.5 pN. Both curves corrected for drift between different
 227 sections taken at timepoints which span up to 25 min. Apparent hysteresis between blue/yellow sections at low force due
 228 to 1-2 s response time of force clamp, while that between green/red sections is due both to this effect and bead pair
 229 transiently adhering for a few seconds following formation of tether extension reduction upon negative supercoiling.
 230 Arrows indicate path taken during the experiment (blue outward and yellow inward overtwist, followed by green outward
 231 and red inward undertwist). d) Brightfield from low force clamp experiment of c) at indicated timepoints, with nanostage
 232 moving anchor bead (green) relative to optically trapped bead (magenta) to maintain constant force (see also
 233 Supplementary Movie 4).

234

235 DNA dynamics during stretch/twist visualized by correlative fluorescence imaging

236



237

238 **Figure 4 Correlative fluorescence imaging and torsional manipulation of DNA enables visualisation of tether dynamics.** a)

239 Optically trapped bead (magenta) next to surface-immobilised anchor bead (green). Multiple DNA molecules clearly visible
240 on anchor bead as distinct foci since entropic compaction of untethered DNA results in ~ 500 nm end-to end length (also
241 see Supplementary Fig. 11). b) Tether is formed between the two beads in a), indicated by white arrow. c) Image frames
242 extracted from continuous stretch-release experiment performed in fluorescence. d) Representative force-extension data
243 compiled from $n = 8$ consecutive stretch-release half cycles obtained from same tether by WLC fits (red). Mean persistence
244 length determined from $n = 9$ separate tethers was 53 ± 15 nm (\pm s.e.), comparable with that obtained for unlabelled DNA
245 construct while e) mean contour length larger by $>30\%$ consistent with reports of SYBR Gold interactions³⁸. f) Two DNA
246 molecules formed between anchor and trapped bead in which the tethers are coaxial. After one tether breaks (right), it
247 retracts along the second leaving a bright still-braided region and a dimmer single-tether region. g) Two DNA molecules
248 have formed a Y shape with “braided” section and two single tethers meeting anchor bead at different points. After
249 rotation the braided section grows (see also Extended Data Fig. 2). h) Tether snapping and retracting to anchor bead,
250 indicated by white arrow.

251

252 We tested the fluorescence capability using several illumination modes including widefield
253 epifluorescence, Slimfield⁵⁰ (a narrowfield microscopy enabling millisecond imaging of single
254 fluorescent molecules), and an oblique-angle variant of Slimfield that combines narrowfield with
255 highly inclined and laminated optical sheet microscopy (HILO)⁵¹, using 488 nm wavelength laser
256 excitation (online methods). To visualize tether formation, we pre-incubated DNA-coated anchor
257 beads with intercalating dye SYBR Gold³⁸ at one molecule per $1-2 \mu\text{m}^2$ (Fig. 4a, online methods and
258 Supplementary Movie 5), enabling inter-bead tethers to be visualized, using oxygen scavengers to
259 mitigate photodamage (Fig. 4b). Low power widefield epifluorescence allowed single tethers to be
260 observed at video rate for ~ 100 s before tether breakage due to photodamage (Fig. 4c). Repeating
261 the same torsional unconstrained stretch-release protocol as for unlabelled DNA (Fig. 4d and
262 Supplementary Movie 6) indicated a mean persistence length comparable to unlabelled of
263 approximately 50 nm, whereas the contour length increased over 30% (Fig. 4e), consistent with
264 earlier reports at comparable stoichiometry values of SYBR Gold:DNA³⁸ if at least half available SYBR
265 Gold intercalation sites are occupied.

266

267 Experimenting with DNA concentration also demonstrated potential for studying interactions
268 between multiple molecules, e.g. “braided” double tethers that can be controllably unwound by
269 bead rotation to reform separated single tethers (Fig. 4f, Extended Data Fig. 2, online methods and

268 Supplementary Movie 7), including studying two fully braided coaxial DNA molecules (Fig. 4g and
269 Supplementary Movie 8) in some instances resulting in visible entropic retraction when one of these
270 snaps (Fig. 4h and Supplementary Movie 9). These unique features of COMBI-Tweez allowed high-
271 precision control of DNA-DNA interactions as a function of supercoiling.

272 **Time-resolved visualization of DNA structural motifs**

273 To explore the capability to study complex structural dynamics, we investigated DNA plectonemes,
274 higher-order structural motifs that emerge in response to torque⁴⁶. Applying constant force to a
275 SYBR Gold labelled tether using the same protocol as for unlabelled DNA of 1-2 pN, above the critical
276 F_c of 0.6-0.7 pN⁴⁸, and rotation to control σ , resulted in a similar asymmetrical hat curve (online
277 methods) – in the example shown in Fig. 5a starting from $\sigma = 0$ and overtwisting (blue trace) to $\sigma > 0$
278 with associated drop in fractional extension, then undertwisting through to $\sigma = 0$ (yellow trace) then
279 to $\sigma < 0$ with characteristic plateau in fractional extension (green/red traces), high-frequency QPD
280 sampling enabling detection of rapid structural fluctuations over ~100 nm in this region (Fig. 5a
281 inset). We measured a small difference to σ at which extension begins to decrease during
282 continuous overtwisting; for SYBR Gold labelled DNA this occurred at σ close to zero, whereas for
283 unlabelled DNA this was between 0.05-0.1, likely caused by DNA mechanical changes due to SYBR
284 Gold intercalation³⁸.

285 To measure longer timescale structural dynamics, we redesigned data acquisition using stroboscopic
286 imaging to expose just 10 consecutive images in fluorescence between 50 continuous bead rotations
287 to minimise photodamage, allowing 1 min equilibration between 50 rotation segments – the
288 example of Fig. 5b obtained below F_c using this discontinuous imaging protocol showed the same
289 qualitative features of an approximately symmetrical hat curve at low force for unlabelled DNA, with
290 the caveat of negligible hysteresis following equilibration between rotation segments.

291 Using the stroboscopic illumination protocol, high forces for relaxed or negatively supercoiled DNA
292 caused no differences in terms of tether shortening from the fluorescence images and no evidence
293 of the formation of higher-order structures (Fig. 5c left and centre panels), though negatively
294 supercoiled DNA exhibited image blur in localized tether regions, absent from relaxed DNA, manifest
295 in a higher average full width at half maximum (FWHM) intensity line profile taken perpendicular to
296 the tether axis (Fig. 5d and online methods). Conversely, overtight resulted in visible tether
297 shortening along with the appearance of a higher intensity fluorescent puncta along the tether itself
298 (Fig. 5c right panel and inset, indicated as a plectoneme, see also Supplementary Movie 10).
299 Significant overtwisting leads eventually to sufficient DNA shortening which pulls the magnetic bead
300 out of the optical trap, shown in a different tether in Supplementary Movie 11).

301 At low force, fluorescence images of positively supercoiled DNA indicated similar tether shortening
302 and formation of a fluorescent punctum (Fig. 5e and inset, $\sigma = 0.11$ and 0.14). Conversely, although
303 relaxed DNA showed no evidence of higher-order localized structures, negatively supercoiled DNA
304 indicated both tether shortening and the appearance of a fluorescent punctum (Fig. 5e and inset,
305 $\sigma = -0.14$), albeit dimmer than puncta observed for positively supercoiled DNA. Notably, we find that
306 tethers formed by undertwisting appeared at different locations from those created through positive
307 supercoiling.

308 Similar experiments on full length λ DNA (48.5 kbp) resulted in more than one plectoneme (online
309 methods), the example of Fig. 5f following positive bead rotations (Supplementary Movie 12) having
310 three puncta per tether. Using Gaussian fitting to track puncta to 20 nm precision and summing
311 background-corrected pixel intensities enabled estimation of bp content, indicating 2.6-3.1 kbp per
312 plectoneme whose rate of diffusion decreased with increasing bp content (Fig. 5g). In this example,
313 there was a step-like increase in DNA extension of ~400 nm at approximately 860 ms, consistent
314 with a single-strand nick. Following this, each plectoneme then disappeared in sequence between
315 approximately 900-1,000 ms (Fig. 5h) indicative of a torsional relaxation wave diffusing from the
316 nick⁵².

317 Estimating the proportion of bp associated with puncta in the shorter 15 kbp construct for positively
318 supercoiled DNA indicated up to ~50% of bp for the brightest puncta ($\sigma = 0.14$) and ~40% for the
319 $\sigma = 0.11$ case are associated with plectonemes, while for negatively supercoiled DNA the brightest
320 puncta contained closer to ~10% of the number of bp in the total tether length, broadly comparable
321 with the range of bp per plectoneme in λ DNA. Puncta tracking indicated displacements of
322 approximately 100 nm per frame equivalent to an apparent 2D Brownian diffusion coefficient in the
323 focal plane of 310-1,900 nm²/s (Table 1 and Fig. 6a). Note, that these 2D diffusion coefficient
324 estimates give indications of the local mobility of plectonemes in the lateral focal plane of a DNA
325 tether, though the physical processes of plectoneme mobility parallel (possible sliding movements)
326 and perpendicular (likely to be lateral tether fluctuations in addition to plectoneme mobility relative
327 to tether) to a tether are likely to be different, which we do not explore here. We found that puncta
328 for positively supercoiled DNA have higher mean diffusion coefficients than for negatively
329 supercoiled by a factor of ~6.

330 We next predicted plectoneme location using a model based on localized DNA curvature⁵³ and the
331 stress-induced destabilization (SIDD) during undertwist algorithm⁵⁴ to model the likelihood of
332 forming melting bubbles and plectonemes at each different bp position along the DNA (online
333 methods), using the same sequence of the 15 kbp construct and so presenting an excellent
334 opportunity for cross-validation between experiment and simulation. This analysis showed
335 agreement for bubble formation to the location of puncta observed during negative supercoiling at
336 low force off-centre at ~4.5 kbp (within 3.6% of our predictions, Fig. 6b). SIDD focuses on locating
337 denaturation bubbles and has limitations in assuming torsional stress is partitioned into twist,
338 therefore over-predicting bubble prevalence in systems in which plectonemes are present, and
339 failing to account for influences of DNA curvature on plectonemes, and by extension, bubble
340 formation. The presence of a predicted peak in the centre 7 kb region was likely an artifact of over-
341 prediction, borne out by the integrated area under the suite of ~6 peaks pooled around ~4.5 kbp
342 being over five times greater than the 7 kbp peak; it is likely this secondary bubble might have
343 effectively been “replaced” by the plectoneme. Considering the high energy cost associated with
344 initialisation of a run of strand separation of 10.84 kcal/mol⁵⁵, which is independent of bubble size,
345 the formation of a single bubble is favourable in this regime.

346 Conversely, plectonemes under the same conditions are predicted to form at the DIG-functionalised
347 end of the DNA, opposite to that observed experimentally (Fig. 6c), although the plectoneme
348 prediction algorithm was developed for exclusively positively supercoiled DNA and we are not aware
349 of studies using it for negative supercoiling. The analysis predicted that plectoneme formation
350 during positive supercoiling was most likely located at the midpoint of the DNA tether, consistent
351 with experimental observations of puncta (Fig. 6c).

352 Formation of a localized bubble is a precursor of dsDNA melting, leaving two regions of single-
353 stranded DNA (ssDNA) with high local flexibility which can form the tip of a plectoneme, a scenario
354 which is energetically and entropically favourable compared to forming a second bubble. We
355 therefore hypothesise that bubbles generated through low negative supercoiling act as subsequent
356 nucleation points for plectonemes as negative supercoiling increases. SYBR Gold is capable of
357 binding to ssDNA in addition to dsDNA, with the result that during the sampling time used
358 experimentally, rapidly fluctuating ssDNA conformations will result in localized image blur, which is
359 what we observed experimentally (Fig. 5d). However, fluorescence imaging of cy3b-SSB (online
360 methods), which indicated binding to ssDNA oligos, showed no binding at comparable levels in
361 tethers, which may mean that the typical bubble size is smaller than the probe ~50 nt footprint⁵⁶;
362 although SIDD modelling indicated bubble sizes of ~60 nt these are limited by not considering
363 plectoneme dependence, which may result in smaller effective bubble sizes. For positive

364 supercoiling, considering only the intrinsic curvature and sequence accurately predicted the
365 plectoneme location, as described previously.
366 To better understand bubble/plectoneme coupling, we performed MD simulations of DNA
367 fragments held at constant force with varying σ (Fig. 6d,e, online methods and Supplementary
368 Movies 13-16). We found that plectoneme formation was always accompanied by bubbles forming
369 at or near plectoneme tips, caused by significant bending in this region, while relaxed DNA showed
370 no evidence for bubble or plectoneme formation. However, the nature of these bubbles varied
371 between over- and undertwisted fragments. For overtwisted, bubbles remained relatively close to a
372 canonical conformation, with bases on opposite strands still pointing towards each other. For
373 undertwisted, the structural damage was catastrophic; base pairs were melted and bases face away
374 from the helical axis, leaving large ssDNA regions. In addition, bubbles in undertwisted DNA tended
375 to be longer (up to 12 bp) and more stable (lasting for up to 2,200 ns in our simulations, though
376 since simulations were performed in implicit solvent there is no direct mapping to experimental
377 timescales) than the ones formed in overtwisted DNA (maximum of 5 bp and 100 ns) resulting in a
378 significantly higher prevalence of bubbles for negatively supercoiled vs positively supercoiled DNA
379 (Fig. 6d and Extended Data Fig. 3). This agrees with previous experimental studies: while the
380 presence of defects has been widely reported in negatively supercoiled DNA, they have only been
381 detected recently in strongly positive supercoiling with $\sigma > 0.06$ ⁵⁷. We hypothesise that the differing
382 nature, size and frequency of these bubbles accounts for the relative mobilities of plectonemes we
383 observe; for the less disturbed positively supercoiled plectonemes, motions away from bubbles have
384 a lower energy barrier than for undertwisted plectonemes which would need to form a large highly
385 disrupted site during motion.

386

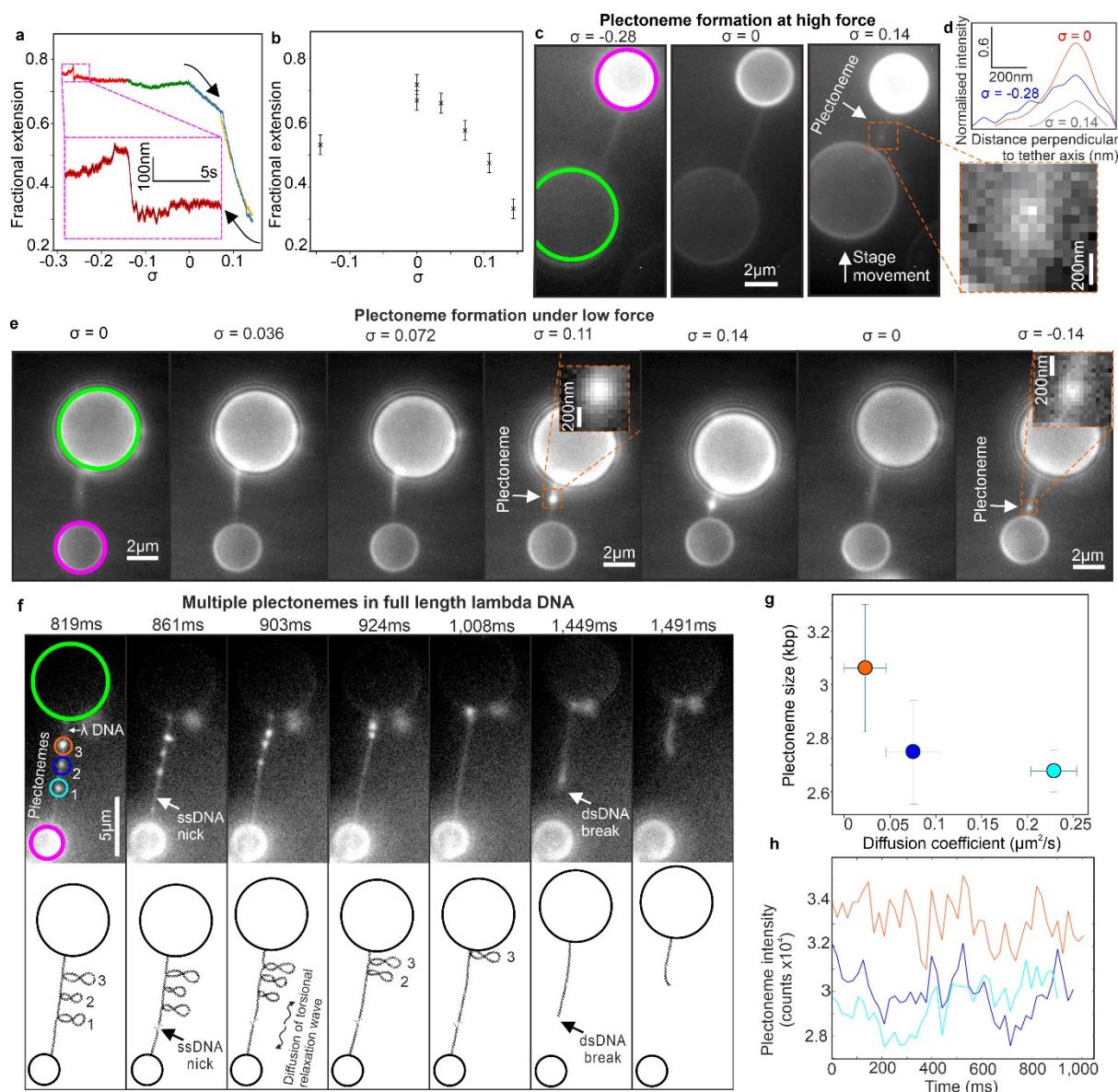
σ	rmsd (nm)	rmsd _⊥ (nm)	rmsd _{tot} (nm)	D_{tot} (nm ² s ⁻¹)
0.14	108 ± 37	96 ± 58	144 ± 47	1,900 ± 1,200
0.11	76 ± 52	72 ± 50	105 ± 41	990 ± 770
-0.14	49 ± 35	37 ± 14	62 ± 28	310 ± 280

387 **Table 1 Plectoneme mobility is supercoiling-dependent.** 1-dimensional root mean square
388 displacements parallel (rmsd_{||}) and perpendicular to tether (rmsd_⊥), and combined total 2-
389 dimensional rmsd (rmsd_{tot}) and diffusion coefficient D for the puncta shown in Fig. 5e. The
390 perpendicular thermal motion of the same tether without applied supercoiling was found to be
391 66 ± 46 nm, s.d. errors.

392

393

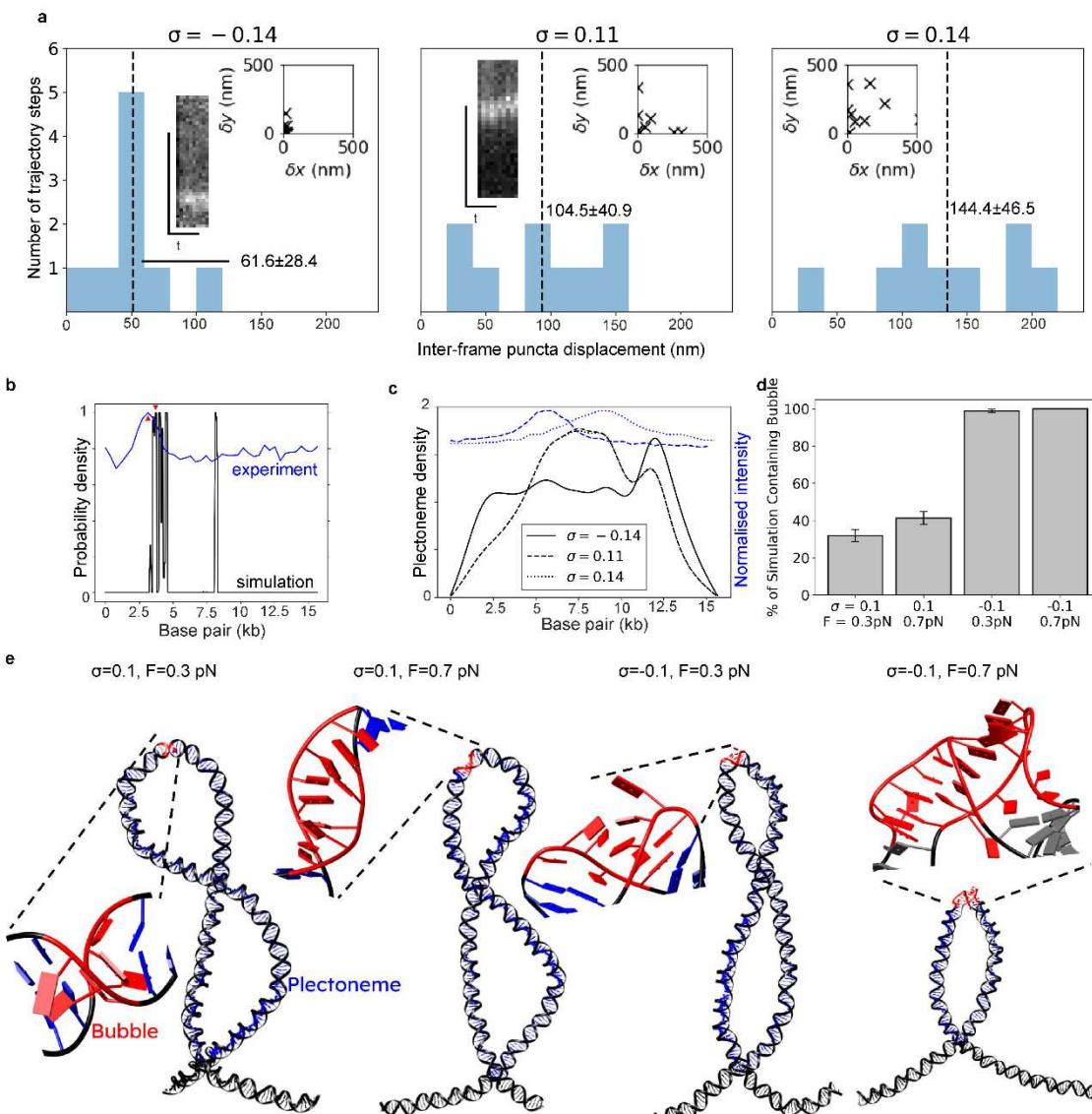
394



395

396 **Figure 5 Plectoneme dynamics in single molecules can be quantified at positive and negative supercoiling. a)**
397 Continuously acquired hat curve at 1.0 pN using QPD tracking of trapped bead showing asymmetric behaviour in presence
398 of SYBR Gold dye labelling (arrows indicate direction of overtwist red-green-blue followed by undertwist yellow, paths
399 corrected for experimental drift). Inset: 50 kHz QPD sampling of DNA extension (red) plus black indicative running median
400 filter window 1,500 points showing steep but finite negative gradient. **b)** Low force (approximately 0.5 pN) discontinuous
401 hat curve showing extension reduction during positive and negative supercoiling (distances measured with ImageJ and
402 indicative error bars shown equivalent to width of a point spread function for the microscope). **c)** Fluorescence microscopy
403 of high force (approximately 1 pN) plectoneme formation at $\sigma = -0.28$ (no plectoneme), 0 (no plectoneme) and 0.14 (inset
404 plectoneme). **d)** Intensity line profiles for tethers of c) normalized to $\sigma = 0$ spanning blur region of $\sigma = -0.28$ tether using
405 same size region for $\sigma = 0$ and $\sigma = 0.14$ tethers but excluding plectonemes, indicating FWHM widths of 251, 214 and
406 205 nm for $\sigma = -0.28$, 0 and 0.14 respectively (s.d. error $\sim 0.2\%$ estimated using bootstrapping, see online methods). **e)**
407 Fluorescence microscopy of low force plectoneme formation, anchor and magnetic bead indicated with green and
408 magenta circles respectively: when DNA is overtwisted a plectoneme forms and grows (inset, with altered display settings
409 to match local background). Removing positive supercoiling allows DNA to relax, extend to its original length, and removes
410 the plectoneme. After negative supercoiling is applied, extension decreases and a plectoneme is formed (inset). See also
411 Supplementary Movie 6. **f)** In longer 48.5 kbp λ DNA, in the example shown here extended to $\sim 70\%$ fractional extension
412 (approximately 0.3 pN), more plectonemes form upon torsional manipulation, three indicated here (small circles); single-
413 strand nick forms at ~ 860 ms (relative to the start of the fluorescence acquisition at 0 ms) resulting a torsional relaxation
414 wave which diffuses along the tether to remove the positive supercoiling of the plectonemes which then disappear
415 sequentially. **g)** The rate of plectoneme diffusion in this example decreases with increasing bp content. **h)** The integrated
416 fluorescence intensity of plectonemes remain roughly stable before the nick (no net turnover of bp content), though with
417 qualitative evidence of some anticorrelation between the cyan and blues traces whose plectonemes are separated by a
418 few microns. **g)** and **h)** same colour code as circled plectonemes in f).

419



420

Figure 6 Plectonemes are mobile but form at preferred locations. a) Distribution of inter-frame displacements for puncta mobility as assessed by 2D Gaussian tracking and calculating frame-to-frame displacement for tether with $\sigma = -0.14, 0.11$, and 0.14 respectively. Inset: scatter plots of frame-to-frame displacement in parallel to (y) and perpendicular to (x) the tether in nm, kymographs taken from a profile along the centre of the tether axis. b) Bubble forming probability density function as predicted by Twist-DNA⁵⁸, $\sigma = -0$. Plotted in blue on same axes is the normalised, background-corrected intensity of the plectoneme imaged from a single tether in fluorescence microscopy (Fig. 4c). Red triangles indicate the closest agreement between experimental and predicted peaks (within 3.6%). c) Plectoneme formation probability as predicted by the probabilistic model of Kim et al⁵³ with modified average plectoneme sizes. Solid line: -200 turns ($\sigma = -0.14$), dashed line: +150 turns ($\sigma = 0.11$), dotted line: +200 turns ($\sigma = 0.14$). Dotted and dashed line overlap so they cannot be distinguished in the plot. d) Percentage of each simulation over which bubbles are seen, with errors representing s.d. Lack of error in $\sigma = -0.1, F = 0.7 \text{ pN}$ case indicates presence of at least one bubble in every frame. e) Representative structures of our simulations highlighting plectonemes in blue and denaturation bubbles in red.

423

424 Discussion

425 Three existing approaches of molecular manipulation correlated with fluorescence visualisation
 426 enable DNA supercoiling to be studied: 1) utilising stochastic biotin-avidin unbinding²⁶ between an
 427 optically trapped bead and DNA molecule, followed by transient torsional relaxation and religation
 428 which introduces negative supercoils. Fluorescence microscopy is applied to visualize DNA. The
 429 approach is valuable in not requiring engineering of precise magnetic tweezers as with COMBI-
 430 Tweez, however, the introduction of supercoils is stochastic and limited to negative superhelical
 431

441 density, whilst COMBI-Tweez enables more scope to explore positive and negative supercoiling
442 dependence on DNA topology with higher reproducibility; 2) permanent magnetic tweezers²² in a
443 vertical geometry to twist a magnetic bead conjugated to the free end of surface-tethered dye-
444 labelled DNA to form plectonemes through positive supercoiling, followed by orthogonal rotation of
445 magnets to create an obliquely oriented tether which is almost but not entirely parallel to the
446 microscope focal plane due to imprecision with knowing the exact position of the surface relative to
447 the bead, but which can enable plectoneme dynamics visualisation via epifluorescence. This method
448 reports visualisation of mechanically induced plectonemes though not visualization of mechanically
449 controlled bubbles nor of mechanically induced plectonemes directly correlated in real time to the
450 mechanical driving torque; it does not require accurate engineering of coils nor optical tweezers,
451 however, there is no high-precision force measurement and control compared to COMBI-Tweez,
452 there are potential issues with surface interference and uncertainty in the angle between tether and
453 coverslip leading to imprecision concerning plectoneme mobility and, importantly, it does not enable
454 observation of plectoneme formation at the same time as twisting DNA, so it is not possible to study
455 early onset plectoneme dynamics but only several seconds following mechanical perturbations; 3)
456 intercalation of Sytox Orange dye²³ by surface-tethered DNA induces torsional stress which is
457 resolved by plectoneme formation through positive supercoils, but under certain concentration
458 regimes can also enable negative supercoils to be added. This approach is relatively easy to
459 configure, allows for simultaneous visualization of tethers and plectonemes, and can be performed
460 with higher throughput than COMBI-Tweez. However, a key advantage of COMBI-Tweez is that it can
461 control the state of DNA supercoiling directly, reversibly and consistently without relying on
462 stochastic intercalating dye binding/unbinding which, unavoidably, varies from tether to tether.
463 COMBI-Tweez is also able to precisely exert biologically relevant force regimes to DNA whilst
464 observing plectoneme formation and dynamics. The independent control of torque and force over a
465 physiological range with high-speed data acquisition coupled to high-precision laser interferometry
466 is also a unique capability which can enable biological insights in real time structural dynamics of
467 DNA and processes that affect its topology over a more rapid timescale than is possible with existing
468 approaches, such as DNA replication, repair and transcription. Also, COMBI-Tweez can monitor how
469 torsional dynamics affects plectonemes in real time, and can quantify torsional interactions between
470 two DNA molecules to high-precision, which has not to our knowledge been reported with these
471 earlier technologies. Being based around a standard inverted microscope, it is cost-effective to
472 implement offering access to interchangeable widefield and narrowfield illumination modes. These
473 modes can be multiplexed with trivial engineering adaptations to enable multicolour excitation or
474 combined with techniques such as polarization microscopy^{25,59,60} to extract multidimensional data
475 concerning biopolymer molecular conformations.

476 Although a previous report indicated the single-molecule fluorescence imaging of plectonemes in
477 DNA using intercalators to change σ with both DNA ends attached to a coverslip²³, we report here to
478 our knowledge the first transverse single-molecule fluorescence images of mechanically controlled
479 supercoiling-induced higher-order DNA structural motifs including both plectonemes and bubbles. In
480 the same earlier report it was indicated that plectonemes had high mobility equivalent to a diffusion
481 coefficient of $\sim 0.13 \mu\text{m}^2\text{s}^{-1}$, which contrasts our observation using COMBI-Tweez of a lower mobility
482 equivalent at its highest to $\sim 0.002 \mu\text{m}^2\text{s}^{-1}$ for the shorter 15 kbp construct, but is comparable to that
483 observed for full length λ DNA. Aside from these length differences, there are also differences in
484 intercalating dye used, in that the previous study used Sytox Orange dyes, whereas we focus on
485 SYBR Gold. We speculate that the different observed diffusion response may also result from the
486 interplay between applied supercoiling, axial force on differently sized plectonemes. The
487 plectonemes reported previously were relatively small, equivalent to $\sim 0.15\text{--}4$ kbp, and were
488 generated by relatively small supercoiling changes of $\sigma \sim -0.025$ at forces typically < 0.5 pN.
489 Conversely, in our study we used a higher σ and forces closer to the physiological scale, resulting in
490 larger plectonemes which we find does affect their mobility, since it is known that DNA in general
491 responds to external mechanical stresses by preserving stretches of B-DNA while other regions are

492 highly distorted^{19,59}. Also, as our previous MD simulations of the emergence of structural motifs in
493 DNA in response to stretch and twist indicates³¹, we find that sequence differences make significant
494 impacts to DNA topological responses to mechanical stress and damage.

495 The model we applied involves the SIDD algorithm⁵⁴ which is limited in its ability to accurately
496 predict where bubbles form since 1) it assumes torsional stress is partitioned into twist, effectively
497 that the DNA is fully extended, therefore over-predicting bubble prevalence if plectonemes are
498 present; 2) it does not consider DNA curvature on plectoneme or bubble formation. With these
499 caveats, our calculations perform well in the context of single-molecule experiments and previous
500 modelling studies in which we saw excellent agreement to AFM data^{34,61} for bending angles and radii
501 of gyration in addition to validation against bulk elastic properties of DNA demonstrated by the
502 SerraNA algorithm we reported previously⁶².

503 The agreement between predictions of bubbles and plectonemes with the observed positions of
504 puncta for negatively supercoiled DNA raises several questions. Firstly, do bubbles nucleate
505 plectonemes? This would be entropically and energetically favourable compared to forming two
506 bubbles – one at the melting site and one at the plectoneme tip. Previous studies indicate a balance
507 between denatured and B-DNA that depends on torsional stress^{19,63}, and utilising a pre-existing
508 bubble to nucleate plectonemes drives this balance towards more B-DNA, that may be
509 physiologically valuable in maintaining overall structural integrity. Secondly, is the smaller bp
510 content measured for puncta during undertwisting compared to overtwisting a consequence of the
511 seeding of plectoneme nucleation by a bubble? Future studies using dyes sensitive to both ssDNA
512 and dsDNA such as Acridine Orange⁶⁴ may delineate the kinetics of bubble from plectoneme
513 formation, since if initial bubble formation takes a comparable time to form compared to
514 subsequent plectoneme nucleation this may explain the time-resolved differences observed in
515 plectoneme content between under- and overtwisted DNA. Thirdly, can a bubble act as a “staple”,
516 providing an entropic and energetic barrier to plectoneme diffusion, holding it in place at the
517 plectoneme tip – as mismatched/unpaired regions have been shown to do in experiment²³ and
518 simulation³⁰? If so, since predictions indicate sequence dependence on bubble formation, could
519 plectoneme formation serve a role to regulate DNA topology at “programmed” sites in the genome?
520 Given that in *E. coli* the genome is negatively supercoiled with a mean $\sigma \sim -0.05$ could sequence
521 repeats with enhanced likelihoods for bubble formation serve as a hub for plectonemes that prevent
522 mechanical signal propagation along DNA, in effect defining genetic endpoints of “topological
523 domains” that have roles in protein binding and gene expression⁵⁷?

524 To our knowledge, this is the first time that size, position, and mobility of higher-order structural
525 motifs in DNA under mechanical control have been *directly* measured in real time simultaneously
526 with the driving mechanical perturbation. The dependence of DNA shape and mechanics on its
527 interactions with its local environment represents a divergence from traditional views of DNA seen
528 through the lens of the Central Dogma of Molecular Biology; COMBI-Tweez has clear potential to
529 facilitate mechanistic studies of DNA topology dependence on the interactions with binding partners
530 such as enzymes, transcription factors and other nucleic acid strands. And, with trivial adaption, the
531 technology can be implemented to study other filamentous chiral biopolymers; RNA is an obvious
532 candidate, but also modular proteins such as silk show evidence for interesting torsional properties⁶⁵
533 which have yet to be explored at the single-molecule level in regards to their response to twist. It
534 may also be valuable to use COMBI-Tweez to explore specific mechanistic questions relating to
535 emergent features of DNA topology, including the dependence on force and ionic strength on DNA
536 buckling, to further probe the source of very rapid fluctuations we observe in DNA supercoiling using
537 bfp detection, of putative long-range rapid plectoneme hopping mobility reported previously²², as
538 well as investigating the role of DNA topology in crucial cell processes involving interaction with DNA
539 binding proteins, such as DNA repair mechanisms⁶⁶. The collation of single-molecule tools in COMBI-
540 Tweez around a single optical microscope also presents valuable future opportunities to integrate
541 even more single-molecule biophysics tools, many of which are developed around optical
542 microscopy⁶⁷⁻⁶⁹.

543

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546

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735 **Correlating fluorescence microscopy, optical and magnetic tweezers to study single chiral**
736 **biopolymers, tested on DNA plectoneme formation dynamics**
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748 **ONLINE METHODS**

749 **Instrumentation**

750 Optical tweezers (Supplementary Fig. 1) were built around an inverted microscope (Nikon Eclipse Ti-
751 S, Nikon Instruments Inc.) with NIR trapping laser (opus 1064, Laser Quantum), to overfill objective
752 aperture (100x, NA 1.45, oil immersion, MRD01095, Nikon Instruments Inc.). Oil immersion
753 condenser (NA 1.4, Nikon Instruments Inc.) recollimated beam, back focal plane imaged onto a
754 QPD⁴³ (QP50-6-18u-SD2, First Sensor) and digitized (NI 9222 and NI cDAQ-9174). For most
755 fluorescence microscopy, a 488nm wavelength laser provided excitation, detection via a -80°C air-
756 cooled EMCCD (Prime 95B, Photometrics, or iXon Ultra 897, Andor Technology Ltd, 55 and 69
757 nm/pixel respectively). Magnetic tweezers were generated using Helmholtz coils (Supplementary
758 Fig. 2) on an aluminium platform. B field measurements indicated uniformity over several mm
759 (maximum DC force 4.2×10^{-5} pN, Supplementary Note 1). SWG20 copper wires (05-0240, Rapid
760 Electronics Ltd.) were wound onto 3D printed spools (Autodesk Inventor, Object30, material:
761 VeroWhitePlus RGD835), 95 turns for two smaller spools, 100 turns for two larger spools⁷⁰. LabVIEW
762 signals were generated (NI 9263 and NI cDAQ-9174); two bipolar 4-quadrant linear
763 operational amplifiers (BOP 20-5M, Kepco, Inc.) received voltages to convert to coil currents. COMBI-
764 Tweez was optical table mounted (PTQ51504, Thorlabs Inc.) in aluminium walls/card lids, ± 0.1 °C
765 climate controlled with air conditioning (MFZ-KA50VA, Mitsubishi Electric). Custom LABVIEW
766 software (Supplementary Fig. 3) enabled instrument control/data acquisition. Phased/modulated
767 currents were sent to generate a 2D rotating B field; QPD (2 axes), current (2 coils), nanostage (3
768 axes) and camera fire signal were sampled at 50kHz.

769 **Characterising tweezers.** 40nm beads were incubated with 3μm magnetic beads to impart
770 morphological asymmetry detectable on the QPD as a magnetic bead rotated. A 0.54A sinusoidal 1-
771 8Hz current was sent to the larger coil pair, 1.5A to the smaller pair (Supplementary Fig. 5a). We
772 evaluated phase shifts between coil input and bead rotation by taking QPD voltage correlated with
773 its time-reversed signal to reduce noise for peak detection. Supplementary Fig. 5b plots phase shift
774 as peak vs rotation frequency. Data were fitted using linear regression to yield
775 gradient $-0.429 \text{ rad Hz}^{-1}$, angular stiffness $k_\theta = 8\pi\eta R^3/|\text{gradient}| = 1.1 \times 10^3 \text{ pN} \cdot \text{nm} \cdot \text{rad}^{-1}$. To
776 confirm no OT/MT interdependence we intermittently switched a rotating 1 Hz B field on/off for 10s
777 intervals and monitored QPD signals in the absence of beads, confirming no 1Hz peak
778 (Supplementary Fig. 5c). We could entirely remove any driving 1Hz signal from QPD responses of
779 rotating trapped beads using narrow bandpass filtering, indicating no intrinsic influence of bead
780 rotation on QPD signals.

781 We measured trapping force as displacement of a magnetic bead from the trap centre (estimated
782 from mean-filtered QPD signals⁴², using prior 2D raster scanning of surface-immobilised beads as
783 calibration) multiplied by trap stiffness (determined from corner frequency of a Lorentzian fitted to
784 the trapped bead power spectrum), Supplementary Fig. 5.

785 **Force clamping.** A Proportional Integral Derivative (PID) feedback loop was enabled between QPD
786 and nanostage to keep tether force constant parallel to its axis (defined as x) by dynamically
787 repositioning the nanostage by the difference between set and measured force divided by trap
788 stiffness (10pN/μm), using PID optimisation to prevent overshooting/discontinuities. The clamp
789 response time was ~1s (Supplementary Fig. 6) with set force constant ±0.1pN throughout entire
790 over-/undertwisting experiments (Supplementary Fig. 7). Small forces detected parallel to y- and z-
791 axes due to angular constraints in trapped beads were minimised by manual nanostage adjustment.

792 **DNA preparation.** A ~15kbp DNA construct was synthesised by ligating functionalized handles,
793 containing biotin-16-dUTP or digoxigenin-11-dUTP (Roche, 1093070910/11277065910 respectively),
794 to a λ DNA fragment (Supplementary Fig. 8). Two PCR reactions were performed using primers
795 NgoMIV forward/Nhel reverse, amplifying a 498bp region of plasmid pBS(KS+) generating a 515bp
796 handle. For biotinylation, the ratio of dTTP to biotin-16-dUTP was 1:1 generating ~120 handle
797 nucleotides. For digoxigenin-labelling, the ratio of dTTP to digoxigenin-11-dUTP was 6.5:1 generating
798 ~32 digoxigenin-11-dUTPs. PCR reactions were monitored by gel electrophoresis and handles
799 purified using a Qiaquick PCR kit before digestion with NgoMIV (biotinylation) or Nhel-HF
800 (digoxigenin-labelling). The remaining tether comprises a 14.6kb fragment, purified using the
801 Monarch gel extraction kit from a 0.5% agarose TBE gel at 2V/cm for 36h. Handles were mixed with
802 cut λ in 5:1 λ:handle ratio (two compatible sticky ends for each handle), ligated using T4 DNA ligase
803 (NEB). 48.5kbp λ DNA was also created using a previously reported protocol²⁶, removing
804 phosphorylation steps using T4 polynucleotide kinase as already supplier-phosphorylated (IDT
805 N3011S).

806 **Bead functionalisation.** To suppress bead brightness in fluorescence (Supplementary Fig. 9), beads
807 were functionalised; 250μL of 50mg/mL solution of Micromer or Micromer-m (Micromod 01-02-
808 503/08-55-303 respectively), were incubated with 62.5μL of 5x MES (Alfa Aesar J61587), 2mg of EDC
809 Hydrochloride (Fluorochem 024810-25G), and 4mg N-Hydroxysuccinimide (Sigma 130672-5G) at
810 room temperature for 45min while vortexing. Beads were pelleted by centrifugation at 12,000xg and
811 resuspended in 200μL of 200μg/mL anti-digoxigenin (Merck Life Sciences 11333089001) or 200μL of
812 200μg/mL NeutrAvidin (Thermo Scientific 31000), then further incubated 3h. Beads were pelleted
813 and resuspended in 100μL PBS and 25mM glycine quench for 30min. Beads were
814 centrifuged/resuspended 3x in 500μL PBS before resuspending in 250μL PBS/ 0.02% azide,
815 generating anti-digoxigenin Micromer beads and NeutrAvidin Micromer-M beads, or the converse at
816 50mg/mL.

817 **Sample preparation/tethering.** A flow cell was prepared using truncated slides by scoring/snapping
818 a 50x26mm glass slide (631-0114, VWR), forming a double-sided tape plus 22x22mm coverslip
819 “tunnel” as described previously⁷¹. Flow cells were nominally passivated using polyethylene glycol
820 (PEG)⁷² variants MeO-PEG-NHS and Biotin-PEG-NHS (Iris biotech PEG1165 and PEG1057
821 respectively). Anchor and trapping beads were commercially carboxylated then functionalized with
822 anti-digoxigenin or NeutrAvidin as above. 5μm anti-digoxigenin anchor beads were diluted to
823 5mg/mL in PBS/0.02% sodium azide and 2mM MgCl₂ and vortexed to disaggregate. 10μL was
824 introduced, inverted and incubated in a humidified chamber 15min room temperature for surface
825 immobilisation; for PEG passivated flow cells 5μm NeutrAvidin anchor beads were used. 20μL
826 2mg/mL BSA in PBS was introduced and incubated 5min. Nominally, 10μL DNA 0.12ng/μL in T4 DNA
827 ligase buffer and with 1μL T4 DNA ligase was introduced and incubated 1h, washed 200μL PBS, 20μL
828 imaging buffer introduced, and flow cell was sealed with nail varnish.

829 For stretch-release experiments we used ~1Hz nanostage triangular waves, amplitude ~5 μ m,
830 acquiring for ≥ 2 consecutive cycles. For fluorescence, the imaging buffer comprised PBS, 1mg/mL
831 3 μ m NeutrAvidin-functionalised Micromer-m beads, 6% glucose, 1mM Trolox, 833ng/mL glucose
832 oxidase, 166ng/mL catalase, 25nM SYBR Gold. For brightfield-only experiments, the imaging buffer
833 comprised 1mg/mL 3 μ m NeutrAvidin functionalised Micromer-m beads in PBS. Fluorescence
834 experiments used 40ms exposure time, maximum camera gain. Oblique-angle Slimfield⁷³
835 0.11kW/cm² was the default mode, but we confirmed compatibility with epifluorescence, TIRF and
836 HILO. We first imaged DNA for a few seconds at 0.1mW to enable focusing but avoiding
837 photobleaching/photodamage, then imaged at 1mW. For continuous imaging, we acquired data for
838 200 rotations. For discontinuous imaging, we recorded 50 bead rotations using no fluorescence,
839 paused 1 min, then 10 frames in fluorescence, acquiring ~10 supercoiling states per molecule.
840 Brightfield-only experiments were 40ms exposure time, zero camera gain, no camera cooling. σ was
841 calculated as number of bead rotations divided by number of turns in relaxed DNA (B-DNA twist per
842 base pair multiplied by number of bp in the DNA construct).

843 An anchor bead was selected and nearby free magnetic bead optically trapped. Beads were brought
844 within 500nm and incubated 2min to facilitate tether formation (optimised using fluorescence by
845 acquiring 10 frames to visualise DNA and reposition beads). Beads were separated ~5 μ m and
846 visualised with fluorescence if appropriate to test if a tether had formed (Supplementary Movies 2,
847 6). A force-extension curve was generated by oscillating the trapped bead and fitted by a wormlike
848 chain to generate persistence and contour lengths. Throughput, dependent on DNA concentration,
849 was nominally one in ~20 attempts (~5min) using 0.24ng/ μ L, analysis indicating binding fraction for
850 >1 tether was 5% ⁷⁴. Using 0.48ng/ μ L enabled controllable formation of two tethers between bead
851 pairs to explore the effects of braided DNA. Surface drift was quantified from brightfield video-
852 tracked intensity centroid displacements every 30s up to 1h of surface-immobilised beads in the
853 absence of tethering, indicating mean of ~15nm/s and ~7nm/s for lateral and axial drift respectively.
854 Trapping drift was assessed using QPD signals from a trapped untethered magnetic bead but aside
855 from expected rms fluctuations of a few tens of nm no directed drift was detected.

856 **Imaging SSB/hRPA.** Surface-immobilized 100nt ssDNA-cy5 and ssDNA binding proteins (cy3b-
857 SSB⁷⁵ and hRPA-eGFP⁷⁶) were imaged on PEG passivated slides, incubated 5min at room temperature
858 with 200 μ g/mL Neutravidin (Thermofisher Scientific, 31000) in PBS followed by 200 μ L wash. 10 μ L
859 500pM ssDNA-cy5 in PBS was introduced and incubated 10min to allow binding of 5' biotin on
860 ssDNA-cy5 to Neutravidin on flow cell surface, excess ssDNA-cy5 washed 2x 100 μ L PBS. 100 μ L
861 100nM cy3b-SSB/hRPA-eGFP in PBS was introduced before the flow cell was sealed. A bespoke
862 single-molecule TIRF microscope with ~100nm penetration depth⁷⁷ imaged surface-immobilised
863 binding complexes, excitation was by an Obis LS 50 mW 488nm wavelength laser (hRPA-eGFP); Obis
864 LS 50mW 561nm wavelength laser (cy3b-SSB); Obis LX 50mW 640nm wavelength laser (ssDNA-cy5),
865 10mW at 14 μ W/ μ m². Both probes showed colocalization when incubated with surface-immobilised
866 ssDNA-cy5 oligo. Since cy3b-SSB was more photostable and less impaired by steric hindrance than
867 hRPA-eGFP we focused on cy3b-SSB to probe DNA tethers. Due to PEG slide passivation, anchor
868 beads were functionalised with NeutrAvidin to bind to PEG-biotin coverslips, so Micomer-M beads
869 were functionalised with anti-digoxigenin. Tether preparation was as before with addition of 10nM
870 cy3b-SSB to the imaging buffer, and alternating 488nm/561nm wavelength laser excitation⁷⁸,
871 1mW/10mW respectively.

872 **Wormlike chain fitting.** Force-extension data were fitted by a wormlike chain (WLC) using Python3
873 and numpy's curve_fit to minimise least squares, error estimated from bootstrapping by taking 1%
874 of randomly selected data, WLC fitting, iterating 1,000 times, indicating ~0.2% s.d.

875 **Puncta analysis.** To assess percentage of tether bp in a plectoneme we used ImageJ to integrate
876 background-corrected pixel intensities associated with puncta normalised to the integrated
877 background-corrected intensity for the whole tether. To measure two-dimensional rms puncta

878 displacements, we used single-particle tracking software PySTACHIO⁷⁹ with mean square
879 displacement $\langle r^2 \rangle = 4D.\delta t$ where D is the two-dimensional diffusion coefficient, and δt the inter-
880 frame time interval 40ms, to 20nm localization precision.

881 **Plectoneme/bubble calculations.** Predictions for plectoneme loci were made using a model⁵³
882 considering DNA curvature as determining factor, modified to increase the largest possible
883 plectoneme to deal with the ~15kbp construct and higher σ levels. Cutoff was increased from 1kbp,
884 as set in the original model, to 8.3kbp for $\sigma=0.14$ (or +200 DNA turns), to 6.7kbp for $\sigma=0.11$ (+150
885 DNA turns) and to 1.9kbp for $\sigma=-0.14$ (or -200 DNA turns); limits were differently established
886 according to experimental estimations of number of plectoneme bp. Predictions for bubble loci were
887 made using the Stress-Induced DNA Destabilization (SIDD) algorithm⁵⁴ implemented on the Twist-
888 DNA program to deal with long sequences at genomic scales⁵⁸. Calculations were done at $\sigma=-0.14$,
889 0.1M salt, T=310K. For comparison of experimental fluorescence data to bubble predictions, the
890 plectoneme tether line profile was normalised and fitted with a cubic spline, regularised and plotted
891 on the central 14.6kbp.

892 **Control of tension and torsion *in silico*.** DNA was modelled under restraints to control tension and
893 torsion mimicking experimental conditions (Fig. 5) using positional and 'NMR' restraints of AMBER⁶¹.
894 One end of the duplex was fixed by restraining coordinates of O3' and O5' atoms of the final bp
895 ('fixed end'). The other ('mobile end') was kept at force 0.3 or 0.7pN by applying a linear distance
896 restraint to each strand, between O3' or O5' of the final bp and two fixed dummy atoms⁶² used as
897 reference points (A and B, Supplementary Fig. 12). Angular restraints were applied for confining
898 'mobile end' motion to the tether axis (Supplementary Fig. 12, denoted z). To prevent y movement,
899 angles θ_1 and θ_2 were constrained. Another pair of reference points and restraints were
900 implemented to prevent x movement. Supercoiling was relaxed by passing DNA over either end of
901 the molecule. To prevent 'unting', we applied one angular restraint per phosphorus atom of the
902 bulk of the chain and per end (Supplementary Fig. 12b). Specifically, ψ angles (defined by a
903 phosphorus atom, the last mobile O3' or O5' on that strand and the corresponding reference point)
904 were forced $>90^\circ$, creating an excluded volume resembling a bead. To ensure excluded volume
905 restraints were triggered as infrequently as possible, we added 60 GC bp to the 'mobile end' as a
906 buffering molecular stretch which were prevented from bending by dihedral restraints applied to
907 each complementary pair of phosphorus atoms (Supplementary Fig. 12c). DNA torsional stress was
908 maintained by ensuring O3' and O5' of the first relevant bp of the 'mobile end' (61st bp) were co-
909 planar with respective reference points A and B, achieved through a dihedral restraint that reduced
910 the angle between ABF and BAE planes to zero. The 'fixed end' was torsionally constrained using an
911 equivalent dihedral angle defined by O3' and O5' of the next-to-last bp and reference points I and J.

912 **DNA *in silico*.** The structure of a linear 300bp DNA molecule was built using Amber18⁸⁰ NAB module
913 from a randomly generated sequence with 49% AT surrounded by 2 GC bp at the 'fixed end' and 60
914 GC bp at the 'mobile end', 362bp total; 300bp sequence was:

915 ¹TGCAAGATT ¹¹GCAACCAGGC ²¹AGACTTAGCG ³¹GTAGGTCTCTA ⁴¹GTGCAGCGGG ⁵¹ACTTTTTTTC
916 ⁶¹TATAGTCGTT ⁷¹GAGAGGAGGA ⁸¹GTCGTCAGAC ⁹¹CAGATACCTT ¹⁰¹TGATGTCCTG ¹¹¹ATTGGAAGGA
917 ¹²¹CCGTTGGCCC ¹³¹CCGACCCTTA ¹⁴¹GACAGTGTAC ¹⁵¹TCAGTTCTAT ¹⁶¹AAACGAGCTA ¹⁷¹TTAGATATGA
918 ¹⁸¹GATCCGTAGA ¹⁹¹TTGAAAAGGG ²⁰¹TGACGGAATT ²¹¹CGCCCGGACG ²²¹CAAAAGACGG
919 ²³¹ACAGCTAGGT ²⁴¹ATCCTGAGCA ²⁵¹CGGTTGCGCG ²⁶¹TCCGAATCAA ²⁷¹GCTCCTCTT ²⁸¹ACAGGCCCG
920 ²⁹¹GTTTCTGTTG

921 To determine the default twist, we performed a $\sigma=0$ simulation. We used the 3DNA algorithm in
922 CPPTRAJ⁶⁴ as a reference to build under- and overtwisted straight DNA, $\sigma=\pm 0.1$.

923 **MD.** Simulations were done in Amber18, performed using CUDA implementation of AMBER's
924 pmemd. DNA molecules were implicitly solvated using a generalised Born model, salt concentration
925 0.2M with GBneck2 corrections, mbondi3 Born radii set and no cutoff for better reproduction of

926 molecular surfaces, salt bridges and solvation forces. Langevin dynamics was employed using similar
927 temperature regulation as above with collision frequency 0.01 ps to reduce solvent viscosity⁸¹. The
928 BSC1 forcefield was used to represent the DNA molecule⁷⁰. A single simulation was calculated for
929 each combination of force and σ ($=\pm 0.1$, force $F=0.3$, 0.7pN), following our protocols for
930 minimisation and equilibration. In addition, we performed a control simulation at $\sigma=0$. We
931 performed 40ns re-equilibration, applying the above restraints with exception of tensile force, for
932 allowing plectoneme formation; restraints on the canonical WC H-bonds were added to avoid
933 premature double helix disruption and allow distributions of twist and writhe to equilibrate.
934 Simulations were extended 500ns-2.3μs depending on convergence, measured by cumulative end-
935 to-end distance over time (Extended Data Fig. 3b), calculated using a single NVIDIA Tesla V100 GPU
936 from the local York Viking cluster at 40ns/day.

937 **Determination of bubbles *in silico*.** Melting bubbles were easily identifiable by visual inspection. To
938 quantify and ensure we only captured significant denaturation, we assumed a bubble was formed by
939 ≥ 3 consecutive bp that didn't present WC H-bonds, whose angular bp parameters (propeller twist,
940 opening and buckle) were ≥ 2 s.d. from the average obtained from relaxed DNA and that disruption
941 lasted for more than 1ns. This information was acquired using the nastruct routine of CPPTRAJ⁸².
942 Percentages of simulations where DNA presented bubbles were calculated considering the last
943 400ns. Standard deviations were calculated using bootstrapping, sampling 1% of each simulation
944 200 times.

945 **Wax melting.** A 1% w/v suspension of each of three different alkane waxes was made, warmed in a
946 water bath 10°C hotter than the alkane melting point and sonicated 1min before plunge cooling in
947 an ice bath, injected into a flow cell and incubating 20min prior to 100μL PBS washing, introducing
948 50μg/mL magnetic beads, and sealing the flow cell. The experiment comprised selecting a surface-
949 immobilized wax particle, trapping a nearby magnetic bead and bringing it in contact with the wax,
950 then leaving it in position for 3min, recording brightfield timelapse movies.

951 **TEM/electron diffraction.** 3μm diameter magnetic beads at initial concentration 50mg/ml
952 were pelleted by centrifugation 1,000xg 1min, washed in 100% Ethanol by
953 resuspension/centrifugation, then infiltrated over 48h in LR White resin (Agar Scientific), and
954 subsequent polymerisation at 60°C for 48h. 70nm sections were cut (Leica Ultracut UCT7
955 ultramicrotome and Diatome diamond knife). TEM was carried out on a JEOL 2100+, 200 kV using a
956 150μm diameter condenser aperture, brightfield imaging achieved with a 120μm objective lens
957 aperture. Simulated electron diffraction was performed for Fe₃O₄ nanoparticles using a standard Al
958 diffraction sample for calibration at camera length 25cm⁻¹ compared to Selected Area Electron
959 Diffraction (SAED) images taken from the edges of beads where nanoparticles were present. SAED
960 was also taken from within beads and showed no crystal structure.

961 **Data availability**

962 Data used are publicly available at DOI:10.5281/zenodo.7786636

963 **Code availability**

964 All code used for instrument design/control, data acquisition/processing/analysis and figure
965 generation directly relied on: Matlab, LabVIEW, Mathematica, Autodesk Inventor, Jupyter,
966 Matplotlib, NumPy, Pandas, SciPy. COMBI-Tweez source code available at <https://github.com/york->
967 [biophysics](#) under Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International
968 License (CC-BY-NC-SA; <https://creativecommons.org/licenses/by-nc-sa/4.0/>).

969 **Acknowledgements**

970 This work was supported by the Leverhulme Trust (RPG-2017-1340, RPG-2019-156), BBSRC
971 (BB/R001235/1, BB/W000555/) and EPSRC (EP/N027639/1, EP/R513386/1, EP/R029407/1,
972 EP/T022205/1). Thanks to Mark Dillingham (University of Bristol, UK) and Mauro Modesti (CRCM,
973 France) for donation of cy3b-SSB and hRPA-eGFP respectively.

974 **Author contributions**

975 M.L. conceived the study. J.Z. developed tweezers/imaging instrumentation and control software,
976 which in the following years of development S.G., J.S. expanded. J.H. developed DNA chemistry. J.S.,
977 J.H., S.G. collected data which J.S. analysed. A.N. conceived theoretical molecular dynamics
978 simulations, M.B. performed them. C.S. developed an analytical temperature model. C.S-K, A.K.
979 performed TEM and electron diffraction. J.S., M.L wrote the bulk of the manuscript, with
980 contribution, discussion and revision from all of the authors. M.L. was the project administrator.

981 **Competing interests**

982 All authors declare that they have no competing interests.

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