

1 **General mechanisms of task engagement in the primate frontal cortex**  
2

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19 **Abstract**

20 *Staying engaged with a task is necessary to maintain goal-directed behaviors. Although engagement  
21 varies with the specific task at hand it also exhibits continuous, intrinsic fluctuations widely. This  
22 intrinsic component of engagement is difficult to isolate behaviorally or neurally in controlled  
23 experiments with humans. By contrast, animals spontaneously move between periods of complete task  
24 engagement and disengagement, even in experimental settings. We, therefore, looked at behavior in  
25 macaques in a series of four tasks while recording fMRI signals. We identified consistent  
26 autocorrelation in task disengagement. This made it possible to build models capturing task-  
27 independent engagement and to link it to neural activity. Across all tasks, we identified common  
28 patterns of neural activity linked to impending task disengagement in mid-cingulate gyrus. By contrast,  
29 activity centered in perigenual anterior cingulate cortex (pgACC) was associated with maintenance of  
30 task performance. Importantly, we were able to carefully control for task-specific factors such as the  
31 reward history, choice value, and other motivational effects, such as response vigor, as indexed by  
32 response time, when identifying neural activity associated with task engagement. Moreover, we showed  
33 pgACC activity had a causal link to task engagement; in one of our tasks, transcranial ultrasound  
34 stimulation of pgACC, but not of control regions, changed task engagement/disengagement patterns.*

35 **Introduction**

36 Everyone experiences fluctuations in how engaged they are with tasks that need doing throughout the  
37 day. While some of our motivation is clearly linked to specific tasks and incentives, we also find  
38 ourselves from time to time either demotivated or full of vigor regardless of the task at hand.  
39 Furthermore, while there might be extended periods of disengagement, there are also brief collapses in  
40 task engagement (for example, while checking one's phone). While we also experience fluctuating  
41 levels of task engagement, in some people, periods of disengagement are especially prominent; apathy  
42 – sustained periods of task disengagement – is a core, transdiagnostic feature of psychological and  
43 neurological illnesses<sup>1,2</sup>.

44 Such fluctuations occur even though engagement must be sustained across extended periods of time for  
45 many goal-directed behaviors to succeed. Additionally, when performing a task, it is important to stay  
46 engaged independently of the specifics of the task at hand. Important insights into related processes

53 have been gained by investigating motivation changes occurring in response to specific external factors  
54 such as reward incentives or other feedback <sup>3</sup>. However, task engagement is also subject to intrinsic  
55 fluctuation and must be maintained despite adverse external factors. Likewise, sometimes engagement  
56 is lost despite the presence of incentives. It has been proposed that maintaining engagement requires  
57 cognitive resources that are depleted by effort and that can be restored by taking breaks <sup>4</sup>.

58 Changes in response vigor <sup>5</sup> and speed <sup>6-13</sup> occur as motivation waxes and wanes. However, variation  
59 in response vigor and speed occur only if a person decides to maintain task engagement. Therefore,  
60 deciding whether or not to engage in the task at all or to pause and disengage completely is a separate  
61 process to the one determining response speed and vigor for any given response. Similarly, task  
62 engagement differs from attention lapses as indexed by individual erroneous responses that have also  
63 previously been studied in the context of motivation <sup>14</sup>.

64 In the present study, we focus on general mechanisms of task engagement and disengagement across a  
65 series of four different tasks while recording brain activity using fMRI. In this way, we can identify  
66 neural activity changes in moments when an agent spontaneously and completely disengages from a  
67 task independently of the concurrent specific, external task demands. We used macaque monkeys to  
68 examine these issues for several reasons. The social and other demands of human neuroimaging  
69 experiments usually ensure that human participants exhibit continuous task execution; their  
70 performance scores may fluctuate but human participants rarely give up and spontaneously stop  
71 altogether in the same manner that they do frequently when outside the laboratory. Macaques, however,  
72 while engaged for the majority of the experiments, repeatedly and reproducibly both disengage and re-  
73 engage for periods of time during daily testing in the laboratory, even when the tasks are relatively  
74 simple and are performed proficiently<sup>15,16</sup>. While this is generally a great nuisance for the researchers,  
75 for our study it is fortunate as it allowed us to construct and fit models to these disengagements and link  
76 them to their neural substrates. Using data from four diverse decision-making tasks allows us to find  
77 behavioral and neural signatures that are task-general (see Supplementary Text 1 for descriptions of the  
78 four tasks). Importantly, these disengagements are not part of the task design but occur spontaneously  
79 despite the reward incentives provided by the tasks. Moreover, by controlling for variation in extrinsic  
80 experimental factors, such as reward level, we can capture engagement and disengagement due to task-  
81 independent factors. Intrinsic motivation has previously been linked to satiation (for example,  
82 cumulative reward, <sup>17</sup> or time spent on task, e.g. <sup>18</sup>). By also controlling for these factors, we aim to  
83 capture the intrinsically fluctuating aspect of task engagement and disengagement that occurs regardless  
84 of task identity<sup>19</sup>.

85 While task engagement is continually fluctuating during extended activity <sup>20</sup> disengagements are all or  
86 none events. For example, one might feel more or less motivated to do a chore throughout the day –  
87 which we refer to here as the level of general task engagement. In addition there are periods of complete  
88 cessation and disengagement from the task. We examined neural activity related to both slow  
89 fluctuations in engagements and sudden disengagements. To do this we used a new approach that  
90 considers the distribution of tasks engagements and disengagements to estimate continual variation in  
91 a general state of task engagement. Such a state tracks the current level of engagement above and  
92 beyond the current trial. This allowed us to identify events when animals suddenly and ‘surprisingly’  
93 disengage even though they are in an otherwise engaged state. By contrast, we can also identify  
94 ‘expected’ disengagements that occur when we estimate that the animal is in a state of low general  
95 engagement. This allowed us to examine the neural activity linked to general task engagement,  
96 expected task disengagements, and surprising task disengagements. We argue that such model-derived  
97 estimates capture aspects of task engagement not previously reported in the literature: By linking  
98 engagement both to trial and state activity, and estimating its task-independent component as our model  
99 is based on unexplained residual variance, we are able to parse aspects of task engagement not  
100 previously studied. Importantly, we contrasted these novel, model-derived estimates of engagement  
101 with other distinct aspects of motivation such as changes in response vigor indexed by reaction time.  
102 This made it possible to dissociate signals leading to task engagement or disengagement from neural  
103 activity related to variation in motivation to execute a specific action quickly.

104 By using a whole brain imaging technique such as fMRI, we can seek neural correlates of engagement  
105 throughout the brain during all four tasks. This is important as the neural circuits linked to task  
106 engagement/disengagement are not well defined. However, we note that areas of anterior cingulate  
107 cortex (ACC) and adjacent medial frontal cortex have been linked to intrinsically motivated behaviors  
108<sup>21</sup>, mood fluctuation<sup>20</sup>, and neural activity has been reported to change in some related situations<sup>15,22</sup>,  
109 particularly when driven by endogenous factors such as satiety<sup>23</sup>.

110 Our fMRI analysis identified one important area of activity change in perigenual ACC (pgACC) that  
111 was prominent across all four tasks. We therefore used neurostimulation data in which activity in this  
112 region was manipulated to test its causal importance for task engagement: Specifically, one of the  
113 datasets used in our analysis had stimulated pgACC using transcranial ultrasound stimulation (TUS),  
114 and thus allowed us to compare the effect of pgACC stimulation against other control regions. Not only  
115 did we examine the impact of TUS on pgACC and compare it to sham TUS but in addition we also  
116 examined the impact of TUS to the basal forebrain (BF). BF TUS leads to changes in motivation-related  
117 influences on action timing<sup>13</sup> and so it provides an especially strong comparison with pgACC TUS. In  
118 addition, we examined the impact of TUS of an additional control region in the parietal operculum  
119 (POp) – a region in which task-related and task-initiation related activity had not been observed – to  
120 control for general cortical stimulation effects.

121  
122 **Results**  
123

124 We combined data from four different reward-based decision-making tasks<sup>13,24-27</sup>. The tasks covered a  
125 range of different paradigms: simple stimulus-response mapping, incentivized exploration/exploitation,  
126 incentivized delayed responses, and novel value inference (see Supplementary Text 1 for descriptions  
127 of the four tasks). In each case, the animals occasionally disengaged from the task and stopped  
128 responding before re-engaging after some time. For the purpose of our analysis, we define  
129 disengagements as responding after 3 s or later, or not responding at all during a trial, i.e. the trial “timed  
130 out” before a response was made. However, for one of our tasks that incentivized late responses<sup>13,27</sup>,  
131 we only counted trials as disengaged where the animal did not respond at all (see Fig S1 for details for  
132 all tasks). We binarized trials into ones where the animals are engaged or disengaged (Fig 1A). This  
133 definition of disengagements conceptualizes behavior as all or none events which we can contrast with  
134 a continuous measure of response vigor i.e. when the animals remain on task but respond more or less  
135 rapidly (see below). While other definitions of disengagement might be possible (e.g. by looking at  
136 decision errors), those would have not been applicable in our tasks due to the large variations in  
137 difficulty across task and because errors can occur during learning as well as when there is  
138 disengagement tasks. By applying our response time-based definition, we can consistently classify  
139 disengagements across a range of diverse tasks and capture the intrinsic, task-independent nature of  
140 these events. Our threshold of 3 s was chosen to ensure that on trials that were classified as  
141 disengagements, the animals made the decision to disengage rather than responding sluggishly while  
142 still being on-task. Overall, we started with 17 datasets in 13 animals but excluded six datasets from  
143 five animals that disengaged in less than 5% of trials on average across sessions (Fig S1). Two animals  
144 that provided in one task<sup>24</sup> also provided data in two other tasks<sup>13,27</sup>, which left eleven datasets from  
145 nine unique animals (see Fig S1 for details).

146  
147 Our aim was to use disengagements to construct variables that, on a trial-by-trial basis, capture different  
148 aspects of task engagement that are independent of the specific task identity. We then used these  
149 variables in an fMRI analysis to identify their neural correlates.

150  
151 To contrast task engagement and disengagement with variation in motivation related to response vigor  
152 and speed, we repeated the same analysis using response times (RTs). For this control analysis we only  
153 used data on engaged trials (we did not analyze the trials classified as disengagements in which, by  
154 definition, no response or delayed response is made; see Fig S1). For this analysis, we used data from  
155 13 (unique) animals because we now had sufficient data from more animals to include in the analysis.

156 However, we avoided considering data from one of the previous tasks<sup>13,27</sup> because the animals  
 157 performing it were sometimes incentivized to respond late as part of the task design and thus RTs do  
 158 not provide the simple measure of vigor in the same way as in other tasks.

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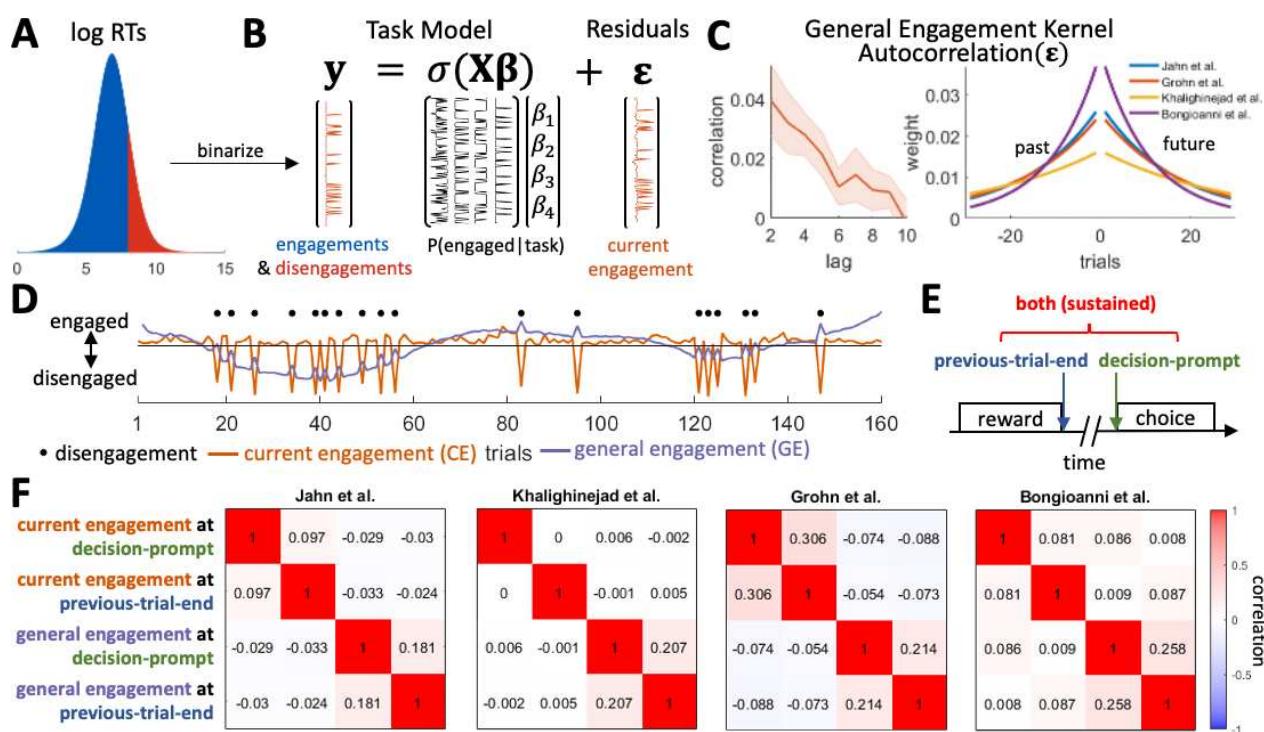
161 *Behavioral results*

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163 For each task, we constructed separate regression models that accounted for the extrinsic variables that  
 164 could be measured in each experiment by the investigators. These models included regressors such as  
 165 the task stimuli encountered, the responses made, the rewards animals received, and the trial number  
 166 (see *Methods* for the specific models for each task). Using these models, we can account for variance  
 167 in task-engagement and disengagement that is due to extrinsic factors. These regressors are, of course,  
 168 the ones that are usually the focus of any analysis of a neural data set. However, by regressing out the  
 169 variance due to all extrinsic factors (i.e. taking the residual error of the regression models) we are left  
 170 with the components of task-engagement and disengagement that are due to what is normally considered  
 171 residual fluctuations in behavior that typically receive little investigative attention (Fig 1B). However,  
 172 these residuals also capture task engagement and disengagement that is dependent on intrinsic variation.  
 173 As such, they capture the intrinsic level of *current engagement* (CE; the distributions of CE for each  
 174 task are shown in supplementary Fig. S2). Using the same analysis approach across tasks is essential  
 175 for generalizability but also means we had to find a definition of disengagement that works across  
 176 studies. Thus, while there might be some adjustment in the behavioral definition that could be made if  
 177 we had only analyzed a single task, we employed an approach with the merit of general applicability;  
 178 while we might have failed to detect task-specific motivational factors, the approach achieves the aim  
 179 of identifying neural processes common to many situations.

180

181



182

183 **Figure 1.** Behavioral results and fMRI design. (A) We binarized animal's RTs into trials in which they  
 184 were engaged or disengaged. On disengaged trials the animals took longer than 3 s to respond, or did  
 185 not respond at all (i.e. the trial timed out). Fig S1 shows the individual RT distributions for each animal.  
 186 (B) To control for the influence on motivation exerted by extrinsic task event-related factors, we  
 187 constructed separate logistic regression models for each of our four tasks. Each model contained task-  
 188 specific regressors (see *Methods* for details) as well as regressors coding for the previous five  
 189 rewards/non-rewards the animals received at the end of each trial, the current cumulative reward, and

190 the trial number. By regressing out the effects these variables have on engagement, we were left with  
191 the residuals. These residuals contain the fluctuations in task engagement that are intrinsic as opposed  
192 to those that are due to extrinsic factors related to task structure and task events. We refer to this index  
193 as the intrinsic level of *current engagement* (CE). **(C)** (Left) We find a persistent autocorrelation of the  
194 residual fluctuations suggesting that intrinsic CE – engagements and disengagements – are temporally  
195 clustered. Shaded error represents the standard error of the mean across data sets. The average  
196 correlations for each lag from 2 to 10 are: 0.040, 0.032, 0.028, 0.022, 0.010, 0.014, 0.010, 0.009, and -  
197 0.002. (Right) By fitting exponential kernels to the index of the intrinsic CE (the residual fluctuations)  
198 separately for each of the four tasks, we can also capture this autocorrelation. **(D)** The same kernels can  
199 then be used to smooth the estimate of the intrinsic CE (orange line, shown for an example session) on  
200 each trial in each task. As a result, an estimate is obtained of the slowly fluctuating *general engagement*  
201 (GE) of an animal that can be made available for each trial (purple line, shown for an example session).  
202 **(E)** To capture effects of task engagement in a similar manner in our neural analyses of all four tasks,  
203 we time-locked to two events in each trial that all our four tasks have in common: the end of the reward  
204 delivery in the previous trial, and the onset of the decision-prompt in the current trial. The rationale for  
205 looking at both of these time-points is that it is not *a priori* obvious when, during a trial, task  
206 engagement/disengagement effects should be most prominent; arguably engagement might be expected  
207 to produce sustained activity patterns that are observable at both time-points. **(F)** Even after their  
208 hemodynamic convolution with the relatively fast hemodynamic response function observed in  
209 macaques<sup>28,29</sup>, there is limited correlation between these regressors in all four tasks. Note also that time-  
210 shifted regressors (similar regressors but time-locked to previous-trial-end or current trial decision-  
211 prompt) are relatively uncorrelated because the task-designs ensured sufficient time intervals between  
212 the end of one trial and the beginning of the next in all four tasks. Thus, the regressors at the two time  
213 points can provide independent indicators of task engagement-related activity  
214

215 If engagement is indeed drifting across trials, then we should be able to observe clustering in the  
216 residuals. To this end, we examined its autocorrelation. If engagement and disengagement were solely  
217 determined by extrinsic task features, then the residuals would not be autocorrelated over trials.  
218 However, in our data we did indeed find persistent autocorrelation in the residuals thus providing  
219 evidence for CE (Fig.1C left; significant for lags < 10 at  $p < 0.05$  with Bonferroni correction; we exclude  
220 lag = 1 because in some tasks repeated disengagements were impossible, as the experiment waited for  
221 the animal to re-engage before continuing). In other words, periods of engagement and disengagement  
222 are temporally clustered. We confirmed that this is not an artefact of the regression models we used by  
223 randomly shuffling which trials are classified as engaged or disengaged and repeating this analysis 1000  
224 times. Here, we did not find any autocorrelation of the residual over trials.  
225

226 We can use the autocorrelation of CE to estimate the level of task engagement for each animal on each  
227 trial. We refer to this variable as *general engagement* (GE). While CE corresponds to the residual  
228 fluctuations in Fig.1B, GE is a more general and slowly varying estimate of task engagement that is a  
229 weighted average of CE on the current but also on surrounding trials: if the animal disengages on  
230 previous/future trials, we can assume it is also, to some degree, in a disengaged state currently.  
231 Conversely, if it is engaged on these trials, we can assume it is also, to some degree, in an engaged state  
232 currently. To this end, we fit exponential kernels to the residual fluctuations (Fig 1C right shows the  
233 fitted kernel for each of the four tasks). These kernels capture the extent to which task engagement on  
234 a trial, as indexed by the residual fluctuations, is related to task engagement on preceding and following  
235 trials. Smoothing the residual fluctuations (CE; orange line in Fig.1D; shown after normalizing) by  
236 these kernels allows us to obtain an estimate of a continuously varying GE (blue line in Fig.1D; shown  
237 after normalizing) on each trial. We construct GE this way to obtain an interpretable regressor we can  
238 use in our fMRI analyses. While CE and the disengage choices are closely (inversely) related, CE values  
239 are impacted by the degree of predictability of a specific disengagement choice (black dots in Fig.1D  
240 vs orange line in Fig.1D), and are thus also useful interpretable regressor for our fMRI analyses.  
241  
242

243 We can also combine the estimates of CE and GE to obtain two derived quantities that are used in first  
244 stages of the neural analysis as contrasts. First, we can average the current CE index with the

245 continuously varying GE index to obtain an estimate of a third variable we refer to as *overall*  
246 *engagement* (OE). OE provides an overarching estimate of engagement on any trial as it uses both the  
247 engagement on the current trial (as given by CE) and of the surrounding trials (as given by GE) to index  
248 engagement, and so it is a useful starting point for neural analyses; as explained in more detail below,  
249 we can first identify areas in which activity is related to OE and then we can examine whether the  
250 activity tracks CE, the more slowly varying GE, or both quantities. Thus, CE and GE can also be thought  
251 of as the separated trial and state components of an overarching model that indexes OE. Second, we can  
252 subtract the model-derived estimate of GE from the CE level to identify *engagement shifts* (ES) when  
253 an animal's task engagement suddenly collapses and there is abrupt disengagement; the animal may be  
254 disengaged on the current trial even though the events that normally surround a disengagement were  
255 not observed. This allows us to examine CE when it is unexpected given the current level of GE; i.e. it  
256 allows us to identify trials with low engagement in an otherwise highly engaged state. Importantly, for  
257 the purpose of our neural analysis, both ES and OE can be constructed by subtracting/adding CE and  
258 GE on the contrast-level within a single general linear model.  
259

260 We repeated an analogous, control analysis of RTs – an index of motivational change in relation to  
261 response vigor as opposed to task engagement. However, this analysis was performed on engaged trials  
262 only; responses were only made, and RTs were only measurable on engage trials (Fig S3A-C). We  
263 again find that, after having regressed out the variance in RTs due to task-manipulations, the error in  
264 RT estimates is autocorrelated over trials (significant for lags < 8 at  $p < 0.05$  with Bonferroni  
265 correction). We refer to these residual fluctuations as *trial vigor*. By fitting exponential kernels to trial  
266 vigor, we again obtain estimates of a general *state vigor* on each trial. The GE and general *state vigor*  
267 estimates are analogous state-related variables but they are only weakly correlated (Fig S3D) and thus  
268 reflect different potential motivational processes. Just as for ES and OE, we can also consider individual  
269 *trial vigor* (as explained above) and slow fluctuations in trial vigor – *state vigor* – to obtain analogous  
270 contrasts relating to response speed as opposed to task engagement to use in our neural analysis. Once  
271 again these vigor-related variables were uncorrelated with our key task engagement/disengagement  
272 related variables of interest.  
273  
274

### 275 *fMRI results*

276 As in the behavioral analyses, we constructed a separate neural regression model for each task that  
277 captured all aspects of the extrinsic task variables (see *Methods* for the specific models). In addition to  
278 these task-specific models, we also included regressors that captured the task engagement factors that  
279 we identified in our behavioral analysis (Fig.1C), and regressors accounting for body and limb motion  
280 during task-performance and low-quality volumes (see *Methods* for details). Because the neural activity  
281 we are interested in is related to overarching engagement that is not necessarily associated with any one  
282 event that occurred during the task, we time-locked our regressors to two separate points within each  
283 trial that all four tasks had in common: (1) we time-locked to the decision-prompt on each trial when  
284 monkeys were asked to make a choice, and (2) we time-locked to the end of the outcome-period of the  
285 previous trial when animals either received a reward or no reward for their previous choice<sup>30</sup>. This  
286 ensured we had a measure of activity when task-specific performance and learning in a trial had been  
287 concluded and potential preparatory activity for the coming trial was beginning while also ensuring that  
288 the measurement was taken in the same way across all tasks; the same two time points could be defined  
289 in an identical manner for all four tasks. Moreover, the previous-trial-end and the following decision-  
290 prompt are far enough apart in time to ensure that regressors time-locked to each event are relatively  
291 uncorrelated even after convolution with the macaque's fast hemodynamic response function<sup>28,29</sup> (Fig  
292 1F). We hypothesized that general task engagement-related activity – our signals of interest – should be  
293 found at both time points. In our analysis we, therefore, included regressors for both CE and GE at both  
294 time-points, and use contrasts to also estimate OE and ES. Moreover, we also included our analogous  
295 control estimates of the *trial vigor* level and the *state vigor* at both of the same time-points (Fig S3).  
296 Importantly, as we can only estimate *trial vigor* and *state vigor* on engaged trials, these regressors are  
297 zeroed out on disengaged trials.  
298

299

300 We combined the results of these session-level regressions separately for each data set per animal using  
301 fixed effects. In a final step, we combined the data from all data sets on a third level using random  
302 effects. This allows us to examine the neural correlates of task-independent engagement across tasks  
303 and animals. To examine the effects of engagement/disengagement we used eleven data sets from nine  
304 animals across four tasks while controlling for response vigor. Statistical significance was determined  
305 using a standard cluster-based thresholding criteria of  $z > 2.3$  and  $p < 0.05$ <sup>31</sup>. Significant clusters for  
306 our contrasts of interest are shown as white outlines in Fig 2. Additionally, we also show the non-  
307 cluster-corrected z-statistics at a lower threshold of  $z > 1.5$  in Fig 2 to give a more complete picture of  
308 the results. Moreover, in the supplementary analyses we report analyses for vigor-related effects using  
309 a larger sample of data from thirteen animals across three tasks, as discussed above.  
310

311 When we examined neural activity related to CE (Fig 2A), we saw a large overlap between activity at  
312 previous-trial-end (Fig 2A left) and decision-prompt (Fig 2A middle), with activity at decision-prompt  
313 being slightly more lateral. Combining these estimates allowed us to identify regions that show activity  
314 both at previous-trial-end and decision-prompt (Fig 2A right), which suggests that it is sustained  
315 throughout this task period and not linked to any particular task event (Fig 1E). While there was  
316 widespread activity in the brain, within frontal cortex, pgACC (area 32), ventromedial PFC (areas 25  
317 and 14), and the larger orbitofrontal network (areas 12 and 13) were particularly active. For a full table  
318 of cluster locations and descriptions see Table S1.  
319

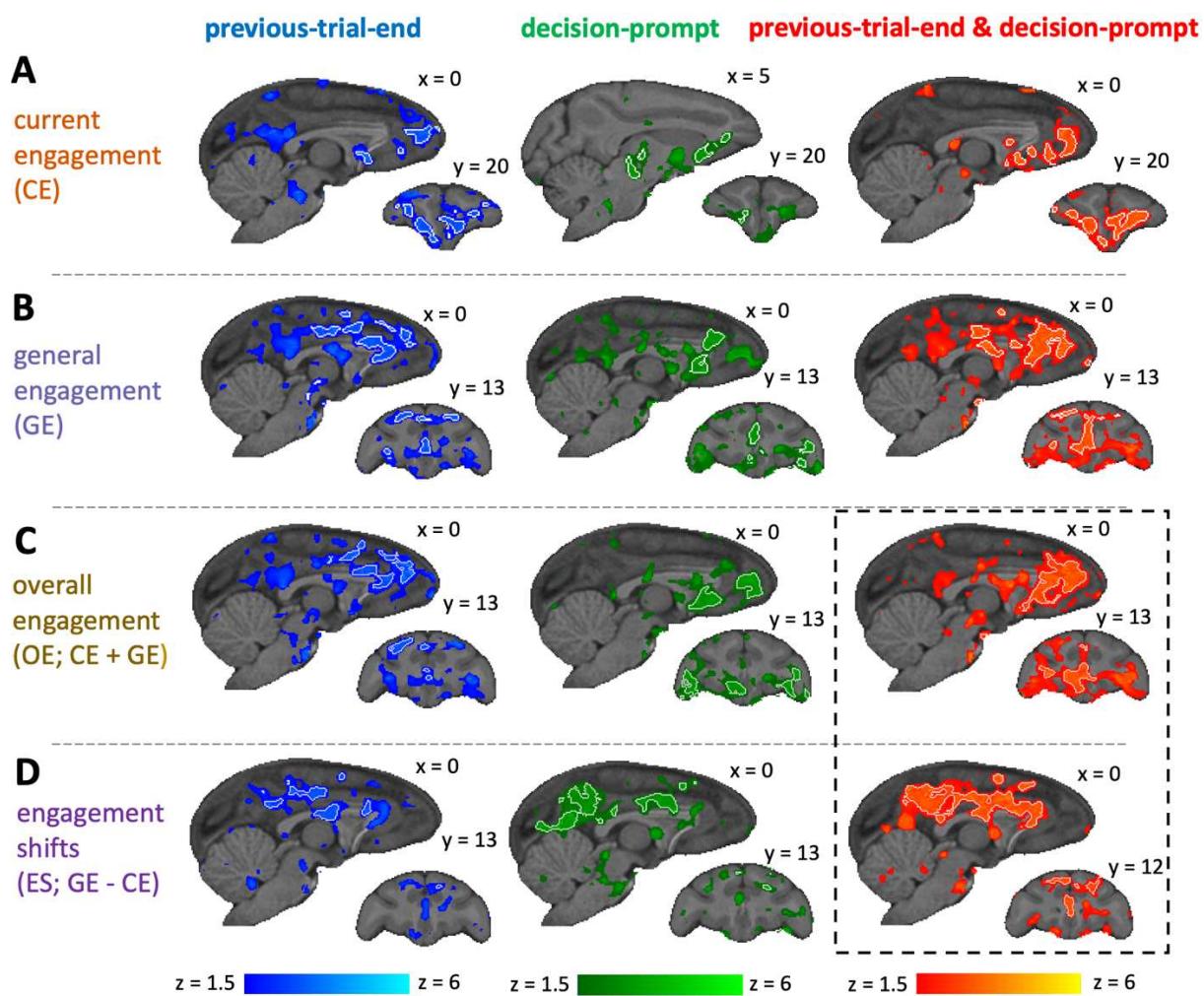
320 Similarly, when we examined neural activity related to GE (Fig 2B), we again saw a large overlap  
321 between activity at previous-trial-end (Fig 2B left) and decision-prompt (Fig 2B middle). Combining  
322 both time-points again yielded regions that show sustained activity (Fig 2B right). While the activity  
323 again included pgACC (area 32) prominently, there was somewhat less ventromedial PFC and OFC  
324 activity and instead more activity in anterior supracallosal ACC gyrus (gACC; area 24) as well anterior  
325 dorsal ACC sulcus. Moreover, we found a significant cluster in frontopolar cortex (area 10o). For a full  
326 table of cluster locations and descriptions see Table S2.  
327

328 To identify regions that were active when the animals had a high overall task engagement level, we  
329 combined our estimates of CE and GE into OE (Fig 2C). At the end of the previous trial, activity was  
330 prominent in pgACC (area 32) and extended caudally into gACC (area 24) and into dorsal ACC sulcus  
331 (rostral cingulate zone) (Fig 2C left). At decision-prompt, activity was again seen in pgACC (area 32),  
332 but otherwise more orbitofrontal (area 47/12o) (Fig 2C middle). When combining activity at previous-  
333 trial-end and decision-prompt to find areas that were active throughout the whole task-period and across  
334 CE and GE, we observed a prominent and extensive area centered on pgACC (area 32), but extending  
335 into adjacent dorsal ACC sulcus (dACC; note that this area is sometimes referred to as mid-cingulate cortex  
336 or rostral cingulate zone) and subgenual ACC (sgACC; area 25) and also, albeit to a more limited extent  
337 in orbitofrontal cortex (OFC) in area 13 and the sub-region bordering ventrolateral prefrontal cortex –  
338 47/12o –, and striatum (Fig 2C right). For a full table of cluster locations and descriptions see Table  
339 S3.  
340

341 We also looked for effects of ES, i.e. the difference between GE and CE (Fig 2D). Such activity was  
342 prominent when animals disengaged on the current trial while otherwise having been in an engaged  
343 state and likely to soon return again to an engaged state. In other words, the analysis identifies  
344 ‘surprising’ disengagements, where the disengagement is not preceded or followed by other  
345 disengagements; or conversely engagement in a disengaged state. It thus identifies trials where our GE  
346 and CE indexes are opposed. Again, similar regions were active when time-locking to previous-trial-  
347 end (Fig 2D left) and decision-prompt (Fig 2D middle). When we time-locked to both previous-trial-  
348 end and decision-prompt, activity was prominent throughout mid supracallosal cingulate gyrus (area  
349 24) (Fig 2D right) extending into poster cingulate cortex and the precunous. For a full table of cluster  
350 locations and descriptions see Table S4.  
351

352 Overall, while we saw some small differences between the focus of activation between previous trial  
353 end and decision prompt, none of the frontal effects were statistically different in a comparison between  
354 the two. All statistically significant differences we found were in more posterior parts of the brain,

355 suggesting that the frontal circuit activity carrying general task engagement information is particularly  
 356 sustained.  
 357

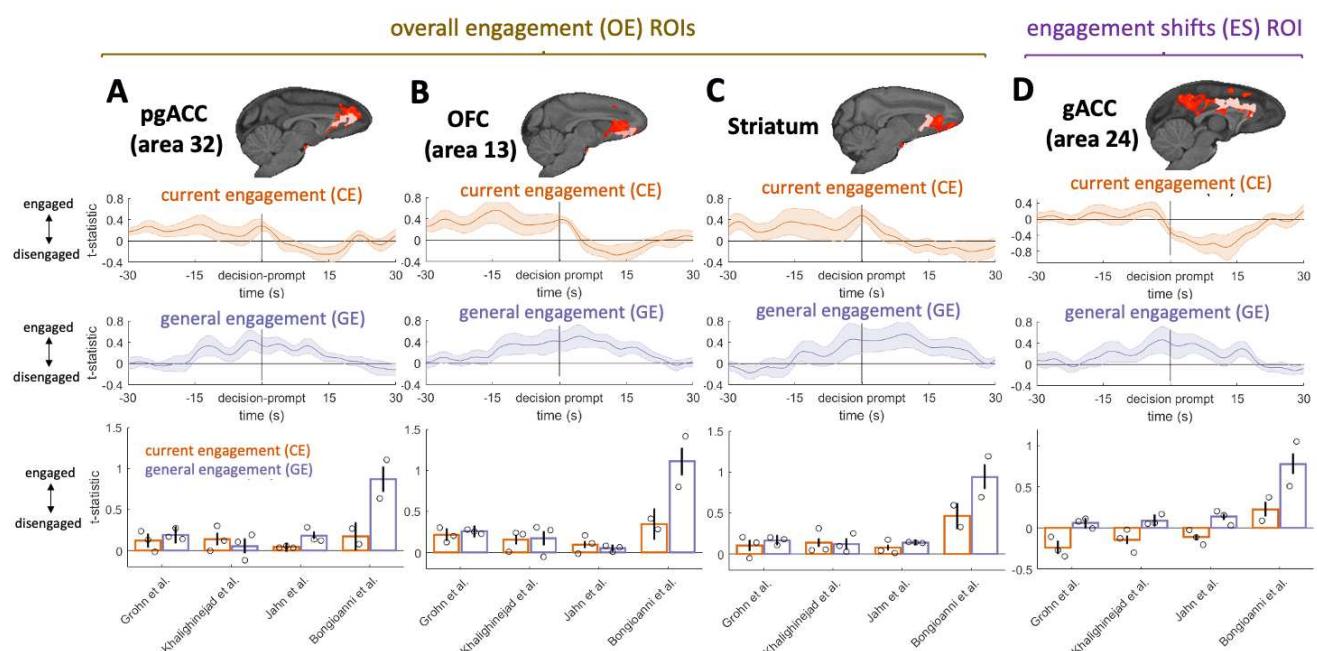


358  
 359 **Figure 2.** Neural activity associated with engagement and disengagement. Whole-brain activity is  
 360 shown for different contrasts (top to bottom), time-locked to different events (left to right). Activity  
 361 with  $z > 1.5$  is shown superimposed, with white outlines indicating significant clusters at  $z > 2.3$ . (A) For  
 362 CE we observed activity in regions spanning pgACC (area 32), sgACC (area 25), and OFC (areas 12  
 363 and 13), both at previous-trial-end and decision-prompt and when looking at both time-points  
 364 combined. (B) For GE we observe activity throughout anterior and mid cingulate gyrus (including  
 365 pgACC and supracallosal gACC), and frontopolar cortex. (C) For OE we observed activation most  
 366 prominently in pgACC but extending into adjacent sgACC and dACC, and also OFC areas 13 and  
 367 47/12o when animals are engaging with the current trial while also being in an overall engaged state.  
 368 (D) For ES, we observed activity in the supracallosal cingulate cortex (including supracallosal gACC)  
 369 when animals, surprisingly, disengaged from the trial despite otherwise being in an engaged state.  
 370

371 To further examine the factors driving engagement on the whole-brain level, we focused on activity  
 372 that was present both at previous-trial-end and decision prompt (Fig 2 right column) as this activity is  
 373 most likely due to sustained task engagement. There we focused on OE-related and ES-related activity  
 374 (Fig 2 dotted lines) and extracted the BOLD time course from regions of interest (ROIs) we placed in  
 375 grey matter within the areas of functional activity. Specifically, we defined the ROIs as the overlap  
 376 between functional activity and anatomically defined regions (pgACC, OFC, striatum, and gACC)<sup>32</sup>,  
 377 and looked separately at the effects of CE and GE in the timecourse.  
 378

379 We observed that activity related to CE and GE appears similar in pgACC, OFC and the striatum (Fig  
 380 3A-C middle rows). Activity related to GE extended over a window of approximately 30s –

381 approximately 15s before and 15s after the current trial. In contrast, activity related to current CE level  
 382 was prominent before and on the trial itself. However, activity tracking both the more phasic CE level  
 383 and the more tonic GE was observed across all areas in which OE effects were observed, namely pgACC  
 384 (area 32), OFC (area 13), and striatum (Fig 3A-C). Finally, to confirm that OE effects in each region  
 385 were not driven by activity recorded just in one task, we extracted the t-statistics in these ROIs from the  
 386 whole-brain analysis and examined them for differences by task (Fig 3A-C bottom rows). Effects in the  
 387 same direction were present in all four tasks and ROIs, although they were especially prominent in a  
 388 task that required animals to make novel decisions<sup>24</sup>.  
 389



390  
 391 **Figure 3. CE and GE timecourses in ROIs.** We extracted timecourses from ROIs placed in anatomically  
 392 defined regions within our significant OE and ES clusters for activity both at previous-trial-end and  
 393 decision-prompt. Significant clusters are shown in red with ROIs shown in light red (top). We then  
 394 visualized the CE and GE timecourses in these regions time-locked to decision-prompt (middle rows).  
 395 Shaded error bars represent standard errors of the mean across sessions. We also extracted the t-statistics  
 396 associated with CE and GE from our whole-brain analysis in the same ROIs to visualize effects for each  
 397 task separately (bottom row). Bars represent task-means and dots represent individual animal means.  
 398 (A-C) Extracted CE timecourses from pgACC, OFC, and striatum show sustained activity before and  
 399 during the trial. By contrast, GE timecourses show sustained activity both before and after the trial.  
 400 Effects are consistent across all four tasks (bottom). (D) Extracted CE timecourses from supracallosal  
 401 gACC exhibit decreases during and after the current trial when animals disengaged, while GE  
 402 timecourses are sustained increases beginning many seconds before and continuing many seconds after  
 403 the current trial (i.e. engaged). Effects are consistent across three of the four tasks, with CE having the  
 404 opposite (positive) sign in the fourth task (bottom).  
 405

406 Extracting the timecourse from the gACC ROI placed within the significant ES cluster (Fig 3D)  
 407 demonstrated that there was both a decrease in activity that was related to CE – an effect that began  
 408 shortly before trial onset but which was then sustained for some time afterwards – and an increase in  
 409 activity related to GE (Fig 3D middle). To confirm that the effect was not driven by any one particular  
 410 task, we extracted the t-statistics in the ROIs identified by the whole-brain analysis and examined them  
 411 by task. We found broadly similar effects in three tasks although the current CE effect was different in  
 412 the fourth task (Fig 3E). The ES contrast also clearly revealed activity in posterior cingulate cortex and  
 413 precuneus, a region that has previously been implicated in decisions to disengage with foraging<sup>33</sup>.  
 414

415 Finally, we note that these results were specific to task engagement/disengagement as opposed to  
 416 response vigor: when we looked at the latter, we were unable to see similar patterns of neural activity

417 to those shown in figures 2 and 3 (See Figs. S4-S5 for vigor results). If anything, vigor activity was  
418 weaker overall and more transiently related to either decision prompt or after end trial. However, we  
419 found a small cluster of activity related to a future relative increase in vigor (Fig S5).

420

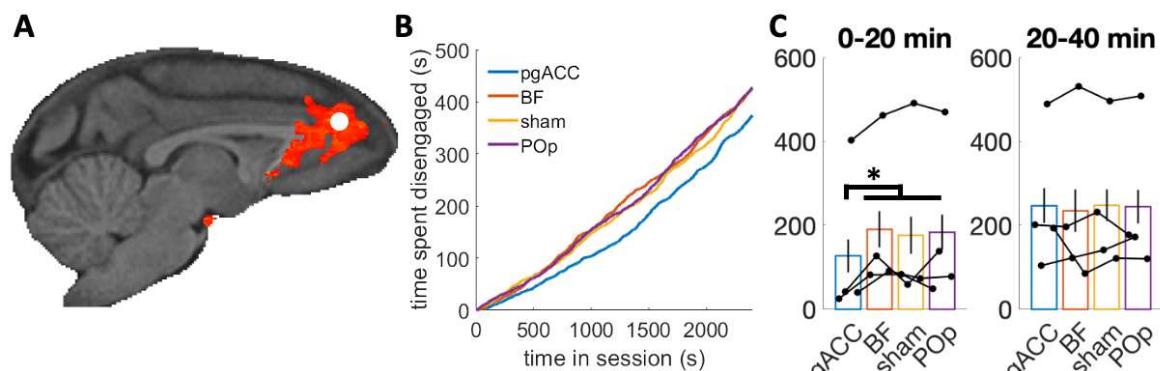
421

## 422 *TUS results*

423

424 Our fMRI analysis identified OE activity in pgACC (Fig 2C). A study we used in the fMRI analysis  
425 also manipulated activity in pgACC using transcranial ultrasound stimulation (TUS)<sup>13</sup> (Fig 4A)  
426 making it possible to assess whether activity was causally responsible for the task engagement level or  
427 a consequence of a process that was engendered elsewhere. Thus, we next sought a causal test of  
428 pgACC's importance for task engagement. In addition to examining pgACC TUS data, we were also  
429 able to examine the impact of TUS in other regions: in the dataset, BF and POp, were also stimulated,  
430 and it also include a sham condition<sup>13</sup>. BF is a useful control region because BF activity is associated  
431 with the timing of individual actions and BF TUS and cholinergic manipulation (BF is a source of  
432 many cholinergic projects) have been shown to alter the timing of individual actions<sup>13,27</sup>. By contrast,  
433 POp was not associated with general task engagement/disengagement nor with performance of the  
434 specific task and so POp TUS acted as a general control for cortical stimulation. The TUS wave  
435 frequency was set to 250 kHz. TUS was applied in 30 ms bursts that were generated every 100 ms for  
436 a total period of 40 s. The procedure was then immediately repeated for another 40 s in the same area  
437 but in the other hemisphere. All TUS was applied prior to the behavioral task. Sustained TUS trains  
438 have previously been shown to exert a sustained impact on neural activity and behavior and therefore  
439 make it possible to examine the effect of neural disruption in the absence of any concomitant auditory  
440 effects that might be associated with the delivery of each TUS pulse<sup>24,34-37</sup>

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**Figure 4. TUS effects on disengagement.** (A) One of the tasks<sup>13,27</sup> used in our analysis also causally manipulated activity in pgACC using TUS. The stimulation site is shown as a white circle superimposed on the significant OE cluster. Two other regions were also stimulated and we use data from these TUS sites as controls, and also included a sham condition as a further control. (B) The total time spent disengaged by time in the experiment, averaged over sessions and animals, reveals that after pgACC stimulation, animals are more engaged early on during the task, compared to the situation after stimulating BF, POp, or sham. (C) When averaging the time spent disengaged over the first and last 20 min of the task, we find a significant difference between pgACC and the other TUS sites in the first but not in the last 20 min. Bars represent condition means, and black dots represent individual subject means.

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To examine the effect TUS had on the time spent disengaged, we classified each timepoint in each session as engaged or disengaged, and calculated the time spent disengaged for each stimulation site as animals progressed through the session. This analysis revealed a tendency for more frequent early disengagements in the control conditions than after pgACC stimulation, whereas late disengagements appeared equally common throughout all conditions (Fig 4B). Indeed, when testing for a difference between disengagements after pgACC stimulation compared to other stimulations sides, we found a significant difference in the first 20 min but not in the last 20 min (early:  $\chi^2(1) = 5.27$ ;  $p = 0.022$ ;

461 late:  $\chi^2(1) = 0.03$  ;  $p = 0.867$ ; mixed effects models with random slopes and intercepts for condition  
462 by monkey). This effect of more engagement early on can also be observed in each animal individually  
463 (Fig S6).

464

## 465 Discussion

466

467 Task engagement fluctuates throughout daily activity leading to inattention. Ultimately, however,  
468 people and animals may give up on a task completely and either remain inactive or pursue an entirely  
469 different course of behavior. While the process of error monitoring and subsequent adjustment of  
470 behavior has received considerable attention<sup>38-40</sup>, less is known about the processes that drive complete  
471 task disengagement. This is despite the obvious relevance such mechanisms have to the understanding  
472 of apathy – a prominent feature of psychological and neurological illnesses<sup>1</sup>. Although the social  
473 demands of the research setting mean that human participants rarely give up on a task completely when  
474 they are participating in an experiment, it is not unusual for macaques to move between periods of task  
475 disengagement and then re-engagement. In the current investigation we identified such periods and  
476 found that they manifested in similar ways across eleven macaques performing four different cognitive  
477 tasks in the MRI scanner. When animals were strongly engaged in any task and unlikely to disengage,  
478 then a broad region of increased activity spanning several areas, but which was especially prominent in  
479 pgACC, was found. Activity was weakest on trials when the animals' task engagement levels collapsed  
480 and the monkeys disengaged. The effects were apparent even when we controlled for RT suggesting  
481 that pgACC activity was related to task disengagement rather than any change in response timing<sup>13</sup>,  
482 response control<sup>38,41</sup>, or any change in response vigor that might lead to changes in RT<sup>5,42,43</sup>. While  
483 vigor and engagement were associated with different behavioral indices and had correspondingly  
484 distinguishable relationships with brain activity, some of the effects were adjacent in the brain.  
485 However, vigor effects often appeared to be mostly linked with the vigor level on the preceding the  
486 current trial (see Fig S4 and S5) or with increases of vigor that were about to occur (Fig S4D future  
487 vigour – past vigour). By contrast, engagement effects reflected stable patterns of behavior sustained  
488 over several trials.

489

490 The pattern of activity found in pgACC suggests it is linked to a fundamental process of task  
491 engagement that is independent of any particular task identity or specific task feature. This conclusion  
492 was reached after observing that the link between pgACC activity and task engagement was found after  
493 regressing out any influence that specific task events might have had on neural activity. In fact, for all  
494 analyses, we extensively regressed out task parameters to remove all the variance linked to task features  
495 and reward history, so that we were able to examine how fluctuations in the residual, activity unrelated  
496 to any specific task type was linked to fluctuations in engagement. As such, our findings cannot be  
497 attributed to parameters manipulated during the task or satiety and fatigue (we regress out the  
498 cumulative reward and the trial number). While we did not examine task-related activity here, this was  
499 the focus of previous analyses of all included datasets<sup>13,24-27</sup>. Importantly, each original study shows  
500 distinct patterns of neural activity that can be linked to the variables manipulated during each task,  
501 which differ from the activity patterns we show here. While we focused on the task independent  
502 elements of motivation and engagement there is, of course, a large body of work on motivation, fatigue  
503 and apathy based on effort and cost models<sup>44-48</sup>. Future research could potentially combine both  
504 approaches (intrinsic/task independent and task driven motivational fluctuations) to get a more  
505 comprehensive picture of their interplay.

506

507

508 In all tasks included in the analysis, we could distinguish between activity related to task engagement  
509 on a given trial (current engagement; CE) – whether the animal was engaged or disengaged on the trial  
510 itself – and the more general state (general engagement; GE) surrounding the trial. Moreover, activity  
511 change was not just apparent at the time of responding but it was present and built up over a longer  
512 preceding time period. Timecourse analyses revealed elevated signals approximately 15 s before and  
513 15 s after the trial in question. The slowly evolving pgACC signal might reflect the parallel slow  
514 evolution of task engagement factors and their independence of specific task events.

515

516 Importantly, the corresponding pgACC region of the human brain <sup>49</sup> has been linked to the  
517 predisposition to initiate foraging behavior and in determining that the prospect of potential future  
518 outcomes mean that it is worth initiating a sequence of behavior despite potential costs <sup>50,51</sup>. The pgACC  
519 is unusual in that it is one of only two cortical regions that project strongly to the striosomal  
520 compartment of the basal ganglia, in anterior striatum, which, in turn, is distinguished by a number of  
521 anatomical features including projection to the dopaminergic midbrain <sup>9,52,53</sup>. As a result, pgACC is  
522 well placed to regulate fundamental aspects of motivated behavior under the control of dopamine <sup>54</sup>  
523

524 Not only was activity in pgACC predictive of task engagement but TUS-induced alteration of pgACC  
525 activity led to consistent patterns of changed task engagement in the four macaques that participated in  
526 an additional TUS study. As the TUS stimulation data was part of the original study design <sup>13</sup> we had  
527 no control over stimulation sides and could not employ the same stimulation across all tasks or brain  
528 sites. While we were unable to examine the impact of stimulating the supracallosal gACC region (Figure  
529 2D), it was, however, possible to examine the effect of pgACC stimulation because, fortuitously,  
530 transcranial ultrasound stimulation had been applied to this area in the task investigated by  
531 Khalighinejad and colleagues <sup>13</sup>. However, due to only having TUS stimulation in one study, we could  
532 not investigate the task general causal impact of pgACC stimulation. After the application of TUS,  
533 macaques were less likely to disengage from a task. Normally, when animals were in the control  
534 condition, in the first half of a 20 min testing session, macaques disengaged from the task for  
535 approximately 3 min. After pgACC TUS, however, animals often worked continually without  
536 disengaging or only took a break for approximately 2 min on average. Importantly, the effects were  
537 specific to pgACC TUS and were not observed after TUS to two control brain regions. First, similar  
538 effects not seen when applying TUS to an anterior parietal control region, POp, in which there was no  
539 task-related or task engagement-related activity. Second, and perhaps even more importantly, such  
540 effects were not seen when TUS was applied to the cholinergic basal forebrain (BF) even though it has  
541 previously been shown that BF TUS and systemic cholinergic manipulation change the timing of  
542 animals' decisions to make individual actions <sup>13,27</sup>. However, while the stimulated pgACC appeared to  
543 track our engagement variable, we acknowledge that several factors, such as emotion, energy level and  
544 ability to focus, and subjective emotional responses <sup>55</sup> may be directly or indirectly linked to  
545 engagement. Future research will need to tease apart.

546  
547 Relatively few behavioral experiments have focused on the macaque pgACC and previous behavioral  
548 analysis approaches have not allowed identification of clear changes in task engagement <sup>13</sup> of the sort  
549 that we were able to identify here. However, it has been reported that electrical microstimulation of the  
550 macaque pgACC during a cost/benefit decision making task led to fewer decisions to pay higher costs  
551 (enduring air puffs) to obtain higher rewards (more juice) <sup>10</sup>. If pgACC is not only responsible for  
552 setting the general willingness to endure costs for benefits during choices but also responsible for setting  
553 the general level of engagement, then our results and these previous findings can be reconciled.  
554 However, it is important to note that TUS is unlikely to recreate patterned excitation of specific neurons  
555 that can be induced by microstimulation but rather it may be more likely to disrupt the endogenous  
556 activity patterns within a brain region <sup>34,37</sup>. In the rat, optogenetic inhibition of the projections from the  
557 homologue of pgACC <sup>56</sup> – often called the prelimbic cortex – to the striosome compartment of the  
558 striatum similarly leads rats to be more likely to pay the cost of engaging in a trial in order to obtain a  
559 reward <sup>57</sup>. This occurs because pgACC outputs synapse with inhibitory interneurons in the striosome  
560 which, in turn, connect with striatal projection neurons. Thus, disrupting pgACC leads to the release of  
561 striatal projection neurons from inhibition. As noted, striosomal projection neurons are distinguished  
562 by their unique anatomical connections to regions such as the dopaminergic midbrain. In summary,  
563 pgACC TUS or pgACC optogenetically mediated inhibition in monkeys and rats respectively make  
564 animals more likely to engage in an effortful task to obtain reward or to take a costly action to obtain  
565 reward. Both interventions may resemble one another in leading to the release of striatal projection  
566 neurons from inhibition and, as a consequence, changes in dopamine levels. While we found an impact  
567 of TUS on behaviour, we can only speculate about the physiological mechanism(s) at this stage.  
568 Hopefully future research on the physiological impact of TUS and post stimulation fMRI will be able  
569

570 to shed some light onto this question, in particular why TUS can lead to apparent enhancement of  
571 behaviours associated with the stimulated brain regions, despite TUS not mimicking neural activity.  
572

573  
574 The pgACC region studied here not only has a homologue in rodents but also in humans<sup>49,56</sup>. In humans,  
575 coupling between pgACC activity and striatal activity has been linked to disinhibition of effortful  
576 choices; first, it was more prominent when the costs of a course of action were high but it was still  
577 pursued and second it was more prominent in individuals who were inclined to pursue such courses of  
578 action<sup>51</sup>. Individual variation in pgACC activity has also been reported to covary with how influenced  
579 each person is by the prospect of future reward despite the need to engage in a sequence of decisions<sup>50</sup>.  
580 It also tracks how well people have been performing simple tasks and how they are likely to evaluate  
581 their performance<sup>58,59</sup>.  
582

583 The idea that animals make decisions to engage or disengage with one behavior or another or simply to  
584 do nothing at all is consistent with a growing body of work on decision making during foraging and  
585 their neural correlates<sup>60,61</sup>. It also suggests alternative ways of thinking about situations in which people  
586 and animals appear to lack task engagement. In particular, the engagement shift (ES) activity in  
587 supracallosal cingulate gyrus (area 24, also called mid-cingulate cortex) might normally, in less  
588 constrained situations than in the current experiment, lead to sudden deliberate decisions to disengage,  
589 rather than simply reflecting slowly waning task engagement. While this is only speculation, it is  
590 nonetheless noteworthy that ES specifically activated the supracallosal cingulate gyrus in a region  
591 adjacent to one that has been linked to switching and foraging activity in the past in humans, macaques,  
592 and rodents<sup>35,50,51,60,62-64</sup> and which is distinct from pgACC. Our results have obvious links to a large  
593 body of work on error monitoring<sup>65</sup> and performance lapses<sup>66</sup> in humans that have identified  
594 ACC/MCC and pre-SMA as relevant regions for both error monitoring as well as post error adaptation  
595 effects. While our lapses are a complete disengagement from the task, not an error *per se*, the overlap  
596 between the anatomical location of the effects reported here and the effects previously reported is  
597 intriguing, suggesting common mechanisms may prevent disengagement, maintain engagement with  
598 the current task, and mediate performance monitoring for errors and post-error adaptation and return to  
599 task performance. Overall, our results suggest slowly drifting fluctuation in engagement where low  
600 pgACC activity is linked to low engagement levels and repeated giving up, while sudden and surprising  
601 decisions to give up during otherwise high engagement state are triggered by sudden supracallosal  
602 gACC activity. The engagement shift (ES) was also the only contrast that clearly revealed posterior  
603 cingulate cortex and precuneus, a region that has previously been implicated in decisions to disengage  
604 with foraging<sup>33</sup>, further suggesting that ES might be linked to deliberate decisions to disengagement in  
605 a specific trial, as opposed to gradual drifting decline in task engagement.  
606

607 Overall, our findings not only suggest pgACC mediation of intrinsic variation in task engagement but,  
608 more generally, emphasize the multifaceted nature of motivation and task performance. Specifically,  
609 we could dissociate task engagement from response speed. However, our ES index suggests that even  
610 giving up on a task might not be determined by solely one factor. In fact, in our study, animals might  
611 give up because of an overall change in intrinsic task engagement (OE) or because they deliberately,  
612 but transiently, want to do something else (ES). We suggest that future work should embrace this  
613 complexity.  
614

615 While we could show task-general and robust neural and behavioural patterns related to task  
616 engagement, we do not know what cognitive/emotional or otherwise internal construct is driving  
617 motivation states, as we cannot ask the animal about their subjective experience. It is possible that other  
618 fundamental constructs are linked to our pgACC activity in particular, which in turn relate to the  
619 motivational state the animal is in, instead of pgACC driving motivation directly. However, whatever  
620 such a fundamental construct might be responsible, it appears intimately linked to motivation across  
621 tasks.  
622

623 Importantly, engagement-related activity was not confined to pgACC but was also noticeable in a  
624 posterior part of the lateral orbitofrontal sulcus. This region has been identified with credit assignment  
625 – the linking of specific choices to specific outcomes<sup>28,34</sup> – but it is also notable that cortex in the same  
626 region or nearby is the second cortical region in the macaque, in addition to pgACC, that projects to the  
627 striosomal compartment of the striatum, the striatal region that is, in turn, likely to influence the  
628 dopaminergic midbrain, and in which stimulation is known to affect cost-benefit decision making<sup>9,52</sup>.  
629

630 While the current study has taken some of the first steps needed to identify the neural mechanisms  
631 mediating task engagement, some questions remain unanswered. Notably while pgACC and posterior  
632 lateral orbitofrontal sulcus were less active when task disengagement occurred, a more posterior mid-  
633 cingulate gyrus region (area 24) was most active during sudden disengagement (Fig 3). As well as  
634 attempting to understand the key elements that determine the multifaceted relationships between  
635 specific task features, task engagement, brain activity and the cellular mechanisms at play in pgACC  
636 and beyond, an important future step will be examining the effect of manipulating activity in area 24.  
637

## 638 Methods

639

### 640 Subjects

641 13 rhesus macaques across 17 data sets were included in the four studies considered. All procedures  
642 were conducted under licenses from the United Kingdom (UK) Home Office in accordance with the  
643 UK Animals (Scientific Procedures) Act 1986 and with the European Union guidelines (EU Directive  
644 2010/63/EU).

645

### 646 Data collection

647 The fMRI data were acquired in a horizontal 3 Tesla MRI scanner with a full-size bore using a four-  
648 channel, phased-array, receive-only radio-frequency coil in conjunction with a local transmission coil  
649 (Windmiller Kolster Inc, Fresno, USA). The animals were head-fixed in a sphinx position in an MRI-  
650 compatible chair (Rogue Research, CA). fMRI data were acquired using a gradient-echo T2\* echo  
651 planar imaging (EPI) sequence with the following parameters: 1.5 × 1.5 × 1.5 mm resolution, 36 axial  
652 interleaved slices with no gap, TR of 2280 ms, TE of 30 ms and 130 volumes per run. Proton-density-  
653 weighted images using a gradient-refocused echo (GRE) sequence (TR = 10 ms, TE = 2.52 ms) were  
654 acquired as reference for offline image reconstruction.

655

### 656 Behavioral task-models

657

658 We used data from four different tasks<sup>13,24–27</sup>. See Supplementary Text 1 for descriptions of the four  
659 tasks. In all tasks monkeys had to respond to stimuli on screen that were rewarded, while their neural  
660 activity was recorded using fMRI. Briefly, Jahn and colleagues (study 1)<sup>25</sup> ran an exploration-  
661 exploitation task with different time horizons. On some trials, monkeys had to make one-off choices  
662 between two stimuli on screen based on the information presented. On other trials, they had to choose  
663 between the same options repeatedly, which enabled them to learn more about the value of the options.  
664 Grohn and colleagues (study 2)<sup>26</sup> ran a task with a single option presented on screen. By manipulating  
665 the reward associated with the option, as well as the location of the option on the screen, they induced  
666 different kinds of surprises. In the study of Bongioanni and colleagues (study 3)<sup>24</sup> monkeys had to  
667 choose between two options that varied among two dimensions, reward amount and reward probability.  
668 They presented the monkeys with novel stimuli that they had not encountered before but the value of  
669 which they should be able to infer based on previously observed stimuli. Khalighinejad and colleagues  
670 (study 4)<sup>13,27</sup> showed monkeys a single stimulus that contained information about the reward amount  
671 and the inter-trial-interval length. The longer monkeys waited to respond, the more the reward  
672 probability increased, which was also displayed as a feature of the stimulus, but at the price of losing  
673 time as the experiment did not have a fixed number of trials but was limited to 40 min. This allowed  
674 them to study how monkeys decide when to make a response.

675

676 To regress out the effect task-manipulations have on engagements/disengagements, we used logistic  
677 regressions to control for these effects. For all tasks, we included regressors for the rewards the animals

678 obtained on the previous 5 trials, the current trial number, and the cumulative reward the animals  
679 received so far during a session. Additionally, we included task-specific regressors for each task that  
680 are based on the models used in the original analyses of the tasks:  
681

682 For study 1<sup>25</sup> we included a regressor coding for repetition bias (whether the animal has responded on  
683 the same side on the previous trial), a regressor coding for the choice horizon (short or long), and a  
684 regressor coding for the current choice number within a horizon. Moreover, we used the Bayesian model  
685 described by Jahn's and colleagues<sup>25</sup> to estimate the expected reward and the expected uncertainty on  
686 each trial. We then included the sum of the expected reward of both stimuli, and the sum of the  
687 uncertainty of both stimuli as regressors as well as the absolute difference in expected reward and  
688 uncertainty between the two stimuli. Finally, we allowed these 4 latter regressors to vary by horizon as  
689 interaction terms.  
690

691 For study 2<sup>26</sup> we included a regressor coding for whether the stimulus is on the left or the right side of  
692 the screen, a regressor coding for whether the stimulus switched sides, and a regressor coding for  
693 whether the monkeys received 2 drops of juice on the last trial.  
694

695 For study 3<sup>24</sup> we included regressors for the absolute additive value difference, the absolute  
696 multiplicative value difference, the total additive value, and the total multiplicative value. Additive and  
697 multiplicative value here refer to adding or multiplying reward magnitude and probability (further  
698 details can be found in the original publication). Moreover, we also included a regressor capturing a  
699 repetition bias (responding on the same side as on the previous trial).  
700

701 For study 4<sup>13,27</sup> we included regressors for the current reward magnitude, the length of the upcoming  
702 inter-trial-interval, and the speed of the dots on screen.  
703

704 All models were run separately for each monkey. For each monkey, we allowed all regressors to also  
705 vary as random slopes by session. We then took the difference between the model prediction and  
706 observed behavior as our measure of CE.  
707

## 708 709 *Autocorrelation and kernels* 710

711 To calculate the autocorrelation of our measure of intrinsic task engagement we shift the timeseries for  
712 each session of each monkey by lags from 2-10 and compute the correlation for each (we leave out  
713 lag=1 because for some of our experiments two disengagements cannot occur after each other because  
714 of the task design). We then separately average the sessions of each monkey, before finally averaging  
715 over monkeys.  
716

717 To test whether the autocorrelation is significantly larger than 0, we randomly permute the data of each  
718 session and repeat the above procedure 10000 times on the permuted data. We then determine the p-  
719 value as the number of times the average autocorrelation over monkeys is smaller than the permuted  
720 average. Because we are testing lags from 2-10, we use a p-value of 0.05/9 = 0.0056. For RTs we use a  
721 p-value of 0.05/10 = 0.005 because we are testing lags 1-10.  
722

723 To compute the task engagement state, we fitted an exponential kernel to our measure of intrinsic task  
724 engagement. Specifically, we found the free parameter  $\alpha$  that minimised the squared distance between  
725 the function  $\alpha(1 - \alpha)^{|d|}N$  and the data, where for each trial,  $d$  indexes all past and future trials of a  
726 session, leaving out the current trial, i.e.  $d = \text{first trial}, \dots, -2, -1, 1, 2, \dots, \text{last trial}$ , and  $N$  is a  
727 normalization factor that makes the weights sum up to 1, i.e.  $N = \sum(\alpha(1 - \alpha)^{|d|})^{-1}$ . We compute  $\alpha$   
728 separately for each of our 4 tasks by finding the  $\alpha$  that minimizes this error across all sessions associated  
729 with that task. Thus, we overall fit four values of  $\alpha$ . For study 1<sup>25</sup> and study 4<sup>13,27</sup> we used  $d =$   
730  $\text{first trial}, \dots, -2, 2, \dots, \text{last trial}$ —leaving out trials -1 and 1—because disengagements do not occur  
731 concurrently because of the task designs.

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We then used the fitted value of  $\alpha$  to smooth the data, thus obtaining a state estimate on each trial. By using only the half of the kernel that is directed towards the past/future, i.e.  $d = \text{first trial}, \dots, -2, -1$  and  $d = 1, 2, \dots, \text{last trial}$ , we were also able obtain separate state estimates of the past and future GE, which we used as regressors in the whole brain analysis.

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When fitting the kernel to RTs we are only using engaged trials. Therefore, the timeseries is interrupted when a disengagement happens, which also breaks the autocorrelation. For RTs we therefore only use consecutive chunks that are uninterrupted by disengagements to fit the kernel, i.e. we set  $d = \text{earliest trial that is engaged}, \dots, -2, -1, 1, 2, \dots, \text{latest trial that is engaged}$ .

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EPI data were prepared for analysis following a dedicated nonhuman primate fMRI processing pipeline using tools from FSL<sup>67</sup>, Advanced Normalization Tools (ANTs)<sup>68</sup>, and the Magnetic Resonance Comparative Anatomy Toolbox (MrCat; <https://github.com/neuroecology/MrCat>).

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Like for our behavioral analysis, we also created separate neural regression models for each task. Apart from these task-specific regressors (further outlined below), we also included the same regressors across-tasks. For all tasks, we included regressors for the current level of the intrinsic CE (computed as described in the *behavioral task-models* section), the past GE, and the future SM (computed as described in the *autocorrelation and kernels* section). We included all of these regressors twice, once time-locked to the end of the reward delivery of the previous trial, and once time-locked to the onset of the decision-prompt. Moreover, we also included regressors for the trial vigor, and the past and future state vigor, again time-locked both to the end of the previous trial's reward delivery and the decision-prompt. The correlation between these 12 regressors in shown in Fig S3D.

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To compute overall estimates of GE and state vigor, we created contrasts that summed up the past and future GE, and the past and future state vigor. Moreover, to estimate OE we added a contrast that summed up CE and GE, and to estimate ES we added a contrast that subtracted CE and GE. Similar contrasts were included for vigor. Finally, we also included contrasts that subtracted the past and future GE, and the past and future state vigor.

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Additionally, we also included some control regressors that were the same for all 4 tasks. We included intercepts time-locked to the beginning of the reward delivery, the end of the reward delivery, the onset of the decision-prompt, and when decisions were made. We also included the current trial number, the cumulative reward so far, and the seconds since the beginning of the experiment, all time-locked to the end of the previous trial's reward-delivery, and to the onset of the decision prompt. Moreover, we also included confound regressors to index head motion and volumes with excessive noise. Motion-related artefacts were captured by including 13 principal components accounting for volume-by-volume magnetic field distortions due to limb and body movements during task performance. Volumes with excessive noise were entirely excluded from the fMRI analysis by including regressors for each flagged volume. Both the 13 principal components and the low-quality volumes were estimated for each session using the MrCat toolbox (<https://github.com/neuroecology/MrCat>) as also described in the original publications for each dataset<sup>13,24-27</sup>.

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Task-specific regressors were based on the models used in the original papers. The regressors we included were:

For study 1<sup>25</sup> we included an intercept time-locked to the onset of the wait-stimulus. We also included regressors for the expected reward of the chosen stimulus, the expected reward of the unchosen stimulus, the uncertainty of the chosen stimulus, and the uncertainty of the unchosen stimulus, all time locked to the wait-stimulus. These quantities were calculated according to the Bayesian model described in the original paper. At decision, we included a regressor for the response side. At the beginning of the reward delivery, we included regressors for the amount of reward received, the expected reward of the

787 chosen stimulus, the expected reward of the unchosen stimulus, the uncertainty of the chosen stimulus,  
788 and the uncertainty of the unchosen stimulus, all again according to the Bayesian model. Some sessions  
789 also included a horizon manipulation, such that animals had to either make one-off decisions, or decide  
790 among the same options multiple times while learning new information about the options throughout.  
791 For these sessions, we included a regressor at the decision-prompt whether the trial was a short or a  
792 long horizon trial. Furthermore, in some sessions animals received feedback about the reward of the  
793 unchosen stimulus, whereas in others they did not. For the sessions that included this feedback, we also  
794 included a regressor for the amount of reward of the unchosen option, time-locked to reward delivery.  
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796 For study 2<sup>26</sup> we included a regressors for the response side and whether the stimulus had switched  
797 sides at decision. At reward delivery, we included regressors for the current reward amount, and the  
798 reward amount of the previous 5 trials as separate regressors. We also included a regressor for whether  
799 the reward was 2 drops of juice, and a regressor for whether the previous reward was 2 drops of juice.  
800 Finally, we also included a regressor for whether the current trial was an error and no reward would be  
801 delivered, time-locked to when the reward would otherwise be delivered.  
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803 For study 3<sup>24</sup> we included regressors for the absolute additive value difference, the absolute  
804 multiplicative value difference, the total additive value, and the total multiplicative value, all time-  
805 locked to decision-prompt. These regressors are further described in the original paper. We also  
806 included a regressor for the response side at decision, and a regressor for the reward amount at reward  
807 delivery.  
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809 For study 4<sup>13,27</sup> we included regressors for the current reward magnitude, the upcoming inter-trial-  
810 interval duration, and the dot-speed, all time-locked to stimulus presentation. We also included  
811 regressors for the last trial's reward amount, and the number of dots on screen when the last trial's  
812 response was made, also time-locked to stimulus presentation. At decision, we included a regressor for  
813 the number of dots currently on screen. Finally, we included a regressor for the reward amount at reward  
814 delivery.  
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816 We used a hierarchical GLM approach to combine data from monkeys and sessions: We first fitted each  
817 session individually using the appropriate regression model (as described above), and then warped the  
818 resulting statistical maps into F99 standard space. There, on a second hierarchical level, we combined  
819 data individually for each monkey using fixed effects and pre-planned contrasts over regressors that  
820 were shared across models. Finally, on a third hierarchical level, we combined data from all monkeys  
821 using random effects, as implemented in the FLAME 1+2 procedure from FLS<sup>67</sup>. To test for statistical  
822 significance, we used a standard cluster-based thresholding criteria of  $z > 2.3$  and  $p < 0.05$  (Worsley et  
823 al., 1992).  
824

825 Analyses were run in FSL's fMRI Expert Analysis Tool (FEAT). Regressors were z-scored and  
826 convolved with a hemodynamic response function (HRF), which was modelled as a gamma function  
827 (lag = 3, sd = 1.5) convolved with a boxcar function of duration 1s.  
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### 830 *ROI analyses and timecourses*

831 To define ROIs, we calculated the overlap between the cluster-corrected t-statistic map from the  
832 whole-brain analysis and anatomically defined regions based on an atlas<sup>32</sup>, which we dilated with a  
833 kernel of 3x3x3 voxels. We then warped these ROIs into session-space using the nonlinear  
834 deformation field.  
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836 To visualise the BOLD timecourse of a regressor we re-ran the convolutional whole-brain analysis for  
837 each session of each monkey in FEAT, leaving out the 12 regressors of interest we described above  
838 but including all other task-relevant and nuisance regressors. We then extracted the average residual  
839 of this whole-brain analysis from each ROI. Next, we upsample the timecourse by a factor of 10 using  
840

841 spline interpolation. Because we are interested in temporally extended effects of task engagement, we  
842 then smooth the upsampled timescourse with a moving average filter of 5s.  
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845 *TUS stimulation and analysis*  
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847 TUS stimulation was conducted with a single-element ultrasound transducer (H115-MR, diameter 64  
848 mm, Sonic Concept, Bothell, WA, USA) with region-specific coupling cones filled with degassed water  
849 and sealed with a latex membrane (Durex). The ultrasound wave frequency was set to the 250 kHz  
850 resonance frequency and 30 ms bursts of ultrasound were generated every 100 ms (duty cycle 30%)  
851 with a digital function generator (Handyscope HS5, TiePie engineering, Sneek, the Netherlands).  
852 Overall, the stimulation lasted for 40 s. A 75-Watt amplifier (75A250A, Amplifier Research, Souderton,  
853 PA) was used to deliver the required power to the transducer. For further details see <sup>13</sup>  
854

855 To calculate the time spent disengaged, we classified each trial in each session as engaged or disengaged  
856 in the same way we did for the data sets for the behavioral and fMRI analysis. We then calculated the  
857 total time spent disengaged for each session, and tested whether there was a significant difference  
858 between the sessions in which pgACC was stimulated or the control conditions (BF, POp, or sham  
859 stimulation). In this model we also included a random intercept for each animal to control for different  
860 baseline effects, and a random slope for whether pgACC or a control side was stimulated.  
861

862 To visualize where in a session differences between conditions emerged, we also calculated the  
863 cumulative sum of the time spent disengaged for each second of each session, and then averaged this  
864 sum over sessions for each condition.  
865

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884

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887 commented on the draft of the paper.

888 **Data Availability:** All datasets used in this study have already previously been published. Please  
889 contact the corresponding authors of the original publications for access to the raw datasets. Source  
890 data underlying the figures and analyses in this manuscript will be deposited in a public repository  
891 upon publication.

892 **Code Availability:** The code to replicate the analyses and figures shown in this paper will be  
893 deposited in a public repository upon publication.

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