

Viral expansion after transfer is a primary driver of influenza A virus transmission bottlenecks

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ABSTRACT

For many viruses, narrow bottlenecks acting during transmission sharply reduce genetic diversity in a recipient host relative to the donor. Since genetic diversity represents adaptive potential, such losses of diversity are thought to limit the opportunity for viral populations to undergo antigenic change and other adaptive processes. Thus, a detailed picture of evolutionary dynamics during transmission is critical to understanding the forces driving viral evolution at an epidemiologic scale. To advance this understanding, we used a novel barcoded virus library and a guinea pig model of transmission to decipher where in the transmission process diversity is lost for influenza A viruses. In inoculated guinea pigs, we show that a high level of viral genetic diversity is maintained across time. Continuity in the barcodes detected furthermore indicates that stochastic effects are not pronounced within inoculated hosts. Importantly, in both aerosol-exposed and direct contact-exposed animals, we observed many barcodes at the earliest time point(s) positive for infectious virus, indicating robust transfer of diversity through the environment. This high viral diversity is short-lived, however, with a sharp decline seen 1-2 days after initiation of infection. Although major losses of diversity at transmission are well described for influenza A virus, our data indicate that events that occur following viral transfer and during the earliest stages of natural infection have a predominant role in this process. This finding suggests that immune selection may have greater opportunity to operate during influenza A transmission than previously recognized.

INTRODUCTION

The high mutation rate characteristic of RNA viruses [1, 2], coupled with genetic recombination [3, 4] and/or reassortment [5] of segmented genomes, enables constant production of viral variants [6-8]. In turn, this variation provides the substrate for viral evolution [9-11]. For some viruses, including influenza A virus and SARS-CoV-2, viral evolution and viral spread through host populations occur on a similar timescale, such that each potentially shapes the other [12]. Understanding viral evolution is therefore crucial in our efforts to control outbreaks.

Two major evolutionary processes mediate viral change: selection and genetic drift [13]. Selection is a deterministic evolutionary force by which individuals with advantageous traits are more likely to survive and reproduce. In turn, alleles from those individuals will increase in frequency over multiple generations. Conversely, genetic drift is a stochastic process whereby changes in allele frequency occur due to random events. Selection and genetic drift both function to remove genetic diversity from a population: one through the increase of alleles under selection and the other through stochastic loss of alleles from a population. Their relative influence in any evolutionary system varies. In general, when a large number of individuals are able to reproduce, selection acts more efficiently because the probability of any given variant becoming extinct is low. However, when very few individuals are able to reproduce, the probability of alleles being stochastically lost from the population is higher, making selection less efficient. In this way, selection and genetic drift are opposing forces: where one is strong, the other is weak. While they both work to lessen genetic diversity, they have fundamentally different impacts on the population's evolutionary trajectory. For influenza viruses, the interplay between selection and genetic drift is not well understood.

A reduction in viral population size during transmission has been documented for many viruses [14-18]. Termed a transmission bottleneck, this effect is characterized by the establishment of a new infection by only a small number of genomes derived from a large source population. Transmission bottlenecks typically impose a stochastic loss of diversity, rather than a selective one in which successful variants are those with the highest fitness. When a stochastic bottleneck is active, even highly adaptive alleles may go extinct.

As for other viruses, loss of diversity during influenza A virus transmission has been documented. In humans with naturally occurring infections, as few as one to two viral genomes from an infected individual established in an uninfected individual [19]. Studies using influenza A virus populations with inserted neutral barcodes similarly revealed narrow transmission bottlenecks in animal models [20, 21]. This work also demonstrated that aerosol transmission caused a more stringent loss of diversity than transmission where all modes were possible [20, 21]. More relaxed bottlenecks have been reported in natural hosts aside from humans, suggesting roles for host biology and/or modes of transmission in shaping species-specific between-host dynamics [22, 23]. Finally, avian influenza A virus transmission in mammals has been shown to involve a tight bottleneck with reductions in viral diversity attributed to either stochastic or selective forces [24-26].

While it is known that diversity is lost during influenza A virus transmission, it is unclear at which point – in the donor host, the environment, or the recipient host – this takes place. The specific stage at which diversity is lost is likely to define the potential for selection to act during transmission. We therefore made an influenza A virus library with 4096 potential barcodes to monitor the fate of many unique viral lineages within experimentally infected guinea pigs and through the course of transmission to contacts. Our data reveal that viral diversity remains high in inoculated animals throughout the course of infection, and many viral genomes are transferred to naïve animals exposed by aerosols or direct contact. However, a severe

bottleneck occurs in contact animals 1-2 days after the initiation of infection, such that few lineages are sustained in the recipient. Thus, in our system, losses of diversity are primarily driven by events that occur during the expansion of infection, not during the process of donor-to-recipient transfer itself. Importantly, this phase of expansion could be a previously unrecognized opportunity for immune selection to operate.

RESULTS

Generation of a Barcoded Influenza A Virus Library

We designed a genetic barcode for influenza A/Panama/2007/99 (H3N2) virus (Pan/99) with the goals of avoiding attenuation of viral replication and producing a highly diverse viral population with minimal fitness differences among variants. To achieve this, we introduced polymorphisms within the native neuraminidase (NA) sequence of Pan/99 rather than inserting a foreign sequence. Twelve barcode sites within a 50-nucleotide region of the NA segment were selected based on synonymous single nucleotide variants found in H3N2 subtype influenza A viruses circulating in humans from 1994 to 2004. At each of these 12 sites, two nucleotides were possible, resulting in 4096 unique barcodes (**Figure 1A**). We named the gene segment modified in this way Pan/99 NA-BC.

To evaluate barcode diversity in the reverse genetics plasmid and the passage 1 (P1) viral stock carrying Pan/99 NA-BC, we subjected the barcode region to next-generation sequencing. No barcode was found to be dominant in the plasmid library or the virus stock, and no nucleotide was dominant at any site within the barcode (**Figure 1B, C**). An aberrant nucleotide was detected at the twelfth barcode site in the plasmid preparation but was not carried through to the virus stock. To quantify diversity, we applied the Shannon Diversity Index (H), which considers the richness (i.e., the number of species present) and the evenness (i.e., the abundance of the present species) in a community [27]. To calculate H , each unique barcode was taken to represent a species. The measured diversity in the plasmid and virus stocks was 8.07 and 7.90, respectively (**Figure 1D**), near to the theoretical maximum (H_{max}) for this system of 8.32 and revealing little loss of diversity during viral recovery from cDNA. To determine whether the barcode in the NA segment altered the growth phenotype of the Pan/99 virus, multi-cycle replication was evaluated in MDCK cells. No significant differences between wild type and Pan/99 NA-BC viruses were detected (**Figure 1E**).

Modeling Transmission of Pan/99 NA-BC Virus in Guinea Pigs

To evaluate viral dynamics within and between hosts, we inoculated guinea pigs with 5×10^4 plaque-forming units (PFU) of Pan/99 NA-BC virus intranasally [28]. After 24 hours, we placed a naïve animal with each inoculated animal in either direct or aerosol contact (**Supplemental Figure 1A**). Three independent experiments were performed, each including four direct contact and four aerosol contact pairs. Viral shedding, assessed by plaque assay of daily nasal lavage samples, was similar for all inoculated animals (**Supplemental Figure 1B**). Transmission efficiency varied from 75% to 100% for pairs in direct contact and from 50% to 100% for pairs in aerosol contact. The daily nasal lavages collected from both inoculated and exposed animals

furnished a valuable set of samples with which to investigate viral population dynamics and the drivers of the influenza A virus transmission bottleneck.

Stochastic Effects are Not Pronounced in Inoculated Animals

To determine how viral diversity changed during infection in inoculated animals, we evaluated the barcodes present in nasal lavage samples by next generation sequencing. Many barcodes were detected throughout the course of infection in all directly inoculated animals (**Figure 2** and **Supplemental Figure 2**). Using Shannon's index (H), we found that viral population diversity declines gradually over time in most inoculated animals (**Figure 3** and **Supplemental Figure 3**). Changes in diversity are furthermore mirrored by changes in both barcode richness and evenness, indicating that declines in diversity are driven both by loss of barcode species from the within-host population and skewing of the relative frequencies of individual barcodes that comprise the population (**Figure 3** and **Supplemental Figure 3**).

To evaluate how populations detected on a given day relate to those present at prior and subsequent time points in the same animal, we applied two measures of dissimilarity: Bray-Curtis and Jaccard. Both statistics gauge the compositional disparateness between two samples but differ in that Jaccard considers only the extent to which two populations differ in the species present, while Bray-Curtis considers both differences in the species present (or not present) and differences in the abundance of each species. These analyses revealed relatively low dissimilarity across longitudinal samples collected from a given inoculated animal (**Supplemental Figure 4**). The barcode composition of each sample was typically most closely related to those of the immediately preceding and following days.

To aid in relating these results to those obtained from natural infections, which are characterized by markedly lower viral genetic diversity than examined here, we binned the 4096 potential barcodes into four classes based on the identity of the first two nucleotides in the barcode. We then evaluated the dynamics of these four sub-populations over time (**Figure 4** and **Supplemental Figure 5**). In inoculated animals, the frequency of the four sub-populations was found to be highly stable across sampling days. The gradual nature of observed shifts in barcode composition over time indicates that infection in animals inoculated with a large viral population is shaped only minimally by stochastic effects.

High Initial Diversity in Exposed Animals Precedes a Sharp Decline

To determine how viral diversity changed between donor and recipient animals, barcodes present in nasal lavage samples of recipients were analyzed. Strikingly, at the earliest timepoint(s) positive for infectious virus in recipients, many barcodes are present, signifying transfer of an appreciably large viral population through the environment (**Figure 2** and **Supplemental Figure 2**). This observation is true of both aerosol-exposed and direct contact animals. Populations present early in exposed animals are characterized by high diversity, richness, and evenness (**Figure 3** and **Supplemental Figure 3**). Based on a Jaccard analysis, these populations show relatedness in the species present to viral populations replicating within the corresponding donor animal (**Supplemental Figure 4**).

However, the observed high viral diversity in exposed animals is short-lived, with a sharp decline seen within 1-2 days of the initiation of infection (**Figure 2** and **Supplemental Figure 2**). Both richness and evenness contribute to the precipitous drop in diversity seen within exposed animals (**Figure 3** and **Supplemental Figure 3**). Accordingly, the Bray-Curtis index, which considers both shared species and their comparative abundances, reveals high dissimilarity between populations present in recipient animals on the first positive day and at subsequent time points compared with the same time points in donor animals (**Supplemental Figure 6**). Of note, barcode composition in exposed animals remains highly consistent after the initial 1-2 days of viral positivity (**Figure 2** and **Supplemental Figure 2**), indicating that the few viral lineages that penetrate the bottleneck persist through the remainder of the acute infection. The barcodes that do persist furthermore differ across independent exposed animals (**Figure 2** and **Supplemental Figure 2**), excluding the possibility that a subset of barcodes carry a fitness advantage.

To assess the potential for these dynamics to be driven by selection acting on *de novo* mutations outside the barcoded region, we performed whole-genome sequencing of a subset of samples. Specifically, viral genomes collected on the first or second day of positivity in exposed animals from experimental replicates 1 and 2 were sequenced in full. Few *de novo* mutations were detected; none were found on successive days in the same animal; and all non-synonymous changes remained below a 20% frequency (**Supplemental Figure 7**). Thus, reductions in viral diversity observed in exposed animals were not driven by selective sweeps of *de novo* variants. In addition, a focused analysis of whole genome sequencing reads that spanned the barcode region was used to validate results obtained from amplicon sequencing. Although the small number of reads meeting the criterion to span the entirety of the barcode limited this analysis, high-level observations could be confirmed: first positive time points showed multiple barcodes present and subsequent time points revealed the same predominant barcodes in both sequencing datasets.

Taken together, these findings signify that many viral genotypes replicating in inoculated animals are transferred to exposed animals. Some stochasticity in this transfer is apparent in that genotype abundance in the recipient is not tightly linked to that in the donor. However, strong stochastic effects are seen within the recipient. Very few viral genotypes ultimately establish infection, signifying that processes occurring during early expansion of the viral population limit diversity in newly infected hosts.

DISCUSSION

We used a barcoded influenza A virus system to generate a high-resolution view of changes in the composition and diversity of viral populations as they expand, contract, transmit onward, and establish infection in a new host. Our data suggest that viral evolutionary dynamics through a transmission event comprise two distinct stages: inter-host transfer and intra-host establishment. The bottleneck acting during the first stage can be very loose, allowing many viral genotypes to pass to the new host. Conversely, the bottleneck acting at the second stage is highly stringent such that few genotypes predominate the established within-host population.

The evolutionary implications of this two-stage process are potentially great. The existence of a loose bottleneck between hosts could enable selection to act efficiently on the transferred viral population *prior to* a stochastic contraction of diversity imposed by the process of viral establishment. Indeed our data offer a potential solution to a long-standing conundrum in evolutionary virology, that of disparate evolutionary dynamics at the individual and global population scales [29].

Influenza virus evolution at large geographic and temporal scales is characterized by a very clear pattern of positive selection: on a recurring basis, antigenically distinct variants sweep the global viral population, driving epidemic spread [30-32]. In stark contrast, the within-host evolutionary dynamics of influenza viruses show strong genetic drift and purifying selection; positive selection has rarely been observed [19, 33-35]. A similar dichotomy is true for SARS-CoV-2 at within-host and population scales [36-39]. Our data suggest that these scales may be linked by a transmission process in which selective forces have an opportunity to act before potent stochastic forces within hosts. For example, antibodies present at mucosal surfaces could act on an antigenically diverse incoming viral population, mediating antigenic selection. Only positively selected variants would then be available to pass through the stochastic bottleneck associated with population expansion. Experiments performed in pre-immune hosts are needed to formally test this model.

The reduction in diversity between virus populations in donor animals and those that become established in recipients seen here is highly consistent with prior studies carried out both in human cohorts and experimental animals [19-21, 24]. Our conclusion that early viral dynamics in the recipient make a major contribution to this loss of diversity is, however, novel. This pattern was likely not apparent in prior work simply due to the time points analyzed. In human cohort studies, sample collection is typically triggered by the onset of symptoms reported by the study subject, such that the very early stages of infection are often not sampled [19]. Similarly, previous studies of the influenza A virus transmission bottleneck in experimental models did not characterize viral populations present early after transmission [20, 24].

In contrast to recipient animals infected through transmission, we found only modest reductions in diversity in donor animals during infection. This finding may be explained by the relatively high viral load delivered during inoculation and/or differences in the sites of viral deposition given intranasal inoculation vs. natural exposure.

The observation that many viral genomes were conveyed through the environment during both direct and aerosol exposures is somewhat surprising in light of prior studies that compared different types of exposure [20, 24]. This result was also unanticipated based on the potential for expelled aerosols to be diluted in air [40]. While our data do not indicate how transmitted viruses are transferred, efficient delivery of multiple viruses to a recipient may be a result of their co-incorporation into aerosol particles. In addition, or alternatively, efficient transfer of influenza A viruses may rely on close proximity between donor and recipient or extended exposure times [41], which were both features of our experimental design.

The reduction in neutral diversity observed early in the course of infection in exposed animals indicates that viral dynamics early after natural infection are characterized by strong stochastic effects. This stochasticity could have multiple drivers. One important consideration is whether the viral genotypes detected early in recipients' nasal lavage samples are replicating. Although some early samples in our dataset are both high diversity and high titer, suggestive of active replication of many barcodes, our sequencing approach cannot distinguish viral genomes present within virions from those undergoing active replication within cells, leaving uncertainty. Viruses delivered to a new host might fail to initiate replication due to mechanical trapping, such as in mucus within the nasal cavity [42, 43]. Similarly, viruses that do initiate replication within cells may nonetheless undergo abortive infection, due to viral genetic defects, robust cell-intrinsic immunity, or a failure of some segments to be replicated [44-47]. Finally, if many viruses initiate productive infection following transmission, their subsequent loss could be explained by action of innate antiviral immunity or competition among the co-occurring genotypes for limited target cells [48, 49]. Both mechanisms can lead to stochastic rather than selective losses of diversity. For example, a cell that happens to support replication with a relatively short eclipse phase could rapidly seed a single genotype into many secondary cells, allowing it to become dominant.

In summary, our data reveal a two-stage transmission process in which transfer between hosts can include a large and diverse viral population but early events in the recipient host impose a stringent and stochastic bottleneck. Transmission may therefore represent an opportunity for selection to operate in the earliest phases of infection, before any single genotype sweeps the population. This effect is expected to have a strong influence on viral evolution and is likely relevant across diverse viral families.

MATERIALS & METHODS

Ethical considerations

All the animal experiments were conducted in accordance with the Guide for the Care and Use of Laboratory Animals of the National Institutes of Health. The studies were conducted under animal biosafety level 2 containment and approved by the IACUC of Emory University (PROTO201700595) for the guinea pig (*Cavia porcellus*). The animals were humanely euthanized following guidelines approved by the American Veterinary Medical Association.

Cells

Madin–Darby canine kidney (MDCK) cells were a gift from Dr. Daniel Perez, University of Georgia, Athens, GA. A seed stock of MDCK cells at passage 23 was amplified and maintained in Minimal Essential Medium (Gibco) supplemented with 10% fetal bovine serum (FBS; Atlanta Biologicals) and Normocin (Invivogen). 293T cells (ATCC, CRL-3216) were maintained in Dulbecco's Minimal Essential Medium (Gibco) supplemented with 10% FBS and Normocin. All cells were cultured at 37 °C and 5% CO₂ in a humidified incubator. The cell lines were not authenticated. All cell lines were tested monthly for *Mycoplasma* contamination while in use. The medium for the culture of influenza A virus in MDCK cells (virus medium) was prepared by

supplementing Minimal Essential Medium with 4.3% bovine serum albumin (BSA; Sigma) and Normocin.

Generation of Pan/99 NA-BC plasmid

The region of Pan/99 into which the barcode was inserted was first identified by aligning 593 sequences of H3N2-subtype influenza A viruses isolated between 1994 and 2004. A region with many nucleotide substitutions was identified in the NA segment from nucleotide position 484 to 532. Twelve synonymous mutations were identified within this region. Double-stranded Ultramers (IDT) were designed that contained degenerate bases with two possible nucleotides at each of the twelve chosen barcode sites (cacagtacatgataggacccttaycgraccytattgatgaatgartrrggtgttyccattycayytrggracyaagcaagtgtgtatagca tgggcc).

Site-directed mutagenesis was used to insert an Xho1 restriction site into the wild-type reverse genetics plasmid, pDP Pan/99 NA prior to barcode insertion. This was done to give a means of destroying the parental template following barcode insertion. Successful mutagenesis was confirmed by Xho1 restriction digest and Sanger sequencing. To generate a linearized template for barcode insertion, the following steps were performed. Xho1 digestion of the plasmid stock was followed by phosphatase treatment using rSAP (NEB) to dephosphorylate the cut ends of the plasmid. The plasmid was then amplified by PCR using primers that extend outward from the barcode region: P99_NA_536F 5'-caagtgtgtatagcatgtcc-3' and P99_NA_479R 5'-gggtcctatcatgtactgtg-3'. PCR purification (Qiagen QIAquick PCR Purification Kit) was used to isolate the linearized PCR product, followed by a dual digestion with Dpn1 and Xho1 to remove residual WT plasmid. PCR purification was repeated, and then an assembly reaction using the NEBuilder HiFi DNA Assembly Kit (NEB) was performed to insert the Ultramers into the linearized vector and re-circularize. The product was then transformed into DH5- α cells (NEB). After plating onto LB-amp plates, approximately 1×10^4 colonies were collected and pooled into LB-amp culture media and then incubated at 37°C for five hours prior to harvesting the bacterial population for plasmid purification by Maxiprep (Qiagen Plasmid Maxi Kit). The presence of a diverse barcode in the plasmid stock was verified by next generation sequencing (see below). This plasmid stock was then used to generate Pan/99 NA-BC virus by reverse genetics in combination with seven plasmids encoding Pan/99 WT gene segments in a pDP2002 vector [50].

Viruses

Pan/99 WT and Pan/99 NA-BC viruses were derived from influenza A/Panama/2007/99 (H3N2) virus (Pan/99 WT) and were generated by reverse genetics. In brief, 293T cells transfected with eight reverse genetics plasmids 16–24 h previously were co-cultured with MDCK cells in virus medium at 33°C for 40 h. Recovered virus was propagated in MDCK cells to generate working stocks. Propagation was carried out from low MOI to avoid accumulation of defective viral genomes but with a sufficient viral population size to maintain barcode diversity. Titration of stocks and experimental samples was carried out by plaque assay in MDCK cells. The presence of a diverse barcode in the virus stock was verified by next generation sequencing (see below).

Growth kinetics

Replication of Pan/99 WT and Pan/99 NA-BC was determined in triplicate culture wells. MDCK cells in six-well dishes were inoculated at an MOI of 0.01 PFU/cell in PBS. After 1 h incubation at 33°C, inoculum was removed, cells were washed 3x with PBS, 2 mL virus medium was added to cells, and dishes were returned to 33°C. A 120 µL volume of culture medium was sampled at the indicated times points and stored at -80 °C. Viral titers were determined by plaque assay on MDCK cells.

Guinea pig infections

Female Hartley strain guinea pigs weighing 250–350 g were obtained from Charles River Laboratories and housed by Emory University Department of Animal Resources. Guinea pigs were anesthetized with ketamine (30 mg/kg) and xylazine (4 mg/kg) by intramuscular injection prior to intranasal inoculation or nasal lavage. Virus inoculum was given intranasally in a 300 µL volume of PBS containing 5 x 10⁴ PFU of Pan/99 NA-BC. At day 1 post-inoculation, one naïve animal was placed with each inoculated animal in either a cage that allowed for direct physical contact or a cage in which the two animals were separated by a double-walled, perforated metal barrier. Nasal lavage was performed with 1 mL PBS per animal on days 1-7 post-inoculation for inoculated animals and days 2-8 post-inoculation for exposed animals. Collected fluid was divided into aliquots and stored at -80 °C. Viral titers of nasal lavage samples were subsequently determined by plaque assay.

Sample processing for next generation sequencing of barcode region

The following method was used to validate plasmid and virus stocks and to evaluate experimental samples. Viral RNA extraction (QiaAmp Viral RNA kit, Qiagen) was performed using a 140 µL volume of each nasal lavage sample or virus stock, followed by reverse transcription (Maxima RT, Thermo Fisher) with pooled Univ.F(A)+6 and Univ.F(G)+6 primers [51, 52]. Either cDNA or, for the purpose of plasmid validation, plasmid DNA was subjected to PCR amplification with primers flanking the barcode region. Samples were sent for amplicon sequencing to either Azenta Life Sciences or the Emory National Primate Research Center (ENPRC) Genomics Core. For samples sent to Azenta, PCR to amplify the region containing the barcode was performed using PFU Turbo AD (ThermoFisher) with primers with partial sequencing adapters that generated a 155-nt product (P99_NA_adptr_428-449_F 5'-acactcttccctacacgacgctctccgatctggaacaacactaaacaacaggc-3' and P99_NA_adptr_563-582_F 5'-gactggagttcagacgtgtgctcttccgatctgctttccatcgtagacaact-3'). For samples sequenced through ENPRC, amplicon PCR was performed in a similar manner but using primers with sequencing adapters that generated a 100-nt product (P99NA_462F5_adptr 5'-tcgtcggcagcgtcagatgtgtataagagacagggactcctcagtacatgataggaccctt-3' and P99NA_553Rev_adptr 5'-gtctcgtgggctcggagatgtgtataagagacagcatgctatacacacttgct-3'). Column-based PCR purification was performed on all samples followed by quantification of DNA using either NanoDrop or Qubit. Samples were normalized to 20 ng/µL in nuclease-free H₂O. Samples submitted to Azenta underwent Amplicon-EZ sequencing, an Illumina-based sequencing service compatible with amplicons of 150-500 nt in length that does not include a

fragmentation step in library preparation. Amplicons were sequenced as 2 × 250 bp paired reads and demultiplexed prior to delivery. At ENPRC, library preparation was performed with the omission of a tagmentation step and sequencing was performed on a NovaSeq 6000 (Illumina) platform. Amplicons were sequenced as 2 x 100 bp paired reads and demultiplexed prior to delivery.

Data analysis for amplicon sequencing

Sequences were processed using our custom software, BarcodeID, available in the GitHub repository: <https://github.com/Lowen-Lab/BarcodeID>. Briefly, BarcodeID uses BBTools [35] to process raw reads, then uses a custom Python script to screen and identify barcode sequences present in each sample, and then calculates diversity statistics and writes summary tables. BBMerge screens reads for adapter sequences and merges forward and reverse reads using default settings, and BBDuk merges reads with a low average quality (<30). BarcodeID then screens each read to verify that the nucleotides at barcode and non-barcode sites match the nucleotides expected at those sites and have sufficient quality (≥35 and ≥25, respectively). Reads with mismatches are excluded from overall barcode sequence counts, but BarcodeID collects all high-quality variant amplicons and calculates overall mismatch rates by site to determine if any mutants with non-barcode alleles are driving any observed barcode dynamics. Samples with evidence of non-barcode driven dynamics were excluded from further analyses. This exclusion criterion was relevant in only one animal, the first aerosol exposed animal within experimental replicate 1. We note that many reads were obtained and analyzed for plaque-positive samples, irrespective of viral titer (**Supplemental Figure 8**).

Preparation of nasal lavage samples for whole-genome sequencing

Viral RNA extraction (QiaAmp Viral RNA kit, Qiagen) was performed using a 140 µL volume of each nasal lavage sample, followed by one-step reverse transcription PCR amplification of full viral genomes using pooled Univ.F(A)+6, Univ.F(G)+6 primers and Univ.R primers and SuperScript III Platinum kit (ThermoFisher) [51, 52]. Following PCR purification (Qiagen QiaQuick PCR Purification Kit), cDNA was processed at the ENPRC core for sequencing on an Illumina NovaSeq 6000 platform. Samples were sequenced as 2 x 100 bp paired reads and demultiplexed prior to delivery.

Data analysis for whole-genome sequencing

Whole genome sequencing reads were merged and filtered for low average quality (≥30) using BBMerge, then separated according to the segment using BLAT [53]. The reads were then mapped to their corresponding reference segment using BMap, with local alignment set to false. From these alignments, we used custom Python scripts to identify iSNVs and reads that map to the barcoded region of the NA segment. Cutoffs for inclusion of iSNVs were set empirically. First, sites were evaluated based on their total coverage and the average quality and mapping statistics. Only sites with ≥100x coverage were considered. For minor variants at these sites to be included in subsequent analyses, they were required to be present at ≥1% frequency and have an average phred score of ≥35, and the reads that contained the minor allele at any given site also had to have sufficient mapping quality to justify inclusion. Specifically, reads containing the minor allele needed an average mapping quality score of ≥40,

the average location of the minor allele needed to be ≥ 20 bases from the nearest end of a read, and the reads overall needed to have ≤ 2.0 average mismatch and indel counts relative to the reference sequence.

Analysis of beta diversity

Dissimilarity between two populations can be measured using beta diversity metrics, and in this study, we used the both Jaccard index and the Bray-Curtis dissimilarity [54, 55]. Both metrics consider the species shared between two populations, and in this case, unique barcodes were considered species. In addition to presence/absence data, the Bray-Curtis dissimilarity also reflects abundance data. For either measure, a value closer to one indicates that the two populations are more dissimilar, whereas a value closer to zero indicates that the two populations are more alike in composition. Pairwise comparisons of barcode data were made between the viral populations present in plaque-positive nasal lavage samples acquired from a contact pair of guinea pigs.

Data availability

All data generated or analyzed during this study are included in the manuscript. At the time of initial submission, all raw sequencing data is in the process of being uploaded to NCBI's Sequence Read Archive.

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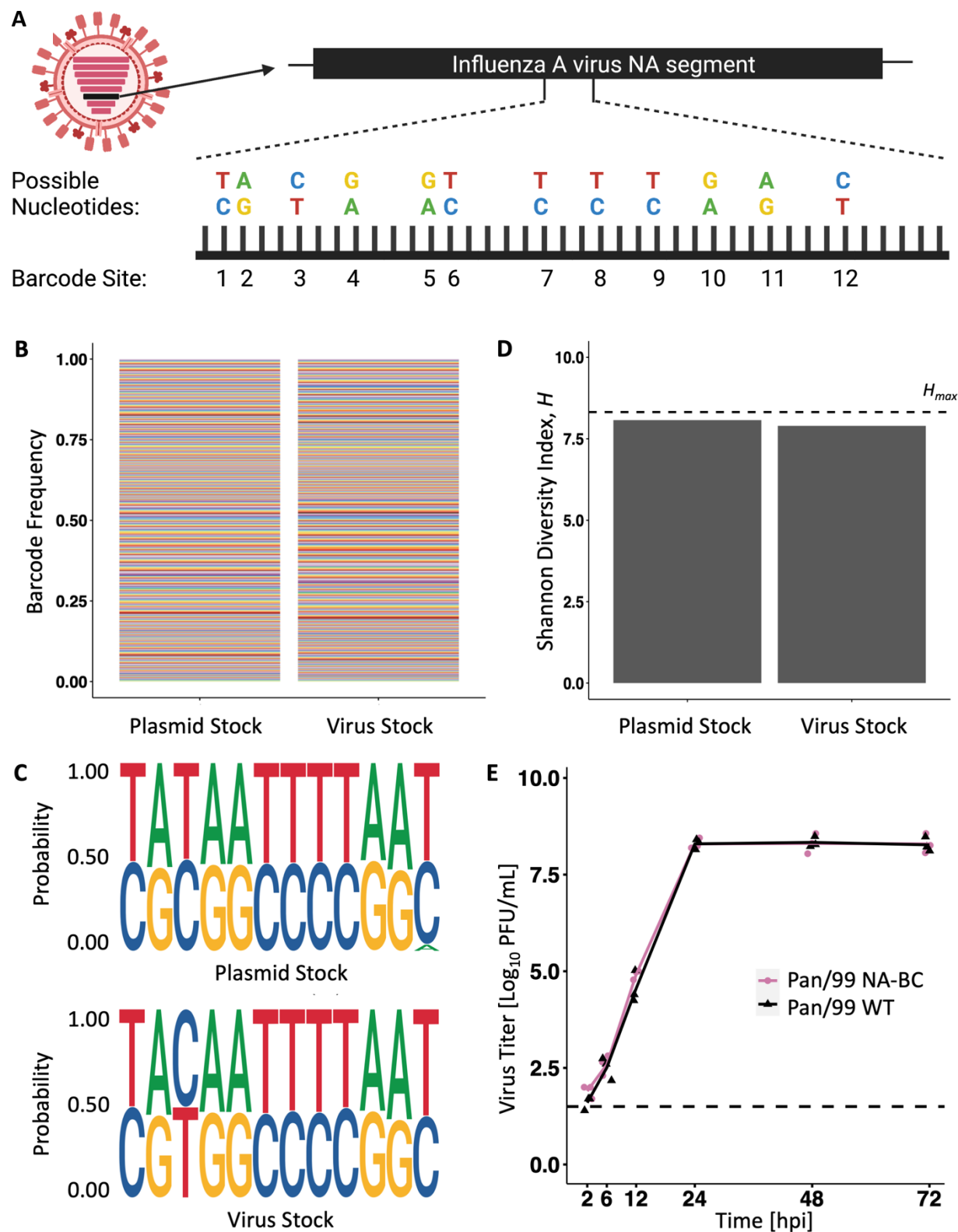


Figure 1. NA barcode diversity is maintained in both plasmid and virus stocks, and the barcode does not affect overall fitness. A) Barcode design for the NA segment of influenza

A/Panama/2007/99 (H3N2) virus. An alignment of 593 NA sequences derived from H3N2 subtype human influenza A viruses circulating from 1994 to 2004 showed a cluster of single nucleotide variants occurring in the region from nucleotides 484 to 534. Twelve polymorphic sites containing synonymous SNVs within this region were selected for the barcode. At each of the twelve sites, one of two nucleotides is possible, allowing for up to 4096 unique barcodes within the population. **B)** Barcodes detected in the pDP Pan/99 NA-BC plasmid preparation and passage 1 stock of Pan/99 NA-BC virus. Colors represent unique barcodes, and their frequencies within the stock are indicated by the height of the color. **C)** Sequence logo plots demonstrate the sequence motifs present in plasmid and passage 1 virus stocks. Each pair of nucleotides represents one of the twelve bi-allelic sites. The height of the letter indicates the corresponding nucleotide frequency in the stock. **D)** Shannon Diversity Index (H) of the stock samples is compared to the maximum possible diversity for this system ($H_{max} = 8.32$, shown with a horizontal dashed line). This theoretical maximum reflects a population in which all 4096 potential barcodes are equally represented. **E)** Multicycle replication of Pan/99 WT (black) and Pan/99 NA-BC (pink) viruses revealed similar growth kinetics. Infections were performed in triplicate and individual data points show results from individual cell culture dishes. Lines connect mean titers at each time point. Dashed line indicates limit of detection for plaque assay (50 PFU/mL). Two-way ANOVA showed no significant difference between viruses at any time point ($p = 0.11$). Figure 1A created in BioRender.

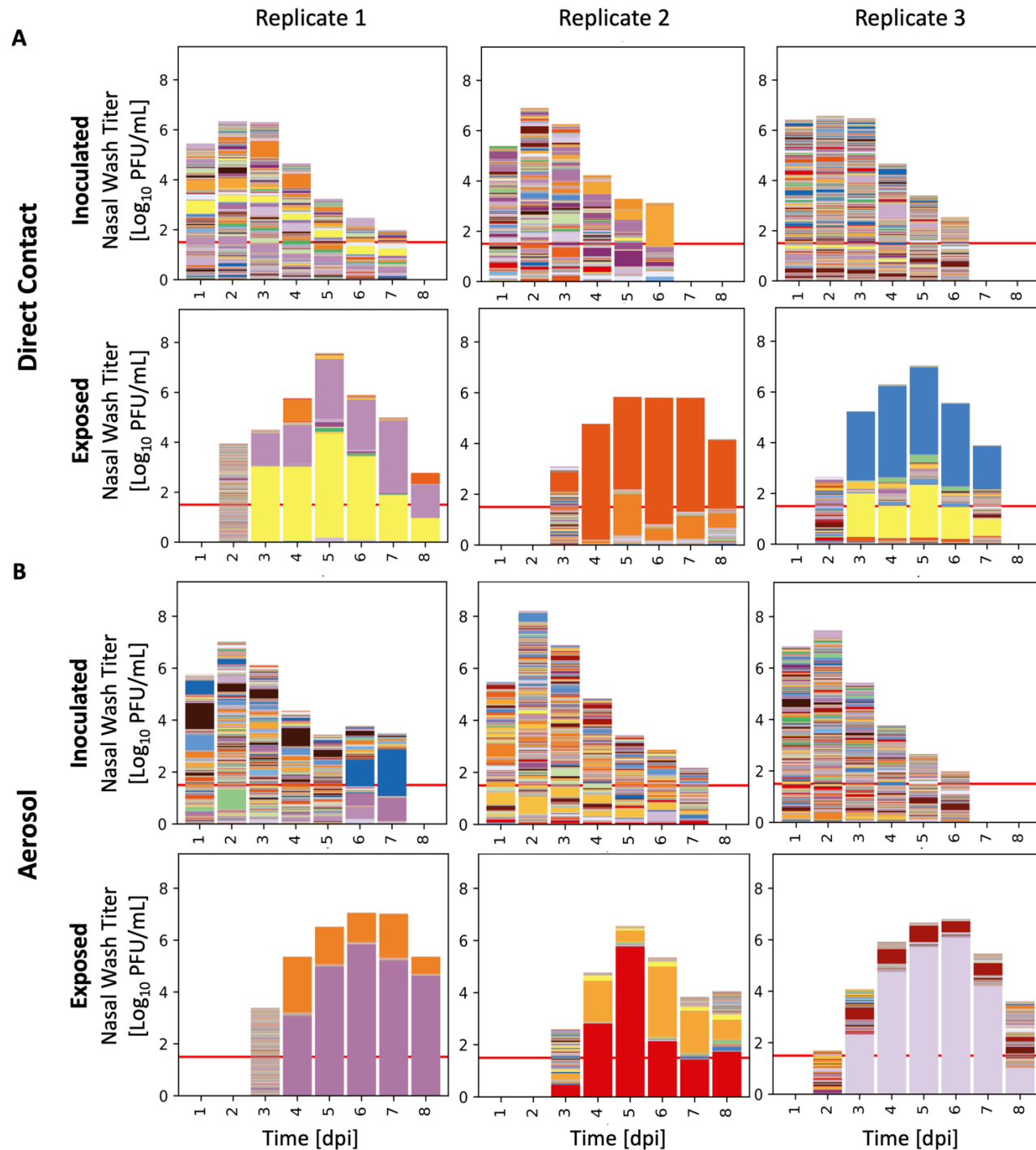


Figure 2. Population diversity declines between inoculated and exposed guinea pigs. Colors in the stacked bar plots (**A**, **B**) represent unique barcodes, and the height of each color indicates the relative frequency within the sample. Nasal lavage titers are indicated by the height of the bar. Red lines show the limit of detection of the plaque assay (50 PFU/mL). Plots for individual animals are paired with those of their cage mate. Representative pairs for direct contact (**A**) and aerosol (**B**) exposure are shown from three experimental replicates. Data from all transmission pairs (eight per replicate) are shown in Supplemental Figure 2.

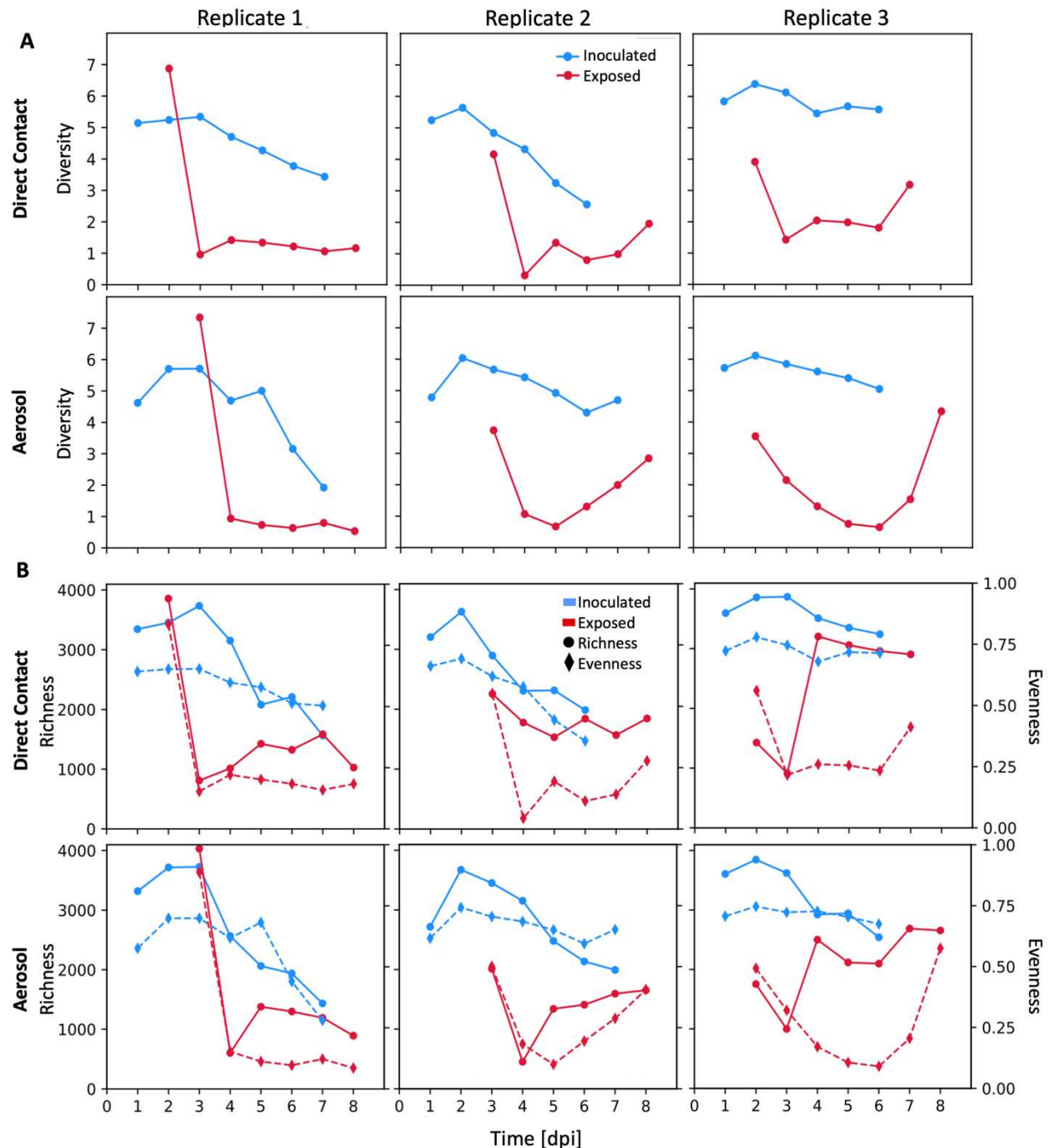


Figure 3. Initial high viral diversity in exposed animals plummets after the first 1-2 days of viral positivity. The Shannon Diversity index (A), Chao richness (B, right axis), and evenness (B, left axis) are shown for viral populations present in representative animals from each replicate (blue = inoculated animals, red = exposed, solid line = Chao richness, dashed line = evenness). (A,B) Top row shows direct contact animal pairs, and bottom row shows aerosol transmission pairs. Data from all transmission pairs (eight per replicate) are shown in Supplemental Figure 3.

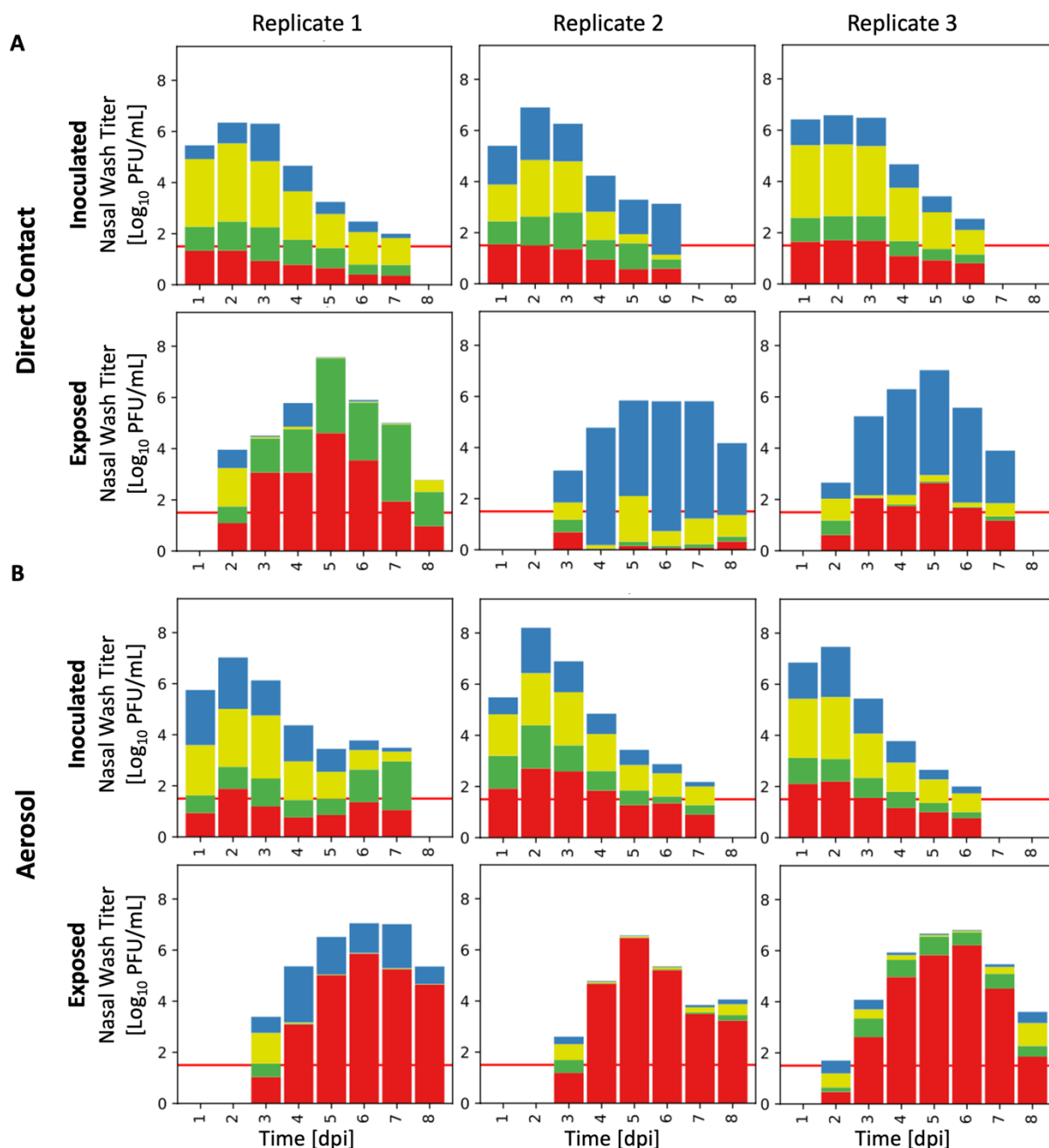
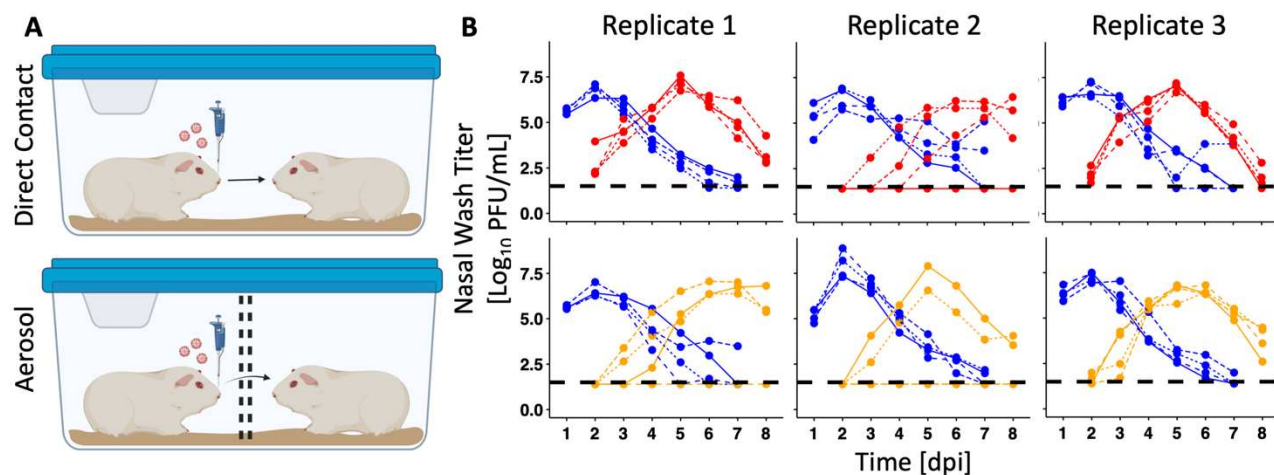
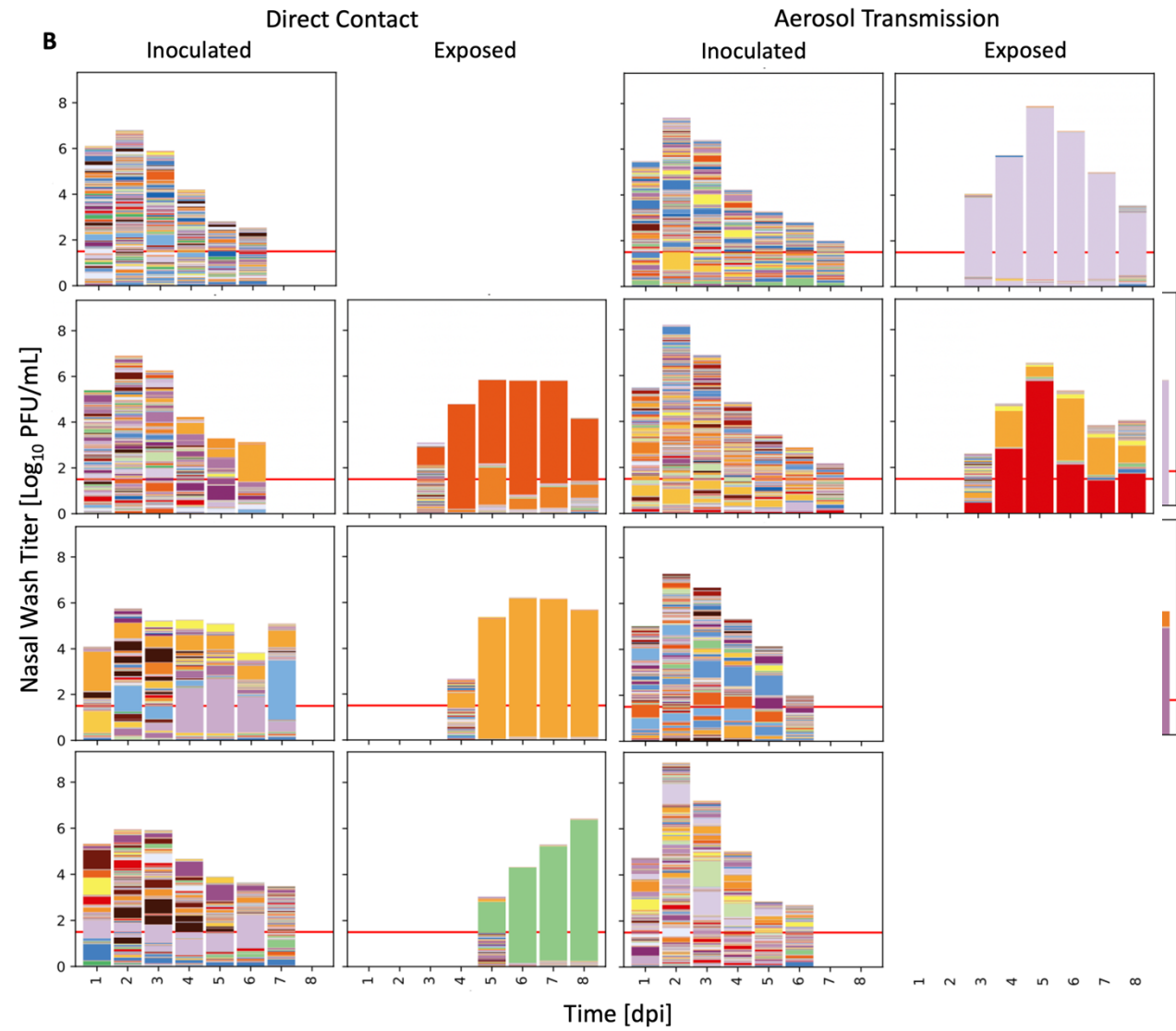


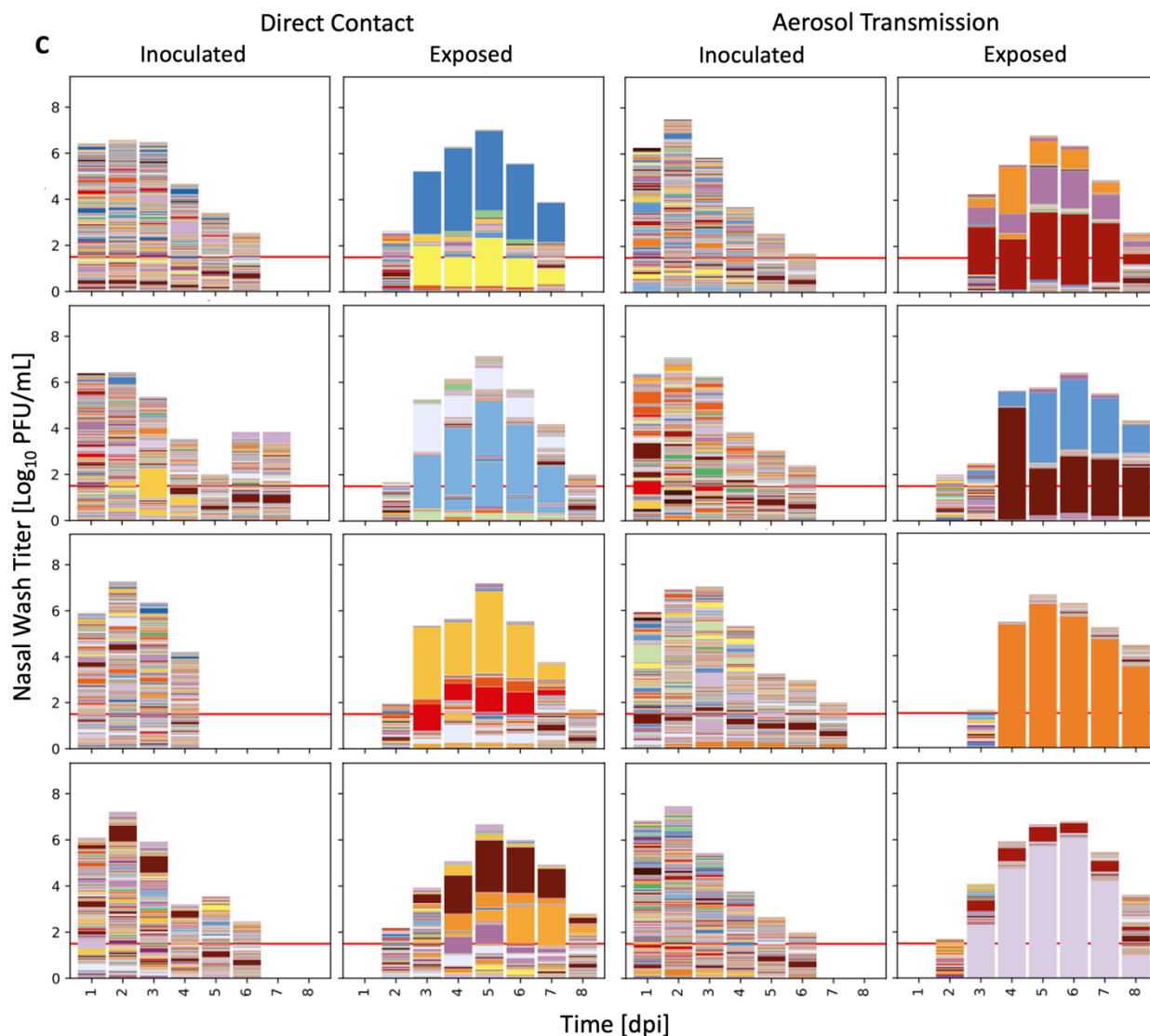
Figure 4. When barcode data are simplified into just four haplotypes, population composition remains consistent in inoculated animals and stochastic effects remain pronounced in exposed animals. Barcodes were binned according to the first two barcode sites for a total of four possible barcodes. Colors in the stacked bar plots (A, B) represent unique barcodes, and the height of each color indicates the relative frequency within the sample. Nasal lavage titers are indicated by the height of the bar. Red lines show LOD of plaque assays (50 PFU/mL). Plots for individual animals are paired with those of their cage mate. Representative pairs for direct contact (A) and aerosol (B) exposure are shown from three experimental replicates. Data for all transmission pairs are shown in Supplemental Figure 5.



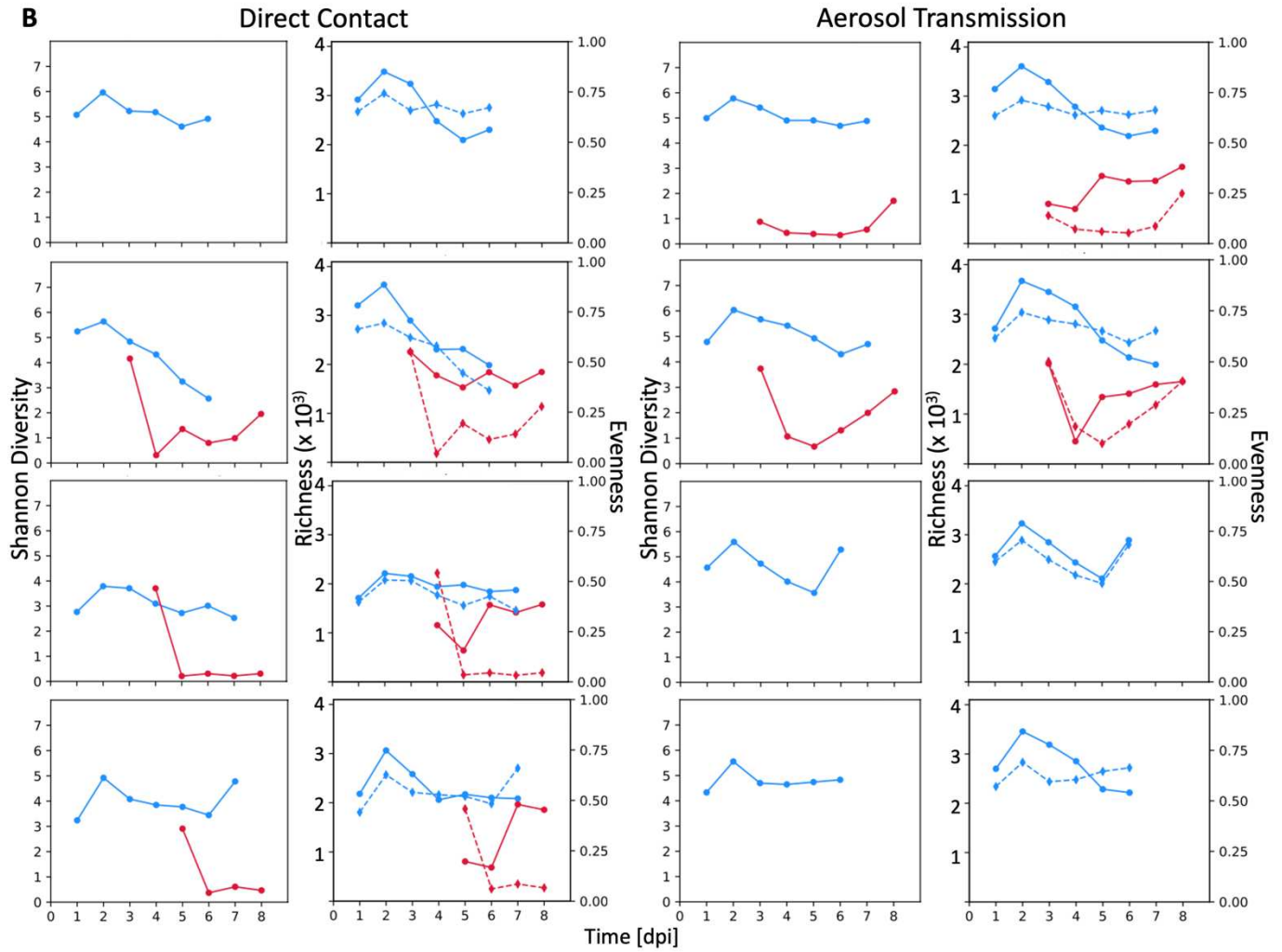
Supplemental Figure 1. Pan/99 NA-BC virus infects inoculated animals and transmits to exposed animals. **A)** Schematic showing experimental set-up for transmission experiments in guinea pigs. For each of the three experimental replicates performed, eight guinea pigs were intranasally inoculated with 5×10^4 PFU of Pan/99 NA-BC in 300 μ L PBS. Twenty-four hours post-inoculation, a single naïve animal was placed with each inoculated animal in cages that allowed for animals to directly contact one another ($n = 4$) or that separated the animals by a double-walled, perforated metal barrier ($n = 4$). **B)** Viral titers from nasal lavage samples in direct contact (top) and aerosol (bottom) exposure settings from replicates 1, 2, and 3. Blue lines represent inoculated animals; red or yellow lines indicate exposed animals. The dashed black line represents the limit of detection of plaque assays (50 PFU/mL). Paired animals share the same line type. Supplemental Figure 1A created in BioRender.



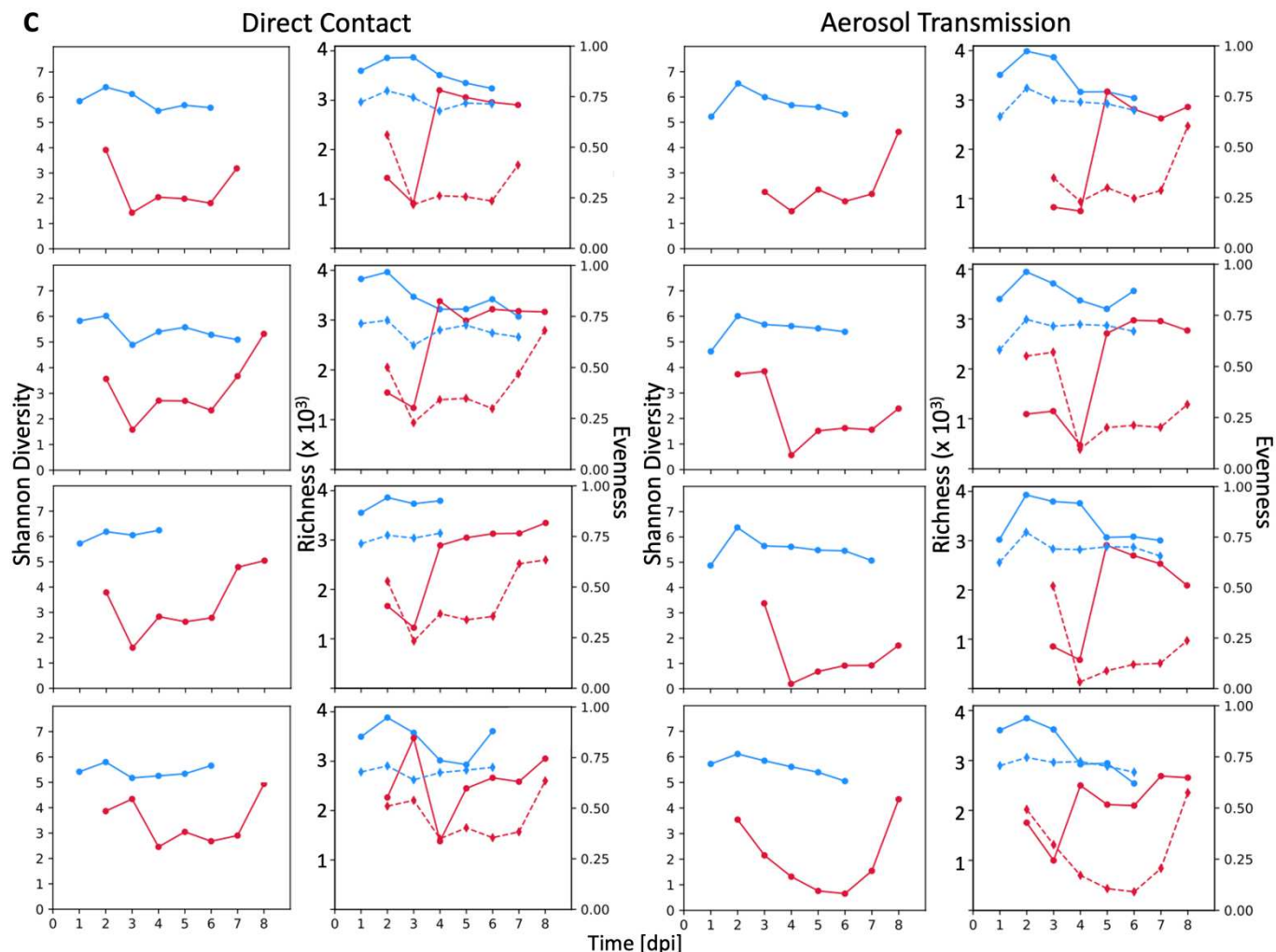
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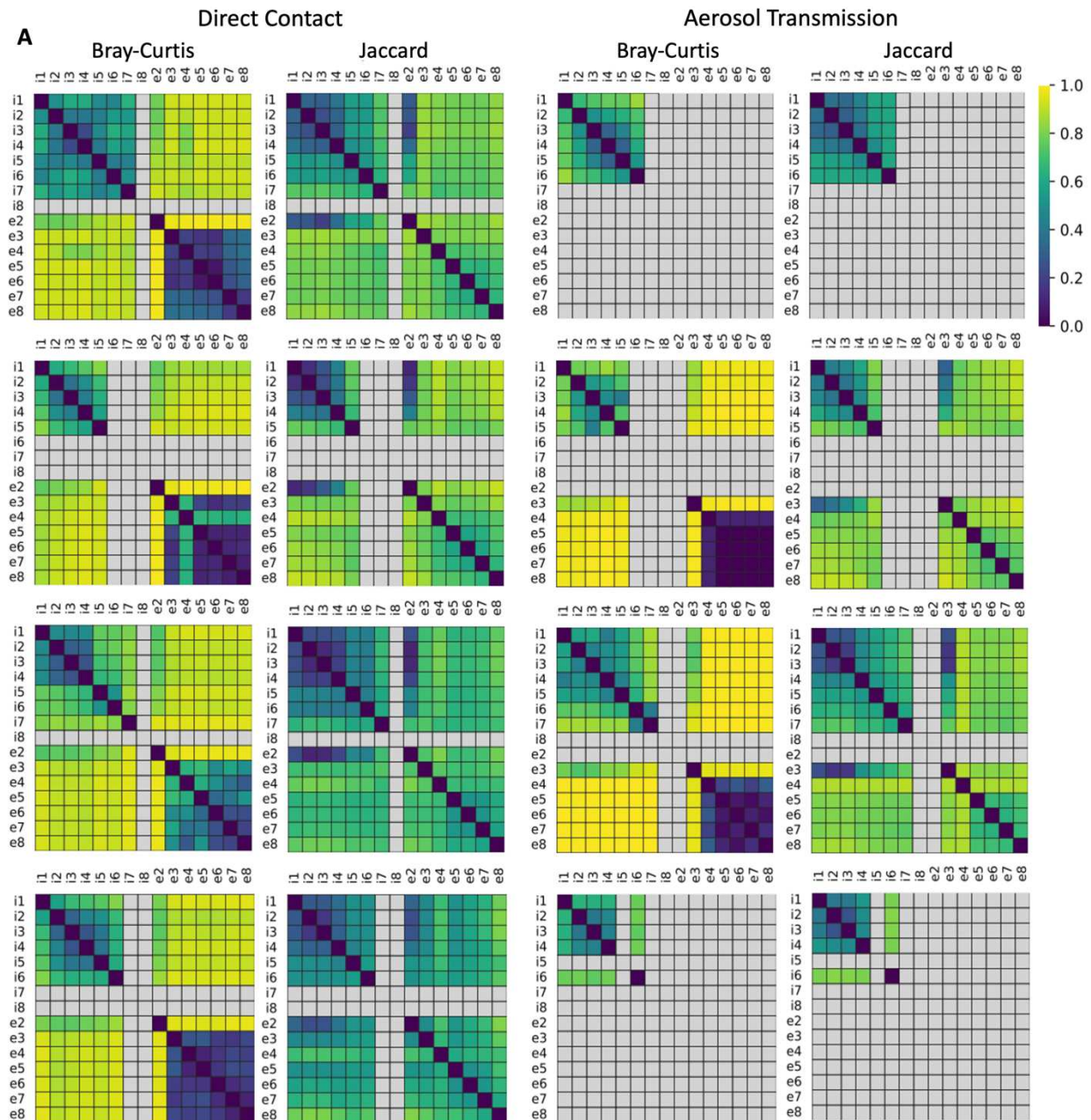
Supplemental Figure 2. Tracking viral barcode diversity within inoculated animals and through transmission to exposed animals. Data relate to that of Figure 2 and show relative barcode frequencies for all transmission pairs across replicates 1, 2, and 3 (**A**, **B**, and **C**, respectively). Only samples that were plaque-positive are shown. Colors in the stacked bar plots represent unique barcodes, and the height of each color indicates the relative frequency within the sample. Nasal lavage titers are indicated by the height of the bar. Red lines show LOD of plaque assays. Plots for individual animals are paired with those of their cage mate. For the exposed animal in the first aerosol transmission pair of Replicate 1, most reads were discarded, and the data from this animal were excluded from further analyses. The lack of data for other exposed animals indicates a lack of transmission.



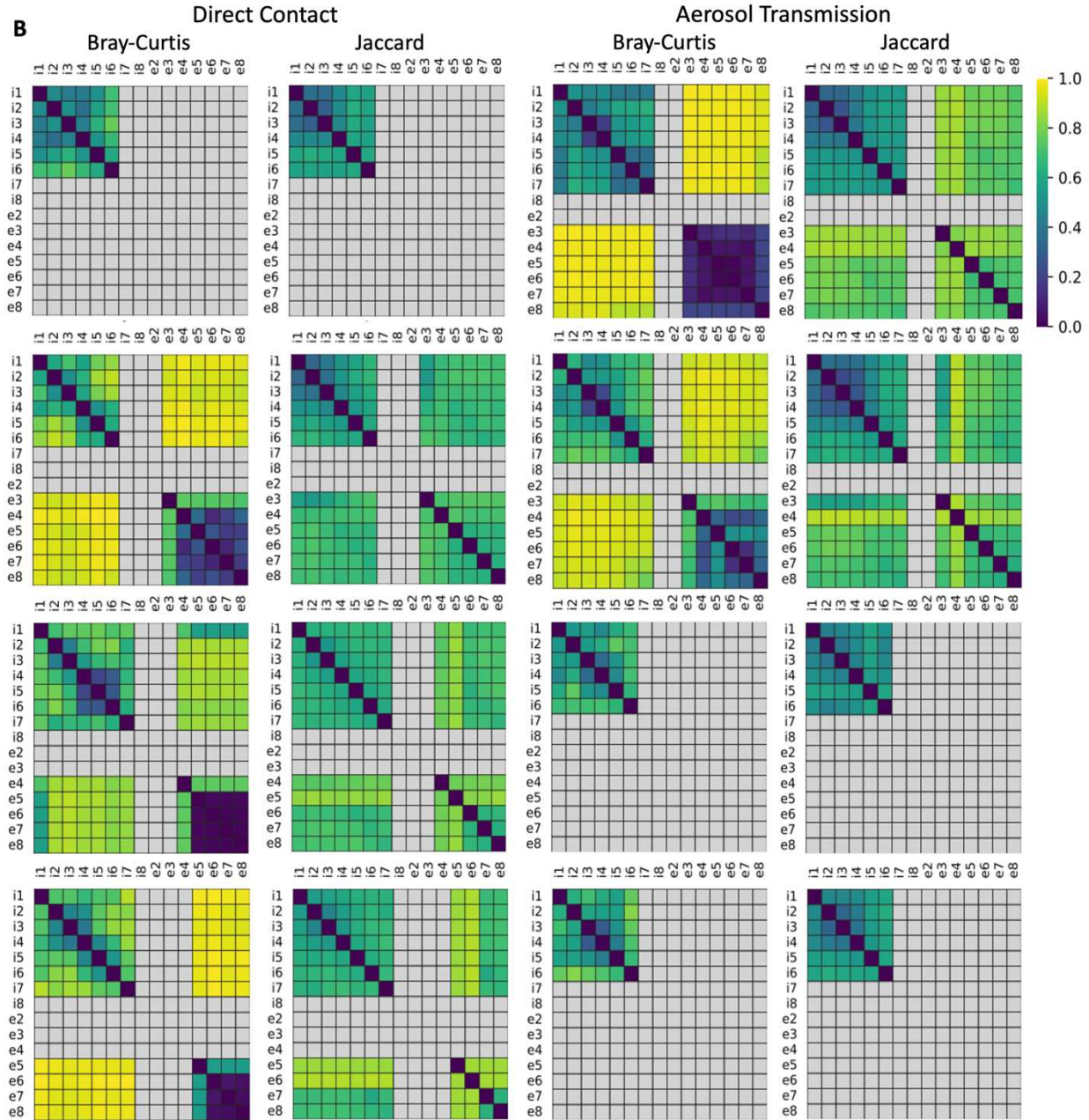
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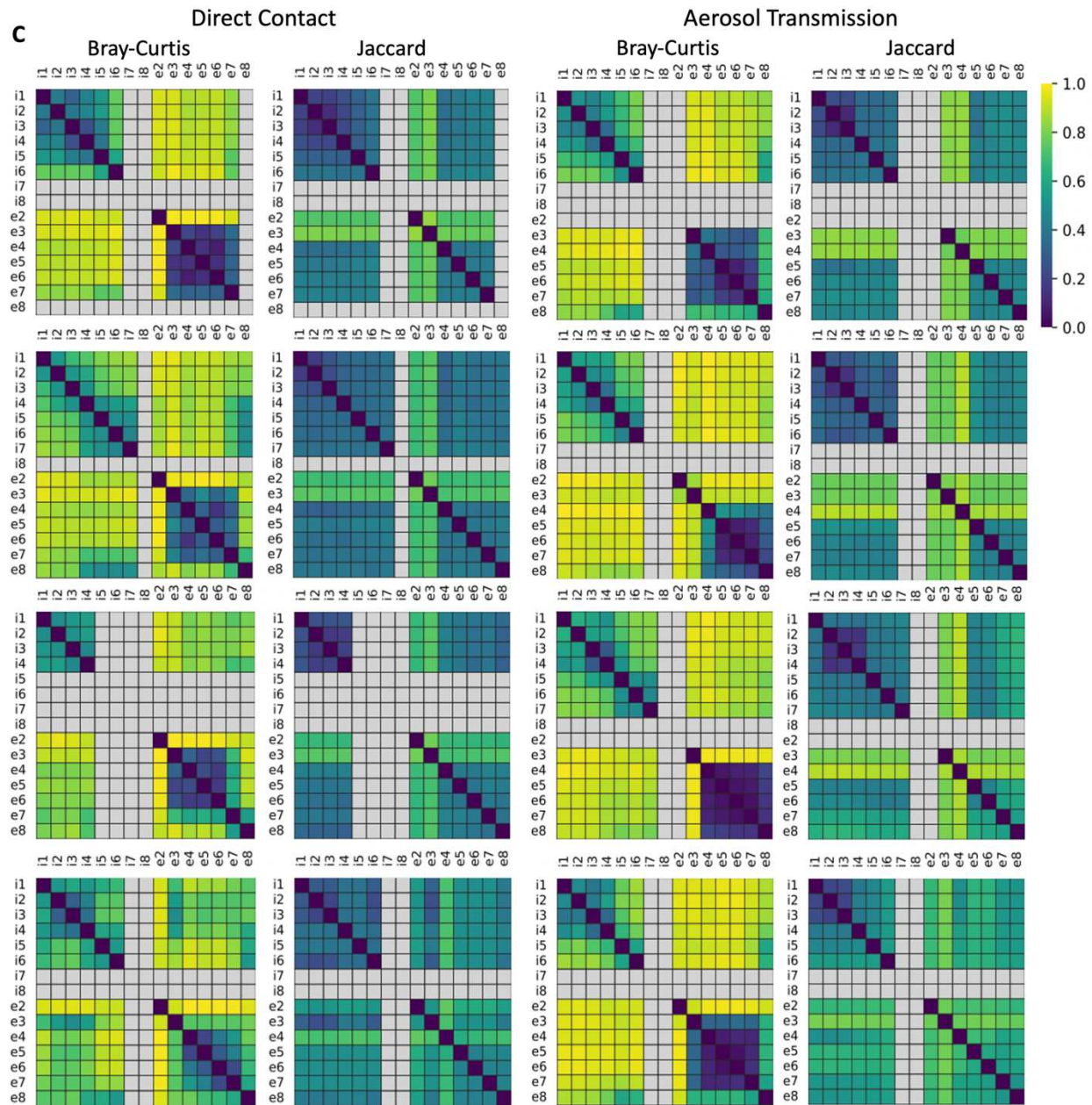
Supplemental Figure 3. Changes in richness and evenness both contribute to alterations in diversity. Data relate to that of Figure 3. Shannon Diversity (left), Chao richness (right, left axis), and evenness (right, right axis) were determined for inoculated animals (dpi 1-7) and exposed animals (dpi 2-8) in replicates 1, 2, and 3 (A, B, and C, respectively). Data from cage mates are plotted on the same facet (blue = inoculated animals, red = exposed, solid line = Chao richness, dashed line = evenness).



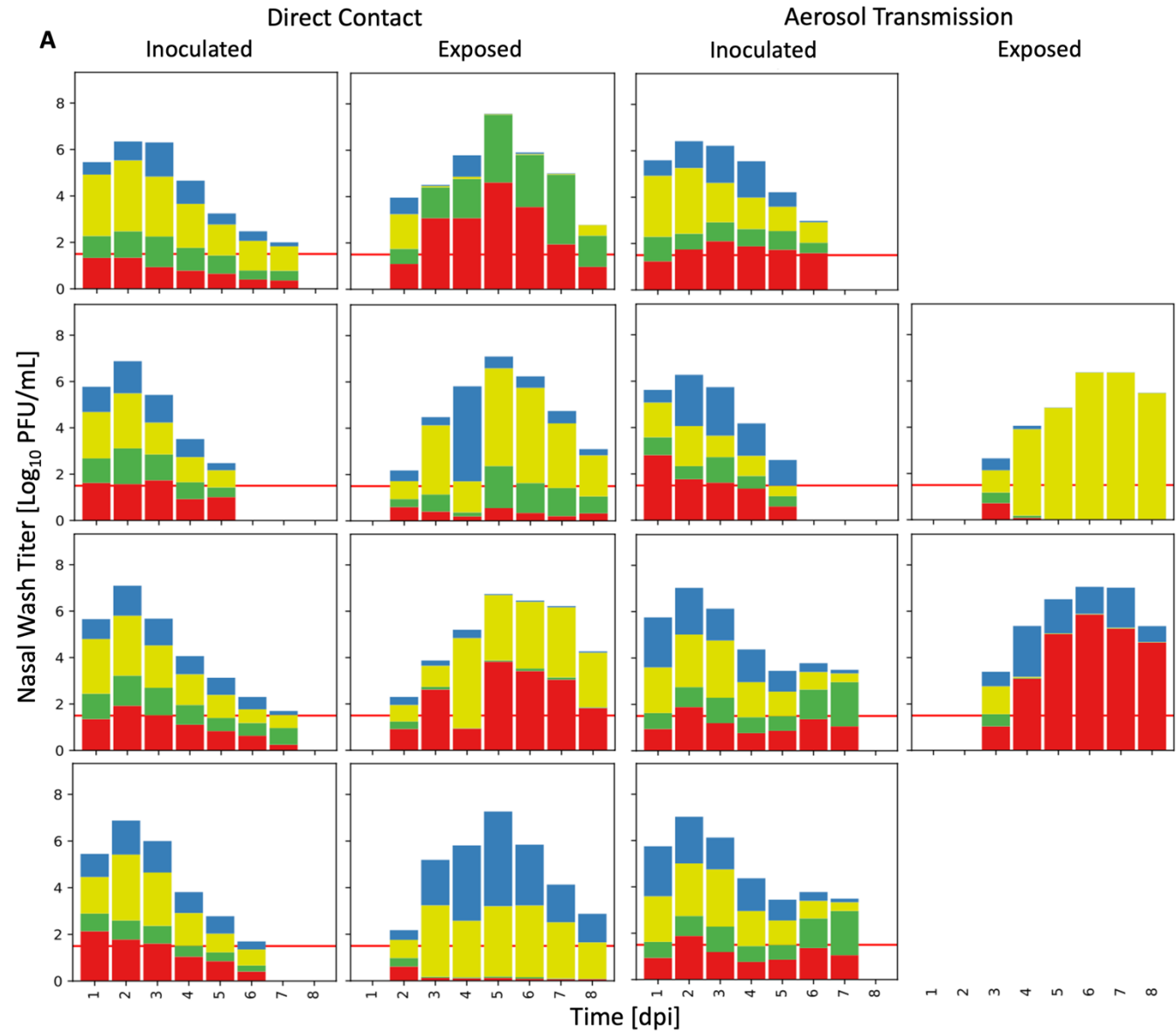
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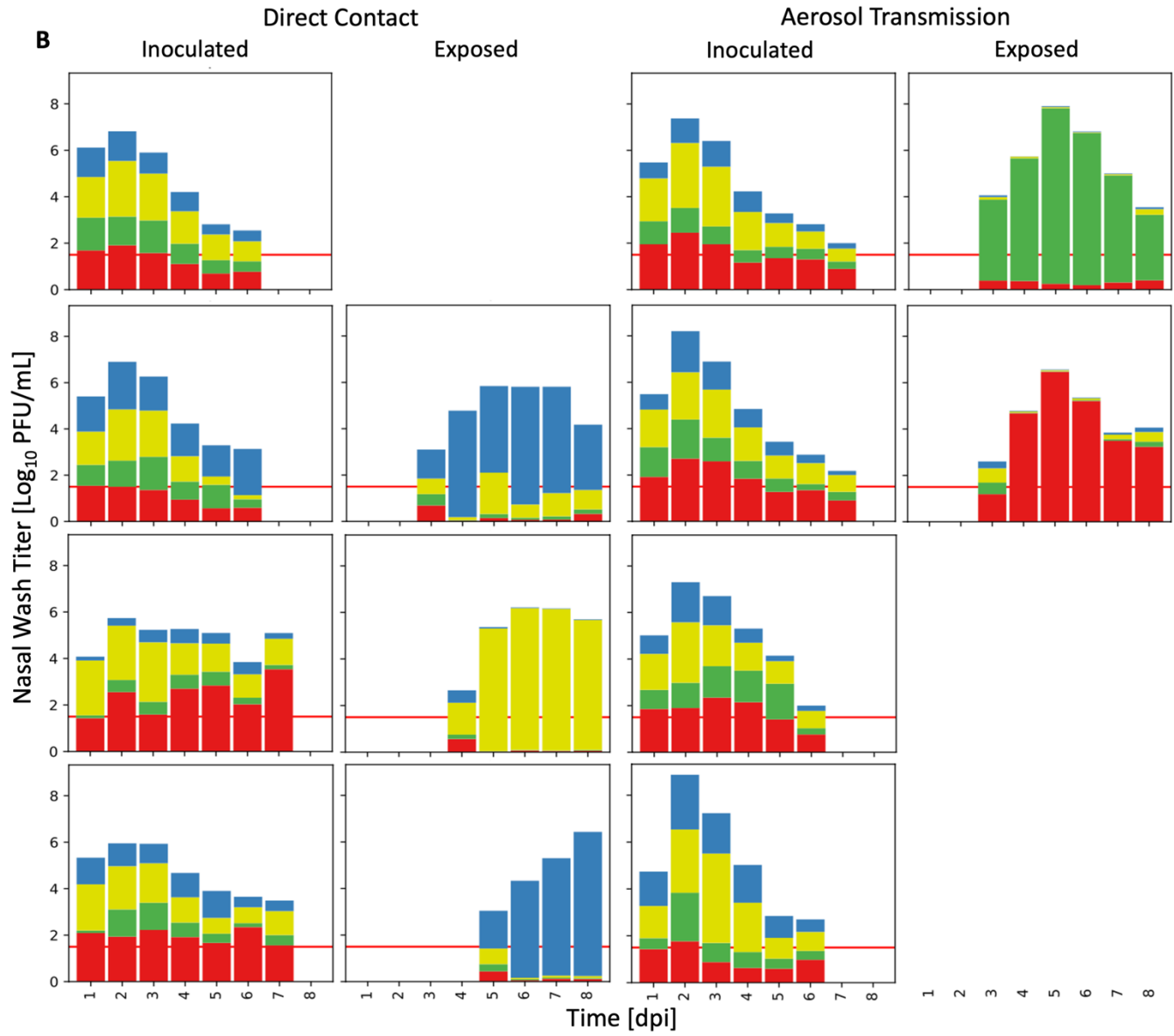
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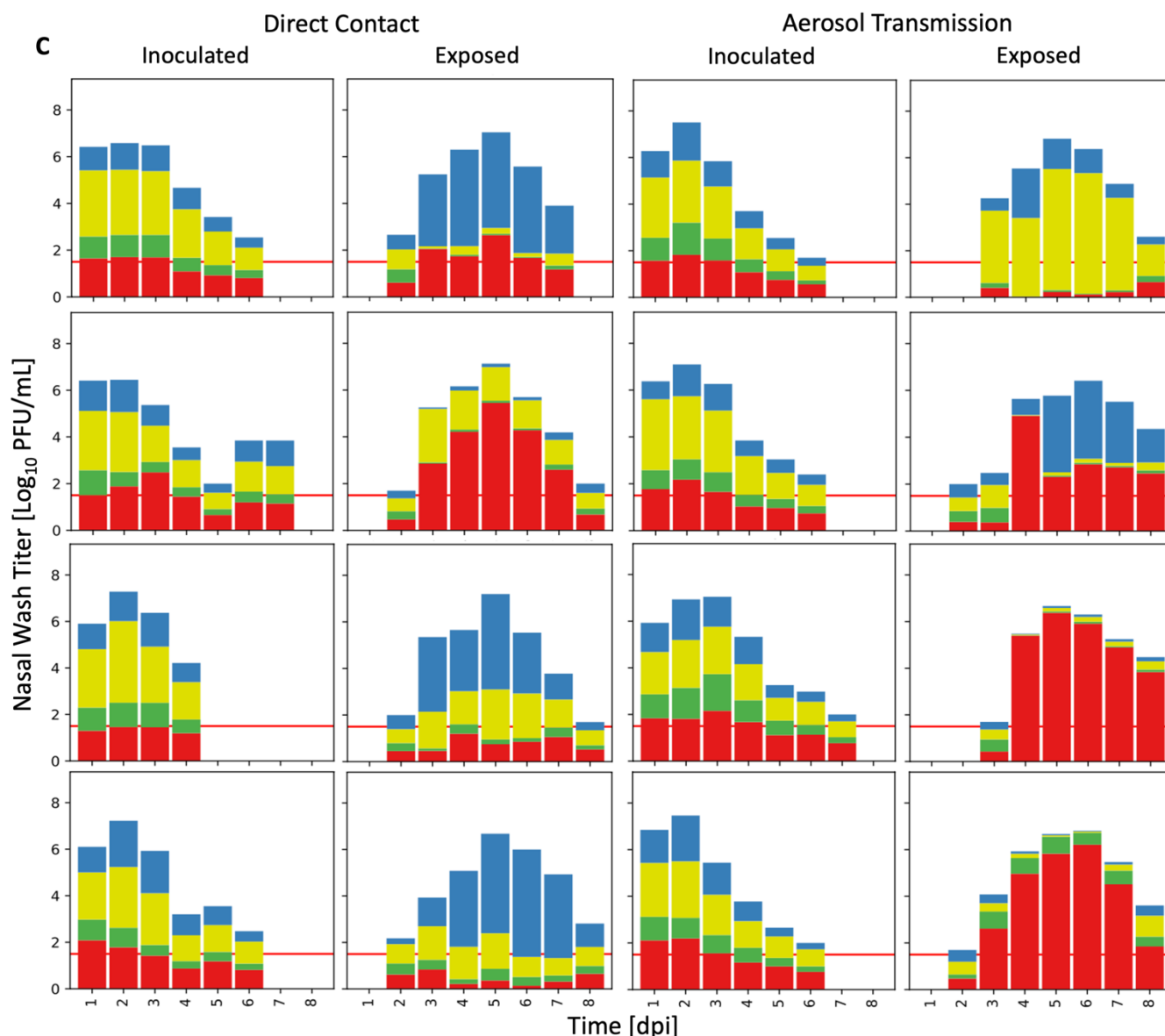
Supplemental Figure 4. Pairwise matrices of dissimilarity demonstrate similar population composition among individual animals but not between paired animals. We calculated indices of dissimilarity (Bray-Curtis and Jaccard) between samples taken on different days from a given animal and between samples collected from paired inoculated and exposed animals. Panels A, B and C show results from experimental replicates 1, 2 and 3, respectively. Axes labels indicate whether an animal was inoculated (*i*) or exposed (*e*), with the accompanying number specifying the day post-inoculation. Warmer colors (more yellow) indicate greater dissimilarity between samples, while cooler colors (more purple) indicate greater similarity between samples. Gray squares signify samples that were negative or omitted due to low sequencing coverage.



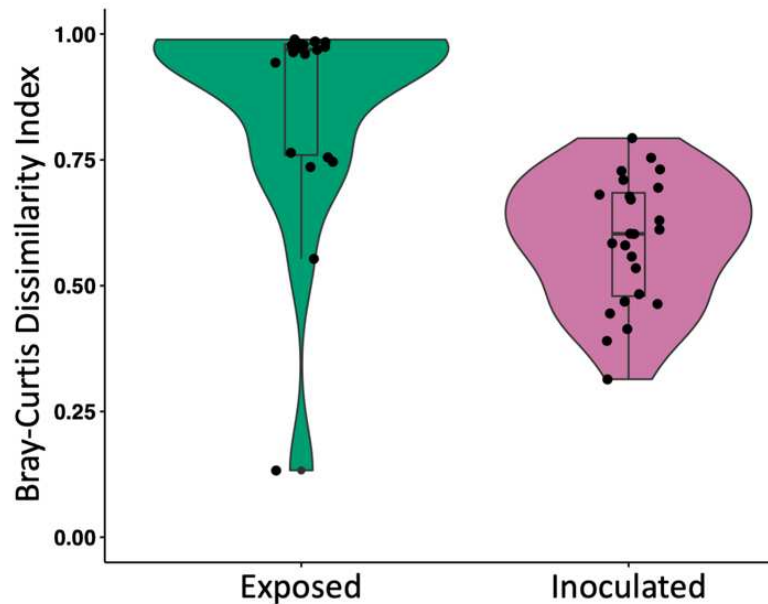
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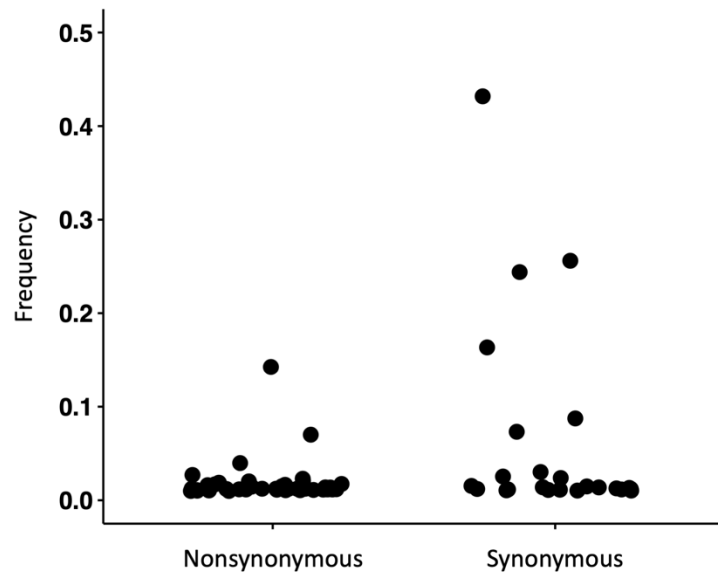
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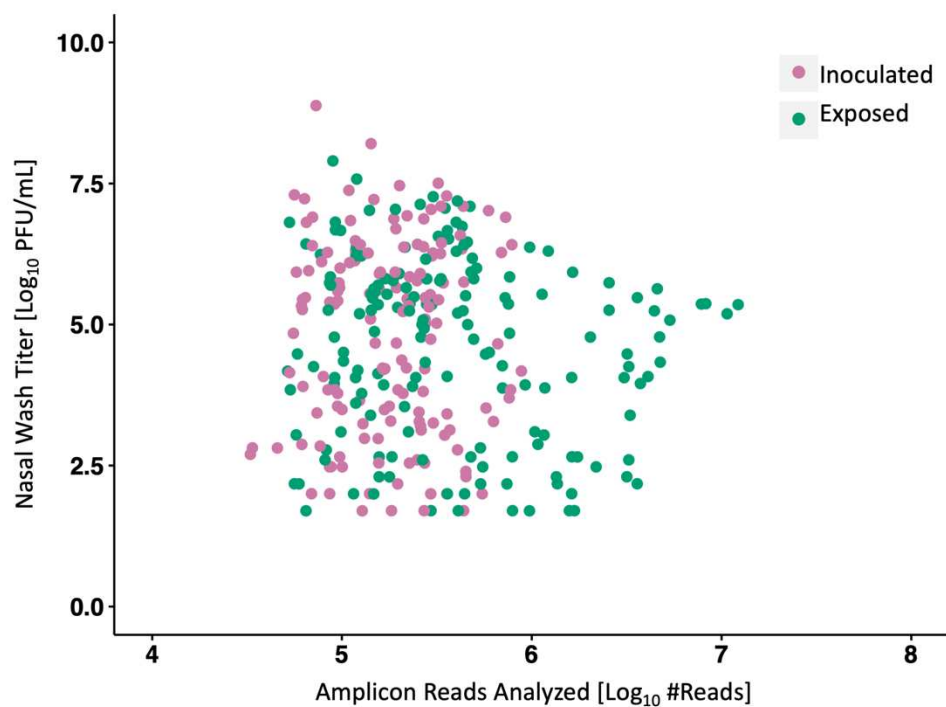
Supplemental Figure 5. Simplification of data into four haplotypes. Data relate to that of Figure 4 and show stacked bar plots with 4096 barcodes divided into 4 groups. Data from paired inoculated and exposed animals are side-by-side and arranged by experimental replicates 1, 2, and 3 (A, B, and C, respectively) and type of transmission. Arrangement corresponds to that of Supplemental Figure 2. Only samples that were positive by plaque assay are shown. Colors in the stacked bar represent the four haplotype classes into which barcodes were divided based on the nucleotide identity of the first two sites. The height of each color indicates the relative frequency within the sample. Nasal lavage titers are indicated by the height of the bar. Red lines show limit of detection of plaque assays. For the exposed animal in the first aerosol transmission pair of Replicate 1, most reads were discarded, and the data from this animal were excluded from further analyses.



Supplemental Figure 6. Barcode composition in exposed animals changes significantly between the first and subsequent days of detection. Pairwise Bray-Curtis indices for nasal lavage samples from exposed animals on the first versus the third days of positivity (“Exposed”, green) and for inoculated animals on the first versus the third days of positivity (“Inoculated”, pink) show a significant difference (Mann Whitney U Test, $p = 0.0000090$), indicating greater dissimilarity between first and subsequent days in exposed animals. Data are presented as violin plots featuring a box plot. The bounds of the box show the first and third quartiles. Whiskers indicate 1.5 times the interquartile range. The bounds of the violin plots indicate the minima and maxima of the specified data.



Supplemental Figure 7. Most iSNVs within exposed animals are rare. The frequencies of nonsynonymous and synonymous iSNVs detected on the first or second day of positivity in exposed animals are shown for experimental replicates 1 and 2. Data from all 16 animals and both time points are plotted together. (This analysis was not performed for replicate 3). No iSNVs were found on multiple days above the frequency cutoff of 1%.



Supplemental Figure 8. Many reads were obtained and analyzed for plaque-positive samples, irrespective of viral titer. Data from inoculated animals are shown in pink and those from exposed animals in green.