

# Revealing the combined roles of A $\beta$ and tau in Alzheimer's disease via a pathophysiological activity decoder

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## Abstract

Neuronal dysfunction and cognitive deterioration in Alzheimer's disease (AD) are likely caused by multiple pathophysiological factors. However, evidence in humans remains scarce, necessitating improved non-invasive techniques and integrative mechanistic models. Here, we introduce personalized brain activity models incorporating functional MRI, amyloid- $\beta$  (A $\beta$ ) and tau-PET from AD-related participants (N=132). Within the model assumptions, electrophysiological activity is mediated by toxic protein deposition. Our integrative subject-specific approach uncovers key patho-mechanistic interactions, including synergistic A $\beta$  and tau effects on cognitive impairment and neuronal excitability increases with disease progression. The data-derived neuronal excitability values strongly predict clinically relevant AD plasma biomarker concentrations (p-tau217, p-tau231, p-tau181, GFAP). Furthermore, our results reproduce hallmark AD electrophysiological alterations (theta band activity enhancement and alpha reductions) which occur with A $\beta$ -positivity and after limbic tau involvement. Microglial activation influences on neuronal activity are less definitive, potentially due to neuroimaging limitations in mapping neuroprotective vs detrimental phenotypes. Mechanistic brain activity models can further clarify intricate neurodegenerative processes and accelerate preventive/treatment interventions.

## Introduction

Alzheimer's disease (AD) is defined by synaptic and neuronal degeneration and loss accompanied by amyloid beta (A $\beta$ ) plaques and tau neurofibrillary tangles (NFTs) (Iturria-Medina et al., 2018; Jack et al., 2018; Maestú et al., 2021). *In-vivo* animal experiments indicate that both A $\beta$  and tau pathologies synergistically interact to impair neuronal circuits (Busche & Hyman, 2020). For example, the hypersynchronous epileptiform activity observed in over 60% of AD cases (Vossel et al., 2017) may be generated by surrounding A $\beta$  and/or tau deposition yielding neuronal network hyperactivity (Tok et al., 2022; Vossel et al., 2017). Cortical and hippocampal network hyperexcitability precedes memory impairment in AD models (Kazim et al., 2017; Targa Dias Anastacio et al., 2022). In an apparent feedback loop, endogenous neuronal activity, in turn, regulates A $\beta$  aggregation, in both animal models and computational simulations (Bero et al., 2011; de Haan et al., 2017). Multiple other factors involved in AD pathogenesis -remarkably, neuroinflammatory dysregulations- also seemingly influence neuronal firing and act on hypo/hyperexcitation patterns (Iturria-Medina et al., 2016; Kwon & Koh, 2020; Shen et al., 2018). Thus, mounting evidence suggest that neuronal excitability changes are a key mechanistic event appearing early in AD and a tentative therapeutic target to reverse disease symptoms (Busche & Hyman, 2020; Lauterborn et al., 2021; Maestú et al., 2021; Targa Dias Anastacio et al., 2022). However, the exact patterns of A $\beta$ , tau and other disease factors' neuronal activity alterations in AD's neurodegenerative progression are unclear as *in-vivo* and non-invasive measuring of neuronal excitability in human subjects remains impractical.

Brain imaging and electrophysiological monitoring constitute a reliable readout for brain network degeneration likely associating with AD's neuro-functional alterations (Babiloni et al., 2013; Iturria-Medina et al., 2017; Maestú et al., 2021; Sanchez-Rodriguez et al., 2018; Yang et al.,

2018). Patients present distinct resting-state blood-oxygen-level-dependent (BOLD) signal content in the low frequency fluctuations range (0.01–0.08 Hz) (Yang et al., 2018, 2020). These differences increase with disease progression, from cognitively unimpaired (CU) controls to mild cognitive impairment (MCI) to AD, correlating with performance on cognitive tests (Yang et al., 2018). Another characteristic functional change is the slowing of the electro-(magneto-) encephalogram (E/MEG), with the signal shifting towards low frequency bands (Babiloni et al., 2013; Sanchez-Rodriguez et al., 2018). Electrophysiological spectral changes associate with brain atrophy and with losing connections to hub regions including the hippocampus, occipital and posterior areas of the default mode network (Maestú et al., 2019). All these damages are known to occur in parallel with cognitive impairment (Maestú et al., 2019). Disease processes also manifest differently given subject-specific genetic and environmental conditions (Iturria-Medina et al., 2018, 2021). Models of multiple pathological markers and physiology represent a promising avenue for revealing the connection between individual AD fingerprints and cognitive deficits (Maestú et al., 2021; Sanchez-Rodriguez et al., 2018; van Nifterick et al., 2022).

In effect, large-scale neuronal dynamical models of brain re-organization have been used to test disease-specific hypotheses by focusing on the corresponding causal mechanisms (Deco et al., 2018; Luppi et al., 2022; Stefanovski et al., 2019). By considering brain topology (the structural connectome (Sanchez-Rodriguez et al., 2018)) and regional profiles of a pathological agent (Deco et al., 2018), it is possible to recreate how a disorder develops, providing supportive or conflicting evidence on the validity of a hypothesis (Luppi et al., 2022). Generative models follow average activity in relatively large groups of excitatory and inhibitory neurons (neural masses), with large-scale interactions generating E/MEG signals and/or functional MRI observations (Iturria-Medina & Evans, 2021). Through neural mass modeling, personalized virtual brains were built to describe

$\text{A}\beta$  pathology effects on AD-related EEG slowing (Stefanovski et al., 2019). Simulated resting-state functional MRI across the AD spectrum was used to estimate biophysical parameters associated with cognitive deterioration (Zimmermann et al., 2018). In addition, different intervention strategies to counter neuronal hyperactivity in AD have been tested (de Haan et al., 2017; van Nifterick et al., 2022). Notably, comprehensive computational approaches combining pathophysiological patterns and functional network alterations allow the quantification of non-observable biological parameters (Falcon et al., 2016) like neuronal excitability values in a subject-specific basis (Deco et al., 2018; Iturria-Medina et al., 2018, 2021; Luppi et al., 2022; Maestú et al., 2021; Sanchez-Rodriguez et al., 2018), facilitating the design of personalized treatments targeting the root cause(s) of functional alterations in AD.

Here, we considerably extend previous mechanistic brain models of disease progression in four fundamental ways. First, we develop a personalized whole-brain neural mass model integrating multilevel, multifactorial pathophysiological profiles to clarify their causal impact on neuronal activity alterations. Second, using individual *in-vivo* functional MRI together with  $\text{A}\beta$ - and tau- positron emission tomography (PET), we infer and quantify the combined impact of these relevant AD pathophysiological factors on neuronal excitability. Third, we investigate the associations between the obtained subject-specific pathophysiological neuronal activity affectations and clinically applicable blood-plasma biomarkers (p-tau217, p-tau231, p-tau181, GFAP) as well as cognitive integrity. Fourth, we reproduce hallmark AD electrophysiological alterations and pinpoint their associated critical toxic protein accumulation stages. Overall, our results expand previous understandings of neuropathological impact on AD, namely the emergence of neuronal hyperactivity (Busche & Hyman, 2020; Lauterborn et al., 2021; Maestú et al., 2021; Targa Dias Anastacio et al., 2022), slowing of the E/MEG signals (Babiloni et al., 2013;

Sanchez-Rodriguez et al., 2018) and the existence of synergistic multifactorial interactions (Busche & Hyman, 2020; Iturria-Medina et al., 2018). These findings support the premise of using integrative neural mass models to decode multilevel mechanisms in complex neurological disorders.

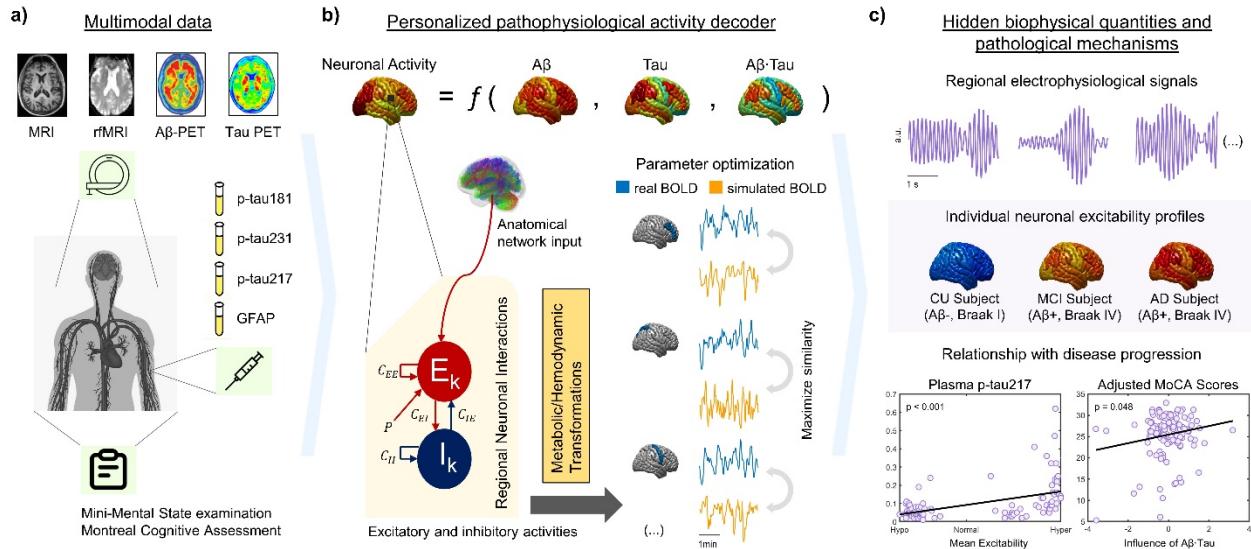
## Results

### Modeling pathophysiological impacts on whole-brain neuronal activity

A personalized generative framework to study the combined pathophysiological effect of A $\beta$  and tau on neuronal activity was formulated in terms of a whole-brain neuronal mass model (see Figure 1, *Methods, Personalized integrative neuronal activity simulator*). This model assumes that, at each brain region, neuronal excitability is potentially mediated by the local pathophysiological burden, specifically by PET-measured accumulation of A $\beta$  plaques, tau tangles and the combined A $\beta$  and tau deposition (their synergistic interaction). In addition, the neuronal populations interact via nervous fibers, potentially propagating pathophysiological effects across each individual brain's anatomical connectome (Iturria-Medina et al., 2018; Iturria-Medina & Evans, 2015). Altogether, this framework serves to generate continuous pathophysiological-mediated neuronal activities, which are transformed into BOLD signals by a hemodynamic-metabolic module. The individual model parameters quantifying the brain-wide subject-specific influence of each neuropathological factor (or their synergistic interaction) on neuronal excitability are identified by maximizing the similarity between the generated and observed BOLD data. These estimated parameters serve to reconstruct hidden electrophysiological signals, neuronal

excitability spatial profiles, and to study additive relationships with plasma biomarkers and cognitive integrity.

Data from one hundred thirty-two individuals from the Translational Biomarkers in Aging and Dementia cohort (TRIAD, <https://triad.tnl-mcgill.com/>) were used in the study, including CU (N=81), MCI (N=35) and AD (N=16) participants (Supplementary file 1—table 1). All subjects were cognitively profiled –e.g., MMSE (Folstein et al., 1975), MoCA (Nasreddine et al., 2005)— and underwent structural and resting-state functional MRI and A $\beta$  (<sup>18</sup>F-NAV4694)-, tau (<sup>18</sup>F-MK-6240)- and microglial activation (<sup>11</sup>C-PBR28)-PET. From the fMRI signals, regional fractional amplitudes of low-frequency fluctuations (fALFF) values were obtained, a measure consistently identified as a reliable neuronal activity biomarker of AD’s progression (Iturria-Medina et al., 2018; Yang et al., 2018, 2020). From all the PET images, the corresponding mean Standardized Uptake Value Ratios (SUVRs) (Iturria-Medina et al., 2018; Pascoal et al., 2021; Therriault et al., 2021) were extracted for 66 bilateral regions of interest (*Methods, Image processing*). Individuals also had measures of plasma p-tau (Ashton et al., 2021a; Karikari et al., 2020; Therriault, Vermeiren, et al., 2022; Triana-Baltzer et al., 2021) and glial fibrillary acidic protein (Benedet et al., 2021) (*Methods, Plasma biomarkers*).

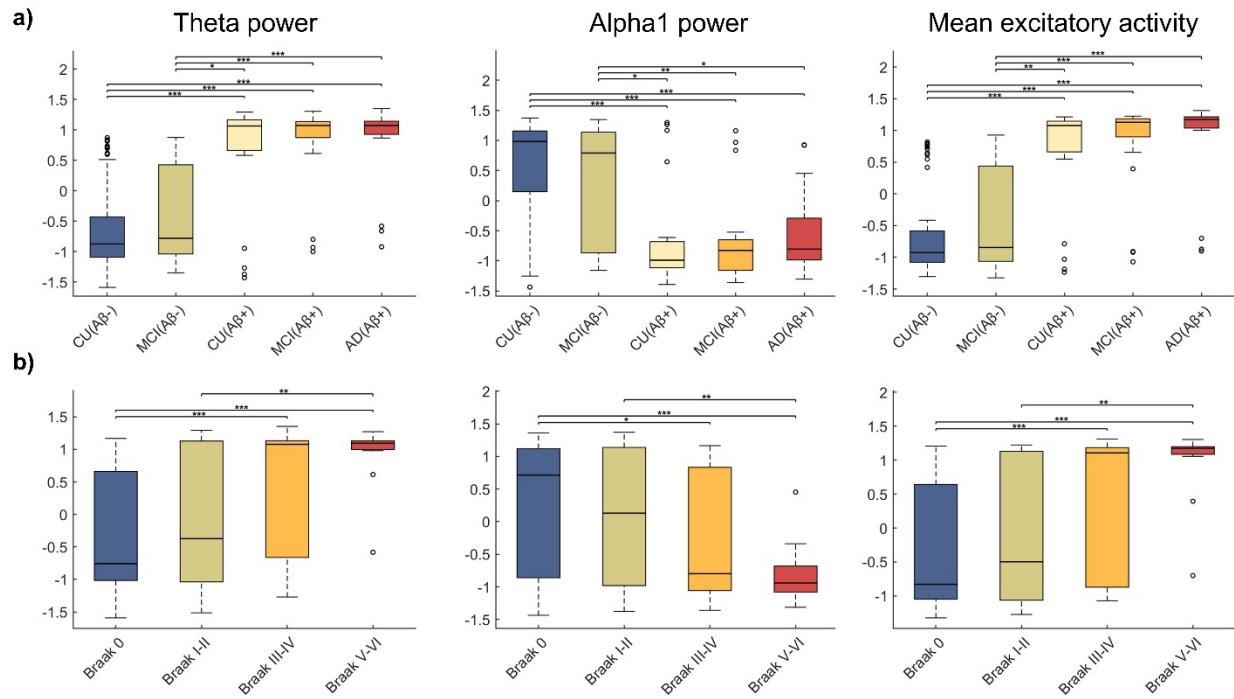


**Figure 1. Schematic Personalized Pathophysiological Activity Decoder.** (a) Individuals underwent a multimodal assessment including structural and resting-state functional MRI, A $\beta$  and tau-PET, clinically relevant plasma biomarkers, and cognitive evaluations. (b) In the Alzheimer's disease model, the subject's neuronal excitability profile is defined as a function of A $\beta$ , tau and the synergistic interaction of A $\beta$  and tau. Regional excitatory and inhibitory firing rates are influenced by the local pathophysiological profiles and the signals coming from other regions via the anatomical connectome. The regional neuronal signals generate BOLD indicators through metabolic/hemodynamic transformations. By maximizing the similarity between the generated and observed BOLD data, the set of subject-specific influences of the pathophysiological A $\beta$ , tau and A $\beta$ -tau factors on neuronal activity are quantified. (c) These estimated pathophysiological influences serve to recover electrophysiological activity producing the real individual BOLD signals, and to study individual excitability profiles and their relationship with independent AD (plasma) markers and cognitive deterioration.

## Reproducing hallmark electrophysiological alterations in AD progression

A desired attribute of biologically-defined generative tools in clinical applications is to reproduce and mechanistically clarify reported pathophysiological observations. We obtained subject-specific relative contributions of the considered pathophysiological factors on neuronal activity (Supplementary file 1—figure 1) and reconstructed proxy quantities for electro-(magneto)encephalographic (E/MEG) sources in each brain region. Subsequently, we aimed to test the proposed pathophysiological activity generator's ability to recreate reported spectral changes in AD, i.e., increases of theta band power (4–8 Hz) and decreases of power in the lower alpha band (alpha1, 8–10 Hz) (Babiloni et al., 2013; Sanchez-Rodriguez et al., 2018; van Nifterick et al., 2022). Among the quantities contributing to the E/MEG model output, we also closely studied excitatory firings and changes to their magnitude given the influence of the toxic protein depositions (*Methods, Personalized integrative neuronal activity simulator*). The participants were, after individual parameter identification, separated into groups (Supplementary file 1—table 2) according to their clinical diagnosis (CU, MCI, AD) and A $\beta$ -positivity or *in-vivo* Braak staging (Braak & Braak, 1991; Therriault, Pascoal, et al., 2022). We performed statistical tests on the reconstructed quantities of interest to understand the generalized A $\beta$  and tau effects on neuronal activity –see also *Methods, Statistical analyses*, and Supplementary file 1—table 3.

We observed that the standardized ratio of power in the theta band (4–8 Hz) was higher for A $\beta$ + groups than for A $\beta$ - (Figure 2a). Conversely, the alpha1 (8–10 Hz) power decreased with A $\beta$ - positivity. Finally, the average excitatory firings were generally higher for A $\beta$ + subjects. Similar results were observed across Braak stages (Figure 2b). Differences between all, theta and alpha1 power and mean excitatory activity, were observed for subjects in Braak 0 (non-significant tau neurofibrillary tangle involvement) and the advanced limbic (Braak III-IV) and isocortical stages (Braak V-VI) and, furthermore, for Braak I-II (transentorhinal) and Braak V-VI subjects.

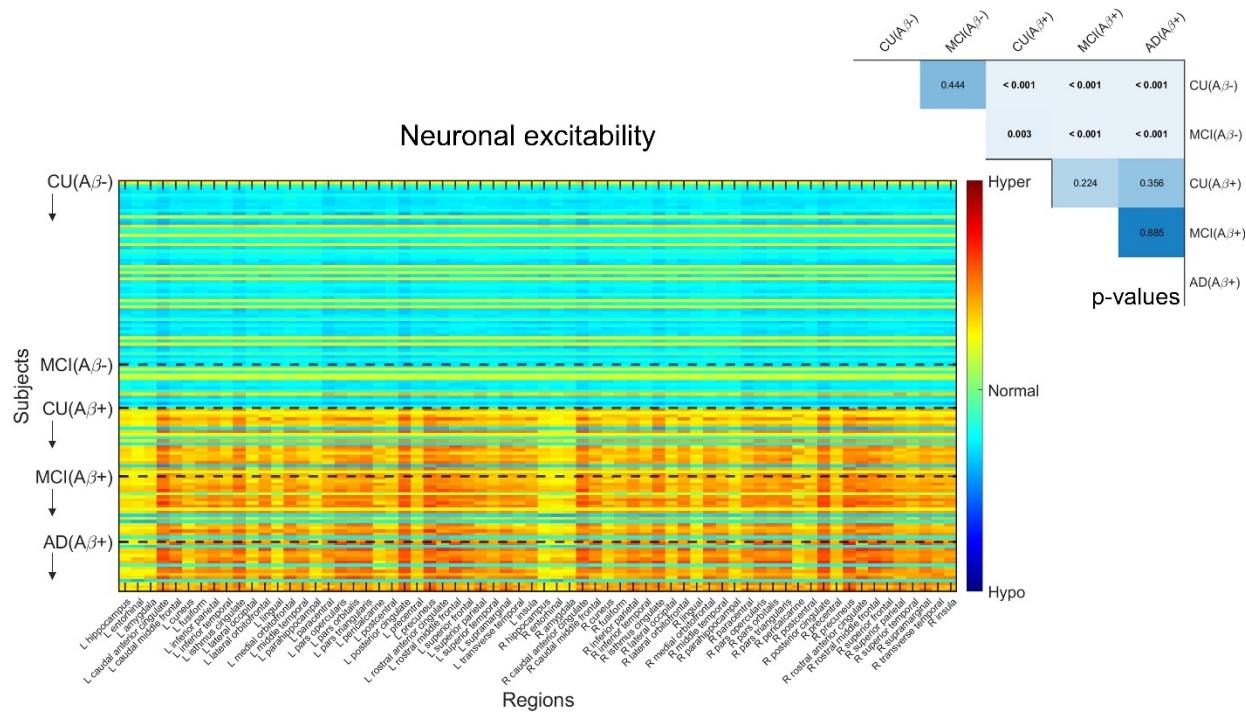


**Figure 2. Electrophysiological impacts by  $A\beta$ ,  $\tau$ ,  $A\beta\cdot\tau$ .** From left to right: ratio of power in the theta band (4–8 Hz) of the regional excitatory input currents (the E/MEG is proportional to the excitatory input current), ratio of power in the alpha1 band (8–10 Hz) and mean excitatory firings (over all regions and time points). Each of the quantities was standardized using the mean and s.d. from all subjects, for visualizing general trends. Participants were then grouped according to clinical diagnosis and (a)  $A\beta$ -positivity and (b) Braak stages. In the box-and-whisker plot, the central lines indicate the group medians, with the bottom and top edges of each box denoting the 25th and 75th percentiles, respectively. Whiskers extend to the maximum and minimum values while data points that are deemed outliers for the group are plotted individually with circles. The results of ANCOVA post-hoc t-tests for the above-mentioned groups, with the corresponding electrophysiological quantity as response variable and age and sex as covariates are also shown. \* represents significance level  $p < 0.05$ , \*\* means significance level  $p < 0.01$  and \*\*\* is  $p < 0.001$ .

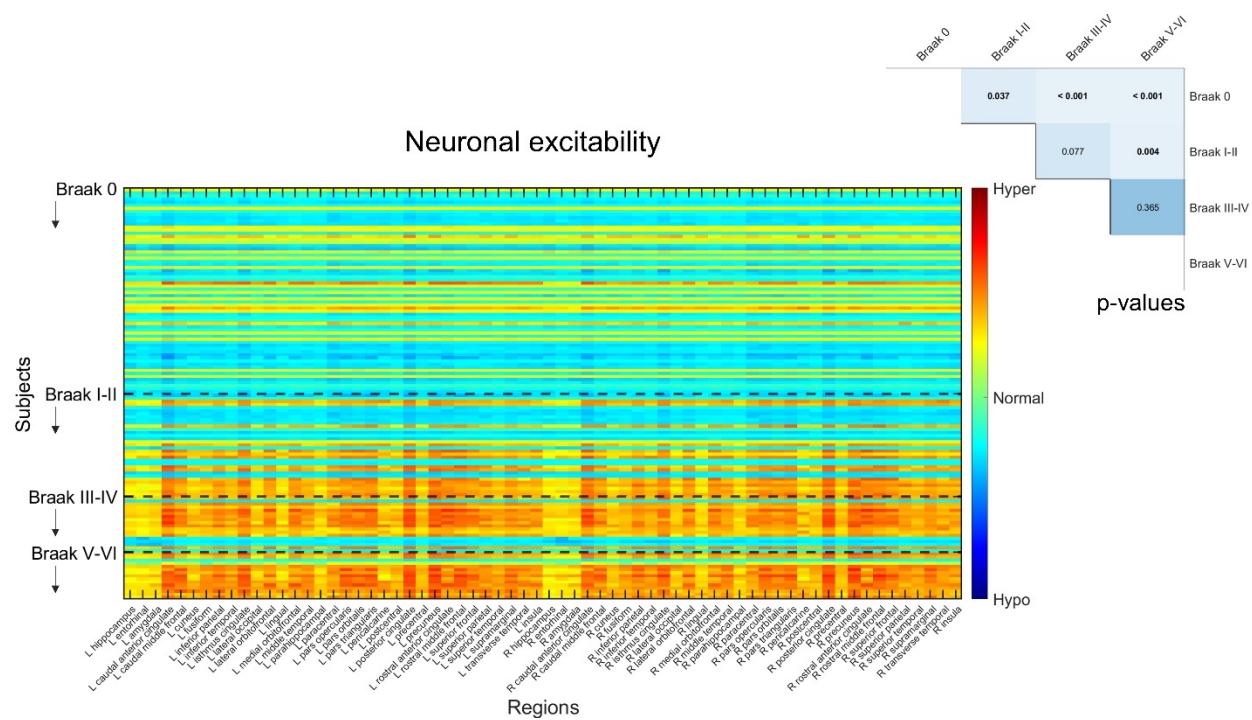
## Differences in neuronal excitability associate with clinical states and disease progression

Seeking to find mechanisms underlying the observed electrophysiological patterns, we reconstructed the biophysical quantity that changes due to the influence of the pathophysiological factors in our model: neuronal excitability. Figure 3 and Figure 3—figure supplement 1 show excitability values for all brain regions of interest and subjects. The combined action of the pathological factors either increases (“hyper”) or decreases (“hypo”) regional excitability around a certain baseline normal value.

We found significant differences of neuronal excitability due to A $\beta$  positivity and Braak stages. Firstly, we observed significant discrimination between all A $\beta$ - and A $\beta$ + groups (Figure 3), i.e.: CU(A $\beta$ -) and CU(A $\beta$ +) (p < 0.001, sex and age adjusted); MCI(A $\beta$ -) and CU(A $\beta$ +) (p < 0.05, sex and age adjusted). Additionally, we discovered similar differences between Braak 0 participants and those in all later stages, and for Braak I-II, and Braak V-VI (Figure 3—figure supplement 1). Subjects in advanced disease stages generally presented hyperexcitability profiles, while most of the A $\beta$ - and Braak 0, I-II participants were largely characterized by a slight hypoexcitability.



**Figure 3. Neuronal excitabilities under the influence of  $A\beta$ , tau and  $A\beta\cdot\tau$ .** Inferred neuronal excitability values for the brain regions of interest (“y”-axis) and all subjects (“x”-axis). Participants were grouped according to clinical diagnosis and  $A\beta$ -positivity in this figure, to understand  $A\beta$ ’s contribution to the individually estimated biological profiles. Within a group, subjects appear according to their existing ordering in the anonymized database. Warm colors represent hyperexcitability of the region in the subject’s brain and cool colors denote hypoexcitable states. Results of ANCOVA post-hoc t-tests for the above-mentioned groups, with the average intra-brain excitability values as response variable and age and sex as covariates appear in the upper right. P-values in bold fonts represent differences at a 5% significance level or lower.

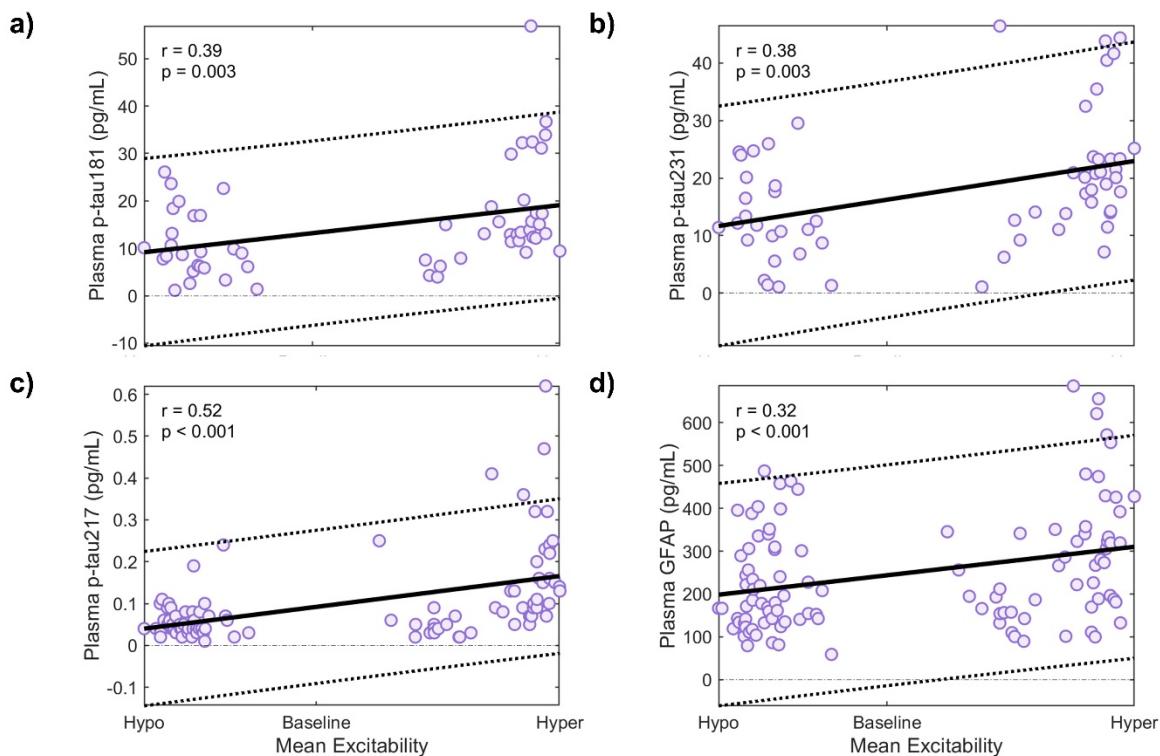


**Figure 3—figure supplement 1. Neuronal excitabilities under the influence of A $\beta$ , tau and A $\beta$ ·tau.**

Participants were grouped according to Braak stages in this figure, to understand tau's contribution to the individually estimated biological profiles. Inferred neuronal excitability values for the brain regions of interest ("y"-axis) and all subjects ("x"-axis). Within a group, subjects appear according to their existing ordering in the anonymized database. Warm colors represent hyperexcitability of the region in the subject's brain and cool colors denote hypoexcitable states. Results of ANCOVA post-hoc t-tests for the above-mentioned groups, with the average intra-brain excitability values as response variable and age and sex as covariates appear in the upper right corner. P-values in bold fonts represent differences at a 5% significance level or lower.

**Neuronal hyperexcitability relates to high levels of plasma AD biomarkers**

In this section, we investigated the relationship between the obtained individual excitability values and blood biomarkers of AD pathophysiology, which constitute accessible alternatives to neuroimaging indicators (Ashton et al., 2021b; Benedet et al., 2021; Therriault, Vermeiren, et al., 2022; Tissot et al., 2021). Figure 4 shows the relationships between the average intra-brain excitabilities and the plasma biomarkers p-tau181, p-tau231 and p-tau217 (phosphorylated tau indicators) and glial fibrillary acidic protein –GFAP, a measure of reactive astrogliosis and neuronal damage (Benedet et al., 2021). Notably, we observed that high levels of the plasma biomarkers significantly relate to the participants' neuronal hyperactivation.



**Figure 4. Neuronal excitabilities and AD plasma biomarkers.** Spearman's correlation analyses between the participants' plasma biomarkers and their estimated average intra-brain excitabilities, for (a) p-tau181, (b) p-tau231, (c) p-tau217 and (d) GFAP. The error bands denote 95% confidence intervals (CIs).

## Synergistic A $\beta$ and tau interaction strongly relates to cognitive performance

Finally, we proceeded to estimate the pathophysiological factors' effects on cognitive impairment through the changes in neuronal activity, measured with the individual weights contributing to neuronal excitability. Table 1 shows the results of regression analyses taking MMSE and MoCA scores as response variables, and the obtained personalized models' influences of A $\beta$ , tau and the A $\beta$ ·tau interaction as predictors, while adjusting for sex, age and education (*Methods, Statistical analyses*). We observed that both the A $\beta$ 's solo influence on neuronal activity and the A $\beta$ ·tau synergistic interaction term were significant predictors of MMSE and MoCA evaluations ( $p < 0.05$ ). The coefficients of these terms in the linear models were positive in all cases. Thus, highly negative influences of the studied pathophysiological factors –yielding hyperexcitability in the model (*Methods, Personalized integrative neuronal activity simulator*)– are linked to low cognitive scores.

**Table 1.** Multiple linear regression analysis investigating the pathological effects on neuronal activity as predictors of MMSE and MoCA scores.

MMSE scores			
	$\beta$	95% CI of $\beta$	p
Intercept	22.463	[15.591 29.335]	< 0.001
$\theta^{\text{A}\beta}$	<b>0.791</b>	<b>[0.092 1.489]</b>	<b>0.027</b>
$\theta^{\text{Tau}}$	0.138	[ -0.581 0.857]	0.705
$\theta^{\text{A}\beta\cdot\text{Tau}}$	<b>1.040</b>	<b>[0.371 1.710]</b>	<b>0.002</b>
Sex	-1.505	[ -2.872 -0.139]	0.031
Age	0.064	[ -0.025 0.152]	0.156
Education	0.095	[ -0.096 0.286]	0.326
MoCA scores			
	$\beta$	95% CI of $\beta$	p
Intercept	18.702	[8.656 28.748]	< 0.001

$\theta^{A\beta}$	<b>1.598</b>	<b>[0.618 2.579]</b>	<b>0.002</b>
$\theta^{\text{Tau}}$	-0.020	[ -0.973 0.932]	0.967
$\theta^{A\beta \cdot \text{Tau}}$	<b>1.006</b>	<b>[0.009 2.004]</b>	<b>0.048</b>
Sex	-2.379	[ -4.298 -0.460]	0.015
Age	0.096	[ -0.034 0.226]	0.148
Education	0.046	[ -0.222 0.314]	0.735

The influences of A $\beta$  plaques ( $\theta_E^{A\beta}$ ), tau tangles ( $\theta_E^{\text{Tau}}$ ) and the interaction of A $\beta$  and tau ( $\theta_E^{A\beta \cdot \text{Tau}}$ ) on neuronal activity, sex, age and education were considered as predictors. Reported values are obtained coefficients ( $\beta$ ), the 95% confidence intervals and the p-values for the t-statistic of the two-sided hypothesis tests. Significant pathophysiological terms (5% level) are highlighted. MMSE:  $R^2=0.18$ ,  $p < 0.001$ ; MoCA:  $R^2=0.19$ ,  $p < 0.001$ . MMSE, Mini-Mental State examination; MoCA, Montreal Cognitive Assessment.

## Discussion

We developed an integrative biophysical framework to map pathophysiological influences on neuronal activity, with application to AD. Previous work has investigated how pathological electrophysiological activity emerges in generative models that consider the influence of isolated biological factors, such as A $\beta$  plaques (Stefanovski et al., 2019) or in several possible AD synaptic dysfunction scenarios (de Haan et al., 2017; van Nifterick et al., 2022). Despite the high computational value of these works, realistic biological information could have been estimated from the data under certain constraints, to validate the mechanistic simulations. On the other hand, highly data-driven models (not intended to replicate neuronal activity features) were used to individually characterize multifactorial dynamic interactions propagating through anatomical and vascular networks in the AD spectrum (Adewale et al., 2021; Iturria-Medina et al., 2017, 2018;

Khan et al., 2022). Building on the strengths of both mechanistic and data-driven models, our hybrid approach decodes, for the first time, the subject-specific simultaneous and combined pathological neuronal activity contributions of relevant disease factors: A $\beta$  and tau, evaluated through individual functional MRI and PET biomarkers. Altogether, we observed increased neuronal excitability with AD progression, which also predicted increased plasma biomarkers concentrations and cognitive impairment.

Our findings confirm previous observations (Babiloni et al., 2013; Busche & Hyman, 2020; Maestú et al., 2021; Targa Dias Anastacio et al., 2022; Tok et al., 2022; Vossel et al., 2017) and cast new light on microscopical pathological processes that are inaccessible to traditional neuroimaging methods. Through considering the influence of multiple pathophysiological factors, we have retrieved the AD electrophysiological hallmark: enhancement of theta band activity together with alpha decreases, as disease progresses (Babiloni et al., 2013; Sanchez-Rodriguez et al., 2018) from BOLD signals. Our results also indicate that CU(A $\beta$ +) and/or Braak III-IV are the stages from which these electrophysiological biomarkers become abnormal. These groups contain subjects who are not cognitively impaired but present significant A $\beta$  deposition (Therriault et al., 2021) and/or have widespread temporal and parietal tau aggregation detectable by tau PET (Braak & Braak, 1991). A recent study, also on subjects from the TRIAD cohort, found reduced, clinically significant delayed recall and recognition memory tests performance at Braak III and IV stages as well (Fernández Arias et al., 2023). Additionally, multicenter research has shown that CU(A $\beta$ +) subjects, independently of tau status, present substantially increased risk of short-term (3-5 years) conversion to mild cognitive impairment, compared to CU(A $\beta$ -) (Ossenkoppele et al., 2022). Our observations reaffirm this evidence. A $\beta$ + and post-Braak II individuals may be the most likely candidates to benefit from early disease interventions modifying the cognitive decline that

associates with patho-electrophysiological activity (Babiloni et al., 2013; Maestú et al., 2019; Sanchez-Rodriguez et al., 2018).

No previous direct *in-vivo* evidence for AD-associated neuronal hyperactivity existed thus far in humans, although proxy measurements (Celone et al., 2006), post-mortem studies (Lauterborn et al., 2021) and animal models (Busche & Hyman, 2020) have suggested a similar mechanism. In this study, by assuming a toxic protein influence model ( $A\beta$ ,  $\tau$ ,  $A\beta\cdot\tau$ ) we inferred neuronal excitability values from the individual PET-functional MRI datasets. Given the experimental conditions (equal nominal parameters, anatomical connectivities and model assumptions), the estimation of the pathophysiological influences is totally unsupervised with each subject's model being blind to the others' imaging data and clinical assessments. As such, the broad association of subjects in advanced disease stages with hyperactivity –and conversely– is only driven by the individual PET datasets and the maximization of the similarity between the real resting-state functional MRI and the simulated BOLD signals. The progression towards hyperexcitation with disease worsening was equally evident for a simplified model with separate contributions by  $A\beta$  and  $\tau$  only (Supplementary file 1—figures 2-3). Increased excitability was also associated with high levels of plasma biomarkers (blood phosphorylated tau and GFAP) which are sensitive to incipient AD pathology (Ashton et al., 2021b, 2022; Benedet et al., 2021; Milà-Alomà et al., 2022; Tissot et al., 2021) and disease progression, especially p-tau217 (Ashton et al., 2021b; Therriault, Vermeiren, et al., 2022), further demonstrating the strong biomarker capabilities of our estimated excitability parameters. Additionally, we observed that the more hyperactive the existing excitatory neuronal populations of a subject were (given by negative influence values of the significant factors in our model), the greater the participant's cognitive dysfunction, thus

supporting a direct link among neuronal excitability, pathophysiological burden, and cognitive integrity.

Beyond AD-related protein deposition, our method can also investigate the influence of other critical factors. It has been hypothesized, and to some extent observed (Kwon & Koh, 2020; Shen et al., 2018; Targa Dias Anastacio et al., 2022), that microglial activation, a probable marker for neuroinflammation (Nutma et al., n.d.-a; Pascoal et al., 2021), affects excitability and neuronal activity in AD. Consequently, we performed a set of complimentary experiments where we recreated the obtained results in a model that also considers deviations to neuronal excitability due to microglial activation –measured with 18kDa Translocator Protein PET. However, we did not find separation between clinical groups in terms of the estimated neuronal excitabilities when the microglial activation factor was considered (Supplementary file 1—figures 4-5). Moreover, the synergistic interaction of A $\beta$  and tau was the factor that better predicted cognitive impairment, with no significant effect by the microglial activation term (Supplementary file 1—table 4). We attribute this effect to technical limitations associated with the acquisition of microglial activation. Unlike the A $\beta$  and tau PET SUVRs data, which showed extended statistically significant differences across all brain regions for CU and AD participants (two-sampled t-test,  $p < 0.05$ ), microglial activation images exhibited differences in only 24 regions (i.e., approx. 36%; Supplementary file 1—table 5). Microglial activation is thought to have a neuroprotective character (M2-phenotype) at early disease stages (Kwon & Koh, 2020; Shen et al., 2018). On the other hand, excessive activation of microglia seemingly becomes detrimental in clinical AD (M1-phenotype) by releasing pro-inflammatory cytokines that may exacerbate AD progression (Kwon & Koh, 2020; Pascoal et al., 2021; Shen et al., 2018). Nevertheless, modern neuroinflammation PET tracers are not specific to these two different phenotypes as no consistent targets have been

discovered (Shen et al., 2018). Thus, our extended results albeit being relatively uninformative in terms of AD-affectations to neuronal excitability, capture intrinsic microglial activation PET mapping insufficiencies (Nutma et al., n.d.-b).

Our methodology also has limitations. We provide partial validation for the results of the *in-silico*, data-informed approach in the context of the literature only, by reconstructing functional network quantities with well-documented AD affectations for *a posteriori* analysis and by studying relationships with reliable markers of disease progression independently collected in our cohort subjects (plasma concentrations, cognitive scores). This strategy for analyzing the inferred values stems from the lack of ground-truth *in-vivo* excitability measurements. Although we used state-of-the-art fMRI experiments in this study (TR = 681ms, spatial resolution =  $2.5 \times 2.5 \times 2.5$  mm<sup>3</sup>), more detailed spatiotemporal dynamics could be captured with novel ultra high-resolution functional imaging techniques (Tan Toi et al., n.d.). On the other hand, by using average anatomical connectivity, we have singled-out the mechanisms by which toxic protein deposition and neuroinflammation are associated with pathological neuronal activity. Personalized therapeutic interventions (Iturria-Medina et al., 2018) would require precise individual profiles for increased efficiency. In such applications, including the connectomes' individual variability may be beneficial. Regarding the neuro-physical model for the influence of pathophysiological factors, two aspects should be considered in future work. Firstly, extending the intra-regional neuronal interactions with additional excitatory and inhibitory populations, pursuing a finer descriptive scale, will also enable us to account for additional significant disease factors such as neuronal atrophy (Iturria-Medina et al., 2016). Secondly, the effects on inhibitory firings should be explored separately as well. Pyramidal (excitatory) neurons greatly outnumber any other neuronal population, making them the most likely proteinopathies target (Maestú et al., 2021). However,

inhibitory populations are key in maintaining healthy firing balances (Maestú et al., 2021) and interacting with glial cells (Mederos & Perea, 2019). Finally, the focus of this study was limited to capturing abnormalities in AD by A $\beta$  and tau's combined action. The model inputs will require modifications to measure neuronal excitability contributions in other neurodegenerative conditions given their characteristic neuropathological factors. For example, dopamine transporter (DaT)  $^{123}\text{I}$ -FP-CIT scans can be used to quantify dopaminergic deficiency consistent with Parkinsonism and associated disorders (Nichols et al., 2018). Ongoing efforts pursue developing alpha-synuclein protein PET radiotracers that do not also bind to A $\beta$  (Roshanbin et al., 2022). Replacing the AD-pathophysiology with such quantified maps in our framework may well help advance the characterization of neuronal excitability dysfunction in the Parkinsonian circuit (Picconi et al., 2012).

Our approach has major implications to disease hypothesis testing. Generative models (Luppi et al., 2022) in works by Iturria-Medina et al. (Iturria-Medina et al., 2017, 2018), Deco et al. (Deco et al., 2018, 2021), Sotero et al. (Sanchez-Rodriguez et al., 2018; Sotero & Trujillo-Barreto, 2008), de Haan et al. (de Haan et al., 2017; van Nifterick et al., 2022) among others, focus on better comprehending neurological conditions. The models considered in the present study reflect plausible biophysical mechanisms determining neuronal activity abnormalities in the AD spectrum (Busche & Hyman, 2020; Kwon & Koh, 2020; Maestú et al., 2021; Targa Dias Anastacio et al., 2022). Critical mechanistic information on the underlying activity-generating processes is obtained, as well as about their relationship with clinical and cognitive profiles, as all these disease-informative variables are tracked in our comprehensive methodology. Importantly, we observed that the synergistic interaction of A $\beta$  and tau, and A $\beta$  separate contributions are the most significant factors influencing aberrant neuronal activity, AD progression and symptomatology. The relative

preponderance of A $\beta$ 's effect with respect to tau's was somewhat expected as A $\beta$  plaques generalize to many cortical areas early in the disease, while NFT spreading increases rapidly in temporal and parietal regions only (Insel et al., 2020). These pathological progression patterns, measured by PET uptake, inform our individual dynamical models. A critical methodological contribution is the capacity to resolve complex biological processes hidden to current non-invasive imaging and electrophysiological monitoring techniques, e.g., the neural masses' firing excitabilities. For future work, we aim to further clarify the specific molecular features responsible for the differences in excitability values across clinical stages. By doing so, we expect to gain additional insights into AD pathophysiology that could boost diagnostic accuracy and preclinical applications. This *pathophysiological activity decoder* is equally applicable to other intricate multifactorial neurological disorders by considering their relevant disease factors. Computational disease modeling may further unveil the complex mechanisms of neurodegeneration and aid providing efficient treatment at a personalized level.

## Methods

### Participants

We selected individuals from the Translational Biomarkers in Aging and Dementia (TRIAD) cohort (<https://triad.tnl-mcgill.com/>). The study was approved by the Douglas Mental Institute Research Board and all participants gave written consent. All subjects underwent MRI, resting-state fMRI, A $\beta$  (<sup>18</sup>F-NAV4694)-, tau (<sup>18</sup>F-MK-6240)- and neuroinflammation (<sup>11</sup>C-PBR28)- PET scans, together with a complete cognitive evaluation, including the Mini-Mental State Examination (MMSE) and the Montreal Cognitive Assessment (MoCA). We chose baseline assessments in all

cases. Only participants with “cognitively unimpaired” (N=81), “mild cognitive impairment” (N=35), or “probable Alzheimer’s disease” (N=16) clinical and pathophysiological diagnoses were considered (Tissot et al., n.d.).

## Image processing

*MRI:* Brain structural T1-weighted 3D images were acquired for all subjects on a 3 T Siemens Magnetom scanner using a standard head coil. T1 space sequence was performed in sagittal plane in 1 mm isotropic resolution; TE 2.96 ms, TR 2300 ms, slice thickness 1 mm, flip angle 9 deg, FOV read 256 mm, 192 slices per slab. The images were processed following a standard pipeline (Iturria-Medina et al., 2018), namely: non-uniformity correction using the N3 algorithm, segmentation into grey matter, white matter and cerebrospinal fluid (CSF) probabilistic maps (SPM12, [www.fil.ion.ucl.ac.uk/spm](http://www.fil.ion.ucl.ac.uk/spm)) and standardization of grey matter segmentations to the MNI space (Evans et al., 1994) using the DARTEL tool (Ashburner, 2007). Each map was modulated to preserve the total amount of signal/tissue. We selected 66 (bilateral) cortical regions in the Desikan-Killiany-Touriner (DKT) (Klein & Tourville, 2012) atlas (Supplementary file 1—table 5). Subcortical regions, e.g., in the basal ganglia, were not considered given their tendency to present PET off-target binding (Vogel et al., 2020; Young et al., 2020).

*fMRI:* The resting-state fMRI acquisition parameters were: Siemens Magnetom Prisma, echo planar imaging, 860 time points, TR = 681 ms, TE = 32.0 ms, flip angle = 50 deg, number of slices = 54, slice thickness = 2.5 mm, spatial resolution =  $2.5 \times 2.5 \times 2.5 \text{ mm}^3$ , EPI factor = 88. We applied a minimal preprocessing pipeline (Iturria-Medina et al., 2018) including motion correction and spatial normalization to the MNI space (Evans et al., 1994) using the registration parameters obtained for the structural T1 image, and removal of the linear trend. We calculated the fractional amplitude of low-frequency fluctuations (fALFF) (Yang et al., 2018), a regional proxy indicator

for neuronal activity that has shown high sensibility to disease progression. Briefly, we transformed the signals for each voxel to the frequency domain and computed the ratio of the power in the low-frequency range (0.01–0.08 Hz) to that of the entire BOLD frequency range (0–0.25 Hz) with code from the RESTplus toolbox (Jia et al., 2019). The fALFF values were ultimately averaged over the voxels according to their belonging to brain regions.

*Diffusion Weighted MRI (DW-MRI):* High angular resolution diffusion imaging (HARDI) data was acquired for  $N = 128$  in the Alzheimer's Disease Neuroimaging Initiative (ADNI) ([adni.loni.usc.edu](http://adni.loni.usc.edu)). The authors obtained approval from the ADNI Data Sharing and Publications Committee for data use and publication, see documents [http://adni.loni.usc.edu/wp-content/uploads/how\\_to\\_apply/ADNI\\_Data\\_Use\\_Agreement.pdf](http://adni.loni.usc.edu/wp-content/uploads/how_to_apply/ADNI_Data_Use_Agreement.pdf) and [http://adni.loni.usc.edu/wp-content/uploads/how\\_to\\_apply/ADNI\\_Manuscript\\_Citations.pdf](http://adni.loni.usc.edu/wp-content/uploads/how_to_apply/ADNI_Manuscript_Citations.pdf), respectively. For each diffusion scan, 46 separate images were acquired, with 5  $b_0$  images (no diffusion sensitization) and 41 diffusion-weighted images ( $b = 1000 \text{ s/mm}^2$ ). ADNI aligned all raw volumes to the average  $b_0$  image, corrected head motion and eddy current distortions. Region-to-region anatomical connection density matrices were obtained using a fully automated fiber tractography algorithm (Iturria-Medina et al., 2007) and intravoxel fiber distribution reconstruction (Tournier et al., 2008). For any subject and pair of regions  $k$  and  $l$ , the  $C_{lk}$  measure ( $0 \leq C_{lk} \leq 1$ ,  $C_{lk} = C_{kl}$ ) reflects the fraction of the region's surface involved in the axonal connection with respect to the total surface of both regions. More details can be found in a previous publication where ADNI's DW-MRI was utilized (Iturria-Medina et al., 2018). We averaged the ADNI subject-specific connectivity matrices (Iturria-Medina et al., 2018; Sanchez-Rodriguez et al., 2021) to utilize a single, representative anatomical network across our calculations on the TRIAD dataset.

*PET*: Study participants had A $\beta$  ( $^{18}\text{F}$ -NAV4694), tau ( $^{18}\text{F}$ -MK-6240) and translocator protein microglial activation ( $^{11}\text{C}$ -PBR28) PET imaging in a Siemens high-resolution research tomograph. A bolus injection of  $^{18}\text{F}$ -NAV4694 was administered to each participant and brain PET imaging scans were acquired approximately 40-70 min post-injection. The images were reconstructed using an ordered subset expectation maximization (OSEM) algorithm on a 4D volume with three frames ( $3 \times 600$  s) (Theriault et al., 2021).  $^{18}\text{F}$ -MK-6240 PET scans of 20 min ( $4 \times 300$  s) were acquired at 90-110 min after the intravenous bolus injection of the radiotracer (Pascoal et al., 2020).  $^{11}\text{C}$ -PBR28 images were acquired at 60–90 min after tracer injection and reconstructed using the OSEM algorithm on a 4D volume with 6 frames ( $6 \times 300$  s) (Pascoal et al., 2021). Images were preprocessed according to four main steps (Jagust et al., 2010): 1) dynamic co-registration (separate frames were co-registered to one another lessening the effects of patient motion), 2) across time averaging, 3) re-sampling and reorientation from native space to a standard voxel image grid space (“AC-PC” space), and 4) spatial smoothing to produce images of a uniform isotropic resolution of 8 mm FWHM. Using the registration parameters obtained for the participants’ structural T1 images, all PET images were spatially normalized to the MNI space.  $^{18}\text{F}$ -MK-6240 images were meninges-stripped in native space before performing any transformations to minimize the influence of meningeal spillover. SUVR values for the DKT grey matter regions were calculated using the cerebellar gray matter as the reference region.

The DKT atlas was separately used to define the ROIs for tau-PET Braak stage-segmentation (Braak & Braak, 1991; Therriault, Pascoal, et al., 2022) which consisted of: Braak I (pathology confined to the transentorhinal region of the brain), Braak II (entorhinal and hippocampus), Braak III (amygdala, parahippocampal gyrus, fusiform gyrus and lingual gyrus), Braak IV (insula, inferior temporal, lateral temporal, posterior cingulate and inferior parietal), Braak V

(orbitofrontal, superior temporal, inferior frontal, cuneus, anterior cingulate, supramarginal gyrus, lateral occipital, precuneus, superior parietal, superior frontal and rostromedial frontal) and Braak VI (paracentral, postcentral, precentral and pericalcarine) (Braak et al., 1995). All image processing was performed in MATLAB 2021b (The MathWorks Inc., Natick, MA, USA) with the aid of the specific tools and algorithms specified above.

### **Plasma biomarkers**

Blood biomarkers were quantified with Single molecule array (Simoa) assays (Quanterix, Billerica, MA). These measurements included tau phosphorylated at threonine 181 (p-tau181) (Tissot et al., 2021), tau phosphorylated at threonine 231 (p-tau231) (Ashton et al., 2021b), tau phosphorylated at threonine 217 (p-tau217) (Therriault, Vermeiren, et al., 2022; Triana-Baltzer et al., 2021) and glial fibrillary acidic protein (GFAP) (Benedet et al., 2021) and have been previously reported.

### **Personalized integrative neuronal activity simulator**

*Electrophysiological model:* The individual electrophysiological brain activity is realized through coupled Wilson-Cowan (WC) modules (Abeywuriya et al., 2018; Daffertshofer & van Wijk, 2011; Gjorgjieva et al., 2016; Meijer et al., 2015; Wilson & Cowan, 1972). In this simple formulation, the variables of interest are the firing rates of the excitatory and inhibitory neural masses,  $E(t)$  and  $I(t)$ , respectively. Neural masses are average neuronal populations describing the dynamic behavior of similar neurons within a given spatial domain, i.e., brain regions (Jansen & Rit, 1995; Sanchez-Rodriguez et al., 2018; Wilson & Cowan, 1972). In WC, the excitatory and inhibitory populations are locally coupled. Moreover, the excitatory population is further stimulated by other local inputs ( $P$ ) and cortico-cortical connections,  $C$  (*Image processing, Diffusion Weighted MRI*).

In effect, each  $l$  region influences the dynamics of the  $k$  region by the quantity  $\frac{\eta}{N} C_{lk} E_l$ , where  $\eta$  is a global scaling coupling strength and  $N$  is the total number of regions ( $N = 66$ ). We performed a dynamical system analysis (Daffertshofer & van Wijk, 2011; Deco et al., 2009; Gjorgjieva et al., 2016; Wilson & Cowan, 1972) and obtained common  $P$  and  $\eta$  values simulating plausible electrophysiological oscillations and BOLD signals (Supplementary file 1—figure 6a) for all participants. The parameters used in this study are reported in Supplementary file 1—table 6.

All the inputs (both local and external) received by a neuron are integrated in time when their sum surpasses a certain threshold, ( $\theta_E$  or  $\theta_I$ ) (Daffertshofer & van Wijk, 2011). In the neural mass framework, this integration is achieved by means of a sigmoidal activation function (Wilson & Cowan, 1972),  $S(x) = \frac{1}{1+\exp[-a(x-\theta)]} - \frac{1}{1+\exp[a\theta]}$ . Compared to the “baseline” firings obtained by using the canonical values reported in the literature, regional excitability can be higher (hyperexcitability) or lower (hypoexcitability) depending on whether the firing rate function is shifted to lower or higher input current values, respectively (Supplementary file 1—figure 6b). In our approach, the regional activity profiles are determined by the excitatory firing, a simplification based on the much larger excitatory prevalence in the cortex (Lauterborn et al., 2021; Maestú et al., 2021). We suppose that the regional excitatory firing thresholds are mediated by the following disease factors: A $\beta$  plaques (with a subject-specific contribution weight given by  $\theta_E^{A\beta}$ ), tau tangles ( $\theta_E^{Tau}$ ) and the interaction of amyloid and tau ( $\theta_E^{A\beta\cdot Tau}$ ). These effects are simplistically written as linear fluctuations from the normal baseline value due to the participant’s regional accumulation of each factor (Supplementary file 1—figure 6c), with the SUVRs normalized to the [0,1] interval (Supplementary file 1—figure 7), to preserve the dynamical properties of the desired solution:

$$\theta_{E,k} = \theta_0 + \theta_E^{A\beta} \cdot A\beta_k + \theta_E^{Tau} \cdot Tau_k + \theta_E^{A\beta\cdot Tau} \cdot A\beta_k \cdot Tau_k \quad (1)$$

A negative contribution by a factor ( $\theta_E^{A\beta}$ ,  $\theta_E^{Tau}$  or  $\theta_E^{A\beta\cdot Tau}$ ) means that the pathological accumulation of such a biomarker tends to decrease the firing threshold thus yielding hyperexcitability. Given the inverse relationship existing between firing thresholds and effective firing rates, we define regional excitability as  $1/\theta_{E,k}$ .

The evolution of the average firing rates  $E(t)$  and  $I(t)$  is then given by the following set of differential equations (Daffertshofer & van Wijk, 2011; Gjorgjieva et al., 2016; Wilson & Cowan, 1972):

$$\dot{E}_k = \frac{1}{\tau_E} [-E_k + S(x_{E,k})] \quad (2)$$

$$\dot{I}_k = \frac{1}{\tau_I} [-I_k + S(x_{I,k})]$$

$$x_{E,k} = C_{EE}E_k - C_{IE}I_k + P + \frac{\eta}{N} \sum_{l=1, l \neq k}^N C_{lk}E_l$$

$$x_{I,k} = C_{EI}E_k - C_{II}I_k$$

Here, the terms  $x_{E,k}$  and  $x_{I,k}$  are known as the input currents. A synthetic EEG signal is proportional to the regional excitatory input current (Meijer et al., 2015). Since the BOLD signal is related to the afferent neuronal input (Logothetis et al., 2001), we utilized the total action potential arriving to the neuronal populations from other local and external populations as the proxy electrophysiological quantities of interest feeding the metabolic/hemodynamic model by Sotero et al. (Sotero & Trujillo-Barreto, 2008; Valdes-Sosa et al., 2009).

*Metabolic/hemodynamic model:* This biophysical model reflects the role that excitatory and inhibitory activities play in generating the BOLD signal (Sotero et al., 2009; Sotero & Trujillo-

Barreto, 2007, 2008; Valdes-Sosa et al., 2009). All variables are normalized to baseline values.

Changes in glucose consumption ( $g_{E,k}$  and  $g_{I,k}$ ) are linked to the excitatory and inhibitory ( $\xi_{E,k}$  and  $\xi_{I,k}$ ) neuronal inputs in region  $k$ :

$$\dot{g}_{E,k} = z_{E,k}$$

$$\dot{z}_{E,k} = \frac{-2}{\kappa_E} z_{E,k} - \frac{1}{\kappa_E^2} (g_{E,k} - 1) + \frac{h_E}{\kappa_E} (\xi_{E,k} - 1)$$

$$\dot{g}_{I,k} = z_{I,k}$$

$$\dot{z}_{I,k} = \frac{-2}{\kappa_I} z_{I,k} - \frac{1}{\kappa_I^2} (g_{I,k} - 1) + \frac{h_I}{\kappa_I} (\xi_{I,k} - 1)$$

The metabolic rates of oxygen for excitatory ( $m_{E,k}$ ) and inhibitory ( $m_{I,k}$ ) activities, and the total oxygen consumption,  $m_k$ , are obtained from the glucose variables.

$$m_{E,k}(t) = \frac{2 - x(t)}{2 - x_0} g_{E,k}(t)$$

$$m_{I,k}(t) = g_{I,k}(t)$$

$$m_k(t) = \frac{\gamma m_{E,k}(t) + m_{I,k}(t)}{\gamma + 1}$$

$$x(t) = \frac{1}{1 + \exp \left[ c \left( d - g_{E,k}(t) \right) \right]}$$

Next, CBF dynamics ( $f_k$ ) is modeled as follows (Friston et al., 2000), assuming that CBF is coupled to excitatory activity:

$$\dot{f}_k = y_k$$

$$\dot{y}_k = \frac{-2}{\kappa_f} y_k - \frac{1}{\kappa_f^2} (f_k - 1) + \mu (\xi_{E,k} - 1)$$

The outputs of the metabolic and vascular models are converted to normalized cerebral blood volume ( $b_k$ ) and deoxy-hemoglobin ( $q_k$ ) content through the Balloon model (Buxton et al., 1998):

$$\dot{b}_k = \frac{1}{\kappa_0} (f_k - f_{out})$$

$$\dot{q}_k = \frac{1}{\kappa_0} \left( m_k - f_{out} \frac{q_k}{b_k} \right)$$

$$f_{out} = b_k^{\frac{1}{\zeta}}$$

The BOLD signal is obtained by using a linear observation equation as in:

$$BOLD_k(t) = V_0 (a_1 (1 - q_k) - a_2 (1 - b_k))$$

where  $a_1 = 4.3Y_0E_0 \cdot TE + \varepsilon r_0E_0 \cdot TE$  and  $a_2 = \varepsilon r_0E_0 \cdot TE + \varepsilon - 1$  are parameters that depend on the experimental conditions (field strength,  $TE$ ) (Archila-Meléndez et al., 2020; Deco et al., 2018; Obata et al., 2004; Simon & Buxton, 2015). The interpretation and specific parameter values of the metabolic/hemodynamic transformations resulting in the simulated BOLD signal can be found in Supplementary file 1—table 7. The sets of equations above were solved, for each individual dataset, with an explicit Runge-Kutta (4,5) method, `ode45`, as implemented in MATLAB 2021b (The MathWorks Inc., Natick, MA, USA) and a timestep of 0.001s.

*Parameter estimation:* For each participant, we compute the regional fALFF values of the simulated BOLD signals and maximize their similarity (correlation) with the subject's real BOLD indicators (Supplementary file 1—figure 6d). The estimation of the optimal pathological influences set ( $\theta_E^{A\beta}, \theta_E^{Tau}, \theta_E^{A\beta\cdot Tau}$ ) was performed via surrogate optimization (MATLAB 2021b's

surrogateopt). This parameter optimization method performs few objective function evaluations hence it is well-suited for expensive functions as it is the case of our high-dimensional BOLD-simulating dynamical system. We constrained the pathological influences on a small interval around the nominal parameter value (Supplementary file 1—table 6) (Abeyasuriya et al., 2018; Daffertshofer & van Wijk, 2011; Gjorgjieva et al., 2016; Meijer et al., 2015; Wilson & Cowan, 1972) to compare results across subjects and disease states. Then, we performed optimization iterations until no new feasible points were found in the allowed interval through 20 sequences of random sample points, guaranteeing that the global minimum was attained (Supplementary file 1—pseudocode 1).

*Interpreting the pathophysiological effects on neuronal activity:* The obtained pathological influences ( $\theta_E^{A\beta}, \theta_E^{Tau}, \theta_E^{A\beta\cdot Tau}$ ) describe subject-specific interactions determining brain activity. We use these weights to reconstruct otherwise hidden electrophysiological quantities of interest. Individual neuronal excitability patterns (van Nifterick et al., 2022) are mapped through equation (1) and can be related to separate measurements like plasma biomarkers for AD (Ashton et al., 2021b; Benedet et al., 2021; Tissot et al., 2021). Grand average excitatory activities are found by averaging the firing rates  $E_k(t)$  over the regions and time points (van Nifterick et al., 2022), for every subject. Likewise, the input currents of equation (2) are used as proxy measures for cortical sources of resting-state EEG (Meijer et al., 2015). We perform a Fast Fourier Transformation power analysis of the neural masses' signals and determine the relative power of the traditional rhythms, in particular: theta (4–8 Hz) and alpha 1 (8–10 Hz) frequency band oscillations (van Nifterick et al., 2022). Additionally, we investigate the relationship of the obtained pathophysiological influences with cognition (Folstein et al., 1975; Nasreddine et al., 2005).

## Statistical analyses

Clinical diagnosis and PET-imaging A $\beta$  status (determined visually by consensus of two neurologists blinded to the diagnosis) were used to divide the cohort for analyses of the results. Separately, we employed another division based on the conventional unambiguous Braak grouping (Braak & Braak, 1991) of I-II (transentorhinal stages), III–IV (limbic) and V–VI (isocortical), to assess trends in terms of intracellular tau neurofibrillary changes. Group-differences in the electrophysiological quantities of interest (average intra-brain theta and alpha1 power, excitatory firing activity and excitability) were evaluated with ANCOVA post-hoc t-tests, i.e., we looked at the effects of the clinical groups and A $\beta$  positivity/Braak stages on the corresponding quantity, accounting for age and sex. The average theta and alpha1 power and excitatory firing activity were box-cox and z-score transformed across subjects. The associations between excitability and plasma biomarkers were tested using Spearman's Rho correlation (large-sample approximation). In addition, to assess the relationship between the pathophysiological factors and cognitive integrity we fitted multiple linear regression models using the following specifications:

$MMSE \text{ score} \sim 1 + \theta_E^{A\beta} + \theta_E^{Tau} + \theta_E^{A\beta \cdot Tau} + sex + age + education$  and

$MoCA \text{ score} \sim 1 + \theta_E^{A\beta} + \theta_E^{Tau} + \theta_E^{A\beta \cdot Tau} + sex + age + education$ . Each of the factors were standardized using the mean and s.d. from all subjects.

## Data availability

The data that support the findings of this study are available by submitting a data share request via <https://triad.tnl-mcgill.com/contact-us/>. Data are not publicly available due to them containing information that could compromise research participant privacy/consent. All the data collected

under the TRIAD cohort is governed by the policies set by the Research Ethics Board Office of the McGill University, Montreal and the Douglas Research Center, Verdun.

## Code availability

The code utilized in this article for the neuronal activity simulations and quantification of the pathological effects conforms to the Open Source Definition and will be freely available with publication at the *Neuroinformatics for Personalized Medicine* lab's website (NeuroPM, <https://www.neuropm-lab.com/publication-codes.html>).

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## Author contributions

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**Jaime Fernandez-Arias:** Formal analysis, Resources, Writing - review & editing.

**Stijn Servaes:** Data curation, Writing - review & editing.

**Nesrine Rahmouni:** Data curation, Writing - review & editing.

**Cecile Tissot:** Data curation, Writing - review & editing.

**Jenna Stevenson:** Data curation, Writing - review & editing.

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**Andréa L. Benedet:** Data curation, Writing - review & editing.

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**Kaj Blennow:** Data curation, Writing - review & editing.

**Gallen Triana-Baltzer:** Data curation, Writing - review & editing.

**Hartmuth C. Kolb:** Data curation, Writing - review & editing.

**Pedro Rosa-Neto:** Data curation, Resources, Writing - review & editing, Project administration, Funding acquisition.

**Yasser Iturria-Medina:** Conceptualization, Methodology, Investigation, Resources, Writing - review & editing, Supervision, Project administration, Funding acquisition.

## Competing interests

HZ has served at scientific advisory boards and/or as a consultant for Abbvie, Acumen, Alector, Alzinova, ALZPath, Annexon, Apellis, Artery Therapeutics, AZTherapies, CogRx, Denali, Eisai, Nervgen, Novo Nordisk, Optoceutics, Passage Bio, Pinteon Therapeutics, Prothena, Red Abbey Labs, reMYND, Roche, Samumed, Siemens Healthineers, Triplet Therapeutics, and Wave, has given lectures in symposia sponsored by Cellectricon, Fujirebio, Alzecure, Biogen, and Roche, and is a co-founder of Brain Biomarker Solutions in Gothenburg AB (BBS), which is a part of the GU Ventures Incubator Program (outside submitted work). KB has served as a consultant, at advisory boards, or at data monitoring committees for Acumen, ALZPath, BioArctic, Biogen, Eisai, Julius Clinical, Lilly, Novartis, Ono Pharma, Prothena, Roche Diagnostics, and Siemens Healthineers, and is a co-founder of Brain Biomarker Solutions in Gothenburg AB (BBS), which is a part of the GU Ventures Incubator Program, outside the work presented in this paper. The other authors declare no competing interests.

## **List of Supplementary Files**

### **Supplementary file 1**

**Supplementary Figures 1-7, Supplementary Tables 1-7 and Supplementary Pseudocode.**

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