

1 Mitochondrial sodium/calcium exchanger NCLX regulates glycolysis in 2 astrocytes, impacting on cognitive performance

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23 **Running title:** NCLX fine-tunes astrocytic glycolysis

24

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26 glycolysis; astrocyte; sodium-calcium exchange; calcium transport; sodium transport; NCLX; lactate.

27

Abstract

28 Intracellular Ca^{2+} concentrations are strictly controlled by plasma membrane transporters, the
29 endoplasmic reticulum, and mitochondria, in which Ca^{2+} uptake is mediated by the mitochondrial
30 calcium uniporter complex (MCUc), while efflux occurs mainly through the mitochondrial $\text{Na}^+/\text{Ca}^{2+}$
31 exchanger (NCLX). RNAseq database repository searches led us to identify the *Nclx* transcript as
32 highly enriched in astrocytes when compared to neurons. To assess the role of NCLX in mouse primary
33 culture astrocytes, we inhibited its function both pharmacologically or genetically. This resulted in re-
34 shaping of cytosolic Ca^{2+} signaling and a metabolic shift that increased glycolytic flux and lactate
35 secretion in a Ca^{2+} -dependent manner. Interestingly, *in vivo* genetic deletion of NCLX in hippocampal
36 astrocytes improved cognitive performance in behavioral tasks, whereas hippocampal neuron-specific
37 deletion of NCLX impaired cognitive performance. These results unveil a role for NCLX as a novel
38 modulator of astrocytic glucose metabolism, impacting on cognition.

39 **Introduction**

40 Ca^{2+} is an important second messenger which participates in a plethora of cell signaling
41 pathways and brain functions, including membrane excitability, synaptic transmission, and plasticity
42 (Kawamoto et al., 2012). Conversely, Ca^{2+} homeostasis disruption occurs under pathological
43 conditions such as senescence and neurodegeneration (Cabral-Costa and Kowaltowski, 2020).
44 Intracellular Ca^{2+} concentrations are tightly controlled by plasma membrane transporters (Kawamoto
45 et al., 2012), the endoplasmic reticulum (Arruda and Parlakgül, 2022), and mitochondria (Cabral-Costa
46 and Kowaltowski, 2020).

47 We recently found that cerebral mitochondrial Ca^{2+} homeostasis is modulated by dietary calorie
48 intake (Amigo et al., 2017), with strong protective effects against neuronal damage by excitotoxicity,
49 a process that involves loss of cellular Ca^{2+} homeostasis (Arundine and Tymianski, 2003). This shows
50 that these organelles, in addition to their canonical function generating most neuronal ATP, are also
51 important regulators of intracellular Ca^{2+} responses, at least under pathological conditions. However,
52 whether mitochondrial Ca^{2+} homeostasis has physiological impacts on the different cell types of the
53 brain is unknown.

54 Mitochondrial Ca^{2+} uptake and release were first described in the 1960s (DeLuca and
55 Engstrom, 1961; Vasington and Murphy, 1962; Lehninger et al., 1963; Drahota and Lehninger, 1965),
56 but the major molecular components of the mitochondrial Ca^{2+} handling system were only recently
57 identified (Palty et al., 2010; Perocchi et al., 2010; De Stefani et al., 2011; Baughman et al., 2011;
58 Plovanich et al., 2013; Sancak et al., 2013). Ca^{2+} uptake is mediated by the Mitochondrial Calcium
59 Uniporter (MCU) Complex (MCUc), comprised of a tetramer of MCUs, the structural stabilizer
60 Essential MCU Regulator (EMRE), and gating and regulatory subunits Mitochondrial Calcium Uptake
61 Protein (MICU)-1, -2 or -3 (thoroughly reviewed by Feno et al. (2021). Cerebral mitochondrial Ca^{2+}
62 efflux is mostly mediated by a $\text{Na}^+/\text{Ca}^{2+}$ exchanger (NCLX, Fig. 1A), which removes Ca^{2+} from the

63 matrix in exchange for Na^+ from the intermembrane space (Palty et al., 2010; Assali and Sekler, 2021;
64 Serna et al., 2022).

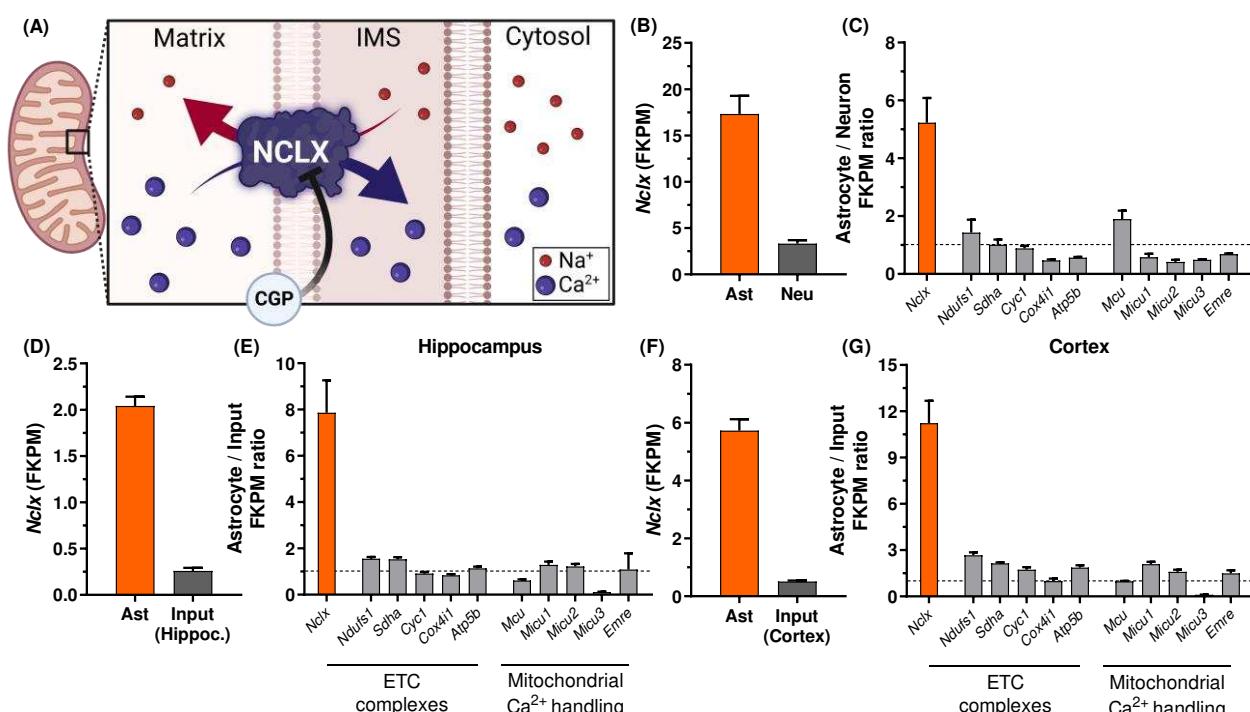
65 Apart from controlling mitochondrial and cytosolic ion fluxes, NCLX activity has been
66 described to protect hearts against oxidative damage (De La Fuente et al., 2018; Luongo et al., 2017),
67 modulate cardiac hypertrophy (Garbincius et al., 2022), and mediate cellular responses to hypoxia by
68 modulating mitochondrial Na^+ levels (Hernansanz-Agustín et al., 2020). NCLX also prevents excess
69 intramitochondrial Ca^{2+} in brown adipocytes upon adrenergic activation (Assali et al., 2020), and
70 modulates insulin secretion in β -cells (Nita et al., 2012, 2014, 2015), showing it has important
71 physiological metabolic effects.

72 In neurons, NCLX integrates mitochondrial metabolism and Ca^{2+} signaling responses (Kostic
73 et al., 2015, 2018), prevents excitotoxicity (Hagenston et al., 2022), and participates in the
74 pathogenesis of forms of Parkinson's and Alzheimer's disease (Ludtmann et al., 2019; Jadiya et al.,
75 2019; Britti et al., 2020). Indeed, impaired NCLX activity is associated with reduced synaptic activity
76 and mental retardation (Stavsky et al., 2021). Much less is known about NCLX in astrocytes, although
77 it has been shown that its knockdown impairs proliferation *in vitro* (Parnis et al., 2013) and cell
78 viability *in vivo* (Hagenston et al., 2022).

79 During search analyses of several public database repositories, we found that NCLX is highly
80 expressed in astrocytes, the most abundant cell types of the brain (Khakh and Deneen, 2019) that
81 participate in neurotransmitter uptake, glutamate recycling, neuronal energy metabolism, and redox
82 balance (Oheim et al., 2018; Bonvento and Bolaños, 2021). Interestingly, we found that, while *in vivo*
83 NCLX deletion in hippocampal astrocytes improves cognitive performance, it leads to cognitive
84 impairment when deleted in hippocampal neurons. These findings correlated with an induction of the
85 glycolytic flux and lactate secretion from astrocytes, revealing that this mitochondrial exchanger has
86 a major impact on brain metabolism and function.

87 **Results**

88 We were interested in studying the physiological role of mitochondrial Ca^{2+} transport in brain
89 function. Interestingly, there is literature evidence that NCLX, the main mitochondrial Ca^{2+} extrusion
90 pathway (involving exchange for Na^+ ions, Fig. 1A), is specifically and strongly expressed in
91 astrocytes. To quantify this astrocyte-specific *Nclx* expression, we mined public RNA-seq databases
92 (Chai et al., 2017; Srinivasan et al., 2016; Zhang et al., 2014) and found that *Nclx* mRNA was indeed
93 highly enriched in astrocytes in comparison to neurons (Fig. 1B). This > 5 -fold level of enrichment of
94 *Nclx* was a specific astrocytic signature, not associated with total mitochondrial protein, since
95 astrocyte/neuron expression ratios for other mitochondrial proteins, such as those of the electron
96 transport chain and mitochondrial Ca^{2+} transport, were not similarly enriched (Fig. 1C). The
97 enrichment of *Nclx* in astrocytes was also consistent among different databases, and quite significant
98 (8 to 11-fold) when analyzed as astrocyte versus total input tissue in the hippocampus (Fig. 1D,E) and
99 cortex (Fig. 1F,G).

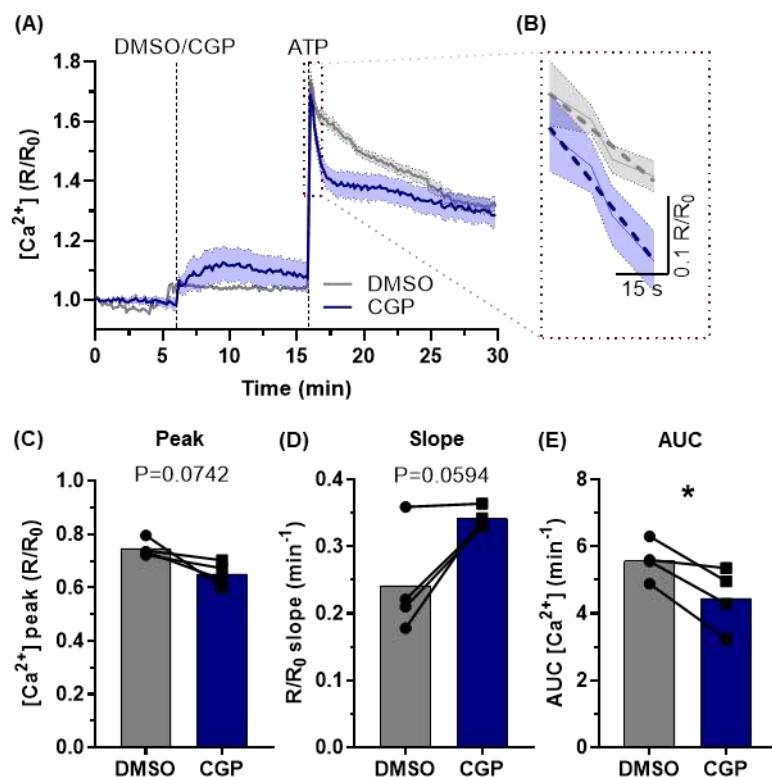


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101 **Figure 1. *Nclx* (*Slc8b1*, *Slc24a6*) transcript is enriched in astrocytes.** (A) Schematic illustration of NCLX exchanging
102 extramitochondrial Na^+ with matrix Ca^{2+} , in a manner inhibited by its pharmacological modulator CGP-37157 (CGP).
103 RNA-seq data extracted from Zhang et al. (2014) indicating (B) fragments per kilobase million (FPKM) values of *Nclx*
104 transcript from astrocytes and neurons isolated from mouse cerebral cortex, and (C) FPKM value ratios between astrocytes

105 and neurons from selected transcripts, average \pm SD. RNA-seq data extracted from Chai et al. (2017) and Srinivasan et al.
106 (2016) indicating FPKM values for the *Nclx* transcript from isolated astrocytes and respective hippocampal (D) or cortical
107 (F) tissues, and ratio of FPKM values from selected transcripts between astrocytes and input tissue in the hippocampus (E)
108 and (G) cortex. Bars indicate mean \pm SEM.

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110 Based on this remarkable enrichment of NCLX specifically in astrocytes, we sought to
111 investigate the effects of this exchanger on astrocytic function. To this end, we used an *in vitro* model
112 of primary murine astrocyte cultures to assess the effects of NCLX inhibition. Parnis et al. (2013)
113 demonstrated that *Nclx* silencing in astrocytes shaped stimulus-induced cytosolic Ca^{2+} responses. In
114 good agreement with this, we observed that pharmacological NCLX inhibition with CGP-37157 (CGP)
115 in cultured astrocytes also modified ATP-induced Ca^{2+} signaling (Fig. 2A,B). CGP-treated astrocytes
116 showed a trend toward smaller ATP-induced Ca^{2+} peaks (Fig. 2C) and increased initial clearance slope
117 (Fig. 2B,D). Indeed, NCLX inhibition significantly decreased the cumulative $[\text{Ca}^{2+}]$ (area under the
118 curve, AUC, Fig 2E). Our results therefore confirm that NCLX is active in astrocytes, and its activity
119 impacts on cellular Ca^{2+} homeostasis.



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Figure 2. NCLX inhibition changes intracellular Ca^{2+} homeostasis. Primary mouse astrocytes were incubated with the membrane-permeable cytosolic Ca^{2+} probe Fura2-AM and imaged using a fluorescence microscope. (A) Representative

123 trace from a Fura2 imaging experiment (shadowed areas represent the confidence interval; continuous lines indicate mean
124 value from 65 individual cells), indicating incubation with CGP-37157 (or DMSO as control) and ATP to induce a Ca^{2+}
125 wave, and (B) an excerpt highlighting the slope after the peak (dashed lines). (C) Cytosolic $[\text{Ca}^{2+}]$ peak, (D) slope after
126 reaching peak, and (E) area under the curve (AUC) of the ATP peak. * $P < 0.05$, paired Student's t test, $n = 4$ independent
127 experiments with 55-125 cells each. Paired values are connected by lines, with a bar indicating the mean.

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129 Since NCLX is a mitochondrial protein and modulates intracellular $[\text{Ca}^{2+}]$, a major metabolic
130 regulator, we next sought to estimate ATP production rates in primary cortical astrocytes acutely
131 stimulated with extracellular ATP with or without NCLX inhibition (Fig. 3), in order to uncover
132 possible metabolic roles for this exchanger. Astrocytic oxygen consumption rates (OCR) and
133 extracellular acidification rates (ECAR) were recorded using a Seahorse Extracellular Flux analysis
134 system, and mitochondrial ATP production and electron transport chain activity were modulated by
135 the addition of oligomycin (an ATP synthase inhibitor) and rotenone plus antimycin A (electron
136 transport inhibitors) (Fig 3A,B). From these traces, the total ATP production rate, as well as its division
137 between oxidative phosphorylation- and glycolysis-associated ATP production rates, were estimated
138 as described by Mookerjee et al. (2017).

139 NCLX inhibition by CGP-37157 (CGP) induced a decrease in the total ATP production rate
140 (Fig. 3C) both under basal and ATP-stimulated conditions. This was associated with a shift from
141 oxidative phosphorylation to glycolysis (Fig. 3D,E). The increase in glycolysis observed with NCLX
142 inhibition was not exclusive to primary astrocytes. In C6 glioblastoma cells, NCLX inhibition with
143 CGP did not significantly alter overall mitochondrial respiratory parameters (Fig. 3 Suppl 1A-F), but
144 significantly changed ECARs in response to oligomycin (Fig. 3 Suppl 1G), showing a similar
145 metabolic profile to primary astrocytes, which suggests enhanced glycolytic flux. Of note, while the
146 majority of basal ATP production in astrocytes came from mitochondrial respiration (88.9%, Fig. 3D),
147 the effect size of the CGP-induced response was more substantial for glycolytic flux (Fig. 3E), *i.e.* the
148 proportional increase in glycolysis appears to be of greater biological significance than mitochondrial
149 ATP flux reduction.

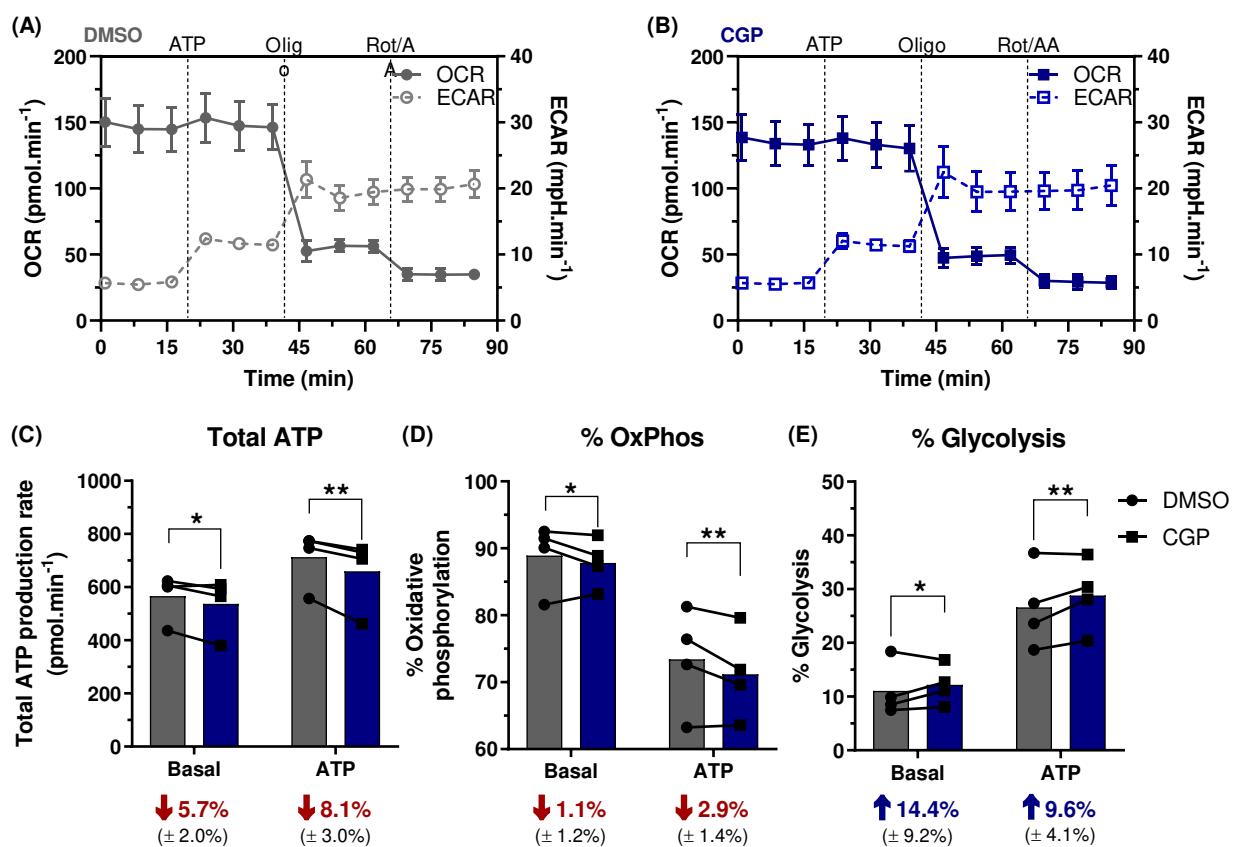
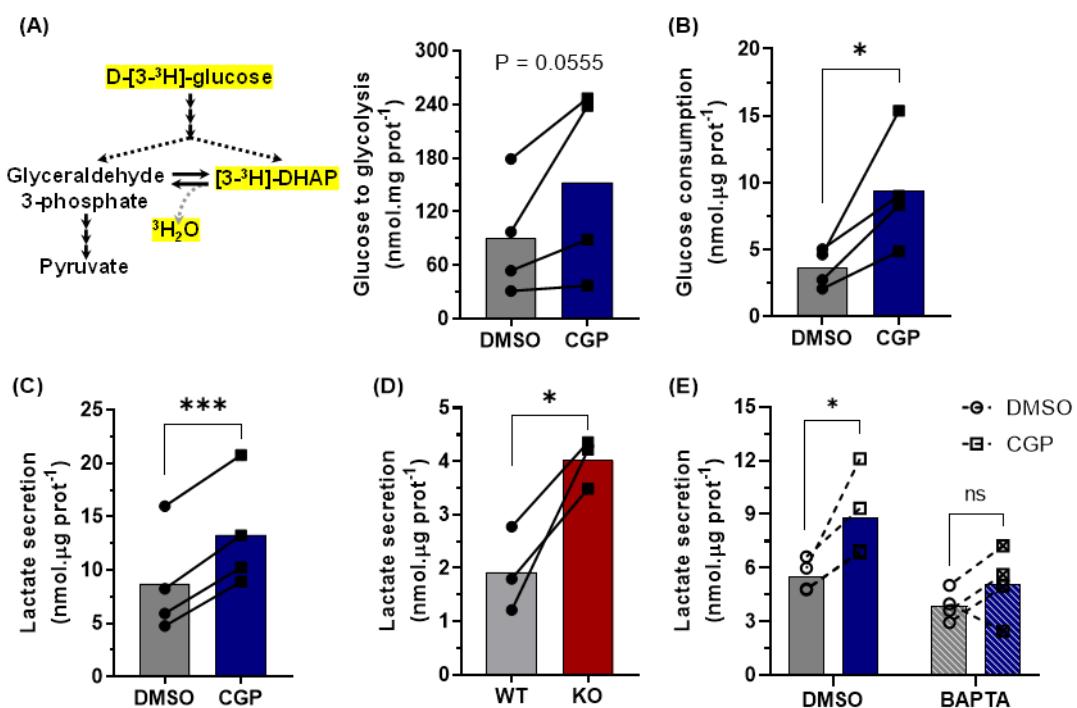


Figure 3. NCLX inhibition increases glycolytic ATP production rates in primary mouse astrocytes. Primary mouse astrocytes incubated with the NCLX inhibitor CGP-37157 (CGP) or DMSO had their oxygen consumption rates (OCR) and extracellular acidification rates (ECAR) monitored in a Seahorse ATP Production Rate assay. Representative traces of (A) DMSO- and (B) CGP-treated astrocytes, stimulated with ATP and followed by oligomycin (oligo) and rotenone plus antimycin A (Rot/AA) inhibition, average \pm SEM; Basal and ATP-induced (C) total ATP production rate, and proportional (D) oxidative phosphorylation (OxPhos)- and (E) glycolytic-associated ATP production rate. Average values (\pm SEM) of the proportional difference between CGP- and DMSO-treated groups were calculated and presented in their respective conditions (C-E). *P < 0.05, **P < 0.01, paired 2-way ANOVA followed by Holm-Šidák's post-hoc test, n = 4 independent experiments. Lines and error bars indicate mean and SD, respectively (A,B); paired values are connected by lines, with a bar indicating the mean (C-E).

To further confirm the occurrence of a glycolytic shift promoted by NCLX inhibition, we assessed glucose metabolism through glycolysis by measuring tritiated water ($^3\text{H}_2\text{O}$) production from radiolabeled glucose, which showed a trend toward an increased glycolytic flux in astrocytes with NCLX inhibition (Fig. 4A). This was paralleled by a significant increase in glucose consumption (Fig. 4B) and lactate secretion (Fig. 4C) under the same conditions, thus confirming that pharmacological inhibition of NCLX activity increases glycolysis and, ultimately, culminates in augmented lactate secretion. This same effect was observed in C6 cells, which presented increased lactate secretion when NCLX was inhibited (Fig. 3 Suppl. 1H).



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Figure 4. NCLX inhibition increases astrocytic glycolytic flux in a Ca²⁺-dependent manner. Primary mouse astrocytes were co-incubated with the NCLX inhibitor CGP-37157 (CGP) and marked D-[3-³H]-glucose for 4 h. Derived tritiated water was measured to estimate glucose metabolism through glycolysis. Glucose consumption (B) and lactate secretion (C) were assessed in parallel experiments. (D) Primary astrocytes derived from *Nclx*^{loxP/loxP} mice were transduced with an adenoviral vector to express Cre-recombinase and achieve genetic deletion (NCLX KO); lactate secretion was measured during 1 h. Astrocytes were treated with the cytosolic Ca²⁺ chelator BAPTA-AM, followed by incubation with CGP-37157 or DMSO as a control, similarly to Fig 3C. Lactate secretion (D) was then assessed. *P < 0.05, ***P < 0.001, paired (B-D) or ratio-paired (A) Student's t test, or paired 2-way ANOVA followed by Holm-Šidák's post-hoc test (E), n = 3-4 independent experiments. Paired values are connected by lines, with a bar indicating the mean.

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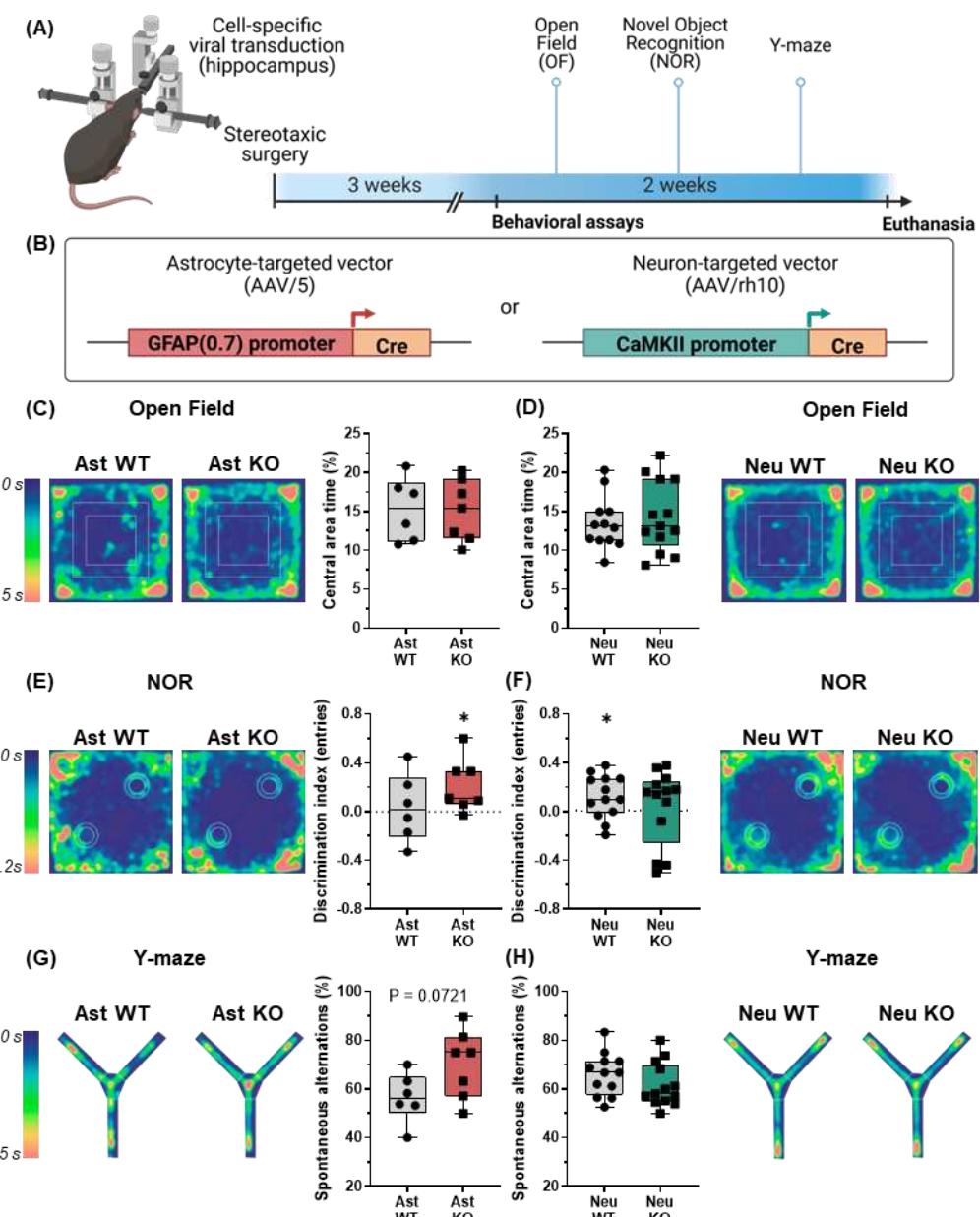
181 Pharmacological modulations, however, may be prone to undesired off-target effects. We
182 therefore performed experiments in primary cultured astrocytes from *Nclx*^{loxP/loxP} mice and induced
183 *Nclx* deletion *in vitro* through adenoviral-mediated Cre expression. While CGP effects are acute (4 h
184 incubations), NCLX knockout was achieved over the course of days, which could lead to
185 compensatory mechanisms and dynamic changes in metabolic modulations observed.
186 Notwithstanding, NCLX knockout induced a significant increase in lactate secretion during 1 h
187 measurements (Fig. 4D), of similar magnitude to those observed in CGP-treated astrocytes.

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189 Since the increased lactate production induced by NCLX inhibition does not involve
190 significantly hampered oxidative phosphorylation or increased ATP demand (Fig. 3), we hypothesized
it occurred secondarily to changes in cytosolic Ca²⁺ handling. To investigate this possibility, we

191 verified the effects of NCLX inhibition in astrocytes pre-incubated with the cytosolic Ca^{2+} chelator
192 BAPTA-AM. Again, NCLX inhibition induced a significant increase in lactate secretion in control
193 cells but not in cells in which cytosolic Ca^{2+} was previously chelated by BAPTA (Fig. 4E), thus
194 indicating that Ca^{2+} is necessary for this NCLX-mediated glycolysis modulation. Hence, glycolytic
195 intensification and lactate secretion by NCLX inhibition is a specific, Ca^{2+} -dependent effect.

196 These findings suggest that NCLX has a key functional role in astrocytic metabolic
197 homeostasis, regulating glycolytic flux and lactate secretion. As lactate is secreted from these cells and
198 used as a substrate by neurons, with known effects on memory and synaptic plasticity (Suzuki et al.,
199 2011; Yang et al., 2014; Roumes et al., 2021), we investigated the impact of these metabolic changes
200 on brain function by promoting *Nclx* deletion *in vivo*. Adeno-associated viral vectors were
201 stereotactically delivered to the hippocampi of *Nclx*^{loxP/loxP} adult mice (Fig. 5A) to selectively induce
202 Cre recombinase expression in astrocytes or neurons (Fig. 5B). Behavioral assessment of these animals
203 indicated that neither neuronal nor astrocytic *Nclx* deletion changed their exploratory profile (Fig.
204 5C,D; Fig. 5 Suppl. 1,2). Surprisingly, astrocytic NCLX KO animals showed improved novel object
205 recognition performance (Fig. 5E; Fig. 5 Suppl. 4) and a similar trend in the Y-maze test (Fig. 5G; Fig.
206 5 Suppl. 6). In contrast, neuronal *Nclx* deletion negatively influenced the novel object recognition
207 performance (Fig. 5F) without affecting the Y-maze test (Fig. 5H), a result compatible with previous
208 results indicating that increased mitochondrial Ca^{2+} in neurons secondary to NCLX defects is linked
209 to cognitive impairment (Jadiya et al., 2019; Stavsky et al., 2021). These results demonstrate that
210 astrocytic NCLX activity influences cerebral function in a manner associated with enhanced glycolysis
211 and lactate secretion by astrocytes.



212

213 **Figure 5. In vivo cell-specific NCLX deletion in astrocytes or neurons has opposite behavioral effects.** (A) Schematic
 214 depiction of the experimental design: *Nclx*^{loxP/loxP} mice were injected with cell-targeted vectors stereotactically in the
 215 hippocampus to induce astrocytic or neuronal NCLX deletion, followed by behavioral assessment. (B) Illustration of the
 216 viral constructs used to induce astrocyte- (AAV/5) or neuron-specific (AAV/rh10) Cre recombinase expression. (C,D)
 217 Open field spatiotemporal quantitative heatmaps showing average occupation of the arena area, and calculation of
 218 proportional time in the central area. Not significant, unpaired Student's t test. (E,F) Novel object recognition
 219 spatiotemporal quantitative heatmaps, showing average occupation in the arena during the recognition test, and the
 220 discrimination index calculated from entries in novel and familiar object areas. *P < 0.05, one sample Wilcoxon test with
 221 theoretical mean = 0.0. (G,H) Y-maze spatiotemporal quantitative heatmaps, showing average occupation of the arena, and
 222 calculation of the proportion of spontaneous alternations in respect to total entries. Not significant, unpaired Student's t
 223 test, n = 6-13 mice. Boxes indicate upper and lower quartiles and the median (line), whiskers represent min and max values.

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225

226 **Discussion**

227 NCLX, the $\text{Na}^+/\text{Ca}^{2+}$ exchanger that promotes Ca^{2+} extrusion from mitochondria to the cytosol
228 (Assali and Sekler, 2021; Serna et al., 2022), is highly enriched in astrocytes when compared to other
229 cells in the brain or other mitochondrial proteins (Fig. 1; Hagenston et al., 2022). Prior work in
230 astrocytes demonstrated that NCLX silencing leads to impaired astrocyte proliferation *in vitro* (Parnis
231 et al. 2013) and decreased astrocyte numbers *in vivo* (Hagenston et al. 2022). However, little was
232 known about the influence of astrocytic NCLX activity on astrocytic function. NCLX activity in other
233 cell types results mostly in changes in intra and extramitochondrial Na^+ and Ca^{2+} levels, in a manner
234 dependent on mitochondrial inner membrane potentials (Assali and Sekler, 2021). Indeed, we find that
235 inhibiting NCLX activity significantly impacts on Ca^{2+} homeostasis in astrocytes (Fig. 2).

236 We also evaluated the effects of NCLX on astrocyte metabolic fluxes, given the known impact
237 of mitochondrial ion transport and Ca^{2+} on metabolic regulation (Llorente-Folch et al., 2015; Juaristi
238 et al., 2019; Ashrafi et al., 2020; Groten and MacVicar, 2022). Interestingly, we found that astrocytic
239 ATP production through oxidative phosphorylation was only slightly decreased by inhibition of NCLX
240 (Fig. 3). Accordingly, Hernansanz-Agustín et al. (2020) did not observe any effect of NCLX activity
241 on mitochondrial respiration in endothelial cells. Furthermore, human colorectal cancer cells present
242 lower maximal respiration in the absence of NCLX, but ATP-linked respiration is unaltered (Pathak
243 et al., 2020). These mild effects of NCLX inhibition on mitochondrial respiration may be related to
244 inhibition of metabolic shuttles secondarily to changes in cytosolic Ca^{2+} , since the mitochondrial
245 isoform of glycerol-3-phosphate dehydrogenase (Gherardi et al., 2020) and the aspartate-glutamate
246 exchanger, a component of the malate-aspartate shuttle, are both Ca^{2+} -sensitive; the latter is of great
247 relevance for metabolic control in the brain (Llorente-Folch et al., 2015). Hampering the activity of
248 these critical points for mitochondrial NADH uptake decreases maximal electron transport capacity in
249 mitochondria and may also lead to enhanced cytosolic NADH levels (Wang et al., 2022) (Fig. 6).

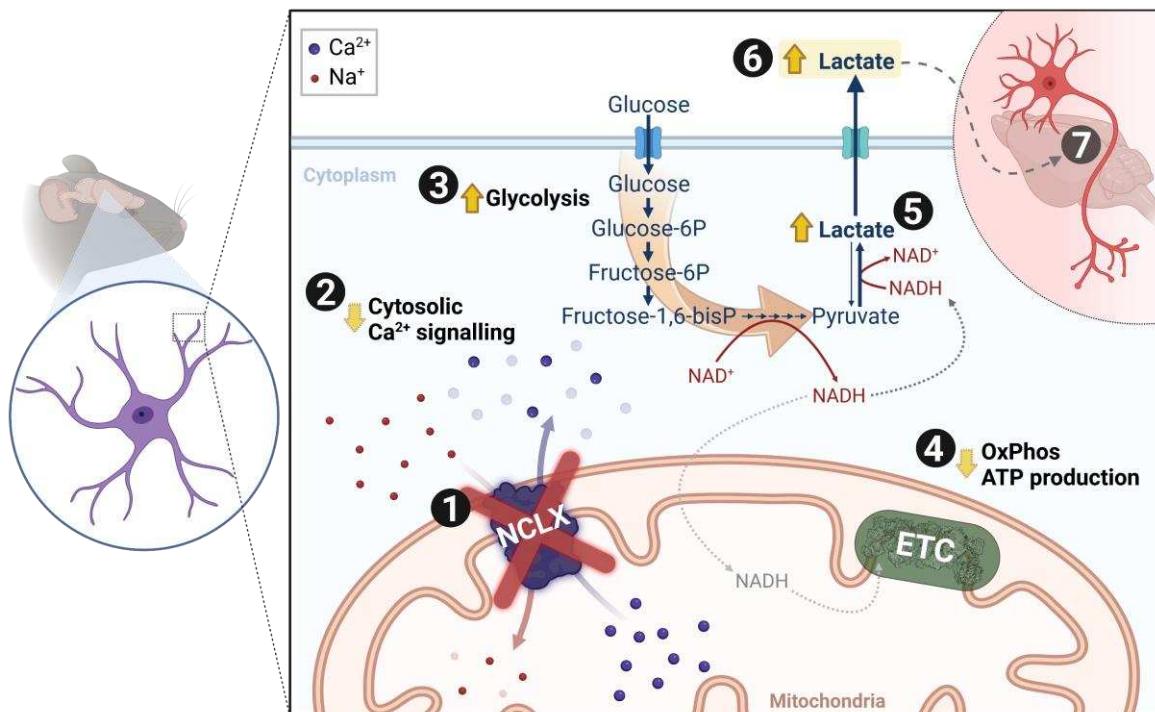
250 Consistently, accumulation of Ca^{2+} in cerebral mitochondria leads to accumulation of NADH (Díaz-
251 García et al., 2021).

252 While the effects of astrocyte NCLX inhibition on mitochondrial electron transport were small,
253 glycolytic ATP fluxes were substantially increased, both in cells with pharmacologically-inhibited
254 NCLX and in knockout cells (Figs. 3,4). Loss of NCLX activity in colorectal cells was also found to
255 significantly increase glycolytic flux. Interestingly, NCLX is modulated by PKA (Assali et al., 2020;
256 Kostic et al., 2015; Zhou et al., 2021), an important metabolic regulatory hub that also influences
257 glycolysis (Rider et al., 2004), further supporting a role for this transporter in the regulatory network
258 of glycolytic activity. Increased glycolytic flux, especially when in the presence of decreased oxidative
259 phosphorylation and lower NADH oxidation (Rigoulet et al., 2020), typically promotes enhanced
260 lactate production. Indeed, we find that astrocytes and C6 glioma cells secrete more lactate when
261 NCLX is inhibited pharmacologically or knocked out (Fig. 5). This effect is a result of changes in
262 cytosolic Ca^{2+} signaling promoted by NCLX, as it was abrogated by the presence of BAPTA as a
263 cytosolic Ca^{2+} chelator.

264 Astrocytic lactate has long been characterized as a fundamental substrate for neurons (Pellerin
265 and Magistretti, 1994; Herrero-Mendez et al., 2009; Rodriguez-Rodriguez et al., 2012; Mächler et al.,
266 2016; Bonvento and Bolaños, 2021), which also acts as a gliotransmitter, promoting synaptic plasticity,
267 and higher functions (Suzuki et al., 2011; Yang et al., 2014; Adamsky et al., 2018; Jimenez-Blasco et
268 al., 2020; Roumes et al., 2021; Akther and Hirase, 2022). Our data show that NCLX can control lactate
269 secretion and therefore potentially act as a modulator of the astrocyte-to-neuron lactate shuttle, by
270 acting as a connection between cytosolic and mitochondrial Ca^{2+} signaling and glycolytic flux. Indeed,
271 we observed that astrocyte-specific NCLX deletion in the hippocampus improves aspects of mouse
272 cognitive performance (Fig. 5E,G), while hampering NCLX activity in neurons promotes deleterious
273 effects (Kostic et al., 2015; Sharma et al., 2017; Jadiya et al., 2019; Stavsky et al., 2021; Britti et al.,
274 2020, 2021; Hagenston et al., 2022).

275 In conclusion, we demonstrate that NCLX, which is over-enriched in astrocytes, modulates
276 astrocytic glycolytic flux and lactate secretion secondarily to shaping cytosolic Ca^{2+} signaling (Fig. 6).
277 By fine-tuning astrocytic glycolysis and lactate secretion, NCLX may act as a control check point in
278 brain metabolism impacting on the astrocyte-to-neuron lactate shuttle and cerebral function.

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281 **Figure 6. Schematic overview.** In astrocytes, (1) inhibition/deletion of mitochondrial $\text{Na}^+/\text{Ca}^{2+}$ exchanger (NCLX) activity
282 leads to (2) augmented cytosolic Ca^{2+} clearance. This results in (3) increased glycolytic flux; and (4) slightly decreased
283 mitochondrial oxidative phosphorylation, leading to (5) increased lactate dehydrogenase (LDH)-mediated reduction of
284 pyruvate to lactate. The resulting increased lactate in astrocytes (6) is secreted (7) and may contribute to enhanced
285 behavioral performance *in vivo*. (ETC: electron transport chain).

286 **Materials and methods**

287 **RNAseq public databases**

288 RNAseq data was mined from the public databases published by Zhang et al. (2014), accessed at
289 <https://www.brainrnaseq.org/> (last access: 2021-11-01), GEO accession number [GSE52564](#); and by
290 Chai et al. (2017) and Srinivasan et al. (2016), accessed at <http://astrocyternaseq.org/> (last access:
291 2021-11-01), GEO accession numbers [GSE84540](#) and [GSE94010](#), respectively.

292 **Animal care**

293 Experimental design and animal care standards followed ARRIVE 2.0 guidelines (Percie du Sert et
294 al., 2020). Animal procedures were performed according to Protocol #82/2017 from the *Comissão de*
295 *Ética em Cuidado e Uso Animal do Instituto de Química da Universidade de São Paulo* and by the
296 Bioethics Committee of the University of Salamanca (reference 449), following requirements
297 described by the *Sociedade Brasileira de Ciência de Animais de Laboratório*, European Union
298 Directive 86/609/EEC and Recommendation 2007/526/ EC, regarding the protection of animals used
299 for experimental and other scientific purposes, and enforced under Spanish legislation directive
300 RD1201/2005. Adult mice were maintained in groups of 4-5 animals per cage at the specific pathogen
301 free Animal Experimentation Facility of the University of Salamanca (Biosafety Level 2
302 environments). Neonates (0-1 days-old) were obtained from breeding cages (1 male and 1-3 females
303 per cage) from the specific pathogen free Animal Care Facility of the Institute of Chemistry and
304 Faculty of Pharmaceutical Sciences at the University of São Paulo and from the Animal
305 Experimentation Facility of the University of Salamanca. All animals were maintained in a light-dark
306 cycle of 12 h, 45-65% humidity, 20-25 °C, with open and unlimited access to standard solid diet and
307 water, in a microisolator system. Cages were changed and sanitized 1-2 times/week.

308 The number of neonates was determined by the demand of primary astrocyte cultures. Protocols and
309 study design were optimized to yield the maximal cell count using the smallest numbers of animals, in
310 accordance with the 3Rs principle (Percie du Sert et al., 2020). For *in vivo* experiments, a limited
311 sample size was allocated, as the initial objective was to conduct an exploratory assessment in pursuit
312 of evidence pointing out effects that may be of interest for further investigation. Experimental
313 feasibility (surgery, recovery, behavioral assays, euthanasia) and operational limitations (processing
314 capacity, total study duration and budget) were taken into account and adjusted as in a Fermi's
315 approximation (Reynolds, 2019). Sample size range is specified in each figure legend and every animal
316 is depicted as a symbol in graphical representations. Animals were allocated to each group haphazardly

317 and evenly through experimental and control groups, and cage order was counterbalanced through the
318 course of experimental assays to avoid a time of the day bias. In total, 43 adult mice were used for *in*
319 *vivo* experiments, 3 of which were excluded due to surgery issues.

320 *In vitro* pharmacological experiments with primary astrocytes were conducted in cells from
321 C57Bl/6NTac mice. *Nclx*^{loxP/loxP} (originally denoted *Slc8b1*^{fl/fl}) mice were designed and produced at
322 Dr. John Elrod's lab, as described by Luongo et al. (2017). Parental breeding pairs were kindly
323 provided and shipped by Dr. Antonio Martínez-Ruiz (Hospital Universitario de La Princesa, Madrid,
324 Spain) and maintained using a C57Bl/6J background.

325 **Cell cultures**

326 Mouse cortical astrocyte primary cultures were conducted as previously described (Jimenez-Blasco et
327 al., 2020). Briefly, brains of neonates (P0-1, both male and female) were dissected and digested with
328 0.1% trypsin (#T0134, Sigma-Aldrich, Saint Louis, MO, USA) in the presence of 60 µg/mL DNase I
329 (#DN25, Sigma-Aldrich) in HBSS medium (#14175095, Gibco, Life Technologies, Carlsbad, CA,
330 USA). The tissue was then dissociated in HBSS containing 24 µg/mL DNase I, decanted, and the
331 resulting cell suspension was counted, plated, and maintained in Low Glucose DMEM (5.5 mM
332 glucose, 1 mM pyruvate, 4 mM glutamine; #31600034, Gibco) supplemented with 10% fetal bovine
333 serum (#12605729, Gibco) and 1% penicillin/streptomycin (#15140122, Gibco), in a 5% CO₂, 37°C,
334 humidified incubator. Cells were grown in a 75 cm² flask for 7 days and then shaken at 200 rpm in an
335 incubator; the supernatant was discarded, and the remaining astrocyte-enriched culture was re-seeded
336 at 50.10³/cm² and grown for 3-7 days for the experiments.

337 The C6 cell line stock (BCRJ Cat# 0057, RRID:CVCL_0194) was kindly donated by Dr. Cristoforo
338 Scavone (Institute of Biomedical Sciences, University of São Paulo, São Paulo, Brazil). C6 cells were
339 grown and maintained in High Glucose DMEM (25 mM glucose, 1 mM pyruvate, 4 mM glutamine;
340 #12800017, Gibco) supplemented with 10% fetal bovine serum and 1% penicillin/streptomycin, in a
341 5% CO₂, 37°C, humidified incubator.

342 For the experiments, unless otherwise stated, all cell media were changed for a respective serum-free
343 version and cells were allowed a 1 h equilibration period, after which 10 µM CGP-37157 (#1114,
344 Tocris, Bio-Techne, Bristol, UK) or sterile DMSO, as a control, were added. When necessary,
345 BAPTA-AM (10 µM, #A1076, Sigma) or DMSO, as a control, was incubated over the last 30 min of
346 the equilibration period.

347

348 **Seahorse assays**

349 Purified astrocytes or C6 cells were plated at a density of $30 \cdot 10^3$ or $72 \cdot 10^3$ cells per well, respectively,
350 on XFe24 Seahorse plates (#100777-004, Agilent, Santa Clara, CA, USA) and experiments were
351 conducted at day *in vitro* (DIV) 15 ± 1 , either for acute pharmacological inhibition of NCLX or for
352 NCLX knock-out (7 days after viral transduction). Cells were washed once with experimental medium
353 – DMEM (phenol-free, lacking sodium bicarbonate; #D5030, Sigma-Aldrich) supplemented with 1
354 mM pyruvate, 4 mM glutamine, 10 mM HEPES, 1% penicillin/streptomycin, and 5.5 mM glucose (for
355 astrocytes) or 25 mM glucose (for C6 cells) – and pre-incubated at 37°C, room atmosphere, for 1 h in
356 500 μ L experimental medium. Tests were conducted as described below, using pre-titrated inhibitor
357 concentrations, and assessing respective oxygen consumption rates (OCR) and extracellular
358 acidification rates (ECAR).

359 Astrocyte experiments were normalized by automated cell count, as described previously (Assali et
360 al., 2020). Seahorse XFe24 plates were washed once with PBS right after ending the assay and fixed
361 overnight at 4°C with PFA 4% in methanol, DAPI-stained and imaged and analyzed in a custom
362 workflow on a High Content Screening Operetta CLS apparatus (Perkin Elmer, MA, USA).
363 Alternatively, C6 cells were normalized by determination of total protein concentration through a BCA
364 kit (Thermo Fisher Scientific, Rockford, USA).

365 **ATP rate test**

366 Total ATP production rates were estimated as previously described (Kakimoto et al., 2021; Mookerjee
367 et al., 2017). Astrocytes were pre-incubated with 10 μ M CGP-37157 or DMSO for 1 h and then plates
368 were inserted in a XFe24 Seahorse Analyzer apparatus (#102238-100, Agilent). Cells were stimulated
369 with 100 μ M ATP, followed by ATP synthase inhibition with oligomycin (oligo, 2.5 μ M) and electron
370 transport chain inhibition with rotenone (rot, 1.0 μ M) plus antimycin A (AA, 2.0 μ M). Total ATP
371 production rates, as well as its partition between glycolytic and oxidative phosphorylation, were
372 calculated according to the manufacturer's instructions (Romero et al., 2018), considering standard
373 values of required constants and the buffer factor as 3.13 mM/pH.

374 **MitoStress test**

375 C6 cell metabolic assessment was conducted using a MitoStress test, as previously described (Amigo
376 et al., 2017). Cell plates were inserted in an XFe24 Seahorse Analyzer apparatus (#102238-100,
377 Agilent), acutely challenged with 10 μ M CGP-37157 or DMSO, followed by ATP synthase inhibition
378 with oligomycin (oligo, 0.5 μ M), mitochondrial uncoupling with 2,4-dinitrophenol (DNP, 200 μ M),

379 and electron transport chain inhibition with rotenone (rot, 1 μ M) plus antimycin A (AA, 1 μ M). Non-
380 mitochondrial respiration is defined as the Rot+AA-insensitive OCR and is subtracted from other
381 parameters; OCR_{CGP} was derived from the average between the last 3 OCR measurements; $OCR_{proton-}$
382 $leak$ was calculated from the average between the last two oligomycin-insensitive OCR measurements;
383 $OCR_{ATP-linked}$ was calculated from the difference between OCR_{CGP} and $OCR_{proton-leak}$; $\Delta ECAR_{oligo}$ was
384 calculated as the difference between the first ECAR measurement right after and the one right before
385 the oligomycin addition.

386 **Glycolytic flux**

387 Glucose-to-glycolysis metabolism was assessed as described elsewhere (Jimenez-Blasco et al., 2020).
388 In brief, astrocytes were washed and maintained in experimental medium at 37°C, room atmosphere,
389 for 1 h to equilibrate. Then, cells were incubated with [3- 3 H]-glucose (2 μ Ci/well) and 10 μ M CGP-
390 37157 or DMSO for 4 h, under gentle orbital rotation (60 rpm) at 37°C. Reactions were stopped by
391 acidification with 20% perchloric acid, and cell media was collected and allowed to equilibrate with a
392 separated tube containing 500 μ L deionized water, enclosed in a sealed glass vial, and maintained in a
393 rotating incubator at 60 rpm, 37°C, room atmosphere, for 72 h. Produced 3 H₂O was indirectly measured
394 from these plastic vials through liquid scintillation counting (Tri-Carb 4810 TR, PerkinElmer).

395 **Lactate secretion and glucose consumption**

396 In brief, cells were washed and maintained in serum-free culture medium for 1 h for equilibration,
397 collected (baseline measurement), and followed by incubation with 10 μ M CGP-37157 or DMSO. Cell
398 medium was collected right after CGP addition and after 1 or 4 h, and both glucose and lactate
399 (Vicente-Gutierrez et al., 2019) levels were measured spectrophotometrically. Lactate concentrations
400 were determined through assessment of NADH formation at λ = 340 nm in a buffer (250 mM glycine,
401 500 mM hydrazine, 1 mM EDTA, pH 9.5) containing 1 mM NAD⁺ and 22.5 U/mL lactate
402 dehydrogenase, or using a commercial kit (#138, Labtest, Lagoa Santa, MG, Brazil). Glucose
403 concentrations were determined by following NADPH production at λ = 340 nm in a tris buffer (100
404 mM, pH 8.0), containing 0.5 mM MgCl₂, 2 mM ATP, 1.5 mM NADP⁺, 2.5 U/mL hexokinase and 1.25
405 U/mL glucose-6-phosphate dehydrogenase.

406 **Viral transduction**

407 Cre recombinase expression was induced *in vitro* through an adenoviral vector (Ad5-CMV-Cre-eGFP,
408 lot# Ad4334 13D6, University of Iowa Viral Vector Core, Iowa City, IA, USA) or its respective empty
409 vector as a control (Ad5-CMV-GFP, lot# Ad4415 13D3, University of Iowa Viral Vector Core).

410 Primary astrocytes were infected 2 days after being re-plated at 15 MOI (multiplicity of infection).
411 Virus suspension was removed 24 h after transduction and experiments were conducted 7 days after
412 beginning of infection.

413 For *in vivo* experiments (Fig. 5B), Cre recombinase expression was mediated by adeno-associated viral
414 vectors (AAV, all from Vector Biolabs, Malvern, PA, USA) and driven by an astrocyte-specific GFAP
415 promoter (AAV/5-GFAP(0.7)-GFP-2A-iCre, #VB1131, lot# 190527#25) or by a neuronal-specific
416 CaMKII promoter (AAV/rh10-CaMKII(0.4)-eGFP-T2A-Cre, #VB1435, lot# 201123#1). Control
417 groups were transduced with the empty vectors AAV/5-GFAP(0.7)-eGFP (#VB1149, lot# 190527#24)
418 and AAV/rh10-CaMKII(0.4)-eGFP (#VB1435, lot# 201123#1), respectively.

419 **Stereotaxic surgery**

420 Surgery was conducted as described by Lapresa et al. (2022). Male *Nclx*^{loxP/loxP} mice (11.7 ± 2.5 weeks
421 old) were briefly anesthetized with sevoflurane (4% for induction, 2.5% for maintenance) in a 30% O₂
422 and 70% N₂O atmosphere (0.4 and 0.8 L/min, respectively). Animals were appropriately positioned in
423 the stereotaxic apparatus (#1900, David Kopf Instruments, Tujunga, CA, USA) coupled with a digital
424 readout (Wizard 550, Anilam, ACU-RITE/Heidenhain Corporation, Schaumburg, IL, USA),
425 maintained under a heat lamp, and had their temperatures monitored by a rectal thermometer.
426 Injections were controlled by a digitally-controlled pump (UltraMicroPump with a Micro4 UMC4 III
427 controller, World Precision Instruments, Sarasota, FL, USA), in which 2 µl containing 1 . 10¹⁰ PFU/µL
428 of AAV/5 vectors (for astrocytic deletion, see constructs above) or 2.75 . 10¹² viral genome copies/µL
429 of AAV/rh10 vectors (for neuronal deletion, see constructs above) diluted in sterile PBS with 0.001%
430 Pluronic F-68 were administered bilaterally in two depths (1 µl each) at 500 nL/min. Hippocampi were
431 targeted according to the following coordinates, based on Paxinos and Franklin atlas (Paxinos and
432 Franklin, 2001) and previously validated (Jimenez-Blasco et al., 2020): AP = - 2 mm, ML = ± 1.5 mm,
433 and DV = -2 mm (first injection) and -1.5 mm (second injection). Animals were kept in heated cages
434 and closely monitored up to full recovery from anesthesia, and then were observed for the following
435 days. Detection of unexpected recovery issues (*e.g.*, infection or excessive inflammation at suture site,
436 inadequate wound healing) or cases when stereotaxic surgery was identified as unsuccessful by the
437 surgeon (*e.g.*, syringe content overflowed injection site, death during surgery) were exclusion criteria,
438 and animals were cared for to minimize suffering and euthanized.

439 **Behavioral assays**

440 Behavioral assessment started 3 weeks after surgery (Fig. 5A), to allow proper recovery and gene
441 recombination. Mice were acclimatized to the experimenter (male researcher) 1 week prior to the

442 beginning of the behavioral assays by daily soft manipulation, and to the experimental room for 1 h
443 before each assay. Assays were tracked by ANY-maze software with the Ami-maze interface in an
444 ANY-box core (40 x 40 cm; Stoelting Co., Wood Dale, IL, USA), except for the Y-maze test, which
445 was conducted on a specific apparatus and manually scored. The experimenter was blinded to animal
446 genotype through all behavioral experiments. Censoring was proceeded when justified by statistical
447 outlier assessment or in the case of operational problems (e.g., video recording issue), and properly
448 reported when done.

449 ***Open Field test***

450 Exploratory behavior was assessed through the Open Field test (Cabral-Costa et al., 2018; Lapresa et
451 al., 2022). Animals were allowed to individually explore the experimental apparatus for 10 min. Total
452 distance, mean speed, time freezing, number of rearings, and central area (defined as a virtual central
453 20 x 20 cm square) number of entries, and total time were measured.

454 ***Novel Object Recognition test***

455 On the following day, animals were submitted to 2 sessions of 5 min each, separated by a 30 min
456 interval. These sessions consisted of a training stage (two equal wooden objects on opposite symmetric
457 sides of the arena, Fig. 5E,F) and novel object recognition (NOR, where a second, novel, object
458 substituted one of the familiar ones, at the bottom left position). Total distance, time spent exploring
459 and number of interactions (entries) with each object was measured. NOR discrimination indexes were
460 assessed as an indicator of short-term recognition memory (Cabral-Costa et al., 2018; Vicente-
461 Gutierrez et al., 2019), calculated as the difference in number of interactions (or time) between the
462 novel and the familiar object divided by total number of entries (or total exploration time).

463 ***Y-maze test***

464 Spontaneous alternation on a Y-maze was assessed as an indicator of working memory (Jimenez-
465 Blasco et al., 2020). Animals were positioned in the central area of a Y-maze, facing the wall on the
466 opposite side of the experimenter, and allowed to explore the maze for 5 min. Entrances on each arm
467 (A, B, C) were manually scored from the recorded video by an independent researcher who was blinded
468 for genotype. Spontaneous alternation was defined as the total number of triads of sequential entrances
469 in three different arms and calculated in Rstudio (version 2022.02.0, PBC, Boston, MA, USA) using
470 the script annotated at <https://github.com/jvccosta/NCLXAstMetab>.

471

472 **Calcium imaging**

473 Calcium levels were live monitored in attached astrocytes through the ratiometric probe Fura-2-AM
474 (#F1221, Invitrogen, Waltham, MA, USA) as done by Kowaltowski et al. (2019). Briefly, cells were
475 plated in glass-bottom culture dishes (#627871, Greiner Bio-One, Kremsmünster, Austria), incubated
476 with 5 μ M Fura-2-AM for 30 min at 37°C in experimental medium lacking FBS and supplemented
477 with 1 mg/mL bovine serum albumin (BSA). Fluorescence was assessed at $\lambda_{\text{ex}} = 340$ (F_{340}) and 380
478 nm (F_{380}) and $\lambda_{\text{em}} = 510$ nm in a Leica DMI-8 microscope equipped with a Fura-2 filter (Leica
479 Microsystems, Buffalo Grove, IL, USA). Cells were followed through additions of CGP (10 μ M), ATP
480 (100 μ M), as well as ionomycin (20 μ M) to allow calibration. Analyses were conducted through FIJI
481 ImageJ 1.52p (Schindelin et al., 2012), in which individual cells (55-125/group per experiment) were
482 identified as regions of interest (ROI) and $[\text{Ca}^{2+}]$ variation was estimated as the ratio (R) between
483 F_{340}/F_{380} . Data was calibrated by the maximal ratio induced by ionomycin, controlled for background
484 fluorescence oscillations, and normalized by the initial ratio (R_0).

485 **Statistical analyses**

486 All raw data was organized and analyzed in Microsoft Excel (Microsoft 365 MSO, version 2207,
487 Microsoft Corporation, Redmond, WA, USA), and statistical analyses were performed in GraphPad
488 Prism 8 (version 8.4.3, GraphPad Software, San Diego, CA, USA), in which all figures were also
489 plotted. According to the experimental design, as appropriately described in the figure legends, data
490 was analyzed through unpaired, paired, or ratio-paired Student's t-test; one-sample Wilcoxon test with
491 theoretical mean = 0.0, and paired two-way ANOVA, followed by Holm-Šidák's post-hoc test for
492 parametric analyses; and through Mann-Whitney test for non-parametric analyses. A ROUT outlier
493 test, with 5% sensitivity, was used to search for outliers.

494 **Data availability**

495 All raw data will be made available as supplementary material.

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522 **Conflict of Interest**

523 The authors declare that they have no conflicts of interest with the contents of this article.

524 **Author contributions**

525 **Conceptualization:** JVCC, JPB, AJK. **Methodology:** JVCC, JWE. **Software:** JVCC. **Validation:**
526 JVCC, CVG. **Investigation:** JVCC, CVG, JA, RL. **Formal Analysis:** JVCC, JA, RL. **Data Curation:**
527 JVCC. **Visualization:** JVCC. **Writing – Original Draft:** JVCC. **Writing – Review:** JA, RL, JWE,
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529 **Acquisition:** JVCC, AA, JPB, AJK. **Supervision:** CVG, JA, AA, JPB, AJK **Project Administration:**
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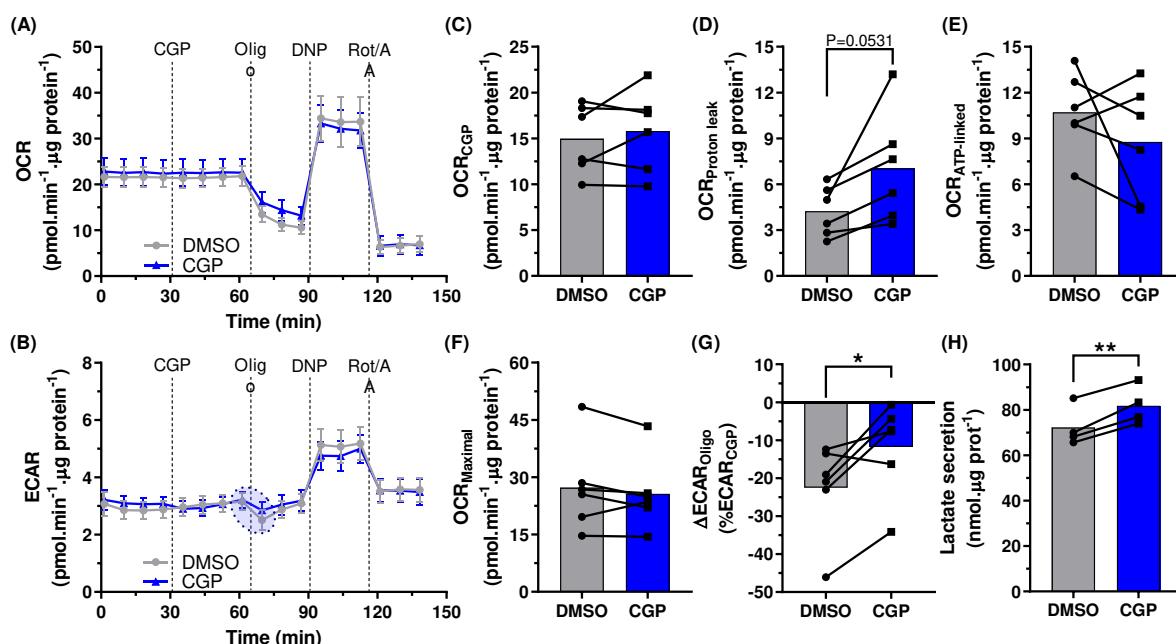
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755 **Figure Supplements**

756 [\[Fig2Suppl1_FURA2videos.avi\]](#)

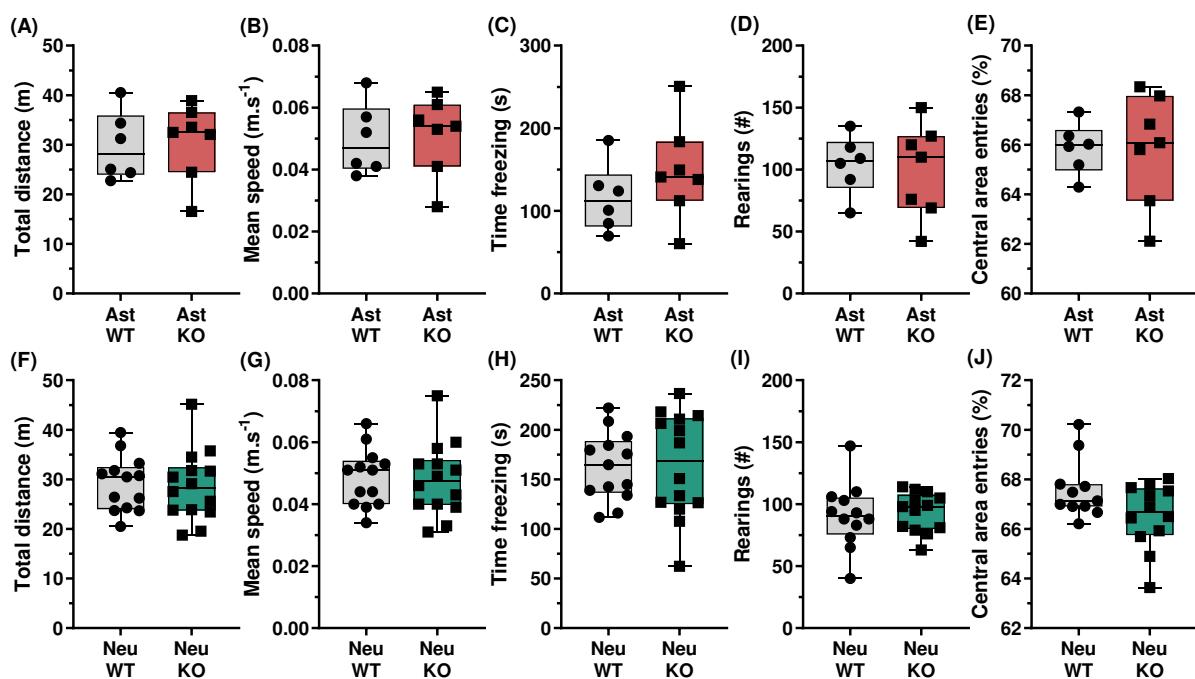
757 **Figure 2 – Supplement 1. DMSO and CGP FURA-2 imaging representative videos.**

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760 **Figure 3 –Supplement 1. C6 cells present increased lactate secretion upon NCLX inhibition.** C6 cells incubated with
761 the NCLX inhibitor CGP-37157 (CGP) or DMSO had their oxygen consumption rate (OCR) and extracellular acidification
762 rate (ECAR) monitored in a MitoStress Seahorse assay. Representative traces of (A) OCR and (B) ECAR from C6 cells
763 acutely incubated with CGP, followed by oligomycin (oligo), 2,4-dinitrophenol (DNP), and rotenone plus antimycin A
764 (Rot/AA) additions, average \pm SEM; (C) CGP-induced, (D) proton leak-associated, (E) ATP-linked, and (F) maximal
765 respirations; (G) ECAR variation after ATP synthase inhibition with oligomycin. Paired 2-way ANOVA followed by
766 Holm-Šidák's post-hoc test, n = 6 independent experiments. (H) lactate secretion measured from C6 cells incubated with
767 CGP or DMSO for 4 h. *P < 0.05, Student's t test, n = 4 independent experiments, mean and SD (A,B) or mean and paired
768 measurements (C-H).

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Figure 5 – Supplement 1. Open Field test supplementary analyses. Supplementary analyses from the Open Field test in mice with hippocampal astrocyte- (A-E) or neuronal-specific (F-J) NCLX deletion: (A,F) total distance; (B,G) mean speed; (C,H) total time in freezing behavior; (D,I) number of rearings; and (E,J) total entries in the central area. Not significant, unpaired Student's t test (A-C,F-H) or Mann-Whitney test (D,E,I,J), n = 6-14, box indicates upper and lower quartiles and the median (line), and whiskers represent min and max values.

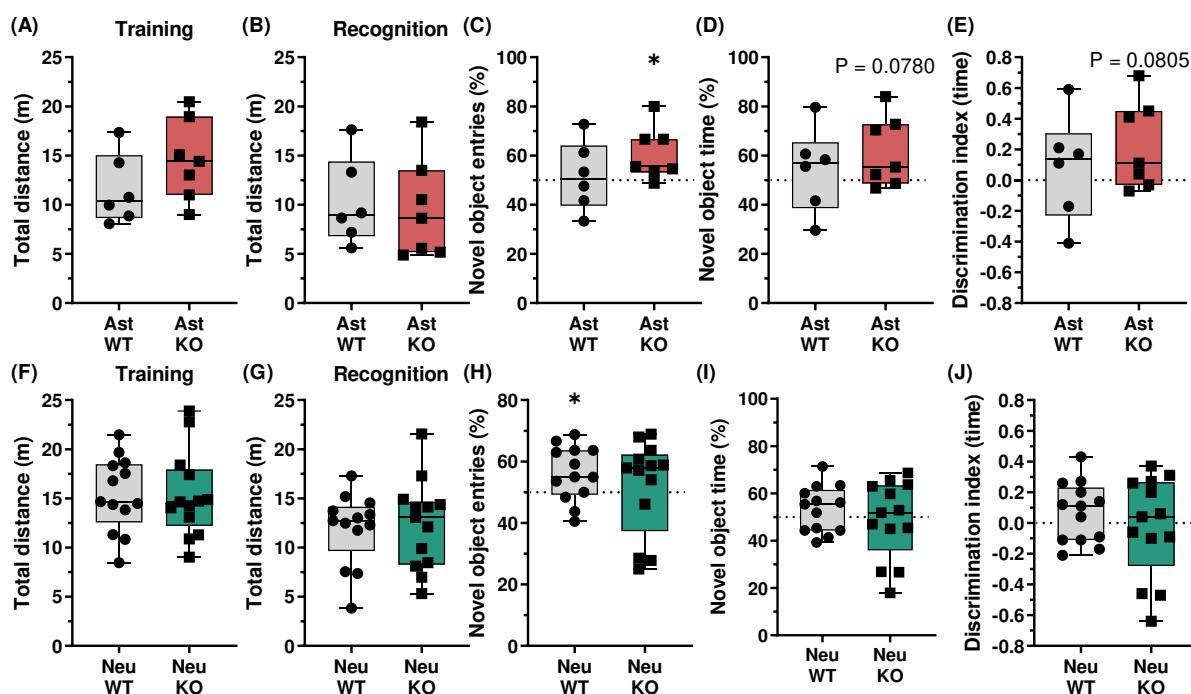
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Figure 5 – Supplement 2. Open Field test – *In vivo* hippocampal astrocyte- and neuronal-specific NCLX deletion representative videos.

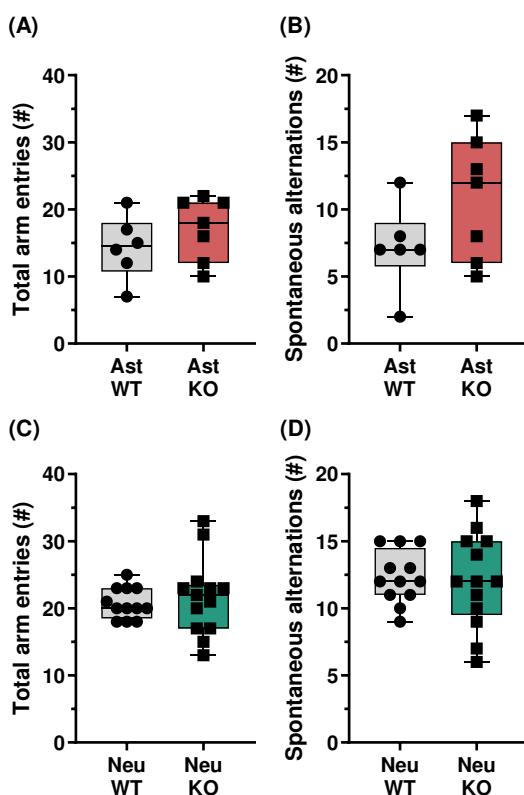
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782 **Figure 5 – Supplement 3. Novel Object Recognition test supplementary analyses.** Supplementary analyses from the
783 Novel Object Recognition test in mice with hippocampal astrocyte- (A-E) or neuronal-specific (F-J) NCLX deletion: (A,F)
784 total distance in training and (B,G) recognition assay steps; (C,H) proportion of entries into and (D,I) time within the novel
785 object area; and (E,J) discrimination index calculated from time in the novel and familiar object areas. *P < 0.05, unpaired
786 Student's t test (A,B,D,E,F,G,H,I) or Mann-Whitney test (C,H), n = 6-14, box indicates upper and lower quartiles and the
787 median (line), and whiskers represent min and max values.

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789 [Fig5Suppl4_NOR_videos.avi]

790 **Figure 5 – Supplement 4. Novel Object Recognition test – *In vivo* hippocampal astrocyte- and neuronal-specific
791 NCLX deletion representative videos.**



793

794 **Figure 5 – Supplement 5. Y-maze test supplementary analyses.** Supplementary analyses from the Y-maze test in mice
795 with hippocampal astrocyte- (A,B) or neuronal-specific (C,D) NCLX deletion: (A,C) total number of arm entries;
796 and (B,D) total number of spontaneous alternations. Not significant, Mann-Whitney test, n = 6-14, box indicates upper and
797 lower quartiles and the median (line), and whiskers represent min and max values.

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[Fig5Suppl6_Y-maze_videos.avi]

800 **Figure 5 – Supplement 6. Y-maze test – *In vivo* hippocampal astrocyte- and neuronal-specific NCLX deletion**
801 **representative videos.**