

Significance of two transmembrane ion gradients for human erythrocyte volume stabilization.

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24 **Summary**

25 Functional completeness of erythrocytes depends on high deformability of these cells, that allows
26 them to pass through narrow tissue capillaries. The erythrocytes high deformability is provided
27 due to maintenance of discoid shape with an optimal cell surface area to volume ratio. This ratio
28 can be maintained due to cell volume stabilization at a given cell surface area. We studied role of
29 Na/K-ATPase and transmembrane Na^+ and K^+ gradients in human erythrocyte volume
30 stabilization at non-selective increase in cell membrane permeability to cations by using
31 mathematical simulation. The simulation took into account a contribution of glycolytic metabolites
32 and adenine nucleotides to cytoplasm osmotic pressure in the cells. It was shown that in the
33 presence of Na/K-ATPase activated by intracellular sodium ions and two oppositely directed
34 gradients of Na^+ and K^+ ions in the cell, the volume of the erythrocyte deviates from the optimal
35 value by no more than 10% with a change in the non-selective permeability of the cell membrane
36 to cations from 50 to 200% of the normal value. The transport Na/K-ATPase, which sets the ratio
37 of transmembrane fluxes of sodium and potassium ions equal to 3:2, provides the best stabilization
38 of the erythrocyte volume exactly at a non-selective increase in the permeability of the cell
39 membrane, when the permeability for sodium and potassium ions increases equally. Such increase
40 in erythrocyte membrane permeability is caused by oxidation of the membrane components and
41 by mechanical stress during circulation. In the case of only one transmembrane ion gradient (Na^+),
42 the cell loses the ability to stabilize the volume when the cell membrane is damaged. In this case
43 even small variations of cell membrane permeability cause dramatic changes in the cell volume.
44 Our results reveal that the presence of two oppositely directed transmembrane ion gradients (Na^+
45 and K^+) and the transport Na/K-ATPase activated by intracellular sodium are fundamentally
46 important conditions for the stabilization of cellular volume in human erythrocytes.

47

48 **Keywords:** human erythrocytes, cell volume, sodium transmembrane gradient, potassium
49 transmembrane gradient, Na/K-ATPase.

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53 **Introduction**

54 The main function of erythrocytes is oxygen transportation from lungs to tissues. This function is
55 provided due to erythrocytes ability to bind big amounts of oxygen and to circulate in the
56 bloodstream passing through narrow tissue capillaries. The ability of erythrocytes to reversibly
57 bind a large amount of oxygen is determined by a high concentration of hemoglobin in these cells
58 (about 300 g per liter of cells [1]) and does not require energy costs. However, the ability of
59 mammalian erythrocytes to circulate in the bloodstream depends on their ability to pass through
60 narrow tissue capillaries which diameter is smaller compared with the dimension of the
61 erythrocytes [2–4]. And this ability is energy-dependent.

62 Mammalian erythrocytes passing through the narrow tissue capillaries easily deform,
63 changing their shape [2]. Erythrocytes with reduced deformability are removed from the
64 bloodstream mainly in the spleen [4–7]. Thus, high deformability is the main criterion which
65 determines mammalian erythrocytes usefulness and viability in an organism. The high
66 deformability of mammalian erythrocytes is provided due to the presence of an elastic, but
67 practically inextensible cell membrane and the discoid shape of these cells [4,8]. Normal human
68 erythrocytes have the shape of a biconcave disc with a diameter of 7-8 microns and a thickness of
69 about 2 microns [9]. The discoid shape of an erythrocyte means that its cellular volume is
70 significantly smaller than the volume of a sphere with a surface area equal to the surface area of
71 its cell membrane. The volume of normal human erythrocytes is maintained within 55-60% of the
72 maximum volume that a sphere with the same surface area as an erythrocyte has [10]. In other
73 words, normally an erythrocyte has an excess surface relative to its volume. With an increase in
74 cell volume by 1.7-1.8 times compared to normal, the erythrocyte takes the form of a sphere and,

75 as a result, loses the ability to deform [3,4,10]. Since the erythrocyte membrane is inextensible, a
76 further increase in cell volume leads to cell membrane rupture and destruction of the cell [4]. On
77 the other hand, a decrease in the volume of the erythrocyte leads to an increase in the concentration
78 of hemoglobin in the cytoplasm. As a result, the viscosity of the cytoplasm increases, and such
79 erythrocyte also loses the ability to deform and to pass through narrow tissue capillaries
80 [3,4,10,11]. Hard disk-shaped erythrocytes are unacceptable for a circulation as well as spherical
81 cells. Therefore, the circulating erythrocytes should maintain an optimal ratio of the cell surface
82 area to its volume. In the blood of a normal healthy donor, the cellular volume and surface area of
83 circulating erythrocytes may vary more than two times, while the deviations of the ratio of surface
84 area to volume for individual red blood cells lies within $\pm 5\%$ of the average value [7,12–14]. In
85 fact, this value is stabilized within the experimental error in all circulating erythrocytes. Since cells
86 have a number of cell volume regulating systems [15], it is reasonable to assume that the
87 erythrocyte stabilizes its volume at a given cell membrane area so as to obtain an optimal ratio of
88 surface area to volume.

89 Human erythrocyte volume depends on osmotic pressure. The erythrocyte membrane
90 permeability to water is very high [16], and the intracellular concentration of proteins and
91 metabolites that do not penetrate through the cell membrane is significantly higher than in blood
92 plasma. Rough estimates show that the total difference in the concentration of osmotically active
93 components that do not penetrate the cell membrane in erythrocytes, compared with blood plasma,
94 is about 50 mM (50 mOsm) [17,18]. This should lead to increased osmotic pressure inside the
95 cells. Animal cells do not try to resist osmosis. They equalize the osmotic pressure on both sides
96 of the cell membrane, because the cell membrane breaks easily when stretched and cannot hold a
97 pressure exceeding 2 kPa (~ 1 mOsm) [19]. In order to compensate for the osmotic pressure caused

98 by macromolecules and metabolites, the cell could reduce the intracellular concentration of some
99 other substances, of which there are quite a lot both inside and outside the cell. In most cells,
100 sodium ions are used as such a substance. And it would be quite natural to have a pump that
101 removes only sodium ions from the cell to decrease an intracellular sodium concentration and to
102 compensate a passive sodium transport to cytoplasm from the medium. To equalize the osmotic
103 pressure between the cell and the medium, it would be enough to reduce the sodium ions
104 concentration in the cell by about 50 mM compared to the medium. In fact, the concentration of
105 sodium ions in the cell is reduced significantly more. At the same time, the cell performs seemingly
106 meaningless work, pumping potassium ions into the cell in almost the same amount. But actually,
107 it makes sense and below we will try to demonstrate the importance of the existence of two
108 oppositely directed ion gradients between the cell and the medium.

109 Thus, the volume of an erythrocyte is a dynamic variable and can change quite easily with
110 a change in the distribution of ions between the cell and the medium. To maintain its volume, the
111 erythrocyte must maintain ion homeostasis. In human erythrocytes, the necessary distribution of
112 ions between the cytoplasm and the external medium is created by an ion pump – transport Na/K-
113 ATPase, which transfers K⁺ ions into the cell, and Na⁺ ions from the cell to the medium in a ratio
114 of 2:3 [20,21], thereby reducing the total content of monovalent cations in the cell compared to the
115 medium. As a result, the osmotic pressure outside and inside the cell is equalized. It should be
116 noted that in the stationary state, the active fluxes of Na⁺ and K⁺ through the cell membrane due
117 to the operation of the transport Na/K-ATPase should be equal to the passive transmembrane
118 leakage of these ions (Fig.1).

119 A number of transport systems capable of normalizing the volume of cells placed in a
120 hypotonic or hypertonic environment have been described in the literature [15]. However, the

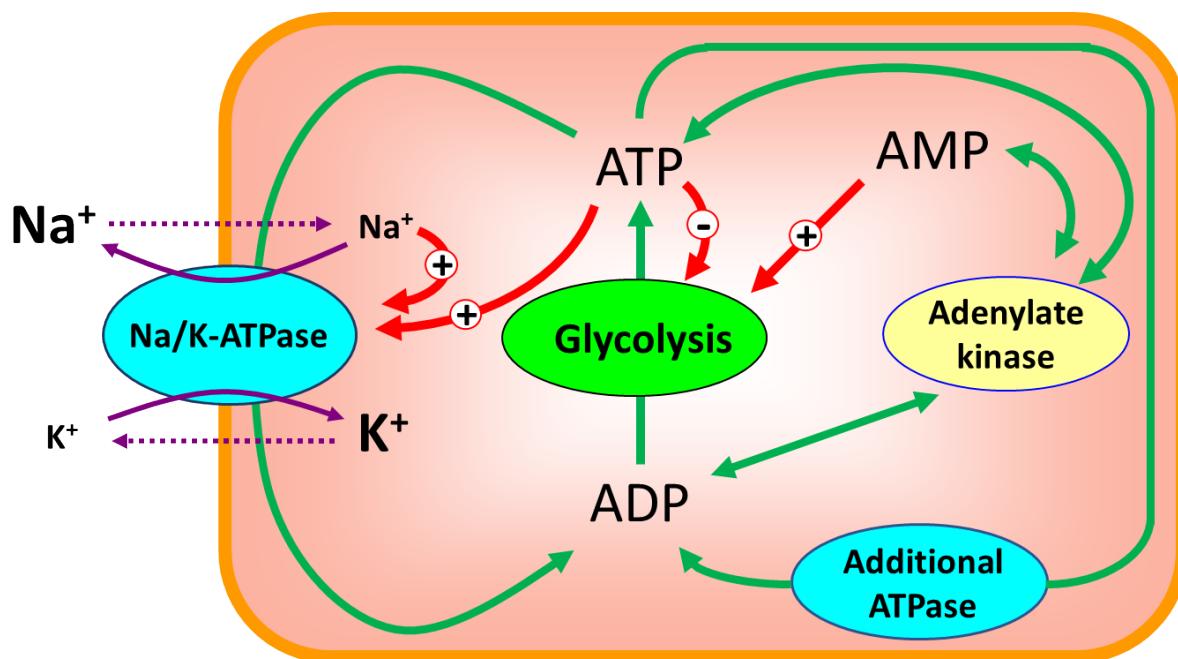
121 composition of the extracellular medium in the body is well stabilized and a change in its osmotic
122 activity is rather an exception than a common situation. That explains why erythrocyte is not
123 protected against variations in osmolarity of an external medium and behaves in vitro as an ideal
124 osmometer. The changes in the biochemical parameters of erythrocytes, such as Na/ K-ATPase
125 activity, ATP concentration, etc., during their aging in the bloodstream (during circulation) occur
126 slowly and values of the parameters, in principle, can ensure the maintenance of optimal cell
127 volume throughout the lifetime of the erythrocyte. The question arises, what else can affect the
128 volume of circulating red blood cells, or from what influences (disorders / damage) should these
129 cells be primarily protected by the volume stabilization systems available in them?

130 One of the causes for a significant change in the erythrocyte volume in the body may be a
131 disturbance of the permeability of the cell membrane for cations. During circulation, the
132 erythrocyte membrane is exposed to high oxygen concentrations and undergoes to a significant
133 mechanical stress, that can lead to a non-selective increase in its permeability to cations, that is, to
134 the same increase in permeability for all cations [22–29]. Experimental and theoretical studies
135 show that this may lead to an increase in cell volume and to the lysis of erythrocytes [17,25,26,30].

136 Despite the presence in erythrocytes of a number of systems capable of regulating cell
137 volume [15], the possibility of participating in the stabilization of cell volume at a non-selective
138 increase in the permeability of the cell membrane has not been demonstrated for any of them.
139 Moreover, possible mechanisms of erythrocyte volume regulation are discussed in the literature
140 mainly at the descriptive level. Earlier, using mathematical modeling, we showed that the transport
141 Na/K-ATPase can provide stabilization of the erythrocytes cell volume at a non-selective increase
142 in the permeability of the cell membrane for cations [17,31]. However, the mathematical models
143 used did not take into account the contribution of glycolysis metabolites and adenine nucleotides

144 to the osmotic pressure of the cytoplasm. Here, using the updated model, which takes into account
145 the contribution of glycolysis metabolites and adenine nucleotides to the osmotic pressure of the
146 cytoplasm, we have shown that the transport Na/K-ATPase provides the best stabilization of the
147 erythrocyte volume exactly at a non-selective increase in the permeability of the cell membrane.
148 Moreover, we have shown that the presence of two oppositely directed transmembrane ion
149 gradients (Na^+ and K^+) is crucial for a good sensitivity of the cell to the cell membrane damage
150 and for stabilization of the cell volume at non-selective variations of the cell membrane
151 permeability to cations.

152



153

154

155 **Fig. 1. Interaction of transport Na/K-ATPase and glycolysis in human erythrocytes.** Solid
156 and dotted purple arrows show active and passive ion fluxes through the cell membrane
157 respectively. Ion symbol size inside and outside the cell is proportional to the ion concentration.

158 The red arrows show the activation (+) and inhibitory (-) effects of ions and adenylates on Na/K-
159 ATPase and on glycolysis. The green arrows show the interconversions between ATP, ADP and
160 AMP. The additional ATPase represents the ATP consuming processes in the cell other than the
161 active transmembrane Na^+ and K^+ transport.

162

163 **Results**

164 Mathematical modeling of the human erythrocytes volume regulation has shown that in the
165 presence of transport Na/K-ATPase in the cell, a non-selective increase in the cell membrane
166 permeability leads to an increase in cell volume due to an increase in the intracellular concentration
167 of Na^+ (Fig. 2 A, B). The increase in intracellular $[\text{Na}^+]$ is compensated, in part, by a decrease in
168 the intracellular $[\text{K}^+]$. Also, the increase in the intracellular sodium concentration leads to an
169 activation of the transport Na/K-ATPase (Fig. 3A), which, in turn, leads to a compensation of the
170 increased passive transmembrane fluxes of Na^+ and K^+ caused by an increase in the permeability
171 of the cell membrane. As a result, with a twofold increase in membrane permeability, the volume
172 of the erythrocyte increases by only 10% compared to the initial value (Fig. 2A). When cell
173 membrane permeability increases by 5 times, the volume of the erythrocyte reaches the maximum
174 value corresponding to the spherical shape of the cell (Fig. 2A), at which it completely loses the
175 ability to deform and, consequently, to circulate in the bloodstream. Any further increase in the
176 erythrocyte volume causes its disruption. The results presented here are in good agreement with
177 the results obtained earlier using models that do not take into account the contribution of glycolysis
178 metabolites and adenylates to the osmotic pressure of the cytoplasm [17,31]. Thus, in our
179 conditions, glycolysis metabolites and adenylates do not significantly affect the regulation of cell
180 volume in erythrocytes.

181 Now let us consider a model which includes only one active transmembrane ion gradient
182 (Na^+) and an ion pump which transports only sodium ions from the cell to a medium (Na-ATPase).
183 The rate of this ATPase is proportional to concentrations of sodium ions and ATP (Equation 21).
184 Here we assume a passive distribution of potassium ions between cytoplasm and blood plasma in
185 accordance with transmembrane potential. In this case normal steady-state intracellular $[\text{K}^+]$ is low
186 and close to the extracellular one (Fig. 2B). In a such model, a stationary value of the cell volume
187 is also established, but actually there is no stabilization of this volume at a non-selective change in
188 the permeability of the cell membrane for cations (Fig. 2A). Even small variations of cell
189 membrane permeability cause dramatic changes in the cell volume and intracellular ion
190 concentrations (Fig. 2A, B). Indeed, the difference in the concentration of osmotically active
191 components between the erythrocyte and the medium is about 50 mM, that is, about 17% of the
192 total concentration of osmotically active components in the cell [17,18] (Table 1). Thus, in the
193 case of a single active transmembrane ion gradient, this gradient should be relatively small. The
194 extracellular sodium concentration is about 150 mM and it should be just about 50 mM lower
195 inside the cell. And with a small gradient, it is impossible to achieve a significant increase in the
196 concentration of Na^+ ions in the cell when the cell membrane is damaged (Fig. 2B), that is
197 necessary for the effective activation of the transport Na-ATPase. Actually, the rate of transport
198 Na-ATPase in the model decreases with an increase in cell membrane permeability due to a
199 decrease in ATP concentration caused by an increase in cell volume and dilution of adenylates
200 (Fig. 3). Of course, even worse cell volume stabilization was obtained in the model which includes
201 only one transmembrane ion gradient (Na^+) and a transport sodium pump (Na-ATPase) which
202 depends on $[\text{ATP}]$ but is independent on sodium concentration (Fig. 2, 3).

203 In the case of two opposite gradients of Na^+ and K^+ (that is the case in most mammalian
204 cells), the difference in the sum concentration of Na^+ and K^+ ions between the cell and the medium
205 is the same 50 mM, but the intracellular concentration of Na^+ is many times less than the
206 concentration of Na^+ in the medium. This leads to the fact that when the cell membrane is damaged,
207 the concentration of Na^+ ions in the cell can significantly exceed the physiologically normal value
208 (Fig. 2B) and, consequently, cause significant activation of the transport Na/K -ATPase (Fig. 3A)
209 that provides cell volume stabilization. Thus, the presence of opposite gradients of Na^+ and K^+
210 between the cytoplasm and the medium allows the cell to respond effectively to a damage of the
211 cell membrane and stabilize the cell volume by activating the transport Na/K -ATPase. It is the
212 large transmembrane gradient of sodium ions that ensures the rapid and significant increase in its
213 concentration in the cytoplasm when the cell membrane is damaged. And this gradient is achieved
214 due to the presence of an oppositely directed transmembrane gradient of potassium ions.

215 We also found that the transport Na/K -ATPase, which sets the ratio of transmembrane
216 fluxes of sodium and potassium ions equal to 3:2, provides the best stabilization of the erythrocyte
217 volume exactly at a non-selective increase in the permeability of the cell membrane, when the
218 permeability for sodium and potassium ions increases equally (Fig. 4). The cell volume
219 stabilization getting significantly worse if the cell membrane permeability increases predominantly
220 for one of the ions. As one can see from Fig. 4, the erythrocyte volume increases significantly if
221 the permeability of the cell membrane for Na^+ increases at constant permeability for K^+ . Contrary,
222 the erythrocyte volume decreases significantly if the membrane permeability for K^+ increases
223 while the permeability for Na^+ is constant. If both membrane permeabilities increase
224 simultaneously the cell volume almost does not change. Thus, the cell is best protected from a non-
225 selective increase in the cell membrane permeability.

226 Interestingly, in the case of only one transmembrane ion gradient, a non-selective decrease
227 in the permeability of the cell membrane leads to a strong decrease in cell volume (curves 2 and 3
228 in Fig. 2A). In all models, a change in the non-selective permeability of the cell membrane leads
229 to a more or less significant change in the cell volume (Fig. 2A). In turn, this leads to changes in
230 the adenylate pool value, although the amount of adenylates in the cell remains constant in the
231 models (Fig. 3D).

232 The characteristic time for establishing a new steady state in the model after changing the
233 permeability of the cell membrane is tens or even hundreds of hours and is determined by the low
234 total rate of ion fluxes through the cell membrane (Fig. 2C, D). Moreover, in the case of two
235 transmembrane ion gradients, the release of potassium ions from the cells partially compensates
236 for the entry of sodium ions into the cells and also slows down the rate of change in cell volume.

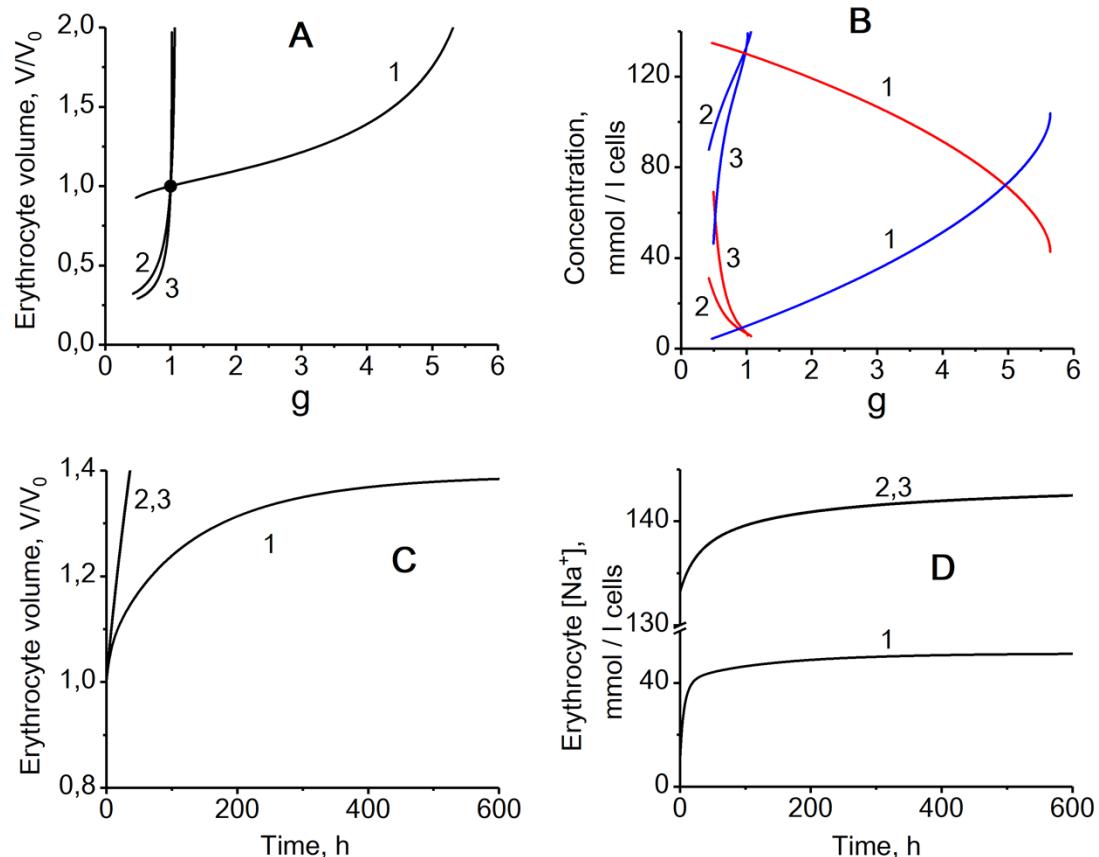
237 It should be noted that the stabilization of the erythrocyte volume only due to the transport
238 Na/K-ATPase is associated with significant changes in intracellular levels of Na^+ and K^+ (Fig. 2B),
239 that is, with a disturbance of ion homeostasis in the cell, as well as with changes in the levels of
240 ATP and the energy charge ($([\text{ATP}] + 0.5[\text{ADP}])/([\text{ATP}] + [\text{ADP}] + [\text{AMP}])$) in the cell (Fig. 3B,
241 C).

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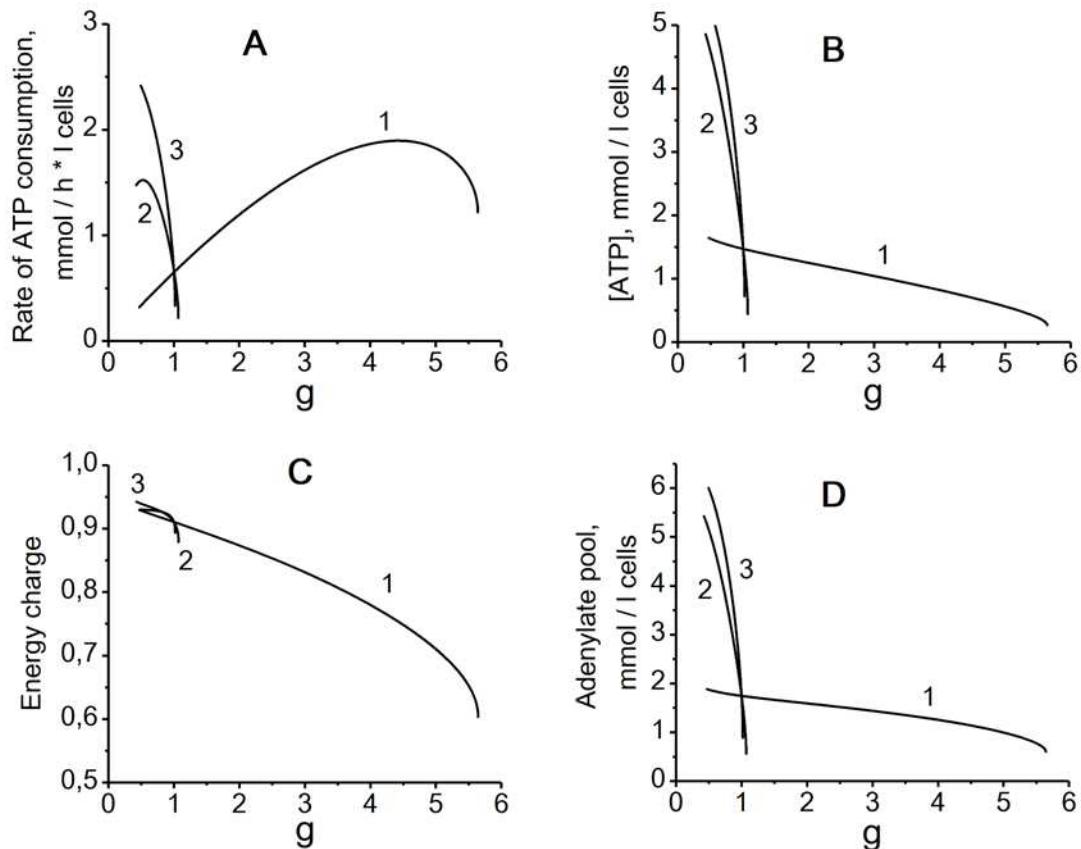


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247 **Fig. 2. The effect of nonselective permeability of the cell membrane for cations on the**
248 **erythrocyte volume and on intracellular Na^+ and K^+ concentrations in different models.** The
249 dependence of the relative stationary volume of the erythrocyte (A) and stationary intracellular
250 Na^+ (blue lines) and K^+ (red lines) concentrations (B) on the relative nonselective permeability of
251 the cell membrane for cations ($g = \frac{G_{\text{Na}}}{G_{\text{Na}0}} \approx \frac{G_K}{G_{K0}}$). Kinetics of changes in erythrocyte volume (C) and
252 intracellular Na^+ concentration (D) after an instant 4-fold increase in the nonselective permeability
253 of the cell membrane for cations. The kinetics of the K^+ concentration is the same as for Na^+ , but
254 changes occur in the direction of decreasing concentration. The black circle in the panel A indicates
255 physiologically normal state of erythrocyte. The numbers on the curves correspond to the model
256 versions: - 1 – Version 1, the basic version of the model with actively maintained transmembrane
257 Na^+ and K^+ gradients and transport Na/K -ATPase activated by intracellular sodium ions; 2 –

258 Version 2, with actively maintained transmembrane gradient only for Na^+ and sodium-activated
259 transport Na-ATPase activated by intracellular sodium ions; 3 – Version 3, with actively
260 maintained transmembrane gradient only for Na^+ and transport Na-ATPase independent on
261 intracellular sodium ions.

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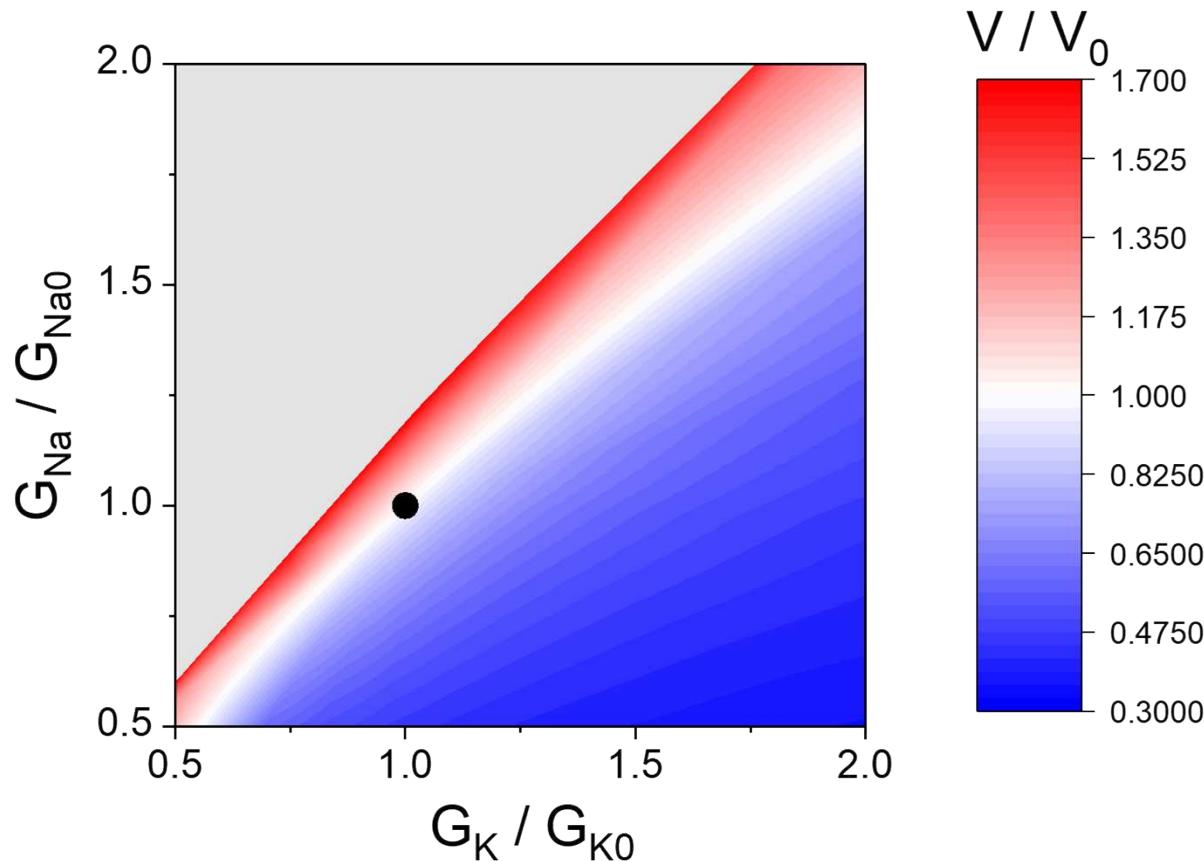


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264

265 **Fig. 3. The effect of nonselective permeability of the cell membrane on erythrocyte energy**
266 **metabolism in different models.** (A) - The steady-state rate of ATP consumption by ion pumps;
267 (B) - ATP concentration; (C) – Energy charge ($([\text{ATP}] + 0.5[\text{ADP}])/([\text{ATP}] + [\text{ADP}] + [\text{AMP}])$);
268 (D) – Adenylate pool ($[\text{ATP}] + [\text{ADP}] + [\text{AMP}]$). The numbers on the curves indicate the model
269 versions in the same way as in Fig. 2.

270



271

272

273 **Fig. 4. The dependence of the relative steady-state erythrocyte volume (V/V_0) in the model**
274 **on the passive permeability of the cell membrane for potassium (G_K/G_{K0}) and sodium**
275 **(G_{Na}/G_{Na0}) ions.** The model includes actively maintained transmembrane Na^+ and K^+ gradients
276 and transport Na/K -ATPase activated by intracellular sodium ions (Version 1 - the basic version
277 of the model). A black circle indicates the normal physiological state of the erythrocyte.

278

279

280

281 **Discussion**

282 Our results show that the presence of two oppositely directed transmembrane ion gradients
283 (Na^+ and K^+) and the transport Na/K-ATPase activated by intracellular sodium are fundamentally
284 important conditions for the stabilization of cellular volume in human erythrocytes. Under these
285 conditions, the most effective stabilization of the cell volume is provided at a non-selective
286 increase in the permeability of the cell membrane. It seems to us that a non-selective increase in
287 the permeability of erythrocyte membranes is the most likely damage to the cell membrane of these
288 cells under conditions of circulation in the bloodstream. Based on these results, a general
289 conclusion can be done that the presence of two oppositely directed transmembrane ion gradients
290 (Na^+ and K^+) at a low intracellular concentration of the ion prevailing in the external medium (Na^+)
291 provides a greater (compared to conditions with a single gradient (Na^+)) sensitivity of the cell to a
292 damage of the cell membrane and is a fundamentally necessary condition for ensuring the cell
293 volume stabilization. One can assume that such cell organization arose in the early stages of
294 evolution and later served as the basis for the emergence of cellular electrical excitability, etc.
295 Also, this result casts doubt on the hypothesis that the high level of potassium in cells reflects the
296 ionic composition of the environment in which the first cellular organisms originated [32–34].
297 From the results presented here, it follows that in order to preserve the integrity of cells and
298 maintain cellular volume, it would be very impractical for primary organisms to maintain an
299 intracellular ionic composition similar to the composition of the external environment.

300 Nevertheless, Na/K-ATPase alone cannot provide stabilization of the erythrocyte volume
301 in a sufficiently wide range of changes in the permeability of the cell membrane. Mathematical
302 simulation shows that at two times increase in membrane permeability compared to the normal
303 value, the cell volume increases by only 10% (Fig. 2A). However, this already goes beyond the

304 $\pm 5\%$ frame in which the volume of the erythrocyte to its surface area ratio is stabilized in the body
305 [7,12–14]. An increase in the permeability of the cell membrane by more than 5 times leads to the
306 destruction of the erythrocyte. At the same time, some literature data indicate that erythrocytes can
307 remain in the bloodstream with an increase in the permeability of the cell membrane by more than
308 5–10 times compared to the normal value [35–38]. The results of our previous studies show that
309 taking into account the additional ion transport system (calcium-activated potassium channels or
310 Gardos channels) and the metabolism of adenine nucleotides in the model makes it possible to
311 achieve almost perfect stabilization of the erythrocyte volume with an increase in the permeability
312 of the cell membrane up to 15 times compared to the normal value [17,31]. In this regard, the role
313 of Gardos channels and adenylate metabolism in stabilizing the volume of human erythrocytes
314 should be revised using more correct models.

315

316 **Methods (Mathematical model description)**

317

318 Mathematical model used in this study is a system of algebraic and ordinary differential equations
319 which describe transmembrane ion fluxes, osmotic regulation of human erythrocyte cell volume,
320 and glycolysis.

321

322 **Ions and Cell volume Regulation**

323

324 The description of ion balance and cell volume regulation here is based on the mathematical model
325 of human erythrocyte volume regulation published earlier in [17]. Equation (1) describes

326 equivalence of osmolality in cytoplasm and in external medium (blood plasma) while the equation
327 (2) describes the cytoplasm electroneutrality:

328

329 $\sum c_i + \frac{W}{V} = \Omega$ (1)

330 $\sum z_i c_i + z_w \frac{W}{V} = 0$ (2)

331 Here c_i denotes concentration of each osmotically active cytoplasm component, which is described
332 in the model as a variable. They are Na^+ , K^+ , and Cl^- ions, adenylates – ATP, ADP, AMP, and
333 glycolysis intermediates – glucose-6-phosphate (G6P) and fructose-6-phosphate (F6P). W denotes
334 total amount of all other osmotically active components of human erythrocytes, including
335 hemoglobin, enzymes, and metabolites which kinetics is not described explicitly in the model. Z_i
336 denotes electrical charge of the corresponding osmotically active component. Z_w denotes the
337 average electrical charge of components not explicitly described in the model. Ω - total
338 concentration of osmotically active components in blood plasma. V – erythrocyte volume. It is
339 more convenient to express volume in the model as per 10^{13} erythrocytes that is equal to one liter
340 rather than per one erythrocyte. Thus, under normal physiological conditions $V=V_0=1$ L. In this
341 case, the amounts of substances expressed in grams in the cells are numerically equal to their molar
342 concentrations.

343 Equations (3, 4) describe kinetics of quantity of Na^+ and K^+ ions in erythrocytes:

344

345 $\frac{d([Na^+]V)}{dt} = -3U_{Na/K-ATPase} + J_{Na}$ (3)

346 $\frac{d([K^+]V)}{dt} = 2U_{Na/K-ATPase} + J_K$ (4)

347 Here $U_{\text{Na/K-ATPase}}$ – the rate of ATP consumption by transport Na/K-ATPase, J_{Na} and J_{K} are passive
348 Na^+ and K^+ ion fluxes across cell membrane respectively. The cell membrane permeability for Cl^-
349 anions in the erythrocyte is two orders of magnitude higher than for cations [30], therefore equation
350 (5) describes the equilibrium distribution of chlorine between the cytoplasm and the medium in
351 accordance with the electric potential on the membrane:

352

$$353 \frac{[\text{Cl}^-]}{[\text{Cl}^-]_{\text{ext}}} = e^{\frac{FE_m}{RT}} \quad (5)$$

354

355 Here $[\text{Cl}^-]$ and $[\text{Cl}^-]_{\text{ext}}$ – intracellular and extracellular concentrations of chlorine ions respectively,
356 F – Faraday constant, E_m - electrical potential on the erythrocyte cell membrane, R – universal gas
357 constant, T - absolute temperature (310°K). Equation for the rate of Na/K-ATPase and parameter
358 value were taken from [17]:

359

$$360 U_{\text{Na/K-ATPase}} = A_{\text{Na/K}} [\text{Na}^+] [\text{ATP}] \quad (6)$$

$$361 A_{\text{Na/K}} = 0.044 \text{ L}^2 / \text{h mmol}$$

362

363 The passive ion fluxes across the erythrocyte cell membrane are described in Goldman
364 approximation regarding constancy of the electric field inside the cell membrane [39]:

$$365 J_i = G_i \frac{r}{e^r - 1} ([I]_{\text{ext}} - [I]e^r), \quad (7)$$

$$366 r = \frac{Z_i F E_m}{R T}$$

367

368 Here G_i – erythrocyte membrane permeability for ion I. $[I]$ and $[I]_{ext}$ – concentration of ion I inside
369 the erythrocyte and in the external medium respectively.

370

371 ***Glycolysis and energy metabolism***

372

373 In the model we used the simplified description of glycolysis. Only the upper part of glycolysis is
374 explicitly described, including hexokinase, glucosephosphateisomerase, and phosphofructokinase
375 reactions - which determine the rate of the entire glycolysis. Equations (8, 9) describe kinetics of
376 quantity of G6P and F6P molecules in the erythrocyte respectively:

377

378
$$\frac{d([G6P]V)}{dt} = U_{HK} - U_{GPI} \quad (8)$$

379

380
$$\frac{d([F6P]V)}{dt} = U_{GPI} - U_{PFK} \quad (9)$$

381

382 Here U_{HK} , U_{GPI} , and U_{PFK} denote hexokinase, glucosephosphateisomerase, and
383 phosphofructokinase reaction rates in glycolysis respectively. We neglect the metabolic flow in
384 the 2,3-diphosphoglycerate shunt and assume that the rate of reactions of the lower part of
385 glycolysis (from aldolase to lactatedehydrogenase), is equal to twice the rate of the
386 phosphofructokinase reaction. Then the rate of ATP production in glycolysis is determined by the
387 difference between the rates of its production in phosphoglyceratekinase (U_{PGK}) and pyruvate
388 kinase (U_{PK}) reactions and consumption in hexokinase and phosphofructokinase reactions:

389

390
$$-U_{HK} - U_{PFK} + U_{PGM} + U_{PK} = -U_{HK} + 3U_{PDK} \quad (10)$$

391

392 Total amount of ATP + ADP + AMP in the cells was assumed to be constant. We also assumed
393 that rapid adenylate equilibrium exists in the cells all the time (Equation (11)).

394

395 $[ATP][AMP] = [ADP]^2$ (11)

396

397 The energy balance in the cell can be described by the following equation:

398

399 $\frac{d(qV)}{dt} = -U_{HK} + 3U_{PFK} - U_{Na/K-ATPase} - U_{ATPase}$ (12)

400

401 Here $q = 2[ATP] + [ADP]$, U_{ATPase} – the rate of additional ATPase reaction added to the model to
402 balance the rates of ATP production and consumption [17,18,40,41].

403

404 The presence of rapid adenylatekinase equilibrium in the cell leads to the fact that of the three
405 variables – ATP, ADP, and AMP – only two are independent. The transition to the variables q and
406 $p = [ATP] + [ADP] + [AMP]$ (adenylate pool) makes it possible to exclude the rapid adenylate
407 kinase reaction from the equations. Concentrations of ATP, ADP, and AMP at fixed values of q
408 and p can be calculated from the following system of equations:

409

410 $q = 2 [ATP] + [ADP]$

411 $p = [ATP] + [ADP] + [AMP]$ (13)

412 $[ATP][AMP] = [ADP]^2$

413

414 The equations for the rates of HK, GPI, PFK, and additional ATPase reactions and parameter
415 values were taken from [18]:

416

$$417 \quad U_{HK} = A_{HK} \frac{[ATP]/K_{HK1}}{1 + [ATP]/K_{HK1} + [G6P]/K_{HK2}} \quad (14)$$

418 Here $A_{HK} = 12$ mmol / h, $K_{HK1} = 1$ mM, $K_{HK2} = 5,5$ μ M.

419

$$420 \quad U_{GPI} = A_{GPI} \frac{([G6P] - [F6P]K_{GPI1})/K_{GPI2}}{1 + \frac{[G6P]}{K_{GPI2}} + \frac{[F6P]}{K_{GPI3}}} \quad (15)$$

421 Here $A_{GPI} = 360$ mmol / h, $K_{GPI1} = 3$ mM, $K_{GPI2} = 0.3$ mM, $K_{GPI3} = 0.2$ mM

422

$$423 \quad U_{PDK} = A_{PDK} 1.1 \frac{[F6P]}{[F6P] + K_{PDK1}} \cdot \frac{[ATP]}{[ATP] + K_{PDK2}} \cdot \frac{\frac{1}{1 + [AMP]/K_{PDK3}} + 2 \frac{[AMP]}{[AMP] + K_{PDK3}}}{1 + 10^8 \left(\frac{(1 + [ATP]/K_{PDK4})}{(1 + [AMP]/K_{PDK3})(1 + [F6P]/K_{PDK5})} \right)^4} \quad (16)$$

424 Here $A_{PDK} = 380$ mmol / h, $K_{PDK1} = 0.1$ mM, $K_{PDK2} = 2$ mM, $K_{PDK3} = 0.01$ mM, $K_{PDK4} = 0.195$
425 mM, $K_{PDK5} = 0.37$ μ M.

426

$$427 \quad U_{ATPase} = A_{ATPase} \frac{[ATP]}{[ATP] + K_{ATPase}} \quad (17)$$

428 Here $A = 2.7$ mmol / h, $K_{ATPase} = 1$ mM

429

430 Calculation of the model parameter values

431

432 To finalize the model, it is necessary to calculate some of its parameters – these are the normal
433 physiological values of the intracellular concentration of chlorine ions, the permeability of the
434 erythrocyte membrane for cations, the W value and the average charge of osmotically active

435 components that do not penetrate the erythrocyte membrane (Z_W), such as hemoglobin, enzymes
436 and metabolites. First, we calculate the concentration of chlorine ions in the erythrocyte using
437 equation (5) and taking the extracellular concentration of chlorine equal to 150 mM, the membrane
438 potential equal to -8.4 mV and the temperature equal to 310 °K [17,42] (Table 1). Then, using
439 equations (1) and (2), we calculate the values of W and Z_W using the physiological values of the
440 variables from Table 1. According to these calculations $W = 49$ mmol and $Z_W = 0.52$.

441

442 **Reduction of a mathematical model to a system of ordinary differential equations**

443

444 Initially the mathematical model includes five differential (3, 4, 8, 9, 12) and three algebraic (1,
445 2, 5) equations. If one chooses the amounts of substances in the erythrocyte as the model
446 variables:

447

$$448 Q_K = [K^+]V, Q_{Na} = [Na^+]V, Q_{Cl} = [Cl^-]V, \\ 449 Q_{G6P} = [G6P]V, Q_{F6P} = [F6P]V, Q_q = qV, Q_p = pV \quad (18)$$

450

451 and express the variables V , Q_{Cl} , and E_m through the remaining variables using algebraic equations
452 (1, 2, 5), then the model is transformed into a system of five ordinary differential equations, similar
453 to (3, 4, 8, 9, 12), in respect to variables Q_K , Q_{Na} , Q_{G6P} , Q_{F6P} , Q_q .

454 Investigation of the kinetic behavior of the model was performed using the CVODE software [43],
455 and investigation of the dependence of the steady state of the model on the parameters was
456 performed using the AUTO software[44].

457

458 **Description of the cell membrane damage in the model**

459

460 The main task of this work was to study the model in case of nonspecific damage of the cell
461 membrane. As it is noted in the introduction, we assume that such damage leads to a nonselective
462 increase in the permeability of the cell membrane for cations. In other words, the cell membrane
463 permeability increases by the same amount for all cations:

464

465 $G_{Na} = G_{Na0} + \Delta, G_K = G_{K0} + \Delta$ (19)

466

467 Here G_{Na0} and G_{K0} denote normal physiological values of cell membrane permeability for sodium
468 and potassium cations respectively and Δ denotes a value of an increase in the membrane
469 permeability for cations. Generally speaking, both an increase and a decrease in the cell membrane
470 permeability can be described in this way. For the convenience of the results presentation, we
471 introduced the parameter g corresponding to the relative permeability of the membrane for cations:

472

473 $g = \frac{G_{Na}}{G_{Na0}} \approx \frac{G_{Kp}}{G_{Kp0}}$ (20)

474

475 The validity of equation (20) follows from the fact that $G_{Na0} \approx G_{K0}$ (Table 1).

476

477

478

479

480

481 The mathematical model versions

482

483 Initial model (Version 1). The basic version of the model describing erythrocyte with
484 transmembrane transport Na/K-ATPase, glycolysis, and constant adenylate content. The model
485 consists of equations (3, 4, 8, 9, 12) modified according to the equations (18).

486

487 Version 2. The modified model (Version 1) in which the regular Na/K-ATPase was replaced with
488 the transmembrane transport Na-ATPase (sodium pump which transports only sodium ions from
489 the cell to external medium) which rate is proportional to intracellular concentrations of ATP and
490 sodium ions. The rate of this pump is described by the following equation:

491

492 $U_{Na-ATPase2} = A_{Na-ATPase2} [AT\Phi] [Na^+]$ (21)

493

494 Here $A_{Na-ATPase2} = 0.0035 \text{ L}^2 / \text{h}$

495

496 The value of this parameter was chosen in such a way that this ATPase compensates for the passive
497 flow of Na^+ ions into the cell under physiological conditions.

498 In this version of the model the equation (4) does not contain a term describing active
499 potassium transmembrane transport. Thus, the rate of change in intracellular potassium
500 concentration is determined only by a passive potassium flux across the cell membrane according
501 to the equation (7). Under these conditions the steady-state potassium concentration in the cells
502 was calculated under assumption of zero passive potassium flux across the cell membrane
503 according to the equation (7):

504

505 $[K] = [K]_{ext} e^{-\frac{FE_m}{RT}}$ (22)

506

507 And the steady-state sodium concentration was calculated as follows:

508

509 $[Na] = 140 - [K]$ (23)

510

511 Here 140 (mmol/L cells) is a sum of sodium and potassium cation concentrations in erythrocytes
512 containing Na/K-ATPase under normal conditions. This condition guarantees that the erythrocyte
513 will have the same physiological volume and transmembrane potential in all model versions.

514

515 Version 3. The modified model (Version 1) in which the regular Na/K-ATPase was replaced with
516 the transmembrane transport Na-ATPase (sodium pump which transports only sodium ions from
517 the cell to external medium) which rate depends on [ATP] but does not depend on sodium
518 concentration. The rate of this pump is described by the following equation:

519

520 $U_{Na-ATPase3} = A_{Na-ATPase3}[ATP]$ (24)

521

522 Here $A_{Na-ATPase3} = 0.46$ L / h

523

524 The value of this parameter was chosen in such a way that this ATPase compensates for the passive
525 flow of Na^+ ions into the cell under physiological conditions.

526 In this version of the model the intracellular potassium and sodium concentrations were
527 calculated using the equations (23) and (24) the same as in Version 2.

528

529

530 **Table 1. Model variables and parameters characterizing the normal physiological state of a**
531 **human erythrocyte.**

Variable or parameter	Normal physiological value	Comments	References
$[Cl^-]$	110 mmol/L cells	variable, the value was calculated from the model	
$[Cl^-]_{ext}$	150 mM	parameter	[17]
E_m	-8,4 mV	variable	[42]
G_{K0}	$1.24 \cdot 10^{-2}$ 1/h	parameter, the value was calculated from the model	
G_{Na0}	$1.22 \cdot 10^{-2}$ 1/h	parameter, the value was calculated from the model	
$[K^+]$	130 mmol/L cells	variable	[17]
$[K^+]_{ext}$	5 mM	параметр	[17]
$[Na^+]$	10 mmol/L cells	variable	[17]
$[Na^+]_{ext}$	145 mM	параметр	[17]
T	310 °K	параметр	
V	1 L	variable	
W	49 mmol	parameter, the value was calculated from the model	
Z_{ADP}	-2	parameter, the values for adenylates, G6P, and F6P charge were taken	

		from the human metabolome database http://www.hmdb.ca	
Z_{AMP}	-2	parameter, see above	
Z_{ATP}	-3	parameter, see above	
Z_{G6P}	-2	parameter, see above	
Z_{F6P}	-2	parameter, see above	
Z_w	-0.52	parameter, the value was calculated from the model	
Ω	300 mOsm	parameter	[17]
[ADP]	0.25 mmol/L cells	variable	[18]
[AMP]	0.041 mmol/L cells	variable	[18]
[ATP]	1.5 mmol/L cells	variable	[18]
[G6P]	71 μ mol/L cells	variable	[18]
[F6P]	23 μ mol/L cells	variable	[18]

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541 **Author Contributions**

542 F.I.A. general idea of the work and general supervision, analysis of literary data, construction of
543 the mathematical models, and discussion of the results, M.V.M. all computer calculations, analysis
544 of literary data, construction of the mathematical models, and discussion of the results, Q.S.
545 discussion of the results, V.M.V. analysis of literary data, construction of the mathematical models,
546 discussion of the results, writing the manuscript and preparing it for publication All the authors
547 took part in the editing of the manuscript and approved its final version.

548

549 **Author Disclosure Statement**

550 The authors declare no competing financial interest.

551

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555

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