

1 Title: A combined proteomics and Mendelian randomization approach to investigate the effects of  
2 aspirin-targeted proteins on colorectal cancer

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12 Graham G Giles<sup>54,55</sup>, Stephen B Gruber<sup>56</sup>, Gad Rennert<sup>57,58,59</sup>, Zsofia K Stadler<sup>60</sup>, Tabitha A Harrison<sup>18</sup>,  
13 Yi Lin<sup>18</sup>, Temitope O Keku<sup>61</sup>, Michael O Woods<sup>62</sup>, Clemens Schafmayer<sup>63</sup>, Bethany Van Guelpen<sup>64,65</sup>,  
14 Steven J Gallinger<sup>66</sup>, Heather Hampel<sup>67</sup>, Sonja I Berndt<sup>5</sup>, Paul D P Pharoah<sup>68</sup>, Annika Lindblom<sup>69,70</sup>,  
15 Alicja Wolk<sup>71, 72</sup>, Anna H Wu<sup>73</sup>, Emily White<sup>18,74</sup>, Ulrike Peters<sup>18,74</sup>, David A Drew<sup>75</sup>, Dominique  
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141

142 Running title: Aspirin-targeted proteins and risk of colorectal cancer

143 Keywords: aspirin, proteome, Mendelian randomization, colorectal

144

145 **Author funding**

146 This work was supported funded by a PhD studentship from the Medical Research Council (AN), a  
147 Cancer Research UK Programme Grant (C19/A11975, TJC, ACW), an MRC Research Grant  
148 (MR/R017247/1, TJC, ACW) and by the John James Bristol Foundation. Further funding was provided  
149 by The UK Medical Research Council Integrative Epidemiology Unit (MC\_UU\_12013\_2, CLR) and  
150 Cancer Research UK (C18281/A19169, CLR), the Wellcome Trust (217487/Z/19/Z, AG) and Bowel  
151 Cancer UK (19PT0039 AG). RCR is a de Pass Vice Chancellor Research Fellow at the University of  
152 Bristol.

153 **Consortia funding**

154 Genetics and Epidemiology of Colorectal Cancer Consortium (GECCO): National Cancer Institute,  
155 National Institutes of Health, U.S. Department of Health and Human Services (U01 CA164930, U01  
156 CA137088, R01 CA059045, R21 CA191312, R01201407). Genotyping/Sequencing services were  
157 provided by the Center for Inherited Disease Research (CIDR) (X01-HG008596 and X-01-HG007585).  
158 CIDR is fully funded through a federal contract from the National Institutes of Health to The Johns  
159 Hopkins University, contract number HHSN268201200008I. This research was funded in part through  
160 the NIH/NCI Cancer Center Support Grant P30 CA015704.

161 ASTERISK: a Hospital Clinical Research Program (PHRC-BRD09/C) from the University Hospital Center  
162 of Nantes (CHU de Nantes) and supported by the Regional Council of Pays de la Loire, the  
163 Groupement des Entreprises Françaises dans la Lutte contre le Cancer (GEFLUC), the Association  
164 Anne de Bretagne Génétique and the Ligue Régionale Contre le Cancer (LRCC).

165 The ATBC Study is supported by the Intramural Research Program of the U.S. National Cancer  
166 Institute, National Institutes of Health.

167 CLUE funding was from the National Cancer Institute (U01 CA86308, Early Detection Research  
168 Network; P30 CA006973), National Institute on Aging (U01 AG18033), and the American Institute for  
169 Cancer Research. The content of this publication does not necessarily reflect the views or policies of  
170 the Department of Health and Human Services, nor does mention of trade names, commercial

171 products, or organizations imply endorsement by the US government.COLO2&3: National Institutes  
172 of Health (R01 CA60987).

173 ColoCare: This work was supported by the National Institutes of Health (grant numbers R01  
174 CA189184 (Li/Ulrich), U01 CA206110 (Ulrich/Li/Siegel/Figueireido/Colditz, 2P30CA015704- 40  
175 (Gilliland), R01 CA207371 (Ulrich/Li)), the Matthias Lackas-Foundation, the German Consortium for  
176 Translational Cancer Research, and the EU TRANSCAN initiative.

177 The Colon Cancer Family Registry (CCFR, [www.coloncfr.org](http://www.coloncfr.org)) is supported in part by funding from the  
178 National Cancer Institute (NCI), National Institutes of Health (NIH) (award U01 CA167551). The CCFR  
179 Set-1 (Illumina 1M/1M-Duo) and Set-2 (Illumina Omni1-Quad) scans were supported by NIH awards  
180 U01 CA122839 and R01 CA143247 (to GC). The CCFR Set-3 (Affymetrix Axiom CORECT Set array) was  
181 supported by NIH award U19 CA148107 and R01 CA81488 (to SBG). The CCFR Set-4 (Illumina  
182 OncoArray 600K SNP array) was supported by NIH award U19 CA148107 (to SBG) and by the Center  
183 for Inherited Disease Research (CIDR), which is funded by the NIH to the Johns Hopkins University,  
184 contract number HHSN268201200008I. The SCCFR Illumina HumanCytoSNP array was supported  
185 through NCI award R01 CA076366 (to PAN). Additional funding for the OFCCR/ARCTIC was through  
186 award GL201-043 from the Ontario Research Fund (to BWZ), award 112746 from the Canadian  
187 Institutes of Health Research (to TJH), through a Cancer Risk Evaluation (CaRE) Program grant from  
188 the Canadian Cancer Society (to SG), and through generous support from the Ontario Ministry of  
189 Research and Innovation. The content of this manuscript does not necessarily reflect the views or  
190 policies of the NCI, NIH or any of the collaborating centers in the Colon Cancer Family Registry  
191 (CCFR), nor does mention of trade names, commercial products, or organizations imply  
192 endorsement by the US Government, any cancer registry, or the CCFR.

193 COLON: The COLON study is sponsored by Wereld Kanker Onderzoek Fonds, including funds from  
194 grant 2014/1179 as part of the World Cancer Research Fund International Regular Grant  
195 Programme, by Alpe d'Huzes and the Dutch Cancer Society (UM 2012-5653, UW 2013-5927,  
196 UW2015-7946), and by TRANSCAN (JTC2012-MetaboCCC, JTC2013-FOCUS). The Nqplus study is

197 sponsored by a ZonMW investment grant (98-10030); by PREVIEW, the project PREvention of  
198 diabetes through lifestyle intervention and population studies in Europe and around the World  
199 (PREVIEW) project which received funding from the European Union Seventh Framework  
200 Programme (FP7/2007–2013) under grant no. 312057; by funds from TI Food and Nutrition  
201 (cardiovascular health theme), a public–private partnership on precompetitive research in food and  
202 nutrition; and by FOODBALL, the Food Biomarker Alliance, a project from JPI Healthy Diet for a  
203 Healthy Life.

204 Colorectal Cancer Transdisciplinary (CORECT) Study: The CORECT Study was supported by the  
205 National Cancer Institute, National Institutes of Health (NCI/NIH), U.S. Department of Health and  
206 Human Services (grant numbers U19 CA148107, R01 CA81488, P30 CA014089, R01 CA197350,; P01  
207 CA196569; R01 CA201407) and National Institutes of Environmental Health Sciences, National  
208 Institutes of Health (grant number T32 ES013678).

209 CORSA: “Österreichische Nationalbank Jubiläumsfondsprojekt” (12511) and Austrian Research  
210 Funding Agency (FFG) grant 829675.

211 CPS-II: The American Cancer Society funds the creation, maintenance, and updating of the Cancer  
212 Prevention Study-II (CPS-II) cohort. This study was conducted with Institutional Review Board  
213 approval.

214 CRCGEN: Colorectal Cancer Genetics & Genomics, Spanish study was supported by Instituto de Salud  
215 Carlos III, co-funded by FEDER funds –a way to build Europe– (grants PI14-613 and PI09-1286),  
216 Agency for Management of University and Research Grants (AGAUR) of the Catalan Government  
217 (grant 2017SGR723), and Junta de Castilla y León (grant LE22A10-2). Sample collection of this work  
218 was supported by the Xarxa de Bancs de Tumors de Catalunya sponsored by Pla Director d’Oncología  
219 de Catalunya (XBTC), Plataforma Biobancos PT13/0010/0013 and ICOBIOBANC, sponsored by the  
220 Catalan Institute of Oncology.

221 Czech Republic CCS: This work was supported by the Grant Agency of the Czech Republic (grants CZ  
222 GA CR: GAP304/10/1286 and 1585) and by the Grant Agency of the Ministry of Health of the Czech  
223 Republic (grants AZV 15-27580A and AZV 17-30920A).

224 DACHS: This work was supported by the German Research Council (BR 1704/6-1, BR 1704/6-3, BR  
225 1704/6-4, CH 117/1-1, HO 5117/2-1, HE 5998/2-1, KL 2354/3-1, RO 2270/8-1 and BR 1704/17-1), the  
226 Interdisciplinary Research Program of the National Center for Tumor Diseases (NCT), Germany, and  
227 the German Federal Ministry of Education and Research (01KH0404, 01ER0814, 01ER0815,  
228 01ER1505A and 01ER1505B).

229 DALS: National Institutes of Health (R01 CA48998 to M. L. Slattery).

230 EDRN: This work is funded and supported by the NCI, EDRN Grant (U01 CA 84968-06).

231 EPIC: The coordination of EPIC is financially supported by the European Commission (DG SANCO) and  
232 the International Agency for Research on Cancer. The national cohorts are supported by Danish  
233 Cancer Society (Denmark); Ligue Contre le Cancer, Institut Gustave Roussy, Mutuelle Générale de  
234 l'Education Nationale, Institut National de la Santé et de la Recherche Médicale (INSERM) (France);  
235 German Cancer Aid, German Cancer Research Center (DKFZ), Federal Ministry of Education and  
236 Research (BMBF), Deutsche Krebshilfe, Deutsches Krebsforschungszentrum and Federal Ministry of  
237 Education and Research (Germany); the Hellenic Health Foundation (Greece); Associazione Italiana  
238 per la Ricerca sul Cancro-AIRC Italy and National Research Council (Italy); Dutch Ministry of Public  
239 Health, Welfare and Sports (VWS), Netherlands Cancer Registry (NKR), LK Research Funds, Dutch  
240 Prevention Funds, Dutch ZON (Zorg Onderzoek Nederland), World Cancer Research Fund (WCRF),  
241 Statistics Netherlands (The Netherlands); ERC-2009-AdG 232997 and Nordforsk, Nordic Centre of  
242 Excellence programme on Food, Nutrition and Health (Norway); Health Research Fund (FIS),  
243 PI13/00061 to Granada, PI13/01162 to EPIC-Murcia, Regional Governments of Andalucía, Asturias,  
244 Basque Country, Murcia and Navarra, ISCIII RETIC (RD06/0020) (Spain); Swedish Cancer Society,  
245 Swedish Research Council and County Councils of Skåne and Västerbotten (Sweden); Cancer

246 Research UK (14136 to EPIC-Norfolk; C570/A16491 and C8221/A19170 to EPIC-Oxford), Medical  
247 Research Council (1000143 to EPIC-Norfolk, MR/M012190/1 to EPIC-Oxford) (United Kingdom).

248 EPICOLON: This work was supported by grants from Fondo de Investigación Sanitaria/FEDER  
249 (PI08/0024, PI08/1276, PS09/02368, PI11/00219, PI11/00681, PI14/00173, PI14/00230, PI17/00509,  
250 17/00878, Acción Transversal de Cáncer), Xunta de Galicia (PGIDIT07PXIB9101209PR), Ministerio de  
251 Economía y Competitividad (SAF07-64873, SAF 2010-19273, SAF2014-54453R), Fundación Científica  
252 de la Asociación Española contra el Cáncer (GCB13131592CAST), Beca Grupo de Trabajo “Oncología”  
253 AEG (Asociación Española de Gastroenterología), Fundación Privada Olga Torres, FP7 CHIBCHA  
254 Consortium, Agència de Gestió d’Ajuts Universitaris i de Recerca (AGAUR, Generalitat de Catalunya,  
255 2014SGR135, 2014SGR255, 2017SGR21, 2017SGR653), Catalan Tumour Bank Network (Pla Director  
256 d’Oncologia, Generalitat de Catalunya), PERIS (SLT002/16/00398, Generalitat de Catalunya), CERCA  
257 Programme (Generalitat de Catalunya) and COST Action BM1206 and CA17118. CIBERehd is funded  
258 by the Instituto de Salud Carlos III.

259 ESTHER/VERDI. This work was supported by grants from the Baden-Württemberg Ministry of  
260 Science, Research and Arts and the German Cancer Aid.

261 Harvard cohorts (HPFS, NHS, PHS): HPFS is supported by the National Institutes of Health (P01  
262 CA055075, UM1 CA167552, U01 CA167552, R01 CA137178, R01 CA151993, R35 CA197735, K07  
263 CA190673, and P50 CA127003), NHS by the National Institutes of Health (R01 CA137178, P01  
264 CA087969, UM1 CA186107, R01 CA151993, R35 CA197735, K07CA190673, and P50 CA127003) and  
265 PHS by the National Institutes of Health (R01 CA042182).

266 Hawaii Adenoma Study: NCI grants R01 CA72520.

267 HCES-CRC: the Hwasun Cancer Epidemiology Study–Colon and Rectum Cancer (HCES-CRC; grants  
268 from Chonnam National University Hwasun Hospital, HCRI15011-1).

269 Kentucky: This work was supported by the following grant support: Clinical Investigator Award from  
270 Damon Runyon Cancer Research Foundation (CI-8); NCI R01CA136726.

271 LCCS: The Leeds Colorectal Cancer Study was funded by the Food Standards Agency and Cancer  
272 Research UK Programme Award (C588/A19167).

273 MCCS cohort recruitment was funded by VicHealth and Cancer Council Victoria. The MCCS was  
274 further supported by Australian NHMRC grants 509348, 209057, 251553 and 504711 and by  
275 infrastructure provided by Cancer Council Victoria. Cases and their vital status were ascertained  
276 through the Victorian Cancer Registry (VCR) and the Australian Institute of Health and Welfare  
277 (AIHW), including the National Death Index and the Australian Cancer Database.

278 Multiethnic Cohort (MEC) Study: National Institutes of Health (R37 CA54281, P01 CA033619, R01  
279 CA063464 and U01 CA164973).

280 MECC: This work was supported by the National Institutes of Health, U.S. Department of Health and  
281 Human Services (R01 CA81488 to SBG and GR).

282 MSKCC: The work at Sloan Kettering in New York was supported by the Robert and Kate Niehaus  
283 Center for Inherited Cancer Genomics and the Romeo Milio Foundation. Moffitt: This work was  
284 supported by funding from the National Institutes of Health (grant numbers R01 CA189184, P30  
285 CA076292), Florida Department of Health Bankhead-Coley Grant 09BN-13, and the University of  
286 South Florida Oehler Foundation. Moffitt contributions were supported in part by the Total Cancer  
287 Care Initiative, Collaborative Data Services Core, and Tissue Core at the H. Lee Moffitt Cancer Center  
288 & Research Institute, a National Cancer Institute-designated Comprehensive Cancer Center (grant  
289 number P30 CA076292).

290 NCCCS I & II: We acknowledge funding support for this project from the National Institutes of Health,  
291 R01 CA66635 and P30 DK034987.

292 NFCCR: This work was supported by an Interdisciplinary Health Research Team award from the  
293 Canadian Institutes of Health Research (CRT 43821); the National Institutes of Health, U.S.  
294 Department of Health and Human Services (U01 CA74783); and National Cancer Institute of Canada  
295 grants (18223 and 18226). The authors wish to acknowledge the contribution of Alexandre Belisle

296 and the genotyping team of the McGill University and Génome Québec Innovation Centre, Montréal,  
297 Canada, for genotyping the Sequenom panel in the NFCCR samples. Funding was provided to  
298 Michael O. Woods by the Canadian Cancer Society Research Institute.

299 NSHDS: Swedish Research Council; Swedish Cancer Society; Cutting-Edge Research Grant and other  
300 grants from Region Västerbotten; Knut and Alice Wallenberg Foundation; Lion's Cancer Research  
301 Foundation at Umeå University; the Cancer Research Foundation in Northern Sweden; and the  
302 Faculty of Medicine, Umeå University, Umeå, Sweden.

303 OFCCR: The Ontario Familial Colorectal Cancer Registry was supported in part by the National Cancer  
304 Institute (NCI) of the National Institutes of Health (NIH) under award U01 CA167551 and award  
305 U01/U24 CA074783 (to SG). Additional funding for the OFCCR and ARCTIC testing and genetic  
306 analysis was through a Canadian Cancer Society CaRE (Cancer Risk Evaluation) program grant  
307 and Ontario Research Fund award GL201-043 (to BWZ), through the Canadian Institutes of Health  
308 Research award 112746 (to TJH), and through generous support from the Ontario Ministry of  
309 Research and Innovation. OSUMC: OCCPI funding was provided by Pelotonia and HNPCC funding was  
310 provided by the NCI (CA16058 and CA67941).

311 PLCO: Intramural Research Program of the Division of Cancer Epidemiology and Genetics and  
312 supported by contracts from the Division of Cancer Prevention, National Cancer Institute, NIH,  
313 DHHS. Funding was provided by National Institutes of Health (NIH), Genes, Environment and Health  
314 Initiative (GEI) Z01 CP 010200, NIH U01 HG004446, and NIH GEI U01 HG 004438.

315 SCCFR: The Seattle Colon Cancer Family Registry was supported in part by the National Cancer  
316 Institute (NCI) of the National Institutes of Health (NIH) under awards U01 CA167551, U01 CA074794  
317 (to JDP), and awards U24 CA074794 and R01 CA076366 (to PAN).

318 SEARCH: The University of Cambridge has received salary support in respect of PDPP from the NHS in  
319 the East of England through the Clinical Academic Reserve. Cancer Research UK (C490/A16561); the  
320 UK National Institute for Health Research Biomedical Research Centres at the University of  
321 Cambridge.

322 SELECT: Research reported in this publication was supported in part by the National Cancer Institute  
323 of the National Institutes of Health under Award Numbers U10 CA37429 (CD Blanke), and UM1  
324 CA182883 (CM Tangen/IM Thompson). The content is solely the responsibility of the authors and  
325 does not necessarily represent the official views of the National Institutes of Health.

326 SMS: This work was supported by the National Cancer Institute (grant P01 CA074184 to J.D.P. and  
327 P.A.N., grants R01 CA097325, R03 CA153323, and K05 CA152715 to P.A.N., and the National Center  
328 for Advancing Translational Sciences at the National Institutes of Health (grant KL2 TR000421 to  
329 A.N.B.-H.)

330 The Swedish Low-risk Colorectal Cancer Study: The study was supported by grants from the Swedish  
331 research council; K2015-55X-22674-01-4, K2008-55X-20157-03-3, K2006-72X-20157-01-2 and the  
332 Stockholm County Council (ALF project).

333 Swedish Mammography Cohort and Cohort of Swedish Men: This work is supported by the Swedish  
334 Research Council /Infrastructure grant, the Swedish Cancer Foundation, and the Karolinska  
335 Institute's Distinguished Professor Award to Alicja Wolk.

336 UK Biobank: This research has been conducted using the UK Biobank Resource under Application  
337 Number 8614

338 VITAL: National Institutes of Health (K05 CA154337).

339 WHI: The WHI program is funded by the National Heart, Lung, and Blood Institute, National  
340 Institutes of Health, U.S. Department of Health and Human Services through contracts  
341 HHSN268201100046C, HHSN268201100001C, HHSN268201100002C, HHSN268201100003C,  
342 HHSN268201100004C, and HHSN271201100004C.

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347

348 **Conflict of interest**

349 Elizabeth A. Platz is the Editor-in-Chief of Cancer Epidemiology, Biomarkers and Prevention.

350

351 Manuscript word count: 3,918

352 Number of figures: 2

353 Number of Tables: 1

354

355 Abstract

356 Background: Evidence for aspirin's chemopreventative properties on colorectal cancer (CRC) is  
357 substantial, but its mechanism of action is not well-understood. We combined a proteomic approach  
358 with Mendelian randomization (MR) to identify possible new aspirin targets that decrease CRC risk.

359 Methods: Human colorectal adenoma cells (RG/C2) were treated with aspirin (24 hours) and a stable  
360 isotope labelling with amino acids in cell culture (SILAC) based proteomics approach identified  
361 altered protein expression. Protein quantitative trait loci (pQTLs) from INTERVAL (N=3,301) and  
362 expression QTLs (eQTLs) from the eQTLGen Consortium (N=31,684) were used as genetic proxies for  
363 protein and mRNA expression levels. Two-sample MR of mRNA/protein expression on CRC risk was  
364 performed using eQTL/pQTL data combined with CRC genetic summary data from the Colon Cancer  
365 Family Registry (CCFR), Colorectal Transdisciplinary (CORECT), Genetics and Epidemiology of  
366 Colorectal Cancer (GECCO) consortia and UK Biobank (55,168 cases and 65,160 controls).

367 Results: Altered expression was detected for 125/5886 proteins. Of these, aspirin decreased MCM6,  
368 RRM2 and ARFIP2 expression and MR analysis showed that a standard deviation increase in  
369 mRNA/protein expression was associated with increased CRC risk (OR:1.08, 95% CI:1.03-1.13,  
370 OR:3.33, 95% CI:2.46-4.50 and OR:1.15, 95% CI:1.02-1.29, respectively).

371 Conclusion: MCM6 and RRM2 are involved in DNA repair whereby reduced expression may lead to  
372 increased DNA aberrations and ultimately cancer cell death, whereas ARFIP2 is involved in actin  
373 cytoskeletal regulation indicating a possible role in aspirin's reduction of metastasis.

374 Impact: Our approach has shown how laboratory experiments and population-based approaches can  
375 combine to identify aspirin-targeted proteins possibly affecting CRC risk.

376

## 377 Introduction

378 Colorectal cancer (CRC) is the fourth most common cancer worldwide (1). Observational studies as  
379 well as randomized controlled trials (RCTs) using aspirin for the prevention of vascular events have  
380 shown that aspirin use is associated with a decrease in CRC incidence and mortality (2–5). This was  
381 primarily thought to be through the acetylation of the cyclooxygenase (COX) enzymes thereby  
382 inhibiting their action (6). These enzymes are involved in the COX/prostaglandin E2(PGE<sub>2</sub>) signalling  
383 pathway which is frequently upregulated in CRC, driving many of the hallmarks of cancer (7,8).

384 Evidence for COX-independent mechanisms have also emerged, such as the prevention of NF<sub>κ</sub>B  
385 activation, inhibition of the extracellular-signal-regulated kinase (ERK) signalling pathway, cell cycle  
386 progression inhibition and possible induction of autophagy (7,9). An aspirin derivative that does not  
387 inhibit COX reduced the mean number of aberrant crypt foci (an early lesion in colorectal  
388 carcinogenesis) in a mouse model of CRC more than aspirin itself (10). Furthermore, aspirin was able  
389 to inhibit proliferation and induce apoptosis in COX-2 negative colon cancer cell lines as well as  
390 reducing angiogenesis in 3D assays where COX-inhibitors showed no effect (11–13). Clinically, aspirin  
391 has been shown to reduce tumour recurrence in phosphatidylinositol-4,5-bisphosphate 3-kinase  
392 catalytic subunit alpha (PIK3CA) mutant cancer whereas rofecoxib (a COX-2 selective inhibitor)  
393 showed no effect (14) and has also been shown to improve survival in patients with human  
394 leukocyte antigen (HLA) class I antigen expression, regardless of COX-2 expression (15). There is now  
395 a significant number of studies that indicate the mechanism behind the action of aspirin on CRC risk  
396 is still not fully understood and that multiple mechanisms are involved (16).

397 In conventional epidemiological studies it is often difficult to determine causality due to limitations  
398 of confounding and reverse causation. While RCTs can overcome these limitations, they are  
399 generally limited to assessing the causal role of health interventions or pharmaceutical agents on  
400 disease outcomes, rather than understanding biological mechanisms. Furthermore, in the context of  
401 cancer, RCTs for cancer primary prevention are not always feasible, as they require long-term follow-  
402 up for the cancer to develop. Mendelian randomization (MR) is an epidemiological method which

403 applies a similar notion of randomization as in the RCT to evaluate causality. In MR, genetic variants  
404 (most commonly single nucleotide polymorphisms (SNPs)) are used to proxy an exposure of interest  
405 (17). As genetic variants are randomly assorted at conception, an individual's genetic makeup is  
406 unlikely to be influenced by exposures later on in life, thus reducing the possibility of confounding  
407 and reverse causation (18).

408 More recently, the increase in genome-wide association studies for molecular traits has identified  
409 SNPs that are associated with protein and mRNA expression levels, thereby providing protein  
410 quantitative trait loci (pQTLs) and expression quantitative trait loci (eQTLs) (19,20), which may be  
411 used to investigate the causal mechanism of drug targets on disease risk (21). Such methods can  
412 complement laboratory experiments to better understand the mechanism of action of drugs on  
413 cancer growth and progression.

414 Due to evidence showing that aspirin may prevent adenoma formation (22) and adenomas being the  
415 precursors of most colorectal cancers (23), we focused on a colorectal adenoma cell line (RG/C2) in  
416 this study and identified altered protein expression in relation to aspirin treatment. Findings were  
417 then taken forward into an MR analysis to investigate which proteins targeted by aspirin may be  
418 causally implicated in reducing risk of CRC incidence, thereby providing insight into alternative  
419 mechanisms/pathways for the action of aspirin.

420

421 **Methods**

422 **Cell culture experiments**

423 The S/RG/C2 (referred to as RG/C2 henceforth whereby the prefix “S” denotes that they are from a  
424 sporadic tumour) (RRID:CVCL\_IQ11) colorectal adenoma cell line was derived in the Colorectal  
425 Tumour Biology group and is described in detail elsewhere (24). These cells express RG/C2 cells  
426 express WT full length *APC* (251) as well as wild type *KRAS* and *PIK3CA* (252) but express mutant  
427 *TP53* (25–27) .RG/C2s were cultured in Dulbecco’s Modified Eagles Medium (DMEM) (Life  
428 Technologies, Paisley, UK) and supplemented with 20% foetal bovine serum (FBS)(Life Technologies,  
429 Paisley, UK), L-glutamine (2mM)(Life Technologies, Paisley, UK), penicillin (100 units/ml) (Life  
430 Technologies, Paisley, UK), streptomycin (100 ug/ml) (Life Technologies, Paisley, UK) and insulin (0.2  
431 units/ml) (Sigma-Aldrich, Poole, UK). Cells were mycoplasma tested (Mycoalert Plus mycoplasma  
432 detection kit; Lonza Group, Basal, Switzerland) and experiments performed within 10 passages.  
433 Aspirin (Sigma-Aldrich) was dissolved in fresh growth medium and diluted to form concentrations of  
434 2mM and 4mM.

435 **Generation of proteomic data - SILAC approach**

436 A stable isotope labelling with amino acids in cell culture (SILAC) approach was carried out on RG/C2  
437 cells treated with 0mM, 2mM and 4mM aspirin for 24 hours. Control cells (0mM aspirin) were  
438 cultured with an L-arginine and L-lysine (light labelling), 2mM were cultured with  $^2\text{H}_4$ -lysine and  $^{13}\text{C}_6$ -  
439 arginine (medium labelling) and 4mM were cultured with  $^{15}\text{N}_2$  $^{13}\text{C}_6$ -lysine and  $^{15}\text{N}_4$  $^{13}\text{C}_6$ -arginine (heavy  
440 labelling) (Cambridge Isotope Laboratory, Massachusetts, United States). These methods were based  
441 on the SILAC-based mass spectrometry approach by Trinkle-Mulcahy et. al (2008) (28).

442 Cells were cultured with aspirin and the isotopes for 24 hours before extracting protein lysates. This  
443 experiment was carried out in duplicate. Lysates from the three conditions were pooled in a 1:1:1  
444 ratio, separated by SDS-PAGE and then subjected to in-gel tryptic digestion. The resulting peptides  
445 were analysed by liquid chromatography mass spectrometry using an LTQ Orbitrap Velos mass  
446 spectrometer (Thermo Fisher Scientific, Waltham, Massachusetts, USA) and the mass spectral data

447 analysed using Proteome Discoverer software v1.4 (Thermo). Details of SILAC labelling and  
448 proteomics have been previously published (29). To determine proteins whose expression is altered  
449 due to aspirin treatment, we applied a threshold of a 1.4 fold change between 4mM/control and  
450 2mM/control, as suggested previously (30). Results were also limited to a variability of <100% and a  
451 peptide count of at least 2.

452 **Statistical analyses**

453 **Two-sample MR**

454 To assess the effect of protein/mRNA expression of aspirin targets on risk of CRC, we used a two-  
455 sample MR approach. Firstly, SNPs were identified to proxy for protein/mRNA expression of the  
456 proteins shown to be altered in cell culture. Genetic association estimates with protein/mRNA  
457 expression levels (pQTLs/eQTLs) (sample 1) were integrated with genetic association estimates with  
458 CRC risk (sample 2).

459 **Genetic predictors for protein and gene expression**

460 Protein quantitative trait loci (pQTLs) were obtained from the INTERVAL study which comprises  
461 about 50,000 individuals within a randomised trial evaluating the effect of varying intervals between  
462 blood donations and how this affects outcomes such as quality of life (31). Relative protein  
463 measurements were taken using SOMAscan assays for 3,622 plasma proteins in a subset of 3,301  
464 participants, randomly chosen. Genotyping and imputation (using a combined 1000 Genomes Phase  
465 3-UK10K as the reference panel) of these individuals provided measures for 10,572,814 variants that  
466 passed quality control and were taken forward in a GWAS analysis to identify pQTLs for the  
467 measured proteins (details of quality control are mentioned elsewhere (19)). pQTLs identified  
468 represent a standard deviation (SD) change in protein expression (19). To adjust for multiple testing,  
469 a Bonferroni correction ( $0.05/10,572,814=4.72\times 10^{-9}$ ) was applied and pQTLs below this P-value  
470 threshold were used to proxy for protein expression in our analysis (32).

471 In the absence of a relevant pQTL for the protein of interest, an equivalent mRNA expression GWAS  
472 was used instead. Expression quantitative trait loci (eQTLs) were extracted from the eQTLGEN

473 consortium consisting of 31,684 individuals from 37 datasets, of which 26,886 samples were from  
474 blood and 4798 from peripheral blood mononuclear cells (PBMCs). Due to the differing methods for  
475 genotyping between the studies, variants for each transcript ranged between 2,337-31,684 variants  
476 (20). For this reason, a Bonferroni correction threshold was adjusted depending on the number of  
477 variants measured for each transcript (0.05/number of variants) (32). eQTLs were standardized and  
478 meta-analysed through a Z-transformation, therefore eQTL effect sizes are reported as standard  
479 deviation (SD) changes (20).

480 In this analysis, both cis (within 1 Mb of the gene transcription start sit) and trans QTLs were used to  
481 proxy for expression. Once suitable pQTLs/eQTLs were identified, linkage disequilibrium (LD)  
482 clumping at an  $R^2$  of 0.001 was carried out to remove SNPs that are inherited together and so that  
483 only the SNP most strongly associated with the mRNA/protein expression within a 10,000kb window  
484 was used.

#### 485 **Genetic association for colorectal cancer**

486 Genetic association summary statistics for CRC, comprising 55,168 colorectal cancer cases and  
487 65,160 controls, were obtained from the Colon Cancer Family Registry (CCFR), Colorectal  
488 Transdisciplinary (CORECT) and Genetics and Epidemiology of Colorectal Cancer (GECCO) consortia  
489 and UK Biobank (33–35). Quality control procedures have been described elsewhere (33). Ethics  
490 were approved by respective institutional review boards.

#### 491 **Evaluating the association of mRNA/protein expression on colorectal cancer**

492 Analyses were carried out in R version 3.2.3 using the MR-Base TwoSampleMR R package  
493 ([github.com/MRCIEU/TwoSampleMR](https://github.com/MRCIEU/TwoSampleMR)) (36), which allows the formatting, harmonisation and analysis  
494 of summary statistics. The package reassigns alleles so that the effect allele has a positive association  
495 with the exposure and so represents an increase in protein/mRNA expression. In turn, allele  
496 harmonization ensures that the same allele (that predicts increased expression) is the effect allele in  
497 the outcome dataset as well. In the case of palindromic SNPs (represented by either A/T or G/C on  
498 both the forward and reverse alleles) these were also harmonized where possible based on allele

499 frequencies. If allele frequencies for the effect allele and the other allele were similar, thus making  
500 harmonization difficult, these SNPs were dropped from the analysis (36).

501 Separate MR analyses were carried for cis and trans pQTLs as well as cis and trans eQTLs. For  
502 proteins with just one pQTL or eQTL, Wald ratios (SNP-outcome estimate  $\div$  SNP-exposure estimate)  
503 were calculated to give a causal estimate for risk of CRC per SD increase in mRNA/protein  
504 expression. Where more than one QTL was available as a proxy for the exposure (mRNA/protein  
505 levels), a weighted mean of the ratio estimates weighted by the inverse variance of the ratio  
506 estimates (inverse-variance weighted (IVW) method) was used (37).

507 When one genetic variant used to proxy for an exposure is invalid e.g. due to horizontal pleiotropy  
508 (where a genetic variant affects the outcome through an alternative exposure/pathway of interest)  
509 (17), then the estimator from the IVW method becomes biased (38). As a sensitivity analysis,  
510 alternative MR methods were used when more than 2 SNPs were available as instruments for  
511 mRNA/protein expression (MR Egger, simple mode, weighted mode, and weighted median)  
512 (36,39,40). Unlike the IVW method, the MR Egger method is not constrained to pass through an  
513 effect size of 0, thereby allowing the assessment of horizontal pleiotropy through the y intercept.  
514 (38,41). The weighted median approach is useful as it allows a consistent estimate even if 50% of the  
515 SNPs proxying protein/mRNA expression are invalid instruments (40) and the mode estimate also  
516 provides a consistent causal effect estimate even if the majority of the instruments are invalid, as  
517 the estimate depends on the largest number of similar instruments (39).

## 518 Results

519 Mendelian randomization of gene/protein expression and risk of colorectal cancer  
520 identified in aspirin treated human adenoma cells  
521 In order to investigate the early changes that could reduce cancer risk, we investigated the  
522 proteome of aspirin treated adenoma derived cells to identify new targets of aspirin that may alter  
523 the risk of CRC by combining these proteomic results with an MR analysis. After applying a filtering  
524 threshold based on fold change and variability in expression, we identified 125 proteins whose

525 expression appeared to be regulated by aspirin treatment (Figure 1) (S1 Table), although 5 were  
526 uncharacterised from mass spectrometry and therefore excluded from the analysis.

527 Of the 120 proteins, expression of 28 proteins was measured in the INTERVAL study, of which 12  
528 proteins had pQTLs that were below the Bonferroni significance threshold ( $0.05/10,572,814 = 4.73$   
529  $\times 10^{-9}$ ). From these 12 proteins, cis pQTLs were available for 3 proteins and trans pQTLs for 10  
530 proteins (S2 Table). In the absence of available pQTLs, eQTLs for the transcripts of the identified  
531 proteins were used instead. Of the 108 proteins with no pQTLs available, expression of 89 mRNAs  
532 were measured in the eQTLGen consortium, of which 77 proteins had eQTLs that were below the  
533 Bonferroni significance threshold. From these 77 proteins, cis eQTLs were available for 71 proteins  
534 and trans eQTLs were available for 37 proteins (S3 Table). In total, there were 318 unique SNPs  
535 proxying for protein and mRNA expression, of which outcome summary statistics were available for  
536 305 SNPs to test for association between 99 mRNA/proteins against risk of CRC.

537 Two-sample MR analysis using the Wald ratio or IVW method was conducted to test the effect of  
538 increased mRNA/protein expression on the risk of CRC incidence using cis and trans pQTLs (S4 Table)  
539 as well as cis and trans eQTLs (S5 Table). In total, 99 proteins were tested for association with CRC  
540 incidence. To correct for multiple testing, a Bonferroni adjusted threshold of significance was applied  
541 ( $0.05/99 = 5.05 \times 10^{-4}$ ) but we also considered associations of a nominal significance (P value  $< 0.05$ ).  
542 Overall, 1 protein with cis eQTLs and 2 with trans eQTLs were associated with CRC incidence at  $P <$   
543  $5.05 \times 10^{-4}$  and a further 3 proteins with cis eQTLs, 1 with a trans eQTL and 1 instrumented by a trans  
544 pQTL were associated with CRC incidence at a P value  $< 0.05$ .

545 Increased mRNA expression of Human Leukocyte Antigen A (*HLA-A*) and mini chromosome  
546 maintenance 6 (*MCM6*) instrumented by cis eQTLs was found to be associated with an increased risk  
547 of CRC incidence (OR 1.28, 95% CI: 1.04-1.58, P value: 0.02 and OR 1.08, 95% CI: 1.03-1.13, P value:  
548  $9.23 \times 10^{-4}$  per SD increase in mRNA expression, respectively). An SD increase in mRNA expression of  
549 fatty acid desaturase 2 (*FADS2*) and DNA polymerase delta subunit 2 (*POLD2*) instrumented by cis  
550 eQTLs was associated with a decrease in risk of CRC incidence (OR 0.94, 95% CI: 0.90-0.97, P value:

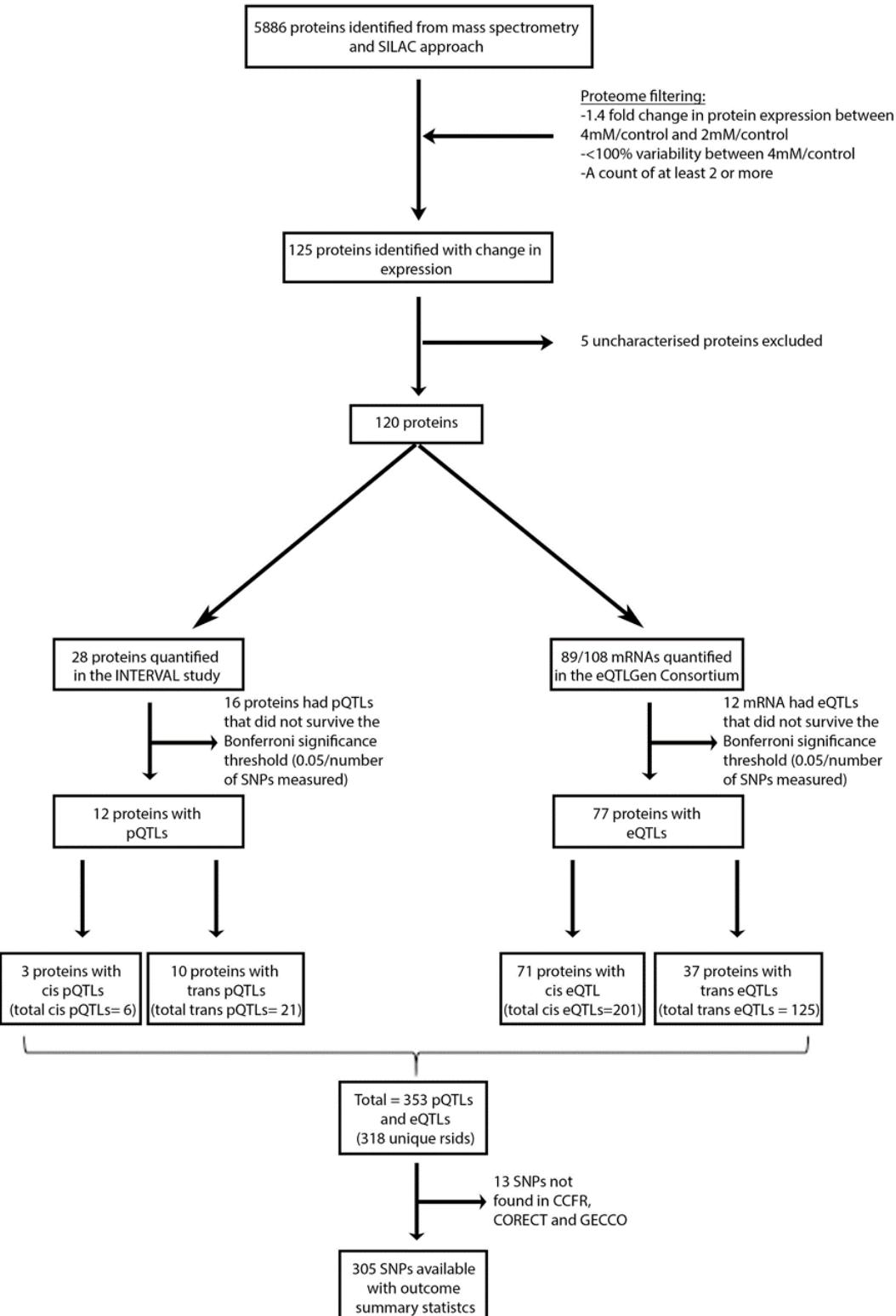
551  $2.50 \times 10^{-4}$  and OR 0.84, 95% CI: 0.75-0.94, P value:  $1.17 \times 10^{-3}$ , respectively) (Figure 2, Table 1). For  
552 *FADS2* and *POLD2*, results were consistent using other MR methods (weighted median, weighted  
553 mode and simple mode) and the MR Egger test shows no evidence of pleiotropy (S6 Table,  
554 Supplementary Figure 1). From the cis eQTL analysis, only results for *FADS2* survived the Bonferroni  
555 significance threshold.

556 Proteins instrumented by trans eQTLs include ribonucleoside-diphosphate reductase subunit M2  
557 (*RRM2*), stathmin-1 (*STMN1*) and lipin 1 (*LPIN1*). An increase in *RRM2* was estimated to increase the  
558 risk of cancer incidence (OR 3.33, 95% CI: 2.46-4.50, P value:  $6.25 \times 10^{-15}$  per SD increase in mRNA  
559 expression) whereas an increase in *STMN1* and *LPIN1* was associated with decreases in the risk of  
560 CRC incidence (OR 0.72, 95% CI: 0.54-0.97, P value: 0.03 and OR 0.40, 95% CI: 0.32-0.50, P value:  
561  $5.50 \times 10^{-16}$  per SD increase in mRNA expression, respectively). From the trans eQTL analysis, results  
562 for *RRM2* and *LPIN1* both survived the Bonferroni significance threshold.

563 For proteins instrumented by pQTLs, ADP ribosylation factor interacting protein 2 (ARFIP2) proxied  
564 using a trans pQTL conferred an increased risk of CRC incidence (OR 1.15, 95% CI: 1.01-1.29, P value:  
565 0.03 per SD increase in protein expression).

566 Overall, the directions of effects between *HLA-A*, *MCM6*, *RRM2* and *ARFIP2* and CRC risk obtained  
567 from our MR analysis concur with those anticipated given the protective role of aspirin on CRC and  
568 the effect of aspirin treatment on expression of these proteins. Aspirin reduces the protein  
569 expression of *HLA-A*, *MCM6*, *RRM2* and *ARFIP2* (fold change in protein expression with 4mM aspirin  
570 treatment compared to control: 0.55, 0.65, 0.36 and 0.69, respectively, Table 1) and aspirin intake is  
571 associated with a decreased risk of CRC (2-4). Our MR analysis shows that increased expression of  
572 these proteins is associated with an increased risk of CRC incidence. Taken together, our results  
573 indicate that a possible mechanism through which aspirin decreases the risk of CRC incidence is  
574 through the downregulation of *HLA-A*, *MCM6*, *RRM2* and *ARFIP2*. The direction of effect was less  
575 consistent for the other 4 proteins (*FADS2*, *POLD2*, *STMN1* and *LPIN1*) showing opposite results to  
576 what we would expect based on the proteomic results (Table 1).

577

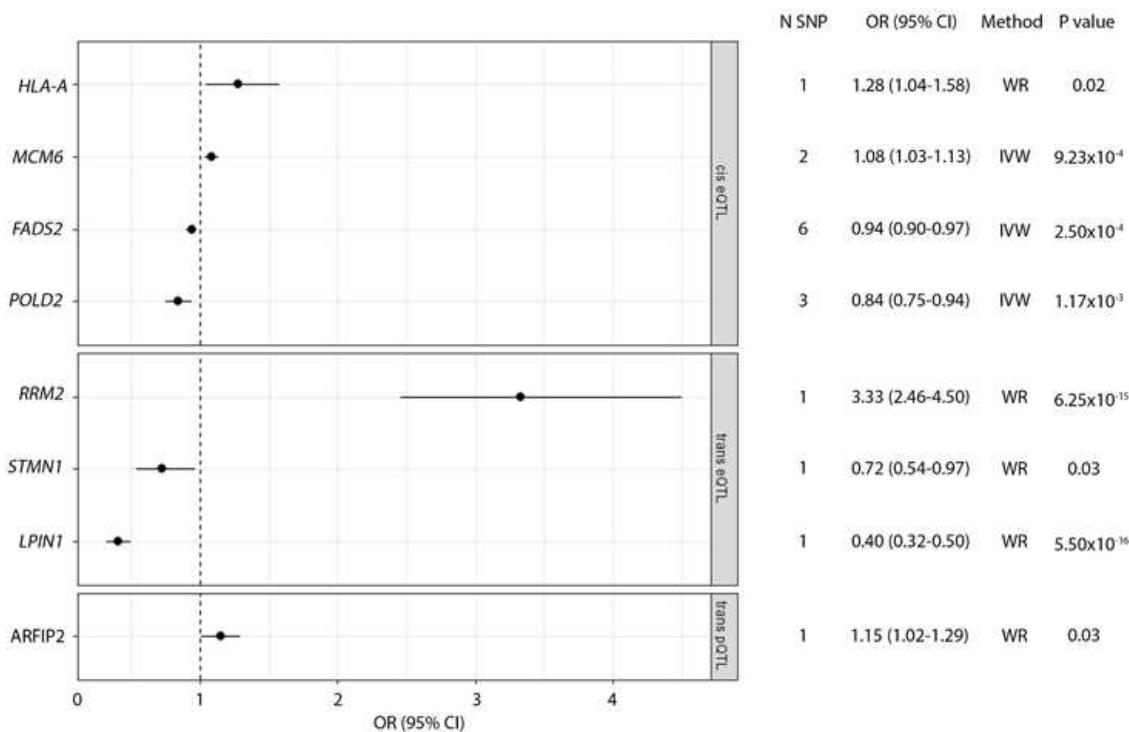


578

579  
 580  
 581 Figure 1- Flow diagram of SNP selection. 5886 proteins were identified using the SILAC proteomic approach. After applying a threshold, 125 proteins appear to be regulated by aspirin treatment, of which 5 were uncharacterised proteins and were therefore excluded from the analysis. In total, 12 proteins and 77 mRNAs had been quantified and had pQTLs/eQTLs below

582 the Bonferroni significance threshold. Overall, summary statistics for 353 pQTLs and eQTLs were available, of which  
583 summary statistics for 305 of the SNPs was also present in the CCFR, CORECT and GECCO consortia.

584



585

586 Figure 2- Forest plot of mRNA/protein associations with CRC incidence at a P value of <0.05. The upper box presents results  
587 using cis eQTLs, followed by trans eQTLs and finally trans pQTLs. Each dot on the plot represents the change in OR of CRC  
588 incidence per SD increase in mRNA/protein expression and the horizontal lines either side of the dot represent the 95%  
589 confidence intervals. The dotted line represents a null association between expression and cancer incidence. The number  
590 of SNPs used as instruments as well as the OR, the method and P value of association are also reported. Abbreviations: N  
591 SNP, number of SNPs; OR, odds ratio; CI, confidence intervals; IVW, inverse-variance weighted; WR, Wald ratio.

2

3 Table 1- MR results of the 8 proteins associated with CRC incidence

| Gene          | Instrument | N SNP | Variance explained R <sup>2</sup><br>(%) | Method | Association of predicted expression with CRC risk |             |             |                              |        | Fold change of protein expression in response to aspirin |                |        |
|---------------|------------|-------|--|--------|---|-------------|-------------|------------------------------|--------|--|----------------|--------|
|               |            |       |  |        | OR  | LCI         | UCI         | P value                      | Effect | 2mM vs Control   | 4mM vs Control | Effect |
| <i>FADS2</i>  | cis eQTL   | 6     | 2.29                                     | IVW    | 0.94  | 0.90        | 0.97        | 2.5x10 <sup>-4</sup>         | □      | 0.61   | 0.26           | □      |
| <i>MCM6</i>   | cis eQTL   | 2     | <b>3.85</b>                              | IVW    | <b>1.08</b>                                       | <b>1.03</b> | <b>1.13</b> | <b>9.23x10<sup>-4</sup></b>  | □      | <b>0.59</b>  | <b>0.65</b>    | □      |
| <i>POLD2</i>  | cis eQTL   | 3     | 0.05                                     | IVW    | 0.84  | 0.75        | 0.94        | 1.73x10 <sup>-3</sup>        | □      | 0.54   | 0.35           | □      |
| <i>HLA-A</i>  | cis eQTL   | 1     | <b>5.95</b>                              | WR     | <b>1.28</b>                                       | <b>1.04</b> | <b>1.58</b> | <b>0.02</b>                  | □      | <b>0.55</b>  | <b>0.64</b>    | □      |
| <i>LPIN1</i>  | trans eQTL | 1     | 0.08                                     | WR     | 0.40  | 0.32        | 0.50        | 5.50x10 <sup>-16</sup>       | □      | 0.65   | 0.64           | □      |
| <i>RRM2</i>   | trans eQTL | 1     | <b>0.19</b>                              | WR     | <b>3.33</b>                                       | <b>2.46</b> | <b>4.50</b> | <b>6.52x10<sup>-15</sup></b> | □      | <b>0.33</b>  | <b>0.36</b>    | □      |
| <i>STMN1</i>  | trans eQTL | 1     | 0.04                                     | WR     | 0.72  | 0.54        | 0.97        | 0.03                         | □      | 0.47   | 0.61           | □      |
| <i>ARFIP2</i> | trans pQTL | 1     | <b>0.09</b>                              | WR     | <b>1.15</b>                                       | <b>1.01</b> | <b>1.29</b> | <b>0.03</b>                  | □      | <b>0.67</b>  | <b>0.69</b>    | □      |

4 The table shows the inverse-variance weighted (IVW) or Wald ratio (WR) results for the 7 proteins associated with CRC incidence. The results indicate the change in OR of CRC incidence per  
 5 unit increase in mRNA or protein expression (z-score or standard deviation, respectively). Results that are consistent with aspirins' effect on protein expression are in bold font. Abbreviations:  
 6 N SNP, number of SNPs; OR, odds ratio; LCI, lower confidence interval; UCI, upper confidence interval; SE, standard error; IVW, inverse-variance weighted; WR, Wald ratio.

597

598 **Discussion**

599 Evidence for the use of aspirin in the prevention of CRC is increasing (2–5). However, the mechanism  
600 through which it functions is still not fully understood. By combining both a proteomic-based  
601 approach as well as an MR analysis, our results provide mechanistic insights into how aspirin could  
602 decrease the risk of CRC.

603 Using a SILAC-based proteomics approach, 120 proteins appear to be regulated at 24 hours by 4mM  
604 and 2mM aspirin treatment. Genetic variants (pQTLs and eQTLs) were identified and used to proxy  
605 for protein and mRNA expression levels of the identified proteins to test for evidence of a causal  
606 effect on CRC incidence. When no pQTL was available for a protein, eQTLs were used instead.

607 Overall, 4 cis eQTLs, 3 trans eQTLs and 1 trans pQTL were associated with cancer incidence at a P  
608 value < 0.05. Increased expression of *HLA-A* and *MCM6* proxied by cis eQTLs were associated with an  
609 increase in the risk of CRC incidence and an increase in *RRM2* and *ARFIP2* (proxied by a trans eQTL  
610 and trans pQTL, respectively) also conferred an increased risk. Therefore, suppressing the expression  
611 of these four proteins could decrease the risk of CRC. As the proteomic results showed that aspirin  
612 treatment decreases the expression of these proteins, this could be a potential mechanism by which  
613 aspirin reduces the risk of CRC. However, only results for *RRM2* survive the Bonferroni significance  
614 threshold, indicating that further studies are required to verify these results.

615 The proteins *MCM6* and *RRM2* are both involved in repair of DNA damage. *MCM6* is part of a  
616 helicase complex involved in unwinding DNA and is involved in repair of double stranded breaks  
617 (DSBs) in homologous recombination through interaction with *RAD51*. This interaction is required for  
618 chromatin localisation and formation of foci for DNA damage recovery (42). Likewise, *RRM2* is part  
619 of a protein complex called ribonucleotide reductase which catalyses the biosynthesis of dNTPs and  
620 is therefore required for DNA replication and damage repair (43).

621 Cancer cells commonly lose the DNA damage response, which results in the accumulation of  
622 mutations that may be oncogenic (44). Because of this, tumour cells end up relying on a reduced  
623 number of repair pathways and are therefore more sensitive to inhibition of DNA damage repair  
624 pathways when compared to normal cells which have full capability of DNA repair (45). Drugs that  
625 target these other pathways have been shown to selectively kill the cancer cells which is known as  
626 synthetic lethality (46,47). It may be that by reducing the expression of DNA repair proteins, which  
627 combined with DNA damage response proteins that are already mutated during tumour progression,  
628 aspirin can induce cell death in the developing tumour cells reducing the risk of developing cancer.

629 The MR results for the proteins ARFIP2 and HLA-A also concur with our SILAC proteomic results.  
630 ARFIP2 is a protein previously shown to play a role in membrane ruffling and actin polymerization,  
631 therefore regulating the actin cytoskeleton (48). The remodelling of the actin cytoskeleton is known  
632 to be involved in cancer metastasis (49). This is of particular interest as aspirin reduces the odds of  
633 colorectal adenocarcinoma metastasis by 64% (OR:0.36 (95% CI: 0.18-0.74)) (50) and this may be  
634 through the reduction in ARFIP2 expression. With regards to HLA-A expression and cancer risk,  
635 results from a cohort study showed that aspirin was more chemopreventative in tumours that  
636 expressed HLA class I antigen (which includes HLA-A, HLA-B and HLA-C) (rate ratio (RR) 0.53, 95% CI:  
637 0.38-0.74) and this association was no longer apparent in tumours that lacked expression of this  
638 protein (15). Our MR analysis showed that an increase in HLA-A was associated with increased CRC  
639 risk, and that aspirin may reduce this risk through a reduction in HLA-A expression, however further  
640 investigation is required before any conclusions can be drawn.

641 Our MR analysis results also showed that increased mRNA expression of *FADS2*, *POLD2*, *LPIN1* and  
642 *STMN1* all decreased the risk of CRC, indicating that decreased expression increases the risk of  
643 cancer. Our proteomic results showed that aspirin decreases the expression of these proteins and  
644 aspirin is known to decrease cancer risk. The exact meaning behind the inconsistencies in direction  
645 of effect is unclear but may be related to the dosage used in this study. A randomized trial of aspirin  
646 to prevent adenomas showed that lower doses reduced adenoma risk more than higher doses,  
647 suggesting that lower doses of aspirin may affect mRNA/protein expression differently than higher

648 doses (51,52). Furthermore, the genetic instruments used to proxy for *POLD2*, *LPIN1* and *STMN1*  
649 explain little of the variance in mRNA expression (0.05, 0.08 and 0.04%, respectively) indicating that  
650 SNPs that explain more of the variance are required before any conclusions can be made.

651 Further limitations also exist in our analysis. Firstly, the exact correlation between eQTLs and pQTLs  
652 has not been fully determined. Secondly, it is difficult to interpret results using trans eQTLs and  
653 pQTLs without clear confirmation that these SNPs directly influence the gene/protein expression. It  
654 may be that they indirectly influence expression, for example, trans eQTLs may regulate gene  
655 expression by affecting expression of a nearby cis gene which is in fact a transcription factor that is  
656 regulating the expression of the trans gene (53). Thirdly, both the pQTL and eQTL associations were  
657 carried out using blood samples or PBMCs (19,20), therefore these SNPs estimate changes in gene  
658 and protein expression in circulating immune cells only. As found by the Genotype-Tissue Expression  
659 (GTEx) study, cis eQTLs are either shared across tissues or are specific to a small number of tissues  
660 (54). Therefore, the use of these eQTLs and pQTLs measured in the blood may not be fully suitable  
661 as proxies for mRNA and protein expression in the epithelium of the colon and rectum. Furthermore,  
662 the units for the eQTLs and pQTLs represent SD changes in expression, making interpretation of the  
663 results difficult. However, we can interpret the direction of effect as well as the statistical  
664 significance of the association (P values) for these analyses. Moreover, pQTLs and eQTLs could not  
665 be identified for 20 of the proteins found to be regulated by aspirin in our proteomic approach,  
666 therefore we could not test the association of their expression with CRC risk. Finally, apart from the  
667 association of *FADS2* with CRC incidence, the other associations proxied by cis eQTLs found by our  
668 study are not below the Bonferroni threshold of significance (P value  $\leq 4.63 \times 10^{-4}$ ).

669 MR is commonly used to proxy for a drug's effect on risk of various outcomes after identification of  
670 its target. Genetic variants that predict lower function of 3-hydroxy-3-methylglutaryl coenzyme A  
671 (HMG-CoA) reductase are commonly used to investigate the effect of lowering LDL cholesterol via  
672 the use of statins on outcomes such as ovarian cancer, Alzheimer's disease or coronary heart disease  
673 (55–57). These studies involve investigation of a drug's effect via a known target on an outcome.  
674 However, this approach would be difficult to apply in the case of drugs with pleiotropic targets such

675 as aspirin. Therefore, in order to identify all possible targets of aspirin, a proteomic approach was  
676 firstly applied and targets that may affect risk of cancer were identified through using MR. To our  
677 knowledge, this is the first study that combines basic science and MR to generate hypotheses of a  
678 drug's mechanism of action in cancer.

679 Further experiments need to be conducted to confirm the effect of aspirin on gene and protein  
680 expression and the consequent effect this may have on hypothesised pathways such as DNA repair  
681 before definitive conclusions can be made. However, the potential of this unbiased approach to gain  
682 mechanistic insight is clear, allowing hypothesis driven research will better inform the clinical use of  
683 aspirin for the prevention of CRC.

684 **Acknowledgements:**

685 ASTERISK: We are very grateful to Dr. Bruno Buecher without whom this project would not have  
686 existed. We also thank all those who agreed to participate in this study, including the patients and  
687 the healthy control persons, as well as all the physicians, technicians and students.

688 CLUE: We appreciate the continued efforts of the staff members at the Johns Hopkins George W.  
689 Comstock Center for Public Health Research and Prevention in the conduct of the CLUE II study. We  
690 thank the participants in CLUE. Cancer incidence data for CLUE were provided by the Maryland  
691 Cancer Registry, Center for Cancer Surveillance and Control, Maryland Department of Health, 201 W.  
692 Preston Street, Room 400, Baltimore, MD 21201, <http://phpa.dhmh.maryland.gov/cancer>, 410-767-  
693 4055. We acknowledge the State of Maryland, the Maryland Cigarette Restitution Fund, and the  
694 National Program of Cancer Registries of the Centers for Disease Control and Prevention for the  
695 funds that support the collection and availability of the cancer registry data.

696 COLON and NQplus: the authors would like to thank the COLON and NQplus investigators at  
697 Wageningen University & Research and the involved clinicians in the participating hospitals.

698 CORSA: We kindly thank all those who contributed to the screening project Burgenland against CRC.  
699 Furthermore, we are grateful to Doris Mejri and Monika Hunjadi for laboratory assistance.

700 CPS-II: The authors thank the CPS-II participants and Study Management Group for their invaluable  
701 contributions to this research. The authors would also like to acknowledge the contribution to this  
702 study from central cancer registries supported through the Centers for Disease Control and  
703 Prevention National Program of Cancer Registries, and cancer registries supported by the National  
704 Cancer Institute Surveillance Epidemiology and End Results program.

705 Czech Republic CCS: We are thankful to all clinicians in major hospitals in the Czech Republic,  
706 without whom the study would not be practicable. We are also sincerely grateful to all patients  
707 participating in this study.

708 DACHS: We thank all participants and cooperating clinicians, and Ute Handte-Daub, Utz Benscheid,  
709 Muhabbet Celik and Ursula Eilber for excellent technical assistance.

710 EDRN: We acknowledge all the following contributors to the development of the resource:  
711 University of Pittsburgh School of Medicine, Department of Gastroenterology, Hepatology and  
712 Nutrition: Lynda Dzubinski; University of Pittsburgh School of Medicine, Department of Pathology:  
713 Michelle Bisceglia; and University of Pittsburgh School of Medicine, Department of Biomedical  
714 Informatics.

715 EPIC: Where authors are identified as personnel of the International Agency for Research on  
716 Cancer/World Health Organization, the authors alone are responsible for the views expressed in this  
717 article and they do not necessarily represent the decisions, policy or views of the International  
718 Agency for Research on Cancer/World Health Organization.

719 EPICOLON: We are sincerely grateful to all patients participating in this study who were recruited as  
720 part of the EPICOLON project. We acknowledge the Spanish National DNA Bank, Biobank of Hospital  
721 Clínic-IDIBAPS and Biobanco Vasco for the availability of the samples. The work was carried out (in  
722 part) at the Esther Koplowitz Centre, Barcelona.

723 Harvard cohorts (HPFS, NHS, PHS): The study protocol was approved by the institutional review  
724 boards of the Brigham and Women's Hospital and Harvard T.H. Chan School of Public Health, and

725 those of participating registries as required. We would like to thank the participants and staff of the  
726 HPFS, NHS and PHS for their valuable contributions as well as the following state cancer registries for  
727 their help: AL, AZ, AR, CA, CO, CT, DE, FL, GA, ID, IL, IN, IA, KY, LA, ME, MD, MA, MI, NE, NH, NJ, NY,  
728 NC, ND, OH, OK, OR, PA, RI, SC, TN, TX, VA, WA, WY. The authors assume full responsibility for  
729 analyses and interpretation of these data.

730 Kentucky: We would like to acknowledge the staff at the Kentucky Cancer Registry.

731 LCCS: We acknowledge the contributions of Jennifer Barrett, Robin Waxman, Gillian Smith and  
732 Emma Northwood in conducting this study.

733 NCCCS I & II: We would like to thank the study participants, and the NC Colorectal Cancer Study staff.

734 NSHDS investigators thank the Biobank Research Unit at Umeå University, the Västerbotten  
735 Intervention Programme, the Northern Sweden MONICA study and Region Västerbotten for  
736 providing data and samples and acknowledge the contribution from Biobank Sweden, supported by  
737 the Swedish Research Council (VR 2017-00650).

738 PLCO: The authors thank the PLCO Cancer Screening Trial screening center investigators and the staff  
739 from Information Management Services Inc and Westat Inc. Most importantly, we thank the study  
740 participants for their contributions that made this study possible.

741 SCCFR: The authors would like to thank the study participants and staff of the Hormones and Colon  
742 Cancer and Seattle Cancer Family Registry studies (CORE Studies).

743 SEARCH: We thank the SEARCH team.

744 SELECT: We thank the research and clinical staff at the sites that participated on SELECT study,  
745 without whom the trial would not have been successful. We are also grateful to the 35,533  
746 dedicated men who participated in SELECT.

747 WHI: The authors thank the WHI investigators and staff for their dedication, and the study  
748 participants for making the program possible. A full listing of WHI investigators can be found at:

749 <http://www.whi.org/researchers/Documents%20%20Write%20a%20Paper/WHI%20Investigator%20>

750 Short%20List.pdf

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808 Mendelian randomization mapping the influence of the plasma proteome on complex  
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859 Randomization with Some Invalid Instruments Using a Weighted Median Estimator. *Genet  
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904 Allocation to Lower Low-Density Lipoprotein Cholesterol on the Risk of Coronary Heart  
905 DiseaseMediatedbyPolymorphisms in NPC1L1, HMGCR,or Both: A 2 × 2 Factorial Mendelian  
906 Randomization Study. *J Am Coll Cardiol.* 2015;65(15):1552–61.

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