

1 **Leveraging inter-individual transcriptional correlation structure to infer discrete signaling**  
2 **mechanisms across metabolic tissues**

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47 **Running title:** A targeted exploration of gene-centric correlations across metabolic organs

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49 Inter-individual variation, Web resource

50

51 **Abstract/Introduction**

52 Inter-organ communication is a vital process to maintain physiologic homeostasis, and its  
53 dysregulation contributes to many human diseases. Beginning with the discovery of insulin over  
54 a century ago, characterization of molecules responsible for signal between tissues has required  
55 careful and elegant experimentation where these observations have been integral to deciphering  
56 physiology and disease. Given that circulating bioactive factors are stable in serum, occur  
57 naturally, and are easily assayed from blood, they present obvious focal molecules for  
58 therapeutic intervention and biomarker development. For example, physiologic dissection of the  
59 actions of soluble proteins such as proprotein convertase subtilisin/kexin type 9 (*PCSK9*) and  
60 glucagon-like peptide 1 (*GLP1*) have yielded among the most promising therapeutics to treat  
61 cardiovascular disease and obesity, respectively<sup>1-4</sup>. A major obstacle in the characterization of  
62 such soluble factors is that defining their tissues and pathways of action requires extensive  
63 experimental testing in cells and animal models. Recently, studies have shown that secreted  
64 proteins mediating inter-tissue signaling could be identified by “brute-force” surveys of all genes  
65 within RNA-sequencing measures across tissues within a population<sup>5-9</sup>. Expanding on this  
66 intuition, we reasoned that parallel strategies could be used to understand how individual genes  
67 mediate signaling across metabolic tissues through correlative analyses of gene variation  
68 between individuals. Thus, comparison of quantitative levels of gene expression relationships  
69 between organs in a population could aid in understanding cross-organ signaling. Here, we  
70 surveyed gene-gene correlation structure across 18 metabolic tissues in 310 human individuals  
71 and 7 tissues in 103 diverse strains of mice fed a normal chow or HFHS diet. Variation of genes  
72 such as *FGF21*, *ADIPOQ*, *GCG* and *IL6* showed enrichments which recapitulate experimental  
73 observations. Further, similar analyses were applied to explore both within-tissue signaling  
74 mechanisms (liver *PCSK9*) as well as genes encoding enzymes producing metabolites (adipose  
75 *PNPLA2*), where inter-individual correlation structure aligned with known roles for these critical  
76 metabolic pathways. Examination of sex hormone receptor correlations in mice highlighted the  
77 difference of tissue-specific variation in relationships with metabolic traits. We refer to this  
78 resource as **Gene-Derived Correlations Across Tissues** (GD-CAT) where all tools and data are  
79 built into a web portal enabling users to perform these analyses without a single line of code  
80 ([gdcat.org](http://gdcat.org)). This resource enables querying of any gene in any tissue to find correlated patterns  
81 of genes, cell types, pathways and network architectures across metabolic organs.

82

83 **Results**

84 *Construction of a web tool to survey transcript correlations across tissues and individuals (GD-  
85 CAT)* – Previous studies have established that “brute force” analyses of correlation structure across  
86 tissues from population expression data can identify new several known and mechanisms of organ

87 cross-talk. These were accomplished by surveying the global correlation structure using all genes,  
88 whereby skewed upper-limits of significance distributions were sufficient to prioritize proteins  
89 which elicit signaling<sup>5-9</sup>. Following this intuition, we hypothesized that a paralleled but alternative  
90 approach to inter-individual correlation structure could be exploited to understand the functional  
91 consequences of specific genes. Our initial goal was to establish a user-friendly interface where  
92 all of these analyses and gene-centric queries could be performed without running any code. To  
93 accomplish this, we assembled a complete analysis pipeline (Fig 1A) as a shiny-app and docker  
94 image hosted in a freely-available web address (gdcat.org). Here, users can readily-search gene  
95 correlation structure between individuals from filtered human (gene-by-tissue expression project  
96 - GTEx) and mouse (hybrid mouse diversity panel - HMDP) across tissues. GTEx is presently the  
97 most comprehensive pan-tissue dataset in humans<sup>10</sup>, which was filtered for individuals where most  
98 metabolic tissues were sequenced<sup>9</sup>. Collectively, this dataset contains 310 individuals, consisting  
99 of 210 male and 100 female (self-reported) subjects between the ages of 20-79. Data from the  
100 HMDP consisted of 96 diverse mouse strains fed a normal chow (5 tissues) or high-fat/high-  
101 sucrose diet (7 tissues) as well as carefully characterized clinical traits<sup>11-16</sup>. Initially, users select  
102 a given species, followed by reported sex or diet (mouse) which loads the specified environment.  
103 Subsequent downstream analyses are then implemented accordingly from a specific gene in a  
104 given tissue.. This selection prompts individual gene correlations across all other gene-tissue  
105 combinations using biweight midcorrelation<sup>17</sup>. From these charts, users are able to select a given  
106 tissue, where gene set enrichment analysis testing using clusterprofiler<sup>18</sup> and enrichR<sup>19</sup> are applied  
107 to the correlated set of genes to determine the positively (activated) and negatively (suppressed)  
108 pathways which occur in each tissue. In addition to general queries of gene ~ gene correlation  
109 structure, comparison of expression changes are also visualized between age groups as well as  
110 reported sexes. In addition, we included the top cell-type abundance correlations with each gene.  
111 To compute cell abundance estimates from the same individuals, we used single-nucleus RNA-  
112 seq available from GTEx<sup>20</sup> and applied cellular deconvolution methods to the bulk RNA-seq<sup>21</sup>  
113 (methods). Comparison of deconvolution methods<sup>21</sup> showed that DeconRNASeq<sup>22</sup> captured the  
114 most cell types within several tissues (Supplemental Figures 1-3) and therefore was applied to all  
115 tissues where sn-RNA-seq was available. We note that visceral adipose, subcutaneous adipose,  
116 aortic artery, coronary artery, transverse colon, sigmoid colon, the heart left ventricle, the kidney  
117 cortex, liver, lung, skeletal muscle, spleen, and small intestine are the only tissues where sn-seq is  
118 available and not other tissues, such as brain, stomach and thyroid.

119 We initially examined pan-tissue transcript correlation structures for several well-established  
120 mechanisms of tissue crosstalk via secreted proteins which contribute to metabolic homeostasis.  
121 Here, binning of the significant tissues and pathways related to each of these established secreted  
122 proteins resembled their known mechanisms of action (Fig 1B-E). For example, variation with  
123 subcutaneous adipose expression of *ADIPOQ* was enriched with genes in several metabolic tissues  
124 where it has been known to act (Fig 1B, left). In particular, subcutaneous adipose *ADIPOQ*  
125 expression correlated with fatty acid oxidative process within adipose (Fig 1B, middle) and was  
126 enriched with ECM, chemotaxis and ribosomal biogenesis in skeletal muscle (Fig 1B, right).  
127 These correlated pathways align with the established physiologic roles of the protein in that fat  
128 secreted adiponectin when oxidation is stimulated<sup>23,24</sup> and muscle is a major site of action<sup>25</sup>.  
129 Beyond adiponectin, inter-individual correlation structure additionally recapitulated broad  
130 signaling mechanisms for other relevant endocrine proteins. For example, intestinal *GCG*  
131 (encoding GLP1, Fig 1C), liver *FGF21* (Fig 1D) and skeletal muscle *IL6* (Fig 1E) showed binning  
132 patterns and pathway enrichments related to their known functions in pancreas<sup>1,26</sup>, adipose

133 tissue<sup>27,28</sup> and other metabolic organs<sup>29</sup>, respectively. These analyses and web tool show some  
134 examples of exploring transcriptional correlation structure to confirm and identify mechanisms of  
135 signaling, where we note that additional limitations should be considered.

136  
137 *Pathway-based examination of gene correlation structure and significance thresholds across*  
138 *tissues* - While the select observations shown in Fig1 provide examples of support in exploring  
139 correlation structure of genes across interindividual differences to investigate endocrinology,  
140 several limitations in these analyses should be considered. First, an additional explanation for a  
141 given gene showing strong correlation between the tissues could arise from a general pattern of  
142 correlation between the two tissues and not necessarily due to the discrete signaling mechanisms.  
143 In previous studies surveying correlation structure and network model architectures in the HMDP  
144 and STARNET populations, genes appeared generally stronger correlated between liver and  
145 adipose tissue compared to all other organ combinations explored<sup>5-7</sup>. To investigate this global  
146 pattern of gene correlation structure between metabolic organs, we selected key GO terms, KEGG  
147 pathways and randomly sampled equal numbers of genes and evaluated relative significance of  
148 inter-tissue correlations across multiple statistical thresholds. These analyses suggested that usage  
149 of empirical student correlation pvalues recapitulated a clear pattern of inter-tissue correlations  
150 between pathways (Fig 2). For example, comparison of the number of genes achieving  
151 significance of correlation between tissues among select GO terms revealed that tissues such as  
152 adipose and muscle appeared more correlated than spleen and other tissues at pvalues less than 1e-  
153 3 (Fig 2A, left column). These global patterns of gene correlation between tissues among select  
154 pathways were reduced when the pvalue threshold was lowered to 1e-6 (Fig 2A, middle column)  
155 or qvalue adjustments (methods) were performed (Fig 2A, right two columns). For these reasons,  
156 only qvalue adjusted value were used and implemented into pie charts providing the tissue-specific  
157 occurrences of correlated genes at 3 thresholds ( $q<0.1$ ,  $q<0.01$ ,  $q<0.001$ ) within the web tool.  
158 Next, in order to further evaluate these global patterns of innate transcript correlation structure and  
159 determine whether they reflected concordance between known metabolic pathways or innate to  
160 the dataset used, tissues were rank-ordered by the number of genes which meet pvalue thresholds  
161 and compared to randomly sampled genes of similar pathway sized (Fig 2B). Among KEGG  
162 Pathways selects (hsa04062 – Chemokine signaling pathway, hsa04640 – Hematopoietic cell  
163 lineage and hsa00190 – Oxidative phosphorylation), the top-ranked organs by correlated gene  
164 numbers differed (Skeletal muscle, Colon and Thyroid, respectively); however, a general trend of  
165 specific tissues ranking higher than others were observed (Fig 2B). For example, skeletal muscle  
166 and heart appeared among the strongest correlated across pathways and organs, compared to  
167 kidney cortex and spleen which were observed to rank among the lowest (Fig 2B, pathways). We  
168 note that when the same analysis was performed on randomly sampled genes from each organ  
169 consisting of the same number as genes within each KEGG pathway, these rankings and number  
170 of significant correlating genes were no longer observed (Fig 2B, random genes), suggesting that  
171 in certain instances differences between organs in general connectivity to others might reflect  
172 concordance between known pathways. It is important to consider here that for the organs ranking  
173 lower, the lack of relative correlating numbers is likely due to sparsity of available data and not  
174 necessarily general patterns of gene correlation. This point is supported by the fact that among the  
175 lowest-ranked 33% of tissues across pathways, we observed a significant negative overall  
176 correlation (bicor = -0.45, pvalue = 2.3e-5) between number of NA values per individual and the  
177 gene count for significance shown in Fig 2B. This negative correlation between missing data and  
178 number of significant correlations for pathways across tissues was not observed when binning the

179 top 33% (bicor = 0.09, pvalue = 0.42) or middle 33% (bicor = -0.12, pvalue = 0.27) of organs.  
180 Collectively, these analyses show that innate correlations structures exist between organs which  
181 differ depending on pathways investigated and that tissues which don't show broad correlation  
182 structure could potentially be attributed to areas of missing data among GTEx.  
183

184 *PSCK9 signaling and lipid exchange between adipose and muscle apparent in simple network*  
185 *models of correlation structure* - Next, we wanted to ask whether our approach of analyzing inter-  
186 individual correlation structure across tissue for endocrine proteins was also sufficient to define  
187 within-tissue signaling mechanisms or actions of enzymes producing metabolites that signal across  
188 organs. Dissimilar to the cross-tissue distributions of significance in Fig 1, the same analysis of  
189 liver *PCSK9* highlighted exclusively liver genes which were varied together (Fig 2A), in particular  
190 those involved in cholesterol metabolism/homeostasis (Fig 2B). Consistent with the established  
191 role for *PCSK9* as a primary degradation mechanism of *LDLR*<sup>4,30</sup>, network model construction of  
192 correlated genes highlighted the gene as a central node linking cholesterol biosynthetic pathways  
193 with those involved in other metabolic pathways such as insulin signaling (Fig 2C). Given that  
194 organ signaling via metabolites comprises many critical processes among multicellular organisms,  
195 our next goal was to apply this gene-centric analyses to established mechanisms of metabolite  
196 signaling. The gene *PNPLA2* encodes adipose triglyceride lipase (ATGL) which localizes to  
197 lipid droplets and breaks down triglycerides for oxidation or mobilization as free fatty acids for  
198 peripheral tissues<sup>31</sup>. Variation in expression of *PNPLA2* showed highly significant enrichments  
199 with beta oxidation pathways in adipose tissue (Fig 2D). Muscle pathways enriched for the gene  
200 were represented by sarcomere organization and muscle contraction (Fig 2F). Construction of an  
201 undirected network from these expression data placed the gene as a central node between the two  
202 tissues, linking regulators of adipose oxidation (Fig 2F, red) to muscle contractile process (Fig 2F,  
203 purple) where additional strongly co-correlated genes were implicated as additional candidates  
204 (Fig 2F). In sum, these analyses provide two examples of within-liver signaling via *PCSK9* and  
205 adipose-muscle communication through *PNPLA2* where the top-correlated genes and network  
206 models recapitulate known mechanisms. Given the utility of these undirected network models, a  
207 function in GD-CAT was added to enable users to generate network models for any gene-tissue  
208 combination and select parameters such as number of within-tissue and peripheral correlated genes  
209 to include.  
210

211 *Inter-individual correlation analysis of hybrid mouse diversity panel highlights tissue- and diet-  
212 specific phenotype relationships with sex hormones* - Genetic reference panels in model organisms,  
213 such as mice, present appeal in studying complex traits in that environmental conditions can be  
214 tightly controlled, tissues and invasive traits readily accessible and the same, often renewable,  
215 genetic background can be studied and compared among multiple exposures such as diets or drug  
216 treatments<sup>15,32-34</sup>. For this resource, we utilized data from the HMDP fed a normal chow<sup>15,16</sup> or  
217 HFHS diet for 8 weeks<sup>11-14</sup>. While the number of tissues available was less than in GTEx, these  
218 panels allow for comparison of how gene correlations shift depending on diet. Therefore, queries  
219 of gene correlation queries in mice were segregated into either chow or HFHS diet and an  
220 additional panel to download a table or visualize the relationship between genes and clinical  
221 measures was added. The inferred abundances of cell types from each individual are correlated  
222 across user-defined genes, with the bicor coefficient plotted for each cell type.

223 One advantage of hybrid mouse diversity panel data compared to GTEx is the abundance of  
224 phenotypic measures available within each cohort. To show the utility of examining correlations

225 within this reference panel, we selected sex hormone receptors androgen receptor (*Ar*), estrogen  
226 receptor alpha (*Esr1*) or estrogen receptor beta (*Esr2*) and binned the top 10 phenotypes which  
227 were correlated. These analyses were segregated based on where sex hormones were expressed  
228 (either liver or adipose tissue) or dietary regimen of the ~100 strains (normal chow or HFHS diet).  
229 This analysis demonstrated the difference in relationships between tissue location of sex hormone  
230 receptor and dietary context with metabolic traits. For example, expression of *Ar* in adipose tissue  
231 among HMDP mice fed a HFHS diet was negatively correlated with fat mass and body weight  
232 traits, whereas expression in liver oppositely correlated with the same traits in a positive direction  
233 (Fig 4A). The top traits which correlated also differed by tissue or expression for *Ar*, such as  
234 plasma lipid parameters in adipose tissue compared to blood cell traits in chow-fed mice (Fig 4A).  
235 We note that among the three hormone receptors investigated, *Esr2* appeared the most consistently  
236 correlated between tissues and diets with metabolic traits (Fig 4B). Expression of *Esr1* also  
237 showed a clear tissue and diet difference in the traits which were the most strongly co-regulated.  
238 Under HFHS dietary conditions, a negative correlation with insulin and fat pad weights were  
239 observed exclusively with adipose expression, while positive correlations with liver lipids were  
240 observed with expression in liver (Fig 4C). These analyses highlight how phenotype correlations  
241 in mouse populations can help to determine contexts relevant for gene regulation and point to the  
242 diversity of potential contexts relevant for sex hormone receptors in metabolic tissues.  
243

## 244 Discussion

245 *Limitations and Conclusions* – Here, we provide a new resource to explore correlations across  
246 organ gene expression in the context of interindividual differences. We highlight areas where  
247 these align with established and relevant mechanisms of physiology and suggest that similar  
248 explorations could be used as a discovery tool. Several key limitations should be considered when  
249 exploring GD-CAT for mechanisms of inter-tissue signaling though. Primarily, the fact that  
250 correlation-based analyses could reflect both causal or reactive patterns of variation. While several  
251 statistical methods such as mediation<sup>35,36</sup> and mendelian randomization<sup>37,38</sup> exist to further refine  
252 causal inferences, likely the only definitive method to distinguish is in carefully-designed  
253 experimentation. Further, analyses of genetic correlation (ex. correlations considering genetic loci  
254 to infer causality) also present appeal in refining some causal mechanisms. Correlation between  
255 molecular and phenotypic variables can occur for a variety of reasons, not just between their  
256 individual relationships, but often more broadly, from a variety of complex genetic and  
257 environmental factors. Further, many correlations tend to be dominated by genes expressed within  
258 the same organ. This could be due to the fact that, within-tissue correlations could capture both  
259 the pathways regulating expression of a gene, as well as potential consequences of changes in  
260 expression/function, and distinguishing between the two presents a significant challenge. For  
261 example, a GD-CAT query of insulin (*INS*) expression in pancreas shows exclusive enrichments  
262 in pancreas and corresponding pathway terms reflect regulatory mechanisms such as secretion and  
263 ion transport (Supplemental Fig 4). Representation of given genes may also differ significantly  
264 depending on the dataset used. For example, while queries of other tissues for the critical X  
265 Inactive Specific Transcript (*XIST*), in liver no significant correlations appear. This is due to the  
266 fact that the gene operates in a sex-dependent manner, where females are significantly less  
267 represented in GTEx and liver exists as a sparser tissue compared to others (Fig 2). In addition,  
268 the analyses presented are derived from differences in gene expression across individuals which  
269 arise from complex interaction of genetic and environmental variables. Expression of a gene and  
270 its corresponding protein can show substantial discordances depending on the dataset used. These

271 have been discussed in detail<sup>39-41</sup>, but ranges of co-correlation can vary widely depending on the  
272 datasets used and approaches taken. We note that for genes encoding proteins where actions from  
273 acute secretion grossly outweigh patterns of gene expression, such as insulin, caution should be  
274 taken when interpreting results. As the depth and availability of tissue-specific proteomic levels  
275 across diverse individuals continues to increase, an exciting opportunity is presented to explore  
276 the applicability of these analyses and identify areas when gene expression is not a sufficient  
277 measure. For example, mass-spec proteomics was recently performed on GTEx<sup>42</sup>; however, given  
278 that these data represent 6 individuals, analyses utilizing well-powered inter-individual  
279 correlations such as ours which contain 310 individuals remain limited in applications.

280 The queries provided in GD-CAT use fairly simple linear models to infer organ-organ signaling;  
281 however, more sophisticated methods can also be applied in an informative fashion. For example,  
282 Koplev et al generated co-expression modules from 9 tissues in the STARNET dataset, where  
283 construction of a massive Bayesian network uncovered interactions between correlated modules<sup>6</sup>.  
284 These approaches expanded on analysis of STAGE data to construct network models using  
285 WGCNA across tissues and relating these resulting eigenvectors to outcomes<sup>43</sup>. The generalized  
286 approach of constructing cross-tissue gene regulatory modules presents appeal in that genes are  
287 able to be viewed in the context of a network with respect to all other gene-tissue combinations.  
288 In searching through these types of expanded networks, individuals can identify where the most  
289 compelling global relationships occur. One challenge with this type of approach; however, is that  
290 coregulated pathways and module members are highly subjective to parameters used to construct  
291 GRNs (for example reassignment threshold in WGCNA) and can be difficult in arriving at a  
292 “ground truth” for parameter selection. We note that the WGCNA package is also implemented  
293 in these analyses, but solely to perform gene-focused correlations using biweight midcorrelation  
294 to limit outlier inflation. While the midweight bicorrelation approach to calculate correlations  
295 could also be replaced with more sophisticated models, one consideration would be a concern of  
296 overfitting models and thus, biasing outcomes.

297 In another notable example MultiCens was developed as a tool to uncover communication  
298 between genes and tissues and applied to suggest central processes which exist in multi-layered  
299 data relevant for Alzheimer’s disease<sup>44</sup>. In addition, Jadhav and colleagues adopted a machine  
300 learning approach to mine published literature for relationships between hormones and genes<sup>45</sup>.  
301 Further, association mapping of plasma proteomics data has been extensively applied and  
302 intersection with genome-wide association disease loci has offered intriguing potential disease  
303 mechanisms<sup>46,47</sup>. Another common application to single-cell sequencing data is to search for  
304 overrepresentation of known ligand-receptor pairs between cell types<sup>48</sup>. These and additional  
305 applications to explore tissue communication/coordination present unique strengths and caveats,  
306 depending on the specific usage desired. Regardless of methods used to decipher, one important  
307 limitation to consider in all these analyses is the nature of underlying data. For example, our  
308 evaluation of GTEx data structure suggested that important organs such as spleen and kidney were  
309 insufficient due to availability in matching expression data between individuals. Further, GTEx  
310 sample vary as to the collection times, sample processing times and other important parameters  
311 such as cause of death. Mouse population data such as the HMDP or BxD cohorts offer appeal in  
312 these regards, as environmental conditions and collection times are easily fixed. Regardless,  
313 careful consideration of how data was generated and normalized are fundamental to interpreting  
314 results.

315 In sum we demonstrate that adopting a gene-centric approach to surveying correlation structure  
316 of transcripts across organs and individuals can inform mechanism of coordination between

317 metabolic tissues. Initially, we queried several well-established and key mediators of physiologic  
318 homeostasis, such as *FGF21*, *GCG* and *PCSK9*. These approaches are further suggested to be  
319 applicable to mechanisms of metabolite signaling, as evident by pan-tissue investigation of adipose  
320 *PNPLA2*. Exploration of hybrid mouse diversity panel data highlighted the diverse phenotype  
321 correlations depending on tissue and diet for sex hormone receptors. To facilitate widespread  
322 access and use of this transcript isoform-centric analysis of inter-individual correlations, a full  
323 suite of analyses such as those performed here can be performed from a lab-hosted server  
324 ([gdcat.org](http://gdcat.org)) or in isolation from a shiny app or docker image.

325

## 326 **Material and methods**

327 *Availability of web tool and analyses:* All analyses, datasets and scripts used to generate the  
328 associated web tool (GD-CAT) can be accessed via: <https://github.com/mingqizh/GD-CAT> or  
329 within the associated docker image. In addition, access to the GD-CAT web tool is also available  
330 through the web portal [gdcat.org](http://gdcat.org). This portal was created to provide a user-friendly interface for  
331 accessing and using the GD-CAT tool without the need to download or install any software or  
332 packages. Users can simply visit the website, process data and start using the tool.  
333 Corresponding tutorial and the other resources were made available to facilitate the utilization of  
334 the web tool on GitHub. The interface and server of the web were built and linked based on the  
335 shiny package using R (v. 4.2.0). Shiny package provides a powerful tool for building interactive  
336 web applications using R, allowing for fast and flexible development of custom applications with  
337 minimal coding required.

338

339 *Pathway-specific gene correlations across tissues:* Detailed scripts and analyses for pathway-  
340 specific investigations across tissues in Fig2 are provided in: <https://github.com/itamburi/gtex->  
341 app-kegg-pathways. Briefly, to interrogate broad tissue correlation structure, the number of  
342 genes which passed each biweight midcorrelation pvalue cutoff are shown normalized to the  
343 total number of genes corresponding to that pathway term. Pathways were selected by accessing  
344 all available GO annotations for all genes using the Universal Protein Resource<sup>49</sup> and subletting  
345 genes where a given term is listed. To determine which tissues show the most co-correlation  
346 across genes and organs, KEGG terms shown were selected and each corresponding gene-tissue  
347 combinations were correlated. Tissues were then binned by the number of significant  
348 correlations which occurring both within and across organs among each selected KEGG pathway  
349 at indication correlation pvalues. Rank-ordering on the figure was shown by chemokine  
350 signaling at P<0.01 and each term was compared to a randomly sampled set of genes  
351 corresponding to the same number contained in each pathway.

352

353 *Data sources and availability:* All human data used in this study can be immediately accessed  
354 via web tool or docker to facilitate analysis. Metabolic tissue data was accessed through GTEx  
355 V8 downloads portal on August 18, 2021 and previously described<sup>9,10</sup>. These raw data can also  
356 be readily accessed from the associated R-based walkthrough:  
357 <https://github.com/Leandromvezel/myokine-signaling>. Briefly, these data were filtered to retain  
358 genes which were detected across tissues where individuals were required to show counts > 0  
359 across all data. Given that our goal was to look across tissues at enrichments, this was done to  
360 limit spurious influence of genes only expressed in specific tissues in specific individuals.  
361 Hybrid mouse diversity panel data was collected from previously described studies<sup>11,15,16,34</sup> and

362 inter-individual differences were compared at the strain-level to maximize possible comparisons  
363 between historical data.

364  
365 *Correlation analyses across tissues* – biweight midcorrelation coefficients and corresponding p-  
366 values within and across tissues were generated using WGCNA bicorandpvalue() function<sup>17</sup>. We  
367 note that while the WGCNA package was used to calculate coefficients and corresponding  
368 students pvalues, this generalized framework does not utilize any module generation. Associated  
369 qvalue adjustments were applied using the Benjamini-Hochberg FDR from the R package  
370 “stats”. These BH adjustments, as opposed to standard qvalue adjustments, were selected given  
371 their efficiency in CPU usage on the hosted server.

372  
373 *Pathway enrichment analyses* – Pathway enrichments were generated using gene set enrichment  
374 analyses available from the r package clusterprofiler. Specifically, the bicor coefficients were used  
375 as the rank-weight of each gene and enrichment tests performed by permuting against the human  
376 or mouse reference transcriptome. Terms used for the enrichment analyses were derived from  
377 Gene Ontology (Biological Process, Cellular Component and Molecular Function) which were  
378 accessed using the R package enrichR. For this analysis and on the available app, input genes  
379 were determined at indicated qvalue threshold.

380 *Deconvolution of bulk tissue seq data on web tool*. All scripts and deconvolution data produced is  
381 available at: <https://github.com/cvan859/deconvolution>. Briefly, sn-RNA-seq data was accessed  
382 from the Human cell atlas<sup>20</sup> for matching organ datasets with metabolic tissues. From these data,  
383 4 deconvolution methods were applied using ADAPTS<sup>21</sup> where DeconRNA-Seq<sup>22</sup> was selected  
384 for its ability to capture the abundances of the most cell types across tissues such as liver heart and  
385 skeletal muscle (Supplemental Fig 1-3). The full combined matrix was assembled for DeconRNA-  
386 Seq results across individuals in GTEx where correlations between cell types and genes was  
387 performed also using the bicorandpvalue() in WGCNA<sup>17</sup>.

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396

### 397 **Author contributions**

398 MZ, IJT, CV and MMS accessed raw data, performed analyses and drafted the manuscript. MZ  
399 assembled the shiny application, where IV and RP designed the UCI infrastructure to enable  
400 access. CJ, CMN, LMV, JM, CF, IC, RY, HB, JL, NL, IM, AH, LMS, JNJ, EEK, IM, NP, DN  
401 and BM provided critical insight into data use and interpretation, as well as guided the study. CJ,  
402 NP and SM guided tool design involving metabolite signaling and circadian rhythms, respectively,  
403 as well as provided app infrastructure. All authors have approved the current manuscript. All  
404 authors read and approved this manuscript.

405

### 406 **Conflict of interest**

407 The authors have no conflicts of interest to declare

408

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## 518 Figure Legends

519

520 **Figure 1. Web tool overview and inter-individual correlation structure of established**  
521 **endocrine proteins.** A, Web server structure for user-defined interactions, as well as server and  
522 shiny app implementation scheme for GD-CAT. B, All genes across the 18 metabolic tissues in  
523 310 individuals were correlated with expression of *ADIPOQ* in subcutaneous adipose tissue,  
524 where a qvalue cutoff of  $q < 0.1$  showed the strongest enrichments with subcutaneous and muscle  
525 gene expression (pie chart, left). Gene set enrichment analysis (GSEA) was performed using the

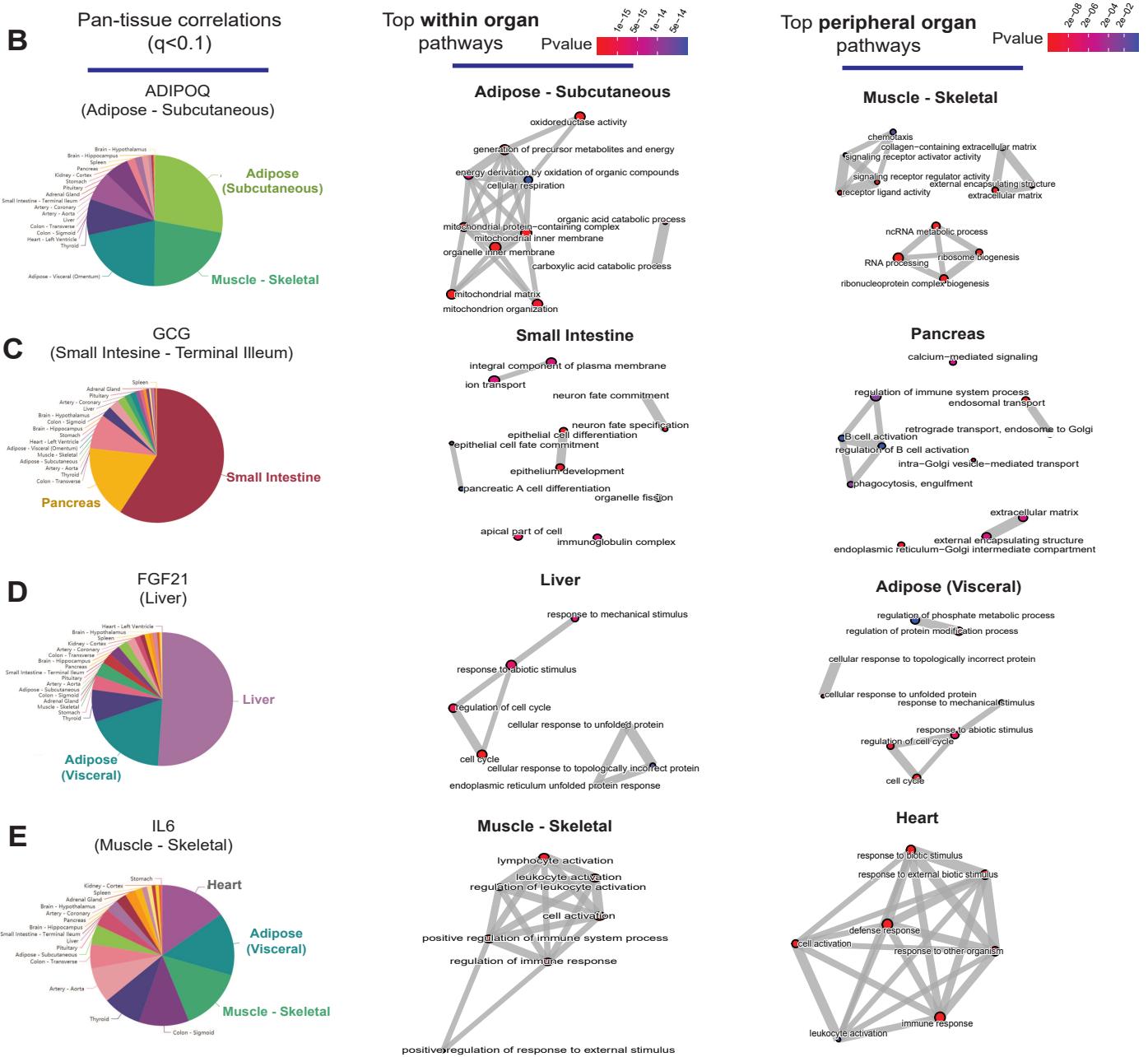
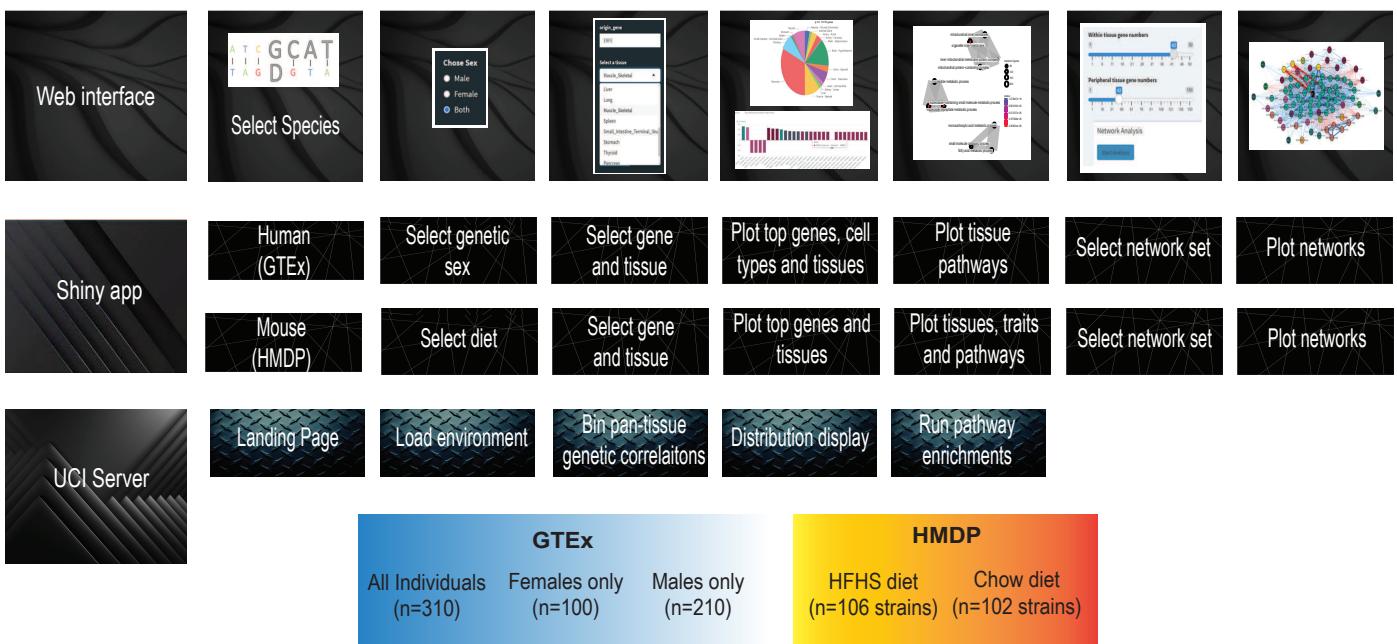
526 bicor coefficient of all genes to *ADIPOQ* using gene ontology biological process annotations and  
527 network construction of top pathways using clusterprofiler, where pathways related to fatty acid  
528 oxidation were observed in adipose (left) and chemotaxis/ECM remodeling in skeletal muscle  
529 (right). B-D, The same qvalue binning, top within-tissue and top peripheral enrichments were  
530 applied to intestinal *GCG* (B), liver *FGF21* (C) and muscle *IL6* (D). For these analyses all 310  
531 individuals (across both sexes) were used and qvalue adjustments calculated using a Benjamini-  
532 Hochberg FDR adjustment.

533  
534 **Figure 2. Tissue-specific contributions to pan-organ gene-gene correlation structure.** A  
535 Heatmap showing all the number of gene-gene correlations across tissues which achieve  
536 significance relative to total number of genes in each pathway at biweight midcorrelation student  
537 pvalue < 1e-3 (left column), pvalue < 1e-6 (left middle column) or BH-corrected qvalue < 0.1  
538 (right middle column) or BH-corrected qvalue < 0.01 (right column). Within-tissue correlations  
539 are omitted from this analysis. B-D, Genes corresponding to each KEGG pathway shown were  
540 correlated both within and across all other organs where the number of genes which meet each  
541 student's pvalue threshold are shown (y-axis). Tissues (x-axis) are rank-ordered by the number of  
542 genes which correlate for hsa04062 – Chemokine signaling pathway at pvalue < 0.01 and shown  
543 for other KEGG terms, hsa04640 – Hematopoietic cell lineage (C) and hsa00190 – Oxidative  
544 phosphorylation (D) and additionally pvalue < 1e-4 (right side).

545  
546 **Figure 3. Inter-individual transcript correlation structure and network architecture of**  
547 **liver *PCSK9* and adipose *PNPLA2*.** A, distribution of pan-tissue genes correlated with liver  
548 *PCSK9* expression (q < 0.1), where 93% of genes were within liver (purple). B, Gene ontology  
549 (BP) overrepresentation test for the top 500 hepatic genes correlated with *PCSK9* expression in  
550 liver. C, Undirected network constructed from liver genes (aqua) correlated with *PCSK9*, where  
551 those annotated for “cholesterol biosynthetic process” are colored in red. D-E, over-  
552 representation tests corresponding to the top-correlated genes with adipose (subcutaneous)  
553 *PNPLA2* expression residing in adipose (D) or peripherally in skeletal muscle (E). F, Undirected  
554 network constructed from the strongest correlated subcutaneous adipose tissue (light aqua)  
555 and muscle genes (dark blue) with *PNPLA2* (black), where genes corresponding to GO terms  
556 annotated as “fatty acid beta oxidation” or “Muscle contraction” are colored purple or red,  
557 respectively. For these analyses all 310 individuals (across both sexes) were used and qvalue  
558 adjustments calculated using a Benjamini-Hochberg FDR adjustment. Network graphs  
559 generated based in Biweight midcorrelation coefficients, where edges are colored blue for  
560 positive correlations or red for negative correlations. Network edges represent positive (blue)  
561 and negative (red) correlations and the thicknesses are determined by coefficients. They are set  
562 for a range of bicor = 0.6 (minimum to include) to bicor = 0.99

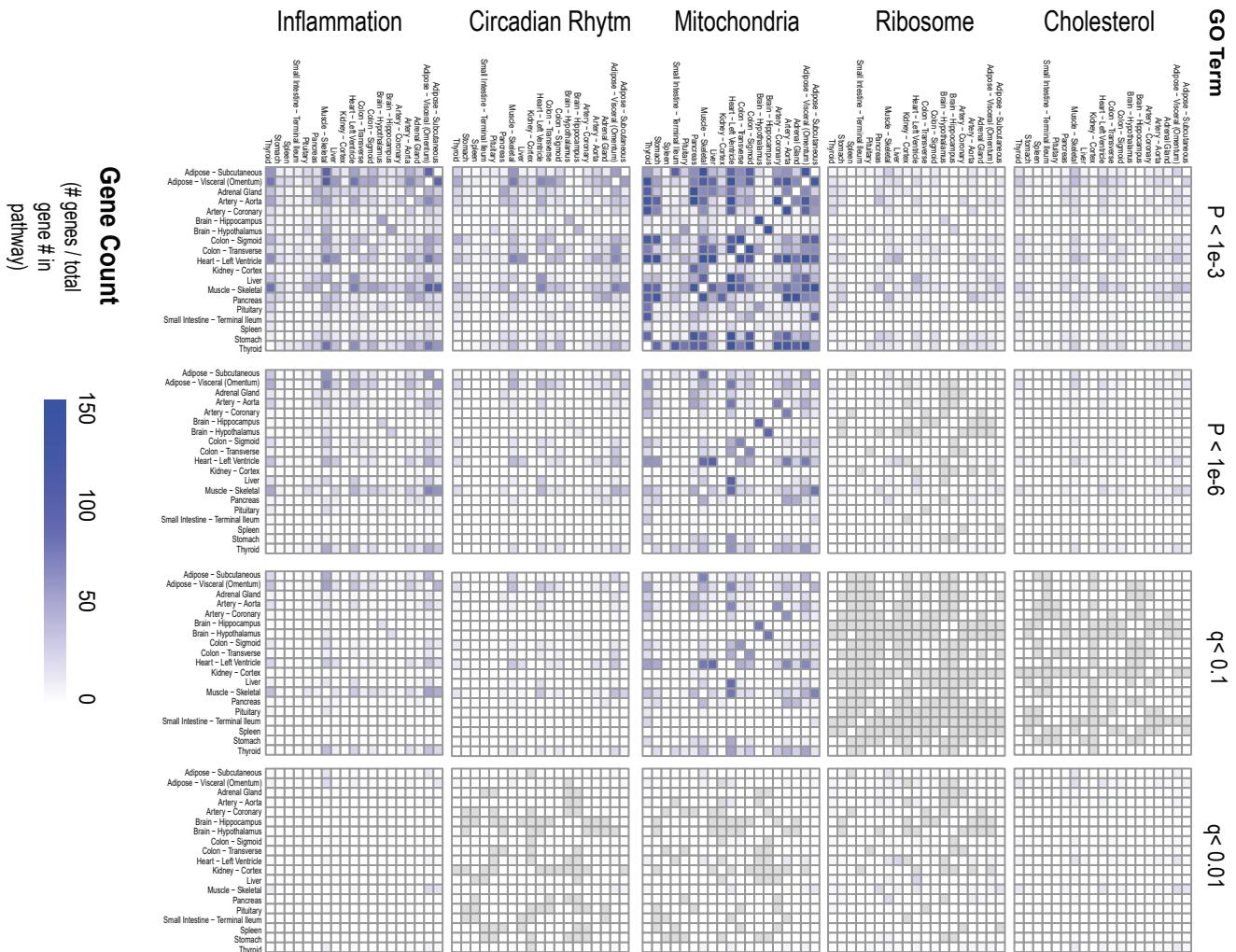
563  
564 **Figure 4. HMDP tissue- and diet-specific correlations of sex hormone receptors.** The top  
565 10 phenotypic traits which correlated to expression of androgen receptor (A), estrogen receptor 1  
566 (B) or estrogen receptor 2 (C) colored by direction in the hybrid mouse diversity panel. Positive  
567 correlations are shown in light blue and negative correlations as sunset orange, where phenotypes  
568 (y-axis) are ordered by significance (x-axis, -log(pvalue) of correlation). Correlations are  
569 segregated by whether sex hormone receptors are expressed by gonadal adipose tissue (left two  
570 columns) in ~100 HMDP strains fed a HFHS diet (left), normal chow diet (left middle) or liver-  
571 expressed receptors fed a HFHS diet (right middle) or normal chow diet (right).

572  
573 **Supplemental Figure 1:** Performance across 4 methods of cell-type deconvolution where  
574 relative proportions of cells (y-axis) are shown for all cell types annotated in single-cell reference  
575 (x-axis) in Liver.  
576  
577 **Supplemental Figure 2:** Performance across 4 methods of cell-type deconvolution where  
578 relative proportions of cells (y-axis) are shown for all cell types annotated in single-cell reference  
579 (x-axis) in Heart.  
580  
581 **Supplemental Figure 3:** Performance across 4 methods of cell-type deconvolution where  
582 relative proportions of cells (y-axis) are shown for all cell types annotated in single-cell reference  
583 (x-axis) in Skeletal Muscle.  
584  
585 **Supplemental Figure 4:** Pancreatic *INS* expression correlations across tissues in GTEx were  
586 binned according to  $q < 0.1$  (top) and corresponding pancreatic GSEA network graph is shown  
587 (bottom)  
588



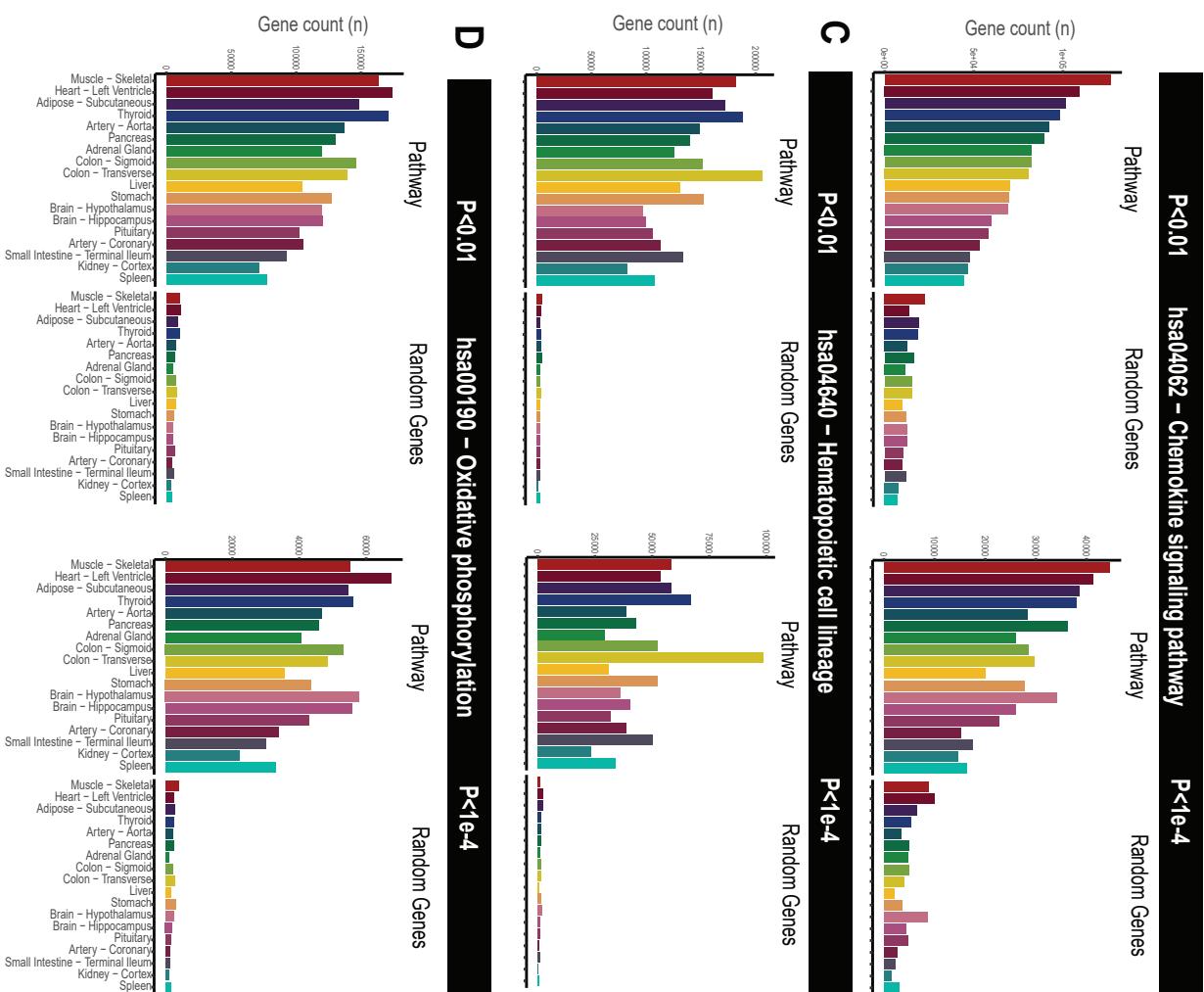
A

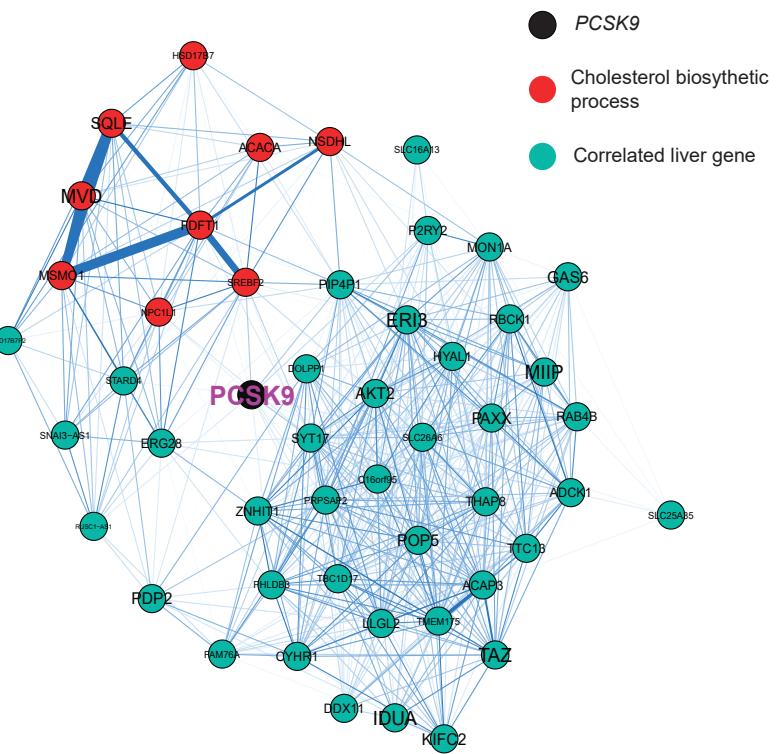
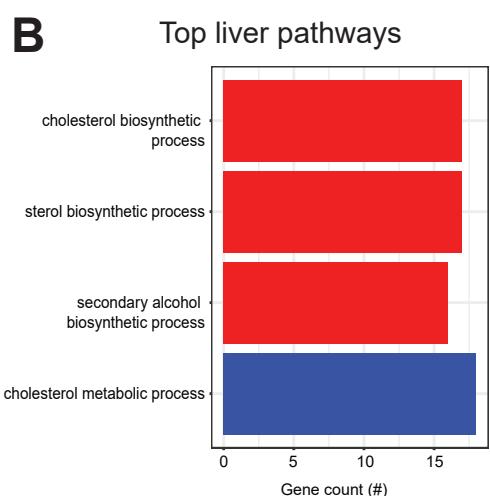
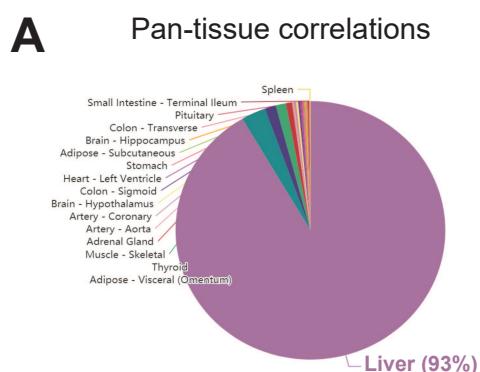
## GO term pathway correlation structure across tissues



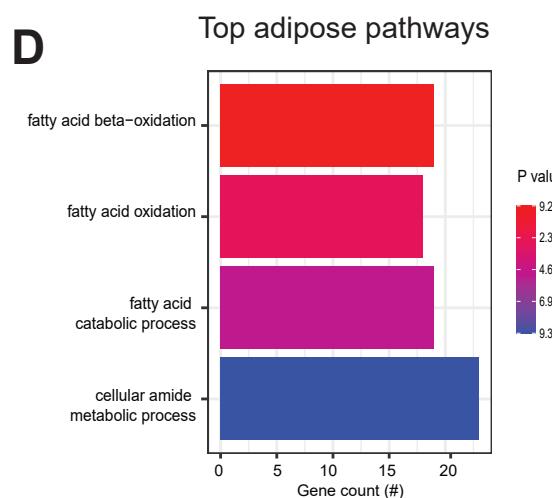
2

## Numer of significant genes correlated pan-tissue per KEGG term

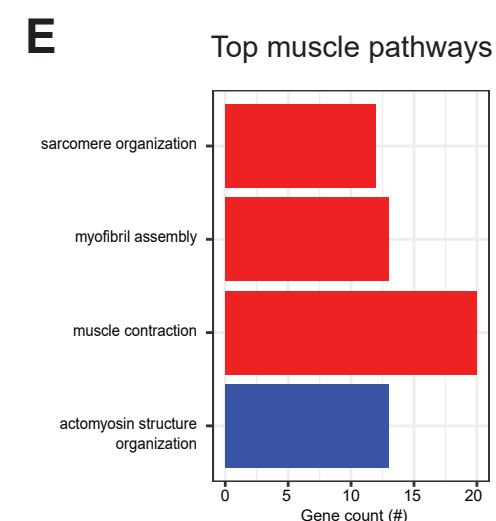
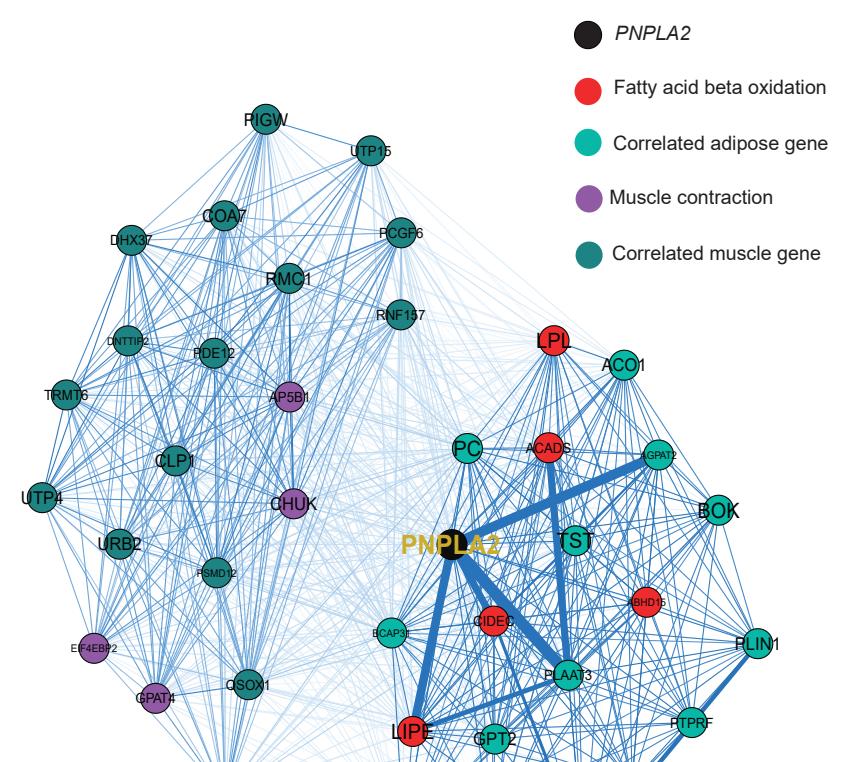




## Subcutaneous Adipose PNPLA2



## Adipose-muscle network

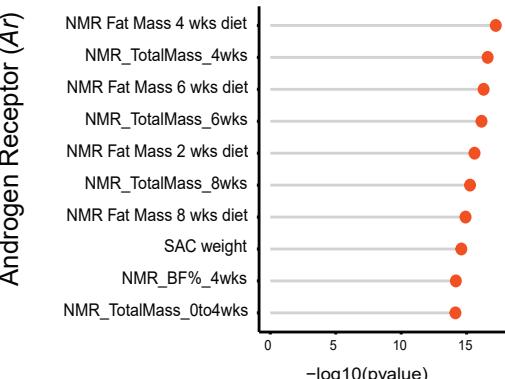


# Phenotype correlations for hormone receptors in mouse diversity panel

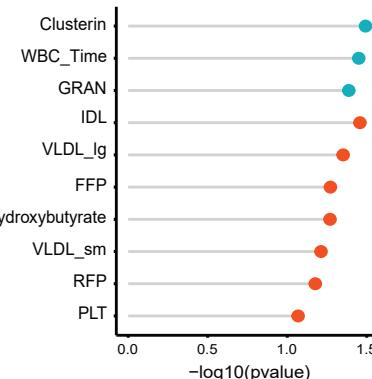
negative correlation  positive correlation 

**A**

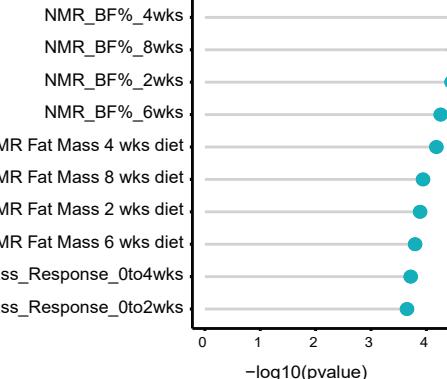
## Adipose HFHS diet



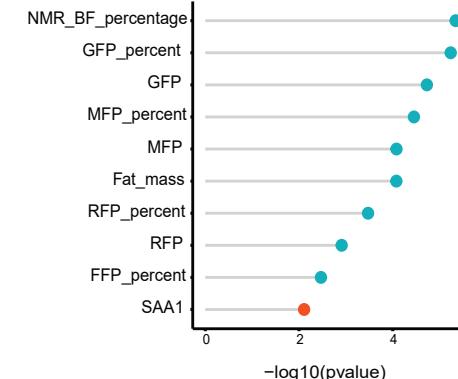
## Adipose chow diet



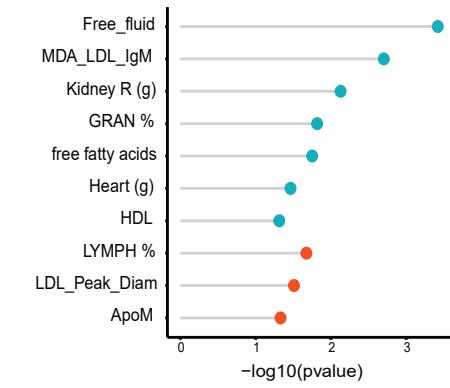
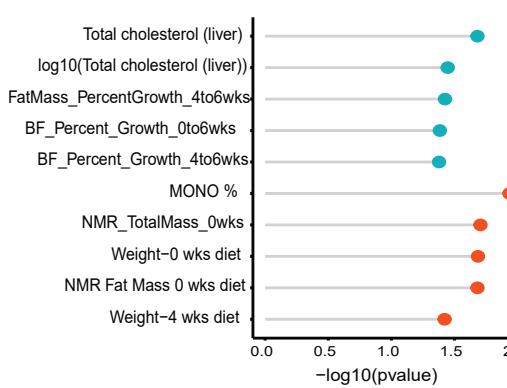
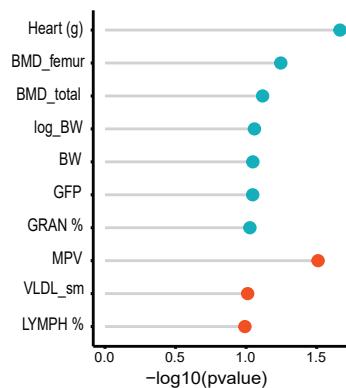
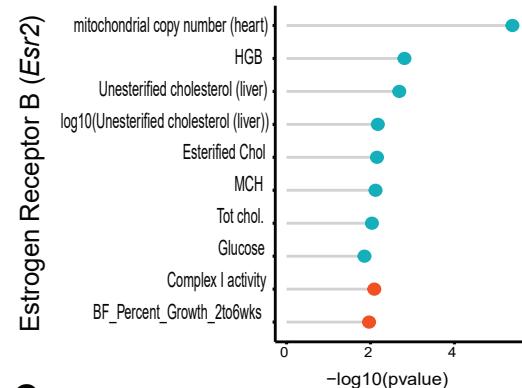
## Liver HFHS diet



## Liver chow diet



**B**



**C**

