

Myomatrix arrays for high-definition muscle recording

*Bryce Chung¹, *Muneeb Zia², Kyle A. Thomas³, Jonathan A. Michaels⁴, Amanda Jacob¹, Andrea Pack⁵, Matthew J. Williams³, Kailash Nagapudi¹, Lay Heng Teng¹, Eduardo Arrambide¹, Logan Ouellette¹, Nicole Oey¹, Rhuna Gibbs¹, Philip Anschutz⁶, Jiaao Lu⁷, Yu Wu², Mehrdad Kashefi⁴, Tomomichi Oya⁴, Rhonda Kersten⁴, Alice C. Mosberger⁸, Sean O'Connell³, Runming Wang⁹, Hugo Marques¹⁰, Ana Rita Mendes¹⁰, Constanze Lenschow^{10,11}, Gayathri Kondakath¹², Jeong Jun Kim¹³, William Olson¹³, Kiara N. Quinn¹⁴, Pierce Perkins¹⁴, Graziana Gatto^{15,16}, Ayesha Thanawalla¹⁵, Susan Coltman¹⁷, Taegyo Kim¹⁸, Trevor Smith¹⁸, Ben Binder-Markey¹⁹, Martin Zaback²⁰, Christopher K. Thompson²⁰, Simon Giszter¹⁸, Abigail Person¹⁷, Martyn Goulding¹⁵, Eiman Azim¹⁵, Nitish Thakor¹⁴, Daniel O'Connor¹³, Barry Trimmer¹², Susana Q. Lima¹⁰, Megan R. Carey¹⁰, Chethan Pandarinath⁹, Rui M. Costa^{8,21}, J. Andrew Pruszyński⁴, Muhannad Bakir², Samuel J. Sober¹

*Equal contributions

¹ Department of Biology, Emory University (Atlanta, GA, USA).

² School of Electrical and Computer Engineering, Georgia Institute of Technology (Atlanta, GA, USA).

³ Graduate Program in Biomedical Engineering at Emory University and Georgia Tech (Atlanta, GA, USA).

⁴ Department of Physiology and Pharmacology, Western University (London, ON, Canada).

⁵ Neuroscience Graduate Program, Emory University (Atlanta, GA, USA).

⁶ Graduate Program in BioEngineering, Georgia Tech (Atlanta, GA, USA).

⁷ Graduate Program in Electrical and Computer Engineering, Georgia Tech (Atlanta, GA, USA).

⁸ Zuckerman Mind Brain Behavior Institute at Columbia University (New York, NY, USA).

⁹ Department of Biomedical Engineering at Emory University and Georgia Tech (Atlanta, GA, USA).

¹⁰ Champalimaud Neuroscience Programme, Champalimaud Foundation (Lisbon, Portugal).

¹¹ current address: Institute of Biology, Otto-von-Guericke University, (Magdeburg, Germany).

¹² Department of Biology, Tufts University (Medford, MA, USA).

¹³ Solomon H. Snyder Department of Neuroscience, Johns Hopkins School of Medicine (Baltimore, MD, USA).

¹⁴ Departments of Biomedical Engineering and Neurology, Johns Hopkins School of Medicine (Baltimore, MD, USA).

¹⁵ Salk Institute for Biological Studies (La Jolla, CA, USA).

¹⁶ current address: Department of Neurology, University Hospital of Cologne (Cologne, Germany).

¹⁷ Department of Physiology and Biophysics, University of Colorado Anschutz Medical Campus (Aurora, CO, USA).

¹⁸ Department of Neurobiology & Anatomy, Drexel University, College of Medicine (Philadelphia, PA, USA).

¹⁹ Department of Physical Therapy and Rehabilitation Sciences, Drexel University College of Nursing and Health Professions (Philadelphia, PA).

²⁰ Department of Health and Rehabilitation Sciences, Temple University (Philadelphia, PA, USA).

²¹ Allen Institute (Seattle, WA, USA).

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Abstract

Neurons coordinate their activity to produce an astonishing variety of motor behaviors. Our present understanding of motor control has grown rapidly thanks to new methods for recording and analyzing populations of many individual neurons over time. In contrast, current methods for recording the nervous system's actual motor output – the activation of muscle fibers by motor neurons – typically cannot detect the individual electrical events produced by muscle fibers during natural behaviors and scale poorly across species and muscle groups. Here we present a novel class of electrode devices (“Myomatrix arrays”) that record muscle activity at unprecedented resolution across muscles and behaviors. High-density, flexible electrode arrays allow for stable recordings from the muscle fibers activated by a single motor neuron, called a “motor unit”, during natural behaviors in many species, including mice, rats, primates, songbirds, frogs, and insects. This technology therefore allows the nervous system's motor output to be monitored in unprecedented detail during complex behaviors across species and muscle morphologies. We anticipate that this technology will allow rapid advances in understanding the neural control of behavior and in identifying pathologies of the motor system.

Introduction

1 Recent decades have seen tremendous advances in our understanding of the physiological mechanisms by which the
2 brain controls complex motor behaviors. Critical to these advances have been tools to record neural activity at
3 scale^{4,5}, which, when combined with novel algorithms for behavioral tracking⁶⁻¹⁰, can reveal how neural activity
4 shapes behavior^{11,12}. In contrast, current methods for observing the nervous system's motor output lag far behind
5 neural recording technologies. The nervous system's control of skeletal motor output is ultimately mediated by “motor
6 units”, each of which consists of a single motor neuron and the muscle fibers it activates, producing motor unit action
7 potentials (**Fig. 1a**) that generate muscle force to produce movement¹³. Because each action potential in a motor
8 neuron reliably evokes a single spike in its target muscle fibers, action potentials recorded from muscle provide a
9 high-resolution readout of motor neuron activity in the spinal cord and brainstem. However, our understanding of
10 motor unit activity during natural behaviors is rudimentary due to the difficulty of recording spike trains from motor unit
11 populations.

12
13 Traditional methods for recording muscle fiber activity via electromyography (EMG) include fine wires inserted into
14 muscles and electrode arrays placed on the surface of the skin¹⁴. These methods can resolve the activity of individual
15 motor units in only a limited range of settings. First, to prevent measurement artifacts, traditional EMG methods
16 require that a subject's movements be highly restricted, typically in “isometric” force tasks where subjects contract
17 their muscles without moving their bodies¹⁵⁻¹⁸. Moreover, fine wire electrodes typically cannot detect single motor unit
18 activity in small muscles, including the muscles of widely used model systems such as mice or songbirds¹⁹⁻²¹, and
19 surface electrode arrays are poorly tolerated by freely behaving animal subjects. These limitations have impeded our

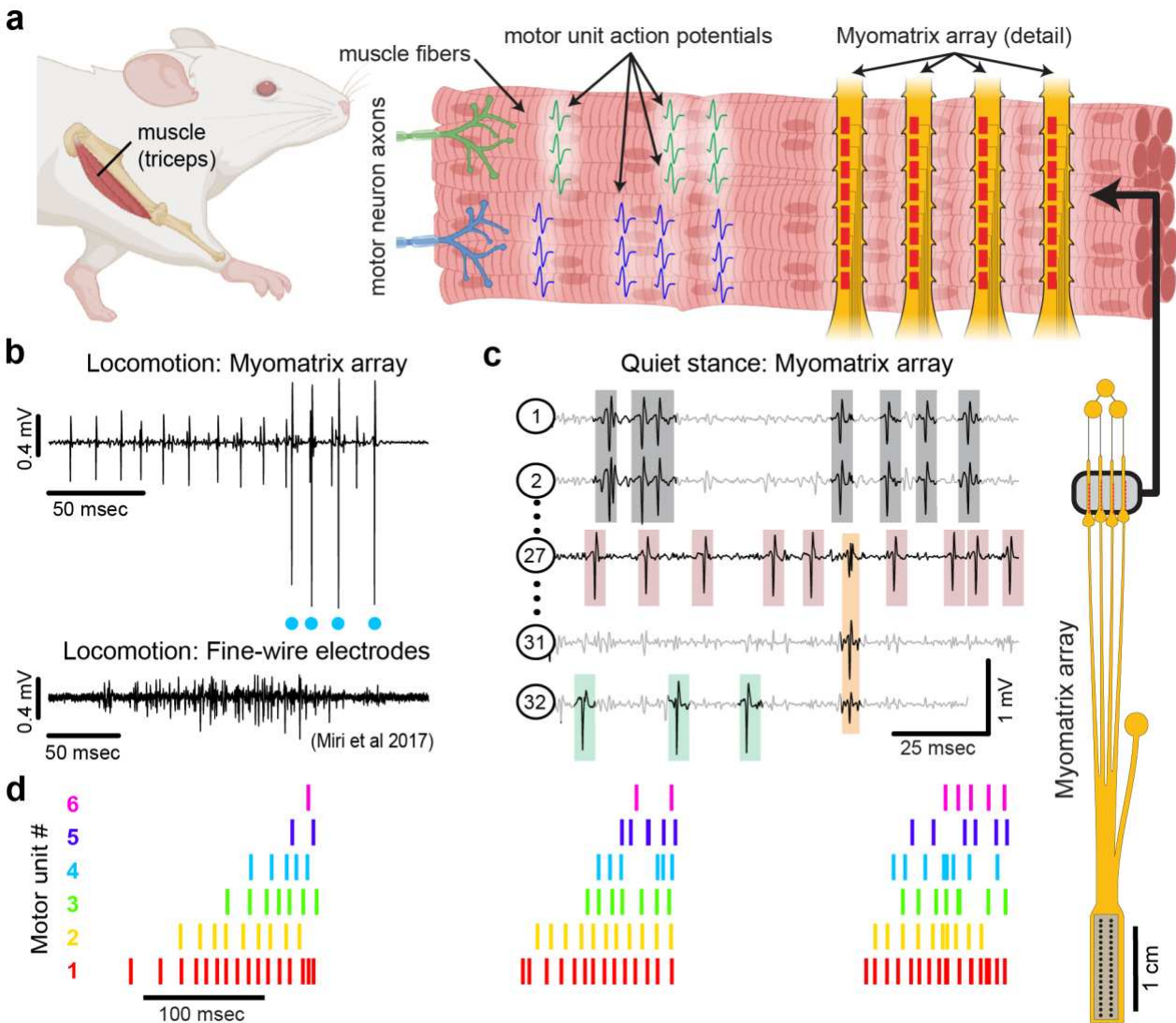


Figure 1: Myomatrix arrays record muscle activity at motor unit resolution. (a) The nervous system controls behavior via motor units, each consisting of a single motor neuron and the muscle fibers it innervates. Each motor neuron's spiking evokes motor unit action potentials in the corresponding muscle fibers. Myomatrix arrays (right) bearing 32 electrode contacts on a flexible substrate (**Supplemental Fig. 1**) can be targeted to one or more muscles and yield high-resolution recordings of motor activity during free behavior. Motor neurons, muscle fibers, and electrode arrays are not shown to scale. (b,c) Example recordings from the right triceps muscle of a freely behaving mouse. (b) Top, bipolar Myomatrix recording from the mouse triceps during locomotion. Blue dots indicate the spike times of one motor unit isolated from the data using a spike sorting method based on principal components analysis (**Supplemental Fig. 2a-d**). Bottom, example data (from ¹, used with permission) from traditional fine-wire EMG recording of triceps activity during locomotion. Applying the PCA-based spike sorting method to the fine-wire data did not isolate any individual motor units. (c) Unipolar Myomatrix recording during quiet stance. Colored boxes illustrate motor unit action potentials from four identified units. Spike waveforms from some units, including those highlighted with gray and orange boxes, appear on multiple electrode channels, requiring the use of a multi-channel spike sorting algorithm (Kilosort 2.5, see **Supplemental Fig. 2e-h**). (d) Spiking pattern (tick marks) of six individual motor units recorded simultaneously during locomotion on a treadmill. The three bursts of motor unit action potentials correspond to triceps activity during three stride cycles. Motor unit 4 (cyan) is the same motor unit represented by cyan dots in (b). The other motor units in this recording, including the smaller amplitude units at top in (b), were isolated using Kilosort but could not be isolated with the PCA-based method applied to data from only the single recording channel shown (b).

20 understanding of fundamental questions in motor control, including how the nervous system coordinates populations
 21 of motor units to produce skilled movements, how this coordination degrades in pathological states, and how motor
 22 unit activity is remapped when animals learn new tasks or adapt to changes in the environment.

23

24 Here, we present a novel approach (**Fig. 1**) to recording populations of individual motor units from many different
25 muscle groups and species during natural behaviors. Flexible multielectrode (“Myomatrix”) arrays were developed to
26 achieve the following goals:

- (a) Record muscle activity at motor unit resolution
- (b) Record motor units during active movements
- (c) Record from a wide range of muscle groups, species, and behaviors
- (d) Record stably over time and with minimal movement artifact

27 To achieve these goals, we developed a variety of array configurations for use across species and muscle groups.
28 Voltage waveforms from individual motor units (**Fig. 1b,c**) can be readily extracted from the resulting data using a
29 range of spike-sorting algorithms, including methods developed to identify the waveforms of individual neurons in
30 high-density arrays^{2,22}. Below, we show how Myomatrix arrays provide high-resolution measures of motor unit
31 activation in a variety of species and muscle groups including forelimb, hindlimb, orofacial, pelvic, vocal, and
32 respiratory muscles.

33

34 **Results**

35 We developed methods to fabricate flexible, high-density EMG (“Myomatrix”) arrays, as detailed in the Methods and
36 schematized in **Supplemental Figure 1**. We selected polyimide as a substrate material due to its strength and
37 flexibility and the ease with which we could define electrode contacts, suture holes, and other sub-millimeter features
38 that facilitate ease of implantation and recording stability (**Supplemental Fig. 1a-e**). Moreover, simple modifications to
39 the fabrication pipeline allowed us to rapidly design, test, and refine different array morphologies targeting a range of
40 muscle sizes, shapes, and anatomical locations (**Supplemental Fig. 1c, f, g**).

41

42 **Myomatrix arrays record muscle activity at motor unit resolution**

43 Myomatrix arrays robustly record the activity of individual motor units in freely behaving mice. Arrays specialized for
44 mouse forelimb muscles include four thin “threads” (8 electrodes per thread, 32 electrodes total) equipped with suture
45 holes, flexible “barbs,” and other features to secure the device within or onto a muscle (**Fig. 1a, Supplemental Fig.**
46 **1c, d, e, h**). These devices yielded well-isolated waveforms from individual motor units (**Fig. 1b, top**), which were
47 identified using open-source spike sorting tools^{2,22}. As detailed in **Supplemental Figure 2a-d**, in some cases the
48 spike times of individual motor units (cyan dots, **Fig. 1b**) can be isolated from an individual electrode channel with
49 simple spike sorting approaches including single-channel waveform clustering²². In other cases, waveforms from
50 individual motor units appeared on multiple electrode channels (**Fig. 1c**), allowing – and in many cases necessitating
51 – more advanced spike-sorting approaches that leverage information from multiple channels to identify larger

52 numbers of units and resolve overlapping spike waveforms ², as detailed in **Supplemental Figure 2e-h**. These
53 methods allow the user to record simultaneously from ensembles of single motor units (**Fig. 1c,d**) in freely behaving
54 animals, even from small muscles including the lateral head of the triceps muscle in mice (approximately 9 mm in
55 length with a mass of 0.02 g ²³). Myomatrix recordings isolated single motor units for extended periods (greater than
56 two months, **Supplemental Fig. 3e**), although highest unit yield was typically observed in the first 1-2 weeks after
57 chronic implantation. Because recording sessions from individual animals were often separated by several days
58 during which animals were disconnected from data collection equipment, we are unable to assess based on the
59 present data whether the same motor units can be recorded over multiple days.

60

61 **Myomatrix arrays record motor units during active movements**

62 Myomatrix arrays outperform traditional fine-wire electrodes in mice by reliably recording isolated single units in
63 behaving animals. First, Myomatrix arrays isolate the activity of multiple individual motor units during freely moving
64 behavior (**Fig. 1c-d**). In contrast, wire electrodes typically cannot resolve individual motor units during muscle
65 lengthening and shorting, as occurs in naturalistic movements such as locomotion ^{1,24}. **Figure 1b** illustrates a
66 comparison between Myomatrix (top) and fine-wire (bottom) data recorded during locomotion in the mouse triceps.
67 Spike-sorting identified well-isolated motor unit spikes in the Myomatrix data (cyan dots in **Fig. 1b, top**) but failed to
68 extract any isolated motor units in the fine wire data (**Supplemental Fig. 2a,b**). Similarly, while Myomatrix recordings
69 robustly isolated motor units from a songbird vocal muscle, fine wire EMG electrodes applied to the same muscle did
70 not yield isolatable units (**Supplemental Fig. 2c,d**). This lack of resolution, which is typical of fine wire EMG, severely
71 limits access to motor unit activity during active behavior, although wire electrodes injected through the skin can
72 provide excellent motor unit isolation during quiet stance in mice ²⁵. Second, because wire-based EMG requires
73 inserting an additional wire for each additional electrode contact, only a single pair of wires (providing a single bipolar
74 recording channel, **Fig. 1b, bottom**) can be inserted into an individual mouse muscle in most cases ^{1,24,26}. In contrast,
75 at least four Myomatrix “threads” (**Fig 1a**), bearing a total of 32 electrodes, can be inserted into one muscle (**Fig. 1c**
76 shows five of 32 channels recorded simultaneously from mouse triceps), greatly expanding the number of recording
77 channels within a single muscle. Single motor units were routinely isolated during mouse locomotion in our Myomatrix
78 recordings (**Fig. 1**), but never in the fine-wire datasets from ¹ we re-analyzed or, to our knowledge, in any prior study.
79 Moreover, in multiunit recordings, Myomatrix arrays have significantly higher signal-to-noise ratios than fine-wire EMG
80 arrays (**Supplemental Fig. 3**). Myomatrix arrays therefore far exceed the performance of wire electrodes in mice in
81 terms of both the quality of recordings and the number of channels that can be recorded simultaneously from one
82 muscle.

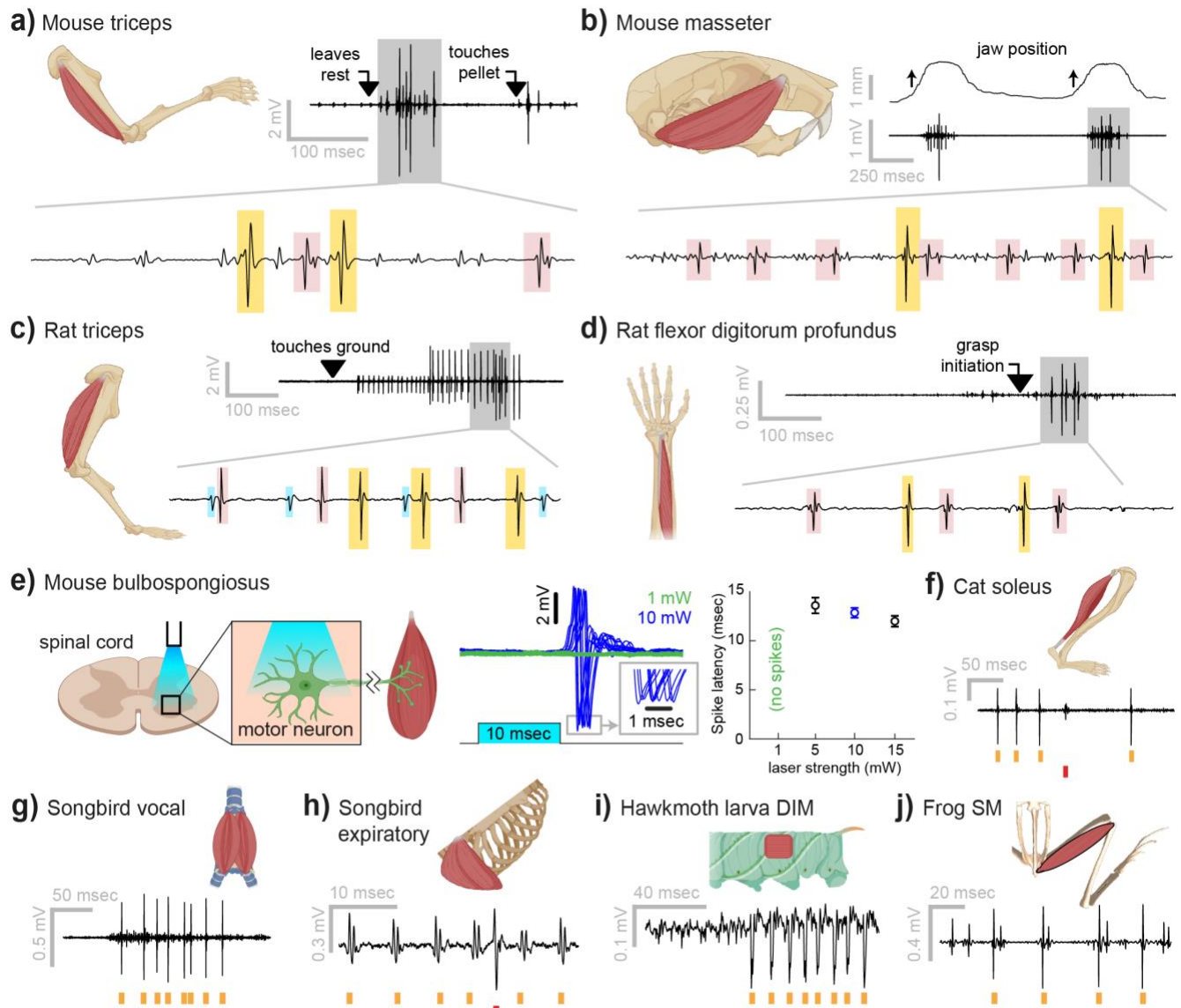


Figure 2: Myomatrix recordings across muscles and species. (a) Example recording from **mouse triceps** during a head-fixed pellet reaching task. Arrows at top indicate the approximate time that the animal's paw leaves a rest position and first contacts the target. Bottom, colored boxes highlight motor unit action potentials identified using Kilosort². Different box colors on the same voltage trace indicate distinct motor units. (b) Recordings from the **mouse superficial masseter** muscle were obtained in anesthetized, head-fixed mice when passive mandible displacement evoked reflexive muscle contractions. Top trace shows the lateral component of jaw displacement, with arrows indicating the direction and approximate time of displacement onset. (c) In a recording from **rat triceps** during head-free locomotion, the arrowhead indicates the time that the mouse's paw touched the treadmill surface, marking the beginning of the stance phase. (d) Recording from the **rat flexor digitorum profundus** muscle during a pellet reaching task, arrow indicates the time of grasp initiation. (e) Myomatrix recording of motor unit activity in the **mouse bulbospongiosus** muscle evoked by optical stimulation of spinal motor neurons, producing motor unit spikes at latencies between 10-15 msec, consistent with results obtained from traditional fine-wire electrodes in mice³. (f-j) Recordings from the **cat soleus** (f) during sensory nerve stimulation, **songbird vocal (ventral syringeal) muscle** (g) and **expiratory muscle** (h) during quiet respiration, **hawkmoth larva dorsal internal medial (DIM) muscle** (i) during fictive locomotion, and **bull frog semimembranosus (SM) muscle** (j) in response to cutaneous (foot) stimulation. Spike times from individual motor units are indicated by colored tick marks under each voltage trace in f-j. Recordings shown in panels (a, c, g, h, i, and j) were collected using bipolar amplification, data in panels (b, d, e, and f) were collected using unipolar recording. See Methods for details of each experimental preparation.

83 **Myomatrix arrays record from a wide range of muscle groups, species, and behaviors**

84 Myomatrix arrays provide high-resolution EMG recordings across muscle targets and experimental preparations (Fig.

85 2). Beyond the locomotor and postural signals shown in Figure 1, Myomatrix recordings from mouse triceps also

86 provided single-unit EMG data during a head-fixed reaching task (**Fig. 2a**). In addition to recording single motor units
87 during these voluntary behaviors, Myomatrix arrays also allow high-resolution recordings from other muscle groups
88 during reflex-evoked muscle activity. **Figure 2b** shows single motor unit EMG data recorded from the superficial
89 masseter (jaw) muscle when reflexive muscle contraction was obtained by passively displacing the jaw of an
90 anesthetized mouse. To extend these methods across species, we collected Myomatrix recordings from muscles of
91 the rat forelimb, obtaining isolated motor units from the triceps during locomotion (**Fig. 2c**) and a digit-flexing muscle
92 in the lower forearm during head-free reaching (**Fig. 2d**). Myomatrix arrays can furthermore isolate motor unit
93 waveforms evoked by direct optogenetic stimulation of spinal motor neurons. **Figure 2e** shows recordings of light
94 evoked spikes in the mouse bulbospongiosus muscle (a pelvic muscle that wraps around the base of the penis in
95 male mice), demonstrating that optogenetic stimulation of the spinal cord evokes spiking in single motor units with
96 millisecond-scale timing jitter (**Fig. 2e**, center) and with latencies (**Fig. 2e**, right) consistent with the latencies of
97 recordings obtained with fine-wire electrodes³. Beyond rodents, simple modifications of the basic electrode array
98 design (**Supplemental Fig. 1f**) allowed us to obtain high-resolution recordings from hindlimb muscles in cats (**Fig. 2f**),
99 vocal and respiratory muscles in songbirds (**Fig. 2g,h**, see also²⁷), body wall muscles in moth larvae (**Fig. 2i**), and leg
100 muscles in frogs (**Fig. 2j**).

101
102 In addition to isolating individual motor units, Myomatrix arrays provide stable multi-unit recordings of comparable or
103 superior quality to conventional fine wire EMG. Although single-unit recordings are essential to identify individual
104 motor neurons' contributions to muscle activity^{28,29}, for other lines of inquiry a multi-unit signal is preferred as it
105 reflects the combined activity of many motor units within a single muscle. Although individual Myomatrix channels are
106 often dominated by spike waveforms from one or a small number of motor units (**Fig 1b**), other channels reflect the
107 combined activity of multiple motor units as typically observed in fine-wire EMG recordings³⁰. As shown in
108 **Supplemental Figure 3a** and **b**, these multi-unit Myomatrix signals are stable over multiple weeks of recordings,
109 similar to the maximum recording longevity reported for wire-based systems in mice and exceeding the 1-2 weeks of
110 recording more typically obtained with wire electrodes in mice^{1,24,26}, and with significantly greater recording quality
111 than that obtained from wire electrodes at comparable post-implantation timepoints (**Supplemental Fig. 3d**).

112

113 To record from larger muscles than those described above, we also created designs targeting the forelimb and
 114 shoulder muscles of rhesus macaques (**Fig. 3**). Although fine wire electrodes have been used to isolate individual
 115 motor units in both humans and monkeys ^{14,31}, and skin-surface electrode arrays robustly record motor unit
 116 populations in human subjects ^{15,32},
 117 this resolution is limited to isometric
 118 tasks – that is, muscle contraction
 119 without movement – due to the
 120 sensitivity of both fine-wire and surface
 121 array electrodes to electrical artifacts
 122 caused by body movement. For ease
 123 of insertion into larger muscles, we
 124 modified the “thread” design used in
 125 our mouse arrays so that each
 126 Myomatrix array could be loaded into a
 127 standard hypodermic syringe and
 128 injected into the muscle
 129 (**Supplemental Fig. 1g,i**), inspired by
 130 earlier work highlighting the
 131 performance of injectable arrays in
 132 primates ^{14,33,34}. As shown in **Figure**
 133 **3a-d**, injectable Myomatrix arrays
 134 yielded motor unit recordings during
 135 arm movements. Tick marks in **Figure**
 136 **3d** show the activity of 13 motor units
 137 recorded simultaneously during a

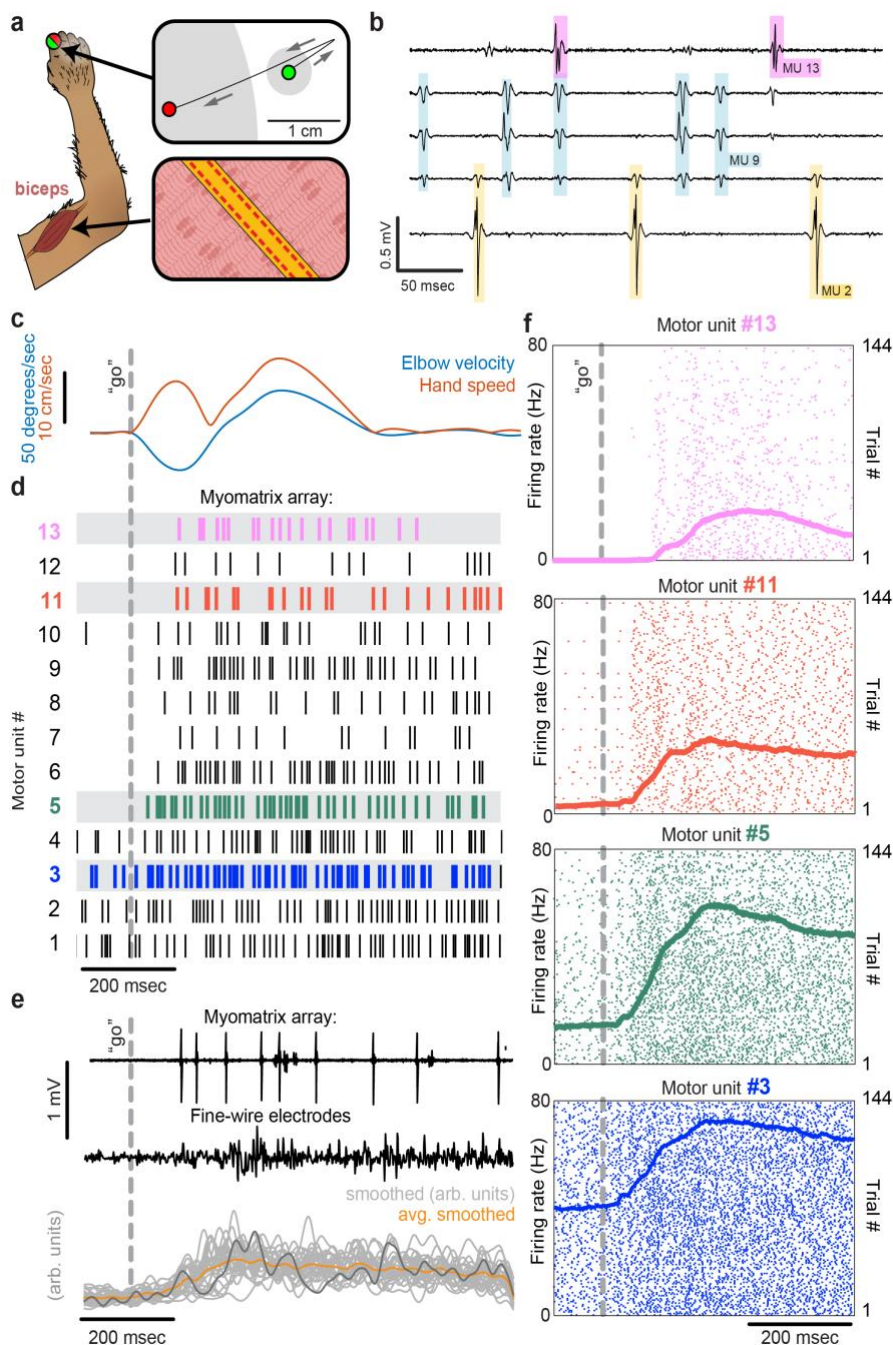


Figure 3: Motor unit recordings during active movement in primates. (a) An injectable version of the Myomatrix array (**Supplemental Fig. 1g**) was inserted percutaneously (**Supplemental Fig. 1i**) into the right biceps of a rhesus macaque performing a cued reaching task. Green and red dots: reach start and endpoints, respectively; grey regions: start and target zones. **(b)** Recording from five of 32 unipolar channels showing spikes from three individual motor units isolated from the multichannel recording using Kilosort (**Supplemental Fig. 2**). **(c)** At trial onset (dotted line), a sudden force perturbation extends the elbow, signaling the animal to reach to the target. **(d)** Spike times (tick marks) from 13 simultaneously recorded motor units. **(e)** Example voltage data from a Myomatrix array (top) and traditional fine-wire EMG (middle, bottom) collected from the same biceps muscle in the same animal performing the same task, but in a separate recording session. Gray traces (bottom) show smoothed EMG data from the fine-wire electrodes in all trials, orange trace shows trial-averaged smoothed fine-wire EMG, dark gray trace represents the fine-wire trial shown at middle. **(f)** Spike times of four motor units (of the 13 shown in **d**) recorded simultaneously over 144 trials.

138 single trial in which a monkey was cued (by a force perturbation which causes an extension of the elbow joint) to
139 reach to a target. In contrast to the ensemble of spike times obtained with a Myomatrix probe, conventional fine-wire
140 EMGs inserted into the same muscle (in a separate recording session) yielded only a single trace reflecting the
141 activity of an unknown number of motor units (**Fig 3e**, middle). Moreover, although fine-wire EMG signals varied
142 across trials (**Fig. 3e**, bottom), the lack of motor unit resolution makes it impossible to assess how individual motor
143 units vary (and co-vary) across trials. In contrast, Myomatrix recordings provide spiking resolution of multiple
144 individual motor units across many trials, as illustrated in **Figure 3f**.

145

146 **Myomatrix arrays record stably over time and with minimal movement artifact**

147 Myomatrix arrays provide EMG recordings that are resistant to movement artifacts and stable over time. In recordings
148 from rodents during locomotion (**Fig. 1b**, **Fig. 2c**), we did not observe voltage artifacts at any point in the stride cycle
149 (e.g. when the paw of the recorded limb first touches the ground in each stride cycle; **Fig. 2c**, black arrowhead).
150 Movement artifacts were similarly absent during active arm movements in monkeys (peak fingertip speeds ~15
151 cm/sec; peak elbow angle velocity ~40 deg/sec, **Fig 3b,e**), during passive jaw displacement in anesthetized mice
152 (**Fig. 2b**), or in the other anesthetized preparations shown in **Figure 2**. Individual motor units could typically be
153 isolated for the entire duration of an acute or chronic recording session. In triceps recordings during locomotion in
154 rodents (**Fig. 1**, **Fig. 2c**), isolated motor units were recorded for up to 4,791 stride cycles (mice) or 491 stride cycles
155 (rats) during continuous recording sessions lasting 10-60 minutes. Myomatrix recordings in behaving nonhuman
156 primates were similarly long-lived, as in the dataset shown in **Figure 3**, where single-unit isolation was maintained
157 across 1,292 reaching trials collected over 97 minutes. In each of these datasets, the duration of single-unit EMG
158 recording was limited by the willingness of the animal to continue performing the behavior, rather than a loss of signal
159 isolation. Recordings in acute preparations were similarly stable. For example, the songbird dataset shown in **Figure**
160 **2g** includes single-unit data from 8,101 respiratory cycles collected over 74 minutes, and, like the other acute
161 recordings shown in **Figure 2**, recordings were ended by the experimenter rather than because of a loss of signal
162 from individual motor units.

163

164 The diversity of applications presented here demonstrates that Myomatrix arrays can obtain high-resolution EMG
165 recordings across muscle groups, species, and experimental conditions including spontaneous behavior, reflexive
166 movements, and stimulation-evoked muscle contractions. Although this resolution has previously been achieved in
167 moving subjects by directly recording from motor neuron cell bodies in vertebrates³⁵⁻³⁷ and by using fine-wire
168 electrodes in moving insects^{38,39}, both methods are extremely challenging and can only target a small subset of

169 species and motor unit populations. Exploring additional muscle groups and model systems with Myomatrix arrays will
170 allow new lines of investigation into how the nervous system executes skilled behaviors and coordinates the
171 populations of motor units both within and across individual muscles. These approaches will be particularly valuable in
172 muscles in which each motor neuron controls a very small number of muscle fibers, allowing fine control of
173 oculomotor muscles in mammals as well as vocal muscles in songbirds (**Fig. 2g**), in which most individual motor
174 neurons innervate only 1-3 muscle fibers⁴⁰. Of further interest will be combining high-resolution EMG with precise
175 measurement of muscle length and force output to untangle the complex relationship between neural control, body
176 kinematics, and muscle force that characterizes dynamic motor behavior. Similarly, combining Myomatrix recordings
177 with high-density brain recordings or targeted manipulations of neural activity can reveal how central circuits shape
178 and reshape motor activity and – in contrast to the multi-unit signals typically obtained from traditional EMG in animals
179 – reveal how neural dynamics in cortical, subcortical, and spinal circuits shape the spiking patterns of individual motor
180 neurons.

181

182 Applying Myomatrix technology to human motor unit recordings, particularly by using the minimally invasive injectable
183 designs shown in **Figure 3** and **Supplemental Figure 1g,i**, will create novel opportunities to diagnose motor
184 pathologies and quantify the effects of therapeutic interventions in restoring motor function. Moreover, because
185 Myomatrix arrays are far more flexible than the rigid needles commonly used to record clinical EMG, our technology
186 might significantly reduce the risk and discomfort of such procedures while also greatly increasing the accuracy with
187 which human motor function can be quantified. This expansion of access to high-resolution EMG signals – across
188 muscle groups, species, and behaviors – is the chief impact of the Myomatrix project.

189 **Methods**

190

191 Myomatrix array fabrication

192 The microfabrication process (schematized in **Supplemental Fig. 1a**) consists of depositing and patterning a series of
193 polymer (polyimide) and metal (gold) layers, using a combination of spin coating, photolithography, etching, and
194 evaporation processes, as described previously^{27,41,42}. These methods allow very fine pitch escape routing (<10 μm
195 spacing between the thin “escape” traces connecting electrode contacts to the connector), spatial alignment between
196 the multiple layers of polyimide and gold that constitute each device, and precise definition of “via” pathways that
197 connect different layers of the device. Once all the metal and polyimide layers have been deposited and patterned on
198 carrier wafers, the gold EMG recording electrode sites are formed by removing the top polyimide layer over each
199 electrode site using reactive ion etching process (O_2 and SF_6 plasma, 5:1 ratio). Electrode sites are then coated with a
200 conductive polymer, PEDOT:PSS (Poly(3,4-ethylenedioxythiophene)-poly(styrene-sulfonate)),⁴³⁻⁴⁵ to reduce the
201 electrode impedance⁴⁶. PEDOT:PSS was deposited on the electrode contacts to a thickness of 100 nm using spin
202 coating, resulting in final electrode impedances of 5 kOhms or less (100 x 200 μm electrode sites). Once all layers
203 have been deposited on the carrier wafer, the wafer is transferred to an Optec Femtosecond laser system, which is
204 used to cut the electrode arrays into the shape/pattern needed based on the target muscle group and animal species.
205 The final device thickness was ~40 μm for the injectable (primate forelimb) design and ~20 μm for all other design
206 variants. The final fabrication step is bonding a high-density connector (Omnetics, Inc.) to the surface of the electrode
207 array using a Lambda flip-chip bonder (Finetech, Inc.). This fabrication pipeline allows the rapid development and
208 refinement of multiple array designs (**Supplemental Fig. 1c-g**).

209

210 Myomatrix array implantation

211 For chronic EMG recording in mice and rats (**Fig. 1, Fig. 2a, c, d**), arrays such as those shown in **Supplemental**
212 **Figure 1c-f** were implanted by first making a midline incision (approximately 10 mm length) in the scalp of an
213 anesthetized animal. The array’s connector was then secured to the skull using dental cement (in some cases along
214 with a headplate for later head-fixed chronic recordings), and the electrode array threads were routed subcutaneously
215 to a location near the target muscle or muscles (**Supplemental Fig. 1h**). In some electrode array designs,
216 subcutaneous routing is facilitated with “pull-through tabs” that can be grasped with a forceps to pull multiple threads
217 into position simultaneously. For some anatomical targets a small additional incision was made to allow surgical
218 access to individual muscles (e.g. a 2-5 mm incision near the elbow to facilitate implantation into the biceps and/or
219 triceps muscles). Once each thread has been routed subcutaneously and positioned near its target, any pull-through
220 tabs are cut off with surgical scissors and discarded. Each thread can then either be sutured to the surface of the thin
221 sheet of elastic tissue that surrounds muscles (“epimysial attachment”) or inserted into the muscle using a suture
222 needle (“intramuscular implantation”). For epimysial attachment, each electrode thread is simply sutured to the
223 surface of each muscle (suture sizes ranging from 6-0 to 11-0) in one of the proximal suture holes (located on the
224 depth-restrictor tabs) and one of the distal suture holes. For intramuscular implantation (**Supplemental Fig. 1h**), a
225 suture (size 6-0 to 11-0 depending on anatomical target) is tied to the distal-most suture hole. The needle is then
226 passed through the target muscle and used to pull the attached array thread into the muscle. In some designs, a
227 “depth-restrictor tab” (**Supplemental Fig. 1d**) prevents the thread from being pulled any further into the muscle,
228 thereby limiting the depth at which the electrodes are positioned within the target muscle. The array is then secured
229 within the muscle by the passive action of the flexible polyimide “barbs” lining each thread and/or by adding additional
230 sutures to the proximal and distal suture holes.

231

232 Acute recording in small animals (including rodents, songbirds, cats, frogs, and caterpillars; **Fig. 2b,e-j**) used the
233 same arrays as chronic recordings. However, for both epimysial and intramuscular acute recordings, the Myomatrix
234 array traces were simply placed on or within the target muscle after the muscle was exposed via an incision in the
235 overlying skin of the anesthetized animal (rather than routed subcutaneously from the skull as in chronic applications).

236

237 For acute recordings in nonhuman primates, prior to recording, the “tail” of the injectable array (**Supplemental Fig.**
238 **1g**) was loaded into a sterile 23-gauge cannula (1” long) until fully seated. The upper half of the cannula bevel, where
239 contact is made with the electrode, was laser-blunted to prevent breakage of the tail³⁴. During insertion
240 (**Supplemental Fig. 1i**), the tail was bent over the top of the cannula and held tightly, and the electrode was inserted
241 parallel to bicep brachii long head muscle fibers at an angle of ~45 degrees to the skin. Once the cannula was fully
242 inserted, the tail was released, and the cannula slowly removed. After recording, the electrode and tail were slowly
243 pulled out of the muscle together. Insertion and removal of injectable Myomatrix devices appeared to be comparable
244 or superior to traditional fine-wire EMG electrodes (in which a “hook” is formed by bending back the uninsulated tip of
245 the recording wire) in terms of both ease of injection, ease of removal of both the cannula and the array itself, and
246 animal comfort. Moreover, in over 100 Myomatrix injections performed in rhesus macaques, there were zero cases in
247 which Myomatrix arrays broke such that electrode material was left behind in the recorded muscle, representing a
248 substantial improvement over traditional fine-wire approaches, in which breakage of the bent wire tip regularly occurs

249

250

251 For all Myomatrix array designs, a digitizing, multiplexing headstage (Intan, Inc.) was plugged into the connector,
252 which was cemented onto the skull for chronic applications and attached to data collection devices via a flexible
253 tether, allowing EMG signals to be collected during behavior. By switching out different headstages, data from the
254 same 32 electrode channels on each Myomatrix array could be recorded either as 32 unipolar channels or as 16
255 bipolar channels, where each bipolar signal is computed by subtracting the signals from physically adjacent electrode
256 contacts.

257

258 Data analysis: spike sorting

259 Motor unit action potential waveforms from individual motor units were identified with analysis methods previously
260 used to sort spikes from neural data. In all cases, Myomatrix signals (sampling rate 30 or 40 kHz) were first band-
261 passed between 350-7,000 Hz. When the voltage trace from a single Myomatrix channel is dominated by a single
262 high-amplitude action potential waveform (as in **Fig. 1b**), single units can be isolated using principal components
263 analysis (PCA) to detect clusters of similar waveforms, as described previously²². As detailed in **Supplemental**
264 **Figure 2a-d**, this method provides a simple quantitative measure of motor unit isolation by quantifying the overlap
265 between clusters of spike waveforms in the space of the first two principal components.

266

267 In other cases (as in **Fig. 1c**), the spikes of individual motor units appear on multiple channels and/or overlap with
268 each other in time, requiring a more sophisticated spike sorting approach to identifying the firing times of individual
269 motor units. We therefore adapted Kilosort version 2.5^{2,47} and wrote custom MATLAB and Python code to sort
270 waveforms into clusters arising from individual motor units (**Supplemental Fig. 2e-h**). Our modifications to Kilosort
271 reflect the different challenges inherent in sorting signals from neurons recorded with Neuropixels probes and motor
272 units recorded with Myomatrix arrays¹⁴. These modifications include the following:

273

274 Modification of spatial masking: Individual motor units contain multiple muscle fibers (each of which is
275 typically larger than a neuron's soma), and motor unit waveforms can often be recorded across
276 spatially distant electrode contacts as the waveforms propagate along muscle fibers. In contrast,
277 Kilosort - optimized for the much more local signals recorded from neurons - uses spatial masking to
278 penalize templates that are spread widely across the electrode array. Our modifications to Kilosort
279 therefore include ensuring that Kilosort search for motor unit templates across all (and only) the
280 electrode channels inserted into a given muscle. In the Github repository linked above, this is
281 accomplished by setting parameter `nops.sigmaMask` to infinity, which effectively eliminates spatial
282 masking in the analysis of the 32 unipolar channels recorded from the injectable Myomatrix array
283 schematized in **Supplemental Figure 1g**. In cases including chronic recording from mice where only
284 a single 8-contact thread is inserted into each muscle, a similar modification can be achieved with a
285 finite value of `nops.sigmaMask` by setting parameter `NchanNear`, which represents the number of
286 nearby EMG channels to be included in each cluster, to equal the number of unipolar or bipolar data
287 channels recorded from each thread. Finally, note that in all cases Kilosort parameter `NchanNearUp`
288 (which defines the maximum number of channels across which spike templates can appear) must be
289 reset to be equal to or less than the total number of Myomatrix data channels.

290

291 Allowing more complex spike waveforms: We also modified Kilosort to account for the greater
292 duration and complexity (relative to neural spikes) of many motor unit waveforms. In the code
293 repository linked above, Kilosort 2.5 was modified to allow longer spike templates (151 samples
294 instead of 61), more spatiotemporal PCs for spikes (12 instead of 6), and more left/right eigenvector
295 pairs for spike template construction (6 pairs instead of 3) to account for the greater complexity and
296 longer duration of motor unit action potentials¹⁴ compared to the neural action potentials for which
297 Kilosort was initially created. These modifications were crucial for improving sorting performance in
298 the nonhuman primate dataset shown in **Figure 3**, and in a subset of the rodent datasets (although
299 they were not used in the analysis of mouse data shown in **Fig. 1** and **Supplemental Fig. 2a-f**).

300

301

302 We therefore used Kilosort version 2.5^{2,47} and custom MATLAB and Python code to sort waveforms into clusters
303 arising from individual motor units (**Supplemental Fig. 2e-h**). Kilosort 2.5 was modified to allow longer spike
304 templates (151 samples instead of 61), more spatiotemporal PCs for spikes (12 instead of 6), and more left/right
305 eigenvector pairs for spike template construction (6 pairs instead of 3) to account for the greater complexity and
306 longer duration of motor unit action potentials¹⁴ compared to the neural action potentials for which Kilosort was
307 initially created.

308

309 Individual motor units were identified from "candidate" units by assessing motor unit waveform consistency, SNR, and
310 spike count, by inspecting auto-correlograms to ensure that each identified units displayed an absolute refractory

311 period of less than 1 msec, and by examining cross-correlograms with other sorted units to ensure that each motor
312 unit's waveforms were being captured by only one candidate unit. Candidate units with inconsistent waveforms or
313 >1% of inter-spike intervals above 1 msec were discarded. Candidate units with highly similar waveform shapes and
314 cross-correlation peaks at lag zero were merged, resulting in sorted units with well-differentiated waveform shapes
315 and firing patterns (**Supplemental Fig. 2e,f**). Our spike sorting code, which includes the above-mentioned
316 modifications to Kilosort, is available at <https://github.com/JonathanAMichaels/PixelProcessingPipeline>.

317
318 Our approach to spike sorting shares the same ultimate goal as prior work using skin-surface electrode arrays to
319 isolate signals from individual motor units but pursues this goal using different hardware and analysis approaches. A
320 number of groups have developed algorithms for reconstructing the spatial location and spike times of active motor
321 units^{18,48} based on skin-surface recordings, in many cases drawing inspiration from earlier efforts to localize cortical
322 activity using EEG recordings from the scalp⁴⁹. Our approach differs substantially. In Myomatrix arrays, the close
323 electrode spacing and very close proximity of the contacts to muscle fibers ensure that each Myomatrix channel
324 records from a much smaller volume of tissue than skin-surface arrays. This difference in recording volume in turn
325 creates different challenges for motor unit isolation: compared to skin-surface recordings, Myomatrix recordings
326 include a smaller number of motor units represented on each recording channel, with individual motor units appearing
327 on a smaller fraction of the sensors than typical in a skin-surface recording. Because of this sensor-dependent
328 difference in motor unit source mixing, different analysis approaches are required for each type of dataset.
329 Specifically, skin-surface EMG analysis methods typically use source-separation approaches that assume that each
330 sensor receives input from most or all of the individual sources within the muscle as is presumably the case in the
331 data. In contrast, the much sparser recordings from Myomatrix are better decomposed using methods like Kilosort,
332 which are designed to extract waveforms that appear only on a small, spatially restricted subset of recording
333 channels.

334 335 336 Additional recording methods – mouse forelimb muscle

337 All procedures described below were approved by the Institutional Animal Care and Use Committee at Emory
338 University (data in **Fig. 1c, Supplemental Fig 3**) or were approved by European Committee Council Directive, the
339 Animal Care and Users Committee of the Champalimaud Neuroscience Program, and the Portuguese National
340 Authority for Animal Health (data in **Fig. 1b, Supplemental Fig. 2e**). Individual Myomatrix threads were implanted in
341 the triceps muscle using the “intramuscular” method described above under isoflurane anesthesia (1-4% at flow rate 1
342 L/min). EMG data were then recorded either during home cage exploration or while animals walked on a custom-built
343 linear treadmill⁵⁰ at speeds ranging from 15-25 cm/sec. A 45° angled mirror below the treadmill allowed simultaneous
344 side and bottom views of the mouse⁶ using a single monochrome usb3 camera (Grasshopper3, Teledyne FLIR) to
345 collect images 330 frames per second. We used DeepLabCut⁵¹ to track paw, limb, and body positions. These tracked
346 points were used to identify the stride cycles of each limb, defining stance onset as the time at which each paw
347 contacts the ground and swing onset as the time when each paw leaves the ground.

348 349 Additional recording methods – mouse orofacial muscle

350 All procedures described below were approved by The Institutional Animal Care and Use Committee at Johns
351 Hopkins University. Individual Myomatrix threads were implanted on the masseter muscle using the “epimysial”
352 method described above. A ground pin was placed over the right visual cortex. As described previously⁵², EMG
353 signals and high-speed video of the orofacial area were recorded simultaneously in head-fixed animals under
354 isoflurane anesthesia (0.9-1.5% at flow rate 1L/min). During data collection, the experimenter used a thin wooden
355 dowel to gently displace the mandible to measure both jaw displacement and muscle activity from the jaw jerk reflex.
356 Jaw kinematics were quantified using a high-speed camera (PhotonFocus DR1-D1312-200-G2-8) at 400 frames per
357 second using an angled mirror to collect side and bottom views simultaneously. Jaw displacement was quantified by
358 tracking eleven keypoints along the jaw using DeepLabCut⁵¹.

359 360 Additional recording methods – rat forelimb muscle

361 All procedures described below were approved by The Institutional Animal Care and Use Committee at Emory
362 University. Anesthesia was induced with an initial dose of 4% isoflurane in oxygen provided in an induction chamber
363 with 2 L/minute rate and maintained with 3% isoflurane at 1 L/minute. Following this, rats received a subcutaneous
364 injection of 1mg/kg Meloxicam, a subcutaneous injection of 1% Lidocaine and topical application of lidocaine ointment
365 (5%) at each incision site. Myomatrix threads were implanted in the triceps muscle using the “intramuscular” method.
366 EMG data were then recorded while animals walked on a treadmill at speeds ranging from 8-25 cm/sec. Kinematics
367 were quantified using a circular arrangement of four high-speed FLIR Black Fly S USB3 cameras (BFS-U3-16S2M-
368 CS, Mono), each running at 125 FPS. We used DeepLabCut to label pixel locations of each of ten anatomical
369 landmarks on the limbs and body, which we then transformed into 3D cartesian coordinates using Anipose^{51,53}. We
370 then defined the onset of each swing/stance cycle by using local minima in the rat's forelimb endpoint position along
371 the direction of locomotion.

372

373 Additional recording methods – rat forelimb muscle

374 All procedures described below were approved by The Institutional Animal Care and Use Committee at Johns
375 Hopkins University. Prior to electrode implantation, rodents were trained for 4-6 weeks to perform a single pellet reach
376 task⁵⁴. Rodents were food restricted for 17-18 hours prior to training. During the task, rats used the right arm to reach
377 for sucrose pellets through a vertical slit (width = 1 cm) in a custom-built acrylic chamber. Individual MyoMatrix
378 threads were implanted on the right flexor digitorum profundus (FDP) muscle using the “epimysial” method described
379 above under 2.0-3.0% isoflurane anesthesia in oxygen gas. The arrays were then connected to data collection
380 hardware via a flexible tether and EMG data were recorded while unrestrained animals performed the reaching task.
381 Kinematics were quantified using a smartphone camera running at 60 fps. Two raters then manually labelled the
382 frames of grasp onset. Grasp initiation was defined when a frame of full digit extension was immediately followed by a
383 frame of digit flexion.

384 385 Additional recording methods – mouse pelvic muscle

386 All experimental procedures were carried out in accordance with the guidelines of the European Committee Council
387 Directive and were approved by the Animal Care and Users Committee of the Champalimaud Neuroscience Program,
388 the Portuguese National Authority for Animal Health. As described in detail elsewhere³, spinal optogenetic stimulation
389 of the motor neurons innervating the bulbospongiosus muscle (BSM) was performed on 2-3 month old male BL6
390 mice that had received an injection of a rAAVCAG-ChR2 into the BSM on postnatal day 3-6. Individual Myomatrix
391 threads were implanted in the BSM using the “intramuscular” method described above. During EMG recording an
392 optrode was moved on top of the spinal cord along the rostral-caudal axis while applying optical stimulation pulses (10
393 msec duration, power 1-15 mW).

394 395 Additional recording methods – songbird vocal and respiratory muscles

396 All procedures described below were approved by The Institutional Animal Care and Use Committee at Emory
397 University. As described previously^{20,27,42}, adult male Bengalese finches (>90 d old) were anesthetized using
398 intramuscular injections of 40 mg/kg ketamine and 3 mg/kg midazolam injected and anesthesia was maintained using
399 1-5% isoflurane in oxygen gas. To record from the expiratory (respiratory) muscles, an incision was made dorsal to
400 the leg attachment and rostral to the pubic bone and the electrode array was placed on the muscle surface using the
401 “epimysial” approach described above. To record from syringeal (vocal) muscles, the vocal organ was accessed for
402 electrode implantation via a midline incision into the intraclavicular air sac as described previously²⁰ to provide access
403 to the ventral syringeal (VS) muscle located on the ventral portion of the syrinx near the midline.

404 405 Additional recording methods – cat soleus muscle

406 All procedures described below were approved by The Institutional Animal Care and Use Committee at Temple
407 University. As described previously⁵⁵, an adult female cat was provided atropine (0.05 mg/kg IM) and anesthetized
408 with isoflurane (1.5–3.5% in oxygen), during which a series of surgical procedures were performed including L3
409 laminectomy, implantation of nerve cuffs on the tibial and sural nerve, and isolation of hindlimb muscles. Individual
410 Myomatrix threads were implanted in hindlimb muscles using the “intramuscular” method described above. Following
411 these procedures, a precollicular decerebration was performed and isoflurane was discontinued. Following a recovery
412 period, the activity of hindlimb motor units were recorded in response to electrical stimulation of either the
413 contralateral tibial nerve or the ipsilateral sural nerve.

414 415 Additional recording methods – hawkmoth larva (caterpillar) body wall muscle

416 EMG recordings were obtained from 5th instar larvae of the tobacco hornworm *Manduca sexta* using a semi-intact
417 preparation called the “flaterpillar” as described previously (Metallo, White, and Trimmer 2011). Briefly, after chilling
418 animals on ice for 30 minutes, an incision was made along the cuticle, allowing the nerve cord and musculature to be
419 exposed and pinned down in a Sylgard dish under cold saline solution. This preparation yields spontaneous muscle
420 activity (fictive locomotion) which was recorded from the dorsal intermediate medial (DIM) muscle using the
421 “epimysial” method described above, with the modification that sutures were not used to hold the muscle in place.

422 423 Additional recording methods – frog hindlimb muscles

424 Spinal bullfrogs were prepared under anesthesia in accordance with USDA and PHS guidelines and regulations
425 following approval from the Institutional Animal Care and Use Committee at Drexel University as described previously
426⁵⁶. Bull frogs were anesthetized with 5% tricaine (MS-222, Sigma), spinalized, and decerebrated. The frog was placed
427 on a support and Myomatrix arrays were implanted into the semimembranosus (SM) hindlimb muscle using the
428 “intramuscular” method described above. Epidermal electrical stimulation at the heel dorsum (500 msec train of 1
429 msec, 5V biphasic pulses delivered at 40 Hz) or foot pinch was used to evoke reflexive motor activity.

430 431 Additional recording methods – rhesus macaque forelimb muscle

432 All procedures described below were approved by The Institutional Animal Care and Use Committee at Western
433 University. One male rhesus monkey (Monkey M, *Macaca mulatta*, 10 kg) was trained to perform a range of reaching
434 tasks while seated in a robotic exoskeleton (NHP KINARM, Kingston, Ontario). As described previously^{57,58}, this
435 robotic device allows movements of the shoulder and elbow joints in the horizontal plane and can independently apply
436 torque at both joints. Visual cues and hand feedback were projected from an LCD monitor onto a semi-silvered mirror
437 in the horizontal plane of the task and direct vision of the arm was blocked with a physical barrier.
438

439 An injectable Myomatrix array (**Supplemental Fig. 1g**) was inserted percutaneously as shown in **Supplemental**
440 **Figure 1i**. Then, using his right arm, Monkey M performed a reaching task similar to previous work⁵⁷. On each trial
441 the monkey waited in a central target (located under the fingertip when the shoulder and elbow angles were 32° and
442 72°, respectively; size = 0.6 cm diameter) while countering a constant elbow load (-0.05 Nm). The monkey was
443 presented with one of two peripheral goal targets (30/84° and 34/60° shoulder/elbow, 8cm diameter), and after a
444 variable delay (1.2-2s) received one of two unpredictable elbow perturbations (± 0.15 Nm step-torque) which served as
445 a go cue to reach to the goal target. At the time of perturbation onset, all visual feedback was frozen until the hand
446 remained in the goal target for 800ms, after which a juice reward was given. On 10% of trials no perturbation was
447 applied, and the monkey had to maintain the hand in the central target. In addition to Myomatrix injectables, we
448 acquired bipolar electromyographic activity from nonhuman primates using intramuscular fine-wire electrodes in the
449 biceps brachii long head as described previously⁵⁹, recording in this instance from the same biceps muscle in the
450 same animal from which we also collected Myomatrix data, although in a separate recording session. Fine-wire
451 electrodes were spaced ~8 mm apart and aligned to the muscle fibers, and a reference electrode was inserted
452 subcutaneously in the animal's back. Muscle activity was recorded at 2,000 Hz, zero-phase bandpass filtered (25–500
453 Hz, fourth order Butterworth) and full-wave rectified.
454

455 **Data and code availability:**

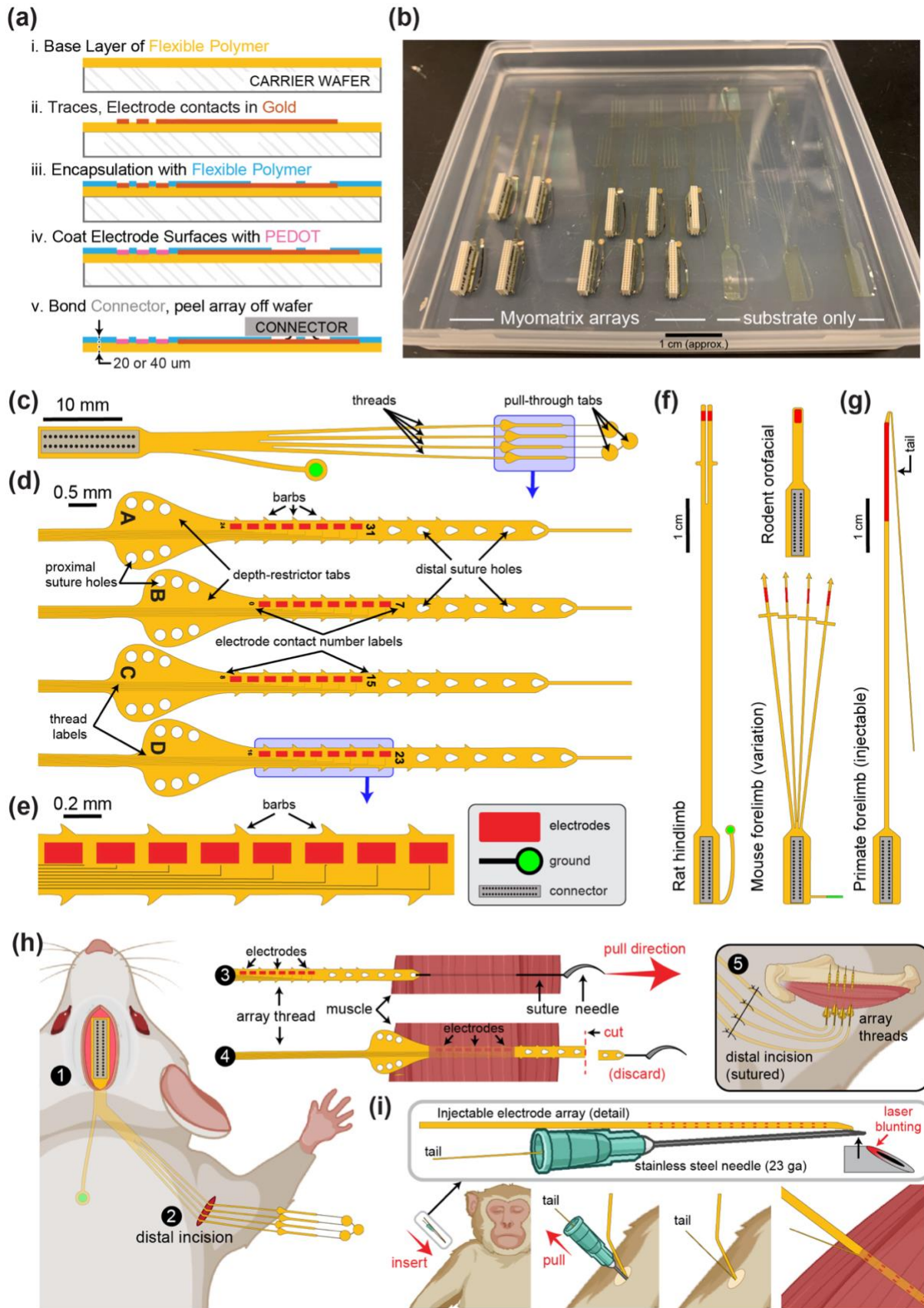
456 A data archive including two EMG datasets recorded with Myomatrix arrays from behaving animals is available at
457 doi.org/10.5061/dryad.66t1g1k70. This archive includes the mouse triceps data shown in **Figure 1**
458 **(b,d)** and **Supplemental Figure 2(a,b,e,f)**, the rhesus macaque biceps data shown in **Figure 3** and **Supplemental**
459 **Figure 2g**, and associated metadata.
460

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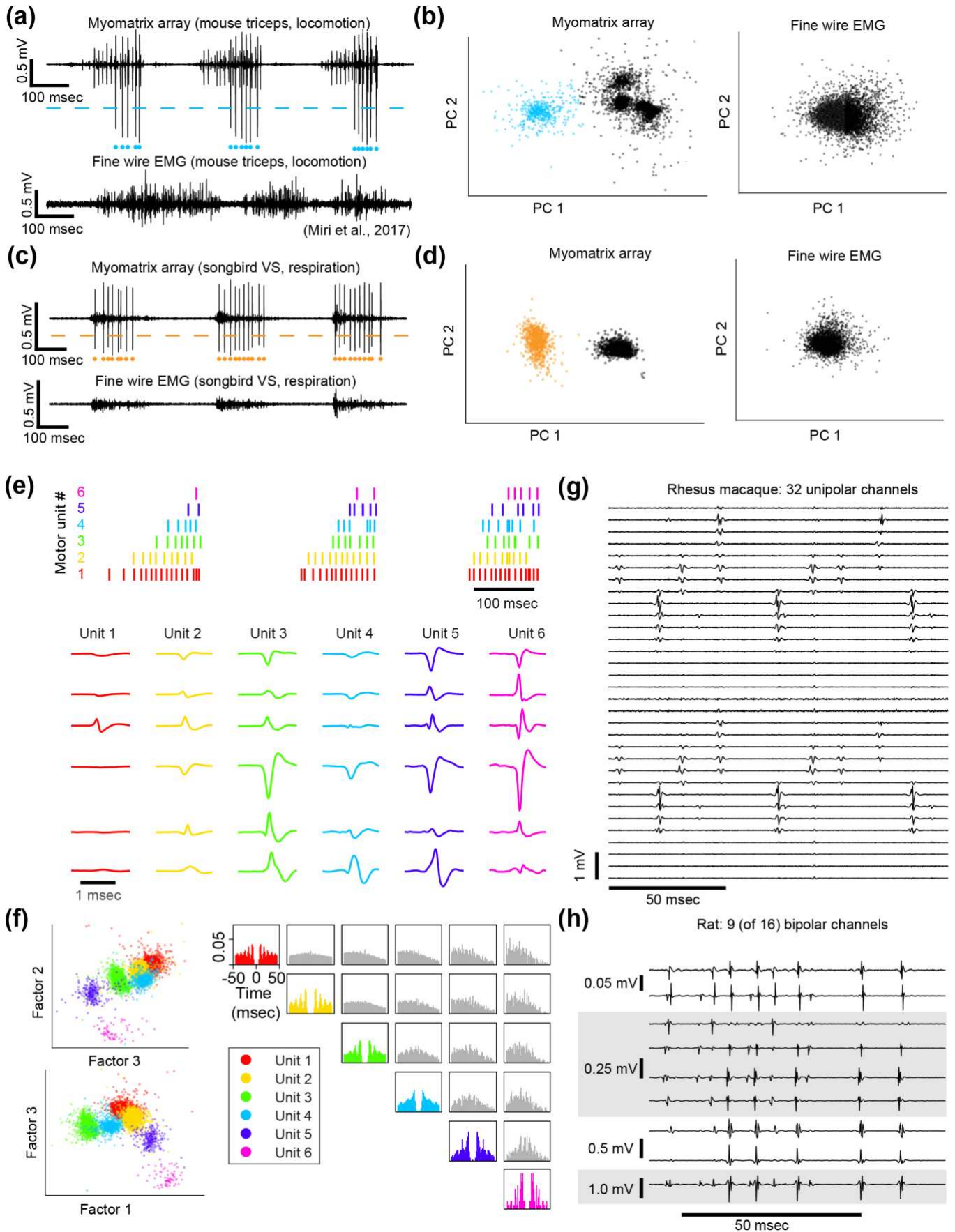


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598 **Supplemental Figure 1: Myomatrix fabrication, design variations, and implantation.**

599 **(a)** Workflow for electrode array fabrication. Layers of insulating polymer (polyimide) and conductive metal (gold) are successively
600 deposited on a carrier wafer to form a flexible, 20 or 40 μm thick electrode array of gold electrode contacts, which receive a surface
601 treatment of PEDOT to improve recording properties (see Methods). Electrodes are connected via thin gold traces to a receiving
602 pad for a high-density connector (Omnetics Inc.) which is then bonded to the array. The completed array is then peeled off the

603 carrier wafer. **(b)** Photo showing two different Myomatrix designs (left) as well as “blank” arrays comprised only of the flexible
604 polyimide substrate for surgical practice and design optimization. **(c-e)** Expanded views of the electrode array also shown in **Figure**
605 **1** of the main manuscript text, which has four “threads” each bearing eight electrode contacts. This array design can be used for
606 either acute or chronic recordings. For chronic implantation, the surgeon grasps the “pull-through tabs” when tunneling the threads
607 subcutaneously. For intramuscular implantation in either acute or chronic settings, a needle is used to pull each thread through the
608 target muscle. In this use case, the “depth-restrictor tabs” prevent the thread from being pulled any further into the muscle, thereby
609 determining the depth of the electrode contacts within the muscle. **(d,e)** Detail views highlighting sub-millimeter features used to
610 increase electrode stability within the muscle (barbs, suture holes) and labels to indicate which channel/thread labels have been
611 implanted in which muscles. **(f,g)** Design variations. The fabrication process shown in **(a)** can easily be modified to alter size and
612 shape of the electrode array. Each Myomatrix design in **f** and **g** has 32 electrode contacts. **(f)** Two array designs customized for
613 chronic recording applications in different muscle groups in rodents. **(g)** Injectable array for recording forelimb muscles in
614 nonhuman primates. **(h)** For chronic implantation in mice, the connector end of the array is attached to the skull using dental acrylic
615 **(1)** and the flexible array threads are then routed subcutaneously to a small distal incision located near the targeted muscle or
616 muscles **(2)**. For intramuscular implantation, the surgeon secures each thread to a suture and needle, which are then inserted through
617 the target area of muscle tissue **(3)**. The surgeon then pulls the suture further through the muscle, eventually drawing the array
618 thread into the muscles such that the depth-restrictor tabs prevent further insertion and ensure that the electrode contacts are
619 positioned at the correct depth within the muscle **(4)**. In contrast, for epimysial (as opposed to intramuscular) implantation, the array
620 threads are sutured to the surface of the muscle fascia rather than being inserted with a suture needle. After all threads are secured
621 to the muscle, the distal incision site is sutured closed **(5)**. **(i)** For percutaneous insertion of injectable arrays, the array’s thin “tail”
622 is loaded into a modified hypodermic syringe ^{14,34}. During insertion, the tail is secured by bending it back over the plastic needle
623 holder and securing it with either the surgeon’s fingers or an additional syringe inserted into the cannula. After electrode array
624 insertion the needle is gently pulled out of the muscle, leaving the electrode-bearing part of the array thread within the target muscle
625 for the duration of the recording session. After recording, the electrode and tail are gently pulled out of the muscle together as with
626 injectable fine-wire EMG ¹⁴.



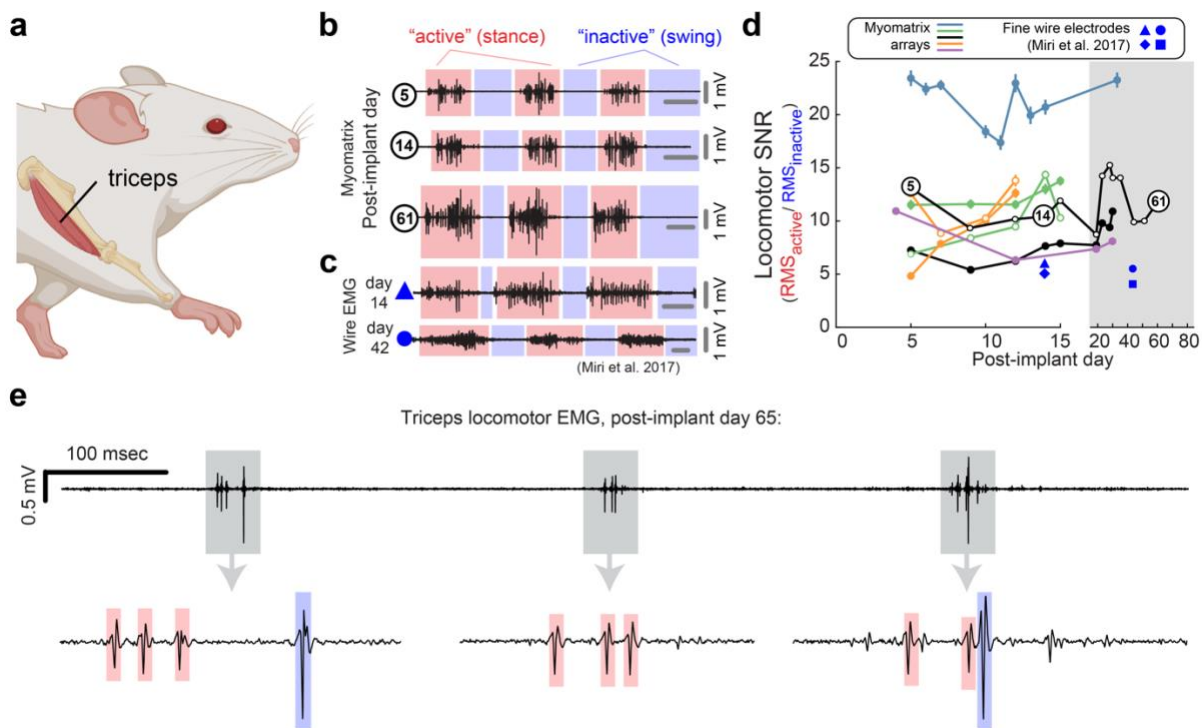
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628 Supplemental Figure 2: Spike sorting

629 Action potential (“spike”) waveforms from individual motor units can be identified (“sorted”) using analysis methods that are
 630 commonly used to sort spikes from neural data. **(a-d)** Single channel spike sorting. In some cases, a single motor unit’s spike will

631 dominate the recording on an individual Myomatrix channel, as shown in an example bipolar recording from mouse triceps during
632 locomotion (**a**, top). In such cases, a simple voltage threshold (dashed line) can be used to isolate spike times of the largest
633 recorded unit (blue dots) from a single channel. In contrast (**a**, bottom), fine-wire EMG typically does not yield isolated single
634 units during active behaviors. (**b**) Single-channel spike sorting using principal components analysis (PCA) of the data shown in
635 (**a**). Each data point in (**b**) represents a single voltage waveform represented in the dimensions defined by the first two principal
636 components (PC1 and PC2) of the set of all spike waveforms. As described previously ²², k-means clustering can discriminate the
637 waveforms from individual motor units (cyan dots in **a** and **b**) and waveforms from other motor units and/or background noise
638 (black dots in **b**). If one of the clusters has less than 1% overlap with any other cluster (based on fitting each cluster with a 2D
639 Gaussian as described previously) and displays an absolute refractory period (less than 1% of inter-spike intervals less than 1
640 msec), it is classified as a single unit ²². When applied to the Myomatrix data in (**a**), PCA-based sorting method produced identical
641 spike times as the thresholding method (cyan dots in **a**). In contrast, the same analysis applied to the fine-wire data shown in **a** did
642 not produce any well-isolated clusters in PCA space (**b**, right), indicating that this method could not extract any single motor
643 units. Myomatrix and fine-wire data shown in (**a**,**b**) are from the same datasets as the examples shown in main text Figure 1a,b.
644 (**c,d**) Single-channel spike sorting applied to bipolar Myomatrix recordings from the ventral syringeal (VS) muscle, a songbird
645 vocal muscle ²⁰. Here again, PCA-based sorting of Myomatrix data method produced identical spike times as the thresholding
646 method (orange dots in **c** and **d**). In contrast, the same analysis applied to fine-wire data recorded from VS shown in **c** did not
647 produce any well-isolated clusters in PCA space (**d**, right), Other plotting conventions for (**c**,**d**) are the same as for the mouse data
648 in (**a**,**b**).
649
650 (**e-h**) Multichannel spike sorting using Kilosort. We used Kilosort version 2.5 ^{2,47} and custom MATLAB and Python code to sort
651 waveforms into clusters arising from individual motor units. (**e**) Spike times (top) and mean waveforms (bottom) of six motor
652 units recorded simultaneously from mouse triceps during locomotion (same dataset as **Fig. 1** in the main text). Mean waveforms
653 for the six motor units (columns at bottom) are shown from six different EMG channels (rows) and illustrate the distinct pattern of
654 spike waveforms across channel associated with the discharge of each identified motor unit. (**f**) Left, feature space projection of
655 individual waveforms (colored dots), projected onto the space of singular values (“factors”) that describe the space of all recorded
656 waveforms. The clustering of waveforms from kilosort-identified units (colors) further illustrates the distinctness of voltage
657 waveforms assigned to each of the identified motor units. Right, autocorrelograms (colors) and cross correlograms (gray) of the
658 six motor units shown in (**e**). In addition to examining the consistency of each candidate motor unit’s spike waveforms we also
659 inspected autocorrelations to ensure that each identified unit showed an absolute refractory period (zero or near-zero
660 autocorrelations at lag zero) and that cross-correlograms did not have strong peaks at zero lag (which might indicate the same
661 motor unit being detected by multiple Kilosort clusters). (**g,h**) Myomatrix recordings from nonhuman primate and rat (unipolar
662 and bipolar recordings respectively, same datasets as in main text **Fig. 3** and **Fig. 2c**), respectively. These examples (along with
663 the mouse data in main text **Fig. 1c**) highlight the finding that Myomatrix arrays typically record the same motor unit on multiple
664 channels simultaneously. This redundancy is critical for Kilosort and related methods to isolate single motor unit waveforms,
665 particularly when waveforms from multiple units overlap in time.

666



667

668 Supplemental Fig 3: Longevity of Myomatrix recordings

669 In addition to isolating individual motor units, Myomatrix arrays also provide stable multi-unit recordings of comparable or
 670 superior quality to conventional fine wire EMG. (a,b) Bipolar Myomatrix recordings from the triceps muscle of a mouse recorded
 671 during treadmill locomotion over a period 61 days. Colored regions in (b) highlight the “stance” phase (when the paw from the
 672 recorded forelimb is in contact with the treadmill surface) and “swing” phase (when the paw is lifted off the treadmill surface). To
 673 quantify changes in recording quality over time, we computed a “signal-to-noise ratio (SNR)” for each of each stride cycle as
 674 described previously²¹. Here, the “locomotor SNR” for each swing-stance-cycle is defined as the root mean square (RMS)
 675 amplitude of the multi-unit EMG signal during each single stance cycle divided by the RMS of the EMG signal during the
 676 immediately subsequent swing phase. (c) Fine-wire EMG data recorded from the triceps muscle during locomotion (reproduced
 677 with permission from¹. Note that all horizontal gray bars in (b,c) represent 100 msec. (d) Mean +/- standard error of locomotor
 678 SNR across five mouse subjects implanted with Myomatrix arrays. Filled symbols indicate EMG implantation in the right triceps
 679 muscle, unfilled symbols indicate EMG implantation in the left triceps. The black trace with unfilled symbols represents the
 680 animal whose data are also shown in panel (b). In some cases, error bars are hidden behind plotting symbols. Blue symbols
 681 indicate the locomotor SNR from the fine-wire data from¹, with each symbol representing a single day’s recording from one of
 682 four individual mice. SNR values from Myomatrix arrays are significantly greater than those from fine-wire EMG, both when all
 683 data shown in (d) are pooled and when only data from day 14 are included (2-sample KS-test, $p=0.002$ and $p=0.038$,
 684 respectively). (e) Although individual motor units were most frequently recorded in the first two weeks of chronic recordings
 685 (see main text), Myomatrix arrays also isolate individual motor units after much longer periods of chronic implantation,
 686 as shown here where spikes from two individual motor units (colored boxes in bottom trace) were isolated during locomotion 65 days after
 687 implantation. This bipolar recording was collected from the subject plotted with unfilled black symbols in panel (d).
 688

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